# GOVERNMENT <br> OF THE REPUBLIC OF NAMIBIA 



MINISTRY OF HEALTH AND SOCIAL SERVICES

NAMIBIA
DEMOGRAPHIC AND HEALTH SURVEY 2000


Namibia
Demographic and Health Survey 2000

Ministry of Health and Social Services<br>Windhoek, Namibia

October 2003

This report presents the findings from the 2000 Namibia Demographic and Health Survey (2000 NDHS), which was undertaken by the Ministry of Health and Social Services in collaboration with the Central Bureau of Statistics of the National Planning Commission. The Ministry of Health and Social Services was the main source of funding for the survey with additional financial assistance from UNICEF, HSSSP, UNFPA, French Cooperation, EU, GTZ, WHO, Spanish Cooperation and NaSoMa. Technical assistance was provided by the Demographic and Health Surveys programme at ORC Macro under contract with MOHSS.

Additional information about the 2000 NDHS may be obtained free of charge from the Ministry of Health and Social Services, Directorate Policy, Planning and Human Resource Development, Private Bag 13198, Harvey Street, Windhoek, Namibia (telephone: 264-61 203 9111; fax: 264-61 227 607, website: healthforall.net/grnmhss). Information about the DHS Project may be obtained by contacting ORC Macro, 11785 Beltsville Drive, Suite 300, Calverton, MD 20705, U.S.A. (telephone: 301-572-0200; fax: 301-572-0999).

Selected citation: Ministry of Health and Social Services (MOHSS) [Namibia]. 2003. Namibia Demographic and Health Survey 2000. Windhoek, Namibia: MOHSS

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## FOREWORD

In 1992, two years after Namibia's independence, the Ministry of Health and Social Services implemented the first ever nation-wide Demographic and Health Survey (DHS). At that stage, a largescale reorganisation of Namibia's health service was still ongoing and most primary health care programmes were only just being established. The results of the 1992 NDHS therefore provided a valuable source of data for planners and system developers, who required reliable baseline information on the most important health and demographic indicators for Namibia.

Since 1992, my Ministry has made considerable progress in strengthening and consolidating our health programmes. The development projects and programmes implemented as part of the First National Development Plan (NDP1) from 1995 to 2000 provided particularly strong impetus to the health sector. During the year 2000 all government line-ministries started compiling the Second National Development Plan (NDP2). The need arose, therefore, to implement a Demographic and Health Survey, which could inform both the NDP1 review and NDP2 planning processes.

In addition, Namibia is party to the International Convention on the Rights of the Child, which was signed by our Head of State, President Sam Nujoma, at the World Summit for Children in New York in 1990. At the time, the Summit affirmed that progress on the agreed goals would be measured after 10 years. The 2000 NDHS therefore provides results on the relevant child health and welfare indicators. Also, by taking account of government's decentralisation policy, the design of the 2000 NDHS has ensured that valuable information on all 13 regions is included in this report.

Having studied the results of the survey, I am gratified to find convincing evidence of the considerable progress our health service has made over the past 10 years. Generally, the indicators show great improvement in the overall health of our nation and thus bear witness to the many concerted efforts government and all partners in health have put in place since independence. We nevertheless need to take note that the results related to some programme areas highlight the need for more focused attention over the medium term. Also, the fact that the impact of the AIDS epidemic will become more pronounced over the coming years, calls for a redoubling of our efforts. Only then can we expect that the results of the next NDHS (to be undertaken in 2005) will show a continuation of the current trends.

I trust that the 2000 NDHS report will be widely read and utilised by our communities, our health and social workers, the relevant line ministries and civil society organisations, all regional councils, as well as our development partners. I am convinced that the information contained in the report will greatly assist the programming of health interventions, which will take us closer to our aim of improved health and social wellbeing for all Namibians. As this report shows: Together we can make a difference!

## DR. LIBERTINA AMATHILA <br> MINISTER FOR HEALTH AND SOCIAL SERVICES

## PREFACE

The 2000 Namibia Demographic and Health Survey (NDHS) marks a major milestone in the history of the Ministry of Health and Social Services. It provides a comprehensive source of information on a large number of health and demographic indicators at a point in time when the ministry looks back on the first 10 years of a unified and comprehensive health service for the whole of Namibia and its people. I am therefore particularly pleased to present this report.

The 2000 NDHS has been a large-scale research project. Twenty field teams interviewed more than 6,500 women and 3,000 men over a three-month period (October to December 2000) in 260 enumeration areas that covered all 13 regions of the country. It was also clear that the success of this project hinged upon the effective cooperation of the large number of players involved.

Most of all, the 2000 NDHS would have been impossible without the friendly cooperation given to our survey field workers by households all over the country. I am therefore particularly thankful to all the families and individuals, who welcomed our interviewers into their homes and made their precious time available to this important exercise. Furthermore, I would like to express the gratitude of my Ministry to the following individuals, groups, institutions or agencies, whose contribution ensured that the 2000 NDHS became a success: the Health and Social Sector Support Programme Phase 2 (HSSSP2), Finland; UNICEF; UNFPA; Primary Health Care Support Project, France; Namibia Integrated Health Programme (NIHP), EU; GTZ, Germany; World Health Organisation; the Spanish Cooperation; and NaSoMa.

The smooth implementation of the survey fieldwork was ensured by the field teams and support staff of the Social Impact Assessment and Policy Analysis Corporation (SIAPAC) and the Multidisciplinary Research Centre (MRC) at the University of Namibia (UNAM), who worked as a joint venture.

My Ministry's regional directors and regional management teams, as well as all districts, provided valuable support in form of transport, accommodation and liaison with the communities and thereby ensured that the fieldwork could proceed at a steady pace. Particular thanks are due to the nurses, who acted as field editors, and the drivers, who ensured that all teams arrived safely at their destinations.

Very valuable support in raising awareness about the survey and generating cooperation from communities was provided by all 13 regional councils, governors, councilors and staff; various town and city councils and their staff; and the Namibia Agricultural Union and local farmer associations.

Important support to the determination of the sample, the mapping of enumeration areas and general survey design was provided by the Central Bureau of Statistics of the National Planning Commission Secretariat.

Highly appreciated technical support on a multitude of aspects during all phases of the survey was provided by staff from the DHS Project of ORC Macro in the USA, who visited Namibia on a short-term consultancy basis on a number of occasions.

Finally, I should like to express my sincere gratitude to the overall 2000 NDHS project coordinating team at my Ministry's head office from the Directorate of Policy, Planning and Human Resource Development and the Epidemiology Unit of the Directorate of Primary Health Care Services for their tireless work in ensuring that the survey was completed successfully.

DR. K. SHANGULA
PERMANENT SECRETARY

## ABBREVIATIONS

| AIDS | Acquired immuno-deficiency syndrome |
| :--- | :--- |
| BCG | Bacille Billé de Calmette et Guérin (vaccine) |
| BF | Breastfeeding |
| Cm | Currently married |
| CMR | Child mortality rate |
| CDC | Centres for Disease Control |
| DHS | Demographic and Health Survey |
| DPT | Diphteria, pertussis and tetanus |
| EA | Enumeration Area |
| EU | European Union |
| EPI | Expanded Programme on Immunization |
| GTZ | Technical Cooperation |
| GPS | Global positioning system |
| HIS | Health Information System |
| HSSSP2 | Human immund Social Sector Support Programme Phase 2 |
| HIV | Household |
| HH | Intra-uterine contraceptive devire |
| IUD | Infant mortality rate |
| IMR | Integrated System for Survey Analysis |
| ISSA | Low birth weight |
| LBW | Ministry of Health and Social Services |
| MOHSS | Multidisciplinary Research Centre |
| MRC | Maternal mortality rate |
| MMR | Namibia Demographic and Health Survey |
| NDHS | Namibia Social Marketing Association |
| NaSoMa | Numbers |
| ns | Not available |
| N/A | National Centre for Health Statistics |
| NCHS | Oral rehydration sachets |
| ORS | Primary health care |
| PHC | Primary sampling unit |
| PSU | Parts per million |
| ppm | Social Impact Assessment and Policy Analysis Corporation |
| SIAPAC | Traditional birth attendant |
| TBA | University of Namibia |
| UNAM | United Nations Children Fund |
| UNICEF | United Nations Population Fund |
| UNFPA | Under 5 mortality rate |
| U5MR | United Nations Joint Programme on AIDS |
| UNAIDS | Weighted |
| wtd | World Health Organisation |
| WHO |  |

## SUMMARY OF FINDINGS

The 2000 Namibia Demographic and Health Survey (NDHS) was implemented to assess the progress made in the health sector since the 1992 NDHS. It therefore focused on measuring achievements related to the same indicators as in 1992, but also included new aspects, e.g. HIV/AIDS. Furthermore, the 2000 NDHS was designed to obtain reliable data for all 13 administrative regions, which had not been established at the time of the 1992 NDHS. In addition, data for the four MOHSS Regional Directorates are included, which provide comparison to the 1992 NDHS results at the sub-national level.

A nationally representative sample of 6,755 women age 15-49 and a sub-sample of about 2,954 men age $15-59$ were interviewed in the 2000 NDHS. Twenty mobile teams conducted the interviews from late September to midDecember 2000.

## Household Characteristics

As part of the 2000 NDHS, households were assessed as to the availability of various amenities. The survey found that 79 percent of households have access to safe drinking water, compared to only 68 percent in 1992

Nationally, 45 percent of households have sanitary means of excreta disposal, compared to 40 percent in 1992. There are large disparities by residence, with 85 percent of households in urban areas having sanitary toilets, compared to only 19 percent of rural households.

Overall, some 63 percent of households consume adequately iodised salt. The disparity between urban and rural areas is small at 68 percent and 60 percent, respectively.

## Fertility

The total fertility rate (TFR) for the three-year period before the survey is 4.2 births per woman. This represents a sharp decline from 5.4 births per woman for the 3 -year period prior to 1992, a net reduction of 1.2 children or a 22 percent decline over the past eight years.

The effect of the higher fertility rates prevailing in the past is evident in the mean number of children ever born. On average, women have given birth to almost two children by their late 20 s , four children by their late 30s, and over five children by their late 40s. The difference between the mean number of children ever born to women 45-49 years (5.5) and the total fertility rate (4.2) is more than one child, indicative of the declining fertility which Namibia has experienced in the past two decades.

## Family planning

Some knowledge of family planning is nearly universal among Namibian women, 97 percent of whom have heard of at least one method. Knowledge of methods is only slightly higher among married women than all women.

There has been a dramatic increase in awareness of some methods. For example, the proportion of women who know of the male condom has increased from 72 percent in 1992 to 93 percent in 2000 and knowledge of the IUD has increased from 36 to 52 percent.

Overall, 38 percent of all women in Namibia are currently using a contraceptive method, with 37 percent using modern methods. Contraceptive use is higher among currently married women, 44 percent of whom are using
a method, and is even higher among sexually active women, 52 percent of whom are using a method.

There has also been a substantial increase in contraceptive use, from 23 percent of all women age 15-49 in 1992 to 38 percent in 2000 (i.e. an increase of 62 percent). The most commonly used method among all women is injectables (17 percent), followed by male condom ( 9 percent), and the pill ( 6 percent).

Some women are more likely to use contraception than others. Teenagers tend to rely on male condoms and injectables, while women in their 20 s and early 30 s overwhelmingly use injectables and to a lesser extent, male condoms and pills. Women age 35-39 use injectables, female sterilisation and the pill. By the time women reach their 40s, female sterilisation is the most commonly used method. Urban women, women in the Central Directorate, and better educated women are considerably more likely to be using contraception than other women.

## Fertility Preferences

Overall, close to half ( 48 percent) of all women age 15-49 either do not want any more children or have already been sterilised. Forty-five percent of women would like to have a child in the future; however, half of these women ( 22 percent) would like to wait two or more years before having another child.

The mean ideal family size among all women has declined from 5.0 in 1992 to 3.3 in 2000 and among married women from 5.7 to 4.0 . Among women with no children, the proportion who regard three or fewer children as the ideal number increased from 38 percent in 1992 to 75 percent in 2000.

## Maternal Health

Survey results show that the vast majority of
pregnant women in Namibia (93 percent) receive antenatal care. More than 9 in 10 women receive antenatal care from a medical professional ( 91 percent), mostly from nurses and midwives ( 78 percent). Doctors provide 13 percent of antenatal care services, while traditional birth attendants provide only 2 percent of antenatal care.

Urban women are more likely to receive antenatal care, especially from doctors, than rural women. Also, more educated women are more likely to receive antenatal care from doctors.

Forty-six percent of women who delivered in the previous year said they received at least one injection against tetanus during the pregnancy.

The proportion of births delivered in health facilities has increased from 67 percent in 1992 to 75 percent in 2000.

More than three in four women who gave birth in the five years preceding the survey were assisted by trained medical personnel (doctors, nurses, or midwives), while 6 percent were assisted by traditional birth attendants, 17 percent were assisted by relatives, and less than 1 percent had no assistance during delivery.

There are large differences in type of delivery assistance by background characteristics. Urban women are more than twice as likely to receive assistance at delivery from a doctor as rural women.

At first glance, it would appear that the maternal mortality ratio has increased over time, from 225 maternal deaths per 100,000 live births for the 10 -year period prior to 1992 to 271 for 1991-2000. However, the methodology used and the sample size implemented in the 2000 NDHS do not allow for precise estimates of maternal mortality. The sampling errors around each of the estimates are large and consequently, they are not
significantly different; thus it is impossible to say whether or not maternal mortality is changing over time.

## Child Health

According to the health passport and mothers' reports, 65 percent of children 12-23 month have received all the recommended vaccinations, and only 5 percent have not received any vaccinations.

When compared to the 1992 NDHS, the percentage of children aged 12-23 months who had received all vaccinations has improved, from 58 percent in 1992 to 65 percent in 2000.

Thirty-eight percent of children under five have received a high dose vitamin A supplement in the six months before the survey.

The median duration of breastfeeding is almost 19 months in Namibia. Although exclusive breastfeeding is recommended for the first 4-6 months of life, only 26 percent of children under four months old are exclusively breastfed

One-quarter (24 percent) of Namibian children under five are short for their age or stunted, while 8 percent are severely stunted. Nine percent of children under five are thin for their height, or wasted, and 2 percent are severely wasted.

Comparison with data from the 1992 NDHS shows some improvement in nutritional status of children; the proportion of children under five who are stunted has declined, while the proportion who are wasted has remained steady.

Overall, the 2000 NDHS found that the prevalence of diarrhoea among children under five has declined by almost 50 percent since 1992. The use of ORS has declined since 1992, but only marginally.

The 2000 NDHS confirms that both infant and child mortality have been declining steadily over the past ten to fifteen years. Infant mortality declined from 57 per 1,000 during 1988-92 to 38 per 1,000 during 1996-2000. Improvements are observed in all regional directorates with the most marked decline in the Northeast Directorate (84 to 24); the Northwest Directorate improved from 56 infant deaths per 1,000 births to 50 per 1,000 , and the Central/South Directorate from 56 per 1,000 to about 35 per 1,000.

The under-five mortality rate for Namibia for the period $1996-2000$ is 62 per 1000 , which is an improvement of 25 percent on the figure of 83 per 1000 for the period 1988-1992 found by the 1992 NDHS.

## HIV/AIDS

Awareness of AIDS is almost universal in Namibia, with 98 percent of women and over 99 percent of men saying they had heard of AIDS. It is very encouraging to note that large majorities of both women ( 81 percent) and men ( 87 percent) spontaneously mention condoms as a means of avoiding HIV.

The vast majority of women ( 83 percent) and men ( 87 percent) are aware that a healthylooking person can be infected with the HIV virus. About the same proportion ( 86 percent of women and 84 percent of men) are aware that HIV can be transmitted from a mother to her child during pregnancy or childbirth. Fewer respondents say that HIV can be transmitted through breastfeeding.

The 2000 NDHS included question designed to gauge the level of stigma associated with HIV/AIDS. Respondents were asked whether they thought that an HIV-positive teacher who is not sick should be allowed to continue teaching in school. About two-thirds of women and just over half of men said that such a teacher should be allowed to continue teaching.

Only about one-quarter of women and one-third of men felt that an HIV-positive person should be allowed to keep his/her status private Another indicator of attitudes towards HIV/AIDS is the extent to which people are willing to care for sick relatives. In Namibia, over 90 percent of women and men say they are willing to care for relatives with AIDS in their own households, a finding that should be encouraging for home-based care programmes.

HIV testing is one of the important interventions in the fight against AIDS. NDHS results show that about one-quarter of women and men have been tested for HIV. Seven in ten respondents who have not been tested, say they know a place where they could be tested.

In conclusion, the 2000 NDHS provides a valuable source of data on a wide variety of indicators, which permit the assessment of progress achieved over the past 8 years. In general, considerable improvements have occurred in the health sector. However, many challenges remain to further improve the health of the Namibian nation.

## MAP OF NAMIBIA



### 1.1 Geography, History and Economy

## Geography

Namibia is situated in South-Western Africa and covers approximately 824, 000 square kilometres. It is bordered by the Atlantic Ocean in the west, Botswana and Zimbabwe in the east, South Africa in the south and Angola and Zambia in the north.

The Namib Desert, the oldest desert in the world, stretches along the whole west coast of the country, while the Kalahari Desert runs along the southeastern border with Botswana. Namibia's name is derived from the Namib Desert, a unique geological feature renowned for the pristine and haunting quality of its landscape. The Namibian climate varies from arid and semi-arid to subtropical with the generally temperate desert coast offering sometimes fog-ridden days with temperatures between $5^{\circ} \mathrm{C}$ and $20^{\circ} \mathrm{C}$.

The central, southern and coastal areas constitute some of the most arid landscapes south of the Sahara. The hottest months are January and February, with average daytime temperatures varying between $9^{\circ} \mathrm{C}$ and $30^{\circ} \mathrm{C}$. During the winter months that stretch from May to September, temperatures can fluctuate between $-6^{\circ} \mathrm{C}$ and $10^{\circ} \mathrm{C}$ at night to $20^{\circ} \mathrm{C}$ in the day. Frost occurs over large areas of the country during winter, but in general winter days are clear, cloudless and sunny. Overall, Namibia is a summer rainfall area, with limited showers occurring from October and building up to peak in January and February.

## History

On March 21, 1990, Namibia achieved its independence after a century of colonial rule, first by Germany and then by South Africa, following the successful implementation of the United Nations Resolution 435. The country, with a constitution based on Roman-Dutch law, has a multi-party system with general elections held every five years. A bicameral legislature consists of the National Council (two members chosen from each region of the regional council) and the National Assembly. The ruling party is the South West People's Organization (SWAPO) and there are approximately five opposition parties.

Administratively, the country is divided into 13 regions, namely: the Caprivi, Kavango, Kunene, Omusati, Ohangwena, Oshana, and Oshikoto Regions in the north, the Omaheke, Otjozondjupa, Erongo, and Khomas Regions in the central areas and the Hardap and Karas Regions in the south.

## Economy

The economy of Namibia is heavily dependent on the extraction and processing of minerals for export; mining accounts for almost 25 percent of the gross domestic product (GDP). Namibia is the fourth-largest exporter of non-fuel minerals and the world's fifth-largest producer of uranium. The agricultural sector accounts for approximately 15 percent of the GDP, of which less than a third is generated through subsistence agriculture. Beef production accounts for 85 percent of the nation's gross agricultural income. Half of the population depends on agriculture.

Another sector contributing to the national output is the fishing industry. This sector has grown from less than 2 percent of GDP at independence to 4 percent by 1996. Namibia is now a significant player in the international fishing industry, ranking amongst the top ten in the world in terms of value of catches. Namibia is also one of Africa's biggest fisheries nations in terms of production and exports.

However, the manufacturing base remains small, with fish and meat processing being the largest individual sub-sectors, although beverages, other food products, metal and pre-cast concrete products, furniture, paints, detergents, and leather goods are also produced.

Namibia is ranked as a middle-income country, but it has one of the most skewed incomes per capita in the world. The disparities in per capita income among the major segments of the population are the result of lopsided development, which characterised the Namibian economy in the past.

### 1.2 POPULATION

According to the 2001 Population and Housing Census, the Namibian population consists of $1,826,854$ people, of which 936,718 are female and 890,136 are male. The country has a relatively youthful population, with 43 percent of the population under 15 years of age and less than 4 percent over 65. Despite rapid urbanisation, Namibia is still a mainly rural society, with less than 30 percent of the population living in urban areas. Regional population densities vary enormously, with almost two-thirds of the population living in the four northern regions and less than one-tenth living in the south. Despite its small population, Namibia has a rich diversity of ethnic groups, including Owambos, Hereros, Namas, Damaras, Caprivians, Sans, Twanas, Germans, Afrikaners, Coloureds, and Basters.

English is the official language and more than 11 languages are indigenous to Namibia, but with its cosmopolitan society, languages from around the world are spoken in Namibia. People commonly speak two or three languages and more than 50 percent of the population speaks Oshiwambo. Among the European languages spoken in Namibia are German, Portuguese, Spanish, French, Arabic and Chinese.

### 1.3 Health Services and Programmes

The Ministry of Health and Social Services has adopted a primary health care (PHC) approach in the delivery of health services to the Namibian population. Hence the PHC programmes established were to reflect the eight elements of PHC :

- Promotion of proper nutrition and adequate supply of safe water;
- Maternal and child care, including family spacing;
- Immunisation against the major infectious diseases;
- Basic housing and basic sanitation;
- Prevention and control of locally endemic diseases;
- Education and training in the prevention and control of prevailing community health problems;
- Appropriate treatment for common diseases and injuries; and
- Community participation in health and social matters.

Other programmes designed to support the strategy have been organised into functional units: policy, planning and human resources development; tertiary health care and clinical support services; developmental social welfare services; and finance and resource management.

The strong secondary and tertiary curative care services, which were present at independence, have been maintained and further strengthened or appropriately developed to provide an integral national system of referral support for PHC services. Three intermediate/referral hospitals are Oshakati Hospital in

Oshana Region, Rundu Hospital in Kavango Region, and Katutura Hospital in Khomas Region, while Windhoek Central Hospital serves as the overall national referral hospital. The hospital hierarchy is based on the principle of a cost-effective referral chain, so that health care provision is based on specific need rather than on factors such as historical forces or skewed incentives.

As part of the health sector reform, restructuring has meant that authority is decentralised to the 13 Regional Management Teams (RMT) and their respective districts at the operational level. RMTs are responsible for the planning, organisation, implementation, and evaluation of regional health plans and for other management activities.

Because of the fact that PHC includes diverse interventions, intersectoral collaboration has been recognised as an important aspect in health and social care delivery. Many partners in health and social care are playing a major role in this sector. Although the government is the main service provider, private and mission facilities continue to make important contributions, although the latter is 100 percent subsidised by the government. As for the private sector, it is mainly urban-based, providing health care from 11 medium-sized hospitals, as well as from private pharmacies, doctors' surgeries and nursing homes.

### 1.4 Survey Objectives and Implementation of the Project

## Objectives

The primary objective of the 2000 NDHS was to provide up-to-date information on fertility and mortality, family planning, fertility preferences, maternal and child health, and knowledge and behaviour regarding HIV/AIDS. The 2000 NDHS was patterned after the 1992 NDHS so as to maximise the ability to measure trends on similar indicators between 1992 and 2000. The ultimate intent is to use this information to evaluate existing programmes and design new strategies in order to ensure delivery of health and social welfare services to the population in a cost effective and efficient manner.

The 2000 NDHS utilised technical support and survey design from the MEASURE/Demographic and Health Surveys programme at ORC Macro in Calverton, Maryland. Thus, it will form part of the archive of the more than 140 surveys that have been conducted in 67 countries, including Zimbabwe, Botswana, South Africa, Mozambique, Malawi, Madagascar, and Namibia itself (in 1992).

## Organisation

As in the 1992 survey, the 2000 NDHS was undertaken by the Ministry of Health and Social Services (MOHSS), in collaboration with the Central Bureau of Statistics and the MEASURE/Demographic and Health Surveys programme at ORC Macro. The University of Namibia and a private research group, SIAPAC, provided additional technical assistance.

The National Survey Director of the 2000 NDHS was the Deputy Director of the Planning Directorate, MOHSS, and the Technical Coordinators were also from the MOHSS. The Director and Coordinators were supported by a multisectoral Technical Committee. Moreover, the MOHSS established a Steering Committee, which consisted of some 10-15 members, including representatives of all the major organisations that were expected to utilise the survey data and all potential funding agencies. In addition to being responsible for the overall coordination of the project, MOHSS was also responsible for developing, translating, and pretesting the questionnaires, training the field staff, and supervising the data collection process. The Central Bureau of Statistics bore responsibility for providing the information necessary for selecting the sampling points, providing maps, and locating sampling points in the field.

SIAPAC and UNAM provided support in terms of field staff training, fieldwork implementation, data processing, and data analysis. Staff from ORC Macro provided technical assistance to the MOHSS mostly during a series of eight visits to Namibia at crucial stages of the survey. Macro provided the services of a sampling statistician, demographers, and a data processing specialist. Macro staff also provided backstopping assistance in the form of administrative support, editing, and report formatting.

## Sample Design and Implementation

The 2000 NDHS sample was designed to produce reliable estimates of most of the major survey variables for the country as whole; for urban and rural areas separately; and for each of the 13 regions. The design called for a nationally representative probability sample of 6,500 women age 15-49 and a subsample of about 3,000 men age 15-59.

The 2000 NDHS sample was largely based on the Central Bureau of Statistics' master sample, drawn from the list of enumeration areas (EAs) created for the 1991 census. In 1997, new EAs were demarcated in Walvis Bay, which was not part of Namibia at the time of the 1991 census. The new EAs were incorporated into the 1991 census frame and the number of primary sampling units (PSUs) in the master sample was increased. A PSU corresponds to an entire EA or a group of EAs.

Due to considerable rural-urban migration, extensive peripheral development and intensive development of previously rural areas has taken place since 1991, particularly in Windhoek. At the time of the 2000 NDHS sample design, new EAs were being demarcated for the upcoming population census. A list of the new EAs in the urban areas of Caprivi, Hardap, Kunene, Omaheke, Oshana, and Otjozondjupa Regions was made available for the sample selection. Finally, in Khomas Region, a quick count of dwellings both in the old EAs within Windhoek and in the newly demarcated EAs in the informal settlement zones on the outskirts of Windhoek was implemented in order to get an up-to-date measure of size for the capital city.

The sampling frame for the 2000 NDHS was obtained by supplementing the master sample with the list of the new EAs in urban areas in selected regions and the updated EAs in Khomas Region. It should also be noted that the urban-rural classification of EAs was changed in the master sample so as to reflect the recent proclamation of municipalities, towns and villages. Some of the EAs were also shifted from one region to another following changes in regional boundaries.

The 2000 NDHS sample was selected in two stages. In the first stage, 260 PSUs (106 urban and 154 rural) were selected with probability proportional to the number of households within the PSU. Each selected PSU was divided into segments, one of which was retained in the sample. All households residing in the selected segment were included in the sample and all women age 15-49 listed in these households were eligible for individual interview. In one-half of the households, all men age 15-59 were also eligible.

## Questionnaires

The 2000 NDHS involved three questionnaires: 1) a household questionnaire, 2) a questionnaire for individual women 15-49, and 3) a questionnaire for individual men 15-59. These instruments were based on the model questionnaires developed for the international DHS program, as well as on the questionnaires used in the 1992 NDHS.

The questionnaires were developed in English and translated into six local languages-Afrikaans, Damara/Nama, Herero, Kwangali, Lozi, and Oshiwambo. People other than the initial translators did back translations into English with the goal of verifying the accuracy of the translations.

The household questionnaire was used to list all the usual members and visitors in the selected households. Some basic information was collected on the characteristics of each person listed, including his/her age, sex, education, and relationship to the head of the household. The main purpose of the household questionnaire was to identify women and men eligible for individual interview and children under five who were to be weighed and measured. In addition, information was collected about the dwelling itself, such as the source of water, type of toilet facilities, materials used to construct the house, ownership of various consumer goods, use of iodised salt, and household expenditures on health care.

The Woman's Questionnaire was used to collect information from all women aged 15-49 and covered the following topics:

- Background characteristics (age, education, religion, etc.);
- Reproductive history;
- Knowledge and use of contraceptive methods;
- Antenatal, delivery, and postnatal care (including tetanus toxoid testing);
- Breastfeeding and weaning practices;
- Child health and immunisation;
- Marriage and recent sexual activity;
- Fertility preferences;
- Knowledge of HIV/AIDS (condom use, number of partners, etc.);
- Maternal mortality;
- Husband's background and respondent's work.

In every second household, in addition to the women, all men age $15-59$ were eligible to be interviewed with the Man's Questionnaire, which covered:

- Background characteristics (age, education, religion, etc.);
- Knowledge and use of contraceptive methods;
- Marriage and recent sexual activity;
- Fertility preferences;
- Knowledge of HIV/AIDS (condom use, number of partners, etc.);
- Respondent's work.

