## Philippines

 and Health Survey

## World Summit for Children Indicators, Philippines 2003

Childhood mortality

Clean water supply
Sanitary excreta disposal
Basic education

Family planning

Antenatal care
Delivery care
Low birth weight
Vitamin A supplements

Night blindness
Exclusive breastfeeding
Continued breastfeeding

Timely complementary feeding
Vaccinations

Oral rehydration therapy (ORT)

Home management of
diarrhea
Treatment of ARI

Malaria treatment

HIV/AIDS

Infant mortality rate (per 1,000 live births)
Under-five mortality rate (per 1,000 live births)

Percent of households with safe water supply ${ }^{1}$
Percent of households with flush toilets, pit toilet/latrine
$\begin{array}{ll}\text { Proportion of children reaching grade } 5^{2} & 92.5\end{array}$
Net primary school attendance rate ${ }^{2}$ 85.5

Proportion of children entering primary school ${ }^{2}$
Contraceptive prevalence rate (any method, currently married women) 48.9

Contraceptive prevalence rate (any method, all women)
Percent of women who received antenatal care from a health professional ${ }^{3}$
Percent of births in the 5 years preceding the survey attended by a health professional 59.8
Percent of births in the 5 years preceding the survey at low birth weight ${ }^{4}$
Percent of children age 6-59 months who received a vitamin A dose in the 6 months preceding the survey

Percent of women age 15-49 who received a vitamin A dose in the 2 months after delivery ${ }^{3}$
Percent of women 15-49 who suffered from night blindness during pregnancy ${ }^{3}$
Percent of youngest children under 6 months who are exclusively breastfed
Percent of children age 12-15 months still breastfeeding
Percent of children age 20-23 months still breastfeeding
Percent of youngest children age 6-9 months receiving breast milk and complementary foods 57.9
Percent of children age 12-23 months with tuberculosis vaccination 90.8
Percent of children age 12-23 months with at least 3 DPT vaccinations
Percent of children age 12-23 months with at least 3 polio vaccinations
Percent of children age 12-23 months with measles vaccination 79.7
$\begin{array}{ll}\text { Percent of mothers who received at least } 2 \text { tetanus toxoid vaccinations during pregnancy }{ }^{3} \text { 3 } & 37.3\end{array}$
Percent of children age 0-59 months with diarrhea in the 2 weeks preceding the survey who received oral rehydration salts (ORS) or recommended home fluids (RHF)
Percent of children age 0-59 months with diarrhea in the 2 weeks preceding the interview who took more fluids than usual and continued eating somewhat less, the same or more food
Percent of children age 0-59 months with acute respiratory infection (ARI) in the 2 weeks preceding the survey who were taken to a health provider

Percent of children age 0-59 months with a fever in the 2 weeks preceding the survey who were treated with an anti-malarial drug

Percent of women age 15-49 who correctly stated 2 ways of avoiding HIV infection ${ }^{5}$. 45
Percent of women age 15-49 who correctly identified 2 misconceptions about HIV/AIDS ${ }^{6} 36$
Percent of women age 15-49 who believe that AIDS can be transmitted from mother to child during breastfeeding
Percent of women age 15-49 who believe that the risk of AIDS transmission from mother to child can be reduced by mother taking drugs in pregnancy
Percent of women age 15-49 who believe that a female teacher with the AIDS virus should not be allowed to continue teaching in the school
Percent of men age 15-54 who correctly stated 2 ways of avoiding HIV infection ${ }^{5}$
Percent of men age 15-54 who correctly identified 2 misconceptions about HIV/AIDS ${ }^{6}$
Percent of men age 15-54 who believe that AIDS can be transmitted from mother to child during 30
Percent of men age 15-54 who believe that AIDS can be transmitted from mother to child during breastfeeding
Percent of men age 15-54 who believe that the risk of AIDS transmission from mother to child can
be reduced by mother taking drugs in pregnancy
Percent of men age 15-54 who believe that a female teacher with the AIDS virus should not be allowed to continue teaching in the school
Percent of men age 15-54 who have been tested for the AIDS virus
${ }^{1}$ Piped water or protected well water
${ }^{2}$ Based on de jure children
${ }^{3}$ For the last live birth in the five years preceding the survey
${ }^{4}$ For children without a reported birth weight, the proportion with low birth weight is assumed to be the same as the proportion with low birth weight in each birth size category among children who have a reported birth weight.
${ }^{5}$ Having sex with only one partner who has no other partners and using a condom every time they have sex
${ }^{6}$ They say that AIDS cannot be transmitted through mosquito bites and by supernatural means.

# Philippines <br> National Demographic and Health Survey 2003 

National Statistics Office

Manila, Philippines

ORC Macro
Calverton, Maryland, USA

October 2004

National Statistics
Office
Manila, Philippines


ORC Macro Calverton, Maryland

This report summarizes the findings of the 2003 National Demographic and Health Survey (NDHS) carried out by National Statistics Office. ORC Macro provided financial and technical assistance for the survey through the USAID-funded MEASURE DHS+ program, which is designed to assist developing countries to collect data on fertility, family planning, and maternal and child health. The opinions expressed in this report are those of the authors and do not necessarily reflect the views of the donor organizations.

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Recommended citation:
National Statistics Office (NSO) [Philippines], and ORC Macro. 2004. National Demographic and Health Survey 2003. Calverton, Maryland: NSO and ORC Macro.

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## PREFACE

The National Statistics Office (NSO) is pleased to present the final report on the 2003 National Demographic and Health Survey (NDHS). The 2003 NDHS is the eighth in a series of surveys conducted every five years since 1968 that mainly aim to measure levels and trends in demographic and family planning indicators. Fieldwork for the 2003 NDHS was carried out from June 16 to September 3, 2003 covering a national sample of approximately 13,000 households, 14,000 women aged 15 to 49 years and 5,000 men aged 15 to 54 years.

The successful completion of the 2003 NDHS was made possible by the collaborative efforts of a number of organizations and individuals, whose participation we would like to acknowledge with gratitude. The United States Agency for International Development (USAID)/Philippines provided substantial financial assistance for the implementation of the data collection. Dr. Mercedes Concepcion, the Department of Health (DOH), the University of the Philippines Population Institute (UPPI), Population Commission (POPCOM), the Food and Nutrition Research Institute (FNRI), the United Nations Children's Fund (UNICEF), the National Economic and Development Authority (NEDA), the National Statistical Coordination Board (NSCB) and PhilHealth provided inputs during the development of the questionnaires. The DOH and UPPI likewise assisted in the training of trainers and regional supervisors for the survey, and in writing this report. Dr. Elizabeth Go, who formerly worked with the NSO, also assisted in writing the report. ORC Macro, through the MEASURE DHS+ program, provided technical assistance at various stages of the project. As part of its technical assistance to the NSO in the design and implementation of a new master sample for household-based surveys, the Asian Development Bank through its consultants, Dr. Graham Kalton and Dr. Arturo Pacificador, Jr., provided invaluable assistance in the design and selection of the NDHS sub-sample.

The survey would not have gotten off the ground without the untiring efforts and dedication of the staff of the Demographic and Social Statistics Division (DSSD) of the Household Statistics Department, selected personnel of the Information Resources Department, employees in the regional and provincial offices, the trainers and regional supervisors, and the 44 interviewing teams composed of team supervisors, field editors and interviewers. Our gratitude also goes to the data processors who patiently worked for long hours during weekdays and weekends in order to meet the target date of completion of data entry and machine editing.

Finally, we are ever indebted to the survey respondents who generously shared their time and information to enable us to gather crucial data for our country's future planning.


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October 2004

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## SUMMARY OF FINDINGS

The 2003 National Demographic and Health Survey (NDHS) is a nationally representative survey of 13,945 women age $15-49$ and 5,009 men age 15-54. The main purpose of the 2003 NDHS is to provide policymakers and program managers with detailed information on fertility, family planning, childhood and adult mortality, maternal and child health, and knowledge and attitudes related to HIV/AIDS and other sexually transmitted infections. The 2003 NDHS also collects high quality data on family health: immunizations, prevalence and treatment of diarrhea and other diseases among children under five, antenatal visits, assistance at delivery and breastfeeding.

The 2003 NDHS is the third national sample survey undertaken in Philippines under the auspices of the worldwide Demographic and Health Surveys program.

## Current Status And Progress

## Fertility

The 2003 NDHS indicates that there has been a steady decline in fertility in the Philippines in the past three decades from 6.0 children per woman in 1970 to 3.5 children per woman in 2001. However, compared with current fertility levels in Southeast Asia, fertility in the Philippines is relatively high. Only Laos ( 4.7 children per woman) and Cambodia ( 4.0 children per woman) are higher.

Fertility varies substantially across subgroups of women. Urban women have, on average, 1.3 children fewer than rural women ( 3.0 and 4.3 children per woman, respectively). The differences are also substantial across regions. The National Capital Region (NCR) has the lowest fertility rate ( 2.8 children per woman) while MIMAROPA has the highest ( 5.0 children per woman).

Fertility level has a negative relationship with education. The fertility rate of women with college or higher education ( 2.7 children per woman) is about half that of women with no edu-
cation ( 5.3 children). Fertility is also negatively associated with wealth index quintile: women in wealthier households have fewer children than those in poorer households.

## Why Did Fertility Decline?

The decline in fertility is brought about by, among other things, longer birth intervals, and desire for fewer children.

Longer birth intervals. Fertility decline in the Philippines can be attributed to longer intervals between births. Results of the 2003 NDHS indicate that half of births occur 30.5 months after the previous birth, which is longer than the median birth interval reported in the 1998 NDHS (28 months).

Gap between wanted fertility and actual fertility rates. Despite increasing use of contraception, the survey data indicate that one in four pregnancies is mistimed and one in five is not wanted at all. If unwanted births could be prevented, the total fertility rate in the Philippines would be 2.5 births per woman instead of the actual level of 3.5. This gap between wanted fertility and actual fertility is the same as that observed in the 1998 survey, but the fertility levels in 2003 are lower than in 1998 ( 2.7 and 3.7 births per woman, respectively).

Increased use of contraception. Contraceptive use among currently married women in the Philippines over the past 35 years has more than tripled, from 15 percent in 1968 to 49 percent in 2003. Most of the rise in contraceptive prevalence is due to the increase in use of modern contraceptive methods, from 25 percent in 1993 to 33 percent in 2003.

## Use of Contraception

Method mix. Not only has the contraceptive prevalence rate in the Philippines increased, the proportion of married women who use modern contraceptive methods has increased from 28 percent in 1998 to 33 percent in 2003, while use of traditional methods has decreased from 18 percent in 1998 to 16 percent in 2003.

Large differentials in use of contraception. There are large differences in the use of modern contraceptive methods across subgroups of married women. More than half of women with at least a high school education are current users of contraception compared with less than one in five women with no formal education.

Use of any method of family planning also increases with wealth status. Contraceptive prevalence is 37 percent among women in the lowest wealth quintile, 54 percent for those in the fourth quintile, and 51 percent for women in the highest wealth quintile.

Contraceptive use shows an inverted Ushaped relationship with the number of living children. Use of any method ranges from 6 percent among women with no living children to 61 percent for women with three to four children, after which it declines to 46 percent for women with five or more children.

Contraceptive prevalence among married women by region ranges from 19 percent in ARMM to 59 percent in Davao Peninsula. However, use of modern methods shows a different pattern. The proportion of currently married women who use modern methods of contraception is 40 percent or more in Central Luzon, Davao, and Cagayan Valley, and only 12 percent in ARMM. Traditional methods are most popular in Bicol Region (24 percent) and least popular in Cagayan Valley (4 percent).

Source of supply. Over two-thirds of current users of modern methods obtain their contraceptive supplies and services from a public source (67 percent), 29 percent from a private medical source, and 3 percent from other sources. Compared with data from the 1998 NDHS, there has been a decrease in reliance to the public sector (from 72 percent) and an increase in use of private sector (from 26 percent).

Unmet need for family planning. Unmet need for family planning is defined as the percentage of currently married women who either do not want any more children or want to wait before having their next birth, but are not using any method of family planning. The 2003 NDHS data show that the total unmet need for family planning in the Philippines is 17 percent, of which 8 percent is for limiting and 9 percent is for spacing.

The level of unmet need has declined from 20 percent in 1998.

Overall, the total demand for family planning in the Philippines is 69 percent, of which 75 percent has been satisfied. If all of this need were satisfied, a contraceptive prevalence rate of about 69 percent could, theoretically, be expected. Comparison with the 1998 NDHS indicates that the percentage of demand satisfied has increased only slightly from 72 percent.

## Reproductive Health

Antenatal care. Nine in ten mothers received care from a medical professional during their pregnancy; 50 percent received care from a nurse or a midwife and 38 percent from a doctor. Traditional birth attendants provide antenatal care to 7 percent of women. Six percent of pregnant women received no antenatal care. These figures show little change from those recorded in the 1998 NDHS.

The Philippines Department of Health (DOH) recommends that all pregnant women have at least four antenatal care visits during each pregnancy. The 2003 NDHS data show that seven in ten women with a live birth in the five years before the survey had the recommended number of antenatal care visits during the pregnancy for the last live birth.

The DOH further recommends that for early detection of pregnancy-related health problems, the first antenatal check up should occur in the first trimester of the pregnancy. More than half ( 53 percent) of women who had at least one live birth in the five years before the survey adopt this recommendation. For three in 10 women, the first visit was made when their pregnancy was $4-5$ months, while one in 10 had the first antenatal care when they were 6-7 months pregnant.

Information about the danger signs of pregnancy. Five in ten women with a live birth in the five years preceding the survey were informed about the danger signs of pregnancy complications. This is an increase from 33 percent in 1998.

Tetanus toxoid injections. The DOH also recommends that women receive at least two tetanus toxoid (TT) injections during their first pregnancy. The 2003 NDHS shows that 37 percent of women who had a live birth in the five years before the survey met this recommendation. TT coverage in 2003 is
similar to that recorded in the 1998 NDHS (38 percent).

Delivery care. Thirty-eight percent of live births in the five years before the survey were delivered in a health facility and 61 percent were born at home. These figures show an increase in the proportion of births occurring in a health facility from 34 percent in 1998 and a decline in the percentage of births delivered at home (66 percent in 1998).

Assistance during delivery. Six in ten births in the five years before the survey were assisted by health professionals; 34 percent by a doctor and 26 percent by a midwife or a nurse. While coverage of births attended by a health professional has increased in the last five years from 56 percent in 1998, it remains lower than the target set by DOH ( 80 percent by 2004).

Postnatal care. The DOH recommends that mothers receive a postpartum checkup within two days of delivery. Women who delivered in a health facility are assumed to receive postnatal care. One in three women who delivered outside a health facility had their first postnatal checkup within two days of delivery. With another 17 percent of the women receiving their first postnatal checkup from 3 to 6 days after delivery, 51 percent of women received a postnatal checkup within six days of delivery. Combined with 38 percent of women delivering their last birth in a health facility, a total of 89 percent of women received postnatal care in the 6 days after delivery. This percentage is higher than the target set by the DOH (80 percent).

## Child Health

Childhood immunization. Information from health cards and mothers' reports (combined) shows that 60 percent of children 12-23 months have been immunized with vaccines against the six preventable childhood diseases-tuberculosis, diphtheria, pertussis, tetanus, polio, and mea-sles-before one year of age. Seventy percent of children age 12-23 months have received the vaccines. This rate is higher than in the 1998 NDHS ( 65 percent). The proportion of children age 12 to 23 months who have received no vaccination (7 percent) is similar to that in the 1998 NDHS (8 percent).

Childhood illnesses. Acute respiratory infections (ARI), diarrhea, and malaria are common causes of childhood illness and death. In the 2003 NDHS, acute respiratory infection was identified by mother's reports on the prevalence of symptoms of ARI-cough accompanied by short, rapid breathing-in the two weeks preceding the survey. One in 10 children under age five had symptoms of ARI.

Eleven percent of children under age five were reported to have diarrhea during the two-week period before the survey, which indicates a slight increase from the 7 percent level in the 1998 NDHS.

Thirty-two percent of children who were reported to have had diarrhea were taken to a health facility for treatment. Fifty-nine percent of children with diarrhea were treated with ORT, either ORS packets (42 percent), recommended homemade fluids (RHF) (24 percent), or increased fluids (2 percent). Other treatments for diarrhea were pills or syrup ( 30 percent), a home remedy (18 percent), injection (1 percent), or intravenous solution (1 percent).

Breastfeeding. The prevalence of breastfeeding in the Philippines has remained the same, at least since the 1993 survey. Eighty-seven percent of children born in the five years preceding the 2003 NDHS were breastfed. There has been no change in this practice since 1993 ( 87 percent in 1993 and 88 percent in 1998). Overall, the most common reason given by mothers for not breastfeeding their babies is that they do not have enough milk ( 20 percent), that they have nipple or breast problems, or that they are working (5 percent and 13 percent, respectively). Twelve percent of mothers reported that the child refused to breastfeed.

The median duration of any breastfeeding increased from 12.8 months in 1998 to 14.1 months in 2003. However, the median duration of exclusive breastfeeding declined slightly from 1.4 months in 1998 to 0.8 months in 2003.

Perceived problems in accessing health care. In the 2003 NDHS, women were asked whether they have problems seeking medical advice or treatment for themselves. Getting money for treatment is the problem most often cited ( 67 percent). Other problems include not wanting to go alone ( 28 percent), access to the health facility because of the distance ( 27 percent), and because they have to take transport to go to the health facility (26 percent).

## Awareness of HIV/AIDS and Other Sexually Transmitted Infections

Knowledge of HIV/AIDS and ways to avoid HIV/AIDS. While the vast majority of the 2003 NDHS respondents have heard of AIDS (9596 percent), knowledge of the three principal ways to reduce HIV transmission-abstinence, use of condoms, and reducing the number of part-ners-is not widespread. Less than half of women and 62 percent of men know that HIV can be prevented by using condom, 77 percent or women and men say that limiting sex to one uninfected partner can reduce the risk of getting HIV. Fortyfive percent of women and 56 percent of men know that the combination of the two preventive measures can reduce the risk of HIV infection.

Misconceptions about the transmission of AIDS are high in the Philippines; only 36 percent of women and 30 percent of men reject the two most common misconceptions about AIDS in the Philippines (i.e., AIDS can be transmitted by mosquito bites and by sharing food with a person who has AIDS).

Knowledge of mother-to-child transmission (MTCT). In the 2003 NDHS, respondents were asked if the virus that causes AIDS can be transmitted from a mother to a child. The general knowledge about HIV transmission during pregnancy, delivery, and breastfeeding is relatively high ( 63 to 73 percent among women and 60 to 68 percent among men). However, few women and men (20 to 21 percent) know that the risk of MTCT can be reduced if a mother takes special drugs during pregnancy. This knowledge varies widely across subgroups of women and men. Urban residence, education, and household economic status have a positive impact on the respondent's knowledge of MTCT.

Stigma and Discrimination Associated with HIV/AIDS. The majority of respondents (76 percent of women and 79 percent of men) feel that HIV-positive status should not be kept confidential. When asked if they would be willing to care for a relative who became sick with AIDS in his/her own household, 34 percent of women and 29 percent of men gave a positive response. To assess whether there is a discrimination against persons with AIDS in the workplace, the respondents were asked if they believe that an HIVinfected female teacher should be allowed to con-
tinue teaching. Only a small percentage of respondents (14 percent of women and 11 percent of men) agreed with the question.

Self-reporting of sexually transmitted infections (STIs). Less than 2 percent of men reported having had an STI and/or symptoms of an STI in the 12 months preceding the survey. However, less than half of the men sought care ( 46 percent) for the infection.

Men having sex with men. Among men who have ever had sex, 5 percent reported ever having had sexual relations with a man; less than 1 percent reported having sex with a man in the 12 months preceding the survey. Nonmarried men and men with high school education are more likely to engage in homosexual relations than other men.

## Tuberculosis

Knowledge of tuberculosis (TB). Almost all of the women and men surveyed ( 97 percent of women and 96 percent of men) have heard of TB. However, the percentage of respondents who believe that TB can be cured is a little lower ( 92 percent for women and 89 percent for men). About half of the respondents know that TB is transmitted through the air when coughing ( 52 percent for women and 46 percent for men).

Self-reporting TB infection. Less than 1 percent of women and 1 percent of men reported that they had been told by a doctor or a health professional that they had TB in the five years preceding the survey. Differentials across subgroups of respondents were small.

Stigma and Discrimination Associated with TB. Six in ten women and men who have heard of TB say they are willing to work with someone who has previously been treated for TB.

## General Health

In the 2003 NDHS, household respondents were interviewed on their knowledge, practice, and attitudes toward health.

## Communicable Diseases

Knowledge of dengue fever. Results of the 2003 NDHS show that effective ways to prevent dengue fever are well known in the Philippines. More than
two-thirds of household respondents reported that removing mosquito breeding places is a way to avoid dengue.

Knowledge of leprosy. About three in four household respondents ( 76 percent) have heard of leprosy. However, knowledge of the mode of transmission, contact with leprosy patient and skin-to-skin transmission, were correctly identified by only 31 and 28 percent of household respondents, respectively. A considerable proportion (26 percent) of respondents did not know how leprosy spreads from one person to another.

Knowledge of malaria. Nine in ten household respondents have heard of malaria, and 61 percent of them are right in saying that a mosquito bite is the major means of transmission.

## Noncommunicable Diseases

Knowledge of cancer. Survey results show that 94 percent of the household respondents are aware of cancer. Of those, 35 percent mentioned that the most obvious symptom of cancer is the presence of a lump or mass in any part of a person's body.

Diabetes. Almost all Filipino households (95 percent) have heard of diabetes. Awareness of this disease is high in all regions ( 86 percent in CAR to 98 percent in Western Visayas).

## Health Care Financing

In the 2003 NDHS, household respondents were asked whether they or anyone in the household were members of Philippine Health Insurance Corporation (PhilHealth) and, if so, what type of members they were. Thirty percent of household respondents in the 2003 NDHS reported having at least one member in their household with PhilHealth membership. The largest proportion ( 43 percent) of PhilHealth members are employed in privately owned businesses or establishments, followed by government employees (27 percent). Individual/voluntary payers and indigents compose smaller percentages ( 15 and 11 percent, respectively), while overseas Filipino workers (OFW) and nonpaying members compose the smallest percentages ( 2 percent each).

## Traditional Medicines

DOH continues to promote locally produced herbs with scientifically proven medicinal uses through its Traditional Medicine Program. The 2003 NDHS investigated the familiarity of Filipino households with these herbal medicines and their medicinal uses. The most popular herbal medicines are bayabas (guava, 98 percent), bawang (garlic, 92 percent), and ampalaya (bitter gourd, 88 percent).

## Health Facility Utilization

In the 2003 NDHS, respondents were asked if a member of their household visited any health facility in the six months preceding the survey. More than half (57 percent) of the households utilized a health facility. Barangay health stations, which are public health facilities operating at the grassroots level, are the most utilized health facilities ( 22 percent each).

## MORTALITY

Childhood Mortality. The infant mortality rate in the Philippines has declined from 34 deaths per 1,000 live births in 1990 to 29 deaths in 2000. At current mortality levels, 40 of every 1,000 children born in the Philippines die before the fifth birthday.

Mortality levels in urban areas are much lower than those in rural areas ( 24 deaths per 1,000 live births compared with 36 deaths per 1,000 live births). Childhood mortality is inversely related to the mother's education level and wealth status. The IMR for children whose mother have no education is 65 deaths per 1,000 live births compared with 15 deaths per 1,000 live births for children whose mother have college or higher education. The IMR is higher than the national average in seven regions: MIMAROPA, Western Visayas, Eastern Visayas, Northern Mindanao, Davao, Caraga, and ARMM.

## Continuing Challenges

- Despite increased use of family planning, increased age at first birth, and the continued decline in fertility, the 2003 NDHS reveals continuing challenges. Twenty-four percent of births in the five years preceding the survey were wanted, but at a later time, and 20 percent were not wanted at all. While the proportion of mistimed births declined from 27 percent in

1998 to 24 percent in 2003, the proportion of unwanted births increased from 18 percent in 1998 to 20 percent in 2003.

- As use of family planning has increased over time, there has been greater reliance on modern contraceptive methods. The largest increase in use of modern methods involves supply meth-ods-the pill, and injectables. Greater program emphasis needs to be placed on long-term methods such as the IUD and sterilization.
- In the maternal health sector, while selected health indicators have shown improvement, others show deterioration. The Department of Health recommends that all pregnant women have at least four antenatal care visits during each pregnancy, but only seven in ten women had the recommended number of antenatal care visits during the last pregnancy resulting in a live birth.
- In the area of child health, while coverage of childhood immunizations against the six major diseases increased from 65 percent in 1998 to 70 percent in 2003, the percentage of women who have been immunized against neonatal tetanus has stayed at about 37 percent.
- Although childhood mortality continues to decline, 54 percent of births in the Philippines have an elevated mortality risk that is avoidable. These include births in which the mother is too young (under age 18) or too old (age 35 or older), the birth interval is too short (less than two years), or the mother has had too many prior births (more than three).
- While 95 to 96 percent the 2003 NDHS respondents have heard of AIDS, knowledge of ways to reduce the transmission of HIV is limited, and misconceptions about AIDS transmission are high. There is need for better information on the modes of transmission and ways to prevent HIV/AIDS.



## INTRODUCTION

### 1.1 BACKGROUND

In the absence of comprehensive registration of population and vital statistics, demographic surveys are the primary source of data used in monitoring the progress and evaluating the impact of the population program of the country. The Philippine Population Program was officially launched in 1970. Since then, it has undergone many changes in its policy and program directions. In the beginning, the program was centered on fertility reduction and contraceptive distribution, using a clinic-based approach. In the 1970s, the family planning program shifted to a family welfare approach, adopting a combined clinic and community-based delivery approach. In the 1980s, the population policy was restated, calling for the broadening of population concerns beyond fertility reduction to cover family formation, the status of women, maternal and child health, morbidity and mortality, population distribution and urbanization, internal and international migration, and population structure (Commission on Population, 1997: 1).

The Philippine Population Management Program (PPMP) was developed in 1993 to supplant the Philippine Population Program (Philippine NGO Council on Population, Health and Welfare, Inc., 1998: 25). The PPMP adopted the population, resources and environment (PRE) framework, which defines the connection between population and sustainable development. Its overall goal is the improvement of quality of life by creating a favorable environment for achieving rational growth and distribution of population, defined in relation to resources and environment. Since 1998, the program has aimed to promote the reproductive health approach in the implementation of population policies and programs. Specifically, the Philippine Family Planning Program promotes family planning within a comprehensive package of reproductive health services (Commission on Population, 1997: 17).

The action agenda includes the following (Commission on Population, 1997: 19):

1) Reducing unmet need for family planning services
2) Reducing incidence of high-risk pregnancies
3) Making available high-quality family planning services
4) Reducing abortion
5) Increasing the participation and sharing of responsibility of men in the practice of family planning.

The Department of Health ( DOH ) is the lead agency for the reproductive health and family planning component of the PPMP. The Commission on Population (POPCOM) is the coordinating body of the PPMP (Commission on Population, 1997: 5-6).

The PPMP Directional Plan for 2001-2004 aimed to continue pursuing responsible parenthood within the context of sustainable development, with emphasis on the health rationale of family planning and on the exercise of reproductive health and sexual rights. The Directional Plan aimed to reduce or eliminate the unmet need for family planning and ultimately achieve replacement-level fertility, that is about 2 children per couple in the year 2004 (POPCOM, 2000).

The PPMP Directional Plan was updated during the administration of President Gloria-MacapagalArroyo through the development of Strategic Operational Plan (SOP). The PPMP SOP will focus on
addressing the unmet need for family planning among poor couples, and the sexuality and fertility information needs of the adolescents and youth, especially among those who are poor (POPCOM, 2002). The strategic actions areas are: 1) service delivery, 2) IEC/advocacy, and 3) capacity building. POPCOM, in coordination with the DOH , will advocate for the promotion of the Family Planning/Reproductive Health (FP/RF) services. The DOH will implement the clinic-based delivery of FP/RH services.

### 1.2 Objectives of the Survey

The 2003 Philippines National Demographic and Health Survey (NDHS) is designed to provide up-to-date information on population, family planning, and health to assist policymakers and program managers in evaluating and designing strategies for improving health and family planning services in the country. In particular, the 2003 NDHS has the following objectives:

- Collect data at the national level, which will allow the calculation of demographic rates and, particularly, fertility and under-five mortality rates.
- Analyze the direct and indirect factors that determine the level and trends of fertility. Indicators related to fertility will serve to inform plans for social and economic development.
- Measure the level of contraceptive knowledge and practice by method, urban-rural residence, and region.
- Collect data on knowledge and attitudes of women and men about sexually transmitted infections and HIV/AIDS and evaluate patterns of recent behavior regarding condom use.
- Collect high-quality data on family health, including immunizations, prevalence and treatment of diarrhea and other diseases among children under five, antenatal visits, assistance at delivery, and breastfeeding.


### 1.3 Organization of the Survey

The 2003 NDHS was implemented by the Philippines National Statistics Office (NSO) from June 16 to September 3, 2003. Financial support for the local costs of the survey was provided by the United States Agency for International Development (USAID). ORC Macro provided technical assistance to the project through the MEASURE DHS + program.

The 2003 NDHS is the eighth in a series of demographic surveys in the Philippines taken at fiveyear intervals since 1968. It is the third survey conducted under the auspices of the Demographic and Health Surveys program. Thus, the data collected in the 2003 NDHS provide updated estimates of basic demographic and health indicators covered in previous NDHS surveys.

### 1.4 Questionnaires

The 2003 NDHS used four questionnaires: Household Questionnaire, Health Module, Women's Questionnaire, and Men's Questionnaire. The content of the Women's Questionnaire was based on the MEASURE DHS+ Model "A" Questionnaire, which was developed for use in countries with high levels of contraceptive use. To modify the questionnaire to reflect relevant family planning and health issues in the Philippines, program input was solicited from Department of Health (DOH), Commission on Population (POPCOM), the University of the Philippines Population Institute (UPPI), the Food and Nutrition Research

Institute (FNRI), the Philippine Health Insurance Corporation (PhilHealth), USAID, the National Statistics Coordination Board (NSCB), the National Economic and Development Authority (NEDA), the United Nations Children’s Fund (UNICEF), and Dr. Mercedes B. Concepcion, professor emeritus at the University of the Philippines, as well as managers of USAID-sponsored projects in the Philippines. The questionnaires were translated from English into six major languages: Tagalog, Cebuano, Ilocano, Bicol, Hiligaynon, and Waray.

The Household Questionnaire was used to list all of the usual members and visitors in the selected households. Basic information collected for each person listed includes age, sex, education, and relationship to the head of the household. The main purpose of the Household Questionnaire was to identify women and men who were eligible for the individual interview. Information on characteristics of the household's dwelling unit, such as the source of water, type of toilet facilities, materials used for the floor of the house, and ownership of various durable goods, was also recorded in the Household Questionnaire. These items are indicators of the household's socioeconomic status.

The Health Module was aimed at apprising concerned agencies on the health status, practices, and attitude of the population. The module included the following topics:

- Health facility utilization
- Noncommunicable diseases
- Infectious diseases
- Traditional medicines, healing practices, and alternative health care modalities
- Health care financing
- Environmental health.

The Women's Questionnaire was used to collect information from all women age 15-49. These women were asked questions on the following topics:

- Background characteristics (e.g., education, media exposure)
- Reproductive history
- Knowledge and use of family planning methods
- Fertility preferences
- Antenatal, delivery, and postnatal care
- Breastfeeding and infant feeding practices
- Vaccinations and childhood illnesses
- Marriage and sexual activity
- Woman's work and husband's background characteristics
- Infant's and children's feeding practices
- Childhood mortality
- Awareness and behavior regarding AIDS and other sexually transmitted infections
- Awareness and behavior regarding tuberculosis.

The Men's Questionnaire was administered to all men age 15-54 living in every third household in the NDHS sample. The Men's Questionnaire collected much of the same information found in the Women's Questionnaire but was shorter because it did not contain questions on reproductive history, maternal and child health, and nutrition. Instead, men were asked about their knowledge and participation in health-seeking practices for their children.

### 1.5 Pretest

Three pretests were conducted prior to finalizing the survey instruments. The first pretest was conducted on January 6 through 10, 2003, in Caloocan City and Marikina City, both located in the National Capital Region (NCR). It was aimed at checking the flow of questions and the practicability of administering the Men's Questionnaire, which was used for the first time in the Philippines NDHS. The second pretest was carried out in Bulacan Province. The aim was to test the Tagalog translation of the questionnaires and also the field operation procedures. Training for the pretest field staff took place in the NSO Central Office in Manila from February 24 through March 7, 2003, with fieldwork on March 10 through 22, 2003.

The NDHS questionnaires were later translated into other dialects-Cebuano, Ilocano, Bicol, Hiligaynon, and Waray-with assistance from staff of the Regional Statistics Offices (RSOs). The third pretest was mainly carried out to check the translation of the questionnaires. It was conducted on April 2 through 9, 2003, in the NSO Central Office, with personnel assigned at the Household Statistics Department and the NSO NCR office who spoke any of the five dialects acting as the interviewers. Selected male and female employees from different departments of NSO who spoke the dialects were interviewed with the translated questionnaires. Some of the third pretest interviewers administered the translated questionnaires to their neighbors and relatives who spoke the dialects.

### 1.6 Training and Fieldwork

Training of the field staff was conducted in two phases. The first was the Task Force training (instructors and regional coordinators), followed by training of the interviewing teams. The Task Force training was conducted in Manila from April 28 through May 17, 2003. Thirty-six persons participated as trainees: 17 from RSOs and 19 from the NSO Central Office. The trainers were staff of the Demographic and Social Statistics Division (DSSD) at NSO and professors from UPPI. Staff from DOH and PhilHealth served as resource persons in the training.

The second-level training took place from May 21 through June 6, 2003, in eight training centers: Antipolo, Rizal; San Fernando, La Union; Legazpi City; Iloilo City; Cebu City; Zamboanga City; Cagayan de Oro City; and Davao City. Instructors in this training were members of the Task Force who were trained in the first-level training.

Data collection was carried out from June 16 to September 3, 2003, by 44 interviewing teams. Each team consisted of a team supervisor, a field editor, three or four female interviewers, and one male interviewer.

### 1.7 Data Processing

All completed questionnaires and the control forms were returned to the NSO Central Office in Manila for data processing, which consisted of manual editing, data entry and verification, and editing of computer-identified errors. An ad hoc group of seven regular employees of DSSD was created to work full time in the NDHS Data Processing Center. This group was responsible for the different aspects of NDHS data processing. There were 10 manual processors and 25 data encoders hired to process the data.

Manual editing started on July 15, 2003, and data entry started on July 21, 2003. The computer package program called CSPro (Census and Survey Processing System) was used for data entry, editing, and tabulation. To prepare the data entry programs, two NSO staff members spent three weeks in ORC Macro offices in Calverton, Maryland, in April and May 2003. Data processing was completed in October 29, 2003.

### 1.8 Sample Design and Implementation

The 2003 NDHS is the first survey that used the new master sample created for household surveys on the basis of the 2000 Census of Population and Housing. The 2003 NDHS used one of the four replicates of the master sample. The sample was designed to represent the country as a whole, urban and rural areas, and each of the 17 administrative regions. In each region, a stratified, three-stage cluster sampling design was employed. In the first stage, 819 primary sampling units (PSUs) were selected with probability proportional to the number of households in the 2000 census. PSUs consisted of a barangay or a group of contiguous barangays. In the second stage, in each PSU, enumeration areas (EAs) were selected with probability proportional to the number of EAs. An EA is defined as an area with discernable boundaries consisting of about 150 contiguous households. All households in the selected EAs were listed in a separate field operation conducted May 7 through 21, 2003. In the third stage, from each EA, an average of 17 households was selected using systematic sampling.

For the 2003 NDHS sample, 13,914 households were selected, of which 12,694 were occupied (Table 1.1). Of these households, 12,586 were successfully interviewed, yielding a household response rate of 99 percent. Household response rates are similar in rural areas and in urban areas ( 99 percent).

Among the households interviewed, 13,945 women were identified as eligible respondents, and interviews were completed for 13,633 women, yielding a response rate of 98 percent. In a subsample of every third household, 5,009 men were identified to be eligible for individual interview. Of these, 4,766 were successfully interviewed, yielding a response rate of 95 percent.

The principal reason for nonresponse among women and men was the failure to find individuals at home, despite interviewers' repeated visits to the household.

| Table 1.1 Results of the household and individual interviews |  |  |  |
| :---: | :---: | :---: | :---: |
| Number of households, number of interviews, and response rates, according to residence, Philippines 2003 |  |  |  |
|  | Residence |  | Total |
| Result | Urban | Rural |  |
| Household interviews |  |  |  |
| Households selected | 6,878 | 7,036 | 13,914 |
| Households occupied | 6,247 | 6,447 | 12,694 |
| Households interviewed | 6,183 | 6,403 | 12,586 |
| Household response rate | 99.0 | 99.3 | 99.1 |
| Interviews with women |  |  |  |
| Number of eligible women | 7,610 | 6,335 | 13,945 |
| Number of eligible women interviewed | 7,436 | 6,197 | 13,633 |
| Eligible woman response rate | 97.7 | 97.8 | 97.8 |
| Interviews with men |  |  |  |
| Number of eligible men | 2,526 | 2,483 | 5,009 |
| Number of eligible men interviewed | 2,379 | 2,387 | 4,766 |
| Eligible man response rate | 94.2 | 96.1 | 95.1 |

## HOUSEHOLD POPULATION AND HOUSING CHARACTERISTICS

This chapter provides a summary of the demographic and socioeconomic characteristics of the household population in the 2003 National Demographic and Health Survey (NDHS). It provides valuable input for social and economic development planning and is also useful for understanding and identifying the major factors that determine or influence the basic demographic indicators of the population.

The Household Questionnaire used in the 2003 NDHS collected data on the demographic and social characteristics of the members and visitors in each sample household. A household, as defined in the survey, refers to a person or group of persons who usually sleep in the same housing unit and have a common arrangement for the preparation and consumption of food. A visitor is someone who is not a usual resident of the household but had slept in the household the night prior to the interview.

In the 2003 NDHS, information was collected on each household's ownership of a number of consumer items, such as radio, television, or car, as well as on dwelling characteristics and sanitation facilities. A wealth index was constructed by assigning a weight or factor score to each household asset through principal components analysis. These scores were summed by household, and individuals were ranked according to the total score of the household in which they resided. The sample was then divided into quintiles-five groups with the same number of individuals each.

### 2.1 Age and Sex Composition Of the Household Population

Age and sex are important demographic variables and are the primary basis of demographic classification in vital statistics, censuses, and surveys. They are also important variables in the study of mortality, fertility, and nuptiality. In general, the presentation of indicators according to sex is a useful analysis.

An examination of the quality of data indicates that age reporting in the Philippines is fairly accurate. Slight heaping is notable in selected ages (Figure 2.1).

Figure 2.1 Distribution of the De Facto Household Population by Single Year of Age and Sex


The 2003 NDHS enumerated a total of 58,449 persons, almost equally divided between males and females. The overall sex ratio, the number of males per 100 females, is 101 . The sex ratio differs by residence; it is lower in urban areas than in rural areas ( 97 and 106, respectively). The proportion of population below age 15 years is larger in rural than in urban areas ( 41 and 35 percent, respectively), indicating a younger age structure of the rural population (Table 2.1 and Figure 2.2).

| Percent distribution of the de facto household population by five-year age groups, according to sex and residence, Philippines 2003 |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Urban |  |  | Rural |  |  | Total |  |
| Age | Male | Female | Total | Male | Female | Total | Male | Female | Total |
| <5 | 12.2 | 11.3 | 11.7 | 13.0 | 13.3 | 13.2 | 12.6 | 12.2 | 12.4 |
| 5-9 | 12.4 | 10.8 | 11.6 | 14.1 | 13.9 | 14.0 | 13.3 | 12.3 | 12.8 |
| 10-14 | 11.8 | 11.6 | 11.7 | 13.9 | 14.1 | 14.0 | 12.8 | 12.8 | 12.8 |
| 15-19 | 10.4 | 10.3 | 10.4 | 10.3 | 8.4 | 9.4 | 10.4 | 9.4 | 9.9 |
| 20-24 | 9.9 | 9.5 | 9.7 | 7.3 | 6.2 | 6.7 | 8.6 | 8.0 | 8.3 |
| 25-29 | 8.0 | 7.9 | 8.0 | 6.4 | 6.5 | 6.5 | 7.2 | 7.2 | 7.2 |
| 30-34 | 7.2 | 7.3 | 7.2 | 6.2 | 6.4 | 6.3 | 6.7 | 6.9 | 6.8 |
| 35-39 | 6.3 | 6.9 | 6.6 | 6.1 | 6.3 | 6.2 | 6.2 | 6.6 | 6.4 |
| 40-44 | 5.8 | 5.7 | 5.7 | 5.2 | 5.4 | 5.3 | 5.5 | 5.6 | 5.5 |
| 45-49 | 4.8 | 5.0 | 4.9 | 4.5 | 4.4 | 4.5 | 4.6 | 4.7 | 4.7 |
| 50-54 | 3.5 | 4.3 | 3.9 | 3.7 | 4.2 | 3.9 | 3.6 | 4.3 | 3.9 |
| 55-59 | 2.7 | 2.8 | 2.7 | 2.7 | 2.9 | 2.8 | 2.7 | 2.9 | 2.8 |
| 60-64 | 1.9 | 2.2 | 2.1 | 2.4 | 2.6 | 2.5 | 2.2 | 2.4 | 2.3 |
| 65-69 | 1.3 | 1.5 | 1.4 | 1.6 | 2.1 | 1.9 | 1.4 | 1.8 | 1.6 |
| 70-74 | 0.9 | 1.2 | 1.1 | 1.1 | 1.4 | 1.3 | 1.0 | 1.3 | 1.2 |
| 75-79 | 0.5 | 0.7 | 0.6 | 0.6 | 1.0 | 0.8 | 0.6 | 0.8 | 0.7 |
| 80+ | 0.5 | 0.9 | 0.7 | 0.8 | 0.9 | 0.8 | 0.6 | 0.9 | 0.7 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 14,910 | 15,428 | 30,337 | 14,490 | 13,622 | 28,112 | 29,399 | 29,050 | 58,449 |

Figure 2.2 Population Pyramid


### 2.2 Age Distribution from Selected Sources

The percent distributions of population by broad age groups, according to the 1970, 1980, 1990, 1995, and 2000 census of population and the 1993, 1998, and 2003 NDHS are presented in Table 2.2. There appears to be a progressive decline in the proportion of population under 15 and, concomitantly, an increase in the median age since 1970. The growing proportion of population age 15-64 results in a declining dependency ratio, defined as the ratio of persons in the "dependent ages" (under 15 and 65 and over) to those in the "economically active" ages (15-64). This slight aging of the population has taken place in the recent past as a result of continuous, albeit slow, decline in fertility levels. The 1993, 1998, and 2003 NDHS data show fairly similar distributions by age, which lends support to the representativeness of the survey population.

| Table 2.2 Median age and dependency ratio |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of the household population by broad age groups for various census years and the NDHS, Philippines 2003 |  |  |  |  |  |  |  |  |
| Age group | $\begin{gathered} 1970 \\ \text { census } \end{gathered}$ | $\begin{gathered} 1980 \\ \text { census } \end{gathered}$ | $\begin{gathered} 1990 \\ \text { census } \end{gathered}$ | $\begin{gathered} 1993 \\ \text { NDHS } \end{gathered}$ | $\begin{gathered} 1995 \\ \text { census } \end{gathered}$ | $\begin{gathered} 1998 \\ \text { NDHS } \end{gathered}$ | $\begin{gathered} 2000 \\ \text { census } \end{gathered}$ | $\begin{gathered} 2003 \\ \text { NDHS } \end{gathered}$ |
| Less than 15 | 45.7 | 42.0 | 39.5 | 39.3 | 38.4 | 38.5 | 37.0 | 38.0 |
| 15-64 | 51.4 | 54.6 | 57.1 | 56.8 | 58.1 | 57.3 | 59.2 | 57.8 |
| 65+ | 2.9 | 3.4 | 3.4 | 3.9 | 3.5 | 4.2 | 3.8 | 4.2 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Median age | 16.0 | 18.0 | 19.0 | 20.1 | 20.0 | 20.6 | 21.4 | 21.3 |
| Dependency ratio | 94.6 | 83.2 | 75.1 | 76.1 | 72.2 | 74.5 | 69.0 | 73.0 |

### 2.3 Household Composition

Information on the distribution of households by selected background characteristics is useful for several reasons. For example, femaleheaded households are often found to be poorer than male-headed households. The size and composition of the household influence the allocation of limited resources and affect the living conditions of individuals in the household. Information on the size and composition of the sample households by urban-rural residence is presented in Table 2.3.

Fifteen percent of households are headed by women. This proportion is higher in urban areas than in rural areas (18 and 12 percent, respectively). On average, a household is composed of 4.8 persons, with a negligible difference in average household size between urban and rural areas.

## Table 2.3 Household composition

Percent distribution of households by sex of head of household and by household size, according to residence, Philippines 2003

|  | Residence |  |  |
| :--- | ---: | ---: | ---: |
| Characteristic | Urban | Rural | Total |
| Sex of head of household |  |  |  |
| Male | 81.9 | 87.6 | 84.6 |
| Female | 18.1 | 12.4 | 15.4 |
| Total | 100.0 | 100.0 | 100.0 |
| Number of usual members |  |  |  |
| 1 |  |  |  |
| 2 | 4.1 | 4.2 | 4.1 |
| 3 | 9.8 | 10.5 | 10.1 |
| 4 | 15.9 | 14.9 | 15.4 |
| 5 | 19.9 | 17.8 | 18.9 |
| 6 | 17.9 | 17.8 | 17.8 |
| 7 | 13.5 | 12.7 | 13.1 |
| 7 | 8.4 | 9.2 | 8.8 |
| $9+$ | 4.6 | 6.3 | 5.4 |
| $9+$ | 5.9 | 6.5 | 6.2 |
| Total |  |  |  |
| Number of households | 6,583 | 6,003 | 12,586 |
| Mean size | 4.8 | 4.9 | 4.8 |

Note: Table is based on de jure members, i.e., usual residents.

### 2.4 Education of Household Population

Studies show that education is one of the major socioeconomic factors that influence a person's behavior and attitudes. In general, better-educated women are more knowledgeable about the use of health facilities, family planning methods, and the health of their children. Education is highly valued by Filipino families. This is reflected in the country's constitution, which states that education up to high school level is a basic right of all Filipino children. Furthermore, in September 2000, the United Nations General Assembly encouraged all member countries to achieve the Millennium Development Goals, specifically goal 2, which is aimed to achieve universal primary education and gender equity by 2015.

### 2.4.1 Education Level of the Household Population

Information on the highest level of education attended by the population, according to selected background characteristics, is presented in Tables 2.4.1 and 2.4.2 for females and males, respectively.

| Percent distribution of the de facto female household population age six and over by highest level of education attended, according to background characteristics, Philippines 2003 |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | No education | Elementary | High school | College or higher | Don't know/ missing | Total | Number | Median number of years |
| Age |  |  |  |  |  |  |  |  |
|  | 39.8 | 60.0 | 0.1 | 0.0 | 0.1 | 100.0 | 2,829 | 0.4 |
| 10-14 | 1.8 | 72.7 | 25.3 | 0.0 | 0.1 | 100.0 | 3,707 | 4.7 |
| 15-19 | 0.9 | 13.4 | 69.7 | 16.0 | 0.0 | 100.0 | 2,734 | 8.6 |
| 20-24 | 1.0 | 14.5 | 43.0 | 41.5 | 0.0 | 100.0 | 2,311 | 9.7 |
| 25-29 | 1.6 | 18.0 | 42.5 | 37.9 | 0.0 | 100.0 | 2,099 | 9.6 |
| 30-34 | 1.4 | 24.4 | 38.7 | 35.5 | 0.0 | 100.0 | 1,995 | 9.4 |
| 35-39 | 2.5 | 27.6 | 37.0 | 32.9 | 0.0 | 100.0 | 1,926 | 9.2 |
| 40-44 | 2.5 | 36.0 | 32.1 | 29.4 | 0.0 | 100.0 | 1,614 | 8.7 |
| 45-49 | 2.7 | 41.2 | 31.4 | 24.5 | 0.2 | 100.0 | 1,376 | 7.3 |
| 50-54 | 4.9 | 46.8 | 23.7 | 24.4 | 0.2 | 100.0 | 1,240 | 5.9 |
| 55-59 | 4.8 | 52.3 | 21.8 | 21.1 | 0.0 | 100.0 | 831 | 5.7 |
| 60-64 | 8.9 | 59.8 | 17.3 | 13.6 | 0.4 | 100.0 | 703 | 5.3 |
| 65+ | 14.4 | 61.5 | 13.6 | 9.9 | 0.6 | 100.0 | 1,400 | 4.3 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 5.3 | 31.7 | 34.9 | 28.0 | 0.1 | 100.0 | 13,340 | 8.3 |
| Rural | 9.6 | 49.9 | 28.8 | 11.6 | 0.1 | 100.0 | 11,428 | 5.4 |
| Region |  |  |  |  |  |  |  |  |
| National Capital Region | 4.5 | 25.9 | 36.7 | 32.8 | 0.1 | 100.0 | 3,832 | 9.2 |
| Cordillera Admin Region | 9.8 | 35.0 | 26.8 | 28.1 | 0.2 | 100.0 | , 381 | 6.9 |
| I - Ilocos | 5.3 | 39.4 | 36.1 | 19.2 | 0.0 | 100.0 | 1,244 | 7.0 |
| II - Cagayan Valley | 7.8 | 45.3 | 28.8 | 17.9 | 0.2 | 100.0 | 810 | 5.8 |
| III - Central Luzon | 6.1 | 39.8 | 35.6 | 18.3 | 0.2 | 100.0 | 2,601 | 6.7 |
| IVA - CALABARZON | 4.8 | 34.6 | 36.6 | 23.9 | 0.1 | 100.0 | 3,242 | 7.9 |
| IVB - MIMAROPA | 10.0 | 49.6 | 28.5 | 11.9 | 0.0 | 100.0 | 672 | 5.5 |
| $\checkmark$ - Bicol | 7.1 | 47.2 | 29.9 | 15.8 | 0.0 | 100.0 | 1,419 | 5.8 |
| VI - Western Visayas | 8.5 | 44.7 | 29.1 | 17.4 | 0.3 | 100.0 | 1,859 | 5.8 |
| VII - Central Visayas | 6.7 | 45.3 | 30.2 | 17.9 | 0.0 | 100.0 | 1,965 | 5.9 |
| VIII - Eastern Visayas | 8.0 | 53.5 | 24.8 | 13.7 | 0.0 | 100.0 | 1,133 | 5.4 |
| IX - Zamboanga Peninsula | 9.7 | 49.6 | 25.1 | 15.3 | 0.3 | 100.0 | 904 | 5.4 |
| X - Northern Mindanao | 6.8 | 43.5 | 31.0 | 18.7 | 0.0 | 100.0 | 1,077 | 6.0 |
| XI- Davao | 7.9 | 41.7 | 31.0 | 19.1 | 0.3 | 100.0 | 1,154 | 6.0 |
| XII-SOCCSKSARGEN | 11.0 | 41.5 | 31.8 | 15.6 | 0.0 | 100.0 | 986 | 5.8 |
| XIII - Caraga | 6.0 | 46.0 | 30.1 | 17.9 | 0.0 | 100.0 | 648 | 5.9 |
| ARMM | 23.1 | 42.7 | 23.0 | 11.2 | 0.0 | 100.0 | 842 | 4.5 |
| Wealth index quintile |  |  |  |  |  |  |  |  |
| Lowest | 16.7 | 60.3 | 20.2 | 2.6 | 0.1 | 100.0 | 4,407 | 3.9 |
| Second | 8.2 | 50.9 | 33.0 | 7.8 | 0.1 | 100.0 | 4,670 | 5.5 |
| Middle | 5.7 | 41.6 | 38.0 | 14.6 | 0.1 | 100.0 | 4,894 | 6.4 |
| Fourth | 4.0 | 32.1 | 37.4 | 26.3 | 0.2 | 100.0 | 5,147 | 8.3 |
| Highest | 3.4 | 21.5 | 30.7 | 44.3 | 0.1 | 100.0 | 5,651 | 9.7 |
| Total | 7.2 | 40.1 | 32.1 | 20.4 | 0.1 | 100.0 | 24,769 | 6.5 |

The results of the 2003 NDHS indicate that the vast majority of the population has some formal education. Among women age 6 and over, only 7 percent have had no formal education. For men and women, two in five had elementary school only, three in ten attended high school only, and one in five attended higher education.

No major gender differences are observed for education. However, a significant difference is noted between urban and rural areas; the educational system favors residents of urban areas.

| Table 2.4.2 Educational attainment of male household population |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |
| Percent distribution of the de facto male household population age six |  |  |  |  |  |
| pleted, according to background characteristics, Philippines 2003 |  |  |  |  |  |

The distribution of population by highest level of education attended differs greatly among the regions of the country (Figure 2.3). The National Capital Region (NCR) and CALABARZON have a much better educated population compared to the rest of the country; the median duration of schooling in these regions is nine and eight years, respectively, compared with four to seven years in the other regions. On the other hand, residents of Autonomous Region in Muslim Mindanao (ARMM) have the lowest median duration of schooling ( 4.5 years for women and 4.3 years for men).

Figure 2.3 Median Years of Schooling by Sex and Region


### 2.4.2 School Attendance Ratios

The net attendance ratio (NAR) in primary school is the proportion of population age 6-11 who are enrolled in primary school, and the NAR in secondary school is the proportion of population age 1217 who are enrolled in secondary school. The gross attendance ratio (GAR) is the proportion of students expressed "as official school age" at each level of schooling. The GAR is almost always higher than the NAR for the same level because the GAR includes participation by those who may be older or younger than the official age range for that level. A NAR of 100 percent indicates that all children in the official age range of a particular education level are attending that level. The GAR can exceed 100 percent if there is significant overage or underage participation at a given level of schooling. Tables 2.5.1 and 2.5.2 present information on primary and secondary school attendance, respectively, in terms of NARs and GARs for the de jure household population by level of schooling and sex.

For primary school, the NAR is 83 percent and the GAR is 99 percent (Table 2.5.1). The NAR is higher in urban areas and among females, compared with other populations. For instance, the NAR for females is 85 percent, compared with 81 percent for males. Among regions, the NAR is highest in Cordillera Administrative Region (CAR) ( 91 percent) and lowest in ARMM (70 percent). There are negligible variations in GAR by urban-rural residence and gender. Among regions, CAR and ARMM also show the highest and lowest GAR in the country, respectively ( 113 percent in CAR and 93 percent in ARMM).

| Net attendance ratios (NARs) and gross attendance ratios (GARs) for the de jure household population by level of schooling and sex, according to background characteristics, Philippines 2003 |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Net attendance ratio ${ }^{1}$ |  |  | Gross attendance ratio ${ }^{2}$ |  |  | Gender |
|  | Male | Female | Total | Male | Female | Total | index ${ }^{3}$ |
| Residence |  |  |  |  |  |  |  |
| Urban | 83.8 | 87.9 | 85.7 | 99.3 | 101.7 | 100.4 | 1.02 |
| Rural | 78.6 | 83.2 | 80.9 | 98.1 | 97.7 | 97.9 | 1.00 |
| Region |  |  |  |  |  |  |  |
| National Capital Region | 82.4 | 88.1 | 85.1 | 96.5 | 100.6 | 98.5 | 1.04 |
| Cordillera Admin Region | 89.5 | 93.4 | 91.3 | 110.6 | 115.5 | 112.9 | 1.04 |
| I - Ilocos | 84.5 | 89.1 | 86.4 | 97.7 | 98.9 | 98.2 | 1.01 |
| II - Cagayan Valley | 84.0 | 87.8 | 86.0 | 98.9 | 96.5 | 97.7 | 0.98 |
| III - Central Luzon | 85.9 | 85.9 | 85.9 | 100.6 | 99.2 | 99.9 | 0.99 |
| IVA - CALABARZON | 85.6 | 89.7 | 87.6 | 97.8 | 101.4 | 99.6 | 1.04 |
| IVB - MIMAROPA | 82.2 | 85.6 | 83.8 | 100.5 | 97.4 | 99.1 | 0.97 |
| V- Bicol | 82.6 | 84.6 | 83.5 | 98.5 | 99.4 | 99.0 | 1.01 |
| VI - Western Visayas | 79.0 | 84.7 | 81.8 | 97.7 | 100.4 | 99.0 | 1.03 |
| VII - Central Visayas | 82.4 | 86.3 | 84.2 | 101.9 | 100.7 | 101.3 | 0.99 |
| VIII - Eastern Visayas | 74.8 | 82.1 | 78.4 | 98.6 | 99.3 | 98.9 | 1.01 |
| IX - Zamboanga Peninsula | 76.5 | 82.4 | 79.4 | 102.5 | 96.0 | 99.3 | 0.94 |
| X - Northern Mindanao | 79.6 | 85.2 | 82.3 | 102.8 | 101.3 | 102.1 | 0.99 |
| XI - Davao | 78.2 | 81.8 | 80.0 | 98.3 | 96.2 | 97.2 | 0.98 |
| XII - SOCCSKSARGEN | 76.5 | 82.8 | 79.5 | 96.3 | 99.0 | 97.6 | 1.03 |
| XIII - Caraga | 76.6 | 83.2 | 79.8 | 94.0 | 99.9 | 96.8 | 1.06 |
| ARMM | 67.4 | 71.8 | 69.6 | 90.8 | 94.2 | 92.5 | 1.04 |
| Wealth index quintile |  |  |  |  |  |  |  |
| Lowest | 68.6 | 75.4 | 71.9 | 90.6 | 92.5 | 91.5 | 1.02 |
| Second | 79.1 | 84.7 | 81.8 | 100.6 | 100.8 | 100.7 | 1.00 |
| Middle | 84.8 | 90.3 | 87.4 | 99.7 | 102.5 | 101.0 | 1.03 |
| Fourth | 89.2 | 90.4 | 89.8 | 105.7 | 101.4 | 103.6 | 0.96 |
| Highest | 89.8 | 90.7 | 90.2 | 99.6 | 103.4 | 101.4 | 1.04 |
| Total | 81.0 | 85.3 | 83.1 | 98.7 | 99.5 | 99.1 | 1.01 |
| ${ }^{1}$ The NAR for primary school is the percentage of the primary-school-age ( $7-12$ years) population that is attending primary school. By definition the NAR cannot exceed 100 percent. <br> ${ }^{2}$ The GAR for primary school is the total number of primary school students, expressed as a percentage of the official primary-school-age population. If there are significant numbers of overage and underage students at a given level of schooling, the GAR can exceed 100 percent. <br> ${ }^{3}$ The gender parity index for primary school is the ratio of the primary school GAR for females to the GAR for males |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

The last column in Table 2.5 .1 presents the gender parity index. The overall index is 1.01, which indicates that in the Philippines, women are slightly more advantaged than men in terms of education. There are no differences by urban-rural residence and small differences by region. The largest deviation from 1.00 (no gender difference) is in Caraga (1.06), and the smallest difference (0.01) is observed in Ilocos, Central Luzon, MIMAROPA, Central Visayas, Eastern Visayas, and Northern Mindanao.

The NAR and GAR by wealth quintile index show an increasing pattern; respondents from the poorest households have the lowest NAR and GAR, while those in the highest quintile have the highest NAR and second-highest GAR.

Table 2.5 .2 shows that for secondary school, the NAR is 49 percent and the GAR is 53 percent. As in the case of primary education, the NAR is higher in urban areas and for females. Among regions, the NAR is highest in Ilocos Region ( 59 percent) and lowest in ARMM ( 32 percent). The GAR is highest in CALABARZON ( 62 percent) and lowest in ARMM (37 percent).

| Table 2.5.2 School attendance ratios: secondary school |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Net attendance ratios (NAR) and gross attendance ratios (GAR) for the de jure household population by level of schooling and sex, according to background characteristics, Philippines 2003 |  |  |  |  |  |  |  |
| Background characteristic | Net attendance ratio ${ }^{1}$ |  |  | Gross attendance ratio ${ }^{2}$ |  |  | Gender parity index |
|  | Male | Female | Total | Male | Female | Total |  |
| Residence |  |  |  |  |  |  |  |
| Urban | 50.4 | 54.9 | 52.7 | 56.6 | 58.6 | 57.6 | 1.03 |
| Rural | 37.8 | 52.8 | 44.8 | 42.3 | 56.0 | 48.7 | 1.32 |
| Region |  |  |  |  |  |  |  |
| National Capital Region | 51.3 | 52.4 | 51.9 | 57.8 | 56.0 | 56.9 | 0.97 |
| Cordillera Admin Region | 47.8 | 52.6 | 50.2 | 51.6 | 57.5 | 54.5 | 1.12 |
| I - Ilocos | 57.2 | 60.0 | 58.6 | 60.0 | 61.9 | 61.0 | 1.03 |
| II - Cagayan Valley | 48.7 | 55.9 | 52.3 | 51.6 | 59.4 | 55.5 | 1.15 |
| III - Central Luzon | 41.7 | 56.8 | 49.7 | 47.5 | 59.9 | 54.0 | 1.26 |
| IVA - CALABARZON | 53.5 | 60.5 | 57.1 | 58.5 | 65.4 | 62.1 | 1.12 |
| IVB - MIMAROPA | 43.2 | 55.6 | 48.8 | 45.4 | 58.2 | 51.2 | 1.28 |
| V- Bicol | 45.6 | 55.8 | 50.4 | 51.1 | 58.1 | 54.4 | 1.14 |
| VI - Western Visayas | 40.5 | 54.0 | 47.0 | 45.8 | 56.3 | 50.9 | 1.23 |
| VII - Central Visayas | 43.1 | 51.0 | 47.1 | 51.3 | 54.7 | 53.0 | 1.07 |
| VIII - Eastern Visayas | 37.3 | 48.7 | 42.2 | 40.8 | 54.9 | 46.9 | 1.34 |
| IX - Zamboanga Peninsula | 32.6 | 51.0 | 40.4 | 38.0 | 53.6 | 44.6 | 1.41 |
| X - Northern Mindanao | 34.8 | 57.0 | 45.5 | 39.6 | 59.4 | 49.2 | 1.50 |
| XI - Davao | 40.1 | 50.3 | 45.3 | 46.2 | 52.9 | 49.6 | 1.15 |
| XII - SOCCSKSARGEN | 36.2 | 50.8 | 42.9 | 42.8 | 54.1 | 47.9 | 1.26 |
| XIII - Caraga | 44.4 | 51.1 | 47.6 | 50.5 | 52.2 | 51.3 | 1.04 |
| ARMM | 29.3 | 35.6 | 32.2 | 34.2 | 41.2 | 37.4 | 1.21 |
| Wealth index quintile |  |  |  |  |  |  |  |
| Lowest | 21.6 | 33.8 | 26.9 | 24.0 | 36.3 | 29.3 | 1.51 |
| Second | 32.3 | 52.1 | 41.4 | 37.8 | 55.0 | 45.7 | 1.46 |
| Middle | 49.2 | 59.3 | 54.2 | 55.8 | 62.1 | 58.9 | 1.11 |
| Fourth | 56.9 | 65.4 | 61.1 | 61.7 | 69.8 | 65.7 | 1.13 |
| Highest | 63.8 | 55.0 | 58.8 | 71.7 | 59.1 | 64.5 | 0.82 |
| Total | 43.9 | 54.0 | 48.9 | 49.3 | 57.4 | 53.2 | 1.16 |
| ${ }^{1}$ The NAR for secondary school is the percentage of the secondary-school-age (13-16 years) population that is attending secondary school. By definition the NAR cannot exceed 100 percent. <br> ${ }^{2}$ The GAR for secondary school is the total number of secondary school students, expressed as a percentage of the official secondary-school-age population. If there are significant numbers of overage and underage students at a given level of schooling, the GAR can exceed 100 percent. <br> ${ }^{3}$ The gender parity index for secondary school is the ratio of the secondary school GAR for females to the GAR for males. |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |

The NAR and GAR in secondary education have even stronger associations by wealth quintile index, as compared with those in primary education. They are lowest for students in the poorest households and highest for those in households with higher wealth quintiles.

### 2.5 Repetition and Dropout Rates

By asking about the grade that children were attending during the previous and the current school year, it is possible to calculate dropout and repetition rates. The repetition rate is the percentage of students in a given grade the previous school year who repeat that grade in the current school year. The dropout rate is the percentage of students in a given grade in the previous school year who are not currently attending school.

Table 2.6 shows the repetition and dropout rates for the de jure household population age 5-24 years by school grade. In general, repetition rates are highest in grade 1 ( 8 percent). Male students, those
who live in rural areas, and those from the poorest households are most likely to repeat in grade 1 . The rates vary greatly across regions, ranging from 3 percent or less in NCR, CALABARZON, Central Visayas, and ARMM to 18 percent in Northern Mindanao. Repetition rates in grade 1 are 12 percent or higher in Western Visayas, Davao, Bicol, and Northern Mindanao. Repetition rates in higher grades are much lower than those in grade 1 . Bicol has the highest repetition rates in grades 1,2 , and 4.

Dropout rates show a different pattern: They increase with grade, ranging from 1 percent in grade 1 to 8 percent in grade 6. Again, rural and poor students are most likely to drop out in grade 6 . Male students in general have higher dropout rates than female students. Across regions, the dropout rate in grade 6 is 12 percent or higher in Central Visayas, Eastern Visayas, Zamboanga Peninsula, Northern Mindanao, and SOCCSKSARGEN.

| Table 2.6 Grade repetition and dropout rates |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Repetition and dropout rates for the de jure household population age 5-24 years by school grade, according to background characteristics, Philippines 2003 |  |  |  |  |  |  |  |  |  |  |  |  |
| Background characteristic | Repetition rate ${ }^{1}$ |  |  |  |  |  | Dropout rate ${ }^{2}$ |  |  |  |  |  |
|  | 1 | 2 | 3 | 4 | 5 | 6 | 1 | 2 | 3 | 4 | 5 | 6 |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 8.3 | 3.9 | 2.9 | 2.6 | 0.9 | 2.5 | 0.8 | 2.6 | 2.9 | 2.5 | 4.4 | 8.6 |
| Female | 6.8 | 0.9 | 0.8 | 1.4 | 0.5 | 1.3 | 1.4 | 1.4 | 1.3 | 1.8 | 1.0 | 7.5 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 5.1 | 1.9 | 1.6 | 1.8 | 0.4 | 2.1 | 1.6 | 1.0 | 1.7 | 0.9 | 1.3 | 5.5 |
| Rural | 9.4 | 3.0 | 2.1 | 2.2 | 0.9 | 1.7 | 0.7 | 2.9 | 2.5 | 3.3 | 4.0 | 10.6 |
| Region |  |  |  |  |  |  |  |  |  |  |  |  |
| National Capital Region | 3.0 | 1.7 | 1.9 | 1.5 | 0.5 | 5.5 | 2.3 | 0.0 | 2.4 | 0.2 | 0.4 | 2.9 |
| Cordillera Admin Region | 5.3 | 3.8 | 1.8 | 1.5 | 2.0 | 4.7 | 0.0 | 2.5 | 1.7 | 0.0 | 6.4 | 1.9 |
| I - Ilocos | 4.5 | 2.5 | 0.0 | 0.0 | 0.0 | 1.3 | 1.5 | 1.3 | 0.0 | 2.8 | 1.6 | 0.0 |
| II - Cagayan Valley | 8.2 | 1.5 | 3.2 | 0.0 | 2.0 | 0.0 | 0.0 | 0.0 | 0.0 | 1.7 | 0.0 | 4.6 |
| III - Central Luzon | 8.0 | 1.7 | 0.9 | 3.6 | 0.9 | 2.4 | 0.0 | 3.0 | 1.7 | 0.0 | 1.9 | 7.8 |
| IVA - CALABARZON | 2.2 | 2.0 | 2.6 | 0.9 | 0.0 | 1.6 | 0.3 | 0.0 | 0.0 | 1.5 | 2.5 | 4.4 |
| IVB - MIMAROPA | 4.6 | 0.0 | 3.8 | 3.1 | 0.0 | 3.1 | 0.0 | 1.4 | 1.2 | 1.7 | 3.4 | 9.2 |
| V-Bicol | 16.3 | 8.3 | 4.1 | 4.9 | 0.0 | 1.7 | 2.2 | 6.4 | 3.3 | 2.9 | 6.1 | 9.6 |
| VI - Western Visayas | 12.1 | 4.4 | 0.9 | 2.6 | 0.0 | 1.1 | 0.0 | 2.2 | 1.5 | 3.5 | 2.3 | 10.3 |
| VII - Central Visayas | 2.6 | 0.0 | 0.9 | 0.0 | 0.0 | 0.0 | 2.6 | 2.1 | 2.7 | 3.1 | 2.4 | 12.8 |
| VIII - Eastern Visayas | 5.4 | 0.9 | 2.1 | 1.2 | 1.3 | 1.0 | 2.7 | 1.8 | 2.2 | 2.2 | 4.0 | 13.3 |
| IX - Zamboanga Peninsula | 11.6 | 3.7 | 0.0 | 1.2 | 2.6 | 0.0 | 1.0 | 3.6 | 3.8 | 3.5 | 6.4 | 12.3 |
| X - Northern Mindanao | 18.1 | 3.5 | 4.8 | 4.1 | 1.8 | 0.0 | 0.9 | 4.2 | 4.9 | 4.0 | 1.7 | 13.7 |
| XI - Davao | 12.9 | 1.1 | 0.0 | 4.7 | 1.4 | 2.9 | 3.2 | 2.2 | 5.6 | 3.4 | 1.5 | 10.4 |
| XII - SOCCSKSARGEN | 5.7 | 1.2 | 2.2 | 0.0 | 0.0 | 0.0 | 0.0 | 2.4 | 2.2 | 3.1 | 6.1 | 13.8 |
| XIII - Caraga | 6.1 | 5.5 | 2.3 | 2.9 | 0.0 | 0.0 | 0.0 | 1.4 | 3.5 | 5.6 | 5.6 | 11.6 |
| ARMM | 1.9 | 2.6 | 0.0 | 0.0 | 2.9 | 4.3 | 0.0 | 0.0 | 0.0 | 0.6 | 0.0 | 4.4 |
| Wealth index quintile |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 11.8 | 2.7 | 1.5 | 1.6 | 0.7 | 1.5 | 1.6 | 5.3 | 3.9 | 5.1 | 6.6 | 17.7 |
| Second | 9.8 | 2.3 | 2.6 | 3.3 | 0.9 | 2.1 | 1.7 | 2.1 | 2.9 | 3.5 | 4.0 | 12.2 |
| Middle | 4.7 | 3.2 | 2.9 | 2.3 | 0.6 | 1.9 | 1.0 | 0.0 | 1.6 | 0.6 | 1.4 | 3.6 |
| Fourth | 3.9 | 3.4 | 1.5 | 1.6 | 0.6 | 2.2 | 0.2 | 0.6 | 0.9 | 0.2 | 0.0 | 4.5 |
| Highest | 2.1 | 0.3 | 0.4 | 0.6 | 0.6 | 1.8 | 0.0 | 0.0 | 0.4 | 0.0 | 1.2 | 4.0 |
| Total | 7.6 | 2.5 | 1.8 | 2.0 | 0.7 | 1.9 | 1.1 | 2.0 | 2.1 | 2.2 | 2.7 | 8.0 |
| ${ }^{1}$ The repetition rate is the percentage of students in a given grade in the previous school year who are repeating that grade in the current school year. <br> ${ }^{2}$ The dropout rate is the percentage of students in a given grade in the previous school year who are not attending school. |  |  |  |  |  |  |  |  |  |  |  |  |

### 2.6 Housing Characteristics

The physical characteristics of households are important indicators of health and of the general socioeconomic condition of the population. In the 2003 NDHS, respondents were asked about access to electricity; sources of drinking water and time taken to reach the nearest source; type of toilet facility; main material of the floor and walls; and tenure status. The percent distribution of households by their housing characteristics according to urban-rural residence is shown in Table 2.7.

Table 2.7 and Figure 2.4 shows that eight in ten households have electricity, with a significant difference between urban and rural areas: 92 percent in urban areas, compared with 60 percent in rural areas.

Safe drinking water is important for health and sanitation. Two out of five households (40 percent) have piped water into dwelling/yard/plot as their main source of drinking water. The main source of drinking water in rural areas is protected wells (35 percent), while in urban areas the main source is piped water (56 percent). The majority of the households live within 15 minutes from the source of water (87 percent).

Two in three households have a private flush toilet. This type of sanitation facility is much more common in urban areas than in rural areas (77 and 54 percent, respectively). Furthermore, 15 percent of households in rural areas have no toilet facility, compared with only 4 percent in urban areas.

More than half of all households (53 percent) have cement flooring. Urban households are more likely to have cement floors than rural households (63 and 43 percent, respectively). Palm and bamboo are used as flooring materials in 23 percent of households in the rural areas.


The most common material of the outer walls is concrete, brick, and stone, used by two in five households. However, there are urban-rural differentials; urban households are more likely to use concrete, brick, and stone ( 52 percent), while the rural households are more likely to use bamboo, sawali, cogon, or nipa for the outer walls ( 35 percent).

The 2003 NDHS also collected information on the tenure status of the lot in which the household resides. More than half of the households ( 54 percent) own or amortize their lot, 14 percent are renting, and 29 percent of households occupy the lot rent-free with the consent of the owner. Urban and rural households are equally likely to own or amortize their lot. However, urban households are more likely than rural households to rent (21 and 7 percent, respectively). Rural households, on the other hand, tend to use the lot rent-free with consent of the owner ( 37 percent). Two percent of households occupy the lot without paying rent to the owner; this is true in urban and rural areas.

Figure 2.4 Housing Conveniences by Residence


### 2.7 Household Durable Goods

In the 2003 NDHS, information on the possession of selected durable consumer goods was also collected at the household level. The percentages of households possessing various durable consumer goods are shown in Table 2.8. There is a vast difference between urban and rural households, with urban households much more likely to own these durable consumer items than rural households. The urbanrural difference is especially pronounced for ownership of modern conveniences such as television, telephone, washing machine, refrigerator/freezer, CD/VCD/DVD player, component or karaoke player, and personal computer.

Thirteen percent of the total households do not possess any of the durable consumer goods listed. Rural households are much more likely than urban households not to have any of these consumer goods.

| Table 2.8 Household durable goods |  |  |  |
| :---: | :---: | :---: | :---: |
| Percentage of households possessing various durable consumer goods, by residence, Philippines 2003 |  |  |  |
|  |  |  |  |
| Durable consumer goods | Urban | Rural | Total |
| Radio/radio cassette | 75.8 | 66.3 | 71.3 |
| Television | 80.6 | 43.9 | 63.1 |
| Landline telephone | 20.9 | 2.3 | 12.0 |
| Cellular telephone | 50.9 | 19.7 | 36.0 |
| Washing machine | 43.9 | 12.8 | 29.1 |
| Refrigerator/freezer | 52.3 | 22.0 | 37.8 |
| CD/VCD/DVD player | 48.7 | 19.3 | 34.7 |
| Component/karaoke | 36.9 | 17.0 | 27.4 |
| Personal computer | 11.1 | 1.6 | 6.6 |
| Tractor | 1.0 | 2.9 | 1.9 |
| Motorized banca/boat | 2.2 | 7.2 | 4.6 |
| Car/jeep/van | 14.3 | 4.2 | 9.5 |
| Motorcycle/tricycle | 13.7 | 11.0 | 12.4 |
| Bicycle/pedicab | 22.0 | 17.2 | 19.7 |
| None of the above | 7.0 | 20.4 | 13.4 |
| Number of households | 6,583 | 6,003 | 12,586 |

### 2.8 Availability of Drinking Water and Ways to Make Drinking Water Safe

Information on the availability of drinking water sources and ways to make drinking water safe are shown in Tables 2.9 and 2.10, respectively. Table 2.9 shows that drinking water is reported to be regular in 90 percent of households, available several hours a day in 8 percent of households, and only once or twice a week in 2 percent of households. Water is reported to be usually always available in 97 percent of households in which the source of drinking water is surface water (river, stream, pond, lake, or dam) and in 96 percent of households using protected wells. On the other hand, as expected, water is the least regular when the source is rainwater ( 34 percent).

| Table 2.9 Availability of drinking water |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of households by availability of drinking water, according to source, Philippines 2003 |  |  |  |  |  |  |  |
|  | Water availability last month |  |  |  |  |  |  |
| Source of drinking water | Usually always | Several hours per day | Once or twice a week | Infrequently | Missing | Total | Number |
| Piped into dwelling | 87.7 | 10.5 | 1.0 | 0.6 | 0.1 | 100.0 | 4,314 |
| Piped into yard/plot | 84.7 | 12.3 | 1.1 | 1.9 | 0.0 | 100.0 | 670 |
| Public tap | 82.6 | 14.5 | 2.0 | 0.4 | 0.4 | 100.0 | 1,647 |
| Open dug well | 93.6 | 2.5 | 0.6 | 2.7 | 0.6 | 100.0 | 569 |
| Protected well | 96.3 | 2.2 | 0.4 | 0.4 | 0.9 | 100.0 | 3,344 |
| Developed spring | 91.7 | 6.5 | 1.5 | 0.2 | 0.2 | 100.0 | 542 |
| Undeveloped spring | 94.1 | 3.2 | 0.9 | 0.7 | 1.1 | 100.0 | 404 |
| River/stream/pond/lake/dam | 96.9 | 0.7 | 2.5 | 0.0 | 0.0 | 100.0 | 115 |
| Rainwater | 34.4 | 1.3 | 8.1 | 54.0 | 2.2 | 100.0 | 52 |
| Tanker truck/peddler | 73.9 | 12.7 | 12.9 | 0.5 | 0.0 | 100.0 | 193 |
| Bottled water/refilling station | 90.7 | 2.7 | 6.4 | 0.1 | 0.1 | 100.0 | 723 |
| Other/missing | 61.2 | 5.0 | 0.0 | 0.0 | 33.8 | 100.0 | 12 |
| Total | 89.6 | 7.6 | 1.5 | 0.9 | 0.4 | 100.0 | 12,586 |

Fifty-eight percent of households do nothing to make their drinking water safer, 27 percent boil the water, and 11 percent use an improvised filter (Table 2.10). Boiling water to make it safe for drinking is most common among households that have water piped into the dwelling, obtain water from a public tap, use surface water, or get the water from a tanker truck or a peddler ( 30 percent or higher). Households that collect rainwater for their drinking water are the most likely to use an improvised filter (43 percent). Filter equipment is used in 11 percent of households in which drinking water is piped into the house.

| Percent of households that employ specific procedures to make drinking water safe by source of water, Philippines 2003 |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | cedures | make water | safe |  |  |
| Source of drinking water | Nothing | Boiling | Chlorination | Filter equipment | Improvised filter | Other | Number |
| Piped into dwelling | 49.9 | 31.8 | 1.9 | 11.3 | 9.7 | 0.3 | 4,314 |
| Piped into yard/plot | 63.7 | 25.7 | 1.2 | 3.1 | 9.3 | 0.2 | 670 |
| Public tap | 60.2 | 30.7 | 1.2 | 1.9 | 9.0 | 0.4 | 1,647 |
| Open dug well | 48.7 | 29.9 | 1.8 | 1.4 | 23.9 | 0.0 | 569 |
| Protected well | 61.8 | 24.5 | 2.3 | 2.8 | 10.9 | 0.5 | 3,344 |
| Developed spring | 66.5 | 18.9 | 1.0 | 1.9 | 15.0 | 0.0 | 542 |
| Undeveloped spring | 64.1 | 17.9 | 0.5 | 1.0 | 18.4 | 0.3 | 404 |
| River/stream/pond/lake/dam | 48.9 | 32.3 | 0.8 | 4.0 | 21.4 | 0.8 | 115 |
| Rainwater | 27.1 | 27.9 | 3.5 | 1.8 | 42.7 | 1.8 | 52 |
| Tanker truck/peddler | 61.2 | 30.2 | 2.1 | 1.5 | 7.5 | 0.7 | 193 |
| Bottled water/refilling station | 77.2 | 9.6 | 0.4 | 7.7 | 5.7 | 1.2 | 723 |
| Other/missing | 43.6 | 11.3 | 5.6 | 0.0 | 5.7 | 0.0 | 12 |
| Total | 57.9 | 27.0 | 1.7 | 5.7 | 11.0 | 0.4 | 12,586 |

# CHARACTERISTICS OF RESPONDENTS AND WOMEN'S STATUS 

This chapter highlights the basic characteristics of women and men who were interviewed in the 2003 National Demographic and Health Survey (NDHS). This information is essential for the interpretation of findings presented later in the report. The chapter begins by describing background characteristics, such as age, marital status, educational level, and residential characteristics. More detailed information on education, literacy, and exposure to mass media is then discussed. This is followed by data on the employment and earnings of women, decisionmaking in the household, and attitudes on women's position in relation to others in the household.

### 3.1 Background Characteristics of Respondents

The distribution of women and men interviewed by selected background characteristics is shown in Table 3.1. About half of the women and men in the survey are under age 30 . Three in ten women and four in ten men have never married, while 64 percent of women and 58 percent of men are married or are living together. More than half of the respondents live in urban areas ( 58 percent of women and 54 percent of men).

Education in the Philippines is almost universal; less than 2 percent of women and men have no formal education, while 31 percent of women and 25 percent of men have some college education. The majority of the respondents are Roman Catholic ( 82 percent of women and 83 percent of men). Other religions with notable proportions are Protestant and Islam (4 to 6 percent each).

Three in five respondents (59 percent) are from Luzon, the largest major island in the country, with 18 percent of women coming from the National Capital Region (NCR), 9 percent from the northern regions (Ilocos, Cagayan Valley, and Cordillera Administrative Region [CAR]), and 32 percent from the rest of Luzon. The remaining 41 percent are from the two other major islands: 22 percent from Mindanao and 19 percent from Visayas.

### 3.1.1 Mobility

The questions on childhood residence and mobility are intended to provide a basis for developing an index of rural to urban migration, which has been shown to be a better predictor of contraceptive use and fertility than either childhood or current residence alone (ORC Macro, 2001). The question on previous residence is asked of respondents who have moved from their place of birth and respondents who are visitors in the interviewed households.

Table 3.2 presents the distribution of women and men by residence until they are 12 years old and by residence prior to current residence. The majority of women and men ( 63 percent each) spent their childhood in a barrio, 19 to 20 percent lived in a town, and 17 to 18 percent lived in a city. Less than 1 percent of the respondents are visitors.

Thirty-seven percent of women and 45 percent of men have never moved from the area where they were born. Thirty percent of women and 26 percent of men report that they previously resided in a barrio, while 20 percent of women and 16 percent of men say that they moved from a city.

| Percent distribution of women and men by background characteristics, Philippines 2003 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Number of women |  |  | Number of men |  |  |
| Background characteristic | Weighted percent | Weighted | Unweighted | Weighted percent | Weighted | Unweighted |
| Age |  |  |  |  |  |  |
| 15-19 | 19.4 | 2,648 | 2,646 | 19.3 | 918 | 920 |
| 20-24 | 16.2 | 2,209 | 2,214 | 16.5 | 785 | 765 |
| 25-29 | 14.9 | 2,034 | 2,048 | 13.6 | 647 | 653 |
| 30-34 | 14.3 | 1,954 | 1,949 | 12.4 | 593 | 611 |
| 35-39 | 13.7 | 1,873 | 1,892 | 12.3 | 586 | 579 |
| 40-44 | 11.5 | 1,564 | 1,541 | 10.1 | 483 | 481 |
| 45-49 | 9.9 | 1,351 | 1,343 | 8.7 | 416 | 415 |
| 50-54 | na | na | na | 7.1 | 338 | 342 |
| Marital status |  |  |  |  |  |  |
| Never married | 32.2 | 4,388 | 4,309 | 40.2 | 1,914 | 1,889 |
| Married/living together | 63.6 | 8,671 | 8,764 | 57.6 | 2,746 | 2,766 |
| Divorced/not living together | r 2.7 | 373 | 355 | 1.9 | 88 | 93 |
| Widowed | 1.5 | 201 | 205 | 0.4 | 17 | 18 |
| Residence |  |  |  |  |  |  |
| Urban | 57.8 | 7,877 | 7,436 | 53.6 | 2,553 | 2,379 |
| Rural | 42.2 | 5,756 | 6,197 | 46.4 | 2,213 | 2,387 |
| Region |  |  |  |  |  |  |
| National Capital Region | 17.5 | 2,387 | 2,168 | 15.5 | 740 | 676 |
| Cordillera Admin Region | 1.6 | 216 | 482 | 1.5 | 72 | 154 |
| I - Ilocos | 4.7 | 642 | 633 | 4.9 | 232 | 231 |
| II - Cagayan Valley | 3.1 | 426 | 531 | 3.4 | 163 | 202 |
| III - Central Luzon | 10.7 | 1,459 | 1,079 | 10.9 | 520 | 385 |
| IVA - CALABARZON | 13.9 | 1,890 | 1,425 | 13.7 | 652 | 483 |
| IVB - MIMAROPA | 2.5 | 340 | 481 | 2.5 | 119 | 168 |
| V-Bicol | 5.2 | 713 | 724 | 5.0 | 236 | 238 |
| VI - Western Visayas | 6.7 | 910 | 784 | 6.7 | 322 | 276 |
| VII - Central Visayas | 7.8 | 1,070 | 927 | 7.8 | 373 | 320 |
| VIII - Eastern Visayas | 4.1 | 555 | 647 | 4.8 | 229 | 268 |
| IX - Zamboanga Peninsula | 3.4 | 465 | 552 | 4.0 | 189 | 224 |
| X - Northern Mindanao | 4.1 | 565 | 592 | 4.2 | 202 | 216 |
| XI - Davao | 4.8 | 654 | 725 | 4.5 | 212 | 225 |
| XII - SOCCSKSARGEN | 3.8 | 524 | 655 | 4.5 | 216 | 255 |
| XIII - Caraga | 2.4 | 327 | 545 | 2.6 | 125 | 206 |
| ARMM | 3.6 | 489 | 683 | 3.5 | 166 | 239 |
| Education |  |  |  |  |  |  |
| No education | 1.4 | 186 | 231 | 1.8 | 84 | 102 |
| Elementary | 23.1 | 3,146 | 3,241 | 30.2 | 1,441 | 1,499 |
| High school | 44.8 | 6,109 | 6,035 | 43.0 | 2,048 | 1,991 |
| College or higher | 30.7 | 4,192 | 4,126 | 25.0 | 1,193 | 1,174 |
| Religion |  |  |  |  |  |  |
| Roman Catholic | 81.5 | 11,116 | 10,818 | 83.0 | 3,957 | 3,854 |
| Protestant | 5.5 | 749 | 850 | 4.1 | 194 | 226 |
| Iglesia Ni Kristo | 2.9 | 393 | 383 | 2.8 | 134 | 130 |
| Aglipay | 1.3 | 181 | 189 | 1.8 | 85 | 84 |
| Islam | 4.2 | 579 | 748 | 4.0 | 189 | 253 |
| None | 0.1 | 9 | 10 | 0.2 | 11 | 13 |
| Others | 2.2 | 293 | 324 | 2.3 | 109 | 119 |
| Born-again/Jehovah's |  |  |  |  |  |  |
| Witness/SDA | 2.2 | 304 | 302 | 1.8 | 84 | 85 |
| Missing | 0.1 | 9 | 9 | 0.1 | 3 | 2 |
| Total | 100.0 | 13,633 | 13,633 | 100.0 | 4,766 | 4,766 |
| Note: Education categories refer to the highest level of education attended, whether or not that level was completed. na $=$ Not applicable; SDA $=$ Seventh-Day Adventist |  |  |  |  |  |  |


| Table 3.2 Childhood residence and mobility |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women and men by residence until age 12 and previous residence, Philippines 2003 |  |  |  |  |  |  |
|  | Number of women |  |  | Number of men |  |  |
| Residence | Weighted percent | Weighted | Unweighted | Weighted percent | Weighted | Unweighted |
| Residence until age 12 years |  |  |  |  |  |  |
| City | 17.7 | 2,416 | 2,311 | 16.8 | 802 | 761 |
| Town | 19.0 | 2,597 | 2,594 | 19.5 | 929 | 873 |
| Barrio | 63.0 | 8,588 | 8,697 | 63.4 | 3,023 | 3,119 |
| Previous residence |  |  |  |  |  |  |
| Live in current residence since birth | 36.6 | 4,995 | 5,002 | 45.4 | 2,163 | 2,181 |
| Moved from |  |  |  |  |  |  |
| City | 19.8 | 2,699 | 2,631 | 16.4 | 780 | 742 |
| Town | 11.9 | 1,627 | 1,653 | 10.8 | 515 | 494 |
| Barrio | 29.8 | 4,065 | 4,090 | 26.3 | 1,254 | 1,291 |
| Visitor | 0.8 | 110 | 122 | 0.8 | 37 | 40 |
| Total | 100.0 | 13,633 | 13,633 | 100.0 | 4,766 | 4,766 |
| Note: Total includes women and men with missing information on residence. |  |  |  |  |  |  |

### 3.2 Educational Attainment

Tables 3.3.1 and 3.3.2 present the percent distribution of women and men, respectively, by highest level of schooling attained or completed according to their background characteristics. Young women and men are more likely to have attended school than the older respondents; the proportion of respondents who have never attended school rises with increasing age for both men and women. For example, 86 percent of women age 15-19 have attained secondary education, compared with 56 percent of women age 45-49.

Urban women are as likely as rural women to have reached only secondary school (45 percent). However, rural women are less likely to continue to college or higher levels of education than urban women (20 and 39 percent, respectively). Women in NCR, CAR, Ilocos, and CALABARZON have higher educational attainment than women in other parts of the country. In these regions, about 80 percent of women have secondary or higher education. On the other hand, 15 percent of women in Autonomous Region in Muslim Mindanao (ARMM) have no education, and only half ( 52 percent) have secondary or higher education. As expected, women in the wealthier quintiles are more likely to be better educated than those in the poorer quintiles. While 93 percent of women in the wealthiest quintile have secondary or higher education, the corresponding proportion for women in the poorest group is 41 percent.

The variations in educational attainment among men are similar to those for women. Younger, urban, and richer men are more likely to be better educated than other men (Table 3.3.2). Men in NCR and CALABARZON have the highest percentages for high school education or higher (86 and 79 percent, respectively). On the other hand, less than 50 percent of men in ARMM, Eastern Visayas, and Zamboanga Peninsula have attended high school or higher education.

Across all background characteristics, women consistently have more years of schooling than men. For age $15-19$, the median years of schooling for women is 0.6 years more than men. In rural areas, the median years of schooling for women is 1.6 years more than for men. Especially striking are gender differences across regions; they range from 0.2 median years in NCR and Central Luzon to 2.1 median years in Eastern Visayas.

| Percent distribution of women by highest level of schooling attended or completed, and median number of years of schooling, according to background characteristics, Philippines 2003 |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Education |  |  |  |  | Number of women | Median years of schooling |
| Background characteristic | No education | Elementary | High school | College or higher | Total |  |  |
| Age |  |  |  |  |  |  |  |
| 15-19 | 0.6 | 13.2 | 70.1 | 16.2 | 100.0 | 2,648 | 8.6 |
| 20-24 | 0.5 | 14.3 | 43.8 | 41.4 | 100.0 | 2,209 | 9.7 |
| 25-29 | 1.3 | 17.7 | 43.3 | 37.7 | 100.0 | 2,034 | 9.6 |
| 30-34 | 1.1 | 24.5 | 39.2 | 35.2 | 100.0 | 1,954 | 9.4 |
| 35-39 | 2.3 | 27.7 | 37.5 | 32.4 | 100.0 | 1,873 | 9.2 |
| 40-44 | 2.2 | 36.0 | 32.8 | 29.0 | 100.0 | 1,564 | 8.7 |
| 45-49 | 2.5 | 41.5 | 31.4 | 24.6 | 100.0 | 1,351 | 7.3 |
| Residence |  |  |  |  |  |  |  |
| Urban | 0.6 | 15.7 | 44.9 | 38.8 | 100.0 | 7,877 | 9.6 |
| Rural | 2.4 | 33.2 | 44.7 | 19.7 | 100.0 | 5,756 | 8.0 |
| Region |  |  |  |  |  |  |  |
| National Capital Region | 0.2 | 11.5 | 45.8 | 42.5 | 100.0 | 2,387 | 9.8 |
| Cordillera Admin Region | 2.2 | 17.4 | 36.2 | 44.2 | 100.0 | 216 | 9.7 |
| I - Ilocos | 0.8 | 16.7 | 50.8 | 31.6 | 100.0 | 642 | 9.4 |
| II - Cagayan Valley | 1.3 | 28.2 | 42.7 | 27.8 | 100.0 | 426 | 9.0 |
| III - Central Luzon | 0.3 | 22.0 | 48.9 | 28.8 | 100.0 | 1,459 | 9.3 |
| IVA - CALABARZON | 0.2 | 17.5 | 48.6 | 33.7 | 100.0 | 1,890 | 9.5 |
| IVB - MIMAROPA | 3.3 | 33.2 | 43.1 | 20.4 | 100.0 | 340 | 8.0 |
| V-Bicol | 0.3 | 27.6 | 45.2 | 26.9 | 100.0 | 713 | 8.7 |
| VI - Western Visayas | 1.8 | 27.0 | 44.0 | 27.2 | 100.0 | 910 | 9.1 |
| VII - Central Visayas | 1.3 | 29.8 | 42.7 | 26.2 | 100.0 | 1,070 | 8.7 |
| VIII - Eastern Visayas | 0.6 | 37.1 | 38.8 | 23.4 | 100.0 | 555 | 7.8 |
| IX - Zamboanga Peninsula | 1.1 | 36.1 | 38.4 | 24.4 | 100.0 | 465 | 7.8 |
| X - Northern Mindanao | 0.3 | 26.9 | 43.9 | 28.9 | 100.0 | 565 | 8.8 |
| XI - Davao | 1.0 | 26.7 | 42.3 | 30.0 | 100.0 | 654 | 9.1 |
| XII - SOCCSKARGEN | 4.0 | 25.3 | 46.7 | 24.0 | 100.0 | 524 | 8.5 |
| XIII - Caraga | 0.9 | 26.4 | 43.2 | 29.5 | 100.0 | 327 | 9.0 |
| ARMM | 15.0 | 33.2 | 33.9 | 18.0 | 100.0 | 489 | 6.4 |
| Wealth index quintile |  |  |  |  |  |  |  |
| Lowest | 6.3 | 53.1 | 35.4 | 5.2 | 100.0 | 2,161 | 5.6 |
| Second | 1.1 | 33.5 | 51.8 | 13.6 | 100.0 | 2,412 | 7.8 |
| Middle | 0.5 | 21.6 | 54.4 | 23.4 | 100.0 | 2,682 | 9.1 |
| Fourth | 0.2 | 12.8 | 48.6 | 38.4 | 100.0 | 2,940 | 9.6 |
| Highest | 0.1 | 6.8 | 35.0 | 58.0 | 100.0 | 3,438 | 11.1 |
| Total | 1.4 | 23.1 | 44.8 | 30.7 | 100.0 | 13,633 | 9.2 |


| Percent distribution of men by highest level of schooling attended or completed, and median number of years of schooling, according to background characteristics, Philippines 2003 |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Education |  |  |  |  | Number of men | Median years of schooling |
| Background characteristic | No education | Elementary | High school | College or higher | Total |  |  |
| Age |  |  |  |  |  |  |  |
| 15-19 | 1.8 | 24.2 | 62.6 | 11.5 | 100.0 | 918 | 8.0 |
| 20-24 | 0.4 | 21.2 | 44.4 | 34.0 | 100.0 | 785 | 9.4 |
| 25-29 | 1.5 | 24.4 | 43.9 | 30.2 | 100.0 | 647 | 9.3 |
| 30-34 | 1.9 | 33.2 | 37.3 | 27.6 | 100.0 | 593 | 9.0 |
| 35-39 | 2.4 | 31.4 | 39.2 | 27.0 | 100.0 | 586 | 9.0 |
| 40-44 | 2.3 | 35.1 | 36.5 | 26.1 | 100.0 | 483 | 8.3 |
| 45-49 | 2.0 | 42.4 | 29.3 | 26.2 | 100.0 | 416 | 7.0 |
| 50-54 | 2.9 | 49.6 | 27.1 | 20.4 | 100.0 | 338 | 5.9 |
| Residence |  |  |  |  |  |  |  |
| Urban | 0.8 | 17.8 | 47.4 | 34.0 | 100.0 | 2,553 | 9.4 |
| Rural | 2.9 | 44.6 | 37.8 | 14.8 | 100.0 | 2,213 | 6.4 |
| Region |  |  |  |  |  |  |  |
| National Capital Region | 0.2 | 13.6 | 46.1 | 40.1 | 100.0 | 740 | 9.6 |
| Cordillera Admin Region | 2.9 | 23.5 | 37.9 | 35.8 | 100.0 | 72 | 9.2 |
| I - Ilocos | 0.5 | 29.8 | 49.5 | 20.3 | 100.0 | 232 | 8.5 |
| II - Cagayan Valley | 1.0 | 37.0 | 36.8 | 25.2 | 100.0 | 163 | 8.2 |
| III - Central Luzon | 0.8 | 27.7 | 44.6 | 26.9 | 100.0 | 520 | 9.1 |
| IVA - CALABARZON | 0.5 | 20.2 | 53.5 | 25.8 | 100.0 | 652 | 9.2 |
| IVB - MIMAROPA | 4.3 | 39.8 | 35.3 | 20.5 | 100.0 | 119 | 6.8 |
| V-Bicol | 0.9 | 34.9 | 43.5 | 20.7 | 100.0 | 236 | 8.0 |
| VI - Western Visayas | 3.3 | 34.6 | 44.2 | 17.9 | 100.0 | 322 | 7.7 |
| VII - Central Visayas | 2.2 | 32.0 | 42.0 | 23.9 | 100.0 | 373 | 8.3 |
| VIII - Eastern Visayas | 1.9 | 54.2 | 31.0 | 12.9 | 100.0 | 229 | 5.7 |
| IX - Zamboanga Peninsula | 1.8 | 49.5 | 30.4 | 18.3 | 100.0 | 189 | 5.9 |
| X - Northern Mindanao | 0.9 | 36.7 | 40.4 | 22.1 | 100.0 | 202 | 7.3 |
| XI - Davao | 1.5 | 34.1 | 41.6 | 22.8 | 100.0 | 212 | 8.2 |
| XII - SOCCSKSARGEN | 1.1 | 37.6 | 41.5 | 19.8 | 100.0 | 216 | 7.2 |
| XIII - Caraga | 2.5 | 34.6 | 36.8 | 26.1 | 100.0 | 125 | 7.9 |
| ARMM | 15.5 | 42.2 | 28.7 | 13.6 | 100.0 | 166 | 5.6 |
| Wealth index quintile |  |  |  |  |  |  |  |
| Lowest | 7.1 | 63.7 | 25.8 | 3.4 | 100.0 | 884 | 5.0 |
| Second | 1.4 | 43.2 | 45.0 | 10.4 | 100.0 | 937 | 6.6 |
| Middle | 0.6 | 25.4 | 54.0 | 20.0 | 100.0 | 992 | 8.7 |
| Fourth | 0.0 | 16.0 | 52.5 | 31.5 | 100.0 | 957 | 9.4 |
| Highest | 0.2 | 6.8 | 36.2 | 56.8 | 100.0 | 996 | 10.8 |
| Total | 1.8 | 30.2 | 43.0 | 25.0 | 100.0 | 4,766 | 8.6 |

### 3.3 Exposure to Mass Media

The 2003 NDHS collected information on the exposure of respondents to the various mass media. Respondents were asked how often they read a newspaper, listened to the radio, or watched television. This information is useful in determining the media channels to use in disseminating health and other information to target audiences. Furthermore, it is important for knowing the likelihood of reaching the respondents by media.

Tables 3.4.1 and 3.4.2 show that television is the most popular mass media among women and men ( 80 and 82 percent, respectively), followed by radio, with 78 percent of women and 82 percent of men listening to the radio weekly. Newspaper and magazine reading is not as popular as the other two media: 44 percent of women and 47 percent of men read the newspaper or magazine weekly. Overall, about four in ten women and men are exposed to all three media, and less than 8 percent are not exposed to any of these media.

| Percentage of women who usually read a newspaper at least once a week, watch television at least once a week, and listen to the radio at least once a week, by background characteristics, Philippines 2003 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Reads a newspaper at least once a week | Watches television at least once a week | Listens to the radio at least once a week | All three media | No media | Number of women |
| Age |  |  |  |  |  |  |
| 15-19 | 49.6 | 86.3 | 83.3 | 43.6 | 5.1 | 2,648 |
| 20-24 | 48.1 | 83.0 | 79.6 | 41.6 | 6.8 | 2,209 |
| 25-29 | 44.3 | 79.7 | 77.4 | 36.6 | 7.0 | 2,034 |
| 30-34 | 42.8 | 79.0 | 75.4 | 34.4 | 8.6 | 1,954 |
| 35-39 | 42.0 | 77.5 | 75.1 | 34.8 | 10.2 | 1,873 |
| 40-44 | 37.7 | 76.4 | 76.3 | 31.3 | 8.5 | 1,564 |
| 45-49 | 34.4 | 75.8 | 74.3 | 28.6 | 9.0 | 1,351 |
| Residence |  |  |  |  |  |  |
| Urban | 55.3 | 91.1 | 81.1 | 48.2 | 3.3 | 7,877 |
| Rural | 27.7 | 65.7 | 73.5 | 21.2 | 13.5 | 5,756 |
| Region |  |  |  |  |  |  |
| National Capital Region | 72.2 | 95.8 | 84.8 | 63.6 | 1.2 | 2,387 |
| Cordillera Admin Region | 46.9 | 67.1 | 75.0 | 33.7 | 11.8 | 216 |
| I - Ilocos | 49.2 | 86.6 | 85.3 | 43.6 | 4.0 | 642 |
| II - Cagayan Valley | 45.0 | 72.4 | 81.0 | 37.2 | 9.4 | 426 |
| III - Central Luzon | 49.1 | 92.1 | 73.0 | 40.8 | 2.8 | 1,459 |
| IVA - CALABARZON | 49.9 | 89.9 | 77.3 | 43.2 | 5.0 | 1,890 |
| IVB - MIMAROPA | 23.1 | 54.7 | 64.3 | 15.1 | 18.3 | 340 |
| $\checkmark$ - Bicol | 31.0 | 75.4 | 82.5 | 25.0 | 7.9 | 713 |
| VI - Western Visayas | 29.3 | 76.6 | 80.3 | 24.7 | 7.8 | 910 |
| VII - Central Visayas | 42.9 | 81.3 | 81.3 | 37.1 | 5.2 | 1,070 |
| VIII - Eastern Visayas | 28.3 | 63.0 | 68.2 | 24.3 | 19.7 | 555 |
| IX - Zamboanga Peninsula | 28.8 | 53.1 | 68.4 | 19.3 | 18.9 | 465 |
| X - Northern Mindanao | 26.0 | 73.4 | 74.4 | 20.4 | 10.5 | 565 |
| XI - Davao | 32.3 | 79.7 | 80.1 | 26.8 | 5.3 | 654 |
| XII - SOCCSKSARGEN | 23.4 | 70.3 | 76.9 | 19.4 | 12.8 | 524 |
| XIII - Caraga | 21.0 | 79.7 | 83.2 | 18.9 | 7.6 | 327 |
| ARMM | 19.4 | 32.8 | 58.7 | 9.7 | 32.6 | 489 |
| Education |  |  |  |  |  |  |
| No education | 0.4 | 27.8 | 48.3 | 0.0 | 43.3 | 186 |
| Elementary | 18.7 | 59.6 | 67.0 | 13.2 | 17.6 | 3,146 |
| High school | 42.2 | 83.8 | 79.4 | 35.3 | 5.4 | 6,109 |
| College or higher | 66.5 | 93.3 | 85.1 | 58.3 | 1.8 | 4,192 |
| Wealth index quintile |  |  |  |  |  |  |
| Lowest | 13.9 | 34.5 | 59.4 | 7.1 | 30.0 | 2,161 |
| Second | 28.2 | 69.3 | 75.8 | 20.5 | 9.2 | 2,412 |
| Middle | 41.6 | 89.2 | 78.1 | 34.5 | 3.7 | 2,682 |
| Fourth | 53.0 | 95.3 | 82.7 | 46.4 | 1.5 | 2,940 |
| Highest | 66.9 | 97.2 | 86.6 | 60.5 | 0.9 | 3,438 |
| Total | 43.7 | 80.4 | 77.9 | 36.8 | 7.6 | 13,633 |

Tables 3.4.1 and 3.4.2 also show that younger, urban, better-educated, and wealthier respondents are more likely to be exposed to mass media than other respondents. There are large variations in the exposure to mass media across regions. While more than 90 percent of women in NCR and in Central Luzon watch television at least once a week, the corresponding proportion in ARMM is only 33 percent. Moreover, 64 percent of women in NCR have access to all three media, while only 10 percent of women in ARMM do. This pattern of regionally disparate access to mass media also holds for men.

Table 3.4.2 Exposure to mass media: men
Percentage of men who usually read a newspaper at least once a week, watch television at least once a week, and listen to the radio at least once a week, by background characteristics, Philippines 2003

| Background characteristic | Reads a newspaper at least once a week | Watches television at least once a week | Listens to the radio at least once a week | All three media | $\begin{gathered} \text { No } \\ \text { media } \end{gathered}$ | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |  |
| 15-19 | 40.4 | 85.8 | 84.3 | 36.0 | 5.5 | 918 |
| 20-24 | 52.3 | 87.5 | 86.7 | 46.1 | 4.1 | 785 |
| 25-29 | 52.1 | 82.9 | 81.7 | 44.9 | 6.1 | 647 |
| 30-34 | 48.0 | 79.3 | 81.9 | 40.9 | 6.5 | 593 |
| 35-39 | 50.1 | 79.8 | 82.4 | 42.4 | 6.2 | 586 |
| 40-44 | 45.9 | 78.4 | 76.5 | 37.9 | 9.9 | 483 |
| 45-49 | 47.0 | 79.4 | 79.6 | 37.9 | 6.0 | 416 |
| 50-54 | 39.7 | 76.0 | 76.6 | 32.2 | 7.5 | 338 |
| Residence |  |  |  |  |  |  |
| Urban | 59.8 | 91.5 | 83.5 | 51.8 | 3.0 | 2,553 |
| Rural | 32.7 | 71.2 | 80.4 | 27.1 | 9.9 | 2,213 |
| Region |  |  |  |  |  |  |
| National Capital Region | 77.4 | 95.5 | 87.1 | 69.2 | 0.7 | 740 |
| Cordillera Admin Region | 46.4 | 73.2 | 76.6 | 36.7 | 11.1 | 72 |
| I- Ilocos | 55.0 | 85.8 | 84.4 | 45.5 | 1.7 | 232 |
| II - Cagayan Valley | 42.8 | 76.8 | 84.9 | 35.1 | 2.9 | 163 |
| III - Central Luzon | 68.1 | 89.3 | 82.0 | 59.4 | 5.4 | 520 |
| IVA - CALABARZON | 41.5 | 90.8 | 76.0 | 31.8 | 4.0 | 652 |
| IVB - MIMAROPA | 28.7 | 69.6 | 68.8 | 23.5 | 12.7 | 119 |
| $\checkmark$ - Bicol | 42.9 | 83.7 | 96.4 | 38.2 | 0.7 | 236 |
| VI - Western Visayas | 36.0 | 79.0 | 83.1 | 30.5 | 6.4 | 322 |
| VII- Central Visayas | 52.2 | 84.6 | 86.2 | 44.7 | 4.7 | 373 |
| VIII - Eastern Visayas | 16.4 | 65.6 | 67.9 | 13.0 | 19.1 | 229 |
| IX - Zamboanga Peninsula | 22.2 | 57.1 | 82.6 | 17.2 | 12.8 | 189 |
| X - Northern Mindanao XI - Davao | 28.1 | 77.6 | 90.9 | 26.3 | 5.9 | 202 |
| XI - Davao ${ }_{\text {XII - SOCCSKSARGEN }}$ | 36.7 30.0 | 78.8 73.3 | 82.4 81.4 | 30.8 24.5 | 2.8 | 212 |
| XIII - Caraga | 34.5 | 87.6 | 88.7 | 33.0 | 4.5 | 125 |
| ARMM | 31.9 | 44.8 | 61.0 | 29.0 | 35.7 | 166 |
| Education |  |  |  |  |  |  |
| No education | 0.0 | 27.5 | 55.3 | 0.0 | 39.6 | 84 |
| Elementary | 23.4 | 64.7 | 75.0 | 17.8 | 12.6 | 1,441 |
| High school | 49.3 | 88.6 | 85.4 | 43.5 | 3.6 | 2,048 |
| College or higher | 75.5 | 95.8 | 86.8 | 65.1 | 0.6 | 1,193 |
| Wealth index quintile |  |  |  |  |  |  |
| Lowest | 19.4 | 45.7 | 70.5 | 14.1 | 21.7 | 884 |
| Second Middle | 35.5 | 76.3 | 80.7 | 28.4 | 6.8 | 937 |
| Middle | 52.1 | 92.5 | 84.7 | 44.2 | 1.8 | 992 |
| Fourth | 57.7 | 95.9 | 85.7 | 51.3 | 1.2 | 957 |
| Highest | 67.9 | 96.4 | 87.5 | 60.5 | 1.0 | 996 |
| Total | 47.2 | 82.1 | 82.1 | 40.4 | 6.2 | 4,766 |

### 3.4 EMPLOYMENT

### 3.4.1 Employment Status

Women and men interviewed in the 2003 NDHS were asked if they were engaged in any economic activity in the 12 months preceding the survey, regardless of whether they were paid or not. Table 3.5.1 shows that more than half of the women interviewed ( 52 percent) were employed in the 12 months preceding the survey. Older women, women who have more living children, those who live in urban areas, and those who fall in the wealthier quintiles are more likely to be engaged in an economic activity. Women who are no longer married are more likely than those who never married and are currently married to be employed in the 12 months preceding the survey. Women with no education and those with college or higher education are more likely to be employed than other women. Women's economic activity varies significantly by region, ranging from 66 percent in Davao to 38 percent in ARMM.

| Percent distribution of women by employment status, according to background characteristics, Philippines 2003 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Employed in the 12 months preceding the survey |  | Not employed in the 12 months preceding the survey |  | Number of women |
| Background characteristic | Currently employed | Not currently employed |  | Total |  |
| Age |  |  |  |  |  |
| 15-19 | 20.4 | 5.5 | 74.2 | 100.0 | 2,648 |
| 20-24 | 39.0 | 10.3 | 50.6 | 100.0 | 2,209 |
| 25-29 | 45.8 | 7.9 | 46.2 | 100.0 | 2,034 |
| 30-34 | 52.2 | 6.2 | 41.6 | 100.0 | 1,954 |
| 35-39 | 56.6 | 4.4 | 39.0 | 100.0 | 1,873 |
| 40-44 | 60.9 | 3.3 | 35.8 | 100.0 | 1,564 |
| 45-49 | 62.1 | 3.7 | 34.2 | 100.0 | 1,351 |
| Marital status |  |  |  |  |  |
| Never married | 37.7 | 6.6 | 55.7 | 100.0 | 4,388 |
| Married/living together | 47.9 | 5.8 | 46.3 | 100.0 | 8,671 |
| Divorced/not living together | 66.8 | 8.6 | 24.6 | 100.0 | 373 |
| Widowed | 74.8 | 5.5 | 19.7 | 100.0 | 201 |
| Number of living children |  |  |  |  |  |
| 0 | 38.6 | 7.7 | 53.7 | 100.0 | 5,012 |
| 1-2 | 45.0 | 6.4 | 48.5 | 100.0 | 3,747 |
| 3-4 | 51.4 | 4.5 | 44.2 | 100.0 | 2,961 |
| 5+ | 55.6 | 4.1 | 40.3 | 100.0 | 1,912 |
| Residence |  |  |  |  |  |
| Urban | 47.2 | 6.2 | 46.7 | 100.0 | 7,877 |
| Rural | 43.3 | 6.1 | 50.6 | 100.0 | 5,756 |
| Region |  |  |  |  |  |
| National Capital Region | 47.9 | 6.5 | 45.6 | 100.0 | 2,387 |
| Cordillera Admin Region | 54.3 | 6.6 | 39.1 | 100.0 | 216 |
| I - Ilocos | 39.5 | 4.3 | 56.2 | 100.0 | 642 |
| II - Cagayan Valley | 40.8 | 4.0 | 55.1 | 100.0 | 426 |
| III - Central Luzon | 37.0 | 6.8 | 56.0 | 100.0 | 1,459 |
| IVA - CALABARZON | 43.5 | 5.5 | 51.0 | 100.0 | 1,890 |
| IVB - MIMAROPA | 38.2 | 6.1 | 55.7 | 100.0 | 340 |
| V - Bicol | 46.9 | 7.8 | 45.3 | 100.0 | 713 |
| VI - Western Visayas | 49.9 | 6.1 | 43.9 | 100.0 | 910 |
| VII - Central Visayas | 48.1 | 6.0 | 45.9 | 100.0 | 1,070 |
| VIII - Eastern Visayas | 46.7 | 6.2 | 47.1 | 100.0 | 555 |
| IX - Zamboanga Peninsula | 43.7 | 1.9 | 54.4 | 100.0 | 465 |
| X - Northern Mindanao | 50.6 | 7.8 | 41.5 | 100.0 | 565 |
| XI - Davao | 55.3 | 11.0 | 33.6 | 100.0 | 654 |
| XII - SOCCSKSARGEN | 51.4 | 5.0 | 43.6 | 100.0 | 524 |
| XIII - Caraga | 50.5 | 8.5 | 41.0 | 100.0 | 327 |
| ARMM | 36.1 | 2.2 | 61.7 | 100.0 | 489 |
| Education |  |  |  |  |  |
| No education | 53.4 | 3.3 | 43.3 | 100.0 | 186 |
| Elementary | 49.6 | 5.5 | 44.9 | 100.0 | 3,146 |
| High school | 37.6 | 6.4 | 56.0 | 100.0 | 6,109 |
| College or higher | 53.7 | 6.4 | 39.9 | 100.0 | 4,192 |
| Wealth index quintile |  |  |  |  |  |
| Lowest | 42.5 | 6.0 | 51.5 | 100.0 | 2,161 |
| Second | 40.7 | 7.7 | 51.6 | 100.0 | 2,412 |
| Middle | 42.0 | 6.6 | 51.4 | 100.0 | 2,682 |
| Fourth | 44.2 | 6.3 | 49.4 | 100.0 | 2,940 |
| Highest | 54.7 | 4.6 | 40.7 | 100.0 | 3,438 |
| Total | 45.5 | 6.1 | 48.3 | 100.0 | 13,633 |

Eight in ten men were employed in the 12 months preceding the survey (Table 3.5.2). Men over the age of 30 , men who have ever been married, those with living children, those in rural areas, and those who fall into the poorer quintiles are more likely to be employed. The data also show that the employment status of men has a negative relationship with their educational attainment: Better-educated men are less likely to be employed. Across regions, the proportions of men employed in the 12 months preceding the survey range from 75 percent in NCR to 90 percent in Cagayan Valley.

| Table 3.5.2 Employment status: men |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of men by employment status, according to background characteristics, Philippines 2003 |  |  |  |  |  |  |
|  | Employed in the 12 months preceding the survey |  | Not employed in the 12 months preceding the survey | Don't know/ missing | Total | Number of men |
| Background characteristic | Currently employed | Not currently employed |  |  |  |  |
| Age |  |  |  |  |  |  |
| 15-19 | 25.8 | 11.5 | 61.8 | 0.8 | 100.0 | 918 |
| 20-24 | 57.5 | 15.8 | 26.0 | 0.7 | 100.0 | 785 |
| 25-29 | 80.9 | 12.1 | 6.9 | 0.1 | 100.0 | 647 |
| 30-34 | 85.5 | 9.1 | 5.4 | 0.0 | 100.0 | 593 |
| 35-39 | 88.8 | 7.6 | 3.6 | 0.0 | 100.0 | 586 |
| 40-44 | 90.5 | 5.7 | 3.9 | 0.0 | 100.0 | 483 |
| 45-49 | 91.3 | 4.8 | 3.9 | 0.0 | 100.0 | 416 |
| 50-54 | 85.6 | 5.5 | 8.7 | 0.2 | 100.0 | 338 |
| Marital status |  |  |  |  |  |  |
| Never married | 42.8 | 13.8 | 42.7 | 0.6 | 100.0 | 1,914 |
| Married/living together | 89.2 | 6.8 | 3.9 | 0.1 | 100.0 | 2,746 |
| Divorced/not living together | 71.5 | 20.7 | 7.7 | 0.0 | 100.0 | 88 |
| Widowed | * | * | * | * | * | 17 |
| Number of living children |  |  |  |  |  |  |
| 0 | 46.8 | 14.0 | 38.5 | 0.6 | 100.0 | 2,154 |
| 1-2 | 87.3 | 8.5 | 4.2 | 0.0 | 100.0 | 1,092 |
| 3-4 | 90.3 | 6.0 | 3.8 | 0.0 | 100.0 | 923 |
| 5+ | 92.3 | 3.9 | 3.7 | 0.0 | 100.0 | 596 |
| Residence |  |  |  |  |  |  |
| Urban | 65.2 | 11.4 | 23.2 | 0.2 | 100.0 | 2,553 |
| Rural | 76.0 | 8.2 | 15.4 | 0.4 | 100.0 | 2,213 |
| Region |  |  |  |  |  |  |
| National Capital Region | 63.1 | 12.1 | 24.8 | 0.0 | 100.0 | 740 |
| Cordillera Admin Region | 67.4 | 13.1 | 18.6 | 0.8 | 100.0 | 72 |
| I - Ilocos | 77.3 | 10.0 | 12.7 | 0.0 | 100.0 | 232 |
| II - Cagayan Valley | 85.1 | 4.6 | 10.3 | 0.0 | 100.0 | 163 |
| III - Central Luzon | 68.7 | 11.9 | 19.4 | 0.0 | 100.0 | 520 |
| IVA - CALABARZON | 64.3 | 12.5 | 22.9 | 0.2 | 100.0 | 652 |
| IVB - MIMAROPA | 77.1 | 8.9 | 14.0 | 0.0 | 100.0 | 119 |
| V-Bicol | 70.8 | 6.1 | 21.2 | 1.9 | 100.0 | 236 |
| VI - Western Visayas | 77.1 | 8.3 | 14.6 | 0.0 | 100.0 | 322 |
| VII - Central Visayas | 66.8 | 10.8 | 21.7 | 0.7 | 100.0 | 373 |
| VIII - Eastern Visayas | 68.3 | 13.7 | 17.6 | 0.4 | 100.0 | 229 |
| IX - Zamboanga Peninsula | 76.7 | 4.1 | 19.2 | 0.0 | 100.0 | 189 |
| X - Northern Mindanao | 70.5 | 11.2 | 18.2 | 0.0 | 100.0 | 202 |
| XI - Davao | 73.6 | 7.3 | 18.4 | 0.7 | 100.0 | 212 |
| XII - SOCCSKSARGEN | 73.8 | 6.6 | 19.6 | 0.0 | 100.0 | 216 |
| XIII - Caraga | 68.9 | 8.5 | 21.2 | 1.4 | 100.0 | 125 |
| ARMM | 81.8 | 3.1 | 14.3 | 0.8 | 100.0 | 166 |
| Education |  |  |  |  |  |  |
| No education | 93.2 | 2.0 | 4.8 | 0.0 | 100.0 | 84 |
| Elementary | 84.3 | 7.6 | 7.8 | 0.3 | 100.0 | 1,441 |
| High school | 61.9 | 11.9 | 25.9 | 0.3 | 100.0 | 2,048 |
| College or higher | 65.9 | 9.9 | 24.0 | 0.3 | 100.0 | 1,193 |
| Wealth index quintile |  |  |  |  |  |  |
| Lowest | 82.3 | 7.6 | 9.8 | 0.3 | 100.0 | 884 |
| Second | 78.1 | 9.3 | 12.1 | 0.4 | 100.0 | 937 |
| Middle | 68.9 | 12.3 | 18.6 | 0.3 | 100.0 | 992 |
| Fourth | 63.8 | 10.8 | 24.8 | 0.6 | 100.0 | 957 |
| Highest | 59.6 | 9.3 | 31.2 | 0.0 | 100.0 | 996 |
| Total | 70.2 | 9.9 | 19.6 | 0.3 | 100.0 | 4,766 |

### 3.4.2 Occupation

The distributions of currently employed women and men by occupation and selected background characteristics are presented in Tables 3.6.1 and 3.6.2, respectively. Eighty-six percent of women and 63 percent of men work in nonagricultural jobs. Residence determined the type of occupation: 96 percent of women and 85 percent of men in urban areas are employed in nonagricultural jobs. Occupation also varies widely by background characteristics: Respondents who are no longer married, those with a larger number of living children, those with less education, and those who fall in the poorest quintiles tend to work in agriculture. Among men who work in agriculture, those in the youngest group are the most likely to work on someone else's land (31 percent).

Women and men in NCR, CALABARZON, and Central Visayas are more likely to be engaged in nonagricultural jobs than those in other regions. Women and men in ARMM are more likely to do agricultural work.

Sales and services and professional, technical, or managerial occupations are the most common jobs for working women in all groups, although those with no education are generally engaged in agriculture, working on their own land or someone else's land. Employed men generally do unskilled manual work or agricultural work on someone else's land.

| Table 3.6.1 Occupation: women |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women employed in the 12 months preceding the survey by occupation, according to background characteristics, Philippines 2003 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Background characteristic | Agricultural |  |  |  |  | Nonagricultural |  |  |  |  |  | Total | Number of women |
|  |  |  |  |  |  | Professional/ technical/ managerial | Clerical | Sales and services | Skilled manual | Unskilled manual | Missing |  |  |
|  | Own land | Family land | Someone else's land | Rented land | Missing |  |  |  |  |  |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 1.4 | 2.4 | 3.8 | 0.4 | 0.2 | 4.9 | 4.6 | 71.4 | 4.8 | 4.6 | 1.4 | 100.0 | 684 |
| 20-24 | 1.9 | 1.2 | 3.1 | 0.4 | 0.5 | 18.6 | 13.4 | 45.6 | 6.4 | 7.0 | 1.9 | 100.0 | 1,090 |
| 25-29 | 3.1 | 1.6 | 4.7 | 0.8 | 0.5 | 26.5 | 14.3 | 35.6 | 7.2 | 4.6 | 1.1 | 100.0 | 1,093 |
| 30-34 | 4.1 | 1.7 | 6.9 | 0.9 | 0.7 | 30.9 | 11.0 | 35.5 | 5.9 | 1.6 | 0.9 | 100.0 | 1,140 |
| 35-39 | 5.1 | 2.5 | 7.0 | 1.1 | 1.0 | 28.3 | 9.0 | 36.8 | 6.7 | 1.9 | 0.6 | 100.0 | 1,142 |
| 40-44 | 5.9 | 2.5 | 8.9 | 1.2 | 0.8 | 28.6 | 8.3 | 33.4 | 7.8 | 1.9 | 0.7 | 100.0 | 1,004 |
| 45-49 | 6.7 | 2.1 | 9.9 | 1.1 | 0.8 | 28.2 | 5.4 | 37.6 | 6.0 | 1.0 | 1.3 | 100.0 | 889 |
| Marital status |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Never married | 1.1 | 0.9 | 2.3 | 0.1 | 0.2 | 18.9 | 12.6 | 51.4 | 6.0 | 5.4 | 1.1 | 100.0 | 1,944 |
| Married/living together | 5.4 | 2.3 | 8.1 | 1.2 | 0.9 | 27.3 | 8.8 | 36.0 | 6.5 | 2.4 | 1.0 | 100.0 | 4,656 |
| Divorced/not living together | 2.4 | 1.9 | 4.2 | 0.0 | 0.3 | 25.1 | 9.0 | 44.6 | 7.8 | 2.2 | 2.4 | 100.0 | 281 |
| Widowed | 6.5 | 3.6 | 10.0 | 0.0 | 0.5 | 19.9 | 8.4 | 40.9 | 8.3 | 1.1 | 0.8 | 100.0 | 162 |
| Number of living children |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 0 | 1.4 | 1.0 | 2.4 | 0.3 | 0.3 | 21.1 | 12.2 | 48.1 | 6.5 | 5.4 | 1.2 | 100.0 | 2,320 |
| 1-2 | 3.5 | 1.4 | 4.7 | 0.7 | 0.4 | 31.7 | 13.0 | 33.5 | 6.5 | 3.3 | 1.2 | 100.0 | 1,927 |
| 3-4 | 4.7 | 2.9 | 7.8 | 1.0 | 0.9 | 28.4 | 7.6 | 38.7 | 5.5 | 1.5 | 0.9 | 100.0 | 1,653 |
| 5+ | 9.7 | 3.4 | 15.1 | 2.1 | 1.3 | 14.9 | 3.0 | 41.1 | 7.9 | 0.9 | 0.8 | 100.0 | 1,142 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 1.1 | 0.4 | 1.6 | 0.2 | 0.4 | 27.5 | 12.3 | 44.4 | 6.7 | 4.2 | 1.1 | 100.0 | 4,201 |
| Rural | 8.5 | 4.2 | 13.4 | 1.8 | 1.0 | 20.6 | 6.2 | 35.3 | 6.2 | 1.7 | 1.0 | 100.0 | 2,842 |
| Region |  |  |  |  |  |  |  |  |  |  |  |  |  |
| National Capital Region | 0.2 | 0.0 | 0.1 | 0.0 | 0.1 | 26.2 | 15.8 | 47.2 | 5.5 | 2.7 | 2.2 | 100.0 | 1,298 |
| Cordillera Admin Region | 16.2 | 3.8 | 11.4 | 3.4 | 0.3 | 25.3 | 9.3 | 28.3 | 1.0 | 0.7 | 0.3 | 100.0 | 131 |
| I - Ilocos | 5.3 | 1.8 | 13.4 | 0.7 | 1.1 | 19.3 | 3.9 | 46.6 | 4.3 | 2.8 | 0.7 | 100.0 | 281 |
| II - Cagayan Valley | 11.1 | 2.5 | 21.5 | 1.7 | 1.3 | 34.3 | 6.8 | 20.0 | 0.0 | 0.0 | 0.8 | 100.0 | 191 |
| III - Central Luzon | 1.2 | 1.2 | 4.7 | 0.2 | 2.3 | 24.8 | 8.4 | 43.7 | 9.8 | 3.1 | 0.6 | 100.0 | 639 |
| IVA - CALABARZON | 0.7 | 0.2 | 2.3 | 0.1 | 0.4 | 28.7 | 12.2 | 32.2 | 13.3 | 9.3 | 0.6 | 100.0 | 926 |
| IVB - MIMAROPA | 7.7 | 2.9 | 8.3 | 0.5 | 0.0 | 19.7 | 9.7 | 43.4 | 5.2 | 1.0 | 1.6 | 100.0 | 150 |
| V - Bicol | 2.3 | 2.3 | 4.2 | 1.5 | 1.5 | 19.4 | 9.2 | 50.1 | 7.7 | 1.8 | 0.0 | 100.0 | 391 |
| VI - Western Visayas | 5.6 | 1.4 | 12.0 | 0.7 | 0.0 | 17.5 | 8.8 | 44.7 | 6.9 | 2.3 | 0.2 | 100.0 | 510 |
| VII - Central Visayas | 1.8 | 1.6 | 4.3 | 0.6 | 0.4 | 18.8 | 7.9 | 50.4 | 9.3 | 4.7 | 0.2 | 100.0 | 579 |
| VIII - Eastern Visayas | 4.6 | 2.7 | 7.9 | 0.3 | 0.0 | 27.5 | 6.7 | 42.1 | 7.3 | 0.6 | 0.3 | 100.0 | 294 |
| IX - Zamboanga Peninsula | 11.2 | 10.2 | 9.8 | 1.6 | 2.2 | 29.5 | 6.1 | 19.3 | 0.4 | 1.8 | 7.8 | 100.0 | 212 |
| X - Northern Mindanao | 5.6 | 5.1 | 7.5 | 0.8 | 0.3 | 29.7 | 6.5 | 42.8 | 0.8 | 0.8 | 0.0 | 100.0 | 331 |
| XI - Davao | 6.0 | 2.2 | 6.3 | 0.6 | 0.6 | 24.4 | 11.2 | 42.1 | 4.2 | 1.9 | 0.4 | 100.0 | 434 |
| XII - SOCCSKSARGEN | 7.8 | 5.0 | 11.8 | 5.7 | 0.4 | 23.7 | 5.8 | 33.5 | 2.9 | 2.5 | 0.8 | 100.0 | 296 |
| XIII - Caraga | 8.4 | 3.4 | 9.3 | 1.8 | 0.3 | 27.0 | 7.9 | 35.3 | 3.7 | 2.2 | 0.6 | 100.0 | 193 |
| ARMM | 18.0 | 4.1 | 20.3 | 2.3 | 0.8 | 26.8 | 4.7 | 19.5 | 0.0 | 0.0 | 3.6 | 100.0 | 187 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 27.9 | 4.5 | 26.0 | 4.8 | 0.0 | 9.8 | 0.7 | 22.6 | 2.7 | 1.1 | 0.0 | 100.0 | 106 |
| Elementary | 9.0 | 3.8 | 15.5 | 1.7 | 1.4 | 9.5 | 1.6 | 47.8 | 7.0 | 1.7 | 1.1 | 100.0 | 1,734 |
| High school | 3.0 | 2.1 | 4.9 | 0.8 | 0.7 | 14.9 | 5.0 | 53.7 | 9.5 | 4.5 | 0.8 | 100.0 | 2,685 |
| College or higher | 0.9 | 0.4 | 0.8 | 0.2 | 0.1 | 46.2 | 21.1 | 22.8 | 3.1 | 3.0 | 1.4 | 100.0 | 2,518 |
| Wealth index quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 15.3 | 8.0 | 22.1 | 2.2 | 0.7 | 8.0 | 2.0 | 32.8 | 6.3 | 1.3 | 1.3 | 100.0 | 1,049 |
| Second | 5.8 | 2.0 | 11.5 | 1.9 | 0.9 | 14.2 | 4.4 | 46.8 | 7.9 | 3.7 | 1.0 | 100.0 | 1,166 |
| Middle | 2.7 | 1.6 | 4.0 | 0.9 | 1.1 | 20.7 | 9.8 | 43.9 | 9.1 | 5.4 | 0.9 | 100.0 | 1,304 |
| Fourth | 1.4 | 0.7 | 1.9 | 0.1 | 0.5 | 28.7 | 13.9 | 40.1 | 8.0 | 4.0 | 0.7 | 100.0 | 1,485 |
| Highest | 0.3 | 0.0 | 0.1 | 0.0 | 0.3 | 39.0 | 14.1 | 39.9 | 3.0 | 1.9 | 1.5 | 100.0 | 2,039 |
| Total | 4.1 | 2.0 | 6.4 | 0.9 | 0.6 | 24.7 | 9.8 | 40.7 | 6.5 | 3.2 | 1.1 | 100.0 | 7,043 |

Table 3.6.2 Occupation: men
Percent distribution of men employed in the 12 months preceding the survey by occupation, according to background characteristics, Philippines 2003

| Background characteristic |  |  |  |  |  | Non-agricultural |  |  |  |  |  | Total | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Agricultural |  |  |  |  | Professional/ technical/ managerial | Clerical | Sales and services | Skilled manual | Unskilled manual | Missing |  |  |
|  | Own land | Family land | Someone else's land | Rented land | Missing |  |  |  |  |  |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 3.8 | 7.9 | 30.9 | 2.3 | 1.3 | 1.8 | 1.0 | 21.4 | 10.4 | 13.5 | 5.6 | 100.0 | 343 |
| 20-24 | 5.2 | 5.1 | 16.3 | 2.7 | 3.4 | 6.7 | 3.6 | 19.5 | 13.0 | 23.0 | 1.5 | 100.0 | 575 |
| 25-29 | 5.1 | 4.5 | 15.8 | 3.9 | 1.4 | 10.3 | 2.7 | 18.1 | 12.2 | 25.1 | 1.0 | 100.0 | 602 |
| 30-34 | 10.2 | 7.1 | 14.1 | 3.4 | 2.9 | 12.0 | 1.1 | 15.1 | 11.6 | 21.7 | 0.9 | 100.0 | 561 |
| 35-39 | 9.5 | 3.1 | 14.8 | 4.8 | 2.2 | 12.5 | 2.3 | 12.3 | 13.8 | 23.4 | 1.3 | 100.0 | 565 |
| 40-44 | 9.1 | 4.9 | 16.8 | 3.7 | 0.6 | 13.0 | 1.8 | 14.7 | 11.7 | 22.6 | 0.9 | 100.0 | 464 |
| 45-49 | 10.4 | 3.6 | 19.7 | 3.8 | 1.7 | 14.1 | 2.5 | 11.2 | 13.6 | 18.8 | 0.7 | 100.0 | 400 |
| 50-54 | 14.4 | 5.2 | 18.3 | 4.7 | 2.8 | 13.0 | 2.0 | 13.3 | 12.1 | 13.0 | 1.0 | 100.0 | 308 |
| Marital status |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Never married | 5.7 | 5.5 | 19.9 | 3.3 | 2.4 | 8.0 | 2.9 | 20.5 | 10.7 | 18.5 | 2.5 | 100.0 | 1,084 |
| Married/living together | 9.2 | 4.8 | 16.5 | 3.8 | 1.9 | 11.7 | 1.9 | 13.7 | 12.9 | 22.4 | 1.1 | 100.0 | 2,636 |
| Divorced/not living together | 7.8 | 8.7 | 19.2 | 4.8 | 2.8 | 4.1 | 2.5 | 19.8 | 18.7 | 11.5 | 0.0 | 100.0 | 81 17 |

## Number of living children

1
0
$1-2$
$3-4$
$5+$

| 6.1 | 5.7 | 19.2 | 3.5 | 2.1 | 7.8 | 2.7 | 19.9 | 11.2 | 19.5 | 2.3 | 100.0 | 1,310 |
| ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| 7.0 | 4.9 | 13.5 | 2.9 | 1.6 | 13.2 | 2.7 | 16.3 | 12.0 | 24.5 | 1.4 | 100.0 | 1,046 |
| 10.6 | 3.8 | 15.4 | 3.4 | 2.1 | 13.4 | 1.7 | 12.9 | 13.5 | 22.1 | 1.0 | 100.0 | 888 |
| 11.4 | 6.1 | 24.5 | 5.9 | 2.9 | 7.2 | 1.0 | 9.8 | 14.2 | 16.6 | 0.5 | 100.0 | 574 |

Residence
Urban
Rural

| 3.0 | 1.3 | 7.1 |
| ---: | ---: | ---: |
| 13.6 | 9.1 | 28.5 |

Region

| National Capital Region | 0.6 | 0.3 | 1.5 | 0.0 | 0.3 | 20.0 | 3.4 | 27.9 | 15.3 | 28.6 | 2.1 | 100.0 | 556 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cordillera Admin Region | 15.5 | 5.9 | 19.0 | 4.0 | 0.8 | 14.5 | 1.5 | 10.6 | 11.6 | 16.7 | 0.0 | 100.0 | 58 |
| I - Ilocos | 13.7 | 2.1 | 18.0 | 13.3 | 2.5 | 8.4 | 2.0 | 6.5 | 15.2 | 16.9 | 1.5 | 100.0 | 202 |
| II - Cagayan Valley | 24.2 | 8.0 | 28.9 | 0.5 | 1.1 | 6.9 | 0.6 | 7.3 | 8.4 | 14.2 | 0.0 | 100.0 | 146 |
| III - Central Luzon | 6.4 | 1.6 | 9.9 | 7.6 | 3.0 | 7.7 | 2.3 | 13.0 | 15.1 | 31.4 | 1.9 | 100.0 | 419 |
| IVA - CALABARZON | 2.7 | 1.9 | 11.4 | 0.0 | 0.8 | 11.3 | 3.0 | 19.0 | 16.5 | 31.8 | 1.4 | 100.0 | 501 |
| IVB - MIMAROPA | 19.9 | 6.2 | 36.6 | 4.1 | 1.4 | 4.1 | 3.4 | 7.1 | 8.3 | 8.9 | 0.0 | 100.0 | 102 |
| $\checkmark$ - Bicol | 9.1 | 5.4 | 17.4 | 4.4 | 14.3 | 7.4 | 1.1 | 17.0 | 6.7 | 16.9 | 0.3 | 100.0 | 182 |
| VI - Western Visayas | 7.5 | 5.1 | 33.5 | 3.4 | 0.9 | 7.1 | 1.6 | 13.5 | 10.9 | 16.0 | 0.4 | 100.0 | 275 |
| VII - Central Visayas | 4.5 | 4.5 | 12.0 | 4.5 | 2.0 | 8.4 | 1.9 | 20.3 | 16.3 | 24.9 | 0.8 | 100.0 | 289 |
| VIII - Eastern Visayas | 15.3 | 11.4 | 34.4 | 2.3 | 0.0 | 4.5 | 1.3 | 14.5 | 9.0 | 7.3 | 0.0 | 100.0 | 188 |
| IX - Zamboanga Peninsula | 14.6 | 12.5 | 19.0 | 7.3 | 1.1 | 16.9 | 1.7 | 5.6 | 5.1 | 9.6 | 6.6 | 100.0 | 153 |
| X - Northern Mindanao | 4.3 | 11.0 | 25.7 | 2.2 | 2.2 | 8.0 | 1.6 | 19.8 | 13.3 | 11.8 | 0.0 | 100.0 | 165 |
| XI - Davao | 5.9 | 10.2 | 24.8 | 1.2 | 2.0 | 9.6 | 2.2 | 16.3 | 7.3 | 20.1 | 0.5 | 100.0 | 172 |
| XII - SOCCSKSARGEN | 7.4 | 7.3 | 24.4 | 7.3 | 3.9 | 9.0 | 2.0 | 11.6 | 11.1 | 15.4 | 0.5 | 100.0 | 174 |
| XIII - Caraga | 11.1 | 10.5 | 12.2 | 7.0 | 0.0 | 7.9 | 4.0 | 12.4 | 13.7 | 19.8 | 1.2 | 100.0 | 97 |
| ARMM | 24.7 | 10.5 | 32.5 | 2.6 | 1.5 | 11.9 | 0.0 | 4.0 | 1.7 | 3.7 | 7.1 | 100.0 | 141 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 20.5 | 4.2 | 51.0 | 4.0 | 1.5 | 3.9 | 0.0 | 4.6 | 5.5 | 4.3 | 0.4 | 100.0 | 80 |
| Elementary | 11.4 | 8.6 | 30.2 | 6.3 | 3.3 | 1.9 | 0.4 | 10.6 | 9.9 | 16.2 | 1.0 | 100.0 | 1,324 |
| High school | 7.0 | 3.6 | 13.8 | 2.8 | 1.7 | 5.6 | 1.6 | 18.8 | 16.2 | 27.1 | 1.7 | 100.0 | 1,511 |
| College or higher | 4.5 | 2.4 | 2.3 | 1.2 | 0.9 | 31.8 | 6.0 | 19.3 | 10.2 | 19.4 | 2.0 | 100.0 | 904 |

Wealth index quintile

| Lowest | 15.9 | 10.8 | 40.7 | 4.6 | 4.1 | 2.7 | 0.3 | 6.7 | 6.2 | 7.1 | 0.9 | 100.0 | 795 |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Second | 8.8 | 6.6 | 24.6 | 6.4 | 2.2 | 3.6 | 0.5 | 12.4 | 13.6 | 19.8 | 1.5 | 100.0 | 820 |
| Middle | 6.9 | 3.9 | 10.9 | 3.8 | 2.0 | 6.2 | 2.9 | 18.4 | 17.3 | 26.4 | 1.1 | 100.0 | 805 |
| Fourth | 5.4 | 2.1 | 6.9 | 2.4 | 1.6 | 11.7 | 3.1 | 21.0 | 14.1 | 29.8 | 2.0 | 100.0 | 713 |
| Highest | 3.0 | 1.2 | 1.2 | 0.4 | 0.0 | 31.7 | 4.7 | 21.9 | 10.6 | 23.4 | 2.1 | 100.0 | 686 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Total | 8.2 | 5.1 | 17.6 | 3.7 | 2.1 | 10.5 | 2.2 | 15.8 | 12.4 | 21.0 | 1.5 | 100.0 | 3,819 |

Note: An sterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

### 3.5 Characteristics of Women's Employment

Table 3.7 presents the percent distribution of women who were employed in the 12 months preceding the survey by type of earnings, type of employer, and whether they work all year or not, according to agricultural and nonagricultural occupations. Overall, 72 percent of women receive cash payment. This proportion varies by the type of occupation: While 75 percent of women working in nonagricultural jobs are paid in cash, the corresponding proportion for women in agricultural occupations is 29 percent. Whereas 37 percent of women who work in agriculture receive no payment, only 12 percent of women who work in the nonagricultural sector receive no payment.

| Table 3.7 Type of employment: women |  |  |  |
| :---: | :---: | :---: | :---: |
| Percent distribution of women employed in the 12 months preceding the survey by type of earnings, type of employer, and continuity of employment, according to type of employment (agricultural or nonagricultural), Philippines 2003 |  |  |  |
| Employment characteristic | Agricultural work | Nonagricultural work | Total |
| Type of earnings |  |  |  |
| Cash only | 29.0 | 74.8 | 71.5 |
| Cash and in-kind | 25.5 | 12.0 | 13.0 |
| In-kind only | 8.2 | 1.0 | 1.6 |
| Not paid | 37.1 | 12.1 | 13.9 |
| Missing | 0.2 | 0.0 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 |
| Type of employer |  |  |  |
| Employed by family member | 46.9 | 15.3 | 17.6 |
| Employed by nonfamily membe | er 31.8 | 58.4 | 56.5 |
| Self-employed | 20.5 | 26.2 | 25.7 |
| Missing | 0.7 | 0.1 | 0.2 |
| Total | 100.0 | 100.0 | 100.0 |
| Continuity of employment |  |  |  |
| All year | 55.5 | 65.6 | 64.8 |
| Seasonal | 39.2 | 26.1 | 27.1 |
| Occasional | 5.1 | 8.2 | 7.9 |
| Missing | 0.2 | 0.1 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 |
| Number of women | 510 | 6,456 | 7,043 |
| Note: Total includes women with missing information on type of employment who are not shown separately. |  |  |  |

Overall, 18 percent of women are employed by a family member, 57 percent are employed by a nonfamily member, and 26 percent are self-employed. Women who work in agriculture are much more likely to be employed by a family member than those who are employed in nonagricultural jobs. For example, whereas 47 percent of women working in the agricultural sector are employed by a family member, the corresponding proportion for women in nonagricultural jobs is 15 percent. Women who work in the nonagricultural sector are more likely to be self-employed than those in agriculture ( 26 and 20 percent, respectively).