The survey instruments were pretested in three areas (one urban and two rural) outside the segments drawn in the sample. About 200 women and 200 men were interviewed in the pretest, the results of which were used to modify the survey instruments as necessary.

## Training and Fieldwork

Training for the main survey took place from 21st August to 20th September 2000 at the University of Namibia. Fieldwork was organised in 20 teams, each composed of a supervisor (team leader), a field editor (nurse), three female interviewers, one male interviewer, and a driver. Candidates for field positions were recruited on the basis of maturity, friendliness, education, language ability, and willingness to work away from home for up to four months.

The training program included a detailed description of the content of the questionnaires, how to fill the questionnaires, interviewing techniques, contraceptive methods, and how to use the anthropometric measuring equipment and the salt-testing kits. Due to the inclusion of tetanus toxoid blood testing, field editors received training on how to collect and store blood spots from recent mothers. Supervisors received training on mapping, segmentation, household listing and use of global positioning system units. Fieldwork started on 22 September and was completed on 15 December 2000. Field teams were supervised frequently by senior staff from headquarters.

## Data Processing

After field editing and correction in the field, all completed questionnaires were sent to the Multisdisciplinary Research Centre at the University of Namibia in Windhoek for logging in and supplementary editing prior to data entry. The processing operation consisted of office editing, coding of open-ended questions, initial data entry and subsequent re-entry (verification) of all questionnaires to ensure correct capturing of data, and editing of inconsistencies found by the computer programs. ORC Macro staff provided assistance in developing the programs for data entry, training of data processing personnel and editing in the Integrated System for Survey Analysis (ISSA) computer package. A team of two supervisors and 16 data entry operators, working in two six-hour shifts, completed data processing activities in February 2001.

## Response Rates

Table 1.1 presents the survey response rates. In all, 6,849 households were selected for the 2000 NDHS, of which 6,594 were reported occupied at the time of the interview. The primary reasons for the difference were households that were away for an extended period of time and dwellings that were vacant.

| Number of households, number of interviews, and response rates, according to residence, Namibia 2000 |  |  |  |
| :---: | :---: | :---: | :---: |
| Result |  | ence |  |
|  | Urban | Rural | Total |
| WOMEN |  |  |  |
| Household interviews |  |  |  |
| Households sampled | 3,008 | 3,841 | 6,849 |
| Households occupied | 2,876 | 3,718 | 6,594 |
| Households interviewed | 2,760 | 3,632 | 6,392 |
| Household response rate | 96.0 | 97.7 | 96.9 |
| Individual interviews: women |  |  |  |
| Number of eligible women | 3,392 | 3,916 | 7,308 |
| Number of eligible women interviewed | 3,102 | 3,653 | 6,755 |
| Eligible woman response rate | 91.5 | 93.3 | 92.4 |
| MEN |  |  |  |
| Household interviews |  |  |  |
| Households sampled | 1,474 | 1,867 | 3,341 |
| Households occupied | 1,408 | 1,806 | 3,214 |
| Households interviewed | 1,341 | 1,763 | 3,104 |
| Household response rate | 95.2 | 97.6 | 96.6 |
| Individual interviews: men |  |  |  |
| Number of eligible men | 1,652 | 1,899 | 3,551 |
| Number of eligible men interviewed | 1,337 | 1,617 | 2,954 |
| Eligible man response rate | 80.9 | 85.2 | 83.2 |

Interviews were completed in 6,392 households or 97 percent of the occupied households. In the interviewed households, 7,308 women were identified as eligible for the individual interview, of which 6,755 ( 92 percent) were successfully interviewed. Of the 3,551 men identified as eligible in every second household, 2,954 ( 83 percent) were interviewed. The principal reason for non-responses among eligible women and men was the failure to find them at home despite repeated visits to the household.

## CHARACTERISTICS OF HOUSEHOLDS AND RESPONDENTS

This chapter is a descriptive summary of some demographic and socio-economic characteristics of the population in the sampled households in Namibia and the individual respondents interviewed, such as: age, sex, residence and educational level. This chapter presents this information in three parts: characteristics of the household population, housing characteristics, and background characteristics of survey respondents-both women and men. Information on characteristics of the households and the individual women and men interviewed is useful for the interpretation of survey findings and can provide an approximate indication of the representativeness of the survey.

A household was defined as a person or a group of persons who live together and share a common source of food. The Household Questionnaire (see Appendix F) was used to collect information on all usual residents and visitors who spent the night preceding the survey in the sampled household. This allows the calculation of either de jure (usual residents) or de facto (those there at the time of the survey) populations.

### 2.1 Population by Age and Sex

The distribution of the household population in the 2000 NDHS is shown in Table 2.1 by fiveyear age groups, according to sex and urban rural residence. The distribution generally conforms to the pattern characteristic of high fertility populations, with a much higher proportion of the population in the younger than in the older age groups (Figure 2.1). The proportion of the population age 65 and over

Table 2.1 Household population by age, sex, and residence
Percent distribution of the de facto household population by five-year age group, according to sex and residence, Namibia 2000

| Age group | Urban |  |  | Rural |  |  | Total |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Total | Male | Female | Total | Male | Female | Total |
| 0-4 | 11.8 | 10.8 | 11.3 | 16.4 | 14.6 | 15.4 | 14.8 | 13.4 | 14.0 |
| 5-9 | 11.2 | 11.2 | 11.2 | 16.9 | 15.8 | 16.3 | 15.0 | 14.3 | 14.6 |
| 10-14 | 9.8 | 11.2 | 10.6 | 16.6 | 14.7 | 15.6 | 14.3 | 13.6 | 13.9 |
| 15-19 | 9.4 | 9.8 | 9.6 | 12.1 | 10.0 | 11.0 | 11.2 | 10.0 | 10.5 |
| 20-24 | 10.7 | 11.7 | 11.2 | 8.2 | 7.5 | 7.8 | 9.1 | 8.8 | 8.9 |
| 25-29 | 11.6 | 10.8 | 11.2 | 5.4 | 5.9 | 5.6 | 7.5 | 7.4 | 7.5 |
| 30-34 | 8.9 | 9.2 | 9.0 | 4.2 | 5.0 | 4.6 | 5.8 | 6.3 | 6.1 |
| 35-39 | 6.7 | 6.9 | 6.8 | 3.0 | 4.1 | 3.6 | 4.3 | 5.0 | 4.7 |
| 40-44 | 6.1 | 5.5 | 5.8 | 2.3 | 3.5 | 2.9 | 3.6 | 4.1 | 3.9 |
| 45-49 | 4.0 | 3.5 | 3.8 | 2.4 | 2.4 | 2.4 | 3.0 | 2.7 | 2.8 |
| 50-54 | 3.1 | 3.5 | 3.3 | 2.0 | 3.8 | 2.9 | 2.4 | 3.7 | 3.1 |
| 55-59 | 2.0 | 2.0 | 2.0 | 2.1 | 2.3 | 2.2 | 2.0 | 2.2 | 2.1 |
| 60-64 | 2.1 | 1.6 | 1.8 | 2.3 | 2.8 | 2.6 | 2.2 | 2.4 | 2.3 |
| 65-69 | 0.8 | 0.6 | 0.7 | 1.7 | 2.0 | 1.9 | 1.4 | 1.6 | 1.5 |
| 70-74 | 0.6 | 0.7 | 0.7 | 1.6 | 1.7 | 1.7 | 1.3 | 1.4 | 1.3 |
| 75-79 | 0.3 | 0.3 | 0.3 | 0.9 | 1.4 | 1.2 | 0.7 | 1.0 | 0.9 |
| $80+$ | 0.3 | 0.6 | 0.5 | 1.6 | 2.2 | 1.9 | 1.2 | 1.7 | 1.4 |
| Missing/don't | 0.4 | 0.1 | 0.2 | 0.4 | 0.4 | 0.4 | 0.4 | 0.3 | 0.3 |
| know |  |  |  |  |  |  |  |  |  |
|  | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Total | 5,187 | 5,453 | 10,639 | 9,997 | 11,628 | 21,627 | 15,184 | 17,081 | 32,267 |
| Number |  |  |  |  |  |  |  |  |  |

[^0] interview. Total includes 2 people whose sex was not stated.

Figure 2.1 Population Pyramid of Namibia


NDHS 2000
( 5 percent) has not changed since the 1992 NDHS; however, the under-5-year age group has declined from 16 percent in 1992 to 14 percent in 2000, implying a decline in fertility. There is some evidence of distortion in the female population age $50-54$, with more women reported to be $50-54$ than $45-49$. Since this "heaping" does not occur among men in the same age group, it suggests that some interviewers may have deliberately pushed women out of the age range eligible for the individual interview in order to reduce their workload. This conclusion is bolstered by the fact that the number of women reported to be age 14 was 38 percent greater than the number reported to be 15 (see Appendix Table C.1), which also implies deliberate displacement of respondents out of the eligible age range. Although such distortions are disturbing, because they occur at the youngest and oldest age groups, they are unlikely to have a large effect on the survey results.

Table 2.2 Population by age, according to selected sources

Percent distribution of the de facto population by age group, according to selected sources, Namibia 2000

| Age group | 1992 | 2000 |
| :--- | ---: | ---: |
| $<15$ | 42.9 | 42.6 |
| $15-64$ | 50.7 | 51.9 |
| $65+$ | 5.3 | 5.2 |
| Missing/don't know | 1.1 | 0.3 |
|  |  |  |
| Total | 100.0 | 100.0 |
| Median age |  |  |
| NA $=$ Not applicable |  | NA |

Table 2.2 shows the percent distribution of the population by broad age group, according to selected sources. Forty-three percent of the population is below age 15, with 52 percent in the age group 15-64; the remaining 5 percent are age 65 and over. The population has a low median age of 18 years.

### 2.2 HOUSEHOLD COMPOSItION

Table 2.3 presents information about the composition of households by sex of the head of the household and size of the household. This table includes the percentage of households with foster children. The data show that currently, men head 59 percent of households in Namibia, a reduction of 10 percentage points since 1992 ( 69 percent). Female headed households are more common in rural areas (44 percent) than urban areas ( 38 percent). The average household size in Namibia is 5.1 persons, compared to 6.0 in 1992. Rural households are larger than urban households; in 2000, the mean household size was 5.5 in rural areas and 4.3 in urban areas.

| Table 2.3 Household composition |  |  |  |
| :---: | :---: | :---: | :---: |
| Percent distribution of households by sex of head of household, household size, and presence of foster children in household, according to residence, Namibia 2000 |  |  |  |
|  | Resi | dence |  |
| Characteristic | Urban | Rural | Total |
| Sex of head of household |  |  |  |
| Male | 62.1 | 56.1 | 58.5 |
| Female | 37.8 | 43.9 | 41.5 |
| Total | 100.0 | 100.0 | 100.0 |
| Number of usual members |  |  |  |
| 1 | 11.1 | 8.5 | 9.5 |
| 2 | 17.7 | 11.7 | 14.1 |
| 3 | 15.9 | 11.4 | 13.1 |
| 4 | 15.8 | 12.2 | 13.6 |
| 5 | 13.2 | 12.0 | 12.4 |
| 6 | 8.5 | 10.4 | 9.6 |
| 7 | 6.4 | 8.2 | 7.5 |
| 8 | 4.2 | 8.0 | 6.5 |
| 9+ | 7.2 | 17.6 | 13.6 |
| Total | 100.0 | 100.0 | 100.0 |
| Mean size | 4.3 | 5.5 | 5.1 |
| Percentage with foster children | 18.8 | 45.8 | 35.3 |
| Note: Table is based on de jure members; i.e., usual residents. |  |  |  |

Over one-third ( 35 percent) of households have foster children, that is, children under age 15 living with neither their biological mother nor father. Foster children include orphans. The percentage of households with foster children declined from 37 percent in 1992 to 35 percent in 2000. With the current high prevalence of HIV/AIDS, the percentage of households with foster children in Namibia is likely to rise.

### 2.3 FOSterhood and Orphanhood

Table 2.4 shows the percent distribution of children under age 15 by survival status of parents and child's living arrangements, according to background characteristics. The table shows that only onequarter ( 26 percent) of children under 15 years are living with both their biological parents; One-third are living with their mothers but not with their fathers, 4 percent are living with their fathers but not their mothers, and fully one-third are living with neither of their natural parents (Figure 2.2). This extremely high level of fosterhood has implications for the health and well-being of the children in Namibia.

The table also provides data on the extent of orphanhood, that is, the proportion of children whose biological parents have both died. Of children under 15 years, 9 percent have lost their fathers and 4 percent have lost their mothers. One percent of children under 15 have lost both their biological parents (orphaned).

Table 2.4 Children's living arrangements
Percent distribution of de jure children under age 15 by survival status of parents and children's living arrangements, according to background characteristics, Namibia 2000


| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| <2 | 31.5 | 47.5 | 1.6 | 1.2 | 0.0 | 13.7 | 0.5 | 0.7 | 0.2 | 3.1 | 100.0 | 2,734 |
| 3-5 | 29.3 | 31.7 | 2.9 | 3.2 | 0.2 | 25.9 | 1.4 | 2.3 | 0.4 | 2.6 | 100.0 | 2,611 |
| 6-9 | 24.8 | 25.2 | 4.4 | 4.5 | 0.6 | 30.2 | 2.4 | 4.1 | 0.9 | 2.8 | 100.0 | 3,833 |
| 10-14 | 22.9 | 20.3 | 5.3 | 4.5 | 0.6 | 31.3 | 2.8 | 5.9 | 2.2 | 4.2 | 100.0 | 4,464 |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 26.1 | 29.9 | 4.1 | 4.0 | 0.4 | 25.0 | 2.0 | 3.9 | 1.1 | 3.3 | 100.0 | 6,630 |
| Female | 26.6 | 28.7 | 3.6 | 3.2 | 0.3 | 27.8 | 1.9 | 3.5 | 1.1 | 3.3 | 100.0 | 7,012 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 35.7 | 32.4 | 3.4 | 4.5 | 0.5 | 16.6 | 1.2 | 1.3 | 1.1 | 3.4 | 100.0 | 3,502 |
| Rural | 23.2 | 28.2 | 4.0 | 3.3 | 0.3 | 29.8 | 2.2 | 4.5 | 1.1 | 3.2 | 100.0 | 10,140 |
| Directorate |  |  |  |  |  |  |  |  |  |  |  |  |
| Northwest | 16.3 | 30.8 | 4.1 | 2.9 | 0.2 | 33.8 | 2.6 | 5.6 | 1.0 | 2.6 | 100.0 | 6,807 |
| Northeast | 40.2 | 23.2 | 5.6 | 5.0 | 0.9 | 16.1 | 1.7 | 2.1 | 2.6 | 2.7 | 100.0 | 2,116 |
| Central | 35.3 | 26.0 | 2.9 | 4.4 | 0.4 | 22.6 | 1.1 | 1.6 | 0.7 | 5.0 | 100.0 | 1,940 |
| South | 34.4 | 32.5 | 2.6 | 3.6 | 0.6 | 18.9 | 1.1 | 1.7 | 0.5 | 4.0 | 100.0 | 2,779 |
| Region |  |  |  |  |  |  |  |  |  |  |  |  |
| Caprivi | 37.1 | 23.0 | 8.5 | 4.4 | 1.0 | 14.3 | 2.6 | 3.9 | 3.9 | 1.3 | 100.0 | 801 |
| Erongo | 48.2 | 23.7 | 5.9 | 2.6 | 0.4 | 11.5 | 0.3 | 1.0 | 1.5 | 4.9 | 100.0 | 455 |
| Hardap | 28.8 | 28.4 | 3.6 | 3.1 | 0.8 | 23.6 | 1.7 | 3.4 | 0.4 | 6.0 | 100.0 | 562 |
| Karas | 34.1 | 27.7 | 4.7 | 3.2 | 0.6 | 19.0 | 1.7 | 2.6 | 0.7 | 5.8 | 100.0 | 426 |
| Kavango | 42.0 | 23.3 | 3.9 | 5.4 | 0.8 | 17.2 | 1.1 | 1.1 | 1.8 | 3.5 | 100.0 | 1,314 |
| Khomas | 35.1 | 38.9 | 2.1 | 3.6 | 0.2 | 15.7 | 0.8 | 0.9 | 0.4 | 2.3 | 100.0 | 1,390 |
| Kunene | 23.0 | 31.7 | 1.7 | 4.9 | 0.2 | 28.0 | 1.1 | 1.9 | 0.3 | 7.1 | 100.0 | 442 |
| Ohangwena | 17.1 | 30.6 | 3.3 | 2.4 | 0.1 | 35.8 | 2.6 | 5.3 | 1.0 | 1.7 | 100.0 | 2,117 |
| Omaheke | 40.1 | 21.3 | 0.9 | 4.3 | 1.2 | 23.6 | 1.0 | 1.5 | 0.7 | 5.4 | 100.0 | 402 |
| Omusati | 15.5 | 26.8 | 4.5 | 2.6 | 0.2 | 36.9 | 3.3 | 5.8 | 1.2 | 3.2 | 100.0 | 2,000 |
| Oshana | 18.4 | 32.4 | 4.7 | 3.9 | 0.0 | 29.4 | 2.9 | 6.4 | 0.6 | 1.4 | 100.0 | 1,397 |
| Oshikoto | 13.8 | 35.7 | 4.2 | 3.2 | 0.4 | 30.7 | 1.5 | 4.7 | 1.2 | 4.7 | 100.0 | 1,294 |
| Otjozondjupa | 34.8 | 24.5 | 2.1 | 5.0 | 0.4 | 25.1 | 1.5 | 1.8 | 0.5 | 4.2 | 100.0 | 1,043 |
| Total | 26.4 | 29.3 | 3.9 | 3.6 | 0.4 | 26.4 | 2.0 | 3.7 | 1.1 | 3.3 | 100.0 | 13,643 |

As expected, younger children are more likely than older children to be living with one or both parents and are less likely to have a parent who has died. Children in the Northwest Directorate are considerably less likely than children in the other directorates to be living with both parents, mainly because 43 percent are living away from both parents. The proportion of children with one or both parents dead is about twice as high in the Northwest and Northeast Directorates than in the Central and South Directorates. For example, about 10 percent of children in the two northern directorates have lost their fathers, compared with about 5 percent of those in the Central and South Directorates.

# Figure 2.2 Parental Living Arrangements of Children Under 15 



Note: Total may not add to 100 due to rounding

Differences by region are even more pronounced, although some may be due to differences in the relative proportions of older versus younger children. In Oshikoto, Omusati, Ohangwena and Oshana Regions, less than 20 percent of children under 15 live with both their natural parents, compared with almost half of the children in Erongo Region. Adult mortality appears to be substantially higher in Caprivi Region than in the other regions, since 16 percent of children under 15 have lost their fathers and 8 percent have lost their mothers.

### 2.4 Education Level of Household Population

Namibia's education system comprises seven years of primary and five years of secondary education. Within the formal school system, the first stage is the universal primary education (grades 1-7). Junior Secondary education comprises grades 8-10 and senior secondary education grades 11 and 12. The Junior Secondary Certificate is offered at the successful completion of grade 10, whilst for senior secondary education, the final school examinations are the International General Certificate of Secondary Education (IGCSE) and the Higher International General Certificate of Secondary Education (HIGCSE). In 1994, the IGCSE replaced the Senior Certificate Examination of Cape Education Department, which had been the foundation before independence. The University of Cambridge Local Examinations Syndicate administers the IGCSE and HIGCSE. The IGCSE is the entry requirement for higher education institutions in Namibia, while the HIGCSE was designed specifically to give matriculation exemption to students applying to South African and other foreign universities. Other Southern Africa Development Community (SADC) countries such as Botswana, Lesotho, and Swaziland have similar examination systems, except South Africa and Zimbabwe, which have localised examination systems.

Education is a key determinant of the life style and status an individual enjoys in a society. It affects many aspects of human life, including demographic and health behaviour. Studies have consistently shown that educational attainment has strong effects on reproductive behaviour, contraceptive use, fertility, childhood mortality, morbidity, and issues related to family health and hygiene.

In the NDHS, information on educational attainment was collected for each person listed on the Household Questionnaire. Tables 2.5.1 and 2.5.2 show the percent distribution of the female and male population age six and over, by the highest level of education attended and the median number of years of schooling completed, according to selected background characteristics.

Table 2.5.1 Educational attainment of household population: women
Percent distribution of the de facto female household populations age six and over by highest level of education attained, according to background characteristics, Namibia 2000

| Background characteristic | Level of education |  |  |  |  |  |  | Total | Number of women | Median years of schooling |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No education | Some primary | Completed primary ${ }^{1}$ | Some secondary | Completed second$a r y^{2}$ | More than secondary | Don't know/ missing |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |
| $6-9^{3}$ | 48.8 | 49.9 | 0.0 | 0.0 | 0.0 | 0.0 | 1.2 | 100.0 | 1,998 | 0.0 |
| 10-14 | 5.3 | 82.9 | 6.8 | 4.4 | 0.0 | 0.0 | 0.6 | 100.0 | 2,321 | 3.7 |
| 15-19 | 4.5 | 26.2 | 18.5 | 47.2 | 3.5 | 0.0 | 0.2 | 100.0 | 1,702 | 7.0 |
| 20-24 | 8.1 | 11.4 | 9.5 | 48.9 | 19.5 | 1.9 | 0.8 | 100.0 | 1,505 | 8.5 |
| 25-29 | 8.7 | 17.5 | 9.5 | 39.9 | 21.0 | 2.4 | 1.0 | 100.0 | 1,272 | 8.4 |
| 30-34 | 11.1 | 23.2 | 11.6 | 39.1 | 9.7 | 4.1 | 1.1 | 100.0 | 1,082 | 7.4 |
| 35-39 | 13.5 | 27.6 | 11.1 | 31.2 | 10.1 | 5.0 | 1.5 | 100.0 | 859 | 6.7 |
| 40-44 | 19.8 | 26.5 | 11.8 | 28.0 | 7.3 | 4.7 | 1.9 | 100.0 | 702 | 6.2 |
| 45-49 | 23.7 | 28.4 | 13.2 | 23.7 | 5.3 | 4.7 | 0.9 | 100.0 | 469 | 5.6 |
| 50-54 | 33.8 | 32.7 | 8.0 | 14.1 | 6.8 | 3.2 | 1.4 | 100.0 | 626 | 3.3 |
| 55-59 | 37.6 | 35.0 | 5.5 | 9.1 | 6.5 | 2.9 | 3.3 | 100.0 | 372 | 2.2 |
| 60-64 | 40.7 | 36.7 | 6.6 | 8.9 | 2.0 | 1.2 | 3.9 | 100.0 | 416 | 1.5 |
| $65+$ | 54.9 | 29.8 | 2.0 | 7.8 | 1.6 | 0.6 | 3.3 | 100.0 | 972 | 0.0 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 11.4 | 27.4 | 9.0 | 32.2 | 15.2 | 3.5 | 1.2 | 100.0 | 4,760 | 7.1 |
| Rural | 25.2 | 42.3 | 8.2 | 19.3 | 2.6 | 0.8 | 1.5 | 100.0 | 9,587 | 3.6 |
| Directorate |  |  |  |  |  |  |  |  |  |  |
| Northwest | 20.5 | 43.3 | 7.9 | 21.4 | 4.1 | 1.3 | 1.6 | 100.0 | 6,689 | 4.3 |
| Northeast | 24.7 | 41.7 | 9.4 | 19.5 | 2.5 | 0.5 | 1.8 | 100.0 | 1,954 | 3.5 |
| Central | 23.9 | 28.9 | 8.5 | 25.9 | 8.5 | 3.1 | 1.2 | 100.0 | 2,293 | 5.5 |
| South | 16.5 | 28.8 | 9.1 | 28.8 | 13.5 | 2.3 | 1.0 | 100.0 | 3,411 | 6.5 |
|  |  |  |  |  |  |  |  |  |  |  |
| Caprivi | 25.6 | 36.8 | 10.7 | 23.2 | 2.8 | 0.6 | 0.4 | 100.0 | 771 | 3.8 |
| Erongo | 7.7 13.6 | 23.2 | 9.8 | 37.0 | 16.7 | 4.7 | 0.9 | 100.0 | 684 | 7.9 |
| Hardap | 13.6 | 37.3 | 12.6 | 26.7 | 7.1 | 1.0 | 1.7 | 100.0 | 630 | 5.8 |
| Karas | 9.1 | 31.0 | 7.2 | 34.9 | 13.7 | 2.1 | 2.1 | 100.0 | 503 | 7.1 |
| Kavango | 24.1 | 44.9 | 8.5 | 17.1 | 2.3 | 0.5 | 2.7 | 100.0 | 1,183 | 3.4 |
| Khomas | 13.6 | 25.3 | 9.0 | 30.6 | 17.9 | 3.1 | 0.5 | 100.0 | 1,889 | 7.2 |
| Kunene | 38.8 | 31.6 | 7.1 | 14.8 | 4.1 | 2.2 | 1.5 | 100.0 | 423 | 1.9 |
| Ohangwena | 27.0 | 50.8 | 5.5 | 14.5 | 0.8 | 0.5 | 0.9 | 100.0 | 1,832 | 2.9 |
| Omaheke | 44.6 | 29.3 | 6.0 | 15.5 | 2.7 | 0.8 | 1.1 | 100.0 | 389 | 1.0 |
| Omusati | 24.2 | 41.3 | 8.2 | 20.2 | 2.4 | 1.1 | 2.6 | 100.0 | 1,895 | 4.0 |
| Oshana | 10.5 | 39.0 | 9.7 | 28.3 | 9.8 | 2.1 | 0.5 | 100.0 | 1,582 | 6.0 |
| Oshikoto | 18.0 | 41.0 | 8.8 | 24.1 | 4.2 | 1.5 | 2.3 | 100.0 | 1,379 | 4.8 |
| Otjozondjupa | 27.9 | 31.2 | 8.4 | 23.4 | 5.4 | 2.5 | 1.3 | 100.0 | 1,185 | 4.7 |
| Total | 20.6 | 37.3 | 8.5 | 23.6 | 6.8 | 1.7 | 1.4 | 100.0 | 14,347 | 4.8 |

Note: Total includes 49 women missing information on age.
${ }^{1}$ Completed grade 7 at the primary level
${ }^{2}$ Completed grade 12 at the secondary level
${ }^{3}$ It appears that the inclusion of a code " 0 " for pre-school (kindergarten, nursery school) resulted in some young children being erroneously coded as not having attended school when in fact they had attended primary school.

Table 2.5.2 Educational attainment of household population: men
Percent distribution of the de facto male household populations age six and over by highest level of education attained, according to background characteristics, Namibia 2000

| Background characteristic | Level of education |  |  |  |  |  |  | Total | Number of men | Median years of schooling |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No education | Some primary | Completed primary | Some secondary | Completed second$a r y^{2}$ | More than secondary | Don't know/ missing |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |
| 6-9 ${ }^{3}$ | 50.5 | 48.4 | 0.0 | 0.0 | 0.0 | 0.0 | 1.2 | 100.0 | 1,870 | 0.0 |
| 10-14 | 7.9 | 84.2 | 4.4 | 2.5 | 0.0 | 0.0 | 0.9 | 100.0 | 2,168 | 3.2 |
| 15-19 | 8.2 | 35.2 | 15.3 | 36.9 | 2.9 | 0.2 | 1.3 | 100.0 | 1,700 | 6.4 |
| 20-24 | 10.5 | 17.3 | 8.8 | 45.4 | 15.7 | 1.6 | 0.7 | 100.0 | 1,377 | 8.1 |
| 25-29 | 11.7 | 21.2 | 6.4 | 30.5 | 24.7 | 3.8 | 1.6 | 100.0 | 1,139 | 8.4 |
| 30-34 | 14.0 | 21.0 | 9.6 | 30.9 | 17.1 | 5.0 | 2.5 | 100.0 | 877 | 7.5 |
| 35-39 | 16.8 | 19.6 | 7.8 | 32.3 | 14.5 | 7.4 | 1.6 | 100.0 | 651 | 7.5 |
| 40-44 | 21.2 | 21.7 | 8.2 | 25.1 | 13.2 | 6.7 | 3.9 | 100.0 | 544 | 6.6 |
| 45-49 | 22.5 | 25.3 | 8.5 | 23.7 | 12.8 | 3.5 | 3.7 | 100.0 | 448 | 6.0 |
| 50-54 | 30.8 | 24.4 | 5.8 | 20.1 | 8.9 | 6.7 | 3.2 | 100.0 | 363 | 4.8 |
| 55-59 | 33.1 | 29.2 | 5.7 | 17.2 | 8.4 | 3.3 | 3.1 | 100.0 | 311 | 3.4 |
| 60-64 | 42.5 | 31.0 | 4.1 | 10.7 | 4.2 | 4.2 | 3.3 | 100.0 | 336 | 1.5 |
| 65+ | 48.5 | 31.4 | 2.9 | 7.3 | 2.8 | 1.4 | 5.7 | 100.0 | 692 | 0.0 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 11.8 | 28.3 | 7.1 | 29.6 | 16.8 | 4.4 | 2.0 | 100.0 | 4,460 | 7.2 |
| Rural | 26.8 | 44.5 | 6.5 | 15.8 | 3.3 | 0.9 | 2.1 | 100.0 | 8,073 | 3.1 |
| Directorate |  |  |  |  |  |  |  |  |  |  |
| Northwest | 23.7 | 48.2 | 6.0 | 14.5 | 3.9 | 1.0 | 2.8 | 100.0 | 5,240 | 3.2 |
| Northeast | 21.2 | 41.6 | 7.3 | 20.9 | 6.2 | 1.2 | 1.6 | 100.0 | 1,649 | 4.0 |
| Central | 24.6 | 29.4 | 7.2 | 23.5 | 9.8 | 4.3 | 1.2 | 100.0 | 2,274 | 5.3 |
| South | 16.1 | 28.9 | 7.4 | 28.4 | 14.4 | 3.1 | 1.8 | 100.0 | 3,370 | 6.6 |
| Region |  |  |  |  |  |  |  |  |  |  |
| Caprivi | 23.7 | 36.6 | 7.8 | 24.0 | 7.0 | 1.0 | 0.0 | 100.0 | 621 | 4.3 |
| Erongo | 6.8 | 26.6 | 7.1 | 34.0 | 17.6 | 7.0 | 1.0 | 100.0 | 650 | 8.2 |
| Hardap | 16.4 | 35.1 | 10.2 | 27.4 | 6.9 | 1.3 | 2.6 | 100.0 | 533 | 5.7 |
| Karas | 9.8 | 32.6 | 8.2 | 26.2 | 14.8 | 2.6 | 5.7 | 100.0 | 485 | 6.6 |
| Kavango | 19.7 | 44.7 | 7.0 | 19.1 | 5.7 | 1.3 | 2.6 | 100.0 | 1,028 | 3.9 |
| Khomas | 12.2 | 25.7 | 6.4 | 32.3 | 18.6 | 4.1 | 0.6 | 100.0 | 1,956 | 7.6 |
| Kunene | 34.8 | 29.9 | 6.0 | 16.8 | 6.0 | 3.7 | 2.8 | 100.0 | 403 | 3.0 |
| Ohangwena | 32.4 | 51.0 | 4.6 | 9.3 | 1.4 | 0.5 | 0.8 | 100.0 | 1,427 | 1.9 |
| Omaheke | 42.5 | 31.9 | 7.0 | 12.8 | 2.8 | 1.1 | 1.8 | 100.0 | 397 | 1.2 |
| Omusati | 24.1 | 51.0 | 6.3 | 13.2 | 1.8 | 0.6 | 3.0 | 100.0 | 1,511 | 3.0 |
| Oshana | 15.1 | 46.4 | 7.2 | 19.5 | 7.7 | 1.2 | 2.9 | 100.0 | 1,214 | 4.3 |
| Oshikoto | 21.1 | 42.9 | 6.1 | 17.4 | 5.8 | 1.8 | 4.9 | 100.0 | 1,088 | 3.8 |
| Otjozondjupa | 30.7 | 30.8 | 7.5 | 20.2 | 7.0 | 3.1 | 0.7 | 100.0 | 1,221 | 4.2 |
| Total | 21.5 | 38.8 | 6.7 | 20.7 | 8.1 | 2.2 | 2.1 | 100.0 | 12,533 | 4.3 |

Note: Total includes 49 women missing information on age.
${ }^{1}$ Completed grade 7 at the primary level
${ }^{2}$ Completed grade 12 at the secondary level
${ }^{3}$ It appears that the inclusion of a code " 0 " for pre-school (kindergarten, nursery school) resulted in some young children being erroneously coded as not having attended school when in fact they had attended primary school.

The data show that overall, about one-fifth of women and men have never been to school, while 37-39 percent have only had some primary schooling. At the other end of the spectrum, 7-8 percent have completed secondary school and about 2 percent have gone beyond secondary school. Differences in educational attainment between the sexes are minimal and have changed over time. Whereas older men are somewhat more educated than older women, the reverse is true at younger ages, where women are less likely to have never been to school and the median years of schooling is slightly higher for women than men.

Educational attainment has improved dramatically over time. This is indicated by the fact that the percentage who have never been to school declines with age. For example, 55 percent of women age 65 and over have no education, compared to only 5 percent of those age 10-14 (Figure 2.3). Another way of examining trends in educational attainment is to compare data from the 1992 and 2000 NDHSs. This comparison also shows that there has been an increase in educational levels attained by women and men. For example, the proportion of women age 15-19 who completed primary school or higher has increased from 43 percent in 1992 to 69 percent in $2000 .{ }^{1}$

Figure 2.3 Percentage of Women and Men Who Have No Education by Age Group, Namibia 1992 and 2000


NDHS 2000

Overall, educational attainment is higher in urban areas than in rural areas. The proportion of women and men with no education in rural areas ( $25-27$ percent) is double that in urban areas (11-12 percent). Similarly, about one in five women and men in urban areas complete secondary school, compared to only about 4 percent of women and men in rural areas.

Erongo and Karas Regions have the best educational profile, while Omaheke, Kunene, and Ohangwena Regions have the worst. In Erongo Region, only 7-8 percent of men and women age 6 and over have never been to school, compared with 43-45 percent of those in Omaheke Region.

[^1]
### 2.5 School Attendance

More detailed information can be obtained from the 2000 NDHS than the 1992 survey with regard to current school attendance and attendance during the previous school year. These data can be used to calculate attendance ratios.

Table 2.6 presents net attendance ratios (NAR) and gross attendance ratios (GAR) by school level, residence and region. The NAR for primary school level measures the proportion of children of primary school age who are attending primary school, while the GAR represents the total number of primary school students of any age from 5 to 24 as a percentage of children of primary school age. The GAR is almost always higher than the NAR because the GAR includes participation of those who may be older or younger than the official age range for that level. Students who are overage for a given level of school may have started school late, may have repeated one or more grades in school, or may have dropped out of school and later returned.

The NAR indicates that 86 percent of children who should be attending primary school are doing so. Furthermore, there is no discrimination between male and female children in attending primary school; the NAR is 86 for boys and 87 for girls. Net attendance ratios for primary school are higher in urban than in rural areas and are highest in Oshana and Karas Regions ( 95 percent) and lowest in Omaheke Region ( 69 percent). The GAR indicates that there are children in primary school who are not of primary-school age, with ratios of 113 for males and 109 for females.

As expected, both ratios are lower at the secondary school level. The NAR indicates that 43 percent of the secondary-school age population is attending secondary school. Secondary school attendance is higher for females (NAR of 47) than for males (NAR of 39). Erongo and Karas Regions have the highest NARs at the secondary level ( 73 percent), while Ohangwena has the lowest ( 23 percent). The GAR shows that there are many secondary school students who are not of secondary school age. Discrepancies between the NAR and GAR are largest in Oshana region, where 56 percent of secondary-school-age children are attending secondary school, but where there are almost as many secondary school students who are either overage or underage (GAR of 91).

## Table 2.6 School attendance ratios

Net attendance ratios (NAR) and gross attendance ratios (GAR) for the de jure household population by level of schooling and sex, according to background characteristics, Namibia 2000

| Background characteristic | Net attendance ratio (NAR) ${ }^{1}$ |  |  | Gross attendance ratio (GAR) ${ }^{2}$ |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Total | Male | Female | Total |
| PRIMARY SCHOOL |  |  |  |  |  |  |
| Residence |  |  |  |  |  |  |
| Urban | 92.8 | 91.5 | 92.2 | 107.0 | 103.2 | 105.0 |
| Rural | 83.6 | 84.7 | 84.2 | 115.0 | 111.6 | 113.2 |
| Directorate |  |  |  |  |  |  |
| Northwest | 87.3 | 89.1 | 88.2 | 122.4 | 120.8 | 121.6 |
| Northeast | 82.6 | 81.4 | 82.0 | 111.7 | 101.4 | 106.3 |
| Central | 80.2 | 81.7 | 81.0 | 95.0 | 91.8 | 93.3 |
| South | 88.7 | 87.2 | 87.9 | 100.2 | 98.2 | 99.2 |
| Region |  |  |  |  |  |  |
| Caprivi | 78.2 | 77.9 | 78.0 | 95.8 | 88.8 | 92.1 |
| Erongo | 93.6 | 90.5 | 92.0 | 102.7 | 96.7 | 99.5 |
| Hardap | 87.0 | 88.7 | 87.9 | 97.7 | 101.9 | 100.0 |
| Karas | 94.8 | 94.3 | 94.6 | 105.8 | 104.5 | 105.2 |
| Kavango | 85.4 | 83.6 | 84.5 | 121.8 | 109.2 | 115.2 |
| Khomas | 93.2 | 88.8 | 90.9 | 104.6 | 99.3 | 101.8 |
| Kunene | 65.7 | 73.6 | 69.6 | 85.1 | 82.8 | 83.7 |
| Ohangwena | 79.2 | 86.8 | 83.2 | 112.4 | 120.9 | 116.8 |
| Omaheke | 68.1 | 69.6 | 68.9 | 81.6 | 80.1 | 80.9 |
| Omusati | 88.7 | 89.2 | 88.9 | 125.1 | 123.5 | 124.3 |
| Oshana | 96.8 | 92.7 | 94.8 | 124.9 | 116.2 | 120.7 |
| Oshikoto | 86.8 | 88.8 | 87.9 | 131.4 | 121.1 | 126.0 |
| Otjozondjupa | 79.9 | 80.5 | 80.2 | 95.4 | 93.1 | 94.3 |
| Total | 85.9 | 86.5 | 86.2 | 113.0 | 109.4 | 111.2 |

SECONDARY SCHOOL

| Residence |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Urban | 63.2 | 63.5 | 63.4 | 90.5 | 81.0 | 85.3 |
| Rural | 30.1 | 40.4 | 35.3 | 54.8 | 61.4 | 58.1 |
| Directorate |  |  |  |  |  |  |
| Northwest | 30.4 | 44.9 | 37.7 | 58.9 | 70.7 | 64.9 |
| Northeast | 27.9 | 34.4 | 31.5 | 56.4 | 48.9 | 52.3 |
| Central | 48.4 | 55.6 | 52.1 | 64.2 | 64.7 | 64.4 |
| South | 60.3 | 59.1 | 59.7 | 80.9 | 74.5 | 77.7 |
| Region |  |  |  |  |  |  |
| Caprivi | 29.9 | 42.7 | 37.6 | 69.2 | 50.9 | 58.2 |
| Erongo | 71.4 | 74.4 | 73.0 | 93.0 | 84.9 | 88.8 |
| Hardap | 60.8 | 49.5 | 55.2 | 68.9 | 57.9 | 63.4 |
| Karas | 60.9 | 82.4 | 72.7 | 71.9 | 92.1 | 83.0 |
| Kavango | 26.9 | 28.5 | 27.7 | 49.9 | 47.4 | 48.6 |
| Khomas | 67.7 | 59.7 | 63.6 | 100.2 | 80.4 | 90.1 |
| Kunene | 32.2 | 39.2 | 35.3 | 43.0 | 49.7 | 45.9 |
| Ohangwena | 14.5 | 31.0 | 22.9 | 43.6 | 47.8 | 45.7 |
| Omaheke | 31.3 | 41.2 | 35.6 | 38.9 | 54.3 | 45.6 |
| Omusati | 33.9 | 45.3 | 39.6 | 59.6 | 68.6 | 64.1 |
| Oshana | 48.2 | 62.0 | 55.8 | 85.4 | 96.3 | 91.4 |
| Oshikoto | 29.6 | 43.5 | 36.1 | 53.4 | 77.1 | 64.5 |
| Otjozondjupa | 42.6 | 50.2 | 46.6 | 57.2 | 58.0 | 57.6 |
| Total | 38.5 | 47.3 | 43.0 | 63.8 | 67.3 | 65.6 |

${ }^{1}$ The NAR for primary school is the percentage of the primary-school-age ( $7-13$ years) population that is attending primary school. The NAR for secondary school is the percentage of the secondary-school-age (1418 years) population that is attending secondary school. By definition the NAR cannot exceed 100 percent.
${ }^{2}$ The GAR for primary school is the total number of primary school students, among those of any age, expressed as the percentage of the official primary-school-age population. The GAR for secondary school is the total number of secondary school students 5-24 years, expressed as the percentage of the official secondary-school-age population. If there are significant numbers of overage and underage students at a given level of schooling, the GAR can exceed 100 percent.

### 2.6 Housing Characteristics

By asking respondents about their household environment, e.g., access to electricity, sources of drinking water, time to water sources, type of toilet facilities, and floor materials, the 2000 NDHS provides an assessment of socioeconomic conditions in Namibia. This information is summarised in Table 2.7.

As the table shows, only 37 percent of Namibian households have electricity. As expected, electricity is much more common in urban areas ( 73 percent) than rural areas ( 13 percent). The percentage of households having electricity in Namibia has increased from 26 percent in 1992 to 37 percent in 2000 . The pace of electrification has been more rapid in rural areas, with the proportion of households with electricity increasing from 4 percent in 1992 to 13 percent in 2000. In terms of electrical coverage, Namibia compares quite well with other southern African countries; the proportion of households with electricity is 65 percent in South Africa, 38 percent in Zimbabwe, 17 in Zambia, and 8 percent in Tanzania.

Accessibility to safe drinking water is important because waterborne diseases-including diarrhoea and dysentery-are prevalent in the country. Sources of water expected to be relatively free of disease-causing organisms are piped water, protected wells, protected springs, and rainwater. Other sources, like unprotected open wells, rivers and streams, ponds and lakes are more likely to carry the bacteria that bring about these diseases. Table 2.7 shows that overall, about 80 percent of Namibian households can be said to have safe drinking water; almost two-thirds of all households have access to piped water, while 17 percent get their drinking water from other relatively safe sources like protected dug wells or springs. Less than 20 percent of all households rely on less safe sources of drinking water such as unprotected wells and springs and surface water from ponds and rivers. A greater proportion of urban than rural households have safe drinking water during the rainy season ( 98 versus 68 percent). In urban areas, 95 percent of households have access to water within 15 minutes during the rainy season, compared with 68 percent of rural

| Table 2.7 Housing characteristics |  |  |  |
| :---: | :---: | :---: | :---: |
| Percent distribution of households by household characteristics, according to residence, Namibia 2000 |  |  |  |
|  | Residence |  | Total |
| Characteristic | Urban | Rural |  |
| Electricity |  |  |  |
| Yes | 73.2 | 13.2 | 36.5 |
| No | 26.8 | 86.7 | 63.5 |
| Total | 100.0 | 100.0 | 100.0 |
| Source of drinking water (rainy season) |  |  |  |
| Piped into dwelling | 57.8 | 8.4 | 27.6 |
| Piped into yard/plot | 19.3 | 11.4 | 14.5 |
| Public tap | 20.9 | 20.5 | 20.6 |
| Borehole with pump | 0.0 | 11.1 | 6.8 |
| Protected dug well | 0.0 | 1.2 | 0.8 |
| Protected spring | 0.0 | 0.4 | 0.3 |
| Rainwater | 0.0 | 14.9 | 9.1 |
| Open dug well | 0.0 | 17.1 | 10.5 |
| Open spring | 0.0 | 2.6 | 1.6 |
| River/stream/pond/lake | 0.0 | 9.7 | 5.9 |
| Tanker truck | 0.0 | 0.3 | 0.2 |
| Bottled water | 0.0 | 0.1 | 0.1 |
| Other | 1.9 | 2.2 | 2.1 |
| Missing | 0.0 | 0.1 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 |
| Percentage $<15$ minutes | 95.0 | 67.7 | 78.3 |
| Source of drinking water (dry season) |  |  |  |
| Piped into dwelling | 57.8 | 8.5 | 27.6 |
| Piped into yard/plot | 19.2 | 11.6 | 14.6 |
| Public tap | 20.9 | 40.6 | 33.0 |
| Borehole with pump | 0.0 | 13.4 | 8.2 |
| Protected dug well | 0.0 | 1.8 | 1.1 |
| Protected spring | 0.0 | 0.7 | 0.4 |
| Rainwater | 0.0 | 0.1 | 0.0 |
| Open dug well | 0.0 | 10.7 | 6.6 |
| Open spring | 0.0 | 1.0 | 0.6 |
| River/stream/pond/lake | 0.0 | 8.0 | 4.9 |
| Tanker truck | 0.0 | 0.3 | 0.2 |
| Bottled water | 0.0 | 0.1 | 0.1 |
| Other | 1.9 | 2.7 | 2.4 |
| Missing | 0.0 | 0.4 | 0.3 |
| Total | 100.0 | 100.0 | 100.0 |
| Percentage $<15$ minutes | 94.8 | 48.3 | 66.3 |
| Sanitation facility |  |  |  |
| Flush toilet | 64.5 | 8.2 | 30.0 |
| Pour flush latrine | 13.0 | 1.1 | 5.7 |
| Ventilated improved pit |  |  |  |
| latrine | 2.1 | 2.9 | 2.6 |
| Traditional pit toilet | 4.9 | 7.6 | 6.5 |
| Bucket | 1.1 | 1.2 | 1.2 |
| No facility/bush/field | 11.4 | 78.5 | 52.5 |
| Other | 2.5 | 0.1 | 1.0 |
| Missing | 0.4 | 0.5 | 0.5 |
| Total | 100.0 | 100.0 | 100.0 |
| Continued... |  |  |  |

households. Differences between sources of drinking water during the rainy and dry seasons are mostly due to rural households shifting from using rainwater and open dug wells during the rainy season to using public taps during the dry season. The source of water for rural households is farther away during the dry season; less than half of rural households are within 15 minutes of their source of drinking water in the dry season.

Modern sanitation facilities are not yet available to more than 60 percent of Namibian households. Despite government efforts, there seems to have been little change in the use of pit latrines; use of traditional pit latrines increased from 6 percent of households in 1992 to 7 percent in 2000, while use of ventilated improved pit toilets increased from less than one percent of households in 1992 to 3 percent in 2000. Households with no toilet facilities are more exposed to the risk of diseases such as dysentery, diarrhoea, and typhoid fever. Overall, 53 percent of the households in Namibia have no toilet facilities. This problem is more common in rural areas, where 79 percent of the households have no toilet facilities, compared with 11 percent of households in urban areas.

Wood is the predominant type of fuel for cooking in Namibia, used by 58 percent of households. It is especially common among rural households ( 86 percent), while 59 percent of urban households use electricity for cooking.

Electricity is used by just over one-third of households as a source of lighting, but almost as many households use candles ( 33 percent) and 23 percent use paraffin. As expected, electricity is more commonly used for lighting in urban households, while rural households are more likely to use candles or paraffin.

Almost half of all households in Namibia live in residences with floors made of earth or sand, while 25 percent live in houses with cement floors, exactly the same proportions as in 1992. Earthen floors predominate in rural areas, while urban households tend to have more modern floors, especially those made of cement, linoleum or ceramic, and carpet.

As a measure of crowding, information was collected on the number of rooms

Table 2.7 Housing characteristics-Continued
Percent distribution of households by background characteristics, according to residence, Namibia 2000

|  | Residence |  |
| :--- | :--- | :--- |
| Characteristic | $\frac{U r b a n}{}$ Rural | Tota |


| Type of cooking fuel |  |  |  |
| :--- | ---: | ---: | ---: |
| Electricity | 59.4 | 5.5 | 26.4 |
| LPG/natural gas | 15.4 | 3.3 | 8.0 |
| Kerosene | 9.8 | 0.7 | 4.2 |
| Charcoal | 1.1 | 1.2 | 1.2 |
| Firewood/straw | 14.0 | 86.3 | 58.3 |
| Other | 0.1 | 3.0 | 1.8 |
| Missing | 0.3 | 0.1 | 0.1 |
|  |  |  |  |
| Total | 100.0 | 100.0 | 100.0 |


|  |  |  |  |
| :--- | ---: | ---: | ---: |
|  |  |  |  |
| Type of fuel for lighting | 72.3 | 12.5 | 35.7 |
| $\quad$ Electricity | 0.6 | 0.6 | 0.6 |
| LPG, natural gas | 7.3 | 32.6 | 22.8 |
| Kerosene/paraffin | 19.3 | 41.2 | 32.7 |
| Candle | 0.1 | 12.7 | 7.8 |
| Other | 0.4 | 0.4 | 0.4 |
| Missing |  |  |  |


| Total | 100.0 | 100.0 | 100.0 |
| :--- | :--- | :--- | :--- |
| Flooring material |  |  |  |


| Earth, sand | 13.6 | 71.5 | 49.0 |
| :--- | ---: | ---: | ---: |
| Dung | 0.4 | 5.0 | 3.2 |
| Wood planks/palm/bamboo | 1.0 | 0.3 | 0.5 |
| Vinyl/linoleum/ceramic | 27.3 | 2.2 | 11.9 |
| Cement | 33.0 | 19.2 | 24.6 |
| Carpet | 24.6 | 1.7 | 10.6 |
| Missing | 0.1 | 0.1 | 0.1 |
|  |  |  |  |
|  |  |  |  |

Persons per sleeping room

|  | 59.0 | 49.2 | 53.0 |
| :--- | ---: | ---: | ---: |
| $<2$ persons | 38.1 | 31.3 | 34.0 |
| 34 persons | 2.4 | 12.7 | 8.7 |
| 5 6 persons | 0.2 | 6.6 | 4.1 |
| $7+$ persons | 0.3 | 0.2 | 0.2 |
| Missing |  |  |  |
| Total | 100.0 | 100.0 | 100.0 |
| Mean sleeping rooms per <br> household | 2.1 | 2.3 | 2.2 |
| Mean persons per room | 2.3 | 3.0 | 2.7 |
| Total | 2,479 | 3,913 | 6,392 | households use for sleeping. Sleeping density per room has worsened since 1992 and the increase is more evident in rural areas. In 1992, the mean number of persons per sleeping room was 2.2 in rural areas, compared to 3.0 in 2000. Overall, the figure has increased from 2.3 to 2.7 persons per bedroom.

Table 2.8 provides an overview of housing characteristics according to residence by urban-rural residence, directorate, and region. As expected, households in urban areas are far more likely than those in rural areas to have each of the amenities listed. Perhaps because the South and Central Directorates are more urbanised, the households there are also more likely to have each of the amenities than households in the Northwest and Northeast Directorates. The differences can be quite large. For example, about twothirds of households in the Central and South Directorates have either flush toilets or pit latrines, compared to only 14 percent of households in the Northeast. Sixty-four percent of households in the South Directorate have electricity, compared to only 9 percent of those in the Northwest.

Table 2.8 Characteristics of households by background characteristics
Percentage of households with specific characteristics, according to residence, Namibia 2000

| Background characteristic | Percentage with: |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Electricity | Safe water in rainy season ${ }^{1}$ | Sanitary toilet ${ }^{2}$ | Electric/ gas/ kerosene cooker | Electric lighting | Wood/ cement/ linoleum/ carpet floor | Number of households |


| Residence |  |  |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Urban | 73.2 | 98.0 | 84.5 | 84.6 | 72.3 | 85.9 | 2,479 |
| Rural | 13.2 | 67.6 | 19.7 | 9.4 | 12.5 | 23.4 | 3,913 |
|  |  |  |  |  |  |  |  |
| Directorate |  |  |  |  |  |  |  |
| Northwest | 9.4 | 66.9 | 25.0 | 12.6 | 8.7 | 13.4 | 2,388 |
| Northeast | 14.3 | 61.4 | 13.5 | 9.4 | 13.9 | 14.9 | 788 |
| Central | 59.9 | 93.4 | 64.2 | 56.4 | 59.3 | 79.2 | 1,407 |
| South | 63.6 | 92.7 | 69.7 | 71.8 | 62.4 | 82.5 | 1,809 |
|  |  |  |  |  |  |  |  |
| Region |  |  |  |  |  |  |  |
| Caprivi | 8.9 | 72.3 | 3.7 | 3.3 | 8.3 | 7.8 | 392 |
| Erongo | 91.5 | 100.0 | 99.2 | 97.1 | 91.2 | 97.3 | 426 |
| Hardap | 67.0 | 94.7 | 63.7 | 49.6 | 64.6 | 82.9 | 297 |
| Karas | 71.8 | 98.6 | 80.6 | 77.4 | 69.9 | 96.9 | 263 |
| Kavango | 19.7 | 50.7 | 23.1 | 15.3 | 19.5 | 21.8 | 397 |
| Khomas | 69.7 | 92.6 | 78.8 | 89.6 | 69.2 | 84.3 | 1,027 |
| Kunene | 27.2 | 79.6 | 38.8 | 24.7 | 26.1 | 50.5 | 244 |
| Ohangwena | 0.5 | 61.7 | 5.2 | 0.2 | 0.1 | 0.4 | 614 |
| Omaheke | 20.9 | 83.8 | 22.3 | 12.4 | 19.4 | 56.2 | 222 |
| Omusati | 0.0 | 56.7 | 16.0 | 2.4 | 0.0 | 2.4 | 642 |
| Oshana | 16.5 | 83.1 | 47.6 | 30.6 | 16.1 | 25.2 | 594 |
| Oshikoto | 23.1 | 67.3 | 33.5 | 19.0 | 20.9 | 28.6 | 537 |
| Otjozondjupa | 52.5 | 94.1 | 52.4 | 43.4 | 51.8 | 78.3 | 737 |
| Total |  |  |  |  |  |  |  |
|  | 36.5 | 79.4 | 44.9 | 38.6 | 35.7 | 47.6 | 6,392 |
| Rerentren |  |  |  |  |  |  |  |

${ }^{1}$ Refers to piped water, or water from a public tap, tubewell, borehole, protected well, protected spring, and rainwater.
${ }^{2}$ Refers to any type of flush toilet, ventilated improved pit toilet, or a traditional pit latrine.

These differences are even more pronounced by region. As shown in Figure 2.4, the proportion of households with electricity ranges from virtually none in Omusati region to 92 percent in Erongo Region. Only 4 percent of households in Caprivi Region have a sanitary toilet, compared to 99 percent of those in Erongo Region. Based on the household characteristics listed in the table, households in Ohangwena, Omusati, and Caprivi Regions appear to be the least advantaged, while those in Erongo and Karas Regions are the most advantaged.

Figure 2.4 Percentage of Households with Electricity and Sanitary Toilet by Region


NDHS 2000

Another household characteristic measured in the 2000 NDHS was the use of iodised salt. Iodine deficiency in the diet can lead to serious nutritional deficiencies such as goitre, nutritional stunting, mental retardation and cretinism. The Government of Namibia has emphasised the addition of iodine to salt to prevent the occurrence of these health problems. Interviewers asked household respondents about the type of salt they use and where they obtain their salt. They also asked for a teaspoon of salt that was used for cooking. The salt was then tested for iodine content, using portable test kits.

Table 2.9 shows that half of Namibian households use granular salt that is kept in a container with a lid (which helps to reduce iodine loss), while one-quarter of households use block salt. More than three in four households buy their salt at shops or supermarkets; only 4 percent obtain their salt from a salt pan. As expected, urban households are more likely than rural households to use granular salt that is kept in a closed container and to buy salt at shops and supermarkets.

Table 2.9 Characteristics of household salt
Percent distribution of households by type and source of salt, according to residence, Namibia 2000

| Type/ source of salt | Residence |  | Total |
| :---: | :---: | :---: | :---: |
|  | Urban | Rural |  |
| Type of salt |  |  |  |
| Granular salt in container with lid | 75.7 | 34.5 | 50.5 |
| Uncovered granular salt | 10.1 | 14.2 | 12.6 |
| Block salt | 3.9 | 38.1 | 24.8 |
| Other | 3.6 | 0.5 | 1.7 |
| No salt/salt not seen | 4.8 | 11.0 | 8.6 |
| Missing | 2.0 | 1.7 | 1.8 |
| Total | 100.0 | 100.0 | 100.0 |
| Source of salt |  |  |  |
| Shop/supermarket | 90.3 | 68.4 | 76.9 |
| Open market | 2.2 | 6.9 | 5.1 |
| Salt pan | 1.0 | 5.9 | 4.0 |
| Other | 0.8 | 6.3 | 4.2 |
| No salt/salt not seen | 4.8 | 11.0 | 8.6 |
| Don't know | 0.0 | 0.4 | 0.2 |
| Missing | 0.8 | 1.1 | 1.0 |
| Total | 100.0 | 100.0 | 100.0 |
| Number of households | 2,479 | 3,913 | 6,392 |

Salt from 90 percent of households was tested for iodine content. As shown in Table 2.10, almost two-thirds of the salt was found to be adequately iodised, while the salt used by 37 percent of household was either not iodised at all or contained an inadequate amount of iodine. ${ }^{2}$ Urban households are more likely to use iodised salt ( 68 percent) than rural areas ( 60 percent). Programmes to increase the use of iodised salt should focus on Otjozondjupa and Kavango Regions, where less than half the households use iodised salt and especially on Omaheke Region, where less than one-quarter of the households use iodised salt.