Regardless of the type of occupation, the majority of women work all year long ( 56 percent in agriculture and 66 percent in nonagriculture).

### 3.6 Control over Women's Earnings and Contribution of Women's Earnings to Household Expenditures

In the 2003 NDHS, employed women who earn cash for their work were asked about the primary decisionmaker with regard to the use of their earnings. This information allows the assessment of women's control over their own earnings. In addition, they were asked about the proportion of household expenditures met by their earnings. This information allows an evaluation of the relative importance of women's earnings in the household economy, which may have bearing on women's empowerment. Employment and earnings are expected to empower women if they perceive their earnings as important for meeting the needs of their households.

Table 3.8 and Figure 3.1 show how respondent's degree of control over the use of their earnings and the extent to which the earnings of women meet household expenditures vary by background characteristics. Seven in ten women report that they alone decide how their earnings are to be spent, and 23 percent decide jointly with someone else. Five percent of women report that someone else makes the decision on how their earnings are used.

Table 3.8 also shows that the respondent's degree of control over the use of their earnings varies by background characteristics. Women who are married tend to make decisions jointly, while women who are not married (either never married or no longer married) are significantly more likely than women who are married to decide alone how their earnings are used ( 90 percent or higher and 60 percent, respectively). In general, younger women, women with no children, those who live in urban areas, those with high school education, and those in wealthier quintiles are more likely than other women to make household decisions on their own.

The proportion of women who decide how their earnings are used varies across regions: While 80 percent or more of women in NCR, Western Visayas, and Davao say that they themselves decide how their earnings are used, the corresponding proportion in ARMM is only 36 percent.

When asked about the proportion of household expenditures that are met by their earnings, 24 percent of women reported that their earnings support all of the household expenditures, and 45 percent reported that their earnings support half or more (Figure 3.2). Across subgroups, the data show that older women; those who are widowed, separated, or divorced; rural women; and those who are less educated are more likely to meet all of their household's expenditures (Table 3.8).

The proportion of household expenditures that are met by the women's earnings varies widely across regions. While 40 percent of women in Central Luzon and Caraga support all of the household expenditures, the corresponding proportion in SOCCSKSARGEN is less than 10 percent.

The proportion of women who reported that they are responsible for all the household expenditures decreases with increasing wealth status. While 34 percent of women in the poorest households support all of the household expenses, only 15 percent of women in the wealthiest households do.

Table 3.8 Decision on use of earnings and contribution of earnings to household expenditures
Percent distribution of women employed in the 12 months preceding the survey receiving cash earnings by person who decides how earnings are to be used and by proportion of household expenditures met by earnings, according to background characteristics, Philippines 2003

| Background characteristic | Person who decides how earnings are used |  |  |  | Proportion of household expenditures met by earnings |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Self only | Jointly ${ }^{1}$ | Someone else only ${ }^{2}$ | Total | Almost none/ none | Less <br> than half | Over half | All | Total | Number of women |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 80.4 | 9.1 | 10.6 | 100.0 | 22.3 | 23.4 | 48.6 | 5.7 | 100.0 | 616 |
| 20-24 | 80.2 | 15.2 | 4.6 | 100.0 | 19.0 | 26.7 | 45.0 | 9.2 | 100.0 | 1,002 |
| 25-29 | 72.6 | 22.9 | 4.5 | 100.0 | 9.4 | 27.2 | 46.2 | 17.2 | 100.0 | 949 |
| 30-34 | 64.6 | 29.8 | 5.3 | 100.0 | 7.0 | 16.8 | 46.6 | 29.4 | 100.0 | 941 |
| 35-39 | 68.6 | 26.0 | 5.2 | 100.0 | 6.8 | 18.1 | 45.1 | 29.9 | 100.0 | 941 |
| 40-44 | 68.5 | 27.9 | 3.4 | 100.0 | 5.9 | 14.7 | 41.4 | 37.7 | 100.0 | 792 |
| 45-49 | 68.8 | 25.6 | 5.1 | 100.0 | 5.6 | 15.6 | 43.0 | 35.3 | 100.0 | 711 |
| Marital status |  |  |  |  |  |  |  |  |  |  |
| Never married | 89.9 | 4.7 | 5.3 | 100.0 | 19.5 | 28.3 | 46.6 | 5.6 | 100.0 | 1,811 |
| Married/living together | 60.4 | 33.6 | 5.8 | 100.0 | 6.8 | 17.7 | 45.3 | 30.0 | 100.0 | 3,763 |
| Divorced/not living together | 97.7 | 0.8 | 1.2 | 100.0 | 6.2 | 16.9 | 36.1 | 40.7 | 100.0 | 242 |
| Widowed | 99.4 | 0.6 | 0.0 | 100.0 | 5.9 | 5.8 | 37.7 | 50.6 | 100.0 | 136 |
| Number of living children |  |  |  |  |  |  |  |  |  |  |
| 0 | 85.1 | 9.2 | 5.7 | 100.0 | 17.9 | 27.3 | 47.4 | 7.3 | 100.0 | 2,140 |
| 1-2 | 65.5 | 29.3 | 5.1 | 100.0 | 8.3 | 18.9 | 48.2 | 24.6 | 100.0 | 1,657 |
| 3-4 | 64.5 | 30.1 | 5.1 | 100.0 | 5.6 | 15.9 | 42.4 | 35.9 | 100.0 | 1,307 |
| $5+$ | 61.8 | 32.8 | 5.0 | 100.0 | 4.7 | 14.3 | 37.6 | 43.1 | 100.0 | 847 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 75.3 | 19.2 | 5.3 | 100.0 | 11.9 | 21.8 | 45.4 | 20.6 | 100.0 | 3,800 |
| Rural | 65.6 | 29.0 | 5.3 | 100.0 | 8.4 | 18.5 | 44.6 | 28.5 | 100.0 | 2,152 |
| Region |  |  |  |  |  |  |  |  |  |  |
| National Capital Region | 80.1 | 14.5 | 5.2 | 100.0 | 16.5 | 28.4 | 42.8 | 12.3 | 100.0 | 1,256 |
| Cordillera Admin Region | 69.5 | 20.6 | 9.9 | 100.0 | 9.9 | 19.7 | 46.0 | 24.4 | 100.0 | 85 |
| I - Ilocos | 70.7 | 22.7 | 6.5 | 100.0 | 7.7 | 13.9 | 43.5 | 35.0 | 100.0 | 248 |
| II - Cagayan Valley | 56.9 | 36.6 | 6.5 | 100.0 | 6.0 | 15.1 | 47.4 | 31.5 | 100.0 | 177 |
| III - Central Luzon | 66.7 | 28.1 | 4.9 | 100.0 | 6.3 | 15.2 | 38.7 | 39.6 | 100.0 | 597 |
| IVA - CALABARZON | 69.3 | 25.8 | 4.9 | 100.0 | 10.8 | 17.5 | 42.9 | 28.8 | 100.0 | 847 |
| IVB - MIMAROPA | 64.2 | 30.9 | 5.0 | 100.0 | 14.0 | 17.0 | 33.0 | 35.3 | 100.0 | 114 |
| $\checkmark$ - Bicol | 77.9 | 17.6 | 4.6 | 100.0 | 8.8 | 16.1 | 46.4 | 28.6 | 100.0 | 301 |
| VI - Western Visayas | 80.0 | 12.3 | 7.7 | 100.0 | 6.0 | 33.3 | 43.2 | 17.4 | 100.0 | 464 |
| VII - Central Visayas | 77.1 | 17.3 | 5.6 | 100.0 | 7.2 | 14.0 | 55.6 | 23.2 | 100.0 | 399 |
| VIII - Eastern Visayas | 74.8 | 19.7 | 5.5 | 100.0 | 6.0 | 16.9 | 52.0 | 25.1 | 100.0 | 188 |
| IX - Zamboanga Peninsula | 76.8 | 20.2 | 3.0 | 100.0 | 12.4 | 9.7 | 52.8 | 25.1 | 100.0 | 147 |
| X - Northern Mindanao | 68.5 | 26.9 | 3.7 | 100.0 | 21.0 | 25.2 | 40.7 | 12.2 | 100.0 | 296 |
| XI- Davao | 81.7 | 15.3 | 3.0 | 100.0 | 11.8 | 18.3 | 50.6 | 19.3 | 100.0 | 246 |
| XII - SOCCSKSARGEN | 55.3 | 38.2 | 6.6 | 100.0 | 5.9 | 23.3 | 62.0 | 8.9 | 100.0 | 250 |
| XIII -Caraga | 61.6 | 33.0 | 3.3 | 100.0 | 8.9 | 16.9 | 32.2 | 39.9 | 100.0 | 169 |
| ARMM | 36.3 | 57.2 | 6.5 | 100.0 | 5.6 | 13.0 | 55.4 | 26.1 | 100.0 | 169 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 49.6 | 42.4 | 7.0 | 100.0 | 4.9 | 7.9 | 51.0 | 35.3 | 100.0 | 79 |
| Elementary | 67.1 | 25.9 | 6.7 | 100.0 | 8.5 | 14.4 | 42.4 | 34.4 | 100.0 | 1,295 |
| High school | 73.4 | 21.0 | 5.6 | 100.0 | 11.4 | 20.5 | 44.8 | 23.2 | 100.0 | 2,289 |
| College or higher | 73.6 | 22.1 | 4.2 | 100.0 | 11.3 | 24.6 | 46.8 | 17.2 | 100.0 | 2,289 |
| Wealth index quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 60.9 | 33.3 | 5.7 | 100.0 | 5.5 | 15.9 | 44.4 | 34.1 | 100.0 | 720 |
| Second | 68.0 | 25.5 | 6.3 | 100.0 | 7.0 | 18.2 | 44.8 | 29.7 | 100.0 | 954 |
| Middle | 70.5 | 23.0 | 6.3 | 100.0 | 9.4 | 19.4 | 42.2 | 28.8 | 100.0 | 1,091 |
| Fourth | 71.4 | 22.4 | 6.0 | 100.0 | 10.6 | 20.8 | 46.7 | 21.6 | 100.0 | 1,302 |
| Highest | 78.9 | 17.4 | 3.6 | 100.0 | 15.2 | 24.2 | 46.1 | 14.5 | 100.0 | 1,886 |
| Total | 71.8 | 22.7 | 5.3 | 100.0 | 10.6 | 20.6 | 45.1 | 23.5 | 100.0 | 5,952 |

[^0]Figure 3.1 Decisionmaker on How Women's Earnings Are Used

${ }^{1}$ Includes husband
${ }^{2}$ With husband or someone else
NDHS 2003

Figure 3.2 Proportion of Household Expenditures Met by Women's Earnings


Table 3.9 shows the percent distribution of women by the decisionmaker in how the women's earnings are used and the proportion of household expenditures that are met by their earnings. The data are presented to gauge whether women's contribution to household expenditures empower them in making decisions on how to use their income. Figures in the table show that women's contribution to household expenditures has no association with who makes the decision on how their income is used. While 63 percent of married women whose earnings support all of the household expenses make the decision alone, the corresponding proportion of women who make no contribution to household expenditures is 69 percent.

The absence of association between women's contribution to household expenditures and who makes the decision on how their income is used is also true for nonmarried women. While 93 percent of women whose earnings support all of the household expenses make the decision alone, the corresponding proportion of women who make no contribution to household expenditures is 96 percent.

## Table 3.9 Women's control over earnings

Percent distribution of women who received cash earnings for work in the 12 months preceding the survey, by person who decides how earnings are used, according to marital status, and the proportion of household expenditures met by earnings, Philippines 2003

| Contribution to household expenditures | Currently married or living together |  |  |  |  |  |  | Not married ${ }^{1}$ |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Self only | Jointly with husband | Jointly with someone else ${ }^{2}$ | Husband only | Someone else only ${ }^{3}$ | Total | Number of women | Self only | Jointly with someone else | Someone else only | Total | Number of women |
| Almost none/none | 68.9 | 24.7 | 1.6 | 3.6 | 1.1 | 100.0 | 257 | 95.6 | 1.7 | 2.4 | 100.0 | 377 |
| Less than half | 66.4 | 26.8 | 0.0 | 6.5 | 0.2 | 100.0 | 666 | 93.1 | 2.9 | 4.1 | 100.0 | 561 |
| Half or more | 55.7 | 37.5 | 0.5 | 6.1 | 0.2 | 100.0 | 1,704 | 88.5 | 5.7 | 5.8 | 100.0 | 982 |
| All | 62.5 | 32.3 | 0.5 | 4.7 | 0.0 | 100.0 | 1,129 | 92.6 | 3.5 | 4.0 | 100.0 | 268 |
| Total | 60.4 | 33.1 | 0.5 | 5.6 | 0.2 | 100.0 | 3,763 | 91.4 | 4.0 | 4.5 | 100.0 | 2,189 |

Note: Total includes women with missing information on contribution to household expenditures
${ }^{1}$ Never married, divorced, separated or widowed women
${ }^{2}$ With husband or someone else
${ }^{3}$ Includes husband

### 3.7 WOMEN's EMPOWERMENT

### 3.7.1 Women's Participation in Decisionmaking

To assess women's decisionmaking autonomy, the 2003 NDHS collects information on women's participation in five different types of decisions: on the respondent's own health care, on making large household purchases, on making household purchases for daily needs, on visits to family or relatives, and on what food should be cooked each day. Table 3.10 shows the percent distribution of women according to who in the household usually has the final say on each one of specified decisions, by background characteristics.

In general, the majority of women ( 60 percent or higher), alone or jointly, have a say in at least one of the five specified areas of decisionmaking. The proportions range from 88 percent for decisions regarding their own health care to 60 percent for making large purchases.

| Percentage of women who say that they alone or jointly have the final say in specific decisions, by background characteristics, Philippines 2003 |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Alone or jointly have final say in |  |  |  |  |  |  |  |
| Background characteristic | Own health care | Making large purchases | Making daily purchases | Visits to family or relatives | What food to cook each day | All specified decisions | None of the specified decisions | Number of women |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 67.0 | 15.9 | 18.5 | 33.3 | 22.3 | 11.3 | 26.3 | 2,648 |
| 20-24 | 86.0 | 45.2 | 50.3 | 63.7 | 53.6 | 33.2 | 7.5 | 2,209 |
| 25-29 | 92.4 | 66.8 | 74.8 | 79.7 | 76.5 | 54.5 | 2.4 | 2,034 |
| 30-34 | 94.9 | 75.0 | 83.5 | 83.6 | 85.6 | 62.8 | 1.3 | 1,954 |
| 35-39 | 94.8 | 81.2 | 88.6 | 87.7 | 90.7 | 70.0 | 1.0 | 1,873 |
| 40-44 | 95.9 | 84.1 | 90.8 | 90.4 | 90.8 | 74.0 | 0.7 | 1,564 |
| 45-49 | 94.3 | 81.1 | 88.9 | 89.5 | 92.1 | 71.7 | 1.1 | 1,351 |
| Marital status |  |  |  |  |  |  |  |  |
| Never married | 74.3 | 22.0 | 23.7 | 40.3 | 26.3 | 14.7 | 19.9 | 4,388 |
| Married/living together | 94.1 | 78.0 | 86.9 | 87.0 | 89.3 | 66.5 | 1.1 | 8,671 |
| Divorced/not living together | 93.2 | 73.9 | 74.9 | 83.1 | 75.6 | 62.6 | 3.8 | 373 |
| Widowed | 96.4 | 85.8 | 90.3 | 92.8 | 89.4 | 82.0 | 1.4 | 201 |
| Number of living children |  |  |  |  |  |  |  |  |
| 0 | 76.5 | 28.5 | 31.1 | 45.9 | 33.3 | 20.3 | 17.5 | 5,012 |
| 1-2 | 93.6 | 74.7 | 82.9 | 85.2 | 84.6 | 62.6 | 1.9 | 3,747 |
| 3-4 | 94.9 | 80.1 | 89.9 | 88.5 | 92.0 | 69.8 | 0.7 | 2,961 |
| $5+$ | 94.5 | 82.5 | 89.5 | 88.5 | 94.0 | 72.1 | 0.6 | 1,912 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 88.2 | 57.3 | 64.0 | 70.3 | 65.3 | 47.2 | 7.1 | 7,877 |
| Rural | 87.0 | 63.6 | 69.4 | 74.2 | 73.3 | 53.7 | 7.3 | 5,756 |
| Region |  |  |  |  |  |  |  |  |
| National Capital Region | 91.8 | 59.3 | 64.9 | 71.5 | 66.1 | 50.1 | 5.1 | 2,387 |
| Cordillera Admin Region | 89.4 | 59.1 | 68.6 | 75.0 | 71.6 | 50.3 | 4.5 | 216 |
| I - Ilocos | 87.4 | 56.8 | 62.1 | 70.0 | 69.5 | 45.7 | 7.1 | 642 |
| II - Cagayan Valley | 96.0 | 75.1 | 80.5 | 80.4 | 78.7 | 67.7 | 2.3 | 426 |
| III - Central Luzon | 87.1 | 60.4 | 68.7 | 73.3 | 68.5 | 51.7 | 7.4 | 1,459 |
| IVA - CALABARZON | 87.1 | 58.4 | 66.1 | 72.8 | 66.9 | 49.2 | 7.8 | 1,890 |
| IVB - MIMAROPA | 86.9 | 70.7 | 78.1 | 81.0 | 81.6 | 62.2 | 6.6 | 340 |
| $V$ - Bicol | 86.9 | 57.2 | 62.3 | 66.8 | 63.2 | 44.5 | 8.4 | 713 |
| VI - Western Visayas | 65.0 | 51.4 | 61.6 | 66.0 | 66.0 | 42.6 | 22.1 | 910 |
| VII - Central Visayas | 86.4 | 60.8 | 66.6 | 69.4 | 70.3 | 47.9 | 8.3 | 1,070 |
| VIII - Eastern Visayas | 91.7 | 56.6 | 58.3 | 72.4 | 64.1 | 49.4 | 4.6 | 555 |
| IX - Zamboanga |  |  |  |  |  |  |  |  |
| Peninsula | 91.6 | 70.2 | 70.5 | 77.4 | 76.3 | 60.4 | 3.8 | 465 |
| X - Northern Mindanao | 93.1 | 57.7 | 62.5 | 63.1 | 66.2 | 44.2 | 4.0 | 565 |
| XI - Davao | 90.4 | 55.5 | 61.8 | 71.2 | 64.9 | 40.0 | 4.9 | 654 |
| XII - SOCCSKSARGEN | 87.1 | 64.8 | 73.9 | 79.0 | 75.1 | 55.3 | 6.1 | 524 |
| XIII -Caraga | 93.7 | 66.9 | 70.2 | 73.0 | 71.0 | 52.7 | 3.4 | 327 |
| ARMM | 89.9 | 62.9 | 68.5 | 76.4 | 75.6 | 57.5 | 5.6 | 489 |
| Education |  |  |  |  |  |  |  |  |
| No education | 88.0 | 72.7 | 80.8 | 82.8 | 85.2 | 64.9 | 7.0 | 186 |
| Elementary | 90.4 | 71.7 | 77.9 | 80.9 | 81.9 | 61.2 | 3.6 | 3,146 |
| High school | 84.1 | 52.5 | 59.6 | 65.7 | 63.1 | 44.1 | 10.6 | 6,109 |
| College or higher | 91.0 | 61.5 | 66.7 | 73.9 | 66.2 | 49.4 | 5.0 | 4,192 |
| Wealth index quintile |  |  |  |  |  |  |  |  |
| Lowest | 88.0 | 68.2 | 73.8 | 77.7 | 80.7 | 58.7 | 6.0 | 2,161 |
| Second | 88.3 | 64.8 | 72.8 | 74.5 | 76.5 | 54.9 | 6.9 | 2,412 |
| Middle | 87.3 | 62.1 | 69.0 | 73.9 | 71.1 | 52.4 | 7.0 | 2,682 |
| Fourth | 87.1 | 57.3 | 64.5 | 70.2 | 65.3 | 47.5 | 7.5 | 2,940 |
| Highest | 88.0 | 52.0 | 56.4 | 66.6 | 56.7 | 41.1 | 8.1 | 3,438 |
| Employment |  |  |  |  |  |  |  |  |
| Not employed | 83.8 | 52.3 | 59.5 | 65.8 | 64.2 | 44.2 | 10.3 | 7,399 |
| Employed for cash | 93.0 | 68.0 | 73.2 | 79.2 | 72.0 | 55.9 | 3.4 | 5,198 |
| Employed not for cash | 89.7 | 74.9 | 79.9 | 79.5 | 84.8 | 61.1 | 3.9 | 1,004 |
| Missing | 86.3 | 61.6 | 71.8 | 77.1 | 67.8 | 50.6 | 8.1 | 32 |
| Total | 87.7 | 60.0 | 66.3 | 72.0 | 68.7 | 49.9 | 7.2 | 13,633 |

Women's decisionmaking autonomy generally increases with age. For example, while 11 percent of women age 15-19 participate in all specified decisions, the corresponding proportion for women age 45-49 is 72 percent. Widowed women are more likely to have a final say in all specified decisions than other women. Women's autonomy increases with the number of living children they have. Women's education has a nonlinear relationship with decisionmaking; those with the least education are most likely to have the final say in all specified decisions ( 65 percent), whereas those with high school or higher education are the least likely to have a say in all decisions. Similarly, this autonomy decreases with increasing wealth status. While 59 percent of women in the poorest quintile have a final say in all specified decisions, the corresponding proportion for women in the wealthiest quintile is 41 percent.

There are significant variations in the proportion of women who have a final say in all five specified areas of decisionmaking across regions, ranging from 40 percent in Davao to 68 percent in Cagayan Valley. Twenty-two percent of women in Western Visayas participate in none of the specified decisions.

Table 3.11 shows the percent distribution of women according to who in the household usually has the final say on each one of the specified decisions, by marital status and employment status. Nonmarried women tend to have someone else make decisions for them. This is probably because most of these women are still living with their parents. For married women or those who have a live-in partner, there are small variations in women's participation in decisionmaking by their employment status. Currently married women or those who live with their partners are more likely to make all of the specified household decisions by themselves than women who are currently not married. For instance, 75 percent of married women decide by themselves on their own health care, compared with 70 percent of nonmarried women.

Table 3.11 Women's participation in decisionmaking
Percent distribution of women by person who has the final say in making specific decisions, according to current marital status and type of decision, Philippines 2003

| Decision | Currently married or living together |  |  |  |  |  |  |  | Not married ${ }^{1}$ |  |  |  |  | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Self only | Jointly with husband | Jointly with someone else | Husband only | Someone else only | Decision not made/ not applicable/ missing | Total | Number of women | Self only | Jointly with someone else | Someone else only | Decision not made/ not applicable/ missing | Total |  |
| Employed in last 12 months |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Own health care | 75.3 | 19.3 | 0.5 | 4.3 | 0.6 | 0.0 | 100.0 | 4,150 | 83.8 | 3.4 | 12.3 | 0.6 | 100.0 | 2,055 |
| Large household purchases | 23.8 | 56.9 | 1.1 | 15.1 | 2.9 | 0.3 | 100.0 | 4,150 | 31.7 | 12.0 | 50.5 | 5.7 | 100.0 | 2,055 |
| Daily household purchases | 58.4 | 28.8 | 1.4 | 8.3 | 2.8 | 0.2 | 100.0 | 4,150 | 33.8 | 11.4 | 49.5 | 5.1 | 100.0 | 2,055 |
| Visits to family or relatives | 27.3 | 59.6 | 1.4 | 9.6 | 1.4 | 0.6 | 100.0 | 4,150 | 50.6 | 10.2 | 34.3 | 4.9 | 100.0 | 2,055 |
| What food to cook each day | 65.5 | 21.1 | 2.2 | 6.9 | 3.9 | 0.5 | 100.0 | 4,150 | 31.2 | 13.2 | 49.5 | 6.0 | 100.0 | 2,055 |
| Not employed in last 12 months |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Own health care | 75.5 | 17.2 | 0.5 | 5.4 | 1.3 | 0.1 | 100.0 | 4,499 | 60.5 | 8.7 | 29.4 | 1.4 | 100.0 | 2,901 |
| Large household purchases | 20.0 | 53.6 | 1.0 | 19.5 | 5.1 | 0.8 | 100.0 | 4,499 | 7.2 | 10.5 | 72.3 | 9.9 | 100.0 | 2,901 |
| Daily household purchases | 55.5 | 28.6 | 1.2 | 9.6 | 4.7 | 0.3 | 100.0 | 4,499 | 9.8 | 9.8 | 70.8 | 9.5 | 100.0 | 2,901 |
| Visits to family or relatives | 27.1 | 57.6 | 1.1 | 10.3 | 2.8 | 1.0 | 100.0 | 4,499 | 23.4 | 11.5 | 57.1 | 8.0 | 100.0 | 2,901 |
| What food to cook each day | 69.7 | 18.3 | 2.0 | 5.0 | 4.7 | 0.4 | 100.0 | 4,499 | 12.0 | 12.3 | 66.9 | 8.8 | 100.0 | 2,901 |
| Total |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Own health care | 75.4 | 18.2 | 0.5 | 4.9 | 1.0 | 0.1 | 100.0 | 8,671 | 70.1 | 6.5 | 22.3 | 1.1 | 100.0 | 4,962 |
| Large household purchases | 21.7 | 55.2 | 1.1 | 17.4 | 4.1 | 0.6 | 100.0 | 8,671 | 17.3 | 11.2 | 63.3 | 8.2 | 100.0 | 4,962 |
| Daily household purchases | 56.9 | 28.7 | 1.3 | 9.0 | 3.8 | 0.3 | 100.0 | 8,671 | 19.7 | 10.5 | 62.0 | 7.7 | 100.0 | 4,962 |
| Visits to family or relatives | 27.2 | 58.5 | 1.2 | 10.0 | 2.1 | 0.8 | 100.0 | 8,671 | 34.7 | 10.9 | 47.6 | 6.7 | 100.0 | 4,962 |
| What food to cook each day | 67.7 | 19.6 | 2.1 | 5.9 | 4.3 | 0.4 | 100.0 | 8,671 | 19.9 | 12.7 | 59.7 | 7.6 | 100.0 | 4,962 |

Note: Total includes women with missing information on employment status.
${ }^{1}$ Never-married, divorced, separated, or widowed women

For nonmarried women, employment status makes a difference in decisionmaking in the household. Women who were not employed in the 12 months preceding the survey have much less say in all of the specific decisions.

### 3.7.2 Women's Attitude toward Wife Beating and Refusing Sex with Husband

Female respondents in the 2003 NDHS were asked "Sometimes a husband is annoyed or angered by things that his wife does. In your opinion, is a husband justified in hitting or beating his wife in the following situations?" Five situations were presented to women for their opinion: if she burns the food, if she argues with him, if she goes out without telling him, if she neglects the children, and if she refuses to have sex with him. Responses to these questions are used to assess women's degree of acceptance of wife beating.

The same respondents were also asked whether a wife is justified in refusing to have sex with her husband under four circumstances: she knows her husband has a sexually transmitted disease, she knows her husband has sex with other women, she has recently given birth, and she is tired or not in the mood. These four circumstances for which women's opinions were sought have been chosen because of their effectiveness in combining issues of women's rights and consequences for women's health.

Table 3.12 shows the percentage of women who say that a husband is justified in hitting or beating his wife and the percentage of women who say that a wife is justified in refusing to have sex with her husband for specific reasons. The data show that 24 percent of women agree with at least one reason a husband is justified in hitting his wife. The table also shows that a woman is most likely to agree that a husband is justified in hitting or beating his wife if she neglects the children ( 21 percent). Less than 9 percent of women agree with any of the other four reasons.

Ninety percent or more of women agree with any one of the reasons for refusing sex with their husband. While 84 percent of women agree with all of the reasons for a wife to refuse having sex with her husband, only 3 percent of women agree with none of the specified reasons.

| Table 3.12 Women's attitude toward wife beating and refusing sex with husband |  |
| :---: | :---: |
| Percentage of women who agree that a husband is justified in hitting or beating his wife and percentage of women who believe that a wife is justified in refusing sex with her husband for specific reasons, Philippines 2003 |  |
| Specific reasons | Percent |
| Husband is justified in hitting or beating his wife if she: |  |
| Burns the food | 3.1 |
| Argues with him | 5.1 |
| Goes out without telling him | 8.8 |
| Neglects the children | 20.5 |
| Refuses to have sex with him <br> Agrees with at least one specified reason | 3.3 24.1 |
| Wife is justified in refusing to have sex with husband if she: |  |
| Knows husband has a sexually transmitted disease | 94.7 |
| Knows husband has sex with other women | 89.9 |
| Has recently given birth | 94.7 |
| Is tired or not in the mood | 90.4 |
| Agrees with all of the specified reasons | 84.0 |
| Agrees with none of the specified reasons | 3.2 |
| Number of women | 13,633 |

To measure fertility levels, trends, and differentials, the Philippines 2003 National Demographic and Health Survey (NDHS) included a set of carefully worded questions to obtain accurate and reliable data on fertility. The fertility indicators discussed in this chapter are based on a pregnancy history provided by women in the NDHS. All women age 15-49 were asked to report on all pregnancies that resulted in a live birth, a miscarriage, or stillbirth. For live births, questions were asked about children still living at home, those living elsewhere, and those who had died. The women were asked the month and year of pregnancy termination as well as the duration of pregnancy for pregnancies not ending in a live birth. For pregnancies that were lost before full term, women were asked whether a doctor or anyone else did something to end the pregnancy. This approach maximizes recall of all pregnancies and provides a richer data set for fertility analysis than just asking for a history of live births only.

Fertility of women age 15-24 years and males age 15-54 years are also discussed in the last two sections of this chapter.

### 4.1 Current Fertility

The most commonly used measures of current fertility are the total fertility rate (TFR) and its components, age-specific fertility rates (ASFRs). The TFR is a summary measure of fertility and can be interpreted as the number of births a woman would have on average at the end of her reproductive life if she were subject to the currently prevailing ASFRs throughout her reproductive years (15-49). The ASFRs are a valuable measure of the age pattern of childbearing. They are defined as the number of live births to women in a particular age group divided by the number of woman-years in that age group during the specified period. To reduce sampling errors and to avoid any possible problems of displacement of births, a three-year TFR was computed to provide the most recent estimates of current levels of fertility. ${ }^{1}$

Table 4.1 shows that the age pattern of fertility rates shows an inverted-U form that peaks at age 25-29. Table 4.1 also shows a general fertility rate of 119 live births per 1,000 women age 15-44 years and a crude birth rate of 26 births per 1,000 population. Table 4.1 and Figure 4.1 show that urban women have a lower fertility rate than their rural counterparts ( 3.0 and 4.3 births per woman, respectively). Lower urban fertility is observed across all age groups.

## Table 4.1 Current fertility

Age-specific and cumulative fertility rates, the general fertility rate, and the crude birth rate for the three years preceding the survey, by urban-rural residence, Philippines 2003

|  | Residence |  |  |
| :--- | :---: | ---: | ---: |
| Age group | Urban | Rural | Total |
| $15-19$ | 40 | 74 | 53 |
| $20-24$ | 157 | 213 | 178 |
| $25-29$ | 170 | 219 | 191 |
| $30-34$ | 124 | 164 | 142 |
| $35-39$ | 77 | 118 | 95 |
| $40-44$ | 29 | 61 | 43 |
| $45-49$ | 3 | 8 | 5 |
|  |  |  |  |
| TFR | 3.0 | 4.3 | 3.5 |
| GFR | 101 | 144 | 119 |
| CBR | 24.7 | 26.7 | 25.6 |

Note: Rates for age group 45-49 may be slightly biased because of truncation.
TFR: Total fertility rate for age 15-49, expressed per woman
GFR: General fertility rate (births divided by the number of women age 15-44), expressed per 1,000 women CBR: Crude birth rate, expressed per 1,000 population

[^1]Figure 4.1 Age-Specific Fertility Rates, by Residence


NDHS 2003

### 4.2 Fertility by Background Characteristics

Current and cumulative fertility, as shown in Table 4.2, varies across urban-rural residence, region, educational background, and economic status. The mean number of children ever born (CEB) to women age 40-49 is an indicator of completed fertility. It reflects the fertility performance of women who are nearing the end of their reproductive lifespan. If fertility had remained stable over time, the two fertility measures, TFR and CEB, would be equal or similar. Although this approach may be biased because of understatement of parity reported by older women, comparison of completed fertility among women age 40-49 years with the TFR provides an indication of fertility change. The 2003 NDHS data show consistency in differences between the two measures with respect to urban-rural and educational differentials.

As noted earlier, urban women have fewer children than their rural counterparts. The differences are also substantial across regions. The National Capital Region (NCR), the center of business, commerce, and industry in the country, exhibits the lowest TFR ( 2.8 children per woman) and the lowest mean number of CEB ( 3.2 children per woman). MIMAROPA, one of the least developed regions in the country, shows the highest TFR ( 5.0 children per woman) and a mean CEB of 5.1 children per woman. The difference in fertility indicators between the two contrasting regions is about two children, which may be interpreted as arising from differences in levels of development. This is supported with the low TFR of regions adjacent to NCR, which host the spillover from the metropolitan area, namely, Central Luzon and CALABARZON ( 3.1 and 3.2 births per woman, respectively). Likewise, Davao region, the gateway to the southern Philippines from other Southeast Asian countries, also exhibits a low TFR (3.1 births per woman).

The negative relationship between fertility and education is present in the Philippines. The fertility rate of women with college or higher education ( 2.7 children per woman) is about half that of women with no education ( 5.3 children) (Table 4.2 and Figure 4.2). Education as a tool for fertility reduction can be considered in policy formulation. Education enables women to be more proactive in addressing their reproductive health and economic well-being. This is further substantiated with the fertility rates by wealth index quintile, which shows that women have a decreasing number of children as the wealth index increases.

| Total fertility rate for the three years preceding the survey, percentage of women age 15-49 currently pregnant, and mean number of children ever born to women age 40-49, by background characteristics, Philippines 2003 |  |  |  |
| :---: | :---: | :---: | :---: |
| Background characteristic | Total fertility rate | Percentage currently pregnant ${ }^{1}$ | Mean number of children ever born to women age 40-49 |
| Residence |  |  |  |
| Urban | 3.0 | 5.1 | 3.8 |
| Rural | 4.3 | 6.3 | 5.0 |
| Region |  |  |  |
| National Capital Region | 2.8 | 4.7 | 3.2 |
| Cordillera Admin Region | 3.8 | 7.5 | 4.7 |
| I - Ilocos | 3.8 | 5.4 | 3.9 |
| II - Cagayan Valley | 3.4 | 6.0 | 4.1 |
| III - Central Luzon | 3.1 | 5.5 | 4.1 |
| IVA - CALABARZON | 3.2 | 4.9 | 3.8 |
| IVB - MIMAROPA | 5.0 | 9.8 | 5.1 |
| $V$ - Bicol | 4.3 | 5.5 | 5.5 |
| VI - Western Visayas | 4.0 | 5.4 | 4.9 |
| VII - Central Visayas | 3.6 | 4.5 | 4.4 |
| VIII - Eastern Visayas | 4.6 | 6.8 | 5.4 |
| IX - Zamboanga Peninsula | 4.2 | 6.8 | 4.9 |
| X - Northern Mindanao | 3.8 | 5.5 | 4.8 |
| XI - Davao | 3.1 | 5.7 | 4.6 |
| XII - SOCCSKSARGEN | 4.2 | 6.8 | 5.0 |
| XIII - Caraga | 4.1 | 8.3 | 5.4 |
| ARMM | 4.2 | 7.1 | 5.2 |
| Education |  |  |  |
| No education | 5.3 | 7.0 | 6.1 |
| Elementary | 5.0 | 6.7 | 5.3 |
| High school | 3.5 | 5.7 | 4.2 |
| College or higher | 2.7 | 4.7 | 2.9 |
| Wealth index quintile |  |  |  |
| Lowest | 5.9 | 9.6 | 6.0 |
| Second | 4.6 | 8.0 | 5.2 |
| Middle | 3.5 | 5.1 | 4.4 |
| Fourth | 2.8 | 4.1 | 3.7 |
| Highest | 2.0 | 3.2 | 3.0 |
| Total | 3.5 | 5.6 | 4.3 |
| ${ }^{1}$ Women age 15-49 years |  |  |  |

Table 4.2 also shows that about 6 percent of respondents reported being pregnant at the time of the survey. This proportion varies from less than 5 percent in Central Visayas and NCR to 10 percent in MIMAROPA.

Figure 4.2 Total Fertility Rate by Residence and Education


### 4.3 Fertility Trends

Age-specific fertility rates obtained from the 2003 NDHS reflect recent change in fertility trends in the Philippines. The 2003 NDHS rates can be compared with corresponding rates from periodic national demographic surveys from 1973 to 1998. Discrepancies reflect a combination of actual change, differences in geographic coverage, change in data collection procedures, and estimation techniques in one or in all surveys.

Table 4.3 and Figure 4.3 show fertility rates for the 30 -year period preceding the survey. The rates reflect a five-year average centered on midperiod years for the 1973, 1978, and 1983 surveys and a three-year rate for the 1986, 1993, 1998 and 2003 surveys. Over the three decades, the TFR declined by 2.5 births, from 6.0 children per woman in 1970 to 3.5 children in 2001. The pace of fertility decline varied over time. In the early 1970s, the TFR declined by 2.7 percent annually. This was followed by a smaller decline of 0.4 percent during the succeeding five-year period. A larger decline was during the first half of the 1980s, estimated at 2.7 percent annually. The latter half of the 1980s once again revealed a slide back in the progress of fertility reduction, with a decline of just 1.4 percent annually during the period from 1984 to 1991. Between 1991 and 1996, the TFR decreased annually by 1.9 percent. From 1996 to 2001, the decline slowed even more, to about 1 percent per year.

Table 4.3 Fertility trends
Age-specific and total fertility rates from various surveys, Philippines, 19702001

|  | 1973 <br> NDS | 1978 <br> RPFS | 1983 <br> NDS | 1986 <br> CPS | 1993 <br> NDS | 1998 <br> NDHS | 2003 <br> NDHS <br> $(1970)$ <br> $(1975)$ <br> $(1980)$ |
| :--- | ---: | :---: | :---: | :---: | :---: | :---: | :---: |
| (1984) | $(1991)$ |  |  |  |  |  |  |
| $(1996)$ | $(2001)$ |  |  |  |  |  |  |
| $15-19$ | 56 | 50 | 55 | 48 | 50 | 46 | 53 |
| $20-24$ | 228 | 212 | 220 | 192 | 190 | 177 | 178 |
| $25-29$ | 302 | 251 | 258 | 229 | 217 | 210 | 191 |
| $30-34$ | 268 | 240 | 221 | 198 | 181 | 155 | 142 |
| $35-39$ | 212 | 179 | 165 | 140 | 120 | 111 | 95 |
| $40-44$ | 100 | 89 | 78 | 62 | 51 | 40 | 43 |
| $45-49$ | 28 | 27 | 20 | 15 | 8 | 7 | 5 |
| TFR | 6.0 | 5.2 | 5.1 | 4.4 | 4.1 | 3.7 | 3.5 |

Note: Rates for 1970 to 1989 are five-year averages and rates for 1984 to 2001 are three-year averages centered on the year in parentheses. Source: 1970-1996: NSO and Macro International Inc., 1994, Table 3.3

Figure 4.3 Trends in the Total Fertility Rate


The observed decline in fertility can be attributed to changes in family planning practices and programs. Over the past 30 years, the female mean age at first marriage has remained high and relatively stable, at around 22 years (see Chapter 6).

Fertility trends can also be established using retrospective data from a single survey. The ASFRs are progressively truncated with increasing number of years from the time of survey. Because of truncation, changes over the past 20 years are observed for women up to age 29 years. ASFRs for the past 20 years by five-year periods based on the 2003 NDHS are shown in Table 4.4. The data confirm the decline in fertility; for each age group, ASFR consistently declines from the distant past to the recent period.

### 4.4 Children Ever Born and Living

Information on lifetime fertility is useful for examining the momentum of childbearing and for estimating levels of primary infertility. The number of CEB or parity is based on a cross-sectional view at the time of survey. It does not refer directly to the timing of fertility of the individual re-

| Table 4.4 Age-specific fertility rates |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Age-specific fertility rates for five-year periods preceding the survey, by mother's age at the time of the birth, Philippines 2003 |  |  |  |  |
|  | Number of years preceding the survey |  |  |  |
| at birth | 0-4 | 5-9 | 10-14 | 15-19 |
| 15-19 | 55 | 55 | 66 | 69 |
| 20-24 | 182 | 188 | 206 | 210 |
| 25-29 | 190 | 208 | 230 | 240 |
| 30-34 | 146 | 169 | 180 | [214] |
| 35-39 | 93 | 116 | [137] | - |
| 40-44 | 44 | [71] | - | - |
| 45-49 | [6] | - | - | - |

Note: Age-specific fertility rates are per 1,000 women. Estimates in brackets are truncated. spondent but is a measure of her completed fertility. The number of CEB by age of women for all women and currently married women and the corresponding mean number of CEB as well as mean number of living children are presented in Table 4.5. Among all women, at least one out of three do not have children. Among married women, only 8 percent do not have children.

Table 4.5 and Figure 4.4 show that, on average, women have given birth to less than one child by their early twenties, 3.5 children by their late thirties, and 4.6 children by the end of their reproductive period. Table 4.5 also shows that, overall, the mean number of CEB is 2.2 children for all women and 3.2 for currently married women.

Table 4.5 Children ever born and living
Percent distribution of all women and currently married women by number of children ever born, and mean number of children ever born and mean number of living children, according to age group, Philippines 2003

| Age | Number of children ever born |  |  |  |  |  |  |  |  |  |  | Total | Number of women | Mean number of children ever born | Mean number of living children |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10+ |  |  |  |  |
| ALL WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 93.9 | 5.1 | 1.0 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 2,648 | 0.07 | 0.07 |
| 20-24 | 55.5 | 24.1 | 14.9 | 4.4 | 0.9 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 2,209 | 0.71 | 0.69 |
| 25-29 | 27.2 | 22.4 | 22.4 | 15.6 | 8.0 | 2.9 | 0.7 | 0.7 | 0.0 | 0.0 | 0.0 | 100.0 | 2,034 | 1.70 | 1.64 |
| 30-34 | 15.9 | 13.1 | 21.3 | 18.5 | 13.5 | 9.2 | 4.2 | 2.6 | 1.3 | 0.3 | 0.2 | 100.0 | 1,954 | 2.70 | 2.58 |
| 35-39 | 10.2 | 9.3 | 15.6 | 19.7 | 16.3 | 10.2 | 7.0 | 5.4 | 2.7 | 1.9 | 1.8 | 100.0 | 1,873 | 3.53 | 3.34 |
| 40-44 | 7.6 | 8.1 | 11.2 | 17.9 | 18.3 | 11.5 | 7.9 | 6.1 | 4.5 | 3.0 | 3.9 | 100.0 | 1,564 | 4.10 | 3.81 |
| 45-49 | 6.5 | 5.8 | 11.1 | 16.0 | 16.0 | 12.3 | 9.7 | 7.2 | 5.5 | 3.5 | 6.4 | 100.0 | 1,351 | 4.57 | 4.20 |
| Total | 36.5 | 12.9 | 13.5 | 12.0 | 9.2 | 5.7 | 3.5 | 2.6 | 1.6 | 1.0 | 1.4 | 100.0 | 13,633 | 2.18 | 2.05 |
| CURRENTLY MARRIED WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 40.6 | 47.5 | 11.0 | 0.6 | 0.3 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 239 | 0.73 | 0.70 |
| 20-24 | 16.5 | 43.7 | 29.0 | 8.7 | 1.7 | 0.3 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 1,095 | 1.36 | 1.31 |
| 25-29 | 9.7 | 26.2 | 28.4 | 19.8 | 10.1 | 3.8 | 1.0 | 0.9 | 0.0 | 0.0 | 0.0 | 100.0 | 1,548 | 2.15 | 2.06 |
| 30-34 | 6.6 | 12.8 | 23.9 | 20.9 | 15.4 | 10.6 | 4.9 | 2.9 | 1.5 | 0.3 | 0.3 | 100.0 | 1,663 | 3.05 | 2.91 |
| 35-39 | 4.1 | 8.5 | 16.3 | 21.4 | 18.0 | 11.1 | 7.4 | 6.0 | 3.0 | 2.0 | 2.1 | 100.0 | 1,633 | 3.84 | 3.63 |
| 40-44 | 2.4 | 7.2 | 12.0 | 18.9 | 19.3 | 12.3 | 8.1 | 7.0 | 5.2 | 3.3 | 4.3 | 100.0 | 1,341 | 4.42 | 4.12 |
| 45-49 | 2.5 | 5.0 | 11.3 | 17.0 | 16.7 | 13.2 | 10.0 | 7.6 | 5.7 | 3.7 | 7.3 | 100.0 | 1,152 | 4.86 | 4.46 |
| Total | 7.7 | 17.3 | 20.1 | 17.9 | 13.6 | 8.5 | 5.1 | 3.9 | 2.4 | 1.4 | 2.1 | 100.0 | 8,671 | 3.21 | 3.02 |

Figure 4.4 Mean Number of Children Ever Born among Women 15-49


NDHS 2003

The proportion of all women as well as currently married women without any children at younger ages is high. This is partly due to the law that sets the minimum legal age at first marriage at 18 years. Considering that most births occur within marriage, the small overall proportion of married women who are childless suggests that high fertility is expected in Philippine society. The proportion of childless women may also be interpreted as an estimate to primary sterility, assuming that voluntary childlessness within marriage is rare. Three percent of married women age 45-49 are childless. The corresponding proportion for all women age 45-49 is 7 percent. The difference between these figures reflects the combined impact of marital dissolution, infertility, and celibacy. Although 1 in 15 women age 45-49 are childless, the same proportion has 10 or more births.

In addition to giving a description of average family size, information on CEB and number of children surviving also gives an indication on the extent of childhood and adult mortality. On average, women have two living children, and currently married women have three. The difference between mean number of CEB and children still living for the two groups of women increases with the woman's age. By the end of the reproductive period, women have lost almost one in ten children.

### 4.5 BIRTH INTERVALS

The influence of the timing of births on both fertility and mortality is well documented. Evidence that women with closely spaced births have higher fertility than women with longer birth intervals has been observed in many countries. It has also been shown that short birth intervals, particularly those less than two years, elevate risks of death for mother and child. In general, the median length of birth interval in the Philippines is 31 months (Table 4.6). While 26 percent of births were born four or more years after a previous birth, one in three births occur within two years of a previous birth. The large proportion of births born with short intervals is a cause for concern, as they have negative implications on maternal and child health and survival.

Younger women have shorter birth intervals than older women: 25 months for women age 20-29 and 45 months for women 40 years old and older. There is a curvilinear relationship between birth order and median birth interval, from 29 months for second and third births to 33 months for fourth through sixth births, and to 30 months for higher-order births (Figure 4.5).

Birth interval does not vary by the sex of previous child, but it does vary by the survival status of the previous birth. For births whose prior sibling survived, the interval is 31 months. For those with a nonsurviving previous birth, the birth interval is 21 months. The difference may be due to different mechanisms through which infant and child mortality influences birth intervals and fertility, particularly whether mothers seek to replace deceased children as soon as possible.

Whereas mother's education does not seem to have a clear relationship with the length of birth intervals, mother's economic status has a positive association. Women in the poorest quintile have the shortest interval, while those in the wealthier quintiles have the longest ( 29 and 34 to 35 months, respectively).

| Table 4.6 Birth intervals |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of non-first births in the five years preceding the survey by number of months since preceding birth, according to background characteristics, Philippines 2003 |  |  |  |  |  |  |  |  |
| Background characteristic | Months since preceding birth |  |  |  |  |  | Number of nonfirst births | Median number of months since preceding birth |
|  | 7-17 | 18-23 | 24-35 | 36-47 | 48+ | Total |  |  |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | (45.3) | (25.3) | (24.1) | (5.3) | (0.0) | 100.0 | 31 | 19.4 |
| 20-29 | 23.5 | 21.0 | 29.8 | 13.4 | 12.4 | 100.0 | 1,914 | 25.4 |
| 30-39 | 13.0 | 14.4 | 26.3 | 15.5 | 30.7 | 100.0 | 2,435 | 33.5 |
| 40-49 | 5.6 | 9.9 | 23.0 | 14.8 | 46.8 | 100.0 | 615 | 44.5 |
| Birth order |  |  |  |  |  |  |  |  |
| 2-3 | 20.0 | 18.0 | 24.1 | 13.4 | 24.5 | 100.0 | 2,649 | 28.5 |
| 4-6 | 11.3 | 13.8 | 29.6 | 15.9 | 29.4 | 100.0 | 1,598 | 33.4 |
| 7+ | 14.1 | 16.7 | 33.1 | 15.6 | 20.4 | 100.0 | 749 | 30.3 |
| Sex of preceding birth |  |  |  |  |  |  |  |  |
| Male | 16.8 | 15.8 | 26.6 | 14.9 | 25.8 | 100.0 | 2,596 | 30.9 |
| Female | 15.8 | 17.1 | 27.8 | 14.1 | 25.1 | 100.0 | 2,399 | 30.2 |
| Survival of preceding birth |  |  |  |  |  |  |  |  |
| Living | 15.4 | 16.3 | 27.6 | 14.6 | 26.1 | 100.0 | 4,790 | 30.9 |
| Dead | 37.3 | 20.2 | 18.5 | 13.0 | 11.0 | 100.0 | 206 | 20.9 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 19.1 | 15.1 | 24.1 | 13.8 | 27.9 | 100.0 | 2,344 | 30.8 |
| Rural | 13.9 | 17.6 | 29.9 | 15.2 | 23.4 | 100.0 | 2,652 | 30.4 |
| Region |  |  |  |  |  |  |  |  |
| National Capital Region | 22.6 | 15.8 | 24.6 | 12.3 | 24.8 | 100.0 | 709 | 27.8 |
| Cordillera Admin Region | 12.9 | 17.6 | 27.1 | 18.0 | 24.4 | 100.0 | 83 | 30.6 |
| I - Ilocos | 13.9 | 18.5 | 26.5 | 11.8 | 29.3 | 100.0 | 204 | 28.8 |
| II - Cagayan Valley | 14.6 | 13.5 | 26.3 | 12.6 | 33.0 | 100.0 | 148 | 34.5 |
| III - Central Luzon | 15.5 | 12.9 | 25.4 | 15.9 | 30.2 | 100.0 | 475 | 34.1 |
| IVA - CALABARZON | 17.8 | 13.5 | 22.7 | 16.7 | 29.3 | 100.0 | 543 | 32.6 |
| IVB - MIMAROPA | 13.4 | 15.7 | 33.6 | 18.5 | 18.9 | 100.0 | 185 | 30.5 |
| V-Bicol | 11.5 | 23.0 | 30.8 | 12.7 | 22.0 | 100.0 | 338 | 28.9 |
| VI - Western Visayas | 12.3 | 17.3 | 33.1 | 16.9 | 20.4 | 100.0 | 371 | 30.7 |
| VII - Central Visayas | 16.5 | 20.0 | 24.0 | 14.9 | 24.5 | 100.0 | 397 | 30.3 |
| VIII - Eastern Visayas | 15.2 | 18.6 | 30.6 | 16.6 | 19.0 | 100.0 | 282 | 27.9 |
| IX - Zamboanga Peninsula | 13.7 | 12.2 | 27.1 | 16.1 | 30.8 | 100.0 | 209 | 32.9 |
| X - Northern Mindanao | 12.4 | 14.3 | 25.1 | 13.0 | 35.1 | 100.0 | 218 | 34.7 |
| XI - Davao | 13.5 | 13.5 | 30.6 | 13.3 | 29.2 | 100.0 | 206 | 32.6 |
| XII - SOCCSKSARGEN | 11.2 | 17.1 | 29.2 | 18.9 | 23.6 | 100.0 | 241 | 31.7 |
| XIII - Caraga | 19.8 | 18.0 | 26.6 | 11.3 | 24.2 | 100.0 | 153 | 30.3 |
| ARMM | 28.0 | 20.0 | 29.6 | 7.3 | 15.1 | 100.0 | 234 | 24.5 |
| Education |  |  |  |  |  |  |  |  |
| No education | 17.6 | 11.6 | 38.1 | 15.8 | 16.9 | 100.0 | 117 | 29.5 |
| Elementary | 12.3 | 15.7 | 30.5 | 15.3 | 26.3 | 100.0 | 1,709 | 32.1 |
| High school | 17.9 | 18.3 | 26.2 | 15.0 | 22.6 | 100.0 | 2,060 | 28.6 |
| College or higher | 19.5 | 14.7 | 22.9 | 12.3 | 30.6 | 100.0 | 1,109 | 31.3 |
| Wealth index quintile |  |  |  |  |  |  |  |  |
| Lowest | 15.1 | 18.2 | 34.2 | 15.4 | 17.2 | 100.0 | 1,505 | 29.0 |
| Second | 16.3 | 16.8 | 28.5 | 14.2 | 24.3 | 100.0 | 1,180 | 29.4 |
| Middle | 18.5 | 17.7 | 21.9 | 13.5 | 28.4 | 100.0 | 942 | 31.1 |
| Fourth | 16.5 | 13.6 | 21.7 | 15.4 | 32.9 | 100.0 | 759 | 34.7 |
| Highest | 15.9 | 13.1 | 22.7 | 13.7 | 34.7 | 100.0 | 609 | 34.4 |
| Total | 16.3 | 16.5 | 27.2 | 14.5 | 25.5 | 100.0 | 4,995 | 30.5 |
| Note: First-order births are excluded. The interval for multiple births is the number of months since the preceding pregnancy that ended in a live birth. |  |  |  |  |  |  |  |  |

Figure 4.5 Median Number of Months since Previous Birth

Number of months


NDHS 2003

### 4.6 Age at First Birth

Postponing the first birth contributes to overall fertility reduction. As such, the onset of childbearing is an important fertility indicator. Early childbearing in the Philippines is unusual: Only 10 percent of women age 45-49 have given birth by age 18 (Table 4.7). This proportion decreases slightly among younger women ( 7 percent for women age 20-24). The low proportion of women giving birth in their teens can be attributed to the high age at first marriage, which has been around 22 years in the past 25 years.

Table 4.7 Age at first birth
Percentage of women who gave birth by exact ages, and median age at first birth, by current age, Philippines 2003

| Current age | Percentage who gave birth by exact age |  |  |  |  | Percentage who have never given birth | Number of women | Median age <br> at first birth |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 15 | 18 | 20 | 22 | 25 |  |  |  |
| 15-19 | 0.3 | na | na | na | na | 93.9 | 2,648 | a |
| 20-24 | 0.4 | 6.9 | 22.6 | na | na | 55.5 | 2,209 | a |
| 25-29 | 0.8 | 7.6 | 22.1 | 40.0 | 61.1 | 27.2 | 2,034 | 23.4 |
| 30-34 | 1.0 | 9.8 | 23.7 | 40.9 | 60.5 | 15.9 | 1,954 | 23.3 |
| 35-39 | 0.7 | 9.1 | 24.7 | 41.1 | 61.4 | 10.2 | 1,873 | 23.2 |
| 40-44 | 0.7 | 10.1 | 25.9 | 43.4 | 64.4 | 7.6 | 1,564 | 22.9 |
| 45-49 | 0.9 | 9.7 | 24.8 | 42.7 | 63.1 | 6.5 | 1,351 | 23.1 |

[^2]The median age at first birth among women age 25-49 is 23.2 years (Table 4.8). Women in the urban areas are two years older than their rural counterparts when they first enter motherhood. Women with higher education and those who belong to higher socioeconomic strata have a higher median age at first birth than other women. Regional variation ranges from 21.6 years in ARMM to 23.8 years in CALABARZON. In NCR, less than half of the women age 25-49 had a birth before age 25 .

Table 4.8 Median age at first birth by background characteristics
Median age at first birth among women age 25-49 years, by current age and background characteristics, Philippines 2003

| Background characteristic | Current age |  |  |  |  | Women age <br> 25-49 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 25-29 | 30-34 | 35-39 | 40-44 | 45-49 |  |
| Residence |  |  |  |  |  |  |
| Urban | 24.2 | 24.5 | 24.0 | 23.7 | 23.7 | 24.1 |
| Rural | 22.2 | 22.0 | 22.3 | 22.0 | 22.0 | 22.1 |
| Region |  |  |  |  |  |  |
| National Capital Region | 24.8 | 25.8 | 25.2 | 24.5 | 23.9 | a |
| Cordillera Admin Region | 22.8 | 22.9 | 23.7 | 22.0 | 22.3 | 22.8 |
| I - Ilocos | 23.8 | 22.1 | 23.4 | 23.8 | 23.2 | 23.2 |
| II - Cagayan Valley | 22.2 | 22.2 | 22.8 | 22.5 | 22.1 | 22.3 |
| III - Central Luzon | 22.6 | 23.3 | 23.5 | 23.4 | 23.8 | 23.3 |
| IVA - CALABARZON | 24.2 | 24.5 | 23.6 | 22.4 | 23.6 | 23.8 |
| IVB - MIMAROPA | 22.0 | 22.3 | 21.2 | 22.5 | 21.6 | 21.9 |
| V - Bicol | 24.0 | 21.9 | 21.6 | 22.4 | 22.1 | 22.4 |
| VI - Western Visayas | 22.8 | 23.0 | 23.2 | 22.2 | 23.5 | 22.9 |
| VII - Central Visayas | 23.4 | 22.5 | 22.8 | 23.3 | 22.4 | 22.9 |
| VIII - Eastern Visayas | 23.1 | 22.1 | 21.7 | 21.5 | 21.7 | 22.2 |
| IX - Zamboanga Peninsula | 22.4 | 22.6 | 22.2 | 21.4 | 23.1 | 22.3 |
| X - Northern Mindanao | 23.5 | 22.8 | 23.0 | 23.5 | 23.0 | 23.1 |
| XI - Davao | 23.2 | 23.3 | 22.5 | 21.8 | 22.2 | 22.6 |
| XII - SOCCSKSARGEN | 21.8 | 21.8 | 23.5 | 21.9 | 21.5 | 22.2 |
| XIII - Caraga | 22.8 | 22.7 | 22.9 | 23.1 | 21.3 | 22.5 |
| ARMM | 21.5 | 20.9 | 22.2 | 21.1 | 23.4 | 21.6 |
| Education |  |  |  |  |  |  |
| No education | 19.7 | 20.1 | 19.4 | 20.5 | 20.5 | 20.0 |
| Elementary | 20.5 | 20.5 | 21.0 | 20.9 | 21.3 | 20.8 |
| High school | 22.1 | 22.7 | 22.4 | 22.4 | 22.8 | 22.4 |
| College or higher | a | 26.4 | 26.5 | 26.2 | 26.5 | a |
| Wealth index quintile |  |  |  |  |  |  |
| Lowest | 20.7 | 20.9 | 21.2 | 21.1 | 21.9 | 21.0 |
| Second | 21.8 | 21.8 | 21.8 | 22.2 | 22.0 | 21.9 |
| Middle | 23.2 | 22.9 | 22.3 | 22.0 | 22.3 | 22.6 |
| Fourth | 25.0 | 24.4 | 24.2 | 23.3 | 22.8 | 24.0 |
| Highest | a | 26.5 | 26.0 | 25.2 | 25.1 | a |
| Total | 23.4 | 23.3 | 23.2 | 22.9 | 23.1 | 23.2 |
| $\mathrm{a}=$ Omitted because less than 50 percent of the women had a birth before reaching age 25 |  |  |  |  |  |  |

### 4.7 Adolescent Fertility

Young women have been the focus of a number of government programs aimed at delaying entry into childbearing and hastening fertility decline. In the Philippines, 26 percent of women age 15-24 years have begun childbearing. Women who have begun childbearing are more likely than other women to live in rural areas, have elementary schooling, and belong to poor families (Table 4.9). Across regions, early childbearing is highest in MIMAROPA and Cagayan Valley, with 40 percent or more of women age 15-24 having had a child or being pregnant with their first child.

| Table 4.9 Pregnancy and motherhood among young women |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Percentage of women age 15-24 who are mothers or pregnant with their first child, by background characteristics, Philippines 2003 |  |  |  |  |
|  | Percentage who are |  | Percentage who have begun childbearing | Number of women |
| Background characteristic | Mothers | Pregnant with first child |  |  |
| Age |  |  |  |  |
| 15 | 0.1 | 0.3 | 0.5 | 585 |
| 16 | 1.5 | 0.8 | 2.2 | 616 |
| 17 | 5.6 | 1.5 | 7.0 | 530 |
| 18 | 8.1 | 3.8 | 11.9 | 495 |
| 19 | 19.8 | 3.7 | 23.5 | 422 |
| 15-19 | 6.1 | 1.8 | 8.0 | 2,648 |
| 20-24 | 44.5 | 4.0 | 48.5 | 2,209 |
| Residence |  |  |  |  |
| Urban | 20.7 | 2.6 | 23.3 | 2,958 |
| Rural | 28.1 | 3.2 | 31.3 | 1,898 |
| Region |  |  |  |  |
| National Capital Region | 20.2 | 3.0 | 23.1 | 851 |
| Cordillera Admin Region | 24.8 | 4.5 | 29.3 | 82 |
| I - Ilocos | 24.5 | 5.1 | 29.6 | 236 |
| II - Cagayan Valley | 34.8 | 5.0 | 39.8 | 129 |
| III - Central Luzon | 22.3 | 4.1 | 26.4 | 525 |
| IVA - CALABARZON | 21.5 | 2.1 | 23.6 | 709 |
| IVB - MIMAROPA | 39.1 | 5.2 | 44.2 | 111 |
| V-Bicol | 20.5 | 1.3 | 21.8 | 250 |
| VI - Western Visayas | 19.3 | 1.9 | 21.2 | 319 |
| VII - Central Visayas | 20.4 | 1.9 | 22.3 | 362 |
| VIII - Eastern Visayas | 22.3 | 2.7 | 25.0 | 195 |
| IX - Zamboanga Peninsula | 28.5 | 2.4 | 30.9 | 150 |
| X - Northern Mindanao | 26.2 | 3.5 | 29.8 | 211 |
| XI - Davao | 24.2 | 0.8 | 25.0 | 232 |
| XII - SOCCSKSARGEN | 33.1 | 2.0 | 35.1 | 178 |
| XIII - Caraga | 28.5 | 5.0 | 33.5 | 123 |
| ARMM | 30.2 | 1.9 | 32.1 | 192 |
| Education |  |  |  |  |
| No education | * | * | * | 27 |
| Elementary | 41.1 | 4.1 | 45.2 | 664 |
| High school | 22.1 | 2.6 | 24.7 | 2,822 |
| College or higher | 17.7 | 2.6 | 20.3 | 1,344 |
| Wealth index quintile |  |  |  |  |
| Lowest | 42.0 | 4.1 | 46.0 | 690 |
| Second | 34.1 | 3.9 | 38.0 | 801 |
| Middle | 26.0 | 3.1 | 29.1 | 943 |
| Fourth | 18.0 | 2.4 | 20.4 | 1,045 |
| Highest | 10.8 | 1.7 | 12.5 | 1,376 |
| Total | 23.6 | 2.8 | 26.4 | 4,856 |
| Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. |  |  |  |  |

Given the late age at first marriage, only 8 percent of teenagers (age 15-19) in the Philippines have begun childbearing. In comparison with other Southeast Asian countries for which comparable data are available, this proportion is the same as that in Cambodia (National Institute of Statistics et al., 2000), lower than that in Indonesia (10 percent) (BPS and ORC Macro, 2003), and higher than that in Viet Nam (3 percent) (Committee for Population, Family and Children and ORC Macro, 2003).

### 4.8 Male Fertility

The 2003 NDHS included a special module on men age 15-54 to measure their fertility behavior and aspirations. More than half of these men are fathers. For many, fatherhood starts at age 20-24, when one in five men became fathers. The proportion increases sharply thereafter. By age $25-29$, more than half of all men are fathers, and by age $30-34$, three in four men have become fathers. This increases to nine in ten by the time the males reach their early forties (Table 4.10). Rural and less educated men, as well as those in the lowest wealth quintile, are more likely than other men to be fathers.

Seventy-seven percent of men say that they were married when their first child was born. This proportion is higher among better-educated men and among those who belong to a higher socioeconomic group. The proportion of men who were married when their first child was born increases as age increases.

Table 4.11 shows that men have fathered, on average, two children. Men have one child by their late twenties, more than three children by their late-thirties, and five children by their early fifties. In each age group, women report more children than men (see Table 4.5).

Table 4.10 Male fertility and fatherhood
Percentage of men age 15-54 who are fathers and percentage of fathers who were married when their first child was born and the mean number of children born to men who were fathers, by background characteristics, Philippines 2003

| Background characteristic | All men |  | All fathers |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Fathers | Number of men | Married when first child was born | Mean number of children | Number of fathers |
| Age |  |  |  |  |  |
| 15-19 | 1.4 | 918 | * | * | 13 |
| 20-24 | 20.8 | 785 | 60.3 | 1.4 | 163 |
| 25-29 | 56.7 | 647 | 66.5 | 2.0 | 367 |
| 30-34 | 76.5 | 593 | 75.7 | 2.8 | 454 |
| 35-39 | 83.8 | 586 | 81.0 | 3.6 | 491 |
| 40-44 | 90.9 | 483 | 79.1 | 4.1 | 439 |
| 45-49 | 91.3 | 416 | 83.7 | 4.6 | 380 |
| 50-54 | 93.6 | 338 | 84.3 | 5.3 | 316 |
| Residence |  |  |  |  |  |
| Urban | 53.7 | 2,553 | 76.7 | 3.2 | 1,370 |
| Rural | 56.6 | 2,213 | 77.4 | 4.0 | 1,254 |
| Education |  |  |  |  |  |
| No education | 72.1 | 84 | 73.2 | 5.3 | 60 |
| Elementary | 65.6 | 1,441 | 75.9 | 4.3 | 946 |
| High school | 47.0 | 2,048 | 75.0 | 3.3 | 962 |
| College or higher | 54.9 | 1,193 | 82.0 | 2.8 | 656 |
| Wealth index quintile |  |  |  |  |  |
| Lowest | 61.5 | 884 | 72.3 | 4.3 | 543 |
| Second | 57.8 | 937 | 74.7 | 3.8 | 542 |
| Middle | 56.1 | 992 | 74.2 | 3.5 | 556 |
| Fourth | 49.7 | 957 | 79.3 | 3.2 | 476 |
| Highest | 50.9 | 996 | 85.5 | 2.9 | 507 |
| Total | 55.0 | 4,766 | 77.0 | 3.5 | 2,623 |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 4.11 Mean number of children
Percent distribution of men age 15-54 by number of children fathered and mean number of children fathered, by age group, Philippines 2003

| Age group | Mean number of children fathered |  |  |  |  |  |  |  |  | Total | Number of men | Mean number of children fathered |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | $8+$ |  |  |  |
| 15-19 | 98.6 | 0.9 | 0.4 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 918 | 0.0 |
| 20-24 | 79.2 | 13.2 | 6.3 | 1.1 | 0.2 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 785 | 0.3 |
| 25-29 | 43.3 | 21.7 | 18.4 | 11.3 | 3.4 | 1.4 | 0.4 | 0.1 | 0.0 | 100.0 | 647 | 1.2 |
| 30-34 | 23.5 | 15.8 | 23.5 | 18.1 | 8.5 | 5.2 | 2.8 | 1.4 | 1.2 | 100.0 | 593 | 2.1 |
| 35-39 | 16.2 | 9.6 | 18.0 | 16.9 | 16.0 | 9.0 | 6.8 | 3.9 | 3.6 | 100.0 | 586 | 3.1 |
| 40-44 | 9.1 | 8.5 | 11.7 | 19.9 | 18.2 | 12.3 | 8.8 | 5.2 | 6.3 | 100.0 | 483 | 3.7 |
| 45-49 | 8.7 | 7.5 | 9.2 | 16.9 | 17.0 | 12.7 | 9.9 | 7.3 | 10.9 | 100.0 | 416 | 4.2 |
| 50-54 | 6.4 | 3.5 | 10.0 | 14.1 | 16.1 | 13.2 | 10.3 | 7.6 | 18.9 | 100.0 | 338 | 5.0 |
| Total | 45.0 | 10.2 | 11.5 | 10.6 | 8.0 | 5.2 | 3.7 | 2.4 | 3.5 | 100.0 | 4,766 | 2.0 |

## FAMILY PLANNING

### 5.1 Knowledge of Family Planning

Knowledge of family planning methods and their sources are necessary preconditions to the use of contraception. As in the 1993 National Demographic Survey and the 1998 National Demographic and Health Survey (NDHS), information about knowledge of family planning methods was generated by asking the respondent to name the ways or methods that a couple can use to delay or avoid a pregnancy. If the respondent did not spontaneously mention a particular method, the interviewer described that method and asked the respondent if she recognized it. Specific methods are listed in the questionnaire: tubal ligation or female sterilization, vasectomy or male sterilization, pill, intrauterine device (IUD), injectables, condom, diaphragm, foam or jelly, implants, female condom, emergency contraception, lactational amenorrhea method (LAM), withdrawal, and various ovulation-based methods (mucus/Billings/ovulation, basal body temperature, sympthothermal, standard days method, and calendar/rhythm/periodic abstinence). Other methods not listed in the questionnaire but mentioned spontaneously by the respondent were also recorded. For all methods mentioned or recognized, the respondent was asked if she had ever used the method.

Table 5.1 and Figure 5.1 show that knowledge of one or more family planning methods is almost universal among currently married women and currently married men (99 and 98 percent, respectively). The level of contraception awareness among all women and men is similar (98 and 97 percent, respectively).

| Table 5.1 Knowledge of contraceptive methods |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Percentage of all women and currently married women, and percentage of all men and currently married men, who know any contraceptive method, by specific method, Philippines 2003 |  |  |  |  |
| Method | All women | Currently married women | $\begin{gathered} \text { All } \\ \text { men } \end{gathered}$ | Currently married men |
| Any method | 97.9 | 99.1 | 97.3 | 98.2 |
| Any modern method | 97.6 | 98.8 | 97.1 | 97.9 |
| Female sterilization | 86.5 | 92.0 | 72.2 | 82.1 |
| Male sterilization | 66.6 | 74.3 | 59.1 | 71.3 |
| Pill | 96.6 | 98.3 | 89.6 | 93.9 |
| IUD | 83.6 | 91.0 | 64.1 | 75.2 |
| Injectables | 81.5 | 90.1 | 49.5 | 60.2 |
| Male condom | 93.9 | 96.0 | 95.4 | 96.3 |
| Diaphragm | 16.2 | 15.7 | 14.2 | 15.6 |
| Foam/jelly | 11.4 | 11.5 | 7.4 | 8.1 |
| Implants | 7.5 | 6.8 | 6.5 | 6.9 |
| Female condom | 14.8 | 13.3 | 14.9 | 15.1 |
| Mucus/Billings/ovulation | 14.4 | 15.1 | 7.3 | 8.4 |
| Basal body temp | 15.3 | 15.0 | 7.5 | 8.0 |
| Symptothermal | 6.7 | 6.8 | 3.3 | 4.0 |
| Standard days method | 9.8 | 10.4 | 5.8 | 6.4 |
| Lactational amenorrhea | 18.8 | 22.3 | 7.7 | 9.9 |
| Emergency contraception | 10.4 | 10.0 | 11.4 | 11.4 |
| Any traditional method | 83.2 | 90.3 | 80.1 | 88.9 |
| Calendar/rhythm/periodic abstinence | 72.6 | 79.2 | 57.6 | 68.7 |
| Withdrawal | 76.5 | 85.8 | 76.1 | 85.9 |
| Other traditional methods | 4.5 | 5.4 | 0.0 | 0.0 |
| Mean number of methods known | 7.9 | 8.4 | 6.5 | 7.3 |
| Number | 13,633 | 8,671 | 4,766 | 2,746 |

# Figure 5.1 Knowledge of Contraception among Currently Married Women Age 15-49 



Six modern methods are known to at least half of the women and men regardless of marital status. They are the pill, male condom, female sterilization, male sterilization, IUD, and injectables. Implants, symptothermal, emergency contraception, and standard days method are less known (10 percent or less among women and 3 to 11 percent among men). Seventy to 80 percent of women and men have heard of withdrawal and periodic abstinence. Currently married women know on average one method more than currently married men ( 8.4 compared with 7.3 methods).

Knowledge of any method and modern methods does not vary greatly by subgroups of respondents except by education and region of residence (Table 5.2). Knowledge of contraception among respondents with no education is significantly lower than among respondents who have attended formal education. Eighty-five percent of women with no education have heard of a method compared with 100 percent of women with high school or higher education. While in other regions knowledge of family planning is almost universal (99 percent or higher), the corresponding proportion in Autonomous Region in Muslim Mindanao (ARMM) is lower; 86 percent of women in ARMM know a modern method and 90 percent of women know any method, while 64 percent of men in ARMM know a modern method and 69 percent know any method.

| Table 5.2 Knowledge of contraceptive methods by background characteristics |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of currently married women and currently married men who know at least one contraceptive method and at least one modern method, by background characteristics, Philippines 2003 |  |  |  |  |  |  |
|  | Women |  |  | Men |  |  |
| Background characteristic | Knows any method | Knows ${ }^{1}$ any modern method | Number | Knows any method | Knows ${ }^{1}$ <br> any modern method | Number |
| Age |  |  |  |  |  |  |
| 15-19 | 99.8 | 99.4 | 239 | * | * | 19 |
| 20-24 | 98.8 | 98.7 | 1,095 | 97.1 | 97.1 | 206 |
| 25-29 | 99.0 | 98.6 | 1,548 | 98.0 | 97.5 | 400 |
| 30-34 | 99.2 | 99.0 | 1,663 | 98.7 | 98.2 | 482 |
| 35-39 | 99.5 | 99.3 | 1,633 | 99.2 | 99.1 | 504 |
| 40-44 | 99.2 | 98.9 | 1,341 | 98.1 | 97.9 | 442 |
| 45-49 | 98.7 | 98.4 | 1,152 | 98.3 | 97.6 | 387 |
| 50-54 | na | na |  | 97.6 | 97.4 | 306 |
| Residence |  |  |  |  |  |  |
| Urban | 99.5 | 99.3 | 4,643 | 99.0 | 98.7 | 1,459 |
| Rural | 98.6 | 98.3 | 4,028 | 97.3 | 96.9 | 1,287 |
| Region |  |  |  |  |  |  |
| National Capital Region | 99.4 | 99.3 | 1,337 | 100.0 | 100.0 | 417 |
| Cordillera Admin Region | 99.0 | 99.0 | 134 | 99.0 | 99.0 | 44 |
| I - llocos | 99.5 | 99.5 | 420 | 99.2 | 99.2 | 129 |
| II - Cagayan Valley | 100.0 | 100.0 | 325 | 100.0 | 100.0 | 107 |
| III - Central Luzon | 99.6 | 99.5 | 960 | 99.6 | 99.2 | 315 |
| IVA - CALABARZON | 99.8 | 99.5 | 1,139 | 99.6 | 99.3 | 345 |
| IVB - MIMAROPA | 99.7 | 99.4 | 257 | 99.1 | 98.2 | 77 |
| V-Bicol | 99.0 | 99.0 | 457 | 100.0 | 100.0 | 139 |
| VI - Western Visayas | 99.8 | 99.6 | 578 | 99.4 | 99.4 | 182 |
| VII - Central Visayas | 98.8 | 98.8 | 671 | 97.7 | 97.7 | 204 |
| VIII - Eastern Visayas | 99.8 | 99.5 | 355 | 97.8 | 97.8 | 117 |
| IX - Zamboanga Peninsula | 99.1 | 98.9 | 339 | 100.0 | 100.0 | 109 |
| X - Northern Mindanao | 99.2 | 99.2 | 364 | 98.5 | 98.5 | 125 |
| XI - Davao | 99.8 | 99.5 | 426 | 100.0 | 100.0 | 134 |
| XII-SOCCSKSARGEN | 99.1 | 98.6 | 364 | 99.2 | 98.6 | 120 |
| XIII - Caraga | 100.0 | 100.0 | 217 | 100.0 | 100.0 | 74 |
| ARMM | 89.5 | 86.3 | 328 | 68.8 | 64.2 | 107 |
| Education |  |  |  |  |  |  |
| No education | 85.4 | 77.7 | 148 | 74.4 | 74.4 | 62 |
| Elementary | 98.5 | 98.2 | 2,523 | 97.9 | 97.4 | 969 |
| High school | 99.5 | 99.4 | 3,545 | 98.8 | 98.7 | 1,017 |
| College or higher | 100.0 | 99.9 | 2,456 | 99.9 | 99.4 | 698 |
| Wealth index quintile |  |  |  |  |  |  |
| Lowest | 97.1 | 96.3 | 1,677 | 92.9 | 92.3 | 559 |
| Second | 99.2 | 99.0 | 1,767 | 99.3 | 98.9 | 575 |
| Middle | 99.4 | 99.2 | 1,776 | 99.2 | 99.2 | 578 |
| Fourth | 99.9 | 99.8 | 1,755 | 99.7 | 99.3 | 503 |
| Highest | 99.8 | 99.8 | 1,697 | 100.0 | 99.8 | 531 |
| Total | 99.1 | 98.8 | 8,671 | 98.2 | 97.9 | 2,746 |
| Note: An asterisk indicates that an estimate is based on fewer than 25 cases and has been suppressed. <br> na $=$ Not applicable <br> ${ }^{1}$ Female sterilization, male sterilization, pill, IUD, injectables, implants, male condom, female condom, diaphragm, mucus/Billings/ovulation, basal body temperature, symptothermal, foam/ jelly, lactational amenorrhea method (LAM), and emergency contraception |  |  |  |  |  |  |

### 5.2 Ever Use of Family Planning Methods

For each method mentioned spontaneously or recognized after probing, the respondent was asked if she had ever used it. The information on ever use of contraception is shown for all women and currently married women in Table 5.3. The percentage of currently married women who have used contraception is higher than for all women due to their greater exposure to the risk of pregnancy given their marital status. Seven out of 10 currently married women have used a family planning method at some time; 57 percent have used a modern method and 41 percent used a traditional method. The most often used modern method is the pill ( 39 percent). Other modern methods with significant proportions of users include the male condom ( 15 percent), injectables ( 12 percent), female sterilization ( 11 percent), and IUD (10 percent). Four percent of currently married women report using LAM. The remaining modern methods are much less popular ( 1 percent or less). Regarding traditional methods, one in three married women has used withdrawal ( 32 percent) and 21 percent have used periodic abstinence.

| Table 5.3 Ever use of contraception |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of all women and currently married women who have ever used any contraceptive method, by specific method and age, Philippines 2003 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | Modern method |  |  |  |  |  |  |  |  |  |  | Traditional method |  |  |  | Number of women |
| Age | Any method | Any modern method | Female steri- <br> n liza- <br> d tion | Pill | IUD | In-jectables | Male condom | Billings/ ovulation | Basal body temp | Mucus/ <br> Standard days method | LAM | Emergency contraception | Any traditional method | Calendar/ rhythm/ periodoc abstinence | Withdrawal | Other |  |
| ALL WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 4.0 | 2.4 | 0.0 | 1.1 | 0.3 | 0.4 | 0.6 | 0.1 | 0.1 | 0.0 | 0.2 | 0.0 | 2.3 | 0.6 | 2.0 | 0.1 | 2,648 |
| 20-24 | 31.8 | 24.9 | 0.1 | 17.4 | 3.2 | 5.9 | 5.3 | 0.4 | 0.3 | 0.1 | 1.8 | 0.2 | 17.3 | 5.8 | 15.1 | 0.5 | 2,209 |
| 25-29 | 56.6 | 45.0 | 2.4 | 32.9 | 6.5 | 11.1 | 10.8 | 1.0 | 0.3 | 0.2 | 2.5 | 0.4 | 31.7 | 13.4 | 26.4 | 1.2 | 2,034 |
| 30-34 | 66.5 | 55.8 | 6.7 | 40.1 | 9.7 | 13.7 | 14.9 | 1.3 | 0.9 | 0.2 | 4.1 | 0.8 | 38.2 | 19.0 | 30.2 | 2.1 | 1,954 |
| 35-39 | 69.7 | 57.9 | 12.4 | 39.3 | 9.8 | 11.6 | 14.8 | 1.1 | 0.6 | 0.3 | 4.5 | 0.4 | 41.9 | 23.0 | 31.2 | 2.3 | 1,873 |
| 40-44 | 66.5 | 54.8 | 17.4 | 33.6 | 10.7 | 6.5 | 14.6 | 1.1 | 0.3 | 0.4 | 3.3 | 0.5 | 37.5 | 23.2 | 29.1 | 1.8 | 1,564 |
| 45-49 | 63.1 | 50.5 | 19.1 | 28.7 | 8.6 | 4.9 | 14.8 | 1.0 | 0.6 | 0.4 | 3.3 | 0.5 | 38.1 | 21.8 | 28.9 | 2.7 | 1,351 |
| Total | 47.3 | 38.5 | 6.9 | 25.8 | 6.4 | 7.5 | 9.9 | 0.8 | 0.4 | 0.2 | 2.6 | 0.4 | 27.3 | 13.8 | 21.6 | 1.4 | 13,633 |
| CURRENTLY MARRIED WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 36.8 | 21.8 | 0.0 | 11.4 | 3.6 | 4.4 | 2.1 | 0.4 | 1.0 | 0.0 | 1.4 | 0.4 | 20.9 | 5.6 | 18.1 | 1.6 | 239 |
| 20-24 | 61.0 | 47.8 | 0.3 | 33.7 | 6.2 | 11.9 | 9.9 | 0.7 | 0.5 | 0.2 | 3.6 | 0.5 | 33.2 | 11.1 | 28.9 | 1.0 | 1,095 |
| 25-29 | 71.5 | 57.2 | 3.2 | 42.0 | 8.2 | 14.4 | 13.7 | 1.3 | 0.3 | 0.3 | 2.9 | 0.5 | 39.9 | 16.6 | 33.3 | 1.6 | 1,548 |
| 30-34 | 75.8 | 63.7 | 7.9 | 45.7 | 11.2 | 15.7 | 16.9 | 1.4 | 1.0 | 0.3 | 4.7 | 0.9 | 43.8 | 21.9 | 34.6 | 2.4 | 1,663 |
| 35-39 | 76.5 | 63.4 | 13.8 | 43.4 | 10.9 | 13.1 | 16.0 | 1.3 | 0.7 | 0.2 | 4.7 | 0.5 | 45.9 | 25.3 | 34.2 | 2.5 | 1,633 |
| 40-44 | 72.2 | 59.6 | 19.0 | 36.2 | 11.9 | 7.2 | 16.5 | 1.0 | 0.4 | 0.5 | 3.6 | 0.5 | 41.2 | 25.6 | 32.2 | 1.8 | 1,341 |
| 45-49 | 67.7 | 54.0 | 21.2 | 30.4 | 9.4 | 5.4 | 16.4 | 1.1 | 0.7 | 0.3 | 3.7 | 0.5 | 41.7 | 24.3 | 31.5 | 2.8 | 1,152 |
| Total | 70.6 | 57.4 | 10.5 | 38.6 | 9.6 | 11.5 | 14.7 | 1.1 | 0.6 | 0.3 | 3.8 | 0.6 | 40.8 | 20.7 | 32.3 | 2.1 | 8,671 |

Note: Methods ever used by less than 0.5 percent of women in any age group have been omitted. LAM = Lactational amenorrhea method

Modern methods are popular among women of all ages. However, younger women (age 15-24) are less likely to have ever used contraception than women in their mid-childbearing years (age 25 and older). Generally, the level of ever use of modern contraception increases with age up to 35-39 and then declines. This pattern varies for specific methods. For currently married women, the ever use rate for the pill, IUD, and injectables reaches the peak at age group 30-34.

### 5.3 Current Use of Family Planning Methods

The level of current use of contraception is one of the most widely used indicators to assess the progress of a national family planning program. The contraceptive prevalence rate is defined as the proportion of married women age 15-49 who were using some method of family planning at the survey date. As with ever use, information on current use of contraception is available for all women and currently married women, but the analysis will focus on married women, who are at greater risk of pregnancy (Table 5.4).

| Table 5.4 Current use of contraception |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of all women and currently married women by contraceptive method currently used, according to age, Philippines 2003 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Age | Any method | Modern method |  |  |  |  |  |  |  |  | Traditional method |  |  |  | Not currently using | Total | Number of women |
|  |  | Any modern method | Female sterilization | Male sterilization | Pill | IUD | Injectables | Male condom | Mucus/ Billings/ ovulation | LAM | Any traditional method | Calendar/ rhythm/ periodic abstinence | With- <br> drawal | Other |  |  |  |
| ALL WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 2.4 | 1.3 | 0.0 | 0.0 | 0.6 | 0.3 | 0.1 | 0.1 | 0.0 | 0.0 | 1.1 | 0.4 | 0.7 | 0.0 | 97.6 | 100.0 | 2,648 |
| 20-24 | 21.6 | 15.2 | 0.1 | 0.0 | 9.0 | 2.4 | 2.1 | 1.0 | 0.1 | 0.6 | 6.4 | 1.6 | 4.6 | 0.2 | 78.4 | 100.0 | 2,209 |
| 25-29 | 39.3 | 27.0 | 2.4 | 0.0 | 15.5 | 3.4 | 3.2 | 2.1 | 0.0 | 0.3 | 12.4 | 4.3 | 7.7 | 0.4 | 60.7 | 100.0 | 2,034 |
| 30-34 | 45.6 | 32.4 | 6.7 | 0.1 | 14.8 | 4.6 | 3.5 | 2.2 | 0.1 | 0.2 | 13.2 | 5.9 | 6.8 | 0.5 | 54.4 | 100.0 | 1,954 |
| 35-39 | 49.8 | 34.0 | 12.4 | 0.1 | 12.4 | 3.6 | 3.2 | 1.8 | 0.1 | 0.1 | 15.8 | 7.5 | 7.4 | 0.9 | 50.2 | 100.0 | 1,873 |
| 40-44 | 44.0 | 28.1 | 17.4 | 0.3 | 5.0 | 3.3 | 0.8 | 1.1 | 0.1 | 0.1 | 15.8 | 8.1 | 7.4 | 0.4 | 56.0 | 100.0 | 1,564 |
| 45-49 | 33.3 | 23.6 | 19.1 | 0.2 | 1.3 | 1.5 | 0.9 | 0.6 | 0.0 | 0.0 | 9.7 | 5.3 | 3.9 | 0.6 | 66.7 | 100.0 | 1,351 |
| Total | 31.6 | 21.6 | 6.9 | 0.1 | 8.4 | 2.6 | 2.0 | 1.2 | 0.1 | 0.2 | 9.9 | 4.3 | 5.2 | 0.4 | 68.4 | 100.0 | 13,633 |
| CURRENTLY MARRIED WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 25.6 | 13.2 | 0.0 | 0.0 | 7.1 | 3.6 | 1.1 | 0.4 | 0.0 | 0.5 | 12.3 | 3.9 | 8.0 | 0.5 | 74.4 | 100.0 | 239 |
| 20-24 | 42.7 | 30.1 | 0.3 | 0.0 | 17.8 | 4.6 | 4.2 | 1.8 | 0.2 | 1.2 | 12.6 | 3.2 | 9.0 | 0.4 | 57.3 | 100.0 | 1,095 |
| 25-29 | 51.3 | 35.2 | 3.2 | 0.0 | 20.3 | 4.4 | 4.2 | 2.7 | 0.0 | 0.2 | 16.1 | 5.6 | 10.0 | 0.5 | 48.7 | 100.0 | 1,548 |
| 30-34 | 53.4 | 38.0 | 7.9 | 0.1 | 17.4 | 5.4 | 4.0 | 2.6 | 0.1 | 0.3 | 15.4 | 6.9 | 8.0 | 0.5 | 46.6 | 100.0 | 1,663 |
| 35-39 | 56.6 | 38.5 | 13.8 | 0.2 | 14.2 | 4.1 | 3.7 | 2.1 | 0.2 | 0.1 | 18.0 | 8.6 | 8.5 | 1.0 | 43.4 | 100.0 | 1,633 |
| 40-44 | 49.9 | 31.5 | 19.0 | 0.3 | 5.8 | 3.9 | 1.0 | 1.3 | 0.1 | 0.1 | 18.4 | 9.3 | 8.6 | 0.5 | 50.1 | 100.0 | 1,341 |
| 45-49 | 37.7 | 26.4 | 21.2 | 0.2 | 1.5 | 1.7 | 1.1 | 0.7 | 0.0 | 0.0 | 11.4 | 6.2 | 4.6 | 0.7 | 62.3 | 100.0 | 1,152 |
| Total | 48.9 | 33.4 | 10.5 | 0.1 | 13.2 | 4.1 | 3.1 | 1.9 | 0.1 | 0.3 | 15.5 | 6.7 | 8.2 | 0.6 | 51.1 | 100.0 | 8,671 |

Note: If more than one method is used, only the most effective method is considered in this tabulation.
LAM = Lactational amenorrhea method

The overall contraceptive prevalence rate among currently married women is 49 percent, with 33 percent using modern methods and 16 percent using traditional methods. The most popular methods are the pill (13 percent) and female sterilization ( 11 percent). The next most popular methods are traditional: withdrawal ( 8 percent) and periodic abstinence ( 7 percent). IUD and injectables are used by 3 to 4 percent of married women. The remaining methods have very few users, each being used by less than 2 percent of married women (Figure 5.2).

Figure 5.2 Use of Contraception among Currently Married Women Age 15-49


NDHS 2003

The age pattern of contraceptive prevalence rates takes the shape of an inverted U. For modern methods, the peak is in age group 35-39 and for traditional methods in age group 40-44 among married women. However, as with the rates on ever use (Table 5.3), the peak occurs in different age groups for specific methods. The pill, injectables, and IUD are more popular among women age $25-34$, whereas older women tend to use long-term methods such as female sterilization. Current use of calendar/rhythm/periodic abstinence is popular among older women (age 35-44), while withdrawal is consistently popular among women of all ages, except the oldest age group (age 45-49).

### 5.3.1 Trends in Contraceptive Use

Table 5.5 and Figure 5.3 show that contraceptive prevalence over the last 35 years has more than doubled, from 15 percent in 1968 to 49 percent in 2003. Increases in contraceptive prevalence rates over time can be grouped into three stages: a period of rapid increase (1968-1978), moderate increase (19781998), and slow increase (1998-2003). Between 1968 and 1978, the contraceptive prevalence rate increased from 15 to 39 percent. Most of the increase was in the use of modern methods (from 3 percent in 1968 to 17 percent in 1978). Between 1983 and 1998, while use of traditional methods only went from 13 to 18 percent, use of modern methods increased from 19 to 28 percent.

In the past five years, while the overall contraceptive prevalence rate shows little increase (47 to 49 percent), this increase is again because of use of modern methods (NSO, DOH and Macro, 1999). The largest contributor to the increase is the gain in popularity of the pill from 10 percent in 1998 to 13 percent in 2003.

Table 5.5 Trends in contraceptive use
Percentage of currently married women age 15-49 using modern and traditional methods, Philippines 2003

| Survey | Modern <br> methods | Traditional <br> methods | All <br> methods |
| :--- | :---: | :---: | :---: |
| 1968 National Demographic Survey $^{1}$ | 2.9 | 12.5 | 15.4 |
| 1973 National Demographic Survey $^{1}$ | 10.7 | 6.7 | 17.4 |
| 1978 Republic of the Philippines Fertility Survey $^{1}$ | 17.2 | 21.3 | 38.5 |
| 1983 National Demographic Survey $^{1}$ | 18.9 | 13.1 | 32.0 |
| 1988 National Demographic Survey $^{\text {1993 National Demographic Survey }}$ | 21.6 | 14.5 | 36.1 |
| 1998 National Demographic and Health Survey $^{\text {2003 National Demographic and Health Survey }}$ | 24.9 | 15.1 | 40.0 |
| 200.2 | 18.3 | 46.5 |  |

${ }^{1}$ Calculated for currently married women 15-44 years
Sources: World Bank, 1991; NSO and Macro International 1994, and 1999

Figure 5.3 Trends in Contraceptive Use Philippines 1968-2003


### 5.3.2 Differentials in Contraceptive Use

Table 5.6 shows that while the overall contraceptive prevalence rates in urban and rural areas do not differ significantly, there are variations by specific methods. Current user rates for female sterilization (12 percent) and withdrawal (10 percent) in urban areas are higher than in rural areas ( 9 and 7 percent, respectively). Better access to female sterilization facilities in urban than in rural areas largely explains this difference in female sterilization.

Use of contraception generally increases with increasing levels of women's education. Attendance in any level of education as compared with having no formal education discriminates current users from those who are not currently using. Use of contraceptive methods is consistently higher among bettereducated women than those with less education; however, women with a college education or higher are somewhat less likely than women with a high school education to use a modern method, while being somewhat more likely to use a traditional method.

Table 5.6 Current use of contraception by background characteristics
Percent distribution of currently married women by contraceptive method currently used, according to background characteristics, Philippines 2003

|  |  | Modern method |  |  |  |  |  |  |  |  | Traditional method |  |  |  | Not currently using | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Any method | Any modern method | Female sterilization | Male sterilization | Pill | IUD | Injectables | Male condom | Mucus/ Billings/ ovulation | LAM | Any traditional method | Calendar/ rhythm/ periodic abstinence | Withdrawal | Other |  |  |  |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 50.1 | 33.9 | 12.1 | 0.1 | 12.6 | 3.5 | 2.5 | 2.3 | 0.1 | 0.4 | 16.3 | 6.1 | 9.7 | 0.5 | 49.9 | 100.0 | 4,643 |
| Rural | 47.4 | 32.8 | 8.6 | 0.1 | 13.8 | 4.7 | 3.7 | 1.5 | 0.1 | 0.2 | 14.7 | 7.4 | 6.5 | 0.7 | 52.6 | 100.0 | 4,028 |
| Number of living children |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 0 | 5.8 | 1.7 | 0.1 | 0.0 | 0.9 | 0.0 | 0.0 | 0.5 | 0.0 | 0.0 | 4.1 | 1.8 | 2.2 | 0.2 | 94.2 | 100.0 | 700 |
| 1-2 | 49.2 | 32.2 | 3.8 | 0.1 | 17.2 | 4.3 | 3.4 | 2.7 | 0.1 | 0.5 | 17.0 | 7.0 | 9.7 | 0.4 | 50.8 | 100.0 | 3,378 |
| 3-4 | 61.3 | 45.7 | 19.9 | 0.1 | 14.5 | 5.5 | 3.3 | 1.8 | 0.1 | 0.3 | 15.6 | 7.4 | 7.6 | 0.7 | 38.7 | 100.0 | 2,793 |
| $5+$ | 45.6 | 28.7 | 12.4 | 0.3 | 8.3 | 3.1 | 3.2 | 1.1 | 0.2 | 0.2 | 16.9 | 7.0 | 8.8 | 1.1 | 54.4 | 100.0 | 1,800 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 18.1 | 11.7 | 6.1 | 0.0 | 4.6 | 0.0 | 1.1 | 0.0 | 0.0 | 0.0 | 6.3 | 1.7 | 1.6 | 3.1 | 81.9 | 100.0 | 148 |
| Elementary | 44.0 | 30.3 | 10.3 | 0.2 | 11.0 | 4.3 | 3.1 | 1.0 | 0.1 | 0.2 | 13.8 | 5.4 | 7.6 | 0.7 | 56.0 | 100.0 | 2,523 |
| High school | 51.9 | 35.9 | 10.0 | 0.1 | 14.9 | 4.7 | 3.8 | 1.8 | 0.0 | 0.4 | 16.0 | 6.1 | 9.3 | 0.6 | 48.1 | 100.0 | 3,545 |
| College or higher | 51.4 | 34.2 | 11.5 | 0.1 | 13.4 | 3.2 | 2.1 | 3.1 | 0.2 | 0.2 | 17.2 | 9.2 | 7.6 | 0.4 | 48.6 | 100.0 | 2,456 |
| Wealth index quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 37.4 | 23.8 | 3.9 | 0.2 | 11.4 | 3.6 | 3.5 | 0.8 | 0.1 | 0.2 | 13.6 | 6.0 | 6.1 | 1.4 | 62.6 | 100.0 | 1,677 |
| Second | 48.8 | 33.8 | 7.9 | 0.0 | 14.7 | 5.2 | 3.7 | 1.8 | 0.2 | 0.3 | 15.0 | 5.7 | 8.5 | 0.8 | 51.2 | 100.0 | 1,767 |
| Middle | 52.7 | 35.7 | 11.2 | 0.2 | 14.5 | 4.6 | 3.2 | 1.4 | 0.1 | 0.4 | 17.0 | 7.0 | 9.7 | 0.3 | 47.3 | 100.0 | 1,776 |
| Fourth | 54.4 | 37.9 | 13.4 | 0.1 | 13.6 | 4.8 | 3.2 | 2.2 | 0.0 | 0.4 | 16.5 | 7.1 | 9.2 | 0.3 | 45.6 | 100.0 | 1,755 |
| Highest | 50.6 | 35.2 | 15.9 | 0.1 | 11.5 | 2.1 | 1.7 | 3.3 | 0.1 | 0.3 | 15.3 | 7.7 | 7.4 | 0.3 | 49.4 | 100.0 | 1,697 |
| Total | 48.9 | 33.4 | 10.5 | 0.1 | 13.2 | 4.1 | 3.1 | 1.9 | 0.1 | 0.3 | 15.5 | 6.7 | 8.2 | 0.6 | 51.1 | 100.0 | 8,671 |

Note: If more than one method is used, only the most effective method is considered in this tabulation.
LAM $=$ Lactational amenorrhea method

Contraceptive use has an inverted U-shaped relationship with number of children. Use of any method ranges from 6 percent among women with no living children to 61 percent for women with three to four children, after which it declines to 46 percent for women with five or more children. The most popular family planning methods among childless women are withdrawal and calendar/rhythm/periodic abstinence ( 2 percent each). Pill use increases significantly from less than 1 percent among childless women to 17 percent among women with one or two children. The proportion of women who use female sterilization increases from 4 percent for women who have one or two children to 20 percent for those with three or four children.

Use of any method of family planning increases with increasing wealth index quintile from 37 percent for women in the poorest quintile to 54 percent for those in the fourth quintile, but declines to 51 percent for women in the wealthiest quintile.

Table 5.7 shows that there are large differentials in current use among the 16 administrative regions in the country. The contraceptive prevalence rate ranges from 19 percent in ARMM to 59 percent in Davao. Current use of modern methods, however, shows a different pattern. The proportion of currently married women who use modern methods of contraception is 40 percent or more in Central Luzon, Davao, and Cagayan Valley, and only 12 percent in ARMM. Traditional methods are most popular in Bicol (24 percent) and least popular in Cagayan Valley (4 percent).

Table 5.7 Current use of contraception by regions
Percent distribution of currently married women by contraceptive method currently used, according to regions, Philippines 2003

| Region | Any method | Modern method |  |  |  |  |  |  |  |  | Traditional method |  |  |  |  | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Any modern method | Female steri-lization | Male sterilization | Pill | IUD | In- jectables | Male condom | Mucus/ <br> Billings/ <br> ovu- <br> lation | LAM | Any traditional method | Calendar rhythm/ periodic abstinence | Withdrawal | Other |  |  |  |
| National Capital Region | 48.9 | 32.1 | 13.2 | 0.2 | 10.4 | 3.3 | 2.3 | 2.2 | 0.0 | 0.3 | 16.8 | 5.9 | 10.8 | 0.1 | 51.1 | 100.0 | 1,337 |
| Cordillera Admin Region | 46.3 | 31.8 | 10.8 | 0.0 | 10.9 | 0.7 | 7.3 | 1.8 | 0.0 | 0.0 | 14.5 | 2.8 | 11.7 | 0.0 | 53.7 | 100.0 | 134 |
| I - Ilocos | 50.6 | 35.0 | 12.0 | 0.0 | 13.3 | 1.2 | 6.7 | 1.7 | 0.0 | 0.0 | 15.7 | 3.8 | 11.8 | 0.0 | 49.4 | 100.0 | 420 |
| II - Cagayan Valley | 52.4 | 48.0 | 7.2 | 0.0 | 26.7 | 7.1 | 6.2 | 0.7 | 0.0 | 0.0 | 4.4 | 2.7 | 1.7 | 0.0 | 47.6 | 100.0 | 325 |
| III - Central Luzon | 54.5 | 40.2 | 18.3 | 0.0 | 15.4 | 0.7 | 3.4 | 1.9 | 0.1 | 0.4 | 14.3 | 3.5 | 10.5 | 0.3 | 45.5 | 100.0 | 960 |
| IVA - CALABARZON | 48.4 | 32.8 | 11.4 | 0.0 | 11.3 | 3.8 | 3.2 | 2.1 | 0.1 | 0.7 | 15.6 | 4.8 | 10.7 | 0.1 | 51.6 | 100.0 | 1,139 |
| IVB - MIMAROPA | 42.5 | 31.0 | 8.7 | 0.3 | 13.7 | 3.0 | 4.0 | 0.8 | 0.3 | 0.3 | 11.5 | 5.3 | 6.0 | 0.3 | 57.5 | 100.0 | 257 |
| $V$ - Bicol | 47.4 | 23.6 | 5.5 | 0.0 | 13.1 | 2.1 | 2.0 | 0.9 | 0.0 | 0.0 | 23.8 | 7.8 | 15.1 | 0.9 | 52.6 | 100.0 | 457 |
| VI - Western Visayas | 46.1 | 30.1 | 6.8 | 0.4 | 14.6 | 3.6 | 2.6 | 1.6 | 0.0 | 0.4 | 16.1 | 10.2 | 5.2 | 0.6 | 53.9 | 100.0 | 578 |
| VII - Central Visayas | 52.1 | 35.6 | 11.2 | 0.3 | 11.5 | 6.2 | 2.1 | 3.7 | 0.0 | 0.5 | 16.5 | 9.6 | 6.7 | 0.2 | 47.9 | 100.0 | 671 |
| VIII - Eastern Visayas | 44.4 | 26.8 | 9.9 | 0.0 | 9.7 | 2.9 | 2.9 | 1.2 | 0.0 | 0.2 | 17.6 | 8.2 | 8.0 | 1.4 | 55.6 | 100.0 | 355 |
| IX - Zamboanga Peninsula | 43.1 | 32.3 | 5.7 | 0.0 | 16.9 | 6.1 | 2.1 | 0.7 | 0.2 | 0.0 | 10.8 | 8.1 | 2.5 | 0.2 | 56.9 | 100.0 | 339 |
| X - Northern Mindanao | 55.2 | 34.6 | 6.4 | 0.0 | 14.7 | 8.9 | 1.8 | 2.0 | 0.5 | 0.0 | 20.6 | 13.4 | 5.2 | 2.0 | 44.8 | 100.0 | 364 |
| XI - Davao | 59.3 | 41.6 | 10.4 | 0.4 | 15.4 | 8.4 | 2.4 | 3.8 | 0.4 | 0.4 | 17.7 | 9.9 | 6.5 | 1.3 | 40.7 | 100.0 | 426 |
| XII - SOCCSKSARGEN | 50.7 | 37.8 | 8.9 | 0.3 | 14.7 | 8.4 | 3.9 | 1.3 | 0.0 | 0.2 | 13.0 | 8.2 | 3.9 | 0.8 | 49.3 | 100.0 | 364 |
| XIII - Caraga | 54.6 | 34.0 | 7.0 | 0.3 | 14.8 | 7.7 | 1.4 | 2.7 | 0.0 | 0.0 | 20.6 | 13.2 | 4.7 | 2.7 | 45.4 | 100.0 | 217 |
| ARMM | 18.7 | 11.6 | 2.2 | 0.0 | 4.9 | 1.3 | 2.9 | 0.2 | 0.0 | 0.0 | 7.2 | 2.2 | 2.4 | 2.6 | 81.3 | 100.0 | 328 |
| Total | 48.9 | 33.4 | 10.5 | 0.1 | 13.2 | 4.1 | 3.1 | 1.9 | 0.1 | 0.3 | 15.5 | 6.7 | 8.2 | 0.6 | 51.1 | 100.0 | 8,671 |

LAM = Lactational amenorrhea method

### 5.3.3 Current Use by Woman's Status

Woman's status is considered to be one of the factors affecting the use of contraception. The power to decide on matters of sexuality and reproduction depends on the relationship between women and men, and the status given to women by society. Women with higher status are considered empowered and have more freedom in making decisions affecting their sexuality and reproduction than those with lower status.

This section analyzes the relationships of current use of contraception and three woman's status indicators: woman's participation in making decisions regarding personal health, family, and household matters; woman's power to refuse marital sex; and a woman's attitudes toward violence against women. In the 2003 NDHS, these indicators are constructed as follows:

Respondent's participation in household decisionmaking. Respondents were asked who in the family usually has the final say on five areas: the woman's own health care, large household purchases, daily household purchases, visits to family or relatives, and what food is to be cooked each day. These decisions can be made by the respondent alone, by her husband/partner, jointly by the respondent and her husband/partner, jointly by the respondent and someone else, or by someone else. The response category is coded as " 1 " if the respondent herself participates in these decisions and " 0 " if she is not involved in the decisionmaking. Thus, a woman gets a score of " 5 " if she participates in all five areas of decisionmaking and score of " 0 " if she has no say in any of these matters.

Respondent's attitudes about refusing marital sex. Respondents were asked if a wife is justified in refusing sex with her husband when she knows that her husband has a sexually transmitted disease, she knows her husband has sex with other women, she has recently given birth, or she is tired or not in the mood. The response is coded " 1 " if she agrees and " 0 " if she disagrees. A woman receives a score of " 4 " if she says that a wife is justified in refusing to have sex with her husband in all of the above-mentioned four conditions and a score of " 0 " if she feels that a wife is not justified in refusing to have sex with her husband in any of those conditions.

Respondent's attitudes toward violence against women. Respondents were asked if a husband is justified in hitting or beating his wife if she goes out without telling him, neglects the children, argues with him, refuses to have sex with him, or burns the food. The response is coded " 1 " if she agrees and " 0 " if she disagrees. A woman receives a score of " 5 " if she feels that a husband is justified in hitting or beating his wife in all of the conditions and a score of " 0 " if she says that a husband is not justified to beat his wife under any condition.

Table 5.8 shows the percent distribution of currently married women by contraceptive method currently used, according to three indicators of women's status. Use of any method and use of any modern method increases with increasing number of decisions in which a woman has a final say. For example, 24 percent of women who have no say in any of the five specified decisions are using a modern method, compared with 34 percent of women who themselves or jointly have a final say in all five decisions. Use of any method also increases with the number of reasons to justify refusing sex with husbands; however, there are no significant differences in modern contraceptive use by the other two women's status indicators.

| Table 5.8 Current use of contraception by women's status |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of currently married women by contraceptive method currently used, according to selected indicators of women's status, Philippines 2003 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Women's status indicators | Any method | Modern method |  |  |  |  |  |  |  |  | Traditional method |  |  |  |  | Total | Number of women |
|  |  |  Female <br> Any steri- <br> modern liza- <br> method tion |  | Male <br> steri- <br> liza- <br> tion |  | IUD | $\begin{aligned} & \text { In- } \\ & \text { ject- } \\ & \text { ables } \end{aligned}$ | Male condom | Mucus/ <br> Billings/ <br> ovula- <br> tion | LAM | Any traditional method | Calendar/ rhythm/ periodic absti- Withnence drawal |  | Not currently Other using |  |  |  |
| Number of decisions in which woman has final say ${ }^{1}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 0 | 40.5 | 24.2 | 5.0 | 0.0 | 9.6 | 2.7 | 3.3 | 3.5 | 0.0 | 0.0 | 16.3 | 7.5 | 6.8 | 2.0 | 59.5 | 100.0 | 92 |
| 1-2 | 44.5 | 30.7 | 8.4 |  | 12.6 | 4.5 | 2.0 | 1.7 | 0.1 | 0.9 | 13.8 | 4.3 | 9.2 | 0.2 | 55.5 | 100.0 | 699 |
| 3-4 | 49.9 | 33.1 | 9.4 |  | 13.6 | 4.4 | 3.0 | 1.9 | 0.2 | 0.5 | 16.8 | 6.9 | 9.2 | 0.6 | 50.1 | 100.0 | 2,115 |
| 5 | 49.2 | 33.9 | 11.2 |  | 13.1 | 3.9 | 3.2 | 1.9 | 0.1 | 0.2 | 15.3 | 6.9 | 7.7 | 0.6 | 50.8 | 100.0 | 5,766 |
| Number of reasons to refuse sex with husband |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 0 | 41.5 | 31.3 | 9.4 |  | 12.1 | 2.7 | 3.7 | 2.5 | 0.0 | 0.4 | 10.2 | 3.7 | 6.2 | 0.3 | 58.5 | 100.0 | 225 |
| 1-2 | 42.9 | 29.2 | 7.6 |  | 13.1 | 4.1 | 3.0 | 1.1 | 0.3 | 0.0 | 13.7 | 5.6 | 6.9 | 1.2 | 57.1 | 100.0 | 297 |
| 3-4 | 49.3 | 33.6 | 10.6 |  | 13.2 | 4.1 | 3.1 | 1.9 | 0.1 | 0.3 | 15.7 | 6.8 | 8.3 | 0.6 | 50.7 | 100.0 | 8,149 |
| Number of reasons wife beating is justified |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 0 | 48.7 | 33.4 | 10.9 |  | 13.0 | 3.9 | 2.9 | 2.0 | 0.1 | 0.3 | 15.3 | 6.8 | 8.0 | 0.4 | 51.3 | 100.0 | 6,463 |
| 1-2 | 49.4 | 33.2 | 9.3 |  | 13.6 | 4.7 | 3.7 | 1.5 | 0.1 | 0.1 | 16.3 | 6.4 | 8.9 | 1.0 | 50.6 | 100.0 | 1,804 |
| 3-4 | 48.9 | 33.1 | 8.3 |  | 13.5 | 5.3 | 2.8 | 2.0 | 0.4 | 0.4 | 15.8 | 5.3 | 9.2 | 1.3 | 51.1 | 100.0 | 316 |
| 5 | 46.7 | 32.1 | 8.0 |  | 16.6 | 2.0 | 2.5 | 2.0 | 1.1 | 0.0 | 14.6 | 9.3 | 4.2 | 1.0 | 53.3 | 100.0 | 88 |
| Total | 48.9 | 33.4 | 10.5 | 0.1 | 13.2 | 4.1 | 3.1 | 1.9 | 0.1 | 0.3 | 15.5 | 6.7 | 8.2 | 0.6 | 51.1 | 100.0 | 8,671 |
| Note: If more than one method is used, only the most effective method is considered in this tabulation. <br> LAM = Lactational amenorrhea method <br> ${ }^{1}$ Either by herself or iointly with others |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

### 5.4 Number of Children at First Use of Family Planning

Couples may use family planning either for spacing births or limiting family size. Table 5.9 shows the percent distribution of women who have ever used contraception by the number of living children at the time of first use and by their current age. The table is used primarily to identify the acceptance of the small family norm and the use of family planning as a method for spacing births. Some women adopted family planning early in the family building process; 6 percent of women began using contraception before they had their first child, and 4 in 10 women began using contraception after having had one child.

| Table 5.9 Number of children at first use of contraception |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women who have ever used contraception by number of living children at the time of first use of contraception, according to current age, Philippines 2003 |  |  |  |  |  |  |  |  |
|  | Number of living children at time of first use of contraception |  |  |  |  |  | Total | Number of women |
| Current age | 0 | 1 | 2 | 3 | 4+ | Missing |  |  |
| 15-19 | 43.4 | 51.6 | 2.8 | 0.0 | 0.0 | 2.2 | 100.0 | 105 |
| 20-24 | 15.1 | 63.3 | 17.8 | 3.4 | 0.0 | 0.4 | 100.0 | 701 |
| 25-29 | 8.7 | 51.1 | 25.8 | 10.1 | 4.0 | 0.2 | 100.0 | 1,151 |
| 30-34 | 4.8 | 38.5 | 27.9 | 15.5 | 13.0 | 0.3 | 100.0 | 1,299 |
| 35-39 | 4.2 | 31.2 | 23.1 | 17.9 | 23.4 | 0.3 | 100.0 | 1,306 |
| 40-44 | 2.3 | 28.4 | 21.5 | 20.0 | 27.6 | 0.3 | 100.0 | 1,039 |
| 45-49 | 2.1 | 25.2 | 23.9 | 21.0 | 27.5 | 0.3 | 100.0 | 852 |
| Total | 6.4 | 38.8 | 23.5 | 14.9 | 16.2 | 0.3 | 100.0 | 6,453 |

The timing of first contraceptive use varies by woman's age. Younger women who ever used contraception tend to start using family planning when they have fewer children. While 2 percent of women age 40-49 used contraception when they did not have any children, the corresponding proportions for women age 1519 and 20-24 are 43 and 15 percent, respectively. Twenty-eight percent of women age 4049 started using contraception after having had four or more children.

### 5.5 Knowledge of the Fertile Period

For the successful practice of coitus-related methods, such as withdrawal, condom, and vaginal methods, knowledge of reproductive physiology is essential. Such knowledge is particularly critical in the practice of periodic abstinence such as the calendar/rhythm method and natural family planning methods such as mucus/Billings/ovulation, basal body temperature, and symptothermal method. In the 2003 NDHS, all women age 15-49 and men age 15-54 were asked during which days of a woman's menstrual cycle a woman has the greatest chance of becoming pregnant.

Data in Table 5.10 show that only 27 percent of women correctly identify the fertile period to be halfway between two menstrual periods. Forty-one percent of women incorrectly identified the fertile period to be right after a woman's period has ended. Furthermore, 15 percent of women have no knowledge of the fertile period. Users of periodic abstinence are more likely to correctly identify the fertile period (43 percent) than nonusers ( 26 percent).

The table also shows that 19 percent of men correctly identify the fertile period. However, men are as likely as women to report incorrectly the fertile period as right after a woman's period has ended.

Table 5.10 Knowledge of fertile period
Percent distribution of women and men by knowledge of the fertile period during the ovulatory cycle, according to current use/nonuse of periodic abstinence, Philippines 2003

| Perceived fertile period | Women |  |  | Men |
| :---: | :---: | :---: | :---: | :---: |
|  | Users of periodic abstinence | Nonusers of periodic abstinence | All |  |
| Just before her period begins | 4.7 | 6.3 | 6.2 | 7.1 |
| During her period | 0.1 | 0.8 | 0.8 | 1.2 |
| Right after her period has ended | 40.5 | 40.9 | 40.9 | 40.0 |
| Halfway between two periods | 43.3 | 25.9 | 26.7 | 19.3 |
| Other | 0.8 | 0.3 | 0.3 | 0.2 |
| No specific time | 7.6 | 10.7 | 10.5 | 12.5 |
| Don't know | 3.0 | 15.0 | 14.5 | 19.7 |
| Missing | 0.0 | 0.2 | 0.2 | 0.0 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 587 | 13,046 | 13,633 | 4,766 |

The findings indicate that knowledge of the fertile period, even among women and men who are using periodic abstinence as a family planning method, is limited. This highlights the need to further educate women and men on the physiology of reproduction, particularly regarding the time when ovulation is likely to occur. This knowledge is crucial should they decide to use ovulation-based methods.

### 5.6 Timing OF Sterilization

In the Philippines, given the fact that female sterilization is the second most widely used modern method by currently married women, data on the timing of the sterilization operation is important for program managers to improve their information, dissemination and services provision plans. Of particular interest is the age of the woman at the time of operation.

Table 5.11 presents the percent distribution of sterilized women by age at the time of sterilization, according to the number of years since the operation. The vast majority ( 68 percent) of women are sterilized at age $25-34$, and 13 percent are sterilized before age 25 . The median age at the time of sterilization is 30.1 years, which suggests no change since 1998 (29.6 years) (NSO, DOH and Macro, 1999).

| Table 5.11 Timing of sterilization |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of sterilized women by age at the time of sterilization, and median age at sterilization, according to the number of years since the operation, Philippines 2003 |  |  |  |  |  |  |  |  |  |
| Years since operation | Age at time of sterilization |  |  |  |  |  |  | Number of | Median |
|  | <25 | 25-29 | 30-34 | 35-39 | 40-44 | 45-49 | Total | women | ag |
| $<2$ | 1.2 | 26.5 | 34.8 | 28.3 | 9.2 | 0.0 | 100.0 | 119 | 32.8 |
| 2-3 | 6.9 | 14.7 | 38.4 | 24.6 | 13.4 | 1.9 | 100.0 | 111 | 32.7 |
| 4-5 | 2.6 | 31.5 | 38.9 | 19.4 | 7.6 | 0.0 | 100.0 | 92 | 31.3 |
| 6-7 | 17.1 | 16.3 | 39.7 | 18.8 | 8.2 | 0.0 | 100.0 | 87 | 31.2 |
| 8-9 | 13.7 | 29.8 | 31.4 | 22.3 | 2.7 | 0.0 | 100.0 | 68 | 31.2 |
| 10+ | 19.1 | 44.1 | 31.9 | 4.9 | 0.0 | 0.0 | 100.0 | 471 | a |
| Total | 13.3 | 33.6 | 34.4 | 14.1 | 4.4 | 0.2 | 100.0 | 947 | 30.1 |
| $\mathrm{a}=$ Not calculated due to censoring |  |  |  |  |  |  |  |  |  |
| ${ }^{1}$ Median ages are calculated only for women sterilized at less than 40 years of age to avoid problems of censoring. |  |  |  |  |  |  |  |  |  |

### 5.7 Source of Supply of Modern Contraceptive Methods

Information on source of currently used modern methods is useful to guide program policy and implementation, particularly in the area of contraceptive self-reliance. Table 5.12 shows that more than two-thirds of current users of modern methods obtain their contraceptive supplies and services from the public sector (67 percent), 29 percent from the private medical sector, and 3 percent from other sources.

The source of method varies according to the method itself. Nearly three in four women who are sterilized had their operation in a government hospital. Barangay health stations and pharmacies are equally likely to supply contraceptive pills ( 34 and 35 percent, respectively). The majority ( 80 percent) of IUD users have their IUD inserted in a public facility. Half of these women went to a rural/urban health center for their service. Nine in 10 users of injectables obtained their most recent injection from a public facility, 43 percent from a rural/urban health center, and 46 percent from a barangay health station.

Table 5.12 Source of contraception
Percent distribution of current users of modern contraceptive methods by most recent source of method, according to specific method, Philippines 2003

|  | Female <br> sterili- <br> zation | Pill |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| IUD | Inject- <br> ables | Male <br> condom | Total |  |  |  |
| Source | 75.8 | 56.6 | 80.1 | 92.5 | 27.0 | 67.2 |
| Public sector | 68.3 | 1.0 | 10.8 | 3.4 | 1.8 | 24.5 |
| Government hospital | 7.0 | 19.8 | 40.2 | 42.5 | 10.6 | 19.7 |
| Rural/urban health center | 0.0 | 2.0 | 1.1 | 0.9 | 0.0 | 1.0 |
| Barangay supply/service point officer | 0.0 | 33.7 | 27.9 | 45.8 | 14.6 | 21.7 |
| Barangay health station | 0.5 | 0.0 | 0.0 | 0.0 | 0.0 | 0.2 |
| Other public |  |  |  |  |  |  |
|  | 23.2 | 38.6 | 18.0 | 7.5 | 59.6 | 29.3 |
| Private medical sector | 22.1 | 1.4 | 14.8 | 5.2 | 0.8 | 10.2 |
| Private hospital/clinic | 0.0 | 35.0 | 0.0 | 1.2 | 57.7 | 17.2 |
| Pharmacy | 1.1 | 1.3 | 2.9 | 0.0 | 0.0 | 1.2 |
| Private doctor | 0.0 | 0.6 | 0.2 | 1.1 | 1.0 | 0.4 |
| Private nurse/midwife | 0.0 | 0.3 | 0.0 | 0.0 | 0.0 | 0.1 |
| Industry-based clinic |  |  |  |  |  |  |
|  | 0.0 | 4.5 | 2.0 | 0.0 | 11.5 | 2.7 |
| Other source | 0.0 | 2.7 | 0.0 | 0.0 | 7.6 | 1.5 |
| Store | 0.0 | 1.8 | 0.2 | 0.0 | 3.9 | 1.0 |
| Puericulture center | 0.0 | 0.0 | 1.7 | 0.0 | 0.0 | 0.2 |
| Church | 1.0 | 0.2 | 0.0 | 0.0 | 0.6 | 0.5 |
| Other | 0.1 | 0.1 | 0.0 | 0.0 | 1.4 | 0.2 |
| Missing |  |  |  |  |  |  |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of women | 947 | 1,148 | 359 | 268 | 169 | 2,920 |

Note: Total includes 12 users of male sterilization, one implant user, and two users of emergency contraception. Table excludes lactational amenorrhea method (LAM).

While the public sector is the main service point for female sterilization, the pill, IUD, and injectables, pharmacies are the most important source for condoms ( 58 percent). Users of condoms who obtain their method from the public sector received the condoms from a barangay health station ( 15 percent) or a rural/urban health center (11 percent).

In the five years since 1998, there has been a decrease in the use of the public sector for family planning services ( 72 percent in 1998 to 67 percent in 2003) and an increase in the use of the private sector (26 percent in 1998 to 29 percent in 2003) (NSO, DOH and Macro, 1999).

### 5.8 Informed Choice

One of the means to increase the levels of contraceptive acceptance and continued use is the provision of informed choice. This is achieved when service providers inform potential users of other methods that could be used. Family planning providers should also inform all method users of potential side effects of each method and what they should do if they encounter signs of a problem. This information assists users in coping with side effects and decreases discontinuation of temporary methods. Users of temporary methods should also be informed of the choices they have with respect to other methods.

In the 2003 NDHS, current users of modern methods who adopted the method in the five years preceding the survey were asked whether or not they were informed by a family planning service provider with details about their current method, including its potential side effects, as a basis for exercising free choice. Data in Tables 5.13, 5.14, and 5.15 show the results.

Table 5.13 presents the percentage of users of modern contraceptives who were informed that there are potential side effects of their current method and what to do if they experience any of the side effects, by specific method and initial source of method. The data show that 38 percent of current users were informed about possible side effects or problems of the method they are using, and 35 percent of the current users were informed what to do if they experienced side effects. Thirty-nine percent of current users were informed of other methods that could be used. These percentages vary by method. Users of injectables are the most well-informed: 60 percent were informed of the potential side effects of the injection, 57 percent were told what to do if they experience any of the side effects, and 62 percent were given information about other methods. The corresponding percentages for users of the pill and IUD are between 42 and 51 percent. In contrast, only 17 percent of women who were sterilized were informed about possible side effects or problems of the operation, 15 percent were informed what to do if they experienced side effects, and 15 percent were informed of other methods available.

## Table 5.13 Informed choice by method/source

Among current users of modern contraceptive methods who adopted the current method in the five years preceding the survey, percentage who were informed about the side effects of the method used, percentage who were informed what to do if side effects were experienced, and percentage who were informed of other methods that could be used for contraception, by specific method and initial source of method, Philippines 2003

|  | Informed about <br> side effects or <br> problems of <br> method used $^{1}$ | Informed what <br> to do if <br> experienced <br> side effects $^{1}$ | Informed of <br> other methods <br> that could be <br> used $^{2}$ |
| :--- | :---: | :---: | :---: |
| Method/ <br> Initial source |  |  |  |
| Method |  |  |  |
| Female sterilization | 17.2 | 14.6 | 14.6 |
| Pill | 48.1 | 44.7 | 50.6 |
| IUD | 43.6 | 42.1 | 45.0 |
| Injectables | 60.4 | 56.9 | 61.5 |
| Initial source of method ${ }^{3}$ |  |  |  |
| Public sector | 60.6 | 55.0 | 61.1 |
| $\quad$ Government hospital | 53.6 | 46.9 | 48.3 |
| $\quad$ Rural/urban health center | 62.2 | 58.2 | 62.8 |
| $\quad$ Barangay health station | 61.7 | 55.7 | 66.4 |
| Private medical sector | 56.3 | 53.9 | 56.2 |
| $\quad$ Private hospital/clinic | 63.9 | 58.5 | 62.2 |
| Pharmacy | 51.3 | 50.2 | 53.3 |
| Other source | 32.0 | 27.2 | 49.5 |
| Total |  |  |  |

${ }^{1}$ Among users of female sterilization, pill, IUD, injectables, and implants
${ }^{2}$ Among users of female sterilization, pill, IUD, injectables, implants, diaphragm, and lactational amenorrhea method (LAM)
${ }^{3}$ Source at start of current episode of use. Sources with small numbers of users have been omitted.

Current users who obtained their method from the public sector were better informed than those who obtained the method from a private sector about side effects or problems associated with the method used (61 compared with 56 percent). Women who obtained their method from the public sector were as likely to be informed as those who obtained the method from a private sector about what to do if they experienced any side effects ( 55 and 54 percent, respectively). Health workers in a public facility are more likely than those in a private facility to inform their clients about other methods they could use (61 and 56 percent, respectively).

All providers of sterilization must inform potential users that they will not be able to have any (more) children because of sterilization. Nine out of ten sterilization acceptors were informed that the method was permanent (Table 5.14). Current users of sterilization who obtained the method from private hospitals were more likely to be told that the method was permanent (95 percent) than those who obtained the method from public hospitals (88 percent).

Table 5.15 presents the percentage of users of modern contraceptives who were informed that there are potential side effects of their current method and what to do if they experience any of the side effects, by background characteristics. Data show that current users in rural areas were better informed than those in urban areas about side effects of the method, what to do if side effects were experienced, and other methods to choose from.

Contraceptive users in ARMM, Caraga, and Eastern
Visayas are better informed about their method and other choices than in other regions of the country. Users in Ilocos are the least likely to have this information. The National Capital Region (NCR) also shows low levels of information about side effects, what to do about side effects, and about other methods.

Data in Table 5.15 show that for all of the indicators, quality of care is negatively associated with the wealth status; current users in the poorest quintile have better services than users in the wealthier quintiles. There is no clear pattern in the relationship between a woman's education and the quality of care for family planning services.

| Table 5.15 Informed choice by background characteristics |  |  |  |
| :---: | :---: | :---: | :---: |
| Among current users of modern contraceptive methods who adopted the current method in the five years preceding the survey, percentage who were informed about the side effects of the method used, percentage who were informed what to do if side effects were experienced, percentage who were informed of other methods that could be used for contraception, by background characteristics, Philippines 2003 |  |  |  |
| Background characteristic | Informed about side effects or problems of method used ${ }^{1}$ | Informed what to do if experienced side effects ${ }^{1}$ | Informed of other methods that could be used $^{2}$ |
| Residence |  |  |  |
| Urban | 35.9 | 33.0 | 36.6 |
| Rural | 40.4 | 37.6 | 41.2 |
| Region |  |  |  |
| National Capital Region | 35.7 | 33.5 | 38.8 |
| Cordillera Admin Region | 41.6 | 41.6 | 40.4 |
| I - Ilocos | 31.6 | 27.9 | 28.0 |
| II - Cagayan Valley | 39.9 | 37.3 | 40.2 |
| III - Central Luzon | 34.6 | 28.1 | 31.7 |
| IVA - CALABARZON | 37.2 | 34.5 | 31.1 |
| IVB - MIMAROPA | 41.3 | 40.3 | 46.1 |
| $\checkmark$ - Bicol | 38.4 | 41.3 | 42.7 |
| VI - Western Visayas | 36.0 | 40.1 | 37.1 |
| VII - Central Visayas | 33.0 | 24.5 | 35.1 |
| VIII - Eastern Visayas | 51.4 | 47.6 | 50.8 |
| IX - Zamboanga Peninsula | 37.1 | 37.4 | 41.2 |
| X - Northern Mindanao | 40.6 | 36.7 | 50.9 |
| XI - Davao | 38.5 | 35.0 | 42.4 |
| XII - SOCCSKSARGEN | 41.8 | 41.8 | 50.4 |
| XIII - Caraga | 51.5 | 45.5 | 49.7 |
| ARMM | 62.7 | 64.6 | 58.7 |
| Education |  |  |  |
| No education | 36.3 | 40.9 | 24.9 |
| Elementary | 33.4 | 28.8 | 32.8 |
| High school | 39.4 | 37.5 | 41.2 |
| College or higher | 40.1 | 37.3 | 40.7 |
| Wealth index quintile |  |  |  |
| Lowest | 50.9 | 48.8 | 52.7 |
| Second | 39.6 | 35.4 | 39.5 |
| Middle | 39.2 | 37.9 | 41.1 |
| Fourth | 32.4 | 28.8 | 32.8 |
| Highest | 32.2 | 29.6 | 32.2 |
| Total | 37.9 | 35.1 | 38.7 |

${ }^{1}$ Among users of female sterilization, pill, IUD, injectables, and implants
${ }^{2}$ Among users of female sterilization, pill, IUD, injectables, implants, diaphragm, and lactational amenorrhea method (LAM)

### 5.9 Contraceptive Discontinuation Rates

For a contraceptive method to prevent pregnancy, it must be used continuously. One measure of the quality of use is the rate at which users discontinue using a method of contraception. Reasons for discontinuation may include contraceptive failure, dissatisfaction with the method, side effects, and lack of availability. High rates of discontinuation, method failure, and method switching may indicate that improvements are needed in counseling in the selection of methods, followup care, and accessibility of services.

Life-table contraceptive discontinuation rates derived from the survey are presented in Table 5.16. These are cumulative first-year discontinuation rates and represent the proportion of users discontinuing a method within 12 months after the start of use. The rates are calculated by dividing the number of discontinuations for each reason at each duration of use in single months by the number of months of exposure at that duration. The single-month rates are then totaled to produce a one-year rate. The reasons for discontinuation are treated as competing risks (net rates). Three reasons for discontinuation are tabulated: method failure (became pregnant while using contraception), desire to become pregnant, and side effects or health concerns. (For a technical discussion on the methodology of calculating this measure, see Macro International, 1992).

| Table 5.16 First-year contraceptive discontinuation rate |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of contraceptive users who discontinued use of a method within 12 months after beginning its use, by reason for discontinuation and specific method, Philippines 2003 |  |  |  |  |  |
| Method | Reason for discontinuation |  |  |  | Total |
|  | Method failure | Desire to become pregnant | Switched to another method ${ }^{1}$ | Other <br> reason |  |
| Pill | 3.7 | 3.5 | 11.9 | 20.1 | 39.2 |
| IUD | 0.6 | 0.4 | 5.9 | 7.1 | 14.0 |
| Injectables | 1.3 | 4.3 | 27.7 | 19.5 | 52.7 |
| Male condom | 7.9 | 4.0 | 26.1 | 20.0 | 58.0 |
| Calendar/rhyt abstinence | 12.5 | 4.4 | 7.8 | 7.0 | 31.8 |
| Withdrawal | 17.2 | 5.6 | 11.2 | 9.8 | 43.8 |
| All methods | 7.8 | 4.0 | 13.3 | 14.0 | 39.1 |
| Note: Table is based on episodes of contraceptive use that began 3-59 months prior to the survey. <br> ${ }^{1}$ Used a different method in the month following discontinuation or said they wanted a more effective method and started another method within two months of discontinuation |  |  |  |  |  |
|  |  |  |  |  |  |  |

Table 5.16 shows that for all methods (including those not shown separately in the table), 39 percent of users discontinue during the first year of use. Eight percent do so because they become pregnant while using the method, 4 percent because they wanted to become pregnant, 13 percent due to switching to another method, and 14 percent due to other reasons. The discontinuation rate is highest for condoms ( 58 percent) and injectables ( 53 percent); however, nearly half of the discontinuers of these methods switched to another method. Four in ten pill users discontinued during the first year of using; 12 percent switched to another method. The discontinuation rate for the IUD is 14 percent; 6 percent of the women switched to another method, 7 percent give other reasons, and another 1 percent report either method failure or a desire to become pregnant.

Although withdrawal and calendar/rhythm/periodic abstinence do not have the highest rates of discontinuation, these methods have the highest failure rates (17 and 13 percent, respectively). Discontinuation due to a desire to become pregnant is slightly higher for withdrawal (6 percent) than for other methods (4 percent each).

Comparison with data from the 1998 NDHS shows that first-year discontinuation rates due to method failure have declined from 12 to 8 percent in 2003. Similarly, the rates by method remain at the
same levels, except for the pill, which declined from 44 to 40 percent, and the calendar/rhythm/periodic abstinence method which declined from 36 to 32 percent (NSO, DOH and Macro, 1999).

Reasons for discontinuation may include contraceptive failure, dissatisfaction with the method, side effects, and lack of availability. High rates of discontinuation, method failure, and method switching may indicate that improvements are needed in counseling in the selection of methods, followup care, and accessibility of services. Table 5.17 presents reasons for discontinuation among ever-users who have discontinued use of a method during the five years preceding the survey. Considering all methods, accidental pregnancy was by far the most important reason for discontinuing use of a family planning method ( 24 percent), followed by side effects (17 percent) and the desire to become pregnant (16 percent).

## Table 5.17 Reasons for discontinuation

Percent distribution of discontinuations of contraceptive methods in the five years preceding the survey by main reason for discontinuation, according to specific method, Philippines 2003

| Reason | Pill | IUD | Injectables | Condom | LAM | Periodic abstinence | Withdrawal | Other | All methods |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Became pregnant while using | 11.7 | 4.5 | 3.3 | 18.1 | 16.7 | 42.7 | 45.0 | 44.8 | 23.5 |
| Wanted to become pregnant | 17.5 | 14.2 | 11.3 | 11.5 | 6.8 | 19.9 | 14.1 | 14.8 | 15.5 |
| Husband disapproved | 1.7 | 3.2 | 1.9 | 5.5 | 1.2 | 4.1 | 2.9 | 6.1 | 2.7 |
| Side effects | 26.3 | 32.4 | 32.0 | 9.2 | 3.0 | 0.8 | 3.9 | 0.0 | 16.6 |
| Health concerns | 12.8 | 16.8 | 21.8 | 5.7 | 1.2 | 2.9 | 2.0 | 4.2 | 9.4 |
| Access/availability | 3.7 | 0.0 | 7.9 | 2.8 | 2.4 | 0.0 | 0.3 | 1.7 | 2.6 |
| Wanted a more effective method | 3.7 | 6.6 | 4.2 | 9.0 | 28.3 | 10.4 | 9.3 | 5.4 | 7.0 |
| Inconvenient to use | 2.6 | 5.6 | 2.7 | 23.3 | 0.0 | 2.8 | 3.7 | 9.6 | 4.4 |
| Infrequent sex/husband away | 10.0 | 2.6 | 2.5 | 4.4 | 2.2 | 3.7 | 2.9 | 0.0 | 5.6 |
| Cost too much | 1.1 | 0.0 | 2.2 | 1.7 | 0.0 | 0.0 | 0.0 | 0.0 | 0.8 |
| Fatalistic | 0.3 | 1.5 | 0.5 | 0.5 | 0.0 | 0.0 | 0.3 | 0.0 | 0.4 |
| Difficult to get pregnant/menopausal | 0.6 | 2.2 | 0.3 | 0.4 | 0.9 | 1.3 | 0.7 | 0.0 | 0.7 |
| Marital dissolution/separation | 0.7 | 0.9 | 0.1 | 1.0 | 0.0 | 0.0 | 0.4 | 0.0 | 0.5 |
| Other | 3.2 | 8.0 | 2.8 | 3.6 | 13.8 | 1.9 | 1.5 | 5.3 | 3.0 |
| Don't know | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.2 | 0.0 | 0.0 |
| Missing | 3.9 | 1.5 | 6.5 | 3.2 | 23.4 | 9.7 | 12.8 | 8.2 | 7.4 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of discontinuations | 1,494 | 181 | 525 | 273 | 73 | 586 | 979 | 54 | 4,168 |

Note: Total includes 2 users of foam/jelly.
LAM $=$ Lactational amenorrhea method

Programmatic factors such as access/availability and cost of the method are only cited by 3 percent and less than 1 percent, respectively. This reason for discontinuation varies by method. Eight percent of past users of injectables reported that the method was inaccessible or unavailable.

Other reasons for discontinuation also vary by method. The most cited reason for stopping use of modern contraception was method side effects ( 26 percent of pill users and 32 percent each of IUD and injectables users). Twenty percent of condom users stopped using it because it was inconvenient to use, and 28 percent of LAM users cited the desire for a more effective method.

The reason mentioned most often for discontinuing the use of traditional methods was failure of the method ( 43 percent of users of periodic abstinence and 45 percent of users of withdrawal).

The reasons for discontinuing contraceptive methods have changed little since 1998; however, discontinuation due to becoming pregnant while using the method (method failure) declined from 31 percent in 1998 to 24 percent in 2003 (NSO, DOH and Macro, 1999).

### 5.10 Intentions for Family Planning Use among Nonusers

Intention to use contraception in the future provides a forecast of potential demand for family planning services and represents a summary indicator of attitudes toward contraception among current nonusers. In the Philippines, where the contraceptive prevalence rate is high, nonusers are the group most targeted by family planning programs and providers.

In the 2003 NDHS, respondents who were not using any method of contraception at the time of the interview were asked if they intended to use a method at any time in the future. Table 5.18 presents the distribution of currently married women who are not using a contraceptive method by intention to use in the future, according to number of living children. According to the 2003 NDHS data, 40 percent of nonusers intend to use family planning in the future, and 55 percent of nonusers do not intend to use family planning in the future. The remaining women are unsure about their intentions ( 5 percent).