## Table 2.10 Use of iodised salt

Percent distribution of households by whether salt was tested for iodine content and by level of iodine content of salt, according to background characteristics, Namibia 2000

| Background characteristic | Among all households |  | Among households tested, percent distribution by iodine content: |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage tested | Number of households | None (0 ppm) | Inadequate (<15 ppm) | Adequate (15+ ppm) | Total | Number of households tested |
| Residence |  |  |  |  |  |  |  |
| Urban | 93.3 | 2,479 | 7.4 | 24.6 | 68.0 | 100.0 | 2,313 |
| Rural | 87.6 | 3,913 | 23.8 | 16.7 | 59.5 | 100.0 | 3,429 |
| Directorate |  |  |  |  |  |  |  |
| Northwest | 92.6 | 2,388 | 16.0 | 12.4 | 71.6 | 100.0 | 2,211 |
| Northeast | 77.1 | 788 | 26.7 | 14.8 | 58.5 | 100.0 | 608 |
| Central | 88.8 | 1,407 | 17.4 | 29.4 | 53.2 | 100.0 | 1,250 |
| South | 92.5 | 1,809 | 15.1 | 24.6 | 60.3 | 100.0 | 1,673 |
| Region |  |  |  |  |  |  |  |
| Caprivi | 71.7 | 392 | 4.6 | 22.8 | 72.6 | 100.0 | 281 |
| Erongo | 94.1 | 426 | 6.3 | 27.1 | 66.5 | 100.0 | 401 |
| Hardap | 84.0 | 297 | 20.2 | 25.2 | 54.6 | 100.0 | 249 |
| Karas | 95.8 | 263 | 14.7 | 26.1 | 59.2 | 100.0 | 252 |
| Kavango | 82.4 | 397 | 45.7 | 7.9 | 46.4 | 100.0 | 327 |
| Khomas | 95.6 | 1,027 | 5.1 | 25.6 | 69.3 | 100.0 | 981 |
| Kunene | 69.1 | 244 | 24.0 | 21.9 | 54.2 | 100.0 | 169 |
| Ohangwena | 87.3 | 614 | 7.0 | 14.1 | 78.8 | 100.0 | 536 |
| Omaheke | 85.9 | 222 | 60.4 | 16.6 | 23.0 | 100.0 | 191 |
| Omusati | 96.0 | 642 | 22.4 | 14.7 | 62.9 | 100.0 | 616 |
| Oshana | 94.4 | 594 | 21.4 | 7.2 | 71.4 | 100.0 | 561 |
| Oshikoto | 92.6 | 537 | 11.6 | 13.5 | 74.9 | 100.0 | 498 |
| Otjozondjupa | 92.3 | 737 | 22.3 | 32.5 | 45.1 | 100.0 | 680 |
| Total | 89.8 | 6,392 | 17.2 | 19.9 | 62.9 | 100.0 | 5,742 |

Note: Salt that contains at least 15 parts per million ( ppm ) is considered to be adequately iodised.

[^2]In addition to providing an indicator of socioeconomic status, ownership of durable goods provides measures of other aspects of life as well. Ownership of radios and televisions can increase awareness of the larger world and access to educational programmes. Refrigerator ownership indicates a capacity for more hygienic food storage and ownership of a bicycle, motorcycle or a private car shows the means of transport available to households. Table 2.11 shows the proportion of households that own specific durable goods.

Possession of durable goods is increasing in Namibia. Seven in ten households own a radio, 3 in ten own a television, and 2 in ten own a telephone (Figure 2.5). Refrigerators are also common; 32 percent of households have refrigerators. Cars and pickup trucks (bakkies) and bicycles are the most

Table 2.11 Household durable goods
Percentage of households possessing various durable consumer goods, by residence, Namibia 2000

| Durable consumer goods | Residence |  | Total |
| :---: | :---: | :---: | :---: |
|  | Urban | Rural |  |
| Radio | 82.0 | 64.6 | 71.4 |
| Television | 60.0 | 9.4 | 29.0 |
| Telephone | 41.4 | 5.3 | 19.3 |
| Refrigerator | 64.6 | 10.5 | 31.5 |
| Donkey cart/horse | 0.8 | 14.3 | 9.0 |
| Bicycle | 20.4 | 15.8 | 17.6 |
| Motorcycle | 3.0 | 1.1 | 1.8 |
| Car/truck | 35.9 | 13.6 | 22.2 |
| None of the above | 11.0 | 28.7 | 21.8 |
| Number of households | 2,479 | 3,913 | 6,392 | common types of transport owned by households; 22 percent of households have a car or bakkie and 18 percent own a bicycle. Despite the relatively widespread ownership of these durable goods, it is interesting to note that one in five Namibian households do not own any of these items. Urban households are more likely than rural households to own all the items listed in the table except donkey carts or horses. Ownership of radios, televisions and refrigerators has increased since the 1992 NDHS.

Figure 2.5 Percentage of Households Owning Various Durable Goods


### 2.7 BACKGROUND Characteristics of Respondents

Table 2.12 shows the distribution of female and male respondents by selected background characteristics. To assess their age, respondents were asked two questions in the individual interview: "In what month and year were you born?" and "How old were you at your last birthday?" Interviewers were trained in probing techniques for situations in which respondents did not know their age or date of birth, and they were instructed as a last resort to record their best estimate of the respondent's age. The distribution of respondents by age group shows the effects of high fertility in the past, with the proportions declining with age.

Data on marital status at the time of the survey show that a surprisingly high proportion of respondents- 54 percent of women and 60 percent of men-have never married. Thirty-nine percent of women and 35 percent of men are in a union, whether a formal marriage with a certificate, a customary marriage, or a consensual union. Seven percent of women and 5 percent of men are widowed, divorced, or separated. The percentage of formally married women has declined from 27 percent in 1992 to 23 percent in 2000, while the proportion in consensual unions has increased slightly (from 15 to 16 percent). ${ }^{3}$

The data show that over 40 percent of respondents live in urban areas and that men are slightly more likely to live in urban areas than women ( 44 vs. 41 percent). The Northwest Directorate is the most populated and the Northeast is the least. About one in five respondents lives in Khomas Region.

Survey results indicate that women are more educated than men in Namibia. The proportion of women age $15-49$ who have never attended school is lower than that of men age $15-59$ ( 10 vs .13 percent) and the proportion who have completed at least primary school is higher ( 70 percent of women and 62 percent of men). The 2000 NDHS results show that education levels for women have increased since 1992; for example, the proportion of women who have completed primary school or higher has increased from 47 to 70 percent.

Three-quarters of women and men are Protestant and about one-fifth are Catholic. Almost half of respondents speak Oshiwambo.

[^3]| Table 2.12 Background characteristics of respondents |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women and men by background characteristics, Namibia 2000 |  |  |  |  |  |  |
|  |  | Number of women |  | Weighted percent | Number of men |  |
| Background characteristic | Weighted percent | Weighted | Unweighted |  | Weighted | Unweighted |
| Age |  |  |  |  |  |  |
| 15-19 | 22.2 | 1,499 | 1,430 | 23.5 | 694 | 640 |
| 20-24 | 19.8 | 1,339 | 1,318 | 20.7 | 610 | 551 |
| 25-29 | 16.4 | 1,104 | 1,108 | 15.2 | 448 | 452 |
| 30-34 | 15.0 | 1,013 | 1,007 | 12.8 | 378 | 384 |
| 35-39 | 11.1 | 751 | 791 | 8.3 | 247 | 285 |
| 40-44 | 9.4 | 633 | 654 | 7.3 | 216 | 234 |
| 45-49 | 6.2 | 415 | 447 | 5.9 | 174 | 182 |
| 50-59 | NA | NA | NA | 6.4 | 188 | 226 |
| Marital status |  |  |  |  |  |  |
| Never married | 54.3 | 3,667 | 3,401 | 59.7 | 1,764 | 1,600 |
| Married | 22.7 | 1,532 | 1,582 | 22.6 | 669 | 697 |
| With certificate | 16.2 | 1,096 | 1,156 | 15.7 | 462 | 520 |
| By custom . | 6.5 | 436 | 426 | 7.0 | 207 | 177 |
| Consensual union | 16.0 | 1,078 | 1,245 | 12.8 | 378 | 487 |
| Divorced/separated/ widowed | 7.1 | 478 | 527 | 4.8 | 143 | 170 |
| Residence |  |  |  |  |  |  |
| Urban | 41.2 | 2,786 | 3,102 | 44.4 | 1,312 | 1,337 |
| Rural | 58.8 | 3,969 | 3,653 | 55.6 | 1,642 | 1,617 |
| Directorate |  |  |  |  |  |  |
| Northwest | 41.3 | 2,792 | 1,993 | 35.4 | 1,047 | 746 |
| Northeast | 12.5 | 842 | +825 | 10.6 | 313 | 239 |
| Central | 18.2 | 1,231 | 1,814 | 20.8 | 615 | 880 |
| South | 28.0 | 1,890 | 2,123 | 33.2 | 980 | 1,089 |
| Region |  |  |  |  |  |  |
| Caprivi | 4.8 | 322 | 316 | 3.9 | 114 | 94 |
| Erongo | 5.9 | 399 | 586 | 6.6 | 195 | 303 |
| Hardap | 4.3 | 292 | 494 | 4.3 | 128 | 203 |
| Karas | 3.9 | 261 | 485 | 4.2 | 123 | 237 |
| Kavango | 7.7 | 520 | 509 | 6.7 | 198 | 145 |
| Khomas | 17.1 | 1,152 | 550 | 21.1 | 624 | 332 |
| Kunene | 3.0 | 205 | 625 | 3.5 | 103 | 286 |
| Ohangwena | 10.1 | 684 | 499 | 9.3 | 275 | 187 |
| Omaheke | 2.7 | 185 | 594 | 3.5 | 104 | 317 |
| Omusati | 10.6 | 714 | 427 | 9.2 | 271 | 154 |
| Oshana | 11.7 | 789 | 566 | 8.5 | 251 | 197 |
| Oshikoto | 8.9 | 604 | 501 | 8.4 | 249 | 208 |
| Otjozondjupa | 9.3 | 627 | 603 | 10.7 | 317 | 291 |
| Education |  |  |  |  |  |  |
| No education | 9.5 | 641 | , 796 | 12.8 | 379 | 423 |
| Incomplete primary | 20.9 | 1,409 | 1,372 | 25.2 | 744 | 765 |
| Completed primary | 12.2 | 827 | , 800 | 9.6 | 283 | 291 |
| Incomplete secondary | 43.0 | 2,907 | 2,799 | 37.7 | 1,115 | 1,043 |
| Completed secondary + | 14.4 | 971 | 988 | 14.7 | , 434 | , 432 |
| Religion |  |  |  |  |  |  |
| Roman Catholic | 19.7 | 1,333 | 1,596 | 23.7 | 700 | 785 |
| Protestant | 77.7 | 5,250 | 4,951 | 73.2 | 2,162 | 2,054 |
| No religion | 1.1 | 75 | 97 | 2.2 | 65 | 73 |
| Other | 1.2 | 83 | 95 | 0.5 | 13 | 25 |
| Missing | 0.2 | 14 | 16 | 0.5 | 14 | 17 |
| Language |  |  |  |  |  |  |
| Afrikaans | 10.1 | 683 | 895 | 10.5 | 311 | 400 |
| Damara/Nama | 14.7 | 991 | 1,473 | 14.9 | 439 | 653 |
| English | 0.7 | 47 | 52 | 1.0 | 31 | 28 |
| Herero | 10.3 | 694 | 854 | 10.9 | 323 | 382 |
| Kwangali | 8.9 | 600 | 540 | 7.2 | 212 | 173 |
| Lozi | 4.1 | 277 | 289 | 4.9 | 146 | 111 |
| Oshiwambo | 48.9 | 3,302 | 2,446 | 47.7 | 1,408 | 1,099 |
| San | 1.3 | 90 | 108 | 1.8 | 52 | 65 |
| Tswana | 0.2 | 12 | 25 | 0.3 | 10 | 18 |
| Other | 0.9 | 60 | 73 | 0.8 | 22 | 25 |
| Total | 100.0 | 6,755 | 6,755 | 100.0 | 2,954 | 2,954 |
| Note: Education refers to the highest level ever attended whether or not that level was completed. <br> NA = Not applicable |  |  |  |  |  |  |

### 2.8 Educational Level of Survey Respondents

Tables 2.13.1 and 2.13.2 present the percent distribution of women and men respectively by highest level of schooling attained and median number of years of schooling, according to selected background characteristics. As mentioned above, survey results indicate that women are more educated than men in Namibia. Ten percent of women age 15-49 have had no formal education, compared with 13 percent of men age 15-59. The proportion of respondents who have some secondary education is higher among women than men.

Table 2.13.1 Educational attainment by background characteristics: women
Percent distribution of women by highest level of schooling attained and median number of years of schooling, by background characteristics, Namibia 2000

| Background characteristic | Highest level of schooling attained |  |  |  |  |  | Number <br> of women | Median years of schooling |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No education | Incomplete primary | Completed primary ${ }^{1}$ | Incomplete secondary | Completed secondary+ | Total |  |  |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 3.6 | 21.2 | 18.8 | 52.5 | 3.9 | 100.0 | 1,499 | 7.4 |
| 20-24 | 6.9 | 10.5 | 8.7 | 52.5 | 21.4 | 100.0 | 1,339 | 8.6 |
| 25-29 | 7.4 | 17.8 | 8.6 | 43.1 | 23.0 | 100.0 | 1,104 | 8.5 |
| 30-34 | 9.6 | 22.9 | 10.9 | 40.5 | 16.1 | 100.0 | 1,013 | 7.6 |
| 35-39 | 13.5 | 27.5 | 12.6 | 32.9 | 13.4 | 100.0 | 751 | 6.7 |
| 40-44 | 20.6 | 29.2 | 11.1 | 28.3 | 10.8 | 100.0 | 633 | 6.0 |
| 45-49 | 20.2 | 31.1 | 14.2 | 24.9 | 9.6 | 100.0 | 415 | 5.8 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 4.6 | 12.1 | 10.1 | 47.8 | 25.3 | 100.0 | 2,786 | 8.7 |
| Rural | 12.9 | 27.0 | 13.7 | 39.7 | 6.7 | 100.0 | 3,969 | 6.7 |
| Directorate |  |  |  |  |  |  |  |  |
| Northwest | 6.3 | 26.5 | 13.0 | 43.5 | 10.6 | 100.0 | 2,792 | 7.3 |
| Northeast | 14.1 | 25.8 | 15.1 | 38.1 | 6.8 | 100.0 | 842 | 6.7 |
| Central | 15.5 | 18.2 | 10.3 | 40.6 | 15.4 | 100.0 | 1,231 | 7.5 |
| South | 8.2 | 12.0 | 11.1 | 46.2 | 22.6 | 100.0 | 1,890 | 8.3 |
| Region |  |  |  |  |  |  |  |  |
| Caprivi | 10.3 | 18.1 | 19.5 | 44.4 | 7.7 | 100.0 | 322 | 7.2 |
| Erongo | 2.4 | 12.3 | 8.7 | 50.8 | 25.8 | 100.0 | 399 | 9.0 |
| Hardap | 5.8 | 13.8 | 18.2 | 47.9 | 14.3 | 100.0 | 292 | 7.8 |
| Karas | 2.7 | 12.7 | 7.4 | 52.9 | 24.3 | 100.0 | 261 | 8.9 |
| Kavango | 16.5 | 30.6 | 12.4 | 34.2 | 6.2 | 100.0 | 520 | 6.2 |
| Khomas | 5.2 | 10.4 | 10.1 | 47.1 | 27.2 | 100.0 | 1,152 | 8.9 |
| Kunene | 30.5 | 20.8 | 8.9 | 28.4 | 11.4 | 100.0 | 205 | 5.8 |
| Ohangwena | 10.3 | 40.7 | 12.1 | 33.9 | 2.9 | 100.0 | 684 | 5.9 |
| Omaheke | 37.8 | 18.2 | 10.7 | 28.0 | 5.3 | 100.0 | 185 | 4.5 |
| Omusati | 6.2 | 24.2 | 15.3 | 47.4 | 6.8 | 100.0 | 714 | 7.4 |
| Oshana | 2.0 | 18.3 | 12.7 | 46.3 | 20.7 | 100.0 | 789 | 8.1 |
| Oshikoto | 7.7 | 24.1 | 11.8 | 46.0 | 10.5 | 100.0 | 604 | 7.4 |
| Otjozondjupa | 19.0 | 21.1 | 11.7 | 38.0 | 10.2 | 100.0 | 627 | 6.8 |
| Total | 9.5 | 20.9 | 12.2 | 43.0 | 14.4 | 100.0 | 6,755 | 7.6 |

${ }^{1}$ Completed grade 7 at the primary level
${ }^{2}$ Completed grade 12 at the secondary level

Education is inversely related to age; older women and men are generally less educated than younger women and men. The percentage with no education rises with age, from 4 percent of women and 7 percent of men age 15-19 to 21 percent of women and men age 40-44. Almost one in three men in their 50 s has never attended school. This implies that younger women and men have had better educational opportunities than older people. Comparing the current survey results with those from the 1992 NDHS also shows that there has been a remarkable improvement in the level of education of women at all ages.

Table 2.13.2 Educational attainment by background characteristics: men
Percent distribution of men by highest level of schooling attained and median number of years of schooling, by background characteristics, Namibia 2000

| Background characteristic | Highest level of schooling attained |  |  |  |  |  | Number of men | Median years of schooling |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | No education | Incomplete primary | Completed primary ${ }^{1}$ | Incomplete secondary | Completed secondary+ | Total |  |  |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 6.8 | 31.9 | 14.8 | 43.1 | 3.4 | 100.0 | 694 | 6.8 |
| 20-24 | 8.6 | 14.4 | 8.0 | 53.7 | 15.3 | 100.0 | 610 | 8.2 |
| 25-29 | 9.4 | 25.0 | 8.3 | 32.1 | 25.2 | 100.0 | 448 | 8.2 |
| 30-34 | 13.2 | 23.2 | 6.9 | 34.7 | 22.1 | 100.0 | 378 | 7.7 |
| 35-39 | 18.0 | 23.4 | 7.9 | 32.0 | 18.8 | 100.0 | 247 | 7.1 |
| 40-44 | 20.6 | 28.0 | 9.7 | 24.1 | 17.5 | 100.0 | 216 | 6.1 |
| 45-49 | 24.9 | 30.1 | 7.8 | 25.5 | 11.6 | 100.0 | 174 | 5.3 |
| 50-59 | 29.5 | 34.2 | 7.4 | 20.1 | 8.9 | 100.0 | 188 | 3.8 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 8.4 | 17.1 | 7.4 | 43.1 | 24.0 | 100.0 | 1,312 | 8.6 |
| Rural | 16.3 | 31.7 | 11.3 | 33.4 | 7.3 | 100.0 | 1,642 | 6.2 |
| Directorate |  |  |  |  |  |  |  |  |
| Northwest | 13.3 | 32.6 | 11.5 | 33.7 | 8.9 | 100.0 | 1,047 | 6.4 |
| Northeast | 6.3 | 26.4 | 9.0 | 43.8 | 14.4 | 100.0 | 313 | 7.9 |
| Central | 15.6 | 23.8 | 8.6 | 36.1 | 15.9 | 100.0 | 615 | 7.2 |
| South | 12.7 | 17.7 | 8.3 | 41.1 | 20.2 | 100.0 | 980 | 8.0 |
| Region |  |  |  |  |  |  |  |  |
| Caprivi | 8.4 | 25.8 | 9.8 | 37.8 | 18.2 | 100.0 | 114 | 7.9 |
| Erongo | 1.6 | 19.6 | 4.0 | 46.1 | 28.6 | 100.0 | 195 | 9.0 |
| Hardap | 9.0 | 24.4 | 12.0 | 43.1 | 11.5 | 100.0 | 128 | 7.3 |
| Karas | 4.6 | 16.0 | 9.7 | 48.1 | 21.6 | 100.0 | 123 | 8.4 |
| Kavango | 5.2 | 26.8 | 8.6 | 47.2 | 12.3 | 100.0 | 198 | 7.9 |
| Khomas | 10.7 | 14.8 | 7.2 | 43.2 | 24.1 | 100.0 | 624 | 8.8 |
| Kunene | 19.0 | 23.3 | 10.1 | 32.7 | 14.9 | 100.0 | 103 | 6.8 |
| Ohangwena | 27.1 | 37.0 | 9.5 | 24.3 | 2.2 | 100.0 | 275 | 4.2 |
| Omaheke | 38.2 | 28.8 | 8.5 | 18.2 | 6.4 | 100.0 | 104 | 2.8 |
| Omusati | 9.8 | 32.4 | 13.1 | 42.4 | 2.3 | 100.0 | 271 | 6.6 |
| Oshana | 5.0 | 29.1 | 13.2 | 36.4 | 16.3 | 100.0 | 251 | 7.2 |
| Oshikoto | 10.1 | 31.5 | 10.3 | 32.1 | 16.0 | 100.0 | 249 | 6.8 |
| Otjozondjupa | 23.2 | 26.5 | 10.9 | 31.0 | 8.4 | 100.0 | 317 | 6.0 |
| Total | 12.8 | 25.29 .6 | 37.7 | 14.7100 | . 0 2,954 | 7.2 |  |  |

${ }_{2}^{1}$ Completed grade 7 at the primary level
${ }^{2}$ Completed grade 12 at the secondary level

It is hardly surprising to find that urban residents have more education than rural residents. Eighty-three percent of urban women have completed primary education, compared to only 60 percent of rural women, while 25 percent of urban women have completed secondary school, compared to only 7 percent of rural women. Among men, the percentage who have completed primary school is 75 percent in urban areas and 52 percent in rural areas.

Omaheke region has the highest percentages of women and men with no formal education (38 percent for both). The level with no education is also high in Kunene, Ohangwena, and Otjozondjupa Regions. Educational levels are much higher in Erongo, Karas, and Khomas Regions (and Oshana for women), where the median number of years of schooling is more than eight years for women and men.

The percentage of women with no formal education has declined in all four directorates. The Central Region shows the largest decline, from 28 percent in 1992 to 16 percent in 2000.

The level of literacy is often viewed as an indicator of the basic level of socio-economic development of a country. In the NDHS, women age 15-49 and men age 15-59 who were interviewed individually were asked to read a simple sentence in the language they preferred. Interviewers then coded their reading ability on the questionnaire. Those with at least some secondary education were not asked to read the sentence, but were assumed to be able to read. This small literacy test marks a departure from previous surveys in which respondents were asked if they could read or not. Table 2.14 shows the percent distribution of both women and men by level of literacy according to background characteristics.

## Table 2.14 Literacy

Percent distribution of women and men by level of literacy, according to background characteristics, Namibia 2000

| Background characteristic | Women |  |  |  |  |  | Men |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Can read a whole sentence ${ }^{1}$ | Can <br> read part of a sentence | Cannot read at all | Missing ${ }^{2}$ | Total | Number of women | Can read a whole sentence ${ }^{1}$ | Can <br> read part of a sentence | Cannot read at all | Missing ${ }^{2}$ | Total | Number of men |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 85.5 | 5.8 | 5.8 | 2.9 | 100.0 | 1,499 | 81.1 | 4.5 | 9.4 | 5.0 | 100.0 | 694 |
| 20-24 | 85.8 | 4.4 | 8.4 | 1.4 | 100.0 | 1,339 | 82.2 | 5.4 | 10.8 | 1.6 | 100.0 | 610 |
| 25-29 | 81.8 | 8.1 | 7.5 | 2.6 | 100.0 | 1,104 | 79.7 | 8.3 | 11.1 | 0.9 | 100.0 | 448 |
| 30-34 | 75.7 | 10.7 | 11.9 | 1.7 | 100.0 | 1,013 | 74.9 | 10.2 | 14.3 | 0.6 | 100.0 | 378 |
| 35-39 | 70.9 | 9.2 | 15.7 | 4.2 | 100.0 | 751 | 69.6 | 10.6 | 16.4 | 3.5 | 100.0 | 247 |
| 40-44 | 65.8 | 12.2 | 18.5 | 3.4 | 100.0 | 633 | 64.0 | 11.0 | 20.8 | 4.2 | 100.0 | 216 |
| 45-49 | 61.1 | 14.5 | 21.1 | 3.3 | 100.0 | 415 | 64.7 | 18.3 | 16.1 | 1.0 | 100.0 | 174 |
| 50-59 | NA | NA | NA | NA | NA | NA | 60.8 | 12.8 | 22.2 | 4.1 | 100.0 | 188 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 86.9 | 6.5 | 5.9 | 0.8 | 100.0 | 2,786 | 85.9 | 6.9 | 6.7 | 0.6 | 100.0 | 1,312 |
| Rural | 72.7 | 9.3 | 14.1 | 3.9 | 100.0 | 3,969 | 67.9 | 9.5 | 18.4 | 4.2 | 100.0 | 1,642 |
| Directorate |  |  |  |  |  |  |  |  |  |  |  |  |
| Northwest | 83.7 | 7.9 | 7.2 | 1.1 | 100.0 | 2,792 | 75.3 | 8.2 | 14.4 | 2.2 | 100.0 | 1,047 |
| Northeast | 60.0 | 10.3 | 17.0 | 12.8 | 100.0 | 842 | 75.6 | 4.1 | 7.5 | 12.7 | 100.0 | 313 |
| Central | 72.5 | 10.7 | 15.5 | 1.3 | 100.0 | 1,231 | 67.5 | 13.0 | 18.7 | 0.7 | 100.0 | 615 |
| South | 83.0 | 5.9 | 10.0 | 1.0 | 100.0 | 1,890 | 81.8 | 6.8 | 10.3 | 1.2 | 100.0 | 980 |
| Region |  |  |  |  |  |  |  |  |  |  |  |  |
| Caprivi | 62.2 | 6.5 | 8.7 | 22.5 | 100.0 | 322 | 60.2 | 0.0 | 6.2 | 33.7 | 100.0 | 114 |
| Erongo | 85.7 | 9.2 | 4.4 | 0.7 | 100.0 | 399 | 85.9 | 9.6 | 4.4 | 0.1 | 100.0 | 195 |
| Hardap | 78.5 | 7.3 | 11.8 | 2.3 | 100.0 | 292 | 70.4 | 12.5 | 15.9 | 1.1 | 100.0 | 128 |
| Karas | 91.1 | 1.6 | 5.5 | 1.8 | 100.0 | 261 | 89.3 | 2.8 | 6.1 | 1.8 | 100.0 | 123 |
| Kavango | 58.6 | 12.6 | 22.1 | 6.6 | 100.0 | 520 | 84.5 | 6.5 | 8.3 | 0.8 | 100.0 | 198 |
| Khomas | 87.2 | 6.6 | 6.1 | 0.2 | 100.0 | 1,152 | 89.0 | 5.6 | 5.4 | 0.0 | 100.0 | 624 |
| Kunene | 57.6 | 10.1 | 30.8 | 1.4 | 100.0 | 205 | 68.4 | 8.6 | 21.7 | 1.3 | 100.0 | 103 |
| Ohangwena | 71.3 | 14.4 | 13.4 | 1.0 | 100.0 | 684 | 60.0 | 11.0 | 28.2 | 0.8 | 100.0 | 275 |
| Omaheke | 53.2 | 5.8 | 37.7 | 3.3 | 100.0 | 185 | 43.8 | 11.4 | 37.5 | 7.3 | 100.0 | 104 |
| Omusati | 88.8 | 5.7 | 4.2 | 1.3 | 100.0 | 714 | 76.9 | 11.0 | 9.0 | 3.2 | 100.0 | 271 |
| Oshana | 90.6 | 3.8 | 4.9 | 0.6 | 100.0 | 789 | 85.1 | 3.5 | 7.9 | 3.4 | 100.0 | 251 |
| Oshikoto | 82.8 | 8.3 | 7.0 | 2.0 | 100.0 | 604 | 80.4 | 7.0 | 11.5 | 1.1 | 100.0 | 249 |
| Otjozondjupa | 69.0 | 11.8 | 17.6 | 1.5 | 100.0 | 627 | 55.9 | 16.6 | 26.6 | 0.9 | 100.0 | 317 |
| Total | 78.5 | 8.1 | 10.7 | 2.6 | 100.0 | 6,755 | 75.8 | 8.3 | 13.2 | 2.6 | 100.0 | 2,954 |

[^4]Illiteracy is higher among men than women; 11 percent of all women are illiterate, compared with 13 percent of men. Eight percent of women could read only part of a sentence and 79 percent of women could read a whole sentence. Among men, 8 percent could read part of a sentence and 76 percent could read the whole sentence. As expected, illiteracy increases with age. Illiteracy rates are also higher in rural than in urban areas. For both sexes, illiteracy is the highest in Omaheke Region ( 38 percent for both women and men), followed for women by Kunene Region (31 percent) and for men by Ohangwena (28 percent) and Otjozondjupa ( 27 percent) Regions. The lowest illiteracy levels-less than 5 percent-are found in Erongo Region, and for women in Omusati and Oshana Regions. ${ }^{4}$

### 2.9 ACCESS TO MEDIA

Individual respondents-both female and male-were asked if they usually read a newspaper, listen to the radio or watch television at least once a week. This information is useful for planning the dissemination of family planning and health messages. Table 2.15 shows the percentage of female and male respondents exposed to different types of mass media by age, place of residence, and level of education.