## Table 5.18 Future use of contraception

Percent distribution of currently married women who are not using a contraceptive method by intention to use in the future, according to number of living children,
Philippines 2003

|  | Number of living children ${ }^{1}$ |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| Intention | 0 | 1 | 2 | 3 | $4+$ | Total |
| Intends to use | 32.9 | 45.3 | 45.7 | 44.9 | 33.1 | 39.8 |
| Unsure | 8.0 | 6.4 | 5.3 | 4.8 | 3.0 | 4.9 |
| Does not intend to use | 59.1 | 48.3 | 49.0 | 49.2 | 63.7 | 55.0 |
| Missing | 0.0 | 0.0 | 0.1 | 1.1 | 0.2 | 0.3 |
|  |  |  |  |  |  |  |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of women | 459 | 940 | 849 | 648 | 1,538 | 4,433 |

${ }^{1}$ Includes current pregnancy

The intention to use a family planning method in the future increases from 33 percent for nonusing married women with no living children to 45 percent for women with one to three living children, after which the desire to use contraception declines. The percentage of nonusing married women who do not intend to use contraception is highest among the women with the most children. Forty-eight percent of married women with one living child say that they do not intend to use a family planning method in the future; the corresponding proportion for women with four or more living children is 64 percent.

The intention to use a family planning method in the future is similar to that recorded in the 1998 NDHS (NSO, DOH and Macro, 1999).

One of the important ways of assessing obstacles to family planning programs is to ask women why they are not using a contraceptive method; this was done in the 2003 NDHS. Table 5.19 presents the distribution of currently married nonusers who do not intend to use family planning by reason for not using contraception, according to two major age groups. The reasons cited by nonusers for nonuse of contraception in the future are primarily fertility related ( 43 percent) and method related ( 33 percent). Opposition to the use of contraception is cited by 20 percent of nonusers.

Fifteen percent of women cite the desire to have as many children as possible as a reason for nonuse. Older women are more likely to cite fertility-related reasons for nonuse ( 47 percent), and younger women are more likely to cite method-related reasons ( 45 percent). Concerns about their health and the side effects of the method are each expressed by 14 percent of all women. Younger women are more
likely than older women to express these two particular concerns. This finding suggests that family planning counseling is needed to eliminate any concerns women may have about methods and the possible side effects. Comprehensive information on available methods including their advantages and disadvantages would enable nonusers to make informed choices before deciding on a contraceptive method to use.

The respondent's opposition to the use of contraception is more often cited ( 9 percent) than religious opposition ( 6 percent) or husband's opposition (4 percent). Younger women are more likely than older women to cite opposition to the use of contraception ( 25 compared with 18 percent). The lack of knowledge about methods and where they can be obtained are cited as reasons for nonuse by less than 2 percent of women, with higher proportions of younger women than older women ( 3 compared with 1 percent) reporting lack of knowledge.

Table 5.20 presents data on currently married women who are not currently using family planning but intend to use in the future. Findings show that a significantly large proportion of women want to use the pill (48 percent), and 10 percent each say that they want to use female sterilization, injectables, or periodic abstinence. Younger women are more likely to say that they prefer to use modern methods such as the pill ( 52 percent) and injectables (12 percent); older women also prefer the pill ( 43 percent), but indicate interest in periodic abstinence (14 percent) and female sterilization (13 percent) as well.

Table 5.19 Reason for not intending to use contraception
Percent distribution of currently married women who are not using a contraceptive method and who do not intend to use in the future by main reason for not intenting to use, according to age, Philippines 2003

| Reason | Age |  | Total |
| :---: | :---: | :---: | :---: |
|  | 15-29 | 30-49 |  |
| Fertility-related reasons | 24.0 | 47.3 | 42.9 |
| Not married | 0.3 | 0.2 | 0.2 |
| Infrequent sex/no sex | 3.2 | 5.7 | 5.3 |
| Menopausal/had hysterectomy | 0.0 | 14.3 | 11.6 |
| Subfecund/infecund | 1.4 | 13.8 | 11.5 |
| Wants as many children as possible | 19.4 | 13.4 | 14.5 |
| Opposition to use | 25.4 | 18.4 | 19.7 |
| Respondent opposed | 7.4 | 9.2 | 8.8 |
| Husband/partner opposed | 5.2 | 3.3 | 3.7 |
| Others opposed | 0.3 | 0.0 | 0.1 |
| Religious prohibition | 11.7 | 4.9 | 6.2 |
| Fatalistic | 0.8 | 1.0 | 0.9 |
| Lack of knowledge | 2.6 | 1.1 | 1.4 |
| Knows no method | 1.9 | 0.9 | 1.1 |
| Knows no source | 0.7 | 0.2 | 0.3 |
| Method-related reasons | 44.7 | 29.7 | 32.5 |
| Health concerns | 17.0 | 13.6 | 14.3 |
| Fear of side effects | 21.8 | 12.5 | 14.2 |
| Lack of access/too far | 0.9 | 0.3 | 0.4 |
| Costs too much | 1.8 | 1.8 | 1.8 |
| Inconvenient to use | 1.8 | 1.0 | 1.1 |
| Interfere with body's normal processes | 1.4 | 0.5 | 0.7 |
| Other | 1.6 | 2.5 | 2.3 |
| Don't know/missing | 1.4 | 1.0 | 1.1 |
| Total | 100.0 | 100.0 | 100.0 |
| Number | 460 | 1,978 | 2,438 |

Comparison of the results of this survey with those of the 1998 NDHS shows that gradually larger proportions of women intend to use the pill ( 40 percent in 1998 to 48 percent in 2003) and smaller proportions intend to use periodic abstinence (from 13 percent in 1998 to 10 percent in 2003) (NSO, DOH and Macro, 1999).

| Table 5.20 Preferred method of contraception for |  |  |  |
| :---: | :---: | :---: | :---: |
| future use |  |  |  |
| Percent distribution of currently married women who are not using a contraceptive method but who intend to use in the future by preferred method, according to age, Philippines 2003 |  |  |  |
|  |  |  |  |
| Method | 15-29 | 30-49 | Total |
| Female sterilization | 7.5 | 12.5 | 9.7 |
| Male sterilization | 0.0 | 0.1 | 0.0 |
| Pill | 51.9 | 43.4 | 48.1 |
| IUD | 8.2 | 8.0 | 8.1 |
| Injectables | 11.9 | 7.4 | 9.9 |
| Implants | 0.0 | 0.2 | 0.1 |
| Condom | 2.8 | 3.2 | 3.0 |
| LAM | 0.0 | 0.1 | 0.1 |
| Periodic abstinence | 7.4 | 14.1 | 10.4 |
| Withdrawal | 5.6 | 6.6 | 6.0 |
| Other | 0.5 | 0.4 | 0.5 |
| Unsure | 3.4 | 2.4 | 3.0 |
| Missing | 0.8 | 1.5 | 1.1 |
| Total | 100.0 | 100.0 | 100.0 |
| Number of women | 982 | 784 | 1,765 |
| LAM = Lactational amenorrhea method |  |  |  |

### 5.11 Family Planning Messages in the Mass Media

In an effort to investigate which sources of family planning information are reaching their intended audience, female respondents in the 2003 NDHS were asked a series of questions on their exposure to such information. Respondents were asked whether they heard or saw a message on family planning on the radio or television, or if they read it in a newspaper/magazine, poster, or pamphlet in the six months preceding the survey. Respondents were also asked whether they had received any family planning messages through personal contact.

Fifty-nine percent of women age 15-49 were reached by family planning messages aired on radio, and 64 percent saw messages on television. Printed messages in newspapers/magazines and posters reached fewer women ( 40 percent each), and pamphlets reached only 30 percent of women. One in five women was never reached by any of the above-cited media sources of family planning messages.

Women age 15-19 are somewhat less likely to receive family planning information through any media than women in older age groups. As expected, women who live in rural areas are less likely to be exposed to family planning information through all sources of media than urban women.

Radio, television, and newspapers/magazines are the most likely channels of communicating family planning messages in more developed than in less developed regions of the country. Exposure to mass media channels can be attributed to the availability of electricity and transportation facilities. Eastern Visayas, Cagayan Valley, and CALABARZON showed the highest proportion of women who have heard family planning messages from the radio ( 66 to 75 percent), while ARMM showed the lowest radio exposure to radio broadcast ( 39 percent). Television is the source of family planning information for nearly 80 percent of women in Central Luzon, CALABARZON, and NCR, yet only 28 percent of women in ARMM cited the same source.

Table 5.21 Exposure to family planning messages
Percentage of all women who heard or saw a family planning message on the radio or television, or in a newspaper/magazine, poster, or pamphlet in the past few months, according to background characteristics, Philippines 2003

| Background characteristic | Radio | Television | Printed media |  |  | None of these media sources | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Newspaper/ magazine | Poster | Pamphlet |  |  |
| Age |  |  |  |  |  |  |  |
| 15-19 | 51.0 | 61.3 | 34.7 | 31.2 | 21.9 | 24.8 | 2,648 |
| 20-24 | 56.7 | 65.7 | 41.2 | 40.3 | 29.5 | 18.9 | 2,209 |
| 25-29 | 61.5 | 66.9 | 42.6 | 43.5 | 34.1 | 17.9 | 2,034 |
| 30-34 | 61.2 | 65.1 | 40.8 | 43.5 | 33.0 | 18.2 | 1,954 |
| 35-39 | 62.5 | 64.9 | 41.6 | 41.8 | 31.4 | 18.3 | 1,873 |
| 40-44 | 62.5 | 64.3 | 40.2 | 42.9 | 30.8 | 19.8 | 1,564 |
| 45-49 | 62.1 | 63.3 | 39.2 | 40.4 | 29.1 | 22.3 | 1,351 |
| Residence |  |  |  |  |  |  |  |
| Urban | 60.0 | 73.6 | 48.0 | 44.6 | 33.5 | 15.8 | 7,877 |
| Rural | 57.6 | 51.8 | 28.6 | 33.7 | 24.3 | 26.1 | 5,756 |
| Region |  |  |  |  |  |  |  |
| National Capital Region | 61.7 | 79.9 | 53.2 | 47.4 | 31.2 | 11.6 | 2,387 |
| Cordillera Admin Region | 47.4 | 46.8 | 46.4 | 49.6 | 41.6 | 24.5 | 216 |
| I - Ilocos | 59.9 | 67.6 | 45.3 | 38.8 | 30.9 | 19.6 | 642 |
| II - Cagayan Valley | 71.2 | 52.5 | 34.9 | 29.6 | 27.7 | 13.1 | 426 |
| III - Central Luzon | 62.4 | 81.3 | 44.0 | 32.0 | 24.0 | 11.2 | 1,459 |
| IVA - CALABARZON | 65.6 | 78.0 | 51.1 | 45.8 | 38.0 | 14.8 | 1,890 |
| IVB - MIMAROPA | 64.6 | 53.4 | 34.5 | 36.9 | 30.4 | 19.9 | 340 |
| V - Bicol | 47.6 | 48.5 | 27.4 | 35.1 | 23.7 | 28.9 | 713 |
| VI - Western Visayas | 58.8 | 56.7 | 31.6 | 42.0 | 29.3 | 21.4 | 910 |
| VII - Central Visayas | 55.5 | 55.6 | 36.6 | 42.5 | 32.0 | 26.2 | 1,070 |
| VIII - Eastern Visayas | 74.7 | 69.0 | 43.5 | 55.0 | 42.2 | 11.1 | 555 |
| IX - Zamboanga Peninsula | 45.3 | 33.3 | 19.6 | 15.4 | 14.1 | 44.6 | 465 |
| X - Northern Mindanao | 55.1 | 55.4 | 32.8 | 36.3 | 26.2 | 28.2 | 565 |
| XI - Davao | 50.6 | 54.8 | 29.1 | 44.4 | 27.4 | 22.1 | 654 |
| XII - SOCCSKSARGEN | 55.7 | 53.6 | 29.5 | 35.3 | 24.5 | 29.9 | 524 |
| XIII - Caraga | 57.2 | 57.7 | 29.7 | 47.7 | 32.4 | 21.9 | 327 |
| ARMM | 38.8 | 28.2 | 12.4 | 15.7 | 14.6 | 50.1 | 489 |
| Education |  |  |  |  |  |  |  |
| No education | 24.7 | 12.3 | 2.8 | 4.8 | 3.2 | 71.0 | 186 |
| Elementary | 52.3 | 46.2 | 19.9 | 25.0 | 15.1 | 32.3 | 3,146 |
| High school | 59.2 | 65.2 | 37.1 | 37.2 | 25.9 | 19.4 | 6,109 |
| College or higher | 65.2 | 79.3 | 60.4 | 56.9 | 47.0 | 9.9 | 4,192 |
| Wealth index quintile |  |  |  |  |  |  |  |
| Lowest | 47.0 | 26.2 | 13.6 | 23.3 | 14.1 | 43.4 | 2,161 |
| Second | 60.6 | 54.2 | 28.1 | 32.9 | 22.8 | 23.2 | 2,412 |
| Middle | 62.5 | 72.9 | 41.0 | 40.0 | 29.6 | 15.1 | 2,682 |
| Fourth | 61.3 | 77.4 | 48.6 | 45.3 | 34.0 | 12.9 | 2,940 |
| Highest | 60.7 | 77.9 | 56.2 | 50.8 | 40.2 | 13.6 | 3,438 |
| Total | 59.0 | 64.4 | 39.8 | 40.0 | 29.6 | 20.2 | 13,633 |

Printed media are most often cited by women in CAR and Eastern Visayas, while ARMM shows the lowest percentages. Women's exposure to family planning information dissemination through posters and pamphlets is likely due to their contact with health clinics or health service providers.

Exposure to family planning messages increases with education. Nine in ten women with college or higher education saw a family planning message either on the radio, television, or printed materials, yet this is true for only 29 percent of women with no formal education.

Women from poor families have less access to family planning messages regardless of mass media source. Fourteen percent of women in the wealthiest quintile say that they have had no exposure to family planning messages in the past few months; the corresponding proportion for women in the poorest quintile is 43 percent.

### 5.12 Contact Communication between Nonusers and Family Planning/Health Service Providers

Table 5.22 presents data on exposure to family planning messages through personal contacts. In the 2003 NDHS, women who were not using contraception were asked whether they were visited by a family planning worker who discussed family planning in the 12 months preceding the survey. Women were also asked whether they had visited a health facility in the past year and, if so, whether a staff person at that facility spoke to them about family planning. This information is useful in determining if nonusers of family planning are being reached by family planning programs and initiatives in the Philippines. Nonusers may be encouraged to use contraception if fieldworkers discuss family planning during their home visits. Likewise, nonusers who visit health facilities may be encouraged to use contraception if health service providers discuss family planning with them.

Table 5.22 shows that only 12 percent of family planning nonusers were visited by a family planning worker who discussed family planning, and a similar proportion visited a health facility and discussed family planning with a staff person at that facility (14 percent). Seventeen percent of nonusers visited a health facility but did not discuss family planning with any staff member. In all, 80 percent of nonusers did not discuss family planning, either with a fieldworker or at a health facility. This indicates missed opportunities to talk to nonusers about contraception and may indicate that family planning has not been fully integrated into the health services delivery system for women.

Adolescent women (age 15-19) are the least likely to discuss family planning, either when visited by a fieldworker or when at a health facility. Women age $25-34$ are slightly more likely than women in other age groups to have had the opportunity of discussing family planning with a staff member when they visited a health facility. Moreover, women living in rural areas are somewhat more likely than urban women to be visited by a fieldworker who discussed family planning with them, or to have this discussion when they visited a health facility.

Missed opportunity for discussion on family planning matters with a fieldworker or at a health facility is 84 percent or higher in NCR, Ilocos, Central Luzon, CALABARZON, and ARMM. Women in the wealthiest quintile are less likely to visit a health facility and discuss family planning than women in the poorest quintile. Women with elementary education are more likely to visit a health facility and discuss family planning than women with other levels of education.

Table 5.22 Contact of nonusers with family planning providers
Percentage of women who are not using contraception who were visited by a fieldworker who discussed family planning, who visited a health facility and discussed family planning, and who visited a health facility but did not discuss family planning, in the 12 months preceding the survey, by background characteristics, Philippines 2003

| Background characteristic | Women who were visited by fieldworker who discussed family planning | Women who visited a health facility and discussed family planning | Women who visited a health facility and did not discuss family planning | Women who did not discuss family planning with a fieldworker or at a health facility | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |
| 15-19 | 5.9 | 3.9 | 10.2 | 91.9 | 2,584 |
| 20-24 | 10.0 | 14.5 | 18.1 | 80.8 | 1,731 |
| 25-29 | 14.4 | 20.8 | 22.1 | 72.8 | 1,234 |
| 30-34 | 17.9 | 23.8 | 20.4 | 68.2 | 1,063 |
| 35-39 | 14.5 | 18.0 | 18.4 | 74.0 | 940 |
| 40-44 | 13.7 | 14.7 | 20.0 | 78.9 | 876 |
| 45-49 | 13.8 | 12.6 | 19.2 | 79.1 | 902 |
| Residence |  |  |  |  |  |
| Urban | 8.7 | 11.2 | 16.9 | 84.1 | 5,496 |
| Rural | 15.6 | 17.2 | 17.3 | 75.0 | 3,834 |
| Region |  |  |  |  |  |
| National Capital Region | 8.5 | 8.5 | 17.7 | 86.1 | 1,715 |
| Cordillera Admin Region | 14.2 | 14.3 | 15.7 | 77.4 | 149 |
| I - Ilocos | 9.8 | 10.2 | 15.5 | 85.3 | 428 |
| II - Cagayan Valley | 9.1 | 20.7 | 14.1 | 78.3 | 253 |
| III - Central Luzon | 7.4 | 9.7 | 18.5 | 86.3 | 929 |
| IVA - CALABARZON | 7.7 | 10.5 | 9.3 | 84.7 | 1,334 |
| IVB - MIMAROPA | 21.3 | 18.5 | 18.4 | 69.3 | 231 |
| V - Bicol | 8.9 | 14.4 | 22.1 | 81.4 | 493 |
| VI - Western Visayas | 14.8 | 18.2 | 18.2 | 72.7 | 640 |
| VII - Central Visayas | 12.9 | 19.7 | 12.6 | 75.6 | 716 |
| VIII - Eastern Visayas | 17.9 | 14.1 | 14.9 | 76.6 | 397 |
| IX - Zamboanga Peninsula | 15.2 | 16.0 | 16.4 | 77.1 | 318 |
| X - Northern Mindanao | 21.8 | 20.7 | 21.5 | 67.8 | 363 |
| XI - Davao | 15.0 | 18.4 | 25.7 | 74.3 | 397 |
| XII - SOCCSKSARGEN | 15.2 | 16.8 | 17.0 | 76.8 | 335 |
| XIII - Caraga | 17.5 | 27.1 | 25.1 | 65.3 | 205 |
| ARMM | 10.7 | 9.5 | 24.5 | 84.3 | 427 |
| Education |  |  |  |  |  |
| No education | 9.3 | 9.2 | 18.7 | 84.3 | 158 |
| Elementary | 15.5 | 18.1 | 18.3 | 74.4 | 2,024 |
| High school | 11.2 | 12.7 | 14.5 | 81.3 | 4,240 |
| College or higher | 9.3 | 12.2 | 19.7 | 82.9 | 2,909 |
| Wealth index quintile |  |  |  |  |  |
| Lowest | 17.5 | 18.9 | 19.1 | 72.4 | 1,528 |
| Second | 16.5 | 19.8 | 18.8 | 72.6 | 1,540 |
| Middle | 12.5 | 15.3 | 16.6 | 78.7 | 1,730 |
| Fourth | 9.8 | 11.1 | 15.4 | 82.9 | 1,969 |
| Highest | 5.6 | 7.6 | 16.3 | 88.9 | 2,564 |
| Total | 11.5 | 13.6 | 17.0 | 80.3 | 9,331 |

This chapter discusses the proximate determinants of fertility or the intermediate factors, other than contraception, that affect a woman's risk of becoming pregnant. The 2003 National Demographic and Health Survey (NDHS) included information on the following factors: nuptiality and sexual intercourse; the onset of menstruation (age at menarche); postpartum amenorrhea and postpartum abstinence from sexual relations; breastfeeding; and menopause.

Couples who are in legal and consensual unions are considered as married in this survey. Since most births in the Philippines are conceived within marriage, marriage marks the beginning of a woman's exposure to the risk of childbearing; the younger the woman's entry to marital union, the longer her exposure to the risk of becoming pregnant. A woman's chance of becoming pregnant is higher if the woman does not use contraception. Moreover, earlier onset of menstruation, due to improvements in health and nutritional status, also increases the risk of pregnancy.

Information on more direct measures of the beginning of exposure to pregnancy and the level of exposure, referred to as age of first sexual intercourse and frequency of intercourse, respectively, is also presented in this chapter.

### 6.1 Current Marital Status

Marriage is almost universal in the Philippines (Table 6.1). Overall, one in three women age 15-49 has never been married, 56 percent are currently married, 8 percent are living together, 3 percent are separated, and 2 percent are widowed. The proportion of women who never married decreases sharply from 91 percent among teenagers to 49 percent among women in their early twenties and to 21 percent among those in their late twenties. The proportion of women who remain single through their forties declines to 5 percent.

In contrast, the proportion of women who are married or living with their partner is only 9 percent among women under 20 years old. This proportion increases to 50 percent for women age 20-24 and to 76 percent among women age 25-29. The highest proportion of women currently married or living with their partner is at age group 35-39 (87 percent). Lower proportions in older age groups are due to the increase in the proportions of women who are separated or widowed.

| Table 6.1 Current marital status |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women by current marital status, according to age, Philippines 2003 |  |  |  |  |  |  |  |
| Age | Never married | Married | Living together | Separated | Widowed | Total | Number of women |
| 15-19 | 90.6 | 3.9 | 5.1 | 0.3 | 0.0 | 100.0 | 2,648 |
| 20-24 | 48.7 | 36.9 | 12.7 | 1.8 | 0.0 | 100.0 | 2,209 |
| 25-29 | 20.8 | 66.4 | 9.7 | 2.8 | 0.2 | 100.0 | 2,034 |
| 30-34 | 10.8 | 77.1 | 8.0 | 3.2 | 0.8 | 100.0 | 1,954 |
| 35-39 | 6.9 | 80.0 | 7.2 | 3.7 | 2.1 | 100.0 | 1,873 |
| 40-44 | 5.5 | 79.0 | 6.8 | 4.9 | 3.8 | 100.0 | 1,564 |
| 45-49 | 4.5 | 78.7 | 6.6 | 4.0 | 6.0 | 100.0 | 1,351 |
| Total | 32.2 | 55.6 | 8.0 | 2.7 | 1.5 | 100.0 | 13,633 |

### 6.2 Age at First Marriage

Given that most births in the Philippines occur within marriage, the age at legal or consensual marriage marks the start of women's exposure to childbearing. Table 6.2 shows the percentage of women who are married by specific exact age and the median age at first marriage, according to their age at the time of the survey. Overall, 91 percent of women age 15-19 have not married. The corresponding proportion for women age $30-34$ is 11 percent, and for those age 45-49, it is 5 percent. Looking at the exact ages at which women marry, two in ten women age 25-49, marry by age 18, half of all women have married by age 22 , and seven in ten are married by age 25 .

Data in the table imply that younger women tend to delay their entry into marital union, as reflected by the increasing proportion of women married at exact age 15 to 25 . While 14 percent of women age $20-24$ are married by age 18,18 to 19 percent of women age $30-49$ are married by age 18 . A very slight increase in age at first marriage in the past three decades can also be observed from the increasing median age at first marriage. Whereas the median age at first marriage for women age 45-49 is 21.9 years, the corresponding age for women age $25-29$ is 22.2 years.

Table 6.2 Age at first marriage
Percentage of women who were first married by exact ages and median age at first marriage, according to current age, Philippines 2003

| Current age | Percentage first married by exact age |  |  |  |  | Percentage never married | Number of women | Median age at first marriage |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 15 | 18 | 20 | 22 | 25 |  |  |  |
| 15-19 | 1.2 | na | na | na | na | 90.6 | 2,648 | a |
| 20-24 | 1.5 | 14.0 | 32.7 | na | na | 48.7 | 2,209 | a |
| 25-29 | 2.7 | 13.4 | 31.9 | 48.4 | 69.1 | 20.8 | 2,034 | 22.2 |
| 30-34 | 3.4 | 19.0 | 33.7 | 48.1 | 67.4 | 10.8 | 1,954 | 22.3 |
| 35-39 | 3.2 | 18.0 | 34.5 | 49.8 | 68.2 | 6.9 | 1,873 | 22.0 |
| 40-44 | 3.4 | 19.0 | 37.3 | 53.0 | 71.6 | 5.5 | 1,564 | 21.6 |
| 45-49 | 3.2 | 18.4 | 35.3 | 51.0 | 70.7 | 4.5 | 1,351 | 21.9 |
| 20-49 | 2.8 | 16.7 | 34.0 | 48.9 | 65.6 | 18.1 | 10,985 | a |
| 25-49 | 3.2 | 17.4 | 34.3 | 49.8 | 69.2 | 10.4 | 8,777 | 22.0 |

na $=$ Not applicable
$\mathrm{a}=$ Omitted because less than 50 percent of the women married for the first time before reach-
ing the beginning of the age group

### 6.2.1 Median Age at First Marriage

Table 6.3 shows the differentials in age at first marriage by women's background characteristics. In general, urban, better-educated, and wealthier women marry later than other women. For example, urban women marry two years later than rural women (22.9 and 20.9 years, respectively). The positive association between education and age at first marriage is obvious: Women who completed high school marry three years later than women with no education (21.2 and 18.2 years, respectively). The differentials are even greater by wealth status. On average, women in the wealthiest households marry at age 24.6 years, while women in the poorest households marry when they are 19.7 years old.

Table 6.3 Median age at first marriage
Median age at first marriage among women age 25-49, by current age and background characteristics, Philippines 2003

| Background characteristic | Age |  |  |  |  | Women age 25-49 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 25-29 | 30-34 | 35-39 | 40-44 | 45-49 |  |
| Residence |  |  |  |  |  |  |
| Urban | 23.0 | 23.5 | 22.9 | 22.4 | 22.6 | 22.9 |
| Rural | 21.1 | 20.7 | 21.1 | 20.7 | 20.7 | 20.9 |
| Region |  |  |  |  |  |  |
| National Capital Region | 23.3 | 24.7 | 24.3 | 23.3 | 22.8 | 23.8 |
| Cordillera Admin Region | 21.6 | 22.1 | 22.2 | 20.6 | 21.2 | 21.5 |
| I - Ilocos | 22.6 | 20.7 | 22.3 | 22.6 | 22.4 | 22.1 |
| II - Cagayan Valley | 20.9 | 20.8 | 21.6 | 21.0 | 20.6 | 20.9 |
| III - Central Luzon | 21.6 | 22.5 | 22.4 | 21.7 | 22.1 | 22.1 |
| IVA - CALABARZON | 23.4 | 23.0 | 22.5 | 21.6 | 22.7 | 22.7 |
| IVB - MIMAROPA | 21.2 | 21.6 | 19.9 | 21.1 | 20.2 | 21.0 |
| V - Bicol | 22.7 | 20.8 | 21.0 | 21.4 | 21.4 | 21.4 |
| VI - Western Visayas | 21.9 | 22.1 | 21.7 | 20.5 | 22.2 | 21.8 |
| VII - Central Visayas | 22.8 | 22.0 | 21.5 | 22.1 | 21.2 | 21.9 |
| VIII - Eastern Visayas | 21.7 | 21.0 | 20.4 | 19.8 | 20.6 | 20.8 |
| IX - Zamboanga Peninsula | 21.0 | 20.4 | 21.7 | 20.3 | 22.1 | 20.9 |
| X - Northern Mindanao | 22.5 | 22.1 | 22.0 | 22.2 | 21.2 | 22.0 |
| XI - Davao | 21.7 | 21.9 | 21.7 | 20.5 | 21.2 | 21.4 |
| XII - SOCCSKSARGEN | 21.0 | 20.4 | 22.0 | 20.4 | 20.3 | 21.0 |
| XIII - Caraga | 21.2 | 21.3 | 21.0 | 21.8 | 20.0 | 21.1 |
| ARMM | 20.1 | 19.4 | 19.9 | 19.1 | 20.5 | 19.9 |
| Education |  |  |  |  |  |  |
| No education | 18.9 | 18.1 | 17.1 | 18.5 | 18.2 | 18.2 |
| Elementary | 19.3 | 19.2 | 19.8 | 19.7 | 20.0 | 19.6 |
| High school | 21.0 | 21.6 | 21.2 | 20.8 | 21.5 | 21.2 |
| College or higher | 24.9 | 25.2 | 25.5 | 25.2 | 25.3 | a |
| Wealth index quintile |  |  |  |  |  |  |
| Lowest | 19.5 | 19.5 | 20.0 | 19.6 | 20.4 | 19.7 |
| Second | 20.6 | 20.5 | 20.7 | 20.5 | 20.8 | 20.6 |
| Middle | 22.0 | 22.0 | 21.1 | 21.2 | 20.8 | 21.5 |
| Fourth | 23.6 | 23.5 | 22.8 | 21.8 | 21.9 | 22.8 |
| Highest | a | 24.8 | 25.0 | 24.2 | 23.8 | 24.6 |
| Total | 22.2 | 22.3 | 22.0 | 21.6 | 21.9 | 22.0 |

$\mathrm{a}=$ Omitted because less than 50 percent of the women married for the first time before reaching age 25

There are regional variations in median age at first marriage, ranging from a low (19.9 years) in Autonomous Region in Muslim Mindanao (ARMM) to a high (23.8 years) in National Capital Region (NCR). The median age at first marriage is below the national average in all regions except in Ilocos, Central Luzon, CALABARZON, and Northern Mindanao.

### 6.3 Age at First Menstruation

On the whole, the mean age at menarche, which is a biological factor influenced by the woman's general health and nutritional state, is 13.3 years (Table 6.4). The data reveal that younger women tend to have menarche at an earlier age than older women. For instance, the onset of menstruation for women age $15-19$ is 12.8 years, while for women in their forties, it is 13.6 years.

Almost one in ten women has her first menstruation before age 12, half of women menstruated at age 12 or 13, and one in five at age 15 or older. The earlier age at menarche among younger women can also be observed from generally larger proportions of younger women at each age at menarche, up to age 13. For instance, while 33 percent of women age $15-19$ have their first menstruation at age 12 , the corresponding proportion for women age 45-49 is only 22 percent.

| Table 6.4 Age at menarche |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women by age at menarche, by age group, Philippines 2003 |  |  |  |  |  |  |  |  |
| Current age | <10 | 11 | 12 | 13 | 14 | 15+ | Total | Mean |
| 15-19 | 2.1 | 8.9 | 32.5 | 29.1 | 17.1 | 10.3 | 100.0 | 12.8 |
| 20-24 | 1.9 | 6.8 | 29.4 | 26.5 | 18.3 | 17.1 | 100.0 | 13.1 |
| 25-29 | 1.6 | 6.6 | 27.1 | 25.3 | 20.5 | 19.0 | 100.0 | 13.3 |
| 30-34 | 1.8 | 6.6 | 25.1 | 23.7 | 20.3 | 22.5 | 100.0 | 13.4 |
| 35-39 | 1.9 | 5.8 | 22.8 | 24.3 | 20.8 | 24.4 | 100.0 | 13.5 |
| 40-44 | 1.9 | 4.8 | 22.8 | 23.2 | 20.3 | 26.9 | 100.0 | 13.6 |
| 45-49 | 2.9 | 6.6 | 21.7 | 23.0 | 16.8 | 29.0 | 100.0 | 13.6 |
| Total | 2.0 | 6.7 | 26.6 | 25.4 | 19.1 | 20.1 | 100.0 | 13.3 |

### 6.4 Age at First Sexual Intercourse

Age at first sexual intercourse is another indicator of the beginning of a woman's exposure to the risk of childbearing. Data on age at first sexual intercourse (Table 6.5) indicate that among women age $25-49$, 3 percent of women had their first sexual intercourse by age 15,36 percent by age 20, and 68 percent by age 25 .

Table 6.5 Age at first sexual intercourse
Percentage of women who had first sexual intercourse by exact ages and median age at first intercourse, according to current age, Philippines 2003

| Current age | Percentage who had first sexual intercourse by exact age |  |  |  |  | Percentage who never had intercourse | Number of women | Median age at first intercourse |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 15 | 18 | 20 | 22 | 25 |  |  |  |
| 15-19 | 1.4 | na | na | na | na | 89.5 | 2,648 | a |
| 20-24 | 1.5 | 14.9 | 35.5 | na | na | 45.4 | 2,209 | a |
| 25-29 | 2.8 | 14.8 | 33.6 | 49.3 | 68.2 | 18.3 | 2,034 | 22.1 |
| 30-34 | 3.3 | 19.4 | 35.7 | 49.8 | 66.5 | 9.2 | 1,954 | 22.0 |
| 35-39 | 2.6 | 18.0 | 36.0 | 49.7 | 65.4 | 6.2 | 1,873 | 22.0 |
| 40-44 | 3.3 | 20.1 | 38.6 | 54.0 | 70.2 | 4.8 | 1,564 | 21.5 |
| 45-49 | 3.2 | 20.2 | 37.7 | 51.8 | 70.5 | 3.7 | 1,351 | 21.7 |
| 20-49 | 2.7 | 17.6 | 36.0 | na | na | 16.3 | 10,985 | a |
| 25-49 | 3.0 | 18.3 | 36.1 | 50.7 | 67.9 | 9.0 | 8,777 | 21.9 |

na $=$ Not applicable
$a=$ Omitted because less than 50 percent of the women had intercourse for the first time before reaching the beginning of the age group

The last column in Table 6.5 shows that the median age at first sexual intercourse is slightly higher among younger women: 22.1 years for women age 25-29 and 21.7 years for women age 45-49. It can be surmised that the age at which women became sexually active has increased over time: 15 percent of women age 20-24 had sex at age 18, compared with 20 percent of women age 45-49.

Table 6.6 presents the differentials in median age at first sexual intercourse by women's background characteristics. The data show similar patterns to those on median age at first marriage, with higher age at first sex among urban than rural women and among better educated women than those with no education.

| Table 6.6 Median age at first intercourse |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Median age at first sexual intercourse among women age 25-49, by current age and background characteristics, Philippines 2003 |  |  |  |  |  |  |
| Background | Age |  |  |  |  | Women age |
| characteristic | 25-29 | 30-34 | 35-39 | 40-44 | 45-49 | 25-49 |
| Residence |  |  |  |  |  |  |
| Urban | 22.9 | 23.3 | 23.0 | 22.2 | 22.5 | 22.8 |
| Rural | 21.1 | 20.6 | 20.9 | 20.7 | 20.7 | 20.8 |
| Region |  |  |  |  |  |  |
| National Capital Region | 23.0 | 24.5 | 24.4 | 22.8 | 22.8 | 23.5 |
| Cordillera Admin Region | 21.2 | 21.9 | 22.3 | 20.8 | 22.7 | 21.6 |
| I - Ilocos | 22.7 | 20.7 | 22.4 | 22.3 | 22.7 | 22.2 |
| II - Cagayan Valley | 21.2 | 20.9 | 21.3 | 21.4 | 20.6 | 21.1 |
| III - Central Luzon | 22.5 | 22.6 | 22.2 | 21.6 | 21.9 | 22.2 |
| IVA - CALABARZON | 23.2 | 22.8 | 23.2 | 21.5 | 22.5 | 22.6 |
| IVB - MIMAROPA | 20.9 | 21.7 | 20.0 | 21.9 | 21.3 | 21.2 |
| V - Bicol | 22.3 | 20.7 | 20.6 | 21.0 | 20.6 | 21.0 |
| VI - Western Visayas | 21.2 | 21.7 | 22.0 | 20.4 | 21.9 | 21.5 |
| VII - Central Visayas | 21.9 | 21.0 | 21.5 | 21.9 | 21.2 | 21.5 |
| VIII - Eastern Visayas | 21.7 | 20.5 | 20.4 | 20.4 | 20.4 | 20.7 |
| IX - Zamboanga Peninsula | 21.3 | 20.5 | 21.8 | 20.2 | 21.4 | 21.0 |
| X - Northern Mindanao | 22.5 | 21.1 | 21.0 | 22.1 | 21.5 | 21.6 |
| XI - Davao | 21.3 | 21.9 | 21.3 | 20.7 | 20.8 | 21.2 |
| XII - SOCCSKSARGEN | 21.0 | 20.8 | 21.7 | 20.7 | 19.9 | 21.0 |
| XIII - Caraga | 20.7 | 20.9 | 21.2 | 21.4 | 19.9 | 20.7 |
| ARMM | 20.3 | 19.6 | 20.2 | 18.8 | 20.5 | 20.0 |
| Education |  |  |  |  |  |  |
| No education | 18.5 | 18.1 | 17.7 | 18.4 | 18.0 | 18.1 |
| Elementary | 19.1 | 19.0 | 19.6 | 19.4 | 19.7 | 19.4 |
| High school | 21.1 | 21.4 | 21.1 | 20.7 | 21.6 | 21.1 |
| College or higher | 24.7 | 25.0 | 25.5 | 25.2 | 25.1 | a |
| Wealth index quintile |  |  |  |  |  |  |
| Lowest | 19.4 | 19.3 | 19.9 | 19.5 | 19.9 | 19.5 |
| Second | 20.8 | 20.2 | 20.7 | 20.6 | 20.9 | 20.6 |
| Middle | 21.8 | 22.0 | 21.3 | 20.9 | 20.9 | 21.5 |
| Fourth | 23.8 | 23.4 | 22.5 | 21.7 | 21.8 | 22.8 |
| Highest | 24.7 | 24.7 | 25.1 | 24.3 | 23.7 | 24.5 |
| Total | 22.1 | 22.0 | 22.0 | 21.5 | 21.7 | 21.9 |
| $\mathrm{a}=$ Omitted because less than 50 percent of the women had intercourse for the first time before reaching age 25 |  |  |  |  |  |  |

### 6.5 Recent Sexual Activity

Information on the frequency of intercourse is important for the refinement of measures of exposure to pregnancy. The 2003 NDHS collected information regarding the respondent's recent sexual activity to derive an indicator of the extent to which women abstain from sex because of such factors as a recent birth or temporary separation from husband. Each woman in the survey was asked how long ago was her last sexual intercourse (if ever), her relationship to the person with whom she had the last sex, and how long she has had sexual relations with this person.

Table 6.7 presents data on the timing of the last sexual intercourse, according to selected background characteristics. Overall, 49 percent of the women say that they had sex in the four weeks preceding the survey, 13 percent had sex in the 1 to 11 months preceding the survey, and 5 percent did not have sex in the one year preceding the survey.

Nine in ten women age 15-19 have never had sex. The proportion of women who never had sex declines to 9 percent among women age $30-34$ and 4 percent among women age 45-49. Women in their thirties are the most likely to have had sex in the past four weeks ( 68 to 70 percent). On the other hand, women in their forties are more likely than younger women to report having their last sex in the more distant past (one to eleven months before the survey or prior to that).

As expected, women who are married or living together are the most likely to have had sex within the past four weeks than other women ( 77 percent). Among women who never married, 2 percent say that their last sex was one or more years ago, and less than 1 percent had sex in the past four weeks. Among women in their first marriage, those who have been in union for 5 to 19 years are more likely to have had sexual relations in the four weeks preceding the survey than those who have been married for a longer or shorter period.

The likelihood that a woman had sexual relations in the most recent past is negatively associated with her education. While 65 percent of women with no education were sexually active in the four weeks preceding the survey, the corresponding proportion for women with high school or higher education is 45 to 46 percent. Women with college or higher education are less likely than other women to have ever had sex, partly because they marry later than women with less education (see Table 6.4).

Urban women were less sexually active in the four weeks preceding the survey than rural women (44 and 56 percent, respectively). Similarly, women in more urbanized regions are less likely to have been sexually active within the last four weeks than in other regions. The urban regions include NCR (41 percent) and CALABARZON ( 45 percent). The more rural regions, such as Zamboanga Peninsula and Cagayan Valley, have higher proportions of sexually active women in the most recent period covered by the survey ( 60 to 61 percent).

Women in the poorest quintile are much more likely to have engaged in sex in the four weeks preceding the survey than women in the wealthiest quintile ( 62 and 36 percent, respectively). The last panel in Table 6.7 shows that use of contraception can be associated with sexual activity. Women who are using contraception are two to three times more likely than nonusers to be sexually active ( 72 to 94 percent, compared with 32 percent). Users of the pill and condoms are the most active sexually ( 94 percent each).

| Table 6.7 Recent sexual activity |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women by timing of last sexual intercourse, according to background characteristics, Philippines 2003 |  |  |  |  |  |  |  |
| Timing of last sexual intercourse |  |  |  |  |  |  |  |
| Background characteristic | Within the last 4 weeks | Within 1 year ${ }^{1}$ | One or more years | Missing | Never had sexual intercourse | Total | Number of women |
| Age |  |  |  |  |  |  |  |
| 15-19 | 6.7 | 3.0 | 0.3 | 0.4 | 89.5 | 100.0 | 2,648 |
| 20-24 | 38.8 | 12.1 | 2.2 | 1.5 | 45.4 | 100.0 | 2,209 |
| 25-29 | 61.5 | 13.9 | 3.6 | 2.7 | 18.3 | 100.0 | 2,034 |
| 30-34 | 67.6 | 15.4 | 5.0 | 2.6 | 9.2 | 100.0 | 1,954 |
| 35-39 | 70.0 | 14.5 | 7.5 | 1.8 | 6.2 | 100.0 | 1,873 |
| 40-44 | 65.8 | 17.5 | 10.3 | 1.6 | 4.8 | 100.0 | 1,564 |
| 45-49 | 57.3 | 21.9 | 14.9 | 2.2 | 3.7 | 100.0 | 1,351 |
| Marital status |  |  |  |  |  |  |  |
| Never married | 0.6 | 1.6 | 2.2 | 0.7 | 94.9 | 100.0 | 4,388 |
| Married or living together | 77.0 | 18.8 | 2.5 | 1.7 | 0.0 | 100.0 | 8,671 |
| Divorced/separated/widowed | 3.7 | 12.4 | 72.7 | 11.1 | 0.0 | 100.0 | 574 |
| Marital duration |  |  |  |  |  |  |  |
| Married only once ${ }^{2}$ |  |  |  |  |  |  |  |
| 0-4 years | 74.8 | 21.1 | 1.1 | 2.9 | 0.1 | 100.0 | 1,826 |
| 5-9 years | 80.6 | 16.0 | 1.5 | 1.8 | 0.0 | 100.0 | 1,771 |
| 10-14 years | 80.8 | 15.5 | 2.2 | 1.4 | 0.0 | 100.0 | 1,456 |
| 15-19 years | 81.9 | 14.7 | 2.4 | 1.0 | 0.0 | 100.0 | 1,304 |
| 20-24 years | 75.0 | 20.1 | 3.9 | 1.0 | 0.0 | 100.0 | 1,033 |
| $25+$ years | 63.9 | 27.5 | 7.3 | 1.3 | 0.0 | 100.0 | 757 |
| Married more than once | 71.5 | 24.6 | 2.2 | 1.6 | 0.0 | 100.0 | 525 |
| Residence |  |  |  |  |  |  |  |
| Urban | 44.4 | 13.5 | 6.3 | 1.7 | 34.2 | 100.0 | 7,877 |
| Rural | 56.1 | 12.4 | 4.1 | 1.8 | 25.6 | 100.0 | 5,756 |
| Region |  |  |  |  |  |  |  |
| National Capital Region | 40.7 | 14.2 | 7.8 | 2.2 | 35.1 | 100.0 | 2,387 |
| Cordillera Admin Region | 47.9 | 13.1 | 5.5 | 2.2 | 31.2 | 100.0 | 216 |
| I- Ilocos | 50.2 | 13.0 | 4.8 | 2.7 | 29.4 | 100.0 | 642 |
| II - Cagayan Valley | 60.4 | 14.6 | 3.2 | 1.7 | 20.1 | 100.0 | 426 |
| III - Central Luzon | 51.6 | 12.0 | 4.5 | 1.1 | 30.8 | 100.0 | 1,459 |
| IVA - CALABARZON | 44.7 | 13.2 | 7.0 | 1.6 | 33.5 | 100.0 | 1,890 |
| IVB - MIMAROPA | 59.3 | 14.5 | 4.8 | 1.9 | 19.5 | 100.0 | 340 |
| V-Bicol | 49.9 | 13.1 | 4.7 | 1.5 | 30.7 | 100.0 | 713 |
| VI - Western Visayas | 45.1 | 16.4 | 4.7 | 2.1 | 31.8 | 100.0 | 910 |
| VII - Central Visayas | 50.2 | 12.0 | 4.9 | 2.1 | 30.8 | 100.0 | 1,070 |
| VIII - Eastern Visayas | 49.3 | 13.3 | 5.4 | 2.2 | 29.8 | 100.0 | 555 |
| IX - Zamboanga Peninsula | 60.8 | 9.7 | 4.0 | 2.4 | 23.2 | 100.0 | 465 |
| X - Northern Mindanao | 51.4 | 13.6 | 3.7 | 1.1 | 30.2 | 100.0 | 565 |
| XI - Davao | 54.8 | 12.8 | 3.0 | 0.8 | 28.6 | 100.0 | 654 |
| XII - SOCCSKSARGEN | 58.7 | 9.7 | 4.6 | 1.2 | 25.8 | 100.0 | 524 |
| XIII - Caraga | 52.8 | 14.3 | 4.4 | 1.6 | 26.9 | 100.0 | 327 |
| ARMM | 56.7 | 8.1 | 3.8 | 1.9 | 29.4 | 100.0 | 489 |
| Education |  |  |  |  |  |  |  |
| No education | 64.6 | 11.2 | 9.6 | 3.4 | 11.3 | 100.0 | 186 |
| Elementary | 61.3 | 16.9 | 6.6 | 2.1 | 13.1 | 100.0 | 3,146 |
| High school | 45.5 | 11.8 | 4.4 | 1.5 | 36.8 | 100.0 | 6,109 |
| College or higher | 45.1 | 12.0 | 5.7 | 1.8 | 35.4 | 100.0 | 4,192 |
| Wealth index quintile |  |  |  |  |  |  |  |
| Lowest | 62.0 | 14.5 | 3.9 | 2.2 | 17.4 | 100.0 | 2,161 |
| Second | 57.8 | 13.6 | 5.1 | 2.2 | 21.4 | 100.0 | 2,412 |
| Middle | 51.8 | 14.2 | 4.5 | 1.5 | 28.0 | 100.0 | 2,682 |
| Fourth | 46.0 | 12.4 | 5.9 | 1.4 | 34.3 | 100.0 | 2,940 |
| Highest | 36.3 | 11.3 | 6.7 | 1.7 | 44.0 | 100.0 | 3,438 |
| Current contraceptive method |  |  |  |  |  |  |  |
| Female sterilization | 72.2 | 19.4 | 7.0 | 1.4 | 0.0 | 100.0 | 947 |
| Pill | 93.5 | 5.8 | 0.3 | 0.5 | 0.0 | 100.0 | 1,148 |
| IUD | 88.5 | 9.3 | 1.1 | 1.1 | 0.0 | 100.0 | 359 |
| Condom | 94.2 | 5.1 | 0.0 | 0.7 | 0.0 | 100.0 | 169 |
| Periodic abstinence | 85.4 | 14.0 | 0.0 | 0.5 | 0.0 | 100.0 | 587 |
| Other method | 88.5 | 10.3 | 0.4 | 0.8 | 0.0 | 100.0 | 1,092 |
| No method | 32.4 | 13.8 | 7.0 | 2.2 | 44.6 | 100.0 | 9,331 |
| Total | 49.3 | 13.0 | 5.4 | 1.8 | 30.5 | 100.0 | 13,633 |
| ${ }^{1}$ Excludes women who had sexual intercourse within the last four weeks <br> ${ }^{2}$ Excludes women who are not currently married |  |  |  |  |  |  |  |

### 6.6 Postpartum Amenorrhea, Abstinence, and Insusceptibility

A woman who has just given birth can reduce the risk of becoming pregnant if she breastfeeds her newborn and delays the resumption of sexual intercourse. Data on the percentage of births whose mothers are postpartum amenorrheic, abstaining, and insusceptible by the number of months since birth are presented in Table 6.8. Women are considered insusceptible if they are either amenorrheic or abstaining after giving birth and therefore are not exposed to the risk of pregnancy. The estimates shown in Table 6.8 are based on current status data; that is, they refer to the woman's situation at the time of the survey. The data are grouped in two-month intervals to minimize fluctuations in the estimates.

| Table 6.8 Postpartum amenorrhea, abstinence, and insusceptibility |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Percentage of births in the three years preceding the survey for which mothers are postpartum amenorrheic, abstaining, and insusceptible, by number of months since birth, and median and mean durations, Philippines 2003 |  |  |  |  |
| Months | Percentage of births for which the mother is |  |  |  |
| since birth | Amenorrheic | Abstaining | Insusceptible | of births |
| <2 | 94.6 | 88.5 | 98.7 | 165 |
| 2-3 | 65.4 | 44.2 | 77.8 | 250 |
| 4-5 | 56.3 | 24.7 | 68.6 | 202 |
| 6-7 | 31.9 | 15.0 | 40.1 | 264 |
| 8-9 | 30.3 | 12.3 | 38.3 | 253 |
| 10-11 | 22.5 | 10.8 | 30.9 | 230 |
| 12-13 | 18.6 | 13.4 | 27.8 | 226 |
| 14-15 | 12.8 | 7.7 | 18.5 | 240 |
| 16-17 | 10.1 | 7.3 | 14.9 | 195 |
| 18-19 | 4.4 | 8.0 | 10.7 | 232 |
| 20-21 | 3.3 | 4.4 | 7.1 | 265 |
| 22-23 | 5.3 | 12.3 | 14.6 | 233 |
| 24-25 | 4.2 | 7.8 | 10.7 | 224 |
| 26-27 | 2.4 | 3.0 | 4.3 | 209 |
| 28-29 | 0.9 | 3.7 | 4.2 | 202 |
| 30-31 | 3.7 | 5.2 | 7.4 | 235 |
| 32-33 | 2.0 | 4.6 | 5.8 | 227 |
| 34-35 | 3.8 | 5.4 | 8.0 | 261 |
| Total | 19.7 | 14.4 | 26.2 | 4,111 |
| Median | 4.6 | 2.5 | 6.1 | na |
| Mean | 7.7 | 5.9 | 10.0 | na |
| Note: Estimates are based on status at the time of the survey. na $=$ Not applicable |  |  |  |  |

Overall, 20 percent of women who gave birth in the three years preceding the survey are amenorrheic, 14 percent are abstaining, and 26 percent are insusceptible to pregnancy. Women are amenorrheic for a median of 4.6 months and abstain for 2.5 months after birth, resulting in a period of insusceptibility of 6.1 months. These figures are similar to those found in the 1998 NDHS except that the percentage of women who abstain is higher in 2003 (14 compared with 12 percent) (NSO, DOH, and Macro International Inc., 1999).

Data in Table 6.8 show that within two months after giving birth, 95 percent of women are amenorrheic, 89 percent are abstaining, and 99 percent, in effect, are insusceptible. These three proportions decrease sharply for two to three months after birth and steadily thereafter. The data show that the
percentage of women abstaining is less than those amenorrheic from birth up to 17 months after birth, after which the pattern reverses (Table 6.8).

### 6.6.1 Median Duration of Postpartum Amenorrhea, Abstinence, and Insusceptibility

While the period of insusceptibility does not vary by the woman's age, the median duration of postpartum amenorrhea for women age 30-49 is almost one month longer than that for women age 15-29 ( 5.1 and 4.3 months, respectively). Urban women are insusceptible to pregnancy for two months less than rural women, because of a shorter duration of amenorrhea ( 3.9 and 5.9 months, respectively). Bettereducated women are more susceptible to the risk of pregnancy than women with less education, because they have a shorter duration of amenorrhea (3.6 and 7 months, respectively).

| Table 6.9 Median duration of postpartum insusceptibility by background characteristics |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Median number of months of postpartum amenorrhea, postpartum abstinence, and postpartum insusceptibility following births in the three years preceding the survey, by background characteristics, Philippines 2003 |  |  |  |  |
| Background characteristic | Postpartum amenorrhea | Postpartum abstinence | Postpartum insusceptibility | Number of births |
| Age |  |  |  |  |
| 15-29 | 4.3 | 2.7 | 6.0 | 2,307 |
| 30-49 | 5.1 | 2.3 | 6.3 | 1,804 |
| Residence |  |  |  |  |
| Urban | 3.9 | 2.7 | 5.0 | 2,046 |
| Rural | 5.9 | 2.4 | 7.4 | 2,065 |
| Region |  |  |  |  |
| National Capital Region | 3.3 | 3.2 | 4.6 | 590 |
| Cordillera Admin Region | 4.2 | 3.2 | 7.5 | 70 |
| I - Ilocos | 4.0 | 2.2 | 5.0 | 194 |
| II - Cagayan Valley | 6.5 | 2.4 | 10.5 | 129 |
| III - Central Luzon | 3.8 | 2.2 | 5.5 | 397 |
| IVA - CALABARZON | 4.8 | 3.0 | 5.6 | 500 |
| IVB - MIMAROPA | 7.1 | 2.0 | 8.4 | 139 |
| V - Bicol | 6.2 | 2.4 | 6.9 | 255 |
| VI - Western Visayas | 8.6 | 3.2 | 9.4 | 299 |
| VII - Central Visayas | 3.7 | 1.7 | 4.5 | 323 |
| VIII - Eastern Visayas | 6.9 | 3.2 | 8.2 | 210 |
| IX - Zamboanga Peninsula | 6.4 | 2.9 | 7.9 | 167 |
| X - Northern Mindanao | 4.2 | 2.1 | 4.5 | 180 |
| XI - Davao | 4.3 | 2.5 | 7.1 | 166 |
| XII - SOCCSKSARGEN | 6.4 | 1.8 | 7.1 | 190 |
| XIII - Caraga | 4.2 | 2.9 | 4.9 | 116 |
| ARMM | 3.5 | 2.4 | 4.5 | 187 |
| Education |  |  |  |  |
| No education | 7.0 | 1.8 | 8.4 | 80 |
| Elementary | 7.2 | 2.3 | 8.2 | 1,179 |
| High school | 4.5 | 2.5 | 6.1 | 1,769 |
| College or higher | 3.6 | 3.0 | 5.0 | 1,084 |
| Wealth index quintile |  |  |  |  |
| Lowest | 7.7 | 2.3 | 8.9 | 1,100 |
| Second | 5.3 | 2.4 | 6.6 | 956 |
| Middle | 4.3 | 2.6 | 5.7 | 822 |
| Fourth | 3.9 | 2.8 | 4.6 | 685 |
| Highest | 3.2 | 3.0 | 4.0 | 549 |
| Total | 4.6 | 2.5 | 6.1 | 4,111 |

Note: Medians are based on current status.

With respect to the economic status of the women’s household, duration of postpartum insusceptibility is longest among women in the poorest quintile ( 8.9 months) and shortest for women in the wealthiest quintile ( 4.0 months). This is attributed to longer durations of postpartum amenorrhea ( 7.7 months for women in the poorest quintile and 3.2 months for women in the wealthiest quintile).

There are large differentials in the duration of postpartum insusceptibility across regions, from less than five months in NCR, Central Visayas, Northern Mindanao, Caraga, and ARMM, to nine or more months in Cagayan Valley and Western Visayas. These differences are largely due to variations in postpartum amenorrhea. Women in NCR have the shortest duration of postpartum amenorrhea ( 3.3 months), while women in Western Visayas have the longest ( 8.6 months).

### 6.6.2 Median Duration of Postpartum Amenorrheic Period for Breastfeeding Duration

The longer women breastfeed their babies, the longer is their amenorrheic period. This relationship is substantiated by data in Table 6.10. Women who breastfed their babies for less than two months have a median duration of postpartum amenorrhea of 2.7 months, whereas the median duration for women who breastfed for two months or longer is 5.8 months.

Older women tend to have a longer duration of postpartum amenorrhea than younger women. For example, among women who breastfed for two months or more, the postpartum amenorrheic period for women age $35-49$ is 6.1 to 8.0 months, compared with 4.9 to 5.8 months for younger women.

| Table 6.10 Median duration of postpartum amenorrheic period for breastfeeding duration |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Median duration of postpartum amenorrhea for women who last gave birth between 12 and 60 months prior to the survey and whose child is still alive for selected breastfeeding durations, by age, Philippines 2003 |  |  |  |  |
|  | Women wh for $<2$ | breasfed onths | Women wh for 2 month | breastfed or more |
| Age | Median duration of postpartum amenorrhea | Number of children | Median duration of postpartum amenorrhea | Number <br> of children |
| 15-19 | * | 6 | 5.1 | 51 |
| 20-24 | 2.7 | 104 | 4.9 | 431 |
| 25-29 | 2.6 | 188 | 5.6 | 673 |
| 30-34 | 2.6 | 148 | 5.8 | 621 |
| 35-39 | 2.6 | 122 | 6.3 | 448 |
| 40-44 | (2.9) | 53 | 8.0 | 229 |
| 45-49 | * | 18 | 6.1 | 103 |
| Total | 2.7 | 639 | 5.8 | 2,556 |
| Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. |  |  |  |  |

### 6.7 Menopause

The termination of a woman's fecundity is signified by menopause, that is, the cessation of the menstrual period. Table 6.11 shows the percentage of women who are not currently pregnant and not postpartum amenorrheic but whose last menstrual period occurred six or more months preceding the survey. The proportion of women who are considered menopausal increases with age. This proportion shows a slow increase from 1 percent among women age $30-34$ to 5 percent for women age 42-43, and then increases rapidly to 38 percent for women age 48-49.

| Table 6.11 Menopause |  |  |
| :--- | :---: | :---: |
| Percentage of women age <br> menopausal, by age, Philippines 2003 |  |  |
|  | Percentage <br> menopausal |  |
| Age | Number of <br> women |  |
| $30-34$ | 1.1 | 1,954 |
| $35-39$ | 1.8 | 1,873 |
| $40-41$ | 3.7 | 651 |
| $42-43$ | 5.3 | 606 |
| $44-45$ | 10.8 | 624 |
| $46-47$ | 18.2 | 531 |
| $48-49$ | 38.2 | 503 |
| Total | 6.9 | 6,742 |

[^3]
## FERTILITY PREFERENCES

In recognition of the right of couples to decide their own family size, the Philippine Family Planning Program (PFPP) regularly monitors important indicators, such as number of living children, couples’ desired number of children, the demand for contraception, and planned as compared with unplanned fertility. This chapter updates these indicators with data collected from the 2003 National Demographic and Health Survey (NDHS) and supplements them with gender-related data from new questions incorporated in the 2003 survey.

### 7.1 Desire for Additional Children

The information presented in this section is derived from hypothetical questions on whether currently married women age 15-49 wish to have a child, or another child, in the future. For women who are currently pregnant, the question on desire for more children is rephrased to refer to their desire for another child after the one that is currently expected.

Table 7.1 and Figure 7.1 show the distribution of currently married women by desire for more children, according to the number of living children. The data show that 51 percent of these women say that they want no more children, while 11 percent have been sterilized. Thirty-one percent of married women say that they want to have additional children: 12 percent want a child within two years, 18 percent want a child after two years or more, and 1 percent is unsure about the time. Five percent of women are not sure whether they want another child.

Figure 7.1 Fertility Preferences among Currently Married Women Age 15-49


Table 7.1 Fertility preferences by number of living children
Percent distribution of currently married women by desire for children, according to number of living children, Philippines 2003

| Desire for children | Number of living children ${ }^{1}$ |  |  |  |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0 | 1 | 2 | 3 | 4 | 5 | 6+ |  |
| Have another soon ${ }^{2}$ | 78.5 | 22.4 | 8.9 | 2.8 | 2.6 | 1.8 | 1.4 | 11.7 |
| Have another later ${ }^{3}$ | 10.3 | 49.4 | 24.5 | 11.6 | 5.9 | 3.9 | 1.9 | 18.4 |
| Have another, undecided when | 0.5 | 1.7 | 1.5 | 0.4 | 0.3 | 0.2 | 0.3 | 0.8 |
| Undecided | 3.6 | 6.2 | 6.7 | 4.7 | 3.8 | 2.7 | 4.5 | 5.0 |
| Want no more | 3.4 | 17.3 | 50.0 | 59.2 | 64.5 | 70.5 | 78.1 | 50.6 |
| Sterilized ${ }^{4}$ | 0.1 | 0.7 | 6.4 | 19.0 | 20.6 | 16.7 | 9.3 | 10.6 |
| Declared infecund | 3.3 | 2.1 | 2.1 | 2.2 | 2.3 | 4.1 | 4.3 | 2.7 |
| Missing | 0.3 | 0.1 | 0.0 | 0.2 | 0.1 | 0.0 | 0.1 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of women | 500 | 1,556 | 1,896 | 1,665 | 1,193 | 726 | 1,136 | 8,671 |
| ${ }^{1}$ Includes current pregnancy <br> ${ }^{2}$ Wants next birth within two years <br> ${ }^{3}$ Wants to delay next birth for two or <br> ${ }^{4}$ Includes both female and male ster | more yea zation |  |  |  |  |  |  |  |

Table 7.2 shows the percent distribution of currently married women by their desire for more children, according to age. Women in age groups 15-19 and 30-34 are the most likely to say that they would like another child soon (18 and 15 percent, respectively). Proportions of women reporting that they would like to have another child later decrease with increasing age. While younger women are the least likely to say that they want no more children (19 percent), women 35 and over are among the most likely to report the same (about 60 percent).

Table 7.2 Fertility preferences by age
Percent distribution of currently married women by desire for more children, by age, Philippines 2003

| Desire for <br> children | Age |  |  |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
|  | $15-19$ | $20-24$ | $25-29$ | $30-34$ | $35-39$ | $40-44$ | $45-49$ | Total |
| Wants another soon ${ }^{1}$ | 18.2 | 12.5 | 13.5 | 15.1 | 11.7 | 9.0 | 5.6 | 11.7 |
| Wants another later $^{2}$ | 52.9 | 48.1 | 35.0 | 16.6 | 6.0 | 1.6 | 0.5 | 18.4 |
| Wants another, undecided when | 1.0 | 0.6 | 1.2 | 1.2 | 1.0 | 0.3 | 0.3 | 0.8 |
| Undecided | 7.6 | 8.3 | 6.8 | 5.5 | 5.0 | 2.6 | 1.4 | 5.0 |
| Wants no more | 19.2 | 29.7 | 39.9 | 52.9 | 61.0 | 63.9 | 58.0 | 50.6 |
| Sterilized $^{3}$ | 0.0 | 0.3 | 3.3 | 8.0 | 14.0 | 19.4 | 21.4 | 10.6 |
| Declared infecund | 1.1 | 0.4 | 0.3 | 0.7 | 1.2 | 3.1 | 12.7 | 2.7 |
| Missing | 0.0 | 0.2 | 0.1 | 0.1 | 0.0 | 0.1 | 0.2 | 0.1 |
|  |  |  |  |  |  |  |  |  |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of women | 239 | 1,095 | 1,548 | 1,663 | 1,633 | 1,341 | 1,152 | 8,671 |

${ }^{1}$ Wants next birth within two years
${ }^{2}$ Wants to delay next birth for two or more years
${ }^{3}$ Includes both female and male sterilization

Table 7.3 shows the percentage of currently married women who want no more children by number of living children and background characteristics. The desire to stop childbearing increases substantially after a woman has had two or more children; the proportion of women with two living children who report wanting no more children is, by every background characteristic presented, at least double that proportion among women with one living child.

Table 7.3 Desire to limit childbearing
Percentage of currently married women who want no more children, by number of living children and background characteristics, Philippines 2003

| Background characteristic | Number of living children ${ }^{1}$ |  |  |  |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0 | 1 | 2 | 3 | 4 | 5 | 6+ |  |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 2.9 | 18.7 | 58.3 | 81.7 | 86.9 | 89.0 | 88.9 | 60.2 |
| Rural | 4.4 | 16.9 | 53.8 | 73.5 | 83.1 | 85.6 | 86.7 | 62.5 |
| Region |  |  |  |  |  |  |  |  |
| National Capital Region | 4.9 | 20.1 | 60.1 | 87.8 | 90.0 | 95.0 | 89.5 | 60.6 |
| Cordillera Admin Region | 27.6 | 14.3 | 37.0 | 61.5 | 75.4 | 84.2 | 83.2 | 53.9 |
| I - Ilocos | 3.7 | 7.5 | 45.9 | 78.0 | 87.7 | 95.2 | 87.3 | 57.0 |
| II - Cagayan Valley | 0.0 | 13.2 | 50.0 | 85.5 | 92.1 | 96.5 | 96.9 | 59.7 |
| III - Central Luzon | 3.1 | 13.1 | 63.4 | 81.4 | 93.1 | 84.6 | 91.4 | 63.8 |
| IVA - CALABARZON | 4.9 | 13.9 | 56.5 | 78.3 | 88.4 | 92.7 | 91.3 | 58.1 |
| IVB - MIMAROPA | 9.7 | 10.0 | 50.0 | 67.5 | 92.3 | 92.3 | 95.3 | 64.5 |
| V-Bicol | 0.0 | 18.8 | 49.4 | 69.8 | 84.6 | 79.9 | 88.7 | 64.8 |
| VI - Western Visayas | 0.0 | 23.7 | 65.4 | 87.1 | 85.3 | 91.2 | 89.6 | 69.9 |
| VII - Central Visayas | 5.6 | 20.8 | 68.2 | 79.5 | 85.6 | 89.7 | 87.8 | 65.6 |
| VIII - Eastern Visayas | 0.0 | 16.9 | 48.5 | 66.1 | 79.4 | 86.4 | 83.0 | 61.1 |
| IX - Zamboanga Peninsula | 0.0 | 43.9 | 63.8 | 80.9 | 86.9 | 90.9 | 88.7 | 69.7 |
| X - Northern Mindanao | 8.6 | 23.0 | 48.1 | 74.9 | 87.1 | 94.6 | 84.8 | 62.7 |
| XI - Davao | 0.0 | 27.2 | 65.6 | 85.8 | 80.3 | 87.8 | 91.9 | 66.7 |
| XII - SOCCSKSARGEN | 0.0 | 21.2 | 48.9 | 76.9 | 76.9 | 70.6 | 86.2 | 59.6 |
| XIII - Caraga | 0.0 | 12.7 | 53.7 | 71.3 | 79.8 | 76.8 | 89.6 | 60.2 |
| ARMM | 0.0 | 8.7 | 18.6 | 31.5 | 41.3 | 44.3 | 58.7 | 30.7 |
| Education |  |  |  |  |  |  |  |  |
| No education | 0.0 | 20.1 | 30.0 | 46.5 | 54.9 | 72.8 | 81.0 | 57.5 |
| Elementary | 7.9 | 23.5 | 54.7 | 76.2 | 81.5 | 83.2 | 87.9 | 69.6 |
| High school | 2.7 | 18.3 | 56.2 | 77.8 | 87.1 | 91.1 | 88.8 | 60.5 |
| College or higher | 2.2 | 15.3 | 58.0 | 81.5 | 89.3 | 90.3 | 82.6 | 53.9 |
| Wealth index quintile |  |  |  |  |  |  |  |  |
| Lowest | 4.5 | 20.7 | 46.4 | 64.5 | 70.2 | 82.1 | 86.4 | 61.2 |
| Second | 4.2 | 21.8 | 56.4 | 74.1 | 87.1 | 91.4 | 89.1 | 65.3 |
| Middle | 3.7 | 15.9 | 55.6 | 82.8 | 88.8 | 87.1 | 87.6 | 61.6 |
| Fourth | 2.5 | 15.4 | 60.0 | 83.2 | 89.4 | 89.3 | 87.7 | 59.6 |
| Highest | 3.1 | 18.0 | 60.5 | 82.2 | 88.9 | 87.1 | 85.9 | 58.3 |
| Total | 3.5 | 18.0 | 56.4 | 78.2 | 85.1 | 87.2 | 87.5 | 61.2 |

Note: Women who have been sterilized are considered to want no more children.
${ }^{1}$ Includes current pregnancy

More than half of currently married women with two children want no more (additional) children or have been sterilized ( 56 percent), while almost eight in ten women with three children either have been sterilized or want no more children. Findings from the 1998 NDHS show similar patterns, with slightly less desire for terminating childbearing.

Looking at differentials by background characteristics, Table 7.3 shows that, in each category of living children, urban women are slightly more likely to want to terminate childbearing than rural women; however, in the aggregate, 60 percent of urban woman report a desire for no more children, compared with 63 percent of rural women (Figure 7.2). This pattern is also evident in the 1998 NDHS. Women who fall into the two poorest quintiles and who currently have no living children or one living child are more likely than women in the wealthier quintiles to either be sterilized or say that they want no more children. However, at parities of two through five, the relationship is reversed, with women in the three wealthiest quintiles more likely than poorer women to say that they want no more children. At parities of
six or greater, the desire to stop childbearing is approximately equal across the five wealth quintiles. The pattern of reported desire for no more children is quite similar by education, with those having the least education being more likely to desire no more children at parities of zero and one, and those having the most education being more likely to desire no more children at parities of two or greater. Women in Western Visayas and Zamboanga Peninsula are the most likely to say that they desire no more children (70 percent), while only 31 percent of women in Autonomous Region in Muslim Mindanao (ARMM) report the same.

Figure 7.2 Percentage of Currently Married Women Who Want No More Children by Residence, Education, and Wealth Index Quintile


### 7.2 Demand for Family Planning

Unmet need is defined as the percentage of currently married women who either do not want any more children or want to wait before having their next birth, but are not using any method of family planning. Women with an unmet need for spacing include pregnant women whose pregnancy was mistimed; amenorrheic women whose last birth was mistimed; and fecund women who are neither pregnant nor amenorrheic, who are not using any method of family planning, and who want to wait two or more years for their next birth. Also included in unmet need for spacing are fecund women who are not using any method of family planning and are unsure whether they want another child or who want another child but are unsure when to have the birth. Unmet need for limiting refers to pregnant women whose pregnancy was unwanted; amenorrheic women whose last child was unwanted; and women who are neither pregnant nor amenorrheic, who are not using any method of family planning, and who want no more children. Measures of unmet need for family planning are used to evaluate the extent to which programs are meeting the demand for services. Women who have been sterilized are considered to want no more children.

According to these criteria, in the 2003 NDHS the total unmet need for family planning services in the Philippines is 17 percent, of which 9 percent is for limiting and 8 percent is for spacing (Table 7.4). The level of unmet need has declined somewhat from that found in the 1998 NDHS (20 percent unmet need, 11 percent for limiting and 9 percent for spacing).

Table 7.4 Need for family planning
Percentage of currently married women with unmet need for family planning, and with met need for family planning, and the total demand for family planning, by background characteristics, Philippines 2003

| Background characteristic | Unmet need for family planning ${ }^{1}$ |  |  | Met need for family planning (currently using) ${ }^{2}$ |  |  | Total demand for family planning ${ }^{3}$ |  |  | Percentage of demand satisfied | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | For spacing | For limiting | Total | For spacing | For limiting | Total | For spacing | For limiting | Total |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 23.4 | 5.7 | 29.1 | 21.8 | 3.7 | 25.6 | 47.6 | 9.4 | 57.0 | 49.0 | 239 |
| 20-24 | 19.3 | 5.6 | 25.0 | 28.9 | 13.8 | 42.7 | 51.8 | 19.7 | 71.5 | 65.1 | 1,095 |
| 25-29 | 13.8 | 8.4 | 22.3 | 26.7 | 24.5 | 51.3 | 43.2 | 33.8 | 77.0 | 71.1 | 1,548 |
| 30-34 | 8.0 | 11.3 | 19.3 | 15.3 | 38.1 | 53.4 | 25.5 | 50.7 | 76.1 | 74.6 | 1,663 |
| 35-39 | 3.3 | 12.2 | 15.5 | 6.9 | 49.7 | 56.6 | 10.9 | 63.0 | 73.9 | 79.0 | 1,633 |
| 40-44 | 1.2 | 11.8 | 13.0 | 2.1 | 47.8 | 49.9 | 3.5 | 59.9 | 63.4 | 79.5 | 1,341 |
| 45-49 | 0.2 | 5.6 | 5.9 | 0.6 | 37.2 | 37.7 | 0.8 | 42.9 | 43.7 | 86.6 | 1,152 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 7.5 | 7.8 | 15.3 | 14.3 | 35.8 | 50.1 | 23.5 | 44.3 | 67.7 | 77.4 | 4,643 |
| Rural | 8.5 | 11.2 | 19.7 | 12.9 | 34.5 | 47.4 | 22.8 | 46.5 | 69.3 | 71.5 | 4,028 |
| Region |  |  |  |  |  |  |  |  |  |  |  |
| National Capital Region | 6.3 | 8.3 | 14.6 | 12.9 | 36.0 | 48.9 | 20.6 | 44.5 | 65.2 | 77.6 | 1,337 |
| Cordillera Admin Region | 12.3 | 6.1 | 18.5 | 18.1 | 28.2 | 46.3 | 33.1 | 35.3 | 68.4 | 73.0 | 134 |
| I - Ilocos | 6.6 | 7.9 | 14.5 | 16.7 | 34.0 | 50.6 | 24.0 | 42.1 | 66.1 | 78.0 | 420 |
| II - Cagayan Valley | 5.1 | 8.5 | 13.7 | 19.2 | 33.2 | 52.4 | 25.3 | 42.0 | 67.3 | 79.7 | 325 |
| III - Central Luzon | 7.7 | 7.4 | 15.0 | 14.4 | 40.1 | 54.5 | 24.1 | 47.7 | 71.8 | 79.1 | 960 |
| IVA - CALABARZON | 7.0 | 9.1 | 16.1 | 14.6 | 33.9 | 48.4 | 23.2 | 44.0 | 67.2 | 76.1 | 1,139 |
| IVB - MIMAROPA | 7.5 | 9.8 | 17.3 | 10.4 | 32.1 | 42.5 | 19.7 | 42.5 | 62.2 | 72.3 | 257 |
| V-Bicol | 10.4 | 13.3 | 23.7 | 12.7 | 34.7 | 47.4 | 24.2 | 49.5 | 73.7 | 67.9 | 457 |
| VI - Western Visayas | 7.6 | 11.9 | 19.5 | 9.6 | 36.5 | 46.1 | 18.9 | 49.1 | 68.0 | 71.4 | 578 |
| VII - Central Visayas | 8.0 | 8.6 | 16.6 | 11.4 | 40.8 | 52.1 | 21.6 | 50.6 | 72.2 | 77.0 | 671 |
| VIII - Eastern Visayas | 12.3 | 15.5 | 27.8 | 12.8 | 31.6 | 44.4 | 26.3 | 47.3 | 73.6 | 62.3 | 355 |
| IX - Zamboanga Peninsula | 8.9 | 12.8 | 21.7 | 9.5 | 33.6 | 43.1 | 19.7 | 46.7 | 66.4 | 67.3 | 339 |
| X - Northern Mindanao | 5.1 | 11.4 | 16.4 | 16.7 | 38.4 | 55.2 | 23.5 | 50.3 | 73.7 | 77.7 | 364 |
| XI - Davao | 5.6 | 6.4 | 12.1 | 15.4 | 44.0 | 59.3 | 22.8 | 52.0 | 74.8 | 83.8 | 426 |
| XII - SOCCSKSARGEN | 7.5 | 9.9 | 17.4 | 16.8 | 34.0 | 50.7 | 24.9 | 45.0 | 69.9 | 75.1 | 364 |
| XIII - Caraga | 9.3 | 8.2 | 17.5 | 16.4 | 38.2 | 54.6 | 28.5 | 47.8 | 76.2 | 77.0 | 217 |
| ARMM | 18.9 | 8.6 | 27.4 | 10.3 | 8.4 | 18.7 | 30.1 | 17.2 | 47.3 | 42.0 | 328 |
| Education |  |  |  |  |  |  |  |  |  |  |  |
| No education | 9.0 | 17.7 | 26.7 | 4.8 | 13.2 | 18.1 | 14.4 | 31.5 | 46.0 | 41.9 | 148 |
| Elementary | 6.8 | 13.3 | 20.2 | 8.3 | 35.7 | 44.0 | 16.2 | 49.6 | 65.8 | 69.3 | 2,523 |
| High school | 8.5 | 8.2 | 16.7 | 15.2 | 36.6 | 51.9 | 25.6 | 45.7 | 71.3 | 76.6 | 3,545 |
| College or higher | 8.2 | 6.6 | 14.8 | 17.4 | 33.9 | 51.4 | 27.3 | 41.2 | 68.5 | 78.3 | 2,456 |
| Wealth index quintile |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 10.9 | 15.8 | 26.7 | 11.3 | 26.1 | 37.4 | 23.8 | 42.7 | 66.5 | 59.8 | 1,677 |
| Second | 8.6 | 11.0 | 19.6 | 12.8 | 36.1 | 48.8 | 23.2 | 47.9 | 71.1 | 72.4 | 1,767 |
| Middle | 7.7 | 7.3 | 15.0 | 13.9 | 38.8 | 52.7 | 23.3 | 46.7 | 70.0 | 78.6 | 1,776 |
| Fourth | 6.5 | 6.9 | 13.4 | 15.5 | 38.9 | 54.4 | 23.3 | 46.6 | 69.9 | 80.8 | 1,755 |
| Highest | 6.1 | 6.2 | 12.3 | 14.9 | 35.7 | 50.6 | 22.3 | 42.4 | 64.7 | 81.0 | 1,697 |
| Total | 7.9 | 9.4 | 17.3 | 13.7 | 35.2 | 48.9 | 23.2 | 45.3 | 68.5 | 74.7 | 8,671 |

${ }^{1}$ Unmet need for spacing includes pregnant women whose pregnancy was mistimed, amenorrheic women who are not using family planning and whose last birth was mistimed, and fecund women who are neither pregnant nor amenorrheic and who are not using any method of family planning and say they want to wait two or more years for their next birth. Also included in unmet need for spacing are fecund women who are not using any method of family planning and say they are unsure whether they want another child or who want another child but are unsure when to have the birth unless they say it would not be a problem if they discovered they were pregnant in the next few weeks. Unmet need for limiting refers to pregnant women whose pregnancy was unwanted, amenorrheic women whose last child was unwanted, and fecund women who are neither pregnant nor amenorrheic and who are not using any method of family planning and who want no more children. Excluded from the unmet need category are pregnant and amenorrheic women who became pregnant while using a method (these women are in need of a better method of contraception).
${ }^{2}$ Using for spacing is defined as women who are using some method of family planning and say they want to have another child or are undecided whether to have another. Using for limiting is defined as women who are using and who want no more children. Note that the specific methods used are not taken into account here.
${ }^{3}$ Nonusers who are pregnant or amenorrheic and women whose pregnancy was the result of a contraceptive failure are not included in the category of unmet need, but are included in total demand for contraception (since they would have been using had their method not failed).

Demand for family planning is defined as the sum of contraceptive prevalence (including currently pregnant or amenorrheic women whose pregnancy or last birth was the result of a contraceptive failure) and unmet need (Westoff and Ochoa, 1991). The total demand for family planning is 69 percent, of which 75 percent has been satisfied. If all of this need were satisfied, a contraceptive prevalence rate of about 69 percent could, theoretically, be expected. Comparison with the 1998 NDHS findings indicates that the percentage of the demand that is satisfied has slightly increased (from 72 to 75 percent).

Type of demand for family planning varies with age. Younger women are more likely to express a demand for spacing their births, while older women more often want to limit births. The pattern of total demand for family planning by age shows an inverted U-shaped curve; it is low among women age 15-19 ( 57 percent) and women age 45-49 ( 44 percent), and peaks among women age $25-34$ (about 77 percent). There are no notable differences in the total demand for family planning between urban and rural women; however, rural women are more likely to exhibit unmet need for family planning, especially for limiting. Unmet need generally declines with increasing education; the more educated the women, the lower the percentage with unmet need. Similarly, satisfaction of contraceptive demand has a direct relationship with household wealth status; the wealthier the household in which the woman lives, the more likely she is to have a met contraceptive need.

The percentage of demand for family planning that is satisfied is highest in Davao (84 percent), Cagayan Valley ( 80 percent), and Central Luzon ( 79 percent), and lowest in ARMM (42 percent).

Table 7.5 indicates the methods that currently married women with unmet need for family planning would prefer to use in the future. The oral contraceptive pill is the method cited by the most women ( 25 percent). Six percent of women with an unmet need for contraception cite as their preferred future method injections, with an additional 6 percent of women citing sterilization as their preferred method. Nearly half of the women categorized as having an unmet need for family planning do not intend to use a method in the future.

Table 7.6 shows that among women who are not currently using contraception but who intend to do so in the future, 76 percent are willing to pay for their preferred method. Women who cited the intrauterine device (IUD) as their preferred future method were the most likely to be willing to pay ( 80 percent), while those desiring injections or sterilization in the future were least likely to be willing to pay ( 71 percent). The average price that women were willing to pay for a contraceptive method was about Ph.P 221. However, women who preferred sterilization as their method were willing to pay, on average, Ph.P 1,438. Potential condoms users expected that they would pay Ph.P 36 for their method.

Table 7.5 Preferred future method of family planning among women with unmet need

Percent distribution of currently married women with unmet need for family planning by preferred future method, Philippines 2003

|  | Women with <br> unmet need for <br> family planning |  |  |
| :--- | :---: | :---: | :---: |
| Preferred future method <br> of contraception | Any <br> For <br> spacing | For <br> limiting | need <br> need |
| Pill | 29.5 | 21.9 | 25.3 |
| IUD | 5.6 | 4.4 | 4.9 |
| Injections | 6.4 | 4.7 | 5.5 |
| Condom | 1.4 | 1.7 | 1.5 |
| Female sterilization | 6.4 | 5.2 | 5.7 |
| Periodic abstinence | 4.8 | 3.7 | 4.2 |
| Withdrawal | 2.8 | 2.7 | 2.7 |
| Other | 0.6 | 0.3 | 0.4 |
| Lactational amenorrhea | 0.1 | 0.0 | 0.1 |
| Emergency contraception | 0.0 | 0.1 | 0.1 |
| Symptothermal | 0.6 | 0.5 | 0.5 |
| Don't know/missing | 1.7 | 0.8 | 1.2 |
| Does not intend to use |  |  |  |
| a method | 40.2 | 54.1 | 47.8 |
|  |  |  |  |
| Total | 100.0 | 100.0 | 100.0 |
| Number of women | 688 | 816 | 1,504 |

Table 7.6 Willingness to pay for contraceptive method
Among women not currently using contraception but who intend to use specific methods in the future, the percentage who are willing to pay for their method and the average cost they are willing to pay, by preferred method, Philippines 2003

| Preferred future method of contraception | Willing to pay for method | Number <br> of <br> women | Average cost willing to pay (in Ph.P) | Number willing to pay |
| :---: | :---: | :---: | :---: | :---: |
| Pill | 77.3 | 2,176 | 77 | 1,681 |
| IUD | 79.5 | 245 | 216 | 195 |
| Injections | 70.8 | 265 | 162 | 188 |
| Condom | 75.9 | 124 | 36 | 94 |
| Female sterilization | 71.0 | 315 | 1,438 | 220 |
| Total | 76.3 | 3,140 | 221 | 2,390 |

Note: Total includes 15 women who use diaphragm, implants, female condom, foam or jelly, emergency contraception, and husband sterilized. Exchange rate at time of survey Philippine Peso $=$ US\$1.

### 7.3 Ideal Number of Children

In the 2003 NDHS, each respondent was asked to perform the difficult task of considering, abstractly and independently of her actual family size, the number of children she would choose if she could start again. The mean ideal number of children for all women and for those who are currently married is approximately the same ( 3.0 and 3.2 children, respectively) (Table 7.7). The ideal family size in the Philippines has declined slightly since the 1998 NDHS, which revealed mean ideal numbers of children of 3.2 for all women and 3.5 for currently married women. Seven of every ten women expressed a preference to have three children or fewer; only 9 percent of women want to have five or more children.

The correlation between actual and ideal family size can be seen in the fact that women who have a small number of children are more likely to want a small number of children. As parity increases, the ideal number of children also increases, up until the point at which women have five or more living children, at which point women tend to report wanting fewer children than they currently have.

Women who have large families tend to have high ideal family sizes. This may be partly due to the adjustment of their ideal number of children as additional children are born (rationalization), or due to the high ideal family size values of 20 or 30 years ago, which some women still hold. Despite the likelihood of some rationalization, respondents frequently state ideal family sizes that are lower than their actual number of living children. The difference can be taken as an indicator of surplus or unwanted fertility. For women with three or more surviving children, a sizeable proportion reports ideal family sizes that are smaller than the number of living children. In fact, among women with six or more children, 77 percent say that if they were to start again, they would have fewer children.

| Table 7.7 Ideal number of children |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of all women by ideal number of children, and mean ideal number of children for all women and for currently married women, according to number of living children, Philippines 2003 |  |  |  |  |  |  |  |  |
| Desire for children | Number of living children ${ }^{1}$ |  |  |  |  |  |  | Total |
|  | 0 | 1 | 2 | 3 | 4 | 5 | $6+$ |  |
| Number of children desired |  |  |  |  |  |  |  |  |
| 0 | 5.1 | 0.2 | 0.1 | 0.1 | 0.2 | 0.5 | 0.4 | 1.9 |
| 1 | 5.7 | 10.3 | 2.5 | 2.8 | 1.6 | 1.3 | 0.6 | 4.4 |
| 2 | 44.2 | 45.4 | 43.9 | 18.7 | 19.6 | 14.2 | 11.7 | 34.2 |
| 3 | 29.1 | 29.2 | 27.9 | 46.1 | 17.4 | 30.6 | 29.1 | 30.2 |
| 4 | 11.6 | 11.3 | 19.6 | 21.9 | 47.5 | 20.2 | 25.2 | 19.1 |
| 5 | 2.0 | 1.6 | 3.1 | 6.0 | 5.2 | 22.4 | 10.1 | 4.8 |
| 6+ | 0.9 | 1.7 | 2.4 | 3.7 | 7.7 | 9.8 | 19.9 | 4.4 |
| Non-numeric responses | 1.3 | 0.3 | 0.5 | 0.7 | 0.8 | 1.0 | 3.0 | 1.1 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of women | 4,800 | 1,819 | 2,014 | 1,768 | 1,258 | 769 | 1,205 | 13,633 |
| Mean ideal number of children ${ }^{2}$ for: |  |  |  |  |  |  |  |  |
| All women | 2.5 | 2.5 | 2.9 | 3.2 | 3.7 | 3.9 | 4.2 | 3.0 |
| Number | 4,735 | 1,813 | 2,004 | 1,756 | 1,248 | 761 | 1,169 | 13,486 |
| Currently married women | 2.7 | 2.6 | 2.9 | 3.2 | 3.7 | 3.9 | 4.2 | 3.2 |
| Number | 498 | 1,552 | 1,886 | 1,654 | 1,183 | 719 | 1,101 | 8,591 |
| ${ }^{1}$ Includes current pregnancy |  |  |  |  |  |  |  |  |

Table 7.8 shows the mean ideal number of children for all women, according to their age and other background characteristics. The mean ideal number children increases as women's age increases. In fact, women age 45-49 and those age 20-24 have, on average, a one-child difference in their reported ideal family size. Poorer women and those with less education are more likely to have higher ideal family sizes than their respective counterparts. Rural women consistently report larger ideal families than urban women do. Examination of mean ideal family size by region discloses a large variation. The largest mean ideal family size is 4.7 children in ARMM, while the smallest is 2.6 in National Capital Region (Figure 7.3).

Table 7.8 Mean ideal number of children by background characteristics
Mean ideal number of children for all women, by age and background characteristics, Philippines 2003

| Background characteristic | Age |  |  |  |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 15-19 | 20-24 | 25-29 | 30-34 | 35-39 | 40-44 | 45-49 |  |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 2.4 | 2.5 | 2.7 | 2.9 | 3.1 | 3.2 | 3.5 | 2.8 |
| Rural | 2.5 | 2.8 | 3.1 | 3.4 | 3.6 | 3.6 | 3.9 | 3.2 |
| Region |  |  |  |  |  |  |  |  |
| National Capital Region | 2.3 | 2.3 | 2.5 | 2.6 | 2.9 | 2.9 | 3.2 | 2.6 |
| Cordillera Admin Region | 2.9 | 3.0 | 3.3 | 3.6 | 4.2 | 3.6 | 4.0 | 3.4 |
| I - Ilocos | 2.4 | 2.8 | 3.0 | 3.3 | 3.4 | 3.5 | 3.9 | 3.1 |
| II - Cagayan Valley | 2.3 | 2.6 | 2.9 | 3.0 | 3.4 | 3.4 | 3.7 | 3.0 |
| III - Central Luzon | 2.0 | 2.6 | 2.8 | 2.9 | 3.2 | 3.6 | 3.5 | 2.8 |
| IVA - CALABARZON | 2.5 | 2.6 | 2.6 | 3.0 | 3.0 | 3.2 | 3.3 | 2.8 |
| IVB - MIMAROPA | 2.4 | 2.7 | 3.3 | 3.4 | 3.9 | 3.6 | 3.7 | 3.2 |
| V - Bicol | 2.6 | 2.7 | 3.1 | 3.1 | 3.3 | 3.3 | 3.8 | 3.1 |
| VI - Western Visayas | 2.4 | 2.6 | 2.9 | 3.0 | 3.1 | 3.4 | 3.8 | 2.9 |
| VII - Central Visayas | 2.5 | 2.6 | 2.7 | 3.0 | 3.3 | 3.2 | 3.8 | 2.9 |
| VIII - Eastern Visayas | 2.7 | 2.6 | 3.1 | 3.2 | 3.5 | 4.0 | 4.3 | 3.2 |
| IX - Zamboanga Peninsula | 2.6 | 2.7 | 3.0 | 3.2 | 3.1 | 3.5 | 3.4 | 3.0 |
| X - Northern Mindanao | 2.4 | 2.6 | 2.7 | 3.2 | 3.7 | 3.5 | 3.7 | 3.0 |
| XI - Davao | 2.4 | 2.4 | 2.8 | 2.9 | 3.2 | 3.5 | 3.6 | 2.9 |
| XII - SOCCSKSARGEN | 2.5 | 2.7 | 3.0 | 3.4 | 3.6 | 3.6 | 3.5 | 3.1 |
| XIII - Caraga | 2.4 | 2.6 | 2.9 | 3.5 | 3.6 | 4.0 | 4.1 | 3.1 |
| ARMM | 3.8 | 4.0 | 4.9 | 5.3 | 5.4 | 5.0 | 5.2 | 4.7 |
| Education |  |  |  |  |  |  |  |  |
| No education | 3.0 | 3.3 | 4.8 | 4.4 | 4.9 | 5.2 | 4.7 | 4.6 |
| Elementary | 2.5 | 2.9 | 3.3 | 3.5 | 3.8 | 3.7 | 3.9 | 3.4 |
| High school | 2.4 | 2.6 | 2.8 | 3.0 | 3.2 | 3.3 | 3.4 | 2.8 |
| College or higher | 2.5 | 2.6 | 2.7 | 2.8 | 3.0 | 3.0 | 3.4 | 2.8 |
| Wealth index quintile |  |  |  |  |  |  |  |  |
| Lowest | 2.7 | 3.0 | 3.6 | 3.6 | 4.0 | 3.9 | 4.3 | 3.5 |
| Second | 2.5 | 2.6 | 3.0 | 3.3 | 3.5 | 3.7 | 3.7 | 3.1 |
| Middle | 2.4 | 2.6 | 2.7 | 3.1 | 3.3 | 3.3 | 3.6 | 3.0 |
| Fourth | 2.4 | 2.5 | 2.7 | 2.7 | 3.0 | 3.2 | 3.5 | 2.8 |
| Highest | 2.4 | 2.5 | 2.6 | 2.8 | 2.9 | 3.0 | 3.4 | 2.7 |
| Total | 2.5 | 2.6 | 2.9 | 3.1 | 3.3 | 3.4 | 3.6 | 3.0 |

Figure 7.3 Mean Ideal Number of Children for All Women by Region


### 7.4 UnPLANNED and UnWanted Fertility

In the 2003 NDHS, women were asked a series of questions about each child born in the preceding five years and any current pregnancy, to determine whether the pregnancy was wanted then, wanted at a later time, or unwanted. These questions form a particularly powerful indicator of the degree to which couples successfully control childbearing. In addition, the data can be used to gauge the effect on fertility of the prevention of unwanted births.

The NDHS questions on fertility planning are extremely demanding. The respondent is required to recall accurately her wishes at one or more points in time during the last five years and to report them honestly. The danger of rationalization is present; an unwanted conception may well have become a cherished child. Despite these potential problems of comprehension, recall, and truthfulness, results from previous surveys have proved surprisingly plausible. Respondents are willing to report unwanted conceptions, although some postpartum rationalization probably occurs. The result is probably an underestimate of unwanted fertility.

Table 7.9 shows the percent distribution of births in the five years preceding the survey and current pregnancies by fertility planning status, according to birth order and mother's age at birth. Fifty-five percent of births were wanted at the time of conception, an additional 24 percent were wanted but at a later time, and a significant 20 percent were not wanted at all. These figures show that there has been little change since 1998; the little change that did occur served to somewhat increase the proportion of unwanted pregnancies from 18 percent in 1998 to 20 percent in 2003.

Birth order is strongly associated with the planning status of the birth. In the 2003 NDHS, the proportion of births that were wanted at the time of conception decreases with increasing birth order, while the percentage not wanted at all increases. While almost all first births were wanted at the time of conception, more than one-third of fourth or higher order births were unwanted.

| Table 7.9 Fertility planning status |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of births in the five years preceding the survey (including current pregnancies), by fertility planning status, according to birth order and mother's age at birth, Philippines 2003 |  |  |  |  |  |  |
| Birth order and mother's age at birth |  | Planning s | atus of birth |  |  |  |
|  | Wanted then | Wanted later | Wanted no more | Missing | Total | Number of births |
| Birth order |  |  |  |  |  |  |
| 1 | 72.6 | 19.4 | 7.1 | 0.9 | 100.0 | 2,153 |
| 2 | 55.3 | 34.2 | 9.8 | 0.7 | 100.0 | 1,752 |
| 3 | 50.0 | 27.5 | 21.9 | 0.6 | 100.0 | 1,218 |
| 4+ | 42.1 | 19.2 | 37.6 | 1.0 | 100.0 | 2,599 |
| Age at birth |  |  |  |  |  |  |
| <20 | 61.7 | 26.6 | 10.9 | 0.9 | 100.0 | 701 |
| 20-24 | 57.7 | 30.8 | 10.6 | 0.9 | 100.0 | 2,138 |
| 25-29 | 56.6 | 25.9 | 16.8 | 0.6 | 100.0 | 2,084 |
| 30-34 | 52.7 | 20.1 | 26.3 | 0.9 | 100.0 | 1,541 |
| 35-39 | 50.8 | 14.5 | 34.2 | 0.5 | 100.0 | 887 |
| 40-44 | 35.7 | 7.9 | 54.3 | 2.1 | 100.0 | 346 |
| 45-49 | (16.2) | (4.1) | (79.7) | (0.0) | 100.0 | 26 |
| Total | 54.9 | 24.0 | 20.3 | 0.8 | 100.0 | 7,723 |
| Note: Figures in parentheses are based on 25-49 unweighted cases. |  |  |  |  |  |  |

The planning status of births is also associated with the age of the mother. Older mothers tend to be less likely to report their pregnancies as wanted at conception. The percentage of unwanted births increases with mother's age; 11 percent of pregnancies to women under 20 were not wanted at conception, while 80 percent of pregnancies to those age 45-49 were not wanted.

Table 7.10 presents total wanted fertility rates alongside actual total fertility rates. The wanted fertility rates are calculated in the same manner as conventional age-specific fertility rates, except that only births classified as "wanted" are included in the numerator. A birth is considered wanted if the number of living children at the time of conception was less than or equal to the current ideal number of children reported by the respondent. Wanted fertility rates express the level of fertility that would theoretically result if all unwanted births were prevented. Comparison of actual fertility rates and wanted fertility rates suggests the potential demographic impact of the elimination of unwanted births. The smaller the gap is between the actual fertility rate and the wanted fertility rate, the more successful the woman is in achieving her fertility desires.

The total wanted fertility rate is lower than the total fertility rate. Thus, if unwanted births could be eliminated, the total fertility rate in Philippines would be 2.5 births per woman, instead of 3.5 -a difference of one entire birth. The total wanted fertility rate is lower than that recorded in the 1998 NDHS ( 2.7 children per woman). The differences between wanted and actual fertility rates are lower among urban women, better educated women, and women in the highest wealth index quintile, indicating that these women have been more successful at implementing their fertility preferences. For example, while the fertility gap among women with no formal education is 1.2 children, the corresponding gap among women who have completed college or higher education is 0.5 children.

There is wide variation in actual and wanted fertility by region. The gap between total wanted and total actual fertility rates is nearly 2 children in Bicol, Eastern Visayas, and Zamboanga Peninsula. ARMM has the smallest gap among all of the regions, because it still has comparatively high fertility goals.

| Table 7.10 Wanted fertility rates |  |  |
| :---: | :---: | :---: |
| Total wanted fertility rates and total fertility rates for the three years preceding the survey, by background characteristics, Philippines 2003 |  |  |
| Background characteristic | Total wanted fertility rate | Total fertility rate |
| Residence |  |  |
| Urban | 2.2 | 3.0 |
| Rural | 3.0 | 4.3 |
| Region |  |  |
| National Capital Region | 2.0 | 2.8 |
| Cordillera Admin Region | 2.7 | 3.8 |
| I - Ilocos | 3.0 | 3.8 |
| II - Cagayan Valley | 2.6 | 3.4 |
| III - Central Luzon | 2.4 | 3.1 |
| IVA - CALABARZON | 2.3 | 3.2 |
| IVB - MIMAROPA | 3.6 | 5.0 |
| V-Bicol | 2.6 | 4.3 |
| VI - Western Visayas | 2.7 | 4.0 |
| VII - Central Visayas | 2.6 | 3.6 |
| VIII - Eastern Visayas | 2.9 | 4.6 |
| IX - Zamboanga Peninsula | 2.6 | 4.2 |
| X - Northern Mindanao | 2.8 | 3.8 |
| XI - Davao | 2.2 | 3.1 |
| XII - SOCCSKSARGEN | 3.0 | 4.2 |
| XIII - Caraga | 2.8 | 4.1 |
| ARMM | 3.7 | 4.2 |
| Education |  |  |
| No education | 4.1 | 5.3 |
| Elementary | 3.3 | 5.0 |
| High school | 2.5 | 3.5 |
| College or higher | 2.2 | 2.7 |
| Wealth index quintile |  |  |
| Lowest | 3.8 | 5.9 |
| Second | 3.1 | 4.6 |
| Middle | 2.6 | 3.5 |
| Fourth | 2.2 | 2.8 |
| Highest | 1.7 | 2.0 |
| Total | 2.5 | 3.5 |

Note: Rates are calculated based on births to women age 15-49 in the period 1-36 months preceding the survey. The total fertility rates are the same as those presented in Table 4.2.

### 7.5 Ideal Number of Children and Unmet Need by Women's Status

Unmet need for contraceptives was also examined as it relates to three women's status indicators: women's involvement in family/household decisionmaking, degree to which refusing sex with one's spouse is justified, and degree to which wife beating can be justified. Women's status is assumed to be positively correlated with the number of family decisions women are involved in and the number of circumstances under which refusal of sex is justified, but inversely related to the number of circumstances under which wife beating can be justified.

The questionnaire asked whether the woman has the final say (jointly with another person, or by herself) on decisions affecting her own health care, making large household purchases, making household purchases for daily needs, visits to family or relatives, and what food to cook each day. Table 7.11 shows
that unmet need for family planning is inversely related to women's involvement in family decisionmaking: the greater the number of decisions in which the woman has the final say, the less likely she is to have an unmet contraceptive need.

Similarly, the fewer circumstances under which women agree that wife beating is justified, the less likely she is to be categorized as having an unmet need: while 25 percent of women who agree with all of the given reasons that wife beating might be justified have an unmet need for family planning, 17 percent of women who believe that wife beating is never justified have an unmet need. Given reasons for wife beating included if the woman goes out without telling her husband, if she neglects the children, if she argues with him, if she refuses to have sex with him, and if she burns the food.

There is no clear relationship between the number of reasons with which women agree that refusing sex with their husband is justified and unmet need for family planning. Reasons for refusing sex included if the husband has a sexually transmitted infection, the husband has had sex with other women, the woman has had a recent birth, or the woman is tired or not in the mood.

Table 7.11 Ideal number of children and unmet need by women's status
Mean ideal number of children and unmet need for spacing and limiting, by women's status indicators, Philippines 2003

| Women's status indicator | Mean ideal number of children ${ }^{1}$ | Number | Unmet need for family planning ${ }^{2}$ |  | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | For spacing | For limiting |  |  |
| Number of decisions in which woman has final say ${ }^{3}$ |  |  |  |  |  |  |
| 0 | 3.0 | 90 | 11.7 | 16.5 | 28.2 | 92 |
| 1-2 | 2.9 | 694 | 12.9 | 9.3 | 22.2 | 699 |
| 3-4 | 3.2 | 2,095 | 9.7 | 8.3 | 18.1 | 2,115 |
| 5 | 3.3 | 5,713 | 6.6 | 9.7 | 16.3 | 5,766 |


| Number of reasons to refuse <br> sex with husband |  |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: |
| 0 | 3.2 | 222 | 8.8 | 10.0 | 18.8 | 225 |
| $1-2$ | 3.5 | 291 | 8.3 | 7.5 | 15.8 | 297 |
| $3-4$ | 3.2 | 8,079 | 7.9 | 9.5 | 17.4 | 8,149 |
|  |  |  |  |  |  |  |
| Number of reasons wife <br> beating is justified |  |  |  |  |  |  |
| 0 | 3.2 | 6,418 | 7.9 | 9.2 | 17.1 | 6,463 |
| $1-2$ | 3.4 | 1,779 | 7.9 | 9.6 | 17.5 | 1,804 |
| $3-4$ | 3.6 | 306 | 7.0 | 12.1 | 19.2 | 316 |
| 5 | 3.4 | 88 | 14.8 | 10.4 | 25.2 | 88 |
|  |  |  |  |  |  |  |
| Total | 3.2 | 8,591 | 7.9 | 9.4 | 17.3 | 8,671 |

[^4]
### 7.6 Family Size Desires of Couples

Couple's consensus on family size is often thought to be instrumental in the greater success of couples in achieving their desired number of children. The percent distribution of currently married, nonsterilized women by perceived consensus with husband regarding the number of children desired is shown in Table 7.12, by selected background characteristics. The majority of women report that there is consensus with their husbands on the number of children they would like to have ( 67 percent). Twenty-two percent of women believe that their husbands want more children than they themselves do, while only 7 percent of husbands want fewer children than their wives do. A very small proportion of the women ( 5 percent) are not aware whether they want the same number of children as their husbands (Figure 7.4).

| Table 7.12 Couples consensus on family size |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of currently married, nonsterilized women by perceived consensus with husband regarding the number of children desired, by background characteristic, Philippines 2003 |  |  |  |  |  |  |
|  | Couple's consensus on desire for children ${ }^{1}$ |  |  |  | Total | Number of women |
| Background characteristic | Husband and wife want same number | Husband wants more than wife | Husband wants fewer than wife | Don't know/ missing |  |  |
| Age |  |  |  |  |  |  |
| 15-19 | 71.1 | 19.0 | 2.8 | 7.1 | 100.0 | 239 |
| 20-24 | 68.9 | 21.9 | 6.0 | 3.2 | 100.0 | 1,092 |
| 25-29 | 70.5 | 20.4 | 5.6 | 3.5 | 100.0 | 1,498 |
| 30-34 | 68.4 | 20.9 | 7.2 | 3.6 | 100.0 | 1,531 |
| 35-39 | 66.2 | 22.4 | 6.8 | 4.5 | 100.0 | 1,407 |
| 40-44 | 63.7 | 23.5 | 6.9 | 5.9 | 100.0 | 1,086 |
| 45-49 | 61.7 | 24.2 | 7.6 | 6.6 | 100.0 | 908 |
| Difference in age between woman and husband/partner |  |  |  |  |  |  |
| 0-1 year | 68.4 | 22.3 | 6.4 | 2.8 | 100.0 | 2,164 |
| 2-3 years | 67.5 | 22.0 | 6.4 | 4.2 | 100.0 | 2,153 |
| 4-5 years | 67.0 | 21.4 | 6.9 | 4.7 | 100.0 | 1,340 |
| $6+$ years | 65.4 | 21.9 | 6.4 | 6.2 | 100.0 | 2,086 |
| No age for husband/partner | * | * | * | * | 100.0 | 19 |
| Residence |  |  |  |  |  |  |
| Urban | 68.5 | 20.8 | 6.5 | 4.2 | 100.0 | 4,079 |
| Rural | 65.6 | 23.2 | 6.5 | 4.7 | 100.0 | 3,683 |
| Region |  |  |  |  |  |  |
| National Capital Region | 69.9 | 20.3 | 5.2 | 4.5 | 100.0 | 1,161 |
| Cordillera Admin Region | 71.6 | 17.6 | 5.5 | 5.2 | 100.0 | 120 |
| I - Ilocos | 73.6 | 14.7 | 7.5 | 4.1 | 100.0 | 369 |
| II - Cagayan Valley | 73.5 | 17.4 | 8.8 | 0.3 | 100.0 | 302 |
| III - Central Luzon | 76.0 | 14.1 | 4.8 | 5.1 | 100.0 | 784 |
| IVA - CALABARZON | 72.8 | 19.2 | 4.3 | 3.7 | 100.0 | 1,009 |
| IVB - MIMAROPA | 77.0 | 13.7 | 4.4 | 5.0 | 100.0 | 234 |
| V-Bicol | 58.1 | 25.4 | 10.8 | 5.8 | 100.0 | 432 |
| VI - Western Visayas | 62.0 | 22.9 | 6.7 | 8.4 | 100.0 | 539 |
| VII - Central Visayas | 66.2 | 19.1 | 6.3 | 8.4 | 100.0 | 596 |
| VIII - Eastern Visayas | 64.2 | 28.7 | 4.3 | 2.7 | 100.0 | 320 |
| IX - Zamboanga Peninsula | 57.6 | 34.4 | 6.3 | 1.6 | 100.0 | 320 |
| X - Northern Mindanao | 63.1 | 20.6 | 12.4 | 3.8 | 100.0 | 341 |
| XI - Davao | 60.6 | 25.3 | 10.3 | 3.8 | 100.0 | 382 |
| XII - SOCCSKSARGEN | 62.4 | 25.0 | 9.4 | 3.2 | 100.0 | 332 |
| XIII - Caraga | 63.1 | 27.2 | 9.2 | 0.6 | 100.0 | 202 |
| ARMM | 49.3 | 45.7 | 1.8 | 3.2 | 100.0 | 321 |
| Education |  |  |  |  |  |  |
| No education | 56.0 | 34.3 | 2.4 | 7.3 | 100.0 | 139 |
| Elementary | 62.2 | 25.0 | 6.6 | 6.2 | 100.0 | 2,262 |
| High school | 69.1 | 20.6 | 6.3 | 4.1 | 100.0 | 3,189 |
| College or higher | 70.2 | 19.8 | 7.0 | 3.0 | 100.0 | 2,172 |
| Total | 67.1 | 21.9 | 6.5 | 4.5 | 100.0 | 7,762 |

[^5]There is little variation by age in whether husbands and wives are believed to have consensus on desired family size, nor is there variation by age difference between husbands and wives. Women with no education ( 34 percent) and those living in ARMM (46 percent) were more likely than other women to say that their partners want more children than they do. On the other hand, women in Northern Mindanao were more likely than other women to state that their partners want fewer children than they do.

Figure 7.4 Currently Married Women by Perceived Consensus with Husband Regarding the Number of Children Desired


This chapter presents estimates of childhood mortality, measured by perinatal, infant, and child mortality rates. The chapter includes a description of the indicators, the current levels and trends, differentials by selected background characteristics, and factors that contribute to elevating children's mortality risks.

Analyzing the levels and trends of childhood mortality is important in gauging the impact of maternal and child health programs improving the health of infants and children. The data can also be used as input in population projections. Differentials in childhood mortality by selected characteristics are useful in identifying groups in need for priority attention and in planning meaningful strategies to address them.

### 8.1 Definitions and Assessment of Data Quality

Six indicators are analyzed in this chapter: Infant mortality rate, neonatal mortality rate, postneonatal mortality rate, child mortality rate, under-five mortality rate, and perinatal mortality rate.

The infant mortality rate (IMR) is defined as the number of infant deaths per 1,000 live births during the first 12 months of life. It is described as the probability of dying between birth and age one year. Because the level of mortality is higher at the early ages of infancy than at the later ages of infancy, it is useful to break up the rate into neonatal mortality (NN), the probability of dying within the first month of life, and postneonatal mortality (PNN), the probability of dying after the first month of life but before age one year.

The child mortality rate is the probability of dying between exact age one and age five, defined as the number of deaths of children age 1-4 years per 1,000 children surviving to age 12 months. Another useful summary indicator of infant and child mortality is the under-five mortality rate or the probability of dying between birth and exact age five, defined as the number of deaths below age five per 1,000 live births during the given period.

In this report, the five childhood mortality estimates pertain to periods of 0 to 4,5 to 9 , and 10 to 14 years preceding the survey.

Perinatal mortality is also presented in this chapter. It is defined as the number of stillbirths and early neonatal deaths that occurred zero to four years preceding the survey per 1,000 pregnancies of seven or more months' duration.

The above mortality rates are estimated directly from the information derived from the questions asked in the reproductive history section of the Women's Questionnaire. There are two types of data collected in this section. The first refers to a woman's total number of pregnancies, classified as live births and non-live births. To elicit complete reporting of all live births, interviewers asked the respondents to report the number of children still living and those who died, each classified by sex. The second type of data relates to detailed information on each of the woman's pregnancies from the first to the last. The following information was collected: whether the pregnancy resulted in single or multiple births and the outcome of the pregnancy (born alive, born dead, or lost before full term).

For all live births, the name, sex, date of birth, and survival status of the child were recorded. For surviving children, their age in completed years at last birthday was recorded. For dead children, the age at death was noted. If the child was born dead (stillbirth) or the pregnancy was lost before term (miscarriage), the date of pregnancy termination and duration of pregnancy at the time of loss were also recorded. For these pregnancies, the women were asked whether the pregnancy loss was induced.

The accuracy of these estimates depends on the respondent's full recall about all of her births, particularly those who have died, and her ability to accurately report the children's date of birth and age at death. Table C. 4 in Appendix C shows that there are no substantial differentials in the distributions of reported birth dates between living and dead children. The percentage of births in 1997 to 2002 with complete birth dates for living and dead children is equal to 100 percent and close to 100 percent for the earlier period. Moreover, a close examination of the pattern of reporting of age at death (Table C. 6 in Appendix C) reveals that for deaths reported to have occurred zero to four years preceding the survey, there is no evidence of substantial heaping of age at death at any age. For deaths 5 to 9 and 10 to 14 years before the survey, there is a heaping at age 12 months. However, it is too small to have an impact on the estimated IMR. The reporting of date of birth and of age at death zero to four years before the survey is reasonable. However, deaths reported in the earlier periods before the survey should be accepted with some reservation.

### 8.2 Levels and Trends in Infant, Child, and Under-Five Mortality

Table 8.1 shows early childhood mortality rates based on the 2003 National Demographic and Health Survey (NDHS). The IMR during the five-year period before the survey, which centers in year 2000, is 29 deaths per 1,000 live births. The neonatal mortality rate for the same period is 17 deaths per 1,000 live births, and the postneonatal mortality rate is 12 deaths per 1,000 live births. Child mortality is 12 deaths per 1,000 and the under-five mortality rate is 40 deaths per 1,000 live births.

Table 8.1 Early childhood mortality rates
Neonatal, postneonatal, infant, child, and under-five mortality rates for five-year periods preceding the survey, Philippines 2003

| Years <br> preceding <br> the survey | Approximate <br> calendar years | Neonatal <br> mortality <br> $(\mathrm{NN})$ | Postneonatal <br> mortality <br> $(\mathrm{PNN})^{1}$ | Infant <br> mortality <br> $\left({ }_{1} \mathrm{q}_{0}\right)$ | Child <br> mortality <br> $\left({ }_{4} \mathrm{q}_{1}\right)$ | Under-five <br> mortality <br> $\left({ }_{5} \mathrm{q}_{0}\right)$ |
| :--- | :--- | :---: | :---: | :---: | :---: | :---: |
| $0-4$ | $1998-2003$ | 17 | 12 | 2 | 12 | 40 |
| $5-9$ | $1993-1997$ | 17 | 14 | 31 | 12 | 43 |
| $10-14$ | $1988-1992$ | 18 | 16 | 34 | 19 | 52 |

${ }^{1}$ Computed as the difference between the infant and neonatal mortality rates

These estimates are associated with sampling errors. For example, at 95 percent confidence limits, for the zero to four years preceding the survey, the actual IMR lies between 24 and 33 deaths per 1,000 live births (Appendix B).

The 2003 NDHS data confirm the pattern of decline in childhood mortality in the past 15 years. Under-five mortality has declined from 54 to 48 to 40 per 1,000 as reported in the 1993 NDS, the 1998 NDHS, and the 2003 NDHS, respectively. Infant mortality rates from the three surveys also show a decline, from 34 to 35 to 29.

### 8.3 Socioeconomic Differentials in Childhood Mortality

Childhood mortality varies according to residence, education, and socioeconomic status. Data in Table 8.2 show that mortality rates in urban areas are much lower than those in rural areas. For example, the IMR in urban areas is 24 deaths per 1,000 live births, compared with 36 deaths per 1,000 live births in rural areas. Childhood mortality is inversely related to the mother's education level and wealth status. The IMR for children whose mothers have no education is 65 deaths per 1,000 live births, compared with 15 deaths per 1,000 live births for children whose mothers have college or higher education. The IMR is higher than the national average in seven regions: MIMAROPA, Western Visayas, Eastern Visayas, Northern Mindanao, Davao, Caraga, and Autonomous Region in Muslim Mindanao (ARMM). While there seems to be substantial differentials in childhood mortality by region, the large sampling errors (exceeding 20 points per 1,000 in some regions) suggest that the observed differences should be used with caution.

Table 8.2 Early childhood mortality rates by socioeconomic characteristics and region
Neonatal, postneonatal, infant, child, and under-five mortality rates for the 10-year period preceding the survey, by background characteristic, Philippines 2003

| Background characteristic | Neonatal mortality (NN) | Postneonatal mortality (PNN) ${ }^{1}$ | Infant mortality $\left({ }_{1} q_{0}\right)$ | Child mortality $\left({ }_{4} q_{1}\right)$ | Under-five mortality $\left({ }_{5} \mathrm{q}_{0}\right)$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Residence |  |  |  |  |  |
| Urban | 14 | 10 | 24 | 7 | 30 |
| Rural | 21 | 15 | 36 | 17 | 52 |
| Region |  |  |  |  |  |
| National Capital Region | 15 | 9 | 24 | 8 | 31 |
| Cordillera Admin Region | 6 | 8 | 14 | 20 | 34 |
| I - Ilocos | 19 | 10 | 29 | 11 | 39 |
| II - Cagayan Valley | 17 | 10 | 28 | 8 | 35 |
| III - Central Luzon | 15 | 10 | 25 | 6 | 31 |
| IVA - CALABARZON | 17 | 9 | 25 | 6 | 31 |
| IVB - MIMAROPA | 18 | 26 | 44 | 25 | 68 |
| V-Bicol | 19 | 9 | 28 | 15 | 43 |
| VI - Western Visayas | 22 | 18 | 39 | 11 | 50 |
| VII - Central Visayas | 18 | 10 | 28 | 11 | 39 |
| VIII - Eastern Visayas | 24 | 12 | 36 | 22 | 57 |
| IX - Zamboanga Peninsula | 6 | 21 | 27 | 17 | 43 |
| X - Northern Mindanao | 24 | 15 | 38 | 11 | 49 |
| XI - Davao | 18 | 20 | 38 | 10 | 47 |
| XII - SOCCSKSARGEN | 15 | 13 | 27 | 10 | 37 |
| XIII -Caraga | 21 | 14 | 35 | 14 | 49 |
| ARMM | 18 | 23 | 41 | 33 | 72 |
| Education |  |  |  |  |  |
| No education | (33) | 32 | 65 | 42 | 105 |
| Elementary | 22 | 21 | 43 | 20 | 62 |
| High school | 18 | 9 | 26 | 9 | 35 |
| College or higher | 9 | 7 | 15 | 3 | 18 |
| Wealth index quintile |  |  |  |  |  |
| Lowest | 21 | 21 | 42 | 25 | 66 |
| Second | 19 | 13 | 32 | 15 | 47 |
| Middle | 15 | 10 | 26 | 6 | 32 |
| Fourth | 15 | 7 | 22 | 4 | 26 |
| Highest | 13 | 6 | 19 | 1 | 21 |
| Total | 17 | 13 | 30 | 12 | 42 |

Note: Figures in parentheses are based on 250-499 unweighted exposed persons.
${ }^{1}$ Computed as the difference between the infant and neonatal mortality rates

### 8.4 Biodemographic Differentials in Childhood Mortality

Table 8.3 presents early childhood mortality by demographic characteristics. As expected, the mortality rate is consistently higher for males than for females. For instance, the IMR for males is 35 deaths per 1,000 live births, compared with 25 deaths per 1,000 live births for females. Mother's age at birth can affect a child's chances of survival. The table shows that early childhood mortality rates exhibit the expected U-shaped relationship with the mother's age: high at young ages, low at middle ages, and high at old ages (Figure 8.1). The higher rates for younger and older women may be related to biological factors that lead to complications during pregnancy and delivery.

Table 8.3 Early childhood mortality rates by demographic characteristics
Neonatal, postneonatal, infant, child, and under-five mortality rates for the ten-year period preceding the survey, by demographic characteristics, Philippines 2003

| Demographic characteristic | Neonatal mortality (NN) | Postneonatal mortality (PNN) ${ }^{1}$ | Infant mortality $\left({ }_{1} q_{0}\right)$ | Child mortality $\left({ }_{4} q_{1}\right)$ | Under-five mortality $\left({ }_{5} \mathrm{q}_{0}\right)$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Child's sex |  |  |  |  |  |
| Male | 21 | 14 | 35 | 14 | 48 |
| Female | 13 | 12 | 25 | 9 | 34 |
| Mother's age at birth |  |  |  |  |  |
| <20 | 28 | 14 | 42 | 15 | 56 |
| 20-29 | 16 | 11 | 26 | 9 | 36 |
| 30-39 | 15 | 14 | 28 | 15 | 43 |
| 40-49 | 32 | 34 | 66 | 24 | 89 |
| Birth order |  |  |  |  |  |
| 1 | 19 | 11 | 29 | 7 | 36 |
| 2-3 | 14 | 9 | 23 | 8 | 31 |
| 4-6 | 14 | 16 | 29 | 16 | 45 |
| 7+ | 31 | 25 | 56 | 29 | 83 |
| Previous birth interval ${ }^{2}$ |  |  |  |  |  |
| <2 | 23 | 16 | 39 | 20 | 58 |
| 2 years | 10 | 16 | 26 | 13 | 38 |
| 3 years | 10 | 9 | 19 | 11 | 30 |
| $4+$ years | 15 | 10 | 25 | 6 | 31 |
| Birth size ${ }^{3}$ |  |  |  |  |  |
| Small/very small | 29 | 22 | 52 | na | na |
| Average or larger | 11 | 9 | 20 | na | na |
| $\mathrm{na}=$ Not applicable |  |  |  |  |  |
| ${ }^{1}$ Computed as the difference between the infant and neonatal mortality rates <br> ${ }^{2}$ Excludes first-order births |  |  |  |  |  |

## Figure 8.1 Under Five Mortality Rates by Background Characteristics



The 2003 NDHS results show that there is no clear pattern for neonatal and infant mortality rates by birth order: The IMR is lowest for second- and third-order births (Table 8.3). However, there is a clear positive association between birth order and the probability of dying between ages one and five: Higher order births have higher mortality risks. While the child mortality rate for first-order births is 7 deaths per 1,000 , the corresponding rate for births of seventh order or higher is 29 deaths per 1,000.

In general, childhood mortality rates decline as the birth interval increases. For example, the IMR for children born less than two years after a previous birth is 39 deaths per 1,000 live births, compared with 25 deaths for children born after an interval of four or more years. Children born three years after a preceding birth have the best chance of surviving infancy, with an IMR of 19 deaths per 1,000 live births.

A child's size at birth has been shown to be associated with the risk of dying during infancy, particularly during the first months of life. For all children born during the five-year period before the survey, mothers were asked about their perception of the child's size: whether the child was very small, small, average size, large, or very large at birth. Although subjective, the mother's judgment has been shown to correlate closely with the actual birth weight. The 2003 NDHS results confirm that mortality levels are higher for children perceived by the mother to have been small or very small at birth than among other children. The neonatatal mortality rate for infants who were judged to be small or very small at birth by their mothers are, for example, more than two times higher than that for infants who were reported to be average or larger at birth ( 29 and 11 deaths per 1,000 live births, respectively).

### 8.5 Differentials in Childhood Mortality By Women's Status

Although there is no direct association, women's status has been found to influence infant and child mortality rates through women's ability to control resources and make decisions. In the 2003 NDHS, women were asked about certain aspects of their autonomy, including the number of household decisions in which the woman participates, the number of reasons for which a woman feels a wife is justified in refusing sexual relations with her husband, and the number of reasons that justify wife beating. With regard to participation in household decisions, the following question was asked: "Who in your family usually has the final say on the following decisions?" Decisions about which women were asked include deciding about her own health care, making large household purchases, making household pur-
chases for daily needs, visits to family or relatives, and what food should be cooked each day. A woman is considered more independent if she participates in a larger number of household decisions.

The second measure is the number of reasons to refuse sex with her husband. The following was presented to the respondents: "Husbands and wives do not always agree on everything. Please tell me if you think a wife is justified in refusing to have sex with her husband when: she knows her husband has a sexually transmitted disease, she knows her husband has sex with other women, she has recently given birth, and she is tired or not in the mood." A woman is considered more independent if she agrees with a greater number of reasons for a woman to refuse sex.

The third indicator is the number of reasons wife beating is justified. The respondent was asked the following: "Sometimes a husband is annoyed or angered by things that his wife does. In your opinion, is a husband justified in hitting or beating his wife in the following situations: if she goes out without telling him, if she neglects the children, if she argues with him, if she refuses to have sex with him, and if she burns the food." A woman is considered less independent if she accepts more reasons for justifying wife beating.

Table 8.4 presents childhood mortality rates by women's status indicators. On the basis of the three indicators, there is no clear relationship between women's status and childhood mortality. However, the decisionmaking indicator has a weak relationship to under-five mortality, such that the children of women at the extremes of decisionmaking-that is, women who make no decisions and women who participate in all decisions-are at higher risk for under-five mortality. Women who cannot make decisions are likely to be less empowered to make independent childcare decisions.

## Table 8.4 Early childhood mortality rates by women's status

Neonatal, postneonatal, infant, child, and under-five mortality rates for the ten-year period preceding the survey, by women's status indicators, Philippines 2003

| Women's status indicators | Neonatal mortality (NN) | Postneonatal mortality (PNN) ${ }^{1}$ | Infant mortality $\left(1 q_{0}\right)$ | Child mortality $\left(4 q_{1}\right)$ | Under-five mortality ${ }_{5} \mathrm{q}_{0}$ ) |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Number of decisions in which woman has final say ${ }^{2}$ |  |  |  |  |  |
| 0 | * | 13 | 13 | 29 | 42 |
| 1-2 | 15 | 11 | 25 | 9 | 35 |
| 3-4 | 17 | 14 | 31 | 8 | 38 |
| 5 | 18 | 13 | 31 | 13 | 44 |
| Number of reasons to refuse sex with husband |  |  |  |  |  |
| 0 | (16) | 9 | 25 | 15 | 40 |
| 1-2 | 36 | 20 | 56 | 9 | 64 |
| 3-4 | 17 | 13 | 29 | 12 | 41 |
| Number of reasons wife beating is justified |  |  |  |  |  |
| 0 | 16 | 10 | 27 | 11 | 38 |
| 1-2 | 21 | 20 | 41 | 13 | 54 |
| 3-4 | 20 | 9 | 29 | 20 | 48 |
| 5 | * | 20 | 24 | 8 | 32 |

Note: Figures in parentheses are based on 250-499 unweighted exposed persons. An asterisk indicates that an estimate is based on fewer than 250 unweighted exposed persons and has been suppressed.
${ }^{1}$ Computed as the difference between the infant and neonatal mortality rates
${ }^{2}$ Either by herself or jointly with others

### 8.6 Perinatal Mortality

In the 2003 NDHS, women were asked to report all pregnancy losses in the five years before the survey. For each such pregnancy, the duration of pregnancy was recorded. In this report, perinatal deaths include pregnancy losses occurring after seven completed months of gestation (stillbirths) and deaths to live births within the first seven days of life (early neonatal deaths). Thus, the perinatal mortality rate is the sum of the number of stillbirths and early neonatal deaths divided by the number of pregnancies of seven or more months' duration. The distinction between a stillbirth and an early neonatal death may be a fine one, depending often on the observed presence or absence of some faint signs of life after delivery. The causes of stillbirths and early neonatal deaths often overlap, and examining just one or the other can understate the true level of mortality around delivery. For this reason, in this report, both event types are combined and examined together. As with other childhood mortality measures, sampling errors associated with perinatal mortality rates are very large.

Data in Table 8.5 show that, overall, 76 stillbirths and 92 early neonatal deaths were recorded in the survey, resulting in a perinatal mortality rate in the Philippines of 24 deaths per 1,000 pregnancies. Perinatal mortality is slightly higher in rural than in urban areas (27 compared with 21 deaths per 1,000 pregnancies). Perinatal mortality rates are negatively and monotonically associated with the mother's education, ranging from 45 deaths for women with no education to 17 deaths per 1,000 pregnancies for those with college or higher education. Variations across mother's age at birth are the same as those for childhood mortality, with the lowest levels of mortality at a maternal age of 20-29.

## Table 8.5 Perinatal mortality

Number of stillbirths and early neonatal deaths, and the perinatal mortality rate for the five-year period preceding the survey, by background characteristics, Philippines 2003

| Background characteristic | Number of stillbiirths ${ }^{1}$ | Number of early neonatal deaths ${ }^{2}$ | Perinatal mortality rate ${ }^{3}$ | Number of pregnancies of 7+ months' duration |
| :---: | :---: | :---: | :---: | :---: |
| Age at birth |  |  |  |  |
| <20 | 9 | 15 | 38 | 649 |
| 20-29 | 30 | 39 | 18 | 3,840 |
| 30-39 | 24 | 27 | 23 | 2,187 |
| 40-49 | 13 | 11 | 68 | 355 |
| Previous pregnancy interval in months |  |  |  |  |
| First pregnancy | 16 | 26 | 23 | 1,837 |
| <15 | 9 | 16 | 35 | 724 |
| 15-26 | 15 | 15 | 18 | 1,740 |
| 27-38 | 18 | 13 | 28 | 1,102 |
| $39+$ | 17 | 22 | 24 | 1,627 |
| Residence |  |  |  |  |
| Urban | 33 | 39 | 21 | 3,494 |
| Rural | 43 | 53 | 27 | 3,536 |
| Region |  |  |  |  |
| National Capital Region | 8 | 13 | 19 | 1,058 |
| Cordillera Admin Region | 2 | 1 | 23 | 117 |
| I - Ilocos | 4 | 7 | 36 | 314 |
| II - Cagayan Valley | 3 | 0 | 14 | 228 |
| III - Central Luzon | 6 | 8 | 20 | 689 |
| IVA - CALABARZON | 11 | 10 | 25 | 827 |
| IVB - MIMAROPA | 2 | 3 | 21 | 243 |
| V-Bicol | 7 | 5 | 26 | 439 |
| VI - Western Visayas | 11 | 10 | 43 | 493 |
| VII - Central Visayas | 2 | 4 | 13 | 537 |
| VIII - Eastern Visayas | 2 | 7 | 24 | 359 |
| IX - Zamboanga Peninsula | 3 | 3 | 21 | 279 |
| X - Northern Mindanao | 3 | 5 | 24 | 304 |
| XI - Davao | 3 | 4 | 24 | 298 |
| XII - SOCCSKSARGEN | 3 | 4 | 21 | 326 |
| XIII - Caraga | 4 | 3 | 35 | 207 |
| ARMM | 3 | 6 | 28 | 313 |
| Education |  |  |  |  |
| No education | 2 | 4 | 45 | 135 |
| Elementary | 25 | 35 | 29 | 2,065 |
| High school | 32 | 38 | 23 | 2,984 |
| College or higher | 17 | 15 | 17 | 1,847 |
| Wealth index quintile |  |  |  |  |
| Lowest | 18 | 28 | 25 | 1,876 |
| Second | 17 | 23 | 25 | 1,607 |
| Middle | 22 | 13 | 26 | 1,374 |
| Fourth | 14 | 20 | 29 | 1,176 |
| Highest | 4 | 7 | 11 | 997 |
| Total | 76 | 92 | 24 | 7,030 |

${ }^{1}$ Stillbirths are fetal deaths in pregnancies lasting seven or more months.
${ }^{2}$ Early neonatal deaths are deaths at age zero to six days among live-born children.
${ }^{3}$ The sum of the number of stillbirths and early neonatal deaths divided by the number of pregnancies of seven or more months' duration, multiplied by 1,000.

Perinatal mortality is highest among pregnancies with a preceding birth interval of less than 15 months. Apart from the wealthiest group demonstrating the least perinatal mortality, no substantial differentials are evident across wealth status.

### 8.7 High-Risk Fertility Behavior

Maternal fertility patterns and children's survival risks have been known to have a strong relationship. Generally, infants and children have a greater probability of dying if they are born to mothers who are too young or too old, if they are born after a short birth interval, or if they are of high birth order. These factors are of particular interest since they are easily avoidable at low or no cost.

For purposes of the analysis of high-risk fertility behavior presented in Table 8.6, a mother is classified as too young if she is less than 18 years of age and too old if she is over 34 years of age at the time of delivery. A short birth interval is defined as a birth occurring less than 24 months after the previous birth, and a child is of high birth order if the mother had previously given birth to three or more children (i.e., if the child is of birth order four or higher). Although first births are commonly associated with high mortality risk, even if they occur when the mother is between 18 and 34 years old, they are not included in the high-risk category unless they occurred too early or late; instead, they are considered unavoidable.

Table 8.6 presents the percentage of births in the five years preceding the survey and the percentage of currently married women according to the level of risk category in relation to the fertility behavior of the mother. The table also presents the risk ratio or the relative risk of dying estimated by comparing the proportion dead among births in a specific high-risk category with the proportion dead among births not in any high-risk category. This information is useful for designing and monitoring programs both to avoid high-risk behavior and to cope with elevated risks.

Data in Table 8.6 show the percentage of births occurring in the five years before the survey that fall into these various risk categories. Twenty-one percent of children in the Philippines are not in any high-risk category, and 25 percent have an elevated mortality risk that is unavoidable (first births for which any risk is considered unavoidable). Among those who are at risk, 34 percent of births are in only one of the high-risk categories, while 20 percent are in multiple high-risk categories (because of a combination of mother's age, birth interval, and birth order).

The single avoidable high-risk categories with the highest percentage of births are birth order higher than three ( 15 percent) and births with intervals of less than 24 months ( 14 percent). Compared with births with no elevated mortality risk, the mortality risk increase associated with these categories ( 1.97 and 1.34, respectively) is less than that for births to mothers who were under 18 years at birth (3.41). Mortality risks are most elevated for the single-risk categories of too young mothers and too old mothers: 3 percent of births fell in the latter category, while 2 percent of births fell into the former.

The multiple high-risk category with the largest proportion of births is high-order births to older mothers: 10 percent of children fall in this category. Compared with births with no elevated risk, these births are 2.5 times more likely to die in early childhood. The multiple high-risk category with the highest risk ratio is the combination of mothers giving birth after age 34, birth interval less than 24 months, and birth order higher than three; the 3 percent of children in this category are more than five times as likely to die as children with no elevated mortality risk.

Table 8.6 also presents the distribution of currently married women according to category of increased risk if they were to conceive at the time of the survey. Although many women are protected from conception through the use of family planning, postpartum insusceptibility, and prolonged abstinence, for simplicity, only those who have been sterilized are considered to be in the no-risk category solely on the basis of their contraceptive method. Two in three currently married women ( 66 percent) are at risk of conceiving a child with an elevated risk of dying; 30 percent of women are at risk because of a single high-risk factor, while 36 percent of women have multiple high-risk factors. The most common risk is late childbearing combined with high birth order (27 percent of currently married women).

## Table 8.6 High-risk fertility behavior

Percent distribution of children born in the five years preceding the survey by category of elevated risk of mortality and the risk ratio, and percent distribution of currently married women by category of risk if they were to conceive a child at the time of the survey, Philippines 2003

| Risk category | Births in the 5 years preceding the survey |  | Percentage of currently married women ${ }^{1}$ |
| :---: | :---: | :---: | :---: |
|  | Percentage of births | Risk ratio |  |
| Not in any high-risk category | 21.4 | 1.00 | $28.1^{2}$ |
| Unavoidable risk category |  |  |  |
| First order births between ages 18 and 34 years | 25.1 | 1.60 | 5.7 |
| Single high-risk category |  |  |  |
| Mother's age <18 | 2.2 | 3.41 | 0.3 |
| Mother's age > 34 | 3.1 | 2.18 | 10.9 |
| Birth interval $<24$ months | 13.8 | 1.34 | 8.7 |
| Birth order > 3 | 14.5 | 1.97 | 9.9 |
| Subtotal | 33.7 | 1.83 | 29.7 |
| Multiple high-risk category |  |  |  |
| Age $<18$ and birth interval $<24$ months ${ }^{3}$ | 0.2 | 4.06 | 0.1 |
| Age $>34$ and birth interval $<24$ months | 0.4 | 0.00 | 0.6 |
| Age $>34$ and birth order $>3$ | 10.1 | 2.48 | 27.2 |
| Age $>34$ and birth interval $<24$ months and birth order $>3$ | 2.5 | 5.10 | 3.1 |
| Birth interval $<24$ months and birth order >3 | 6.6 | 3.47 | 5.5 |
| Subtotal | 19.8 | 3.11 | 36.4 |
| In any avoidable high-risk category | 53.5 | 2.30 | 66.1 |
| Total | 100.0 | - | 100.0 |
| Number of births | 6,954 | - | 8,671 |

Note: Risk ratio is the ratio of the proportion dead among births in a specific high-risk category to the proportion dead among births not in any high-risk category.
${ }^{1}$ Women are assigned to risk categories according to the status they would have at the birth of a child if they were to conceive at the time of the survey: current age less than 17 years and 3 months or older than 34 years and 2 months, latest birth less than 15 months ago, or latest birth being of order 3 or higher.
${ }^{2}$ Includes sterilized women
${ }^{3}$ Includes the category age $<18$ and birth order $>3$

## MATERNAL AND CHILD HEALTH

This chapter presents findings related to maternal and child health, specifically on the following topics: antenatal care, including iron supplementation and tetanus toxoid vaccination; delivery care and services; and postnatal care. This chapter also presents indicators on children’s health, including immunization and prevalence of childhood diseases. These findings can assist in identifying women and children who have less access to maternal and child health services, for whom health planners can formulate plans and programs aimed to improve their services.

### 9.1 Antenatal Care

The quality of antenatal care provided to pregnant women can be assessed in terms of the type of service provider, the number of antenatal care visits made, the timing of the first visit, and the services and information provided during antenatal checkups. In the 2003 National Demographic and Health Survey (NDHS), women who had one or more live births in the five years preceding the survey were asked whether they saw anyone for antenatal care during the pregnancy of their last live birth.

### 9.1.1 Antenatal Care Coverage

Table 9.1 shows the percent distribution of women who had a live birth in the five years preceding the survey by source of antenatal care (ANC) received during the pregnancy with the last birth. The interviewers were instructed to record all ANC providers mentioned by the respondent. However, in this table, only the provider with the highest qualification is considered if a respondent mentions more than one provider. Overall, 88 percent of women who had a live birth in the five years preceding the survey received ANC from a medical professional during pregnancy with the most recent birth (Table 9.1). Half of all women with a recent birth received care from a nurse or a midwife, and 38 percent received care from a doctor. Traditional birth attendants provided ANC to 7 percent of women. These figures show little change from those recorded in the 1998 NDHS (NSO, DOH, and Macro International Inc., 1999).

Women who were less than 35 years old when they gave birth, those with a smaller number of children, those who live in urban areas, women with higher education, and women who are economically better off are more likely to have had an antenatal checkup from a doctor, nurse, or midwife. For example, antenatal coverage ranges from 72 percent of women in the poorest quintile to 97 percent of women in the wealthiest quintile. The most significant difference, however, is by woman's education. While 96 percent of women with college or higher education have received ANC from a health professional, the corresponding proportion for women with no education is only 33 percent.

There are wide variations in antenatal coverage and services across regions. In the majority of regions, at least 90 percent of women received ANC from a health professional. Eleven percent of women each in Cordillera Administrative Region (CAR) and Zamboanga Peninsula received no ANC. In general, midwives and nurses are the most popular antenatal care providers, except in the National Capital Region (NCR) and CAR, where the most likely ANC provider is a doctor (73 and 55 percent, respectively). In Eastern Visayas, Zamboanga Peninsula, SOCCSKSARGEN, and Autonomous Region in Muslim Mindanao (ARMM), a large proportion of women receive ANC from a traditional birth attendant (TBA). In ARMM, for instance, 45 percent of women are attended by a TBA for ANC.

| Table 9.1 Antenatal care |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Among women who had a live birth in the five years preceding the survey by antenatal care (ANC) provider during pregnancy for the most recent birth, according to background characteristics, Philippines 2003 |  |  |  |  |  |  |  |
| Background characteristic | Doctor | Nurse/ midwife | Traditional birth attendant/ other | No one | Missing | Total | Number of women |
| Age at birth |  |  |  |  |  |  |  |
| <20 | 31.5 | 56.5 | 7.6 | 4.3 | 0.0 | 100.0 | 387 |
| 20-34 | 39.8 | 49.4 | 5.7 | 4.9 | 0.2 | 100.0 | 3,492 |
| 35-49 | 34.4 | 47.1 | 9.1 | 8.6 | 0.9 | 100.0 | 923 |
| Birth order |  |  |  |  |  |  |  |
| 1 | 52.0 | 40.9 | 4.0 | 2.9 | 0.2 | 100.0 | 1,192 |
| 2-3 | 42.8 | 48.6 | 4.3 | 4.2 | 0.2 | 100.0 | 1,902 |
| 4-5 | 27.9 | 57.8 | 7.6 | 6.3 | 0.4 | 100.0 | 937 |
| 6+ | 17.3 | 55.3 | 14.4 | 12.3 | 0.7 | 100.0 | 771 |
| Residence |  |  |  |  |  |  |  |
| Urban | 53.0 | 38.2 | 3.7 | 4.7 | 0.3 | 100.0 | 2,447 |
| Rural | 22.5 | 61.3 | 9.4 | 6.5 | 0.3 | 100.0 | 2,355 |
| Region |  |  |  |  |  |  |  |
| National Capital Region | 73.0 | 19.1 | 3.1 | 4.4 | 0.4 | 100.0 | 724 |
| Cordillera Admin Region | 54.5 | 31.5 | 2.9 | 11.1 | 0.0 | 100.0 | 79 |
| I - Ilocos | 37.3 | 54.0 | 1.4 | 6.9 | 0.5 | 100.0 | 220 |
| II - Cagayan Valley | 29.6 | 60.5 | 3.3 | 6.5 | 0.0 | 100.0 | 169 |
| III - Central Luzon | 46.7 | 45.7 | 2.2 | 4.2 | 1.1 | 100.0 | 480 |
| IVA - CALABARZON | 46.7 | 44.3 | 1.7 | 7.3 | 0.0 | 100.0 | 595 |
| IVB - MIMAROPA | 19.0 | 63.0 | 8.7 | 8.8 | 0.5 | 100.0 | 155 |
| V - Bicol | 30.0 | 55.6 | 8.6 | 5.2 | 0.6 | 100.0 | 290 |
| VI - Western Visayas | 34.6 | 58.8 | 1.5 | 5.1 | 0.0 | 100.0 | 324 |
| VII - Central Visayas | 31.0 | 60.4 | 4.8 | 3.5 | 0.3 | 100.0 | 359 |
| VIII - Eastern Visayas | 19.1 | 60.0 | 17.9 | 3.0 | 0.0 | 100.0 | 230 |
| IX - Zamboanga Peninsula | 12.5 | 64.6 | 11.7 | 11.2 | 0.0 | 100.0 | 199 |
| X - Northern Mindanao | 20.7 | 70.4 | 0.9 | 7.6 | 0.4 | 100.0 | 219 |
| XI - Davao | 30.0 | 60.2 | 6.0 | 3.4 | 0.4 | 100.0 | 216 |
| XII - SOCCSKSARGEN | 16.4 | 65.7 | 12.3 | 5.7 | 0.0 | 100.0 | 223 |
| XIII - Caraga | 27.6 | 62.9 | 5.8 | 3.7 | 0.0 | 100.0 | 135 |
| ARMM | 15.6 | 34.2 | 45.3 | 4.9 | 0.0 | 100.0 | 184 |
| Education |  |  |  |  |  |  |  |
| No education | 6.7 | 26.5 | 38.6 | 27.5 | 0.7 | 100.0 | 80 |
| Elementary | 13.0 | 62.6 | 12.9 | 11.3 | 0.3 | 100.0 | 1,349 |
| High school | 34.2 | 58.0 | 4.1 | 3.4 | 0.4 | 100.0 | 2,037 |
| College or higher | 71.1 | 25.0 | 1.9 | 1.8 | 0.2 | 100.0 | 1,337 |
| Wealth index quintile |  |  |  |  |  |  |  |
| Lowest | 8.6 | 63.8 | 16.2 | 11.2 | 0.2 | 100.0 | 1,162 |
| Second | 22.8 | 65.3 | 6.0 | 5.4 | 0.5 | 100.0 | 1,065 |
| Middle | 38.9 | 51.8 | 4.2 | 4.7 | 0.3 | 100.0 | 944 |
| Fourth | 58.5 | 37.7 | 1.5 | 2.1 | 0.3 | 100.0 | 863 |
| Highest | 79.9 | 16.7 | 1.0 | 2.1 | 0.3 | 100.0 | 768 |
| Total | 38.1 | 49.5 | 6.5 | 5.6 | 0.3 | 100.0 | 4,802 |

Note: If more than one source of ANC was mentioned, only the provider with the highest qualifications is considered in this tabulation.

Urban women, women in the wealthiest quintile, and women with college or higher education are more likely to consult a doctor for an antenatal checkup than other women. Table 9.1 also shows that women are more likely to consult a doctor for ANC for their first pregnancy than for subsequent pregnancies ( 52 percent, compared with 43 percent or less for each subsequent pregnancy).

The Department of Health (DOH) recommends that all pregnant women have at least four ANC visits during each pregnancy. The 2003 NDHS data show that seven in ten women who had a live birth in the five years preceding the survey had the recommended number of ANC visits during the pregnancy with last live birth (Table 9.2). This percentage is much higher in urban areas ( 78 percent) than in rural areas ( 62 percent).

DOH further recommends that for early detection of pregnancy-related health problems, the first antenatal checkup should occur in the first trimester of the pregnancy. More than half ( 53 percent) of women who had at least one live birth in the five years preceding the survey adopted this recommendation. For three in ten women, the first visit was made when their pregnancy was in

Table 9.2 Number of antenatal care visits and timing of first visit
Percent distribution of women who had a live birth in the five years preceding the survey, by number of antenatal care (ANC) visits for the most recent birth, and by the timing of the first visit, and whether they had at least one ANC visit in each trimester, according to residence, Philippines 2003

| Number and timing <br> of ANC visits | Residence |  |  |
| :--- | ---: | ---: | ---: |
|  | Urban | Rural | Total |
| Number of ANC visits |  |  |  |
| None | 4.7 | 6.5 | 5.6 |
| 1 | 3.2 | 5.8 | 4.5 |
| $2-3$ | 12.5 | 24.9 | 18.6 |
| $4+$ | 78.2 | 62.3 | 70.4 |
| Don't know/missing | 1.3 | 0.5 | 0.9 |
| Total |  |  |  |
|  | 100.0 | 100.0 | 100.0 |

Number of months pregnant at time of first ANC visit

| No antenatal care | 4.7 | 6.5 | 5.6 |
| :--- | ---: | ---: | ---: |
| $<4$ | 61.5 | 44.2 | 53.0 |
| $4-5$ | 23.8 | 35.0 | 29.2 |
| $6-7$ | 8.1 | 11.8 | 9.9 |
| $8+$ | 1.7 | 2.3 | 2.0 |
| Don't know/missing | 0.3 | 0.3 | 0.3 |
| Total | 100.0 | 100.0 | 100.0 |
| Median months pregnant at first <br> visit (for those with ANC) | 3.5 | 4.2 | 3.8 |
| Number of women | 2,447 | 2,355 | 4,802 | the fourth or fifth month, while one in ten had the first antenatal checkup when they were six to seven months pregnant. Women in urban areas tend to have their first checkup earlier than rural women: while 62 percent of urban women had their first ANC visit in the first trimester of pregnancy, the corresponding proportion in rural areas is 44 percent.

Half of these women who received ANC had had their visit by the time they were 3.8 months pregnant. This finding is similar to that recorded in the 1998 NDHS ( 3.9 months) for all births in the preceding five years (not just the most recent) (NSO, DOH, and Macro International Inc., 1999).

### 9.1.2 Components of Antenatal Care Services

High-quality ANC includes educating pregnant women about conditions during pregnancy that they should recognize as dangerous to them or to their baby so as to allow early intervention. In the 2003 NDHS, women who had a live birth in the five years preceding the survey were asked whether in any of their ANC visits, their weight, height, and blood pressure were measured, or samples of their urine or blood were taken. They were also asked whether during any of their ANC visits for their last birth they were informed of symptoms of pregnancy complications. Table 9.3 summarizes the responses to these questions.

| Table 9.3 Components of antenatal care |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Among women with a live birth in the five years preceding the survey who received antenatal care for the most recent birth, percentage who received specific antenatal care content, and percentage of women with a live birth in the five years preceding the survey who received iron tablets or syrup for the most recent birth, according to background characteristics, Philippines 2003 |  |  |  |  |  |  |  |  |  |
|  | Content of care among women who received antenatal care |  |  |  |  |  |  | Percentage of women who received iron tablets or syrup | Number of women |
| Background characteristic | Informed of signs of pregnancy complications | Weight measured | $\begin{gathered} \text { Height } \\ \text { measured } \end{gathered}$ | Blood pressure measured | Urine sample taken | Blood sample taken | Number of women |  |  |
| Age at birth |  |  |  |  |  |  |  |  |  |
| <20 | 46.0 | 87.2 | 58.5 | 87.2 | 40.6 | 33.9 | 370 | 75.8 | 387 |
| 20-34 | 49.6 | 88.6 | 60.1 | 91.4 | 47.8 | 37.7 | 3,314 | 77.9 | 3,492 |
| 35-49 | 48.3 | 85.3 | 58.7 | 87.5 | 45.2 | 39.2 | 835 | 73.3 | 923 |
| Birth order |  |  |  |  |  |  |  |  |  |
| 1 | 54.7 | 91.4 | 64.1 | 93.4 | 58.7 | 47.7 | 1,154 | 82.0 | 1,192 |
| 2-3 | 50.4 | 90.2 | 61.6 | 92.9 | 50.2 | 39.1 | 1,820 | 79.7 | 1,902 |
| 4-5 | 44.9 | 85.8 | 57.5 | 88.2 | 38.7 | 31.5 | 875 | 73.5 | 937 |
| 6+ | 41.0 | 78.1 | 50.1 | 80.7 | 27.1 | 24.5 | 670 | 65.9 | 771 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 53.0 | 92.8 | 67.2 | 94.1 | 62.1 | 49.2 | 2,324 | 79.8 | 2,447 |
| Rural | 44.8 | 82.6 | 51.8 | 86.4 | 30.5 | 25.4 | 2,196 | 73.8 | 2,355 |
| Region |  |  |  |  |  |  |  |  |  |
| National Capital Region | 57.7 | 95.2 | 78.5 | 95.1 | 76.9 | 66.6 | 689 | 76.6 | 724 |
| Cordillera Admin Region | 47.0 | 90.4 | 56.2 | 93.5 | 51.9 | 36.3 | 70 | 66.5 | 79 |
| I - Ilocos | 35.1 | 90.0 | 54.6 | 94.5 | 46.2 | 36.2 | 204 | 77.4 | 220 |
| II - Cagayan Valley | 46.9 | 90.3 | 65.7 | 92.5 | 39.8 | 29.6 | 158 | 72.7 | 169 |
| III - Central Luzon | 35.8 | 89.5 | 58.2 | 93.9 | 61.5 | 44.6 | 455 | 80.6 | 480 |
| IVA - CALABARZON | 52.0 | 93.6 | 62.7 | 95.6 | 57.3 | 36.3 | 552 | 76.9 | 595 |
| IVB - MIMAROPA | 39.9 | 81.2 | 49.9 | 85.4 | 24.6 | 25.3 | 141 | 73.8 | 155 |
| V-Bicol | 39.0 | 84.5 | 40.5 | 87.6 | 28.0 | 19.4 | 273 | 73.3 | 290 |
| VI - Western Visayas | 51.5 | 92.0 | 68.4 | 96.9 | 39.0 | 36.4 | 308 | 84.7 | 324 |
| VII - Central Visayas | 63.2 | 93.0 | 58.3 | 93.3 | 43.2 | 40.6 | 345 | 86.9 | 359 |
| VIII - Eastern Visayas | 30.9 | 76.5 | 48.5 | 80.8 | 23.9 | 21.3 | 223 | 74.0 | 230 |
| IX - Zamboanga Peninsula | 40.9 | 79.5 | 57.5 | 84.5 | 13.6 | 15.5 | 177 | 74.4 | 199 |
| X - Northern Mindanao | 67.6 | 94.9 | 59.0 | 90.3 | 40.5 | 38.7 | 202 | 79.7 | 219 |
| XI - Davao | 56.6 | 90.3 | 55.5 | 93.7 | 50.3 | 40.4 | 208 | 80.2 | 216 |
| XII - SOCCSKSARGEN | 48.4 | 78.1 | 54.4 | 81.5 | 27.7 | 18.8 | 210 | 76.9 | 223 |
| XIII - Caraga | 71.1 | 91.7 | 61.0 | 90.8 | 43.8 | 40.5 | 130 | 88.8 | 135 |
| ARMM | 35.0 | 44.5 | 35.2 | 52.3 | 19.0 | 13.5 | 175 | 40.2 | 184 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 22.2 | 36.7 | 23.6 | 31.1 | 7.7 | 7.5 | 57 | 29.7 | 80 |
| Elementary | 39.4 | 79.0 | 47.9 | 81.5 | 26.7 | 23.4 | 1,193 | 67.2 | 1,349 |
| High school | 48.4 | 88.9 | 61.0 | 92.5 | 45.4 | 35.5 | 1,960 | 78.1 | 2,037 |
| College or higher | 59.9 | 96.5 | 70.1 | 97.7 | 68.7 | 55.2 | 1,310 | 87.4 | 1,337 |
| Wealth index quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 39.5 | 73.2 | 45.1 | 77.4 | 19.1 | 16.8 | 1,030 | 64.7 | 1,162 |
| Second | 47.8 | 86.3 | 55.8 | 89.8 | 35.2 | 29.5 | 1,002 | 75.3 | 1,065 |
| Middle | 49.4 | 91.5 | 62.3 | 93.0 | 51.8 | 39.8 | 896 | 80.6 | 944 |
| Fourth | 51.7 | 94.8 | 66.7 | 96.3 | 63.1 | 49.5 | 843 | 82.2 | 863 |
| Highest | 60.4 | 97.9 | 74.1 | 98.9 | 75.7 | 61.3 | 749 | 86.9 | 768 |
| Total | 49.1 | 87.9 | 59.7 | 90.3 | 46.7 | 37.6 | 4,520 | 76.8 | 4,802 |

Table 9.3 shows that about half of women who received ANC for the most recent birth in the past five years were informed of pregnancy complications, such as vaginal bleeding, headache, dizziness, blurred vision, swollen face, swollen hands, and paleness or anemia. Women who have had only one birth, live in urban areas, have better education, and fall into the wealthiest quintile are more likely than other women to be informed of potential problems during pregnancy. Women in Caraga are the most likely to have been informed of pregnancy complications (71 percent); women in Eastern Visayas are the least likely to have been informed (31 percent).

Nine in ten women had their blood pressure and weight measurements taken during their ANC visit (Table 9.3). Six in 10 women had their height measured, 47 percent of the women had their urine sample taken, and 38 percent had a blood sample taken.

As one of the essential services of the maternal care program of DOH , pregnant women are encouraged to have iron or folate supplementation. Because pregnant women are prone to anemia, they need to take iron tablets or capsules to meet their daily iron requirements. Table 9.3 shows that 77 percent of women with a live birth in the five years preceding the survey received iron tablets or syrup during the pregnancy of their last birth. There are some variations in iron supplementation coverage across subgroups of women, but the most significant differences are by the woman's education. While 87 percent of women with college or higher education received iron supplementation, the corresponding proportion for women with no education is only 30 percent. At the regional level, the percentage varies from 40 percent in ARMM to 89 percent in Caraga.

### 9.1.3 Information about Pregnancy Complications

Table 9.4 shows that among women with a live birth in the five years preceding the survey who were informed about danger signs of pregnancy complications, about one-third report that they were told to watch out for vaginal bleeding, headache, dizziness, and paleness or anemia. Less than 30 percent were informed of such symptoms as blurred vision, swollen face, and swollen hands. As in the case of ANC coverage, there are some variations in the likelihood that women were told of potential problems during pregnancy. However, women with no education are the least likely to have received any information about symptoms of pregnancy complications.

There are sharp differentials across regions in the information provided to pregnant women on possible problems during pregnancy: women in Eastern Visayas are the least likely to be informed of any complications that may arise from their pregnancy ( 31 percent are informed), while women in Caraga have the best chances of having this information ( 71 percent are informed).

Compared with data from the 1998 NDHS, there appears to be an increase in the proportion of pregnant women who were informed of the dangers of pregnancy, from 33 percent in 1998 for all births in the preceding five years to 49 percent in 2003 for the most recent birth in the preceding five years (NSO, DOH, and Macro International Inc., 1999).

| Table 9.4 Information about danger signs of pregnancy |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Among women with a live birth in the five years preceding the survey who received antenatal care for the most recent birth, percentage who received information about danger signs during pregnancy, according to background characteristics, Philippines 2003 |  |  |  |  |  |  |  |  |  |
|  | Not informed | Informed about specific pregnancy complications |  |  |  |  |  |  | Number of women |
| Background characteristic | of any <br> compli- <br> cations | Vaginal bleeding | Headache | Dizziness | Blurred vision | Swollen face | Swollen hands | Pale or anemic |  |
| Age at birth |  |  |  |  |  |  |  |  |  |
| <20 | 54.0 | 30.1 | 32.9 | 37.6 | 24.1 | 23.2 | 24.9 | 29.0 | 370 |
| 20-34 | 50.4 | 32.8 | 34.8 | 38.7 | 27.1 | 28.6 | 28.7 | 34.4 | 3,314 |
| 34-49 | 51.7 | 31.3 | 33.1 | 35.9 | 28.0 | 27.9 | 28.7 | 31.4 | 835 |
| Birth order |  |  |  |  |  |  |  |  |  |
| 1 | 45.3 | 36.3 | 37.9 | 43.3 | 29.3 | 31.7 | 32.0 | 36.1 | 1,154 |
| 2-3 | 49.6 | 33.9 | 36.0 | 39.3 | 27.8 | 28.3 | 28.4 | 34.5 | 1,820 |
| 4-5 | 55.1 | 30.0 | 30.6 | 34.8 | 24.8 | 25.6 | 26.7 | 31.8 | 875 |
| 6+ | 59.0 | 24.3 | 28.7 | 29.9 | 23.9 | 23.8 | 24.3 | 27.8 | 670 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 47.0 | 35.6 | 37.4 | 41.7 | 28.6 | 29.8 | 30.6 | 36.3 | 2,324 |
| Rural | 55.2 | 28.8 | 31.1 | 34.2 | 25.4 | 26.0 | 26.0 | 30.3 | 2,196 |
| Region |  |  |  |  |  |  |  |  |  |
| National Capital Region | 42.3 | 40.3 | 42.4 | 47.5 | 31.3 | 33.0 | 33.9 | 42.0 | 689 |
| Cordillera Admin Region | 53.0 | 34.5 | 32.9 | 38.1 | 23.6 | 25.8 | 27.5 | 34.6 | 70 |
| I - Ilocos | 64.9 | 23.7 | 24.7 | 27.2 | 21.7 | 23.7 | 22.2 | 26.2 | 204 |
| II - Cagayan Valley | 53.1 | 25.6 | 38.3 | 38.8 | 13.3 | 21.1 | 23.0 | 20.5 | 158 |
| III - Central Luzon | 64.2 | 13.6 | 17.8 | 21.9 | 8.3 | 11.2 | 10.4 | 15.4 | 455 |
| IVA - CALABARZON | 48.0 | 35.6 | 36.0 | 42.4 | 28.0 | 29.5 | 28.7 | 33.8 | 552 |
| IVB - MIMAROPA | 60.1 | 19.6 | 26.1 | 28.5 | 23.3 | 19.1 | 18.6 | 23.3 | 141 |
| $V$ - Bicol | 61.0 | 20.2 | 22.1 | 26.0 | 17.5 | 15.5 | 17.3 | 18.7 | 273 |
| VI - Western Visayas | 48.5 | 39.8 | 35.3 | 38.5 | 34.4 | 33.1 | 33.1 | 39.8 | 308 |
| VII - Central Visayas | 36.8 | 44.7 | 47.0 | 49.5 | 42.1 | 42.4 | 43.4 | 47.1 | 345 |
| VIII - Eastern Visayas | 69.1 | 22.8 | 22.4 | 21.3 | 18.6 | 17.7 | 17.7 | 19.7 | 223 |
| IX - Zamboanga Peninsula | 59.1 | 20.2 | 22.0 | 27.1 | 17.3 | 17.2 | 16.7 | 23.2 | 177 |
| X - Northern Mindanao | 32.4 | 45.7 | 54.4 | 59.0 | 46.4 | 55.3 | 54.5 | 59.0 | 202 |
| XI - Davao | 43.4 | 35.7 | 38.3 | 43.3 | 27.7 | 30.5 | 33.1 | 37.9 | 208 |
| XII - SOCCSKSARGEN | 51.6 | 41.0 | 39.5 | 41.1 | 34.8 | 34.6 | 35.3 | 40.1 | 210 |
| XIII - Caraga | 28.9 | 53.4 | 56.7 | 64.1 | 52.3 | 49.0 | 49.4 | 56.6 | 130 |
| ARMM | 65.0 | 24.4 | 24.8 | 23.6 | 20.2 | 14.3 | 17.8 | 25.1 | 175 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 77.8 | 13.7 | 13.1 | 11.1 | 7.6 | 12.9 | 14.2 | 11.4 | 57 |
| Elementary | 60.6 | 23.9 | 25.9 | 29.1 | 21.5 | 21.1 | 21.5 | 25.9 | 1,193 |
| High school | 51.6 | 30.9 | 33.0 | 37.3 | 26.0 | 26.7 | 27.2 | 33.2 | 1,960 |
| College or higher | 40.1 | 42.8 | 45.0 | 48.5 | 34.4 | 36.8 | 37.1 | 41.5 | 1,310 |
| Wealth index quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 60.5 | 25.6 | 27.9 | 29.0 | 23.7 | 21.3 | 21.8 | 27.9 | 1,030 |
| Second | 52.2 | 30.0 | 32.2 | 36.4 | 26.6 | 27.4 | 27.7 | 31.5 | 1,002 |
| Middle | 50.6 | 32.7 | 34.8 | 39.2 | 27.4 | 28.8 | 29.4 | 34.4 | 896 |
| Fourth | 48.3 | 33.1 | 34.8 | 39.4 | 26.4 | 26.9 | 27.0 | 34.0 | 843 |
| Highest | 39.6 | 43.3 | 45.1 | 49.9 | 32.5 | 38.2 | 38.7 | 41.7 | 749 |
| Total | 50.9 | 32.3 | 34.4 | 38.1 | 27.0 | 28.0 | 28.4 | 33.4 | 4,520 |

Table 9.5 indicates that 57 percent of pregnant women who had antenatal care for their most recent birth were not told where to go in case of pregnancy complications. Among women who were informed about where to go in case of pregnancy complications, 15 percent reported that they were told to go to a government hospital, 11 percent were told to go to a rural or urban health center, and 10 percent each were told to go to a barangay health station or a private hospital or clinic. Again, the most notable differences in the percentages are by the woman's education. Women with college or higher education are much more likely than other women to be told where to go in case of pregnancy complications ( 55 percent), compared with only 17 percent of women with no education.

| Table 9.5 Place to go in case of pregnancy complications |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Among women with a live birth in the five years preceding the survey who received antenatal care for the most recent birth, percentage who were informed to go to a specific facility in case of complications, by type of facility and background characteristics, Philippines 2003 |  |  |  |  |  |  |  |  |  |
|  | Not informed where to go | Informed to go to a specific facility |  |  |  |  |  |  | Number of women |
| Background characteristic |  | Government hospital | Rural/ <br> urban <br> health <br> center | Barangay health station | Private hospital/ clinic | Private doctor | Private nurse/ midwife | Other/ missing |  |
| Age at birth |  |  |  |  |  |  |  |  |  |
| <20 | 62.0 | 12.3 | 11.5 | 11.0 | 6.6 | 2.5 | 0.4 | 0.5 | 370 |
| 20-34 | 55.7 | 14.8 | 10.8 | 9.6 | 10.4 | 5.2 | 0.3 | 0.5 | 3,314 |
| 34-49 | 57.8 | 15.9 | 11.0 | 9.8 | 7.8 | 4.4 | 0.2 | 0.8 | 835 |
| Birth order |  |  |  |  |  |  |  |  |  |
| 1 | 51.9 | 15.4 | 10.3 | 8.7 | 15.4 | 6.7 | 0.2 | 0.4 | 1,154 |
| 2-3 | 55.3 | 14.7 | 10.1 | 9.5 | 10.5 | 5.9 | 0.4 | 0.5 | 1,820 |
| 4-5 | 59.9 | 15.1 | 11.4 | 10.3 | 6.5 | 2.9 | 0.3 | 0.8 | 875 |
| 6+ | 63.9 | 13.7 | 13.3 | 11.4 | 1.1 | 1.2 | 0.0 | 0.9 | 670 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 52.5 | 15.6 | 10.6 | 7.4 | 14.2 | 5.7 | 0.4 | 0.6 | 2,324 |
| Rural | 60.9 | 14.0 | 11.1 | 12.2 | 4.7 | 3.9 | 0.1 | 0.6 | 2,196 |
| Region |  |  |  |  |  |  |  |  |  |
| National Capital Region | 48.2 | 19.3 | 12.4 | 3.3 | 17.8 | 3.2 | 0.6 | 0.3 | 689 |
| Cordillera Admin Region | 61.9 | 16.6 | 10.3 | 3.1 | 8.9 | 3.2 | 0.0 | 1.8 | 70 |
| I- Ilocos | 68.9 | 7.9 | 11.3 | 3.5 | 5.5 | 3.4 | 0.0 | 0.5 | 204 |
| II - Cagayan Valley | 61.8 | 11.8 | 6.0 | 10.1 | 6.2 | 5.7 | 0.5 | 0.0 | 158 |
| III - Central Luzon | 71.1 | 10.5 | 4.9 | 7.0 | 6.2 | 4.2 | 0.3 | 0.5 | 455 |
| IVA - CALABARZON | 52.4 | 13.5 | 12.0 | 5.6 | 15.7 | 5.7 | 0.5 | 0.0 | 552 |
| IVB - MIMAROPA | 63.1 | 15.5 | 11.6 | 6.1 | 4.3 | 1.0 | 1.0 | 1.0 | 141 |
| V-Bicol | 68.1 | 12.7 | 8.1 | 8.7 | 6.3 | 3.8 | 0.2 | 0.8 | 273 |
| VI - Western Visayas | 52.2 | 21.0 | 14.5 | 8.7 | 4.5 | 8.6 | 0.0 | 0.4 | 308 |
| VII - Central Visayas | 44.1 | 12.0 | 18.2 | 13.8 | 11.2 | 7.1 | 0.0 | 0.3 | 345 |
| VIII - Eastern Visayas | 73.7 | 13.6 | 8.4 | 1.5 | 2.3 | 1.2 | 0.0 | 0.0 | 223 |
| IX - Zamboanga Peninsula | 64.9 | 9.6 | 5.4 | 15.6 | 5.9 | 0.5 | 0.0 | 0.0 | 177 |
| X - Northern Mindanao | 36.5 | 25.1 | 7.7 | 33.7 | 12.7 | 4.1 | 0.0 | 0.5 | 202 |
| XI - Davao | 51.3 | 14.6 | 10.8 | 14.5 | 12.1 | 10.1 | 0.0 | 1.4 | 208 |
| XII - SOCCSKSARGEN | 57.0 | 8.6 | 14.5 | 14.5 | 6.1 | 7.8 | 0.0 | 1.6 | 210 |
| XIII - Caraga | 34.4 | 25.1 | 12.5 | 37.3 | 8.3 | 11.0 | 0.5 | 1.3 | 130 |
| ARMM | 68.7 | 15.5 | 10.5 | 7.8 | 1.6 | 1.3 | 0.4 | 2.9 | 175 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 82.8 | 3.1 | 0.8 | 9.5 | 0.0 | 1.3 | 0.0 | 3.8 | 57 |
| Elementary | 66.6 | 10.8 | 12.1 | 11.5 | 1.8 | 1.2 | 0.2 | 0.4 | 1,193 |
| High school | 57.5 | 16.5 | 11.7 | 10.7 | 5.8 | 3.7 | 0.4 | 0.5 | 1,960 |
| College or higher | 45.0 | 16.5 | 8.9 | 6.7 | 22.7 | 9.9 | 0.1 | 0.8 | 1,310 |
| Wealth index quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 66.1 | 11.2 | 11.9 | 12.7 | 1.1 | 1.3 | 0.2 | 0.7 | 1,030 |
| Second | 57.5 | 16.7 | 13.1 | 13.8 | 3.6 | 2.8 | 0.1 | 0.9 | 1,002 |
| Middle | 56.3 | 16.5 | 12.2 | 9.3 | 7.2 | 5.0 | 0.1 | 0.5 | 896 |
| Fourth | 54.6 | 17.2 | 9.4 | 7.6 | 12.7 | 5.8 | 0.9 | 0.4 | 843 |
| Highest | 45.0 | 12.5 | 6.6 | 3.3 | 28.6 | 11.3 | 0.2 | 0.3 | 749 |
| Total | 56.6 | 14.8 | 10.9 | 9.7 | 9.6 | 4.8 | 0.3 | 0.6 | 4,520 |

As in the case of information on pregnancy complications, there are sharp differentials across regions in the information provided to pregnant women about the place to go should such complications occur. More than 70 percent of women in Central Luzon and Eastern Visayas were not informed of where to go for help with any complications that may arise from their pregnancy, while women in Caraga have the best chances of having this information (66 percent). As was the case with information on danger signs of pregnancy, women in Eastern Visayas have the least information, while women in Caraga are the most informed.

### 9.1.4 Tetanus Toxoid Injections

One of the maternal and child health programs of DOH is providing tetanus toxoid immunization to pregnant women in order to protect newborn babies from neonatal tetanus, which is one of the major causes of neonatal deaths. The program recommends that women receive at least two tetanus toxoid (TT) injections during their first pregnancy.

Table 9.6 shows that 37 percent of women who had a live birth in the five years preceding the survey received two or more injections of TT. Twenty-eight percent of these women received no tetanus injection. TT coverage in 2003 is similar to that recorded in the 1998 NDHS (38 percent). It is important to note, however, that some women may have had enough TT prior to the index pregnancy that they did not require further injections. This may be the case in particular for women at higher parities.

Table 9.6 Tetanus toxoid injections
Percent distribution of women who had a live birth in the five years preceding the survey, by number of tetanus toxoid injections received during pregnancy for the most recent birth, according to background characteristics, Philippines 2003

|  |  | Two or | Don't | Number |
| :--- | :---: | :---: | :---: | :---: |
| Background <br> characteristic | None | Onemore <br> injection <br> knjew/ | of |  |

## Age at birth

20-34

| 23.0 | 31.5 | 44.5 | 1.0 | 100.0 | 387 |
| ---: | ---: | ---: | ---: | ---: | ---: |
| 25.7 | 34.3 | 38.5 | 1.5 | 100.0 | 3,492 |
| 38.4 | 30.9 | 29.5 | 1.3 | 100.0 | 923 |

Birth order

| 1 | 22.4 | 30.3 | 45.6 | 1.6 | 100.0 | 1,192 |
| :--- | ---: | :--- | :--- | :--- | :--- | ---: |
| $2-3$ | 22.0 | 37.6 | 39.1 | 1.3 | 100.0 | 1,902 |
| $4-5$ | 31.4 | 34.9 | 32.0 | 1.6 | 100.0 | 937 |
| $6+$ | 46.6 | 26.2 | 26.1 | 1.1 | 100.0 | 771 |
|  |  |  |  |  |  |  |
| Residence      <br> $\quad$ Urban 26.5 35.1 36.6 1.9 100.0 <br> $\quad 2,447$      <br> $\quad$ Rural 29.4 31.7 38.0 0.9 100.0 | 2,355 |  |  |  |  |  |

Region

| National Capital Region | 23.4 | 39.3 | 34.9 | 2.4 | 100.0 | 724 |
| :--- | ---: | :--- | :--- | :--- | :--- | ---: |
| Cordillera Admin Region | 35.6 | 35.2 | 28.7 | 0.5 | 100.0 | 79 |
| I - Ilocos | 23.4 | 37.8 | 37.4 | 1.4 | 100.0 | 220 |
| II - Cagayan Valley | 21.8 | 30.3 | 47.9 | 0.0 | 100.0 | 169 |
| III - Central Luzon | 31.0 | 34.9 | 31.9 | 2.2 | 100.0 | 480 |
| IVA - CALABARZON | 27.0 | 35.0 | 36.3 | 1.7 | 100.0 | 595 |
| IVB - MIMAROPA | 30.9 | 24.5 | 43.1 | 1.5 | 100.0 | 155 |
| V - Bicol | 34.6 | 35.7 | 29.1 | 0.6 | 100.0 | 290 |
| VI - Western Visayas | 30.5 | 28.4 | 39.6 | 1.5 | 100.0 | 324 |
| VII - Central Visayas | 22.2 | 30.1 | 46.4 | 1.3 | 100.0 | 359 |
| VIII - Eastern Visayas | 33.9 | 30.2 | 35.1 | 0.8 | 100.0 | 230 |
| IX - Zamboanga Peninsula | 30.5 | 32.7 | 36.8 | 0.0 | 100.0 | 199 |
| X - Northern Mindanao | 26.0 | 35.8 | 36.8 | 1.3 | 100.0 | 219 |
| XI - Davao | 19.9 | 29.4 | 49.1 | 1.6 | 100.0 | 216 |
| XII - SOCCSKSARGEN | 24.9 | 30.7 | 42.7 | 1.8 | 100.0 | 223 |
| XIII - Caraga | 19.6 | 38.1 | 42.3 | 0.0 | 100.0 | 135 |
| ARMM | 52.5 | 24.1 | 23.4 | 0.0 | 100.0 | 184 |
| Education |  |  |  |  |  |  |
| No education | 71.7 | 13.5 | 14.0 | 0.7 | 100.0 | 80 |
| Elementary | 35.2 | 29.1 | 34.8 | 0.9 | 100.0 | 1,349 |
| High school | 22.5 | 35.4 | 40.6 | 1.5 | 100.0 | 2,037 |
| College or higher | 26.1 | 35.9 | 36.2 | 1.8 | 100.0 | 1,337 |
| Wealth index quintile |  |  |  |  |  |  |
| Lowest | 37.6 | 29.7 | 31.9 | 0.8 | 100.0 | 1,162 |
| Second | 25.5 | 30.8 | 42.3 | 1.3 | 100.0 | 1,065 |
| Middle | 22.6 | 37.5 | 38.6 | 1.3 | 100.0 | 944 |
| Fourth | 23.5 | 35.2 | 39.3 | 2.0 | 100.0 | 863 |
| Highest | 28.1 | 35.6 | 34.5 | 1.8 | 100.0 | 768 |
| Total |  |  |  |  |  |  |

Births to young women, lower order births, and births to better educated women are more likely than other births to be protected from neonatal tetanus. Interestingly, TT coverage does not vary much by wealth status. Across the regions, TT coverage ranges from 23 percent in ARMM to 49 percent in Davao.

### 9.2 Delivery Care

### 9.2.1 Place of Delivery

Thirty-eight percent of live births in the five years preceding the survey were delivered in a health facility, and 61 percent were born at home (Table 9.7). These figures show an increase in the proportion of births occurring in a health facility ( 34 percent in 1998) and a decline in the percentage of births delivered at home (66 percent in 1998) (NSO, DOH, and Macro International Inc., 1999).

| Table 9.7 Place of delivery |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of live births in the five years preceding the survey, by place of delivery, according to background characteristics, Philippines 2003 |  |  |  |  |  |  |  |  |
| Background characteristic | Health facility |  |  | Home | Other | Missing | Total | Number of births |
|  | Government hospital | Government health center | Private sector |  |  |  |  |  |
| Age at birth |  |  |  |  |  |  |  |  |
| <20 | 21.5 | 1.3 | 11.6 | 64.1 | 0.3 | 1.2 | 100.0 | 640 |
| 20-34 | 23.4 | 1.6 | 14.4 | 60.0 | 0.2 | 0.4 | 100.0 | 5,189 |
| 35-49 | 20.5 | 0.5 | 11.7 | 66.1 | 0.2 | 0.8 | 100.0 | 1,125 |
| Birth order |  |  |  |  |  |  |  |  |
| 1 | 31.4 | 1.3 | 20.4 | 45.5 | 0.5 | 0.8 | 100.0 | 1,945 |
| 2-3 | 23.1 | 2.0 | 15.7 | 58.7 | 0.1 | 0.2 | 100.0 | 2,663 |
| 4-5 | 17.3 | 1.1 | 8.8 | 72.1 | 0.0 | 0.6 | 100.0 | 1,245 |
| 6+ | 12.8 | 0.6 | 2.4 | 83.5 | 0.1 | 0.7 | 100.0 | 1,102 |
| Antenatal care visits ${ }^{1}$ |  |  |  |  |  |  |  |  |
| None | 9.3 | 1.3 | 3.8 | 85.2 | 0.0 | 0.4 | 100.0 | 268 |
| 1-3 | 15.2 | 0.4 | 4.4 | 79.9 | 0.1 | 0.0 | 100.0 | 1,108 |
| 4+ | 27.6 | 1.7 | 19.4 | 51.0 | 0.2 | 0.0 | 100.0 | 3,381 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 29.5 | 2.1 | 22.1 | 45.5 | 0.1 | 0.5 | 100.0 | 3,461 |
| Rural | 16.0 | 0.7 | 5.3 | 77.0 | 0.3 | 0.5 | 100.0 | 3,493 |
| Region |  |  |  |  |  |  |  |  |
| National Capital Region | 38.5 | 2.7 | 28.4 | 30.0 | 0.0 | 0.5 | 100.0 | 1,050 |
| Cordillera Admin Region | 38.6 | 0.0 | 6.2 | 55.2 | 0.0 | 0.0 | 100.0 | 115 |
| I - Ilocos | 21.3 | 0.3 | 7.5 | 70.2 | 0.3 | 0.3 | 100.0 | 310 |
| II - Cagayan Valley | 19.2 | 0.0 | 6.5 | 73.9 | 0.0 | 0.4 | 100.0 | 224 |
| III - Central Luzon | 30.8 | 0.8 | 17.8 | 49.3 | 0.0 | 1.4 | 100.0 | 683 |
| IVA - CALABARZON | 22.6 | 3.2 | 20.0 | 53.5 | 0.3 | 0.2 | 100.0 | 816 |
| IVB - MIMAROPA | 13.0 | 0.6 | 2.1 | 83.0 | 0.0 | 1.3 | 100.0 | 241 |
| V-Bicol | 15.7 | 0.7 | 5.5 | 76.3 | 1.2 | 0.5 | 100.0 | 432 |
| VI - Western Visayas | 24.1 | 2.4 | 6.9 | 65.9 | 0.0 | 0.8 | 100.0 | 482 |
| VII - Central Visayas | 20.7 | 1.5 | 17.6 | 58.8 | 0.2 | 1.0 | 100.0 | 535 |
| VIII - Eastern Visayas | 14.7 | 0.7 | 5.3 | 79.3 | 0.0 | 0.0 | 100.0 | 357 |
| IX - Zamboanga Peninsula | 10.9 | 1.0 | 3.7 | 83.8 | 0.6 | 0.0 | 100.0 | 276 |
| X - Northern Mindanao | 18.5 | 0.3 | 10.1 | 70.2 | 0.3 | 0.6 | 100.0 | 301 |
| XI - Davao | 21.3 | 0.3 | 19.4 | 59.0 | 0.0 | 0.0 | 100.0 | 295 |
| XII - SOCCSKSARGEN | 12.3 | 1.2 | 9.6 | 76.2 | 0.3 | 0.0 | 100.0 | 324 |
| XIII - Caraga | 21.3 | 0.9 | 3.9 | 73.6 | 0.0 | 0.3 | 100.0 | 203 |
| ARMM | 6.3 | 0.5 | 3.9 | 88.4 | 0.3 | 0.7 | 100.0 | 310 |
| Mother's education |  |  |  |  |  |  |  |  |
| No education | 3.2 | 0.0 | 0.5 | 95.3 | 0.0 | 1.0 | 100.0 | 132 |
| Elementary | 11.8 | 1.3 | 2.6 | 83.4 | 0.2 | 0.8 | 100.0 | 2,040 |
| High school | 23.9 | 1.9 | 9.5 | 64.0 | 0.2 | 0.4 | 100.0 | 2,952 |
| College or higher | 34.5 | 0.9 | 33.7 | 30.1 | 0.3 | 0.4 | 100.0 | 1,830 |
| Wealth index quintile |  |  |  |  |  |  |  |  |
| Lowest | 8.7 | 0.5 | 1.2 | 88.7 | 0.1 | 0.7 | 100.0 | 1,858 |
| Second | 19.6 | 0.8 | 4.4 | 74.3 | 0.3 | 0.5 | 100.0 | 1,590 |
| Middle | 30.4 | 1.8 | 11.1 | 56.2 | 0.2 | 0.2 | 100.0 | 1,352 |
| Fourth | 34.6 | 3.0 | 22.2 | 39.0 | 0.3 | 1.0 | 100.0 | 1,162 |
| Highest | 29.9 | 1.6 | 45.5 | 22.6 | 0.1 | 0.1 | 100.0 | 993 |
| Total | 22.8 | 1.4 | 13.7 | 61.4 | 0.2 | 0.5 | 100.0 | 6,954 |
| Note: Total includes 46 women with no information on number of antenatal care visits.${ }^{1}$ Includes only the most recent birth in the five years preceding the survey |  |  |  |  |  |  |  |  |

Twenty-four percent of births took place in a government hospital or health center, and 14 percent occurred in a private facility. First-order births, births to urban women, births to women in the higher wealth quintiles, births to women with college or higher level of education, and births to women who have four or more antenatal visits are more likely to have taken place in a health facility. The vast majority of sixth or higher order births ( 84 percent), births to the poorest women ( 89 percent), births to women with no education ( 95 percent), and births to women who had no antenatal checkup ( 85 percent) were delivered at home.

Delivery in a health facility is most common in NCR (70 percent). In ten regions, at least 70 percent of births occurred at home, with ARMM (88 percent), MIMAROPA (83 percent), and Zamboanga Peninsula (84 percent) registering the highest percentages.

### 9.2.2 Delivery Assistance

In the 2003 NDHS, if the respondent was assisted by more than one attendant at delivery, the interviewer was instructed to record all persons attending to the delivery. In Table 9.8, only the most qualified attendant is considered. Sixty percent of births in the five years preceding the survey are assisted by health professionals: 34 percent by a doctor, 25 percent by a midwife, and 1 percent by a nurse. While coverage of births attended by a health professional has increased in the last five years from 56 percent in 1998 (NSO, DOH, and Macro International Inc., 1999), it remains lower than the target set by DOH (80 percent by 2004). Thirty-seven percent of births in the five years preceding the survey were attended by a hilot. This is to be expected because the majority of deliveries took place at home.

It is interesting to note that while 88 percent of women who had a live birth during the reference period saw a health professional for antenatal care, only 60 percent of all births were attended by a health professional during delivery.

Assistance by a health professional during delivery is more common for lower-order births, births in urban areas, births of wealthier women, and births to better-educated mothers. The largest gaps in being assisted by a health professional during delivery are between the poorest women and the wealthiest women and between women with no education and those with the highest educational levels. While 25 percent of women in the poorest quintile and only 11 percent of women with no education are assisted by a health professional during delivery, the corresponding proportions for women in the wealthiest quintile and those with college or higher education are 92 and 86 percent, respectively.

Almost nine in ten deliveries in NCR are assisted by a health professional (64 percent by a doctor and 24 percent by a midwife or nurse). On the other extreme, the majority of births in ARMM (77 percent) are assisted by a hilot. Of those assisted by a health professional, 9 percent are attended by a doctor and 13 percent by a midwife or nurse. While births in CAR are more likely than those in ARMM to receive care from a medically trained person during delivery, a large proportion are assisted by a relative or friend ( 22 percent), and 3 percent are delivered with no assistance.

| Table 9.8 Assistance during delivery |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of live births in the five years preceding the survey, by person providing assistance during delivery, according to background characteristics, Philippines 2003 |  |  |  |  |  |  |  |  |  |
| Background characteristic | Doctor | Nurse | Midwife | Hilot | Relative/ friend/ other | No one | Missing | Total | Number of births |
| Age at birth |  |  |  |  |  |  |  |  |  |
| <20 | 29.0 | 1.4 | 25.3 | 40.0 | 2.8 | 0.0 | 1.5 | 100.0 | 640 |
| 20-34 | 35.0 | 1.1 | 25.9 | 35.3 | 2.2 | 0.2 | 0.4 | 100.0 | 5,189 |
| 35-49 | 30.0 | 0.9 | 21.1 | 44.0 | 2.8 | 0.3 | 0.9 | 100.0 | 1,125 |
| Birth order |  |  |  |  |  |  |  |  |  |
| 1 | 48.2 | 1.3 | 23.3 | 24.9 | 1.4 | 0.0 | 0.9 | 100.0 | 1,945 |
| 2-3 | 35.7 | 1.2 | 27.1 | 33.7 | 1.9 | 0.1 | 0.3 | 100.0 | 2,663 |
| 4-5 | 23.2 | 1.3 | 27.8 | 43.9 | 3.0 | 0.2 | 0.6 | 100.0 | 1,245 |
| 6+ | 14.7 | 0.3 | 19.9 | 59.1 | 4.5 | 0.7 | 0.7 | 100.0 | 1,102 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 48.2 | 1.3 | 29.5 | 19.6 | 0.8 | 0.1 | 0.5 | 100.0 | 3,461 |
| Rural | 19.2 | 1.0 | 20.7 | 54.4 | 3.9 | 0.3 | 0.6 | 100.0 | 3,493 |
| Region |  |  |  |  |  |  |  |  |  |
| National Capital Region | 64.4 | 0.7 | 22.8 | 11.6 | 0.0 | 0.1 | 0.4 | 100.0 | 1,050 |
| Cordillera Admin Region | 40.7 | 3.7 | 15.2 | 14.1 | 22.4 | 3.4 | 0.4 | 100.0 | 115 |
| I - Ilocos | 28.5 | 0.7 | 45.0 | 24.6 | 1.0 | 0.0 | 0.3 | 100.0 | 310 |
| II - Cagayan Valley | 23.5 | 1.1 | 28.6 | 42.9 | 3.5 | 0.0 | 0.4 | 100.0 | 224 |
| III - Central Luzon | 43.6 | 0.4 | 41.8 | 12.0 | 0.4 | 0.0 | 1.8 | 100.0 | 683 |
| IVA - CALABARZON | 40.4 | 0.5 | 33.8 | 24.4 | 0.7 | 0.0 | 0.2 | 100.0 | 816 |
| IVB - MIMAROPA | 13.7 | 3.2 | 12.4 | 66.3 | 2.8 | 0.3 | 1.3 | 100.0 | 241 |
| $\checkmark$ - Bicol | 19.5 | 2.1 | 26.2 | 50.2 | 1.2 | 0.2 | 0.5 | 100.0 | 432 |
| VI - Western Visayas | 30.9 | 0.0 | 16.5 | 49.7 | 2.1 | 0.0 | 0.8 | 100.0 | 482 |
| VII - Central Visayas | 34.2 | 1.5 | 32.6 | 29.0 | 1.7 | 0.0 | 1.0 | 100.0 | 535 |
| VIII - Eastern Visayas | 16.4 | 1.4 | 18.2 | 62.3 | 1.7 | 0.0 | 0.0 | 100.0 | 357 |
| IX - Zamboanga Peninsula | 12.9 | 1.3 | 16.8 | 64.3 | 4.4 | 0.3 | 0.0 | 100.0 | 276 |
| X - Northern Mindanao | 24.6 | 3.4 | 13.0 | 49.4 | 9.0 | 0.0 | 0.6 | 100.0 | 301 |
| XI - Davao | 31.0 | 1.2 | 15.4 | 43.6 | 8.8 | 0.0 | 0.0 | 100.0 | 295 |
| XII - SOCCSKSARGEN | 19.7 | 0.3 | 17.2 | 58.7 | 3.5 | 0.8 | 0.0 | 100.0 | 324 |
| XIII - Caraga | 23.4 | 2.3 | 16.8 | 55.4 | 1.4 | 0.3 | 0.3 | 100.0 | 203 |
| ARMM | 8.5 | 0.8 | 12.4 | 76.6 | 0.7 | 0.2 | 0.7 | 100.0 | 310 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 2.1 | 0.5 | 8.3 | 74.1 | 12.8 | 1.2 | 1.0 | 100.0 | 132 |
| Elementary | 12.6 | 0.9 | 21.3 | 59.7 | 4.3 | 0.4 | 0.8 | 100.0 | 2,040 |
| High school | 30.2 | 1.1 | 31.7 | 35.0 | 1.4 | 0.0 | 0.5 | 100.0 | 2,952 |
| College or higher | 64.8 | 1.4 | 19.7 | 12.6 | 1.0 | 0.1 | 0.4 | 100.0 | 1,830 |
| Wealth index quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 8.6 | 0.5 | 16.0 | 68.9 | 4.9 | 0.4 | 0.7 | 100.0 | 1,858 |
| Second | 21.0 | 1.7 | 28.7 | 45.4 | 2.4 | 0.2 | 0.7 | 100.0 | 1,590 |
| Middle | 37.4 | 1.8 | 33.2 | 26.3 | 1.1 | 0.1 | 0.2 | 100.0 | 1,352 |
| Fourth | 52.6 | 0.6 | 31.2 | 13.3 | 1.4 | 0.0 | 0.9 | 100.0 | 1,162 |
| Highest | 73.2 | 1.2 | 18.0 | 7.0 | 0.6 | 0.0 | 0.1 | 100.0 | 993 |
| Total | 33.6 | 1.1 | 25.1 | 37.1 | 2.4 | 0.2 | 0.6 | 100.0 | 6,954 |
| Note: If the respondent mentioned more than one person attending during delivery, only the most qualified person is considered in this tabulation. |  |  |  |  |  |  |  |  |  |

Table 9.9 shows the relationship between place and assistance during delivery. As expected, the majority of home deliveries are assisted by a midwife or hilot: 61 percent of births delivered at the mother's home are assisted by a hilot and 34 percent by a midwife. Nine in ten births delivered at a government or private hospital are assisted by a doctor. Midwives play a more important role in assisting deliveries in health centers: Three in four births delivered in a health center are assisted by a midwife.

Table 9.9 Place and assistance during delivery
Percent distribution of live births in the five years preceding the survey, by person providing assistance during delivery, according to place of delivery, Philippines 2003

| Place of delivery | Doctor | Nurse | Midwife | Hilot | Relative/ friend/ other | No one | Missing | Total | Number of births |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Home |  |  |  |  |  |  |  |  |  |
| Respondent's home | 0.4 | 0.8 | 34.0 | 60.8 | 3.8 | 0.3 | 0.1 | 100.0 | 3,989 |
| Other home | 0.0 | 0.4 | 42.9 | 54.1 | 2.6 | 0.0 | 0.0 | 100.0 | 277 |
| Health facility |  |  |  |  |  |  |  |  |  |
| Government hospital | 91.7 | 2.0 | 6.0 | 0.1 | 0.2 | 0.0 | 0.0 | 100.0 | 1,582 |
| Government health center | 20.8 | 2.8 | 75.6 | 0.0 | 0.9 | 0.0 | 0.0 | 100.0 | 98 |
| Private hospital or clinic | 88.7 | 1.3 | 9.9 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 949 |
| Total | 33.6 | 1.1 | 25.1 | 37.1 | 2.4 | 0.2 | 0.6 | 100.0 | 6,954 |

Note: If the respondent mentioned more than one person attending during delivery, only the most qualified person is considered in this tabulation. Total includes 57 births with no information on place of delivery.

### 9.2.3 Delivery Characteristics

Caesarean operations are generally performed on women with medical problems or with pregnancy complications. Table 9.10 shows that 7 percent of live births in the five years preceding the survey were delivered by this procedure. This figure is similar to that recorded in the 1998 (6 percent) (NSO, DOH, and Macro International Inc., 1999).

Caesarean sections (C-sections) are slightly more common among births to older women (age 35 years and over). However, there are significant variations in the occurrence of caesarean operations by the children's birth order, residence, mother's education, and wealth status. First-order births, births to urban women, births to women with college or higher education, and births to women in the wealthiest quintile are much more likely than other births to be delivered by surgery. Sixteen percent of births to the most educated women and 20 percent of births to women in the wealthiest quintile were delivered by this procedure.

Across the regions, NCR and Central Luzon have the largest percentage of such births (about 12 percent). The incidence of deliveries by C-section in NCR has increased from 9 percent in 1998 (NSO, DOH, and Macro International Inc., 1999).

Birth weight is a proxy indicator of a baby's health status, because infants born with low birth weight generally face higher morbidity and mortality risks. In the 2003 NDHS, information was obtained on the child's birth weight and the mother's perception of the baby's size at birth. Babies weighing less than 2.5 kilograms at birth are considered to have low birth weight. In this survey, 28 percent of the babies were reported to have not been weighed at birth, and for another 5 percent, the weight is unknown to the mothers (Table 9.10).

## Table 9.10 Delivery characteristics

Percentage of live births in the five years preceding the survey delivered by caesarean section and percent distribution by birth weight and by mother's estimate of baby's size at birth, according to background characteristics, Philippines 2003

| Background characteristic | Delivery by C-section | Birth weight |  |  |  | Total | Size of child at birth |  |  |  | Total | Number of births |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Not weighed | Less than 2.5 kg | $\begin{gathered} 2.5 \mathrm{~kg} \\ \text { or } \\ \text { more } \\ \hline \end{gathered}$ | Don't know/ missing |  | Very small | Smaller than average | Average or larger | Don't know/ missing |  |  |
| Age at birth |  |  |  |  |  |  |  |  |  |  |  |  |
| $<20$ | 3.1 | 29.5 | 12.2 | 53.0 | 5.3 | 100.0 | 4.9 | 14.0 | 79.2 | 2.0 | 100.0 | 640 |
| 20-34 | 7.3 | 26.0 | 13.2 | 56.3 | 4.5 | 100.0 | 5.0 | 13.4 | 80.9 | 0.8 | 100.0 | 5,189 |
| 35-49 | 9.3 | 32.9 | 12.9 | 49.0 | 5.2 | 100.0 | 7.9 | 14.0 | 76.6 | 1.5 | 100.0 | 1,125 |
| Birth order |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 11.0 | 17.7 | 15.7 | 61.7 | 4.9 | 100.0 | 5.7 | 14.7 | 78.1 | 1.5 | 100.0 | 1,945 |
| 2-3 | 8.4 | 24.5 | 12.0 | 59.2 | 4.3 | 100.0 | 4.2 | 12.1 | 82.9 | 0.8 | 100.0 | 2,663 |
| 4-5 | 3.5 | 32.7 | 13.2 | 50.2 | 3.9 | 100.0 | 5.8 | 13.5 | 79.7 | 0.9 | 100.0 | 1,245 |
| 6+ | 2.2 | 46.0 | 10.8 | 37.1 | 6.1 | 100.0 | 7.5 | 14.8 | 76.7 | 1.0 | 100.0 | 1,102 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 9.8 | 14.3 | 13.7 | 66.5 | 5.5 | 100.0 | 5.3 | 11.1 | 82.5 | 1.1 | 100.0 | 3,461 |
| Rural | 4.7 | 40.5 | 12.4 | 43.2 | 3.8 | 100.0 | 5.6 | 15.9 | 77.5 | 0.9 | 100.0 | 3,493 |
| Region |  |  |  |  |  |  |  |  |  |  |  |  |
| National Capital Region | 11.7 | 7.1 | 12.8 | 74.5 | 5.6 | 100.0 | 5.0 | 9.3 | 84.9 | 0.8 | 100.0 | 1,050 |
| Cordillera Admin Region | 7.0 | 33.8 | 16.7 | 44.7 | 4.8 | 100.0 | 2.0 | 12.6 | 85.4 | 0.0 | 100.0 | 115 |
| I - Ilocos | 5.6 | 29.7 | 7.2 | 56.9 | 6.2 | 100.0 | 3.9 | 12.1 | 82.9 | 1.0 | 100.0 | 310 |
| II - Cagayan Valley | 6.5 | 40.8 | 8.5 | 50.3 | 0.4 | 100.0 | 2.1 | 11.0 | 86.5 | 0.4 | 100.0 | 224 |
| III - Central Luzon | 12.5 | 21.4 | 11.9 | 57.5 | 9.2 | 100.0 | 4.0 | 8.5 | 85.5 | 2.0 | 100.0 | 683 |
| IVA - CALABARZON | 9.7 | 19.0 | 11.2 | 62.7 | 7.1 | 100.0 | 4.0 | 12.1 | 82.2 | 1.7 | 100.0 | 816 |
| IVB - MIMAROPA | 2.4 | 50.4 | 10.1 | 36.4 | 3.1 | 100.0 | 8.4 | 15.5 | 74.9 | 1.3 | 100.0 | 241 |
| $V$ - Bicol | 5.9 | 42.5 | 11.1 | 42.4 | 4.0 | 100.0 | 6.5 | 13.5 | 79.2 | 0.8 | 100.0 | 432 |
| VI - Western Visayas | 5.0 | 30.9 | 19.9 | 42.6 | 6.6 | 100.0 | 11.1 | 19.7 | 67.3 | 2.0 | 100.0 | 482 |
| VII - Central Visayas | 3.7 | 15.8 | 20.4 | 61.1 | 2.7 | 100.0 | 7.4 | 15.9 | 75.2 | 1.5 | 100.0 | 535 |
| VIII - Eastern Visayas | 2.9 | 40.7 | 18.0 | 39.9 | 1.4 | 100.0 | 6.5 | 20.8 | 72.7 | 0.0 | 100.0 | 357 |
| IX - Zamboanga Peninsula | 4.0 | 40.5 | 15.3 | 44.2 | 0.0 | 100.0 | 5.3 | 16.8 | 77.9 | 0.0 | 100.0 | 276 |
| X - Northern Mindanao | 5.2 | 25.3 | 13.1 | 58.6 | 3.0 | 100.0 | 6.8 | 16.8 | 75.7 | 0.6 | 100.0 | 301 |
| XI - Davao | 8.8 | 25.0 | 16.8 | 56.6 | 1.6 | 100.0 | 5.5 | 12.8 | 81.1 | 0.6 | 100.0 | 295 |
| XII - SOCCSKSARGEN | 6.7 | 37.5 | 10.1 | 50.7 | 1.7 | 100.0 | 5.3 | 12.5 | 82.3 | 0.0 | 100.0 | 324 |
| XIII - Caraga | 4.6 | 19.3 | 10.4 | 70.0 | 0.3 | 100.0 | 4.0 | 7.1 | 88.6 | 0.3 | 100.0 | 203 |
| ARMM | 2.1 | 66.5 | 4.1 | 21.8 | 7.7 | 100.0 | 1.4 | 22.3 | 74.6 | 1.6 | 100.0 | 310 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 0.0 | 81.8 | 2.3 | 13.2 | 2.6 | 100.0 | 5.5 | 15.8 | 76.8 | 1.8 | 100.0 | 132 |
| Elementary | 2.7 | 46.4 | 12.1 | 36.7 | 4.8 | 100.0 | 7.1 | 17.0 | 74.5 | 1.4 | 100.0 | 2,040 |
| High school | 5.1 | 23.9 | 13.3 | 57.3 | 5.5 | 100.0 | 4.9 | 12.6 | 81.6 | 0.9 | 100.0 | 2,952 |
| College or higher | 16.3 | 8.2 | 14.4 | 74.1 | 3.3 | 100.0 | 4.4 | 11.0 | 83.8 | 0.7 | 100.0 | 1,830 |
| Wealth index quintile |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 1.7 | 51.2 | 11.9 | 33.1 | 3.8 | 100.0 | 7.2 | 17.8 | 73.6 | 1.3 | 100.0 | 1,858 |
| Second | 3.4 | 32.8 | 13.0 | 49.1 | 5.2 | 100.0 | 5.3 | 13.5 | 80.5 | 0.7 | 100.0 | 1,590 |
| Middle | 6.8 | 18.8 | 14.4 | 61.2 | 5.6 | 100.0 | 4.7 | 12.9 | 81.7 | 0.7 | 100.0 | 1,352 |
| Fourth | 10.8 | 10.6 | 14.6 | 69.1 | 5.8 | 100.0 | 4.5 | 11.9 | 82.0 | 1.6 | 100.0 | 1,162 |
| Highest | 20.3 | 6.1 | 11.7 | 79.3 | 2.8 | 100.0 | 4.4 | 8.2 | 86.5 | 0.9 | 100.0 | 993 |
| Total | 7.3 | 27.5 | 13.0 | 54.8 | 4.7 | 100.0 | 5.4 | 13.5 | 80.0 | 1.0 | 100.0 | 6,954 |

More than half of all births ( 55 percent or 81 percent of those weighed) are reported to weigh 2.5 kilograms or more, which is considered a normal birth weight. Thirteen percent of births (19 percent of those weighed) are below the normal weight. This percentage is higher than the level that DOH aims to achieve by 2004 ( 12 percent). First-order births, births to urban women, births to women with college or higher level of education, and births to women in the middle to wealthier quintiles are more likely to have normal birth weight. Among the regions, NCR and Caraga have the largest percentage of births with normal birth weight ( 75 and 70 percent, respectively). NCR also has the highest percentage of births that are weighed at birth ( 87 percent).

The mother's assessment of the size of the child at birth is an alternative source of information for determining the prevalence of low birth weight babies. This measurement is useful when a large proportion of births are not weighed at birth. On the basis of the 2003 NDHS data on mother's assessment of birth size, 80 percent of births are average or larger than average, 14 percent are smaller than average, and 5 percent are considered very small. Births to women age 35 years and above, high-order births, and those born to women in the poorest quintile are more likely to be reported very small at birth. Mother's perception of the child's birth size varies by region. Mothers in Western Visayas are least likely to say that their babies are of average or larger size ( 67 percent) and the most likely to say that their babies are smaller than average or very small (31 percent).

In the 2003 NDHS, mothers who underwent C-section were asked the reason for having the operation. The findings are presented in Table 9.11. The most often cited reasons for having the operation are narrow pelvic bone ( 27 percent), the baby's head is not in the normal position (13 percent), preeclampsia (11 percent), and fetal distress (10 percent).

| Table 9.11 Reason for caesarean |  |
| :--- | ---: |
| operation |  |
| Percent distribution of caesarean |  |
| births in the five years preceding the |  |
| survey, by reason for the operation, |  |
| Philippines 2003 |  |
| Reason for |  |
| caesarean delivery | Percent |
| Preeclampsia | 11.4 |
| Eclampsia | 2.9 |
| Baby too big | 7.5 |
| Narrow pelvic bone | 27.2 |
| Head not in position | 13.3 |
| Fetal distress | 9.5 |
| Labor beyond 12 hours | 5.6 |
| Mother tired (<12 hours) | 2.3 |
| Water broke early | 4.0 |
| Excessive bleeding | 1.3 |
| Other | 13.3 |
| Don't know | 1.9 |
| Percent | 100.0 |
| Number | 504 |

### 9.3 Postnatal Care

### 9.3.1 Postnatal Care Coverage

Postnatal care is important for the mother, in checking whether there are complications arising from the delivery and providing the mother with information on how to care for herself and her child. The DOH recommends that mothers receive a postpartum check within two days after delivery. In the safe motherhood program, DOH set a target of 80 percent of postpartum women to have at least one postnatal checkup within one week after giving birth. In the 2003 NDHS, respondents with a live birth in the five years preceding the survey were asked whether a health professional or a traditional birth attendant checked on their health after the delivery of their youngest child. Those who answered "yes" were asked how many days or weeks after the delivery the first checkup took place, who did the checkup, what type of services were received, and where the first checkup took place.

Because women who delivered in a health facility are assumed to have received postnatal care, Table 9.12 is limited to women who delivered outside a health facility. The table shows the percent distribution of women who gave birth in the five years preceding the survey by timing of the first postnatal check. One in three women had a postnatal checkup within two days of delivery and 17 percent of the women received a postnatal checkup from three to six days after delivery, for a total of 51 percent of women receiving a postnatal checkup within seven days of delivery. Combined with 38 percent of women delivering in a health facility, a total of 89 percent of women received postnatal care within six days of delivery. This percentage is higher than the target set by DOH ( 80 percent).

Table 9.12 Postnatal care by background characteristics
Percent distribution of women whose last live birth in the five years preceding the survey occurred outside a health facility by timing of postnatal care, according to background characteristics, Philippines 2003

| Background characteristic | Timing of first postnatal checkup |  |  |  | Did not receive postnatal checkup ${ }^{1}$ | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Within 2 days of delivery | $\begin{gathered} \text { 3-6 days } \\ \text { after } \\ \text { delivery } \\ \hline \end{gathered}$ | $\begin{gathered} \text { 7-41 days } \\ \text { after } \\ \text { delivery } \\ \hline \end{gathered}$ | Don't know/ missing |  |  |  |
| Age at birth |  |  |  |  |  |  |  |
| <20 | 34.2 | 14.9 | 15.5 | 0.0 | 35.3 | 100.0 | 236 |
| 20-34 | 34.0 | 16.7 | 15.6 | 0.2 | 33.5 | 100.0 | 2,041 |
| 35-49 | 32.3 | 20.6 | 11.0 | 0.7 | 35.4 | 100.0 | 597 |
| Birth order |  |  |  |  |  |  |  |
| 1 | 33.8 | 15.6 | 16.9 | 0.0 | 33.7 | 100.0 | 518 |
| 2-3 | 33.9 | 17.0 | 16.8 | 0.3 | 32.1 | 100.0 | 1,064 |
| 4-5 | 34.8 | 18.6 | 12.9 | 0.3 | 33.4 | 100.0 | 652 |
| 6+ | 32.1 | 18.2 | 11.1 | 0.3 | 38.4 | 100.0 | 640 |
| Residence |  |  |  |  |  |  |  |
| Urban | 33.6 | 15.3 | 18.3 | 0.4 | 32.4 | 100.0 | 1,086 |
| Rural | 33.7 | 18.6 | 12.4 | 0.1 | 35.1 | 100.0 | 1,789 |
| Region |  |  |  |  |  |  |  |
| National Capital Region | 28.9 | 10.6 | 20.0 | 0.9 | 39.7 | 100.0 | 206 |
| Cordillera Admin Region | 16.3 | 8.6 | 16.0 | 0.0 | 59.1 | 100.0 | 41 |
| I - Ilocos | 24.6 | 15.4 | 14.1 | 0.0 | 45.9 | 100.0 | 152 |
| II - Cagayan Valley | 21.5 | 7.3 | 20.3 | 0.0 | 50.8 | 100.0 | 120 |
| III - Central Luzon | 45.0 | 11.6 | 12.2 | 0.0 | 31.2 | 100.0 | 245 |
| IVA - CALABARZON | 33.3 | 6.5 | 18.8 | 0.4 | 40.9 | 100.0 | 316 |
| IVB - MIMAROPA | 54.3 | 9.9 | 12.9 | 1.1 | 21.8 | 100.0 | 128 |
| V-Bicol | 51.8 | 14.2 | 7.8 | 0.0 | 26.2 | 100.0 | 219 |
| VI - Western Visayas | 25.1 | 13.8 | 14.8 | 0.6 | 45.7 | 100.0 | 204 |
| VII - Central Visayas | 22.7 | 28.8 | 17.8 | 0.6 | 30.1 | 100.0 | 208 |
| VIII - Eastern Visayas | 25.0 | 20.9 | 15.4 | 0.0 | 38.7 | 100.0 | 177 |
| IX - Zamboanga Peninsula | 19.3 | 23.0 | 6.0 | 0.0 | 51.8 | 100.0 | 166 |
| X - Northern Mindanao | 30.2 | 38.0 | 12.1 | 0.0 | 19.6 | 100.0 | 149 |
| XI - Davao | 37.1 | 25.3 | 13.4 | 0.0 | 24.2 | 100.0 | 119 |
| XII - SOCCSKSARGEN | 44.3 | 21.6 | 12.6 | 0.0 | 21.4 | 100.0 | 162 |
| XIII - Caraga | 53.7 | 19.7 | 14.9 | 0.0 | 11.8 | 100.0 | 96 |
| ARMM | 31.7 | 27.2 | 18.7 | 0.0 | 22.4 | 100.0 | 163 |
| Education |  |  |  |  |  |  |  |
| No education | 32.0 | 16.4 | 7.3 | 0.0 | 44.3 | 100.0 | 76 |
| Elementary | 32.6 | 18.3 | 10.8 | 0.2 | 38.1 | 100.0 | 1,118 |
| High school | 33.7 | 16.5 | 17.7 | 0.3 | 31.7 | 100.0 | 1,294 |
| College or higher | 37.0 | 17.8 | 16.9 | 0.0 | 28.4 | 100.0 | 387 |
| Wealth index quintile |  |  |  |  |  |  |  |
| Lowest | 33.7 | 19.4 | 11.7 | 0.1 | 35.1 | 100.0 | 1,031 |
| Second | 32.5 | 17.9 | 15.4 | 0.5 | 33.7 | 100.0 | 800 |
| Middle | 36.2 | 15.6 | 16.0 | 0.2 | 32.0 | 100.0 | 539 |
| Fourth | 34.2 | 14.2 | 15.2 | 0.3 | 36.1 | 100.0 | 340 |
| Highest | 30.4 | 14.1 | 23.5 | 0.0 | 32.0 | 100.0 | 165 |
| Total | 33.7 | 17.4 | 14.6 | 0.2 | 34.1 | 100.0 | 2,874 |

There are no substantial variations in the percentage of women who have a postnatal check within two days of delivery across subgroups of women, except by their region of residence. While more than half of women in MIMAROPA, Bicol, and Caraga have their health checked within two days after giving birth, the corresponding proportions for women in CAR and Zamboanga Peninsula are less than 20 percent. Postnatal care within six days of delivery also varies significantly across regions. The percentage meeting the recommended timing ranges from 25 percent in CAR to 73 percent in Caraga.

Table 9.12 also shows that one in three women (34 percent) did not receive a postnatal checkup at all. Those with less education are at higher risk of not receiving postnatal care: 44 percent of women with no education did not receive a postnatal check, whereas 28 percent of women with a college or higher education did not get postnatal care.

### 9.3.2 Place of First Postnatal Checkup

Information about the place of first postnatal checkup is presented in Table 9.13. Forty-six percent of mothers who obtained postnatal care for a noninstitutional delivery received their first postnatal checkup at home: 43 percent in their own home and 2 percent in other homes. Half of these mothers received their first postnatal checkup in a health facility, with 35 percent receiving care in a public facility and 19 percent in a private facility. Two in three women who went to a public facility for postnatal care went to a government hospital. Nine in ten mothers who had their first postnatal checkup in the private medical sector went to a private hospital or clinic.

Although a large proportion (61 percent) of women deliver at home (Table 9.7), over half of them had their first postnatal check in a health facility. Receiving postnatal care outside a health facility is most common in MIMAROPA ( 74 percent), Zamboanga Peninsula ( 72 percent), and ARMM ( 81 percent), where the vast majority of the mothers who had a postnatal check received their first checkup in their home. The percentage of mothers who received their first postnatal checkup in a health facility ranges from 86 percent in NCR to 19 percent in ARMM.

| Table 9.13 Place of postnatal care |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Among women who had a live birth in the five years preceding the survey, the percent distribution by place of postnatal care for their last live birth, according to background characteristics, Philippines 2003 |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Home |  | Public |  |  | Private |  |  |  | Missing | Percent | Number of women |
| Background characteristic | Respondent's home | Other home | Government hospital | Barangay health station | Barangay supply ${ }^{1}$ | Private hospltal/ clinic | Private doctor | Private nurse/ midwife | Other |  |  |  |
| Age at birth |  |  |  |  |  |  |  |  |  |  |  |  |
| <20 | 47.6 | 3.5 | 22.0 | 8.6 | 0.3 | 17.1 | 0.5 | 0.0 | 0.0 | 0.5 | 100.0 | 270 |
| 20-34 | 41.6 | 2.4 | 22.8 | 13.0 | 0.2 | 17.1 | 2.1 | 0.2 | 0.1 | 0.3 | 100.0 | 2,533 |
| 34-49 | 46.9 | 2.1 | 20.7 | 12.2 | 0.7 | 15.5 | 1.2 | 0.0 | 0.3 | 0.2 | 100.0 | 647 |
| Birth order |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 29.1 | 2.8 | 30.4 | 11.0 | 0.2 | 23.4 | 2.2 | 0.3 | 0.0 | 0.6 | 100.0 | 890 |
| 2-3 | 39.7 | 2.5 | 21.7 | 12.7 | 0.0 | 20.0 | 2.7 | 0.1 | 0.2 | 0.2 | 100.0 | 1,403 |
| 4-5 | 53.3 | 2.2 | 17.2 | 14.1 | 0.4 | 11.9 | 0.5 | 0.3 | 0.0 | 0.2 | 100.0 | 657 |
| 6+ | 64.0 | 1.7 | 16.6 | 12.5 | 1.4 | 2.9 | 0.4 | 0.0 | 0.4 | 0.1 | 100.0 | 500 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 30.7 | 1.8 | 26.6 | 12.2 | 0.3 | 25.9 | 2.1 | 0.1 | 0.1 | 0.2 | 100.0 | 1,841 |
| Rural | 57.2 | 3.2 | 17.5 | 12.9 | 0.4 | 6.5 | 1.4 | 0.3 | 0.2 | 0.4 | 100.0 | 1,609 |
| Region |  |  |  |  |  |  |  |  |  |  |  |  |
| National Capital Region | 13.0 | 0.9 | 33.2 | 17.1 | 0.0 | 33.4 | 1.3 | 0.2 | 0.0 | 0.7 | 100.0 | 536 |
| Cordillera Admin Region | 16.1 | 0.0 | 44.8 | 15.1 | 0.9 | 20.1 | 2.9 | 0.0 | 0.0 | 0.0 | 100.0 | 46 |
| I - Ilocos | 40.9 | 2.8 | 29.6 | 15.1 | 0.0 | 8.9 | 2.7 | 0.0 | 0.0 | 0.0 | 100.0 | 147 |
| II - Cagayan Valley | 20.9 | 0.8 | 21.1 | 36.2 | 2.2 | 12.9 | 2.3 | 3.8 | 0.0 | 0.0 | 100.0 | 108 |
| III - Central Luzon | 41.5 | 1.2 | 26.6 | 8.4 | 0.0 | 19.3 | 2.3 | 0.0 | 0.0 | 0.7 | 100.0 | 351 |
| IVA - CALABARZON | 29.9 | 1.7 | 20.7 | 19.6 | 0.2 | 25.5 | 1.6 | 0.0 | 0.7 | 0.0 | 100.0 | 414 |
| IVB - MIMAROPA | 72.0 | 2.4 | 8.1 | 11.1 | 0.0 | 4.5 | 0.6 | 0.0 | 0.0 | 1.3 | 100.0 | 120 |
| $V$ - Bicol | 60.4 | 7.8 | 18.4 | 6.9 | 0.5 | 5.6 | 0.5 | 0.0 | 0.0 | 0.0 | 100.0 | 224 |
| VI - Western Visayas | 38.9 | 2.4 | 29.3 | 14.5 | 0.6 | 9.2 | 5.1 | 0.0 | 0.0 | 0.0 | 100.0 | 201 |
| VII - Central Visayas | 41.5 | 2.3 | 17.1 | 13.4 | 0.3 | 22.1 | 2.2 | 0.0 | 0.0 | 0.4 | 100.0 | 257 |
| VIII - Eastern Visayas | 57.8 | 1.7 | 17.1 | 15.4 | 1.1 | 6.3 | 0.0 | 0.0 | 0.6 | 0.0 | 100.0 | 151 |
| IX - Zamboanga Peninsula | 70.7 | 0.9 | 12.0 | 6.9 | 0.0 | 7.0 | 1.7 | 0.0 | 0.0 | 0.9 | 100.0 | 103 |
| X - Northern Mindanao | 59.9 | 2.1 | 19.7 | 7.0 | 0.0 | 10.8 | 0.0 | 0.0 | 0.5 | 0.0 | 100.0 | 181 |
| XI - Davao | 44.7 | 6.8 | 23.8 | 3.1 | 0.8 | 18.4 | 1.9 | 0.5 | 0.0 | 0.0 | 100.0 | 168 |
| XII - SOCCSKSARGEN | 66.3 | 2.3 | 12.2 | 4.1 | 0.2 | 10.9 | 3.9 | 0.0 | 0.0 | 0.0 | 100.0 | 181 |
| XIII - Caraga | 62.2 | 5.7 | 21.5 | 4.0 | 0.0 | 5.7 | 1.0 | 0.0 | 0.0 | 0.0 | 100.0 | 120 |
| ARMM | 79.7 | 1.5 | 7.6 | 5.6 | 0.5 | 3.5 | 1.6 | 0.0 | 0.0 | 0.0 | 100.0 | 142 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 84.8 | 1.9 | 2.3 | 7.7 | 0.0 | 1.6 | 1.6 | 0.0 | 0.0 | 0.0 | 100.0 | 44 |
| Elementary | 65.3 | 3.5 | 13.2 | 13.0 | 0.9 | 2.9 | 0.5 | 0.2 | 0.1 | 0.3 | 100.0 | 867 |
| High school | 45.5 | 2.7 | 23.6 | 15.4 | 0.3 | 11.0 | 0.8 | 0.2 | 0.2 | 0.2 | 100.0 | 1,473 |
| College or higher | 19.9 | 1.2 | 28.8 | 8.3 | 0.1 | 36.8 | 4.3 | 0.1 | 0.1 | 0.3 | 100.0 | 1,067 |
| Wealth index quintile |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 73.4 | 4.7 | 10.0 | 9.6 | 0.7 | 0.8 | 0.3 | 0.0 | 0.1 | 0.4 | 100.0 | 765 |
| Second | 54.5 | 2.6 | 20.2 | 17.0 | 0.2 | 4.2 | 0.5 | 0.4 | 0.1 | 0.3 | 100.0 | 739 |
| Middle | 40.8 | 2.2 | 27.0 | 15.2 | 0.4 | 11.7 | 2.4 | 0.0 | 0.2 | 0.1 | 100.0 | 686 |
| Fourth | 25.8 | 1.5 | 32.0 | 13.4 | 0.4 | 23.3 | 2.6 | 0.4 | 0.2 | 0.2 | 100.0 | 642 |
| Highest | 12.5 | 0.6 | 25.1 | 6.9 | 0.2 | 50.6 | 3.8 | 0.0 | 0.0 | 0.4 | 100.0 | 618 |
| Total | 43.1 | 2.4 | 22.3 | 12.5 | 0.3 | 16.8 | 1.8 | 0.2 | 0.1 | 0.3 | 100.0 | 3,451 |
| ${ }^{1}$ Barangay supply/service point officer/barangay health worker/other public source |  |  |  |  |  |  |  |  |  |  |  |  |

### 9.3.3 Type of Postnatal Checkup

Table 9.14 shows the type of services received by mothers during their first postnatal care. Eighty-five percent of mothers report that the baby was examined, 77 percent were provided with baby care advice, 74 percent received breastfeeding advice, and 73 percent had their abdomen examined. Only 36 percent of women reported having internal examination, 47 percent reported having their breasts examined, and 48 percent received advice on family planning.

### 9.4 Reproductive Health Care by Woman’s Status

Table 9.15 presents selected indicators on reproductive health care by woman's status. The 2003 NDHS measured the woman's status by three indicators: her participation in household decisionmaking, her attitude toward a woman's right to refuse sex with her husband, and her attitude toward wife beating. Regarding the decisionmaking indicators, the more decisions in which the woman has a final say, the more empowered she is. The decision may be made by herself alone or jointly with others (including her husband). Thus, in

Table 9.14 Postnatal care services
Among women who had a live birth in the five years preceding the survey, the percentage who received specific services during a postnatal checkup for their last live birth, Philippines 2003

| Type of service | Percent |
| :--- | :---: |
| Abdominal examination | 73.1 |
| Breast examination | 46.6 |
| Internal examination | 36.1 |
| Family planning advice | 48.3 |
| Breastfeeding advice | 74.3 |
| Baby care advice | 76.8 |
| Baby checkup | 84.9 |
| Other | 3.6 |
|  | 3,451 | Table 9.15, the most empowered woman has a score of " 5 " on the number of decisions in which she has a final say. Similarly, the woman's status has a positive relationship with the number of reasons for which it is acceptable for a wife to refuse sex with her husband. The most empowered woman has a score of " $3-4$ " on the number of acceptable reasons for a wife to refuse sex with her husband. On the other hand, the woman's status is inversely related to the number of reasons she believes wife beating is justified. Thus, the most empowered woman is one who has a " 0 " score on this status indicator. For example, 85 percent of women who were not involved in making household decisions received antenatal care from a health professional, compared with 87 percent of women who were involved in five decisions.

Women who believe that wife beating is never justified are more likely to receive antenatal care, more likely to receive postnatal care within two days of delivery, and much more likely to have received delivery care from a health professional, compared with women who accept justifications to wife beating. Relationships between reproductive care and the other two indicators of women's status are either weak or nonexistent.

Table 9.15 Reproductive health care by women's status
Percentage of women with a live birth in the five years preceding the survey who received antenatal and postnatal care from a health professional for the most recent birth, and percentage of births in the five years preceding the survey for which mothers received professional delivery care, by women's status indicators, Philippines 2003

| Women's status indicator | Percentage of women who received antenatal care from doctor/ nurse/midwife/ auxiliary midwife | Percentage of women who received postnatal care within the first two days of delivery ${ }^{1}$ | Number <br> of women | Percentage of births for whom mothers received delivery care from doctor/ nurse/midwife/ auxiliary midwife | Number of births |
| :---: | :---: | :---: | :---: | :---: | :---: |



| 85.2 | 54.3 | 82 | 54.0 | 108 |
| ---: | ---: | ---: | ---: | ---: |
| 88.7 | 64.4 | 481 | 65.5 | 687 |
| 89.1 | 59.9 | 1,203 | 61.0 | 1,780 |
| 86.9 | 60.0 | 3,036 | 58.5 | 4,379 |

Number of reasons to
refuse sex with husband
0
$1-2$
$3-4$
85.7
77.5
88.0

| 56.6 | 126 |
| :--- | ---: |
| 59.5 | 154 |
| 60.4 | 4,523 |


| 60.1 | 186 |
| :--- | ---: |
| 47.2 | 226 |
| 60.2 | 6,542 |


| Number of reasons wife <br> beating is justified |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: |
| 0 | 89.4 | 62.7 | 3,543 | 64.2 | 5,081 |
| $1-2$ | 83.7 | 55.1 | 1,005 | 49.4 | 1,490 |
| $3-4$ | 77.8 | 44.6 | 199 | 37.7 | 300 |
| 5 | 81.0 | 58.6 | 55 | 57.4 | 83 |
| Total | 87.6 | 60.3 | 4,802 | 59.8 | 6,954 |

${ }^{1}$ Includes mothers who delivered in a health facility
${ }^{2}$ Either by herself or jointly with others

### 9.5 Immunization of Children

The Expanded Program on Immunization (EPI) of the Philippine government seeks to achieve universal immunization of children against seven diseases: tuberculosis, poliomyelitis, diphtheria, pertussis, tetanus, measles, and hepatitis B (HB). The EPI recommends that children be given the basic vac-cines-one dose of Bacillus Calmette-Guérin (BCG) at birth or at first clinical contact, vaccine against measles at nine months or after but before reaching one year of age, and three doses each of diphtheria, pertussis, tetanus (DPT) vaccine and oral polio vaccine (OPV) at monthly intervals starting at six weeks of age. A child who has received all these vaccines before reaching one year of age is considered fully immunized.

In the 2003 NDHS, immunization information was collected for children born in the five years preceding the survey. The information was collected in two ways: from vaccination cards and from the mother's verbal report. For children with a health card, the interviewer asked the mother to see the card, then copied the vaccination dates onto the questionnaire. If the child had never received a health card or if the mother was unable to show the card to the interviewer, the mother was asked questions about the types of immunizations her children received (specifically, BCG, DPT, OPV, measles, and HB), and whether the required dose of the vaccine was received by the child before reaching one year of age.

Table 9.16 shows that, on the basis of information recorded from the vaccination card or mother's report, 70 percent of children age 12-23 months have received all of the basic vaccines (BCG, DPT, polio, and measles). Sixty percent of children age 12-23 months received these vaccines before age one. The coverage rate is highest for BCG ( 91 percent), the first doses of OPV ( 91 percent), and the first doses of DPT vaccines ( 90 percent). The dropout rates for DPT and polio vaccines, measured by the difference in coverage between the first and third doses, are 11 percent for DPT and 12 percent for polio.

| Percentage of children age 12-23 months who received specific vaccines at any time before the survey, by source of information (vaccination card or mother's report), and percentage vaccinated by 12 months of age, Philippines 2003 |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Source of of information | BCG | DPT 1 | DPT 2 | DPT 3 | Polio 1 | Polio 2 | Polio 3 | Measles | All ${ }^{1}$ | No vaccinations | Number of children |
| Vaccinated at any time before survey |  |  |  |  |  |  |  |  |  |  |  |
| Vaccination card | 38.3 | 38.4 | 37.5 | 35.8 | 38.7 | 37.6 | 36.1 | 34.1 | 32.5 | 0.0 | 525 |
| Mother's report | 52.5 | 51.6 | 48.4 | 43.1 | 52.6 | 49.7 | 43.7 | 45.6 | 37.3 | 7.3 | 824 |
| Either source | 90.8 | 89.9 | 85.9 | 78.9 | 91.3 | 87.3 | 79.8 | 79.7 | 69.8 | 7.3 | 1,348 |
| Vaccinated by 12 months of age ${ }^{2}$ | 89.0 | 88.4 | 83.2 | 75.0 | 90.0 | 84.3 | 75.8 | 69.7 | 59.9 | 8.2 | 1,348 |

${ }^{1}$ BCG, measles and three doses each of DPT and polio vaccine
${ }^{2}$ For children whose information was based on the mother's report, the proportion of vaccinations given during the first year of life was assumed to be the same as for children with a written record of vaccination.

The overall immunization coverage of the six vaccines in 2003 (70 percent) is lower than that recorded in the 1998 NDHS ( 73 percent). The percentage of children age 12-23 months who were fully immunized before their first birthday in 2003 is 60 percent, which is lower than the 1998 NDHS figure of 65 percent. However, the proportion of children age 12-23 months who have received no vaccination (7 percent) is similar to the 1998 NDHS figure (8 percent).

Table 9.17 shows that immunization coverage varies by the mother's and child's characteristics. The coverage declines with an increase in the child's birth order. While 78 percent of first-order births have been fully immunized, the corresponding proportion for children of birth order six or higher is 53 percent. Immunization coverage is higher for children living in urban areas than for those in rural areas (74 and 65 percent, respectively). The likelihood of a child receiving the six vaccines is positively associated with the mother's education: 83 percent of children whose mothers completed college or higher education have received all basic vaccines at any time prior to the survey, compared with less than 70 percent for children whose mothers did not reach a college level.

In general, immunization coverage increases with the increase in wealth status. While 56 percent of children whose mothers belong to the poorest quintile have received the six basic vaccines, the corresponding proportion for children whose mothers are in the wealthiest quintile is 83 percent. Immunization coverage also varies by region of residence, ranging from 81 percent in Western Visayas to 44 percent in ARMM. The percentage of children age 12-23 months who have received the six vaccines is 75 percent or higher in NCR, Caraga, Central Luzon, Cagayan Valley, and Western Visayas.

| Table 9.17 Vaccinations by background characteristics |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of children age 12-23 months who received specific vaccines at any time before the survey (according to a vaccination card or the mother's report), and percentage with a vaccination card, by background characteristics, Philippines 2003 |  |  |  |  |  |  |  |  |  |  |  |  |
| Background characteristic | BCG | DPT 1 | DPT 2 | DPT 3 | Polio 1 | Polio 2 | Polio 3 | Measles | All $^{1}$ | No vaccinations | Percentage with a vaccination card seen | Number of children |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 90.2 | 89.9 | 84.8 | 77.6 | 91.0 | 86.7 | 79.7 | 78.3 | 68.4 | 7.8 | 41.4 | 685 |
| Female | 91.4 | 89.9 | 87.1 | 80.2 | 91.6 | 87.9 | 80.0 | 81.2 | 71.3 | 6.8 | 36.4 | 664 |
| Birth order |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 93.0 | 93.5 | 90.4 | 85.1 | 94.7 | 92.5 | 86.1 | 84.9 | 77.8 | 4.4 | 46.9 | 400 |
| 2-3 | 94.3 | 92.2 | 87.9 | 81.6 | 93.4 | 89.2 | 81.6 | 81.1 | 71.7 | 4.8 | 38.6 | 518 |
| 4-5 | 88.1 | 87.9 | 85.5 | 76.6 | 88.2 | 84.8 | 77.6 | 76.5 | 66.4 | 10.0 | 35.5 | 228 |
| 6+ | 80.4 | 79.6 | 72.5 | 62.3 | 82.4 | 74.9 | 65.6 | 69.7 | 53.1 | 16.5 | 27.6 | 202 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 92.6 | 92.3 | 89.5 | 84.0 | 92.6 | 89.8 | 83.6 | 81.8 | 74.4 | 6.1 | 38.0 | 681 |
| Rural | 88.9 | 87.6 | 82.3 | 73.7 | 89.9 | 84.7 | 76.0 | 77.5 | 65.1 | 8.5 | 39.9 | 667 |
| Region |  |  |  |  |  |  |  |  |  |  |  |  |
| National Capital Region | 94.4 | 94.4 | 91.7 | 87.1 | 94.2 | 92.3 | 88.5 | 81.3 | 77.8 | 5.6 | 26.7 | 213 |
| Cordillera Admin Region | (85.7) | (82.4) | (80.4) | (75.9) | (84.4) | (75.9) | (75.9) | (73.3) | (67.4) | (11.7) | (37.2) | 22 |
| I- llocos | 93.6 | 95.1 | 90.2 | 80.4 | 95.1 | 90.3 | 80.4 | 83.9 | 72.4 | 4.9 | 22.9 | 62 |
| II - Cagayan Valley | 93.9 | 91.6 | 91.6 | 85.2 | 93.8 | 91.6 | 85.2 | 83.1 | 76.7 | 4.0 | 48.3 | 39 |
| III - Central Luzon | 92.9 | 90.1 | 87.0 | 80.8 | 93.0 | 87.9 | 81.4 | 83.3 | 75.0 | 3.5 | 43.7 | 139 |
| IVA - CALABARZON | 91.8 | 90.1 | 86.6 | 80.0 | 90.9 | 89.2 | 78.1 | 77.3 | 65.6 | 5.7 | 37.8 | 165 |
| IVB - MIMAROPA | 94.0 | 94.3 | 88.1 | 80.9 | 98.0 | 90.4 | 81.1 | 81.2 | 70.0 | 2.0 | 36.8 | 38 |
| $\checkmark$ - Bicol | 94.4 | 90.5 | 83.2 | 75.3 | 93.2 | 89.3 | 81.4 | 81.9 | 64.7 | 5.6 | 36.8 | 87 |
| VI - Western Visayas | 91.3 | 90.1 | 87.7 | 87.7 | 91.3 | 91.3 | 90.1 | 83.9 | 81.4 | 8.7 | 50.4 | 94 |
| VII - Central Visayas | 90.9 | 89.7 | 87.4 | 71.7 | 90.9 | 85.1 | 73.9 | 84.1 | 66.0 | 7.9 | 49.0 | 101 |
| VIII - Eastern Visayas | 91.3 | 93.8 | 88.8 | 76.5 | 95.1 | 92.6 | 81.4 | 79.1 | 70.3 | 4.9 | 45.7 | 69 |
| IX - Zamboanga Peninsula | 76.0 | 72.8 | 69.8 | 63.6 | 74.2 | 71.1 | 62.0 | 64.0 | 56.1 | 22.6 | 42.2 | 57 |
| X - Northern Mindanao | 89.5 | 86.5 | 77.7 | 68.9 | 92.5 | 82.2 | 73.4 | 72.0 | 58.7 | 7.5 | 46.2 | 63 |
| XI - Davao | 92.7 | 92.9 | 87.5 | 82.2 | 94.6 | 86.5 | 76.9 | 89.3 | 73.2 | 5.4 | 44.0 | 52 |
| XII - SOCCSKSARGEN | 88.1 | 91.7 | 87.3 | 85.0 | 91.0 | 84.8 | 81.7 | 84.2 | 70.7 | 7.5 | 42.8 | 55 |
| XIII - Caraga | 93.5 | 95.1 | 90.2 | 88.6 | 93.5 | 90.3 | 88.6 | 82.5 | 77.6 | 3.3 | 46.8 | 37 |
| ARMM | 71.0 | 72.3 | 65.0 | 50.5 | 72.3 | 66.4 | 53.3 | 57.4 | 44.0 | 26.3 | 21.6 | 54 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | * | * | * | * | * | * | * | * | * | * | * | 21 |
| Elementary | 84.9 | 84.3 | 77.0 | 67.2 | 85.7 | 79.1 | 69.0 | 72.6 | 59.2 | 12.4 | 35.0 | 377 |
| High school | 91.8 | 91.2 | 87.2 | 80.3 | 92.3 | 88.3 | 81.0 | 79.7 | 69.1 | 5.7 | 42.0 | 585 |
| College or higher | 97.3 | 96.3 | 95.5 | 90.8 | 97.7 | 96.2 | 91.0 | 89.1 | 83.4 | 2.3 | 38.8 | 366 |
| Wealth index quintile |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 82.2 | 81.7 | 74.0 | 64.0 | 82.9 | 76.3 | 66.0 | 69.7 | 55.5 | 15.1 | 32.1 | 355 |
| Second | 92.2 | 89.9 | 86.4 | 77.9 | 91.6 | 87.8 | 79.6 | 81.6 | 69.3 | 5.7 | 46.0 | 297 |
| Middle | 94.0 | 92.8 | 90.0 | 84.9 | 94.9 | 91.8 | 85.9 | 83.4 | 77.8 | 5.0 | 46.9 | 261 |
| Fourth | 93.1 | 93.3 | 90.2 | 84.9 | 93.8 | 91.5 | 85.1 | 80.2 | 72.4 | 4.4 | 37.1 | 240 |
| Highest | 97.1 | 97.1 | 96.2 | 92.0 | 97.8 | 95.0 | 90.9 | 89.4 | 83.0 | 2.2 | 32.1 | 196 |
| Total | 90.8 | 89.9 | 85.9 | 78.9 | 91.3 | 87.3 | 79.8 | 79.7 | 69.8 | 7.3 | 38.9 | 1,348 |
| Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. <br> ${ }^{1}$ BCG, measles, and three doses each of DPT and polio vaccine |  |  |  |  |  |  |  |  |  |  |  |  |

### 9.6 ACUTE RESPIRATORY INFECTION

The Control of Acute Respiratory Infection program of the Philippines DOH seeks to reduce infant and child mortality from acute respiratory infection (ARI), which is consistently one of the leading causes of death among children under age five. The program promotes home management, such that the child's caregiver is able to recognize the disease at an early stage and provide treatment when needed. The program's strategies include training of health personnel, health advocacy and promotion for family members and child caretakers, and provision of logistical support.

In the 2003 NDHS, ARI is identified by mother's report on the symptoms of ARI-cough accompanied by short, rapid breathing-in the two weeks preceding the survey. Survey results show that one in ten children under age five had the symptoms of ARI (Table 9.18). Children age 6-23 months, children in rural areas, and children whose mothers are in the poorest quintile are more likely to show symptoms of ARI.

Fever is a symptom of various infectious diseases, such as measles, respiratory infections, typhoid, and dengue, which are common in the Philippines. Data in Table 9.18 show that 24 percent of children under age five are reported to have had fever in the two weeks preceding the survey. As in the case of symptoms of ARI, children age 6-23 months, rural children, and children in the poorest group are more likely to have fever.

The percentage of children with symptoms of ARI and/or fever who are given proper care provides a measure of the effectiveness of the DOH program. Less than half (46 percent) of children with symptoms of ARI and/or fever were taken to a health facility or health provider for treatment. Children in urban areas, those whose mothers have college or higher education, and children in the wealthiest quintile are the most likely to receive care when showing symptoms of ARI and/or fever.

The bottom of Table 9.18 shows the differentials in the prevalence of ARI and fever according to mother's smoking status. The data show that children whose mothers do not smoke are more likely to have symptoms of ARI and/or fever. However, children of these mothers are less likely than those whose mothers smoke to receive treatment for the symptoms.

Symptoms of ARI are most often reported for children in Western Visayas (20 percent). Thirty percent or more children in MIMAROPA, Western Visayas, Northern Mindanao, and Caraga were reported to have fever in the two weeks preceding the survey. Fever prevalence ranges from 16 percent in NCR to 39 percent in Caraga.

| Table 9.18 Prevalence and treatment of symptoms of ARI and fever |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of children under five years who had a cough accompanied by short, rapid breathing (symptoms of ARI), percentage of children who had fever in the two weeks preceding the survey, and percentage of children with symptoms of ARI and/or fever for whom treatment was sought from a health facility or provider, by background characteristics, Philippines 2003 |  |  |  |  |  |
| Background characteristic | Percentage of children with symptoms of ARI | Percentage of children with fever | Number of children | Among children with symptoms of ARI and/or fever, percentage for whom treatment was sought from a health facility/provider ${ }^{1}$ | Number of children |
| Age in months |  |  |  |  |  |
| <6 | 6.9 | 21.1 | 603 | 46.7 | 147 |
| 6-11 | 13.4 | 31.2 | 733 | 57.4 | 261 |
| 12-23 | 12.9 | 30.0 | 1,348 | 48.9 | 464 |
| 24-35 | 10.6 | 24.8 | 1,326 | 38.9 | 369 |
| 36-47 | 8.8 | 19.4 | 1,434 | 45.2 | 324 |
| 48-59 | 8.4 | 18.0 | 1,267 | 42.2 | 270 |
| Sex |  |  |  |  |  |
| Male | 9.9 | 24.0 | 3,403 | 46.1 | 936 |
| Female | 10.6 | 23.5 | 3,309 | 46.5 | 899 |
| Residence |  |  |  |  |  |
| Urban | 8.3 | 21.8 | 3,361 | 50.5 | 827 |
| Rural | 12.2 | 25.8 | 3,351 | 42.9 | 1,009 |
| Region |  |  |  |  |  |
| National Capital Region | 4.0 | 15.7 | 1,020 | 51.3 | 178 |
| Cordillera Admin Region | 16.9 | 23.9 | 113 | 50.2 | 37 |
| I - Ilocos | 7.2 | 20.7 | 299 | 54.5 | 69 |
| II - Cagayan Valley | 10.7 | 16.5 | 220 | 43.8 | 48 |
| III - Central Luzon | 7.7 | 20.8 | 662 | 47.2 | 156 |
| IVA - CALABARZON | 7.4 | 20.0 | 796 | 49.1 | 182 |
| IVB - MIMAROPA | 18.5 | 31.5 | 225 | 38.1 | 89 |
| V-Bicol | 9.6 | 25.6 | 424 | 38.2 | 123 |
| VI - Western Visayas | 19.9 | 32.7 | 458 | 46.5 | 176 |
| VII - Central Visayas | 11.5 | 26.4 | 519 | 45.5 | 155 |
| VIII - Eastern Visayas | 15.6 | 27.4 | 341 | 51.9 | 107 |
| IX - Zamboanga Peninsula | 5.2 | 21.0 | 264 | 41.5 | 61 |
| X - Northern Mindanao | 15.1 | 33.2 | 289 | 55.0 | 110 |
| XI - Davao | 15.5 | 29.8 | 285 | 41.3 | 105 |
| XII - SOCCSKSARGEN | 11.5 | 24.6 | 312 | 38.2 | 85 |
| XIII - Caraga | 16.8 | 38.5 | 195 | 39.6 | 84 |
| ARMM | 5.2 | 23.0 | 291 | 48.9 | 71 |
| Mother's education |  |  |  |  |  |
| No education | 11.8 | 26.1 | 120 | 29.1 | 35 |
| Elementary | 13.3 | 27.0 | 1,944 | 43.8 | 608 |
| High school | 10.2 | 23.6 | 2,856 | 47.0 | 776 |
| College or higher | 6.9 | 20.5 | 1,793 | 50.1 | 417 |
| Wealth index quintile |  |  |  |  |  |
| Lowest | 14.6 | 27.9 | 1,768 | 43.6 | 577 |
| Second | 10.9 | 25.5 | 1,527 | 42.9 | 443 |
| Middle | 9.0 | 22.8 | 1,312 | 49.4 | 345 |
| Fourth | 7.6 | 21.3 | 1,127 | 46.0 | 275 |
| Highest | 5.8 | 17.7 | 979 | 57.0 | 195 |
| Mother's smoking status |  |  |  |  |  |
| Smokes cigarettes/tobacco | 10.1 | 23.3 | 6,378 | 46.7 | 1,714 |
| Does not smoke cigarettes/ tobacco | 13.7 | 32.2 | 335 | 39.9 | 121 |
| Total | 10.2 | 23.8 | 6,712 | 46.3 | 1,835 |
| ${ }^{1}$ Excludes pharmacy, shop, and traditional practitioner ARI $=$ Acute respiratory infection |  |  |  |  |  |

The 2003 NDHS also collected information on the type of drug taken by children under age five who had fever in the two weeks preceding the survey. As presented in Table 9.19, nine out of ten children were given non-antimalarial drugs, and eight out of ten were given ibuprofen. Seven percent of children were not given any medication. Urban children are more likely than rural children to be given ibuprofen (87 and 77 percent, respectively). However, aspirin is more often given to rural children than urban children (8 and 3 percent, respectively).

| Table 9.19 Drugs taken for fever |  |  |  |
| :---: | :---: | :---: | :---: |
| Among children under five years who were ill with fever during the two weeks preceding the survey, percentage who received specific drugs, by residence, Philippines 2003 |  |  |  |
|  | Resid | ence |  |
| Drug | Urban | Rural | Total |
| Chloroquine/Nivaquine | 0.3 | 0.2 | 0.2 |
| Non-antimalarial drug | 93.4 | 90.0 | 91.5 |
| Aspirin | 3.1 | 8.0 | 5.7 |
| Acetaminophen/paracetamol | 2.0 | 2.8 | 2.4 |
| Ibuprofen | 87.3 | 76.8 | 81.6 |
| No drug | 4.9 | 8.9 | 7.1 |
| Number of children | 732 | 863 | 1,596 |

### 9.7 Diarrheal Disease and Related Findings

### 9.7.1 Disposal of Children's Stools

Improper disposal of children's stools can cause sanitation-related diseases like diarrhea by food or water contamination. The 2003 NDHS gathered information on mothers' practices in disposing the stools of their youngest child who lives with them. This information is useful in the evaluation of diarrhea prevention in the country. More than half of women ( 53 percent) reported that their youngest child's stools are contained in one of three ways: the child always uses the toilet/latrine, stools are thrown into the toilet/latrine, or stools are buried in the yard (Table 9.20). One in four women said they use disposable or washable diapers. The remaining 21 percent dispose of their children's stools improperly, such as by throwing them outside their dwelling, throwing them outside the yard, or rinsing them away.

Improper practices of stool disposal are more common among rural women, those with no education, among women in the poorest quintile, and those who have a toilet facility other than pit latrine or flush toilet. More than 30 percent of women in Zamboanga Peninsula, MIMAROPA, and ARMM adhered to uncontained stool disposal.

| Table 9.20 Disposal of children's stools |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of mothers whose youngest child under five years is living with her, by way in which child's fecal matter is disposed of, according to background characteristics and type of toilet facilities in household, Philippines 2003 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Background characteristic | Stools contained |  |  | Stools uncontained |  |  |  | Use diapers |  | Other | Missing | Total | Number of mothers |
|  | Child |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | into |  | Th | Th |  | $\mathrm{No}$ |  |  |  |  |  |  |
|  | toilet/ latrine | toilet/ <br> latrine | Buried in yard | outside dwelling | outside yard | Rinsed away | $\begin{gathered} \text { disposed } \\ \text { of } \end{gathered}$ | Disposable | Washable |  |  |  |  |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 33.0 | 13.3 | 6.1 | 2.4 | 4.4 | 6.6 | 0.0 | 26.3 | 5.8 | 1.7 | 0.3 | 100.0 | 2,355 |
| Rural | 20.9 | 15.1 | 16.3 | 5.5 | 11.4 | 11.6 | 0.5 | 7.1 | 10.0 | 1.5 | 0.1 | 100.0 | 2,284 |
| Region |  |  |  |  |  |  |  |  |  |  |  |  |  |
| National Capital Region | 37.5 | 13.8 | 0.3 | 1.4 | 1.4 | 3.0 | 0.0 | 34.4 | 6.2 | 1.7 | 0.4 | 100.0 | 686 |
| Cordillera Admin Region | 13.0 | 16.4 | 4.7 | 3.1 | 10.2 | 10.6 | 2.8 | 21.3 | 15.6 | 1.8 | 0.6 | 100.0 | 76 |
| I - Ilocos | 24.9 | 17.6 | 18.9 | 4.9 | 9.0 | 9.0 | 0.0 | 8.7 | 6.6 | 0.5 | 0.0 | 100.0 | 213 |
| II - Cagayan Valley | 23.6 | 21.3 | 19.9 | 3.4 | 10.1 | 1.9 | 0.5 | 9.7 | 8.5 | 1.0 | 0.0 | 100.0 | 166 |
| III - Central Luzon | 30.5 | 13.6 | 9.5 | 3.0 | 5.5 | 6.0 | 0.0 | 26.6 | 4.8 | 0.6 | 0.0 | 100.0 | 466 |
| IVA - CALABARZON | 36.0 | 9.3 | 5.1 | 1.7 | 5.1 | 7.7 | 0.2 | 29.2 | 5.1 | 0.5 | 0.0 | 100.0 | 574 |
| IVB - MIMAROPA | 16.0 | 14.2 | 16.7 | 12.4 | 14.5 | 8.6 | 0.0 | 5.2 | 9.4 | 2.4 | 0.5 | 100.0 | 151 |
| V-Bicol | 23.1 | 9.3 | 17.7 | 3.7 | 12.1 | 12.4 | 1.0 | 7.2 | 10.8 | 2.8 | 0.0 | 100.0 | 282 |
| VI - Western Visayas | 18.6 | 14.8 | 21.7 | 4.5 | 9.8 | 13.4 | 0.4 | 8.8 | 5.2 | 2.6 | 0.4 | 100.0 | 312 |
| VII - Central Visayas | 23.6 | 16.0 | 8.6 | 6.6 | 11.2 | 9.5 | 0.0 | 12.9 | 6.9 | 4.1 | 0.7 | 100.0 | 349 |
| VIII - Eastern Visayas | 27.2 | 4.6 | 21.8 | 5.0 | 10.7 | 2.7 | 0.0 | 8.1 | 18.4 | 1.6 | 0.0 | 100.0 | 224 |
| IX - Zamboanga Peninsula | 17.7 | 12.6 | 8.3 | 3.1 | 7.9 | 27.0 | 0.0 | 7.3 | 15.1 | 0.9 | 0.0 | 100.0 | 197 |
| X - Northern Mindanao | 29.2 | 21.9 | 11.1 | 5.4 | 3.6 | 7.9 | 0.0 | 9.5 | 9.7 | 1.8 | 0.0 | 100.0 | 209 |
| XI - Davao | 19.3 | 17.4 | 15.9 | 0.9 | 7.9 | 20.7 | 0.0 | 11.5 | 5.1 | 1.3 | 0.0 | 100.0 | 207 |
| XII - SOCCSKSARGEN | 22.6 | 20.3 | 21.9 | 2.7 | 11.4 | 15.7 | 0.0 | 1.4 | 2.1 | 1.6 | 0.4 | 100.0 | 216 |
| XIII - Caraga | 19.0 | 22.7 | 14.3 | 12.4 | 7.6 | 4.6 | 0.6 | 8.7 | 9.6 | 0.0 | 0.6 | 100.0 | 134 |
| ARMM | 26.7 | 11.4 | 2.9 | 6.3 | 17.8 | 8.8 | 1.6 | 6.7 | 15.3 | 2.4 | 0.0 | 100.0 | 179 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 15.3 | 8.0 | 8.2 | 12.0 | 26.4 | 12.9 | 1.0 | 2.5 | 8.9 | 4.8 | 0.0 | 100.0 | 75 |
| Elementary | 19.5 | 11.6 | 17.2 | 7.1 | 13.6 | 12.2 | 0.3 | 5.1 | 10.6 | 2.6 | 0.1 | 100.0 | 1,291 |
| High school | 27.4 | 15.0 | 11.9 | 3.1 | 7.0 | 9.2 | 0.3 | 16.4 | 8.0 | 1.6 | 0.3 | 100.0 | 1,968 |
| College or higher | 34.7 | 15.8 | 4.2 | 1.6 | 2.4 | 5.5 | 0.2 | 30.0 | 5.0 | 0.4 | 0.2 | 100.0 | 1,305 |
| Wealth index quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 12.2 | 9.7 | 19.2 | 8.7 | 18.7 | 15.9 | 0.6 | 1.9 | 10.5 | 2.3 | 0.2 | 100.0 | 1,133 |
| Second | 24.6 | 15.4 | 15.8 | 5.0 | 7.6 | 9.7 | 0.2 | 8.5 | 10.4 | 2.5 | 0.3 | 100.0 | 1,032 |
| Middle | 29.4 | 16.6 | 8.8 | 1.9 | 4.6 | 8.7 | 0.2 | 20.1 | 7.8 | 1.9 | 0.1 | 100.0 | 919 |
| Fourth | 35.8 | 16.8 | 5.6 | 1.5 | 2.4 | 5.5 | 0.0 | 26.3 | 5.5 | 0.6 | 0.1 | 100.0 | 831 |
| Highest | 40.9 | 13.4 | 1.5 | 0.2 | 1.6 | 2.0 | 0.0 | 37.1 | 3.0 | 0.0 | 0.3 | 100.0 | 724 |
| Toilet facilities |  |  |  |  |  |  |  |  |  |  |  |  |  |
| None | 23.0 | 13.9 | 8.2 | 8.9 | 12.7 | 9.2 | 1.7 | 7.6 | 12.7 | 2.1 | 0.0 | 100.0 | 127 |
| Pit latrine | 15.9 | 18.6 | 17.9 | 4.9 | 7.6 | 15.8 | 1.1 | 4.4 | 12.3 | 1.2 | 0.4 | 100.0 | 290 |
| Improved latrine | 9.9 | 18.9 | 14.6 | 10.3 | 15.7 | 20.0 | 0.8 | 1.7 | 7.3 | 0.8 | 0.0 | 100.0 | 198 |
| Flush toilet | 32.5 | 15.6 | 8.7 | 2.2 | 4.3 | 7.1 | 0.1 | 21.1 | 7.0 | 1.2 | 0.2 | 100.0 | 3,488 |
| Other | 4.6 | 1.2 | 23.2 | 11.0 | 27.1 | 14.1 | 0.4 | 3.4 | 10.1 | 4.7 | 0.2 | 100.0 | 534 |
| Total | 27.1 | 14.2 | 11.2 | 3.9 | 7.8 | 9.1 | 0.3 | 16.8 | 7.9 | 1.6 | 0.2 | 100.0 | 4,640 |
| Note: Total includes 3 women with missing information on toilet facility. |  |  |  |  |  |  |  |  |  |  |  |  |  |

### 9.7.2 Prevalence of Diarrhea

Table 9.21 shows that 11 percent of children under age five were reported to have diarrhea during the two weeks preceding the survey, which indicates a slight increase from the 7 percent level in the 1998 NDHS (NSO, DOH, and Macro International Inc., 1999).

| Table 9.21 Prevalence of diarrhea |  |  |
| :---: | :---: | :---: |
| Percentage of children under five years with diarrhea in the two weeks preceding the survey, by background characteristics, Philippines 2003 |  |  |
| Background characteristic | Diarrhea in the two weeks preceding the survey | Number of children |
| Age in months |  |  |
| <6 | 7.0 | 603 |
| 6-11 | 19.2 | 733 |
| 12-23 | 16.3 | 1,348 |
| 24-35 | 11.5 | 1,326 |
| 36-47 | 6.3 | 1,434 |
| 48-59 | 5.4 | 1,267 |
| Sex |  |  |
| Male | 11.1 | 3,403 |
| Female | 10.2 | 3,309 |
| Residence |  |  |
| Urban | 10.7 | 3,361 |
| Rural | 10.6 | 3,351 |
| Region |  |  |
| National Capital Region | 9.6 | 1,020 |
| Cordillera Admin Region | 20.4 | 113 |
| I - Ilocos | 12.9 | 299 |
| II - Cagayan Valley | 6.6 | 220 |
| III - Central Luzon | 9.5 | 662 |
| IVA - CALABARZON | 10.8 | 796 |
| IVB - MIMAROPA | 17.7 | 225 |
| V-Bicol | 11.4 | 424 |
| VI - Western Visayas | 15.0 | 458 |
| VII - Central Visayas | 8.5 | 519 |
| VIII - Eastern Visayas | 9.8 | 341 |
| IX - Zamboanga Peninsula | 4.2 | 264 |
| X - Northern Mindanao | 10.2 | 289 |
| XI - Davao | 9.6 | 285 |
| XII - SOCCSKSARGEN | 11.4 | 312 |
| XIII - Caraga | 9.5 | 195 |
| ARMM | 12.0 | 291 |
| Mother's education |  |  |
| No education | 13.4 | 120 |
| Elementary | 11.1 | 1,944 |
| High school | 11.6 | 2,856 |
| College or higher | 8.4 | 1,793 |
| Wealth index quintile |  |  |
| Lowest | 13.0 | 1,768 |
| Second | 11.1 | 1,527 |
| Middle | 9.3 | 1,312 |
| Fourth | 9.1 | 1,127 |
| Highest | 9.2 | 979 |
| Source of drinking water |  |  |
| Piped | 10.3 | 3,397 |
| Protected well | 10.3 | 1,795 |
| Open well | 12.6 | 366 |
| Surface | 11.8 | 651 |
| Other/missing | 11.3 | 503 |
| Total | 10.6 | 6,712 |

The percentage of children with diarrhea varies little by the child's sex, urban-rural residence, and source of drinking water. Diarrhea is most prevalent among children age 6-11 months and least prevalent among children age 48-59 months. Children whose mothers have no education and are in the poorest quintile are more likely than other children to have diarrhea. Diarrhea is most prevalent in CAR (20 percent) and least prevalent in Zamboanga Peninsula (4 percent).

### 9.7.3 Knowledge of ORS Packets

The Control of Diarrheal Diseases program, one of the Philippines DOH programs, aims to effectively reduce diarrheal morbidity through oral rehydration therapy. It emphasizes home therapy by continued feeding and increased intake of fluids; rational use and dispensation of drugs; public information; and education on correct and prompt management of diarrhea at home. The program makes use of tri-media campaigns, strengthens the essential drug and distribution system, encourages capability building, and recommends provision of prepackaged oral rehydration salts (ORS).

The 2003 NDHS included questions to determine the level of knowledge of ORS, such as Oresol and Hydrite, for diarrhea treatment. Knowledge about ORS is based on a mother's ever seeing or hearing about ORS packets, or using ORS packets to treat one of her children for diarrhea in the two weeks preceding the survey.

Table 9.22 shows a high level of knowledge of ORS packets among Filipino mothers (92 percent). Knowledge about ORS varies with age, education, wealth index quintile, and region of residence: Teenage mothers, those with no education, and mothers in the poorest quintile are the least likely to know about ORS packets. Knowledge about ORS ranges from 97 percent in NCR to 80 percent in ARMM.

### 9.7.4 Diarrhea Treatment

Table 9.23 presents the percentage of children under five years old who were reported to have diarrhea in the two weeks preceding the survey by the form of treatment they received. Thirty-two percent of children who were reported to have diarrhea were taken to a health facility for treatment. Fifty-nine percent of children with diarrhea were treated with oral rehydration therapy (ORT), either with ORS packets (42 percent), recommended home fluids (RHF) (24 percent), or increased fluids (2 percent). Other treatments for diarrhea include pill or syrup (30 percent), home remedy (18 percent), injection (1 percent), or intravenous solution (1 percent). However, 22 percent of children with diarrhea were not given any treatment. This figure is 11 times that recorded in the 1998 survey (2 percent).

Table 9.22 Knowledge of ORS packets
Percentage of mothers with a birth in the five years preceding the survey who know about ORS packets for treatment of diarrhea, by background characteristics, Philippines 2003

|  | Percentage <br> of mothers <br> who know <br> about ORS <br> packets | Number of <br> mothers |
| :--- | :---: | ---: |
| Background <br> characteristic |  |  |
| Age | 69.3 | 163 |
| $15-19$ | 89.2 | 955 |
| $20-24$ | 92.3 | 1,265 |
| $25-29$ | 94.6 | 1,111 |
| $30-34$ | 93.7 | 1,309 |
| $35-49$ |  |  |
|  | 94.2 | 2,447 |
| Residence | 89.3 | 2,355 |
| Urban |  |  |

Region

| National Capital Region | 96.7 | 724 |
| :--- | :--- | ---: |
| Cordillera Admin Region | 85.6 | 79 |
| I - Ilocos | 90.4 | 220 |
| II - Cagayan Valley | 93.9 | 169 |
| III - Central Luzon | 94.6 | 480 |
| IVA - CALABARZON | 93.9 | 595 |
| IVB - MIMAROPA | 87.9 | 155 |
| V - Bicol | 90.2 | 290 |
| VI - Western Visayas | 94.6 | 324 |
| VII - Central Visayas | 89.9 | 359 |
| VIII - Eastern Visayas | 94.4 | 230 |
| IX - Zamboanga Peninsula | 87.6 | 199 |
| X - Northern Mindanao | 90.7 | 219 |
| XI - Davao | 89.8 | 216 |
| XII - SOCCSKSARGEN | 85.4 | 223 |
| XIII - Caraga | 89.8 | 135 |
| ARMM | 79.9 | 184 |

Education

| No education | 59.0 | 80 |
| :--- | ---: | ---: |
| Elementary | 88.3 | 1,349 |
| High school | 92.8 | 2,037 |
| College or higher | 95.8 | 1,337 |


| Wealth index quintile |  |  |
| :--- | ---: | ---: |
| Lowest | 84.5 | 1,162 |
| Second | 92.8 | 1,065 |
| Middle | 92.8 | 944 |
| Fourth | 95.4 | 863 |
| Highest | 96.3 | 768 |
| Total | 91.8 | 4,802 |
| ORS $=$ Oral rehydration salts |  |  |


| Among children under five years who had diarrhea in the two weeks preceding the survey, percentage who were taken for treatment to a health facility, percentage who received oral rehydration therapy, and percentage given other treatments, according to background characteristics, Philippines 2003 |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage taken to a health facility ${ }^{1}$ | Oral rehydration therapy (ORT) |  |  |  |  | Other treatments |  |  |  | No treatment | Number of children |
| Background characteristic |  | ORS packets | RHF | Either ORS or RHF | Increased fluids | ORS, RHF, or increased fluids | $\begin{gathered} \text { Pill// } \\ \text { syrup } \end{gathered}$ | Injection | Intravenous solution | Home remedy/ other |  |  |
| Age in months |  |  |  |  |  |  |  |  |  |  |  |  |
| <6 | (17.0) | (19.9) | (16.9) | (31.8) | (20.9) | (49.4) | (13.2) | (0.0) | (0.0) | (16.7) | (27.8) | 42 |
| 6-11 | 29.5 | 36.1 | 27.1 | 54.0 | 1.3 | 54.6 | 23.3 | 1.8 | 1.8 | 15.7 | 29.1 | 141 |
| 12-23 | 35.6 | 48.7 | 24.1 | 63.4 | 1.1 | 63.8 | 30.1 | 1.0 | 0.9 | 13.6 | 21.8 | 220 |
| 24-35 | 30.6 | 44.8 | 19.5 | 59.2 | 1.0 | 59.2 | 32.9 | 0.3 | 0.6 | 16.7 | 22.4 | 152 |
| 36-47 | 43.7 | 42.5 | 27.0 | 57.9 | 1.9 | 58.4 | 36.1 | 1.1 | 0.0 | 29.6 | 12.3 | 91 |
| 48-59 | 26.9 | 41.1 | 22.7 | 58.3 | 0.0 | 58.3 | 37.0 | 0.0 | 0.0 | 22.9 | 20.8 | 68 |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 33.1 | 41.2 | 24.2 | 56.1 | 2.6 | 57.3 | 29.9 | 0.9 | 0.8 | 17.0 | 23.4 | 378 |
| Female | 31.6 | 43.3 | 22.8 | 59.2 | 2.0 | 60.8 | 29.7 | 0.8 | 0.7 | 18.6 | 21.3 | 336 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 36.2 | 51.7 | 22.9 | 66.9 | 2.1 | 67.6 | 32.7 | 0.3 | 1.0 | 15.1 | 18.1 | 359 |
| Rural | 28.6 | 32.6 | 24.2 | 48.2 | 2.4 | 50.2 | 26.9 | 1.4 | 0.5 | 20.5 | 26.8 | 355 |
| Region |  |  |  |  |  |  |  |  |  |  |  |  |
| National Capital Region | 34.4 | 48.7 | 21.2 | 61.3 | 0.0 | 61.3 | 34.4 | 0.0 | 0.0 | 10.0 | 24.9 | 98 |
| Cordillera Admin Region | 33.1 | 25.3 | 26.4 | 42.1 | 1.8 | 43.9 | 13.8 | 2.0 | 0.0 | 9.2 | 48.7 | 23 |
| I - Ilocos | 47.4 | 39.0 | 26.6 | 60.3 | 5.3 | 62.9 | 31.7 | 2.8 | 0.0 | 5.3 | 26.3 | 38 |
| II - Cagayan Valley | 22.2 | 16.8 | 5.7 | 22.4 | 0.0 | 22.4 | 28.1 | 0.0 | 0.0 | 16.5 | 38.9 | 15 |
| III - Central Luzon | 39.1 | 48.6 | 40.8 | 70.1 | 4.6 | 70.1 | 51.5 | 2.1 | 0.0 | 21.9 | 10.7 | 63 |
| IVA - CALABARZON | 31.5 | 51.9 | 26.8 | 72.8 | 4.8 | 74.4 | 22.1 | 0.0 | 1.4 | 6.4 | 19.4 | 86 |
| IVB - MIMAROPA | 22.3 | 24.2 | 17.4 | 34.5 | 3.8 | 38.3 | 37.8 | 1.8 | 5.3 | 28.5 | 24.8 | 40 |
| V-Bicol | 25.9 | 32.8 | 25.1 | 55.7 | 0.0 | 55.7 | 9.6 | 2.1 | 0.0 | 38.3 | 24.3 | 49 |
| VI - Western Visayas | 23.4 | 38.6 | 14.9 | 43.7 | 1.8 | 45.5 | 27.4 | 0.0 | 3.1 | 20.4 | 23.8 | 68 |
| VII - Central Visayas | 36.6 | 52.4 | 13.6 | 66.0 | 2.7 | 68.7 | 20.9 | 0.0 | 0.0 | 5.3 | 26.2 | 44 |
| VIII - Eastern Visayas | 43.5 | 61.5 | 15.5 | 69.2 | 2.6 | 71.8 | 23.3 | 0.0 | 0.0 | 15.4 | 17.8 | 33 |
| IX - Zamboanga Peninsula | 40.1 | 39.8 | 0.0 | 39.8 | 0.0 | 39.8 | 44.3 | 0.0 | 0.0 | 23.5 | 12.4 | 11 |
| X - Northern Mindanao | 20.3 | 25.1 | 18.9 | 40.8 | 3.2 | 44.0 | 23.3 | 0.0 | 0.0 | 25.2 | 26.5 | 30 |
| XI - Davao | 28.7 | 48.7 | 26.4 | 66.0 | 3.7 | 69.7 | 35.7 | 3.6 | 0.0 | 22.8 | 10.0 | 27 |
| XII - SOCCSKSARGEN | 31.2 | 35.0 | 14.2 | 44.4 | 0.0 | 44.4 | 39.6 | 0.0 | 0.0 | 16.8 | 26.9 | 35 |
| XIII - Caraga | 25.7 | 28.8 | 48.2 | 60.9 | 0.0 | 60.9 | 48.7 | 0.0 | 0.0 | 29.2 | 6.4 | 19 |
| ARMM | 42.2 | 47.2 | 40.3 | 68.3 | 0.0 | 68.3 | 23.5 | 2.1 | 0.0 | 35.4 | 20.6 | 35 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | * | * | * | * | * | * | * | * | * | * | * | 16 |
| Elementary | 30.0 | 34.2 | 25.4 | 51.9 | 2.4 | 53.8 | 24.8 | 0.9 | 0.0 | 19.8 | 25.0 | 215 |
| High school | 29.2 | 43.7 | 23.3 | 58.0 | 2.3 | 59.0 | 28.2 | 0.4 | 0.6 | 18.9 | 23.0 | 332 |
| College or higher | 44.5 | 52.2 | 22.0 | 66.6 | 1.7 | 67.4 | 42.3 | 1.5 | 2.3 | 11.5 | 16.7 | 151 |
| Wealth index quintile |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 28.0 | 30.6 | 22.9 | 46.2 | 3.6 | 49.8 | 26.1 | 0.4 | 0.0 | 27.4 | 22.7 | 230 |
| Second | 29.7 | 42.2 | 27.3 | 58.6 | 2.2 | 59.4 | 26.3 | 1.0 | 1.1 | 15.3 | 26.9 | 169 |
| Middle | 35.6 | 49.0 | 25.7 | 68.6 | 1.2 | 68.6 | 28.0 | 1.6 | 1.1 | 14.8 | 16.6 | 122 |
| Fourth | 35.9 | 52.4 | 15.6 | 62.7 | 1.5 | 62.7 | 36.2 | 0.0 | 0.0 | 11.5 | 22.7 | 103 |
| Highest | 40.5 | 50.6 | 24.2 | 64.0 | 1.5 | 64.0 | 41.0 | 1.7 | 2.3 | 9.1 | 20.9 | 90 |
| Total | 32.4 | 42.2 | 23.5 | 57.6 | 2.3 | 58.9 | 29.8 | 0.9 | 0.8 | 17.8 | 22.4 | 714 |
| Note: ORT includes solution prepared from packets of oral rehydration salts (ORS), recommended home fluids (RHF), or increased fluids. Figures in parentheses are based on 25-49 cases. An asterisk indicates that an estimate is based on fewer than 25 cases and has been suppressed. <br> Excludes pharmacy, shop, and traditional practitioner |  |  |  |  |  |  |  |  |  |  |  |  |

Correct treatment of diarrhea is most likely to be administered to children age 12-23 months, those living in urban areas, those whose mothers have college or higher education, and those who belong to the middle quintile. Correct treatment of diarrhea with ORT varies widely across regions, ranging from 74 percent in CALABARZON to 22 percent in Cagayan Valley.

The percentage of children who were taken to a health facility declined from 44 percent in 1998 NDHS to 32 percent (NSO, DOH, and Macro International Inc., 1999).

### 9.7.5 Feeding Practices during Diarrhea

The recovery of a child with diarrhea may depend on the amount of liquids and foods received during and between diarrhea episodes. Figure 9.1 presents data on feeding practices of children who had diarrhea in the two weeks preceding the survey. The data show that only 2 percent of children with diarrhea were given more fluids than usual, while 13 percent were given the same amount of fluids. Eightyfour percent of children with diarrhea were given less fluid, which is contraindicated during a diarrheal episode.

Diarrheal episodes are frequently accompanied by vomiting, which makes feeding difficult because the child may refuse food. Figure 9.1 shows that only 6 percent of children were given more food than usual, while 60 percent were given less food or none at all.

Overall, results of the 2003 NDHS show that feeding practices of children with diarrhea in the Philippines are not consistent with recommended interventions.

Figure 9.1 Feeding Practices during Diarrhea


NDHS 2003

### 9.8 Children's Health Care by Women's Status

The 2003 NDHS investigated the relationship between children's health care and women's status as measured by the mother's ability to influence household decisionmaking, the number of situations in which mothers believe that a woman is justified in refusing sexual relations with her husband, and the number of circumstances in which the mother believes that a husband is justified in beating his wife.

Table 9.24 shows little or no relationship between women's status and children's health care, except for a slight negative relationship between women's participation in household decisionmaking and the likelihood of children being taken for treatment of childhood fever.

| Table 9.24 Children's health care by women's status |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of children age 12-23 months who were fully vaccinated, and percentage of children under five years who were ill with a fever, symptoms of ARI, and/or diarrhea in the two weeks preceding the survey and were taken to a health provider for treatment, by women's status indicator, Philippines 2003 |  |  |  |  |  |
| Number of decisions in which woman has final say ${ }^{1}$ |  |  |  |  |  |
| Women's status indicator | 0 | 1-2 | 3-4 | 5 | Tota |
| Percentage of children 12-23 months fully vaccinated ${ }^{2}$ | * | 75.5 | 69.1 | 69.3 | 69.8 |
| Number of children | 21 | 140 | 338 | 849 | 1,34 |
| Percentage of children with fever and/or symptoms of ARI taken to a health provider ${ }^{3}$ | (38.6) | 49.7 | 46.5 | 45.9 | 46.3 |
| Number of children | 34 | 182 | 496 | 1,124 | 1,835 |
| Percentage of children with diarrhea taken to a health provider | * | 37.8 | 28.1 | 33.5 | 32 |
| Number of children | 13 | 82 | 191 | 428 | 714 |
| Note: Figures in parentheses are based on 25 to 49 cases. An asterisk indicates that a figure is based on fewer than 25 cases and has been suppressed. <br> ${ }^{1}$ Either by herself or jointly with others <br> ${ }^{2}$ Those who have received BCG vaccine, measles vaccine, and three doses each of DPT and polio vaccines <br> ${ }^{3}$ Excludes pharmacy, shop, and traditional practitioner |  |  |  |  |  |

### 9.9 Problems in Accessing Health Care

In the 2003 NDHS, mothers of children under five years were also asked if they have problems in accessing health care when they are sick. Table 9.25 shows that 77 percent of women mention one of the problems listed in the survey. The most often cited problem was getting money for treatment ( 67 percent). Other problems include not wanting to go alone ( 28 percent), access to the health facility because of the distance ( 27 percent), and having to take transport to go to the health facility ( 26 percent).

Women in their teens, women with five or more children, widowed women, those living in rural areas, those with no education, women in the poorest quintile, and women who are not working for cash are more likely than other women to perceive problems in accessing health care for themselves. Nine in ten women in Northern Mindanao, Caraga, and ARMM mentioned at least one of the problems associated with access to health care. On the other hand, this proportion is 70 percent or less in NCR, Cagayan Valley, and Central Luzon.

The type of problems in accessing health care varies across regions. More than 80 percent of women in Northern Mindanao, Caraga, and ARMM cited obtaining money for treatment of illness as the most serious problem in getting health care. Women in ARMM also mentioned distance to the health facility and transport as problems in the access to health care (72 percent each).

| Table 9.25 Problems in accessing health care |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women who reported they have big problems in accessing health care for themselves when they are sick, by type of problem and background characteristics, Philippines 2003 |  |  |  |  |  |  |  |  |  |
|  | Problems in accessing health care |  |  |  |  |  |  |  |  |
| Background characteristic | Knowing where to go for treatment | Getting permission to go for treatment | Getting money for treatment | Distance to health facility | Having to take transport | Not wanting to go alone | Concern there <br> may not be a female provider | Any of the specified problems | Number of women |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 19.6 | 17.9 | 72.0 | 30.1 | 26.7 | 46.3 | 37.0 | 85.6 | 2,648 |
| 20-29 | 13.4 | 9.8 | 65.4 | 25.9 | 24.4 | 27.0 | 19.5 | 76.1 | 4,243 |
| 30-39 | 13.8 | 8.2 | 65.2 | 26.1 | 25.3 | 20.4 | 14.9 | 73.0 | 3,827 |
| 40-49 | 14.3 | 8.8 | 69.1 | 27.8 | 26.6 | 23.2 | 14.6 | 75.9 | 2,915 |
| Number of living children |  |  |  |  |  |  |  |  |  |
| 0 | 14.8 | 13.1 | 64.6 | 24.7 | 22.3 | 36.0 | 29.7 | 77.9 | 5,012 |
| 1-2 | 13.1 | 8.1 | 63.5 | 24.3 | 23.4 | 22.8 | 14.4 | 72.8 | 3,747 |
| 3-4 | 14.3 | 9.0 | 67.8 | 27.2 | 26.3 | 21.9 | 14.6 | 74.9 | 2,961 |
| 5+ | 19.8 | 12.3 | 81.8 | 39.2 | 37.3 | 27.4 | 17.8 | 86.4 | 1,912 |
| Marital status |  |  |  |  |  |  |  |  |  |
| Never married | 15.6 | 13.9 | 65.4 | 25.1 | 22.2 | 37.9 | 31.0 | 78.8 | 4,388 |
| Married/living together | 14.7 | 9.3 | 68.3 | 28.3 | 27.5 | 23.6 | 15.6 | 76.2 | 8,671 |
| Divorced/not living together | 12.8 | 7.6 | 65.6 | 22.8 | 20.4 | 19.6 | 15.2 | 73.8 | 373 |
| Widowed | 13.1 | 8.6 | 77.4 | 33.6 | 28.2 | 22.9 | 16.1 | 82.2 | 201 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 11.1 | 7.8 | 62.0 | 17.1 | 16.0 | 23.6 | 17.5 | 71.9 | 7,877 |
| Rural | 20.2 | 14.7 | 74.9 | 40.9 | 38.6 | 34.2 | 24.8 | 84.1 | 5,756 |
| Region |  |  |  |  |  |  |  |  |  |
| National Capital Region | 8.5 | 6.0 | 57.1 | 11.6 | 10.9 | 18.4 | 15.7 | 65.0 | 2,387 |
| Cordillera Admin Region | 22.3 | 12.2 | 65.4 | 31.9 | 28.3 | 37.7 | 10.8 | 78.3 | 216 |
| I- Ilocos | 22.7 | 12.8 | 75.7 | 33.0 | 25.5 | 31.2 | 25.6 | 84.0 | 642 |
| II - Cagayan Valley | 12.2 | 9.1 | 60.4 | 28.5 | 25.8 | 24.2 | 11.9 | 69.1 | 426 |
| III - Central Luzon | 7.3 | 4.1 | 58.6 | 19.4 | 17.9 | 24.9 | 14.0 | 70.2 | 1,459 |
| IVA - CALABARZON | 9.0 | 5.4 | 62.0 | 18.2 | 17.8 | 23.1 | 16.4 | 72.4 | 1,890 |
| IVB - MIMAROPA | 19.1 | 13.7 | 74.2 | 43.1 | 38.9 | 28.5 | 22.2 | 82.9 | 340 |
| V-Bicol | 12.4 | 9.4 | 66.9 | 31.5 | 25.7 | 27.9 | 17.9 | 79.6 | 713 |
| VI - Western Visayas | 14.9 | 8.4 | 70.2 | 30.4 | 29.1 | 26.2 | 18.7 | 80.7 | 910 |
| VII - Central Visayas | 18.0 | 11.6 | 77.8 | 21.1 | 23.0 | 22.8 | 20.6 | 85.5 | 1,070 |
| VIII - Eastern Visayas | 25.3 | 21.5 | 66.3 | 46.0 | 43.7 | 34.7 | 26.3 | 77.0 | 555 |
| IX - Zamboanga Peninsula | 24.0 | 23.5 | 75.7 | 43.8 | 40.3 | 30.6 | 23.4 | 81.4 | 465 |
| X - Northern Mindanao | 32.4 | 25.5 | 83.2 | 38.4 | 40.5 | 55.7 | 39.3 | 92.2 | 565 |
| XI - Davao | 13.3 | 10.2 | 69.9 | 29.0 | 24.2 | 32.9 | 25.6 | 82.2 | 654 |
| XII - SOCCSKSARGEN | 29.0 | 17.9 | 72.6 | 40.1 | 38.1 | 37.5 | 37.9 | 83.5 | 524 |
| XIII - Caraga | 18.2 | 13.3 | 83.2 | 29.5 | 30.0 | 32.8 | 30.6 | 90.3 | 327 |
| ARMM | 18.9 | 24.8 | 85.3 | 72.0 | 72.2 | 52.6 | 27.9 | 94.2 | 489 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 34.6 | 27.4 | 87.9 | 65.4 | 63.8 | 51.5 | 32.4 | 93.3 | 186 |
| Elementary | 23.0 | 16.7 | 81.9 | 42.7 | 40.9 | 33.6 | 25.2 | 88.3 | 3,146 |
| High school | 15.6 | 11.4 | 72.6 | 26.8 | 24.7 | 30.6 | 22.7 | 81.7 | 6,109 |
| College or higher | 6.9 | 4.6 | 48.1 | 14.3 | 13.6 | 19.3 | 13.4 | 61.1 | 4,192 |
| Employment |  |  |  |  |  |  |  |  |  |
| Not employed | 15.3 | 11.7 | 69.6 | 27.8 | 25.6 | 31.0 | 22.3 | 79.3 | 6,590 |
| Working for cash | 13.3 | 9.0 | 64.0 | 24.5 | 23.6 | 24.3 | 18.6 | 73.6 | 5,952 |
| Not working for cash | 21.2 | 14.5 | 73.1 | 37.5 | 36.0 | 30.9 | 20.5 | 82.2 | 1,087 |
| Wealth index quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 27.4 | 22.0 | 87.1 | 59.1 | 57.1 | 44.0 | 31.5 | 93.5 | 2,161 |
| Second | 19.2 | 12.7 | 80.1 | 33.8 | 32.5 | 28.8 | 20.9 | 87.1 | 2,412 |
| Middle | 13.6 | 8.4 | 73.0 | 22.2 | 20.3 | 25.2 | 18.0 | 80.8 | 2,682 |
| Fourth | 10.7 | 7.5 | 62.9 | 18.7 | 17.4 | 25.5 | 18.5 | 73.6 | 2,940 |
| Highest | 8.6 | 6.8 | 45.6 | 13.6 | 12.0 | 22.0 | 17.2 | 59.7 | 3,438 |
| Total | 14.9 | 10.7 | 67.4 | 27.2 | 25.6 | 28.1 | 20.5 | 77.1 | 13,633 |

## INFANT FEEDING AND SUPPLEMENTATION

Proper and adequate feeding, starting at birth, is vital for the physical and mental development of a child. Breastfeeding is the best form of feeding during the first six months of infancy, for its healthful and economic advantages. Thus, in response to the 1981 International Code of Marketing of Breast-milk Substitutes by the World Health Organization (WHO), the Philippines Department of Health strongly advocates breastfeeding among nursing mothers instead of using breast milk substitutes. Supplementary foods introduced initially at four to six months of infancy are also important for the nutritional health and well-being of the growing child. However, early supplemental feeding exposes infants to pathogens and increases the risks of infection and diarrheal diseases. It also decreases infant's intake of breast milk and suckling, which in turn reduces breast milk production.

This chapter presents the extent of breastfeeding and supplementation received by infants. It discusses various aspects of breastfeeding, including the prevalence and initiation of breastfeeding and prelacteal feeding, the duration and frequency of breastfeeding, and reasons for nonbreastfeeding and for stopping breastfeeding. With respect to supplementary feeding, the type of food supplements, the frequency of feeding, and the micronutrient intake of children, as well as those of women in the first two months after delivery, are also discussed in this chapter.

### 10.1 Prevalence of Breastfeeding and Prelacteal Feeding

The prevalence of breastfeeding in the Philippines has remained the same since 1993. Table 10.1 shows that 87 percent of the children born in the five years preceding the 2003 National Demographic Health Survey (NDHS) were ever breastfed. The corresponding figures in the 1993 National Demographic Survey and the 1998 NDHS are 87 and 88 percent, respectively. The breastfeeding prevalence does not vary by sex. However, urban children are less likely to be breastfed than rural children ( 82 compared with 91 percent). While breastfeeding is commonly practiced in all regions, children in CALABARZON are the least likely ( 76 percent) and children in Cagayan Valley are the most likely to be breastfed (96 percent).

While breastfeeding is widely practiced, the mother's socioeconomic status does have a negative association with the children's chances of being breastfed. Children of mothers who live in wealthier households are less likely to be breastfed than children of mothers who live in poorer households. While 93 percent of children in the poorest quintile were breastfed at some time, only 79 percent of children in the wealthiest quintile were ever breastfed. The practice of breastfeeding also has a negative association with mother's level of education; children of better-educated mothers are less likely to be breastfed than children of mothers who have less education.

The prevalence of breastfeeding varies according to delivery characteristics. Children whose mothers received assistance from a health professional at delivery are less likely to be breastfed than those delivered by a traditional birth attendant ( 83 compared with 93 percent). Similarly, children delivered in a health facility are less likely to be breastfed than those who were born at home ( 81 and 90 percent, respectively).