The results show that radio is still the most widely accessed of the mass media, with 73 percent of women and 82 percent of men listening to the radio at least once a week. Newspapers and magazines have a slight edge over television; 38 percent of women and 47 percent of men read a newspaper or magazine weekly, compared with 36 percent of women and 42 percent of men who watch television at least once a week. Only 20 of women and 14 percent of men are not exposed to any of these media on a weekly basis.

Surprisingly, there are only small differences in access to mass media by age. Urban residents are much more likely than rural residents to read newspapers, watch television and listen to the radio. Women and men in the South and Central Directorates, as well as those in Erongo, Karas and Khomas Regions are more likely to access all three media. Educated persons are more likely to read newspapers or magazines, watch television, and listen to the radio than less educated persons. Compared with data from the 1992 NDHS, fewer women are reading newspapers or listening to the radio now, while more are watching television.

[^5]| Table 2.15 Access to mass media |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women and men who usually read a newspaper weekly, watch television weekly, and listen to the radio weekly, by selected background characteristics, Namibia 2000 |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Women |  |  |  |  |  | Men |  |  |  |  |  |
| Background characteristic | Reads a newspaper weekly | Watches television weekly | Listens to the radio weekly | All three media | No mass media | Number of women | Reads a newspaper weekly | Watches television weekly | Listens to the radio weekly | All three media | No mass media | Number of men |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 38.4 | 32.3 | 70.1 | 17.5 | 21.1 | 1,499 | 41.8 | 40.2 | 80.8 | 25.4 | 14.0 | 694 |
| 20-24 | 42.0 | 37.8 | 76.6 | 21.4 | 14.7 | 1,339 | 48.4 | 43.4 | 83.6 | 29.0 | 11.9 | 610 |
| 25-29 | 39.3 | 38.3 | 75.0 | 23.1 | 18.8 | 1,104 | 53.5 | 45.6 | 82.6 | 33.8 | 11.7 | 448 |
| 30-34 | 38.2 | 36.7 | 71.6 | 22.0 | 21.5 | 1,013 | 51.1 | 41.8 | 81.4 | 30.8 | 15.4 | 378 |
| 35-39 | 34.4 | 36.1 | 74.1 | 20.1 | 19.9 | 751 | 50.2 | 48.7 | 84.3 | 35.9 | 10.2 | 247 |
| 40-44 | 29.4 | 34.5 | 67.3 | 19.3 | 28.7 | 633 | 45.0 | 43.5 | 84.8 | 31.2 | 11.7 | 216 |
| 45-49 | 30.9 | 37.0 | 72.3 | 21.8 | 22.0 | 415 | 42.3 | 37.3 | 77.4 | 27.1 | 19.3 | 174 |
| 50-59 | NA | NA | NA | NA | NA | NA | 34.6 | 27.6 | 79.7 | 19.2 | 17.8 | 188 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 57.5 | 68.8 | 82.9 | 42.9 | 8.0 | 2,786 | 67.9 | 69.9 | 90.4 | 50.9 | 3.7 | 1,312 |
| Rural | 23.4 | 12.9 | 65.6 | 4.9 | 28.7 | 3,969 | 29.6 | 19.4 | 75.4 | 11.7 | 21.3 | 1,642 |
| Directorate |  |  |  |  |  |  |  |  |  |  |  |  |
| Northwest | 31.4 | 15.2 | 68.0 | 8.3 | 25.1 | 2,792 | 38.8 | 23.1 | 75.0 | 16.2 | 20.7 | 1,047 |
| Northeast | 15.6 | 18.8 | 57.2 | 7.8 | 38.6 | 842 | 25.8 | 20.2 | 79.0 | 10.3 | 19.7 | 313 |
| Central | 42.8 | 55.8 | 82.8 | 31.0 | 10.3 | 1,231 | 46.6 | 56.6 | 87.1 | 35.8 | 8.7 | 615 |
| South | 52.8 | 61.3 | 80.0 | 37.6 | 11.0 | 1,890 | 61.7 | 59.5 | 87.3 | 44.7 | 6.8 | 980 |
| Region |  |  |  |  |  |  |  |  |  |  |  |  |
| Caprivi | 12.1 | 16.2 | 73.7 | 5.8 | 23.5 | 322 | 37.2 | 17.6 | 91.3 | 17.6 | 8.7 | 114 |
| Erongo | 68.1 | 83.0 | 88.6 | 56.4 | 2.1 | 399 | 70.0 | 82.0 | 94.6 | 58.8 | 0.2 | 195 |
| Hardap | 45.2 | 48.9 | 78.0 | 26.6 | 11.3 | 292 | 45.8 | 52.7 | 90.3 | 30.9 | 4.0 | 128 |
| Karas | 55.2 | 69.5 | 86.3 | 37.7 | 4.6 | 261 | 61.9 | 70.4 | 90.3 | 51.2 | 4.2 | 123 |
| Kavango | 17.8 | 20.5 | 47.0 | 9.0 | 48.0 | 520 | 19.2 | 21.7 | 72.0 | 6.2 | 26.1 | 198 |
| Khomas | 58.7 | 68.5 | 80.3 | 44.4 | 10.3 | 1,152 | 72.6 | 65.6 | 87.7 | 52.6 | 5.7 | 624 |
| Kunene | 24.6 | 27.0 | 70.8 | 13.6 | 22.4 | 205 | 26.2 | 31.4 | 69.5 | 8.0 | 19.9 | 103 |
| Ohangwena | 27.1 | 5.1 | 55.5 | 2.5 | 38.3 | 684 | 19.8 | 4.9 | 61.9 | 1.2 | 36.1 | 275 |
| Omaheke | 24.7 | 24.8 | 72.6 | 12.3 | 23.9 | 185 | 15.9 | 18.6 | 77.9 | 6.7 | 19.8 | 104 |
| Omusati | 26.4 | 8.4 | 66.6 | 3.8 | 26.4 | 714 | 26.3 | 21.9 | 62.9 | 11.1 | 29.9 | 271 |
| Oshana | 39.3 | 25.8 | 75.5 | 16.8 | 18.0 | 789 | 69.8 | 32.3 | 90.2 | 27.2 | 3.0 | 251 |
| Oshikoto | 31.6 | 20.7 | 74.3 | 9.1 | 17.8 | 604 | 41.9 | 35.3 | 87.4 | 27.2 | 11.4 | 249 |
| Otjozondjupa | 32.6 | 48.0 | 83.1 | 20.6 | 11.6 | 627 | 39.0 | 49.3 | 88.3 | 30.8 | 10.2 | 317 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 2.1 | 12.2 | 49.9 | 0.3 | 47.3 | 641 | 7.8 | 16.0 | 67.1 | 4.6 | 32.0 | 379 |
| Incomplete primary | 14.9 | 15.2 | 61.7 | 4.1 | 34.0 | 1,409 | 21.3 | 19.6 | 73.0 | 8.7 | 23.6 | 744 |
| Completed primary | 24.4 | 25.6 | 70.9 | 10.4 | 23.6 | , 827 | 38.3 | 34.5 | 80.1 | 16.7 | 13.9 | 283 |
| Incompl. secondary | 46.2 | 41.7 | 78.5 | 24.0 | 12.3 | 2,907 | 63.1 | 53.7 | 89.0 | 38.8 | 5.2 | 1,115 |
| Compl. secondary+ | 78.7 | 73.3 | 88.1 | 56.5 | 2.5 | 971 | 87.1 | 76.9 | 94.1 | 68.9 | 1.0 | 434 |
| Total | 37.5 | 35.9 | 72.7 | 20.6 | 20.1 | 6,755 | 46.6 | 41.9 | 82.0 | 29.1 | 13.5 | 2,954 |

### 2.10 EMPLOYMENT AND OCCUPATION

Table 2.16 presents the distribution of women and men by employment status, according to background characteristics. This table does not reflect a true employment rate, because the survey did not attempt to measure the economically active population. Information was collected about current employment, earnings, and occupation for women age 15-49 and men age 15-59.

| Table 2.16 Employment |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women and men by employment status, according to background characteristics, Namibia 2000 |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Women |  |  |  |  |  | Men |  |  |  |  |  |
|  | currently | Not employed |  |  |  |  |  | currently | employed |  |  |  |
| Background characteristic | Currently employed | Worked last 12 months | Did not work in last 12 months | Missing | Total | Number | Currently employed | Worked last 12 months | Did not work in last 12 months | Missing | Total | Number |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 4.5 | 1.8 | 93.6 | 0.0 | 100.0 | 1,499 | 7.1 | 3.7 | 89.2 | 0.0 | 100.0 | 694 |
| 20-24 | 27.8 | 5.4 | 66.6 | 0.2 | 100.0 | 1,339 | 35.5 | 9.5 | 62.1 | 0.0 | 100.0 | 610 |
| 25-29 | 41.6 | 4.1 | 54.2 | 0.2 | 100.0 | 1,104 | 50.6 | 9.2 | 39.0 | 1.2 | 100.0 | 448 |
| 30-34 | 45.6 | 4.0 | 50.3 | 0.1 | 100.0 | 1,013 | 65.9 | 8.6 | 25.4 | 0.0 | 100.0 | 378 |
| 35-39 | 50.5 | 3.2 | 46.5 | 0.0 | 100.0 | 751 | 73.4 | 5.7 | 20.9 | 0.0 | 100.0 | 247 |
| 40-44 | 46.5 | 3.0 | 50.5 | 0.0 | 100.0 | 633 | 71.7 | 4.1 | 24.3 | 0.0 | 100.0 | 216 |
| 45-49 | 41.7 | 2.5 | 55.7 | 0.1 | 100.0 | 415 | 57.5 | 7.0 | 35.3 | 0.0 | 100.0 | 174 |
| 50-59 | NA | NA | NA | NA | NA | NA | 54.7 | 5.6 | 38.0 | 1.6 | 100.0 | 188 |
| Marital status |  |  |  |  |  |  |  |  |  |  |  |  |
| Never married | 23.8 | 3.1 | 73.1 | 0.1 | 100.0 | 3,667 | 25.9 | 6.7 | 67.4 | 0.0 | 100.0 | 1,764 |
| Married | 47.1 | 2.5 | 50.2 | 0.2 | 100.0 | 1,532 | 65.7 | 6.0 | 27.3 | 0.9 | 100.0 | 669 |
| In a consensual union | 36.6 | 4.9 | 58.4 | 0.0 | 100.0 | 1,078 | 71.1 | 7.4 | 20.9 | 0.6 | 100.0 | 378 |
| Divorced, separated widowed | ${ }^{\text {d, }} 46.1$ | 6.8 | 47.1 | 0.0 | 100.0 | 478 | 50.1 | 11.8 | 38.1 | 0.0 | 100.0 | 143 |
| Number of children |  |  |  |  |  |  |  |  |  |  |  |  |
| 0 | 15.1 | 2.6 | 82.0 | 0.1 | 100.0 | 2,181 | 21.4 | 6.1 | 72.5 | 0.0 | 100.0 | 1,510 |
| 1-2 | 39.7 | 4.7 | 55.4 | 0.1 | 100.0 | 2,387 | 62.7 | 9.7 | 26.8 | 0.8 | 100.0 | 689 |
| 3-4 | 45.6 | 3.7 | 50.7 | 0.1 | 100.0 | 1,296 | 71.3 | 5.3 | 23.1 | 0.4 | 100.0 | 336 |
| 5+ | 37.6 | 2.1 | 60.2 | 0.0 | 100.0 | 891 | 57.8 | 6.3 | 35.5 | 0.4 | 100.0 | 419 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 51.1 | 4.9 | 43.8 | 0.1 | 100.0 | 2,786 | 58.3 | 7.9 | 33.6 | 0.1 | 100.0 | 1,312 |
| Rural | 19.7 | 2.5 | 77.7 | 0.1 | 100.0 | 3,969 | 28.6 | 6.1 | 64.8 | 0.4 | 100.0 | 1,642 |
| Directorate |  |  |  |  |  |  |  |  |  |  |  |  |
| Northwest | 19.3 | 2.7 | 77.8 | 0.0 | 100.0 | 2,792 | 20.6 | 4.8 | 74.5 | 0.1 | 100.0 | 1,047 |
| Northeast | 26.1 | 1.1 | 72.7 | 0.2 | 100.0 | 842 | 24.3 | 6.0 | 67.9 | 1.7 | 100.0 | 313 |
| Central | 39.5 | 4.0 | 56.5 | 0.0 | 100.0 | 1,231 | 62.0 | 9.0 | 28.8 | 0.2 | 100.0 | 615 |
| South | 50.8 | 5.5 | 43.6 | 0.2 | 100.0 | 1,890 | 57.5 | 8.1 | 34.3 | 0.1 | 100.0 | 980 |
| Region |  |  |  |  |  |  |  |  |  |  |  |  |
| Caprivi | 8.6 | 1.0 | 89.9 | 0.5 | 100.0 | 322 | 22.5 | 5.9 | 71.6 | 0.0 | 100.0 | 114 |
| Erongo | 42.3 | 4.4 | 53.3 | 0.0 | 100.0 | 399 | 66.0 | 14.2 | 19.5 | 0.2 | 100.0 | 195 |
| Hardap | 35.8 | 6.4 | 57.5 | 0.3 | 100.0 | 292 | 44.8 | 19.4 | 35.7 | 0.0 | 100.0 | 128 |
| Karas | 50.8 | 11.6 | 37.2 | 0.3 | 100.0 | 261 | 69.8 | 9.1 | 20.6 | 0.5 | 100.0 | 123 |
| Kavango | 36.8 | 1.2 | 62.0 | 0.0 | 100.0 | 520 | 25.4 | 6.0 | 65.8 | 2.7 | 100.0 | 198 |
| Khomas | 58.2 | 3.1 | 38.5 | 0.2 | 100.0 | 1,152 | 55.9 | 5.4 | 38.6 | 0.0 | 100.0 | 624 |
| Kunene | 34.8 | 3.6 | 61.6 | 0.1 | 100.0 | 205 | 40.8 | 7.9 | 50.6 | 0.6 | 100.0 | 103 |
| Ohangwena | 16.2 | 1.8 | 82.0 | 0.0 | 100.0 | 684 | 12.8 | 4.4 | 82.8 | 0.0 | 100.0 | 275 |
| Omaheke | 27.4 | 10.2 | 62.4 | 0.0 | 100.0 | 185 | 67.8 | 9.3 | 22.8 | 0.0 | 100.0 | 104 |
| Omusati | 12.5 | 0.9 | 86.7 | 0.0 | 100.0 | 714 | 11.5 | 9.1 | 79.0 | 0.5 | 100.0 | 271 |
| Oshana | 28.0 | 3.0 | 69.0 | 0.0 | 100.0 | 789 | 30.4 | 2.1 | 67.4 | 0.0 | 100.0 | 251 |
| Oshikoto | 20.2 | 5.6 | 74.1 | 0.2 | 100.0 | 604 | 29.3 | 3.1 | 67.6 | 0.0 | 100.0 | 249 |
| Otjozondjupa | 39.2 | 3.8 | 56.9 | 0.0 | 100.0 | 627 | 66.5 | 6.1 | 27.4 | 0.0 | 100.0 | 317 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 26.0 | 2.3 | 71.7 | 0.0 | 100.0 | 641 | 56.8 | 5.2 | 37.6 | 0.4 | 100.0 | 379 |
| Incomplete primary | y 22.7 | 3.6 | 73.7 | 0.0 | 100.0 | 1,409 | 34.7 | 6.8 | 58.5 | 0.0 | 100.0 | 744 |
| Completed primary | 29.6 | 3.0 | 67.2 | 0.2 | 100.0 | 827 | 31.4 | 9.4 | 59.2 | 0.0 | 100.0 | 283 |
| Incompl. secondary | y 29.9 | 3.7 | 66.2 | 0.2 | 100.0 | 2,907 | 33.9 | 7.3 | 58.0 | 0.6 | 100.0 | 1,115 |
| Compl. secondary+ | + 62.1 | 4.1 | 33.7 | 0.0 | 100.0 | 971 | 68.0 | 5.9 | 26.0 | 0.0 | 100.0 | 434 |
| Total | 32.6 | 3.5 | 63.7 | 0.1 | 100.0 | 6,755 | 41.9 | 6.9 | 50.9 | 0.3 | 100.0 | 2,954 |

The data show that 33 percent of women and 42 percent of men report being currently employed, while an additional 4 percent of women and 7 percent of men were employed at some time during the 12 months prior to the survey (Figure 2.6). The proportion currently employed is considerably lower among the younger respondents; especially those age 15-19, many of whom are no doubt still in school. Probably for the same reason, single women and men are also less likely to be working than those who are married or formerly married. The proportion working is higher among women and men in urban areas than those in rural areas. Employment is much higher in the South and Central Directorates than it is in the Northwest and Northeast Directorates. The proportion of women and men who are currently employed is particularly low in Caprivi, Omusati, and Ohangwena Regions. This is surprising, since women in Omusati Region have a low illiteracy rate and are among the better educated. However, the data show little difference in levels of current employment by education for women except among those who have completed secondary school, more of whom are working. A majority of men with no schooling and those who have completed at least secondary school are employed, compared with around one-third of men with intermediate levels of education.

Figure 2.6 Percent Distribution of Women Age 15-49 by Employment Status


Tables 2.17.1 and 2.17.2 indicate the type of occupation in which working women and men are engaged. More than one-quarter of working women are involved in unskilled manual jobs, while about one-fifth work in professional or technical jobs, and another one-fifth work in sales and services. Women are slightly more likely than men to be employed in professional, clerical and sales jobs. Men, on the other hand, are more likely than women to be employed in skilled manual jobs and in agricultural work. Almost one in five working men is engaged in agricultural activities, compared with slightly more than one in ten employed women.

Among both women and men, agricultural jobs are more common in rural than urban areas. As expected, educated women and men are more likely to be employed in professional and technical occupations and less likely to work as manual labourers or in agriculture. For example, 42 percent of women and 49 percent of men who have completed secondary school or higher are employed in professional and technical occupations.

## Table 2.17.1 Occupation: women

Percent distribution of currently employed women by type of occupation, according to background characteristics, Namibia 2000

| Background characteristic | Nonagricultural |  |  |  |  |  | Other/ Don't know/ missing | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Prof./ tech./ manag. | Clerical | Sales and services | Manual skilled | Manual unskilled | Agriculture |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 12.4 | 7.8 | 25.1 | 0.5 | 31.2 | 22.3 | 0.8 | 100.0 | 68 |
| 20-24 | 15.0 | 17.1 | 30.5 | 3.6 | 22.1 | 11.1 | 0.6 | 100.0 | 372 |
| 25-29 | 14.6 | 20.5 | 25.5 | 4.8 | 21.9 | 12.2 | 0.6 | 100.0 | 459 |
| 30-34 | 23.1 | 14.9 | 19.4 | 4.5 | 26.8 | 10.5 | 0.8 | 100.0 | 462 |
| 35-39 | 23.1 | 16.1 | 17.8 | 6.2 | 25.9 | 9.8 | 1.1 | 100.0 | 378 |
| 40-44 | 28.9 | 11.2 | 9.2 | 2.9 | 37.5 | 9.6 | 0.8 | 100.0 | 294 |
| 45-49 | 20.4 | 8.0 | 11.3 | 4.5 | 41.7 | 11.4 | 2.7 | 100.0 | 173 |
| Current marital status |  |  |  |  |  |  |  |  |  |
| Never married | 15.5 | 16.0 | 29.3 | 4.9 | 25.9 | 7.8 | 0.6 | 100.0 | 870 |
| Married | 31.2 | 19.1 | 14.3 | 3.5 | 18.1 | 13.0 | 0.8 | 100.0 | 721 |
| In a consensual union | 12.3 | 7.5 | 16.1 | 5.5 | 41.0 | 16.2 | 1.4 | 100.0 | 395 |
| Divorced, separated, widowed | 16.7 | 14.5 | 13.6 | 3.3 | 41.2 | 9.0 | 1.6 | 100.0 | 220 |


| Number of living <br> children |  |  |  |  |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| 0 | 23.2 | 19.7 | 26.8 | 2.2 | 17.1 | 10.3 | 0.7 | 100.0 | 332 |
| $1-2$ | 21.1 | 18.8 | 22.9 | 4.9 | 22.7 | 8.7 | 1.0 | 100.0 | 949 |
| $3-4$ | 19.9 | 13.2 | 15.0 | 4.2 | 35.2 | 11.5 | 0.9 | 100.0 | 590 |
| $5+$ | 15.2 | 5.3 | 16.9 | 5.1 | 38.3 | 18.0 | 1.1 | 100.0 | 336 |
|  |  |  |  |  |  |  |  |  |  |
| Residence | 18.9 | 20.7 | 19.2 | 4.0 | 26.9 | 9.2 | 1.1 | 100.0 | 1,425 |
| $\quad$ Urban | 22.6 | 5.6 | 22.7 | 5.0 | 28.9 | 14.6 | 0.6 | 100.0 | 781 |


| Directorate |  |  |  |  |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| $\quad$ Northwest | 27.2 | 8.3 | 35.8 | 7.4 | 19.4 | 0.6 | 1.3 | 100.0 | 542 |
| Northeast | 26.2 | 6.7 | 9.4 | 2.4 | 12.8 | 31.4 | 1.0 | 100.0 | 219 |
| Central | 17.6 | 17.4 | 19.8 | 4.9 | 34.5 | 4.7 | 1.1 | 100.0 | 486 |
| South | 16.2 | 20.3 | 14.6 | 2.8 | 32.0 | 13.4 | 0.6 | 100.0 | 959 |


|  |  |  |  |  |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| Region |  |  |  |  |  |  |  |  |  |
| Caprivi | $(39.6)$ | $(6.8)$ | $(27.6)$ | $(2.3)$ | $(23.6)$ | $(0.0)$ | $(0.0)$ | 100.0 | 28 |
| Erongo | 19.1 | 26.5 | 18.2 | 8.5 | 27.4 | 0.3 | 0.0 | 100.0 | 169 |
| Hardap | 18.3 | 11.3 | 17.0 | 5.5 | 41.1 | 5.4 | 1.3 | 100.0 | 105 |
| Karas | 27.3 | 17.1 | 17.4 | 3.7 | 28.9 | 4.2 | 1.3 | 100.0 | 133 |
| Kavango | 24.3 | 6.7 | 6.8 | 2.5 | 11.3 | 47.4 | 1.1 | 100.0 | 192 |
| Khomas | 14.1 | 23.5 | 13.5 | 2.4 | 28.7 | 17.4 | 0.4 | 100.0 | 671 |
| Kunene | 22.3 | 10.2 | 27.3 | 1.9 | 29.3 | 7.5 | 1.5 | 100.0 | 71 |
| Ohangwena | 28.0 | 5.0 | 37.3 | 9.9 | 19.3 | 0.0 | 0.4 | 100.0 | 111 |
| Omaheke | 9.9 | 4.1 | 17.4 | 1.2 | 65.4 | 1.4 | 0.6 | 100.0 | 51 |
| Omusati | $(26.7)$ | $(7.1)$ | $(31.7)$ | $(10.4)$ | $(24.2)$ | $(0.0)$ | $(0.0)$ | 100.0 | 89 |
| Oshana | 26.2 | 5.2 | 44.3 | 6.9 | 14.3 | 0.8 | 2.3 | 100.0 | 221 |
| Oshikoto | 28.7 | 17.9 | 21.9 | 3.9 | 25.1 | 1.2 | 1.3 | 100.0 | 122 |
| Otjozondjupa | 15.2 | 13.3 | 18.7 | 3.3 | 41.0 | 6.8 | 1.7 | 100.0 | 246 |
|  |  |  |  |  |  |  |  |  |  |
| Education |  |  |  |  |  |  |  |  |  |
| $\quad$ No education | 2.3 | 1.7 | 10.7 | 3.0 | 53.3 | 28.7 | 0.4 | 100.0 | 167 |
| Incomplete primary | 8.3 | 1.6 | 16.3 | 3.8 | 41.5 | 27.6 | 0.9 | 100.0 | 320 |
| Completed primary | 8.7 | 4.0 | 21.2 | 4.9 | 45.6 | 14.9 | 0.7 | 100.0 | 245 |
| Incompl. secondary | 16.2 | 14.4 | 26.0 | 6.6 | 28.9 | 6.8 | 1.2 | 100.0 | 871 |
| Compl. secondary+ | 41.8 | 32.5 | 17.1 | 1.6 | 3.9 | 2.3 | 0.8 | 100.0 | 604 |
|  |  |  |  |  |  |  |  |  |  |
| Total | 20.2 | 15.4 | 20.4 | 4.4 | 27.6 | 11.1 | 0.9 | 100.0 | 2,207 |

Note: Prof./Tech./Manag. includes professional, technical, and managerial occupations.. Figures in parentheses are based on 25-49 cases.

## Table 2.17.2 Occupation: men

Percent distribution of currently employed men by type of occupation, according to background characteristics, Namibia 2000

| Background characteristic | Nonagricultural |  |  |  |  |  | Other/ Don't know/ missing | Total | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Prof./ tech./ manag. | Clerical | Sales and services | Manual skilled | Manual unskilled | Agriculture |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 2.7 | 5.1 | 17.7 | 18.3 | 15.3 | 40.9 | 0.0 | 100.0 | 49 |
| 20-24 | 9.2 | 4.5 | 18.9 | 29.2 | 9.5 | 26.8 | 1.9 | 100.0 | 173 |
| 25-29 | 17.1 | 5.7 | 20.6 | 24.9 | 14.0 | 16.8 | 1.1 | 100.0 | 226 |
| 30-34 | 17.4 | 2.6 | 11.8 | 33.8 | 19.8 | 14.2 | 0.4 | 100.0 | 250 |
| 35-39 | 23.2 | 4.5 | 16.1 | 23.0 | 12.7 | 18.9 | 1.6 | 100.0 | 181 |
| 40-44 | 15.6 | 6.6 | 16.0 | 27.8 | 17.9 | 14.2 | 1.9 | 100.0 | 155 |
| 45-49 | 27.2 | 3.6 | 16.3 | 30.3 | 10.7 | 10.7 | 1.1 | 100.0 | 100 |
| 50-59 | 23.8 | 0.6 | 9.9 | 21.9 | 17.0 | 23.8 | 3.1 | 100.0 | 103 |
| Current marital status |  |  |  |  |  |  |  |  |  |
| Never married | 12.5 | 2.7 | 19.7 | 27.1 | 15.3 | 21.5 | 1.3 | 100.0 | 456 |
| Married | 27.7 | 5.1 | 12.7 | 26.8 | 13.4 | 12.9 | 1.3 | 100.0 | 440 |
| In a consensual union | 13.6 | 5.0 | 12.0 | 29.8 | 16.2 | 22.0 | 1.5 | 100.0 | 269 |
| Divorced, separated, widowed | 2.7 | 5.2 | 27.3 | 22.2 | 15.8 | 25.5 | 1.2 | 100.0 | 72 |


| Number of living <br> children |  |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 0 | 13.9 | 2.8 | 15.0 | 26.8 | 15.9 | 23.5 | 2.1 | 100.0 | 323 |
| $1-2$ | 19.5 | 6.3 | 14.7 | 27.6 | 12.3 | 19.2 | 0.4 | 100.0 | 432 |
| $3-4$ | 23.9 | 3.8 | 13.8 | 26.5 | 15.7 | 16.1 | 0.3 | 100.0 | 240 |
| $5+$ | 12.7 | 2.9 | 21.7 | 28.2 | 17.1 | 14.2 | 3.1 | 100.0 | 242 |


|  |  |  |  |  |  |  |  |  |  |
| :--- | ---: | :--- | :--- | :--- | :--- | ---: | ---: | ---: | ---: |
| Residence |  |  |  |  |  |  |  |  |  |
| $\quad$ Urban | 19.2 | 6.1 | 19.1 | 35.0 | 16.7 | 2.7 | 1.2 | 100.0 | 766 |
| Rural | 14.8 | 1.2 | 10.9 | 14.8 | 11.8 | 44.8 | 1.7 | 100.0 | 472 |


| Directorate |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Northwest | 19.3 | 2.0 | 15.6 | 27.9 | 17.2 | 14.5 | 3.5 | 100.0 | 216 |
| Northeast | 35.9 | 7.6 | 21.0 | 13.3 | 5.4 | 13.6 | 3.1 | 100.0 | 76 |
| Central | 13.3 | 4.1 | 12.6 | 27.0 | 16.4 | 26.2 | 0.5 | 100.0 | 382 |
| South | 17.3 | 4.7 | 17.8 | 29.2 | 14.2 | 16.0 | 0.9 | 100.0 | 564 |
| Region |  |  |  |  |  |  |  |  |  |
| Caprivi | (21.1) | (5.7) | (15.2) | (8.2) | (9.5) | (40.2) | (0.0) | 100.0 | 26 |
| Erongo | 18.4 | 4.9 | 10.5 | 36.0 | 20.7 | 9.0 | 0.5 | 100.0 | 129 |
| Hardap | 16.6 | 2.8 | 3.9 | 33.3 | 11.4 | 29.2 | 2.8 | 100.0 | 57 |
| Karas | 12.8 | 5.2 | 8.0 | 26.8 | 18.9 | 27.6 | 0.6 | 100.0 | 86 |
| Kavango | (43.5) | (8.6) | (24.0) | (15.9) | (3.3) | (0.0) | (4.7) | 100.0 | 50 |
| Khomas | 20.8 | 5.5 | 25.2 | 32.8 | 13.7 | 1.0 | 0.8 | 100.0 | 349 |
| Kunene | 20.3 | 2.1 | 12.1 | 11.4 | 13.8 | 39.6 | 0.7 | 100.0 | 42 |
| Ohangwena | * | * | * | * | * | * | * | 100.0 | 35 |
| Omaheke | 5.6 | 1.5 | 4.0 | 10.7 | 13.0 | 65.2 | 0.0 | 100.0 | 71 |
| Omusati | * | * | * | * | * | * | * | 100.0 | 31 |
| Oshana | 19.9 | 5.6 | 22.8 | 36.2 | 13.7 | 0.5 | 1.2 | 100.0 | 76 |
| Oshikoto | 21.1 | 0.0 | 15.8 | 21.8 | 16.0 | 20.9 | 4.4 | 100.0 | 73 |
| Otjozondjupa | 8.7 | 4.0 | 13.9 | 24.6 | 14.4 | 33.9 | 0.5 | 100.0 | 211 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 5.3 | 0.8 | 7.7 | 17.2 | 25.0 | 42.6 | 1.5 | 100.0 | 215 |
| Incomplete primary | 2.0 | 0.8 | 15.2 | 30.5 | 20.6 | 30.5 | 0.3 | 100.0 | 258 |
| Completed primary | 9.0 | 0.0 | 24.0 | 30.7 | 11.0 | 21.7 | 3.5 | 100.0 | 89 |
| Incompl. secondary | 12.7 | 5.3 | 19.9 | 37.1 | 15.5 | 8.1 | 1.4 | 100.0 | 380 |
| Compl. secondary+ | 48.8 | 9.6 | 15.2 | 18.3 | 2.7 | 3.8 | 1.5 | 100.0 | 295 |
| Total | 17.5 | 4.2 | 16.0 | 27.3 | 14.9 | 18.8 | 1.4 | 100.0 | 1,237 |

Note: Prof./Tech./Manag. includes professional, technical, and managerial occupations.. Figures in parentheses are based on 25-49 cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Women and men who reported themselves as employed at the time of the survey were asked if they worked for a member of their family, for someone else, or if they were self-employed. They were also asked if they earned cash for their work (Tables 2.18.1 and 2.18.2). Seventeen percent of working women are self-employed, while 73 percent work for non-relatives, and 10 percent are employed by relatives. For working men, 10 percent are self-employed, 86 percent work for non-relatives, and 4 percent are employed by relatives. The vast majority of those employed- 83 percent of working women and 95 percent of working men-earn cash for their work.

Table 2.18.1 Employer and form of earnings: women
Percent distribution of currently employed women by employer and type of earnings (cash, in kind, no payment), according to background characteristics, Namibia 2000

| Background characteristic | Self-employed |  | Employed by a nonrelative |  | Employed by a relative |  |  | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Earns cash ${ }^{1}$ | Does not earn cash $^{2}$ | Earns cash ${ }^{1}$ | Does not earn cash $^{2}$ | Earns cash ${ }^{1}$ | Does not earn cash $^{2}$ | Missing |  |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 7.7 | 13.6 | 45.0 | 7.3 | 10.4 | 16.0 | 0.0 | 100.0 | 68 |
| 20-24 | 8.5 | 7.4 | 68.3 | 1.3 | 5.6 | 8.9 | 0.0 | 100.0 | 372 |
| 25-29 | 6.5 | 5.7 | 72.4 | 1.6 | 5.9 | 7.8 | 0.0 | 100.0 | 459 |
| 30-34 | 9.4 | 8.4 | 71.8 | 1.2 | 2.4 | 6.6 | 0.1 | 100.0 | 462 |
| 35-39 | 10.6 | 11.2 | 68.9 | 1.4 | 2.3 | 5.4 | 0.1 | 100.0 | 378 |
| 40-44 | 9.4 | 8.9 | 77.0 | 0.4 | 1.9 | 2.4 | 0.0 | 100.0 | 294 |
| 45-49 | 4.3 | 13.8 | 76.7 | 1.4 | 1.8 | 1.4 | 0.6 | 100.0 | 173 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 5.8 | 5.6 | 77.6 | 1.2 | 2.3 | 7.4 | 0.0 | 100.0 | 1,425 |
| Rural | 13.2 | 14.6 | 59.2 | 1.9 | 6.5 | 4.5 | 0.2 | 100.0 | 781 |
| Directorate |  |  |  |  |  |  |  |  |  |
| Northwest | 12.9 | 12.5 | 62.2 | 0.8 | 9.4 | 2.1 | 0.1 | 100.0 | 542 |
| Northeast | 5.8 | 37.8 | 40.1 | 1.5 | 1.6 | 12.9 | 0.1 | 100.0 | 219 |
| Central | 12.4 | 0.5 | 83.3 | 1.3 | 1.9 | 0.5 | 0.1 | 100.0 | 486 |
| South | 4.4 | 4.3 | 77.1 | 1.8 | 2.1 | 10.2 | 0.1 | 100.0 | 959 |
| Region |  |  |  |  |  |  |  |  |  |
| Caprivi | (20.4) | (0.0) | (73.3) | (6.3) | (0.0) | (0.0) | (0.0) | 100.0 | 28 |
| Erongo | 8.2 | 0.4 | 90.1 | 0.3 | 1.0 | 0.0 | 0.0 | 100.0 | 169 |
| Hardap | 7.9 | 1.9 | 82.6 | 2.5 | 0.9 | 3.4 | 1.0 | 100.0 | 105 |
| Karas | 9.0 | 0.6 | 83.2 | 1.1 | 6.1 | 0.0 | 0.0 | 100.0 | 133 |
| Kavango | 3.7 | 43.3 | 35.3 | 0.8 | 1.9 | 14.8 | 0.2 | 100.0 | 192 |
| Khomas | 2.3 | 5.6 | 74.6 | 1.8 | 1.5 | 14.1 | 0.0 | 100.0 | 671 |
| Kunene | 23.0 | 2.0 | 66.6 | 1.1 | 5.4 | 1.8 | 0.0 | 100.0 | 71 |
| Ohangwena | 28.9 | 1.1 | 56.2 | 0.0 | 7.9 | 5.5 | 0.4 | 100.0 | 111 |
| Omaheke | 12.5 | 2.2 | 81.7 | 2.6 | 1.0 | 0.0 | 0.0 | 100.0 | 51 |
| Omusati | (21.8) | (13.3) | (44.2) | (0.0) | (20.8) | (0.0) | (0.0) | 100.0 | 89 |
| Oshana | 6.3 | 19.7 | 65.1 | 1.0 | 5.9 | 1.9 | 0.0 | 100.0 | 221 |
| Oshikoto | 3.9 | 9.3 | 75.3 | 1.7 | 8.8 | 0.8 | 0.0 | 100.0 | 122 |
| Otjozondjupa | 12.2 | 0.2 | 83.5 | 2.1 | 1.5 | 0.4 | 0.1 | 100.0 | 246 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 5.5 | 15.9 | 64.8 | 2.7 | 1.8 | 9.3 | 0.0 | 100.0 | 167 |
| Incomplete primary | 11.8 | 22.4 | 48.7 | 2.7 | 3.0 | 11.1 | 0.2 | 100.0 | 320 |
| Completed primary | 10.8 | 15.9 | 60.4 | 0.1 | 3.5 | 9.3 | 0.0 | 100.0 | 245 |
| Incompl. secondary | 9.5 | 5.7 | 71.3 | 1.5 | 5.4 | 6.4 | 0.2 | 100.0 | 871 |
| Compl. secondary + | 4.9 | 1.2 | 88.7 | 0.9 | 2.5 | 1.8 | 0.0 | 100.0 | 604 |
| Occupation |  |  |  |  |  |  |  |  |  |
| Agriculture | 1.9 | 39.2 | 12.1 | 1.2 | 0.4 | 45.3 | 0.0 | 100.0 | 246 |
| Nonagricultural | 9.2 | 5.0 | 78.5 | 1.5 | 4.2 | 1.5 | 0.1 | 100.0 | 1,961 |
| Total | 8.4 | 8.8 | 71.1 | 1.4 | 3.8 | 6.4 | 0.1 | 100.0 | 2,207 |

Note: Total includes women with missing information on type of employer or earnings and/or employment status.
${ }^{1}$ Includes both women who receive only cash and those who receive cash and in-kind payment. Figures in parentheses are based on 25-49 unweighted cases.
${ }^{2}$ Includes both women who receive only in-kind payment and those who receive no payment.

Table 2.18.2 Employer and form of earnings: men
Percent distribution of currently employed men by employer and type of earnings (cash, in kind, no payment), according to background characteristics, Namibia 2000

| Background characteristic | Self-employed |  | Employed by a nonrelative |  | Employed by a relative |  |  | Total | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\begin{aligned} & \text { Earns } \\ & \text { cash }^{1} \end{aligned}$ | Does not earn cash ${ }^{2}$ | $\begin{aligned} & \text { Earns } \\ & \text { cash }^{1} \end{aligned}$ | Does not earn cash ${ }^{2}$ | $\begin{aligned} & \text { Earns } \\ & \text { cash }^{1} \end{aligned}$ | Does not earn cash ${ }^{2}$ | Missing |  |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 0.5 | 0.0 | 82.7 | 1.9 | 10.1 | 4.7 | 0.0 | 100.0 | 49 |
| 20-24 | 5.2 | 6.2 | 79.2 | 0.1 | 6.9 | 1.0 | 1.4 | 100.0 | 173 |
| 25-29 | 4.6 | 3.8 | 85.6 | 0.3 | 4.5 | 1.1 | 0.1 | 100.0 | 226 |
| 30-34 | 6.7 | 1.0 | 87.7 | 0.5 | 2.4 | 0.5 | 1.2 | 100.0 | 250 |
| 35-39 | 7.6 | 5.6 | 85.7 | 0.0 | 0.9 | 0.2 | 0.0 | 100.0 | 181 |
| 40-44 | 6.7 | 1.3 | 87.4 | 2.5 | 0.2 | 1.4 | 0.7 | 100.0 | 155 |
| 45-49 | 16.4 | 5.4 | 76.9 | 0.0 | 1.3 | 0.0 | 0.0 | 100.0 | 100 |
| 50-59 | 4.8 | 0.9 | 91.0 | 0.9 | 2.2 | 0.3 | 0.0 | 100.0 | 103 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 6.6 | 2.2 | 88.0 | 0.2 | 2.3 | 0.3 | 0.4 | 100.0 | 766 |
| Rural | 6.7 | 5.0 | 80.1 | 1.4 | 4.4 | 1.7 | 0.8 | 100.0 | 472 |
| Directorate |  |  |  |  |  |  |  |  |  |
| Northwest | 12.6 | 0.5 | 81.3 | 0.6 | 3.6 | 0.9 | 0.5 | 100.0 | 216 |
| Northeast | 4.1 | 13.8 | 64.8 | 1.7 | 5.0 | 4.4 | 6.3 | 100.0 | 76 |
| Central | 5.8 | 3.2 | 87.2 | 1.0 | 1.6 | 1.0 | 0.3 | 100.0 | 382 |
| South | 5.2 | 2.9 | 87.7 | 0.3 | 3.7 | 0.3 | 0.0 | 100.0 | 564 |
| Region |  |  |  |  |  |  |  |  |  |
| Caprivi | (0.0) | (0.0) | (73.4) | (0.0) | (0.0) | (13.0) | (13.7) | 100.0 | 26 |
| Erongo | 4.9 | 0.8 | 90.4 | 0.0 | 1.2 | 1.8 | 0.8 | 100.0 | 129 |
| Hardap | 5.4 | 0.0 | 89.9 | 0.7 | 3.9 | 0.0 | 0.0 | 100.0 | 57 |
| Karas | 11.1 | 1.0 | 87.3 | 0.0 | 0.6 | 0.0 | 0.0 | 100.0 | 86 |
| Kavango | (6.2) | (20.8) | (60.4) | (2.5) | (7.6) | (0.0) | (2.5) | 100.0 | 50 |
| Khomas | 3.1 | 3.6 | 90.9 | 0.0 | 2.4 | 0.0 | 0.0 | 100.0 | 349 |
| Kunene | 6.8 | 2.0 | 77.5 | 1.4 | 9.3 | 3.0 | 0.0 | 100.0 | 42 |
| Ohangwena | * | * | * | * | * | * |  | 100.0 | 35 |
| Omaheke | 7.9 | 4.5 | 70.5 | 1.6 | 13.4 | 2.1 | 0.0 | 100.0 | 71 |
| Omusati | * | * | * | * | * | * |  | 100.0 | 31 |
| Oshana | 14.0 | 0.0 | 85.5 | 0.0 | 0.5 | 0.0 | 0.0 | 100.0 | 76 |
| Oshikoto | 5.8 | 0.0 | 89.7 | 1.7 | 0.0 | 2.7 | 0.0 | 100.0 | 73 |
| Otjozondjupa | 6.2 | 4.8 | 87.1 | 1.5 | 0.3 | 0.0 | 0.0 | 100.0 | 211 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 3.5 | 1.3 | 86.2 | 2.4 | 5.9 | 0.6 | 0.0 | 100.0 | 215 |
| Incomplete primary | 4.8 | 6.0 | 83.6 | 0.0 | 3.0 | 2.1 | 0.5 | 100.0 | 258 |
| Completed primary | 7.9 | 0.0 | 88.7 | 1.2 | 0.3 | 0.7 | 1.2 | 100.0 | 89 |
| Incompl. secondary | 7.1 | 3.7 | 84.9 | 0.1 | 3.4 | 0.1 | 0.6 | 100.0 | 380 |
| Compl. secondary+ | 9.3 | 2.7 | 84.2 | 0.4 | 1.7 | 0.8 | 0.8 | 100.0 | 295 |
| Occupation |  |  |  |  |  |  |  |  |  |
| Agriculture | 4.4 | 6.1 | 75.5 | 1.9 | 8.1 | 3.4 | 0.6 | 100.0 | 232 |
| Nonagricultural | 7.1 | 2.6 | 87.2 | 0.3 | 2.0 | 0.3 | 0.5 | 100.0 | 1,005 |
| Total | 6.6 | 3.3 | 85.0 | 0.6 | 3.1 | 0.8 | 0.6 | 100.0 | 1,237 |
| Note: Total includes men with missing information on type of employer or earnings and/or employment. Figures in parentheses re based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. <br> ${ }^{1}$ Includes both men who receive only cash and those who receive cash and in-kind payment <br> ${ }^{2}$ Includes both men who receive only in-kind payment and those who receive no payment |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |

Younger workers, especially those ages 15-19, are more likely to work for relatives and less likely to earn cash for their work than are older workers. Rural women are more likely than urban women to be self-employed and not to earn cash, but for men, there are surprisingly few differences in type of employer by urban-rural residence. In the Northeast Directorate, women and men who work are more likely to be self-employed or employed by a relative, while those in the Central and South Directorates are more likely to be employed by non-relatives. Education affects the type of employer and form of earnings. Working women who have completed secondary school are more likely to be employed by a non-relative and much more likely to be paid in cash than are less educated women. For men, differences are very small. As expected, women who work in agriculture tend to be self-employed or work for relatives and are much less likely to earn cash than non-agricultural workers. However, among men, differences between those engaged in agricultural and non-agricultural work are small.

Working women who earn cash for their work were asked who mainly decides how her earnings will be used. Seventy-seven percent of working women decide for themselves how their own earnings are used, while 12 percent decide jointly with their husband or someone else, and 11 percent say they do not participate in the decision at all (Table 2.19). As expected, single women and those who are divorced, widowed, or separated are more likely than married women to decide for themselves how their earnings are used.

Working women were also asked what proportion of the household expenditures was provided by their earnings. As shown in Table 2.19, two-thirds of working women provide for at least half their household expenditures, with 16 percent providing for all expenditures. The proportion of working women who provide for at least half of their household expenditures is particularly high in Erongo Region ( 84 percent) and Kavango Region ( 83 percent).

Table 2.19 Decision on use of earnings and contribution of earnings to household expenditures
Percent distribution of women currently employed and receiving cash earnings by person who decides how earnings are used and by proportion of household expenditures met by earnings, according to background characteristics, Namibia 2000

| Background characteristic | Person who decides how earnings are used |  |  |  | Total | Proportion of household expenditures met by earnings |  |  |  |  | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Self only | Jointly ${ }^{1}$ | Someone else ${ }^{2}$ | Missing |  | Almost none | $\begin{aligned} & \text { Less } \\ & \text { than } \\ & \text { half } \end{aligned}$ | Half or more | All | Missing |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 1519 | (77.8) | (12.7) | (8.2) | (1.3) | 100.0 | (27.5) | (34.8) | (26.1) | (11.6) | (0.0) | 100.0 | 43 |
| 2024 | 86.2 | 6.6 | 7.2 | 0.0 | 100.0 | 11.8 | 26.5 | 48.0 | 13.6 | 0.0 | 100.0 | 306 |
| 2529 | 78.6 | 12.3 | 9.1 | 0.0 | 100.0 | 15.8 | 20.4 | 50.2 | 13.6 | 0.0 | 100.0 | 389 |
| 3034 | 75.3 | 11.3 | 13.4 | 0.0 | 100.0 | 8.7 | 17.4 | 57.7 | 16.1 | 0.1 | 100.0 | 387 |
| 3539 | 72.0 | 16.7 | 11.2 | 0.0 | 100.0 | 10.0 | 25.5 | 46.7 | 17.9 | 0.0 | 100.0 | 309 |
| 4044 | 73.3 | 12.5 | 14.1 | 0.0 | 100.0 | 13.1 | 18.0 | 51.8 | 15.4 | 1.8 | 100.0 | 260 |
| 4549 | 71.7 | 18.4 | 8.7 | 1.2 | 100.0 | 16.3 | 25.2 | 39.6 | 18.9 | 0.0 | 100.0 | 144 |
| Marital status |  |  |  |  |  |  |  |  |  |  |  |  |
| Never married | 94.6 | 2.4 | 2.7 | 0.3 | 100.0 | 13.6 | 26.1 | 45.6 | 14.5 | 0.3 | 100.0 | 744 |
| Married or in union | 57.6 | 22.9 | 19.5 | 0.0 | 100.0 | 12.2 | 18.0 | 53.6 | 15.9 | 0.3 | 100.0 | 906 |
| Divorced, separated, widowed | 98.3 | 1.7 | 0.0 | 0.0 | 100.0 | 10.9 | 25.2 | 47.0 | 16.9 | 0.0 | 100.0 | 189 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 75.6 | 13.1 | 11.3 | 0.0 | 100.0 | 12.3 | 21.3 | 49.1 | 17.2 | 0.2 | 100.0 | 1,222 |
| Rural | 79.2 | 11.0 | 9.6 | 0.3 | 100.0 | 13.2 | 23.4 | 50.8 | 12.1 | 0.4 | 100.0 | 616 |
| Directorate |  |  |  |  |  |  |  |  |  |  |  |  |
| Northwest | 88.2 | 6.9 | 4.5 | 0.4 | 100.0 | 15.3 | 31.1 | 45.5 | 7.5 | 0.6 | 100.0 | 458 |
| Northeast | 76.7 | 18.4 | 4.9 | 0.0 | 100.0 | 5.1 | 14.3 | 66.3 | 14.2 | 0.0 | 100.0 | 105 |
| Central | 69.6 | 11.3 | 19.1 | 0.0 | 100.0 | 5.0 | 18.4 | 48.7 | 27.8 | 0.1 | 100.0 | 475 |
| South | 74.5 | 15.4 | 10.0 | 0.1 | 100.0 | 16.5 | 19.9 | 50.4 | 12.9 | 0.3 | 100.0 | 801 |
| Region |  |  |  |  |  |  |  |  |  |  |  |  |
| Caprivi | (64.0) | (24.9) | (11.1) | (0.0) | 100.0 | (14.6) | (13.1) | (56.7) | (15.6) | (0.0) | 100.0 | 26 |
| Erongo | 65.0 | 16.9 | 18.0 | 0.0 | 100.0 | 2.7 | 12.9 | 48.7 | 35.7 | 0.0 | 100.0 | 168 |
| Hardap | 71.3 | 18.8 | 9.9 | 0.0 | 100.0 | 24.1 | 24.4 | 40.4 | 11.1 | 0.0 | 100.0 | 96 |
| Karas | 72.1 | 22.0 | 5.4 | 0.4 | 100.0 | 10.7 | 21.9 | 44.8 | 22.6 | 0.0 | 100.0 | 131 |
| Kavango | 80.9 | 16.2 | 2.9 | 0.0 | 100.0 | 2.0 | 14.7 | 69.5 | 13.7 | 0.0 | 100.0 | 79 |
| Khomas | 76.4 | 12.7 | 10.9 | 0.0 | 100.0 | 16.9 | 18.7 | 53.2 | 10.9 | 0.4 | 100.0 | 527 |
| Kunene | 78.2 | 12.6 | 9.2 | 0.0 | 100.0 | 8.7 | 24.9 | 56.0 | 10.5 | 0.0 | 100.0 | 68 |
| Ohangwena | 88.8 | 7.0 | 4.2 | 0.0 | 100.0 | 2.8 | 43.6 | 45.4 | 8.2 | 0.0 | 100.0 | 103 |
| Omaheke | 66.0 | 21.1 | 12.9 | 0.0 | 100.0 | 13.6 | 19.1 | 55.3 | 12.0 | 0.0 | 100.0 | 48 |
| Omusati | (87.4) | (6.6) | (6.0) | (0.0) | 100.0 | (44.8) | (28.5) | (21.5) | (5.3) | (0.0) | 100.0 | 77 |
| Oshana | 88.4 | 7.0 | 3.5 | 1.0 | 100.0 | 7.8 | 29.1 | 54.8 | 6.7 | 1.6 | 100.0 | 171 |
| Oshikoto | 88.1 | 6.9 | 5.1 | 0.0 | 100.0 | 18.1 | 24.3 | 48.1 | 9.5 | 0.0 | 100.0 | 107 |
| Otjozondjupa | 70.3 | 6.9 | 22.7 | 0.0 | 100.0 | 5.6 | 20.5 | 46.5 | 27.2 | 0.1 | 100.0 | 239 |
| Educational levels |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 78.9 | 8.0 | 13.1 | 0.0 | 100.0 | 13.5 | 16.8 | 48.4 | 21.4 | 0.0 | 100.0 | 120 |
| Incomplete primary | 76.1 | 11.1 | 12.7 | 0.0 | 100.0 | 20.7 | 21.6 | 40.3 | 16.4 | 1.0 | 100.0 | 204 |
| Completed primary | 74.4 | 16.9 | 8.5 | 0.3 | 100.0 | 18.5 | 37.0 | 37.1 | 7.4 | 0.0 | 100.0 | 183 |
| Incomplete secondary | 80.0 | 9.5 | 10.5 | 0.0 | 100.0 | 12.7 | 22.0 | 51.2 | 13.8 | 0.4 | 100.0 | 752 |
| Complete secondary+ | 73.1 | 16.2 | 10.5 | 0.3 | 100.0 | 7.7 | 18.6 | 55.2 | 18.6 | 0.0 | 100.0 | 580 |
| Total | 76.8 | 12.4 | 10.7 | 0.1 | 100.0 | 12.6 | 22.0 | 49.7 | 15.5 | 0.3 | 100.0 | 1,839 |

[^6]
### 2.11 Women's Status

In the 2000 NDHS, several sets of questions were included to assess women's and men's attitudes towards wife beating and sexual autonomy. The questions were designed to assess attitudes towards women.

Men interviewed in the 2000 NDHS were asked if they thought that a man was justified in hitting or beating his wife in three situations: if she neglects the children, if she argues with him, and if she refuses to have sex with him. The data in Table 2.20 indicate that wife beating is widely accepted by men in Namibia. Almost four in ten men say that a man is justified in hitting his wife if she neglects the children. More than one-quarter feel that wife beating is justified if she argues with him. Refusing sexual advances is considered more acceptable; only 13 percent of men say that wife beating is justified in that circumstance. Although 44 percent of men agree with at least one of the reasons mentioned, on the other hand, 56 percent of men said that wife beating is not justified in any of the circumstances.

Differentials in attitudes towards wife beating are not pronounced except by region and education. Men in Caprivi Region appear to be particularly accepting of wife beating under all three situations, while those in Karas Region are notable for disapproving of wife beating. The more educated a man is, the less likely he is to agree that wife beating is justified.

The extent of control women have over when they have sex has important implications for demographic and health outcomes. In the 2000 NDHS, women and men were asked if they think a wife is justified in refusing to have sex with her husband in four circumstances: if she is tired or not in the mood, if she has recently given birth, if she knows her husband has sexual relations with other women, and if she knows her husband has a sexually transmitted disease. These circumstances were chosen because they combine issues of women's rights and consequences for women's health. Tables 2.21.1 and 2.21.2 show how women and men responded.

The results show that both women and men are largely supportive of a woman's right to refuse sex with her husband. Two-thirds of women and more than 60 percent of men say that a wife is justified in refusing her husband's sexual advances in all four situations postulated. Moreover, the proportions who agree with a wife's right to refuse sex are roughly equal in all four situations, implying that respondents did not differentiate between the circumstances.