## Table 10.1 Initial breastfeeding

Percentage of children born in the five years preceding the survey who were ever breastfed, and among children ever breastfed, percentage who started breastfeeding within one hour and within one day of birth and percentage who received a prelacteal feed, by background characteristics, Philippines 2003

| Background characteristic | Percentage ever breastfed | Number of children | Percentage who started breastfeeding within 1 hour of birth | Percentage who started breastfeeding within 1 day of birth ${ }^{1}$ | Percentage who received liquid/ nonliquid prelacteal feed ${ }^{2}$ | Percentage who received liquid only prelacteal feed ${ }^{2}$ | Number of children ever breastfed |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Sex |  |  |  |  |  |  |  |
| Male | 85.9 | 3,544 | 53.6 | 79.4 | 54.3 | 48.9 | 3,043 |
| Female | 87.2 | 3,411 | 54.5 | 81.4 | 54.2 | 49.3 | 2,975 |
| Residence |  |  |  |  |  |  |  |
| Urban | 82.4 | 3,461 | 54.4 | 80.6 | 55.6 | 52.4 | 2,850 |
| Rural | 90.7 | 3,493 | 53.7 | 80.2 | 53.1 | 46.2 | 3,167 |
| Region |  |  |  |  |  |  |  |
| National Capital Region | 78.3 | 1,050 | 63.0 | 82.7 | 50.0 | 49.5 | 823 |
| Cordillera Admin Region | 92.4 | 115 | 61.1 | 83.7 | 31.4 | 30.8 | 106 |
| I - Ilocos | 87.9 | 310 | 28.8 | 73.3 | 58.2 | 55.3 | 272 |
| II - Cagayan Valley | 95.7 | 224 | 60.1 | 78.9 | 38.3 | 35.3 | 215 |
| III - Central Luzon | 83.7 | 683 | 35.7 | 73.6 | 59.4 | 58.7 | 572 |
| IVA - CALABARZON | 76.1 | 816 | 55.1 | 80.9 | 56.8 | 54.3 | 620 |
| IVB - MIMAROPA | 90.9 | 241 | 54.0 | 81.9 | 48.6 | 43.6 | 219 |
| V-Bicol | 92.7 | 432 | 34.9 | 72.3 | 62.2 | 49.9 | 401 |
| VI - Western Visayas | 91.0 | 482 | 60.7 | 81.7 | 49.8 | 48.5 | 439 |
| VII - Central Visayas | 88.8 | 535 | 66.5 | 86.0 | 57.6 | 51.1 | 475 |
| VIII - Eastern Visayas | 88.3 | 357 | 63.7 | 83.6 | 34.1 | 31.9 | 315 |
| IX - Zamboanga Peninsula | 90.5 | 276 | 56.6 | 88.2 | 53.4 | 40.0 | 250 |
| X - Northern Mindanao | 90.4 | 301 | 66.6 | 79.6 | 68.7 | 48.7 | 272 |
| XI - Davao | 91.2 | 295 | 49.0 | 80.4 | 51.2 | 40.4 | 269 |
| XII - SOCCSKSARGEN | 90.7 | 324 | 48.6 | 79.6 | 62.9 | 59.6 | 294 |
| XIII - Caraga | 91.6 | 203 | 59.9 | 80.6 | 65.7 | 56.2 | 186 |
| ARMM | 93.4 | 310 | 56.7 | 83.8 | 57.7 | 50.0 | 289 |
| Mother's education |  |  |  |  |  |  |  |
| No education | 94.8 | 132 | 60.8 | 90.7 | 37.4 | 35.0 | 126 |
| Elementary | 90.3 | 2,040 | 53.2 | 82.2 | 52.4 | 42.4 | 1,841 |
| High school | 86.5 | 2,952 | 55.0 | 80.2 | 54.8 | 50.1 | 2,555 |
| College or higher | 81.7 | 1,830 | 52.8 | 77.8 | 59.5 | 56.9 | 1,496 |
| Assistance at delivery |  |  |  |  |  |  |  |
| Health professional ${ }^{3}$ | 82.5 | 4,159 | 53.3 | 79.0 | 56.1 | 53.0 | 3,430 |
| Traditional birth attendant | 92.6 | 2,580 | 55.8 | 83.6 | 53.1 | 45.0 | 2,388 |
| Other | 90.6 | 164 | 56.7 | 83.3 | 41.8 | 36.6 | 149 |
| No one | * | 12 | * | * | * | * | 12 |
| Place of delivery |  |  |  |  |  |  |  |
| Health facility | 80.7 | 2,636 | 54.5 | 78.4 | 54.6 | 52.9 | 2,127 |
| At home | 90.0 | 4,267 | 54.3 | 82.3 | 54.5 | 47.4 | 3,841 |
| Other | * | 14 | * | * | * | * | 12 |
| Wealth index quintile |  |  |  |  |  |  |  |
| Lowest | 93.2 | 1,858 | 54.9 | 82.3 | 50.1 | 41.7 | 1,732 |
| Second | 90.7 | 1,590 | 55.9 | 81.3 | 53.4 | 47.7 | 1,441 |
| Middle | 81.8 | 1,352 | 52.8 | 81.3 | 55.1 | 50.5 | 1,105 |
| Fourth | 82.2 | 1,162 | 53.1 | 77.4 | 55.0 | 52.9 | 955 |
| Highest | 78.9 | 993 | 51.5 | 77.0 | 63.0 | 61.5 | 784 |
| Total | 86.5 | 6,954 | 54.0 | 80.4 | 54.3 | 49.1 | 6,017 |

Note: Table is based on all births whether the children are living or dead at the time of interview. Total includes 39 children with no information on assistance at delivery and place of delivery. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed
${ }^{1}$ Includes children who started breastfeeding within one hour of birth
${ }^{2}$ Children given some liquid other than breast milk during the first three days of life before the mother started breastfeeding regularly
${ }^{3}$ Doctor, nurse/midwife, or auxiliary midwife

Early initiation of breastfeeding is beneficial to both infant and mother. Colostrum, the first breast milk, is beneficial to infants because it contains a high concentration of antibodies that protect infants against certain infectious diseases. Early initiation increases the bond between mother and child and is beneficial to the mother because early suckling stimulates the release of a hormone that helps the uterus to contract. However, in some places, cultural norms dictate against giving colostrum to infants. Delay in giving the breast suggests the possibility that mothers throw away their colostrum and initially bottle-feed the infant.

The 2003 NDHS results show that 54 percent of children born in the five years before the survey were given breast milk within one hour of birth and 80 percent were put to the breast within 24 hours of birth (Table 10.1). While initiation of breastfeeding within one hour of birth has increased by 14 percentage points over the last five years, initiation within 24 hours remained the same (NSO, DOH, and Macro International Inc., 1999). Initiation of breastfeeding does not vary by the child's sex and type of residence. Putting the infant to the breast soon after birth is not a common practice in Ilocos, Central Luzon, and Bicol. In contrast, mothers in Central Visayas and Northern Mindanao tend to give their children breast milk immediately after birth.

Children in poorer households are breastfed somewhat sooner after birth than those in wealthier households. The likelihood that children will receive colostrum is negatively associated with whether the mother had any formal education. While at most 55 percent of children whose mothers have gone to school were breastfed within one hour of birth, the corresponding proportion for children whose mothers have no education is 61 percent.

The prevalence of breastfeeding within one hour after birth does not vary by assistance at delivery and place of delivery. Newborns are put to the breast within one hour of birth in equal proportions whether born at home or in a health facility. Babies are also equally likely to be breastfed within one hour whether assisted by a health professional or a traditional birth attendant (hilot) at delivery.

Prelacteal feeds or liquid and/or nonliquid feeds given to newborns before the mother's milk begins to flow regularly are discouraged, not only because they are less nutritious than breast milk but also because they are more susceptible to contamination. Bottle-feeding also tends to discourage breast suckling among infants. For children born in the five years preceding the survey who were ever breastfed, mothers were asked if the child was given anything to drink other than breast milk in the first three days after delivery, before their milk began flowing regularly. Those who answered "yes" were asked if the child was given water or anything else to drink or eat other than breast milk.

The percentage of children who received prelacteal feed is shown in Table 10.1. More than half of the children who were ever breastfed received liquid and/or nonliquid feeds in the first three days after delivery before the mother's milk began flowing regularly, 49 percent received liquids, and 5 percent received nonliquids. Prelacteal feeding does not differ by the child's sex. Unlike breastfeeding, prelacteal liquid feeding is slightly more common in urban than in rural areas ( 52 compared with 46 percent). Among the regions, Northern Mindanao has the highest percentage of children given prelacteal feeds (69 percent), and Cordillera Administrative Region (CAR) and Eastern Visayas have the lowest (31 and 34 percent, respectively).

Prelacteal feeding shows a pattern that is different from that of breastfeeding; children of wealthier parents, children of better-educated mothers, and children whose mothers were assisted by a health professional at delivery are more likely than other children to receive prelacteal feeding. Although there are no differentials in overall prelacteal feeding, children delivered in a health facility are slightly more likely to receive prelacteal liquid feeding than those delivered at home.

For children born in the three years preceding survey, mothers were asked about the types of liquid and types of food the children received in the day and the night before the interview. The information is used to determine the breastfeeding status: whether the child is exclusively breastfed, or is breastfeeding and consuming plain water only, water-based liquids/juices, other milk or any solid/semi-solid foods in the 24 hours before the interview. Children who are exclusively breastfed were given nothing but breast milk in the 24 hours preceding the interview. Breastfeeding children who were given solid/semisolid foods and/or non-breast-milk in the 24 hours before the survey are classified as receiving complementary foods.

Table 10.2 shows the percent distribution of youngest children under three years and living with the mother by breastfeeding status, according to the age of the children in months. The results show that among infants under two months, 13 percent are not breastfed, 53 percent are exclusively breastfed, and one in three receive either plain water only, water-based liquids or juice, other milk, and/or complementary foods in addition to breast milk. At age 6-7 months, one in three infants are not breastfed, and only 1 percent are exclusively breastfed. At age 8 months and older, virtually all infants have received liquids or foods other than breast milk.

Table 10.2 Breastfeeding status by age
Percent distribution of youngest children under three years living with the mother by breastfeeding status and percentage of children under three years using a bottle with a nipple, according to age in months, Philippines 2003

| Age in months | Not breastfeeding | Breastfeeding and consuming |  |  |  |  | Total | Number of children | Percentage using a bottle with a nipple ${ }^{1}$ | Number of children |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Exclusively breastfed | Plain water only | Waterbased liquids/juice | Other milk | Complementary foods |  |  |  |  |
| $<2$ | 13.2 | 52.5 | 16.6 | 2.7 | 12.2 | 2.8 | 100.0 | 159 | 30.0 | 160 |
| 2-3 | 17.2 | 35.4 | 20.6 | 3.1 | 18.4 | 5.3 | 100.0 | 242 | 42.9 | 244 |
| 4-5 | 27.9 | 16.1 | 17.0 | 4.1 | 8.1 | 26.8 | 100.0 | 200 | 48.6 | 200 |
| 6-7 | 32.5 | 1.4 | 8.0 | 2.0 | 5.1 | 51.0 | 100.0 | 256 | 54.3 | 261 |
| 8-9 | 32.9 | 0.6 | 0.5 | 0.0 | 1.0 | 65.1 | 100.0 | 243 | 50.2 | 248 |
| 10-11 | 40.7 | 0.4 | 1.4 | 0.5 | 0.0 | 57.1 | 100.0 | 219 | 59.4 | 224 |
| 12-15 | 44.0 | 0.3 | 0.7 | 0.3 | 0.5 | 54.2 | 100.0 | 436 | 54.7 | 454 |
| 16-19 | 56.9 | 0.0 | 0.0 | 0.0 | 0.0 | 43.1 | 100.0 | 352 | 56.9 | 411 |
| 20-23 | 67.7 | 0.3 | 0.0 | 0.3 | 0.0 | 31.7 | 100.0 | 392 | 58.6 | 484 |
| 24-27 | 74.7 | 0.0 | 0.0 | 0.0 | 0.0 | 25.3 | 100.0 | 311 | 47.9 | 419 |
| 28-31 | 81.5 | 0.0 | 0.0 | 0.0 | 0.0 | 18.5 | 100.0 | 281 | 41.7 | 435 |
| 32-35 | 86.5 | 0.2 | 0.0 | 0.0 | 0.0 | 13.3 | 100.0 | 299 | 38.9 | 472 |
| $<6$ | 19.7 | 33.5 | 18.4 | 3.4 | 13.3 | 11.8 | 100.0 | 602 | 41.4 | 603 |
| 6-9 | 32.7 | 1.0 | 4.4 | 1.0 | 3.1 | 57.9 | 100.0 | 499 | 52.3 | 509 |

Note: Breastfeeding status refers to a 24 -hour period (yesterday and last night). Children classified as breastfeeding and consuming plain water only consume no supplements. The categories of not breastfeeding, exclusively breastfed, breastfeeding and consuming plain water, water-based liquids/juice, other milk, and complementary foods (solids and semisolids) are hierarchical and mutually exclusive, and their percentages add to 100 percent. Thus, children who receive breast milk and water-based liquids and who do not receive complementary foods are classified in the water-based liquid category even though they may also get plain water. Any children who get complementary food are classified in that category as long as they are breastfeeding as well.
${ }^{1}$ Based on all children under three years

Comparison with data from the 1998 NDHS shows that the prevalence of exclusive breastfeeding among children age 4-5 months has declined from 20 to 16 percent (NSO, DOH, and Macro International Inc., 1999).

Bottles with nipples are usually used when feeding infants infant formula and other types of supplementary foods. The use of bottle is not generally recommended at early stages of infancy due to the risk of exposing the child to the harmful effects of insufficient and unhygienic preparation of the liquid
and the feeding bottle, particularly in poor environment and socioeconomic conditions. Thirty percent of infants under two months use a bottle with a nipple. The percentage of children who were given a bottle with a nipple increases with age and peaks at age 10-11 months (Table 10.2).

### 10.2 Median Duration and Frequency of Breastfeeding

The duration and frequency of breastfeeding affect the health and nutritional status of both the mother and child. They also influence the length of postpartum amenorrhea, which in turn leads to longer birth intervals and lower fertility levels. A longer birth interval allows a mother to recover fully before her next pregnancy and averts maternal depletion resulting from too closely spaced births.

For children born in the three years preceding the survey, mothers were asked about the number of times the children were breastfed in the 24 hours before the interview. The estimates of mean and median durations are based on current status data; that is, the proportion of children who were being breastfed at the time of the survey. The median duration of exclusive breastfeeding indicates the age at which half of the children started to receive infant formula, other milk, or food supplement. Predominantly breastfed children are either exclusively breastfed or given breast milk and plain water, water-based liquids (such as soft drinks), and/or juices in the 24 hours before the interview.

Table 10.3 gives the median duration and frequency of breastfeeding among children born in the three years preceding the survey, according to selected background characteristics. The median duration of breastfeeding is 14 months, which means that half of these children stopped breastfeeding after 14 months. There is no difference in the median duration of breastfeeding by sex. Rural children are breastfed much longer than urban children ( 16 compared with 10 months). Table 10.3 also shows that the median duration of breastfeeding is negatively associated with mother's wealth status and education; children of poorer parents and whose mothers have less education tend to be breastfed for longer durations than other children.

The median duration of exclusive breastfeeding is less than one month, while the duration of predominant breastfeeding is 2.9 months. The variations in the median duration of exclusive and predominant breastfeeding are similar to those of breastfeeding. The median duration of any breastfeeding is shortest in National Capital Region (NCR) ( 6.3 months) and Central Luzon ( 9.1 months); it is more than 18 months in MIMAROPA and Autonomous Region in Muslim Mindanao (ARMM).

Frequent breastfeeding is common in the Philippines. Nine in ten infants under six months were breastfed six or more times in the 24 hours preceding the survey. On average, infants are breastfed six times during the day and five times at night. Differentials in frequency of breastfeeding are similar to those for median duration of breastfeeding, exclusive, and predominant breastfeeding.

There have been changes in breastfeeding practices since 1998. Infants are being breastfed more frequently; the percentage of infants under six months who were breastfed six or more times in the 24 hours preceding the survey increased from 71 percent in 1998 to 92 percent in 2003. The median duration of any breastfeeding increased from 12.8 months in 1998 to 14.1 months in 2003. However, the median duration of exclusive breastfeeding declined slightly from 1.4 months in 1998 to 0.8 months in 2003 (NSO, DOH, and Macro International Inc., 1999).

## Table 10.3 Median duration and frequency of breastfeeding

Median duration of any breastfeeding, exclusive breastfeeding, and predominant breastfeeding among children born in the three years preceding the survey, percentage of breastfeeding children under six months living with the mother who were breastfed six or more times in the 24 hours preceding the survey, and mean number of feeds (day/night), by background characteristics, Philippines 2003

| Background characteristic | Median duration (months) of breastfeeding ${ }^{1}$ |  |  |  | Breastfeeding children under six months ${ }^{2}$ |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Any breastfeeding | Exclusive breastfeeding | Predominant breastfeeding ${ }^{3}$ | Number of children | Percentage breastfed 6+ times in last 24 hours | Mean number of day feeds | Mean number of night feeds | Number of children |
| Sex |  |  |  |  |  |  |  |  |
| Male | 14.5 | 0.7 | 2.6 | 2,140 | 92.0 | 6.0 | 4.7 | 242 |
| Female | 13.8 | 1.0 | 3.1 | 2,005 | 93.1 | 6.3 | 4.6 | 238 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 9.9 | 0.6 | 1.9 | 2,064 | 90.2 | 5.7 | 4.5 | 208 |
| Rural | 16.0 | 1.7 | 3.6 | 2,081 | 94.3 | 6.5 | 4.7 | 272 |
| Region |  |  |  |  |  |  |  |  |
| National Capital Region | 6.3 | 0.5 | 1.4 | 594 | 82.2 | 4.9 | 3.6 | 54 |
| Cordillera Admin Region | 16.9 | 1.8 | 2.5 | 70 | * | * | * | 8 |
| I - Ilocos | 15.9 | 0.6 | 4.6 | 194 | * | * | * | 22 |
| II - Cagayan Valley | 16.6 | 1.4 | 3.2 | 129 | * | * | * | 17 |
| III - Central Luzon | 9.1 | 0.7 | 1.5 | 405 | * | * | * | 31 |
| IVA - CALABARZON | 13.2 | 0.7 | 2.2 | 502 | (100.0) | (6.1) | (4.7) | 53 |
| IVB - MIMAROPA | 18.1 | 2.0 | 3.5 | 142 | (92.5) | (6.5) | (6.1) | 19 |
| V-Bicol | 14.8 | 1.9 | 2.4 | 256 | (91.3) | (7.1) | (4.9) | 34 |
| VI - Western Visayas | 15.2 | 1.3 | 4.3 | 299 | (100.0) | (7.3) | (5.9) | 37 |
| VII - Central Visayas | 15.5 | 0.6 | 2.9 | 325 | (80.6) | (5.3) | (3.3) | 36 |
| VIII - Eastern Visayas | 12.3 | 3.2 | 5.0 | 212 | (92.4) | (6.5) | (5.6) | 33 |
| IX - Zamboanga Peninsula | 16.3 | 1.3 | 2.1 | 168 | (83.5) | (6.3) | (3.9) | 24 |
| X - Northern Mindanao | 17.0 | 1.8 | 2.5 | 181 | * | * | * | 21 |
| XI - Davao | 14.2 | 0.6 | 3.2 | 170 | * | * | * | 21 |
| XII - SOCCSKSARGEN | 13.0 | 2.1 | 3.9 | 193 | (92.4) | (6.9) | (4.6) | 32 |
| XIII - Caraga | 15.3 | 1.9 | 2.7 | 117 | * | * | * | 12 |
| ARMM | 19.8 | 0.6 | 4.1 | 188 | (94.0 ) | (5.8) | (4.5) | 25 |
| Mother's education |  |  |  |  |  |  |  |  |
| No education | 20.4 | 2.4 | 4.0 | 80 | * | * | * | 12 |
| Elementary | 17.0 | 2.0 | 3.8 | 1,190 | 93.4 | 6.7 | 5.0 | 155 |
| High school | 13.9 | 0.9 | 3.0 | 1,780 | 93.7 | 6.2 | 4.6 | 214 |
| College or higher | 6.3 | 0.5 | 0.7 | 1,095 | 89.4 | 5.3 | 4.0 | 99 |
| Wealth index quintile |  |  |  |  |  |  |  |  |
| Lowest | 17.1 | 2.2 | 4.6 | 1,109 | 94.9 | 6.7 | 4.8 | 153 |
| Second | 15.5 | 1.7 | 3.1 | 961 | 91.6 | 6.3 | 4.6 | 122 |
| Middle | 12.0 | 0.6 | 1.8 | 832 | 93.1 | 5.9 | 4.7 | 97 |
| Fourth | 7.4 | 0.6 | 1.5 | 692 | 93.5 | 5.8 | 4.5 | 64 |
| Highest | 4.0 | 0.5 | 0.6 | 552 | (84.2) | (5.1) | (3.9) | 44 |
| Total | 14.1 | 0.8 | 2.9 | 4,145 | 92.5 | 6.2 | 4.6 | 480 |
| Mean for all children | 14.9 | 2.6 | 4.0 | na | na | na | na | na |

Note: Median and mean durations are based on current status. Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
na $=$ Not applicable
${ }^{1}$ It is assumed that non-last-born children or last-born children not living with the mother are not currently breastfeeding
${ }^{2}$ Excludes children who do not have a valid answer on the number of times breastfed
${ }^{3}$ Either exclusively breastfed or received breast milk and plain water, water-based liquids, and/or juice only (excludes other milk)

### 10.3 Reasons for Not Breastfeeding and Reasons for Stopping Breastfeeding

Information on the reasons some mothers do not breastfeed their children and the reasons for stopping breastfeeding are important in formulating plans and programs to promote breastfeeding. Figure 10.1 presents the percent distribution of children born in the five years preceding the survey by reason for not being breastfed at all. The most common reason given by mothers for not breastfeeding their babies is that they do not have enough milk ( 31 percent). The next two most often reported reasons are that the mothers have nipple or breast problems and that they are working, each given by one in six mothers. Eleven percent of mothers say the child refused to breastfeed.

Figure 10.1 Reasons for Never Breastfeeding


NDHS 2003

Table 10.4 shows the percent distribution of children by reason breastfeeding was stopped. The most often cited reasons for stopping breastfeeding are that the child has reached the weaning age (23 percent), and there is not enough milk ( 20 percent).

There are no large differences in the reason for stopping breastfeeding according to the child's sex. Children who live in rural areas, those whose mothers have primary education, and those in the lowest wealth quintile are more likely to stop breastfeeding when they reach weaning age or when their mothers became pregnant. Children in urban areas, those of better-educated mothers, and children in the wealthiest households are more likely to stop breastfeeding because their mothers do not have enough milk or because the mothers are working.

Table 10.4 Reasons for stopping breastfeeding
Percent distribution of children born in the five years preceding the survey who were ever breastfed, by reason for stopping breastfeeding, by background characteristics, Philippines 2003

| Background characteristic | Reason for stopping breastfeeding |  |  |  |  |  |  |  |  |  |  |  | Total | Number of children |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Mother ill/ weak | Child ill/ weak | Child died | Nipple/ breast problem | Not enough milk | Mother working | Child refused | $\begin{aligned} & \hline \text { Weaning } \\ & \text { age } \\ & \text { stop } \\ & \hline \end{aligned}$ | Became pregnant | Started contraception | Other | Missing |  |  |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 5.4 | 2.3 | 2.4 | 5.9 | 19.4 | 12.2 | 11.5 | 21.7 | 13.2 | 3.2 | 1.2 | 1.6 | 100.0 | 2,111 |
| Female | 5.2 | 1.1 | 2.0 | 4.1 | 20.4 | 12.9 | 13.1 | 23.3 | 13.6 | 2.3 | 1.1 | 1.0 | 100.0 | 2,068 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 5.7 | 1.7 | 1.5 | 5.1 | 23.3 | 16.3 | 14.3 | 15.8 | 10.6 | 2.7 | 1.2 | 1.7 | 100.0 | 2,026 |
| Rural | 4.9 | 1.7 | 2.8 | 4.9 | 16.6 | 9.0 | 10.3 | 28.7 | 16.0 | 2.9 | 1.2 | 0.9 | 100.0 | 2,153 |
| Region |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| National Capital Region | 7.3 | 2.3 | 1.2 | 4.5 | 27.5 | 19.7 | 14.9 | 7.3 | 9.4 | 2.1 | 1.4 | 2.4 | 100.0 | 606 |
| Cordillera Admin Region | 3.1 | 1.3 | 2.5 | 6.3 | 11.6 | 14.1 | 9.2 | 28.7 | 20.1 | 2.5 | 0.6 | 0.0 | 100.0 | 72 |
| I - Ilocos | 5.4 | 2.4 | 1.9 | 3.0 | 18.6 | 11.0 | 11.4 | 28.4 | 15.0 | 1.8 | 0.6 | 0.6 | 100.0 | 169 |
| II - Cagayan Valley | 4.1 | 1.0 | 3.1 | 7.3 | 17.8 | 12.1 | 11.1 | 25.1 | 14.0 | 3.2 | 0.5 | 0.5 | 100.0 | 154 |
| III - Central Luzon | 4.3 | 1.3 | 0.9 | 6.0 | 30.8 | 10.3 | 11.9 | 18.6 | 9.4 | 1.6 | 0.9 | 4.0 | 100.0 | 407 |
| IVA - CALABARZON | 5.7 | 2.4 | 1.0 | 4.4 | 14.5 | 20.2 | 14.2 | 21.2 | 12.1 | 3.1 | 0.4 | 0.8 | 100.0 | 412 |
| IVB - MIMAROPA | 5.0 | 1.0 | 6.0 | 2.3 | 17.7 | 8.5 | 7.9 | 22.6 | 21.4 | 4.4 | 0.5 | 2.7 | 100.0 | 142 |
| $V$ - Bicol | 8.1 | 2.7 | 0.8 | 5.0 | 21.2 | 11.2 | 7.8 | 21.9 | 16.2 | 3.3 | 1.1 | 0.6 | 100.0 | 284 |
| VI - Western Visayas | 3.6 | 1.6 | 2.6 | 4.7 | 22.2 | 10.4 | 12.0 | 18.8 | 17.1 | 1.9 | 3.9 | 1.3 | 100.0 | 294 |
| VII - Central Visayas | 7.3 | 0.7 | 1.0 | 7.1 | 13.9 | 13.7 | 12.3 | 21.8 | 17.3 | 1.4 | 1.7 | 1.7 | 100.0 | 338 |
| VIII - Eastern Visayas | 2.8 | 2.9 | 2.0 | 5.3 | 15.8 | 10.3 | 10.6 | 35.6 | 11.0 | 2.8 | 0.8 | 0.0 | 100.0 | 210 |
| IX - Zamboanga Peninsula | 3.1 | 1.0 | 5.3 | 5.3 | 15.7 | 9.3 | 12.9 | 35.0 | 9.5 | 1.9 | 1.0 | 0.0 | 100.0 | 177 |
| X - Northern Mindanao | 4.0 | 1.5 | 2.0 | 6.5 | 12.4 | 8.9 | 10.9 | 36.6 | 13.8 | 1.5 | 1.0 | 1.0 | 100.0 | 185 |
| XI - Davao | 7.5 | 0.7 | 3.2 | 4.1 | 17.0 | 7.2 | 12.5 | 29.9 | 10.6 | 6.3 | 0.9 | 0.0 | 100.0 | 200 |
| XII - SOCCSKSARGEN | 6.5 | 0.8 | 3.6 | 2.9 | 18.1 | 11.3 | 10.6 | 27.1 | 12.5 | 6.0 | 0.6 | 0.0 | 100.0 | 209 |
| XIII - Caraga | 1.7 | 3.4 | 3.1 | 7.3 | 11.3 | 6.8 | 11.0 | 30.1 | 19.4 | 4.3 | 1.3 | 0.4 | 100.0 | 140 |
| ARMM | 1.2 | 1.2 | 4.8 | 2.8 | 23.9 | 5.2 | 19.0 | 21.2 | 15.9 | 2.9 | 0.8 | 1.2 | 100.0 | 181 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 1.2 | 0.0 | 9.8 | 4.7 | 19.4 | 6.5 | 11.0 | 25.6 | 20.1 | 0.0 | 0.0 | 1.7 | 100.0 | 77 |
| Primary | 4.8 | 0.9 | 3.5 | 5.7 | 13.9 | 6.9 | 12.1 | 30.1 | 16.4 | 2.8 | 1.4 | 1.4 | 100.0 | 1,194 |
| Secondary | 5.5 | 2.4 | 1.7 | 4.4 | 18.4 | 9.9 | 13.4 | 24.3 | 14.5 | 3.2 | 1.2 | 1.1 | 100.0 | 1,785 |
| Higher | 5.6 | 1.7 | 1.1 | 5.3 | 28.6 | 23.1 | 10.6 | 11.3 | 8.1 | 2.1 | 0.9 | 1.5 | 100.0 | 1,122 |
| Wealth index quintile |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lowest | 4.5 | 1.3 | 3.9 | 4.7 | 11.6 | 6.4 | 13.1 | 30.1 | 18.9 | 2.7 | 1.3 | 1.4 | 100.0 | 1,122 |
| Second | 4.2 | 1.9 | 2.7 | 5.0 | 17.5 | 8.7 | 11.5 | 28.3 | 14.9 | 2.8 | 1.2 | 1.2 | 100.0 | 962 |
| Middle | 5.8 | 1.5 | 1.7 | 4.9 | 23.6 | 12.2 | 10.4 | 20.1 | 13.6 | 4.3 | 1.5 | 0.5 | 100.0 | 776 |
| Fourth | 7.3 | 2.1 | 0.8 | 4.8 | 25.7 | 17.7 | 12.7 | 15.7 | 8.6 | 2.1 | 0.6 | 1.9 | 100.0 | 692 |
| Highest | 5.6 | 2.1 | 0.4 | 5.9 | 27.2 | 24.1 | 13.7 | 10.4 | 6.1 | 1.8 | 1.0 | 1.6 | 100.0 | 627 |
| Total | 5.3 | 1.7 | 2.2 | 5.0 | 19.9 | 12.5 | 12.3 | 22.5 | 13.4 | 2.8 | 1.2 | 1.3 | 100.0 | 4,179 |

### 10.4 Type of Foods and Frequency of Feeding

Food supplementation is important for infant growth and development. In particular, nonbreastfeeding and weaned infants need proper and adequate food supplements to meet their nutritional requirements. The type of foods infants received and the timing of introduction to the infant's diet not only affect the intensity of breastfeeding but can cause indigestion and diarrhea. WHO recommends the introduction of solid food to infants around the age of six months, when breast milk by itself is no longer sufficient to meet the infant's nutritional requirements.

For the youngest children born in the three years preceding the survey and living with their mothers, mothers were asked about the types of food the children drank or ate over the last seven days, as well as the number of times the foods were taken during the day and night preceding the survey. Tables 10.5 and 10.6 show, respectively, the types of food and the number of times specific foods were consumed, in the day or night preceding the interview by breastfeeding status.

Table 10.5 shows that among breastfeeding children under two months of age, 14 percent are given infant formula, 5 percent are given other milk/cheese/yogurt, and 6 percent each received other liquids and solid or semisolid food. Other liquids include sugar water, tea, fruit juice, coffee, soda, rice water, and soup broth. At age $4-5$ months, the pattern of feeding starts to exhibit dramatic changes; 32 percent of infants are given food made of grains and 25 percent receive liquids other than breast milk.

Table 10.5 also shows that consumption of fruits and vegetables rich in vitamin A increases with the child's age. By age 8-9 months, 61 percent of breastfeeding children receive food rich in vitamin A. This proportion increases to 80 percent by the time the child is age 2-3 years.

Table 10.5 Foods consumed by children in the day or night preceding the interview
Percentage of youngest children under three years of age living with the mother who consumed specific foods in the day or night preceding the interview, by breastfeeding status and age, Philippines 2003

| Age in months | Infant formula | Other milk/ cheese/ yogurt | Other liquids ${ }^{1}$ | Food made from grains | Fruits/ vegetables ${ }^{2}$ | Food made from roots/ tubers | Food made from legumes | Meat/fish/ shellfish/ poultry/ eggs | Food made with oil/ fat/butter | Fruits and vegetables rich in vitamin $\mathrm{A}^{3}$ | Any solid or semisolid food | Number of children |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| BREASTFEEDING CHILDREN |  |  |  |  |  |  |  |  |  |  |  |  |
| <2 | 13.8 | 4.8 | 6.3 | 3.2 | 3.2 | 0.6 | 0.0 | 1.7 | 1.7 | 3.2 | 5.9 | 138 |
| 2-3 | 19.9 | 7.2 | 10.6 | 5.0 | 3.4 | 1.1 | 0.0 | 2.9 | 0.0 | 3.4 | 8.7 | 201 |
| 4-5 | 20.1 | 3.0 | 24.7 | 31.6 | 14.2 | 1.4 | 3.7 | 7.7 | 3.2 | 11.5 | 47.0 | 144 |
| 6-7 | 31.6 | 9.7 | 43.7 | 71.2 | 44.3 | 11.9 | 3.2 | 29.5 | 4.9 | 36.2 | 87.1 | 172 |
| 8-9 | 23.8 | 11.8 | 59.2 | 91.5 | 70.7 | 20.0 | 3.5 | 52.0 | 9.7 | 60.6 | 99.7 | 163 |
| 10-11 | 34.0 | 17.6 | 52.8 | 88.9 | 68.5 | 14.3 | 3.4 | 64.1 | 9.7 | 57.2 | 97.9 | 130 |
| 12-15 | 27.6 | 19.5 | 59.0 | 90.0 | 74.9 | 18.9 | 10.0 | 68.4 | 10.8 | 64.5 | 99.5 | 244 |
| 16-19 | 28.0 | 17.7 | 72.5 | 95.4 | 77.5 | 22.7 | 10.7 | 70.1 | 16.8 | 67.9 | 100.0 | 152 |
| 20-23 | 34.7 | 24.8 | 67.3 | 92.5 | 83.3 | 25.0 | 16.6 | 77.3 | 13.1 | 78.6 | 100.0 | 127 |
| 24-35 | 32.6 | 24.5 | 69.2 | 95.9 | 84.5 | 24.2 | 12.7 | 77.0 | 16.4 | 79.9 | 100.0 | 171 |
| <6 | 18.2 | 5.3 | 13.6 | 12.4 | 6.6 | 1.0 | 1.1 | 4.0 | 1.4 | 5.8 | 19.3 | 483 |
| 6-9 | 27.8 | 10.7 | 51.2 | 81.1 | 57.1 | 15.9 | 3.3 | 40.5 | 7.3 | 48.1 | 93.2 | 336 |
| NONBREASTFEEDING CHILDREN |  |  |  |  |  |  |  |  |  |  |  |  |
| 6-7 | 76.4 | 17.8 | 49.9 | 65.1 | 50.3 | 26.5 | 5.3 | 26.6 | 3.9 | 45.2 | 92.2 | 83 |
| 8-9 | 84.1 | 14.9 | 53.0 | 75.7 | 61.0 | 17.3 | 1.1 | 44.7 | 2.5 | 46.4 | 94.8 | 80 |
| 10-11 | 78.5 | 22.1 | 64.6 | 87.9 | 71.7 | 31.1 | 8.4 | 63.6 | 13.6 | 59.6 | 97.9 | 89 |
| 12-15 | 75.2 | 30.7 | 62.2 | 92.6 | 78.2 | 24.9 | 10.0 | 72.5 | 12.9 | 64.5 | 99.7 | 192 |
| 16-19 | 69.4 | 29.4 | 69.4 | 97.5 | 78.9 | 23.5 | 7.9 | 74.7 | 22.5 | 72.5 | 100.0 | 200 |
| 20-23 | 62.8 | 28.7 | 73.7 | 92.4 | 82.1 | 23.7 | 15.5 | 78.3 | 19.9 | 73.5 | 99.3 | 265 |
| 24-35 | 50.9 | 33.1 | 71.1 | 93.9 | 81.5 | 22.9 | 13.7 | 79.6 | 17.7 | 73.0 | 99.9 | 719 |
| <6 | 77.5 | 6.3 | 25.5 | 17.1 | 17.8 | 5.9 | 1.8 | 9.7 | 0.4 | 14.6 | 40.9 | 118 |
| 6-9 | 80.2 | 16.4 | 51.5 | 70.3 | 55.5 | 22.0 | 3.2 | 35.5 | 3.2 | 45.7 | 93.5 | 163 |

[^6]Table 10.6 shows the frequency of foods consumed in the 24 -hour period preceding the survey. Data in this table show that breastfeeding children under six months receive foods other than breast milk very few times. At the same age, nonbreastfeeding children receive infant formula about four times in 24 hours. Breastfeeding children age 6-9 months receive other liquids, ${ }^{1}$ cereal-type foods, and fruits and vegetables on average twice in the 24 -hour period. The frequency of foods consumed generally increases with the child's age. Older children are more likely to receive more varied food.

| Mean number of times specific foods were consumed in the day or night preceding the interview by youngest children under three years of age living with the mother, according to breastfeeding status and age, Philippines 2003 |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age in months | Infant formula | Other milk/ cheese/ yogurt | Other liquids ${ }^{1}$ | Food made from grains | Fruits/ vegetables ${ }^{2}$ | Food made from roots/ tubers | Food made from legumes | Meat/fish/ shellfish/ poultry/ eggs | Food made with oil/ fat/butter | Fruits and vegetables rich in vitamin $\mathrm{A}^{3}$ | Number of children |
| BREASTFEEDING CHILDREN |  |  |  |  |  |  |  |  |  |  |  |
| $<2$ | 0.5 | 0.2 | 0.2 | 0.1 | 0.2 | 0.0 | 0.0 | 0.0 | 0.0 | 0.2 | 138 |
| 2-3 | 0.5 | 0.2 | 0.2 | 0.1 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 | 201 |
| 4-5 | 0.6 | 0.0 | 0.6 | 0.7 | 0.4 | 0.0 | 0.0 | 0.2 | 0.0 | 0.3 | 144 |
| 6-7 | 0.9 | 0.2 | 1.1 | 1.8 | 1.1 | 0.2 | 0.0 | 0.5 | 0.1 | 0.8 | 172 |
| 8-9 | 0.8 | 0.2 | 1.8 | 2.4 | 2.0 | 0.3 | 0.0 | 1.0 | 0.2 | 1.4 | 163 |
| 10-11 | 1.0 | 0.4 | 1.4 | 2.4 | 2.1 | 0.2 | 0.0 | 1.1 | 0.1 | 1.4 | 130 |
| 12-15 | 0.7 | 0.5 | 1.5 | 2.5 | 2.4 | 0.3 | 0.1 | 1.1 | 0.1 | 1.7 | 244 |
| 16-19 | 0.7 | 0.3 | 1.9 | 2.8 | 2.7 | 0.3 | 0.1 | 1.2 | 0.3 | 2.0 | 152 |
| 20-23 | 1.2 | 0.5 | 1.9 | 2.6 | 3.1 | 0.5 | 0.2 | 1.5 | 0.2 | 2.4 | 127 |
| 24-35 | 0.8 | 0.5 | 1.8 | 2.7 | 2.7 | 0.3 | 0.1 | 1.4 | 0.2 | 2.0 | 171 |
| $<6$ | 0.5 | 0.1 | 0.3 | 0.3 | 0.2 | 0.0 | 0.0 | 0.1 | 0.0 | 0.2 | 483 |
| 6-9 | 0.9 | 0.2 | 1.5 | 2.1 | 1.6 | 0.2 | 0.0 | 0.7 | 0.1 | 1.1 | 336 |
| NONBREASTFEEDING CHILDREN |  |  |  |  |  |  |  |  |  |  |  |
| 6-7 | 3.8 | 0.6 | 1.7 | 1.6 | 1.4 | 0.4 | 0.1 | 0.4 | 0.1 | 0.9 | 83 |
| 8-9 | 3.8 | 0.4 | 1.7 | 1.9 | 1.6 | 0.3 | 0.0 | 0.7 | 0.0 | 1.0 | 80 |
| 10-11 | 3.6 | 0.6 | 1.8 | 2.4 | 2.0 | 0.4 | 0.1 | 1.1 | 0.3 | 1.4 | 89 |
| 12-15 | 3.4 | 0.9 | 1.8 | 2.8 | 2.4 | 0.3 | 0.1 | 1.4 | 0.2 | 1.5 | 192 |
| 16-19 | 2.8 | 0.9 | 2.2 | 3.1 | 2.7 | 0.3 | 0.1 | 1.3 | 0.3 | 1.9 | 200 |
| 20-23 | 2.5 | 0.9 | 2.3 | 2.7 | 2.9 | 0.3 | 0.2 | 1.6 | 0.3 | 2.0 | 265 |
| 24-35 | 1.7 | 0.8 | 2.1 | 2.9 | 2.8 | 0.3 | 0.2 | 1.5 | 0.3 | 2.0 | 719 |
| <6 | 3.7 | 0.2 | 0.9 | 0.5 | 0.4 | 0.1 | 0.0 | 0.1 | 0.0 | 0.3 | 118 |
| 6-9 | 3.8 | 0.5 | 1.7 | 1.8 | 1.5 | 0.3 | 0.0 | 0.6 | 0.0 | 0.9 | 163 |

Note: Breastfeeding status and food consumed refer to a 24 -hour period (yesterday and last night).
${ }^{1}$ Does not include plain water
${ }^{2}$ Includes fruits and vegetables rich in vitamin A
${ }^{3}$ Includes pumpkin, red or yellow yams or squash, carrots, red sweet potatoes, green leafy vegetables, mangoes, papayas, and other locally grown fruits and vegetables rich in vitamin A

### 10.5 Micronutrient Intake among Children and Women

Micronutrients help protect children from certain diseases. Micronutrient deficiency can lead to child morbidity and mortality. Poor intake of nutritious food, frequent episodes of infections, and infestation of parasites are some of the primary causes of micronutrient deficiency. Micronutrients can be obtained from fruits and vegetables or from direct supplementation. Apart from the types of food listed in Table 10.7, mothers were also asked if their children received vitamin A and iron supplementation during the six months before the survey.

[^7]Table 10.7 presents the percentage of youngest children under age three and living with the mother who consumed fruits and vegetables rich in vitamin A in the seven days preceding the survey and the percentage of children age 6-59 months who received vitamin A capsules in the six months preceding the survey, by background characteristics. The results show that more than half ( 56 percent) of these children consume fruits and vegetables rich in vitamin A and three in four receive vitamin A capsules. These percentages do not vary by the child's sex, birth order, and urban-rural residence. Infants below six months rarely get vitamin A from foods and do not receive vitamin A supplements. Breastfeeding children, children of poorest parents, and children of younger mothers are less likely to receive vitamin A from fruits and vegetables and supplements. The strongest association between vitamin A supplements received by children is with their mother's education. Eighty-five percent of children of mothers with college or higher education receive vitamin A supplements, compared with 37 percent of children of mothers with no education.

There are variations across regions in the consumption of fruits and vegetables rich in vitamin A and administration of vitamin A supplements to children. Children in ARMM are the least likely to receive vitamin A supplementation (51 percent).

Table 10.8 shows the extent of iron supplementation among children under five years. Data in Table 10.8 show that 63 percent receive iron drops or syrup. Treatment with iron generally starts at age six months, after which it is not selective of the child's age and sex. However, the likelihood of receiving such treatments is relatively low among rural children, children of mothers with less education, and children of poor parents.

Table 10.7 Micronutrient intake among children
Percentage of youngest children under age three living with the mother who consumed fruits and vegetables rich in vitamin A in the seven days preceding the survey, and percentage of children age 6-59 months who received vitamin A supplements in the six months preceding the survey, by background characteristics, Philippines 2003

| Background characteristic | Consumed fruits and vegetables rich in vitamin A | Number <br> of children | Consumed vitamin A supplements | Number of children |
| :---: | :---: | :---: | :---: | :---: |
| Age in months |  |  |  |  |
| <6 | 7.5 | 602 | na | 0 |
| 6-9 | 47.3 | 499 | 68.5 | 509 |
| 10-11 | 58.2 | 219 | 64.3 | 224 |
| 12-23 | 69.8 | 1,180 | 77.9 | 1,348 |
| 24-35 | 74.3 | 890 | 78.2 | 1,326 |
| 36-47 | na | 0 | 77.6 | 1,434 |
| 48-59 | na | 0 | 74.9 | 1,267 |
| Sex |  |  |  |  |
| Male | 54.2 | 1,743 | 76.3 | 3,088 |
| Female | 57.7 | 1,646 | 75.7 | 3,021 |
| Birth order |  |  |  |  |
| 1 | 53.1 | 894 | 76.7 | 1,690 |
| 2-3 | 57.5 | 1,339 | 77.8 | 2,380 |
| 4-5 | 55.0 | 642 | 76.4 | 1,097 |
| 6+ | 57.6 | 514 | 69.7 | 941 |
| Breastfeeding status |  |  |  |  |
| Breastfeeding | 46.3 | 1,642 | 69.8 | 1,354 |
| Not breastfeeding | 64.9 | 1,725 | 77.7 | 4,685 |
| Missing | * | 22 | 80.1 | 69 |
| Residence |  |  |  |  |
| Urban | 56.1 | 1,700 | 79.9 | 3,065 |
| Rural | 55.7 | 1,689 | 72.0 | 3,044 |
| Region |  |  |  |  |
| National Capital Region | 59.6 | 484 | 80.8 | 941 |
| Cordillera Admin Region | 56.7 | 57 | 74.9 | 104 |
| 1-locos | 50.7 | 160 | 74.6 | 269 |
| II - Cagayan Valley | 64.5 | 112 | 65.3 | 201 |
| III - Central Luzon | 59.0 | 323 | 83.2 | 612 |
| IVA - CALABARZON | 54.4 | 420 | 82.3 | 719 |
| IVB - MIMAROPA | 55.6 | 114 | 68.5 | 205 |
| $\checkmark$ - Bicol | 58.9 | 211 | 70.9 | 385 |
| VI - Western Visayas | 43.7 | 238 | 76.9 | 417 |
| VII - Central Visayas | 54.2 | 267 | 77.9 | 472 |
| VIII - Eastern Visayas | 52.5 | 171 | 76.1 | 304 |
| IX - Zamboanga Peninsula | 59.3 | 137 | 64.4 | 235 |
| X - Northern Mindanao | 59.9 | 152 | 76.7 | 265 |
| XI - Davao | 55.2 | 146 | 72.3 | 260 |
| XII - SOCCSKSARGEN | 56.5 | 155 | 79.5 | 277 |
| XIII - Caraga | 55.5 | 98 | 79.7 | 178 |
| ARMM | 55.2 | 141 | 50.5 | 265 |
| Mother's age at birth |  |  |  |  |
| <20 | 53.5 | 296 | 70.2 | 547 |
| 20-24 | 53.6 | 899 | 73.9 | 1,705 |
| 25-29 | 54.8 | 925 | 77.9 | 1,665 |
| 30-34 | 57.3 | 669 | 79.3 | 1,209 |
| 35-49 | 60.6 | 600 | 75.7 | 983 |
| Mother's education |  |  |  |  |
| No education | 46.7 | 61 | 36.9 | 108 |
| Elementary | 53.6 | 948 | 67.4 | 1,775 |
| High school | 56.6 | 1,459 | 77.7 | 2,582 |
| College or higher | 57.8 | 920 | 85.3 | 1,645 |
| Wealth index quintile |  |  |  |  |
| Lowest | 54.2 | 887 | 64.4 | 1,606 |
| Second | 55.5 | 772 | 73.3 | 1,384 |
| Middle | 53.8 | 679 | 79.5 | 1,174 |
| Fourth | 59.9 | 576 | 83.7 | 1,035 |
| Highest | 57.8 | 475 | 87.3 | 909 |
| Total | 55.9 | 3,389 | 76.0 | 6,109 |

Note: Information on vitamin A supplements is based on mother's recall. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
na $=$ Not applicable
${ }^{1}$ Includes pumpkin, red or yellow yams or squash, carrots, red sweet potatoes, green leafy vegetables, mango, papaya, and other locally grown fruits and vegetables that are rich in vitamin A

| Table 10.8 Treatment with iron |  |  |
| :---: | :---: | :---: |
| Percentage of living children under five years who received iron drops/syrup during the six months preceding the survey, according to background characteristics, Philippines 2003 |  |  |
| Background characteristic | Received iron drops/ syrup | Number of children |
| Age in months |  |  |
| 12-23 | 60.9 | 2,077 |
| 24-35 | 65.2 | 3,777 |
| 36-47 | 61.0 | 858 |
| Sex |  |  |
| Male | 64.2 | 3,403 |
| Female | 62.5 | 3,309 |
| Birth order |  |  |
| 1 | 66.6 | 1,880 |
| 2-3 | 65.2 | 2,603 |
| 4-5 | 61.9 | 1,199 |
| $6+$ | 54.3 | 1,031 |
| Residence |  |  |
| Urban | 70.4 | 3,361 |
| Rural | 56.2 | 3,351 |
| Region |  |  |
| National Capital Region | 75.2 | 1,020 |
| Cordillera Admin Region | 55.7 | 113 |
| I- Ilocos | 59.1 | 299 |
| II - Cagayan Valley | 57.9 | 220 |
| III - Central Luzon | 69.8 | 662 |
| IVA - CALABARZON | 69.4 | 796 |
| IVB - MIMAROPA | 50.9 | 225 |
| V-Bicol | 53.4 | 424 |
| VI - Western Visayas | 62.7 | 458 |
| VII - Central Visayas | 70.4 | 519 |
| VIII - Eastern Visayas | 59.3 | 341 |
| IX - Zamboanga Peninsula | 45.5 | 264 |
| X - Northern Mindanao | 64.0 | 289 |
| XI - Davao | 56.8 | 285 |
| XII - SOCCSKSARGEN | 58.2 | 312 |
| XIII - Caraga | 73.1 | 195 |
| ARMM | 39.7 | 291 |
| Mother's education |  |  |
| No education | 25.9 | 120 |
| Elementary | 50.5 | 1,944 |
| High school | 65.2 | 2,856 |
| College or higher | 76.8 | 1,793 |
| Wealth index quintile |  |  |
| Lowest | 47.3 | 1,768 |
| Second | 58.5 | 1,527 |
| Middle | 68.3 | 1,312 |
| Fourth | 74.8 | 1,127 |
| Highest | 80.1 | 979 |
| Total | 63.3 | 6,712 |

Note: Total includes one child age 48-59 months with missing information on supplements.

Mothers with a live birth in the five years preceding the survey were asked if they received iron and vitamin A supplementation in the two months after delivery. They were also asked whether during their last pregnancy they suffered from night blindness. Results in Table 10.9 show that less than half ( 45 percent) of these women received vitamin A supplements. Vitamin A supplementation varies little by the woman's characteristics, except education and region. While only 15 percent of women with no education received vitamin A supplements after giving birth, the corresponding proportion for women with college or higher education is 52 percent.

Variations across regions are also notable; while coverage of vitamin A supplementation is 50 percent or higher in NCR, Central Visayas, and SOCCSKSARGEN, it is less than 30 percent in Ilocos and ARMM.

Night blindness during pregnancy is reported by 8 percent of women; however, after adjusting for vision problems during the day, the figure drops to 2 percent. This problem has no clear pattern by the woman's characteristics. Night blindness is most often reported in CAR (4 percent) and least reported in Cagayan Valley, Zamboanga Peninsula, and SOCCSKSARGEN (less than 1 percent each).

Among women with a birth in the five years preceding the survey, 74 percent received iron supplements (Table 10.9). Two in five women took the iron supplementation for less than 60 days, and three in ten took them for 90 or more days. Coverage of iron supplementation across subgroups of women is similar to that of vitamin A supplementation.

Table 10.9 Micronutrient intake among mothers
Percentage of women with a birth in the five years preceding the survey who received a vitamin A dose in the first two months after delivery, percentage who suffered from night blindness during pregnancy, percentage who took iron tablets or syrup for specific number of days, by background characteristics, Philippines 2003

| Background characteristic | Received vitamin A dose postpartum ${ }^{1}$ | Night blindness reported | Night blindness adjusted $^{2}$ | Number of days iron tablets/syrup taken during pregnancy |  |  |  |  | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | None | <60 | 60-89 | 90+ | Don't know/ missing |  |
| Age at birth |  |  |  |  |  |  |  |  |  |
| <20 | 42.9 | 8.3 | 2.3 | 24.2 | 39.7 | 5.4 | 27.1 | 3.6 | 387 |
| 20-24 | 43.2 | 7.6 | 1.9 | 21.8 | 40.5 | 6.9 | 28.2 | 2.6 | 1,219 |
| 25-29 | 44.7 | 5.8 | 1.8 | 21.5 | 36.4 | 6.7 | 31.6 | 3.8 | 1,270 |
| 30-34 | 49.0 | 8.8 | 3.1 | 22.1 | 39.1 | 5.7 | 30.5 | 2.7 | 1,003 |
| 35-49 | 42.3 | 10.1 | 2.3 | 25.9 | 38.7 | 5.9 | 26.0 | 3.5 | 923 |
| Number of children ever born |  |  |  |  |  |  |  |  |  |
| 1 | 43.2 | 7.0 | 1.6 | 17.6 | 34.8 | 7.3 | 36.6 | 3.7 | 1,192 |
| 2-3 | 47.2 | 7.0 | 2.3 | 20.0 | 39.2 | 6.0 | 31.3 | 3.5 | 1,902 |
| 4-5 | 45.2 | 7.4 | 2.3 | 26.0 | 38.5 | 7.5 | 25.1 | 2.8 | 937 |
| 6+ | 39.9 | 12.1 | 2.8 | 33.5 | 43.6 | 4.1 | 16.6 | 2.1 | 771 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 47.3 | 6.9 | 2.1 | 19.8 | 35.5 | 6.1 | 34.2 | 4.4 | 2,447 |
| Rural | 41.9 | 9.0 | 2.4 | 25.8 | 42.0 | 6.5 | 23.7 | 2.0 | 2,355 |
| Region |  |  |  |  |  |  |  |  |  |
| National Capital Region | 55.3 | 6.1 | 1.7 | 22.9 | 34.9 | 3.8 | 30.0 | 8.3 | 724 |
| Cordillera Admin Region | 44.1 | 10.1 | 4.4 | 33.5 | 33.7 | 5.8 | 25.4 | 1.7 | 79 |
| I - Ilocos | 28.5 | 2.8 | 2.3 | 22.2 | 40.7 | 4.6 | 30.7 | 1.8 | 220 |
| II - Cagayan Valley | 43.1 | 1.9 | 0.5 | 27.3 | 29.9 | 7.1 | 35.2 | 0.5 | 169 |
| III - Central Luzon | 38.5 | 5.8 | 2.4 | 18.3 | 35.0 | 7.1 | 36.7 | 2.8 | 480 |
| IVA - CALABARZON | 46.5 | 6.3 | 3.3 | 23.1 | 33.3 | 8.1 | 33.0 | 2.5 | 595 |
| IVB - MIMAROPA | 37.7 | 12.0 | 4.0 | 25.7 | 46.2 | 9.3 | 16.9 | 1.8 | 155 |
| V-Bicol | 36.9 | 4.4 | 1.8 | 26.1 | 51.6 | 5.0 | 14.0 | 3.3 | 290 |
| VI - Western Visayas | 48.7 | 15.5 | 1.8 | 14.9 | 44.9 | 8.6 | 23.7 | 7.9 | 324 |
| VII - Central Visayas | 51.8 | 11.3 | 2.2 | 12.8 | 29.9 | 6.2 | 49.9 | 1.3 | 359 |
| VIII - Eastern Visayas | 41.1 | 12.4 | 2.2 | 26.0 | 47.5 | 7.8 | 17.2 | 1.5 | 230 |
| IX - Zamboanga Peninsula | 42.4 | 4.5 | 0.4 | 25.6 | 51.8 | 4.8 | 17.1 | 0.8 | 199 |
| X - Northern Mindanao | 40.8 | 10.5 | 2.5 | 19.0 | 41.5 | 6.5 | 31.8 | 1.3 | 219 |
| XI - Davao | 48.8 | 9.1 | 2.7 | 19.0 | 50.3 | 5.6 | 23.3 | 1.8 | 216 |
| XII - SOCCSKSARGEN | 51.4 | 9.2 | 0.7 | 23.1 | 38.8 | 6.3 | 30.7 | 1.2 | 223 |
| XIII - Caraga | 49.0 | 13.0 | 3.6 | 11.2 | 35.6 | 7.6 | 44.7 | 0.9 | 135 |
| ARMM | 25.4 | 6.8 | 2.4 | 59.8 | 28.3 | 4.7 | 6.9 | 0.4 | 184 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 14.7 | 8.3 | 1.5 | 69.6 | 20.1 | 0.0 | 7.4 | 2.9 | 80 |
| Elementary | 37.7 | 10.7 | 3.4 | 32.4 | 42.5 | 6.5 | 16.8 | 1.8 | 1,349 |
| High school | 45.9 | 7.2 | 1.9 | 21.4 | 41.2 | 6.0 | 28.3 | 3.1 | 2,037 |
| College or higher | 51.5 | 6.1 | 1.6 | 12.2 | 32.2 | 7.0 | 43.9 | 4.7 | 1,337 |
| Wealth index quintile |  |  |  |  |  |  |  |  |  |
| Lowest | 37.4 | 10.9 | 2.1 | 35.0 | 42.1 | 5.3 | 15.1 | 2.4 | 1,162 |
| Second | 42.5 | 8.5 | 2.6 | 24.4 | 44.9 | 6.8 | 21.6 | 2.3 | 1,065 |
| Middle | 45.9 | 7.6 | 3.2 | 18.9 | 42.6 | 6.0 | 29.5 | 3.0 | 944 |
| Fourth | 47.0 | 6.4 | 1.4 | 17.4 | 31.2 | 8.0 | 39.4 | 3.9 | 863 |
| Highest | 54.2 | 4.6 | 1.5 | 12.7 | 28.5 | 5.4 | 48.2 | 5.1 | 768 |
| Total | 44.6 | 7.9 | 2.2 | 22.8 | 38.7 | 6.3 | 29.1 | 3.2 | 4,802 |

[^8]
## HIV/AIDS AND OTHER SEXUALLY TRANSMITTED INFECTIONS

The first AIDS case was recorded in the Philippines in 1984 following the death of a foreign national from AIDS-related pneumonia. In 1986, HIV/AIDS was classified as a notifiable disease. In 1987, the HIV/AIDS Registry was institutionalized in the Department of Health. This is a passive surveillance system established in 1987 which continuously logs Western Blot-confirmed HIV cases reported by hospitals, laboratories, blood banks and clinics, analyzes the case profiles and monitors the progression of the disease. In 1993, the National HIV/AIDS Sentinel Surveillance System (NHSSS) was established in the Department of Health with funding from the United States Agency for International Development (USAID) through the AIDS Surveillance and Education Project (ASEP). Technical assistance was received from the World Health Organization (WHO). The NHSSS has two components, the Serologic Surveillance System and the Behavioral Surveillance System. The NHSSS objectives include detecting increases in HIV seroprevalence, identifying risk practices, and helping policy-makers to arrive at informed decisions. Both the serologic and behavioral surveillance target the high risk groups: sex workers, men having sex with men, and injecting drug users.

In 2003, the Sentinel Sexually Transmitted Infections (STI) Etiologic Surveillance System was established in 11 sites to monitor seven sexually transmitted diseases: gonorrhea, non-gonococcal infection, trichomoniasis, bacterial vaginosis, syphilis, genital warts, and genital herpes.

This chapter presents findings about current levels of knowledge on AIDS-related issues, such as transmission and prevention, stigma, and discrimination against people with HIV/AIDS. Knowledge of and experience with other sexually transmitted infections that may be cofactors in HIV transmission are also discussed. The chapter concludes by providing information on knowledge of and access to condoms.

### 11.1 KNOWLEDGE OF HIV/AIDS

Table 11.1 shows the percentage of women and men who have heard of AIDS and who believe there is a way to avoid HIV or AIDS, by background characteristics. The vast majority of the 2003 NDHS respondents have heard of AIDS (95-96 percent).

In general, there are only small differences in the level of knowledge of HIV/AIDS between women and men (Figure 11.1). Knowledge also varies little by respondent's age, marital status, and residence (urban-rural). However, there are substantial differences by respondent's region, education, and wealth status. The most striking difference is by the level of education: while practically all women and men with college or higher education reported having heard of HIV/AIDS, the corresponding proportion for those with no education is only 56 percent for women and 60 percent for men. Respondents in the lowest (poorest) wealth quintile are much less likely than those in the higher quintiles to have heard of HIV/AIDS. For women, 85 percent of women in the lowest quintile reported having heard of HIV/AIDS compared with 95 percent or higher of women in the second and higher quintiles.

In all regions but ARMM, and among men in MIMAROPA, 90 percent or more of women and men have heard of HIV/AIDS. In ARMM, only 75 percent of women and 51 percent of men responded positively to the question on knowledge of HIV/AIDS.

| Table 11.1 Knowledge of AIDS |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women and men who have heard of AIDS and who believe there is a way to avoid HIV/AIDS, by background characteristics, Philippines 2003 |  |  |  |  |  |  |
|  | Women |  |  | Men |  |  |
| Background characteristic | Has heard of AIDS | Believes there is a way to avoid HIV/AIDS | Number of women | Has heard of AIDS | Believes there is a way to avoid HIV/AIDS | Number of men |
| Age |  |  |  |  |  |  |
| 15-19 | 93.1 | 83.6 | 2,648 | 93.3 | 84.7 | 918 |
| 20-24 | 95.3 | 90.0 | 2,209 | 96.4 | 90.9 | 785 |
| 25-29 | 95.6 | 90.5 | 2,034 | 96.6 | 91.9 | 647 |
| 30-39 | 96.5 | 90.0 | 3,827 | 96.3 | 91.0 | 1,179 |
| 40-49 | 95.1 | 87.3 | 2,915 | 96.0 | 88.6 | 899 |
| 50-54 | na | na | 0 | 95.2 | 88.6 | 338 |
| Marital status |  |  |  |  |  |  |
| Never married, ever had sex | 92.8 | 86.7 | 225 | 97.2 | 91.6 | 626 |
| Never married, never had sex | 94.9 | 87.7 | 4,163 | 93.8 | 85.5 | 1,288 |
| Married/living together | 95.5 | 88.7 | 8,671 | 96.0 | 90.6 | 2,746 |
| Divorced/not living together | 95.0 | 89.5 | 373 | 100.0 | 87.3 | 88 |
| Widowed | 91.4 | 80.5 | 201 | * | * | 17 |
| Residence |  |  |  |  |  |  |
| Urban | 96.6 | 90.8 | 7,877 | 96.9 | 92.7 | 2,553 |
| Rural | 93.3 | 84.8 | 5,756 | 94.2 | 85.4 | 2,213 |
| Region |  |  |  |  |  |  |
| National Capital Region | 95.9 | 91.1 | 2,387 | 98.3 | 93.0 | 740 |
| Cordillera Admin Region | 90.4 | 77.2 | 216 | 93.2 | 84.3 | 72 |
| I - Ilocos | 95.0 | 87.3 | 642 | 97.9 | 89.2 | 232 |
| II - Cagayan Valley | 96.5 | 92.0 | 426 | 96.1 | 81.6 | 163 |
| III - Central Luzon | 97.3 | 91.0 | 1,459 | 97.1 | 93.1 | 520 |
| IVA - CALABARZON | 97.8 | 93.4 | 1,890 | 99.0 | 95.7 | 652 |
| IVB - MIMAROPA | 91.5 | 83.7 | 340 | 86.5 | 77.4 | 119 |
| V-Bicol | 95.6 | 86.0 | 713 | 96.8 | 85.5 | 236 |
| VI - Western Visayas | 96.9 | 87.2 | 910 | 97.8 | 87.7 | 322 |
| VII - Central Visayas | 95.6 | 85.1 | 1,070 | 96.0 | 90.5 | 373 |
| VIII - Eastern Visayas | 96.4 | 91.3 | 555 | 97.4 | 93.2 | 229 |
| IX - Zamboanga Peninsula | 91.3 | 84.2 | 465 | 95.9 | 90.0 | 189 |
| X - Northern Mindanao | 95.9 | 83.8 | 565 | 98.2 | 88.8 | 202 |
| XI - Davao | 97.6 | 90.5 | 654 | 98.1 | 92.4 | 212 |
| XII - SOCCSKSARGEN | 91.7 | 83.4 | 524 | 96.5 | 86.8 | 216 |
| XIII - Caraga | 98.2 | 95.6 | 327 | 99.0 | 97.0 | 125 |
| ARMM | 75.0 | 67.3 | 489 | 51.4 | 46.7 | 166 |
| Education |  |  |  |  |  |  |
| No education | 56.3 | 41.3 | 186 | 60.0 | 47.8 | 84 |
| Elementary | 88.9 | 75.6 | 3,146 | 92.5 | 80.8 | 1,441 |
| High school | 96.7 | 89.8 | 6,109 | 97.3 | 92.3 | 2,048 |
| College or higher | 99.4 | 97.6 | 4,192 | 99.1 | 97.3 | 1,193 |
| Wealth index quintile |  |  |  |  |  |  |
| Lowest | 84.5 | 71.6 | 2,161 | 85.4 | 75.0 | 884 |
| Second | 94.5 | 86.0 | 2,412 | 97.0 | 89.0 | 937 |
| Middle | 98.0 | 91.3 | 2,682 | 98.2 | 91.7 | 992 |
| Fourth | 97.8 | 93.2 | 2,940 | 97.8 | 93.4 | 957 |
| Highest | 98.0 | 93.8 | 3,438 | 98.9 | 95.7 | 996 |
| Total | 95.2 | 88.3 | 13,633 | 95.6 | 89.3 | 4,766 |
| Note: An asterisk indicates that an estimate is based on fewer than 25 cases and has been suppressed. na $=$ Not applicable |  |  |  |  |  |  |

The second indicator for HIV/AIDS knowledge presented in Table 11.1 refers to the belief about ways to avoid getting HIV/AIDS. Findings show that, overall, 88 percent of women and 89 percent of men say that HIV infection can be avoided. In general, the patterns for this indicator are similar to those for general knowledge and awareness of AIDS. Differences in the belief that there is a way to avoid HIV/AIDS are more pronounced by the respondent's level of education. For example, 98 percent of women with college or higher education believe that there is a way to avoid getting the AIDS virus, compared with 41 percent of women with no education.

Figure 11.1 Percentage of Men and Women Who Have Heard of AIDS and Who Believe There Is a Way to Avoid HIV/AIDS

$\square$ Women $\square$ Men
NDHS 2003

### 11.2 Knowledge of Ways to Avoid HIV/AIDS

In the 2003 NDHS, information on knowledge of ways to avoid HIV infection was collected in two ways: first, if a respondent reported that AIDS could be avoided, an open-ended question was asked about how "a person could avoid getting the AIDS virus." Respondents were allowed to give all the ways to avoid HIV/AIDS that they knew of spontaneously. Next, women and men were asked specific questions on whether limiting their sexual activity to just one partner and (in a separate question) condom use can reduce their chances of getting AIDS.

Table 11.2 presents the results of the prompted questions, that people can reduce the risk of getting the AIDS virus by using condoms or by having sex with just one uninfected partner who has no other partners, by background characteristics.

Knowledge of HIV prevention methods is moderate; 48 percent of women and 62 percent of men know that condom use is a prevention method. Knowledge that limiting sex to only one uninfected partner can reduce the risk of getting HIV is higher (77 percent for women and men). Forty-five percent of women and 56 percent of men know of both preventive measures.

| Table 11.2 Knowledge of HIV prevention methods |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women and men age 15-49 who, in response to a prompted question, say that people can reduce the risk of getting the AIDS virus by using condoms and by having sex with just one partner who is not infected and who has no other partners, by background characteristics, Philippines 2003 |  |  |  |  |  |  |  |  |
|  | Women |  |  |  | Men |  |  |  |
| Background characteristic | Using condoms | Limiting sex to one uninfected partner | Using condoms and limiting sex to one uninfected partner | Number of women | Using condoms | Limiting sex to one uninfected partner | Using condoms and limiting sex to one uninfected partner | Number of men |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 40.8 | 67.9 | 36.3 | 2,648 | 55.7 | 67.4 | 47.7 | 918 |
| 20-24 | 47.5 | 78.0 | 43.2 | 2,209 | 63.4 | 76.9 | 56.5 | 785 |
| 25-29 | 50.3 | 80.1 | 46.5 | 2,034 | 64.9 | 80.3 | 59.9 | 647 |
| 30-39 | 52.3 | 81.4 | 49.1 | 3,827 | 66.3 | 80.9 | 60.6 | 1,179 |
| 40-49 | 49.8 | 78.4 | 46.3 | 2,915 | 61.3 | 79.4 | 56.2 | 899 |
| 15-24 | 43.8 | 72.5 | 39.4 | 4,856 | 59.3 | 71.8 | 51.7 | 1,702 |
| Marital status |  |  |  |  |  |  |  |  |
| Never married | 44.7 | 73.1 | 40.2 | 4,388 | 60.5 | 71.7 | 52.9 | 1,899 |
| Ever had sex | 49.1 | 75.0 | 46.2 | 225 | 69.1 | 75.0 | 59.3 | 619 |
| Never had sex | 44.5 | 73.0 | 39.9 | 4,163 | 56.4 | 70.2 | 49.8 | 1,280 |
| Married/living together | 50.3 | 79.6 | 46.9 | 8,671 | 63.6 | 81.1 | 58.4 | 2,440 |
| Divorced/separated/widowed | 48.7 | 77.3 | 45.3 | 574 | 69.6 | 77.2 | 64.0 | 88 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 49.7 | 79.3 | 45.7 | 7,877 | 64.4 | 78.8 | 57.1 | 2,376 |
| Rural | 46.7 | 74.8 | 43.3 | 5,756 | 60.0 | 74.9 | 55.1 | 2,052 |
| Region |  |  |  |  |  |  |  |  |
| National Capital Region | 45.8 | 80.4 | 42.4 | 2,387 | 54.5 | 75.7 | 45.8 | 699 |
| Cordillera Admin Region | 49.7 | 72.0 | 46.8 | 216 | 64.6 | 79.8 | 61.4 | 66 |
| I - Ilocos | 55.4 | 75.8 | 51.3 | 642 | 71.7 | 83.1 | 68.0 | 213 |
| II - Cagayan Valley | 50.2 | 87.2 | 47.2 | 426 | 48.8 | 73.2 | 45.3 | 147 |
| III - Central Luzon | 58.7 | 81.5 | 54.0 | 1,459 | 68.2 | 84.6 | 63.9 | 481 |
| IVA - CALABARZON | 47.0 | 79.9 | 42.3 | 1,890 | 68.4 | 75.8 | 56.4 | 608 |
| IVB - MIMAROPA | 43.8 | 71.1 | 38.4 | 340 | 50.0 | 58.9 | 40.2 | 108 |
| V-Bicol | 48.2 | 76.9 | 45.4 | 713 | 74.1 | 75.1 | 67.0 | 220 |
| VI - Western Visayas | 41.5 | 75.8 | 37.7 | 910 | 56.4 | 77.7 | 52.6 | 295 |
| VII - Central Visayas | 50.5 | 70.7 | 45.9 | 1,070 | 65.9 | 76.5 | 58.2 | 354 |
| VIII - Eastern Visayas | 43.3 | 76.6 | 40.0 | 555 | 64.4 | 84.2 | 61.1 | 208 |
| IX - Zamboanga Peninsula | 47.5 | 72.7 | 44.9 | 465 | 80.3 | 87.1 | 77.8 | 174 |
| X - Northern Mindanao | 47.9 | 72.9 | 43.3 | 565 | 62.3 | 75.0 | 58.0 | 187 |
| XI - Davao | 61.2 | 82.4 | 57.8 | 654 | 69.6 | 80.7 | 64.9 | 191 |
| XII - SOCCSKSARGEN | 38.2 | 74.4 | 35.9 | 524 | 43.4 | 73.5 | 38.8 | 204 |
| XIII - Caraga | 58.3 | 85.8 | 56.2 | 327 | 67.3 | 86.9 | 64.2 | 113 |
| ARMM | 31.4 | 61.3 | 29.8 | 489 | 41.3 | 47.4 | 41.3 | 159 |
| Education |  |  |  |  |  |  |  |  |
| No education | 15.4 | 30.9 | 13.2 | 186 | 24.0 | 36.6 | 21.9 | 74 |
| Elementary | 40.1 | 65.2 | 36.8 | 3,146 | 52.2 | 69.1 | 47.6 | 1,273 |
| High school | 47.6 | 77.8 | 43.5 | 6,109 | 65.1 | 79.2 | 58.3 | 1,957 |
| College or higher | 57.3 | 88.0 | 53.7 | 4,192 | 71.6 | 84.7 | 64.4 | 1,124 |
| Wealth index quintile |  |  |  |  |  |  |  |  |
| Lowest | 36.1 | 61.0 | 32.9 | 2,161 | 50.9 | 64.6 | 46.4 | 825 |
| Second | 45.7 | 75.2 | 42.2 | 2,412 | 61.2 | 79.2 | 56.6 | 876 |
| Middle | 50.7 | 79.5 | 45.9 | 2,682 | 62.1 | 77.4 | 55.0 | 918 |
| Fourth | 52.6 | 81.9 | 48.8 | 2,940 | 68.1 | 79.7 | 61.2 | 894 |
| Highest | 52.8 | 83.8 | 49.4 | 3,438 | 68.5 | 83.0 | 60.9 | 915 |
| Total | 48.4 | 77.4 | 44.7 | 13,633 | 62.4 | 77.0 | 56.2 | 4,428 |
| Total men 15-54 | na | na | na | na | 62.4 | 77.2 | 56.4 | 4,766 |
| na $=$ Not applicable |  |  |  |  |  |  |  |  |

Knowledge of HIV prevention is higher among urban respondents, better educated, and respondents in higher wealth quintiles. Regional variations in the use of condoms for HIV prevention range from 31 percent in ARMM to 61 percent in Davao among women, and from 41 percent in ARMM to 80 percent in Zamboanga Peninsula among men. For both women and men, knowledge of HIV prevention rises with age until age 39.

Figure 11.2 Percentage of Men and Women Who Know of Two Specific Ways to Avoid HIV/AIDS


### 11.3 Beliefs about AIDS

Misconceptions about AIDS and HIV transmission is one of the factors that contributes to discrimination and stigmatisation. The 2003 NDHS asked respondents about common misconceptions in the Philippines. Respondents were asked whether AIDS can be transmitted by mosquito bites; whether AIDS can be transmitted by supernatural means; and whether a person can be infected through sharing food with a person who has AIDS. The results are presented in Tables 11.3.1 for women and 11.3.2 for men, by background characteristics.

Six in ten women and men know that AIDS cannot be transmitted through mosquito bites. A higher percentage believes AIDS cannot be transmitted by supernatural means (four in five women and men). However, smaller proportions of women and men (53 and 44 percent, respectively) know that a person cannot become infected with HIV/AIDS by sharing food with someone who has AIDS. Only 36 percent of women and 30 percent of men correctly rejected the two most common misconceptions about AIDS (i.e., that AIDS is transmitted by mosquito bites and by sharing food with a person who has AIDS). These figures demonstrate that misconceptions about AIDS transmission remain high in the Philippines.

Among men, urban residents are less likely to have misconceptions about HIV/AIDS transmission than rural residents; however, the proportions among women are almost the same. Regional variations are notable, with correct beliefs regarding the two most common misconceptions ranging among women from 9 percent in Central Luzon to 73 percent in Cagayan Valley, and among men from 2 percent in ARMM to 47 percent in NCR. Better educated respondents and those in the higher wealth quintiles are more likely to have correct beliefs than other respondents.

## Table 11.3.1 Beliefs about AIDS: women

Percentage of women age 15-49 who, in response to a prompted question, correctly rejected local misconceptions about AIDS transmission or prevention, by background characteristics, Philippines 2003

| Background characteristic | Percentage of respondents who know that: |  |  | Percentage who correctly rejected the two most common misconceptions | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | AIDS cannot be transmitted by mosquito bites | AIDS cannot be transmitted by supernatural means | A person cannot become infected by sharing food with person with AIDS |  |  |
| Age |  |  |  |  |  |
| 15-19 | 58.1 | 75.4 | 45.6 | 33.7 | 2,648 |
| 20-24 | 62.2 | 83.0 | 56.8 | 36.8 | 2,209 |
| 25-29 | 62.6 | 84.0 | 57.6 | 39.6 | 2,034 |
| 30-39 | 59.3 | 81.1 | 55.8 | 37.6 | 3,827 |
| 40-49 | 58.5 | 76.3 | 51.6 | 33.3 | 2,915 |
| 15-24 | 60.0 | 78.8 | 50.7 | 35.1 | 4,856 |
| Marital status |  |  |  |  |  |
| Never married | 62.5 | 81.0 | 53.5 | 36.8 | 4,388 |
| Ever had sex | 64.1 | 81.7 | 55.4 | 48.2 | 225 |
| Never had sex | 62.4 | 80.9 | 53.4 | 36.2 | 4,163 |
| Married/living together | 58.6 | 79.2 | 53.2 | 35.8 | 8,671 |
| Divorced/separated/widowed | 59.1 | 77.5 | 53.4 | 34.1 | 574 |
| Residence |  |  |  |  |  |
| Urban | 63.8 | 84.1 | 59.0 | 35.7 | 7,877 |
| Rural | 54.5 | 73.6 | 45.6 | 36.6 | 5,756 |
| Region |  |  |  |  |  |
| National Capital Region | 68.9 | 86.3 | 65.6 | 43.5 | 2,387 |
| Cordillera Admin Region | 58.3 | 70.6 | 53.3 | 49.7 | 216 |
| I - Ilocos | 51.0 | 71.6 | 38.0 | 38.1 | 642 |
| II - Cagayan Valley | 77.5 | 88.9 | 60.0 | 73.4 | 426 |
| III - Central Luzon | 61.9 | 85.5 | 61.8 | 9.0 | 1,459 |
| IVA - CALABARZON | 64.3 | 87.4 | 62.2 | 10.1 | 1,890 |
| IVB - MIMAROPA | 53.2 | 73.4 | 44.2 | 13.6 | 340 |
| V-Bicol | 47.6 | 66.9 | 35.1 | 32.5 | 713 |
| VI - Western Visayas | 42.3 | 66.2 | 44.2 | 34.5 | 910 |
| VII - Central Visayas | 55.6 | 77.8 | 43.4 | 51.3 | 1,070 |
| VIII - Eastern Visayas | 62.4 | 79.8 | 60.7 | 53.8 | 555 |
| IX - Zamboanga Peninsula | 71.3 | 83.5 | 61.1 | 69.2 | 465 |
| X - Northern Mindanao | 50.0 | 72.2 | 40.1 | 43.7 | 565 |
| XI - Davao | 56.8 | 81.2 | 53.0 | 51.1 | 654 |
| XII - SOCCSKSARGEN | 61.1 | 77.6 | 46.4 | 45.2 | 524 |
| XIII - Caraga | 66.7 | 89.8 | 56.5 | 58.9 | 327 |
| ARMM | 49.5 | 58.0 | 25.3 | 25.2 | 489 |
| Education |  |  |  |  |  |
| No education | 20.7 | 32.3 | 17.8 | 11.6 | 186 |
| Elementary | 46.1 | 62.4 | 36.6 | 28.7 | 3,146 |
| High school | 60.4 | 80.8 | 51.7 | 35.7 | 6,109 |
| College or higher | 71.1 | 93.2 | 69.9 | 43.3 | 4,192 |
| Wealth index quintile |  |  |  |  |  |
| Lowest | 44.2 | 59.3 | 33.3 | 31.8 | 2,161 |
| Second | 55.5 | 73.2 | 44.5 | 36.8 | 2,412 |
| Middle | 60.6 | 82.5 | 53.3 | 35.8 | 2,682 |
| Fourth | 64.4 | 86.3 | 59.3 | 36.9 | 2,940 |
| Highest | 68.3 | 89.2 | 67.1 | 37.8 | 3,438 |
| Total | 59.9 | 79.7 | 53.3 | 36.1 | 13,633 |

${ }^{1}$ The two most common local misconceptions involve transmission by mosquito bites and by sharing food with a person who has AIDS (both country specific).

Table 11.3.2 Beliefs about AIDS: men
Percentage of men age 15-49 who, in response to a prompted question, correctly rejected local misconceptions about AIDS transmission or prevention, by background characteristics, Philippines 2003

| Background characteristic | Percentage of respondents who know that: |  |  | Percentage who correctly rejected the two most common misconceptions | Number ofmen |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | AIDS cannot be transmitted by mosquito bites | AIDS cannot be transmitted by supernatural means | A person cannot become infected by sharing food with a person with AIDS |  |  |
| Age |  |  |  |  |  |
| 15-19 | 55.3 | 76.2 | 39.8 | 26.0 | 918 |
| 20-24 | 60.9 | 84.4 | 46.2 | 31.5 | 785 |
| 25-29 | 62.1 | 85.7 | 47.5 | 34.0 | 647 |
| 30-39 | 56.0 | 81.2 | 45.6 | 30.0 | 1,179 |
| 40-49 | 56.8 | 78.9 | 44.1 | 29.9 | 899 |
| 15-24 | 57.9 | 80.0 | 42.8 | 28.5 | 1,702 |
| Marital status |  |  |  |  |  |
| Never married | 58.5 | 80.2 | 44.9 | 30.4 | 1,899 |
| Ever had sex | 59.1 | 85.0 | 49.8 | 31.1 | 619 |
| Never had sex | 58.2 | 78.0 | 42.6 | 30.1 | 1,280 |
| Married/living together | 57.4 | 81.5 | 44.3 | 29.8 | 2,440 |
| Divorced/separated/widowed | 52.8 | 79.6 | 42.2 | 25.8 | 88 |
| Residence |  |  |  |  |  |
| Urban | 62.4 | 86.7 | 52.1 | 35.2 | 2,376 |
| Rural | 52.4 | 74.3 | 35.7 | 24.0 | 2,052 |
| Region |  |  |  |  |  |
| National Capital Region | 68.9 | 88.4 | 62.8 | 47.3 | 699 |
| Cordillera Admin Region | 57.3 | 79.9 | 47.4 | 30.9 | 66 |
| I - Ilocos | 51.9 | 75.5 | 36.1 | 24.2 | 213 |
| II - Cagayan Valley | 63.5 | 76.5 | 41.7 | 34.1 | 147 |
| III - Central Luzon | 69.0 | 86.4 | 60.2 | 44.5 | 481 |
| IVA - CALABARZON | 50.6 | 90.5 | 52.4 | 27.7 | 608 |
| IVB - MIMAROPA | 36.7 | 63.0 | 31.0 | 12.8 | 108 |
| $V$ - Bicol | 42.4 | 68.8 | 31.1 | 20.4 | 220 |
| VI - Western Visayas | 38.8 | 70.5 | 25.9 | 15.4 | 295 |
| VII - Central Visayas | 65.7 | 82.3 | 38.1 | 28.9 | 354 |
| VIII - Eastern Visayas | 51.3 | 82.8 | 55.7 | 35.0 | 208 |
| IX - Zamboanga Peninsula | 72.7 | 85.2 | 23.3 | 19.3 | 174 |
| X - Northern Mindanao | 49.3 | 67.0 | 33.1 | 18.8 | 187 |
| XI - Davao | 54.4 | 85.0 | 41.9 | 22.4 | 191 |
| XII - SOCCSKSARGEN | 66.0 | 81.5 | 39.2 | 27.3 | 204 |
| XIII - Caraga | 70.4 | 91.9 | 49.5 | 38.4 | 113 |
| ARMM | 45.2 | 47.0 | 3.5 | 1.7 | 159 |
| Education |  |  |  |  |  |
| No education | 28.8 | 27.3 | 6.6 | 4.8 | 74 |
| Elementary | 46.6 | 65.6 | 31.2 | 20.1 | 1,273 |
| High school | 58.9 | 85.1 | 43.5 | 28.7 | 1,957 |
| College or higher | 70.3 | 94.4 | 63.8 | 45.3 | 1,124 |
| Wealth index quintile |  |  |  |  |  |
| Lowest | 43.2 | 61.9 | 24.9 | 15.0 | 825 |
| Second | 56.5 | 78.1 | 36.3 | 25.5 | 876 |
| Middle | 58.5 | 82.2 | 47.6 | 30.5 | 918 |
| Fourth | 62.3 | 88.5 | 51.1 | 34.9 | 894 |
| Highest | 66.9 | 92.0 | 60.4 | 42.6 | 915 |
| Total | 57.8 | 80.9 | 44.5 | 30.0 | 4,428 |
| Total men 15-54 | 57.2 | 80.6 | 44.2 | 29.6 | 4,766 |

${ }^{1}$ The two most common local misconceptions involve transmission by mosquito bites and by sharing food with a person who has AIDS (both country specific).

Figure 11.3 Beliefs about AIDS


### 11.4 Stigma and Discrimination Associated with HIV/AIDS

In the 2003 NDHS, questions were asked to evaluate the level of stigma attached to AIDS and to persons living with HIV and AIDS. First, respondents were asked "If a member of your family got infected with the virus that causes AIDS, would you want it to remain a secret?" Tables 11.4.1 and 11.4.2 show that 76 percent of women and 79 percent of men feel that HIV-positive status should not necessarily be kept confidential. While 89 percent of women in MIMAROPA believe that the HIV-positive status of individuals does not have to be kept a secret, 64-67 percent of women in Western Visayas and CAR shared this sentiment. Men show larger disparities; the proportions range between 87 percent in Central Luzon and MIMAROPA and 55 percent in Western Visayas.

The 2003 NDHS respondents were also asked, "If a relative of yours became sick with AIDS would you be willing to care for her or him in your own household?" Thirty-four percent of women and 29 percent of men said they would be willing to care for a relative with AIDS at their home. The younger respondents, among both men and women, are more likely than older respondents to be willing to care for a family member with AIDS. Willingness to care for an HIV positive relative at home varied little across education or wealth categories. Women in CAR are the most likely ( 53 percent) to express their willingness to care for a family member who has AIDS, while women in ARMM are the least likely (10 percent). Among men, those in Ilocos and CAR are most likely to take care of a relative sick with AIDS (both 52 percent).

Another question was asked to the 2003 NDHS respondents to measure stigma against persons with AIDS. Respondents were asked "If a female teacher has the AIDS virus, should she be allowed to continue teaching in the school?" The response to this question can be used to assess whether there is a discrimination against persons with AIDS in the workplace. Only a small proportion of respondents (14 percent of women and 11 percent of men) said they believe that an HIV-infected female teacher should be allowed to continue teaching. The attitude is only slightly more positive among younger women and men, those living in urban areas, better educated women and men, and those in higher wealth quintiles.

| Table 11.4.1 Accepting attitudes toward those living with HIV: women |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Among women age 15-49 who have heard about AIDS, percentage who expressed accepting attitudes toward people with HIV, by background characteristics, Philippines 2003 |  |  |  |  |
|  | Percentage of respondents who: |  |  | Number of women who have heard of HIV/AIDS |
| Background characteristic | Are willing to care for family member with HIV at home | Believe HIVpositive teacher should be allowed to teach | Believe HIVpositive status of family member does not need to remain secret |  |
| Age |  |  |  |  |
| 15-19 | 38.4 | 15.4 | 73.0 | 2,466 |
| 20-24 | 36.8 | 16.5 | 74.1 | 2,106 |
| 25-29 | 32.0 | 15.5 | 76.0 | 1,945 |
| 30-39 | 31.1 | 12.6 | 78.9 | 3,692 |
| 40-49 | 31.2 | 12.3 | 78.2 | 2,771 |
| 15-24 | 37.6 | 15.9 | 73.5 | 4,571 |
| Marital status |  |  |  |  |
| Never married | 38.0 | 16.6 | 74.2 | 4,160 |
| Ever had sex | 36.6 | 15.6 | 78.1 | 208 |
| Never had sex | 38.0 | 16.7 | 74.0 | 3,952 |
| Married/living together | 31.5 | 12.9 | 77.4 | 8,282 |
| Divorced/separated/widowed | 31.7 | 14.4 | 77.9 | 538 |
| Residence |  |  |  |  |
| Urban | 34.5 | 16.9 | 75.7 | 7,609 |
| Rural | 32.3 | 10.2 | 77.4 | 5,370 |
| Region |  |  |  |  |
| National Capital Region | 33.4 | 19.7 | 76.5 | 2,288 |
| Cordillera Admin Region | 53.2 | 19.2 | 66.7 | 195 |
| I - Ilocos | 32.8 | 15.3 | 74.9 | 610 |
| II - Cagayan Valley | 19.2 | 9.7 | 87.1 | 411 |
| III - Central Luzon | 26.5 | 14.4 | 79.5 | 1,419 |
| IVA - CALABARZON | 37.6 | 18.6 | 73.6 | 1,849 |
| IVB - MIMAROPA | 26.4 | 12.7 | 88.9 | 311 |
| V - Bicol | 28.9 | 15.7 | 70.1 | 682 |
| VI - Western Visayas | 36.8 | 11.1 | 64.2 | 882 |
| VII - Central Visayas | 30.9 | 6.7 | 82.0 | 1,023 |
| VIII - Eastern Visayas | 35.5 | 17.0 | 80.4 | 535 |
| IX - Zamboanga Peninsula | 42.6 | 8.3 | 71.7 | 425 |
| X - Northern Mindanao | 41.8 | 10.5 | 83.1 | 542 |
| XI - Davao | 49.8 | 12.6 | 75.7 | 638 |
| XII - SOCCSKSARGEN | 30.2 | 10.4 | 79.3 | 481 |
| XIII - Caraga | 37.7 | 8.1 | 81.7 | 321 |
| ARMM | 10.0 | 4.2 | 71.5 | 367 |
| Education |  |  |  |  |
| No education | 28.0 | 8.8 | 72.4 | 105 |
| Elementary | 30.1 | 7.3 | 76.6 | 2,798 |
| High school | 33.6 | 12.8 | 77.2 | 5,908 |
| College or higher | 35.9 | 20.9 | 75.2 | 4,168 |
| Wealth index quintile |  |  |  |  |
| Lowest | 32.4 | 7.1 | 73.9 | 1,826 |
| Second | 30.5 | 9.0 | 78.8 | 2,280 |
| Middle | 31.4 | 13.2 | 79.0 | 2,627 |
| Fourth | 33.8 | 15.0 | 76.7 | 2,876 |
| Highest | 37.7 | 21.5 | 73.9 | 3,371 |
| Total | 33.6 | 14.2 | 76.4 | 12,980 |

## Table 11.4.2 Accepting attitudes toward those living with HIV: men

Among men age 15-49 who have heard about AIDS, percentage who expressed accepting attitudes toward people with HIV, by background characteristics, Philippines 2003

| Background characteristic | Percentage of respondents who: |  |  | Number of men who have heard of HIV/AIDS |
| :---: | :---: | :---: | :---: | :---: |
|  | Are willing to care for family member with HIV at home | Believe HIVpositive teacher should be allowed to teach | Believe HIVpositive status of family member does not need to remain secret |  |
| Age |  |  |  |  |
| 15-19 | 36.2 | 14.9 | 72.5 | 857 |
| 20-24 | 31.6 | 14.0 | 77.5 | 756 |
| 25-29 | 29.2 | 10.8 | 78.8 | 625 |
| 30-39 | 27.0 | 9.7 | 80.9 | 1,136 |
| 40-49 | 24.1 | 6.3 | 84.3 | 863 |
| 15-24 | 34.0 | 14.5 | 74.8 | 1,613 |
| Marital status |  |  |  |  |
| Never married | 34.1 | 14.1 | 74.7 | 1,803 |
| Ever had sex | 35.0 | 16.8 | 75.2 | 603 |
| Never had sex | 33.6 | 12.7 | 74.5 | 1,200 |
| Married/living together | 25.9 | 8.6 | 82.4 | 2,346 |
| Divorced/separated/widowed | 26.1 | 9.8 | 73.8 | 87 |
| Residence |  |  |  |  |
| Urban | 28.5 | 13.3 | 78.4 | 2,303 |
| Rural | 30.4 | 8.2 | 79.7 | 1,934 |
| Region |  |  |  |  |
| National Capital Region | 25.0 | 16.0 | 82.3 | 688 |
| Cordillera Admin Region | 52.3 | 17.0 | 69.3 | 63 |
| I - Ilocos | 52.0 | 16.5 | 83.7 | 209 |
| II - Cagayan Valley | 7.5 | 7.9 | 86.3 | 142 |
| III - Central Luzon | 26.7 | 6.2 | 87.0 | 466 |
| IVA - CALABARZON | 31.5 | 16.6 | 74.7 | 601 |
| IVB - MIMAROPA | 23.5 | 11.9 | 86.5 | 94 |
| V - Bicol | 34.0 | 6.9 | 74.5 | 214 |
| VI - Western Visayas | 45.3 | 13.4 | 54.6 | 289 |
| VII - Central Visayas | 27.1 | 4.4 | 80.0 | 340 |
| VIII - Eastern Visayas | 29.7 | 11.4 | 84.7 | 202 |
| IX - Zamboanga Peninsula | 10.3 | 1.0 | 78.6 | 167 |
| X - Northern Mindanao | 35.9 | 8.5 | 77.1 | 183 |
| XI - Davao | 30.6 | 6.7 | 74.7 | 187 |
| XII - SOCCSKSARGEN | 20.9 | 9.3 | 85.6 | 197 |
| XIII - Caraga | 29.7 | 8.0 | 82.2 | 112 |
| ARMM | 18.5 | 11.7 | 84.2 | 84 |
| Education |  |  |  |  |
| No education | (28.4) | (4.9) | (64.5) | 43 |
| Elementary | 28.2 | 7.3 | 76.2 | 1,175 |
| High school | 30.2 | 10.3 | 79.4 | 1,905 |
| College or higher | 29.3 | 16.2 | 81.9 | 1,113 |
| Wealth index quintile |  |  |  |  |
| Lowest | 28.7 | 5.5 | 78.9 | 705 |
| Second | 28.5 | 7.4 | 77.5 | 850 |
| Middle | 27.7 | 10.1 | 79.0 | 900 |
| Fourth | 31.1 | 12.8 | 80.6 | 876 |
| Highest | 30.8 | 17.6 | 78.9 | 905 |
| Total | 29.4 | 11.0 | 79.0 | 4,236 |
| Total men 15-54 | 29.0 | 10.8 | 79.3 | 4,558 |

Note: Figures in parentheses are based on 25-49 unweighted cases.

### 11.5 Knowledge of Prevention of Mother-to-Child Transmission

While the majority of HIV transmission is through sexual intercourse, there are other ways of contracting the disease. One of the key intervention areas in the dealing with the HIV/AIDS pandemic is the prevention of new infections. In the 2003 NDHS, respondents were asked about their knowledge of HIV transmission from mother to child; whether it can take place during pregnancy, delivery, or during breastfeeding. Respondents were also asked whether the risk of mother-to-child transmission (MTCT) of HIV can be reduced by the mother taking special drugs during pregnancy.

Tables 11.5.1 and 11.5.2 show that general knowledge about HIV transmission during pregnancy, delivery, and breastfeeding is relatively high ( 63 to 73 percent among women and 60 to 68 percent among men). However, few women and men (20-21 percent) know that the risk of MTCT can be reduced if a mother takes special drugs during pregnancy. This knowledge varies widely across subgroups of women and men. Urban residence, higher education, and living in wealthier households have a positive impact on the respondent's knowledge of MTCT. Women and men in ARMM are least likely to know that HIV can be transmitted through breastfeeding and that the risk of MTCT can be reduced by mothers taking special drugs during pregnancy. On the other hand, knowledge of MTCT is high among women in Cagayan Valley and Caraga, and among men in Central Luzon and CALABARZON.

| Among women age 15-49 who know that HIV can be transmitted from mother to child, percentage who know that HIV can be transmitted during pregnancy, during delivery, and by breastfeeding, and percentage who know that the risk of mother-to-child transmission (MTCT) of HIV can be reduced by the mother taking special drugs during pregnancy, by background characteristics, Philippines 2003 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who know that HIV can be transmitted: |  |  | Percentage who know that: |  |  |
|  |  |  |  | Risk of MTCT can be reduced by mother | HIV can be transmitted by breastfeeding and risk can be reduced by mother taking | Number |
| Background characteristic | During pregnancy | During delivery | By breastfeeding | taking drugs in pregnancy | drugs during pregnancy | of women |
| Age |  |  |  |  |  |  |
| 15-19 | 63.0 | 54.0 | 58.0 | 15.5 | 13.8 | 2,648 |
| 20-24 | 73.2 | 63.1 | 64.4 | 19.3 | 17.3 | 2,209 |
| 25-29 | 75.5 | 64.8 | 66.5 | 21.3 | 18.5 | 2,034 |
| 30-39 | 76.6 | 66.1 | 66.8 | 22.3 | 19.3 | 3,827 |
| 40-49 | 73.8 | 65.4 | 66.1 | 21.5 | 18.8 | 2,915 |
| 15-24 | 67.6 | 58.1 | 60.9 | 17.2 | 15.4 | 4,856 |
| Marital status |  |  |  |  |  |  |
| Never married | 68.1 | 58.0 | 61.1 | 17.5 | 15.4 | 4,388 |
| Ever had sex | 73.0 | 61.9 | 64.8 | 22.4 | 18.9 | 225 |
| Never had sex | 67.8 | 57.8 | 60.9 | 17.3 | 15.2 | 4,163 |
| Married/Living together | 74.9 | 65.5 | 66.3 | 21.5 | 18.9 | 8,671 |
| Divorced/separated/widowed | 73.6 | 62.1 | 64.4 | 20.8 | 17.3 | 574 |
| Residence |  |  |  |  |  |  |
| Urban | 76.9 | 65.6 | 66.9 | 20.9 | 18.1 | 7,877 |
| Rural | 66.8 | 59.2 | 61.3 | 19.2 | 17.2 | 5,756 |
| Region |  |  |  |  |  |  |
| National Capital Region | 78.7 | 64.3 | 65.5 | 23.7 | 19.4 | 2,387 |
| Cordillera Admin Region | 68.4 | 57.2 | 58.4 | 11.2 | 10.1 | 216 |
| I - Ilocos | 69.6 | 61.4 | 64.8 | 23.7 | 21.2 | 642 |
| II - Cagayan Valley | 80.7 | 72.1 | 72.3 | 34.4 | 31.9 | 426 |
| III - Central Luzon | 75.3 | 64.7 | 63.1 | 12.7 | 10.4 | 1,459 |
| IVA - CALABARZON | 79.5 | 73.7 | 70.6 | 21.2 | 19.1 | 1,890 |
| IVB - MIMAROPA | 73.8 | 68.3 | 69.2 | 23.3 | 21.0 | 340 |
| $V$ - Bicol | 64.1 | 50.7 | 56.7 | 19.5 | 15.9 | 713 |
| VI - Western Visayas | 64.0 | 49.4 | 57.6 | 23.4 | 20.3 | 910 |
| VII - Central Visayas | 65.3 | 60.6 | 62.0 | 16.3 | 14.9 | 1,070 |
| VIII - Eastern Visayas | 72.4 | 68.7 | 69.1 | 21.7 | 20.6 | 555 |
| IX - Zamboanga Peninsula | 75.2 | 65.4 | 67.7 | 19.5 | 18.2 | 465 |
| X - Northern Mindanao | 63.6 | 53.9 | 59.8 | 19.6 | 18.1 | 565 |
| XI - Davao | 77.1 | 64.6 | 67.7 | 22.9 | 19.9 | 654 |
| XII - SOCCSKSARGEN | 72.2 | 61.0 | 66.3 | 12.1 | 11.0 | 524 |
| XIII - Caraga | 80.2 | 69.9 | 76.2 | 28.1 | 25.9 | 327 |
| ARMM | 49.0 | 46.4 | 46.1 | 9.0 | 7.6 | 489 |
| Education |  |  |  |  |  |  |
| No education | 28.2 | 26.7 | 28.5 | 6.2 | 5.9 | 186 |
| Elementary | 62.8 | 55.9 | 58.7 | 17.8 | 16.0 | 3,146 |
| High school | 71.1 | 61.9 | 64.0 | 19.5 | 17.2 | 6,109 |
| College or higher | 84.2 | 71.3 | 71.3 | 23.6 | 20.2 | 4,192 |
| Wealth index quintile |  |  |  |  |  |  |
| Lowest | 57.1 | 51.2 | 54.2 | 16.7 | 15.4 | 2,161 |
| Second | 68.8 | 59.7 | 63.6 | 20.6 | 18.4 | 2,412 |
| Middle | 74.4 | 64.9 | 66.3 | 21.2 | 18.6 | 2,682 |
| Fourth | 77.9 | 66.0 | 67.9 | 20.8 | 18.2 | 2,940 |
| Highest | 79.3 | 68.3 | 67.5 | 20.7 | 17.4 | 3,438 |
| Total | 72.6 | 62.9 | 64.5 | 20.2 | 17.7 | 13,633 |


| Among men age 15-49 who kn transmitted during pregnancy, d transmission (MTCT) of HIV characteristics, Philippines 2003 | that HIV can g delivery, be reduce | transmitt by breastf by the | from mother ding, and perce her taking spe | child, percenta ntage who know cial drugs durin | ge who know tha that the risk of m pregnancy, by | HIV can be her-to-child background |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Percentage who know that HIV can be transmitted: |  |  | Percentage who know that: |  | Number of men |
|  |  |  |  | Risk of MTCT can be reduced by mother taking drugs in pregnancy | HIV can be transmitted by breastfeeding and risk can be reduced by mother taking drugs during pregnancy |  |
|  | During pregnancy | During delivery | By breastfeeding |  |  |  |
| Age |  |  |  |  |  |  |
| 15-19 | 55.1 | 47.7 | 48.6 | 17.1 | 15.2 | 918 |
| 20-24 | 70.9 | 60.9 | 62.3 | 20.9 | 17.8 | 785 |
| 25-29 | 70.1 | 62.8 | 61.2 | 24.8 | 21.3 | 647 |
| 30-39 | 71.1 | 63.7 | 63.2 | 21.0 | 18.3 | 1,179 |
| 40-49 | 72.8 | 65.1 | 64.1 | 19.8 | 17.5 | 899 |
| 15-24 | 62.4 | 53.8 | 54.9 | 18.9 | 16.4 | 1,702 |
| Marital status |  |  |  |  |  |  |
| Never married | 61.6 | 53.8 | 53.7 | 18.2 | 15.8 | 1,899 |
| Ever had sex | 67.5 | 60.1 | 58.9 | 19.6 | 17.7 | 619 |
| Never had sex | 58.8 | 50.7 | 51.1 | 17.5 | 14.9 | 1,280 |
| Married/living together | 72.8 | 64.9 | 64.7 | 22.0 | 19.3 | 2,440 |
| Divorced/separated/widowed | 70.0 | 60.0 | 61.3 | 28.1 | 21.0 | 88 |
| Residence |  |  |  |  |  |  |
| Urban | 71.5 | 63.1 | 60.5 | 19.8 | 16.8 | 2,376 |
| Rural | 63.9 | 56.5 | 59.2 | 21.3 | 19.1 | 2,052 |
| Region |  |  |  |  |  |  |
| National Capital Region | 69.7 | 58.1 | 57.6 | 11.4 | 9.4 | 699 |
| Cordillera Admin Region | 67.8 | 62.5 | 58.6 | 10.5 | 9.3 | 66 |
| I - Ilocos | 63.4 | 42.4 | 50.1 | 19.4 | 10.3 | 213 |
| II - Cagayan Valley | 75.3 | 67.0 | 74.8 | 9.6 | 9.0 | 147 |
| III - Central Luzon | 80.2 | 78.8 | 69.2 | 23.8 | 21.0 | 481 |
| IVA - CALABARZON | 79.7 | 71.7 | 66.5 | 28.9 | 25.4 | 608 |
| IVB - MIMAROPA | 56.8 | 54.7 | 53.5 | 15.6 | 14.9 | 108 |
| V-Bicol | 48.2 | 46.7 | 43.0 | 14.5 | 13.0 | 220 |
| VI - Western Visayas | 58.4 | 42.9 | 57.0 | 26.1 | 24.1 | 295 |
| VII - Central Visayas | 66.2 | 61.3 | 61.1 | 27.8 | 25.5 | 354 |
| VIII - Eastern Visayas | 69.6 | 66.8 | 65.2 | 25.0 | 23.4 | 208 |
| IX - Zamboanga Peninsula | 53.6 | 49.1 | 42.9 | 9.3 | 7.8 | 174 |
| X - Northern Mindanao | 73.9 | 64.6 | 71.0 | 25.5 | 24.0 | 187 |
| XI - Davao | 71.3 | 64.1 | 68.0 | 18.2 | 16.6 | 191 |
| XII - SOCCSKSARGEN | 63.4 | 58.8 | 58.7 | 15.2 | 14.4 | 204 |
| XIII - Caraga | 73.5 | 51.1 | 61.7 | 49.3 | 38.4 | 113 |
| ARMM | 38.4 | 35.3 | 35.8 | 8.4 | 6.6 | 159 |
| Education |  |  |  |  |  |  |
| No education | 37.4 | 32.9 | 35.9 | 14.2 | 14.2 | 74 |
| Elementary | 58.8 | 52.4 | 53.8 | 19.2 | 17.1 | 1,273 |
| High school | 67.7 | 59.5 | 60.4 | 21.8 | 19.1 | 1,957 |
| College or higher | 80.7 | 71.5 | 67.5 | 20.1 | 16.9 | 1,124 |
| Wealth index quintile |  |  |  |  |  |  |
| Lowest | 55.0 | 51.3 | 53.3 | 18.9 | 17.2 | 825 |
| Second | 65.3 | 55.9 | 58.4 | 20.8 | 18.3 | 876 |
| Middle | 67.9 | 60.4 | 60.4 | 22.4 | 20.3 | 918 |
| Fourth | 73.2 | 63.5 | 62.7 | 20.2 | 16.7 | 894 |
| Highest | 77.0 | 68.0 | 64.1 | 20.0 | 16.7 | 915 |
| Total | 67.9 | 60.0 | 59.9 | 20.5 | 17.9 | 4,428 |
| Total men 15-54 | 68.1 | 60.5 | 60.3 | 20.7 | 18.1 | 4,766 |

### 11.6 HIV Testing

Voluntary counseling and testing (VCT) is vital in the fight against HIV/AIDS. The 2003 NDHS asked men who had heard of AIDS whether they had ever been tested for the virus, when they were last tested, whether the test was voluntary or mandatory, whether they received the test results, where they went for the test, and if they have not been tested, whether they would like to be tested, and whether they know where to go for the test.

Table 11.6 shows that only 3 percent of men age 15-49 reported that they had ever been tested for HIV, and most of them received the results. HIV testing increases with age and residence. Older men, those living in urban areas, and those in the highest wealth quintile are most likely to have been tested. Across regions, the percentage of men who have been tested varies from none in ARMM to 4 percent or higher in CAR, Central Luzon, and MIMAROPA.

### 11.7 Attitudes toward Negotiating Safer Sex

Respondents were asked about their attitude toward negotiating safer sex. Women were asked if a wife is justified in refusing to have sexual intercourse with her husband if she knows that he has an STI. The majority of women and men ( 95 percent 94 percent, respectively) agreed that a wife is justified in refusing to have sexual intercourse with her husband if he has an STI (Table 11.7). Men were also asked if a wife is justified in asking a man to use a condom if he has an STI. The vast majority of men (80 percent) agreed with this statement. Almost all men believe that a wife can refuse to have sexual intercourse with her husband if he has an STI or that a wife can ask her husband to use a condom to reduce the risk of HIV infection. There are slight differences by background characteristics.

| Table 11.6 HIV testing status of men |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of men by HIV testing status and percentage of men who were tested for HIV and received test results in the past 12 months, by background characteristics, Philippines 2003 |  |  |  |  |  |  |  |
|  | Percentage ever tested for HIV |  |  | Don't know/ missing | Total | Percentage tested for HIV and received results in past 12 months | Number of men |
| Background characteristic | Received results | $\begin{gathered} \text { No } \\ \text { results } \end{gathered}$ | Never tested |  |  |  |  |
| Age |  |  |  |  |  |  |  |
| 15-19 | 0.2 | 0.2 | 92.9 | 6.7 | 100.0 | 0.2 | 918 |
| 20-24 | 1.7 | 0.4 | 94.2 | 3.7 | 100.0 | 0.6 | 785 |
| 25-29 | 2.0 | 1.1 | 93.5 | 3.4 | 100.0 | 0.2 | 647 |
| 30-39 | 4.1 | 1.4 | 90.9 | 3.7 | 100.0 | 0.5 | 1,179 |
| 40-49 | 3.9 | 1.5 | 90.6 | 4.0 | 100.0 | 0.9 | 899 |
| 15-24 | 0.9 | 0.3 | 93.5 | 5.3 | 100.0 | 0.4 | 1,702 |
| Marital status |  |  |  |  |  |  |  |
| Never married | 1.2 | 0.4 | 93.3 | 5.1 | 100.0 | 0.4 | 1,899 |
| Ever had sex | 2.7 | 1.0 | 93.8 | 2.6 | 100.0 | 0.7 | 619 |
| Never had sex | 0.5 | 0.1 | 93.1 | 6.3 | 100.0 | 0.2 | 1,280 |
| Married/living together | 3.6 | 1.3 | 91.1 | 3.9 | 100.0 | 0.6 | 2,440 |
| Divorced/separated/widowed | 0.0 | 1.5 | 97.5 | 1.0 | 100.0 | 0.0 | 88 |
| Residence |  |  |  |  |  |  |  |
| Urban | 3.2 | 1.2 | 92.5 | 3.1 | 100.0 | 0.7 | 2,376 |
| Rural | 1.7 | 0.6 | 91.9 | 5.8 | 100.0 | 0.2 | 2,052 |
| Region |  |  |  |  |  |  |  |
| National Capital Region | 3.5 | 0.9 | 94.0 | 1.6 | 100.0 | 1.1 | 699 |
| Cordillera Admin Region | 4.7 | 3.9 | 86.3 | 5.1 | 100.0 | 0.0 | 66 |
| I - Ilocos | 3.7 | 0.9 | 93.5 | 1.9 | 100.0 | 0.0 | 213 |
| II - Cagayan Valley | 0.6 | 0.0 | 95.7 | 3.7 | 100.0 | 0.0 | 147 |
| III - Central Luzon | 4.3 | 1.4 | 91.2 | 3.2 | 100.0 | 0.6 | 481 |
| IVA - CALABARZON | 3.0 | 1.5 | 94.3 | 1.1 | 100.0 | 1.2 | 608 |
| IVB - MIMAROPA | 4.9 | 1.3 | 80.4 | 13.4 | 100.0 | 0.7 | 108 |
| V-Bicol | 0.5 | 0.5 | 96.1 | 3.0 | 100.0 | 0.0 | 220 |
| VI - Western Visayas | 1.5 | 0.4 | 96.0 | 2.1 | 100.0 | 0.0 | 295 |
| VII - Central Visayas | 2.9 | 1.6 | 91.6 | 3.9 | 100.0 | 0.6 | 354 |
| VIII - Eastern Visayas | 1.2 | 1.2 | 94.7 | 2.9 | 100.0 | 0.4 | 208 |
| IX - Zamboanga Peninsula | 0.5 | 0.0 | 95.0 | 4.5 | 100.0 | 0.0 | 174 |
| X - Northern Mindanao | 2.4 | 1.0 | 94.7 | 2.0 | 100.0 | 0.0 | 187 |
| XI - Davao | 1.0 | 0.3 | 96.5 | 2.2 | 100.0 | 0.0 | 191 |
| XII - SOCCSKSARGEN | 1.6 | 0.0 | 94.7 | 3.7 | 100.0 | 0.0 | 204 |
| XIII - Caraga | 1.6 | 0.0 | 97.3 | 1.1 | 100.0 | 0.0 | 113 |
| ARMM | 0.0 | 0.0 | 52.7 | 47.3 | 100.0 | 0.0 | 159 |
| Education |  |  |  |  |  |  |  |
| No education | 2.4 | 0.0 | 56.4 | 41.2 | 100.0 | 0.0 | 74 |
| Elementary | 1.0 | 0.6 | 90.7 | 7.8 | 100.0 | 0.1 | 1,273 |
| High school | 1.9 | 0.6 | 94.9 | 2.6 | 100.0 | 0.2 | 1,957 |
| College or higher | 5.3 | 2.0 | 91.7 | 1.0 | 100.0 | 1.5 | 1,124 |
| Wealth index quintile |  |  |  |  |  |  |  |
| Lowest | 1.1 | 0.2 | 84.1 | 14.6 | 100.0 | 0.2 | 825 |
| Second | 1.2 | 0.6 | 95.2 | 2.9 | 100.0 | 0.3 | 876 |
| Middle | 1.7 | 0.6 | 95.6 | 2.1 | 100.0 | 0.2 | 918 |
| Fourth | 3.4 | 1.4 | 93.2 | 1.9 | 100.0 | 0.3 | 894 |
| Highest | 5.0 | 1.6 | 92.3 | 1.1 | 100.0 | 1.4 | 915 |
| Total | 2.5 | 0.9 | 92.2 | 4.3 | 100.0 | 0.5 | 4,428 |
| Total men 15-54 | 2.7 | 0.9 | 92.0 | 4.4 | 100.0 | 0.6 | 4,766 |


| Table 11.7 Attitudes toward negotiating safer sex with husband |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women and men age 15-49 who believe that if a husband has an STI his wife can refuse to have sex with him or propose that he use a condom, by background characteristics, Philippines 2003 |  |  |  |  |  |  |
|  | Women |  | Men |  |  |  |
| Background characteristic | Refuse <br> sex | Number of women | Refuse sex | Propose condom use | Refuse sex or propose condom use | Number of men |
| Age |  |  |  |  |  |  |
| 15-19 | 91.7 | 2,648 | 89.5 | 73.6 | 94.3 | 918 |
| 20-24 | 94.8 | 2,209 | 93.4 | 82.1 | 97.8 | 785 |
| 25-29 | 96.5 | 2,034 | 94.4 | 81.5 | 97.9 | 647 |
| 30-39 | 95.2 | 3,827 | 96.4 | 81.5 | 98.1 | 1,179 |
| 40-49 | 95.4 | 2,915 | 96.1 | 79.8 | 98.2 | 899 |
| 15-24 | 93.1 | 4,856 | 91.3 | 77.5 | 95.9 | 1,702 |
| Marital status |  |  |  |  |  |  |
| Never married | 93.0 | 4,388 | 91.6 | 76.1 | 95.6 | 1,899 |
| Ever had sex | 95.5 | 225 | 93.7 | 81.1 | 97.6 | 619 |
| Never had sex | 92.9 | 4,163 | 90.6 | 73.6 | 94.7 | 1,280 |
| Married/living together | 95.5 | 8,671 | 95.9 | 82.3 | 98.4 | 2,440 |
| Divorced/separated/widowed | 95.3 | 574 | 97.6 | 83.4 | 99.4 | 88 |
| Residence |  |  |  |  |  |  |
| Urban | 95.1 | 7,877 | 94.4 | 80.0 | 97.4 | 2,376 |
| Rural | 94.2 | 5,756 | 93.7 | 79.2 | 97.1 | 2,052 |
| Region |  |  |  |  |  |  |
| National Capital Region | 95.1 | 2,387 | 94.0 | 65.1 | 96.5 | 699 |
| Cordillera Admin Region | 83.9 | 216 | 93.5 | 82.3 | 98.8 | 66 |
| I - Ilocos | 92.4 | 642 | 91.7 | 85.4 | 95.8 | 213 |
| II - Cagayan Valley | 100.0 | 426 | 97.8 | 85.8 | 98.9 | 147 |
| III - Central Luzon | 95.3 | 1,459 | 95.4 | 80.2 | 97.8 | 481 |
| IVA - CALABARZON | 97.1 | 1,890 | 95.1 | 87.1 | 98.3 | 608 |
| IVB - MIMAROPA | 95.2 | 340 | 94.2 | 85.3 | 98.0 | 108 |
| V-Bicol | 93.3 | 713 | 84.6 | 65.0 | 92.3 | 220 |
| VI - Western Visayas | 91.9 | 910 | 93.5 | 71.9 | 96.4 | 295 |
| VII - Central Visayas | 94.0 | 1,070 | 94.0 | 84.1 | 97.7 | 354 |
| VIII - Eastern Visayas | 96.3 | 555 | 97.9 | 81.1 | 98.8 | 208 |
| IX - Zamboanga Peninsula | 90.1 | 465 | 97.3 | 87.7 | 99.0 | 174 |
| X - Northern Mindanao | 94.1 | 565 | 92.4 | 83.7 | 95.1 | 187 |
| XI - Davao | 97.5 | 654 | 93.2 | 86.6 | 98.0 | 191 |
| XII - SOCCSKSARGEN | 94.4 | 524 | 93.0 | 85.5 | 97.5 | 204 |
| XIII - Caraga | 96.2 | 327 | 94.2 | 92.0 | 98.4 | 113 |
| ARMM | 92.4 | 489 | 96.3 | 79.3 | 98.2 | 159 |
| Education |  |  |  |  |  |  |
| No education | 91.2 | 186 | 96.8 | 55.3 | 98.9 | 74 |
| Elementary | 92.8 | 3,146 | 93.3 | 76.9 | 96.0 | 1,273 |
| High school | 94.7 | 6,109 | 93.5 | 80.6 | 97.1 | 1,957 |
| College or higher | 96.3 | 4,192 | 95.9 | 82.7 | 98.8 | 1,124 |
| Wealth index quintile |  |  |  |  |  |  |
| Lowest | 92.7 | 2,161 | 94.5 | 77.0 | 97.1 | 825 |
| Second | 93.4 | 2,412 | 91.7 | 80.6 | 96.1 | 876 |
| Middle | 95.2 | 2,682 | 94.1 | 80.4 | 96.7 | 918 |
| Fourth | 95.3 | 2,940 | 93.8 | 81.2 | 97.5 | 894 |
| Highest | 95.9 | 3,438 | 96.3 | 78.7 | 98.8 | 915 |
| Total | 94.7 | 13,633 | 94.1 | 79.6 | 97.2 | 4,428 |
| Total men 15-54 | na | 0 | 94.3 | 79.6 | 97.3 | 4,766 |
| na $=$ Not applicable |  |  |  |  |  |  |

### 11.8 Sexual Behavior among Young Women and Men

Promoting change in sexual behavior is an important component of many HIV/AIDS prevention programs. Those who are not yet sexually active or those who have recently made their sexual debut are thought to be more accepting of programs focusing on behavioral changes. Tables in this section focus on young women and men age 15-24 and the sexual behaviors that affect their risk of exposure to HIV.

Promoting the use of condoms is an important strategy in the fight against HIV/AIDS transmission. Therefore, knowing where to get a condom is essential. Table 11.8 shows the percentage of women and men age 15-24 who know at least one source for condoms. Knowledge of source for condoms among women and men is similar; 64 percent of women and 62 percent of men age 15-24 know a source for a male condom. Knowledge of a source is higher among women and men age 20-24 than among those younger. Knowledge of a condom source is higher among married persons, those better educated, and those in the higher wealth quintiles. There are also regional variations in knowledge of a source of condoms, with women in Caraga being the most knowledgeable ( 78 percent) and women in ARMM the least knowledgeable ( 55 percent). Among men, the corresponding figures are 75 percent in NCR and 28 percent in MIMAROPA.

Table 11.9 shows the percentage of never-married women and men age 15-24 that had sex in the 12 months preceding the survey. Premarital sex is uncommon among young women in the Philippines. Less than 2 percent of unmarried women reported having had sex in the past 12 months. Older women, women living in urban areas, and women with college education or higher, are slightly more likely to report having had sex. Across regions, 3 to 4 percent of never-married women in CAR, Central Visayas, Northern Mindanao, Davao, and Caraga reported having sex in the past year.

Young men are much more likely to report sexual activity; more than half of unmarried men age $15-24$ had sex in the 12 months preceding the survey. Unlike women, younger men and men in rural areas are more likely to have engaged in sexual activity in the past year. While sexual activity shows a slight positive association with women's education, the opposite is true for men. Better-educated men are less likely to have had sex in the past year than men with less education.

| Table 11.8 Knowledge of a source for condoms among young people |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Percentage of young people age 15-24 who know at least one source of condoms, Philippines 2003 |  |  |  |  |
|  | Women |  | Men |  |
| Background characteristic | Know a source for male condom | Number of women age 15-24 | Know a source for male condom | Number of men age 15-24 |
| Age |  |  |  |  |
| 15-19 | 53.2 | 2,648 | 52.9 | 918 |
| 20-24 | 76.8 | 2,209 | 72.0 | 785 |
| Marital status |  |  |  |  |
| Never married | 59.6 | 3,475 | 59.8 | 1,468 |
| Married or living together | 78.3 | 105 | 73.8 | 360 |
| Divorced/separated/widowed | 59.1 | 3,370 | 55.3 | 1,108 |
| Residence |  |  |  |  |
| Urban | 67.2 | 2,958 | 71.4 | 940 |
| Rural | 58.9 | 1,898 | 49.7 | 762 |
| Region |  |  |  |  |
| National Capital Region | 66.9 | 851 | 75.1 | 271 |
| Cordillera Admin Region | 65.1 | 82 | 63.7 | 25 |
| I - Ilocos | 63.8 | 236 | 50.3 | 81 |
| II - Cagayan Valley | 64.8 | 129 | 65.0 | 46 |
| III - Central Luzon | 57.8 | 525 | 66.5 | 187 |
| IVA - CALABARZON | 64.4 | 709 | 70.3 | 251 |
| IVB - MIMAROPA | 64.0 | 111 | 27.6 | 38 |
| V - Bicol | 58.0 | 250 | 69.0 | 89 |
| VI - Western Visayas | 63.6 | 319 | 55.4 | 95 |
| VII - Central Visayas | 66.5 | 362 | 57.9 | 141 |
| VIII - Eastern Visayas | 67.5 | 195 | 52.7 | 85 |
| IX - Zamboanga Peninsula | 55.6 | 150 | 58.7 | 67 |
| X - Northern Mindanao | 59.3 | 211 | 42.6 | 71 |
| XI - Davao | 68.7 | 232 | 58.4 | 72 |
| XII - SOCCSKSARGEN | 70.4 | 178 | 60.5 | 83 |
| XIII - Caraga | 77.8 | 123 | 64.7 | 44 |
| ARMM | 55.4 | 192 | 32.7 | 56 |
| Education |  |  |  |  |
| No education | (27.7) | 27 | * | 19 |
| Elementary | 44.1 | 664 | 37.6 | 388 |
| High school | 59.2 | 2,822 | 62.9 | 923 |
| College or higher | 84.4 | 1,344 | 86.7 | 372 |
| Wealth index quintile |  |  |  |  |
| Lowest | 52.9 | 690 | 33.6 | 283 |
| Second | 59.8 | 801 | 55.2 | 321 |
| Middle | 63.4 | 943 | 63.7 | 333 |
| Fourth | 65.9 | 1,045 | 71.1 | 372 |
| Highest | 70.8 | 1,376 | 76.7 | 394 |
| Total | 63.9 | 4,856 | 61.7 | 1,702 |
| Note: The following sources are not considered sources for condoms in this table: friends, family members and home. Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that an estimate is based on fewer than 25 cases and has been suppressed. |  |  |  |  |


| Percentage of never-married women and men age 15-24 who had sex in the 12 months preceding the survey, by background characteristics, Philippines 2003 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Women |  | Men |  |
| Background characteristic | Had sex in past 12 months | Number of nevermarried women age 15-24 | Had sex in past 12 months | Number of nevermarried men age 15-24 |
| Age |  |  |  |  |
| 15-19 | 0.7 | 2,400 | 56.5 | 895 |
| 20-24 | 4.1 | 1,075 | 49.1 | 572 |
| Residence |  |  |  |  |
| Urban | 2.2 | 2,222 | 50.0 | 803 |
| Rural | 1.0 | 1,253 | 58.0 | 665 |
| Region |  |  |  |  |
| National Capital Region | 2.0 | 641 | 44.0 | 229 |
| Cordillera Admin Region | 4.6 | 58 | (65.5) | 21 |
| I- Ilocos | 0.6 | 163 | 59.9 | 73 |
| II - Cagayan Valley | 0.0 | 75 | (80.8) | 37 |
| III - Central Luzon | 0.7 | 374 | 47.2 | 151 |
| IVA - CALABARZON | 0.5 | 517 | 46.3 | 224 |
| IVB - MIMAROPA | 2.3 | 60 | (72.8) | 33 |
| V-Bicol | 1.1 | 192 | 68.2 | 73 |
| VI - Western Visayas | 1.0 | 244 | 60.4 | 86 |
| VII - Central Visayas | 3.4 | 281 | 53.7 | 130 |
| VIII - Eastern Visayas | 0.6 | 146 | 56.4 | 80 |
| IX - Zamboanga Peninsula | 1.9 | 92 | 57.7 | 56 |
| X - Northern Mindanao | 4.6 | 151 | 45.6 | 59 |
| XI - Davao | 5.9 | 170 | 62.7 | 61 |
| XII - SOCCSKSARGEN | 0.6 | 111 | 56.1 | 72 |
| XIII - Caraga | 4.3 | 82 | 66.1 | 40 |
| ARMM | 0.0 | 118 | 44.4 | 43 |
| Education |  |  |  |  |
| No education | * | 13 | * | 15 |
| Elementary | 1.5 | 331 | 64.2 | 317 |
| High school | 1.5 | 2,071 | 54.7 | 807 |
| College or higher | 2.3 | 1,061 | 41.1 | 329 |
| Wealth index quintile |  |  |  |  |
| Lowest | 1.5 | 341 | 65.3 | 228 |
| Second | 2.2 | 474 | 63.4 | 263 |
| Middle | 1.8 | 642 | 58.6 | 285 |
| Fourth | 2.0 | 817 | 49.0 | 330 |
| Highest | 1.4 | 1,201 | 39.5 | 362 |
| Total | 1.7 | 3,475 | 53.6 | 1,468 |
| Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. |  |  |  |  |

Some of the major strategies for reducing HIV infection among young people are the following: delay age at first sex, limit the number of sexual partners to one, and encourage and promote consistent and correct use of condoms. Young men and women are the target of most HIV/AIDS interventions aimed at changing sexual behavior. Sexual intercourse with more than one partner is associated with a high risk of exposure to STIs.

Table 11.10 shows that 6 percent of men age 15-24 had sexual intercourse with more than one partner in the 12 months preceding the survey. Sexual intercourse with more than one partner is more common among men age 20-24, men living in urban areas, and men who have college or higher education. Men in MIMAROPA, NCR, and CAR are the most likely to report having multiple sexual partners.

| Table 11.10 Multiple sex partners among young men |  |  |
| :---: | :---: | :---: |
| Among men age 15-24 who have ever had sex, percentage who have had sex with two or more partners in the 12 months preceding the survey, by background characteristics, Philippines 2003 |  |  |
| Background characteristic | Percentage who had 2+ partners in the past 12 months | Number of men age 15-24 |
| Age |  |  |
| 15-19 | 3.2 | 918 |
| 20-24 | 9.7 | 785 |
| Residence |  |  |
| Urban | 7.2 | 940 |
| Rural | 4.9 | 762 |
| Region |  |  |
| National Capital Region | 10.5 | 271 |
| Cordillera Admin Region | 10.4 | 25 |
| I - Ilocos | 4.9 | 81 |
| II - Cagayan Valley | 3.9 | 46 |
| III - Central Luzon | 1.5 | 187 |
| IVA - CALABARZON | 4.6 | 251 |
| IVB - MIMAROPA | 14.8 | 38 |
| V - Bicol | 6.3 | 89 |
| VI - Western Visayas | 9.7 | 95 |
| VII - Central Visayas | 5.8 | 141 |
| VIII - Eastern Visayas | 3.0 | 85 |
| IX - Zamboanga Peninsula | 6.4 | 67 |
| X - Northern Mindanao | 3.8 | 71 |
| XI - Davao | 8.7 | 72 |
| XII - SOCCSKSARGEN | 6.4 | 83 |
| XIII - Caraga | 8.1 | 44 |
| ARMM | 1.3 | 56 |
| Education |  |  |
| No education | 0.0 | 19 |
| Elementary | 1.8 | 388 |
| High school | 6.0 | 923 |
| College or higher | 11.6 | 372 |
| Wealth index quintile |  |  |
| Lowest | 3.4 | 283 |
| Second | 6.7 | 321 |
| Middle | 7.2 | 333 |
| Fourth | 5.4 | 372 |
| Highest | 7.5 | 394 |
| Total | 6.2 | 1,702 |

The use of condoms reduces the risk of contracting HIV. Table 11.11 shows the percentage of young men who used a condom the first time they had sex. One in six men age 15-24 used a condom when they had sex the first time. There are large differences by background characteristics. Urban men, those with college or higher education, and men in the highest wealth quintile are the most likely to report using a condom the first time they had sex.

| Table 11.11 Condom use at first sex among young men |  |  |
| :---: | :---: | :---: |
| Among men age 15-24 who have ever had sex, percentage who used a condom the first time they ever had sex, by background characteristics, Philippines 2003 |  |  |
| Background characteristic | Percentage who used a condom at first sex | Number of men age $15-24$ who have ever had sex |
| Age |  |  |
| 15-19 | 18.6 | 141 |
| 20-24 | 15.6 | 453 |
| Residence |  |  |
| Urban | 20.7 | 353 |
| Rural | 9.9 | 241 |
| Region |  |  |
| National Capital Region | 26.3 | 101 |
| Cordillera Admin Region | * | 11 |
| I - Ilocos | * | 19 |
| II - Cagayan Valley | ${ }^{*}$ | 14 |
| III - Central Luzon | (11.0) | 62 |
| IVA - CALABARZON | 17.9 | 95 |
| IVB - MIMAROPA | * | 16 |
| V-Bicol | (25.6) | 26 |
| VI - Western Visayas | (10.9) | 30 |
| VII - Central Visayas | (14.2) | 51 |
| VIII - Eastern Visayas | * | 20 |
| IX - Zamboanga Peninsula | (19.9) | 24 |
| X - Northern Mindanao | (25.5) | 26 |
| XI - Davao | (20.9) | 29 |
| XII - SOCCSKSARGEN | (6.0) | 37 |
| XIII - Caraga | (17.9) | 20 |
| ARMM | * | 15 |
| Education |  |  |
| No education | * | 5 |
| Elementary | 6.5 | 131 |
| High school | 14.5 | 280 |
| College or higher | 26.8 | 178 |
| Wealth index quintile |  |  |
| Lowest | 6.0 | 93 |
| Second | 10.4 | 106 |
| Middle | 15.0 | 130 |
| Fourth | 18.5 | 124 |
| Highest | 26.8 | 141 |
| Total | 16.3 | 594 |
| Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. |  |  |

### 11.9 Self-reporting of Sexually Transmitted Infections (STIs)

There is a strong link between other sexually transmitted infections (STI) and HIV infection. It is believed that people having any other STI apart from HIV infection are more likely to be infected with HIV. STIs are therefore identified as co-factors in HIV transmission.

Table 11.12 shows the percentage of men who have ever had sex who self-reported an STI and/or symptoms of an STI in the 12 months preceding the survey. Less than 2 percent of men reported having an STI and/or symptoms of an STI in the past 12 months. Very few men reported any of the symptoms of STIs; each less than 1 percent. Six percent of men in the youngest age group reported having abnormal genital discharge and 3 percent reported having genital sore/ulcer. This is the largest group reporting any STIs or symptoms of STIs.

| Among men age 15-49 who ever had sex, percentage self-reporting an STI and/or symptoms of an STI in the past 12 months, by background characteristics, Philippines 2003 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Percentage with STI | Percentage with abnormal genital discharge | Percentage with genital sore/ulcer | Percentage with STI/ discharge/ genital sore/ ulcer | Number of men who ever had sex |
| Age |  |  |  |  |  |
| 15-19 | 0.9 | 6.2 | 3.1 | 7.6 | 141 |
| 20-24 | 0.6 | 1.3 | 1.3 | 2.2 | 453 |
| 25-29 | 0.4 | 0.4 | 0.7 | 1.3 | 555 |
| 30-39 | 0.7 | 1.0 | 0.7 | 1.9 | 1,110 |
| 40-49 | 0.3 | 0.6 | 0.7 | 1.1 | 888 |
| Marital status |  |  |  |  |  |
| Married or living together | 0.7 | 2.4 | 1.6 | 3.7 | 619 |
| Residence |  |  |  |  |  |
| Urban | 0.7 | 0.8 | 0.6 | 1.5 | 1,693 |
| Rural | 0.3 | 1.3 | 1.2 | 2.3 | 1,455 |
| Region |  |  |  |  |  |
| National Capital Region | 0.6 | 0.4 | 0.3 | 0.7 | 496 |
| Cordillera Admin Region | 0.0 | 1.7 | 1.7 | 2.6 | 50 |
| I - Ilocos | 0.7 | 0.7 | 2.8 | 4.2 | 142 |
| II - Cagayan Valley | 0.0 | 0.0 | 0.0 | 0.0 | 109 |
| III - Central Luzon | 0.7 | 0.7 | 0.4 | 1.1 | 333 |
| IVA - CALABARZON | 0.0 | 0.7 | 0.0 | 0.7 | 439 |
| IVB - MIMAROPA | 0.0 | 0.8 | 0.9 | 1.8 | 84 |
| $V$ - Bicol | 0.0 | 1.4 | 1.4 | 1.4 | 146 |
| VI - Western Visayas | 0.0 | 2.1 | 0.5 | 2.1 | 207 |
| VII - Central Visayas | 0.0 | 0.9 | 2.3 | 2.8 | 256 |
| VIII - Eastern Visayas | 0.0 | 0.7 | 3.2 | 3.9 | 132 |
| IX - Zamboanga Peninsula | 0.0 | 1.1 | 0.0 | 1.1 | 125 |
| X - Northern Mindanao | 1.0 | 1.7 | 0.0 | 1.7 | 133 |
| XI - Davao | 3.4 | 2.7 | 2.7 | 6.8 | 146 |
| XII - SOCCSKSARGEN | 2.6 | 3.3 | 0.6 | 4.3 | 152 |
| XIII - Caraga | 0.0 | 0.7 | 1.4 | 1.4 | 87 |
| ARMM | 0.0 | 0.0 | 0.6 | 0.6 | 110 |
| Education |  |  |  |  |  |
| No education | 0.0 | 1.3 | 1.4 | 2.7 | 57 |
| Elementary | 0.3 | 1.0 | 1.1 | 1.9 | 977 |
| High school | 0.7 | 1.5 | 1.1 | 2.5 | 1,236 |
| College or higher | 0.6 | 0.4 | 0.3 | 1.1 | 878 |
| Wealth index quintile |  |  |  |  |  |
| Lowest | 0.3 | 1.4 | 0.8 | 2.3 | 602 |
| Second | 0.5 | 1.4 | 1.6 | 2.4 | 635 |
| Middle | 0.6 | 1.4 | 0.7 | 2.2 | 677 |
| Fourth | 0.3 | 0.3 | 1.0 | 1.3 | 607 |
| Highest | 0.9 | 0.7 | 0.3 | 1.2 | 626 |
| Total | 0.5 | 1.0 | 0.9 | 1.9 | 3,148 |
| Total men 15-54 | 0.5 | 1.0 | 0.8 | 1.7 | 3,478 |

### 11.10 STI Treatment-Seeking Behavior

Stigma and discrimination can discourage infected persons from seeking professional health care and lead some to resort to self-medication. Table 11.13 shows treatment-seeking behavior among men who reported an STI or symptoms of an STI, by source of advice or treatment. Less than half of men sought care ( 46 percent). About one third of the men who reported an STI or symptoms of an STI sought advice or obtained medicine from a clinic, hospital, or a health professional. Three in ten men sought help from a shop or pharmacy, and one in four sought the advice of friends or relatives.

| Table 11.13 Men seeking treatment for |  |
| :---: | :---: |
| STIs |  |
| Among men age 15-49 report symptoms of an STI in the pa percentage who sought ad ment, Philippines 2003 | an STI or months, or treat- |
| Source of advice or treatment | Percent |
| Clinic/hospital/health professional | 33.4 |
| Traditional healer | 8.4 |
| Advice or medicine from shop/pharmacy | 29.6 |
| Advice from friends/relatives | 24.8 |
| Advice or treatment from any source | 46.4 |
| No advice or treatment | 53.6 |
| Number with STI and/or symptoms of STI | 60 |
| Note: Symptoms of an STI are an abnormal genital discharge, a genital sore, or a genital ulcer. |  |

### 11.11 Payment for Sexual Relations

Male respondents in the 2003 NDHS were asked whether they had paid money in exchange for sex in the 12 months preceding the survey. Table 11.14 shows that 2 percent of men who had sex in the past 12 months reported paying for sex during that period. There is substantial variation among subgroups. Men in their twenties, married men, men living in urban areas, better educated men, and men in the wealthiest quintiles are more likely than other men to have paid for sex in the past 12 months.

Among men who paid for sex, 38 percent used a condom during their last sexual encounter (data not shown).

| Table 11.14 Payment for sex |  |  |
| :---: | :---: | :---: |
| Percentage of men age 15-49 who reported paying for sex in the past 12 months, by background characteristics, Philippines 2003 |  |  |
| Background characteristic | Percentage who paid for sex in past 12 months | Number of men |
| Age |  |  |
| 15-19 | 0.6 | 918 |
| 20-24 | 3.3 | 785 |
| 25-29 | 3.2 | 647 |
| 30-39 | 1.7 | 1,179 |
| 40-49 | 1.4 | 899 |
| 15-24 | 1.8 | 1,702 |
| Marital status |  |  |
| Married or living together | 7.8 | 619 |
| Divorced/separated/widowed | 0.5 | 1,280 |
| Residence |  |  |
| Urban | 2.5 | 2,376 |
| Rural | 1.2 | 2,052 |
| Region |  |  |
| National Capital Region | 3.0 | 699 |
| Cordillera Admin Region | 1.4 | 66 |
| I - Ilocos | 0.9 | 213 |
| II - Cagayan Valley | 1.1 | 147 |
| III - Central Luzon | 0.9 | 481 |
| IVA - CALABARZON | 1.7 | 608 |
| IVB - MIMAROPA | 3.9 | 108 |
| V-Bicol | 0.9 | 220 |
| VI - Western Visayas | 2.7 | 295 |
| VII - Central Visayas | 4.2 | 354 |
| VIII - Eastern Visayas | 1.7 | 208 |
| IX - Zamboanga Peninsula | 3.4 | 174 |
| X - Northern Mindanao | 0.5 | 187 |
| XI - Davao | 1.1 | 191 |
| XII - SOCCSKSARGEN | 1.1 | 204 |
| XIII - Caraga | 0.5 | 113 |
| ARMM | 0.0 | 159 |
| Education |  |  |
| No education | 0.0 | 74 |
| Elementary | 1.2 | 1,273 |
| High school | 1.6 | 1,957 |
| College or higher | 3.4 | 1,124 |
| Wealth index quintile |  |  |
| Lowest | 1.1 | 825 |
| Second | 1.7 | 876 |
| Middle | 2.0 | 918 |
| Fourth | 2.5 | 894 |
| Highest | 2.3 | 915 |
| Total | 1.9 | 4,428 |

### 11.12 Men Having Sex with Men

Of the 3,478 men who have ever had sex, 5 percent reported having sexual relations with a man; less than 1 percent reported having sex with a man in the 12 months preceding the survey (Table 11.15). Nonmarried men and men with high school education are more likely to engage in homosexual relations than other men. Men in the poorest wealth quintile are the least likely to have sex with a man.

Table 11.15 Men having sex with men
Among men who have ever had sex, percentage who ever had sex with a man, and percentage who had sex with a man in the past 12 months, by background characteristics, Philippines 2003

|  | Percentage <br> who ever <br> had sexual <br> relations <br> with a man | Percentage <br> who had <br> sexual <br> relations with <br> a man in the <br> past year | Number <br> of <br> men |
| :--- | :---: | :---: | :---: |
| characteristic |  |  |  |
| Age | 14.6 | 2.9 | 141 |
| $15-19$ | 8.7 | 1.1 | 453 |
| $20-24$ | 6.4 | 0.2 | 555 |
| $25-29$ | 5.2 | 0.2 | 1,110 |
| $30-39$ | 2.8 | 0.1 | 888 |
| $40-49$ | 2.6 | 0.0 | 330 |
| $50-54$ |  |  |  |


| Current marital status |  |  |  |
| :--- | ---: | ---: | ---: |
| Married/living together | 3.9 | 0.3 | 2,746 |
| $\quad$ Never married | 10.9 | 0.8 | 626 |
| Widowed/divorced/separated | 11.6 | 0.0 | 106 |
|  |  |  |  |
| Residence |  |  |  |
| Urban | 5.5 | 0.4 | 1,866 |
| Rural | 5.2 | 0.4 | 1,612 |

Education

| No education | 1.2 | 0.0 | 67 |
| :--- | :--- | :--- | ---: |
| Elementary | 4.1 | 0.3 | 1,141 |
| High school | 7.3 | 0.5 | 1,325 |
| College or higher | 4.6 | 0.3 | 945 |

Wealth index quintile

| Lowest | 3.3 | 0.3 | 660 |
| :--- | :--- | :--- | :--- |
| Second | 6.1 | 0.3 | 695 |
| Middle | 6.4 | 0.1 | 748 |
| Fourth | 6.3 | 0.7 | 668 |
| Highest | 4.6 | 0.6 | 707 |
| Total | 5.4 | 0.4 | 3,478 |

## TUBERCULOSIS

This chapter examines awareness and incidence of tuberculosis (TB) in the Philippines, and behavior and attitudes toward the disease. The 2003 National Demographic and Health Survey (NDHS) asked the same set of questions about TB to both female and male respondents; hence comparisons between women and men are possible. There are six sections in this chapter. Section 12.1 addresses the status of TB in the Philippines and worldwide, and discusses the medical aspects of the disease. Section 12.2 examines the level of awareness of women and men of TB itself, its signs and symptoms, cause, mode of transmission, and treatment. Section 12.3 deals with self-reported diagnosis, symptoms, and treatment, and Section 12.4 focuses on stigma issues. Section 12.5 examines the level of awareness of women and men of the Directly Observed Treatment Short (DOTS) course chemotherapy program of the Department of Health (DOH).

### 12.1 BACKGROUND ON TB

TB is one of the ten leading causes of morbidity and mortality in the Philippines, and is a major health problem. The Philippine government has been implementing DOTS, the TB control strategy recommended by the World Health Organization (WHO). DOTS combines the following: 1) case detection by sputum smear microscopy among patients with TB symptoms who report to health services, 2) standardized short-course chemotherapy with directly observed treatment, and 3) a standardized recording and reporting system that tracks the treatment of each patient and in turn provides data to the TB control program.

TB is primarily caused by bacteria (Mycobacterium tuberculosis). The majority of cases are pulmonary, but in about 15 percent of cases, the bacteria disseminate to other areas of the body and are classified as nonpulmonary TB. Transmission is mainly airborne, through the inhalation of bacteriacarrying droplets produced by individuals with active pulmonary TB. Less commonly, infection may also occur through skin wounds, such as those associated with intravenous drug use.

Among people directly exposed to TB, only about 30 percent will actually become infected. In the general population, only about 5 percent of infected persons will develop active primary TB within two years. This activation rate is much higher for both the very young and very old, and for persons with a suppressed immune system (because of HIV infection or other causes). The activation rate is about 40 percent for persons with HIV, thus making TB diagnosis and treatment an important part of health care for HIV-infected individuals. Symptoms of active primary TB include persistent cough, chest pain, coughing up blood or sputum, fatigue, weight loss, loss of appetite, chills, fever, and nighttime sweating.

In persons who are infected but do not show symptoms of TB, the immune system is able to destroy or "wall off" the TB bacteria. These enclosed bacteria can remain dormant for many years and be reactivated. Risk factors for reactivation include old age, immunosuppression, diabetes, kidney insufficiency, and malnutrition. The reactivation rate is about 5 percent in the general population. Worldwide, the case fatality rate for TB has been estimated to be 55 percent for untreated persons and 15 percent for persons receiving treatment. TB fatality estimates vary widely by region and by level of socioeconomic development.

### 12.2 Respondents' Knowledge of TB

Table 12.1 presents the level of women's and men's awareness of TB and the fact that it can be cured, according to age, marital status, residence, region, education, and wealth index quintile. Almost all of the women and men surveyed ( 97 percent of women and 96 percent of men) have heard of TB. The percentage who believe that TB can be cured is a little lower: 92 percent for women and 89 percent for men.

| Table 12.1 Knowledge of tuberculosis |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women and men who have heard of tuberculosis and who believe that tuberculosis can be cured, by background characteristics, Philippines 2003 |  |  |  |  |  |  |
|  | Women |  |  | Men |  |  |
| Background characteristic | Has heard of TB | Believes TB can be cured | Number of women | Has heard of TB | $\begin{gathered} \text { Believes TB } \\ \text { can } \\ \text { be cured } \end{gathered}$ | Number of men |
| Age |  |  |  |  |  |  |
| 15-19 | 95.8 | 85.5 | 2,648 | 93.2 | 80.5 | 918 |
| 20-24 | 97.1 | 90.1 | 2,209 | 95.7 | 87.3 | 785 |
| 25-29 | 97.7 | 94.1 | 2,034 | 96.8 | 92.2 | 647 |
| 30-34 | 97.9 | 95.0 | 1,954 | 96.8 | 91.0 | 593 |
| 35-39 | 97.7 | 95.4 | 1,873 | 98.4 | 92.5 | 586 |
| 40-44 | 98.3 | 95.5 | 1,564 | 96.8 | 91.6 | 483 |
| 45-49 | 97.5 | 95.8 | 1,351 | 98.0 | 95.1 | 416 |
| 50-54 | na | na | 0 | 98.1 | 95.2 | 338 |
| Marital status |  |  |  |  |  |  |
| Never married | 96.8 | 89.2 | 4,388 | 95.1 | 85.3 | 1,914 |
| Married or living together | 97.6 | 93.9 | 8,671 | 97.1 | 92.2 | 2,746 |
| Divorced/separated/widowed | 97.1 | 94.2 | 574 | 97.0 | 91.5 | 106 |
| Residence |  |  |  |  |  |  |
| Urban | 97.6 | 93.5 | 7,877 | 96.2 | 91.2 | 2,553 |
| Rural | 96.9 | 90.9 | 5,756 | 96.5 | 87.4 | 2,213 |
| Region |  |  |  |  |  |  |
| National Capital Region | 98.0 | 95.6 | 2,387 | 99.6 | 95.6 | 740 |
| Cordillera Admin Region | 94.2 | 83.5 | 216 | 95.8 | 87.4 | 72 |
| I - Ilocos | 96.4 | 88.4 | 642 | 95.7 | 88.3 | 232 |
| II - Cagayan Valley | 98.3 | 91.9 | 426 | 98.6 | 87.7 | 163 |
| III - Central Luzon | 95.9 | 92.5 | 1,459 | 95.0 | 91.6 | 520 |
| IVA - CALABARZON | 97.1 | 95.0 | 1,890 | 92.3 | 90.0 | 652 |
| IVB - MIMAROPA | 95.5 | 92.2 | 340 | 92.1 | 83.5 | 119 |
| V-Bicol | 97.5 | 91.8 | 713 | 98.2 | 91.3 | 236 |
| VI - Western Visayas | 98.1 | 90.9 | 910 | 97.8 | 90.6 | 322 |
| VII - Central Visayas | 98.1 | 89.7 | 1,070 | 95.9 | 85.1 | 373 |
| VIII - Eastern Visayas | 99.2 | 95.7 | 555 | 100.0 | 92.9 | 229 |
| IX - Zamboanga Peninsula | 97.4 | 92.3 | 465 | 97.2 | 88.0 | 189 |
| X - Northern Mindanao | 96.4 | 86.2 | 565 | 98.6 | 75.6 | 202 |
| XI - Davao | 97.7 | 91.0 | 654 | 99.5 | 89.0 | 212 |
| XII - SOCCSKSARGEN | 96.1 | 90.3 | 524 | 98.4 | 91.3 | 216 |
| XIII - Caraga | 99.3 | 92.7 | 327 | 100.0 | 92.0 | 125 |
| ARMM | 97.3 | 93.4 | 489 | 80.3 | 76.1 | 166 |
| Education |  |  |  |  |  |  |
| No education | 87.9 | 79.6 | 186 | 80.5 | 65.1 | 84 |
| Elementary | 94.4 | 88.3 | 3,146 | 94.8 | 84.2 | 1,441 |
| High school | 97.8 | 91.8 | 6,109 | 96.4 | 90.0 | 2,048 |
| College or higher | 99.3 | 96.9 | 4,192 | 99.1 | 96.5 | 1,193 |
| Wealth index quintile |  |  |  |  |  |  |
| Lowest | 94.8 | 86.5 | 2,161 | 92.3 | 80.2 | 884 |
| Second | 97.1 | 91.8 | 2,412 | 97.0 | 89.1 | 937 |
| Middle | 97.9 | 93.6 | 2,682 | 97.3 | 91.7 | 992 |
| Fourth | 98.1 | 94.3 | 2,940 | 97.3 | 91.7 | 957 |
| Highest | 98.0 | 94.1 | 3,438 | 97.3 | 93.6 | 996 |
| Total | 97.3 | 92.4 | 13,633 | 96.3 | 89.4 | 4,766 |

The level of awareness of TB does not vary much by age, marital status, residence, region, and wealth index quintile. However, the level increases with education, regardless of sex. Those with no education are least likely to have heard of TB ( 88 percent among women and 81 percent among men), and those with college or higher education are the most likely ( 99 percent for both women and men).

The percentages believing that TB can be cured do not differ by age, marital status, and residence for women and men. They rise with the level of education ( 80 percent among women with no education to 97 percent among those with at least some college, and 65 percent among men with no education to 97 percent among those with at least some college) and by wealth index quintile for women and men.

The Cordillera Administrative Region (CAR) has the lowest level of women who know that TB can be cured ( 84 percent), while the National Capital Region (NCR) and Eastern Visayas have the highest ( 96 percent). Northern Mindanao and the Autonomous Region in Muslim Mindanao (ARMM) have the lowest levels of men with knowledge that TB can be cured (76 percent), and the NCR has the highest (96 percent).

The signs and symptoms of TB most commonly reported by women and men (Table 12.2) are coughing (55 percent for women and 57 percent for men), weight loss (42 percent for both sexes), and blood in sputum ( 36 percent for women and 33 percent for men). While the symptoms of TB next most commonly cited by women are coughing for several weeks ( 28 percent), coughing with sputum ( 27 percent), and fever ( 23 percent), those cited by men are coughing with sputum (23 percent), coughing for several weeks (23 percent), and fatigue (18 percent).

Smoking (47 percent among women and 57 percent among men), alcohol drinking ( 35 percent for women and 47 percent for men), fatigue ( 34 percent among women and 33 percent among men), and microbes/germs/bacteria (24 percent among women and 17 percent among men) emerge as the identified top-ranking causes of TB (Table 12.3). Eight to 9 percent of respondents say they do not know the cause of TB.

| Table 12.2 Knowledge of specific symptoms of tuberculosis |  |  |
| :---: | :---: | :---: |
| Among women and men who have heard of tuberculosis, percentage who cite specific symptoms of TB, Philippines 2003 |  |  |
| Symptom of TB | Women | Men |
| Coughing | 55.1 | 57.4 |
| Coughing with sputum | 27.1 | 22.7 |
| Coughing for several weeks | 28.1 | 22.5 |
| Fever | 23.2 | 11.5 |
| Blood in sputum | 35.5 | 33.4 |
| Loss of appetite | 7.2 | 5.2 |
| Night sweating | 2.6 | 2.1 |
| Pain in chest/back | 12.5 | 9.4 |
| Fatigue | 14.7 | 18.1 |
| Weight loss | 41.6 | 42.0 |
| Breathing problems | 1.2 | 1.1 |
| Bad posture | 0.7 | 0.8 |
| Other | 2.4 | 2.7 |
| Does not know | 2.3 | 4.5 |
| Number of women/men | 13,270 | 4,766 |


| Table 12.3 Knowledge of the cause of tuberculosis |  |  |
| :---: | :---: | :---: |
| Among women and men tuberculosis, percentage causes of TB, Philippines | who hav who cit 2003 | heard of specific |
| Cause of TB | Women | Men |
| Microbes/germs/bacteria | 23.6 | 17.2 |
| Inherited | 16.1 | 11.2 |
| Lifestyle | 14.2 | 14.7 |
| Smoking | 47.4 | 57.1 |
| Alcohol drinking | 35.3 | 47.2 |
| Fatigue | 34.0 | 32.7 |
| Extensive coughing | 0.9 | 0.0 |
| Other | 4.9 | 4.4 |
| Does not know | 8.4 | 9.3 |
| Number of women/men | 13,270 | 4,766 |

The two most commonly cited modes of transmission reported by both sexes are sharing eating utensils (79 percent for women and 72 percent for men) and through the air when coughing (52 percent among women and 46 percent among men) (Table 12.4).

| Table 12.4 Knowledge of the modes of |  |  |
| :---: | :---: | :---: |
| Among women and men tuberculosis, percentage means of transmission of TB | who have who cit , Philippin | heard of specific 2003 |
| Means of transmission of TB | Women | Men |
| Airborne when coughing | 52.4 | 46.3 |
| Sharing eating utensils | 79.1 | 72.4 |
| Touching a person with TB | 5.5 | 6.6 |
| Sharing food | 0.6 | 0.9 |
| Other | 1.9 | 1.6 |
| Does not know | 4.8 | 7.8 |
| Number of women/men | 13,270 | 4,766 |

Differentials in knowledge that TB is caused by bacteria are not marked (Table 12.5). The only clear differential observed relates to education; those with no education are the least aware (13 percent for women and 9 percent for men) and those with college or higher education are the most aware ( 32 percent among women and 26 percent among men). Ilocos and Western Visayas regions show the lowest levels of women with knowledge that TB is caused by a microbe (13 and 14 percent, respectively), and CAR and Caraga show the highest ( 35 and 36 percent, respectively); however, among men, ARMM and SOCCSKSARGEN depict the lowest levels (6 and 5 percent, respectively), and Cagayan Valley and Caraga have the highest (47 and 32 percent, respectively).

Awareness of the fact that TB is mainly transmitted through the air when coughing does not differ significantly by age and marital status. Urban women and, especially, urban men are more likely to know how TB is transmitted than are rural residents. The higher the education of the women and men and the higher the wealth index quintile, the higher the level of awareness. SOCCSKSARGEN shows the lowest level of women who know that TB is transmitted through the air (38 percent), and Ilocos and MIMAROPA show the lowest levels of men ( 25 and 28 percent, respectively); while Caraga shows the highest levels for both women and men ( 73 and 84 percent, respectively).


### 12.3 Self-Reported Diagnosis, Symptoms, and Treatment

Less than 1 percent of women and 1 percent of men reported that they had been told by a doctor or a health professional that they had TB in the five years preceding the survey (Table 12.6). Differentials are very small.

Table 12.6 Diagnosis of tuberculosis
Among women and men who have heard of tuberculosis, percentage who have been diagnosed with tuberculosis in the five years preceding the survey and percentage who have ever taken anti-TB medicine, by background characteristics, Philippines 2003

| Background characteristic | Women |  |  | Men |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage with TB diagnosed in the past 5 years | Percentage who have taken anti-TB medicine | Number of women | Percentage with TB diagnosed in the past 5 years | Percentage who have taken anti-TB medicine | Number of men |
| Age |  |  |  |  |  |  |
| 15-19 | 0.3 | 0.4 | 2,537 | 0.6 | 0.3 | 855 |
| 20-24 | 0.3 | 0.6 | 2,145 | 0.7 | 0.8 | 751 |
| 25-29 | 0.5 | 0.5 | 1,988 | 0.2 | 0.4 | 626 |
| 30-34 | 0.9 | 1.1 | 1,914 | 1.5 | 1.8 | 574 |
| 35-39 | 0.4 | 0.8 | 1,830 | 1.7 | 1.9 | 577 |
| 40-44 | 0.6 | 1.8 | 1,538 | 2.1 | 3.9 | 468 |
| 45-49 | 1.1 | 2.2 | 1,317 | 1.8 | 3.7 | 407 |
| 50-54 | na | na | 0 | 3.0 | 5.9 | 332 |
| Marital status |  |  |  |  |  |  |
| Never married | 0.3 | 0.5 | 4,248 | 0.5 | 0.8 | 1,820 |
| Married or living together | 0.6 | 1.1 | 8,464 | 1.7 | 2.4 | 2,668 |
| Divorced/separated/widowed | 0.9 | 1.8 | 558 | 1.9 | 7.4 | 103 |
| Residence |  |  |  |  |  |  |
| Urban | 0.6 | 1.0 | 7,692 | 1.2 | 1.6 | 2,454 |
| Rural | 0.5 | 0.9 | 5,577 | 1.3 | 2.1 | 2,136 |
| Region |  |  |  |  |  |  |
| National Capital Region | 0.5 | 0.9 | 2,340 | 1.0 | 2.1 | 737 |
| Cordillera Admin Region | 1.1 | 1.1 | 203 | 0.6 | 1.8 | 69 |
| I - Ilocos | 0.8 | 1.1 | 619 | 0.0 | 0.4 | 222 |
| II - Cagayan Valley | 0.2 | 0.5 | 419 | 1.5 | 2.5 | 161 |
| III - Central Luzon | 0.4 | 0.6 | 1,399 | 0.3 | 1.1 | 494 |
| IVA - CALABARZON | 0.5 | 1.2 | 1,836 | 1.5 | 2.0 | 601 |
| IVB - MIMAROPA | 0.7 | 1.1 | 325 | 2.0 | 2.6 | 110 |
| V-Bicol | 0.6 | 1.3 | 695 | 1.5 | 1.8 | 232 |
| VI - Western Visayas | 0.5 | 1.4 | 892 | 0.7 | 3.0 | 315 |
| VII - Central Visayas | 0.4 | 0.9 | 1,049 | 0.0 | 0.0 | 357 |
| VIII - Eastern Visayas | 0.0 | 0.2 | 551 | 0.7 | 0.7 | 229 |
| IX - Zamboanga Peninsula | 0.8 | 0.8 | 453 | 2.3 | 1.8 | 183 |
| X - Northern Mindanao | 1.2 | 1.3 | 545 | 1.8 | 1.4 | 199 |
| XI - Davao | 0.6 | 0.7 | 639 | 4.0 | 4.9 | 211 |
| XII - SOCCSKSARGEN | 0.6 | 0.9 | 504 | 3.0 | 4.2 | 212 |
| XIII - Caraga | 0.4 | 0.2 | 325 | 0.9 | 0.9 | 125 |
| ARMM | 0.6 | 0.8 | 476 | 1.5 | 1.0 | 133 |
| Education |  |  |  |  |  |  |
| No education | 0.5 | 2.2 | 164 | 1.2 | 5.3 | 67 |
| Elementary | 0.6 | 1.1 | 2,970 | 1.6 | 2.3 | 1,366 |
| High school | 0.6 | 1.0 | 5,975 | 1.0 | 1.6 | 1,975 |
| College or higher | 0.4 | 0.7 | 4,161 | 1.2 | 1.6 | 1,182 |
| Wealth index quintile |  |  |  |  |  |  |
| Lowest | 0.6 | 0.7 | 2,047 | 1.8 | 2.1 | 816 |
| Second | 0.9 | 1.6 | 2,343 | 1.1 | 2.0 | 909 |
| Middle | 0.5 | 1.2 | 2,626 | 0.5 | 1.6 | 965 |
| Fourth | 0.4 | 0.8 | 2,885 | 1.1 | 2.0 | 931 |
| Highest | 0.3 | 0.6 | 3,368 | 1.6 | 1.6 | 969 |
| Total | 0.5 | 0.9 | 13,270 | 1.2 | 1.9 | 4,590 |

na $=$ Not applicable

Less than 1 percent of women and 2 percent of men have taken anti-TB medicine. Among women, those age 4549, those not currently married, and those with no education reported slightly higher than average levels of medication. Among men, a similar but stronger pattern holds.

Government hospitals, urban-rural health centers, and pharmacies emerge as the most common sources of treatment among those women and men who ever took antiTB medicine (Table 12.7).

While the total level of diagnosed TB is only 1 to 2 percent (Table 12.6), the percentage of respondents who ever had at least one symptom of TB is 35 to 36 percent for women and men (Tables 12.8.1 and 12.8.2, respectively). Roughly one in five women and men have ever had either chest or back pain or cough for two weeks or more (Figure 12.1). Having ever had a symptom of TB increases with age, but it does not vary much by marital status. Urban women and men have much lower levels of reported symptoms than their rural counterparts. Having a symptom of TB is negatively related to education and household wealth index quintile. NCR and Cagayan Valley (and ARMM for men only) show the lowest levels of those with symptoms, while Davao and Caraga manifest the highest levels reporting to have ever had a symptom of TB.

Figure 12.1 Percentage of Women and Men Who Ever Had Symptoms of Tuberculosis


| Table 12.8.1 Experience of symptoms of tuberculosis: women |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women who have ever had specific symptoms of tuberculosis, by background characteristics, Philippines 2003 |  |  |  |  |  |  |  |
| Background characteristic | Cough for 2 weeks or more | Fever for 2 weeks or more | Chest or back pain | Blood in sputum | Night sweating | At least one symptom | Number of women |
| Age |  |  |  |  |  |  |  |
| 15-19 | 17.5 | 11.2 | 15.0 | 1.6 | 7.8 | 30.8 | 2,648 |
| 20-24 | 17.7 | 8.9 | 20.4 | 1.0 | 8.6 | 32.1 | 2,209 |
| 25-29 | 16.9 | 7.6 | 20.3 | 1.3 | 8.4 | 31.7 | 2,034 |
| 30-34 | 20.0 | 8.3 | 25.2 | 1.2 | 9.3 | 36.2 | 1,954 |
| 35-39 | 20.1 | 7.8 | 25.5 | 1.7 | 9.1 | 35.7 | 1,873 |
| 40-44 | 24.0 | 10.3 | 29.2 | 2.9 | 9.8 | 40.3 | 1,564 |
| 45-49 | 28.9 | 11.5 | 34.1 | 3.4 | 12.4 | 45.8 | 1,351 |
| Marital status |  |  |  |  |  |  |  |
| Never married | 17.1 | 10.0 | 17.1 | 1.4 | 7.2 | 30.5 | 4,388 |
| Married or living together | 21.5 | 8.9 | 26.0 | 1.9 | 10.0 | 37.4 | 8,671 |
| Divorced/separated/widowed | 19.9 | 11.3 | 25.3 | 1.9 | 10.7 | 36.3 | 574 |
| Residence |  |  |  |  |  |  |  |
| Urban | 17.4 | 7.5 | 19.3 | 1.4 | 6.5 | 30.4 | 7,877 |
| Rural | 23.6 | 11.9 | 28.4 | 2.3 | 12.6 | 41.7 | 5,756 |
| Region |  |  |  |  |  |  |  |
| National Capital Region | 12.3 | 4.5 | 11.7 | 0.6 | 2.7 | 20.6 | 2,387 |
| Cordillera Admin Region | 37.0 | 16.8 | 34.9 | 2.3 | 11.0 | 54.1 | 216 |
| I - Ilocos | 19.6 | 7.6 | 24.6 | 2.5 | 8.3 | 37.7 | 642 |
| II - Cagayan Valley | 10.4 | 5.9 | 15.0 | 0.9 | 4.2 | 21.7 | 426 |
| III - Central Luzon | 12.1 | 4.2 | 12.9 | 0.7 | 4.1 | 23.5 | 1,459 |
| IVA - CALABARZON | 14.5 | 5.5 | 15.5 | 1.2 | 6.7 | 24.1 | 1,890 |
| IVB - MIMAROPA | 27.4 | 11.1 | 28.0 | 2.0 | 17.5 | 41.2 | 340 |
| V - Bicol | 20.2 | 6.9 | 11.2 | 2.6 | 4.7 | 27.8 | 713 |
| VI - Western Visayas | 29.5 | 14.6 | 39.5 | 4.7 | 18.7 | 54.4 | 910 |
| VII - Central Visayas | 34.3 | 18.2 | 33.1 | 2.7 | 10.0 | 51.0 | 1,070 |
| VIII - Eastern Visayas | 17.3 | 5.1 | 18.5 | 0.6 | 4.3 | 29.5 | 555 |
| IX - Zamboanga Peninsula | 16.3 | 9.5 | 23.4 | 1.1 | 4.2 | 35.3 | 465 |
| X - Northern Mindanao | 28.2 | 14.8 | 40.2 | 2.1 | 22.6 | 54.4 | 565 |
| XI - Davao | 32.7 | 18.4 | 56.3 | 3.2 | 27.3 | 69.7 | 654 |
| XII - SOCCSKSARGEN | 26.5 | 14.6 | 31.1 | 3.2 | 12.5 | 45.4 | 524 |
| XIII - Caraga | 33.0 | 20.4 | 48.6 | 1.6 | 24.5 | 61.2 | 327 |
| ARMM | 14.8 | 11.1 | 15.0 | 1.5 | 6.4 | 29.5 | 489 |
| Education |  |  |  |  |  |  |  |
| No education | 30.1 | 21.6 | 27.0 | 4.0 | 17.8 | 43.5 | 186 |
| Elementary | 27.6 | 14.2 | 31.7 | 3.0 | 14.7 | 45.8 | 3,146 |
| High school | 18.9 | 9.2 | 21.1 | 1.6 | 8.7 | 33.8 | 6,109 |
| College or higher | 15.7 | 5.3 | 19.4 | 1.0 | 5.2 | 28.8 | 4,192 |
| Wealth index quintile |  |  |  |  |  |  |  |
| Lowest | 27.5 | 15.9 | 31.9 | 3.0 | 15.7 | 45.6 | 2,161 |
| Second | 23.3 | 11.5 | 28.6 | 2.0 | 11.4 | 42.1 | 2,412 |
| Middle | 20.4 | 9.6 | 22.5 | 2.0 | 10.1 | 35.3 | 2,682 |
| Fourth | 16.2 | 6.2 | 19.1 | 1.0 | 5.9 | 29.8 | 2,940 |
| Highest | 16.1 | 6.1 | 17.6 | 1.2 | 5.3 | 28.3 | 3,438 |
| Total | 20.0 | 9.3 | 23.1 | 1.7 | 9.1 | 35.2 | 13,633 |


| Table 12.8.2 Experience of symptoms of tuberculosis: men |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of men who have ever had specific symptoms of tuberculosis, by background characteristics, Philippines 2003 |  |  |  |  |  |  |  |
| Background characteristic | Cough for 2 weeks or more | Fever for 2 weeks or more | Chest or back pain | Blood in sputum | Night sweating | At least one symptom | Number of men |
| Age |  |  |  |  |  |  |  |
| 15-19 | 14.5 | 11.9 | 15.1 | 2.3 | 11.6 | 30.6 | 918 |
| 20-24 | 16.5 | 11.0 | 18.1 | 2.1 | 11.4 | 30.3 | 785 |
| 25-29 | 14.3 | 10.3 | 17.9 | 1.9 | 9.9 | 29.6 | 647 |
| 30-34 | 20.2 | 14.6 | 27.5 | 2.0 | 11.4 | 38.7 | 593 |
| 35-39 | 18.4 | 9.8 | 25.0 | 2.5 | 12.6 | 36.8 | 586 |
| 40-44 | 22.1 | 11.8 | 25.0 | 5.3 | 13.3 | 39.7 | 483 |
| 45-49 | 24.8 | 12.4 | 29.7 | 5.5 | 12.9 | 41.8 | 416 |
| 50-54 | 29.8 | 16.7 | 34.3 | 7.4 | 16.0 | 50.4 | 338 |
| Marital status |  |  |  |  |  |  |  |
| Never married | 15.9 | 11.6 | 17.4 | 2.3 | 11.0 | 31.1 | 1,914 |
| Married or living together | 20.7 | 12.1 | 25.7 | 3.5 | 12.4 | 38.4 | 2,746 |
| Divorced/separated/widowed | 20.3 | 17.0 | 27.4 | 10.3 | 19.6 | 38.8 | 106 |
| Residence |  |  |  |  |  |  |  |
| Urban | 14.7 | 7.8 | 17.1 | 1.8 | 9.7 | 28.8 | 2,553 |
| Rural | 23.4 | 16.9 | 28.5 | 4.7 | 14.6 | 43.3 | 2,213 |
| Region |  |  |  |  |  |  |  |
| National Capital Region | 10.7 | 3.3 | 10.2 | 1.2 | 6.4 | 19.1 | 740 |
| Cordillera Admin Region | 30.9 | 22.7 | 40.0 | 6.2 | 22.0 | 58.3 | 72 |
| I - Ilocos | 23.5 | 19.9 | 24.6 | 1.7 | 25.1 | 48.2 | 232 |
| II - Cagayan Valley | 7.4 | 6.6 | 12.5 | 3.0 | 8.5 | 15.9 | 163 |
| III - Central Luzon | 11.1 | 6.8 | 17.9 | 1.0 | 6.8 | 24.7 | 520 |
| IVA - CALABARZON | 14.5 | 7.8 | 19.2 | 2.8 | 10.9 | 31.3 | 652 |
| IVB - MIMAROPA | 28.1 | 20.1 | 36.8 | 3.6 | 27.7 | 59.4 | 119 |
| V - Bicol | 11.7 | 9.2 | 12.2 | 3.9 | 5.6 | 20.4 | 236 |
| VI - Western Visayas | 20.8 | 20.0 | 40.3 | 7.9 | 22.5 | 52.8 | 322 |
| VII - Central Visayas | 25.6 | 16.8 | 18.1 | 2.5 | 10.8 | 37.4 | 373 |
| VIII - Eastern Visayas | 23.7 | 10.7 | 35.5 | 4.1 | 6.8 | 48.6 | 229 |
| IX - Zamboanga Peninsula | 32.9 | 21.8 | 23.3 | 0.5 | 7.3 | 48.0 | 189 |
| X - Northern Mindanao | 14.1 | 11.3 | 28.5 | 4.9 | 16.2 | 41.9 | 202 |
| XI - Davao | 39.7 | 22.4 | 42.6 | 8.6 | 28.8 | 63.1 | 212 |
| XII - SOCCSKSARGEN | 26.9 | 16.2 | 29.3 | 5.6 | 7.3 | 43.8 | 216 |
| XIII - Caraga | 46.3 | 31.1 | 42.9 | 4.1 | 22.1 | 65.5 | 125 |
| ARMM | 3.0 | 2.7 | 4.2 | 0.0 | 3.4 | 8.2 | 166 |
| Education |  |  |  |  |  |  |  |
| No education | 23.8 | 21.5 | 24.8 | 8.1 | 16.9 | 38.1 | 84 |
| Elementary | 23.5 | 17.0 | 30.5 | 4.8 | 15.7 | 45.7 | 1,441 |
| High school | 17.6 | 11.6 | 20.1 | 2.6 | 11.8 | 33.9 | 2,048 |
| College or higher | 14.5 | 6.0 | 16.4 | 1.6 | 7.6 | 25.8 | 1,193 |
| Wealth index quintile |  |  |  |  |  |  |  |
| Lowest | 23.3 | 19.7 | 30.0 | 5.4 | 15.2 | 44.2 | 884 |
| Second | 24.0 | 16.6 | 26.4 | 3.6 | 14.7 | 42.2 | 937 |
| Middle | 17.5 | 11.3 | 21.7 | 2.7 | 11.5 | 34.9 | 992 |
| Fourth | 16.7 | 8.5 | 17.4 | 3.0 | 11.1 | 30.6 | 957 |
| Highest | 13.0 | 4.8 | 17.3 | 1.2 | 8.0 | 26.8 | 996 |
| Total | 18.7 | 12.0 | 22.4 | 3.1 | 12.0 | 35.5 | 4,766 |

A little less than half of the women and men who have ever had at least one symptom of TB sought consultation or treatment for the symptom (Tables 12.9.1 and 12.9.2). Of the more than half not seeking consultation or treatment, the most commonly cited reason is that the symptom is harmless ( 37 percent for both women and men). The percentage seeking consultation or treatment (for both sexes) increases with age, education, and wealth index quintile. Among women, Bicol shows the highest percentage (58 percent) seeking treatment and Zamboanga Peninsula (27 percent) the lowest. Among men,

## Table 12.9.1 Reasons for not seeking treatment for symptoms of tuberculosis: women

Percent distribution of women who have ever had symptoms of tuberculosis, by whether they sought treatment for the symptoms and reason for not seeking treatment, according to background characteristics, Philippines 2003

| Background characteristic | Sought treatment | Reason for not seeking consultation/treatment |  |  |  |  |  |  | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Symptoms harmless | Cost | Distance | Embarrassed | Self medication | Don't know/ other | Missing |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 36.8 | 41.9 | 9.0 | 2.0 | 2.3 | 4.6 | 3.3 | 0.1 | 100.0 | 815 |
| 20-24 | 44.0 | 40.0 | 6.0 | 2.9 | 0.6 | 2.3 | 3.9 | 0.3 | 100.0 | 709 |
| 25-29 | 45.4 | 38.8 | 6.0 | 2.6 | 1.2 | 2.8 | 2.9 | 0.3 | 100.0 | 646 |
| 30-34 | 46.5 | 37.6 | 8.0 | 2.4 | 0.8 | 2.4 | 2.2 | 0.2 | 100.0 | 708 |
| 35-39 | 48.6 | 36.2 | 7.4 | 1.4 | 1.0 | 2.4 | 2.8 | 0.2 | 100.0 | 668 |
| 40-44 | 52.7 | 33.4 | 6.9 | 2.0 | 0.5 | 2.3 | 2.3 | 0.0 | 100.0 | 630 |
| 45-49 | 55.3 | 32.4 | 5.5 | 1.5 | 0.4 | 2.6 | 2.0 | 0.2 | 100.0 | 619 |
| Marital status |  |  |  |  |  |  |  |  |  |  |
| Never married | 41.8 | 41.0 | 7.0 | 1.6 | 1.6 | 3.3 | 3.4 | 0.3 | 100.0 | 1,340 |
| Married or living together | 48.5 | 36.0 | 7.0 | 2.3 | 0.8 | 2.7 | 2.6 | 0.2 | 100.0 | 3,246 |
| Divorced/separated/widowed | 47.7 | 35.8 | 9.0 | 3.2 | 0.5 | 1.2 | 2.5 | 0.0 | 100.0 | 208 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 48.7 | 37.7 | 5.1 | 1.0 | 1.1 | 2.8 | 3.1 | 0.3 | 100.0 | 2,393 |
| Rural | 44.4 | 37.1 | 9.0 | 3.2 | 0.9 | 2.8 | 2.5 | 0.1 | 100.0 | 2,401 |
| Region |  |  |  |  |  |  |  |  |  |  |
| National Capital Region | 49.3 | 35.6 | 7.3 | 1.3 | 1.1 | 0.8 | 4.5 | 0.0 | 100.0 | 492 |
| Cordillera Admin Region | 51.9 | 29.9 | 7.5 | 2.7 | 1.1 | 3.8 | 2.8 | 0.4 | 100.0 | 117 |
| I - Ilocos | 45.8 | 35.4 | 7.6 | 3.3 | 1.6 | 2.9 | 3.3 | 0.0 | 100.0 | 242 |
| II - Cagayan Valley | 53.3 | 22.1 | 8.8 | 0.9 | 3.6 | 5.1 | 6.3 | 0.0 | 100.0 | 92 |
| III - Central Luzon | 45.7 | 47.5 | 3.7 | 0.4 | 0.4 | 1.3 | 1.0 | 0.0 | 100.0 | 342 |
| IVA - CALABARZON | 52.1 | 33.0 | 5.0 | 0.6 | 1.5 | 2.2 | 4.7 | 0.9 | 100.0 | 455 |
| IVB - MIMAROPA | 48.8 | 30.5 | 8.3 | 5.1 | 1.5 | 4.2 | 1.1 | 0.6 | 100.0 | 140 |
| $V$ - Bicol | 57.8 | 22.2 | 4.9 | 0.5 | 1.1 | 8.5 | 4.0 | 1.0 | 100.0 | 198 |
| VI - Western Visayas | 46.5 | 38.9 | 7.1 | 1.9 | 0.2 | 4.0 | 1.4 | 0.0 | 100.0 | 495 |
| VII - Central Visayas | 50.5 | 37.9 | 6.1 | 1.9 | 0.2 | 2.3 | 0.8 | 0.2 | 100.0 | 545 |
| VIII - Eastern Visayas | 41.4 | 42.3 | 7.9 | 4.2 | 0.5 | 3.1 | 0.5 | 0.0 | 100.0 | 164 |
| IX - Zamboanga Peninsula | 26.5 | 55.0 | 11.6 | 2.6 | 2.2 | 0.6 | 1.6 | 0.0 | 100.0 | 164 |
| X - Northern Mindanao | 40.2 | 49.1 | 6.2 | 1.5 | 1.5 | 0.0 | 1.5 | 0.0 | 100.0 | 308 |
| XI - Davao | 48.8 | 28.4 | 7.3 | 1.9 | 1.0 | 6.5 | 6.0 | 0.2 | 100.0 | 456 |
| XII - SOCCSKSARGEN | 39.8 | 38.8 | 11.0 | 3.2 | 1.8 | 2.9 | 2.5 | 0.0 | 100.0 | 238 |
| XIII - Caraga | 42.1 | 49.2 | 5.7 | 1.2 | 0.3 | 0.3 | 1.2 | 0.0 | 100.0 | 200 |
| ARMM | 34.8 | 33.3 | 14.0 | 11.8 | 1.0 | 1.6 | 3.5 | 0.0 | 100.0 | 144 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 31.0 | 27.2 | 27.5 | 9.3 | 2.0 | 2.0 | 1.0 | 0.0 | 100.0 | 81 |
| Elementary | 44.1 | 35.4 | 9.9 | 3.5 | 1.0 | 3.3 | 2.6 | 0.1 | 100.0 | 1,442 |
| High school | 44.5 | 38.9 | 6.7 | 1.6 | 1.4 | 2.9 | 3.9 | 0.1 | 100.0 | 2,064 |
| College or higher | 54.1 | 37.9 | 2.9 | 0.9 | 0.2 | 2.1 | 1.3 | 0.6 | 100.0 | 1,207 |
| Wealth index quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 40.1 | 32.0 | 13.8 | 6.5 | 1.2 | 3.4 | 3.0 | 0.0 | 100.0 | 985 |
| Second | 46.3 | 38.0 | 7.6 | 1.6 | 1.5 | 2.1 | 2.9 | 0.1 | 100.0 | 1,015 |
| Middle | 47.6 | 39.3 | 6.0 | 0.6 | 0.7 | 3.1 | 2.6 | 0.1 | 100.0 | 948 |
| Fourth | 47.1 | 41.5 | 3.5 | 0.9 | 0.7 | 3.4 | 2.7 | 0.2 | 100.0 | 875 |
| Highest | 51.9 | 36.8 | 3.9 | 0.8 | 1.1 | 2.2 | 2.9 | 0.5 | 100.0 | 971 |
| Total | 46.6 | 37.4 | 7.1 | 2.1 | 1.0 | 2.8 | 2.8 | 0.2 | 100.0 | 4,794 |

Davao registers the highest ( 75 percent), and ARMM (10 percent), followed by Zamboanga Peninsula (17 percent), the lowest. There are no marked differentials observed with the level of consultation or treatment by marital status and residence. The proportion who said they did not seek treatment because they felt the symptoms were harmless shows little marked differentials by background characteristics among women; however, less than 20 percent of men in Davao and Central Visayas state it as a reason for not seeking treatment.

Table 12.9.2 Reasons for not seeking treatment for symptoms of tuberculosis: men
Percent distribution of men who have ever had symptoms of tuberculosis by whether they sought treatment for the symptoms and reason for not seeking treatment, according to background characteristics, Philippines 2003

| Background characteristic | Sought treatment | Reason for not seeking consultation/treatment |  |  |  |  |  |  | Total | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Symptoms harmless | Cost | Distance | Embarrassed | Selfmedication | Don't know/ other | Missing |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 41.9 | 40.5 | 8.8 | 1.7 | 1.5 | 2.8 | 3.0 | 0.0 | 100.0 | 281 |
| 20-24 | 44.7 | 35.6 | 9.2 | 3.6 | 1.6 | 2.9 | 2.3 | 0.0 | 100.0 | 238 |
| 25-29 | 47.5 | 41.6 | 4.0 | 3.3 | 0.0 | 1.5 | 1.1 | 1.1 | 100.0 | 192 |
| 30-34 | 46.0 | 38.5 | 7.2 | 1.3 | 0.7 | 4.0 | 2.2 | 0.0 | 100.0 | 230 |
| 35-39 | 45.8 | 35.8 | 7.7 | 3.5 | 1.9 | 3.6 | 1.2 | 0.5 | 100.0 | 215 |
| 40-44 | 51.2 | 37.1 | 4.0 | 2.7 | 0.5 | 1.3 | 3.2 | 0.0 | 100.0 | 192 |
| 45-49 | 49.4 | 38.5 | 4.7 | 0.8 | 0.0 | 4.4 | 1.1 | 1.1 | 100.0 | 174 |
| 50-54 | 59.9 | 28.7 | 2.8 | 4.0 | 0.0 | 2.3 | 2.4 | 0.0 | 100.0 | 170 |
| Marital status |  |  |  |  |  |  |  |  |  |  |
| Never married | 43.1 | 40.5 | 7.2 | 2.6 | 0.9 | 2.9 | 2.6 | 0.2 | 100.0 | 595 |
| Married or living together | 50.2 | 35.3 | 6.0 | 2.7 | 0.9 | 2.8 | 1.9 | 0.4 | 100.0 | 1,055 |
| Divorced/separated/widowed | (46.8) | (42.8) | (4.1) | (0.0) | (0.0) | (5.0) | (1.1) | (0.0) | 100.0 | 41 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 48.1 | 37.5 | 6.5 | 1.4 | 0.6 | 2.1 | 3.2 | 0.6 | 100.0 | 734 |
| Rural | 47.2 | 37.1 | 6.3 | 3.5 | 1.1 | 3.4 | 1.3 | 0.1 | 100.0 | 958 |
| Region |  |  |  |  |  |  |  |  |  |  |
| National Capital Region | 46.3 | 39.5 | 3.7 | 2.5 | 0.0 | 3.0 | 3.6 | 1.3 | 100.0 | 142 |
| Cordillera Admin Region | 39.1 | 49.0 | 2.1 | 2.2 | 1.1 | 5.3 | 1.1 | 0.0 | 100.0 | 42 |
| I- Ilocos | 37.0 | 29.5 | 8.2 | 3.6 | 5.4 | 15.3 | 0.0 | 0.9 | 100.0 | 112 |
| II - Cagayan Valley | (56.3) | (34.1) | (6.2) | (0.0) | (0.0) | (0.0) | (3.3) | (0.0) | 100.0 | 26 |
| III - Central Luzon | 54.3 | 32.9 | 4.1 | 2.6 | 1.1 | 1.0 | 4.0 | 0.0 | 100.0 | 129 |
| IVA - CALABARZON | 39.4 | 48.9 | 5.8 | 2.1 | 0.0 | 0.7 | 3.3 | 0.0 | 100.0 | 204 |
| IVB - MIMAROPA | 34.6 | 43.2 | 11.2 | 6.1 | 0.0 | 0.0 | 4.9 | 0.0 | 100.0 | 71 |
| V-Bicol | (55.8) | (26.9) | (10.8) | (0.0) | (2.2) | (4.3) | (0.0) | (0.0) | 100.0 | 48 |
| VI - Western Visayas | 43.7 | 40.4 | 8.3 | 2.7 | 0.0 | 4.9 | 0.0 | 0.0 | 100.0 | 170 |
| VII - Central Visayas | 69.7 | 18.5 | 9.4 | 1.6 | 0.0 | 0.0 | 0.0 | 0.8 | 100.0 | 139 |
| VIII - Eastern Visayas | 38.9 | 50.2 | 4.7 | 3.1 | 1.5 | 0.8 | 0.8 | 0.0 | 100.0 | 111 |
| IX - Zamboanga Peninsula | 16.8 | 65.1 | 11.4 | 2.9 | 0.0 | 2.8 | 0.9 | 0.0 | 100.0 | 91 |
| X - Northern Mindanao | 53.2 | 37.1 | 3.2 | 2.1 | 2.2 | 0.0 | 2.2 | 0.0 | 100.0 | 84 |
| XI - Davao | 75.0 | 7.6 | 3.4 | 2.9 | 0.7 | 2.6 | 7.1 | 0.8 | 100.0 | 134 |
| XII - SOCCSKSARGEN | 50.8 | 36.9 | 5.8 | 2.8 | 0.9 | 2.8 | 0.0 | 0.0 | 100.0 | 95 |
| XIII - Caraga | 50.8 | 45.5 | 2.9 | 0.0 | 0.7 | 0.0 | 0.0 | 0.0 | 100.0 | 82 |
| ARMM | * | * | * | * | * | * | * | * | 100.0 | 14 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | (29.6) | (41.4) | (12.7) | (6.9) | (0.0) | (9.4) | (0.0) | (0.0) | 100.0 | 32 |
| Elementary | 43.9 | 39.0 | 7.9 | 3.3 | 0.9 | 2.6 | 1.8 | 0.6 | 100.0 | 659 |
| High school | 51.2 | 34.6 | 5.9 | 1.8 | 0.8 | 3.1 | 2.6 | 0.0 | 100.0 | 693 |
| College or higher | 49.3 | 39.2 | 3.6 | 2.3 | 1.1 | 2.0 | 2.0 | 0.4 | 100.0 | 308 |
| Wealth index quintile |  |  |  |  |  |  |  |  |  |  |
| Lowest | 44.0 | 33.2 | 11.9 | 4.8 | 0.4 | 3.5 | 2.0 | 0.3 | 100.0 | 390 |
| Second | 48.3 | 38.9 | 5.4 | 1.9 | 1.4 | 2.2 | 0.9 | 1.0 | 100.0 | 395 |
| Middle | 47.2 | 36.3 | 7.4 | 2.9 | 0.6 | 3.9 | 1.7 | 0.0 | 100.0 | 346 |
| Fourth | 48.8 | 39.4 | 3.1 | 1.2 | 1.2 | 2.0 | 4.3 | 0.0 | 100.0 | 293 |
| Highest | 51.1 | 40.0 | 2.1 | 1.6 | 0.8 | 2.4 | 2.1 | 0.0 | 100.0 | 267 |
| Total | 47.6 | 37.3 | 6.4 | 2.6 | 0.9 | 2.9 | 2.1 | 0.3 | 100.0 | 1,692 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Service (40 percent), distance (29 percent), and cost (20 percent) are the most popular reasons for going to the most recent source of treatment, as reported by women who sought treatment (Table 12.10). With distance as the reason for choosing the last source of treatment, the relevant sources of treatment are rural/urban health center and pharmacy. The main reason for choosing a private hospital/clinic or private doctor is quality of service.

Table 12.10 Reasons for choosing source of treatment for symptoms of TB
Percentage of women who have ever had symptoms of tuberculosis and who sought treatment, by last source of treatment, by reason for choosing the source, Philippines 2003

| Source of <br> treatment | Distance | Cost | Service | Quality <br> of drugs | Other | Missing | Total | Number |
| :--- | :---: | ---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Government hospital | 26.8 | 30.8 | 35.2 | 4.6 | 2.7 | 0.0 | 100.0 | 426 |
| Rural/Urban health center | 45.8 | 28.3 | 18.0 | 5.6 | 2.0 | 0.3 | 100.0 | 685 |
| Private hospital/clinic | 20.6 | 7.7 | 61.6 | 5.8 | 4.2 | 0.0 | 100.0 | 588 |
| Pharmacy | $(38.0)$ | $(26.9)$ | $(2.6)$ | $(30.0$ | $(2.6)$ | $(0.0)$ | 100.0 | 36 |
| Private doctor | 14.3 | 5.8 | 65.1 | 10.4 | 3.5 | 0.9 | 100.0 | 303 |
| Other | 21.5 | 18.9 | 35.7 | 1.3 | 21.5 | 1.1 | 100.0 | 156 |
| Total |  |  |  |  |  |  |  |  |

Note: Some sources with small numbers of users have been omitted from the table. Figures in parentheses are based on 25-49 unweighted cases.

### 12.4 Willingness to Work with Someone Who Has Previously been Treated for Tuberculosis

Six in ten women and men who have heard of TB say they are willing to work with someone who has previously been treated for TB (Table 12.11). While no strong differentials exist by marital status, substantial differences are evident by age, residence, education, wealth index quintile, and region. Older respondents are more likely than younger respondents to be willing to work with someone who has had TB. Urban women and men are more likely to be willing to do so than their rural counterparts. The higher the respondent's level of education and wealth index quintile, the greater the percentage willing to work with a treated TB patient. ARMM has the lowest level of acceptance, followed by Zamboanga Peninsula. Among women, Eastern Visayas and Bicol, have levels of acceptance below 50 percent, and among men, Western Visayas is below 40 percent..

## Table 12.11 Positive attitudes toward those with TB

Among women and men who have heard of tuberculosis, percentage who are willing to work with someone who has previously been treated for tuberculosis, by background characteristics, Philippines 2003

| Background characteristic | Women |  | Men |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Percent | Number | Percent | Number |
| Age |  |  |  |  |
| 15-19 | 51.8 | 2,537 | 50.8 | 918 |
| 20-24 | 62.6 | 2,145 | 58.5 | 785 |
| 25-29 | 64.4 | 1,988 | 62.2 | 647 |
| 30-34 | 65.0 | 1,914 | 62.8 | 593 |
| 35-39 | 63.7 | 1,830 | 64.5 | 586 |
| 40-44 | 64.2 | 1,538 | 65.0 | 483 |
| 45-49 | 65.5 | 1,317 | 64.6 | 416 |
| 50-54 | na | 0 | 66.9 | 338 |
| Marital status |  |  |  |  |
| Never married | 60.5 | 4,248 | 56.1 | 1,914 |
| Married or living together | 62.3 | 8,464 | 63.8 | 2,746 |
| Divorced/separated/widowed | 64.6 | 558 | 58.4 | 106 |
| Residence |  |  |  |  |
| Urban | 67.3 | 7,692 | 69.5 | 2,553 |
| Rural | 54.3 | 5,577 | 50.3 | 2,213 |
| Region |  |  |  |  |
| National Capital Region | 72.9 | 2,340 | 83.7 | 740 |
| Cordillera Admin Region | 70.8 | 203 | 77.7 | 72 |
| I - Ilocos | 73.7 | 619 | 66.2 | 232 |
| II - Cagayan Valley | 76.4 | 419 | 54.5 | 163 |
| III - Central Luzon | 64.5 | 1,399 | 69.5 | 520 |
| IVA - CALABARZON | 74.9 | 1,836 | 72.9 | 652 |
| IVB - MIMAROPA | 52.6 | 325 | 66.1 | 119 |
| V-Bicol | 46.5 | 695 | 45.1 | 236 |
| VI - Western Visayas | 50.4 | 892 | 38.4 | 322 |
| VII - Central Visayas | 55.1 | 1,049 | 52.0 | 373 |
| VIII - Eastern Visayas | 44.9 | 551 | 52.8 | 229 |
| IX - Zamboanga Peninsula | 44.2 | 453 | 28.1 | 189 |
| X - Northern Mindanao | 52.0 | 545 | 52.4 | 202 |
| XI - Davao | 65.3 | 639 | 55.6 | 212 |
| XII - SOCCSKSARGEN | 58.1 | 504 | 49.9 | 216 |
| XIII - Caraga | 63.9 | 325 | 62.6 | 125 |
| ARMM | 26.4 | 476 | 28.4 | 166 |
| Education |  |  |  |  |
| No education | 32.0 | 164 | 24.5 | 84 |
| Elementary | 49.9 | 2,970 | 50.3 | 1,441 |
| High school | 60.4 | 5,975 | 61.2 | 2,048 |
| College or higher | 73.5 | 4,161 | 74.4 | 1,193 |
| Wealth index quintile |  |  |  |  |
| Lowest | 40.7 | 2,047 | 37.0 | 884 |
| Second | 55.7 | 2,343 | 53.4 | 937 |
| Middle | 63.8 | 2,626 | 67.4 | 992 |
| Fourth | 68.0 | 2,885 | 69.0 | 957 |
| Highest | 72.0 | 3,368 | 73.3 | 996 |
| Total | 61.8 | 13,270 | 60.6 | 4,766 |
| na $=$ Not applicable |  |  |  |  |

### 12.5 Awareness of the DOTS Chemotherapy Program

Table 12.12 shows that 18 percent of women and 12 percent of men are aware of the DOTS program of DOH. The level increases with age, education, and wealth index quintile, irrespective of sex. Regions with levels below average among women are Ilocos, Central Luzon, MIMAROPA, Bicol, Central Visayas, Northern Mindanao, and ARMM, while those among men are NCR, Ilocos, MIMAROPA, Bicol, Eastern Visayas, Zamboanga Peninsula, SOCCSKSARGEN, and ARMM. No strong differentials exist by marital status or residence.

| Table 12.12 Awareness of DOTS |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Percentage of women and men who are aware of the DOTS (Directly Observed Treatment Short-course) chemotherapy program, by background characteristics, Philippines 2003 |  |  |  |  |
| Background characteristic | Women |  | Men |  |
|  | Percent | Number | Percent | Number |
| Age |  |  |  |  |
| 15-19 | 12.6 | 2,648 | 6.6 | 918 |
| 20-24 | 16.2 | 2,209 | 7.5 | 785 |
| 25-29 | 21.5 | 2,034 | 11.7 | 647 |
| 30-34 | 19.9 | 1,954 | 14.7 | 593 |
| 35-39 | 20.1 | 1,873 | 16.0 | 586 |
| 40-44 | 21.2 | 1,564 | 13.4 | 483 |
| 45-49 | 21.2 | 1,351 | 12.6 | 416 |
| 50-54 | na | 0 | 16.8 | 338 |
| Marital status |  |  |  |  |
| Never married | 16.7 | 4,388 | 7.6 | 1,914 |
| Married or living together | 19.2 | 8,671 | 14.3 | 2,746 |
| Divorced/separated/widowed | 20.4 | 574 | 12.0 | 106 |
| Residence |  |  |  |  |
| Urban | 20.2 | 7,877 | 13.3 | 2,553 |
| Rural | 16.0 | 5,756 | 9.5 | 2,213 |
| Region |  |  |  |  |
| National Capital Region | 18.5 | 2,387 | 8.7 | 740 |
| Cordillera Admin Region | 18.1 | 216 | 15.1 | 72 |
| I - Ilocos | 15.3 | 642 | 5.2 | 232 |
| II - Cagayan Valley | 18.6 | 426 | 13.8 | 163 |
| III - Central Luzon | 15.5 | 1,459 | 12.9 | 520 |
| IVA - CALABARZON | 19.9 | 1,890 | 18.6 | 652 |
| IVB - MIMAROPA | 10.1 | 340 | 9.6 | 119 |
| V-Bicol | 11.1 | 713 | 6.3 | 236 |
| VI - Western Visayas | 30.0 | 910 | 21.1 | 322 |
| VII - Central Visayas | 17.4 | 1,070 | 11.3 | 373 |
| VIII - Eastern Visayas | 19.4 | 555 | 4.8 | 229 |
| IX - Zamboanga Peninsula | 21.2 | 465 | 5.4 | 189 |
| X - Northern Mindanao | 15.4 | 565 | 12.2 | 202 |
| XI - Davao | 20.1 | 654 | 17.1 | 212 |
| XII - SOCCSKSARGEN | 18.4 | 524 | 4.0 | 216 |
| XIII - Caraga | 28.7 | 327 | 19.7 | 125 |
| ARMM | 12.6 | 489 | 0.4 | 166 |
| Education |  |  |  |  |
| No education | 11.8 | 186 | 2.9 | 84 |
| Elementary | 10.5 | 3,146 | 7.7 | 1,441 |
| High school | 16.5 | 6,109 | 11.2 | 2,048 |
| College or higher | 27.4 | 4,192 | 17.4 | 1,193 |
| Wealth index quintile |  |  |  |  |
| Lowest | 12.6 | 2,161 | 7.3 | 884 |
| Second | 15.1 | 2,412 | 9.5 | 937 |
| Middle | 16.1 | 2,682 | 12.6 | 992 |
| Fourth | 20.5 | 2,940 | 11.7 | 957 |
| Highest | 24.3 | 3,438 | 16.0 | 996 |
| Total | 18.4 | 13,633 | 11.5 | 4,766 |
| na $=$ Not applicable |  |  |  |  |

The 2003 National Demographic and Health Survey (NDHS) included the Health Module, which is aimed at assessing the health status, practices, and attitudes of the population. The respondent for this module is any household member who is knowledgeable about other members of the household.

### 13.1 Communicable Diseases

### 13.1.1 Dengue Fever

As stated in the Philippine National Objectives for Health, one of the country's important goals is to reduce morbidity and mortality from dengue fever. Three specific health status objectives were identified to fulfill this aim: 1) reduce the incidence rate of dengue hemorrhagic fever to 20 cases per 100,000 population, 2 ) reduce the case fatality rate of dengue hemorrhagic fever to less than 1 percent, and 3) decrease the number of dengue outbreaks to less than 10 a year (Department of Health, 2000). In line with these health goals, the Dengue Control Program of the Department of Health (DOH) perseveres in increasing public awareness of dengue, its mode of transmission, and its prevention.

Table 13.1 shows that effective ways to prevent dengue fever are well known in the Philippines. More than two-thirds of household respondents reported that removing mosquito breeding places is one way to avoid dengue. Eliminating mosquitoes was cited by about half; using mosquito nets, by a quarter; and spraying/fogging/fumigating, by another quarter. Small proportions have misconceptions on dengue prevention, like staying away from people with dengue (2 percent) and washing hands before eating ( 2 percent).

The success of the government's information campaign is most evident in the National Capital Region (NCR) and Zamboanga Peninsula, where more than 80 percent of households know that removing mosquito breeding places can prevent the spread of dengue fever. A more vigorous information campaign could be needed in the Autonomous Region in Muslim Mindanao (ARMM), which registered the largest percentage of household respondents with misconceptions on dengue prevention. In this region, 8 percent cited staying away from people with dengue, and 5 percent mentioned washing hands before eating as ways of preventing dengue fever.

### 13.1.2 Leprosy

To assess DOH's information campaign on leprosy, the 2003 NDHS asked respondents whether they have ever heard of leprosy, how it spreads from one person to another, whether it is curable, and whether a person with leprosy can be treated at home. Table 13.2 summarizes the responses to these questions. About three in four household respondents (76 percent) have heard of leprosy. The proportion ranges from as high as 89 percent in Western Visayas to as low as 54 percent in ARMM. On the mode of transmission, contact with leprosy patient and skin-to-skin transmission were correctly identified by 31 and 28 percent of household respondents, respectively. Still, a considerable proportion ( 26 percent) of respondents did not know how leprosy spreads from one person to another.

| Table 13.1 Dengue fever prevention |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of household respondents who know that dengue fever can be prevented, and among those the percentage who report various means of preventing it, by region, Philippines 2003 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Percent age knowing how to prevent dengue fever |  | Means of preventing dengue fever among respondents who know that it can be prevented |  |  |  |  |  |  |  |  |  |  | Number of household respondents |
| Region |  | Number of households | Eliminate mosquitoes | Remove mosquito breeding places | Spraying/ fogging/ fumigating | Stay away from people with dengue | Take medicines | Use mosquito coils | Use mosquito nets | Use mosquito repellants | Wash hands before eating | Other | Don't know |  |
| National Capital Region | 99.4 | 1,846 | 53.1 | 83.6 | 21.2 | 3.1 | 1.5 | 2.8 | 8.5 | 5.5 | 2.5 | 4.8 | 0.2 | 1,835 |
| Cordillera Admin Region | 97.7 | 187 | 50.6 | 77.3 | 15.8 | 1.7 | 4.7 | 2.2 | 25.5 | 4.0 | 2.6 | 5.7 | 0.5 | 183 |
| I - Ilocos | 90.9 | 645 | 50.5 | 59.8 | 26.7 | 1.4 | 5.8 | 4.8 | 28.3 | 2.8 | 1.8 | 11.9 | 2.3 | 586 |
| II - Cagayan Valley | 96.8 | 452 | 31.0 | 54.8 | 20.7 | 1.1 | 7.7 | 5.1 | 53.2 | 4.7 | 1.1 | 10.8 | 0.0 | 437 |
| III - Central Luzon | 97.6 | 1,276 | 51.1 | 70.4 | 15.3 | 2.0 | 1.4 | 9.7 | 23.0 | 5.4 | 2.2 | 4.2 | 0.3 | 1,245 |
| IVA - CALABARZON | 98.4 | 1,611 | 52.8 | 68.9 | 21.8 | 2.7 | 1.8 | 3.3 | 20.1 | 9.3 | 2.6 | 16.2 | 0.2 | 1,585 |
| IVB - MIMAROPA | 95.3 | 343 | 45.2 | 59.1 | 23.3 | 1.0 | 0.9 | 3.8 | 49.9 | 2.9 | 2.2 | 14.8 | 2.2 | 327 |
| V-Bicol | 95.7 | 655 | 47.7 | 67.3 | 31.9 | 1.4 | 1.8 | 7.8 | 24.3 | 7.0 | 2.7 | 26.3 | 0.9 | 627 |
| VI - Western Visayas | 90.9 | 916 | 45.2 | 66.3 | 29.6 | 2.4 | 2.1 | 3.0 | 17.9 | 1.5 | 1.5 | 19.2 | 1.0 | 833 |
| VII - Central Visayas | 91.9 | 985 | 48.7 | 69.9 | 45.1 | 2.2 | 1.6 | 3.9 | 19.4 | 5.1 | 2.2 | 8.3 | 0.4 | 905 |
| VIII - Eastern Visayas | 93.8 | 544 | 35.3 | 59.8 | 22.4 | 1.4 | 11.7 | 13.6 | 35.8 | 2.1 | 2.6 | 8.6 | 0.3 | 511 |
| IX - Zamboanga Peninsula | 95.1 | 424 | 41.1 | 81.2 | 27.1 | 1.5 | 1.6 | 6.0 | 44.2 | 1.4 | 2.6 | 5.5 | 0.0 | 403 |
| X - Northern Mindanao | 89.9 | 515 | 51.8 | 71.9 | 40.6 | 1.3 | 2.0 | 11.4 | 26.2 | 5.3 | 1.6 | 5.9 | 0.0 | 463 |
| XI - Davao | 92.2 | 574 | 30.5 | 65.0 | 32.6 | 0.0 | 0.7 | 6.2 | 26.0 | 5.5 | 0.6 | 31.8 | 0.2 | 529 |
| XII - SOCCSKSARGEN | 94.7 | 519 | 51.5 | 65.0 | 24.8 | 1.3 | 1.8 | 4.1 | 32.1 | 1.8 | 2.1 | 3.1 | 0.7 | 491 |
| XIII - Caraga | 96.7 | 310 | 71.4 | 65.3 | 23.7 | 1.1 | 2.6 | 7.9 | 57.8 | 7.5 | 3.9 | 1.2 | 0.0 | 299 |
| ARMM | 97.7 | 314 | 40.4 | 59.1 | 14.3 | 7.8 | 0.9 | 15.4 | 60.8 | 4.3 | 5.4 | 3.7 | 0.0 | 306 |
| Total | 95.5 | 12,115 | 48.2 | 69.5 | 25.5 | 2.1 | 2.5 | 5.8 | 25.8 | 5.1 | 2.3 | 10.9 | 0.5 | 11,566 |

## Table 13.2 Perceived mode of transmission of leprosy

Percentage of household respondents who have heard of leprosy, and among those the percentage who cite various modes of transmission of leprosy, by region, Philippines 2003

| Region | Percentage who heard of leprosy | Number of households | Perceived mode of transmission of leprosy among respondents who have heard of leprosy |  |  |  |  |  |  |  | Number of household respondents |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Contact with leprosy patient | Droplets/ airborne | Eating certain types of food | Exposure to hot then cold "pasma" | Hereditary | Skin to skin | Other | Don't know |  |
| National Capital Region | 80.8 | 1,889 | 23.4 | 5.5 | 1.5 | 13.8 | 17.7 | 30.2 | 5.7 | 26.8 | 1,522 |
| Cordillera Admin Region | 66.5 | 198 | 57.9 | 7.9 | 4.9 | 1.4 | 9.9 | 38.9 | 8.6 | 12.7 | 131 |
| I - Ilocos | 74.7 | 673 | 30.0 | 7.2 | 3.7 | 5.5 | 10.4 | 35.2 | 11.9 | 28.6 | 502 |
| II - Cagayan Valley | 72.7 | 458 | 42.6 | 10.0 | 2.0 | 1.4 | 21.1 | 53.0 | 5.9 | 0.2 | 332 |
| III - Central Luzon | 67.1 | 1,317 | 17.4 | 5.6 | 1.7 | 6.4 | 13.1 | 23.5 | 4.0 | 41.0 | 881 |
| IVA - CALABARZON | 71.6 | 1,641 | 33.3 | 6.1 | 2.6 | 6.7 | 15.3 | 21.4 | 8.6 | 29.1 | 1,175 |
| IVB - MIMAROPA | 72.5 | 358 | 31.6 | 5.6 | 3.4 | 2.2 | 7.8 | 24.8 | 13.2 | 37.1 | 260 |
| $V$ - Bicol | 70.7 | 687 | 30.3 | 17.6 | 2.7 | 0.9 | 9.3 | 12.5 | 15.7 | 38.1 | 485 |
| VI - Western Visayas | 89.0 | 934 | 26.8 | 21.6 | 3.5 | 0.9 | 4.2 | 15.1 | 10.6 | 34.6 | 830 |
| VII - Central Visayas | 83.7 | 1,000 | 36.8 | 11.8 | 6.9 | 2.1 | 15.4 | 27.6 | 10.3 | 23.7 | 837 |
| VIII - Eastern Visayas | 71.0 | 566 | 21.9 | 5.7 | 3.1 | 2.0 | 10.7 | 54.5 | 8.1 | 12.0 | 402 |
| IX - Zamboanga Peninsula | 71.6 | 459 | 40.7 | 7.7 | 6.9 | 0.7 | 18.4 | 50.6 | 12.9 | 4.7 | 327 |
| X - Northern Mindanao | 85.5 | 544 | 37.2 | 11.3 | 7.0 | 0.2 | 8.1 | 24.3 | 13.9 | 30.9 | 465 |
| XI - Davao | 87.7 | 592 | 33.5 | 10.6 | 3.8 | 0.2 | 5.5 | 15.9 | 29.5 | 28.9 | 517 |
| XII - SOCCSKSARGEN | 71.6 | 544 | 33.8 | 17.0 | 8.6 | 1.8 | 15.2 | 27.8 | 7.8 | 19.5 | 388 |
| XIII - Caraga | 85.1 | 322 | 45.0 | 29.0 | 9.3 | 0.9 | 4.8 | 50.2 | 2.9 | 3.3 | 274 |
| ARMM | 53.9 | 396 | 29.2 | 12.7 | 34.3 | 4.4 | 15.2 | 39.4 | 4.8 | 7.3 | 212 |
| Total | 76.0 | 12,577 | 30.5 | 10.4 | 4.5 | 4.7 | 12.6 | 28.4 | 9.8 | 26.2 | 9,540 |

Among household respondents who had heard of leprosy, 63 percent reported that leprosy is curable (Figure 13.1). Almost one in seven household respondents ( 15 percent) stated that leprosy can be treated at home. The proportion who said that it can be treated at home ranges from 10 percent in Western Visayas to 21 percent in Eastern Visayas (regional data not shown). On the other hand, 23 percent reported that leprosy cannot be cured. Among the regions, Cagayan Valley had the highest proportion of household respondents reporting this ( 44 percent), while NCR and ARMM had the lowest proportions (14 and 13 percent, respectively). Fifteen percent of household respondents did not know whether leprosy can be cured.

# Figure 13.1 Percent Distribution of Household Respondents By Whether They Think Leprosy Is Curable 



### 13.1.3 Malaria

About 86 percent of household respondents have heard of malaria, and 61 percent of them are right in saying that a mosquito bite is the major means of transmission (Table 13.3). The other means of transmission identified by the respondents are drinking contaminated water ( 12 percent), contact with malaria patient ( 10 percent), and polluted air ( 5 percent). Six percent cited other reasons, while more than 3 percent gave wrong notions, like eating sour food and fatigue. More than 22 percent of respondents said that they did not know how malaria is transmitted.

A much larger proportion of household respondents residing in Caraga (99 percent), Davao (98 percent), and Cagayan Valley ( 97 percent) have heard of malaria, as compared with those in other regions. Malaria is least known in Central Luzon, where 74 percent of respondents have heard of the disease (Table 13.3).

## Table 13.3 Perceived transmission of malaria

Percentage of household respondents who have heard of malaria, and among those the percentage who report specific modes of transmission of malaria, by region, Philippines 2003

| Region | Percentage heard of malaria | Number of households | Modes of transmission of malaria among respondents who have heard of malaria |  |  |  |  |  |  |  | Number of household respondents |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Polluted air | Contact with malaria patient | Drinking contaminated water | Eating sour foods | Mosquito bites | Fatigue | Other | Don't know |  |
| National Capital Region | 83.4 | 1,889 | 6.9 | 10.7 | 12.3 | 0.9 | 63.9 | 1.2 | 3.4 | 22.1 | 1,571 |
| Cordillera Admin Region | 95.5 | 198 | 2.3 | 11.1 | 8.5 | 0.5 | 76.9 | 2.5 | 6.0 | 7.2 | 188 |
| I- Ilocos | 90.7 | 673 | 5.0 | 12.9 | 10.6 | 0.2 | 48.8 | 3.1 | 5.8 | 35.6 | 608 |
| II - Cagayan Valley | 96.7 | 458 | 5.1 | 10.1 | 20.0 | 0.0 | 79.9 | 4.0 | 5.2 | 0.4 | 442 |
| III - Central Luzon | 73.9 | 1,317 | 4.1 | 9.0 | 11.6 | 1.4 | 51.0 | 0.5 | 3.9 | 27.2 | 974 |
| IVA - CALABARZON | 81.6 | 1,641 | 5.8 | 14.9 | 9.2 | 0.9 | 56.7 | 1.1 | 8.1 | 23.7 | 1,338 |
| IVB - MIMAROPA | 94.4 | 358 | 2.2 | 14.4 | 8.5 | 0.6 | 58.8 | 0.6 | 9.7 | 23.8 | 338 |
| V-Bicol | 79.3 | 687 | 4.3 | 10.6 | 12.4 | 0.7 | 44.4 | 1.1 | 10.5 | 33.5 | 544 |
| VI - Western Visayas | 86.2 | 934 | 3.7 | 10.1 | 4.8 | 1.4 | 39.7 | 0.1 | 4.9 | 42.9 | 805 |
| VII - Central Visayas | 81.8 | 1,000 | 3.1 | 6.8 | 8.3 | 1.8 | 64.5 | 1.3 | 2.9 | 24.3 | 818 |
| VIII - Eastern Visayas | 86.1 | 566 | 3.8 | 6.9 | 8.4 | 2.2 | 75.5 | 1.6 | 5.4 | 9.4 | 486 |
| IX - Zamboanga Peninsula | 95.2 | 459 | 4.7 | 8.7 | 23.0 | 1.0 | 88.0 | 2.5 | 2.5 | 2.6 | 436 |
| X - Northern Mindanao | 88.3 | 544 | 2.1 | 4.1 | 15.3 | 1.4 | 68.9 | 1.2 | 4.9 | 20.7 | 480 |
| XI - Davao | 97.7 | 592 | 2.8 | 4.5 | 7.4 | 0.8 | 56.7 | 0.8 | 19.1 | 21.0 | 577 |
| XII - SOCCSKSARGEN | 90.2 | 544 | 3.8 | 9.9 | 13.5 | 0.8 | 56.4 | 7.9 | 5.6 | 23.5 | 489 |
| XIII - Caraga | 98.6 | 322 | 6.6 | 6.1 | 24.7 | 3.8 | 89.2 | 7.4 | 1.3 | 0.6 | 317 |
| ARMM | 83.8 | 396 | 11.6 | 14.8 | 29.7 | 2.0 | 73.9 | 6.7 | 4.1 | 5.3 | 331 |
| Total | 85.5 | 12,577 | 4.8 | 10.0 | 12.1 | 1.2 | 61.0 | 2.0 | 5.9 | 22.2 | 10,741 |

### 13.2 NONCOMMUNICABLE DISEASES

### 13.2.1 Cancer

Prevention and control of cancer is the government's response to the increasing incidence of cancer of the lungs, breasts, and other parts of the body among Filipinos. According to the 2001 Vital Statistics Report, malignant neoplasm (or "cancer" in the layman's term), is the second leading cause of death in the Philippines (National Statistics Office, 2001).

The 2003 NDHS asked respondents questions on awareness of cancer and its signs and symptoms. The result shows that 94 percent of the household respondents are aware of cancer (Table 13.4). Of those who are aware of this disease, 35 percent mentioned that the presence of a lump or mass in any part of a person's body would make them suspect that he/she may have cancer. Two in 10 household respondents cited weakness, persistent pain, and sudden loss of weight as signs and symptoms of cancer. However, 21 percent who have heard of cancer do not know any of its signs and symptoms.

Table 13.4 Signs and symptoms of cancer
Percentage of household respondents who have heard of cancer, and among those the percentage who know about specific signs and symptoms of cancer, by region, Philippines 2003

| Region | Percent age heard of cancer | Number of households | Signs and symptoms of cancer among respondents who have heard of cancer |  |  |  |  |  |  |  |  |  |  |  | Number of household respondents |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Bleeding | Change of bowel movement | Hoarseness of voice | Irregular urination | Lump or mass in any part of the body | Persistent pain | Sore (wound) that does not heal | Sudden loss of weight | Weak | Other | None | Don't know |  |
| National Capital Region | 95.0 | 1,889 | 6.8 | 3.0 | 2.8 | 1.7 | 45.7 | 26.7 | 10.1 | 19.6 | 20.0 | 11.7 | 1.5 | 18.6 | 1,791 |
| Cordillera Admin Region | 89.7 | 198 | 2.9 | 2.7 | 3.2 | 1.9 | 40.7 | 18.2 | 9.4 | 30.7 | 35.0 | 18.0 | 6.1 | 6.6 | 177 |
| I - Ilocos | 95.2 | 673 | 4.5 | 2.6 | 2.4 | 2.3 | 27.7 | 15.9 | 7.1 | 20.7 | 23.6 | 16.0 | 3.2 | 30.3 | 641 |
| II - Cagayan Valley | 92.3 | 458 | 5.3 | 6.7 | 5.2 | 1.2 | 43.5 | 21.6 | 3.0 | 31.3 | 36.3 | 18.7 | 1.5 | 0.4 | 422 |
| III - Central Luzon | 92.5 | 1,317 | 5.5 | 3.1 | 1.9 | 1.7 | 42.6 | 21.9 | 4.0 | 27.1 | 18.9 | 9.7 | 1.6 | 16.7 | 1,217 |
| IVA - CALABARZON | 94.4 | 1,641 | 6.9 | 2.1 | 1.4 | 1.8 | 40.3 | 26.0 | 13.0 | 20.1 | 20.9 | 16.8 | 3.1 | 16.5 | 1,549 |
| IVB - MIMAROPA | 87.7 | 358 | 3.3 | 1.1 | 1.1 | 1.1 | 30.1 | 25.5 | 7.1 | 18.8 | 14.1 | 18.1 | 3.3 | 29.0 | 314 |
| $V$ - Bicol | 93.8 | 687 | 2.3 | 0.7 | 1.2 | 1.3 | 32.5 | 21.7 | 10.4 | 11.4 | 13.7 | 21.3 | 3.1 | 31.6 | 644 |
| VI - Western Visayas | 98.5 | 934 | 2.5 | 0.9 | 0.8 | 0.4 | 25.5 | 21.4 | 4.0 | 13.6 | 12.8 | 17.9 | 1.8 | 35.9 | 920 |
| VII - Central Visayas | 97.9 | 1,000 | 2.8 | 1.8 | 1.0 | 1.2 | 26.2 | 17.7 | 5.2 | 30.4 | 36.6 | 11.6 | 1.0 | 25.9 | 980 |
| VIII - Eastern Visayas | 95.5 | 566 | 5.0 | 1.6 | 4.5 | 1.1 | 44.2 | 22.6 | 9.3 | 21.8 | 25.2 | 8.5 | 1.8 | 10.1 | 541 |
| IX - Zamboanga Peninsula | 94.1 | 459 | 7.0 | 1.0 | 3.3 | 0.6 | 23.1 | 45.8 | 12.4 | 37.2 | 48.2 | 6.8 | 2.0 | 4.5 | 431 |
| X - Northern Mindanao | 95.5 | 544 | 3.4 | 2.3 | 1.1 | 0.9 | 27.8 | 33.3 | 2.6 | 15.2 | 23.2 | 11.9 | 2.8 | 34.2 | 518 |
| XI - Davao | 97.9 | 592 | 1.9 | 0.8 | 0.8 | 0.7 | 25.0 | 15.3 | 3.1 | 14.6 | 23.8 | 32.0 | 9.0 | 23.6 | 579 |
| XII - SOCCSKSARGEN | 91.9 | 544 | 1.5 | 1.6 | 0.6 | 0.6 | 19.4 | 27.6 | 2.3 | 28.7 | 36.1 | 8.9 | 1.9 | 24.7 | 499 |
| XIII - Caraga | 98.5 | 322 | 1.9 | 2.1 | 4.2 | 1.5 | 31.2 | 52.6 | 7.2 | 42.7 | 48.5 | 11.0 | 0.8 | 1.9 | 317 |
| ARMM | 75.3 | 396 | 8.3 | 2.2 | 1.5 | 1.2 | 44.6 | 34.2 | 7.7 | 21.1 | 36.2 | 8.3 | 1.7 | 8.6 | 297 |
| Total | 94.2 | 12,577 | 4.7 | 2.2 | 2.0 | 1.3 | 35.0 | 24.9 | 7.4 | 22.4 | 24.8 | 14.4 | 2.5 | 20.5 | 11,836 |

### 13.2.2 Diabetes

Household respondents were also asked about their awareness of and opinion on the characteristics of persons likely to have diabetes. Table 13.5 shows the percentage of household respondents who have heard of diabetes and who know persons who are likely to have diabetes, by region. Almost all Filipino households ( 95 percent) have heard of diabetes. Awareness of this disease is high for all regions, but highest in Western Visayas ( 98 percent) and lowest in CAR (86 percent).

Regarding respondents' views on what persons are likely to have diabetes, the majority ( 85 percent) stated that those eating sweets and fatty foods are most likely to have diabetes (Table 13.5). Meanwhile, 16 percent cited that diabetes runs in the family or is hereditary. Ten percent said that being fat or obese can cause diabetes, while a smaller proportion (3 percent) said that not exercising regularly is a possible cause of diabetes.

| Table 13.5 Awareness of diabetes |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of households respondents who have heard of diabetes, and among those the percentage who know specific characteristics of persons who are likely to have diabetes, by region, Philippines 2003 |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  | Characteristics of persons likely to have diabetes among respondents who have heard of diabetes |  |  |  |  |  |  |  |  | Number |
| Region | Percentage heard of diabetes | Number of households | Fat/ obese | Drink alcohol heavily | Smoke heavily | Older people/ menopausal women | Eat sweets and fatty foods | Do not exercise regularly | Family <br> history <br> of <br> dia- <br> betes | Other | Don't know | of household respondents |
| National Capital Region | 97.1 | 1,889 | 14.3 | 3.5 | 2.6 | 6.6 | 84.5 | 5.3 | 20.6 | 6.3 | 4.0 | 1,834 |
| Cordillera Admin Region | 85.6 | 198 | 19.1 | 5.5 | 3.6 | 2.8 | 82.7 | 2.3 | 11.5 | 7.3 | 2.3 | 169 |
| I - Ilocos | 93.3 | 673 | 9.0 | 2.8 | 2.3 | 1.3 | 83.3 | 1.8 | 12.7 | 7.7 | 9.7 | 628 |
| II - Cagayan Valley | 94.1 | 458 | 6.8 | 3.6 | 1.5 | 0.4 | 95.5 | 2.1 | 8.6 | 5.7 | 0.2 | 431 |
| III - Central Luzon | 95.2 | 1,317 | 17.6 | 3.6 | 1.4 | 3.4 | 83.8 | 2.0 | 11.5 | 5.0 | 5.3 | 1,253 |
| IVA - CALABARZON | 95.9 | 1,641 | 13.7 | 6.0 | 3.1 | 2.7 | 79.4 | 2.6 | 25.1 | 11.3 | 4.3 | 1,574 |
| IVB - MIMAROPA | 90.8 | 358 | 8.3 | 5.1 | 3.5 | 0.4 | 79.8 | 1.3 | 11.6 | 10.9 | 10.1 | 325 |
| $V$ - Bicol | 92.2 | 687 | 6.3 | 3.4 | 0.8 | 1.0 | 80.1 | 1.0 | 13.1 | 12.6 | 12.7 | 634 |
| VI - Western Visayas | 97.9 | 934 | 3.7 | 3.4 | 1.6 | 1.5 | 77.5 | 1.4 | 9.7 | 8.8 | 14.5 | 914 |
| VII - Central Visayas | 95.9 | 1,000 | 5.6 | 6.3 | 3.0 | 2.0 | 84.7 | 3.0 | 15.7 | 5.0 | 7.8 | 960 |
| VIII - Eastern Visayas | 95.5 | 566 | 5.5 | 1.3 | 0.8 | 1.3 | 92.7 | 1.0 | 13.2 | 4.5 | 1.5 | 541 |
| IX - Zamboanga Peninsula | 93.2 | 459 | 7.3 | 4.0 | 1.7 | 0.6 | 94.9 | 2.1 | 15.1 | 3.7 | 0.6 | 427 |
| X - Northern Mindanao | 94.0 | 544 | 4.8 | 4.5 | 2.2 | 1.4 | 84.5 | 2.8 | 11.4 | 5.8 | 8.7 | 511 |
| XI - Davao | 96.8 | 592 | 4.3 | 4.6 | 1.7 | 1.5 | 83.5 | 3.7 | 11.2 | 23.8 | 5.5 | 572 |
| XII - SOCCSKSARGEN | 89.5 | 544 | 8.0 | 4.5 | 3.7 | 0.7 | 89.0 | 3.9 | 13.9 | 6.8 | 4.9 | 487 |
| XIII - Caraga | 97.2 | 322 | 6.7 | 8.6 | 1.6 | 2.3 | 96.5 | 4.2 | 16.6 | 1.5 | 0.2 | 313 |
| ARMM | 88.6 | 396 | 16.0 | 5.2 | 2.5 | 1.9 | 89.4 | 2.1 | 15.2 | 3.0 | 1.8 | 351 |
| Total | 94.8 | 12,577 | 10.0 | 4.3 | 2.2 | 2.5 | 84.5 | 2.7 | 15.5 | 7.9 | 6.0 | 11,922 |

### 13.3 Health Care Financing

The Philippine Health Insurance Corporation (PhilHealth), under the National Health Insurance Program of the Philippines, aims to enroll all Filipinos into a health insurance program to have access to affordable, adequate, and quality health care services. In the 2003 NDHS, household respondents were asked whether they or anyone in the household were members of PhilHealth and, if so, what type of members they were.

Thirty percent of household respondents in the 2003 NDHS reported having at least one member in their household with PhilHealth membership (data not shown). The largest proportion (43 percent) of PhilHealth members are employed in privately owned businesses or establishments (Table 13.6). Government employees compose slightly more than a quarter ( 27 percent), while individual/voluntary payers and indigents compose smaller percentages ( 15 and 11 percent, respectively). Overseas Filipino workers (OFW) and nonpaying members compose the smallest percentages, at 2 percent each. PhilHealth members who are employed in the private sector are, on average, younger than other members. PhilHealth members residing in urban areas as well as those living in the NCR are more likely private employees; those living in ARMM are more likely government employees. Meanwhile, Northern Mindanao and Cagayan Valley have the highest percentage of indigent members.

| Table 13.6 Profile of PhilHealth members |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of PhilHealth members, by type of membership and background characteristics, Philippines 2003 |  |  |  |  |  |  |  |  |  |
|  | Type of PhilHealth membership |  |  |  |  |  |  |  | Number of PhilHealth members |
| Background characteristic | Indigent | Private employed | Government employed | Individual paying/ voluntary | Nonpaying | OFW | Don't know | Missing |  |
| Sex |  |  |  |  |  |  |  |  |  |
| Male | 12.7 | 46.3 | 23.9 | 12.5 | 2.0 | 1.9 | 0.3 | 0.4 | 2,790 |
| Female | 9.3 | 37.9 | 31.9 | 17.4 | 1.7 | 1.3 | 0.2 | 0.2 | 1,969 |
| Average age | 43.8 | 36.0 | 43.0 | 40.5 | 52.1 | 38.7 | 39.0 | 38.1 | 4,759 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 4.9 | 51.6 | 25.7 | 13.6 | 1.7 | 1.6 | 0.4 | 0.5 | 3,291 |
| Rural | 25.7 | 23.0 | 30.5 | 16.6 | 2.3 | 1.8 | 0.0 | 0.1 | 1,468 |
| Region |  |  |  |  |  |  |  |  |  |
| National Capital Region | 0.7 | 67.1 | 17.5 | 11.1 | 0.7 | 1.6 | 0.6 | 0.7 | 978 |
| Cordillera Admin Region | 26.5 | 27.2 | 27.3 | 14.4 | 3.8 | 0.9 | 0.0 | 0.0 | 96 |
| I- Ilocos | 16.4 | 21.7 | 32.3 | 20.2 | 6.2 | 2.3 | 0.4 | 0.4 | 231 |
| II - Cagayan Valley | 36.4 | 9.9 | 35.3 | 12.4 | 1.9 | 4.0 | 0.0 | 0.0 | 123 |
| III - Central Luzon | 1.4 | 47.9 | 22.8 | 18.7 | 2.7 | 5.5 | 0.4 | 0.7 | 396 |
| IVA - CALABARZON | 8.0 | 51.7 | 25.6 | 11.4 | 1.4 | 1.3 | 0.4 | 0.3 | 793 |
| IVB - MIMAROPA | 28.7 | 14.2 | 38.2 | 14.3 | 3.5 | 1.1 | 0.0 | 0.0 | 60 |
| V-Bicol | 13.5 | 28.4 | 43.5 | 12.4 | 0.6 | 1.7 | 0.0 | 0.0 | 189 |
| VI - Western Visayas | 17.8 | 44.6 | 26.4 | 7.0 | 1.0 | 3.1 | 0.0 | 0.0 | 333 |
| VII - Central Visayas | 7.0 | 45.1 | 25.9 | 19.2 | 2.2 | 0.3 | 0.0 | 0.3 | 365 |
| VIII - Eastern Visayas | 4.2 | 17.6 | 59.7 | 12.6 | 5.0 | 0.8 | 0.0 | 0.0 | 105 |
| IX - Zamboanga Peninsula | 17.3 | 20.6 | 46.5 | 13.5 | 0.7 | 0.7 | 0.0 | 0.7 | 122 |
| X - Northern Mindanao | 36.9 | 20.6 | 24.8 | 14.9 | 2.5 | 0.3 | 0.0 | 0.0 | 283 |
| XI - Davao | 11.4 | 35.7 | 26.3 | 22.8 | 2.8 | 0.0 | 0.5 | 0.5 | 308 |
| XII - SOCCSKSARGEN | 20.5 | 29.2 | 22.8 | 25.6 | 1.0 | 0.8 | 0.0 | 0.0 | 204 |
| XIII - Caraga | 14.9 | 27.7 | 39.1 | 15.7 | 2.2 | 0.4 | 0.0 | 0.0 | 135 |
| ARMM | (0.0) | (22.1) | (72.4) | (5.5) | (0.0) | (0.0) | (0.0) | (0.0) | 39 |
| Total | 11.3 | 42.8 | 27.2 | 14.5 | 1.9 | 1.7 | 0.3 | 0.3 | 4,759 |
| Note: Figures in parentheses are based on 25-49 unweighted cases. |  |  |  |  |  |  |  |  |  |

### 13.4 Traditional Medicines

DOH continues to promote locally produced herbs with scientifically proven medicinal uses through its Traditional Medicine Program. These medicinal herbs include ampalaya, lagundi, niyogniyogan, sambong, tsaang gubat, yerba buena, ulasimang bato (shrub with small, shiny, dark green leaves, used to relieve stomach pain), bayabas or guava leaves, bawang, and acapulco.

The 2003 NDHS investigated on the familiarity of Filipino households with these herbal medicines and their medicinal uses. Table 13.7 indicates that the most popular herbal medicines are bayabas (guava) ( 98 percent), bawang (garlic) ( 92 percent), and ampalaya (bitter gourd) ( 88 percent). Tsaang gubat (juicy grass with heart-shaped leaves, used to reduce uric acid in the blood) ( 23 percent) and niyogniyogan (Chinese honeysuckle) (14 percent) are the least popular. Seventy-two percent of respondents who claimed familiarity with bawang identified it as treatment for high blood pressure, and 2 percent identified it for hypercholesterolemia. Bayabas and acapulco (ringworm bush) are known to heal skin infections and clean wounds by 80 and 74 percent of respondents familiar with these herbs, respectively. More than half ( 56 percent) of respondents who know tsaang gubat as having medicinal value correctly identified it as a remedy for abdominal pain or diarrhea. Sambong (camphor), which was incorrectly identified to cure cough or asthma by 35 percent of respondents, was correctly recognized to act as a diuretic or treat urinary stones by only 8 percent.

## Table 13.7 Familiarity with herbal medicines

Percentage of household respondents who are familiar with traditional medicines and, among those the percentage who report specific uses of the medicine, by type of herb, Philippines 2003

|  | Percentage who know medicinal value of each herb |  | Condition treated |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | Number of household respondents |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Traditional herbal medicines |  | Number of households | Abdominal pain/ diarrhea | Anemia | Ascaris | Cold | Cough/ asthma | Diabetes | Diuretic/ urinary stone | Fever | Gouty arthritis/ rayuma | Edema (manas) | High blood pressure | Hyper-cholesterolemia | Skin infection/ cleaning wounds | Malaise | Other | Don't know |  |
| Lagundi | 59.5 | 12,577 | 14.9 | 0.3 | 0.5 | 11.6 | 41.8 | 1.2 | 1.9 | 20.4 | 2.3 | 0.7 | 1.4 | 0.2 | 5.5 | 4.3 | 15.3 | 10.7 | 7,464 |
| Yerba buena | 53.0 | 12,577 | 21.6 | 0.6 | 0.9 | 13.0 | 30.8 | 0.3 | 0.9 | 17.7 | 1.9 | 0.9 | 0.5 | 0.3 | 5.2 | 7.8 | 15.7 | 10.5 | 6,649 |
| Sambong | 74.3 | 12,577 | 22.3 | 0.4 | 0.5 | 10.2 | 34.7 | 0.8 | 8.3 | 13.4 | 5.4 | 2.5 | 1.9 | 0.2 | 8.1 | 12.1 | 20.1 | 4.2 | 9,307 |
| Tsaang gubat | 22.6 | 12,577 | 55.7 | 0.4 | 0.6 | 3.8 | 8.3 | 1.8 | 6.3 | 6.1 | 1.3 | 0.7 | 2.6 | 0.8 | 3.5 | 2.2 | 13.8 | 11.7 | 2,830 |
| Niyog-niyogan | 13.7 | 12,577 | 15.2 | 0.6 | 16.9 | 1.7 | 4.9 | 2.5 | 4.9 | 5.2 | 1.4 | 1.0 | 2.8 | 0.7 | 7.8 | 2.6 | 17.4 | 24.1 | 1,704 |
| Bayabas | 97.6 | 12,577 | 49.1 | 0.3 | 0.8 | 0.9 | 2.9 | 0.4 | 0.7 | 1.3 | 0.1 | 0.2 | 0.3 | 0.3 | 80.3 | 1.4 | 7.0 | 0.7 | 12,256 |
| Acapulco | 47.2 | 12,577 | 3.0 | 0.2 | 4.8 | 0.5 | 0.8 | 0.0 | 0.4 | 0.7 | 0.4 | 0.5 | 0.2 | 0.0 | 73.5 | 3.3 | 12.3 | 5.0 | 5,919 |
| Ulasimang bato | 34.6 | 12,577 | 9.7 | 0.4 | 0.5 | 1.6 | 6.8 | 4.2 | 30.8 | 5.0 | 12.1 | 0.8 | 18.1 | 0.8 | 13.0 | 2.6 | 7.0 | 9.4 | 4,328 |
| Bawang | 92.0 | 12,577 | 8.7 | 0.6 | 0.6 | 0.9 | 2.0 | 0.5 | 0.3 | 1.8 | 0.7 | 0.1 | 72.1 | 1.5 | 20.4 | 1.2 | 15.2 | 1.5 | 11,547 |
| Ampalaya | 87.9 | 12,577 | 7.3 | 35.6 | 1.7 | 4.4 | 17.2 | 43.8 | 0.8 | 0.9 | 0.9 | 0.2 | 5.5 | 0.8 | 4.6 | 0.5 | 9.2 | 2.0 | 11,045 |

Compared with data from the 1998 NDHS, the perception of households on the correct use of the herbal medicines improved somewhat. The awareness level of respondents on ampalaya as a cure for diabetes mellitus surged from 5 percent in 1998 to 44 percent in 2003. Public knowledge of the correct use of acapulco also improved over the five years. The percentage of respondents who identified it as treatment for skin infections or as a cleaning agent for wounds rose from 55 percent in 1998 to 74 percent in 2003.

Respondents were also asked whether any member of their household used any of the cited herbal medicines during the three months preceding the survey. Bayabas remains the most commonly used ( 50 percent) medicinal herb, followed by ampalaya ( 35 percent), bawang ( 34 percent), and sambong ( 33 percent) (Table 13.8). Lagundi (five-leaved chaste tree), yerba buena (mint or peppermint), and acapulco were used by 18,17 , and 15 percent of respondents, respectively. The least used were ulasimang bato (10 percent), tsaang gubat ( 7 percent), and niyog-niyogan ( 3 percent). Table 13.8 also shows that bayabas, ampalaya, bawang, and sambong were most widely used in Northern Mindanao.

## Table 13.8 Use of herbal medicines

Among household respondents who are familiar with traditional medicines, the percentage who report at least one member of their households using specific herbal medicines in the three months preceding the survey, by region, Philippines 2003

| Region | Number of households | Traditional herbal medicines used |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Lagundi | Yerba buena | Sambong | Tsaang gubat | Niyogniyogan | Bayabas | Acapulco | Ulasimang bato | Bawang | Ampalaya |
| National Capital Region | 1,713 | 9.3 | 5.2 | 17.8 | 2.6 | 1.6 | 38.4 | 1.7 | 5.6 | 31.2 | 31.9 |
| Cordillera Admin Region | 168 | 16.7 | 10.2 | 8.5 | 11.5 | 1.5 | 49.5 | 8.9 | 1.8 | 37.1 | 30.7 |
| I - Ilocos | 654 | 32.7 | 17.5 | 18.7 | 15.8 | 1.7 | 49.7 | 11.5 | 4.0 | 26.4 | 34.7 |
| II - Cagayan Valley | 441 | 41.0 | 21.4 | 18.6 | 7.1 | 5.3 | 58.1 | 15.4 | 3.3 | 44.2 | 42.5 |
| III - Central Luzon | 1,235 | 27.3 | 11.9 | 25.9 | 11.5 | 6.1 | 59.9 | 6.6 | 12.6 | 42.8 | 45.1 |
| IVA - CALABARZON | 1,509 | 10.4 | 9.0 | 20.8 | 4.3 | 3.0 | 30.1 | 5.6 | 5.3 | 21.0 | 21.4 |
| IVB - MIMAROPA | 314 | 15.5 | 22.9 | 34.1 | 12.2 | 1.6 | 39.1 | 8.8 | 4.7 | 29.7 | 22.0 |
| V-Bicol | 544 | 24.7 | 30.6 | 76.9 | 10.7 | 2.2 | 61.7 | 17.8 | 14.9 | 45.1 | 35.8 |
| VI - Western Visayas | 889 | 10.1 | 17.1 | 29.9 | 6.3 | 2.8 | 31.7 | 10.6 | 6.1 | 28.0 | 28.3 |
| VII - Central Visayas | 827 | 9.8 | 17.0 | 45.9 | 4.2 | 2.3 | 59.8 | 25.2 | 13.3 | 37.2 | 39.6 |
| VIII - Eastern Visayas | 479 | 17.6 | 19.9 | 36.3 | 3.7 | 1.7 | 46.4 | 14.4 | 12.9 | 24.0 | 20.6 |
| IX - Zamboanga Peninsula | 382 | 29.2 | 15.5 | 52.3 | 3.7 | 2.7 | 68.7 | 35.8 | 40.7 | 36.1 | 41.2 |
| X - Northern Mindanao | 372 | 23.9 | 35.5 | 78.3 | 9.2 | 12.0 | 87.1 | 46.4 | 17.9 | 57.0 | 56.6 |
| XI - Davao | 480 | 10.3 | 24.6 | 48.3 | 5.2 | 0.2 | 51.7 | 23.8 | 9.0 | 24.6 | 26.7 |
| XII - SOCCSKSARGEN | 428 | 26.8 | 16.9 | 27.1 | 4.3 | 1.2 | 50.1 | 17.0 | 8.0 | 28.0 | 40.0 |
| XIII - Caraga | 285 | 14.8 | 48.9 | 75.6 | 2.8 | 2.7 | 78.7 | 45.6 | 19.8 | 54.4 | 52.2 |
| ARMM | 339 | 31.9 | 22.5 | 29.1 | 5.2 | 1.4 | 80.6 | 36.8 | 10.6 | 52.0 | 55.7 |
| Total | 11,061 | 18.4 | 16.5 | 33.0 | 6.6 | 3.0 | 49.9 | 14.5 | 9.8 | 33.8 | 34.7 |

### 13.5 Health Facility Utilization

One of the main focuses of the reform strategies of the Health Sector Reform Agenda of DOH is increasing investments in public health programs and improving health facilities. Information on the utilization of health facilities is useful for national and local government planners in assessing the coverage and utilization of social services in hospitals and rural health units (RHUs) urban health centers (UHCs).

In the 2003 NDHS, respondents were asked if a member of their household visited any health facility in the six months preceding the survey. The results show that more than half ( 57 percent) of the
households utilized a health facility. Barangay health stations, which are public health facilities operated at the grassroots level, emerged as the most utilized health facilities (22 percent) (Table 13.9). This is particularly true in Caraga, Northern Mindanao, Zamboanga Peninsula, MIMAROPA, SOCCSKSARGEN, and Davao, where more than three out of ten households went to these health facilities for their health care needs and concerns.

Rural Health Units (RHUs) and Urban Health Centers (UHCs) are the next most utilized health facilities (16 percent), followed by private clinics (14 percent) and private hospitals ( 9 percent). In Ilocos, NCR, Cordillera Administrative Region (CAR), ARMM, and CALABARZON, RHUs/UHCs are the most utilized health facilities.

Table 13.9 Utilization of health facilities
Percentage of households that utilized specific health facilities in the six months preceding the survey, by region, Philippines 2003

| Region | Barangay health station | Rural health unit/ urban health center | Municipal hospital | District hospital | Provincial hospital | Regional hospital/ public medical center | Private clinic | Private hospital | Other | Any health facility | Number of household respondents |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| National Capital Region | 4.6 | 18.5 | 3.2 | 1.9 | 1.1 | 6.4 | 14.6 | 11.5 | 1.0 | 52.1 | 1,889 |
| Cordillera Admin Region | 13.2 | 16.6 | 4.4 | 4.6 | 14.3 | 4.4 | 15.4 | 9.1 | 1.1 | 59.4 | 198 |
| I - Ilocos | 13.6 | 20.6 | 4.2 | 2.1 | 4.6 | 3.2 | 13.4 | 7.4 | 0.5 | 55.2 | 673 |
| II - Cagayan Valley | 25.0 | 14.6 | 3.2 | 3.5 | 5.1 | 3.8 | 11.1 | 3.9 | 0.7 | 55.7 | 458 |
| III - Central Luzon | 22.0 | 4.5 | 2.3 | 3.7 | 4.8 | 1.2 | 16.0 | 9.3 | 2.1 | 54.7 | 1,317 |
| IVA - CALABARZON | 13.8 | 15.7 | 3.9 | 1.5 | 4.4 | 2.2 | 12.2 | 11.1 | 1.6 | 50.8 | 1,641 |
| IVB - MIMAROPA | 36.8 | 17.4 | 7.5 | 4.0 | 6.3 | 1.0 | 10.1 | 2.8 | 1.3 | 61.9 | 358 |
| $V$ - Bicol | 28.8 | 20.5 | 3.4 | 2.0 | 6.0 | 4.2 | 16.7 | 7.5 | 5.3 | 64.7 | 687 |
| VI - Western Visayas | 29.9 | 22.4 | 3.0 | 7.7 | 6.4 | 0.5 | 18.8 | 6.9 | 1.0 | 62.5 | 934 |
| VII - Central Visayas | 28.7 | 19.3 | 4.9 | 6.2 | 5.5 | 0.7 | 13.4 | 9.2 | 0.2 | 61.2 | 1,000 |
| VIII - Eastern Visayas | 22.5 | 21.7 | 3.6 | 6.1 | 4.3 | 2.7 | 10.9 | 4.5 | 1.3 | 54.2 | 566 |
| IX - Zamboanga Peninsula | 39.2 | 9.5 | 2.7 | 2.3 | 2.1 | 3.4 | 8.0 | 7.2 | 0.6 | 57.6 | 459 |
| X - Northern Mindanao | 39.6 | 12.6 | 6.7 | 3.3 | 10.0 | 3.5 | 12.7 | 16.0 | 0.5 | 64.8 | 544 |
| XI - Davao | 32.6 | 14.6 | 1.6 | 4.2 | 3.7 | 10.1 | 22.9 | 14.6 | 18.5 | 69.3 | 592 |
| XII - SOCCSKSARGEN | 35.3 | 15.5 | 4.4 | 3.0 | 3.8 | 1.7 | 14.3 | 15.3 | 0.3 | 59.6 | 544 |
| XIII - Caraga | 42.3 | 20.2 | 8.4 | 3.6 | 11.5 | 4.0 | 8.7 | 9.9 | 0.0 | 72.3 | 322 |
| ARMM | 11.9 | 16.1 | 2.8 | 0.7 | 8.4 | 3.4 | 9.8 | 3.9 | 0.2 | 46.5 | 396 |
| Total | 22.4 | 16.3 | 3.8 | 3.4 | 4.9 | 3.3 | 14.0 | 9.4 | 2.0 | 57.4 | 12,577 |

### 13.6 Alternative Health Care

Respondents were asked whether they have heard of any of the alternative health care modalities, such as acupuncture, acupressure/therapeutic massage, iridology, pranic healing, aromatherapy, chiropractic, and homeopathy.

Iridology is the most familiar alternative health care modality; 50 percent of household respondents said that they heard of it (Table 13.10). This is followed by acupressure/therapeutic massage (44 percent), acupuncture ( 28 percent), and aromatherapy ( 21 percent).

Among the regions, Davao had the largest proportion of households that have heard of all types of alternative health care, except for acupuncture (where CAR had the largest proportion) and aromatherapy (where NCR had the largest proportion).

Table 13.10 Alternative health care
Percentage of household respondents who have heard of specific types of alternative health care, by region, Philippines 2003

| Region | Type of alternative health care |  |  |  |  |  |  | Number of household respondents |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Acupuncture | Acupressure/ therapeutic massage | Iridology | Pranic healing | Aromatherapy | Chiropractic | Homeopathy |  |
| National Capital Region | 40.9 | 47.3 | 62.9 | 8.8 | 33.3 | 10.0 | 4.5 | 1,889 |
| Cordillera Admin Region | 54.5 | 69.4 | 65.1 | 17.1 | 24.2 | 10.8 | 14.4 | 198 |
| I - Ilocos | 22.2 | 43.0 | 63.4 | 6.3 | 16.5 | 3.7 | 3.7 | 673 |
| II - Cagayan Valley | 21.0 | 43.2 | 40.3 | 3.4 | 9.6 | 3.7 | 2.7 | 458 |
| III - Central Luzon | 23.9 | 34.6 | 47.4 | 5.2 | 17.7 | 2.4 | 1.8 | 1,317 |
| IVA - CALABARZON | 30.0 | 37.8 | 47.9 | 8.8 | 24.1 | 5.5 | 3.8 | 1,641 |
| IVB - MIMAROPA | 9.4 | 32.3 | 32.4 | 5.5 | 12.3 | 2.5 | 7.5 | 358 |
| V-Bicol | 21.4 | 33.4 | 40.3 | 7.4 | 17.5 | 3.5 | 8.8 | 687 |
| VI - Western Visayas | 28.1 | 51.5 | 41.6 | 8.4 | 21.8 | 5.3 | 2.1 | 934 |
| VII - Central Visayas | 22.6 | 67.6 | 67.6 | 16.2 | 21.9 | 7.8 | 8.1 | 1,000 |
| VIII - Eastern Visayas | 19.0 | 40.1 | 38.7 | 7.9 | 14.5 | 3.4 | 12.7 | 566 |
| IX - Zamboanga Peninsula | 22.8 | 47.1 | 42.5 | 7.3 | 23.3 | 1.1 | 2.1 | 459 |
| X - Northern Mindanao | 26.4 | 41.5 | 37.1 | 9.2 | 18.9 | 4.3 | 3.3 | 544 |
| XI - Davao | 46.5 | 71.0 | 78.1 | 26.0 | 25.7 | 13.8 | 18.6 | 592 |
| XII - SOCCSKSARGEN | 22.5 | 36.9 | 51.7 | 5.6 | 12.6 | 1.4 | 1.4 | 544 |
| XIII - Caraga | 27.0 | 39.4 | 30.7 | 9.0 | 16.2 | 5.4 | 2.4 | 322 |
| ARMM | 9.6 | 13.0 | 22.5 | 6.9 | 8.0 | 0.3 | 0.4 | 396 |
| Total | 27.7 | 44.2 | 50.4 | 9.2 | 21.0 | 5.5 | 5.2 | 12,577 |

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## SURVEY DESIGN

## Appendix <br> A

## A. 1 Introduction

The 2003 National Demographic and Health Survey (NDHS), which interviewed women age $15-49$ and men age $15-54$ was designed to

- Collect data at the national level, which will allow the calculation of demographic rates and, particularly, the fertility and under-five mortality rates.
- Analyze the direct and indirect factors that determine the level and trends of fertility. Indicators related to fertility will serve to inform plans for social and economic development.
- Measure the level of contraceptive knowledge and practice by method, urban-rural residence, and region.
- Collect data on knowledge and attitudes of women and men about sexually transmitted diseases and HIV/AIDS and evaluate patterns of recent behavior regarding condom use.
- Collect high-quality data on family health, including immunizations, prevalence and treatment of diarrhea and other diseases among children under five, antenatal visits, assistance at delivery, and breastfeeding.

The sample was selected to allow separate estimates for the national level, for urban and rural areas separately, and for each of the 17 regions.

Results of the household sample implementation by urban-rural residence, by region, and by male and female subsamples are shown in Tables A.1.1 through A.2.2. As shown in Table A.1.1, 13,914 households were selected for the 2003 NDHS. Of these, 91 percent were successfully interviewed, 7 percent were not interviewed because the dwelling was vacant, and 1 percent were away during the survey fieldworkers' visit. Other reasons for not interviewing households include the following: no competent respondent was in the household, the dwelling was not found, or the dwelling had been destroyed (each less than 1 percent). The overall household response rate is 99 percent (see Table A.1.1 for definition). The level of successful household interviews varies little across regions.

Table A.1.2 presents the survey coverage for individual interviews with women. Of the 13,935 women eligible for the individual interview, 98 percent were successfully interviewed, and 1 percent were not interviewed because they were not at home (see Table A.1.2 for definition). Urban women are as likely as rural women to be interviewed in the survey. The response rate does not vary much by region. The lowest overall response rate is in Cordillera Administrative Region (CAR) (94 percent), while in Eastern Visayas, it is almost 100 percent.

Table A.2.1 shows that 4,615 households were selected for the male subsample. This is approximately one-third the number of households selected for the female subsample. Ninety-one percent of those households were successfully interviewed, and less than 1 percent each were not interviewed because no competent respondent was found at home, the interview was refused, the dwelling was not found, the household was absent during the fieldworkers' visit, or the dwelling was destroyed. The overall household response rate is 99 percent, with negligible variations across regions.

Table A.2.2 shows that 4,992 eligible men were identified for the individual interview, and of these, interviews were completed with 96 percent. The principal reason for nonresponse among eligible men was the failure to find them at home despite repeated visits to the household. The level of successful household interviews among the regions ranges from 85 percent in CAR to 99 percent in Autonomous Region in Muslim Mindanao (ARMM).

Table A.1.1 Sample implementation: results of the household interview: women
Percent distribution of households selected for the female subsample by results of the household interview, and household response rates, according to urban-rural residence and region, Philippines 2003

| Result | Selected households |  |  |  |  |  |  | Total | Number of sampled households | Household response rate $(H R R)^{1}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{gathered} \text { Completed } \\ \text { (C) } \\ \hline \end{gathered}$ | Household present but no competent respondent at home (HP) | $\begin{gathered} \text { Refused } \\ (\mathrm{R}) \end{gathered}$ | $\begin{gathered} \text { Dwelling } \\ \text { not } \\ \text { found } \\ \text { (DNF) } \\ \hline \end{gathered}$ | Household absent (HA) | Dwelling vacant/ address not a dwelling (DV) $\qquad$ | Dwelling destroyed (DD) |  |  |  |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 89.9 | 0.4 | 0.3 | 0.2 | 1.1 | 7.8 | 0.3 | 100.0 | 6,878 | 99.0 |
| Rural | 91.0 | 0.3 | 0.0 | 0.3 | 1.1 | 7.1 | 0.2 | 100.0 | 7,036 | 99.3 |
| Region |  |  |  |  |  |  |  |  |  |  |
| National Capital Region | 87.5 | 0.4 | 0.9 | 0.3 | 1.4 | 9.1 | 0.4 | 100.0 | 1,958 | 98.2 |
| Cordillera Admin Region | 85.2 | 0.2 | 0.0 | 0.0 | 1.7 | 12.9 | 0.0 | 100.0 | 535 | 99.8 |
| I- Ilocos | 93.2 | 0.7 | 0.3 | 0.0 | 1.2 | 4.6 | 0.0 | 100.0 | 695 | 98.9 |
| II - Cagayan Valley | 90.6 | 0.8 | 0.2 | 0.0 | 1.6 | 6.7 | 0.2 | 100.0 | 628 | 99.0 |
| III - Central Luzon | 90.3 | 0.5 | 0.1 | 0.4 | 1.2 | 7.4 | 0.1 | 100.0 | 1,077 | 99.0 |
| IVA - CALABARZON | 90.4 | 0.3 | 0.2 | 0.3 | 1.2 | 7.3 | 0.3 | 100.0 | 1,361 | 99.1 |
| IVB - MIMAROPA | 90.3 | 0.0 | 0.0 | 0.9 | 2.1 | 6.4 | 0.4 | 100.0 | 565 | 99.0 |
| V-Bicol | 89.4 | 0.4 | 0.0 | 0.3 | 1.3 | 8.2 | 0.4 | 100.0 | 777 | 99.3 |
| VI - Western Visayas | 90.7 | 0.2 | 0.0 | 0.7 | 0.4 | 7.8 | 0.1 | 100.0 | 892 | 99.0 |
| VII - Central Visayas | 93.0 | 0.5 | 0.0 | 0.2 | 0.3 | 5.4 | 0.5 | 100.0 | 927 | 99.2 |
| VIII - Eastern Visayas | 91.1 | 0.3 | 0.0 | 0.0 | 0.6 | 7.9 | 0.1 | 100.0 | 707 | 99.7 |
| IX - Zamboanga Peninsula | 93.4 | 0.5 | 0.0 | 0.2 | 0.2 | 5.4 | 0.3 | 100.0 | 574 | 99.3 |
| X - Northern Mindanao | 87.9 | 0.3 | 0.0 | 0.2 | 2.0 | 9.4 | 0.2 | 100.0 | 639 | 99.5 |
| XI - Davao | 88.6 | 0.0 | 0.0 | 0.3 | 1.4 | 9.2 | 0.6 | 100.0 | 720 | 99.7 |
| XII - SOCCSKSARGEN | 90.0 | 0.0 | 0.0 | 0.3 | 0.8 | 8.7 | 0.3 | 100.0 | 739 | 99.7 |
| XIII - Caraga | 93.5 | 0.0 | 0.0 | 0.4 | 0.5 | 5.7 | 0.0 | 100.0 | 566 | 99.6 |
| ARMM | 98.7 | 0.4 | 0.0 | 0.0 | 0.4 | 0.2 | 0.4 | 100.0 | 554 | 99.6 |
| Total | 90.5 | 0.3 | 0.2 | 0.3 | 1.1 | 7.4 | 0.3 | 100.0 | 13,914 | 99.1 |

${ }^{1}$ With the number of households falling into specific response categories, the household response rate (HRR) is calculated as:
$\frac{100^{*} \mathrm{C}}{\mathrm{C}+\mathrm{HP}+\mathrm{P}+\mathrm{R}+\mathrm{DNF}}$

Table A.1.2 Sample implementation: results of the individual interview: women
Percent distribution of eligible women by results of the individual interview, and eligible woman and overall response rates, according to urbanrural residence and region, Philippines 2003

| Result | Eligible women |  |  |  |  |  | Total | Number of women | Eligible women response rate (EWRR) ${ }^{1}$ | Overall response rate $(\mathrm{ORR})^{2}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Completed (EWC) | Not at home (EWNH) | Refused (EWR) | Partly completed (EWPC) | Incapacitated (EWI) | Other <br> (EWO) |  |  |  |  |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 97.8 | 1.2 | 0.2 | 0.0 | 0.5 | 0.2 | 100.0 | 7,605 | 97.8 | 96.8 |
| Rural | 97.9 | 1.2 | 0.1 | 0.0 | 0.6 | 0.1 | 100.0 | 6,330 | 97.9 | 97.2 |
| Region |  |  |  |  |  |  |  |  |  |  |
| National Capital Region | 97.8 | 0.8 | 0.4 | 0.0 | 0.7 | 0.3 | 100.0 | 2,216 | 97.8 | 96.1 |
| Cordillera Admin Region | 94.3 | 4.3 | 0.0 | 0.0 | 1.2 | 0.2 | 100.0 | 511 | 94.3 | 94.1 |
| I - Ilocos | 99.4 | 0.2 | 0.2 | 0.0 | 0.2 | 0.2 | 100.0 | 637 | 99.4 | 98.3 |
| II - Cagayan Valley | 97.1 | 1.6 | 0.0 | 0.2 | 0.7 | 0.4 | 100.0 | 547 | 97.1 | 96.1 |
| III - Central Luzon | 97.3 | 1.5 | 0.0 | 0.1 | 0.9 | 0.2 | 100.0 | 1,109 | 97.3 | 96.3 |
| IVA - CALABARZON | 97.8 | 1.2 | 0.2 | 0.1 | 0.5 | 0.1 | 100.0 | 1,457 | 97.8 | 96.9 |
| IVB - MIMAROPA | 96.6 | 2.6 | 0.2 | 0.0 | 0.6 | 0.0 | 100.0 | 498 | 96.6 | 95.6 |
| $V$ - Bicol | 97.8 | 1.5 | 0.1 | 0.0 | 0.3 | 0.3 | 100.0 | 740 | 97.8 | 97.1 |
| VI - Western Visayas | 96.6 | 1.2 | 0.9 | 0.0 | 0.9 | 0.5 | 100.0 | 812 | 96.6 | 95.6 |
| VII - Central Visayas | 97.7 | 1.7 | 0.1 | 0.0 | 0.5 | 0.0 | 100.0 | 949 | 97.7 | 96.9 |
| VIII - Eastern Visayas | 99.5 | 0.2 | 0.0 | 0.2 | 0.2 | 0.0 | 100.0 | 650 | 99.5 | 99.2 |
| IX - Zamboanga Peninsula | 98.2 | 1.2 | 0.0 | 0.0 | 0.4 | 0.2 | 100.0 | 562 | 98.2 | 97.5 |
| X - Northern Mindanao | 99.2 | 0.2 | 0.0 | 0.0 | 0.7 | 0.0 | 100.0 | 597 | 99.2 | 98.6 |
| XI - Davao | 98.1 | 1.5 | 0.0 | 0.0 | 0.4 | 0.0 | 100.0 | 739 | 98.1 | 97.8 |
| XII - SOCCSKSARGEN | 98.8 | 0.5 | 0.0 | 0.0 | 0.6 | 0.2 | 100.0 | 663 | 98.8 | 98.5 |
| XIII - Caraga | 98.6 | 0.9 | 0.0 | 0.0 | 0.4 | 0.2 | 100.0 | 553 | 98.6 | 98.2 |
| ARMM | 98.3 | 0.7 | 0.0 | 0.0 | 0.7 | 0.3 | 100.0 | 695 | 98.3 | 97.9 |
| Total | 97.8 | 1.2 | 0.2 | 0.0 | 0.6 | 0.2 | 100.0 | 13,935 | 97.8 | 97.0 |

${ }^{1}$ With the number of eligible women falling into specific response categories, the eligible woman response rate (EWRR) is calculated as:

$$
\frac{100 * E W C}{E W C+E W N H+E W P+E W R+E W P C+E W I+E W O}
$$

${ }^{2}$ The overall response rate (ORR) is calculated as:

$$
\mathrm{ORR}=\mathrm{HRR} * \mathrm{EWRR} / 100
$$

Table A.2.1 Sample implementation: results of the household interview: men
Percent distribution of households selected for the male subsample by results of the household interview, and household response rates, according to urban-rural residence and region, Philippines 2003

| Result | Selected households |  |  |  |  |  |  | Total | Number of sampled households | Household response rate (HRR) ${ }^{1}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Completed (C) | Household present but no competent respondent at home (HP) | Refused <br> (R) | Dwelling not found (DNF) | Household absent (HA) | Dwelling vacant/ address not a dwelling (DV) | Dwelling destroyed (DD) |  |  |  |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 90.4 | 0.5 | 0.4 | 0.4 | 0.9 | 7.3 | 0.1 | 100.0 | 2,277 | 98.6 |
| Rural | 91.2 | 0.3 | 0.0 | 0.2 | 1.0 | 7.1 | 0.2 | 100.0 | 2,338 | 99.4 |
| Region |  |  |  |  |  |  |  |  |  |  |
| National Capital Region | 86.9 | 0.6 | 1.1 | 0.3 | 1.2 | 9.8 | 0.2 | 100.0 | 655 | 97.8 |
| Cordillera Admin Region | 87.7 | 0.0 | 0.0 | 0.0 | 1.2 | 11.1 | 0.0 | 100.0 | 171 | 100.0 |
| I- llocos | 93.1 | 1.3 | 0.4 | 0.0 | 0.9 | 4.3 | 0.0 | 100.0 | 232 | 98.2 |
| II - Cagayan Valley | 91.4 | 0.0 | 0.0 | 0.0 | 1.0 | 7.7 | 0.0 | 100.0 | 209 | 100.0 |
| III - Central Luzon | 90.0 | 0.8 | 0.0 | 1.1 | 1.4 | 6.7 | 0.0 | 100.0 | 360 | 97.9 |
| IVA - CALABARZON | 90.2 | 0.4 | 0.4 | 0.2 | 0.7 | 7.9 | 0.2 | 100.0 | 457 | 98.8 |
| IVB - MIMAROPA | 92.0 | 0.0 | 0.0 | 1.1 | 2.1 | 4.3 | 0.5 | 100.0 | 187 | 98.9 |
| $\checkmark$ - Bicol | 90.2 | 0.0 | 0.0 | 0.4 | 0.8 | 8.7 | 0.0 | 100.0 | 254 | 99.6 |
| VI - Western Visayas | 91.6 | 0.0 | 0.0 | 0.3 | 0.3 | 7.4 | 0.3 | 100.0 | 297 | 99.6 |
| VII - Central Visayas | 92.7 | 0.7 | 0.0 | 0.3 | 0.3 | 6.0 | 0.0 | 100.0 | 302 | 98.9 |
| VIII - Eastern Visayas | 89.9 | 0.4 | 0.0 | 0.0 | 0.0 | 9.2 | 0.4 | 100.0 | 238 | 99.5 |
| IX - Zamboanga Peninsula | 95.4 | 0.5 | 0.0 | 0.0 | 0.0 | 4.1 | 0.0 | 100.0 | 195 | 99.5 |
| X - Northern Mindanao | 89.4 | 1.0 | 0.0 | 0.0 | 2.4 | 6.7 | 0.5 | 100.0 | 208 | 98.9 |
| XI - Davao | 87.6 | 0.0 | 0.0 | 0.4 | 2.1 | 9.4 | 0.4 | 100.0 | 234 | 99.5 |
| XII - SOCCSKSARGEN | 91.4 | 0.0 | 0.0 | 0.0 | 0.8 | 7.8 | 0.0 | 100.0 | 243 | 100.0 |
| XIII - Caraga | 95.6 | 0.0 | 0.0 | 0.0 | 0.0 | 4.4 | 0.0 | 100.0 | 183 | 100.0 |
| ARMM | 98.4 | 0.5 | 0.0 | 0.0 | 0.5 | 0.0 | 0.5 | 100.0 | 190 | 99.5 |
| Total | 90.8 | 0.4 | 0.2 | 0.3 | 0.9 | 7.2 | 0.2 | 100.0 | 4,615 | 99.0 |

${ }^{1}$ With the number of households falling into specific response categories, the household response rate (HRR) is calculated as:

$$
\frac{100 * C}{C+H P+P+R+D N F}
$$

Table A.2.2 Sample implementation: results of the individual interview: men
Percent distribution of eligible men by results of the individual interview, and eligible man and overall response rates, according to urbanrural residence and region, Philippines 2003

| Result | Eligible men |  |  |  |  |  | Total | Number of men | ```Eligible man response rate (EMRR)}\mp@subsup{}{}{1``` | Overall response rate $(\mathrm{ORR})^{2}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Completed (EMC) | Not at home (EMNH) | Refused (EMR) | Partly completed (EMPC) | Incapacitated (EMI) | Other <br> (EMO) |  |  |  |  |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 94.6 | 3.5 | 0.6 | 0.0 | 1.2 | 0.2 | 100.0 | 2,516 | 94.6 | 93.2 |
| Rural | 96.4 | 2.6 | 0.2 | 0.0 | 0.8 | 0.0 | 100.0 | 2,476 | 96.4 | 95.8 |
| Region |  |  |  |  |  |  |  |  |  |  |
| National Capital Region | 96.3 | 1.3 | 1.0 | 0.0 | 1.1 | 0.3 | 100.0 | 702 | 96.3 | 94.1 |
| Cordillera Admin Region | 89.5 | 9.3 | 0.0 | 0.0 | 1.2 | 0.0 | 100.0 | 172 | 89.5 | 89.5 |
| I - Ilocos | 98.7 | 1.3 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 234 | 98.7 | 96.9 |
| II - Cagayan Valley | 94.4 | 4.7 | 0.5 | 0.0 | 0.5 | 0.0 | 100.0 | 214 | 94.4 | 94.4 |
| III - Central Luzon | 95.1 | 4.4 | 0.2 | 0.2 | 0.0 | 0.0 | 100.0 | 405 | 95.1 | 93.1 |
| IVA - CALABARZON | 94.0 | 3.3 | 1.2 | 0.0 | 1.0 | 0.6 | 100.0 | 514 | 94.0 | 92.8 |
| IVB - MIMAROPA | 94.9 | 2.8 | 0.6 | 0.0 | 1.7 | 0.0 | 100.0 | 177 | 94.9 | 93.8 |
| $V$ - Bicol | 95.2 | 3.2 | 0.0 | 0.0 | 1.6 | 0.0 | 100.0 | 250 | 95.2 | 94.8 |
| VI - Western Visayas | 94.8 | 3.8 | 1.0 | 0.0 | 0.3 | 0.0 | 100.0 | 291 | 94.8 | 94.5 |
| VII - Central Visayas | 94.7 | 2.7 | 0.0 | 0.0 | 2.7 | 0.0 | 100.0 | 338 | 94.7 | 93.7 |
| VIII - Eastern Visayas | 98.2 | 1.1 | 0.0 | 0.0 | 0.7 | 0.0 | 100.0 | 273 | 98.2 | 97.7 |
| IX - Zamboanga Peninsula | 97.8 | 2.2 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 229 | 97.8 | 97.3 |
| X - Northern Mindanao | 99.1 | 0.9 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 218 | 99.1 | 98.0 |
| XI - Davao | 92.6 | 7.0 | 0.0 | 0.0 | 0.4 | 0.0 | 100.0 | 243 | 92.6 | 92.1 |
| XII - SOCCSKSARGEN | 92.7 | 5.5 | 0.0 | 0.0 | 1.5 | 0.4 | 100.0 | 275 | 92.7 | 92.7 |
| XIII - Caraga | 95.8 | 1.4 | 0.0 | 0.0 | 2.8 | 0.0 | 100.0 | 215 | 95.8 | 95.8 |
| ARMM | 98.8 | 0.0 | 0.0 | 0.0 | 1.2 | 0.0 | 100.0 | 242 | 98.8 | 98.2 |
| Total | 95.5 | 3.0 | 0.4 | 0.0 | 1.0 | 0.1 | 100.0 | 4,992 | 95.5 | 94.5 |

${ }^{1}$ With the number of eligible men falling into specific response categories, the eligible man response rate (EMRR) is calculated as:

$$
\frac{100^{*} \mathrm{EMC}}{\mathrm{EMC}+\mathrm{EMNH}+\mathrm{EMP}+\mathrm{EMR}+\mathrm{EMPC}+\mathrm{EMI}+\mathrm{EMO}}
$$

${ }^{2}$ The overall response rate (ORR) is calculated as:

$$
\mathrm{ORR}=\mathrm{HRR} * \mathrm{EMRR} / 100
$$

## ESTIMATES OF SAMPLING ERRORS

aPPENDIX $\boldsymbol{B}$

The estimates from a sample survey are affected by two types of errors: 1) nonsampling errors and 2 ) sampling errors. Nonsampling errors are the results of mistakes made in implementing data collection and data processing, such as failure to locate and interview the correct household, misunderstanding of the questions on the part of either the interviewer or the respondent, and data entry errors. Although numerous efforts were made during the implementation of the 2003 National Demographic and Health Survey (NDHS) to minimize this type of error, nonsampling errors are impossible to avoid and difficult to evaluate statistically.

Sampling errors, on the other hand, can be evaluated statistically. The sample of respondents selected in the 2003 NDHS is only one of many samples that could have been selected from the same population, using the same design and expected size. Each of these samples would yield results that differ somewhat from the results of the actual sample selected. Sampling errors are a measure of the variability between all possible samples. Although the degree of variability is not known exactly, it can be estimated from the survey results.

A sampling error is usually measured in terms of the standard error for a particular statistic (e.g., mean, percentage), which is the square root of the variance. The standard error can be used to calculate confidence intervals within which the true value for the population can reasonably be assumed to fall. For example, for any given statistic calculated from a sample survey, the value of that statistic will fall within a range of plus or minus two times the standard error of that statistic in 95 percent of all possible samples of identical size and design.

If the sample of respondents had been selected as a simple random sample, it would have been possible to use straightforward formulas for calculating sampling errors. However, the 2003 NDHS sample is the result of a multistage stratified design, and consequently, it was necessary to use more complex formulas. The computer software used to calculate sampling errors for the 2003 NDHS is the Integrated System for Survey Analysis (ISSA) Sampling Error Module. This module used the Taylor linearization method of variance estimation for survey estimates that are means or proportions. The Jackknife repeated replication method is used for variance estimation of more complex statistics, such as fertility and mortality rates.

The Taylor linearization method treats any percentage or average as a ratio estimate, $r=y / x$, where $y$ represents the total sample value for variable $y$, and $x$ represents the total number of cases in the group or subgroup under consideration. The variance of $r$ is computed using the formula given below, with the standard error (SE) being the square root of the variance:

$$
S E^{2}(r)=\operatorname{var}(r)=\frac{1}{k(k-1)} \sum_{i=1}^{k}\left(r_{i}-r\right)^{2}
$$

in which

$$
z_{h i}=y_{h i}-r x_{h i}, \text { and } z_{h}=y_{h}-r x_{h}
$$

where $h \quad$ represents the stratum, which varies from 1 to $H$,
$m_{h} \quad$ is the total number of clusters selected in the hth stratum,
$y_{h i} \quad$ is the sum of the weighted values of variable $y$ in the ith cluster in the hth stratum,
$x_{h i} \quad$ is the sum of the weighted number of cases in the ith cluster in the hth stratum, and
$f \quad$ is the overall sampling fraction, which is so small that it is ignored.
The Jackknife repeated replication method derives estimates of complex rates from each of several replications of the parent sample and calculates standard errors for these estimates using simple formulas. Each replication considers all but one cluster in the calculation of the estimates. Pseudoindependent replications are thus created. In the 2003 NDHS, there were 819 non-empty clusters; hence, 818 replications were created. The variance of a rate $r$ is calculated as follows:

$$
S E^{2}(r)=\operatorname{var}(r)=\frac{1}{k(k-1)} \sum_{i=1}^{k}\left(r_{i}-r\right)^{2}
$$

in which

$$
r_{i}=k r-(k-1) r_{(i)}
$$

where $r$ is the estimate computed from the full sample of 819 clusters,
$r_{(i)} \quad$ is the estimate computed from the reduced sample of 818 clusters (Ith cluster excluded), and
$k \quad$ is the total number of clusters.
In addition to the standard error, ISSA computes the design effect (DEFT) for each estimate, which is defined as the ratio between the standard error using the given sample design and the standard error that would result if a simple random sample had been used. A DEFT value of 1.0 indicates that the sample design is as efficient as a simple random sample, while a value greater than 1.0 indicates that the increase in the sampling errors is due to the use of a more complex and less statistically efficient design. ISSA also computes the relative error and confidence limits for the estimates.

Sampling errors for the 2003 NDHS were calculated for selected variables considered to be of primary interest for the women's survey and for the men's survey. The results are presented in this appendix for the country as a whole, for urban and rural areas, and for each of the 17 regions. For each variable, the type of statistic (mean, proportion, or rate) and the base population are given in Table B.1. Tables B. 2 to B. 21 present the value of the statistic (R), its standard error (SE), the number of unweighted cases ( N ) and weighted cases (WN), the design effect (DEFT), the relative standard error (SE/R), and the 95 percent confidence limits ( $\mathrm{R} \pm 2$ SE) for each variable. The DEFT is considered undefined when the standard error considering the simple random sample is zero (when the estimate is close to 0 or 1 ). In the case of the total fertility rate, the number of unweighted cases is not relevant, as there is no known unweighted value for woman-years of exposure to childbearing.

The confidence interval (e.g., as calculated for children ever born to women age 40-49) can be interpreted as follows: the overall average from the national sample is 4.321 , and its standard error is 0.065 . Therefore, to obtain the 95 percent confidence limits, one adds and subtracts twice the standard error to the sample estimate (i.e., $4.32 \pm 2 \times 0.065$ ). There is a high probability ( 95 percent) that the true average number of children ever born to all women age 40 to 49 is between 4.192 and 4.451.

Sampling errors were analyzed for the national sample of women and for two separate groups of estimates: 1) means and proportions and 2) complex demographic rates. The relative standard errors (SE/R) for the means and proportions range between 0.1 and 29.1 percent, with an average of 3.27 percent; the highest relative standard errors are for estimates of very low values (e.g., currently using male sterilization). If estimates of very low values (less than 10 percent) are removed, then the average drops to 1.81 percent. So in general, the relative standard error for most estimates for the country as a whole is small, except for estimates of very small proportions. The relative standard error for the total fertility rate is small (1.9 percent). However, for the mortality rates, the average relative standard error is much higher (8.95 percent).

There are differentials in the relative standard error for the estimates of subpopulations. For example, for the variable "want no more children," the relative standard errors as a percent of the estimated mean for the whole country and for the urban areas are 0.9 and 1.4 percent, respectively.

For the total sample, the value of the DEFT, averaged over all variables, is 1.167 , which means that, because of multistage clustering of the sample, the average standard error is increased by a factor of 1.167 over that in an equivalent simple random sample.