Respondent's age makes little difference in attitudes towards women's rights to refuse sex, except that adolescent women, as well as childless women, are less likely to agree with the reasons given for refusing sex. Although urban women are more sympathetic than rural women to a wife's right to refuse her husband in all four circumstances, the pattern is reversed among men. Surprisingly, among women, education has only a marginal relationship with attitudes towards a woman's right to refuse sex. Women who have completed secondary school are more likely than less educated women to agree that a wife is justified in refusing sex with her husband under all four situations; however, almost as many uneducated women agree as well. Among men, there is a direct, positive relationship between the level of education and the percentage who agree with a woman's right to refuse sex with her husband.

| Percentage of men who agree with specific reasons justifying a husband beating his wife and percentage who agree with at least one or with none of the reasons, according to background characterisitics, Namibia 2000 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Reasons justifying a husband beating his wife |  |  |  |  |  |  |
| Background characteristic | Neglects the children | Argues with him | Refuses sex | Agrees with any selected reason | Agrees with no selected reason | Number of men |
| Age |  |  |  |  |  |  |
| 15-19 | 39.0 | 27.2 | 12.0 | 47.2 | 52.8 | 694 |
| 20-24 | 40.3 | 31.3 | 13.0 | 49.1 | 50.9 | 610 |
| 25-29 | 39.0 | 30.2 | 15.6 | 45.0 | 55.0 | 448 |
| 30-34 | 39.7 | 26.2 | 14.7 | 41.9 | 58.1 | 378 |
| 35-39 | 34.6 | 24.0 | 13.6 | 37.6 | 62.4 | 247 |
| 40-44 | 38.6 | 23.8 | 13.6 | 40.8 | 59.2 | 216 |
| 45-49 | 34.5 | 25.1 | 11.9 | 40.8 | 59.2 | 174 |
| 50-59 | 35.6 | 24.4 | 10.0 | 39.1 | 60.9 | 188 |
| Marital status |  |  |  |  |  |  |
| Never married | 40.4 | 29.7 | 14.1 | 47.7 | 52.3 | 1,764 |
| Married or in union | 35.8 | 24.9 | 12.1 | 39.7 | 60.3 | 1,047 |
| Divorced/separated/ widowed | 34.3 | 20.3 | 10.3 | 39.2 | 60.8 | 143 |
| Number of living children |  |  |  |  |  |  |
| 0 | 39.2 | 29.5 | 14.2 | 46.8 | 53.2 | 1,510 |
| 1-2 | 35.0 | 22.8 | 11.3 | 39.3 | 60.7 | 689 |
| 3-4 | 34.4 | 24.7 | 9.8 | 37.8 | 62.2 | 336 |
| $5+$ | 44.6 | 30.7 | 15.4 | 49.5 | 50.5 | 419 |
| Residence |  |  |  |  |  |  |
| Urban | 35.2 | 22.3 | 11.0 | 39.6 | 60.4 | 1,312 |
| Rural | 41.1 | 31.8 | 14.9 | 48.3 | 51.7 | 1,642 |
| Region |  |  |  |  |  |  |
| Caprivi | 90.1 | 73.5 | 69.4 | 90.8 | 9.2 | 114 |
| Erongo | 28.9 | 12.6 | 1.9 | 31.8 | 68.2 | 195 |
| Hardap | 20.4 | 17.8 | 5.3 | 34.3 | 65.7 | 128 |
| Karas | 8.3 | 5.7 | 2.8 | 10.6 | 89.4 | 123 |
| Kavango | 34.1 | 24.4 | 7.3 | 37.5 | 62.5 | 198 |
| Khomas | 45.0 | 32.2 | 18.8 | 49.8 | 50.2 | 624 |
| Kunene | 41.6 | 30.7 | 9.2 | 49.8 | 50.2 | 103 |
| Ohangwena | 50.9 | 50.6 | 17.8 | 64.3 | 35.7 | 275 |
| Omaheke | 19.5 | 13.9 | 2.9 | 23.1 | 76.9 | 104 |
| Omusati | 51.5 | 29.5 | 14.2 | 58.9 | 41.1 | 271 |
| Oshana | 37.9 | 29.5 | 15.0 | 44.9 | 55.1 | 251 |
| Oshikoto | 33.4 | 22.5 | 6.3 | 38.8 | 61.2 | 249 |
| Otjozondjupa | 22.3 | 9.8 | 3.6 | 26.1 | 73.9 | 317 |
| Education |  |  |  |  |  |  |
| No education | 46.6 | 38.2 | 21.8 | 53.8 | 46.2 | 379 |
| Incomplete primary | 46.7 | 31.4 | 14.9 | 51.9 | 48.1 | 744 |
| Complete primary | 40.9 | 31.4 | 13.4 | 49.6 | 50.4 | 283 |
| Incomplete secondary | 36.8 | 26.4 | 10.9 | 43.3 | 56.7 | 1,115 |
| Complete secondary + | 19.8 | 12.3 | 8.7 | 22.9 | 77.1 | +434 |
| Current employment |  |  |  |  |  |  |
| Not employed | 43.0 | 32.1 | 15.7 | 50.6 | 49.4 | 1,709 |
| Working for cash | 31.8 | 20.7 | 10.0 | 35.7 | 64.3 | 1,174 |
| Working, not for cash | 42.1 | 32.9 | 2.8 | 42.1 | 57.9 | 60 |
| Total | 38.5 | 27.6 | 13.2 | 44.4 | 55.6 | 2,954 |


| Percentage of women who agree with specific reasons justifying a wife refusing to have sexual relations with her husband and percentages who agree with all and with none of the reasons, according to background characteristics, Namibia 2000 |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Percentage who agree with specific reasons: |  |  |  | Percentage who agree with all reasons | Percentage who agree with none of the reasons | Number of women |
|  | Tired, not in mood | Gave birth recently | Knows husband has sexual relations with other women | Knows husband has an STD or AIDS |  |  |  |
| Age |  |  |  |  |  |  |  |
| 15-19 | 66.2 | 69.6 | 68.4 | 75.0 | 55.1 | 19.0 | 1,499 |
| 20-24 | 79.1 | 81.3 | 76.7 | 80.4 | 68.8 | 13.1 | 1,339 |
| 25-29 | 80.9 | 85.2 | 81.4 | 84.0 | 73.5 | 11.4 | 1,104 |
| 30-34 | 80.5 | 85.0 | 78.9 | 85.0 | 72.1 | 11.3 | 1,013 |
| 35-39 | 82.8 | 84.8 | 79.7 | 83.0 | 72.7 | 10.9 | 751 |
| 40-44 | 79.3 | 85.9 | 81.8 | 85.2 | 72.3 | 10.4 | 633 |
| 45-49 | 78.0 | 83.8 | 77.0 | 84.6 | 68.0 | 11.6 | 415 |
| Marital status |  |  |  |  |  |  |  |
| Never married | 71.3 | 74.8 | 71.8 | 76.6 | 60.7 | 17.0 | 3,667 |
| Married or in union | 83.5 | 87.3 | 81.9 | 86.2 | 75.5 | 9.7 | 2,610 |
| Divorced, separated, widowed | 86.9 | 92.7 | 87.0 | 92.9 | 79.5 | 4.0 | 478 |
| Number of living children |  |  |  |  |  |  |  |
| 0 | 68.1 | 71.4 | 69.8 | 74.8 | 56.4 | 18.4 | 2,181 |
| 1-2 | 81.5 | 84.8 | 80.3 | 83.9 | 73.1 | 11.2 | 2,387 |
| 3-4 | 83.2 | 87.6 | 81.4 | 87.8 | 75.1 | 9.5 | 1,296 |
| $5+$ | 78.8 | 83.7 | 77.9 | 82.2 | 70.3 | 11.8 | 891 |
| Residence |  |  |  |  |  |  |  |
| Urban | 89.2 | 90.5 | 87.7 | 90.6 | 82.6 | 6.7 | 2,786 |
| Rural | 68.6 | 74.1 | 69.1 | 75.0 | 57.3 | 17.9 | 3,969 |
| Directorate |  |  |  |  |  |  |  |
| Northwest | 60.5 | 66.9 | 62.0 | 67.9 | 47.1 | 22.4 | 2,792 |
| Northeast | 86.0 | 93.2 | 84.2 | 95.0 | 77.6 | 4.3 | 842 |
| Central | 85.4 | 86.7 | 84.0 | 85.8 | 78.6 | 10.7 | 1,231 |
| South | 92.3 | 92.2 | 90.6 | 92.7 | 86.7 | 5.4 | 1,890 |
| Region |  |  |  |  |  |  |  |
| Caprivi | 87.0 | 92.1 | 79.5 | 95.4 | 72.5 | 4.0 | 322 |
| Erongo | 91.8 | 94.9 | 93.1 | 92.6 | 87.2 | 4.1 | 399 |
| Hardap | 93.1 | 94.8 | 94.1 | 97.0 | 85.8 | 1.4 | 292 |
| Karas | 92.2 | 92.2 | 94.1 | 93.7 | 88.6 | 4.4 | 261 |
| Kavango | 85.4 | 93.9 | 87.1 | 94.7 | 80.7 | 4.6 | 520 |
| Khomas | 92.4 | 91.7 | 89.5 | 91.7 | 87.7 | 6.9 | 1,152 |
| Kunene | 91.3 | 93.4 | 88.9 | 91.7 | 82.5 | 3.5 | 205 |
| Ohangwena | 62.4 | 67.3 | 65.9 | 69.4 | 54.0 | 22.4 | 684 |
| Omaheke | 90.4 | 90.8 | 86.6 | 90.9 | 79.9 | 3.7 | 185 |
| Omusati | 56.4 | 62.8 | 56.4 | 65.6 | 43.8 | 27.4 | 714 |
| Oshana | 67.3 | 77.2 | 74.8 | 80.2 | 50.2 | 8.5 | 789 |
| Oshikoto | 54.5 | 58.0 | 47.6 | 52.9 | 39.1 | 34.8 | 604 |
| Otjozondjupa | 79.3 | 79.2 | 76.5 | 79.6 | 72.0 | 17.4 | 627 |
| Education |  |  |  |  |  |  |  |
| No education | 79.8 | 82.9 | 77.8 | 83.2 | 71.2 | 13.3 | 641 |
| Incomplete primary | 70.1 | 76.6 | 72.1 | 78.2 | 60.2 | 15.9 | 1,409 |
| Completed primary | 72.8 | 76.9 | 74.0 | 78.4 | 63.8 | 16.0 | 827 |
| Incompl. secondary | 78.6 | 81.6 | 77.6 | 82.0 | 68.0 | 12.2 | 2,907 |
| Compl. secondary+ | 84.6 | 86.8 | 82.8 | 86.0 | 79.1 | 10.4 | 971 |
| Current employment |  |  |  |  |  |  |  |
| Not employed | 73.0 | 77.4 | 72.8 | 77.9 | 62.2 | 15.7 | 4,542 |
| Employed for cash | 84.5 | 86.9 | 84.4 | 87.7 | 78.5 | 9.4 | 1,839 |
| Employed, not for cash | 91.6 | 93.2 | 88.4 | 94.3 | 82.4 | 2.2 | 365 |
| Total | 77.1 | 80.9 | 76.8 | 81.5 | 67.7 | 13.3 | 6,755 |

Note: Total includes 10 women with missing information on current employment.

| Percentage of men who agree with specific reasons justifying a wife refusing to have sexual relations with her husband and percentages who agree with all and with none of the reasons, according to background characteristics, Namibia 2000 |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Percentage who agree with specific reasons: |  |  |  | Percentage who agree with all reasons | Percentage who agree with none of the reasons | Number of men |
|  | Tired, not in mood | Gave birth recently | Knows husband has sexual relations with other women | Knows husband has an STD or AIDS |  |  |  |
| Age |  |  |  |  |  |  |  |
| 15-19 | 72.4 | 79.3 | 75.5 | 82.0 | 59.3 | 11.1 | 694 |
| 20-24 | 71.6 | 78.6 | 72.3 | 77.1 | 61.2 | 15.8 | 610 |
| 25-29 | 69.0 | 74.4 | 64.8 | 73.2 | 56.8 | 20.2 | 448 |
| 30-34 | 68.0 | 70.5 | 66.3 | 71.3 | 56.7 | 21.5 | 378 |
| 35-39 | 72.0 | 81.6 | 74.6 | 78.2 | 65.7 | 15.5 | 247 |
| 40-44 | 72.2 | 72.8 | 69.9 | 75.5 | 64.3 | 21.5 | 216 |
| 45-49 | 75.8 | 82.8 | 74.1 | 78.4 | 69.6 | 15.4 | 174 |
| 50-59 | 78.1 | 81.9 | 77.6 | 82.2 | 70.3 | 13.7 | 188 |
| Marital status |  |  |  |  |  |  |  |
| Never married | 68.2 | 73.8 | 69.3 | 74.2 | 57.0 | 18.4 | 1,764 |
| Married or in union | 76.5 | 81.5 | 74.5 | 81.1 | 67.5 | 14.5 | 1,047 |
| Divorced, separated, widowed | 79.4 | 91.3 | 79.3 | 88.1 | 67.0 | 4.1 | 143 |
| Number of living children |  |  |  |  |  |  |  |
| 0 | 72.9 | 78.2 | 73.1 | 78.3 | 61.4 | 14.5 | 1,510 |
| 1-2 | 70.8 | 76.3 | 68.0 | 76.6 | 59.3 | 18.2 | 689 |
| 3-4 | 71.3 | 78.9 | 73.7 | 78.0 | 62.8 | 16.3 | 336 |
| $5+$ | 68.8 | 74.9 | 70.5 | 74.3 | 62.2 | 19.7 | 419 |
| Residence |  |  |  |  |  |  |  |
| Urban | 67.3 | 70.4 | 67.9 | 72.3 | 58.7 | 23.2 | 1,312 |
| Rural | 75.1 | 82.9 | 74.6 | 81.3 | 63.2 | 10.8 | 1,642 |
| Directorate |  |  |  |  |  |  |  |
| Northwest | 72.1 | 78.4 | 71.9 | 79.4 | 58.8 | 13.0 | 1,047 |
| Northeast | 83.4 | 94.0 | 79.9 | 91.8 | 71.0 | 2.8 | 313 |
| Central | 73.9 | 79.8 | 71.3 | 75.5 | 62.0 | 14.7 | 615 |
| South | 66.0 | 69.5 | 68.9 | 71.6 | 60.1 | 25.2 | 980 |
| Region |  |  |  |  |  |  |  |
| Caprivi | 94.8 | 96.0 | 91.8 | 96.5 | 88.8 | 2.3 | 114 |
| Erongo | 81.4 | 80.3 | 78.6 | 81.7 | 65.9 | 7.6 | 195 |
| Hardap | 85.1 | 90.5 | 90.6 | 93.6 | 72.9 | 2.1 | 128 |
| Karas | 89.5 | 91.2 | 88.2 | 91.7 | 86.4 | 6.6 | 123 |
| Kavango | 76.9 | 92.8 | 73.1 | 89.1 | 60.7 | 3.0 | 198 |
| Khomas | 55.4 | 59.0 | 58.5 | 60.2 | 51.3 | 36.7 | 624 |
| Kunene | 86.7 | 95.3 | 88.7 | 92.6 | 78.0 | 2.9 | 103 |
| Ohangwena | 54.5 | 55.4 | 52.8 | 55.2 | 40.6 | 33.7 | 275 |
| Omaheke | 78.2 | 80.6 | 81.2 | 89.4 | 65.8 | 6.6 | 104 |
| Omusati | 81.0 | 82.3 | 80.3 | 88.6 | 69.7 | 5.9 | 271 |
| Oshana | 70.0 | 89.3 | 79.8 | 97.6 | 57.2 | 0.6 | 251 |
| Oshikoto | 84.2 | 88.5 | 76.1 | 77.5 | 68.8 | 10.4 | 249 |
| Otjozondjupa | 65.1 | 74.4 | 61.1 | 66.1 | 54.4 | 22.9 | 317 |
| Education |  |  |  |  |  |  |  |
| No education | 61.3 | 66.0 | 57.7 | 64.4 | 48.1 | 27.4 | 379 |
| Incomplete primary | 65.2 | 74.7 | 67.3 | 73.6 | 54.4 | 18.0 | 744 |
| Completed primary | 70.4 | 76.2 | 70.8 | 79.3 | 59.5 | 15.2 | 283 |
| Incompl. secondary | 76.1 | 80.7 | 76.6 | 81.6 | 66.0 | 13.1 | 1,115 |
| Compl. secondary+ | 81.2 | 84.2 | 78.9 | 82.6 | 73.1 | 12.8 | 434 |
| Current employment |  |  |  |  |  |  |  |
| Not employed | 70.4 | 78.0 | 72.3 | 78.7 | 59.8 | 14.7 | 1,709 |
| Employed for cash | 73.5 | 76.3 | 71.0 | 75.1 | 63.6 | 18.9 | 1,174 |
| Employed, not for cash | 68.6 | 77.2 | 70.9 | 77.4 | 57.4 | 13.8 | 60 |
| Total | 71.7 | 77.4 | 71.6 | 77.3 | 61.2 | 16.3 | 2,954 |

Note: Total includes 12 men with missing information on current employment.

Finally, men were asked if they felt a man was justified in taking any of four specified actions if his wife refused to have sex with him when he wanted her to: get angry and yell at her, refuse to give her money or other means of financial support, force her to have sex with him even if she doesn't want to, and have sex with another woman. The results are tabulated in Table 2.22.

The data show that almost one-quarter of men feel it is justifiable for a man to get angry and yell at his wife if she refuses to have sex with him. One-fifth say a man would be justified in having sex with another woman under such circumstances. Only 12 percent of men think that withholding financial support is a justifiable reaction, while even fewer-7 percent-feel that forced sex would be justified.

Differentials by background characteristics are not large except by residence. Rural men, men in Northwest Directorate, and those in Ohangwena and Oshana Regions are more likely than other men to feel that husbands are justified in taking such actions. Particularly disturbing is the fact that more than one-quarter of men in Ohangwena and Kavango Regions believe a man is justified in forcing his wife to have sex against her will. The more educated a man is, the less likely he is to believe that a man is justified in taking these actions when his wife refuses sex. Men who work for cash are also less likely than other men to say that a man is justified in taking any of the four actions.

| Table 2.22 Men's agreement with certain actions husbands are justified in taking if a wife refuses sexual relations |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of men who say that a husband has the right to take specific actions if the wife refuses to have sex with him when he wants her to, according to selected background characteristics, Namibia 2000 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Actions jusfied from men if wife refuses sex |  |  |  |  |  |  |
| Background characteristic | Get angry and yell at her | Refuse money/ financial support | Use force and have sex anyway | Have sex with someone else | Agrees with any selected reason | Number of men |
| Age |  |  |  |  |  |  |
| 15-19 | 26.6 | 14.5 | 8.8 | 27.7 | 47.3 | 694 |
| 20-24 | 23.7 | 15.6 | 9.4 | 21.4 | 40.5 | 610 |
| 25-29 | 23.8 | 13.1 | 7.5 | 19.1 | 38.5 | 448 |
| 30-34 | 15.9 | 5.9 | 3.7 | 13.3 | 29.7 | 378 |
| 35-39 | 17.1 | 5.0 | 3.6 | 13.1 | 27.6 | 247 |
| 40-44 | 14.7 | 8.3 | 5.8 | 11.5 | 23.6 | 216 |
| 45-49 | 26.6 | 13.8 | 8.6 | 22.8 | 35.3 | 174 |
| 50-59 | 25.7 | 10.1 | 6.8 | 18.1 | 34.9 | 188 |
| Marital status |  |  |  |  |  |  |
| Never married | 24.3 | 13.7 | 7.9 | 23.4 | 42.3 | 1,764 |
| Married or in union | 18.9 | 7.4 | 6.1 | 13.3 | 28.5 | 1,047 |
| Divorced/separated/ widowed | 26.5 | 21.9 | 8.9 | 25.5 | 43.2 | 143 |
| Number of living children |  |  |  |  |  |  |
| 0 | 24.9 | 14.5 | 8.7 | 23.4 | 42.9 | 1,510 |
| 1-2 | 19.8 | 10.3 | 5.6 | 14.3 | 31.7 | 689 |
| 3-4 | 14.8 | 4.3 | 3.9 | 14.4 | 27.7 | 336 |
| $5+$ | 24.2 | 10.7 | 7.9 | 21.4 | 35.1 | 419 |
| Residence |  |  |  |  |  |  |
| Urban | 15.9 | 7.7 | 4.6 | 15.1 | 29.5 | 1,312 |
| Rural | 27.8 | 15.2 | 9.5 | 23.8 | 43.8 | 1,642 |
| Directorate |  |  |  |  |  |  |
| Northwest | 37.9 | 19.5 | 9.9 | 30.1 | 55.0 | 1,047 |
| Northeast | 15.5 | 9.5 | 17.4 | 16.7 | 31.7 | 313 |
| Central | 13.7 | 6.2 | 3.0 | 18.9 | 29.9 | 615 |
| South | 13.7 | 7.9 | 4.0 | 10.8 | 25.2 | 980 |
| Region |  |  |  |  |  |  |
| Caprivi | 8.7 | 7.9 | 3.7 | 7.9 | 14.8 | 114 |
| Erongo | 7.7 | 3.5 | 0.7 | 21.7 | 28.6 | 195 |
| Hardap | 8.5 | 12.0 | 8.5 | 18.7 | 35.7 | 128 |
| Karas | 5.8 | 3.6 | 1.8 | 5.5 | 12.6 | 123 |
| Kavango | 19.4 | 10.4 | 25.3 | 21.8 | 41.4 | 198 |
| Khomas | 15.1 | 7.1 | 3.5 | 10.8 | 24.5 | 624 |
| Kunene | 19.4 | 8.1 | 3.0 | 15.3 | 36.3 | 103 |
| Ohangwena | 52.9 | 31.6 | 27.1 | 40.5 | 59.6 | 275 |
| Omaheke | 21.5 | 12.9 | 4.3 | 6.9 | 31.8 | 104 |
| Omusati | 37.7 | 20.7 | 5.5 | 14.6 | 48.4 | 271 |
| Oshana | 46.7 | 19.1 | 4.8 | 25.0 | 59.7 | 251 |
| Oshikoto | 12.7 | 5.4 | 0.8 | 40.8 | 52.5 | 249 |
| Otjozondjupa | 15.5 | 7.3 | 4.3 | 18.4 | 28.7 | 317 |
| Education |  |  |  |  |  |  |
| No education | 32.4 | 17.7 | 10.1 | 23.6 | 42.9 | 379 |
| Incomplete primary | 26.1 | 10.9 | 9.8 | 25.3 | 44.5 | 744 |
| Completed primary | 23.4 | 15.4 | 3.9 | 16.2 | 42.7 | ${ }^{2} 83$ |
| Incomplete secondary | 19.8 | 12.2 | 8.1 | 19.3 | 34.8 | 1,115 |
| Completed secondary + | 13.8 | 5.2 | 0.9 | 11.7 | 24.1 | 434 |
| Current employment 20.8 |  |  |  |  |  |  |
| Not employed | 26.8 | 14.8 | 9.5 | 23.0 | 43.8 | 1,709 |
| For cash | 16.6 | 7.5 | 4.1 | 15.1 | 28.2 | 1,174 |
| Not for cash | 19.6 | 12.6 | 7.8 | 29.8 | 42.7 | 60 |
| Total | 22.5 | 11.8 | 7.3 | 19.9 | 37.5 | 2,954 |

The fertility measures presented in this chapter are based on the reported birth histories of women age 15 to 49 who were interviewed in the 2000 Namibia Demographic Health Survey (NDHS). Each woman was first asked about the number of sons and daughters who were living with her, those who were living elsewhere, and those who had died. She was then asked for a history of her births, including the month and year each child was born; the name and sex; if deceased, the age at death; and if alive, the current age and whether the child was living with the mother. The information obtained from these questions was used to calculate measures of current and completed fertility, i.e., age-specific and total fertility rates and the number of children ever born.

### 3.1 Current Fertility

Table 3.1 presents several measures of the current level of fertility, calculated from the birth history data. The age-specific fertility rate is defined as the number of live births during a specified period to women in a particular age group divided by the number of woman-years lived in that age group during the specified period. It is a valuable measure of the current age pattern of childbearing. The total fertility rate (TFR) is obtained by summing the agespecific fertility rates and multiplying by five. It represents the number of children a woman would give birth to if she were to bear children at the prevailing age-specific rates throughout her lifetime. The general fertility rate is the number of live births occurring during a specified period per 1,000 women of reproductive age. Finally, the crude birth rate is the number of births in a specified period per 1,000 population.

Measures of current fertility are estimated for the three-year period preceding the survey, which corresponds roughly to 1998-2000. The choice of the reference period is a compromise between providing the most recent information, avoiding problems of omission or displacement of births due to recall lapse for older women, and obtaining enough cases to reduce the sampling errors.

## Table 3.1 Current fertility

Age-specific and cumulative fertility rates and the crude birth rate for the three years preceding the survey, by residence, Namibia 2000

| Age group | Residence |  | Total |
| :---: | :---: | :---: | :---: |
|  | Urban | Rural |  |
| 15-19 | 82 | 92 | 88 |
| 20-24 | 139 | 189 | 166 |
| 25-29 | 135 | 209 | 176 |
| 30-34 | 113 | 201 | 160 |
| 35-39 | 102 | 164 | 137 |
| 40-44 | 36 | 95 | 71 |
| 45-49 | 5 | 62 | 38 |
| TFR 15-49 | 3.1 | 5.1 | 4.2 |
| TFR 15-44 | 3.0 | 4.8 | 4.0 |
| GFR | 109 | 158 | 137 |
| CBR | 29.9 | 30.8 | 30.5 |

Note: Rates are for the period 1-36 months preceding the survey. Rates for age group 45-49 may be slightly biased due to truncation. Agespecific fertility rates are expressed per 1,000 women.
TFR: Total fertility rate expressed per woman GFR: General fertility rate (births $\div$ no. of women 15-44) expressed per 1,000 women
CBR: Crude birth rate expressed per 1,000 population

The TFR in Namibia is 4.2 births per woman. The TFR in rural areas is 5.1 , compared with 3.1 in urban areas. In other words, rural women will have on average two more children than their urban counterparts. The crude birth rate in Namibia is 31 births per 1,000 population. The general fertility rate in Namibia is 137 per 1,000 women, with the rate being much higher in rural areas (158) than in urban areas (109).

The age-specific fertility rates indicate that Namibian women have a broad-peaked fertility pattern, with fertility rates in age groups $20-24,25-29$, and $30-34$ differing only slightly, as shown in Figure 3.1. Fertility declines sharply after the mid-30s.

## Figure 3.1 Age-specific Fertility Rates by Urban-Rural Residence



NDHS 2000

### 3.2 Fertility Differentials

Table 3.2 presents fertility differentials according to urban-rural residence, directorate, and level of education. The urban-rural differentials in fertility measures have already been noted. Differences by directorate (see Figure 3.2) show that the Northeast has the highest TFR of 4.8 and the South has the lowest (3.6). The data indicate a steady decline in fertility with increasing education.

Six percent of interviewed women reported that they were pregnant at the time of interview. Variations in this proportion by background characteristics of women are minimal; however, the percent pregnant generally declines with increasing education of women.

Table 3.2 also shows the mean number of children ever born for women age 40-49. This is an indicator of completed fertility or cumulative fertility for women who are approaching the end of their childbearing years. A comparison of the total fertility rate and the cumulative fertility rate gives an indication of fertility trends over time. Overall, the mean number of children ever born to women $40-49$ is 5.1 , far higher than the current total fertility rate of 4.2 , which indicates that fertility has been falling in Namibia; this is true for all groups except women with no education.

Figure 3.2 Total Fertility Rates by Residence


NDHS 2000

### 3.3 Fertility Trends

Fertility trends can be analysed in two ways. One is to compare data from the 2000 NDHS with previous data, namely the 1991 population census and the 1992 NDHS. Data from the 1991 census showed a total fertility rate of 6.1 for the nation. In contrast, the 1992 NDHS produced a rate of 5.4 for the three years prior to the survey or roughly 1990-92. The rather sizeable difference between these two estimates may be attributed to the fact that the census rate was derived using indirect estimation procedures, which might overestimate fertility. Alternatively, the difference could be due to sampling errors in the 1992 NDHS rate. In any case, it appears that fertility has declined considerably over the past eight years, dropping to 4.2 for the period 1998-2000.

A comparison of the 1992 and 2000 NDHSs shows that fertility has declined by roughly the same magnitude in urban and rural areas. It appears to have declined most rapidly in the Northwest Directorate, from 6.7 births per woman in 1990-92 to 4.7 for the period 1998-2000.

A second way of analysing fertility trends is by using data from the 2000 NDHS alone, by reconstructing fertility rates back into time from data in women's birth histories. Because women age 50 and above were not interviewed in the survey, the rates are successively truncated as the number of years before the survey increases (see Table 3.3). The data also indicate a decline in fertility in Namibia during the last 20 years.