Table B. 1 List of selected variables for sampling errors, Philippines 2003

| Variable | Estimate | Base population |
| :---: | :---: | :---: |
| WOMEN |  |  |
| Urban residence | Proportion | All women 15-49 |
| Literate | Proportion | All women 15-49 |
| No education | Proportion | All women 15-49 |
| Secondary education or higher | Proportion | All women 15-49 |
| Never married | Proportion | All women 15-49 |
| Currently married (in union) | Proportion | All women 15-49 |
| Married before age 20 | Proportion | All women 20-49 |
| Had first sexual intercourse before 18 | Proportion | All women 20-49 |
| Currently pregnant | Proportion | All women 15-49 |
| Children ever born | Mean | Currently married women 15-49 |
| Children surviving | Mean | Currently married women 15-49 |
| Children ever born to women over 40 | Mean | Women age 40-49 |
| Knowing any contraceptive method | Proportion | Currently married women 15-49 |
| Knowing any modern contraceptive method | Proportion | Currently married women 15-49 |
| Ever used any contraceptive method | Proportion | Currently married women 15-49 |
| Currently using any contraceptive method | Proportion | Currently married women 15-49 |
| Currently using a modern contraceptive method | Proportion | Currently married women 15-49 |
| Currently using female sterilization | Proportion | Currently married women 15-49 |
| Currently using male sterilization | Proportion | Currently married women 15-49 |
| Currently using pill | Proportion | Currently married women 15-49 |
| Currently using IUD | Proportion | Currently married women 15-49 |
| Currently using injectables | Proportion | Currently married women 15-49 |
| Currently using condom | Proportion | Currently married women 15-49 |
| Currently using periodic abstinence | Proportion | Currently married women 15-49 |
| Currently using withdrawal | Proportion | Currently married women 15-49 |
| Obtained method from public sector source | Proportion | Current users of modern method |
| Want no more children | Proportion | Currently married women 15-49 |
| Want to delay birth at least 2 years | Proportion | Currently married women 15-49 |
| Ideal number of children | Mean | Women 15-49 |
| Mothers received tetanus injection for last birth | Proportion | Last birth in 5 years |
| Mothers received medical assistance at delivery | Proportion | Births in last 5 years |
| Had diarrhea in two weeks before survey | Proportion | Children under 5 |
| Treated with oral rehydration salts (ORS) | Proportion | Children under 5 with diarrhea in last 2 weeks |
| Taken to a health provider | Proportion | Children under 5 with diarrhea in last 2 weeks |
| Vaccination card seen | Proportion | Children 12-23 months |
| Received BCG vaccination | Proportion | Children 12-23 months |
| Received DPT vaccination (3 doses) | Proportion | Children 12-23 months |
| Received polio vaccination (3 doses) | Proportion | Children 12-23 months |
| Received measles vaccination | Proportion | Children 12-23 months |
| Received all vaccinations | Proportion | Children 12-23 months |
| Total fertility rate (3 years) | Rate | Women-years of exposure to childbearing |
| Perinatal mortality (0-4 years) | Ratio | Number of pregnancies of 7+ months |
| Neonatal mortality rate (10 years) ${ }^{1}$ | Rate | Children exposed to the risk of mortality |
| Postneonatal mortality rate (10 years) ${ }^{1}$ | Rate | Children exposed to the risk of mortality |
| Infant mortality rate (10 years) ${ }^{1}$ | Rate | Children exposed to the risk of mortality |
| Child mortality rate (10 years) ${ }^{1}$ | Rate | Children exposed to the risk of mortality |
| Under-five mortality rate (10 years) ${ }^{1}$ | Rate | Children exposed to the risk of mortality |
| MEN |  |  |
| Urban residence | Proportion | Men 15-54 |
| No education | Proportion | Men 15-54 |
| Secondary education or higher | Proportion | Men 15-54 |
| Knowing any contraceptive method | Proportion | Currently married men 15-54 |
| Knowing any modern contraceptive method | Proportion | Currently married men 15-54 |
| ${ }^{1} 5$ years for national sample |  |  |


| Table B.2 Sampling errors for national sample, Philippines | 2003 |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |


| Table B.3 Sampling errors for urban sample, Philippines 2003 |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
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|  |  |  |  |  |  |  |  |  |


| Table B.4 Sampling errors for rural sample, Philippines 2003 |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |


| Table B.5 Sampling errors for National Capital Region sample, Philippines 2003 |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |


| Table B.6 Sampling errors for Cordillera Administrative Region sample, Philippines 2003 |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |

na $=$ Not applicable

| Table B.7 Sampling errors for I - llocos sample, Philippines | 2003 |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |  |  |  |


| Variable | Value (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Weight- |  |  |  |  |
|  |  |  | (N) | (WN) |  |  | R-2SE | $\mathrm{R}+2 \mathrm{SE}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.229 | 0.010 | 531 | 426 | 0.574 | 0.046 | 0.208 | 0.250 |
| Literate | 0.970 | 0.007 | 531 | 426 | 0.926 | 0.007 | 0.957 | 0.984 |
| No education | 0.013 | 0.006 | 531 | 426 | 1.253 | 0.481 | 0.000 | 0.025 |
| Secondary education or higher | 0.706 | 0.026 | 531 | 426 | 1.301 | 0.036 | 0.654 | 0.757 |
| Never married | 0.201 | 0.023 | 531 | 426 | 1.333 | 0.115 | 0.155 | 0.248 |
| Currently married (in union) | 0.763 | 0.022 | 531 | 426 | 1.213 | 0.029 | 0.719 | 0.808 |
| Married before age 20 | 0.412 | 0.029 | 450 | 361 | 1.257 | 0.071 | 0.353 | 0.470 |
| Had first sexual intercourse before age 18 | 0.191 | 0.019 | 450 | 361 | 1.000 | 0.097 | 0.154 | 0.228 |
| Currently pregnant | 0.060 | 0.011 | 531 | 426 | 1.064 | 0.183 | 0.038 | 0.082 |
| Children ever born | 2.299 | 0.110 | 531 | 426 | 1.161 | 0.048 | 2.080 | 2.518 |
| Children surviving | 2.171 | 0.096 | 531 | 426 | 1.108 | 0.044 | 1.979 | 2.364 |
| Children ever born to women age 40-49 | 4.085 | 0.326 | 123 | 99 | 1.442 | 0.080 | 3.433 | 4.736 |
| Knowing any contraceptive method | 1.000 | 0.000 | 405 | 325 | na | 0.000 | 1.000 | 1.000 |
| Knowing any modern contraceptive method | 1.000 | 0.000 | 405 | 325 | na | 0.000 | 1.000 | 1.000 |
| Ever used any contraceptive method | 0.719 | 0.027 | 405 | 325 | 1.209 | 0.038 | 0.665 | 0.773 |
| Currently using any contraceptive method | 0.524 | 0.026 | 405 | 325 | 1.056 | 0.050 | 0.472 | 0.576 |
| Currently using a modern method | 0.480 | 0.029 | 405 | 325 | 1.152 | 0.060 | 0.423 | 0.537 |
| Currently using female sterilization | 0.072 | 0.014 | 405 | 325 | 1.088 | 0.194 | 0.044 | 0.100 |
| Currently using male sterilization | 0.000 | 0.000 | 405 | 325 | na | na | 0.000 | 0.000 |
| Currently using pill | 0.267 | 0.027 | 405 | 325 | 1.241 | 0.102 | 0.213 | 0.322 |
| Currently using IUD | 0.071 | 0.019 | 405 | 325 | 1.449 | 0.260 | 0.034 | 0.108 |
| Currently using injectables | 0.062 | 0.014 | 405 | 325 | 1.177 | 0.228 | 0.034 | 0.090 |
| Currently using condom | 0.007 | 0.004 | 405 | 325 | 1.014 | 0.582 | 0.000 | 0.016 |
| Currently using periodic abstinence | 0.027 | 0.007 | 405 | 325 | 0.880 | 0.265 | 0.012 | 0.041 |
| Currently using withdrawal | 0.017 | 0.005 | 405 | 325 | 0.748 | 0.280 | 0.008 | 0.027 |
| Obtained method from public sector source | 0.774 | 0.040 | 196 | 159 | 1.336 | 0.052 | 0.694 | 0.854 |
| Want no more children | 0.597 | 0.027 | 405 | 325 | 1.101 | 0.045 | 0.543 | 0.651 |
| Want to delay birth at least 2 years | 0.248 | 0.023 | 405 | 325 | 1.070 | 0.093 | 0.202 | 0.293 |
| Ideal number of children | 2.999 | 0.060 | 529 | 425 | 1.145 | 0.020 | 2.879 | 3.120 |
| Mothers received tetanus injection for last birth | h 0.782 | 0.017 | 211 | 169 | 0.614 | 0.022 | 0.747 | 0.817 |
| Mothers received medical assistance at deliver | ry 0.532 | 0.047 | 280 | 224 | 1.303 | 0.088 | 0.438 | 0.626 |
| Had diarrhea in two weeks before survey | 0.066 | 0.018 | 274 | 220 | 1.219 | 0.277 | 0.030 | 0.103 |
| Treated with oral rehydration salts (ORS) | 0.168 | 0.079 | 18 | 15 | 0.901 | 0.472 | 0.009 | 0.326 |
| Taken to a health provider | 0.222 | 0.076 | 18 | 15 | 0.777 | 0.343 | 0.070 | 0.373 |
| Vaccination card seen | 0.483 | 0.084 | 48 | 39 | 1.158 | 0.173 | 0.316 | 0.650 |
| Received BCG vaccination | 0.939 | 0.034 | 48 | 39 | 0.972 | 0.036 | 0.871 | 1.006 |
| Received DPT vaccination (3 doses) | 0.852 | 0.054 | 48 | 39 | 1.057 | 0.064 | 0.744 | 0.960 |
| Received polio vaccination (3 doses) | 0.852 | 0.054 | 48 | 39 | 1.057 | 0.064 | 0.744 | 0.960 |
| Received measles vaccination | 0.831 | 0.070 | 48 | 39 | 1.300 | 0.084 | 0.691 | 0.972 |
| Received all vaccinations | 0.767 | 0.075 | 48 | 39 | 1.226 | 0.098 | 0.617 | 0.916 |
| Total fertility rate (3 years) | 3.399 | 0.226 | na | 1210 | 1.028 | 0.067 | 2.947 | 3.852 |
| Perinatal mortality (0-4 years) | 14.024 | 7.231 | 284 | 228 | 1.038 | 0.516 | 0.000 | 28.486 |
| Neonatal mortality rate (10 years) | 17.190 | 9.676 | 575 | 461 | 1.120 | 0.563 | 0.000 | 36.541 |
| Postneonatal mortality rate (10 years) | 10.361 | 5.086 | 575 | 461 | 1.225 | 0.491 | 0.189 | 20.533 |
| Infant mortality rate (10 years) | 27.551 | 13.027 | 575 | 461 | 1.229 | 0.473 | 1.497 | 53.604 |
| Child mortality rate (10 years) | 7.991 | 4.237 | 575 | 461 | 1.177 | 0.530 | 0.000 | 16.465 |
| Under-five mortality rate (10 years) | 35.322 | 15.945 | 575 | 461 | 1.417 | 0.451 | 3.431 | 67.213 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.161 | 0.012 | 202 | 163 | 0.464 | 0.075 | 0.137 | 0.185 |
| No education | 0.010 | 0.007 | 202 | 163 | 1.007 | 0.712 | 0.000 | 0.024 |
| Secondary education or higher | 0.620 | 0.038 | 202 | 163 | 1.118 | 0.062 | 0.544 | 0.697 |
| Knowing any contraceptive method | 1.000 | 0.000 | 133 | 107 | na | 0.000 | 1.000 | 1.000 |
| Knowing any modern contraceptive method | 1.000 | 0.000 | 133 | 107 | na | 0.000 | 1.000 | 1.000 |


| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Weight- |  |  |  |  |
|  |  |  | (N) | (WN) |  |  | R-2SE | $\mathrm{R}+2 \mathrm{SE}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.697 | 0.013 | 1079 | 1459 | 0.964 | 0.019 | 0.670 | 0.724 |
| Literate | 0.980 | 0.005 | 1079 | 1459 | 1.105 | 0.005 | 0.971 | 0.989 |
| No education | 0.003 | 0.002 | 1079 | 1459 | 0.984 | 0.570 | 0.000 | 0.006 |
| Secondary education or higher | 0.778 | 0.013 | 1079 | 1459 | 1.026 | 0.017 | 0.752 | 0.804 |
| Never married | 0.310 | 0.018 | 1079 | 1459 | 1.267 | 0.058 | 0.274 | 0.345 |
| Currently married (in union) | 0.658 | 0.018 | 1079 | 1459 | 1.244 | 0.027 | 0.622 | 0.694 |
| Married before age 20 | 0.344 | 0.017 | 865 | 1170 | 1.052 | 0.049 | 0.310 | 0.378 |
| Had first sexual intercourse before age 18 | 0.167 | 0.017 | 865 | 1170 | 1.331 | 0.101 | 0.133 | 0.200 |
| Currently pregnant | 0.055 | 0.007 | 1079 | 1459 | 0.945 | 0.119 | 0.042 | 0.068 |
| Children ever born | 2.046 | 0.054 | 1079 | 1459 | 0.808 | 0.026 | 1.938 | 2.153 |
| Children surviving | 1.934 | 0.056 | 1079 | 1459 | 0.911 | 0.029 | 1.821 | 2.046 |
| Children ever born to women age 40-49 | 4.066 | 0.181 | 213 | 290 | 1.118 | 0.045 | 3.703 | 4.428 |
| Knowing any contraceptive method | 0.996 | 0.002 | 710 | 960 | 0.813 | 0.002 | 0.992 | 1.000 |
| Knowing any modern contraceptive method | 0.995 | 0.002 | 710 | 960 | 0.860 | 0.002 | 0.990 | 0.999 |
| Ever used any contraceptive method | 0.732 | 0.017 | 710 | 960 | 0.994 | 0.023 | 0.699 | 0.765 |
| Currently using any contraceptive method | 0.545 | 0.017 | 710 | 960 | 0.892 | 0.031 | 0.511 | 0.578 |
| Currently using a modern method | 0.402 | 0.018 | 710 | 960 | 0.956 | 0.044 | 0.367 | 0.437 |
| Currently using female sterilization | 0.183 | 0.014 | 710 | 960 | 0.935 | 0.074 | 0.156 | 0.210 |
| Currently using male sterilization | 0.000 | 0.000 | 710 | 960 | na | na | 0.000 | 0.000 |
| Currently using pill | 0.154 | 0.016 | 710 | 960 | 1.157 | 0.102 | 0.123 | 0.185 |
| Currently using IUD | 0.007 | 0.003 | 710 | 960 | 0.992 | 0.443 | 0.001 | 0.013 |
| Currently using injectables | 0.034 | 0.005 | 710 | 960 | 0.686 | 0.138 | 0.024 | 0.043 |
| Currently using condom | 0.019 | 0.005 | 710 | 960 | 0.914 | 0.249 | 0.009 | 0.028 |
| Currently using periodic abstinence | 0.035 | 0.008 | 710 | 960 | 1.101 | 0.216 | 0.020 | 0.051 |
| Currently using withdrawal | 0.105 | 0.009 | 710 | 960 | 0.767 | 0.084 | 0.087 | 0.122 |
| Obtained method from public sector source | 0.704 | 0.030 | 288 | 388 | 1.128 | 0.043 | 0.644 | 0.765 |
| Want no more children | 0.638 | 0.017 | 710 | 960 | 0.946 | 0.027 | 0.604 | 0.672 |
| Want to delay birth at least 2 years | 0.184 | 0.015 | 710 | 960 | 1.019 | 0.081 | 0.154 | 0.214 |
| Ideal number of children | 2.830 | 0.044 | 1076 | 1455 | 1.090 | 0.016 | 2.742 | 2.918 |
| Mothers received tetanus injection for last birth | h 0.668 | 0.030 | 359 | 480 | 1.188 | 0.044 | 0.608 | 0.727 |
| Mothers received medical assistance at delivery | ry 0.858 | 0.014 | 512 | 683 | 0.770 | 0.016 | 0.830 | 0.886 |
| Had diarrhea in two weeks before survey | 0.095 | 0.012 | 496 | 662 | 0.804 | 0.123 | 0.071 | 0.118 |
| Treated with oral rehydration salts (ORS) | 0.486 | 0.054 | 46 | 63 | 0.680 | 0.111 | 0.378 | 0.595 |
| Taken to a health provider | 0.391 | 0.072 | 46 | 63 | 0.900 | 0.184 | 0.247 | 0.535 |
| Vaccination card seen | 0.437 | 0.051 | 105 | 139 | 1.015 | 0.116 | 0.336 | 0.538 |
| Received BCG vaccination | 0.929 | 0.030 | 105 | 139 | 1.197 | 0.033 | 0.868 | 0.990 |
| Received DPT vaccination (3 doses) | 0.808 | 0.040 | 105 | 139 | 1.040 | 0.050 | 0.727 | 0.889 |
| Received polio vaccination (3 doses) | 0.814 | 0.049 | 105 | 139 | 1.215 | 0.060 | 0.717 | 0.912 |
| Received measles vaccination | 0.833 | 0.039 | 105 | 139 | 1.044 | 0.046 | 0.756 | 0.910 |
| Received all vaccinations | 0.750 | 0.048 | 105 | 139 | 1.093 | 0.064 | 0.654 | 0.846 |
| Total fertility rate (3 years) | 3.121 | 0.186 | na | 4049 | 1.101 | 0.060 | 2.749 | 3.492 |
| Perinatal mortality (0-4 years) | 19.884 | 8.217 | 516 | 689 | 1.338 | 0.413 | 3.450 | 36.319 |
| Neonatal mortality rate (10 years) | 15.337 | 4.392 | 1041 | 1395 | 0.981 | 0.286 | 6.554 | 24.120 |
| Postneonatal mortality rate (10 years) | 9.752 | 4.160 | 1042 | 1396 | 1.237 | 0.427 | 1.431 | 18.072 |
| Infant mortality rate (10 years) | 25.088 | 5.919 | 1042 | 1396 | 1.075 | 0.236 | 13.251 | 36.926 |
| Child mortality rate (10 years) | 5.878 | 2.252 | 1044 | 1399 | 0.939 | 0.383 | 1.373 | 10.382 |
| Under-five mortality rate (10 years) | 30.819 | 6.264 | 1045 | 1400 | 1.060 | 0.203 | 18.290 | 43.347 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.686 | 0.020 | 385 | 520 | 0.865 | 0.030 | 0.645 | 0.727 |
| No education | 0.008 | 0.005 | 385 | 520 | 1.019 | 0.575 | 0.000 | 0.017 |
| Secondary education or higher | 0.715 | 0.023 | 385 | 520 | 0.994 | 0.032 | 0.669 | 0.761 |
| Knowing any contraceptive method | 0.996 | 0.004 | 233 | 315 | 1.014 | 0.004 | 0.987 | 1.000 |
| Knowing any modern contraceptive method | 0.992 | 0.006 | 233 | 315 | 1.010 | 0.006 | 0.979 | 1.000 |


| Variable | Value (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Weight- |  |  |  |  |
|  |  |  | (N) | (WN) |  |  | R-2SE | $\mathrm{R}+2 \mathrm{SE}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.734 | 0.016 | 1425 | 1890 | 1.341 | 0.021 | 0.703 | 0.766 |
| Literate | 0.979 | 0.004 | 1425 | 1890 | 1.136 | 0.004 | 0.971 | 0.988 |
| No education | 0.002 | 0.001 | 1425 | 1890 | 1.006 | 0.573 | 0.000 | 0.005 |
| Secondary education or higher | 0.823 | 0.012 | 1425 | 1890 | 1.159 | 0.014 | 0.799 | 0.846 |
| Never married | 0.346 | 0.016 | 1425 | 1890 | 1.243 | 0.045 | 0.315 | 0.378 |
| Currently married (in union) | 0.602 | 0.016 | 1425 | 1890 | 1.205 | 0.026 | 0.571 | 0.634 |
| Married before age 20 | 0.304 | 0.015 | 1155 | 1527 | 1.127 | 0.050 | 0.273 | 0.334 |
| Had first sexual intercourse before age 18 | 0.156 | 0.014 | 1155 | 1527 | 1.305 | 0.089 | 0.128 | 0.184 |
| Currently pregnant | 0.049 | 0.006 | 1425 | 1890 | 1.114 | 0.130 | 0.036 | 0.061 |
| Children ever born | 1.850 | 0.063 | 1425 | 1890 | 1.112 | 0.034 | 1.724 | 1.977 |
| Children surviving | 1.770 | 0.061 | 1425 | 1890 | 1.119 | 0.034 | 1.649 | 1.892 |
| Children ever born to women age 40-49 | 3.821 | 0.139 | 317 | 424 | 1.013 | 0.036 | 3.544 | 4.099 |
| Knowing any contraceptive method | 0.998 | 0.002 | 856 | 1139 | 1.006 | 0.002 | 0.994 | 1.000 |
| Knowing any modern contraceptive method | 0.995 | 0.002 | 856 | 1139 | 0.733 | 0.002 | 0.992 | 0.999 |
| Ever used any contraceptive method | 0.682 | 0.018 | 856 | 1139 | 1.139 | 0.027 | 0.646 | 0.718 |
| Currently using any contraceptive method | 0.484 | 0.017 | 856 | 1139 | 1.004 | 0.035 | 0.450 | 0.519 |
| Currently using a modern method | 0.328 | 0.020 | 856 | 1139 | 1.226 | 0.060 | 0.289 | 0.368 |
| Currently using female sterilization | 0.114 | 0.011 | 856 | 1139 | 1.038 | 0.099 | 0.092 | 0.137 |
| Currently using male sterilization | 0.000 | 0.000 | 856 | 1139 | na | na | 0.000 | 0.000 |
| Currently using pill | 0.113 | 0.011 | 856 | 1139 | 1.030 | 0.099 | 0.091 | 0.135 |
| Currently using IUD | 0.038 | 0.009 | 856 | 1139 | 1.312 | 0.225 | 0.021 | 0.056 |
| Currently using injectables | 0.032 | 0.007 | 856 | 1139 | 1.135 | 0.215 | 0.018 | 0.045 |
| Currently using condom | 0.021 | 0.006 | 856 | 1139 | 1.213 | 0.280 | 0.009 | 0.033 |
| Currently using periodic abstinence | 0.048 | 0.007 | 856 | 1139 | 0.952 | 0.146 | 0.034 | 0.062 |
| Currently using withdrawal | 0.107 | 0.012 | 856 | 1139 | 1.093 | 0.108 | 0.084 | 0.130 |
| Obtained method from public sector source | 0.634 | 0.031 | 280 | 368 | 1.058 | 0.048 | 0.573 | 0.695 |
| Want no more children | 0.581 | 0.019 | 856 | 1139 | 1.135 | 0.033 | 0.543 | 0.620 |
| Want to delay birth at least 2 years | 0.196 | 0.017 | 856 | 1139 | 1.225 | 0.085 | 0.163 | 0.229 |
| Ideal number of children | 2.843 | 0.033 | 1407 | 1865 | 1.112 | 0.012 | 2.777 | 2.910 |
| Mothers received tetanus injection for last birth | h 0.712 | 0.021 | 446 | 595 | 0.988 | 0.030 | 0.670 | 0.755 |
| Mothers received medical assistance at delivery | ry 0.747 | 0.028 | 608 | 816 | 1.304 | 0.038 | 0.691 | 0.804 |
| Had diarrhea in two weeks before survey | 0.108 | 0.015 | 593 | 796 | 1.070 | 0.135 | 0.079 | 0.137 |
| Treated with oral rehydration salts (ORS) | 0.519 | 0.079 | 64 | 86 | 1.168 | 0.153 | 0.360 | 0.677 |
| Taken to a health provider | 0.315 | 0.060 | 64 | 86 | 0.988 | 0.190 | 0.196 | 0.435 |
| Vaccination card seen | 0.378 | 0.055 | 123 | 165 | 1.274 | 0.147 | 0.267 | 0.488 |
| Received BCG vaccination | 0.918 | 0.022 | 123 | 165 | 0.887 | 0.024 | 0.874 | 0.962 |
| Received DPT vaccination (3 doses) | 0.800 | 0.032 | 123 | 165 | 0.885 | 0.040 | 0.736 | 0.863 |
| Received polio vaccination (3 doses) | 0.781 | 0.039 | 123 | 165 | 1.053 | 0.050 | 0.702 | 0.859 |
| Received measles vaccination | 0.773 | 0.038 | 123 | 165 | 1.003 | 0.049 | 0.697 | 0.848 |
| Received all vaccinations | 0.656 | 0.041 | 123 | 165 | 0.958 | 0.062 | 0.574 | 0.737 |
| Total fertility rate (3 years) | 3.155 | 0.159 | na | 5289 | 1.029 | 0.050 | 2.836 | 3.473 |
| Perinatal mortality (0-4 years) | 25.194 | 7.226 | 616 | 827 | 1.030 | 0.287 | 10.743 | 39.645 |
| Neonatal mortality rate (10 years) | 16.555 | 4.274 | 1221 | 1620 | 1.077 | 0.258 | 8.006 | 25.104 |
| Postneonatal mortality rate (10 years) | 8.688 | 2.532 | 1220 | 1619 | 0.957 | 0.291 | 3.625 | 13.752 |
| Infant mortality rate (10 years) | 25.244 | 5.355 | 1221 | 1620 | 1.142 | 0.212 | 14.534 | 35.953 |
| Child mortality rate (10 years) | 6.410 | 2.212 | 1222 | 1622 | 0.996 | 0.345 | 1.986 | 10.834 |
| Under-five mortality rate (10 years) | 31.492 | 5.934 | 1223 | 1623 | 1.163 | 0.188 | 19.624 | 43.360 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.728 | 0.023 | 483 | 652 | 1.128 | 0.031 | 0.683 | 0.774 |
| No education | 0.005 | 0.003 | 483 | 652 | 1.095 | 0.721 | 0.000 | 0.012 |
| Secondary education or higher | 0.793 | 0.024 | 483 | 652 | 1.317 | 0.031 | 0.744 | 0.841 |
| Knowing any contraceptive method | 0.996 | 0.004 | 256 | 345 | 0.984 | 0.004 | 0.988 | 1.000 |
| Knowing any modern contraceptive method | 0.993 | 0.005 | 256 | 345 | 0.952 | 0.005 | 0.983 | 1.000 |


| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Weight- |  |  |  |  |
|  |  |  | (N) | (WN) |  |  | R-2SE | $\mathrm{R}+2 \mathrm{SE}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.326 | 0.030 | 481 | 340 | 1.425 | 0.093 | 0.265 | 0.387 |
| Literate | 0.928 | 0.025 | 481 | 340 | 2.134 | 0.027 | 0.878 | 0.979 |
| No education | 0.033 | 0.017 | 481 | 340 | 2.060 | 0.509 | 0.000 | 0.067 |
| Secondary education or higher | 0.635 | 0.045 | 481 | 340 | 2.069 | 0.072 | 0.544 | 0.726 |
| Never married | 0.206 | 0.024 | 481 | 340 | 1.296 | 0.116 | 0.158 | 0.254 |
| Currently married (in union) | 0.756 | 0.027 | 481 | 340 | 1.399 | 0.036 | 0.701 | 0.811 |
| Married before age 20 | 0.426 | 0.040 | 394 | 278 | 1.597 | 0.094 | 0.346 | 0.505 |
| Had first sexual intercourse before age 18 | 0.220 | 0.033 | 394 | 278 | 1.572 | 0.149 | 0.154 | 0.286 |
| Currently pregnant | 0.098 | 0.013 | 481 | 340 | 0.926 | 0.128 | 0.073 | 0.123 |
| Children ever born | 2.911 | 0.159 | 481 | 340 | 1.297 | 0.055 | 2.593 | 3.228 |
| Children surviving | 2.654 | 0.126 | 481 | 340 | 1.143 | 0.047 | 2.403 | 2.906 |
| Children ever born to women age 40-49 | 5.051 | 0.245 | 108 | 77 | 0.949 | 0.049 | 4.560 | 5.542 |
| Knowing any contraceptive method | 0.997 | 0.003 | 361 | 257 | 1.066 | 0.003 | 0.991 | 1.000 |
| Knowing any modern contraceptive method | 0.994 | 0.004 | 361 | 257 | 1.006 | 0.004 | 0.986 | 1.000 |
| Ever used any contraceptive method | 0.632 | 0.054 | 361 | 257 | 2.124 | 0.085 | 0.524 | 0.740 |
| Currently using any contraceptive method | 0.425 | 0.045 | 361 | 257 | 1.726 | 0.106 | 0.335 | 0.515 |
| Currently using a modern method | 0.310 | 0.037 | 361 | 257 | 1.529 | 0.120 | 0.236 | 0.385 |
| Currently using female sterilization | 0.087 | 0.020 | 361 | 257 | 1.344 | 0.230 | 0.047 | 0.126 |
| Currently using male sterilization | 0.003 | 0.003 | 361 | 257 | 1.002 | 1.017 | 0.000 | 0.008 |
| Currently using pill | 0.137 | 0.018 | 361 | 257 | 0.987 | 0.131 | 0.101 | 0.172 |
| Currently using IUD | 0.030 | 0.011 | 361 | 257 | 1.270 | 0.378 | 0.007 | 0.053 |
| Currently using injectables | 0.040 | 0.015 | 361 | 257 | 1.492 | 0.383 | 0.009 | 0.071 |
| Currently using condom | 0.008 | 0.005 | 361 | 257 | 0.999 | 0.578 | 0.000 | 0.018 |
| Currently using periodic abstinence | 0.053 | 0.010 | 361 | 257 | 0.838 | 0.188 | 0.033 | 0.072 |
| Currently using withdrawal | 0.060 | 0.014 | 361 | 257 | 1.133 | 0.237 | 0.031 | 0.088 |
| Obtained method from public sector source | 0.775 | 0.041 | 111 | 79 | 1.025 | 0.053 | 0.694 | 0.857 |
| Want no more children | 0.645 | 0.024 | 361 | 257 | 0.970 | 0.038 | 0.596 | 0.694 |
| Want to delay birth at least 2 years | 0.202 | 0.021 | 361 | 257 | 0.995 | 0.104 | 0.160 | 0.244 |
| Ideal number of children | 3.239 | 0.082 | 478 | 338 | 1.189 | 0.025 | 3.074 | 3.403 |
| Mothers received tetanus injection for last birth | h 0.676 | 0.051 | 219 | 155 | 1.620 | 0.076 | 0.574 | 0.779 |
| Mothers received medical assistance at delivery | ry 0.293 | 0.046 | 339 | 241 | 1.516 | 0.157 | 0.201 | 0.385 |
| Had diarrhea in two weeks before survey | 0.177 | 0.021 | 318 | 225 | 0.948 | 0.119 | 0.135 | 0.218 |
| Treated with oral rehydration salts (ORS) | 0.242 | 0.060 | 56 | 40 | 1.017 | 0.248 | 0.122 | 0.362 |
| Taken to a health provider | 0.223 | 0.058 | 56 | 40 | 1.015 | 0.260 | 0.107 | 0.339 |
| Vaccination card seen | 0.368 | 0.064 | 53 | 38 | 0.994 | 0.174 | 0.240 | 0.496 |
| Received BCG vaccination | 0.940 | 0.031 | 53 | 38 | 0.942 | 0.033 | 0.878 | 1.001 |
| Received DPT vaccination (3 doses) | 0.809 | 0.050 | 53 | 38 | 0.933 | 0.062 | 0.708 | 0.909 |
| Received polio vaccination (3 doses) | 0.811 | 0.046 | 53 | 38 | 0.853 | 0.056 | 0.719 | 0.902 |
| Received measles vaccination | 0.812 | 0.040 | 53 | 38 | 0.752 | 0.050 | 0.731 | 0.892 |
| Received all vaccinations | 0.700 | 0.057 | 53 | 38 | 0.904 | 0.081 | 0.586 | 0.814 |
| Total fertility rate (3 years) | 4.978 | 0.389 | na | 961 | 1.263 | 0.078 | 4.199 | 5.756 |
| Perinatal mortality (0-4 years) | 20.508 | 6.126 | 342 | 243 | 0.811 | 0.299 | 8.256 | 32.760 |
| Neonatal mortality rate (10 years) | 17.688 | 4.823 | 677 | 481 | 0.902 | 0.273 | 8.043 | 27.333 |
| Postneonatal mortality rate (10 years) | 25.865 | 6.410 | 677 | 481 | 0.937 | 0.248 | 13.046 | 38.685 |
| Infant mortality rate (10 years) | 43.553 | 9.694 | 677 | 481 | 1.080 | 0.223 | 24.166 | 62.940 |
| Child mortality rate (10 years) | 25.232 | 10.384 | 680 | 483 | 1.498 | 0.412 | 4.464 | 46.000 |
| Under-five mortality rate (10 years) | 67.686 | 15.960 | 680 | 483 | 1.226 | 0.236 | 35.766 | 99.607 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.388 | 0.035 | 168 | 119 | 0.940 | 0.091 | 0.317 | 0.458 |
| No education | 0.043 | 0.019 | 168 | 119 | 1.227 | 0.446 | 0.005 | 0.082 |
| Secondary education or higher | 0.559 | 0.059 | 168 | 119 | 1.527 | 0.105 | 0.441 | 0.676 |
| Knowing any contraceptive method | 0.991 | 0.009 | 109 | 77 | 0.974 | 0.009 | 0.973 | 1.000 |
| Knowing any modern contraceptive method | 0.982 | 0.012 | 109 | 77 | 0.965 | 0.013 | 0.957 | 1.000 |


| Variable | Value (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Rela- <br> tive <br> error <br> (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Weight- |  |  |  |  |
|  |  |  | (N) | (WN) |  |  | R-2SE | $\mathrm{R}+2 \mathrm{SE}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.322 | 0.020 | 724 | 713 | 1.130 | 0.061 | 0.283 | 0.361 |
| Literate | 0.965 | 0.006 | 724 | 713 | 0.857 | 0.006 | 0.954 | 0.977 |
| No education | 0.003 | 0.002 | 724 | 713 | 0.992 | 0.735 | 0.000 | 0.006 |
| Secondary education or higher | 0.721 | 0.028 | 724 | 713 | 1.654 | 0.038 | 0.666 | 0.777 |
| Never married | 0.320 | 0.018 | 724 | 713 | 1.024 | 0.056 | 0.284 | 0.355 |
| Currently married (in union) | 0.640 | 0.014 | 724 | 713 | 0.770 | 0.021 | 0.613 | 0.668 |
| Married before age 20 | 0.379 | 0.026 | 560 | 549 | 1.249 | 0.068 | 0.328 | 0.431 |
| Had first sexual intercourse before age 18 | 0.197 | 0.015 | 560 | 549 | 0.863 | 0.074 | 0.168 | 0.226 |
| Currently pregnant | 0.055 | 0.008 | 724 | 713 | 0.888 | 0.137 | 0.040 | 0.070 |
| Children ever born | 2.759 | 0.154 | 724 | 713 | 1.406 | 0.056 | 2.450 | 3.067 |
| Children surviving | 2.591 | 0.140 | 724 | 713 | 1.379 | 0.054 | 2.311 | 2.872 |
| Children ever born to women age 40-49 | 5.459 | 0.270 | 164 | 161 | 1.114 | 0.050 | 4.918 | 6.000 |
| Knowing any contraceptive method | 0.990 | 0.004 | 468 | 457 | 0.960 | 0.004 | 0.982 | 0.999 |
| Knowing any modern contraceptive method | 0.990 | 0.004 | 468 | 457 | 0.960 | 0.004 | 0.982 | 0.999 |
| Ever used any contraceptive method | 0.775 | 0.022 | 468 | 457 | 1.140 | 0.028 | 0.731 | 0.819 |
| Currently using any contraceptive method | 0.474 | 0.028 | 468 | 457 | 1.229 | 0.060 | 0.418 | 0.531 |
| Currently using a modern method | 0.236 | 0.021 | 468 | 457 | 1.090 | 0.091 | 0.193 | 0.279 |
| Currently using female sterilization | 0.055 | 0.009 | 468 | 457 | 0.870 | 0.167 | 0.037 | 0.073 |
| Currently using male sterilization | 0.000 | 0.000 | 468 | 457 | na | na | 0.000 | 0.000 |
| Currently using pill | 0.131 | 0.012 | 468 | 457 | 0.790 | 0.094 | 0.107 | 0.156 |
| Currently using IUD | 0.021 | 0.009 | 468 | 457 | 1.435 | 0.459 | 0.002 | 0.039 |
| Currently using injectables | 0.020 | 0.005 | 468 | 457 | 0.806 | 0.260 | 0.010 | 0.031 |
| Currently using condom | 0.009 | 0.005 | 468 | 457 | 1.026 | 0.496 | 0.000 | 0.018 |
| Currently using periodic abstinence | 0.078 | 0.013 | 468 | 457 | 1.075 | 0.171 | 0.052 | 0.105 |
| Currently using withdrawal | 0.151 | 0.018 | 468 | 457 | 1.096 | 0.120 | 0.114 | 0.187 |
| Obtained method from public sector source | 0.695 | 0.031 | 115 | 112 | 0.708 | 0.044 | 0.634 | 0.756 |
| Want no more children | 0.648 | 0.028 | 468 | 457 | 1.259 | 0.043 | 0.592 | 0.704 |
| Want to delay birth at least 2 years | 0.162 | 0.018 | 468 | 457 | 1.081 | 0.114 | 0.125 | 0.199 |
| Ideal number of children | 3.057 | 0.053 | 720 | 709 | 1.155 | 0.017 | 2.951 | 3.163 |
| Mothers received tetanus injection for last birth | h 0.648 | 0.030 | 298 | 290 | 1.087 | 0.047 | 0.588 | 0.709 |
| Mothers received medical assistance at delivery | ry 0.478 | 0.044 | 446 | 432 | 1.548 | 0.092 | 0.390 | 0.566 |
| Had diarrhea in two weeks before survey | 0.114 | 0.023 | 437 | 424 | 1.364 | 0.198 | 0.069 | 0.160 |
| Treated with oral rehydration salts (ORS) | 0.328 | 0.060 | 51 | 49 | 0.798 | 0.183 | 0.208 | 0.447 |
| Taken to a health provider | 0.259 | 0.050 | 51 | 49 | 0.696 | 0.192 | 0.159 | 0.358 |
| Vaccination card seen | 0.368 | 0.041 | 87 | 87 | 0.781 | 0.111 | 0.286 | 0.450 |
| Received BCG vaccination | 0.944 | 0.025 | 87 | 87 | 1.018 | 0.026 | 0.894 | 0.994 |
| Received DPT vaccination (3 doses) | 0.753 | 0.051 | 87 | 87 | 1.101 | 0.067 | 0.651 | 0.854 |
| Received polio vaccination (3 doses) | 0.814 | 0.045 | 87 | 87 | 1.092 | 0.056 | 0.723 | 0.905 |
| Received measles vaccination | 0.819 | 0.036 | 87 | 87 | 0.872 | 0.044 | 0.747 | 0.890 |
| Received all vaccinations | 0.647 | 0.046 | 87 | 87 | 0.907 | 0.072 | 0.554 | 0.740 |
| Total fertility rate (3 years) | 4.348 | 0.273 | na | 1941 | 0.964 | 0.063 | 3.803 | 4.893 |
| Perinatal mortality (0-4 years) | 25.915 | 7.062 | 453 | 439 | 0.950 | 0.272 | 11.792 | 40.038 |
| Neonatal mortality rate (10 years) | 19.001 | 5.858 | 946 | 915 | 1.203 | 0.308 | 7.285 | 30.717 |
| Postneonatal mortality rate (10 years) | 9.242 | 3.141 | 947 | 916 | 1.014 | 0.340 | 2.960 | 15.524 |
| Infant mortality rate (10 years) | 28.243 | 6.967 | 947 | 916 | 1.236 | 0.247 | 14.309 | 42.177 |
| Child mortality rate (10 years) | 14.958 | 3.940 | 947 | 916 | 0.969 | 0.263 | 7.078 | 22.837 |
| Under-five mortality rate (10 years) | 42.778 | 8.028 | 948 | 917 | 1.166 | 0.188 | 26.721 | 58.835 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.218 | 0.024 | 238 | 236 | 0.911 | 0.112 | 0.169 | 0.267 |
| No education | 0.009 | 0.006 | 238 | 236 | 0.908 | 0.619 | 0.000 | 0.020 |
| Secondary education or higher | 0.642 | 0.042 | 238 | 236 | 1.344 | 0.065 | 0.559 | 0.726 |
| Knowing any contraceptive method | 1.000 | 0.000 | 142 | 139 | na | 0.000 | 1.000 | 1.000 |
| Knowing any modern contraceptive method | 1.000 | 0.000 | 142 | 139 | na | 0.000 | 1.000 | 1.000 |


| Table B.13 Sampling errors for VI - Western Visayas sample, Philippines | 2003 |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
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| Table B.14 Sampling errors for VII - Central Visayas sample, Philippines | 2003 |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
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| Table B.15 Sampling errors for VIII - Eastern Visayas sample, Philippines 2003 |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |


| Table B.16 Sampling errors for IX - Zamboanga Peninsula sample, Philippines 2003 |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |


| Table B.17 Sampling errors for X - Northern Mindanao sample, Philippines 2003 |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |


| Table B.18 Sampling errors for XI - Davao sample, Philippines 2003 |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |


| Table B.19 Sampling errors for XII - SOCCSKSARGEN sample, Philippines 2003 |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |


| Table B.20 Sampling errors for XIII - Caraga sample, Philippines 2003 |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  |  |  |  |  |  |  |  |  |


| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Weight- |  |  |  |  |
|  |  |  | (N) | (WN) |  |  | R-2SE | $\mathrm{R}+2 \mathrm{SE}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.304 | 0.034 | 683 | 489 | 1.915 | 0.111 | 0.237 | 0.372 |
| Literate | 0.805 | 0.022 | 683 | 489 | 1.466 | 0.028 | 0.760 | 0.849 |
| No education | 0.150 | 0.024 | 683 | 489 | 1.788 | 0.163 | 0.101 | 0.198 |
| Secondary education or higher | 0.519 | 0.036 | 683 | 489 | 1.898 | 0.070 | 0.446 | 0.591 |
| Never married | 0.297 | 0.024 | 683 | 489 | 1.398 | 0.082 | 0.248 | 0.346 |
| Currently married (in union) | 0.671 | 0.030 | 683 | 489 | 1.644 | 0.044 | 0.611 | 0.730 |
| Married before age 20 | 0.505 | 0.020 | 540 | 388 | 0.913 | 0.039 | 0.465 | 0.544 |
| Had first sexual intercourse before age 18 | 0.323 | 0.016 | 540 | 388 | 0.774 | 0.048 | 0.292 | 0.355 |
| Currently pregnant | 0.071 | 0.012 | 683 | 489 | 1.243 | 0.172 | 0.047 | 0.096 |
| Children ever born | 2.485 | 0.155 | 683 | 489 | 1.512 | 0.062 | 2.176 | 2.795 |
| Children surviving | 2.286 | 0.141 | 683 | 489 | 1.542 | 0.062 | 2.003 | 2.569 |
| Children ever born to women age 40-49 | 5.163 | 0.403 | 109 | 79 | 1.412 | 0.078 | 4.357 | 5.969 |
| Knowing any contraceptive method | 0.895 | 0.018 | 456 | 328 | 1.233 | 0.020 | 0.860 | 0.931 |
| Knowing any modern contraceptive method | 0.863 | 0.021 | 456 | 328 | 1.303 | 0.024 | 0.821 | 0.905 |
| Ever used any contraceptive method | 0.316 | 0.046 | 456 | 328 | 2.091 | 0.144 | 0.225 | 0.407 |
| Currently using any contraceptive method | 0.187 | 0.032 | 456 | 328 | 1.759 | 0.172 | 0.123 | 0.252 |
| Currently using a modern method | 0.116 | 0.029 | 456 | 328 | 1.916 | 0.248 | 0.058 | 0.173 |
| Currently using female sterilization | 0.022 | 0.006 | 456 | 328 | 0.888 | 0.277 | 0.010 | 0.034 |
| Currently using male sterilization | 0.000 | 0.000 | 456 | 328 | na | na | 0.000 | 0.000 |
| Currently using pill | 0.049 | 0.017 | 456 | 328 | 1.719 | 0.355 | 0.014 | 0.084 |
| Currently using IUD | 0.013 | 0.007 | 456 | 328 | 1.254 | 0.509 | 0.000 | 0.027 |
| Currently using injectables | 0.029 | 0.011 | 456 | 328 | 1.371 | 0.370 | 0.008 | 0.051 |
| Currently using condom | 0.002 | 0.002 | 456 | 328 | 1.027 | 0.998 | 0.000 | 0.007 |
| Currently using periodic abstinence | 0.022 | 0.006 | 456 | 328 | 0.928 | 0.290 | 0.009 | 0.035 |
| Currently using withdrawal | 0.024 | 0.011 | 456 | 328 | 1.487 | 0.447 | 0.003 | 0.045 |
| Obtained method from public sector source | 0.826 | 0.052 | 53 | 38 | 0.993 | 0.063 | 0.722 | 0.931 |
| Want no more children | 0.307 | 0.029 | 456 | 328 | 1.343 | 0.095 | 0.249 | 0.365 |
| Want to delay birth at least 2 years | 0.270 | 0.022 | 456 | 328 | 1.081 | 0.083 | 0.225 | 0.315 |
| Ideal number of children | 4.681 | 0.161 | 656 | 470 | 1.920 | 0.034 | 4.360 | 5.003 |
| Mothers received tetanus injection for last birth | h 0.475 | 0.062 | 257 | 184 | 1.997 | 0.131 | 0.350 | 0.599 |
| Mothers received medical assistance at delivery | y 0.217 | 0.026 | 435 | 310 | 1.015 | 0.117 | 0.166 | 0.268 |
| Had diarrhea in two weeks before survey | 0.120 | 0.018 | 409 | 291 | 1.067 | 0.149 | 0.084 | 0.156 |
| Treated with oral rehydration salts (ORS) | 0.472 | 0.066 | 50 | 35 | 0.874 | 0.140 | 0.340 | 0.603 |
| Taken to a health provider | 0.422 | 0.084 | 50 | 35 | 1.088 | 0.198 | 0.255 | 0.589 |
| Vaccination card seen | 0.216 | 0.051 | 76 | 54 | 1.083 | 0.237 | 0.114 | 0.319 |
| Received BCG vaccination | 0.710 | 0.060 | 76 | 54 | 1.138 | 0.084 | 0.591 | 0.829 |
| Received DPT vaccination (3 doses) | 0.505 | 0.070 | 76 | 54 | 1.209 | 0.138 | 0.366 | 0.645 |
| Received polio vaccination (3 doses) | 0.533 | 0.074 | 76 | 54 | 1.280 | 0.138 | 0.385 | 0.680 |
| Received measles vaccination | 0.574 | 0.065 | 76 | 54 | 1.141 | 0.113 | 0.443 | 0.704 |
| Received all vaccinations | 0.440 | 0.061 | 76 | 54 | 1.058 | 0.138 | 0.319 | 0.561 |
| Total fertility rate (3 years) | 4.209 | 0.361 | na | 1383 | 1.204 | 0.086 | 3.486 | 4.932 |
| Perinatal mortality (0-4 years) | 27.753 | 5.092 | 439 | 313 | 0.614 | 0.183 | 17.569 | 37.937 |
| Neonatal mortality rate (10 years) | 17.641 | 5.156 | 849 | 605 | 1.085 | 0.292 | 7.330 | 27.952 |
| Postneonatal mortality rate (10 years) | 23.500 | 7.076 | 850 | 606 | 1.333 | 0.301 | 9.347 | 37.652 |
| Infant mortality rate (10 years) | 41.141 | 7.694 | 850 | 606 | 1.103 | 0.187 | 25.752 | 56.530 |
| Child mortality rate (10 years) | 32.512 | 9.149 | 851 | 606 | 1.204 | 0.281 | 14.214 | 50.811 |
| Under-five mortality rate (10 years) | 72.316 | 11.427 | 852 | 607 | 1.075 | 0.158 | 49.462 | 95.170 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.275 | 0.028 | 239 | 166 | 0.976 | 0.103 | 0.219 | 0.332 |
| No education | 0.155 | 0.028 | 239 | 166 | 1.189 | 0.180 | 0.099 | 0.211 |
| Secondary education or higher | 0.423 | 0.032 | 239 | 166 | 0.986 | 0.075 | 0.360 | 0.486 |
| Knowing any contraceptive method | 0.688 | 0.049 | 155 | 107 | 1.308 | 0.071 | 0.590 | 0.785 |
| Knowing any modern contraceptive method | 0.642 | 0.050 | 155 | 107 | 1.304 | 0.078 | 0.542 | 0.743 |


| Table C. 1 Household age distribution |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Single-year age distribution of the de facto household population by sex (weighted), Philippines 2003 |  |  |  |  |  |  |  |  |  |
|  | Male |  | Female |  | Age | Male |  | Female |  |
| Age | Number | Percentage | Number | Percentage |  | Number | Percentage | Number | Percentage |
| 0 | 750 | 2.6 | 712 | 2.5 | 37 | 360 | 1.2 | 385 | 1.3 |
| 1 | 733 | 2.5 | 669 | 2.3 | 38 | 362 | 1.2 | 378 | 1.3 |
| 2 | 753 | 2.6 | 722 | 2.5 | 39 | 336 | 1.1 | 358 | 1.2 |
| 3 | 724 | 2.5 | 798 | 2.7 | 40 | 369 | 1.3 | 374 | 1.3 |
| 4 | 743 | 2.5 | 650 | 2.2 | 41 | 301 | 1.0 | 298 | 1.0 |
| 5 | 805 | 2.7 | 730 | 2.5 | 42 | 350 | 1.2 | 289 | 1.0 |
| 6 | 770 | 2.6 | 740 | 2.5 | 43 | 318 | 1.1 | 342 | 1.2 |
| 7 | 782 | 2.7 | 719 | 2.5 | 44 | 283 | 1.0 | 312 | 1.1 |
| 8 | 762 | 2.6 | 649 | 2.2 | 45 | 311 | 1.1 | 327 | 1.1 |
| 9 | 776 | 2.6 | 721 | 2.5 | 46 | 266 | 0.9 | 280 | 1.0 |
| 10 | 794 | 2.7 | 769 | 2.6 | 47 | 294 | 1.0 | 260 | 0.9 |
| 11 | 738 | 2.5 | 692 | 2.4 | 48 | 267 | 0.9 | 277 | 1.0 |
| 12 | 809 | 2.8 | 770 | 2.7 | 49 | 226 | 0.8 | 232 | 0.8 |
| 13 | 714 | 2.4 | 740 | 2.5 | 50 | 229 | 0.8 | 270 | 0.9 |
| 14 | 723 | 2.5 | 735 | 2.5 | 51 | 198 | 0.7 | 215 | 0.7 |
| 15 | 611 | 2.1 | 622 | 2.1 | 52 | 235 | 0.8 | 258 | 0.9 |
| 16 | 675 | 2.3 | 632 | 2.2 | 53 | 216 | 0.7 | 266 | 0.9 |
| 17 | 614 | 2.1 | 549 | 1.9 | 54 | 184 | 0.6 | 231 | 0.8 |
| 18 | 604 | 2.1 | 501 | 1.7 | 55 | 174 | 0.6 | 191 | 0.7 |
| 19 | 551 | 1.9 | 430 | 1.5 | 56 | 159 | 0.5 | 183 | 0.6 |
| 20 | 533 | 1.8 | 473 | 1.6 | 57 | 158 | 0.5 | 147 | 0.5 |
| 21 | 496 | 1.7 | 453 | 1.6 | 58 | 158 | 0.5 | 177 | 0.6 |
| 22 | 504 | 1.7 | 451 | 1.6 | 59 | 132 | 0.5 | 133 | 0.5 |
| 23 | 520 | 1.8 | 475 | 1.6 | 60 | 161 | 0.5 | 213 | 0.7 |
| 24 | 473 | 1.6 | 459 | 1.6 | 61 | 105 | 0.4 | 103 | 0.4 |
| 25 | 470 | 1.6 | 459 | 1.6 | 62 | 129 | 0.4 | 123 | 0.4 |
| 26 | 411 | 1.4 | 403 | 1.4 | 63 | 127 | 0.4 | 147 | 0.5 |
| 27 | 450 | 1.5 | 409 | 1.4 | 64 | 111 | 0.4 | 117 | 0.4 |
| 28 | 427 | 1.5 | 414 | 1.4 | 65 | 124 | 0.4 | 132 | 0.5 |
| 29 | 372 | 1.3 | 414 | 1.4 | 66 | 73 | 0.2 | 95 | 0.3 |
| 30 | 402 | 1.4 | 422 | 1.5 | 67 | 83 | 0.3 | 112 | 0.4 |
| 31 | 374 | 1.3 | 381 | 1.3 | 68 | 81 | 0.3 | 98 | 0.3 |
| 32 | 425 | 1.4 | 397 | 1.4 | 69 | 63 | 0.2 | 81 | 0.3 |
| 33 | 419 | 1.4 | 410 | 1.4 | 70+ | 639 | 2.2 | 882 | 3.0 |
| 34 | 344 | 1.2 | 385 | 1.3 | Don't know/ |  |  |  |  |
| 35 | 420 | 1.4 | 415 | 1.4 | missing | 0 | 0.0 | 3 | 0.0 |
| 36 | 344 | 1.2 | 391 | 1.3 |  |  |  |  |  |
|  |  |  |  |  | Total | 29,399 | 100.0 | 29,050 | 100.0 |

Table C.2.1 Age distribution of eligible and interviewed women
De facto household population of women age 10-54, interviewed women age 15-49, and percentage of eligible women who were interviewed (weighted), by five-year age groups, Philippines 2003

| Age group | Household population of women age 10-54 | Interviewed women age 15-49 |  | Percentage of eligible women interviewed |
| :---: | :---: | :---: | :---: | :---: |
|  |  | Number | Percent |  |
| 10-14 | 3,707 | na | na | na |
| 15-19 | 2,734 | 2,684 | 19.5 | 98.2 |
| 20-24 | 2,311 | 2,233 | 16.2 | 96.6 |
| 25-29 | 2,099 | 2,049 | 14.9 | 97.6 |
| 30-34 | 1,995 | 1,963 | 14.3 | 98.4 |
| 25-39 | 1,926 | 1,886 | 13.7 | 97.9 |
| 40-44 | 1,614 | 1,579 | 11.5 | 97.8 |
| 45-49 | 1,376 | 1,348 | 9.8 | 98.0 |
| 50-54 | 1,240 | na | na | na |
| 15-49 | 14,055 | 13,743 | 100.0 | 97.8 |

Note: The de facto population includes all residents and nonresidents who stayed in the household the night before the interview. Weights for both household population of women and interviewed women are household weights. Age is based on the household schedule.
na $=$ Not applicable

Table C.2.2 Age distribution of eligible and interviewed men
De facto household population of men age 10-64, interviewed men age 15-59 and percentage of eligible men who were interviewed (weighted), by five-year age groups, Philippines 2003

|  | Household <br> population <br> of men <br> Age <br> group | Interviewed men <br> age 15-54 | Percentage <br> of eligible <br> men |  |
| :--- | :---: | :---: | :---: | :---: |
|  | Number | Percent | men <br> interviewed |  |
| $10-14$ | 1,260 | na | na | na |
| $15-19$ | 962 | 924 | 19.4 | 96.1 |
| $20-24$ | 836 | 789 | 16.5 | 94.3 |
| $25-29$ | 681 | 642 | 13.5 | 94.3 |
| $30-34$ | 628 | 588 | 12.3 | 93.6 |
| $25-39$ | 619 | 589 | 12.3 | 95.1 |
| $40-44$ | 510 | 484 | 10.2 | 95.0 |
| $45-49$ | 436 | 415 | 8.7 | 95.2 |
| $50-54$ | 353 | 335 | 7.0 | 94.9 |
| $55-59$ | 291 | na | na | na |
| $15-59$ | 5,024 | 4,766 | 100.0 | 94.9 |

Note: The de facto population includes all residents and nonresidents who stayed in the household the night before the interview. Weights for both household population of women and interviewed women are household weights. Age is based on the household schedule.
na $=$ Not applicable


## Table C. 4 Births by calendar years

Number of births, percentage with complete birth date, sex ratio at birth, and calendar year ratio by calendar year, according to living, dead, and total children (weighted), Philippines 2003

| Year | Number of births |  |  | Percentage with complete birth date ${ }^{1}$ |  |  | Sex ratio at birth ${ }^{2}$ |  |  | Calendar year ratio ${ }^{3}$ |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Living | Dead | Total | Living | Dead | Total | Living | Dead | Total | Living | Dead | Total |
| 2002 | 716 | 17 | 733 | 100.0 | 100.0 | 100.0 | 106.1 | 105.0 | 106.0 | na | na | na |
| 2001 | 1,359 | 45 | 1,404 | 100.0 | 100.0 | 100.0 | 106.0 | 117.6 | 106.3 | na | na | na |
| 2000 | 1,340 | 47 | 1,386 | 100.0 | 100.0 | 100.0 | 106.7 | 120.0 | 107.1 | 96.1 | 79.2 | 95.4 |
| 1999 | 1,429 | 73 | 1,502 | 100.0 | 100.0 | 100.0 | 94.7 | 224.1 | 98.6 | 108.4 | 163.8 | 110.2 |
| 1998 | 1,296 | 42 | 1,339 | 100.0 | 100.0 | 100.0 | 97.4 | 89.0 | 97.2 | 94.4 | 75.3 | 93.7 |
| 1997 | 1,317 | 40 | 1,356 | 100.0 | 100.0 | 100.0 | 114.0 | 173.8 | 115.3 | 95.2 | 72.8 | 94.3 |
| 1996 | 1,470 | 66 | 1,536 | 99.6 | 98.4 | 99.6 | 106.8 | 99.8 | 106.5 | 113.2 | 139.2 | 114.1 |
| 1995 | 1,280 | 56 | 1,336 | 99.9 | 95.1 | 99.7 | 110.4 | 129.3 | 111.1 | 91.1 | 78.4 | 90.5 |
| 1994 | 1,341 | 76 | 1,417 | 99.6 | 96.9 | 99.5 | 118.7 | 165.2 | 120.8 | 105.6 | 135.8 | 106.8 |
| 1993 | 1,260 | 56 | 1,316 | 99.4 | 95.8 | 99.3 | 110.6 | 238.0 | 114.0 | 94.7 | 75.2 | 93.7 |
| 1997-2001 | 6,140 | 223 | 6,363 | 100.0 | 100.0 | 100.0 | 101.6 | 135.5 | 102.6 | na | na | na |
| 1992-1996 | 6,667 | 294 | 6,961 | 99.7 | 97.1 | 99.6 | 111.9 | 150.6 | 113.3 | na | na | na |
| 1987-1991 | 6,204 | 344 | 6,548 | 99.5 | 96.5 | 99.3 | 103.9 | 139.7 | 105.5 | na | na | na |
| 1982-1986 | 4,635 | 405 | 5,040 | 99.4 | 94.0 | 99.0 | 105.2 | 108.4 | 105.4 | na | na | na |
| < 1982 | 4,310 | 491 | 4,801 | 99.3 | 95.8 | 98.9 | 115.7 | 126.8 | 116.8 | na | na | na |
| All | 27,956 | 1,758 | 29,714 | 99.6 | 96.3 | 99.4 | 107.2 | 129.3 | 108.4 | na | na | na |

[^9]| Table C. 5 Reporting of age at death in days |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Distribution of reported deaths under one month of age by age at death in days and the percentage of neonatal deaths reported to occur at ages 0-6 days, for five-year periods of birth preceding the survey (weighted), Philippines 2003 |  |  |  |  |  |
| Age at death (days) | Number of years preceding the survey |  |  |  | $\begin{aligned} & \text { Total } \\ & 0-19 \end{aligned}$ |
|  | 0-4 | 5-9 | 10-14 | 15-19 |  |
| <1 | 32 | 23 | 34 | 30 | 120 |
| 1 | 26 | 46 | 26 | 22 | 120 |
| 2 | 8 | 5 | 10 | 3 | 26 |
| 3 | 11 | 9 | 12 | 10 | 42 |
| 4 | 5 | 1 | 1 | 2 | 10 |
| 5 | 7 | 1 | 4 | 4 | 15 |
| 6 | 2 | 1 | 0 | 1 | 4 |
| 7 | 8 | 15 | 8 | 13 | 43 |
| 8 | 0 | 1 | 1 | 2 | 4 |
| 9 | 2 | 1 | 1 | 0 | 3 |
| 10 | 0 | 1 | 1 | 4 | 5 |
| 11 | 5 | 0 | 1 | 0 | 6 |
| 12 | 1 | 0 | 2 | 0 | 2 |
| 13 | 1 | 1 | 0 | 1 | 3 |
| 14 | 5 | 4 | 3 | 0 | 11 |
| 15 | 1 | 6 | 0 | 0 | 7 |
| 16 | 0 | 1 | 0 | 0 | 1 |
| 17 | 0 | 0 | 1 | 0 | 1 |
| 18 | 0 | 0 | 2 | 0 | 2 |
| 20 | 1 | 1 | 1 | 1 | 4 |
| 21 | 0 | 2 | 1 | 0 | 3 |
| 22 | 0 | 0 | 2 | 0 | 2 |
| 23 | 1 | 0 | 0 | 0 | 1 |
| 24 | 1 | 0 | 0 | 1 | 3 |
| 25 | 1 | 0 | 1 | 0 | 2 |
| 26 | 1 | 0 | 1 | 0 | 2 |
| 28 | 1 | 0 | 1 | 1 | 2 |
| 30 | 0 | 3 | 0 | 0 | 3 |
| $31+$ | 0 | 0 | 0 | 1 | 1 |
| Total 0-30 | 121 | 121 | 111 | 95 | 447 |
| Percent early neonatal ${ }^{1}$ | 76.0 | 71.6 | 77.0 | 76.5 | 75.2 |
| ${ }^{1}$ (0-6 days/0-30 days) * 100 |  |  |  |  |  |


| Table C. 6 Reporting of age at death in months |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Distribution of reported deaths under two years of age by age at death in months and the percentage of infant deaths reported to occur at age under one month, for five-year periods of birth preceding the survey, Philippines 2003 |  |  |  |  |  |
| Age at death (months) | Number of years preceding the survey |  |  |  |  |
|  | 0-4 | 5-9 | 10-14 | 15-19 | 0-19 |
| $<1^{\text {a }}$ | 121 | 121 | 111 | 95 | 447 |
| 1 | 13 | 20 | 11 | 14 | 59 |
| 2 | 10 | 12 | 12 | 9 | 42 |
| 3 | 10 | 5 | 7 | 10 | 31 |
| 4 | 6 | 6 | 7 | 11 | 29 |
| 5 | 7 | 4 | 5 | 6 | 23 |
| 6 | 7 | 5 | 12 | 12 | 36 |
| 7 | 6 | 8 | 6 | 10 | 30 |
| 8 | 6 | 4 | 11 | 13 | 34 |
| 9 | 5 | 14 | 18 | 11 | 49 |
| 10 | 4 | 3 | 7 | 7 | 21 |
| 11 | 2 | 5 | 6 | 7 | 20 |
| 12 | 4 | 16 | 19 | 31 | 69 |
| 13 | 1 | 1 | 5 | 6 | 13 |
| 14 | 0 | 2 | 1 | 2 | 6 |
| 15 | 1 | 0 | 5 | 5 | 11 |
| 16 | 0 | 1 | 3 | 6 | 11 |
| 17 | 2 | 0 | 1 | 1 | 4 |
| 18 | 2 | 2 | 3 | 5 | 12 |
| 19 | 3 | 0 | 0 | 1 | 4 |
| 20 | 0 | 3 | 2 | 4 | 9 |
| 21 | 1 | 0 | 1 | 0 | 2 |
| 22 | 2 | 0 | 1 | 1 | 3 |
| 23 | 0 | 1 | 0 | 1 | 1 |
| 24+ | 1 | 0 | 0 | 0 | 1 |
| 1 year | 2 | 3 | 4 | 5 | 14 |
| Total 0-11 | 199 | 206 | 211 | 205 | 822 |
| Percent neonatal ${ }^{1}$ | 60.8 | 58.5 | 52.7 | 46.2 | 54.5 |
| ${ }^{\text {a }}$ Includes deaths under one month reported in days <br> ${ }^{1}$ Under one month/under one year |  |  |  |  |  |

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## QUESTIONNAIRES

## ${ }_{\text {APPENDIX }} \boldsymbol{E}$



## HOUSEHOLD SCHEDULE

Now I would like to ask you some information about the people who usually live in your household or who are staying with you now.



| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 16 | Does your household or any member of your household have: <br> Electricity? <br> A radio/radio cassette? <br> A television? <br> A landline telephone? <br> A cellular phone? <br> A washing machine? <br> A refrigerator/freezer? <br> A CD/VCD/DVD player? <br> A component/karaoke? <br> A personal computer? |  YES NO <br> ELECTRICITY .............................. 1 2  <br> RADIO/RADIO CASSETTE......... 1 2  <br> TELEVISION ................................ 1 2  <br> LANDLINE TELEPHONE .......... 1 2  <br> CELLULAR PHONE ..................... 1 2  <br> WASHING MACHINE............... 1 2  <br> REFRIGERATOR/FREEZER ...... 1 2  <br> CD/VCD/DVD PLAYER................ 1 2  <br> COMPONENT/KARAOKE......... 1 2  <br> PERSONAL COMPUTER ........... 1 2  |  |
| 17 | Does your household or any member of your household own: <br> A tractor? <br> A motorized banca/boat? <br> A car/jeep/van? <br> A motorcycle/tricycle? <br> A bicycle/pedicab? |  YES NO <br> TRACTOR ................................... 1 2  <br> MOTORIZED BANCA/BOAT......... 1 2  <br> CAR/JEEP/VAN......................... 1 2  <br> MOTORCYCLE/TRICYCLE ......... 1 2  <br> BICYCLE/PEDICAB .................. 1 2  |  |
| 18 | What is the main source of drinking water for members of your household? | COMMUNITY WATER SYSTEM <br> PIPED INTO <br> DWELLING. $\qquad$ 11 <br> YARD/PLOT $\qquad$ 12 <br> PUBLIC TAP $\qquad$ 13 <br> POINT SOURCE <br> PROTECTED WELL $\qquad$ 21 <br> UNPROTECTED (OPEN DUG WELL) . 22 <br> DEVELOPED SPRING............................ 31 <br> UNDEVELOPED SPRING....................... 32 <br> RIVER/STREAM/POND/LAKE/DAM ........ 33 <br> BOTTLED WATER/REFILLING <br> STATION. $\qquad$ 41 <br> RAINWATER. $\qquad$ 51 <br> TANKER TRUCK/PEDDLER. $\qquad$ 61 <br> OTHER $\qquad$ 96 <br> (SPECIFY) |  |
| 19 | How long does it take you to go there, get water, and come back? | MINUTES $\qquad$ $\square$ ON PREMISES $\qquad$ |  |
| 19A | In the last month, how frequently is water available from (SOURCE IN Q.18)? | USUALLY ALWAYS AVAILABLE.............. 1 <br> SEVERAL HOURS PER DAY ................... 2 <br> ONCE OR TWICE A WEEK ...................... 3 <br> INFREQUENTLY $\qquad$ |  |
| 20 | How do you make your water safe for drinking? <br> PROBE: Anything else? <br> CIRCLE ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | BOILING .................................................A <br> CHLORINATION $\qquad$ B <br> FILTER EQUIPMENT $\qquad$ C <br> IMPROVISED FILTER. $\qquad$ D <br> NONE $\qquad$ <br> OTHER $\qquad$ X <br> (SPECIFY) |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 21 | What kind of toilet facility does your household use? |  |  |
| 22 | What is the tenure status of your lot? | OWNED/BEING AMORTIZED ................... 1 RENTED................................................... 2 RENT-FREE WITH $\quad$ CONSENT OF OWNER........................ 3 RENT-FREE WITHOUT CONSENT OF OWNER........................ 4 |  |
| 23 | MAIN MATERIAL OF THE FLOOR <br> RECORD OBSERVATION. |  |  |
| 24 | MAIN MATERIAL OF OUTER WALLS <br> RECORD OBSERVATION. |  |  |

## AGE - BIRTH YEAR CONSISTENCY CHART

| Age | Has not had birthday in 2003 | Has already had birthday in 2003 | Age | Has not had birthday in 2003 | Has already had birthday in 2003 |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Don't Know |  |  | Don't Know |  |
| 0 | 2002 | -- | 30 | 1972 | 1973 |
| 1 | 2001 | 2002 | 31 | 1971 | 1972 |
| 2 | 2000 | 2001 | 32 | 1970 | 1971 |
| 3 | 1999 | 2000 | 33 | 1969 | 1970 |
| 4 | 1998 | 1999 | 34 | 1968 | 1969 |
|  |  |  |  |  |  |
| 5 | 1997 | 1998 | 35 | 1967 | 1968 |
| 6 | 1996 | 1997 | 36 | 1966 | 1967 |
| 7 | 1995 | 1996 | 37 | 1965 | 1966 |
| 8 | 1994 | 1995 | 38 | 1964 | 1965 |
| 9 | 1993 | 1994 | 39 | 1963 | 1964 |
|  |  |  |  |  |  |
| 10 | 1992 | 1993 | 40 | 1962 | 1963 |
| 11 | 1991 | 1992 | 41 | 1961 | 1962 |
| 12 | 1990 | 1991 | 42 | 1960 | 1961 |
| 13 | 1989 | 1990 | 43 | 1959 | 1960 |
| 14 | 1988 | 1989 | 44 | 1958 | 1959 |
|  |  |  |  |  |  |
| 15 | 1987 | 1988 | 45 | 1957 | 1958 |
| 16 | 1986 | 1987 | 46 | 1956 | 1957 |
| 17 | 1985 | 1986 | 47 | 1955 | 1956 |
| 18 | 1984 | 1985 | 48 | 1954 | 1955 |
| 19 | 1983 | 1984 | 49 | 1953 | 1954 |
|  |  |  |  |  |  |
| 20 | 1982 | 1983 | 50 | 1952 | 1953 |
| 21 | 1981 | 1982 | 51 | 1951 | 1952 |
| 22 | 1980 | 1981 | 52 | 1950 | 1951 |
| 23 | 1979 | 1980 | 53 | 1949 | 1950 |
| 24 | 1978 | 1979 | 54 | 1948 | 1949 |
|  |  |  |  |  |  |
| 25 | 1977 | 1978 | 55 | 1947 | 1948 |
| 26 | 1976 | 1977 | 56 | 1946 | 1947 |
| 27 | 1975 | 1976 | 57 | 1945 | 1946 |
| 28 | 1974 | 1975 | 58 | 1944 | 1945 |
| 29 | 1973 | 1974 | 59 | 1943 | 1944 |



## INTRODUCTION AND CONSENT

Hello. My name is $\qquad$ and I am working with the Philippines National Statistics Office. We are conducting a national survey about the health of women and children. We would very much appreciate your participation in this survey. I would like to ask you about your health (and the health of your children). This information will help the government to plan health services. Whatever information you provide will be kept strictly confidential and will not be shown to other persons.

Do you have any questions about the survey? May I begin the interview now?
SIGNATURE OF INTERVIEWER: $\qquad$ DATE: $\qquad$

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 101 | RECORD THE TIME. | HOUR ....................................... |  |
| 102 | First I would like to ask some questions about you. For most of the time until you were 12 years old, did you live in a city, in a town/poblacion or in the barrio/rural area? | CITY ........................................................ 1 TOWN/POBLACION............................................................................ |  |
| 103 | How long have you been living continuously in (NAME OF CURRENT PLACE OF RESIDENCE)? <br> IF LESS THAN ONE YEAR, RECORD '00' YEARS. |  | $105$ |
| 104 | Just before you moved here, did you live in a city, in a town/poblacion, or in the barrio/rural area? | CITY ......................................................... 1 TOWN/POBLACION...................................................................... BARRIO/RURAL AREA..... |  |
| 105 | In what month and year were you born? | MONTH $\qquad$ $\square$ <br> DON'T KNOW MONTH $\qquad$ .98 $\qquad$ $\square$ <br> DON'T KNOW YEAR. $\qquad$ .9998 |  |
| 106 | How old were you at your last birthday? <br> COMPARE AND CORRECT 105 AND/OR 106 IF INCONSISTENT. | AGE IN COMPLETED YEARS ... $\quad$. |  |
| 107 | Have you ever attended school? | YES ........................................................................................................................... | $110$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 108 | What is the highest grade/year you completed? |  |  |
| 109 | CHECK 108: |  | - 113 |
| 110 | Now I would like you to read this sentence to me. <br> SHOW CARD TO RESPONDENT. <br> If RESPONDENT CANNOT READ WHOLE SENTENCE, PROBE: Can you read any part of the sentence to me? | CANNOT READ AT ALL ............................. 1 ABLE TO READ ONLY PARTS OF SENTENCE....................................... 2 ABLE TO READ WHOLE SENTENCE..... 3 NO CARD WITH REQUIRED LANGUAGE $\underset{\text { (SPECIFY LANGUAGE) }}{ } 4$ VISION PROBLEMS ............................... 5 | $\rightarrow 115$ |
| 111 | Have you ever participated in a literacy program or any other program that involves learning to read or write (not including primary school)? | YES ................................................................................................................................. 12 NO |  |
| 112 | CHECK 110: <br> CODE '2', '3' <br> CODE '1' <br> OR '4' $\square$ |  | $\rightarrow 114$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 113 | Do you read a newspaper or magazine daily, at least once a week, less than once a week or not at all? | DAILY ...................................................... 1 AT LEAST ONCE A WEEK .......................... 2 LESS THAN ONCE A WEEK ............... 3 NOT AT ALL ............................................. 4 |  |
| 114 | Do you watch television daily, at least once a week, less than once a week or not at all? | DAILY ...................................................... 1 <br> AT LEAST ONCE A WEEK $\qquad$ .2 <br> LESS THAN ONCE A WEEK $\qquad$ <br> NOT AT ALL $\qquad$ |  |
| 115 | Do you listen to the radio daily, at least once a week, less than once a week or not at all? | DAILY ..................................................... 1 <br> AT LEAST ONCE A WEEK ....................... 2 <br> LESS THAN ONCE A WEEK .................... 3 <br> NOT AT ALL $\qquad$ |  |
| 116 | What is your religion? |  |  |
| 117 | How do you classify yourself? Are you a Tagalog, Cebuano, llocano, Ilonggo, Bicolano, Waray, Kapampangan, or something else? |  |  |

Now I would like to ask about all the pregnancies you have had during your life. By this I mean all the children born to you, whether they were born alive or dead, whether they are still living or not, whether they live with you or somewhere else, and all the pregnancies which you have had that did not result in a live birth. I understand that it is not easy to talk about children who have died or pregnancies that ended before full term, but it is important that you tell us about all of them, so that we can develop programs to improve children's health.


| 213 | Now I would like to record all your pregnancies, whether born alive, born dead, or lost before birth. Start with the first pregnancy you had. <br> RECORD ALL THE PREGNANCIES. RECORD TWINS AND TRIPLETS ON SEPARATE LINES. |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 214 | 215 | 216 | 217 | 218 | 219 | 220 | 221 |
|  | Think back to the time of your first/next pregnancy. <br> Was that a single or multiple pregnancy? | Was the baby born alive, born dead, or lost before full term? | Did that baby cry, move, or breathe when it was born? | What name was given to that child? | Is (NAME) <br> a boy or a girl? | In what month and year was (NAME) born? <br> PROBE: <br> What is his/her birthday? | Is (NAME) still alive? |
| 01 | SINGLE..... 1 <br> MULTIPLE. 2 | BORN ALIVE .................... 1 (SKIP TO 218) $\longleftarrow \ldots \ldots . .$. BORN DEAD ................. LOST BEFORE FULL TERM ........................... 3 (SKIP TO 226) | $\begin{array}{r} \text { YES .... } 1 \\ \text { NO ..... } 2 \\ \text { } \\ 226 \end{array}$ | (NAME) | $\begin{aligned} & \text { BOY ...... } 1 \\ & \text { GIRL...... } 2 \end{aligned}$ | MONTH.... $\square$ YEAR | $\begin{array}{r} \text { YES..... } 1 \\ \text { NO } \ldots . . .2 \\ \\ \nabla \\ 225 \end{array}$ |
| 02 | SINGLE..... 1 <br> MULTIPLE. 2 | BORN ALIVE .................... 1 (SKIP TO 218) $\longleftarrow \ldots . . .2$ BORN DEAD ................. LOST BEFORE FULL TERM ............................. (SKIP TO 226) | $\begin{array}{r} \text { YES .... } 1 \\ \text { NO ...... } 2 \\ \square \\ 226 \end{array}$ | (NAME) | $\begin{aligned} & \text { BOY ...... } 1 \\ & \text { GIRL...... } 2 \end{aligned}$ | MONTH.... $\square$ YEAR $\square$ | $\begin{array}{r} \text { YES..... } 1 \\ \text { NO } \ldots . . . .2 \\ \\ \nabla \\ 225 \end{array}$ |
| 03 | SINGLE..... 1 <br> MULTIPLE. 2 |  | $\begin{array}{r} \text { YES .... } 1 \\ \text { NO ...... } 2 \\ \square \\ 226 \end{array}$ | (NAME) | $\begin{aligned} & \text { BOY ...... } 1 \\ & \text { GIRL...... } 2 \end{aligned}$ | MONTH... $\square$ YEAR | $\begin{array}{r} \text { YES..... } 1 \\ \text { NO } \ldots . . . .2 \\ \\ \\ 225 \end{array}$ |
| 04 | SINGLE..... 1 <br> MULTIPLE. 2 | BORN ALIVE .................... 1 (SKIP TO 218) $\longleftarrow \ldots$ BORN DEAD ................... 2 | $\begin{array}{r} \text { YES .... } 1 \\ \text { NO ...... } 2 \\ \square \\ 226 \end{array}$ | (NAME) | $\begin{aligned} & \text { BOY ...... } 1 \\ & \text { GIRL...... } 2 \end{aligned}$ | MONTH... $\square$ YEAR | $\begin{array}{r} \text { YES.... } 1 \\ \text { NO ...... } 2 \\ \\ \\ 225 \end{array}$ |
| 05 | SINGLE..... 1 <br> MULTIPLE. 2 | BORN ALIVE .................... 1 (SKIP TO 218) BORN DEAD .................... 2 | $\begin{array}{r} \text { YES .... } 1 \\ \text { NO ...... } 2 \\ \square \\ 7 \\ 226 \end{array}$ | (NAME) | $\begin{aligned} & \text { BOY ...... } 1 \\ & \text { GIRL...... } 2 \end{aligned}$ | MONTH... $\square$ YEAR | $\begin{array}{r} \text { YES.... } 1 \\ \text { NO } \ldots . . . .2 \\ \\ \\ 225 \end{array}$ |
| 06 | SINGLE..... 1 <br> MULTIPLE. 2 | BORN ALIVE .................... 1 (SKIP TO 218) BORN DEAD .................... 2 | $\begin{array}{r} \text { YES .... } 1 \\ \text { NO ...... } 2 \\ \square \\ 226 \end{array}$ | (NAME) | $\begin{aligned} & \text { BOY ...... } 1 \\ & \text { GIRL...... } 2 \end{aligned}$ | MONTH... $\square$ YEAR | $\begin{array}{r} \text { YES..... } 1 \\ \text { NO } \ldots . . . .2 \\ \\ 7 \\ 225 \end{array}$ |
| 07 | SINGLE..... 1 <br> MULTIPLE. 2 | BORN ALIVE .................... 1 (SKIP TO 218) BORN DEAD .................... 2 | $\begin{array}{r} \text { YES .... } 1 \\ \text { NO ...... } 2 \\ \square \\ 226 \end{array}$ | (NAME) | $\begin{aligned} & \text { BOY ...... } 1 \\ & \text { GIRL...... } 2 \end{aligned}$ | MONTH... $\square$ YEAR $\square$ | $\begin{array}{r} \text { YES..... } 1 \\ \text { NO } \ldots . . . .2 \\ \\ 7 \\ 225 \end{array}$ |
| 08 | SINGLE..... 1 <br> MULTIPLE. 2 | BORN ALIVE .................... 1 (SKIP TO 218) BORN DEAD .................... 2 | $\begin{array}{r} \text { YES .... } 1 \\ \text { NO ...... } 2 \\ \square \\ 226 \end{array}$ | (NAME) | $\begin{aligned} & \text { BOY ...... } 1 \\ & \text { GIRL...... } 2 \end{aligned}$ | MONTH.... $\square$ YEAR $\square$ | $\begin{array}{r} \text { YES..... } 1 \\ \text { NO } \ldots . . . .2 \\ \\ 7 \\ 225 \end{array}$ |


| IF BORN ALIVE AND STILL LIVING |  |  | IF BORN ALIVE, BUT NOW DEAD | IF BORN DEAD OR LOST BEFORE BIRTH |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 222 | 223 | 224 | 225 | 226 | 227 | 228 | 229 |
| How old was (NAME) at his/her last birthday? <br> RECORD AGE IN COM- <br> PLETED YEARS. | Is (NAME) living with you? | RECORD <br> HOUSEHOLD <br> LINE NUMBER OF <br> CHILD <br> (RECORD '00' IF <br> CHILD NOT <br> LISTED IN <br> HOUSEHOLD) | How old was (NAME) when he/she died? <br> IF ' 1 YR', PROBE: <br> How many months old was (NAME)? <br> RECORD DAYS IF LESS <br> THAN 1 MONTH; <br> MONTHS IF LESS THAN <br> 2 YEARS; OR YEARS. | In what month and year did this pregnancy end? | How many months did the pregnancy last? <br> RECORD IN COMPLETED MONTHS. | Did you or someone else do anything to end this pregnancy? | Were there any other pregnancies between the previous pregnancy and this pregnancy? |
| 01 <br> AGE IN YEARS | $\begin{aligned} & \text { YES....... } 1 \\ & \text { NO ......... } 2 \end{aligned}$ |  | DAYS......... 1 <br> MONTHS.... 2 <br> YEARS....... 3 <br> (SKIP TO 229) | MONTH... $\square$ YEAR | MONTHS | $\begin{aligned} & \text { YES...... } 1 \\ & \text { NO........ } 2 \end{aligned}$ |  |
| 02 <br> AGE IN YEARS | $\begin{aligned} & \text { YES ....... } 1 \\ & \text { NO ........ } 2 \end{aligned}$ | LINE NUMBER $\square$ <br> (SKIP TO 229) | DAYS $\qquad$ .1 <br> MONTHS.... 2 <br> YEARS....... 3 <br> (SKIP TO 229) | MONTH... $\square$ YEAR | MONTHS | $\begin{aligned} & \text { YES...... } 1 \\ & \text { NO........ } 2 \end{aligned}$ | $\begin{aligned} & \text { YES......... } 1 \\ & \text { NO............ } 2 \end{aligned}$ |
| 03 <br> AGE IN YEARS | $\begin{aligned} & \text { YES....... } 1 \\ & \text { NO ......... } 2 \end{aligned}$ | LINE NUMBER | DAYS......... 1 <br> MONTHS.... 2 <br> YEARS....... 3 <br> (SKIP TO 229) | MONTH... $\square$ YEAR | MONTHS | $\begin{aligned} & \text { YES ...... } 1 \\ & \text { NO........ } 2 \end{aligned}$ | $\begin{aligned} & \text { YES......... } 1 \\ & \text { NO............ } 2 \end{aligned}$ |
| 04 AGE IN YEARS | $\begin{aligned} & \text { YES ....... } 1 \\ & \text { NO ........ } 2 \end{aligned}$ | LINE NUMBER <br> (SKIP TO 229) | DAYS $\qquad$ .1 <br> MONTHS.... 2 <br> YEARS....... 3 <br> (SKIP TO 229) | MONTH... $\square$ YEAR | MONTHS | $\begin{aligned} & \text { YES...... } 1 \\ & \text { NO........ } 2 \end{aligned}$ | $\begin{aligned} & \text { YES......... } 1 \\ & \text { NO........... } 2 \end{aligned}$ |
| 05 AGE IN YEARS | $\begin{aligned} & \text { YES....... } 1 \\ & \text { NO ......... } 2 \end{aligned}$ | LINE NUMBER <br> (SKIP TO 229) | DAYS......... 1 <br> MONTHS.... 2 <br> YEARS....... 3 <br> (SKIP TO 229) | MONTH... $\square$ YEAR | MONTHS | $\begin{aligned} & \text { YES...... } 1 \\ & \text { NO........ } 2 \end{aligned}$ | $\begin{aligned} & \text { YES......... } 1 \\ & \text { NO............ } 2 \end{aligned}$ |
| 06 <br> AGE IN YEARS | $\begin{aligned} & \text { YES....... } 1 \\ & \text { NO ......... } 2 \end{aligned}$ | LINE NUMBER | DAYS $\qquad$ <br> MONTHS.... 2 <br> YEARS....... 3 <br> (SKIP TO 229) | MONTH... $\square$ YEAR | MONTHS | $\begin{aligned} & \text { YES...... } 1 \\ & \text { NO........ } 2 \end{aligned}$ | $\begin{aligned} & \text { YES......... } 1 \\ & \text { NO........... } 2 \end{aligned}$ |
| 07 <br> AGE IN YEARS | $\begin{aligned} & \text { YES ....... } 1 \\ & \text { NO ........ } 2 \end{aligned}$ | LINE NUMBER <br> (SKIP TO 229) | DAYS $\qquad$ <br> MONTHS.... 2 <br> YEARS....... 3 <br> (SKIP TO 229) | MONTH... $\square$ YEAR | MONTHS | $\begin{aligned} & \text { YES...... } 1 \\ & \text { NO........ } 2 \end{aligned}$ | $\begin{aligned} & \text { YES......... } 1 \\ & \text { NO............ } 2 \end{aligned}$ |
| 08 <br> AGE IN YEARS | $\begin{aligned} & \text { YES....... } 1 \\ & \text { NO ......... } 2 \end{aligned}$ | LINE NUMBER $\square$ <br> (SKIP TO 229) | DAYS......... 1 <br> MONTHS.... 2 <br> YEARS....... 3 <br> (SKIP TO 229) | MONTH.... $\square$ YEAR | MONTHS | $\begin{aligned} & \text { YES...... } 1 \\ & \text { NO........ } 2 \end{aligned}$ | $\begin{aligned} & \text { YES......... } 1 \\ & \text { NO............ } 2 \end{aligned}$ |


| 213 | RECORD ALL THE PREGNANCIES. RECORD TWINS AND TRIPLETS ON SEPARATE LINES. |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 214 | 215 | 216 | 217 | 218 | 219 | 220 | 221 |
|  | Think back to the time of your first/next pregnancy. <br> Was that a single or multiple pregnancy? | Was the baby born alive, born dead, or lost before full term? | Did that baby cry, move, or breathe when it was born? | What name was given to that child? | Is (NAME) a boy or a girl? | In what month and year was (NAME) born? <br> PROBE: <br> What is his/her birthday? | Is (NAME) still alive? |
| 09 | SINGLE..... 1 <br> MULTIPLE. 2 | BORN ALIVE $\qquad$ <br> (SKIP TO 218) <br> BORN DEAD $\qquad$ <br> LOST BEFORE FULL <br> TERM ............................... 3 <br> (SKIP TO 226) | $\begin{array}{r} \text { YES .... } 1 \\ \text { NO ..... } 2 \\ \\ 226 \end{array}$ | (NAME) | $\begin{aligned} & \text { BOY ...... } 1 \\ & \text { GIRL ..... } 2 \end{aligned}$ | MONTH... $\square$ YEAR | $\begin{array}{r} \text { YES .... } 1 \\ \text { NO ...... } 2 \\ 225 \end{array}$ |
| 10 | SINGLE..... 1 <br> MULTIPLE. 2 | BORN ALIVE .................... 1 (SKIP TO 218) BORN DEAD .................... 2 LOST BEFORE FULL TERM ............................ 3 (SKIP TO 226) | $\begin{array}{r} \text { YES .... } 1 \\ \text { NO ...... } 2 \\ \\ 226 \end{array}$ | (NAME) | $\begin{aligned} & \text { BOY ...... } 1 \\ & \text { GIRL ..... } 2 \end{aligned}$ | MONTH... $\square$ YEAR |  |
| 11 | SINGLE..... 1 <br> MULTIPLE. 2 | BORN ALIVE .................... 1 (SKIP TO 218) BORN DEAD .................... 2 LOST BEFORE FULL TERM ............................ (SKIP TO 226) | $\begin{array}{r} \text { YES .... } 1 \\ \text { NO ...... } 2 \\ \square \\ 226 \end{array}$ | (NAME) | $\begin{aligned} & \text { BOY ...... } 1 \\ & \text { GIRL ..... } 2 \end{aligned}$ | MONTH. $\square$ YEAR |  |
| 12 | SINGLE..... 1 <br> MULTIPLE. 2 | BORN ALIVE .................... 1 (SKIP TO 218) BORN DEAD .................... 2 LOST BEFORE FULL TERM ............................ (SKIP TO 226) | $\begin{array}{r} \text { YES .... } 1 \\ \text { NO ...... } 2 \\ \\ \\ 226 \end{array}$ | (NAME) | $\begin{aligned} & \text { BOY ...... } 1 \\ & \text { GIRL ..... } 2 \end{aligned}$ | MONTH... $\square$ YEAR | $\begin{array}{r} \text { YES .... } 1 \\ \text { NO ...... } 2 \\ 225 \end{array}$ |
| 13 | SINGLE..... 1 <br> MULTIPLE. 2 | BORN ALIVE .................... 1 (SKIP TO 218) BORN DEAD .................... 2 | $\begin{array}{r} \text { YES .... } 1 \\ \text { NO ..... } 2 \\ \\ \\ 226 \end{array}$ | (NAME) | $\begin{aligned} & \text { BOY ...... } 1 \\ & \text { GIRL ..... } 2 \end{aligned}$ | MONTH... $\square$ YEAR | $\begin{aligned} & \text { YES .... } 1 \\ & \text { NO ...... } 2 \\ & 225 \end{aligned}$ |
| 14 | SINGLE..... 1 <br> MULTIPLE. 2 | BORN ALIVE .................... 1 (SKIP TO 218) BORN DEAD ................... 2 | $\begin{array}{r} \text { YES .... } 1 \\ \text { NO ..... } 2 \\ \\ 226 \end{array}$ | (NAME) | $\begin{aligned} & \text { BOY ...... } 1 \\ & \text { GIRL ..... } 2 \end{aligned}$ | MONTH... $\square$ YEAR |  |



| NO. | QUESTIONS AND FILTERS | CODING CATEGORIE | SKIP |
| :---: | :---: | :---: | :---: |
| 232 | CHECK 220 AND ENTER THE NUMBER OF LIVE BIRTHS SINCE JA IF NONE, RECORD ' 0 '. | NUARY 1998. |  |
| 233 | FOR EACH BIRTH SINCE JANUARY 1998, ENTER 'B' IN THE MONT CALENDAR. FOR EACH BIRTH, ASK THE NUMBER OF MONTHS T 'P' IN EACH OF THE PRECEDING MONTHS ACCORDING TO THE THE NUMBER OF 'P's MUST BE ONE LESS THAN THE NUMBER O LASTED.) WRITE THE NAME OF THE CHILD TO THE LEFT OF THE | H OF BIRTH IN COLUMN 1 OF TH HE PREGNANCY LASTED AND R DURATION OF PREGNANCY. (N MONTHS THAT THE PREGNAN 'B' CODE. |  |
| 234 | Are you pregnant now? | YES <br> NO $\qquad$ <br> UNSURE |  |
| 235 | How many months pregnant are you? <br> RECORD NUMBER OF COMPLETED MONTHS. <br> ENTER 'P’s IN COLUMN 1 OF CALENDAR, BEGINNING WITH THE MONTH OF INTERVIEW AND FOR THE TOTAL NUMBER OF COMPLETED MONTHS. | MONTHS ..... |  |
| 236 | At the time you became pregnant did you want to become pregnant then, did you want to wait until later, or did you not want to become pregnant at all? | WANTED THEN $\qquad$ WANTED TO WAIT LATER $\qquad$ DID NOT WANT AT ALL $\qquad$ | $\rightarrow 237$ |
| 237 | When did your last menstrual period start? <br> (DATE, IF GIVEN) | DAYS AGO $\qquad$ 1 <br> WEEKS AGO $\qquad$ 2 <br> MONTHS AGO $\qquad$ 3 <br> YEARS AGO $\qquad$ 4 <br> IN MENOPAUSE/ <br> HAS HAD HYSTERECTOMY <br> BEFORE LAST BIRTH $\qquad$ <br> NEVER MENSTRUATED $\qquad$ |  |
| 238 | From one menstrual period to the next, is there a time when a woman is more likely to become pregnant if she has sexual relations? | YES $\qquad$ <br> NO $\qquad$ <br> DON'T KNOW $\qquad$ |  |
| 239 | Is this time just before her period begins, during her period, right after her period has ended, or half way between two periods? | JUST BEFORE HER PERIOD BE DURING HER PERIOD RIGHT AFTER HER <br> PERIOD HAS ENDED $\qquad$ <br> HALF WAY BETWEEN TWO PE <br> OTHER $\qquad$ <br> DON'T KNOW $\qquad$ |  |
| 240 | How old were you when you had your first menstrual period? | AGE ................................... |  |

Now I would like to talk about family planning - the various ways or methods that a couple can use to delay or avoid a pregnancy. CIRCLE CODE 1 IN 301 FOR EACH METHOD MENTIONED SPONTANEOUSLY. THEN PROCEED DOWN COLUMN 301, READING THE NAME AND DESCRIPTION OF EACH METHOD NOT MENTIONED SPONTANEOUSLY. CIRCLE CODE 1 IF METHOD IS RECOGNIZED, AND CODE 2 IF NOT RECOGNIZED. THEN, FOR EACH METHOD WITH CODE 1 CIRCLED IN 301, ASK 302.

\begin{tabular}{|c|c|c|c|}
\hline 301 \& \multicolumn{2}{|l|}{\begin{tabular}{l}
Which ways or methods have you heard about? \\
FOR METHODS NOT MENTIONED SPONTANEOUSLY, ASK: Have you ever heard of (METHOD)?
\end{tabular}} \& \(302 \quad \begin{aligned} \& \text { Have you ever used } \\ \& \text { (METHOD)? }\end{aligned}\) \\
\hline 01 \& LIGATION/FEMALE STERILIZATION Women can have an operation to avoid having any more children. \& YES...................................... 1
NO ................... 2 \& \begin{tabular}{l}
Have you ever had an operation to avoid having any more children?
\(\qquad\) \\
NO \(\qquad\) 2
\end{tabular} \\
\hline 02 \& VASECTOMY/MALE STERILIZATION Men can have an operation to avoid having any more children. \& \[
\begin{aligned}
\& \text { YES.................................... } 1 \\
\& \text { NO ................... } 2
\end{aligned}
\] \& \begin{tabular}{l}
Have you ever had a partner who had an operation to avoid having any more children? \\
YES. \(\qquad\) \\
NO. \(\qquad\) \\
DON'T KNOW \(\qquad\) 8
\end{tabular} \\
\hline 03 \& PILL Women can take a pill every day to avoid becoming pregnant. \& YES...................................... 1
NO .................... 2
\(\downarrow\) \& YES .....................................................................................
NO...... \\
\hline 04 \& IUD Women can have a loop or coil placed inside them by a doctor or a nurse. \& YES....................................... 1
NO .................... 2
\(\downarrow\) \& \begin{tabular}{l}
YES \(\qquad\) \\
NO \(\qquad\) 2
\end{tabular} \\
\hline 05 \& INJECTABLES Women can have an injection by a health provider that stops them from becoming pregnant for one or more months. \& YES....................................... 1
NO .................... 2
\(\nabla\) \& \[
\begin{aligned}
\& \text { YES ..................................................................................... }
\end{aligned}
\] \\
\hline 06 \& CONDOM Men can put a rubber sheath on their penis during sexual intercourse. \&  \& \begin{tabular}{l}
Have you ever had a partner who used condom? \\
YES \(\qquad\) 1 \\
NO. \(\qquad\) 2
\end{tabular} \\
\hline 07 \& DIAPHRAGM Women can place a thin flexible disk in their vagina before intercourse. \& YES............................................. 1
NO .................... 2 \& \[
\begin{aligned}
\& \text { YES ...................................................................................... }
\end{aligned}
\] \\
\hline 08 \& FOAM OR JELLY Women can place a suppository, jelly, or cream in their vagina before intercourse. \& YES...................................... 1
NO .................... 2
\(\downarrow\) \& YES .....................................................................................
NO....... \\
\hline 09 \& IMPLANTS Women can have several small rods placed in their upper arm by a doctor or nurse which can prevent pregnancy for one or more years. \& YES....................................... 1
NO .................... 2
\(\downarrow\) \& YES ....................................................................................
NO...... \\
\hline 10 \& FEMALE CONDOM Women can place a sheath in their vagina before sexual intercourse. \&  \& YES .....................................................................................
NO...... \\
\hline 11 \& MUCUS, BILLINGS, OVULATION Women can monitor the cervical mucus to determine the days of the month they are most likely to get pregnant. \& YES....................................... 1
NO .................... 2
\(\downarrow\) \& YES .....................................................................................
NO...... \\
\hline 12 \& BASAL BODY TEMPERATURE Women can monitor the body temperature to determine the days of the month they are most likely to get pregnant. \& YES............................. 1
NO ............................. 2
\(\downarrow\) \& \[
\begin{aligned}
\& \text { YES ..................................................................................... }
\end{aligned}
\] \\
\hline 13 \& SYMPTOTHERMAL It is a combination of Basal Body Temperature and Mucus, Billings, Ovulation Method. \& YES............................. 1
NO .......................... 2

$\downarrow$ \& $$
\begin{aligned}
& \text { YES ....................................................................................... }
\end{aligned}
$$ <br>

\hline
\end{tabular}

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 301 | CONTINUATION |  | 302 CONTINUATION |  |
| 14 | STANDARD DAYS METHOD This method uses a beaded necklace on which each bead represents the days of a woman's cycle. The necklace would help determine the days when the woman is likely to get pregnant. | YES............................... 1 NO ....................... 2 $\downarrow$ | YES <br> NO. | $\begin{array}{r} . . . . . . ~ \\ . . . . . . ~ \\ . \end{array}$ |
| 15 | LACTATIONAL AMENORRHEA METHOD (LAM) Method used by women with less than 6 months old baby, whose period has not returned, and are breastfeeding the baby day and night. The baby may be given little or no food or drink other than breastmilk.. |  | YES <br> NO. | $\begin{array}{r} \text {........ } 1 \\ \ldots . . . . . . . ~ \\ \hline \end{array}$ |
| 16 | EMERGENCY CONTRACEPTION Women can take pills up to three days after sexual intercourse to avoid becoming pregnant. | YES...................................... 1 NO .................... 2 $\downarrow$ | YES <br> NO. | $\begin{array}{r} . . . . . . . ~ \\ . . . . . . . ~ \end{array}$ |
| 17 | CALENDAR OR RHYTHM OR PERIODIC ABSTINENCE Every month that a woman is sexually active she can avoid pregnancy by not having sexual intercourse on the days of the month she is most likely to get pregnant. | $\begin{aligned} & \text { YES...................................... } 1 \\ & \text { NO ..................... } \end{aligned}$ | YES <br> NO. | $\begin{array}{r} . . . . . . . . ~ \\ . . . . . . . ~ \\ \hline \end{array}$ |
| 18 | WITHDRAWAL Men can be careful and pull out before climax. | YES....................................... 1 NO ................... 2 | YES <br> NO | $\begin{array}{r} . . . . . . . . ~ \\ \hline . . . . . . . ~ \\ \hline \end{array}$ |
| 19 | Have you heard of any other ways or methods that women or men can use to avoid pregnancy? | YES............................ 1 <br> (SPECIFY) <br> NO ........................ 2 | YES $\qquad$ <br> NO $\qquad$ <br> YES $\qquad$ <br> NO $\qquad$ |  |
| 303A | CHECK 301: <br> AT LEAST ONE <br> NOT A SINGLE <br> "YES" (EVER HEARD) (NEVER HEARD) |  |  | $\rightarrow$ 305B |
| 303B | CHECK 302:NOT A SINGLE"YES"(NEVER USED) $\square \square$AT LEAST ONE <br> "YES" |  |  | - 306A |
| 304 | Have you ever used anything or tried in any way to delay or avoid getting pregnant? | YES $\qquad$ <br> NO $\qquad$ | .......................................................... 1 | $\rightarrow 306$ |
| 305A | ENTER '0’ IN COLUMN 1 OF CALENDAR IN EACH BLANK MONTH. |  |  | - 306A |
| 305B | ENTER '0' IN COLUMN 1 OF CALENDAR IN EACH BLANK MONTH. |  |  | $\rightarrow 329$ |
| 306 | What have you used or done? <br> CORRECT 301302 AND 303B (AND 301 IF NECESSARY). |  |  |  |
| 306A | CHECK 301(01): LIGATION/FEMALE STERILIZATION CODE "1" $\square$ CODE '2" CIRCLED CIRCLED $\square$ |  |  | $\rightarrow 306 \mathrm{D}$ |
| 306B | CHECK 302(01): LIGATION/FEMALE STERILIZATION <br> WOMAN WAS NOT <br> WOMAN WAS STERILIZED STERILIZED $\square$ 302(01)=2 302(01)=1 |  |  | $\rightarrow 306 \mathrm{D}$ |



| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 306L | What have you heard about the Intra Uterine Device or IUD? Anything else? <br> RECORD ALL MENTIONED. |  |  |
| 306M | CHECK 301(05): INJECTABLES <br> CODE "1" <br> CODE '2" <br> CIRCLED <br> CIRCLED |  | $\rightarrow 306 \mathrm{P}$ |
| 306N | CHECK 302(05): INJECTABLES <br> WOMAN HAS NEVER <br> WOMAN HAS USED INJECTION USED INJECTION 302(05)=2 302(05)=1 |  | $\rightarrow 306 \mathrm{P}$ |
| 3060 | What have you heard about the family planning Injections? Anything else? <br> RECORD ALL MENTIONED. | INJECTED ONCE EVERY THREE <br> MONTHS $\qquad$ A <br> EFFECTIVE METHOD $\qquad$ B <br> PREVENTS OVULATION $\qquad$ C <br> CONTAINS HORMONES $\qquad$ D <br> CHANGES IN MENSTRUAL FLOW $\qquad$ E <br> NOT A PERMANENT METHOD. $\qquad$ F <br> NONE OF THE ABOVE. $\qquad$ G <br> NONE/DON'T KNOW $\qquad$ |  |
| 306P | CHECK 301(06): CONDOM <br> CODE "1" CODE '2" <br> CIRCLED <br> CIRCLED |  | $\rightarrow 306 \mathrm{~S}$ |
| 306Q | CHECK 302(06): CONDOM <br> CODE "2" $\square$ CODE "1" $\square$ CIRCLED CIRCLED |  | $\rightarrow 306 \mathrm{~S}$ |
| 306R | What have you heard about condoms? Anything else? <br> RECORD ALL MENTIONED. |  |  |
| 306 S | CHECK 301(11): MUCUS, BILLINGS, OVULATION <br> CODE "1" <br> CODE '2" <br> CIRCLED <br> CIRCLED |  | $\rightarrow 307$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| $306 T$ | CHECK 302(11): MUCUS, BILLINGS, OVULATION | $\square$ <br> N | $\rightarrow 307$ |
| 306 U | What have you heard about mucus, Billings or ovulation method? Anything else? <br> RECORD ALL MENTIONED. | ACCEPTED BY RELIGION..................... A <br> VERY LITTLE OR NO COST................... B <br> REQUIRES MAN'S COOPERATION........C <br> NO PHYSICAL SIDE EFFECT................D <br> REQUIRES MONITORING OF <br> MENSTRUAL CYCLE/FERTILE <br> PERIOD. $\qquad$ <br> CANNOT HAVE SEXUAL <br> INTERCOURSE DURING <br> CERTAIN DAYS OF THE MONTH _. F <br> NONE OF THE ABOVE. $\qquad$ <br> NONE/DON'T KNOW $\qquad$ |  |
| 307 | CHECK 302: <br> AT LEAST ONE <br> NOT A SINGLE <br> "YES" "YES" (EVER USED) (NEVER USED) |  | - 329 |
| 307A | Now I would like to ask you about the first time that you did something or used a method to avoid getting pregnant. <br> How many living children did you have at that time, if any? <br> IF NONE, RECORD '00'. | NUMBER OF CHILDREN $\qquad$ $\square$ |  |
| 307B | How old were you when you first started using a method of family planning? | AGE |  |
| 308 | CHECK 302 (01): |  | $\rightarrow 311 \mathrm{~A}$ |
| 309 | CHECK 234: <br> NOT PREGNANT <br> PREGNANT OR UNSURE $\square$ $\square$ |  | $\rightarrow 318$ |
| 310 | Are you currently doing something or using any method to delay or avoid getting pregnant? | YES ............................................................................................................................... | $\rightarrow 318$ |



| NO. | QUESTIONS AND FILTERS |  | CODING CATEG | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 315 | In what month and year was the sterilization performed? |  |  | $\rightarrow$ 315B |
| 315A | For how long have you been using (CURRENT METHOD) now without stopping? <br> PROBE: In what month and year did you start using (CURRENT METHOD) continuously? |  |  |  |
| 315B | CHECK 311: <br> CODE 'A' TO 'F' <br> CODE 'G' TO CIRCLED CIRCLED |  |  | $\rightarrow$ 316A |
| 316 | How much would you be willing to pay for (METHOD)(including all costs)? <br> FOR: <br> PILL AND CONDOM, ASK COST OF ONE PACKET IUD, ASK COST OF INSERTION AND ANY OTHER FEES INJECTABLE, ASK COST OF VIAL AND SERVICE STERILIZATION, ASK COST OF OPERATION AND SERVICE |  | KNOW |  |
| 316A | How long did it take to travel from your home to where you or your partner had the operation/obtain/learn about the (CURRENT METHOD)? <br> IF LESS THAN 2 HOURS, RECORD IN MINUTES. ELSE, RECORD IN HOURS. |  | S $\qquad$ 1 $\qquad$ <br> NOW $\qquad$ |  |
| 316B | CHECK 315/315A, 220 AND 226: <br> ANY BIRTH OR PREGNANCY TERMINATION AFTER MONTH AND YEAR OF START OF USE OF CONTRACEPTION IN 315/315A <br> GO BACK TO 315/315A, PROBE AND RECORD MONTH AND YEAR A USE OF CURRENT METHOD (MUST BE AFTER LAST BIRTH OR PRE | T ST <br> GNA | YES <br> OF CONTINUOUS TERMINATION). |  |
| 317 | CHECK 315/315A: <br> YEAR IS 1998 OR LATER <br> ENTER CODE FOR METHOD USED IN MONTH OF INTERVIEW IN COLUMN 1 OF THE CALENDAR AND IN EACH MONTH BACK TO THE DATE STARTED USING. | $\begin{aligned} & \text { S } 19 \\ & \text { COD } \\ & \text { IEW } \\ & \text { CHIP } \\ & \text { SH } \end{aligned}$ | EARLIER <br> OR METHOD USED OLUMN 1 OF THE TH BACK TO JANU <br> 327. |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 318 | I would like to ask you some questions about the times you or your partne pregnant during the last few years. <br> USE CALENDAR TO PROBE FOR EARLIER PERIODS OF USE AND N RECENT USE, BACK TO JANUARY 1998. <br> USE NAMES OF CHILDREN, DATES OF BIRTH, AND PERIODS OF PR <br> IN COLUMN 1, ENTER METHOD USE CODE OR '0’ FOR NONUSE IN EAס <br> ILLUSTRATIVE QUESTIONS: <br> COLUMN 1: - When was the last time you used a method? <br> - When did you start using that method? How lon <br> - How long did you use the method then? <br> IN COLUMN 2, ENTER METHOD SOURCE CODE IN FIRST MONTH OF <br> ILLUSTRATIVE QUESTIONS: <br> COLUMN 2: - Where did you obtain the method when you s <br> - Where did you get advice on how to use the m basal body temperature, symptothermal, rhyth method, calendar or withdrawal]? <br> IN COLUMN 3, ENTER CODES FOR REASONS FOR DISCONTINUATIO NUMBER OF CODES IN COLUMN 3 MUST BE SAME AS NUMBER OF COLUMN 1. <br> ASK WHY SHE STOPPED USING THE METHOD. IF A PREGNANCY FO BECAME PREGNANT UNINTENTIONALLY WHILE USING THE METHO GET PREGNANT. <br> ILLUSTRATIVE QUESTIONS: <br> COLUMN 3: - Why did you stop using the (METHOD)? <br> - Did you become pregnant while using (METH you stop for some other reason? <br> IF DELIBERATELY STOPPED TO BECOME PREGNANT, ASK: <br> - How many months did it take you to get pregn AND ENTER '0' IN EACH SUCH MONTH IN | $r$ may have used a method to avoid getting <br> ONUSE, STARTING WITH MOST <br> EGNANCY AS REFERENCE POINTS. <br> EACH BLANK MONTH. <br> Which method was that? ong after the birth of (NAME)? <br> EACH USE. <br> tarted using it? <br> method [for LAM, mucus, billings, ovulation, hm , periodic abstinence, standard days <br> ON NEXT TO LAST MONTH OF USE. INTERRUPTIONS OF METHOD USE IN <br> OLLOWED, ASK WHETHER SHE D OR DELIBERATELY STOPPED TO <br> OD), or did you stop to get pregnant, or did |  |
| 319 | CHECK CALENDAR COLUMN (3) FOR THE LAST DISCONTINUATION: CODE 5 OR 6 <br> OTHER CODES OR BLANK COLUMN |  | 321 |
| 320 | You said that you stopped using (METHOD) because of (PROBLEM MENTIONED BY RESPONDENT). <br> IF PROBLEM IS NOT SPECIFIED: What are the problems which caused you to stop using (METHOD)? <br> IF SPECIFIED: Are there any other problems? <br> RECORD ALL MENTIONED. | IRREGULAR MENSTRUAL FLOW..........A <br> INFREQUENT/NO MONTHLY PERIOD ... B <br> NAUSEA, VOMITING, HEADACHE .........C <br> BREAST TENDERNESS/SENSITIVITY...D <br> WEIGHT GAIN/LOSS ................................ <br> UPSET STOMACH, DIARRHEA ............. F <br> DEPRESSION, IRRITABILITY $\qquad$ <br> LOSS OF INTEREST IN SEX $\qquad$ <br> SKIN PROBLEMS $\qquad$ <br> ITCHINESS/PAIN IN GENITAL AREA ..... J <br> HYPERTENSION $\qquad$ <br> ANEMIA $\qquad$ <br> OTHER $\qquad$ X |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 321 | CHECK 311/311A: <br> CIRCLE METHOD CODE: <br> IF MORE THAN ONE METHOD CODE CIRCLED IN 311/311A, CIRCLE CODE FOR HIGHEST METHOD IN LIST. |  |  |
| 322 | You obtained (CURRENT METHOD) from (SOURCE OF METHOD FROM CALENDAR) in (DATE). <br> At that time, were you ever told about side effects or problems you might have with the method? | YES ............................................................................................................................. $1-1$ NO | $\rightarrow 324$ |
| 323 | Were you ever told by a health or family planning worker about side effects or problems you might have with the method? | YES ................................................................................................................. | $\rightarrow 324 \mathrm{~A}$ |
| 324 | Were you told what to do if you experienced side effects or problems? | YES ............................................................................................................................. NO ........ |  |
| 324A | Are you having any problem with using (NAME OF METHOD)? | YES .............................................................................................................. NO ........ | 325 |
| 324B | What is your main problem with using (NAME OF METHOD)? | HUSBAND DISAPPROVES ................... 1 <br> SIDE EFFECTS...................................... 2 <br> HEALTH CONCERNS ............................ 3 <br> DIFFICULT TO OBTAIN......................... 4 <br> COSTS TOO MUCH............................... 5 <br> INCONVENIENT TO USE ....................... 6 <br> OTHER $\qquad$ 8 <br> (SPECIFY) |  |
| 325 |  | YES ....................................................... 1 . 1 .......................................................... 2 NO | $\rightarrow 327$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 326 | Were you ever told by a health or family planning worker about other methods of family planning that you could use? | YES ......................................................... 1 NO ................................................................ 2 |  |
| 327 | CHECK 311/311A: <br> CIRCLE METHOD CODE: |  | $331$ <br> $\rightarrow 331$ <br> 331 |
| 328 | Where did you obtain (CURRENT METHOD) the last time? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER, OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 329 | Do you know of a place where you can obtain a method of family planning? | YES ....................................................................................................... | $\rightarrow 331$ |
| 330 | Where is that? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER, OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. <br> (NAME OF PLACE) <br> Any other place? <br> RECORD ALL PLACES MENTIONED. | PUBLIC SECTOR <br> GOVT. HOSPITAL $\qquad$ .A <br> RURAL/URBAN HEALTH CENTER.......B <br> BARANGAY HEALTH STATION...........C <br> BARANGAY SUPPLY/SERVICE <br> POINT OFFICER/BHW $\qquad$ <br> OTHER PUBLIC $\qquad$ E <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PRIVATE HOSPITAL/CLINIC ...............F <br> PHARMACY $\qquad$ G <br> PRIVATE DOCTOR $\qquad$ <br> PRIVATE NURSE/MIDWIFE.................I $\qquad$ <br> INDUSTRY-BASED CLINIC..................K <br> OTHER PRIVATE <br> MEDICAL $\qquad$ L <br> (SPECIFY) <br> OTHER SOURCE <br> PUERICULTURE CENTER. $\qquad$ M <br> STORE $\qquad$ . <br> CHURCH. $\qquad$ . <br> FRIENDS/RELATIVES. $\qquad$ OTHER $\qquad$ X <br> (SPECIFY) |  |
| 331 | In the last 12 months, were you visited by a health worker or health professional who talked to you about family planning? | YES ................................................................................................................. NO |  |
| 332 | In the last 12 months, have you visited a health facility for care for yourself (or your children)? | YES ............................................................................................................ 1 | $\rightarrow 334$ |
| 333 | Did any staff member at the health facility speak to you about family planning methods? | YES ............................................................................................................. 1 NO ............... |  |
| 334 | Have you had a pap smear within the past 5 years? | YES ........................................................ 1 <br> NO $\qquad$ <br> DON'T KNOW PAP SMEAR $\qquad$ |  |
| 335 | Have you examined your breast for any sign of a mass within the last month? | YES ........................................................................................................... 1 |  |


| 401 | CHECK 232: <br> ONE OR MORE BIRTHS IN 1998 $\square$ OR LATER |  | $\rightarrow 487$ |
| :---: | :---: | :---: | :---: |
| 402 | ENTER IN THE TABLE THE LINE NUMBER, NAME, AND SURVIVAL STATUS OF EACH BIRTH IN 1998 OR LATER. <br> ASK THE QUESTIONS ABOUT ALL OF THESE BIRTHS. BEGIN WITH THE LAST BIRTH. <br> (IF THERE ARE MORE THAN 2 BIRTHS, USE LAST COLUMN OF ADDITIONAL QUESTIONNAIRES). <br> Now I would like to ask you some questions about the health of all your children born in the last five years. (We will talk about each separately) |  |  |
| 403 | LINE NUMBER FROM 214 | LAST BIRTH <br> LINE NUMBER $\qquad$ $\square$ | NEXT-TO-LAST BIRTH LINE NUMBER. $\square$ |
| 404 | FROM 218 AND 221 | NAME $\qquad$ <br> LIVING $\square$ DEAD $\square$ | NAME $\qquad$ <br> LIVING $\square$ DEAD $\square$ |
| 405 | At the time you became pregnant with (NAME), did you want to become pregnant then, did you want to wait until later, or did you not want to have any (more) children at all? | THEN ........................................... 1 (SKIP TO 407) LATER......................................... 2 NOT AT ALL............................... 3 (SKIP TO 407) | THEN ........................................... 1 (SKIP TO 421) $\downarrow$ LATER........................................ 2 NOT AT ALL............................... 3 (SKIP TO 421) $\longleftarrow$. |
| 406 | How much longer would you like to have waited? | MONTHS $\qquad$ 1 <br> YEARS $\qquad$ $\square$ <br> DON'T KNOW $\qquad$ 998 | MONTHS <br> YEARS $\qquad$ $\square$ <br> DON'T KNOW $\qquad$ 998 |
| 407 | Did you see anyone for prenatal care for this pregnancy? <br> IF YES: Whom did you see? Anyone else? <br> PROBE FOR THE TYPE OF PERSON AND RECORD ALL PERSONS SEEN. |  |  |
| 408 | How many months pregnant were you when you first received prenatal care for this pregnancy? | MONTHS $\qquad$ $\square$ <br> DON'T KNOW $\qquad$ 8 |  |
| 409 | How many times did you receive prenatal care during this pregnancy? | NO. OF TIMES $\qquad$ $\square$ DON'T KNOW $\qquad$ 98 |  |
| 410 | CHECK 409: <br> NUMBER OF TIMES RECEIVED PRENATAL CARE |  |  |
| 411 | How many months pregnant were you the last time you received prenatal care? | MONTHS $\qquad$ $\square$ <br> DON'T KNOW $\qquad$ |  |


|  |  | NAME LAST BIRTH |  | NEXT-TO-LAST BIRTH <br> NAME |
| :---: | :---: | :---: | :---: | :---: |
| 412 | During this pregnancy, were any of the following done at least once? <br> Were you weighed? <br> Was your height measured? <br> Was your blood pressure measured? <br> Did you give a urine sample? <br> Did you give a blood sample? | YES WEIGHT............................... 1 HEIGHT.................... 1 BLOOD PRESSURE...... 1 URINE SAMPLE .............. 1 BLOOD SAMPLE ........ 1 | $\begin{gathered} \mathrm{NO} \\ \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \end{gathered}$ |  |
| 413 | During any of your prenatal visits, were you informed about symptoms or conditions which may occur during pregnancy that may be dangerous to you or to your baby? | YES $\qquad$ <br> NO. <br> (SKIP TO 415) DON'T KNOW |  |  |
| 413A | What symptoms or conditions were mentioned during any of your prenatal visit? <br> Vaginal bleeding? <br> Headache? <br> Dizziness? <br> Blurred Vision? <br> Swollen Face? <br> Swollen Hands? <br> Pale or Anemic? | VAGINAL BLEEDING ... 1 <br> HEADACHE .................. 1 <br> DIZZINESS ................... 1 <br> BLURRED VISION........ 1 <br> SWOLLEN FACE.......... 1 <br> SWOLLEN HANDS ....... 1 <br> PALE OR ANEMIC........ 1 | $\begin{gathered} \text { DK } \\ 8 \\ 8 \\ 8 \\ 8 \\ 8 \\ 8 \\ 8 \end{gathered}$ |  |
| 414 | Were you told where to go if you had these complications? | YES $\qquad$ <br> NO. <br> (SKIP TO 415) DON'T KNOW $\qquad$ | $\begin{array}{r} \ldots \\ \ldots \\ \ldots \\ \ldots \\ \ldots \end{array}$ |  |
| 414A | Where will you go? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER, OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. <br> (NAME OF PLACE) <br> Any other place? <br> RECORD ALL PLACES MENTIONED. | PUBLIC SECTOR <br> GOVT. HOSPITAL. <br> RURAL/URBAN HEALTH CENTER <br> BARANGAY HEALTH STATI <br> BARANGAY SUPPLY/SERV <br> POINT OFFICER/BHW <br> OTHER PUBLIC <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PVT. HOSPITAL/CLINIC PHARMACY <br> PRIVATE DOCTOR $\qquad$ <br> PRIVATE NURSE/MIDWIFE NGO. <br> INDUSTRY-BASED CLINIC OTHER PRIVATE MEDICAL $\qquad$ <br> (SPECIFY) <br> OTHER $\qquad$ |  <br>  <br> _L <br> _X |  |
| 414B | How long does it take you to travel from your home to this place? | MINUTES $\qquad$ 1 $\square$ <br> HOURS $\qquad$ .2 <br> DON'T KNOW $\qquad$ | $\begin{array}{\|r\|} \hline \\ \hline \\ \hline \end{array}$ |  |
| 415 | During this pregnancy, were you given an injection in the arm to prevent the baby from getting tetanus, that is, convulsions after birth? | YES $\qquad$ <br> NO $\qquad$ <br> (SKIP TO 416A) <br> DON'T KNOW $\qquad$ | $\begin{aligned} & \ldots .1 \\ & \ldots .2 \\ & \ldots . \\ & \ldots . \\ & \hline \end{aligned}$ |  |


|  |  | NAME LAST BIRTH |  | NEXT-TO-LAST BIRTH <br> NAME |
| :---: | :---: | :---: | :---: | :---: |
| 416 | During this pregnancy, how many times did you get this injection? | TIMES $\qquad$ <br> DON'T KNOW $\qquad$ | $\begin{gathered} . . . . . . \square \\ . . . . . . . . . . . . . . ~ \\ \hline \end{gathered}$ |  |
| 416A | Prior to this pregnancy, have you received Tetanus Toxoid Injection? | YES $\qquad$ <br> NO $\qquad$ <br> (SKIP TO 417) <br> DON'T KNOW $\qquad$ |  |  |
| 416B | How many times? <br> DO NOT INCLUDE INJECTION(S) RECEIVED DURING THIS PREGNANCY. | TIMES .... | $\downarrow$ |  |
| 417 | During this pregnancy, were you given or did you buy any iron tablets or iron capsules? <br> SHOW TABLET/CAPSULE. | YES <br> NO. $\qquad$ <br> (SKIP TO 419) DON'T KNOW $\qquad$ | ${ }_{\text {.............................. } 1} 8$ |  |
| 418 | During the whole pregnancy, for how many days did you take the tablets or the capsules? <br> IF ANSWER IS NOT NUMERIC, PROBE FOR APPROXIMATE NUMBER OF DAYS. | NUMBER OF DAYS $\qquad$ <br> DON'T KNOW $\qquad$ |   |  |
| 419 | During this pregnancy, did you have difficulty with your vision during the day? | YES $\qquad$ <br> NO $\qquad$ <br> DON'T KNOW $\qquad$ | $1 . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . ~$ 2 |  |
| 420 | During this pregnancy, did you suffer from night blindness [matang manok]? | YES <br> NO $\qquad$ <br> DON'T KNOW | ....................................................$~$ |  |
| 420A | Around the time of the birth of (NAME), did you have any of the following problems: <br> Long labor, that is, your regular contractions last more than 12 hours? <br> Excessive bleeding that you feared it was live threatening? <br> A high fever with bad smelling vaginal discharge? <br> Convulsions not caused by a fever? | LABOR MORE THAN 12 HOURS <br> EXCESSIVE BLEEDING <br> FEVER WITH BAD SMELLING VAGINAL DISCHARGE CONVULSIONS | YES NO <br>   <br> 1 2 <br> 1 2 <br>   <br> 1 2 <br> 1 2 |  |
| 421 | When (NAME) was born, was he/she very large, larger than average, average, smaller than average, or very small? | VERY LARGE $\qquad$ <br> LARGER THAN AVERAG <br> AVERAGE $\qquad$ <br> SMALLER THAN AVERA <br> VERY SMALL $\qquad$ <br> DON'T KNOW $\qquad$ |  | VERY LARGE .................................... 1 LARGER THAN AVERAGE ............. 2 AVERAGE......................................... 3 SMALLER THAN AVERAGE ......... 4 VERY SMALL..................................................................................... |
| 422 | Was (NAME) weighed at birth? | YES <br> NO. $\qquad$ <br> (SKIP TO 424) <br> DON'T KNOW $\qquad$ | $1 . . . . . . . . . . . . . . . . . ~$ | YES ................................................. 1 NO.................................................... 2 (SKIP TO 424) DON'T KNOW .................................. 8 |


|  |  | LAST BIRTH <br> NAME | NEXT-TO-LAST BIRTH <br> NAME |
| :---: | :---: | :---: | :---: |
| 423 | How much did (NAME) weigh? <br> RECORD WEIGHT FROM HEALTH CARD, IF AVAILABLE. |  |  |
| 424 | Who assisted with the delivery of (NAME)? <br> Anyone else? <br> PROBE FOR THE TYPE OF PERSON AND RECORD ALL PERSONS ASSISTING. <br> IF RESPONDENT SAYS NO ONE ASSISTED, PROBE TO DETERMINE WHETHER ANY ADULTS WERE PRESENT AT THE DELIVERY. |  |  |
| 425 | Where did you give birth to (NAME)? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER OR CLINIC, WRITE THE NAME OF THE PLACE, PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. <br> (NAME OF PLACE) |  |  |
| 426 | Was (NAME) delivered by caesarian section? | YES ................................................ 1 NO..................................................... 2 (SKIP TO 428) | YES ................................................ 1 NO ..................................................... 2 (SKIP TO 428) |


|  |  | LAST BIRTH <br> NAME | NEXT-TO-LAST BIRTH <br> NAME |
| :---: | :---: | :---: | :---: |
| 427 | What was the main reason for having a delivery by caesarian section? | HIGH BLOOD PRESSURE AND SWELLING OF FACE AND HAND W/O CONVULSION (PRE-ECLAMPSIA) <br> CONVULSION, HIGH BLOOD <br> PRESSURE, SWELLING OF FACE AND HAND <br> (ECLAMPSIA) $\qquad$ 02 <br> BABY TOO BIG. $\qquad$ 03 <br> PELVIC BONE TOO NARROW ..... 04 <br> BABY'S HEAD NOT IN RIGHT POSITION. $\qquad$ <br> BABY MIGHT DIE INSIDE MOTHER'S WOMB (FETAL DISTRESS). $\qquad$ <br> LABOR BEYOND 12 HOURS. $\qquad$ 07 <br> MOTHER TIRED (LABOR LESS <br> THAN 12 HOURS). $\qquad$ 08 <br> WATER BROKE EARLY $\qquad$ 09 <br> EXCESSIVE BLEEDING.. $\qquad$ 10 <br> OTHER $\qquad$ 96 <br> (SPECIFY) <br> DON'T KNOW. $\qquad$ 98 | HIGH BLOOD PRESSURE AND <br> SWELLING OF FACE AND <br> HAND W/O CONVULSION <br> (PRE-ECLAMPSIA) <br> CONVULSION, HIGH BLOOD <br> PRESSURE, SWELLING OF <br> FACE AND HAND <br> (ECLAMPSIA) $\qquad$ 02 <br> BABY TOO BIG. $\qquad$ 03 <br> PELVIC BONE TOO NARROW ..... 04 <br> BABY'S HEAD NOT IN RIGHT POSITION... $\qquad$ <br> BABY MIGHT DIE INSIDE <br> MOTHER'S WOMB (FETAL <br> DISTRESS). $\qquad$ <br> LABOR BEYOND 12 HOURS. $\qquad$ 07 <br> MOTHER TIRED (LABOR LESS <br> THAN 12 HOURS). $\qquad$ 08 <br> WATER BROKE EARLY $\qquad$ 09 <br> EXCESSIVE BLEEDING. $\qquad$ 10 <br> OTHER $\qquad$ 96 <br> (SPECIFY) <br> DON'T KNOW . $\qquad$ 98 |
| 428 | After (NAME) was born, did a health professional or a traditional birth attendant check on your health? | YES ................................................... 1 NO....................................................... 2 (SKIP TO 433) | YES ............................................................................................................ 1 |
| 429 | How many days or weeks after the delivery did the first check up take place? <br> RECORD ‘00’ DAYS IF SAME DAY. | DAYS $\qquad$ <br> WEEKS $\qquad$ $\square$ <br> DON'T KNOW . $\qquad$ 998 |  |
| 430 | Who checked on your health at that time? | HEALTH PROFESSIONAL <br> DOCTOR $\qquad$ A <br> NURSE $\qquad$ B <br> MIDWIFE $\qquad$ C <br> OTHER PERSON $\qquad$ D <br> HILOT $\qquad$ E <br> RELATIVE/FRIEND $\qquad$ F <br> OTHER $\qquad$ X <br> (SPECIFY) <br> NO ONE $\qquad$ Y |  |


|  |  | LAST BIRTH <br> NAME | NEXT-TO-LAST BIRTH <br> NAME $\qquad$ |
| :---: | :---: | :---: | :---: |
| 431 | Did you receive the following services at that time? <br> Abdominal examination? <br> Breast examination? <br> Internal examination? <br> Family planning advice? <br> Breastfeeding advice? <br> Baby care advice? <br> Check-up of baby? <br> Any other service? |  Y N DK <br> ABDOMINAL EXAM.............. 1 2 8  <br> BREAST EXAM...................... 1 2 8  <br> INTERNAL EXAM .............. 1 2 8  <br> FAMILY PLANNING ADVICE1 2 8  <br> BREASTFEEDING ADVICE . 1 2 8  <br> BABY CARE ADVICE .......... 1 2 8  <br> CHECK-UP OF BABY.......... 1 2 8  <br> OTHER__(SPECIFY)  2 8 |  |
| 432 | Where did this first check up take place? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. <br> (NAME OF PLACE) |  |  |
| 433 | In the first two months after delivery, did you receive a vitamin A dose like this? <br> SHOW AMPULE/CAPSULE/SYRUP. | YES .......................................................................................................... 2 |  |
| 434 | Has your period returned since the birth of (NAME)? | YES ................................................ 1 (SKIP TO 436) $\longleftarrow$ NO............................................... 2 (SKIP TO 437) $\longleftarrow$ |  |
| 435 | Did your period return between the birth of (NAME) and your next pregnancy? |  | YES ................................................ 1 NO ..................................................... 2 (SKIP TO 439) |


|  |  | LAST BIRTH <br> NAME | NEXT-TO-LAST BIRTH NAME $\qquad$ |
| :---: | :---: | :---: | :---: |
| 436 | For how many months after the birth of (NAME) did you not have a period? | MONTHS $\qquad$ $\square$ DON'T KNOW $\qquad$ .98 | MONTHS $\qquad$ $\square$ <br> DON'T KNOW $\qquad$ 98 |
| 437 | CHECK 234: <br> IS RESPONDENT PREGNANT? |  |  |
| 438 | Have you resumed sexual relations since the birth of (NAME)? | YES ................................................ 1 NO.................................................... 2 (SKIP TO 440) |  |
| 439 | For how many months after the birth of (NAME) did you not have sexual relations? | MONTHS $\qquad$ $\square$ <br> DON'T KNOW $\qquad$ .98 | MONTHS $\qquad$ $\square$ <br> DON'T KNOW $\qquad$ .98 |
| 440 | Did you ever breastfeed (NAME)? | YES ................................................ 1 (SKIP TO 441) $\downarrow$ NO................................................... 2 | YES ................................................ 1 (SKIP TO 441) $\downarrow$ NO ................................................ 2 |
| 440A | Why did you not breastfeed (NAME)? |  |  |
| 441 | How long after birth did you first put (NAME) to the breast? <br> IF LESS THAN 1 HOUR, RECORD '00’ HOURS. <br> IF LESS THAN 24 HOURS, RECORD HOURS. <br> OTHERWISE, RECORD DAYS. | IMMEDIATELY $\qquad$ 000 <br> HOURS $\qquad$ <br> DAYS $\qquad$ $\square$ | IMMEDIATELY $\qquad$ 000 <br> HOURS $\qquad$ <br> DAYS $\qquad$ $\square$ |
| 442 | In the first three days after delivery, before your milk began flowing regularly, was (NAME) given anything to drink other than breast milk? | YES ................................................ 1 NO .................................................... 2 (SKIP TO 443A) | YES ................................................ 1 NO.................................................... 2 (SKIP TO 443A) |


|  |  | LAST BIRTH <br> NAME | NEXT-TO-LAST BIRTH NAME $\qquad$ |
| :---: | :---: | :---: | :---: |
| 443 | What was given (NAME) to drink before your milk began flowing regularly? <br> Anything else? <br> RECORD ALL LIQUIDS MENTIONED. DO NOT READ OUT RESPONSES. | MILK (OTHER THAN <br> BREAST MILK) $\qquad$ <br> PLAIN WATER. $\qquad$ B <br> SUGAR OR GLUCOSE WATER .....C <br> GRIPE WATER. $\qquad$ D <br> SUGAR-SALT-WATER <br> SOLUTION. $\qquad$ E <br> FRUIT JUICE $\qquad$ F- <br> INFANT FORMULA. $\qquad$ G <br> TEA/INFUSIONS. $\qquad$ H <br> HONEY $\qquad$ 1 <br> OTHER $\qquad$ x- <br> (SPECIFY) <br> (SKIP TO 444) | MILK (OTHER THAN <br> BREAST MILK).. $\qquad$ <br> PLAIN WATER. $\qquad$ B <br> SUGAR OR GLUCOSE WATER .....C <br> GRIPE WATER. $\qquad$ D <br> SUGAR-SALT-WATER <br> SOLUTION. $\qquad$ E <br> FRUIT JUICE $\qquad$ F- <br> INFANT FORMULA. $\qquad$ G <br> TEA/INFUSIONS. $\qquad$ H <br> HONEY $\qquad$ I- <br> OTHER $\qquad$ X- <br> (SPECIFY) <br> (SKIP TO 444) |
| 443A | Was (NAME) ever given water or anything else to drink or eat other than breastmilk? | YES................................................................................................... (SKIP TO 444) | YES...................................................................................................... ( SKIP TO 444) |
| 443B | How many months old was (NAME) when you first started giving him/her any food or liquid other than breastmilk? | MONTHS........................... $\square$ | MONTHS... |
| 444 | CHECK 404: IS CHILD LIVING? | LIVING <br> DEAD $\square$ <br> (SKIP TO 446) | LIVING <br> DEAD <br> (SKIP TO 446) |
| 445 | Are you still breastfeeding (NAME)? | YES ................................................ 1 (SKIP TO 448) NO..................................................... 2 | YES ................................................ 1 (SKIP TO 448) 4 NO ..................................................... 2 |
| 446 | For how many months did you breastfeed (NAME)? | MONTH $\qquad$ $\square$ <br> DON'T KNOW $\qquad$ 98 | MONTH $\qquad$ $\square$ <br> DON'T KNOW $\qquad$ 98 |
| 446A | Why did you stop breastfeeding (NAME)? |  |  |


|  |  | LAST BIRTH <br> NAME | NEXT-TO-LAST BIRTH NAME |
| :---: | :---: | :---: | :---: |
| 447 | CHECK 404: IS CHILD LIVING? |  |  |
| 448 | How many times did you breastfeed last night between sunset and sunrise? <br> IF ANSWER IS NOT NUMERIC, PROBE FOR APPROXIMATE NUMBER. | NUMBER OF NIGHTTIME <br> FEEDINGS. | NUMBER OF <br> NIGHTTIME <br> FEEDINGS. |
| 449 | How many times did you breastfeed yesterday during the day hours? <br> IF ANSWER IS NOT NUMERIC, PROBE FOR APPROXIMATE NUMBER. | NUMBER OF <br> DAYLIGHT <br> FEEDINGS. | NUMBER OF <br> DAYLIGHT <br> FEEDINGS |
| 450 | Did (NAME) drink anything from a bottle with a nipple yesterday or last night? | YES ................................................................................................................................................................ |  |
| 451 | Was sugar added to any of the foods or liquids (NAME) ate yesterday? | YES ................................................................................................................................................................ |  |
| 452 | How many times did (NAME) eat solid, semisolid, or soft foods other than liquids yesterday during the day or at night? <br> IF 7 OR MORE TIMES, RECORD ' 7 ’. | NUMBER OF TIMES. $\qquad$ $\square$ <br> DON'T KNOW . $\qquad$ 8 | NUMBER OF TIMES. $\qquad$ $\square$ <br> DON'T KNOW $\qquad$ 8 |
| 453 |  | GO BACK TO 405 IN NEXT COLUMN; OR, IF NO MORE BIRTHS, GO TO 454. | GO BACK TO 405 IN LAST COLUMN OF NEW QUESTIONNAIRE; OR, IF NO MORE BIRTHS, GO TO 454. |



|  |  | LAST BIRTH <br> NAME | NEXT-TO-LAST BIRTH NAME $\qquad$ |
| :---: | :---: | :---: | :---: |
| 461 | Has (NAME) received any vaccinations that are not recorded on this card? <br> RECORD 'YES' ONLY IF RESPONDENT MENTIONS BCG, POLIO 1-3, DPT 1-3, AND/OR MEASLES VACCINE. | YES $\qquad$ 1 <br> (PROBE FOR VACCINATIONS $\downarrow$ <br> AND WRITE '66' IN THE CORRESPONDING DAY COLUMN IN 460) (SKIP TO 464) $\qquad$ $\square$ <br> NO 2 <br> (SKIP TO 464) DON'T KNOW $\qquad$ 8 | YES ................................................ 1 (PROBE FOR VACCINATIONS $\longleftarrow$ AND WRITE '66' IN THE CORRESPONDING DAY COLUMN IN 460) (SKIP TO 464) $\longleftarrow$ NO ....................................... 2 (SKIP TO 464) $\longleftarrow$ DON'T KNOW ................................. 8 |
| 462 | Did (NAME) ever receive any vaccinations to prevent him/her from getting diseases, including vaccinations received in a national immunization day campaign? | YES ................................................ 1 NO ..................................................... 2 (SKIP TO 466) (SON'T KNOW ................................. 8 | YES ................................................. 1 NO .................................................... 2 (SKIP TO 466) DON'T KNOW .................................. 8 |
| 463 | Please tell me if (NAME) received any of the following vaccinations: |  |  |
| 463A | A BCG vaccination against tuberculosis, that is, an injection in the arm or shoulder that usually causes a scar? | YES ................................................ 1 NO .................................................... 22 (SKIP TO 463C) (SONT KNOW .................................. 8 |  |
| 463B | Did (NAME) receive the BCG vaccine before his/her first birthday? | YES................................................................................................. NO...... | YES................................................................................................. NO. |
| 463C | Polio vaccine, that is, drops in the mouth? | YES ................................................ 1 NO .................................................... 2 (SKIP TO 463G) DON'T KNOW .................................. 8 | YES ................................................ 1 NO ..................................................... 2 (SKIP TO 463G) DON'T KNOW ................................. 8 |
| 463D | When was the first polio vaccine received, just after birth or later? | JUST AFTER BIRTH................................................................................... | JUST AFTER BIRTH.................................................................. 2 |
| 463E | How many times was the polio vaccine received? | NUMBER OF TIMES | NUMBER OF TIMES $\qquad$ $\square$ |
| 463F | Did (NAME) receive the third (last) polio vaccine before his/her first birthday? | YES ............................................................................................... | YES .......................................................................................... 1 |
| 463G | A DPT vaccination, that is, an injection given in the thigh or buttocks, sometimes at the same time as polio drops? ${ }^{3}$ | YES ................................................ 1 NO .................................................... 2 (SKIP TO 463J) DON'T KNOW .................................. 8 | YES ................................................ 1 NO .................................................... 2 (SKIP TO 463J) DON'T KNOW .................................. 8 |
| 463H | How many times? | NUMBER OF TIMES. $\qquad$ $\square$ | NUMBER OF TIMES |
| 463I | Did (NAME) receive the third (last) DPT vaccine before his /her first birthday? | YES ...................................................................................................... | $\begin{aligned} & \text { YES .................................................................................................. } \\ & \text { NO ....... } \end{aligned}$ |


|  |  | LAST BIRTH <br> NAME | NEXT-TO-LAST BIRTH NAME $\qquad$ |
| :---: | :---: | :---: | :---: |
| 463J | An injection to prevent measles? <br> Did (NAME) receive the measles vaccine before his/her first birthday? |  |  |
| 464 | Did (NAME) receive an injection to prevent Hepatitis B? | YES ................................................ 1 NO .................................................... 2 (SKIP TO 466) | YES ................................................ 1 NO .................................................... 22 (SKIP TO 466) |
| 464A | How many times? | NUMBER OF TIMES................ | NUMBER OF TIMES ............... |
| 465 | Did (NAME) receive the third (last) Hepatitis B vaccine before his/her first birthday? | YES .............................................................................................................................................................. NO |  |
| 466 | Has (NAME) been ill with a fever at any time in the last 2 weeks? |  | YES ................................................. 1 NO ................................................................................ DON'T KNOW ............. |
| 467 | Has (NAME) had an illness with a cough at any time in the last 2 weeks? | YES ................................................. 1 NO .................................................... 2 (SKIP TO 469) DON'T KNOW .................................. 8 | YES ................................................ 1 NO ..................................................... 22 (SKIP TO 469) DON'T KNOW ................................. 8 |
| 468 | When (NAME) had an illness with a cough, did he/she breathe faster than usual with short, fast breaths? | YES ......................................................................................................................................................... NO | YES ................................................. 1 NO .......................................................................................... DON'TNOW ........ |
| 469 | CHECK 466 AND 467: <br> FEVER OR COUGH? |  |  |
| 470 | Did you seek advice or treatment for the fever/cough? | YES ................................................. 1 NO ..................................................... 2 (SKIP TO 472) $\longleftarrow$ | YES ................................................ 1 NO ..................................................... 2 (SKIP TO 472) $\longleftarrow$ |


|  |  | LAST BIRTH <br> NAME | NEXT-TO-LAST BIRTH NAME $\qquad$ |
| :---: | :---: | :---: | :---: |
| 471 | Where did you seek advice or treatment? Anywhere else? <br> RECORD ALL SOURCES MENTIONED. DO NOT READ OUT RESPONSES. |  | PUBLIC SECTOR <br> GOVT. HOSPITAL $\qquad$ A <br> RURAL/URBAN HEALTH CENTER $\qquad$ B <br> BARANGAY HEALTH STATION_C <br> BARANGAY SUPPLY/SERVICE POINT OFFICER/BHW ..........D <br> OTHER PUBLIC $\qquad$ E <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PRIVATE HOSPITAL/CLINIC......F <br> PHARMACY $\qquad$ G <br> PRIVATE DOCTOR $\qquad$ H <br> PRIVATE NURSE/MIDWIFE. $\qquad$ I <br> NGO $\qquad$ J <br> INDUSTRY-BASED CLINIC........K OTHER PRIVATE MEDICAL $\qquad$ L (SPECIFY) <br> OTHER SOURCE <br> PUERICULTURE CENTER ........ M M <br> STORE $\qquad$ N <br> CHURCH $\qquad$ 0 <br> FRIENDS/RELATIVES $\qquad$ P <br> OTHER $\qquad$ X <br> (SPECIFY) |
| 472 | CHECK 466: <br> HAD FEVER? |  |  |
| 473 | Did (NAME) take any drugs for the fever? |  | YES ................................................ 1 NO ..................................................... 2 (SKIP TO 475) DON'T KNOW .................................. 8 |
| 474 | What drugs did (NAME) take? <br> RECORD ALL MENTIONED. <br> ASK TO SEE DRUG(S) IF TYPE OF DRUG IS NOT KNOWN. IF TYPE OF DRUG IS STILL NOT DETERMINED, SHOW TYPICAL ANTIMALARIAL DRUGS TO RESPONDENT. |  | FANSIDAR $\qquad$ <br> CHLOROQUINE. $\qquad$ B <br> ASPIRIN $\qquad$ C <br> IBUPROFEN/ACETAMINOPHEN ....D <br> PARACETAMOL $\qquad$ <br> OTHER $\qquad$ x <br> (SPECIFY) <br> DON'T KNOW $\qquad$ |


|  |  | LAST BIRTH <br> NAME $\qquad$ | NEXT-TO-LAST BIRTH <br> NAME $\qquad$ |
| :---: | :---: | :---: | :---: |
| 475 | Has (NAME) had diarrhea in the last 2 weeks? | YES ..................................................... 1 NO ........................................... 2 (SKIP TO 483) 4 DON'T KNOW .................................. 8 | YES ................................................ 1 NO .................................................... 2 (SKIP TO 483) 4 DON'T KNOW .................................. 8 |
| 476 | Now I would like to know how much (NAME) was offered to drink during the diarrhea. Was he/she offered less than usual to drink, about the same amount, or more than usual to drink? <br> IF LESS, PROBE: Was he/she offered much less than usual to drink or somewhat less? |  |  |
| 477 | When (NAME) had diarrhea, was he/she offered less than usual to eat, about the same amount, more than usual, or nothing to eat? <br> IF LESS, PROBE: Was he/she offered much less than usual to eat or somewhat less? | SAME ................................................................................................................................................................................................................................ MORE |  |
| 478 | Was he/she given any of the following to drink: <br> a) A fluid made from a special packet called Oresol or from a tablet called Hydrite? <br> b) A government-recommended homemade fluid? |  YES NO DK  <br> FLUID FROM PACKET//    <br> $\quad$ TABLET 1 2 8 <br> HOMEMADE FLUID 1 2 8 |  YES NO DK  <br> FLUID FROM PACKET//    <br> $\quad$ TABLET 1 2 8 <br> HOMEMADE FLUID 1 2 8 |
| 479 | Was anything (else) given to treat the diarrhea? | YES ................................................ 1 NO .................................................... 2 (SKIP TO 481) 4 DON'T KNOW .................................. 8 | YES ................................................. 1 NO .................................................... 2 (SKIP TO 481) DON'T KNOW ................................. 8 |
| 480 | What (else) was given to treat the diarrhea? <br> Anything else? <br> RECORD ALL TREATMENTS MENTIONED. | TABLET OR SYRUP........................A <br> INJECTION .....................................B <br> (I.V.) INTRAVENOUS $\qquad$ C <br> HOME REMEDIES/ <br> HERBAL MEDICINES $\qquad$ D <br> OTHER $\qquad$ X <br> (SPECIFY) | TABLET OR SYRUP ........................A <br> INJECTION .....................................B <br> (I.V.) INTRAVENOUS. $\qquad$ C <br> HOME REMEDIES/ <br> HERBAL MEDICINES $\qquad$ D <br> OTHER $\qquad$ X <br> (SPECIFY) |
| 481 | Did you seek advice or treatment for the diarrhea? | YES ................................................................................................................... (SKIP TO 483) | YES ................................................ 1 NO ..................................................... 2 (SKIP TO 483) $\longleftarrow$. |


|  |  | LAST BIRTH NAME $\qquad$ |  | NEXT-TO-LAST BIRTH <br> NAME |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 482 | Where did you seek advice or treatment? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. <br> (NAME OF PLACE) <br> Anywhere else? <br> RECORD ALL PLACES MENTIONED. <br> DO NOT READ OUT RESPONSES. | PUBLIC SECTOR <br> GOVT. HOSPITAL... <br> RURAL/URBAN HEAL <br> CENTER $\qquad$ <br> BARANGAY HEALTH <br> BARANGAY SUPPLY <br> POINT OFFICER/B <br> OTHER PUBLIC $\qquad$ <br> PRIVATE MEDICAL SE <br> PRIVATE HOSPITAL <br> PHARMACY $\qquad$ <br> PRIVATE DOCTOR. <br> PRIVATE NURSE/MI <br> NGO $\qquad$ <br> INDUSTRY-BASED <br> OTHER PRIVATE <br> MEDICAL $\qquad$ <br> OTHER SOURCE <br> PUERICULTURE CE STORE $\qquad$ <br> CHURCH $\qquad$ <br> FRIENDS/RELATIVE <br> OTHER $\qquad$ |  <br> TOR <br> LINIC......F $\qquad$ <br> G <br> H <br> WIFE $\qquad$ <br> INIC $\qquad$ $\qquad$ <br> L <br> CIFY) <br> TER $\qquad$ M $\qquad$ N $\qquad$ $\qquad$ O P P $\qquad$ x | PUBLIC SECTOR <br> GOVT. HOSPITAL $\qquad$ <br> RURAL/URBAN HEALTH <br> CENTER $\qquad$ <br> BARANGAY HEALTH STAT <br> BARANGAY SUPPLY/SERVI POINT OFFICER/BHW. <br> OTHER PUBLIC $\qquad$ (SPEC <br> PRIVATE MEDICAL SECTOR PRIVATE HOSPITAL/CLINIC PHARMACY $\qquad$ PRIVATE DOCTOR $\qquad$ PRIVATE NURSE/MIDWIFE NGO $\qquad$ INDUSTRY-BASED CLINIC OTHER PRIVATE MEDICAL $\qquad$ (SPECIFY) <br> OTHER SOURCE <br> PUERICULTURE CENTER STORE $\qquad$ CHURCH $\qquad$ FRIENDS/RELATIVES <br> OTHER $\qquad$ |  |
| 483 |  | GO BACK TO 456 IN N COLUMN; OR, IF NO M BIRTHS, GO TO 484. | $\begin{aligned} & \text { EXT } \\ & \text { ORE } \end{aligned}$ | GO BACK TO 456 IN LAST C OF NEW QUESTIONNAIRE; NO MORE BIRTHS, GO TO 4 | OLUMN OR, IF 84. |
| 484 | CHECK 220 AND 223, ALL ROWS: <br> NUMBER OF CHILDREN BORN IN 1998 OR <br> ONE OR <br> MORE $\square$ | LATER AND LIVING WIT NONE | THE RESPO | ENT | - 487 |
| 485 | What is usually done to dispose of your (young he/she does not use any toilet facility? | t) child's stools when | CHILD ALW <br> TOILET/L <br> THROW IN <br> THROW OU <br> THROW OU <br> BURY IN TH <br> RINSE AWA <br> USE DISPO <br> USE WASHA <br> NOT DISPO <br> OTHER |  |  |


| NO. | QUESTIONS AND FILTERS | CODING | ORIES | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 486 | CHECK 478a, ALL COLUMNS: <br> NO CHILD <br> ANY CHI RECEIVED FLUID <br> RECEIVED FLU FROM ORS PACKET |  |  | $\rightarrow 488$ |
| 487 | Have you ever heard of a special product called Oresol or Hydrite that you can get for the treatment of diarrhea? | YES <br> NO | ................................... 1 |  |
| 488 |  |  |  | $\rightarrow 490$ |
| 489 | When (your child/one of your children) is seriously ill, can you decide by yourself whether or not the child should be taken for medical treatment? <br> IF SAYS NO CHILD EVER SERIOUSLY ILL, ASK: <br> If (your child/one of your children) became seriously ill, could you decide by yourself whether the child should be taken for medical treatment? | YES $\qquad$ <br> NO $\qquad$ <br> DEPENDS $\qquad$ | ........................................ 12 |  |
| 490 | Now I would like to ask you some questions about medical care for you yourself. <br> Many different factors can prevent women from getting medical advice or treatment for themselves. When you are sick and want to get medical advice or treatment, is each of the following a big problem or not? <br> Knowing where to go. <br> Getting permission to go. <br> Getting money needed for treatment. <br> The distance to a health facility. <br> Having to take transport. <br> Not wanting to go alone. <br> Concern that there may not be a female health provider. | BIG PROBLEM <br> 1 <br> 1 <br> 1 <br> 1 <br> 1 <br> 1 <br> 1 | NOT A BIG PROBLEM <br> 2 <br> 2 <br> 2 <br> 2 <br> 2 <br> 2 <br> 2 |  |
| 491 | CHECK 220 AND 223: <br> HAS AT LEAST ONE CHILD <br> DOES NOT HAVE ANY BORN IN 2000 OR LATER CHILDREN BORN IN 2000 OR LATER AND LIVING WITH HER <br> RECORD NAME OF YOUNGEST CHILD LIVING WITH HER (AND CONTINUE TO 492) $\qquad$ <br> (NAME) |  |  | $\rightarrow 494$ |



| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 494 | The last time you prepared a meal for your family, before starting did you wash your hands? |  |  |
| 495 | Have you ever smoked cigarettes or tobacco? | YES ......................................................................................................................... 1 NO | $\rightarrow 501$ |
| 496 | How old were you when you first smoked cigarettes or tobacco? | AGE. |  |
| 497 | Do you currently smoke cigarettes or tobacco? IF YES: what type of tobacco do you smoke? RECORD ALL TYPES MENTIONED. | YES, CIGARETTES $\qquad$ A <br> YES, PIPE $\qquad$ B <br> YES, ROLLED TOBACCO $\qquad$ C <br> NO. $\qquad$ Y | $\rightarrow 501$ |
| 498 | In the last 24 hours, how many cigarettes did you smoke? | CIGARETTES |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 501 | Are you currently married or living with a man? | YES, CURRENTLY MARRIED $\qquad$ .1 <br> YES, LIVING WITH A MAN $\qquad$ 2 <br> NO, NOT IN UNION $\qquad$ 3 |  |
| 502 | Do you currently have a regular sexual partner, an occasional sexual partner, or no sexual partner at all? | REGULAR SEXUAL PARTNER.............. 1 <br> OCCASIONAL SEXUAL PARTNER........ 2 <br> NO SEXUAL PARTNER. $\qquad$ |  |
| 503 | Have you ever been married or lived with a man? | YES, FORMERLY MARRIED $\qquad$ 1 <br> YES, LIVED WITH A MAN $\qquad$ 2 <br> NO $\qquad$ 3 | $\begin{array}{r} \rightarrow \quad 505 \\ \rightarrow \quad 508 \end{array}$ |
| 504 | ENTER '0’ IN COLUMN 4 OF CALENDAR IN THE MONTH OF INTERV JANUARY 1998 | W, AND IN EACH MONTH BACK TO | $\rightarrow 512$ |
| 505 | What is your marital status now: are you widowed, divorced, or separated? | WIDOWED $\qquad$ <br> DIVORCED. $\qquad$ 2 <br> SEPARATED. $\qquad$ .3 | 508 |
| 506 | Is your husband/partner living with you now or is he staying elsewhere? | LIVING WITH HER. $\qquad$ STAYING ELSEWHERE $\qquad$ |  |
| 507 | RECORD THE HUSBAND'S/PARTNER'S NAME AND LINE NUMBER FROM THE HOUSEHOLD QUESTIONNAIRE. IF HE IS NOT LISTED IN THE HOUSEHOLD, RECORD '00'. | NAME $\qquad$ <br> LINE NO $\qquad$ $\square$ |  |
| 508 | Have you been married or lived with a man only once, or more than once? |  |  |
| 509 | CHECK 508: <br> MARRIED/ <br> MARRIED/ <br> LIVED WITH A MAN <br> LIVED WITH A MAN ONLY ONCE <br> MORE THAN ONCE <br> In what month and year did you <br> Now we will talk about your first start living with your husband/partner. husband/partner? <br> In what month and year did you start living with him? | MONTH $\qquad$ $\square$ <br> DON'T KNOW MONTH $\qquad$ 98 <br> YEAR $\qquad$ $\square$ DON'T KNOW YEAR $\qquad$ 9998 | $\rightarrow 511$ |
| 510 | How old were you when you started living with him? | AGE ................................... ${ }^{\square}$ |  |
| 511 | DETERMINE MONTHS MARRIED OR LIVING WITH A MAN SINCE JAN CALENDAR FOR EACH MONTH MARRIED OR LIVING WITH A MAN, MARRIED/NOT LIVING WITH A MAN, SINCE JANUARY 1998. <br> FOR WOMEN WITH MORE THAN ONE UNION: PROBE FOR DATE W APPROPRIATE, FOR STARTING AND TERMINATION DATES OF ANY <br> FOR WOMEN NOT CURRENTLY IN UNION: PROBE FOR DATE WHE TERMINATION DATE AND, IF APPROPRIATE, FOR THE STARTING A PREVIOUS UNIONS. | NUARY 1998. ENTER 'X' IN COLUMN 4 OF AND ENTER ‘O’ FOR EACH MONTH NOT <br> HEN CURRENT UNION STARTED AND, IF PREVIOUS UNIONS. <br> N LAST UNION STARTED AND FOR ND TERMINATION DATES OF ANY |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIE | SKIP |
| :---: | :---: | :---: | :---: |
| 512 | Now I need to ask you some questions about sexual activity in order to gain a better understanding of some family life issues. <br> How old were you when you first had sexual intercourse (if ever)? | NEVER $\qquad$ <br> AGE IN YEARS $\qquad$ <br> FIRST TIME WHEN STARTED WITH (FIRST) HUSBAND/PAR | $\rightarrow 517$ |
| 513 | When was the last time you had sexual intercourse? <br> RECORD 'YEARS AGO’ ONLY IF LAST INTERCOURSE WAS ONE OR MORE YEARS AGO. IF 12 MONTHS OR MORE, ANSWER MUST BE RECORDED IN YEARS | DAYS AGO......................... 1 WEEKS AGO...................... 2 MONTHS AGO .................... 3 YEARS AGO ..................... 4 | $\rightarrow 517$ |
| 514 | The last time you had sexual intercourse, was a condom used? | YES <br> NO |  |
| 515 | What is your relationship to the man with whom you last had sex? <br> IF MAN IS "BOYFRIEND" OR "FIANCÉ", ASK: <br> Was your boyfriend/fiancé living with you when you last had sex? <br> IF YES, CIRCLE '01'. <br> IF NO, CIRCLE '02'. | SPOUSE/COHABITING PART MAN IS BOYFRIEND/FIANCÉ OTHER FRIEND. $\qquad$ CASUAL ACQUAINTANCE.. RELATIVE $\qquad$ COMMERCIAL SEX WORKER OTHER $\qquad$ |  |
| 516 | For how long have you had sexual relations with this man? | DAYS................................. 1 WEEKS.............................. 2 MONTHS ............................ 3 YEARS ............................... 4 |  |
| 517 | Do you know of a place where a person can get condoms? | YES <br> NO | $\rightarrow 601$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 518 | Where is that? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER, OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. <br> (NAME OF PLACE) <br> Any other place? <br> RECORD ALL SOURCES MENTIONED. <br> DO NOT READ OUT RESPONSES. | PUBLIC SECTOR <br> GOVT. HOSPITAL $\qquad$ <br> RURAL/URBAN HEALTH <br> CENTER <br> BARANGAY HEALTH STATION C <br> BARANGAY SUPPLY/SERVICE <br> POINT OFFICER/BHW. $\qquad$ <br> OTHER PUBLIC $\qquad$ E <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PRIVATE HOSPITAL/CLINIC ............. F <br> PHARMACY $\qquad$ G <br> PRIVATE DOCTOR $\qquad$ <br> PRIVATE NURSE/MIDWIFE $\qquad$ I <br> NGO $\qquad$ <br> INDUSTRY-BASED CLINIC $\qquad$ K <br> OTHER PRIVATE <br> MEDICAL $\qquad$ L <br> OTHER SOURCE <br> PUERICULTURE CENTER................ M <br> STORE $\qquad$ N <br> CHURCH $\qquad$ <br> FRIENDS/RELATIVES $\qquad$ <br> OTHER $\qquad$ X <br> (SPECIFY) |  |
| 519 | If you wanted to, could you yourself get a condom? | YES ............................................................................................................................................... |  |



| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 607 | WANTS TO HAVE A/ANOTHER CHILD <br> You have said that you do not want (a/another) child soon, but you are not using any method to avoid pregnancy. <br> Can you tell me why? <br> Any other reason? <br> WANTS NO MORE/ NONE <br> You have said that you do not want any (more) children, but you are not using any method to avoid pregnancy. <br> Can you tell me why? <br> Any other reason? | NOT MARRIED $\qquad$ <br> FERTILITY-RELATED REASONS <br> NOT HAVING SEX................................B <br> INFREQUENT SEX.............................. C <br> MENOPAUSAL/HYSTERECTOMY. ..... D <br> SUBFECUND/INFECUND ....................E <br> POSTPARTUM AMENORRHEIC ..........F <br> BREASTFEEDING ............................... G <br> FATALISTIC $\qquad$ H <br> OPPOSITION TO USE <br> RESPONDENT OPPOSED $\qquad$ <br> HUSBAND/PARTNER OPPOSED.........J <br> OTHERS OPPOSED $\qquad$ <br> RELIGIOUS PROHIBITION $\qquad$ <br> LACK OF KNOWLEDGE <br> KNOWS NO METHOD $\qquad$ <br> KNOWS NO SOURCE $\qquad$ N <br> METHOD-RELATED REASONS <br> HEALTH CONCERNS. $\qquad$ 0 <br> FEAR OF SIDE EFFECTS $\qquad$ P <br> LACK OF ACCESS/TOO FAR .............. Q $\qquad$ $\qquad$ <br> INTERFERES WITH BODY'S <br> NATURAL PROCESSES $\qquad$ . T <br> OTHER $\qquad$ x <br> (SPECIFY) <br> DON'T KNOW . $\qquad$ |  |
| 608 | In the next few weeks, if you discovered that you were pregnant, would that be a big problem, a small problem, or no problem for you? | BIG PROBLEM......................................... 1 SMALL PROBLEM ........................................................................................................................... |  |
| 609 | CHECK 310: USING A CONTRACEPTIVE METHOD? <br> NOT NOT CURRENTLY <br> CURRE ASKED USING $\square$ | YES, NTLY SING | 614 |
| 610 | Do you think you will use a contraceptive method to delay or avoid pregnancy at any time in the future? | YES .......................................................... 1 NO ............................................................................................................ DON' KNOW ........ | $\xrightarrow{ } 612$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 611 | Which contraceptive method would you prefer to use? |  | $\rightarrow 614$ <br> $\rightarrow 614$ |
| 611A | Would you be willing to pay for (METHOD)? |  | $614$ |
| 611B | How much would you be willing to pay for (METHOD) (including all costs)? | PESO.    | - 614 |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 612 | What is the main reason that you think you will not use a contraceptive method at any time in the future? |  |  |
| 612A | You said that you do not want to use contraception because you fear of the side effects or health consequences. What is the main problem that makes you think that you will not use contraception at any time in the future? | IRREGULAR MENSTRUAL FLOW ........ 01 <br> INFREQUENT/NO MONTHLY PERIOD 02 <br> NAUSEA, VOMITING, HEADACHE ....... 03 <br> BREAST TENDERNESS/ <br> SENSITIVITY................................... 04 <br> WEIGHT GAIN/LOSS ............................. 05 <br> UPSET STOMACH, DIARRHEA ............ 06 <br> DEPRESSION, IRRITABILITY ............... 07 <br> LOSS OF INTEREST IN SEX ................ 08 <br> SKIN PROBLEMS .................................. 09 <br> ITCHINESS/PAIN IN GENITAL AREA ... 10 <br> HYPERTENSION ................................... 11 <br> ANEMIA................................................. 12 <br> CAUSE CANCER/ OTHER DISEASES . 13 <br> CAUSE ABORTION ............................... 14 <br> DEFORMED BABIES ............................. 15 <br> PAINFUL PROCEDURE ........................ 16 <br> SEXUAL DISABILITY ............................ 17 <br> RODS CAN MOVE AROUND ................ 18 <br> OTHER $\qquad$ 96 | $614$ |
| 613 | Would you ever use a contraceptive method if you were married? | YES .......................................................... 1 NO ................................................................ 2 DON'T KNOW .............................................. 8 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 614 | CHECK 221: <br> HAS LIVING CHILDREN <br> NO LIVING CHILDREN <br> If you could go back to the time <br> If you could choose exactly the you did not have any children and could choose exactly the number whole life, how many would that of children to have in your whole be? life, how many would that be? <br> PROBE FOR A NUMERIC RESPONSE. |  | $\longrightarrow 616$ $616$ |
| 615 | How many of these children would you like to be boys, how many would you like to be girls and for how many would the sex not matter? | BOYS GIRLS EITHER <br> NUMBER $\square$ $\square$ $\square$ $\square$ <br> OTHER $\qquad$ 96 <br> (SPECIFY) |  |
| 616 | Would you say that you approve or disapprove of couples using a method to avoid getting pregnant? | APPROVE ............................................... 1 <br> DISAPPROVE $\qquad$ <br> DON'T KNOW/UNSURE $\qquad$ 8 |  |
| 617 | In the last few months have you heard/read/watched about family planning: <br> On the radio? <br> On the television? <br> In a newspaper or magazine? <br> From a poster? <br> From leaflet or brochure? |  YES NO <br> RADIO 1 2 <br> TELEVISION 1 2 <br> NEWSPAPER OR MAGAZINE 1 2 <br> POSTER 1 2 <br> LEAFLET OR BROCHURE 1 2 |  |
| 618 | In the last 12 months, have you discussed the practice of family planning with your friends, neighbors, or relatives? | YES ........................................................................................................................... | $\rightarrow 621$ |
| 619 | With whom? <br> Anyone else? <br> RECORD ALL PERSONS MENTIONED. <br> DO NOT READ OUT RESPONSES | HUSBAND/PARTNER...............................A <br> MOTHER .................................................B <br> FATHER ................................................ C <br> SISTER(S).............................................. D <br> BROTHER(S) ...........................................E <br> DAUGHTER .............................................F <br> SON. $\qquad$ G <br> MOTHER-IN-LAW $\qquad$ H <br> FRIENDS/NEIGHBORS $\qquad$ <br> OTHER $\qquad$ X <br> (SPECIFY) |  |
| 620 | In the last 12 months, have you encouraged your friends, neighbors or relatives to use family planning? | YES ..................................................................................................................... 2 | $\rightarrow 621$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 620A | Who did you encourage? <br> Anyone else? <br> RECORD ALL PERSONS MENTIONED. <br> DO NOT READ OUT RESPONSES | HUSBAND/PARTNER <br> MOTHER <br> FATHER $\qquad$ <br> SISTER(S) $\qquad$ <br> BROTHER(S) $\qquad$ <br> DAUGHTER $\qquad$ <br> SON $\qquad$ <br> MOTHER-IN-LAW $\qquad$ <br> FRIENDS/NEIGHBORS $\qquad$ <br> OTHER $\qquad$ | ...........A <br> B <br> C <br> D <br> E <br> F <br> G $\qquad$ <br> H $\qquad$ $\qquad$ X |  |
| 621 | CHECK 501: <br> YES, <br> CURRENTLY | NO, IN NION |  | $\rightarrow 628$ |
| 622 | CHECK 311/311A: <br> ANY CODE CIRCLED <br> NO CODE | RCLED |  | $\rightarrow 624$ |
| 623 | You have told me that you are currently using contraception. Would you say that using contraception is mainly your decision, mainly your husband's decision or did you both decide together? | MAINLY RESPONDENT $\qquad$ <br> MAINLY HUSBAND/PARTNER $\qquad$ <br> JOINT DECISION $\qquad$ <br> OTHER $\qquad$ | $\begin{array}{r} \ldots . . . . . . \\ \ldots \ldots \ldots . . . \\ \ldots \ldots \ldots . \\ \ldots \\ 6 \end{array}$ |  |
| 624 | Now I want to ask you about your husband's/partner's views on family planning. <br> Do you think that your husband/partner approves or disapproves of couples using a contraceptive method to avoid pregnancy? | APPROVES $\qquad$ <br> DISAPPROVES $\qquad$ <br> DON'T KNOW $\qquad$ | $\ldots . . . . . .$. <br> $\ldots$ <br> $\ldots . . . . . . . . . . . ~$ |  |
| 625 | How often have you talked to your husband/partner about family planning in the past year? | NEVER <br> ONCE OR TWICE <br> MORE OFTEN | ..........$~$ <br>  <br> .............$~$ <br> .......$~$ |  |
| 626 | CHECK 311/311A: <br> NEITHER <br> HE OR STERILIZED STE | SHE IS RILIZED |  | $\rightarrow 628$ |
| 627 | Do you think your husband/partner wants the same number of children that you want, or does he want more or fewer than you want? | SAME NUMBER $\qquad$ <br> MORE CHILDREN $\qquad$ <br> FEWER CHILDREN $\qquad$ <br> DON'T KNOW $\qquad$ | ...........$~$ <br> $\ldots$ <br> $\ldots . . . . . . . . . . . ~$ <br> .........$~$ |  |
| 628 | Husbands and wives do not always agree on everything. Please tell me if you think a wife is justified in refusing to have sex with her husband when: <br> She knows her husband has a sexually transmitted disease? <br> She knows her husband has sex with other women? <br> She has recently given birth? <br> She is tired or not in the mood? | YES HAS STD ............................... 1 OTHER WOMEN .................... 1 RECENT BIRTH ..................... 1 TIRED/NOT IN THE MOOD .. 1 | NO DK <br> 2 8 <br> 2 8 <br> 2 8 <br> 2 8 |  |

SECTION 7. HUSBAND'S BACKGROUND AND WOMAN'S WORK

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 701 | CHECK 501 AND 503: <br> CURRENTLY <br> FORMERLY <br> MARRIED/ LIVING WITH MARRIED/ A MAN LIVED WITH <br> A MAN | NEVER MARRIED AND NEVER LIVED WITH A MAN | $\begin{aligned} & \rightarrow 703 \\ & \rightarrow 706 \end{aligned}$ |
| 702 | How old was your husband/partner on his last birthday? | AGE IN COMPLETED YEARS.... $\square$ |  |
| 703 | Did your (last) husband/partner ever attend school? | YES ...................................................................................................................... NO | $\rightarrow 705$ |
| 704 | What was the highest grade/year of school he attended? | NO GRADE COMPLETED .................. 00 <br> PRE-SCHOOL $\qquad$ 01 <br> ELEMENTARY GRADE 1 $\qquad$ 11 <br> ELEMENTARY GRADE 2 $\qquad$ 12 <br> ELEMENTARY GRADE 3 $\qquad$ 13 <br> ELEMENTARY GRADE 4 $\qquad$ 14 <br> ELEMENTARY GRADE 5 $\qquad$ 15 <br> ELEMENTARY GRADE 6 $\qquad$ 16 <br> ELEMENTARY GRADUATE $\qquad$ 17 <br> HIGH SCHOOL YEAR 1........................ 21 <br> HIGH SCHOOL YEAR 2......................... 22 <br> HIGH SCHOOL YEAR 3........................ 23 <br> HIGH SCHOOL YEAR 4........................ 24 <br> HIGH SCHOOL GRADUATE................ 25 <br> POSTSECONDARY YEAR 1 $\qquad$ 31 <br> POSTSECONDARY YEAR 2 <br> OR MORE $\qquad$ 32 <br> COLLEGE YEAR 1 $\qquad$ 41 <br> COLLEGE YEAR 2............................... 42 <br> COLLEGE YEAR 3................................. 43 <br> COLLEGE YEAR 4................................. 44 <br> COLLEGE YEAR 5. $\qquad$ 45 <br> COLLEGE YEAR 6 <br> OR HIGHER. $\qquad$ 46 <br> COLLEGE GRADUATE. $\qquad$ 47 <br> POST-BACCALAUREATE $\qquad$ 51 <br> DON'T KNOW. $\qquad$ .98 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 705 | CHECK 501 AND 503: <br> CURRENTLY MARRIED/ <br> LIVING WITH A MAN <br> What is your husband's/partner's occupation? <br> That is, what kind of work does he mainly do? <br> FORMERLY MARRIED/ LIVED WITH A MAN <br> What was your (last) husband's/ partner's occupation? <br> That is, what kind of work did he mainly do? |  |  |
| 706 | Aside from your own housework, are you currently working? | YES .................................................................................................................................... NO | $\rightarrow 709$ |
| 707 | As you know, some women take up jobs for which they are paid in cash or kind. Others sell things, have a small business or work on the family farm or in the family business. <br> Are you currently doing any of these things or any other work? |  | $\rightarrow 709$ |
| 708 | Have you done any work in the last 12 months? | YES ............................................................................................................................... | $\rightarrow 718$ |
| 709 | What is your occupation, that is, what kind of work do you mainly do? |  |  |
| 710 | CHECK 709: <br> WORKS IN <br> DOES NOT WORK AGRICULTURE IN AGRICULTURE |  | - 712 |
| 711 | Do you work mainly on your own land or on family land, or do you work on land that you rent from someone else, or do you work on someone else's land? |  |  |
| 712 | Do you work on non family-operated farm or business, work on familyoperated farm or business, or are you self-employed? | WORK ON NON FAMILY-OPERATED <br> FARM OR BUSINESS. $\qquad$ <br> WORK ON FAMILY-OPERATED <br> FARM OR BUSINESS............................... 2 <br> SELF-EMPLOYED $\qquad$ |  |
| 713 | Do you usually work at home or away from home? | HOME......................................................................................................................... AWAY...... |  |
| 714 | Do you usually work throughout the year, or do you work seasonally, or only once in a while? | THROUGHOUT THE YEAR...................... 1 <br> SEASONALLY/PART OF THE YEAR....... 2 <br> ONCE IN A WHILE.................................... 3 |  |
| 715 | Are you paid in cash only, in cash and in kind, or in kind only for this work or are you not paid at all? |  | $\rightarrow 718$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 716 | Who mainly decides how the money you earn will be used? | RESPONDENT . $\qquad$ <br> HUSBAND/PARTNER.............................. 2 <br> RESPONDENT AND <br> HUSBAND/PARTNER JOINTLY........... 3 <br> SOMEONE ELSE. $\qquad$ <br> RESPONDENT AND SOMEONE ELSE <br> JOINTLY. $\qquad$ |  |
| 717 | On average, how much of your household's expenditures do your earnings pay for: almost none, less than half, about half, more than half, or all? | ALMOST NONE ....................................... 1 <br> LESS THAN HALF ................................... 2 <br> ABOUT HALF $\qquad$ <br> MORE THAN HALF $\qquad$ <br> ALL $\qquad$ <br> NONE, HER INCOME IS ALL SAVED...... 6 |  |
| 718 | Who in your family usually has the final say on the following decisions: <br> Your own health care? <br> Making large household purchases? <br> Making household purchases for daily needs? <br> Visits to family or relatives? <br> What food should be cooked each day? |  |  |
| 719 | PRESENCE OF OTHERS AT THIS POINT (PRESENT AND LISTENING, PRESENT BUT NOT LISTENING OR NOT PRESENT) | PRES/ <br> LISTEN. PRES/ <br> NOT <br> LISTEN. NOT <br> PRES <br> CHILDREN $<10 \ldots . . . . . . . . . . ~$  2 <br> HUSBAND................ 1 2 8 <br> OTHER MALES ......... 1 2 8 <br> OTHER FEMALES ..... 1 2 8 |  |
| 720 | Sometimes a husband is annoyed or angered by things that his wife does. In your opinion, is a husband justified in hitting or beating his wife in the following situations: <br> If she goes out without telling him? <br> If she neglects the children? <br> If she argues with him? <br> If she refuses to have sex with him? <br> If she burns the food? |  YES NO DK <br> GOES OUT ............. 1 2 8  <br> NEGL. CHILDREN ... 1 2 8  <br> ARGUES ................ 1 2 8  <br> REFUSES SEX ........ 1 2 8  <br> BURNS FOOD ........ 1 2 8  |  |

## SECTION 8: HIVIAIDS AND OTHER SEXUALLY TRANSMITTED DISEASES

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 801 | Now I would like to talk about something else. Have you ever heard of an illness called AIDS? |  | - 817 |
| 802 | Is there anything a person can do to avoid getting AIDS or the virus that causes AIDS? | YES ........................................................... 1 NO ................................................................. 2 DON'T KNOW .............................................. 8 | $\rightarrow 808$ |
| 803 | What can a person do? <br> Anything else? <br> RECORD ALL WAYS MENTIONED. <br> DO NOT READ OUT RESPONSES. |  |  |
| 804 | Can people reduce their chances of getting the AIDS virus by having just one sex partner and who has no other partners? | YES ........................................................... 1 NO ................................................................ 2 DON'T KNOW ............................................. 8 |  |
| 805 | Can a person get the AIDS virus from mosquito bites? | YES ........................................................... 1 NO ................................................................. 2 DON'T KNOW .............................................. 8 |  |
| 806 | Can people reduce their chances of getting the AIDS virus by using a condom every time they have sex? | YES ........................................................... 1 NO ................................................................. 2 DON'T KNOW ............................................... 8 |  |
| 807 | Can people get the AIDS virus by sharing food with a person who has HIVIAIDS? | YES ........................................................... 1 NO ................................................................. 2 DON'T KNOW .............................................. 8 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 807A | Can people get the AIDS virus because of witchcraft or other supernatural means? |  |  |
| 808 | Can you tell from looking at a person that he/she has the AIDS virus? |  |  |
| 809 | Do you know someone personally who has the virus that causes AIDS or someone who died from AIDS? | YES ............................................................................................................... 1 NO |  |
| 810 | Can the virus that causes AIDS be transmitted from a mother to a child? | YES ......................................................... 1 NO ................................................................................................................ DON'T KNOW .......... | $\rightarrow 813$ |
| 811 | Can the virus that causes AIDS be transmitted from a mother to a child: <br> During pregnancy? <br> During delivery? <br> By breastfeeding? |  YES NO DK <br> DURING PREG ......... 1 2 8  <br> DURING DELIVERY... 1 2 8  <br> BREASTFEEDING .... 1 2 8  |  |
| 812 | Are there any drugs that a woman infected with the AIDS virus can take to reduce the risk of transmission to the baby during pregnancy? | YES ........................................................................................................................................................................................... NO DON'T KNOW ........ |  |
| 813 | CHECK 501: <br> YES, CURRENTLY MARRIED/ LIVING WITH A MAN | OT IN UNION | $\rightarrow 815$ |
| 814 | Have you ever talked about ways to prevent getting the virus that causes AIDS with (your husband/the man you are living with)? | YES ........................................................................................................................... 2 NO |  |
| 815 | If a member of your family got infected with the virus that causes AIDS, would you want it to remain a secret? | YES .......................................................... 1 NO .................................................................................................... DON'T KNOW/UNSURE ......... |  |
| 816 | If a relative of yours became sick with the virus that causes AIDS, would you be willing to care for her or him in your own household? | YES ......................................................... 1 NO ............................................................... 2 DON'T KNOW/UNSURE/DEPENDS....... 8 |  |
| 816A | If a female teacher has the AIDS virus, should she be allowed to continue teaching in school? | YES .......................................................... 1 NO ............................................................... 2 DON'T KNOW/UNSURE/DEPENDS....... 8 |  |
| 817 | Apart from HIV/AIDS, have you heard about other infections that can be transmitted through sexual contact? | YES ............................................................................................................................. | $\rightarrow 901$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 818 | If a man has a sexually transmitted disease, what symptoms might he have? <br> PROBE: Any others? <br> RECORD ALL SYMPTOMS MENTIONED. <br> DO NOT READ OUT RESPONSES. |  |  |
| 819 | If a woman has a sexually transmitted disease, what symptoms might she have? <br> PROBE: Any others? <br> RECORD ALL SYMPTOMS MENTIONED. <br> DO NOT READ OUT RESPONSES. |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  |  | SKIP |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 901 | Have you ever had the following symptoms: <br> a. Cough for two weeks or more? <br> b. Fever for two weeks or more? <br> c. Chest or back pain? <br> d. Coughing up blood? <br> e. Sweating at night? | COUGH 2 WEEKS + FEVER 2 WEEKS + CHEST OR BACK PAIN BLOOD IN SPUTUM NIGHT SWEATING | $\begin{gathered} \text { YES } \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \end{gathered}$ | $\begin{gathered} \mathrm{NO} \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \end{gathered}$ |  |
| 902 | CHECK 901: <br> AT LEAST ONE <br> NOT A SINGLE "YES" <br> "YES" (ANY SYMPTOMS) (NO SYMPTOM) |  |  |  | 907A |
| 903 | Did you seek consultation or treatment for the symptom(s)? | YES ..................................................................................................................... |  |  | 905 |
| 904 | Why did you not seek treatment for the symptoms? |  |  |  | $908$ |
| 905 | Where did you go for advice or treatment the last time? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. <br> (NAME OF PLACE) | PRIVATE MEDICAL SECTOR <br> PVT. HOSPITAL/CLINIC ....................... 21 <br> PHARMACY ......................................... 22 <br> PRIVATE DOCTOR............................... 23 <br> NGO CLINIC......................................... 24 <br> OTHER PVT. <br> MEDICAL $\qquad$ 25 <br> OTHER $\qquad$ |  |  |  |
| 906 | What is the main reason you chose to go to this facility? |  |  |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 907 | How soon after the symptoms started did you seek consultation or treatment? | DAYS <br> WEEKS <br> MONTHS $\qquad$ <br> DON'T KNOW. <br> .998 |  |
| 907A | Are you aware of the Directly Observed Treatment Short Course Chemotherapy (DOTs) program? | YES ........................................................ 1 NO ................................................................ 2 |  |
| 908 | Have you ever heard of an illness called tuberculosis? <br> (TB is also known as thysis, weak lungs or spot in the lungs) | YES .......................................................................................................................... | $\rightarrow 917$ |
| 909 | Can tuberculosis be cured? | YES ................................................................................................................................ NO |  |
| 910 | Would you be willing to work with someone who has been previously treated for tuberculosis? | YES ........................................................... 1 NO .............................................................. 2 DON'T KNOW/DEPENDS ........................... 8 |  |
| 911 | What signs or symptoms would lead you to think that a person has tuberculosis? <br> PROBE: Any others? <br> RECORD ALL MENTIONED. | $\qquad$ <br> COUGHING WITH SPUTUM B <br> COUGHING FOR SEVERAL <br> WEEKS $\qquad$ <br> FEVER $\qquad$ D <br> BLOOD IN SPUTUM $\qquad$ E <br> LOSS OF APPETITE $\qquad$ <br> NIGHTSWEATING $\qquad$ G <br> PAIN IN CHEST OR BACK $\qquad$ H <br> TIREDNESS/FATIGUE $\qquad$ <br> WEIGHT LOSS $\qquad$ <br> OTHER $\qquad$ X |  |
| 912 | What do you think is the cause of tuberculosis? <br> PROBE: Anything else? <br> RECORD ALL MENTIONED. | MICROBES/GERMS/BACTERIA $\qquad$ A <br> INHERITED $\qquad$ B <br> LIFESTYLE $\qquad$ C <br> SMOKING $\qquad$ D <br> ALCOHOL DRINKING $\qquad$ E <br> FATIGUE $\qquad$ <br> OTHER $\qquad$ x (SPECIFY) DON'T KNOW $\qquad$ |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 913 | How does tuberculosis spread from one person to another? | THROUGH THE AIR WHEN COUGHING. $\qquad$ A <br> SHARING EATING UTENSILS $\qquad$ B <br> TOUCHING A PERSON WITH TB $\qquad$ <br> OTHER $\qquad$ x <br> (SPECIFY) <br> DON'T KNOW $\qquad$ |  |
| 914 | Have you been told by a doctor or a health professional that you had tuberculosis? <br> If YES, when were you told that you had tuberculosis, in the past five years, between five and ten years, or more than ten years ago? | <5 YEARS ............................................... 1 5-10 YEARS ....................................................... 2 MORE THAN 10 YEARS.......................................................................................... | 917 |
| 914A | Have you taken anti-TB medicines in the past? | YES ........................................................ 1 NO ........................................................................................................ DON'T KNOW .......... |  |
| 915 | Where did you get the anti-TB medicines for the treatment? | PUBLIC SECTOR <br> GOVT. HOSPITAL/CLINIC $\qquad$ .11 <br> RURAL/URBAN HEALTH CENTER ..... 12 <br> OUTREACH CLINIC $\qquad$ 13 <br> OTHER PUBLIC $\qquad$ 16 <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PVT. HOSPITAL/CLINIC....................... 21 <br> PHARMACY........................................ 22 <br> PRIVATE DOCTOR ............................. 23 <br> NGO CLINIC ....................................... 24 <br> OTHER PVT. MEDICAL $\qquad$ 26 <br> (SPECIFY) <br> OTHER $\qquad$ |  |
| 916 | How long did you continuously take the anti-TB medicines? | WEEKS 1 <br> MONTHS <br> YEARS $\qquad$ <br> DON'T KNOW $\qquad$ 998 |  |
| 917 | RECORD THE TIME. | HOURS <br> MINUTES |  |

## INTERVIEWER'S OBSERVATIONS

TO BE FILLED IN AFTER COMPLETING INTERVIEW
COMMENTS ABOUT RESPONDENT:
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
COMMENTS ON SPECIFIC QUESTIONS:

ANY OTHER COMMENTS:

SUPERVISOR'S OBSERVATIONS

NAME OF THE SUPERVISOR:
DATE: $\qquad$

EDITOR'S OBSERVATIONS
$\qquad$
$\qquad$
$\qquad$
$\qquad$ $\longrightarrow$

NAME OF EDITOR:
_DATE: $\qquad$

| Age | $\begin{gathered} \text { Has not } \\ \text { had } \\ \text { birthday } \\ \text { in } \\ 2003 \\ \hline \end{gathered}$ | Has already had birthday in 2003 | Age | Has not had birthday in 2003 | Has already had birthday in 2003 |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Don't Know |  |  | Don't Know |  |
| 0 | 2002 | -- | 30 | 1972 | 1973 |
| 1 | 2001 | 2002 | 31 | 1971 | 1972 |
| 2 | 2000 | 2001 | 32 | 1970 | 1971 |
| 3 | 1999 | 2000 | 33 | 1969 | 1970 |
| 4 | 1998 | 1999 | 34 | 1968 | 1969 |
|  |  |  |  |  |  |
| 5 | 1997 | 1998 | 35 | 1967 | 1968 |
| 6 | 1996 | 1997 | 36 | 1966 | 1967 |
| 7 | 1995 | 1996 | 37 | 1965 | 1966 |
| 8 | 1994 | 1995 | 38 | 1964 | 1965 |
| 9 | 1993 | 1994 | 39 | 1963 | 1964 |
|  |  |  |  |  |  |
| 10 | 1992 | 1993 | 40 | 1962 | 1963 |
| 11 | 1991 | 1992 | 41 | 1961 | 1962 |
| 12 | 1990 | 1991 | 42 | 1960 | 1961 |
| 13 | 1989 | 1990 | 43 | 1959 | 1960 |
| 14 | 1988 | 1989 | 44 | 1958 | 1959 |
|  |  |  |  |  |  |
| 15 | 1987 | 1988 | 45 | 1957 | 1958 |
| 16 | 1986 | 1987 | 46 | 1956 | 1957 |
| 17 | 1985 | 1986 | 47 | 1955 | 1956 |
| 18 | 1984 | 1985 | 48 | 1954 | 1955 |
| 19 | 1983 | 1984 | 49 | 1953 | 1954 |
|  |  |  |  |  |  |
| 20 | 1982 | 1983 | 50 | 1952 | 1953 |
| 21 | 1981 | 1982 | 51 | 1951 | 1952 |
| 22 | 1980 | 1981 | 52 | 1950 | 1951 |
| 23 | 1979 | 1980 | 53 | 1949 | 1950 |
| 24 | 1978 | 1979 | 54 | 1948 | 1949 |
|  |  |  |  |  |  |
| 25 | 1977 | 1978 | 55 | 1947 | 1948 |
| 26 | 1976 | 1977 | 56 | 1946 | 1947 |
| 27 | 1975 | 1976 | 57 | 1945 | 1946 |
| 28 | 1974 | 1975 | 58 | 1944 | 1945 |
| 29 | 1973 | 1974 | 59 | 1943 | 1944 |

INSTRUCTIONS:
ONLY ONE CODE SHOULD APPEAR IN ANY BOX.
FOR COLUMNS 1 AND 4, ALL MONTHS SHOULD BE FILLED IN.
INFORMATION TO BE CODED FOR EACH COLUMN
COL.1: BIRTHS, PREGNANCIES, CONTRACEPTIVE USE **

| B | BIRTHS |
| :--- | :--- |
| P | PREGNANCIES |
| T | TERMINATIONS |

0 NO METHOD
FEMALE STERILIZATION
MALE STERILIZATION
PILL
IUD
INJECTABLES
CONDOM
DIAPHRAGM
FOAM/JELLY
IMPLANTS
FEMALE CONDOM
MUCUS, BILLINGS, OVULATION
BASAL BODY TEMPERATURE
SYMPTOTHERMAL
STANDARD DAYS METHOD
LACTATIONAL AMENORRHEA METHOD
EMERGENCY CONTRACEPTION
N CALENDAR/RHYTHM/PERIODIC ABSTINENCE
WITHDRAWAL
OTHER
(SPECIFY)
COL. 2: SOURCE OF CONTRACEPTION
1 GOVT. HOSPITAL
2 RURAL/URBAN HEALTH CENTER
BARANGAY HEALTH STATION
BARANGAY SUPPLY/SERVICE POINT OFFICER/BHW
OTHER PUBLIC
PRIVATE HOSPITAL/CLINIC
PHARMACY
PRIVATE DOCTOR
PRIVATE NURSE/MIDWIFE
NGO
INDUSTRY-BASED CLINIC
OTHER PRIVATE MEDICAL
PUERICULTURE CENTER
STORE
F CHURCH
OTHER $\qquad$
(SPECIFY)
COL. 3: DISCONTINUATION OF CONTRACEPTIVE USE 0 INFREQUENT SEX/HUSBAND AWAY/OLD
1 BECAME PREGNANT WHILE USING WANTED TO BECOME PREGNANT HUSBAND/PARTNER DISAPPROVED WANTED MORE EFFECTIVE METHOD
HEALTH CONCERNS
SIDE EFFECTS
NACCESSIBLE/UNAVAILABLE
8 COSTS TOO MUCH
9 INCONVENIENT TO USE
A FATALISTIC
B DIFFICULT TO GET
PREGNANT/MENOPAUSE/HYSTERECTOMY
C MARITAL DISSOLUTION/SEPARATION
X OTHER
(SPECIFY)
z DON'T KNOW
COL.4:
MARRIAGE/UNION
X IN UNION (MARRIED OR LIVING TOGETHER)
0 NOT IN UNION

CONVERSION TABLE FROM POUNDS AND OUNCES TO GRAMS

| Pounds and Ounces |  |  | Grams | Pounds and Ounces |  |  | Grams | Pounds and Ounces |  |  | Grams | Pounds and Ounces |  |  | Grams |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 3 lbs | , | 0 oz | 1361 | 5 lbs |  | 0 oz | 2268 | 7 lbs |  | 0 oz | 3175 | 9 lbs |  | 0 oz | 4082 |
| " |  | 1 oz | 1389 | " |  | 1 oz | 2296 |  |  | 1 oz | 3204 |  |  | 1 oz | 4110 |
| " | , | 2 oz | 1418 | " |  | 2 oz | 2325 | " |  | 2 oz | 3232 | " |  | 2 oz | 4139 |
| " |  | 3 oz | 1446 | " |  | 3 oz | 2353 | " |  | 3 oz | 3260 | " |  | 3 oz | 4167 |
| " |  | 4 oz | 1474 | " |  | 4 oz | 2381 | " |  | 4 oz | 3289 | " |  | 4 oz | 4195 |
| " |  | 5 oz | 1503 | " |  | 5 oz | 2410 | " |  | 5 oz | 3317 | " |  | 5 oz | 4224 |
| " |  | 6 oz | 1531 | " |  | 6 oz | 2438 | " |  | 6 oz | 3345 | " |  | 6 oz | 4252 |
| " |  | 7 oz | 1559 | " |  | 7 oz | 2466 | " |  | 7 oz | 3374 | " |  | 7 oz | 4280 |
| " |  | 8 oz | 1588 | " |  | 8 oz | 2495 | " |  | 8 oz | 3402 | " |  | 8 oz | 4309 |
| " |  | 9 oz | 1616 | " |  | 9 oz | 2523 | " |  | 9 oz | 3430 | $\cdots$ |  | 9 oz | 4337 |
| " | , | 10 oz | 1644 | " |  | 10 oz | 2552 | " |  | 10 oz | 3459 | $\cdots$ |  | 10 oz | 4366 |
| " | , | 11 oz | 1673 | " |  | 11 oz | 2580 | " |  | 11 oz | 3487 | " |  | 11 oz | 4394 |
| " | , | 12 oz | 1701 | " |  | 12 oz | 2608 | " |  | 12 oz | 3515 | " |  | 12 oz | 4422 |
| " | , | 13 oz | 1729 | " |  | 13 oz | 2637 | " |  | 13 oz | 3544 | " |  | 13 oz | 4451 |
| " | , | 14 oz | 1758 | " |  | 14 oz | 2665 | " |  | 14 oz | 3572 | $\cdots$ |  | 14 oz | 4479 |
| " |  | 15 oz | 1786 | " |  | 15 oz | 2693 | " |  | 15 oz | 3600 | " |  | 15 oz | 4507 |
| 4 lbs | , | 0 oz | 1814 | 6 lbs |  | 0 oz | 2722 | 8 lbs |  | 0 oz | 3629 | 10 lbs |  | 0 oz | 4536 |
| " |  | 1 oz | 1843 | " |  | 1 oz | 2750 | " |  | 1 oz | 3657 | " |  | 1 oz | 4564 |
| " |  | 2 oz | 1871 | " |  | 2 oz | 2778 | " |  | 2 oz | 3686 | " |  | 2 oz | 4592 |
| " |  | 3 oz | 1899 | " |  | 3 oz | 2807 | " |  | 3 oz | 3714 | " |  | 3 oz | 4621 |
| " |  | 4 oz | 1928 | " |  | 4 oz | 2835 | " |  | 4 oz | 3742 | $\cdots$ |  | 4 oz | 4649 |
| " |  | 5 oz | 1956 | " |  | 5 oz | 2863 | " |  | 5 oz | 3771 | " |  | 5 oz | 4677 |
| " |  | 6 oz | 1984 | " |  | 6 oz | 2892 | " |  | 6 oz | 3799 | " |  | 6 oz | 4706 |
| " |  | 7 oz | 2013 | " |  | 7 oz | 2920 | " |  | 7 oz | 3827 | " |  | 7 oz | 4734 |
| " |  | 8 oz | 2041 | " |  | 8 oz | 2948 | " |  | 8 oz | 3856 |  |  | 8 oz | 4762 |
| " |  | 9 oz | 2070 | " |  | 9 O | 2977 | " |  | 9 Oz | 3884 | " |  | 9 oz | 4791 |
| " |  | 11 oz | 2126 | " |  | 11 oz | 3033 | " |  | 11 oz | 3941 | " |  | 11 oz | 4847 |
| " |  | 12 oz | 2155 | " |  | 12 oz | 3062 | " |  | 12 oz | 3969 | " |  | 12 oz | 4876 |
| " |  | 13 oz | 2183 | " |  | 13 oz | 3090 | " |  | 13 oz | 3998 | " |  | 13 oz | 4904 |
| " |  | 14 oz | 2211 | " |  | 14 oz | 3119 | " |  | 14 oz | 4026 | " |  | 14 oz | 4933 |
| " | , | 15 oz | 2240 | " | , | 15 oz | 3147 | " |  | 15 oz | 4054 | " |  | 15 oz | 4961 |



## AGE - BIRTH YEAR CONSISTENCY CHART



| Age | ```Has not had birthday in 2003``` | Has already had birthday in 2003 |
| :---: | :---: | :---: |
|  | Don't Know |  |
| 30 | 1972 | 1973 |
| 31 | 1971 | 1972 |
| 32 | 1970 | 1971 |
| 33 | 1969 | 1970 |
| 34 | 1968 | 1969 |
|  |  |  |
| 35 | 1967 | 1968 |
| 36 | 1966 | 1967 |
| 37 | 1965 | 1966 |
| 38 | 1964 | 1965 |
| 39 | 1963 | 1964 |
|  |  |  |
| 40 | 1962 | 1963 |
| 41 | 1961 | 1962 |
| 42 | 1960 | 1961 |
| 43 | 1959 | 1960 |
| 44 | 1958 | 1959 |
|  |  |  |
| 45 | 1957 | 1958 |
| 46 | 1956 | 1957 |
| 47 | 1955 | 1956 |
| 48 | 1954 | 1955 |
| 49 | 1953 | 1954 |
|  |  |  |
| 50 | 1952 | 1953 |
| 51 | 1951 | 1952 |
| 52 | 1950 | 1951 |
| 53 | 1949 | 1950 |
| 54 | 1948 | 1949 |
|  |  |  |
| 55 | 1947 | 1948 |
| 56 | 1946 | 1947 |
| 57 | 1945 | 1946 |
| 58 | 1944 | 1945 |
| 59 | 1943 | 1944 |

## INTRODUCTION AND CONSENT

Hello. My name is $\qquad$ and I am working with the Philippines National Statistics Office. We are conducting a national survey about the health of men, women and children. We would very much appreciate your participation in this survey. I would like to ask you some questions about yourself and your family. This information will help the government to plan health services. Whatever information you provide will be kept strictly confidential and will not be shown to other persons.

Do you have any questions about the survey? May I begin the interview now?

SIGNATURE OF INTERVIEWER:
DATE: $\qquad$

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP TO |
| :---: | :---: | :---: | :---: |
| 101 | RECORD THE TIME STARTED. | HOUR.. $\qquad$ MINUTES $\qquad$ |  |
| 102 | First I would like to ask some questions about you. <br> For most of the time until you were 12 years old, did you live in a city, in a town/poblacion, or in the barrio/rural area? |  |  |
| 103 | How long have you been living continuously in (NAME OF CURRENT PLACE OF RESIDENCE)? <br> IF LESS THAN ONE YEAR, RECORD '00' YEARS. | YEARS ................................... $\quad . \quad$. SINCE BIRTH ........................................................................................................ |  |
| 104 | Just before you moved here, did you live in a city, in a town/poblacion, or in the barrio/rural area? | CITY ............................................................................................................. 3 TOWN/POBLACION................... |  |
| 105 | In the last 12 months, on how many separate occasions have you traveled away from your barangay and slept away? | NUMBER OF TRIPS AWAY $\square$ <br> NONE $\qquad$ 00 | $107$ |
| 106 | In the last 12 months, have you been away from your barangay for more than 1 month at a time? | YES ............................................................................................................................ |  |
| 107 | In what month and year were you born? |  |  |
| 108 | How old were you at your last birthday? <br> COMPARE AND CORRECT 107 AND/OR 108 IF INCONSISTENT. | AGE IN COMPLETED YEARS ....... $\square$ |  |
| 109 | Have you ever attended school? | $\begin{aligned} & \text { YES ....................................................................................................................... } \\ & \text { NO ....... } \end{aligned}$ | $\rightarrow 112$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP TO |
| :---: | :---: | :---: | :---: |
| 110 | What is the highest grade/year you completed? |  |  |
| 111 | CHECK 110:  <br> ELEMENTARY  <br> GRADUATE OR  <br> LOWER $\quad \square$ YEAR SCHOOL 1 OR HIGHER $\quad \square$ |  | 115 |
| 112 | Now I would like you to read this sentence to me. <br> SHOW CARD TO RESPONDENT. <br> IF RESPONDENT CANNOT READ WHOLE SENTENCE, PROBE: Can you read any part of the sentence to me? |  | $\rightarrow 117$ |
| 113 | Have you ever participated in a literacy program or any other program that involves learning to read or write (not including primary school)? | YES .......................................................................................................... |  |
| 114 | CHECK 112: |  | 116 |
| 115 | Do you read a newspaper or magazine daily, at least once a week, less than once a week or not at all? | DAILY ....................................................... 1 AT LEAST ONCE A WEEK ......................... 2 LESS THAN ONCE A WEEK ................ 3 NOT AT ALL .............................................. 4 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP TO |
| :---: | :---: | :---: | :---: |
| 116 | Do you watch television daily, at least once a week, less than once a week or not at all? | DAILY ..................................................... 1 AT LEAST ONCE A WEEK .......................... 2 LESS THAN ONCE A WEEK ............... 3 NOT AT ALL ............................................. 4 |  |
| 117 | Do you listen to the radio daily, at least once a week, less than once a week or not at all? | DAILY ...................................................... 1 AT LEAST ONCE A WEEK ......................... 2 LESS THAN ONCE A WEEK ....................................................................... |  |
| 118 | Are you currently working? | YES .............................................................................................................. 1 | -121 |
| 119 | Have you done any work in the last 12 months? |  | $\rightarrow 121$ |
| 120 | What have you been doing for most of the time over the last 12 months? | GOING TO SCHOOL/STUDYING ............. 1 $\qquad$ <br> INACTIVE $\qquad$ 3 <br> COULD NOT WORK/HANDICAPPED ...... 4 <br> RETIRED $\qquad$ 5 <br> OTHER $\qquad$ 6 <br> (SPECIFY) | $\rightarrow 128$ |
| 121 | What is your occupation, that is, what kind of work do you mainly do? |  |  |
| 122 | CHECK 121: <br> DOES NOT WORK IN AGRICULTURE |  | $\rightarrow 124$ |
| 123 | Do you work mainly on your own land or on family land, or do you work on land that you rent from someone else, or do you work on someone else's land? | OWN LAND ............................................ 1 FAMILY LAND ............................................................................................................................... RENTED LAND SOMEONE ELSE'S LAND ....... |  |
| 124 | During the last 12 months, how many months did you work? | NUMBER OF MONTHS ................ $\square^{\square}$ |  |
| 125 | Are you paid in cash only, in cash and in kind, or in kind only for this work or are you not paid at all? | CASH ONLY ........................................... 1 CASH AND KIND ........................................................................................................................................ IN KIND ONLY..... NOT PAID....... | $\mapsto 127$ |
| 126 | Who mainly decides how the money you earn will be used? |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP TO |
| :---: | :---: | :---: | :---: |
| 127 | On average, how much of your household's expenditures do your earnings pay for: almost none, less than half, about half, more than half, or all? | ALMOST NONE $\qquad$ 1 <br> LESS THAN HALF $\qquad$ 2 <br> ABOUT HALF $\qquad$ .3 <br> MORE THAN HALF. $\qquad$ 4 <br> ALL $\qquad$ 5 <br> NONE, HIS INCOME IS ALL SAVED....... 6 |  |
| 128 | What is your religion? |  |  |
| 129 | How do you classify yourself? Are you a Tagalog, Cebuano, llocano, Ilonggo, Bicolano, Waray, Kapampangan, or something else? |  |  |



| Now I would like to talk about the various ways or methods that a man or woman can use to delay or avoid a pregnancy ENCIRCLE CODE 1 IN 301 FOR EACH METHOD MENTIONED SPONTANEOUSLY. THEN PROCEED DOWN COLUMN 301, READING THE NAME AND DESCRIPTION OF EACH METHOD NOT MENTIONED SPONTANEOUSLY. ENCIRCLE CODE 1 IF METHOD IS RECOGNISED, AND CODE 2 IF NOT RECOGNISED. THEN, FOR EACH METHOD WITH CODE 1 ENCIRCLED IN 301, ASK 302. |  |  |  |
| :---: | :---: | :---: | :---: |
| 301 | Which ways or methods have you heard about? <br> FOR METHODS NOT MENTIONED SPONTANEOUSLY, ASK: Have you ever heard of (METHOD)? |  | 302 Have you ever used (Have you ever had a partner who used) (METHOD)? |
| 01 | LIGATION/FEMALE STERILIZATION Women can have an operation to avoid having any more children. | $\begin{array}{r} \text { YES ............................. } 1 \\ \text { NO .......................... } 2 \\ \downarrow \end{array}$ | Have you ever had a partner who had an operation to avoid having any more children? |
| 02 | VASECTOMY/MALE STERILIZATION Men can have an operation to avoid having any more children. | YES .............................. 1 <br> NO ......................... 2 <br>  | Have you ever had an operation to avoid having any more children? |
| 03 | PILL Women can take a pill every day to avoid becoming pregnant. |  | YES................................................................................................................................ NO DON'T KNOW....... |
| 04 | IUD Women can have a loop or coil placed inside them by a doctor or a nurse. |  | YES................................................................................................................................ NO DON'T KNOW....... |
| 05 | INJECTABLES Women can have an injection by a health provider that stops them from becoming pregnant for one or more months. |  | YES....................................................................................................................................... NO DON'T KNOW........ |
| 06 | CONDOM Men can put a rubber sheath on their penis before sexual intercourse. |  | YES................................................................................................................................ NO DON'T KNOW........ |
| 07 | DIAPHRAGM Women can place a thin flexible disk in their vagina before intercourse. | YES .............................. 1 NO ................................ 2 | YES.................................................................................................................................. NO DON'T KNOW........ |
| 08 | FOAM OR JELLY Women can place a suppository, jelly, or cream in their vagina before intercourse. | YES .............................. 1 NO ............................... 2 | YES................................................................................................................................. NO DON'T KNOW........ |
| 09 | IMPLANTS Women can have several small rods placed in their upper arm by a doctor or nurse which can prevent pregnancy for one or more years. |  | YES................................................................................................................................ NO DON'T KNOW....... |
| 10 | FEMALE CONDOM Women can place a sheath in their vagina before sexual intercourse. |  | YES................................................................................................................................ NO DON'T KNOW....... |
| 11 | MUCUS, BILLINGS, OVULATION Women can monitor the cervical mucus to determine the days of the month they are most likely to get pregnant. |  | YES................................................................................................................................ NO DON'T KNOW........ |
| 12 | BASAL BODY TEMPERATURE Women can monitor the body temperature to determine the days of the month they are most likely to get pregnant. |  | YES................................................................................................................................. NO DON'T KNOW........ |
| 13 | SYMPTOTHERMAL It is combination of Basal Body Temperature and Mucus, Billings, Ovulation method. | YES ............................................................................. NO | YES.................................................................................................................................. NO DON'T KNOW........ |
| 14 | STANDARD DAYS METHOD (SDM) This method uses a beaded necklace on which each bead represents the days of a woman's cycle. The necklace would help determine the days when the woman is likely to get pregnant. |  | YES............................................................................................................................... NO DON'T KNOW....... |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP TO |
| :---: | :---: | :---: | :---: | :---: |
| 301 | CONTINUATION... |  | 302 CONTINUATION... |  |
| 15 | LACTATIONAL AMENORRHEA METHOD (LAM) Method used by women with less than 6 months old baby whose period has not returned and are breastfeeding the baby day and night. The baby maybe given little food or drink except breastmilk. | YES ............................. 1 NO ................................ 2 |  |  |
| 16 | EMERGENCY CONTRACEPTION Women can take pills up to three days after sexual intercourse to avoid becoming pregnant. | YES ............................. 1 <br> NO ................................ 2 <br>  | YES................................................ 1NO ........................................................................ 8DON'T KNOW................... |  |
| 17 | CALENDAR OR RHYTHM OR PERIODIC ABSTINENCE Every month that a woman is sexually active she can avoid pregnancy by not having sexual intercourse on the days of the month she is most likely to get pregnant. | YES ............................. 1 | YES......................................................................................................................................................NO |  |
| 18 | WITHDRAWAL Men can be careful and pull out before climax. | YES .................................................................... NO | YES.......................................................................................................................................................NO |  |
| 19 | Have you heard of any other ways or methods that women or men can use to avoid pregnancy? | YES ............................... 1 <br> (SPECIFY) <br> (SPECIFY) <br> NO .............................. 2 | YES <br> NO $\qquad$ <br> YES $\qquad$ <br> NO $\qquad$ | $\ldots . . . . . . . . . . . . . ~$ $\ldots$ $\ldots . . . . . . . . . . . . ~$ . |
| 302A | CHECK 301: <br> AT LEAST ONE 'YES' NOT A SINGLE 'YES' ENCIRCLED <br> ENCIRCLED (EVER HEARD) (NEVER HEARD) |  |  | 303 |
| 302B | NOT A SINGLE "YES" <br> AT LEAST <br> (NEVER USED) $\square$ ONE "YES" |  |  | $\rightarrow 302 \mathrm{E}$ |
| 302C | Have you ever used anything or tried in any way to delay or avoid a pregnancy? |  |  | $\rightarrow 303$ |
| 302D | What have you used or done? <br> CORRECT 302 AND 302A (AND 301 IF NECESSARY). |  |  |  |
| 302E | CHECK 301 (02): VASECTOMY/MALE STERILIZATION <br> CODE '1' <br> CODE '2' <br> ENCIRCLED ENCIRCLED |  |  | $\rightarrow 302 \mathrm{H}$ |
| 302F | CHECK 302 (02): VASECTOMY/MALE STERILIZATION |  |  | $\rightarrow 302 \mathrm{H}$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP TO |
| :---: | :---: | :---: | :---: |
| 302G | What have you heard about vasectomy or male sterilization? <br> Anything else? <br> RECORD ALL MENTIONED. | PERMANENT/EFFECTIVE METHOD .....A <br> SIMPLE/SAFE SURGERY $\qquad$ B <br> NO EFFECT ON SEXUAL ACTIVITY ......C <br> NO SERIOUS SIDE EFFECTS ................D <br> NONE OF THE ABOVE $\qquad$ E <br> NONE/DON'T KNOW. $\qquad$ |  |
| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP TO |
| 302H | CHECK 301 (06): CONDOM |  | $\rightarrow 302 \mathrm{~K}$ |
| 3021 | CHECK 302 (06): CONDOM |  | $\rightarrow 302 \mathrm{~K}$ |
| 302J | What have you heard about condoms? <br> Anything else? <br> RECORD ALL MENTIONED. | PREVENT STDs/STIs $\qquad$ <br> PRACTICAL/EASY TO USE $\qquad$ B <br> AVAILABLE IN STORES. $\qquad$ C <br> RUBBER SHEATH PUT ON PENIS <br> DURING SEX. $\qquad$ <br> PREVENT FERTILIZATION. $\qquad$ E <br> NO NEED FOR MEDICAL CONSULTATION ................................ F <br> NONE OF THE ABOVE $\qquad$ G <br> NONE/DON'T KNOW. |  |
| 302K | Now I would like to ask you about the first time you did something or used a method to avoid a pregnancy. <br> How many living children did you have at that time, if any? <br> IF NONE, RECORD ‘00’. | NUMBER OF CHILDREN ............. $\square$ |  |
| 302L | How old were you when you started using a method of family planning? | AGE........................................ |  |
| 303 | Now I would like to ask you about a woman's risk of pregnancy. <br> From one menstrual period to the next, is there a time when woman is more likely to become pregnant if she has sexual relations? | YES ........................................................... 1 NO ................................................................ 2 DON'T KNOW ............................................. 8 | $\rightarrow 305$ |
| 304 | Is this time just before her period begins, during her period, right after her period has ended, or halfway between two periods? | JUST BEFORE HER PERIOD <br> BEGINS $\qquad$ 1 <br> DURING HER PERIOD $\qquad$ 2 <br> RIGHT AFTER HER PERIOD HAS <br> ENDED. $\qquad$ 3 <br> HALFWAY BETWEEN TWO PERIODS... 4 <br> OTHER $\qquad$ 6 (SPECIFY) <br> DON'T KNOW $\qquad$ 8 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP TO |
| :---: | :---: | :---: | :---: |
| 305 | Do you think that a woman who is breastfeeding her baby can become pregnant? |  |  |
| 306 | I will now read to you some statements about contraception. Please tell me if you agree or disagree with each one. <br> a) Contraception is women's business and a man should not have to worry about it. <br> b) Women who use contraception may become promiscuous. <br> c) A woman is the one who gets pregnant so she should be the one to use contraception. | DIS- <br> AGREE AGREE DK <br> a) CONTRACEPTION <br> WOMAN'S <br> BUSINESS $\qquad$ 1 <br> 28 <br> b) PROMISCUOUS $\qquad$ 1 <br> 2 <br> c) ONLY WOMEN SHOULD USE CONDOM................. 1 |  |
| 307 | CHECK 301(02) AND 302(02): KNOWLEDGE AND USE OF MALE STE <br> HAS HEARD OF MALE $\square$ OTHER STERILIZATION BUT IS NOT STERILIZED | ILIZATION | -401 |
| 308 | Once you have had all the children you want, would you yourself ever consider getting sterilized/vasectomized? | WOULD NOT CONSIDER ....................... 1 <br> WOULD CONSIDER............................... 2 <br> UNSURE/DEPENDS............................... 3 <br> WIFE ALREADY STERILIZED. $\qquad$ 4 | $\rightarrow 401$ |
| 309 | Why would you never consider getting sterilized/vasectomized? <br> PROBE: Any other reasons? <br> RECORD ALL REASONS MENTIONED. | AGAINST RELIGION $\qquad$ A <br> BAD FOR MAN'S HEALTH. $\qquad$ B <br> OPERATION NOT SAFE $\qquad$ C <br> OTHER WAYS AVAILABLE. $\qquad$ D <br> MAY WANT MORE CHILDREN/MAY <br> WANT TO REPLACE CHILD <br> WHO DIED. $\qquad$ E <br> MAY REMARRY SOME DAY. $\qquad$ F <br> COST TOO MUCH/LOSS OF WAGES....G <br> LOSS OF SEXUAL FUNCTION...............H <br> LOSS OF MANLINESS. $\qquad$ I <br> OTHER $\qquad$ x |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  |  | SKIP TO |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 401 | Are you currently married or living with a woman? | YES, CURRENTLY MARRIED ..................... 1 <br> YES, LIVING WITH A WOMAN .................... 2 <br> NO, NOT IN UNION $\qquad$ |  |  | $\rightarrow 406$ |
| 402 | How many wife/living-in partner do you currently have? | NUMBER OF WIFE/ LIVING-IN PARTNER |  |  |  |
| 405 | Apart form the woman/women you have already mentioned, do you currently have any other regular, occasional, or regular and occasional sexual partners? |  |  |  | $\rightarrow 409$ |
| 406 | Do you currently have regular, occasional, regular and occasional, or no sexual partner? | REGULAR PARTNER(S) ONLY $\qquad$ OCCASIONAL PARTNER(S) ONLY ............. 2 REGULAR AND OCCASIONAL PARTNERS $\qquad$ .3 <br> NO SEXUAL PARTNER $\qquad$ 4 |  |  |  |
| 407 | Have you ever been married or lived with a woman? | YES, FORMERLY MARRIED ONLY .............. 1YES, LIVED WITH A WOMAN ONLY ............. 2YES, BOTH.......................................................................................................................... <br> NO$\rightarrow 411$ |  |  |  |
| 408 | What is your marital status now: are you widowed, divorced, or separated? | WIDOWED. <br> DIVORCED <br> SEPARATED |  |  |  |
| 409 | WRITE THE LINE NUMBERS FROM THE HOUSEHOLD QUESTIONNAIRE FOR EACH WIFE/LIVING-IN PARTNER REPORTED IN QUESTIONS 402 ONLY. IF A WIFE/LIVING-IN PARTNER IS NOT LISTED IN THE HOUSEHOLD SCHEDULE, RECORD '00' IN THE LINE NUMBER BOXES. THE NUMBER OF LINES FILLED IN MUST BE EQUAL TO THE NUMBER OF WIVES AND LIVING-IN PARTNERS . (IF RESPONDENT HAS MORE THAN FOUR WIVES/ LIVING-IN PARTNERS USE ADDITIONAL QUESTIONNAIRE(S).) |  |  |  |  |
|  | CHECK 402: <br> NAME OF WIFE/LIVING-IN PARTNER <br> 1 $\qquad$ <br> 2 $\qquad$ <br> 3 $\qquad$ <br> 4 $\qquad$ | LINE NUMBER IN HHD. QUEST $\square$ $\square$ $\square$ $\square$ | WIFE <br> 1 <br> 1 <br> 1 <br> 1 | LIVING-IN PARTNER <br> 2 <br> 2 <br> 2 <br> 2 |  |
| 410 | CHECK 409: <br> MORE THAN ONE WIFE/LIVING-IN PARTNER |  |  |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP TO |
| :---: | :---: | :---: | :---: |
| 411 | Have you been married or lived with a woman only once, or more than once? | ONCE $\qquad$ | $\rightarrow 414$ |
| 412 | Have you ever been married to or lived as if married to any woman other than those you have just mentioned? |  | $\rightarrow 414$ |
| 413 | In total, how many women have you been married to or lived with as if married in your whole life? | NUMBER OF WOMEN ..................... $\square$ |  |
| 414 | CHECK 409 AND 411: <br> ONLY ONE WIFE/ LIVING-IN PARTNER AND 411=1 <br> In what month and year did you <br> Now we will talk about your first start living with your wife/living-in wife/living-in partner. partner? <br> In what month and year did you start living with her? | MONTH............................................... L | $\rightarrow 416$ |
| 415 | How old were you when you started living with her (first wife/living-in partner)? | AGE ......................................... |  |
| 416 | Now I need to ask you some questions about sexual activity in order to gain a better understanding of some family life issues. <br> How old were you when you first had sexual intercourse with a woman (if ever)? | NEVER $\qquad$ .00 <br> AGE IN YEARS $\qquad$ <br> FIRST TIME WHEN STARTED LIVING WITH (FIRST) WIFE/PARTNER. $\qquad$ 95 | $\rightarrow 428$ |
| 416A | CHECK 108: |  | $\rightarrow 417$ |
| 416B | The first time you had sexual intercourse, was a condom used? | YES............................................................................................................................ 2 NO |  |
| 417 | How long ago was the last time you had sexual intercourse with a woman? <br> RECORD 'YEARS AGO' ONLY IF LAST INTERCOURSE WAS ONE OR MORE YEARS AGO. IF 12 MONTHS OR MORE, ANSWER MUST BE RECORDED IN YEARS. | DAYS <br> WEEKS <br> MONTHS <br> YEARS. | $\rightarrow 428$ |
| 418 | The last time you had sexual intercourse with a woman, was a condom used? |  | $\rightarrow 420$ |
| 419 | What is the main reason you used a condom on that occasion? |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES ${ }^{\text {SKIP TO }}$ |
| :---: | :---: | :---: |
| 420 | CHECK 302(02): <br> RESPONDENT <br> RESPONDENT <br> NOT STERILIZED STERILIZED | $\rightarrow 424$ |
| 421 | The last time you had sexual intercourse with a woman, did you or she do something or use any method to avoid a pregnancy? |  |
| 422 | What method was used? <br> IF MORE THAN ONE METHOD USED, RECORD THE HIGHEST METHOD ON THE LIST. |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP TO |
| :---: | :---: | :---: | :---: |
| 423 | What is the main reason a method was not used? | CASUAL SEX PARTNER SO <br> DOES NOT CARE.............................. 11 <br> CONTRACEPTION WOMEN'S <br> BUSINESS .......................................... 12 <br> FERTILITY-RELATED REASONS <br> WIFE/PARTNER MENOPAUSAL/HAD <br> HYSTERECTOMY .......................... 23 <br> COUPLE SUBFECUND/INFECUND...... 24 <br> WIFE/PARTNER WAS PREGNANT ..... 25 <br> WIFE/PARTNER WAS POSTPARTUM <br> AMENORRHEIC............................ 26 <br> WIFEIPARTNER WAS <br> BREASTFEEDING ............................... 27 <br> WANTED (MORE) CHILDREN ............... 28 <br> OPPOSITION TO USE <br> RESPONDENT OPPOSED...................... 31 <br> WIFE/PARTNER OPPOSED............................................................................................. 34 <br> OTHERS OPPOSED <br> RELIGIOUS PROHIBITION............................................................. 52 |  |
| 424 | What is your relationship to the woman with whom you last had sex? <br> IF WOMAN IS "GIRLFRIEND" OR "FIANCÉE", ASK: <br> Was your girlfriend/fiancée living with you when you last had sex with her? <br> IF YES, RECORD '01'. <br> IF NO, RECORD '02'. | SPOUSE/COHABITING PARTNER ............ 01 <br> WOMAN IS GIRLFRIEND/FIANCÉE........... 02 <br> OTHER FRIEND. $\qquad$ 03 <br> CASUAL ACQUAINTANCE......................... 04 <br> RELATIVE $\qquad$ .05 <br> COMMERCIAL SEX WORKER $\qquad$ .06 <br> OTHER $\qquad$ 96 (SPECIFY) | 426 |
| 425 | For how long have you had sexual relations with this woman? <br> IF ONLY HAD SEXUAL RELATIONS WITH THIS WOMAN ONCE, RECORD '01’ DAYS. | DAYS $\qquad$ 1 <br> WEEKS <br> MONTHS <br> YEARS $\qquad$ $\square$ |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP TO |
| :---: | :---: | :---: | :---: |
| 426 | Have you had sex with any other woman in the last 12 months? | YES ............................................................................................................................... NO | $\rightarrow 428$ |
| 427 | In total, with how many different women have you had sex in the last 12 months? | NUMBER OF PARTNERS ................ $\square$ |  |
| 428 | Have you had sex with a man? | YES .......................................................................................................................................... NO | $\rightarrow 430$ |
| 429 | CHECK 416 AND 428: $\begin{gathered} 4 \mathrm{I6} \neq 00 \\ 428 \text { IS NO } \\ 416=00 \\ 416 \text { HAS HA } \\ \text { AND } 428 \text { IS NO } \quad \square \text { HAS NC } \end{gathered}$ | SEXUAL INTERCOURSE WITH A WOMAN <br> HAD SEXUAL INTERCOURSE | $\rightarrow 434$ |
| 430 | How old were you when you first had sex with a man? | AGE IN YEARS |  |
| 431 | The first time you had sex with a man, was a condom used? | YES ........................................................................................................................... NO |  |
| 432 | How long ago was the last time you had sex with a man? | DAYS <br> WEEKS <br> MONTHS <br> YEARS | $\rightarrow 434$ |
| 433 | The last time you had sex with a man, was a condom used? | YES ......................................................................................................................... NO |  |
| 434 | Have you ever paid for sex? | YES ....................................................................................................................................... NO | $\rightarrow 437$ |
| 435 | How long ago was the last time you paid for sex? | DAYS <br> WEEKS <br> MONTHS <br> YEARS |  |
| 436 | The last time that you paid for sex, was a condom used? | YES ............................................................................................................................. NO ........ |  |
| 437 | Do you know of a place where a person can get condoms? | YES ......................................................................................................................... NO | $\rightarrow 440$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP TO |
| :---: | :---: | :---: | :---: |
| 438 | Where is that? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND ENCIRCLE THE APPROPRIATE CODE. <br> (NAME OF PLACE) <br> PROBE: Any other place? <br> RECORD ALL PLACES MENTIONED. | PUBLIC SECTOR <br> GOVERNMENT HOSPITAL $\qquad$ A <br> RURAL/URBAN HEALTH CENTER.......... B <br> BARANGAY HEALTH STATION...............C <br> BARANGAY SUPPLY/ SERVICE POINT OFFICER/BHW $\qquad$ <br> OTHER PUBLIC $\qquad$ E <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PRIVATE HOSPITAL/CLINIC .................. F <br> PHARMACY $\qquad$ G <br> PRIVATE DOCTOR $\qquad$ H <br> PRIVATE NURSE/MIDWIFE $\qquad$ <br> NGO $\qquad$ <br> INDUSTRY-BASED CLINIC $\qquad$ K <br> OTHER PRIVATE <br> MEDICAL $\qquad$ L (SPECIFY) <br> OTHER SOURCE <br> PUERICULTURE CENTER. $\qquad$ M <br> STORE $\qquad$ N <br> CHURCH. $\qquad$ 0 <br> FRIENDS/RELATIVES. $\qquad$ P <br> OTHER $\qquad$ $x$ |  |
| 439 | If you wanted to, could you yourself get a condom? |  |  |
| 440 | CHECK 302(06), 416B, 418, 431, 433, AND 436: USE OF CONDOMS <br> AT LEAST ONE 'YES' <br> OTHER |  | 445 |
| 441 | How old were you when you used a condom for the first time? | AGE AT FIRST USE $\qquad$ $\square$ DOES NOT REMEMBER $\qquad$ |  |
| 442 | Why did you use a condom that first time? <br> PROBE: Any other reason? <br> RECORD ALL REASONS MENTIONED. | TO AVOID PREGNANCY ...........................A <br> TO AVOID GETTING HIVIAIDS ................... B <br> TO AVOID GETTING AN STD $\qquad$ <br> TO AVOID INFECTING PARTNER..............D <br> TO EXPERIMENT/TRY A CONDOM ...........E <br> OTHER $\qquad$ X <br> (SPECIFY) |  |
| 443 | Have you ever experienced any problems with using condoms? | YES .............................................................................................................................. NO ....... | $\rightarrow 445$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP TO |
| :---: | :---: | :---: | :---: |
| 444 | What problems have you experienced? <br> PROBE: Any other problems? <br> RECORD ALL PROBLEMS MENTIONED. | DIFFICULT TO DISPOSE OF ......................A <br> DIFFICULT TO PUT ON/TAKE OFF ............ B <br> SPOILS THE MOOD ...................................C <br> DIMINISHES PLEASURE ...........................D <br> WIFE/PARTNER OBJECTS/DOES <br> NOT LIKE . $\qquad$ <br> WIFE/PARTNER GOT PREGNANT............. F <br> INCONVENIENT TO USE/MESSY ..............G <br> CONDOM BROKE. $\qquad$ <br> OTHER $\qquad$ X <br> (SPECIFY) |  |
| 445 | I will now read you some statements about condom use. Please tell me if you agree or disagree with each. <br> a) Condoms diminish a man's sexual pleasure. <br> b) A condom is very inconvenient to use. <br> c) A condom can be reused. <br> d) A condom protects against disease. <br> e) Buying condoms is embarrassing. <br> f) A woman has no right to ask a man to use a condom. |  |  |

SECTION 5. FERTILITY PREFERENCES

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 501 | CHECK 409: <br> HAS ONE WIFE/ <br> HAS MORE THAN ONE <br> PARTNER WIFE/PARTNER | QUESTION $\quad \square$ SKIPPED | - 505 |
| 502 | (Is your wife/partner/Are any of your wives/partners) currently pregnant? |  |  |
| 503 |  | HAVE A/ANOTHER CHILD ....................... 1 <br> NO MORE/NONE $\qquad$ 2 <br> WIFE/WIVES INFECUND/ <br> STERILIZED $\qquad$ <br> UNDECIDED/DON'T KNOW $\qquad$ 8 | 505 |
| 504 | How long would you like to wait from now before the birth of (a/another) child? |  |  |
| 505 | CHECK 203 AND 205: <br> HAS LIVING CHILDREN NO LIVING CHILDREN <br> If you could go back to the time <br> If you could choose exactly the you did not have any children and number of children to have in your could choose exactly the number whole life, how many would that of children to have in your whole be? life, how many would that be? <br> PROBE FOR A NUMERIC RESPONSE. |  | 507 $\rightarrow 507$ |
| 506 | How many of these children would you like to be boys, how many would you like to be girls and for how many would the sex not matter? |  |  |
| 507 | Would you say that you approve or disapprove of couples using a method to avoid getting pregnant? | APPROVE ............................................... 1 <br> DISAPPROVE $\qquad$ <br> DON'T KNOW/UNSURE $\qquad$ |  |
| 508 | In the last few months have you heard/read/watch about family planning: <br> On the radio? <br> On the television? <br> In a newspaper or magazine? <br> From a poster? <br> From a leaflet or brochure? |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 510 | In the last 12 months, have you discussed the practice of family planning with your friends, neighbors, or relatives? | YES................................................................................................................................. NO | $\rightarrow 512$ |
| 511 | With whom? <br> Anyone else? <br> RECORD ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | WIFE(VES)/PARTNER ............................ A <br> MOTHER $\qquad$ B <br> FATHER $\qquad$ C <br> SISTER(S). $\qquad$ D <br> BROTHER(S) $\qquad$ E <br> DAUGHTER. $\qquad$ F <br> SON. $\qquad$ G <br> MOTHER-IN-LAW $\qquad$ H <br> FATHER-IN-LAW $\qquad$ <br> FRIENDS/NEIGHBORS $\qquad$ <br> OTHER $\qquad$ X |  |
| 512 | In the last 12 months, have you discussed the practice of family planning with a health worker or health professional? | YES......................................................................................................................... NO |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP TO |
| :---: | :---: | :---: | :---: |
| 601 | CHECK 209: <br> HAS HAD ONE OR <br> MORE CHILDREN $\square$ <br> HAS NOT HAD <br> ANY CHILDREN  |  | $\rightarrow 617$ |
| 602 | Please tell me the name and sex of your child (who was born most recently). <br> (NAME OF CHILD) | BOY ............................................................................................................................... |  |
| 603 | In what month and year was (NAME OF CHILD) born? |  |  |
| 603A | How old was (NAME OF CHILD) at his/her last birthday? | AGE IN COMPLETED YEARS ...... $\square$ |  |
| 604 | Is (NAME OF CHILD) still living? |  | $\begin{aligned} & \longrightarrow 606 \\ & \longrightarrow 606 \end{aligned}$ |
| 605 | How old was (NAME OF CHILD) when he/she died? <br> IF '1 YEAR', PROBE: <br> How many months old was (NAME)? <br> RECORD DAYS IF LESS THAN 1 MONTH; MONTHS IF LESS THAN TWO YEARS; OR YEARS. | DAYS .1 <br> MONTHS $\qquad$ <br> YEARS. $\qquad$ $\square$ <br> DON'T KNOW. $\qquad$ 998 |  |
| 606 | What is the name of (NAME OF CHILD)'s mother? <br> WRITE THE CHILD'S MOTHER'S NAME AND HER LINE NUMBER FROM THE HOUSEHOLD QUESTIONNAIRE. <br> IF THE MOTHER IS NOT LISTED IN THE HOUSEHOLD SCHEDULE RECORD '00' <br> NAME OF CHILD'S MOTHER $\qquad$ | LINE NUMBER OF MOTHER IN <br> HH. QUESTIONNAIRE |  |
| 607 | CHECK 603: <br> (LAST) CHILD BORN (LAST ) CHILD IN 1998 OR LATER IN 1997 OR | D BORN ARLIER $\square$ | $\rightarrow 617$ |
| 608 | CHECK 606: <br> OTHER LINE | $\square$ | $\rightarrow 610$ |


| NO. | QUESTIONS AND FILTERS |  | CODING CATEGORIES |  | IP TO |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 609 | What is your relationship with (NAME OF CHILD'S MOTHER)? |  |  |  |  |
| 610 | ASK QUESTIONS 611-612 FIRST FOR PREGNANCY, THEN FOR DELIVERY, AND THEN FOR THE SIX WEEKS AFTER DELIVERY. ALL QUESTIONS REFER TO THE LAST BIRTH. |  |  |  |  |
|  |  | PREGNANCY | DELIVERY | SIX WEEKS AF DELIVERY | TER |
|  | Now, think back to the time when (NAME OF CHILD'S MOTHER) was pregnant with (NAME OF CHILD). | 610A: Did (NAME OF CHILD'S MOTHER) receive any prenatal care from a doctor or any health care provider when she was pregnant with (NAME OF CHILD)? <br>  | 610B: Did a doctor or any health care provider assist with the delivery of (NAME OF CHILD)? <br> YES. <br> (GO TO 611) <br> NO. <br> (SKIP TO 612) <br> DK. <br> (GO TO 610C IN NEXT COLUMN) | 610C: Did (NAME O CHILD'S MOTHER) any care for herself fro doctor or any health provider during the six after this delivery? <br> YES. <br> (GO TO 611) <br> NO. . <br> (SKIP TO 612) <br> DK. ... <br> (SKIP TO 613) | receive <br> om a care x weeks <br>  |
| 611 | Who mainly provided the money or goods or services to pay for this care? |  |  | FREE <br> INSURANCE RESPONDENT CHILD'S MOTHER . RESPONDENT AND CHILDS MOTHER .. RESPONDENT'S <br> FAMILY $\qquad$ CHILD'S MOTHER'S <br> FAMILY $\qquad$ <br> OTHER |  |
| 612 | What was the main reason (NAME OF CHILD'S MOTHER) did not receive any advice or care from a doctor or other health care provider during (pregnancy/ delivery/the six weeks after delivery)? | NOT NECESARRY ........ 01 NOT CUSTOMARY ........ $02-1$ RESPONDENT DIDN'T ALLOW ........... $03-1$ TOO COSTLY ............... $04-1$ TOO FAR/ NO TRANSPORT ............... $05-1$ POOR SRVICE ........... $06-1$ LACK OF KNOWLEDGE ............. $07-1$ OTHER 96 (SPECIFY) (GO TO 610B IN NEXT COLUMN) |  | NOT NECESARRY . NOT CUSTOMARY . RESPONDENT DIDN'T ALLOW.... TOO COSTLY <br> TOO FAR/ NO TRANSPORT <br> POOR SRVICE <br> LACK OF KNOWLEDGE. <br> OTHER <br> (SPECIFY) |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP TO |
| :---: | :---: | :---: | :---: |
| 613 | At any time while (NAME OF CHILD'S MOTHER) was pregnant with (NAME OF CHILD), did you yourself talk with a doctor or any other health care provider about the health of the mother or of the pregnancy? | YES ........................................................................................................ |  |
| 614 | CHECK 602 AND 604: <br> NAME OF (LAST) CHILD $\qquad$ |  | $\rightarrow{ }^{617}$ |
| 615 | Does (NAME OF CHILD) live with you in your household? | YES............................................................................................................... | $\rightarrow 617$ |
| 616 | In your household, who usually decides what to do if (NAME OF CHILD) is ill? <br> RECORD ALL PERSONS MENTIONED. |  |  |
| 617 | Now, I want to talk to you about pregnancy and the health of children. <br> Sometimes a pregnancy can have complications that lead to miscarriage or even death. What are some of the signs and symptoms that indicate that a pregnancy may be in danger? <br> PROBE: Any other signs or symptoms? <br> RECORD ALL SIGNS AND SYMPTOMS MENTIONED. |  |  |
| 618 | When a child has diarrhea, should he/she be given less to drink than usual, about the same amount, or more than usual? | LESS ............................................... 1 ABOUT THE SAME............................................................................................................................... MORE |  |
| 619 | Have you ever heard of a special product called ORESOL/HYDRITE you can get for the treatment of diarrhea? | YES ............................................................................................................. |  |
| 620 | Now, please tell me about yourself. Have you ever smoked cigarettes or tobacco? | YES ................................................................................................... | $\rightarrow 623$ |
| 620A | How old were you when you first smoked cigarettes or tobacco? | AGE .................................. |  |
| 620B | Do you currently smoke cigarettes or tobacco? IF YES: What type of tobacco do you smoke? <br> RECORD ALL TYPES MENTIONED. | YES, CIGARETTES ..........................A YES, PIPE ...........................................B YES, ROLLED TOBACCO ............................................................................... |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP TO |
| :---: | :---: | :---: | :---: |
| 621 | CHECK 620B: |  | $\longrightarrow 623$ |
| 622 | In the last 24 hours, how many cigarettes did you smoke? | CIGARETTES ....................... |  |
| 623 | Have you ever drunk an alcoholic beverage? | YES.................................................................................................................. | $\rightarrow 701$ |
| 624 | In the last month, on how many days did you drink an alcoholic beverage? <br> IF EVERY DAY, RECORD ‘ 30 ’. | NUMBER OF DAYS $\qquad$ $\square$ <br> NONE $\qquad$ .95 |  |
| 625 | Have you ever gotten "drunk" from drinking an alcoholic beverage? | YES...................................................................................................... | $\longrightarrow 701$ |
| 626 | CHECK 624: <br> DRANK ALCOHOL ON AT LEAST ONE DAY $\square$ NONE |  | $\rightarrow 701$ |
| 627 | In the last month, how many times did you get "drunk"? | NUMBER OF TIMES $\square$ NONE 95 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP TO |
| :---: | :---: | :---: | :---: |
| 701 | Now I would like to talk about something else. Have you ever heard of an illness called AIDS? | YES................................................................................................................ 12 NO | $\rightarrow 724$ |
| 702 | Is there anything a person can do to avoid getting AIDS or the virus that causes AIDS? | YES............................................................................................................................................................................................. NO DON'T KNOW....... | $\rightarrow 709$ |
| 703 | What can a person do? <br> Anything else? <br> RECORD ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. |  |  |
| 704 | Can people reduce their chances of getting the AIDS virus by having just one sex partner who has no other partners? | YES.................................................................................................................................................................... 8 NO DON'T KNOW................ |  |
| 705 | Can a person get the AIDS virus from mosquito bites? |  |  |
| 706 | Can people reduce their chances of getting the AIDS virus by using condom every time they have sex? | YES............................................................................................................................................................................ NO DON'.... |  |
| 707 | Can a person get the AIDS virus by sharing food with a person who has HIVIAIDS? |  |  |
| 708 | Can people get the AIDS virus because of witchcraft or other supernatural means? |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP TO |
| :---: | :---: | :---: | :---: |
| 709 | Can you tell from looking at a person that he/she has the AIDS virus? | YES................................................................................................................................................................ 8 NO .......................... DON'T KNOW...... |  |
| 710 | Do you know someone personally who has the virus that causes AIDS or someone who died of HIV/AIDS? |  |  |
| 711 | Can a virus that causes AIDS be transmitted from a mother to a child? |  | $\rightarrow$ 713 |
| 712 | Can the virus that causes AIDS be transmitted from a mother to her child: <br> During pregnancy? <br> During delivery? <br> By breastfeeding? |  YES NO DK <br> DURING PREGNANCY........ 1 2 8  <br> DURING DELIVERY............. 1 2 8  <br> BY BREASTFEEDING........ 1 2 8  |  |
| 712A | Are there any drugs that a woman infected with the AIDS virus can take to reduce the risk of transmission to the baby during pregnancy? |  |  |
| 713 | CHECK 401: <br> YES, CURRENTLY <br> NO, NOT IN UNION MARRIED/LIVING WITH A WOMAN |  | $\rightarrow 715$ |
| 714 | Have you ever talked about ways to prevent getting the virus that causes AIDS with (your wife/woman you are living with)? <br> IF MORE THAN ONE WIFE/PARTNER, ASK ABOUT ANY OF HIS WIVES/PARTNERS. |  |  |
| 715 | In your opinion, is it acceptable or unacceptable for HIV/AIDS to be discussed: <br> on the radio? <br> on the TV? <br> in newspapers? |  |  |
| 716 | If a member of your family got infected with the virus that causes AIDS, would you want it to remain a secret? |  |  |
| 717 | If a relative of yours became sick with the virus that causes AIDS, would you be willing to care for her or him in your own household? | YES............................................................................................................................................. 8 NO DON'T KNOW/UNSURE/DEPENDS ........ |  |
| 718 | If a female teacher has the AIDS virus, should she be allowed to continue teaching in school? | YES ........................................................................................................................................... 8 NO DON'T KNOW /UNSURE/DEPENDS ....... |  |
| 719 | Should children aged 12-14 be taught about using a condom to avoid HIVIAIDS? | YES................................................................................................................................................. 8 NO DON'T KNOW/UNSURE/DEPENDS ........ |  |
| 720 | I don't want to know the results, but have you ever been tested to see if you have the AIDS virus? | YES..................................................................................................................... 1 NO | $\rightarrow 721$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP TO |
| :---: | :---: | :---: | :---: |
| 720A | When was the last time you were tested? | LESS THAN 12 MONTHS ......................... 1 12-23 MONTHS .......................................... 2 2 YEARS OR MORE ................................... 8 |  |
| 720B | The last time you had the test, did you yourself ask for the test, was it offered to you and you accepted, or was it required? | $\begin{aligned} & \text { ASKED FOR THE TEST............................ } 1 \\ & \text { OFFERED AND ACCEPTED ..................... } 2 \\ & \text { REQUIRED.................................................. } 8 \end{aligned}$ |  |
| 720C | I don't want to know the results, but did you get the results of the test? | YES.................................................................................................................................... NO | $\rightarrow 723 \mathrm{~A}$ |
| 721 | Would you want to be tested for the AIDS virus? | YES.............................................................. 1 NO ................................................................ 2 DK/NOT SURE/DEPENDS......................... 8 |  |
| 722 | Do you know a place where you could go to get an AIDS test? | YES.................................................................................................................................... | $\rightarrow 724$ |
| 723 | Where can you go for the test? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER, OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. |  | $\rightarrow 724$ |
| 723A | Where did you go for the test? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER, OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. | ```PUBLIC SECTOR GOVERNMENT HOSPITAL``` $\qquad$ <br> ```.11 \\ RURAL/URBAN HEALTH CENTER.... 12 \\ OTHER PUBLIC``` $\qquad$ <br> ```13 (SPECIFY) \\ PRIVATE MEDICAL SECTOR \\ PRIVATE HOSPITAL``` $\qquad$ <br> ```.21 \\ PRIVATE CLINIC``` $\qquad$ <br> ```.22 \\ PRIVATE DOCTOR............................. 23 \\ NGO``` $\qquad$ <br> ```.24 \\ INDUSTRY-BASED CLINIC``` $\qquad$ <br> ```.25 \\ OTHER PRIVATE MEDICAL``` $\qquad$ <br> ```26 (SPECIFY) \\ OTHER``` $\qquad$ <br> ```96 (SPECIFY)``` |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP TO |
| :---: | :---: | :---: | :---: |
| 724 | Apart from AIDS, have you heard about other infections that can be transmitted through sexual contact? | YES............................................................................................................................. NO ....... | $\rightarrow 727$ |
| 725 | If a man has a sexually transmitted disease, what symptoms might he have? <br> Any others? <br> RECORD ALL MENTIONED. | ABDOMINAL PAIN. $\qquad$ <br> GENITAL DISCHARGE/DRIPPING ..........B <br> FOUL SMELLING DISCHARGE .............. C <br> BURNING PAIN ON URINATION $\qquad$ D <br> REDNESS/INFLAMMATION IN <br> GENITAL AREA $\qquad$ <br> SWELLING IN GENITAL AREA. $\qquad$ F <br> GENITAL SORES/ULCERS. $\qquad$ G <br> GENITAL WARTS. $\qquad$ H <br> GENITAL ITCHING .. $\qquad$ <br> BLOOD IN URINE. $\qquad$ <br> LOSS OF WEIGHT $\qquad$ <br> IMPOTENCE. $\qquad$ <br> OTHER $\qquad$ W (SPECIFY) <br> OTHER $\qquad$ X (SPECIFY) <br> NO SYMPTOMS $\qquad$ Y <br> DON'T KNOW . $\qquad$ |  |
| 726 | If a woman has a sexually transmitted disease, what symptoms might she have? <br> Any others? <br> RECORD ALL MENTIONED. |  |  |
| 727 | CHECK 416 AND 428: <br> HAS HAD SEXUAL <br> HAS NOT HAD INTERCOURSE <br> SEXUAL INTERCOURSE ( $416 \neq 00$ AND/OR 428 IS YES) ( $416=00$ AND 428 IS NO) |  | $\rightarrow 801$ |
| 727A | CHECK 724: <br> KNOWS STI <br> DOES NOT <br> (724 IS YES) <br> KNOW STI <br> (724 IS NO) |  | $\rightarrow 729$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP TO |
| :---: | :---: | :---: | :---: | :---: |
| 728 | Now I would like to ask you some questions about your health in the last 12 months. During the last 12 months, have you had a sexuallytransmitted infection? | YES. <br> NO $\qquad$ <br> DON'T KNOW $\qquad$ | $\begin{gathered} . . . . . . . . . . . ~ \\ . . . . . . . . . . ~ \\ . . . . . . . . ~ \\ . \end{gathered}$ |  |
| 729 | Sometimes, men experience an abnormal discharge from their penis. During the last 12 months, have you had a discharge from your penis? | YES. <br> NO $\qquad$ <br> DON'T KNOW $\qquad$ | $\begin{gathered} . . . . . . . . . . . . ~ \\ . . . . . . . . . ~ \\ \ldots \\ . . . . . . . . . . . ~ \\ \hline \end{gathered}$ |  |
| 730 | Sometimes men have a sore or ulcer on or near their penis. During the last 12 months, have you had a sore or ulcer on or near your penis? | YES. <br> NO $\qquad$ <br> DON'T KNOW $\qquad$ | $\begin{gathered} . . . . . . . . . . . . ~ \\ . . . . . . . . . ~ \\ \ldots \\ . . . . . . . . . . . ~ \\ \hline \end{gathered}$ |  |
| 731 | CHECK 728/729/730: <br> HAS HAD AN INFECTION <br> HAS NOT HAD AN INFECTION <br>  | $\square$ <br> S NOT KNOW |  | 801 |
| 732 | The last time you had (PROBLEM(S) FROM 728/729/730), did you seek any kind of advice or treatment? | YES. No | $\begin{gathered} . . . . . . . . . ~ \\ . . . . . . ~ \\ \hline \end{gathered}$ | $\rightarrow 734$ |
| 733 | The last time you had (PROBLEM(S) FROM 728/729/730), did you do any of the following? Did you.... <br> Go to a health worker, health professional or health facility? <br> Consult a traditional healer? <br> Seek advice or buy medicines in a convenient store or pharmacy? <br> Ask for advice from friends or relatives? | YES HEALTH WORKER/ FACILITY ................ 1 TRADITIONAL HEALER ... 1 CONVENIENT STORE/ PHARMACY ............. 1 FRIENDS/RELATIVES...... 1 | $\begin{gathered} \mathrm{NO} \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \end{gathered}$ |  |
| 734 | When you had (PROBLEM(S) FROM 728/729/730), did you inform the person(s) with whom you were having sex? | YES <br> NO $\qquad$ <br> SOME/NOT AT ALL. <br> DID NOT HAVE A PARTNER. | $\begin{gathered} . . . . . . . . . . . ~ \\ \ldots \\ \ldots . . . . . . . . . . ~ \\ . . . . . . . ~ \\ \ldots \\ \ldots . . . . . . . . ~ \end{gathered}$ | $\rightarrow 801$ |
| 735 | When you had (PROBLEM(S) FROM 728/729/730), did you do anything to avoid infecting your sexual partner(s)? | YES. <br> NO $\qquad$ <br> PARTNER(S) ALREADY INFE | $\begin{aligned} & \ldots . . . . . . . . . . ~ \\ & . . . . . . . . . ~ \\ & \hline \text { D....... } 3 \end{aligned}$ | $\rightarrow 801$ |
| 736 | What did you do to avoid infecting your partner(s)? Did you.... <br> Use medicine? <br> Stop having sex? <br> Use a condom when having sex? | YES USE MEDICINE ................... 1 STOP SEX................ 1 USE CONDOM ................. 1 | $\begin{gathered} \mathrm{NO} \\ 2 \\ 2 \\ 2 \end{gathered}$ |  |


| NO. | QUESTIONS AND FILTERS | CODING CAT | GOR |  | SKIP |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 801 | In a couple, who do you think should have the greater say in each of the following decisions: the husband, the wife or both equally: <br> a) making large household purchases? <br> b) making small daily household purchases? <br> c) deciding when to visit family, friends or relatives? <br> d) deciding what to do with the money she earns for her work? <br> e) deciding how many children to have and when to have them? | HUS- <br> BAND <br> a) LARGE PURCHASES.... 1 <br> b) SMALL PURCHASES..... 1 <br> c) VISIT FAMILY/ FRIENDS $\qquad$ <br> d) USE OF MONEY $\qquad$ .1 <br> e) NUMBER AND WHEN TO HAVE CHILLDREN... 1 | WIFE <br> 2 <br> 2 <br> 2 <br> 2 <br> 2 | BOTH DON'T <br> KNOW <br> 3 8 <br> 3 8 <br> 3 8 <br> 3 8 <br> 3 8 |  |
| 802 | Sometimes a husband is annoyed or angered by things that his wife/partner does. In your opinion, is a husband justified in hitting or beating his wife in the following situations... <br> a) If she goes out without telling him? <br> b) If she neglects the children? <br> c) If she argues with him? <br> d) If she refuses to have sex with him? <br> e) If she burns the food? | YES <br> a) GOES OUT WITHOUT TELLING $\qquad$ 1 <br> b) NEGLECTS CHILDREN. 1 <br> c) ARGUES. $\qquad$ 1 <br> d) REFUSE SEX. $\qquad$ 1 <br> e) BURNS FOOD. $\qquad$ 1 | $\begin{aligned} & \mathrm{NO} \\ & \\ & 2 \\ & 2 \\ & 2 \\ & 2 \\ & 2 \end{aligned}$ | DON'T KNOW/ DEPENDS <br> 8 <br> 8 <br> 8 <br> 8 <br> 8 |  |
| 803 | When a wife knows her husband has a sexually transmitted disease, is she justified in asking that they use a condom? | YES $\qquad$ <br> NO $\qquad$ <br> DON'T KNOW $\qquad$ |  | ..................$~$ |  |
| 804 | Husbands and wives do not always agree on everything. Please tell me if you think a wife is justified in refusing to have sex with her husband if... <br> a) She is tired and not in the mood? <br> b) She has recently given birth? <br> c) She knows her husband has sex with other women? <br> d) She knows her husband has a sexually transmitted disease? | YES <br> a) TIRED AND NOT IN <br> THE MOOD. $\qquad$ 1 <br> b) JUST GAVE BIRTH. .. 1 $\qquad$ <br> c) HUSBAND HAS OTHER ${ }_{1}$ 1 <br> d) HUSBAND HAS STD .1 $\qquad$ | NO <br> 2 <br> 2 <br> 2 <br> 2 | DON'T KNOW/ DEPENDS <br> 8 <br> 8 <br> 8 <br> 8 |  |
| 805 | Do you think that if a woman refuses to have sex with her husband when he wants her to, he has the right to... <br> a) Get angry and reprimand her? <br> b) Refuse to give her money or other means of financial support? <br> c) Use force and have sex with her even if she doesn't want to? <br> d) Hit or beat and have sex with her even if she doesn't want to? <br> e) Go and have sex with another woman? | a) ANGRY AND $\qquad$ <br> b) REFUSE FINANCIAL SUPPORT. 1 $\qquad$ <br> c) FORCE SEX. .1 $\qquad$ <br> d) HIT OR BEAT 1 $\qquad$ <br> e) HAVE SEX WITH OTHER WOMAN. $\qquad$ 1 | $\begin{aligned} & \mathrm{NO} \\ & 2 \\ & 2 \\ & 2 \\ & 2 \\ & 2 \end{aligned}$ | DON'T KNOW/ DEPENDS <br> 8 <br> 8 <br> 8 <br> 8 <br> 8 |  |

SECTION 9. TUBERCULOSIS

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP TO |
| :---: | :---: | :---: | :---: |
| 901 | Have you ever had the following symptoms? <br> a. Cough for two weeks or more? <br> b. Fever for two weeks or more? <br> c. Chest or back pain? <br> d. Coughing up blood? <br> e. Sweating at night? | YES NO <br> COUGH 2 WEEKS $+\ldots \ldots \ldots \ldots . . . . . . .$. 2 <br> FEVER 2 WEEKS +............ 1 2 <br> CHEST OR BACK PAIN.......... 1 2 <br> BLOOD IN SPUTUM............ 1 2 <br> NIGHT SWEATING............... 1 2 |  |
| 902 | CHECK 901: |  | 907A |
| 903 | Did you seek consultation or treatment for the symptom(s)? | YES ............................................................................................................ | $\rightarrow 905$ |
| 904 | Why did you not seek consultation or treatment for the symptoms? |  | $\rightarrow 908$ |
| 905 | Where did you go for advice or treatment the last time? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. <br> (NAME OF PLACE) | PUBLIC SECTOR <br> GOVERNMENT HOSPITAL/CLINIC .... 11 <br> RURAL/URBAN HEALTH CENTER..... 12 <br> OUTREACH CLINIC $\qquad$ 13 <br> OTHER PUBLIC $\qquad$ 14 (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PRIVATE HOSPITAL/CLINIC .............. 21 <br> PHARMACY $\qquad$ .22 <br> PRIVATE DOCTOR $\qquad$ .23 <br> NGO CLINIC $\qquad$ .24 <br> OTHER PRIVATE MEDICAL $\qquad$ 25 (SPECIFY) <br> OTHER $\qquad$ 96 <br> (SPECIFY) |  |
| 906 | What is the main reason you chose to go to this facility? |  |  |
| 907 | How soon after the symptoms started did you seek consultation or treatment? | DAYS .1 <br> WEEKS <br> MONTHS $\qquad$ $\square$ <br> DON'T KNOW $\qquad$ 998 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP TO |
| :---: | :---: | :---: | :---: |
| 907A | Are you aware of the Directly Observed Treatment Short Course (DOTS) program? | YES ............................................................................................................. 1 NO |  |
| 908 | Have you ever heard of an illness called tuberculosis? <br> (TB is also known as thysis, weak lungs or spot in the lungs) | YES ................................................................................................................................ NO | $\rightarrow 917$ |
| 909 | Can tuberculosis be cured? | YES ............................................................................................................. 1 NO |  |
| 910 | Would you be willing to work with someone who has been previously treated for tuberculosis? | YES ...................................................................................................................................................... |  |
| 911 | What signs or symptoms would lead you to think that a person has tuberculosis? <br> Any others? <br> RECORD ALL MENTIONED. |  |  |
| 912 | What do you think is the cause of tuberculosis? <br> Anything else? <br> RECORD ALL MENTIONED. |  |  |
| 913 | How does tuberculosis spread from one person to another? | THROUGH THE AIR WHEN COUGHING $\qquad$ A <br> SHARING EATING UTENSILS $\qquad$ B <br> TOUCHING A PERSON WITH TB $\qquad$ C <br> OTHER $\qquad$ X $\qquad$ |  |
| 914 | Have you been told by a doctor or a health professional that you had tuberculosis? <br> If YES, when were you told that you had tuberculosis, in the past five years, between five and ten years, or more than ten years ago? | < 5 YEARS ............................................. 1 5-10 YEARS .................................................... 2 MORE THAN 10 YEARS ................................................................................................ | $\rightarrow 917$ |
| 914A | Have you taken anti-TB medicine in the past? |  | $917$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP TO |
| :---: | :---: | :---: | :---: |
| 915 | Where did you get the anti-TB medicines for the treatment? | PUBLIC SECTOR <br> GOVERNMENT HOSPITAL/CLINIC .... 11 <br> RURAL/URBAN HEALTH CENTER..... 12 <br> OUTREACH CLINIC $\qquad$ <br> OTHER PUBLIC $\qquad$ 14 (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PRIVATE HOSPITAL/CLINIC .............. 21 <br> PHARMACY $\qquad$ .22 <br> PRIVATE DOCTOR ............................. 23 <br> NGO CLINIC $\qquad$ .24 <br> OTHER PRIVATE MEDICAL $\qquad$ 25 (SPECIFY) <br> OTHER $\qquad$ 96 |  |
| 916 | How long did you continuously take anti-TB medicines? <br> RECORD WEEKS IF LESS THAN ONE MONTH, RECORD MONTHS IF LESS THAN TWO YEARS; OR YEARS. | WEEKS $\qquad$ 1 <br> MONTHS <br> YEARS $\square$ <br> DON'T KNOW $\qquad$ 998 |  |
| 917 | RECORD THE TIME ENDED. | HOURS $\qquad$ <br> MINUTES $\qquad$ | $\square$ |

## NTERVIEWER'S OBSERVATIONS

## TO BE FILLED IN AFTER COMPLETING INTERVIEW

COMMENTS ABOUT RESPONDENT:
$\qquad$

COMMENTS ON SPECIFIC QUESTIONS:
$\qquad$
$\qquad$
$\qquad$
$\qquad$
ANY OTHER COMMENTS:
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

SUPERVISOR'S OBSERVATIONS
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

NAME OF THE SUPERVISOR:
DATE: $\qquad$

EDITOR'S OBSERVATIONS


SECTION A. HEALTH FACILITY UTILIZATION

| NO. | QUESTIONS AND FILTERS |  | CODING CATEGORIES |  |  |  |  | SKIP |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| A01 | During the last 6 months, did you or your household visit any of the follo | any member of ing facilities: <br> th Center? <br> dical Center? | BARANG <br> RURAL <br> MUNICIP <br> DISTRIC <br> PROVIN <br> REGION <br> PRIVATE <br> PRIVATE <br> OTHER | Y HEALTH STATI <br> ALTH UNIT/URB <br> HOSPITAL $\qquad$ <br> HOSPITAL $\qquad$ <br> AL HOSPITAL $\qquad$ <br> HOSP/PUBLIC <br> CIINIC $\qquad$ <br> HOSPITAL $\qquad$ $\qquad$ | . HEALTH <br> D CENTER $\qquad$ $\qquad$ $\qquad$ |  | NO 2 2 2 2 2 2 2 2 2 2 |  |
| A02 | CHECK A01: <br> AT LEAST ONE <br> "YES" <br> CIRCLED |  | NOT A SINGLE "YES" <br> CIRCLED |  |  |  |  | $\rightarrow \mathrm{B01}$ |
| A03 | What type of service did you or any member of your household utilized? | $\begin{gathered} \hline \text { FACILITY .................... } \\ \hline \text { (NAME OF FACILITY) } \\ \text { REFER TO A01 FOR THE } \\ \text { FACILITY CODE AND NAME } \end{gathered}$ |  | FACILITY |  | FACILITY |  |  |
|  | a. Treatment when ill or injured <br> b. Routine check-ups <br> c. Laboratory services <br> d. Immunization <br> e. Family planning <br> f. Health and nutrition education <br> g. Prenatal, delivery and postnatal <br> h. Other | $\begin{gathered} \hline \text { YES } \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \end{gathered}$ | $\begin{gathered} \mathrm{NO} \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \end{gathered}$ | $\begin{gathered} \hline \text { YES } \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \end{gathered}$ | $\begin{gathered} \mathrm{NO} \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \end{gathered}$ |  |  | $\begin{gathered} \mathrm{NO} \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \end{gathered}$ |
|  | (CONTINUATION) | FACILITY |  | FACILITY |  | FACILITY $\qquad$$\square$ |  |  |
|  | a. Treatment when ill or injured <br> b. Routine check-ups <br> c. Laboratory services <br> d. Immunization <br> e. Family planning <br> f. Health and nutrition education <br> g. Prenatal, delivery and postnatal <br> h. Other | $\begin{gathered} \hline \text { YES } \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \end{gathered}$ | $\begin{gathered} \hline \mathrm{NO} \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \end{gathered}$ | $\begin{gathered} \hline \text { YES } \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \\ 1 \end{gathered}$ | $\begin{gathered} \mathrm{NO} \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \end{gathered}$ | YE |  | $\begin{gathered} \mathrm{NO} \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \\ 2 \end{gathered}$ |

## SECTION B. NONCOMMUNICABLE DISEASES

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| B01 | What do you do to keep yourself healthy? <br> PROBE: Anything else? <br> CIRCLE ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | AVOID EATING TOO MUCH FAT <br> AVOID EXCESSIVE INTAKE OF SALT AND SALTY <br> FOOD $\qquad$ <br> AVOID/MODERATE DRINKING OF ALCOHOLIC <br> BEVERAGES $\qquad$ .C <br> AVOID SMOKING $\qquad$ <br> BE PHYSICALLY ACTIVE $\qquad$ <br> CHECK-UP BY DOCTOR $\qquad$ F <br> CONSUME MILK AND MILK PRODUCTS $\qquad$ <br> EAT ADEQUATE/BALANCE DIET. $\qquad$ . H <br> EAT FISH, LEAN MEAT, POULTRY AND DRIED <br> BEANS $\qquad$ <br> EAT PLENTY OF FRUITS, VEGETABLES AND ROOTCROPS. $\qquad$ <br> HAVE ENOUGH SLEEP $\qquad$ .K <br> MAINTAIN GOOD HYGIENE $\qquad$ L <br> MAINTAIN HAPPY PERSONALITY. $\qquad$ . M <br> MONITOR BLOOD PRESSURE . $\qquad$ . <br> TAKE VITAMINS/FOOD SUPPLEMENT $\qquad$ O <br> OTHER. $\qquad$ <br> NONE $\qquad$ Y |  |
| B02 | Have you ever heard of a disease called cancer? | YES ............................................................................................ 1 NO ......................................................................................................... 2 | $\rightarrow \mathrm{B07}$ |
| B03 | What signs and symptoms would make you suspect that a person may have cancer? <br> PROBE: Anything else? <br> CIRCLE ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | BLEEDING $\qquad$ <br> CHANGE OF BOWEL MOVEMENT . $\qquad$ <br> HOARSENESS OF VOICE $\qquad$ C <br> IRREGULAR URINATION. $\qquad$ <br> LUMP OR MASS IN ANY PART OF THE BODY. $\qquad$ E <br> PERSISTENT PAIN $\qquad$ F <br> SORE (WOUND) THAT DOES NOT HEAL $\qquad$ <br> SUDDEN WEIGHT LOSS $\qquad$ H <br> WEAK. $\qquad$ . <br> OTHER. $\qquad$ . X <br> NONE $\qquad$ Y <br> DON'T KNOW . $\qquad$ |  |


| No. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| B04 | Have you ever been screened/examined for cancer? | YES ......................................................................................... 1 | $\rightarrow \mathrm{B07}$ |
| B05 | What part of your body was screened? <br> PROBE: Anything else? <br> CIRCLE ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | $\qquad$ <br> BONE $\qquad$ B <br> BREAST $\qquad$ C <br> CERVIX $\qquad$ <br> ESOPHAGUS.. $\qquad$ E <br> LARYNX $\qquad$ F <br> LIVER.. $\qquad$ <br> LUNG... $\qquad$ <br> MOUTH/ORAL CAVITY. $\qquad$ <br> OVARY. $\qquad$ <br> PROSTATE $\qquad$ K <br> STOMACH.. $\qquad$ <br> UTERINE.. $\qquad$ M <br> OTHER $\qquad$ <br> DON'T KNOW $\qquad$ | B07 |
| B06 | Where were you screened/examined? <br> PROBE: Anything Else? <br> CIRCLE ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | PUBLIC/PRIVATE HOSPITAL $\qquad$ <br> HEALTH CENTER. $\qquad$ B <br> PRIVATE CLINIC $\qquad$ <br> COMPANY CLINIC. $\qquad$ <br> SCHOOL CLINIC. $\qquad$ E <br> HOME/SELF/HOME VISIT. $\qquad$ F <br> SEMINAR ON REPRODUCTIVE HEALTH. $\qquad$ <br> OTHER. $\qquad$ $\qquad$ |  |
| B07 | Have you been told on more than one occasion that your blood pressure is high? | YES $\qquad$ . 1 <br> NO . $\qquad$ 2 <br> BLOOD PRESSURE WAS NEVER TAKEN $\qquad$ 3 |  |
| B08 | Have you ever heard of heart disease? | YES ........................................................................................ 1 | $\rightarrow \mathrm{B10}$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| B09 | Who are likely to have heart disease? <br> PROBE: Anybody else? <br> CIRCLE ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | THOSE WHO SMOKE HEAVILY $\qquad$ <br> THOSE WHO ARE FAT (OBESE) $\qquad$ .B <br> THOSE WHO DRINK HEAVILY $\qquad$ .C <br> THOSE WHO EAT HIGH FAT, HIGH SALT DIET $\qquad$ <br> THOSE WHO ARE UNDER STRESS. $\qquad$ <br> THOSE WHO DO NOT EXERCISE $\qquad$ F <br> THOSE WHO HAVE ELEVATED BLOOD PRESSURE $\qquad$ G <br> THOSE WITH FAMILY HISTORY OF HEART DISEASE ...........H <br> THOSE WHO LACK SLEEP $\qquad$ <br> OTHER. $\qquad$ <br> DON'T KNOW $\qquad$ |  |
| B10 | Have you ever heard of diabetes? | YES ......................................................................................... 1 | $\rightarrow \mathrm{CO1}$ |
| B11 | Who are likely to have diabetes? <br> PROBE: Anything else? <br> CIRCLE ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | FAT/OBESE PEOPLE. $\qquad$ <br> HEAVY DRINKERS OF ALCOHOL $\qquad$ B <br> HEAVY SMOKERS $\qquad$ C <br> OLDER PEOPLE/MENOPAUSAL WOMEN $\qquad$ D <br> PEOPLE WHO EAT PLENTY OF SWEETS AND FATTY FOODS $\qquad$ <br> THOSE HOW DO NOT EXERCISE REGULARLY $\qquad$ . F <br> THOSE WHERE DIABETES RUNS IN THE FAMILY. $\qquad$ .G <br> OTHER $\qquad$ <br> DON'T KNOW $\qquad$ |  |

SECTION C. INFECTIOUS DISEASES

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| C01 | Have you ever heard of leprosy? | YES .............................................................................................. 1 | $\rightarrow \mathrm{CO5}$ |
| C 02 | How does leprosy spread from one person to another? <br> PROBE: Anything else? <br> CIRCLE ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | CONTACT WITH LEPROSY PATIENT. $\qquad$ A <br> DROPLETS/AIRBORNE $\qquad$ B <br> EATING CERTAIN TYPES OF FOOD $\qquad$ C <br> EXPOSURE TO HOT THEN COLD "PASMA" $\qquad$ D <br> HEREDITARY $\qquad$ E <br> SKIN TO SKIN. $\qquad$ F <br> OTHER. $\qquad$ X <br> DON'T KNOW $\qquad$ |  |
| C 03 | Can leprosy be cured? | YES .............................................................................................. 1 NO ........................................................................................................ 2 | $\rightarrow \mathrm{CO5}$ |
| C04 | In your opinion, can persons with leprosy be treated at home? | YES <br> NO ............................................................................................... 2 |  |
| C05 | Have you ever heard of dengue fever? | YES $\qquad$ 1 <br> NO $\qquad$ 2 | $\rightarrow \mathrm{C09}$ |
| C06 | How does dengue spread from one person to another? <br> PROBE: Anything else? <br> CIRCLE ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | BLOOD BORNE/BLOOD TRANSFUSION $\qquad$ A CONTACT WITH DENGUE PATIENT $\qquad$ B <br> DRINKING CONTAMINATED WATER $\qquad$ C <br> DROPLETS/AIRBORNE $\qquad$ <br> MOSQUITO BITE . $\qquad$ E <br> POLLUTED AIR. $\qquad$ <br> OTHER $\qquad$ x <br> DON'T KNOW $\qquad$ |  |
| C07 | Can dengue fever be prevented? | YES $\qquad$ | $\rightarrow \mathrm{CO9}$ |
| C08 | How can it be prevented? <br> PROBE: Anything else? <br> CIRCLE ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | ELIMINATE MOSQUITOES IN THE SURROUNDINGS $\qquad$ A REMOVE BREEDING PLACES (STAGNANT WATER) OF MOSQUITOES INSIDE AND OUTSIDE THE HOUSE B <br> SPRAYING/FOGGING/FUMIGATION. $\qquad$ <br> STAY AWAY FROM PEOPLE WITH DENGUE $\qquad$ <br> TAKE MEDICINES SO AS NOT TO GET SICK. $\qquad$ E <br> USE OF MOSQUITO COILS $\qquad$ <br> USE MOSQUITO NETS $\qquad$ <br> USE OF MOSQUITO REPELLANTS $\qquad$ H <br> WASH HANDS BEFORE EATING $\qquad$ 1 <br> OTHER. $\qquad$ <br> DON'T KNOW $\qquad$ |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| C09 | Have you ever heard of malaria? | YES ............................................................................................ 1 | $\rightarrow$ C14 |
| C10 | What do you think is the cause of malaria? <br> PROBE: Anything else? <br> CIRCLE ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | CONTAMINATION IN THE WATER $\qquad$ <br> INHERITED $\qquad$ <br> MOSQUITO BITES $\qquad$ <br> OVER FATIGUE. $\qquad$ <br> PARASITES IN THE BLOOD. $\qquad$ <br> POLLUTED AIR $\qquad$ <br> OTHER. $\qquad$ <br> DON'T KNOW $\qquad$ |  |
| C11 | How does malaria spread from one person to another? <br> PROBE: Anything else? <br> CIRCLE ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | POLLUTED AIR $\qquad$ <br> CONTACT WITH MALARIA PATIENT. $\qquad$ <br> DRINKING CONTAMINATED WATER $\qquad$ <br> EATING SOUR FOODS $\qquad$ <br> MOSQUITO BITES $\qquad$ <br> OVER FATIGUE. $\qquad$ <br> OTHER. $\qquad$ <br> DON'T KNOW $\qquad$ |  |
| C12 | Can malaria be prevented? | YES ............................................................................................ 1 NO ...................................................................................................... 2 | $\rightarrow$ C14 |
| C13 | How can it be prevented? <br> PROBE: Anything else? <br> CIRCLE ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | AVOIDANCE OF CERTAIN FOODS AT CERTAIN SEASONS ......A <br> HOUSE SPRAYING $\qquad$ <br> REMOVE BREEDING PLACES (STAGNANT WATER) OF MOSQUITOES INSIDE AND OUTSIDE THE HOUSE..........C <br> STREAM CLEARING $\qquad$ <br> USE OF MOSQUITO COILS $\qquad$ E <br> USE OF MOSQUITO NETS $\qquad$ <br> USE OF MOSQUITO REPELLANTS $\qquad$ <br> OTHER. $\qquad$ <br> DON'T KNOW $\qquad$ |  |
| C14 | Now I would like to ask you about dogs. Apart from feeding or bathing the dog, what do you think is/are the responsibility/ies of a dog owner? <br> PROBE: Anything else? <br> CIRCLE ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | IMMUNIZE DOG $\qquad$ <br> IMMUNIZE DOG YEARLY $\qquad$ <br> IN CASE OF DOG BITE, PROVIDE NECESSARY <br> TREATMENT FOR THE VICTIM. $\qquad$ <br> RESTRAIN/CONFINE DOG WITHIN THE YARD/HOUSE $\qquad$ <br> OTHER $\qquad$ <br> NOTHING $\qquad$ |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| C15 | If you or any member of your household is bitten by a dog, what do you think should be done to the person? <br> PROBE: Anything else? <br> CIRCLE ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | APPLY GARLIC ON SITE OF BITE $\qquad$ CONSULT ANIMAL BITE CENTER $\qquad$ B <br> CONSULT HEALTH CENTER/PHYSICIAN $\qquad$ C <br> SOUGHT "TANDOK"/HERBULARIO. $\qquad$ D <br> TAKE DRUGS SO AS NOT TO GET RABIES $\qquad$ E <br> WASH BITE/WOUND WITH SOAP AND WATER $\qquad$ F <br> OTHER. $\qquad$ X <br> NOTHING $\qquad$ |  |
| C16 | If you or any member of your household is bitten by a dog, what do you think should be done to the dog? <br> PROBE: Anything else? <br> CIRCLE ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | CONFINE DOG WITHIN THE YARD/HOUSE $\qquad$ A <br> IF THE DOG DIES, SUBMIT THE HEAD FOR EXAMINATION..... B IMMEDIATELY KILL THE DOG. $\qquad$ C <br> OBSERVE THE DOG $\qquad$ D <br> OTHER. $\qquad$ X <br> NOTHING $\qquad$ Y |  |
| C17 | Are you aware of any local (city/municipal) rabies ordinance control? | YES ........................................................................................... 1 | $\rightarrow$ D01 |
| C18 | What is this local ordinance? <br> PROBE: Anything else? <br> CIRCLE ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | DOG LEASHING $\qquad$ A <br> DOG REGISTRATION. $\qquad$ B <br> STRAY DOG IMPOUNDING $\qquad$ C <br> YEARLY DOG IMMUNIZATION $\qquad$ D <br> OTHER. $\qquad$ x <br> DON'T KNOW $\qquad$ Z |  |


| D01 | There are some locally produced herbs that have medicinal values. I would like to find out if you know some of these. |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Are you familiar with (NAME OF HERB) which is used as a medicine? | Lagundi* | Yerba Buena* | Sambong* | Tsaang gubat* | Niyogniyogan* | Bayabas* | Acapulco* | Ulasimang bato (pansit pansitan)* | Bawang* | Ampalaya* |
|  | READ EACH HERBAL | (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | (10) |
|  | MEDICINE TO THE <br> RESPONDENT. <br> ENCIRCLE "1" IF THE <br> RESPONDENT IS <br> FAMILIAR, OTHERWISE <br> ENCIRCLE "2". | YES NO | $\left[\begin{array}{cc} \text { YES } & \text { NO } \\ 1 & 2 \\ \downarrow & \bigsqcup \end{array}\right.$ |  | YES NO | YES NO | $\begin{array}{cc} \text { YES } & \text { NO } \\ 1 & 2 \\ \downarrow & \square \end{array}$ | YES NO | $\begin{array}{cc} \text { YES } & \text { NO } \\ 1 & 2 \\ \downarrow & L \end{array}$ | $\left[\begin{array}{cc} \text { YES } & \text { NO } \\ 1 & 2 \\ \downarrow & L \end{array}\right.$ | YES NO <br> $\begin{array}{cc}1 & 2 \\ \nabla & \text { D06 }\end{array}$ |
| D02 | From what source have you heard/read (NAME OF HERB)? |  |  |  |  |  |  |  |  |  |  |
|  | A. GOVERNMENT HEALTH PERSONNEL | A | A | A | A | A | A | A | A | A | A |
|  | B. PRIVATE PRACTITIONER/NGO | B | B | B | B | B | B | B | B | B | B |
|  | C. RADIO | C | C | C | C | C | C | C | C | C | C |
|  | D. TV | D | D | D | D | D | D | D | D | D | D |
|  | E. NEWSPAPER/ PAMPHLET/ MAGAZINE/BOOKS | E | E | E | E | E | E | E | E | E | E |
|  | F. SCHOOLS | F | F | F | F | F | F | F | F | F | F |
|  | G. SEMINARS/ <br> TRAININGS | G | G | G | G | G | G | G | G | G | G |
|  | H. FRIENDS/RELATIVES | H | H | H | H | H | H | H | H | H | H |
|  | I. OTHER | J | $J$ | J | J | J | J | J | J | J | J |
| D03 | In what form have you heard about (NAME OF HERB)? |  |  |  |  |  |  |  |  |  |  |
|  | A. FRESH | A | A | A | A | A | A | A | A | A | A |
|  | B. TABLET | B | B | B | B | B | B | B | B | B | B |
|  | C. CAPSULE | C | C | C | C | C | C | C | C | C | C |
|  | D. SYRUP | D | D | D | D | D | D | D | D | D | D |
|  | E. TEA | E | E | E | E | E | E | E | E | E | E |
|  | F. OINTMENT | F | F | F | F | F | F | F | F | F | F |
|  | G. SOAP | G | G | G | G | G | G | G | G | G | G |
|  | H. OTHER | H | H | H | H | H | H | H | H | H | H |
| D04 | For what illness or disease do you think (NAME OF HERB) is used? CIRCLE CODES OF ALL ILLNESSES MENTIONED. |  |  |  |  |  |  |  |  |  |  |
|  | A. ABDOMINAL PAIN/DIARRHEA <br> B. ANEMIC <br> C. ASCARIS <br> D. COLD <br> E. COUGH/ASTHMA <br> F. DIABETES <br> G. DIURETIC/URINARY STONE <br> H. FEVER <br> I. GOUTYARTHRITIS/RAYUMA <br> J. EDEMA (MANAS) <br> K. HIGH BLOOD PRESSURE <br> L. HYPERCHOLESTEROLEMIA <br> M. SKIN INFECTION/ CLEANING WOUNDS <br> N. MALASE <br> O. OTHER | A | A | A | A | A | A | A | A | A | A |
|  |  | B | B | B | B | B | B | B | B | B | B |
|  |  | C | C | C | C | C | C | C | C | C | C |
|  |  | D | D | D | D | D | D | D | D | D | D |
|  |  | E | E | E |  | E | E | E | E | E | E |
|  |  | F | F | F | F | F | F |  |  |  | F |
|  |  | G | G | G | G | G | G | G | F | G | G |
|  |  | H | H | H | H | H | H | $H$ I | H | H | H |
|  |  | I | I | I | I | I | I | I | I | I | I |
|  |  | J | J | K | J K | J | J K | J K | J | J | J |
|  |  | K | K | K | K | K | K | K | K | K | K |
|  |  | L | L | L | L | L | L | L | L | L | L |
|  |  | M | M | M | M | M | M | M | M | M | M |
|  |  | N | N | N | N | N | N0 | N0 | N0 | N | N |
|  |  | 0 | 0 | 0 | 0 | 0 |  |  |  | 0 | O |
| D05 | Have you or any member of your household used | YES NO | YES NO | YES NO | YES NO | YES NO | YES NO | YES NO | YES NO | YES NO | YES NO |
|  | (NAME OF HERB) during the past 3 months? | Col. 2 |  | Col. 4 |  |  | Col. 7 | Col. 8 |  | Col. 10 | 12 |

*Refer to Interviewer's Manual for Other Names of These Herbs

## SECTION D. TRADITIONAL MEDICINES, HEALING PRACTICES AND ALTERNATIVE HEALTH CARE MODALITIES

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| D06 | Have you ever heard of traditional healing practices such as: <br> a) Hilot? <br> b) Pagtatawas? <br> c) Oracion? <br> d) Spiritual healing? |  | $\begin{gathered} \mathrm{NO} \\ 2 \\ 2 \\ 2 \\ 2 \end{gathered}$ |  |
| D06A | CHECK D06: <br> AT LEAST ONE "YES" CIRCLED | NOT A SINGLE "YES" $\square$ CIRCLED |  | $\rightarrow$ D10 |
| D07 | Where/how/from whom did you hear about the traditional healing practices? <br> PROBE: Anything else? <br> CIRCLE ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | GOVERNMENT HEALTH PERSONNEL $\qquad$ <br> PRIVATE PRACTITIONER/NGO $\qquad$ <br> RADIO $\qquad$ <br> TELEVISION $\qquad$ <br> NEWSPAPER/PAMPHLET/MAGAZINE/BOOKS. <br> SCHOOLS $\qquad$ <br> SEMINARS/TRAININGS $\qquad$ <br> FRIENDS/RELATIVES $\qquad$ <br> OTHER $\qquad$ | A <br> B <br> C <br> D <br> E <br> F <br> . G <br> . H |  |
| D08 | Have you or any household member ever tried using any traditional healing practice? | YES <br> NO | $\begin{array}{r} \ldots . . . . \\ \ldots \\ \ldots . . . . \\ \hline \end{array}$ | $\rightarrow$ D10 |
| D09 | What traditional healing practices have you or any member of your household tried? <br> PROBE: Anything else? <br> CIRCLE ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | HILOT $\qquad$ <br> PAGTATAWAS. $\qquad$ <br> ORACION $\qquad$ <br> SPIRITUAL HEALING $\qquad$ <br> OTHER $\qquad$ <br> NOTHING $\qquad$ |  |  |
| D10 | Have you ever heard of alternative health care modalities such as: <br> a) Acupuncture? <br> b) Acupressure/Therapeutic? <br> c) Massage? <br> d) Iridology? <br> e) Pranic Healing? <br> f) Aromatherapy? <br> g) Chiropractic? <br> h) Homeopathy? |  | $\begin{aligned} & \mathrm{NO} \\ & 2 \\ & 2 \\ & 2 \\ & 2 \\ & 2 \\ & 2 \\ & 2 \\ & 2 \end{aligned}$ |  |
| D11 | CHECK D10: <br> AT LEAST ONE "YES" $\square$ <br> CIRCLED <br> D12 | NOT A SINGLE "YES" $\square$ CIRCLED |  | $\rightarrow$ E01 |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| D12 | Where/how/from whom did you hear about alternative health care modalities? <br> PROBE: Anything else? <br> CIRCLE ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | GOVERNMENT HEALTH PERSONNEL . ..A $\qquad$ <br> PRIVATE PRACTITIONER/NGO. $\qquad$ <br> RADIO. $\qquad$ C <br> TELEVISION . $\qquad$ D <br> NEWSPAPER/PAMPHLET/MAGAZINE/BOOKS . $\qquad$ E <br> SCHOOLS. $\qquad$ ..F <br> SEMINARS/TRAININGS $\qquad$ . G <br> FRIENDS/RELATIVES. $\qquad$ .. H <br> OTHER. $\qquad$ |  |
| D13 | Have you or any household member ever tried using alternative health care modalities? | YES .............................................................................................................. 1 | $\rightarrow$ E01 |
| D14 | What alternative health care modalities have you or any member of the household tried? <br> PROBE: Anything else? <br> CIRCLE ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | ACUPUNCTURE. $\qquad$ <br> ACUPRESSURE/THERAPEUTIC. $\qquad$ <br> MASSAGE $\qquad$ C <br> IRIDOLOGY $\qquad$ <br> PRANIC HEALING $\qquad$ <br> AROMATHERAPHY $\qquad$ <br> CHIROPRACTIC $\qquad$ <br> HOMEOPATHY. $\qquad$ <br> OTHER. $\qquad$ <br> NONE $\qquad$ |  |

SECTION E. HEALTH CARE FINANCING

| E01 | Are you or any member of your household a member of PHILHEALTH, Employer-based Health Maintenance Organization (HMO), Private Health Insurance, Community/Cooperative Health Financing Scheme or any Health Insurance Plan? |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | COPY LINE NUMBER AND NAME OF MEMBER FROM NDHS Form 1 Col. (2) and Col. (1) | HOUSEHOLD MEMBER <br> NAME: $\qquad$ <br> LINE NO. $\qquad$ $\square$ | HOUSEHOLD MEMBER <br> NAME: $\qquad$ <br> LINE NO $\qquad$ $\square$ | HOUSEHOLD MEMBER NAME: $\qquad$ <br> LINE NO $\qquad$ |
| E02 | What kind of Health Insurance Plan? <br> PROBE: Anything else? CIRCLE ALL MENTIONED. DO NOT READ OUT RESPONSES. |  | PHILHEALTH...........................A HMO/PRIVATE INSURANCE...B LGU/COMMUNITY/COOP...................... OTHER ............................................................. | PHILHEALTH ..........................A HMO/PRIVATE INSURANCE .. LGU/COMMUNITY/COOP ......... OTHER............................... DON'T KNOW ...................... (SKIP TO E10) |
| EO3 | CHECK Q. 2 |   <br> " $A$ " is encircled $\square$ <br> " $A$ " is not encircled  <br> (SKIP TO E11) $\square$ <br>   |  " A " is encircled <br> " A " is not encircled $\square$ <br> (SKIP TO E11)  <br>   |   <br> " A " is encircled $\square$ <br> " A " is not encircled  <br> (SKIP TO E11) $\square$ <br>   |
| E04 | What type of Philhealth member are (is) you (NAME)? | INDIGENT ............................... 11 PRIVATE EMPLOYED ............ 2 GOV'T EMPLOYED ............... 3 INDIV. PAYING/VOLUNTARY . 4 NON-PAYING.......................... 5 OFW................................ 6 DON'T KNOW........................ 8 | INDIGENT................................... 1 PRIVATE EMPLOYED ................... 2 GOV'T EMPLOYED................ 3 INDIV. PAYING/VOLUNTARY...... 4 NON-PAYING .......................... 5 OFW .................................. 6 DON'T KNOW............................. 8 |  |
| E05 | Have you (Has any member of your household) or any of your (his/her) dependents utilized Philhealth benefits within the last 12 months? | YES .............................................. 1 NO.............................. 2 (SKIP TO E10) DON'T KNOW........................ 8 (SKIP TO E11) | YES..................................................... 1 NO ............................ 2 (SKIP TO E10) DON'T KNOW........................ 8 (SKIP TO E11) | YES ................................................. 1 NO ............................ 2 (SKIP TO E10) DON'T KNOW ....................... 8 (SKIP TO E11) |
| E06 | What kind of service did you (the member of the household) or any of your (his/her) dependents availed? <br> a) In patient <br> b) Out-patient |  YES NO <br> IN-PATIENT ............. 1 2  <br> OUT-PATIENT ........ 1 2  |  YES NO <br> IN-PATIENT............. 1 2  <br> OUT-PATIENT........ 1 2  |  YES NO <br> IN-PATIENT ............. 1 2  <br> OUT-PATIENT ....... 1 2  |
| E07 | Who availed of the service? |  YES NO <br> MEMBER ................. 1 2  <br> DEPENDENT ......... 1 2  |  YES NO <br> MEMBER ................. 1 2  <br> DEPENDENT......... 1 2  |  YES NO <br> MEMBER.................. 1 2  <br> DEPENDENT ......... 1 2  |
| E08 | Were (Was) you (he/she) was satisfied or dissatisfied with the service? |  |  |  |
| E09 | Why were (was) you (he/she) not satisfied with the service? <br> PROBE: Anything else? CIRCLE ALL MENTIONED. DO NOT READ OUT RESPONSES. |  |  |  |
| E10 | Why did you or your dependents not utilize Philhealth benefits within the last 12 months? | DID NOT GET SICK.................... A NO ACCREDITED HEALTH <br> FACILITY NEARBY $\qquad$ <br> LACK OF INFORMATION ON <br> PHILHEALTH $\qquad$ <br> NO MONEY FOR EXCESS <br> BILLING.. <br> ONLY IN-PATIENT BENEFITS <br> PROVIDED. <br> TOO MANY REQUIREMENTS ... F OTHER $\qquad$ | DID NOT GET SICK....................A NO ACCREDITED HEALTH <br> FACILITY NEARBY $\qquad$ <br> LACK OF INFORMATION ON <br> PHILHEALTH. $\qquad$ <br> NO MONEY FOR EXCESS BILLING. $\qquad$ <br> ONLY IN-PATIENT BENEFITS PROVIDED. $\qquad$ TOO MANY REQUIREMENTS ....F OTHER. $\qquad$ | DID NOT GET SICK NO ACCREDITED HEALTH <br> FACILITY NEARBY $\qquad$ <br> LACK OF INFORMATION ON <br> PHILHEALTH $\qquad$ <br> NO MONEY FOR EXCESS <br> BILLING.. $\qquad$ <br> ONLY IN-PATIENT BENEFITS <br> PROVIDED.. $\qquad$ . F <br>  |
| E11 |  | GO TO NEXT HH MEMBER, ELSE GO TO F01 | GO TO NEXT HH MEMBER, ELSE GO TO F01 | GO TO NEXT HH MEMBER, ELSE GO TO F01 |

## SECTION F. ENVIRONMENTAL HEALTH

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| F01 | In the last 3 months, did most members of your household buy cooked food from... <br> a) Ambulant vendors? <br> b) Carinderia? <br> c) Restaurants? |  YES NO DK <br> AMBULANT VENDORS 1 2 8 <br> CARINDERIA 1 2 8 <br> RESTAURANT 1 2 8 |  |
| F01A | CHECK F01: <br> AT LEAST ONE "YES" $\square$ | SINGLE | $\rightarrow$ F03 |
| F02 | How often did the members of your household buy cooked food from ambulant vendors, carinderia, or restaurants in the last 3 months? | DAILY...................................................................................... 1 <br> AT LEAST ONCE A WEEK $\qquad$ <br> AT LEAST ONCE A MONTH $\qquad$ |  |
| F03 | Does your household practice segregation of garbage? | YES ................................................................................................. 1 |  |
| F04 | How does your household dispose of garbage? <br> PROBE: Anything else? <br> CIRCLE ALL MENTIONED. <br> DO NOT READ OUT RESPONSES. | GARBAGE TRUCK/CART COLLECTION $\qquad$ <br> INDIVIDUAL OPEN DUMPING $\qquad$ B <br> INDIVIDUAL BURNING $\qquad$ C <br> COMPOSTING. $\qquad$ D <br> INDIVIDUAL BURYING $\qquad$ E <br> FEEDING TO DOMESTIC ANIMALS. $\qquad$ F <br> DUMPING INTO LOW LAND AREA $\qquad$ <br> OTHER $\qquad$ X |  |


[^0]:    Note: Total includes women with missing information.
    ${ }^{1}$ With husband or someone else
    ${ }^{2}$ Includes husband

[^1]:    ${ }^{1}$ Numerators of the ASFRs are calculated by summing the number of live births that occurred in the period 1 to 36 months preceding the survey (determined by the date of interview and the date of birth of the child) and classifying them by the age (in five-year groups) of the mother at the time of birth (determined by the mother's date of birth). The denominators of the rates are the number of woman-years lived in each of the specified five-year groups during the 1 to 36 months preceding the survey.

[^2]:    na $=$ Not applicable
    $a=$ Omitted because less than 50 percent of women had $a$ birth before reaching the beginning of the age group

[^3]:    ${ }^{1}$ Percentage of all women who are not pregnant and not postpartum amenorrheic whose last menstrual period occurred six or more months preceding the survey

[^4]:    ${ }^{1}$ Totals are calculated excluding the women giving non-numeric responses.
    ${ }^{2}$ See Table 7.4 for definition of unmet need for family planning
    ${ }^{3}$ Either by herself or jointly with others

[^5]:    Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
    ${ }^{1}$ Based on wife's perception of her husband's desire

[^6]:    Note: Breastfeeding status and food consumed refer to a 24 -hour period (yesterday and last night).
    ${ }^{1}$ Does not include plain water
    ${ }^{2}$ Includes fruits and vegetables rich in vitmain A
    ${ }^{3}$ Includes pumpkin, red or yellow yams or squash, carrots, red sweet potatoes, green leafy vegetables, mangoes, papayas, and other locally grown fruits and vegetables that are rich in vitamin A

[^7]:    ${ }^{1}$ Other liquids include sugar water, tea, fruit juice, coffee, soda, rice water, and soup broth.

[^8]:    Note: For women with two or more live births in the five-year period, data refer to the most recent birth.
    ${ }^{1}$ In the first two months after delivery
    ${ }^{2}$ Women who reported night blindness but did not report difficulty with vision during the day

[^9]:    na $=$ Not applicable
    ${ }^{1}$ Both year and month of birth given
    ${ }^{2}\left(B_{m} / B_{f} * 100\right.$, where $B_{m}$ and $B_{f}$ are the numbers of male and female births, respectively
    ${ }^{3}\left[2 B_{\gamma} /\left(B_{x-1}+B_{x+1}\right)\right]^{*} 100$, where $B_{x}$ is the number births in calendar year $x$