## Table 3.3 Trends in age-specific fertility rates

Age-specific fertility rates for four-year periods preceding the survey by mother's age at the time of the birth, Namibia 2000

| Mother's age at the time of the birth | Number of years preceding survey |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0-3 | 4-7 | 8-11 | 12-15 | 16-19 |
| 15-19 | 88 | 90 | 88 | 89 | 103 |
| 20-24 | 171 | 179 | 207 | 196 | 209 |
| 25-29 | 176 | 199 | 226 | 237 | 248 |
| 30-34 | 156 | 196 | 202 | 212 | [254] |
| 35-39 | 125 | 152 | 164 | [159] |  |
| 40-44 | 69 | 99 | [114] |  |  |
| 45-49 | 39 | [11] |  |  |  |

### 3.4 Children Ever Born

Table 3.4 shows the distribution of all women and currently married women by age and number of children ever born. The table also shows the mean number of children ever born to women in each age group, an indicator of the momentum of childbearing. Data on the number of children ever born reflect the accumulation of births over the past 30 years or so and therefore have limited relevance to current fertility levels, especially if the country has experienced a decline in fertility.

| Table 3.4 Children ever born and living |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of all women and currently married women by number of children ever born (CEB), mean number of children ever born, and mean number of living children, according to age group, Namibia 2000 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Number of children ever born |  |  |  |  |  |  |  |  |  |  |  |  | Mean number of CEB | Mean number of living children |
| Age | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | $10+$ | Total | Number |  |  |
| ALL WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 85.3 | 13.3 | 1.2 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 1,499 | 0.16 | 0.15 |
| 20-24 | 40.2 | 37.6 | 15.9 | 5.0 | 1.3 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 1,339 | 0.90 | 0.85 |
| 25-29 | 15.1 | 30.0 | 28.6 | 16.7 | 6.9 | 2.4 | 0.2 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 1,104 | 1.79 | 1.72 |
| 30-34 | 7.1 | 15.7 | 21.6 | 22.0 | 17.2 | 8.4 | 5.3 | 2.4 | 0.3 | 0.1 | 0.0 | 100.0 | 1,013 | 2.87 | 2.69 |
| 35-39 | 4.7 | 7.6 | 15.4 | 19.7 | 18.2 | 12.6 | 9.0 | 7.5 | 3.2 | 0.9 | 1.2 | 100.0 | 751 | 3.86 | 3.59 |
| 40-44 | 2.5 | 5.7 | 11.7 | 15.9 | 16.1 | 10.8 | 11.2 | 12.1 | 6.6 | 3.5 | 3.8 | 100.0 | 633 | 4.73 | 4.34 |
| 45-49 | 2.1 | 3.1 | 11.5 | 11.9 | 12.1 | 10.4 | 12.0 | 9.3 | 9.0 | 7.9 | 10.5 | 100.0 | 415 | 5.53 | 4.97 |
| Total | 31.3 | 19.2 | 14.9 | 11.5 | 8.2 | 4.7 | 3.6 | 2.9 | 1.6 | 0.9 | 1.1 | 100.0 | 6,755 | 2.15 | 2.00 |
| CURRENTLY MARRIED WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 32.6 | 53.1 | 13.0 | 1.4 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 74 | 0.83 | 0.81 |
| 20-24 | 24.2 | 40.2 | 24.8 | 8.0 | 2.8 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 326 | 1.25 | 1.20 |
| 25-29 | 7.9 | 21.3 | 32.1 | 24.1 | 9.9 | 4.4 | 0.4 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 458 | 2.21 | 2.12 |
| 30-34 | 5.5 | 12.5 | 20.8 | 20.6 | 16.9 | 12.5 | 7.0 | 3.6 | 0.5 | 0.0 | 0.1 | 100.0 | 575 | 3.18 | 2.98 |
| 35-39 | 2.5 | 4.8 | 15.4 | 19.7 | 20.5 | 11.9 | 10.1 | 9.2 | 3.5 | 1.3 | 1.1 | 100.0 | 470 | 4.12 | 3.86 |
| 40-44 | 1.3 | 4.3 | 10.3 | 18.1 | 14.2 | 10.8 | 12.4 | 12.8 | 7.6 | 3.4 | 4.9 | 100.0 | 406 | 4.98 | 4.58 |
| 45-49 | 2.6 | 2.4 | 8.8 | 11.1 | 10.5 | 11.3 | 13.3 | 8.9 | 8.6 | 9.4 | 13.0 | 100.0 | 301 | 5.83 | 5.26 |
| Total | 7.5 | 14.8 | 19.1 | 17.4 | 12.9 | 8.6 | 6.9 | 5.5 | 2.9 | 1.8 | 2.5 | 100.0 | 2,610 | 3.46 | 3.22 |

The data indicate that 15 percent of all women age 15-19 years have given birth. On average, women have given birth to almost two children by their late 20 s , four children by their late 30 s and 5.5 children by the end of their childbearing years. As expected, currently married women have had more births than all women at all age groups. The reason is undoubtedly the fact that currently married women are more consistently exposed to the risk of pregnancy.

The percentage of women in their 40s who have never had children provides an indicator of the level of primary infertility - the proportion of women who are unable to bear children at all. Since voluntary childlessness is rare in Namibia, it is likely that married women with no births are unable to bear children. The 2000 NDHS results suggest that primary infertility is low, around 1-3 percent. It should be noted that this estimate of primary infertility does not include women who may have had one or more births but who are unable to have more (secondary infertility).

### 3.5 BIRTHS INTERVALS

A birth interval is defined as the length of time between two successive live births. Research has shown that short birth intervals adversely affect the health of mothers and their children's chances of survival. Table 3.5 shows the percent distribution of non-first births that occurred in the five years before the NDHS by the number of months since the previous birth.

The data show that birth intervals are quite long in Namibia. Thirty-seven percent of children are born after an interval of four years or more and 86 percent after an interval of two or more years. Only one in seven births ( 14 percent) occurs after an interval of less than 24 months. The median birth interval is 40 months, compared with 34 months in 1992.

As expected, younger women have shorter birth intervals than older women, presumably because they are more fecund and want to build their families. The median birth interval for women age 20-29 is 36 months, compared to 47 months for women over age 40 . A shorter median interval also prevails for children whose preceding sibling has died ( 33 months), compared to those whose prior sibling is alive ( 40 months). This pattern presumably reflects a shortened breastfeeding period (or no breastfeeding at all) due to the death of the prior sibling, as well as minimal use of contraceptives.

The median birth interval is 7 months longer in urban areas than in rural areas. Looking at the directorates, the results show that the median birth interval is longest in the South Directorate and shortest in the Northwest Directorate. The median birth interval generally increases with increasing education of the mother.

| Table 3.5 Birth intervals |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of non-first births in the five years preceding the survey by number of months since preceding birth, according to demographic and background characteristics, Namibia 2000 |  |  |  |  |  |  |  |  |
|  | Months since preceding birth |  |  |  |  | Mediannumberof monthssinceprecedingbirth |  | Number |
| Characteristic | 7-17 | 18-23 | 24-35 | 36-47 | 48+ |  |  |  |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | (3.9) | (28.4) | (45.2) | (6.7) | (15.9) | 100.0 | (27.8) | 20 |
| 20-29 | 7.7 | 10.5 | 31.5 | 20.5 | 29.8 | 100.0 | 36.1 | 1,065 |
| 30-39 | 4.6 | 8.3 | 27.9 | 19.1 | 40.2 | 100.0 | 42.0 | 1,323 |
| 40-49 | 1.1 | 4.1 | 25.5 | 21.6 | 47.7 | 100.0 | 47.4 | 407 |
| Birth order |  |  |  |  |  |  |  |  |
| 2-3 | 5.7 | 9.5 | 26.2 | 19.5 | 39.2 | 100.0 | 40.7 | 1,513 |
| 4-6 | 5.3 | 7.6 | 30.3 | 19.7 | 37.1 | 100.0 | 40.2 | 966 |
| $7+$ | 3.3 | 8.2 | 38.3 | 21.9 | 28.3 | 100.0 | 36.1 | 336 |
| Sex of preceding birth |  |  |  |  |  |  |  |  |
| Male | 5.3 | 9.5 | 28.8 | 17.5 | 38.8 | 100.0 | 39.9 | 1,363 |
| Female | 5.2 | 7.9 | 29.2 | 22.1 | 35.6 | 100.0 | 40.0 | 1,452 |
| Survival of preceding birth |  |  |  |  |  |  |  |  |
| Living | 4.7 | 7.8 | 29.6 | 20.2 | 37.7 | 100.0 | 40.4 | 2,644 |
| Dead | 13.8 | 21.9 | 21.0 | 14.0 | 29.3 | 100.0 | 32.7 | 171 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 7.1 | 8.8 | 19.8 | 17.3 | 47.0 | 100.0 | 44.8 | 927 |
| Rural | 4.3 | 8.6 | 33.6 | 21.1 | 32.3 | 100.0 | 38.1 | 1,888 |
| Directorate |  |  |  |  |  |  |  |  |
| Northwest | 4.2 | 8.4 | 35.9 | 21.2 | 30.4 | 100.0 | 37.0 | 1,144 |
| Northeast | 2.4 | 6.5 | 30.0 | 24.8 | 36.3 | 100.0 | 41.9 | 389 |
| Central | 6.7 | 10.3 | 24.3 | 16.9 | 41.8 | 100.0 | 41.7 | 515 |
| South | 7.4 | 9.1 | 21.5 | 17.4 | 44.6 | 100.0 | 43.1 | 766 |
| Region |  |  |  |  |  |  |  |  |
| Caprivi | 2.2 | 4.6 | 28.6 | 27.0 | 37.6 | 100.0 | 43.2 | 149 |
| Erongo | 3.7 | 7.9 | 18.4 | 19.0 | 51.1 | 100.0 | 50.7 | 108 |
| Hardap | 9.6 | 6.6 | 18.9 | 24.7 | 40.2 | 100.0 | 40.5 | 101 |
| Karas | 7.1 | 6.1 | 19.2 | 12.4 | 55.2 | 100.0 | 52.0 | 91 |
| Kavango | 2.4 | 7.7 | 30.9 | 23.5 | 35.4 | 100.0 | 41.5 | 240 |
| Khomas | 6.3 | 8.9 | 22.3 | 16.9 | 45.6 | 100.0 | 43.6 | 466 |
| Kunene | 8.9 | 8.7 | 31.4 | 18.1 | 33.0 | 100.0 | 36.5 | 120 |
| Ohangwena | 3.5 | 8.7 | 41.7 | 24.8 | 21.2 | 100.0 | 34.5 | 414 |
| Omaheke | 9.8 | 15.1 | 22.4 | 17.0 | 35.6 | 100.0 | 37.8 | 108 |
| Omusati | 4.4 | 5.7 | 37.8 | 22.0 | 30.1 | 100.0 | 37.3 | 248 |
| Oshana | 4.1 | 9.3 | 30.2 | 13.4 | 42.9 | 100.0 | 40.4 | 240 |
| Oshikoto | 5.1 | 9.5 | 29.6 | 21.9 | 33.9 | 100.0 | 39.0 | 242 |
| Otjozondjupa | 7.0 | 11.9 | 23.5 | 15.6 | 42.0 | 100.0 | 42.0 | 287 |
| Education |  |  |  |  |  |  |  |  |
| No education | 9.2 | 10.2 | 31.6 | 19.7 | 29.3 | 100.0 | 35.7 | 474 |
| Incomplete primary | 3.3 | 6.6 | 34.8 | 22.4 | 32.9 | 100.0 | 38.1 | 855 |
| Completed primary | 4.7 | 6.8 | 34.6 | 18.7 | 35.3 | 100.0 | 37.7 | 320 |
| Incompl. secondary | 4.9 | 10.4 | 22.2 | 18.9 | 43.6 | 100.0 | 43.9 | 913 |
| Compl. secondary+ | 6.6 | 9.2 | 22.3 | 16.4 | 45.4 | 100.0 | 45.6 | 254 |
| Total | 5.3 | 8.7 | 29.0 | 19.9 | 37.2 | 100.0 | 39.9 | 2,815 |

Note: The interval for multiple births is the number of months since the preceding pregnancy that ended in a live birth. First-order births are excluded. Figures in parentheses are based on 25-49 unweighted cases.

### 3.6 Age at First Birth

The age at which childbearing begins influences the number of children a woman bears throughout her reproductive period in the absence of any fertility control. Table 3.6 shows the percent distribution of women by age at first birth, according to age at the time of the survey. For women age 25 and over, the median age at first birth is presented in the last column of the table.

The data show that the median age at first birth is 21 years in Namibia and that it has not changed much between older and younger women. Moreover, although childbearing begins early in Namibia, with around 20 percent of women having their first child before age 18, it is also evident that a sizeable percentage of women do not give birth until later. Roughly one-fifth of women have their first birth at age 18-19, one-fifth have their first birth at age 20-21, one-fifth wait until age 22-24, and about one-fifth postpone childbearing until age 25 or over.

Currently 85 percent of teenagers ( 15 to 19 years) have not given birth, compared with 82 percent in 1992. The median age at first birth has not changed since 1992.

Table 3.6 Age at first birth
Percent distribution of women by age at first birth, according to current age, Namibia 2000

| Current age | No birth | Age at first birth |  |  |  |  |  | Total | Number | Median age at first birth |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | <15 | 15-17 | 18-19 | 20-21 | 22-24 | $25+$ |  |  |  |
| 15-19 | 85.3 | 0.9 | 8.7 | 5.1 | NA | NA | NA | 100.0 | 1,499 | a |
| 20-24 | 40.2 | 2.6 | 17.8 | 19.1 | 14.1 | 6.1 | NA | 100.0 | 1,339 | a |
| 25-29 | 15.1 | 1.9 | 15.2 | 21.6 | 20.0 | 18.2 | 8.1 | 100.0 | 1,104 | 21.1 |
| 30-34 | 7.1 | 2.4 | 16.1 | 19.4 | 19.3 | 18.9 | 16.8 | 100.0 | 1,013 | 21.1 |
| 35-39 | 4.7 | 2.7 | 16.8 | 19.1 | 15.3 | 18.2 | 23.3 | 100.0 | 751 | 21.3 |
| 40-44 | 2.5 | 4.7 | 18.1 | 17.7 | 18.8 | 17.8 | 20.4 | 100.0 | 633 | 20.9 |
| 45-49 | 2.1 | 2.8 | 17.8 | 18.6 | 19.2 | 16.2 | 23.3 | 100.0 | 415 | 21.1 |

NA = Not applicable
$\mathrm{a}=$ Omitted because less than 50 percent of women had a birth before reaching the beginning of the age group.

Table 3.7 shows the median age at first birth among women age $25-49$ years by current age and selected background characteristics. There is no marked variation in age at first birth by urban-rural residence. Although fertility rates in Northwest Directorate are only slightly higher than those in Northeast Directorate (see Table 3.2), women in Northwest consistently have the highest age at first birth. This implies that they start childbearing later than women in other directorates, but then bear children at a faster rate. This is confirmed by the shorter birth intervals in Northwest Directorate (see Table 3.5).

The median age at first birth shows a positive relationship with education attainment, being as low as 20 years for women with no education or only a primary education and increasing to 25 years for women who have completed secondary education.

## Table 3.7 Median age at first birth by background characteristics

Median age at first birth among women age 25-49 years, by current age and background characteristics, Namibia 2000

| Background characteristic | Current age |  |  |  |  | Women age 25-49 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 25-29 | 30-34 | 35-39 | 40-44 | 45-49 |  |
| Residence |  |  |  |  |  |  |
| Urban | 21.2 | 21.2 | 21.1 | 20.7 | 20.6 | 21.0 |
| Rural | 21.0 | 20.9 | 21.7 | 21.0 | 21.4 | 21.1 |
| Directorate |  |  |  |  |  |  |
| Northwest | 22.4 | 22.3 | 25.0 | 22.1 | 22.8 | 22.7 |
| Northeast | 19.7 | 19.5 | 19.9 | 21.3 | (20.3) | 19.9 |
| Central | 20.1 | 20.6 | 20.2 | 19.5 | 19.4 | 20.1 |
| South | 20.8 | 21.2 | 20.6 | 20.4 | 20.6 | 20.8 |
| Region |  |  |  |  |  |  |
| Caprivi | 19.7 | (19.6) | (20.3) | (20.5) | * | 19.9 |
| Erongo | 20.4 | 20.8 | 22.0 | 22.0 | 20.4 | 21.0 |
| Hardap | 20.4 | 21.0 | 21.1 | 21.4 | (20.4) | 20.8 |
| Karas | 19.7 | 21.1 | 20.7 | 21.3 | (21.3) | 20.8 |
| Kavango | 19.7 | 19.4 | 19.4 | (21.5) | * | 19.9 |
| Khomas | 21.2 | 21.5 | 20.5 | 20.0 | (21.1) | 20.9 |
| Kunene | 19.6 | 19.6 | 19.5 | 19.0 | 19.2 | 19.4 |
| Ohangwena | 20.8 | 22.6 | (22.9) | 21.5 | (20.7) | 21.5 |
| Omaheke | 19.5 | 20.3 | 20.9 | 18.6 | (18.3) | 19.7 |
| Omusati | 23.2 | (22.3) | (27.3) | (21.8) | (25.4) | 23.9 |
| Oshana | 23.7 | 23.7 | 24.2 | (24.0) | (21.9) | 23.7 |
| Oshikoto | 21.8 | 19.9 | 24.2 | (21.2) | * | 21.5 |
| Otjozondjupa | 20.1 | 20.7 | 19.5 | 18.8 | (18.5) | 19.6 |
| Education |  |  |  |  |  |  |
| No education | 19.9 | 20.0 | 19.1 | 20.4 | 20.9 | 20.1 |
| Incomplete primary | 19.3 | 19.9 | 20.3 | 19.8 | 20.5 | 19.9 |
| Completed primary | 19.9 | 20.2 | 21.0 | 20.1 | 20.0 | 20.3 |
| Incompl. secondary | 21.2 | 21.4 | 21.3 | 21.6 | 20.9 | 21.3 |
| Compl. secondary+ | 24.0 | 24.7 | 25.2 | 23.6 | (26.3) | 24.5 |
| All women | 21.1 | 21.1 | 21.3 | 20.9 | 21.1 | 21.1 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

### 3.7 Teenage Pregnancy and Motherhood

Early childbearing, particularly among teenagers (those under 20 years of age) has detrimental demographic, socioeconomic and sociocultural consequences. Teenage mothers are more likely to suffer from severe complications during delivery, which result in higher morbidity and mortality for both themselves and their children. In addition, the socioeconomic advancement of teenage mothers in the areas of educational attainment and accessibility to job opportunities may be curtailed.

Table 3.8 shows the percentage of women age $15-19$ years who are already mothers or pregnant with their first child, by background characteristics. About one in seven teenage women ( 15 percent) in Namibia is already a mother and another 3 percent are pregnant with their first child. Thus, 18 percent of teenage women have begun the childbearing process. There has been a decline in this proportion since the 1992 NDHS, which indicated that 22 percent of women age 15-19 had begun childbearing ( 18 percent had delivered a child and 4 percent were pregnant with their first child).

## Table 3.8 Teenage pregnancy and motherhood

Percentage of women age 15-19 who are mothers or pregnant with their first child, by background characteristics, Namibia 2000

| Background characteristic | Percentage who are: |  | Percentage who have begun childbearing | Number of women |
| :---: | :---: | :---: | :---: | :---: |
|  | Mothers | Pregnant with first child |  |  |
| Age |  |  |  |  |
| 15 | 0.8 | 1.4 | 2.2 | 289 |
| 16 | 4.8 | 1.0 | 5.8 | 310 |
| 17 | 10.7 | 5.2 | 16.0 | 332 |
| 18 | 23.2 | 4.4 | 27.6 | 311 |
| 19 | 36.9 | 2.4 | 39.3 | 257 |
| Residence |  |  |  |  |
| Urban | 14.6 | 2.7 | 17.3 | 475 |
| Rural | 14.7 | 3.1 | 17.8 | 1,024 |
| Directorate |  |  |  |  |
| Northwest | 10.7 | 2.5 | 13.2 | 779 |
| Northeast | 22.8 | 3.9 | 26.7 | 203 |
| Central | 21.0 | 4.5 | 25.5 | 198 |
| South | 15.2 | 2.4 | 17.6 | 319 |
| Region |  |  |  |  |
| Caprivi | 21.4 | 6.0 | 27.4 | 85 |
| Erongo | 11.9 | 1.6 | 13.5 | 52 |
| Hardap | 17.6 | 1.6 | 19.2 | 71 |
| Karas | 6.0 | 1.8 | 7.8 | 54 |
| Kavango | 23.9 | 2.4 | 26.3 | 118 |
| Khomas | 17.1 | 1.7 | 18.8 | 163 |
| Kunene | 31.1 | 3.9 | 35.0 | 36 |
| Ohangwena | 13.1 | 2.8 | 15.8 | 219 |
| Omaheke | 15.6 | 9.0 | 24.6 | 31 |
| Omusati | 11.1 | 2.1 | 13.3 | 216 |
| Oshana | 4.9 | 2.5 | 7.4 | 200 |
| Oshikoto | 14.6 | 2.7 | 17.3 | 145 |
| Otjozondjupa | 22.0 | 6.1 | 28.1 | 110 |
| Education |  |  |  |  |
| No education | 32.4 | 4.8 | 37.1 | 54 |
| Incomplete primary | 17.4 | 3.8 | 21.3 | 318 |
| Completed primary | 13.1 | 2.7 | 15.8 | 281 |
| Incompl. secondary | 13.4 | 2.7 | 16.1 | 788 |
| Compl. secondary+ | 7.1 | 0.9 | 7.9 | 58 |
| Total | 14.7 | 2.9 | 17.6 | 1,499 |

[^7] even slight regional variations in the distribution by single year of age.

As expected, the proportion of women who have begun childbearing rises rapidly with age, from 2 percent of those age 15 to 39 percent of those age 19 (see Figure 3.3). Those residing in the Northeast Directorate and especially those with no education are also more likely than others to have begun childbearing.

Figure 3.3 Pregnancy and Childbearing among Women Age 15-19


### 3.8 Attempts to Investigate Induced Abortion

In the NDHS, an attempt was made to measure the prevalence of induced abortions in Namibia. The technique used was to ask women if they had ever fallen pregnant when they didn't want to and if so, how long ago this happened, whether she felt like doing something about it and if she in fact did something to end the pregnancy. Although 23 percent of women said they had fallen pregnant when they didn't want to, only 5 percent of women said they wanted to do something about it and only one percent said they had done something to end the pregnancy. This is almost surely an underestimate of the level of induced abortion in Namibia. A similar line of questioning has been used in some DHS surveys in other countries with similarly questionable results.

## FERTILITY REGULATION

This chapter presents information collected in the 2000 NDHS on knowledge, use, and attitudes related to family planning methods. Information on knowledge of family planning methods provides a measure of the level of awareness of contraception in the population and indicates the success of information and education programmes. In addition, knowledge of at least one method and a positive attitude towards contraception is a prerequisite for its use.

### 4.1 Knowledge of Family Planning

Information on the level of knowledge of contraception was measured in two ways. Women and men were first asked to name the ways or methods couples can use to delay or avoid pregnancy. If a respondent failed to mention a particular method spontaneously, the interviewer described the method and asked if the respondent recognised it. Thus, those who have ever heard of a contraceptive method include those who spontaneously report having heard of it and those who acknowledge having heard of it after probing.

In the 2000 NDHS, information was sought about seven modern methods: female and male sterilisation, the pill, IUD, injections, male condom, female condom, diaphragm/foam/jelly and emergency contraception, as well as two traditional methods: rhythm (periodic abstinence) and withdrawal. Provision was also made in the questionnaire for recording knowledge of any other method mentioned spontaneously by the respondent. The specific methods asked were the same as in the 1992 NDHS, except that information on female condom and emergency contraception was not sought in 1992.

Table 4.1 shows the level of knowledge of specific contraceptive methods among all women and men, married women and men, and sexually active women and men. The level of knowledge among women is very high. Almost all women ( 97 percent) have heard of at least one contraceptive method and all women who know a method know a modern method. Less than half of all women have heard of a traditional method. The level of knowledge is slightly higher among married and sexually active women- 98 percent and 99 percent respectively-than among all women.

The most commonly recognised method among all women is the male condom ( 93 percent), followed by injectables ( 92 percent), and the pill ( 89 percent). Knowledge of the female condom among women is quite high ( 66 percent), while 60 percent of women have heard of female sterilisation and 52 percent have heard of the IUD. The least widely known methods are vaginal contraceptives ( 20 percent), emergency contraception ( 21 percent), and male sterilisation ( 31 percent). Only one-third of all women have heard of periodic abstinence and the same proportion have heard of withdrawal.

The level of contraceptive knowledge is slightly higher among men than women, with 99 percent of all men having heard of at least one method. The most commonly known contraceptive method among all men is the male condom ( 99 percent), followed by injectables ( 86 percent), and the pill ( 83 percent). Predictably, men are more likely than women to know about methods that they use, such as male condoms, male sterilisation and withdrawal, while they are less likely than women to know about femaleoriented methods. Thus it is surprising that more men than women have heard of the female condom (74 percent vs. 66 percent).

| Table 4.1 Knowledge of contraceptive methods |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of all women and men, of currently married women and men, and of sexually active women and men who know any contraceptive method, by specific method, Namibia 2000 |  |  |  |  |  |  |
|  | Women |  |  | Men |  |  |
| Contraceptive method | All women | Currently married women | Sexually active women ${ }^{1}$ | All men | Currently married men | Sexually active men |
| Any method | 97.3 | 97.8 | 99.0 | 99.2 | 99.4 | 99.7 |
| Any modern method | 97.2 | 97.8 | 99.0 | 99.1 | 99.4 | 99.7 |
| Pill | 89.2 | 91.9 | 93.4 | 82.9 | 85.9 | 87.8 |
| IUD | 51.5 | 56.0 | 59.8 | 34.8 | 38.1 | 38.5 |
| Injectables | 92.0 | 95.6 | 97.1 | 85.6 | 91.4 | 91.9 |
| Diaphragm/foam/jelly | 19.5 | 20.6 | 25.0 | 19.2 | 22.3 | 21.5 |
| Female condom | 65.7 | 64.9 | 69.2 | 73.6 | 72.9 | 76.9 |
| Male condom | 93.4 | 92.0 | 94.6 | 98.8 | 98.6 | 99.2 |
| Female sterilisation | 59.6 | 66.5 | 68.5 | 58.3 | 68.5 | 67.1 |
| Male sterilisation | 30.6 | 35.1 | 37.8 | 37.8 | 44.1 | 42.2 |
| Emergency contraception | 20.6 | 20.4 | 24.7 | 26.1 | 27.1 | 28.0 |
| Any traditional method | 47.2 | 49.5 | 54.7 | 56.7 | 62.4 | 63.3 |
| Rhythm/Periodic abstinence | 34.0 | 35.3 | 40.2 | 36.1 | 40.2 | 41.4 |
| Withdrawal | 33.8 | 35.3 | 42.1 | 49.1 | 53.6 | 55.9 |
| Other methods | 6.1 | 7.8 | 8.7 | 3.5 | 4.2 | 4.0 |
| Mean no. of methods known | 6.0 | 6.2 | 6.6 | 6.1 | 6.5 | 6.5 |
| Number of persons | 6,755 | 2,610 | 2,480 | 2,954 | 1,047 | 1,364 |

Table 4.2 and Figure 4.1 show that there has been a significant increase in the level of knowledge of contraceptives among women 15-49 years over the past eight years. The proportion of all women who know at least one contraceptive method has increased from 89 percent in 1992 to 97 percent in 2000. Knowledge of specific contraceptive methods has also increased considerably. The proportion of women who know the male condom has increased from 72 percent in 1992 to 93 percent in 2000, while knowledge of injectables has increased from 80 percent to 92 percent and knowledge of the pill from 79 percent to 89 percent. There has also been a dramatic increase in awareness of the IUD among women during this period, from 36 percent to 52 percent.

Table 4.2 Trends in knowledge of contraceptive methods
Percentage of all women and of currently married women who know any contraceptive method, by specific method, Namibia 1992 and 2000

| Contraceptive method | All women |  | Currently married women |  |
| :---: | :---: | :---: | :---: | :---: |
|  | 1992 | 2000 | 1992 | 2000 |
| Any method | 88.6 | 97.3 | 90.4 | 97.8 |
| Any modern method | 88.5 | 97.2 | 90.4 | 97.8 |
| Pill | 79.3 | 89.2 | 82.4 | 91.9 |
| IUD | 35.6 | 51.5 | 40.5 | 56.0 |
| Injectables | 80.1 | 92.0 | 84.8 | 95.6 |
| Diaphragm/foam/jelly | 10.8 | 19.5 | 15.3 | 20.6 |
| Male condom | 71.6 | 93.4 | 70.6 | 92.0 |
| Female condom | NA | 65.7 | NA | 64.9 |
| Female sterilisation | 50.1 | 59.6 | 60.1 | 66.5 |
| Male sterilisation | 20.8 | 30.6 | 27.3 | 35.1 |
| Emergency contraception | NA | 20.6 | NA | 20.4 |
| Any traditional method | 33.0 | 47.2 | 40.7 | 49.5 |
| Rhythm/periodic abstinence | 25.1 | 34.0 | 32.3 | 35.3 |
| Withdrawal | 22.8 | 33.8 | 29.5 | 35.3 |
| Number of women | 5,421 | 6,755 | 2,259 | 2,610 |
| NA = Not applicable |  |  |  |  |

Figure 4.1 Trends in Contraceptive Knowledge among All Women Age 15-49, 1992-2000


NDHS 2000

### 4.2 Ever Use of Family Planning

All women and men interviewed in the 2000 NDHS who said they had heard of a contraceptive method were asked if they had ever used that method. Tables 4.3.1 and 4.3.2 show the percentage of women and men who have ever used contraceptive methods, according to the method, marital status and age.

The results show that 63 percent of all women age 15-49 have used a contraceptive method at some time in their lives, while 61 percent of them have used a modern method. The most commonly ever used method is injectables ( 39 percent), followed by the male condom ( 28 percent), and the pill (24 percent). Very few women have ever used other modern contraceptives like female sterilisation (4 percent), IUD ( 3 percent), and female condom, emergency contraception and vaginal methods (less than 1 percent each). Twelve percent of all women have used a traditional contraceptive method, such as periodic abstinence or withdrawal, at some time in their lives. Ever use is highest among women in their late 20 s and declines with increasing age. Ever use is highest among women who are currently sexually active ( 78 percent), intermediate among currently married women ( 73 percent), and lowest among all women (63 percent).

Male respondents in the NDHS were only asked about use of four male-oriented methods, male sterilisation, male condom, periodic abstinence, and withdrawal. As expected, the condom is the method most commonly ever used by men ( 58 percent), followed by withdrawal ( 20 percent), periodic abstinence (11 percent), and male sterilisation ( 2 percent). Men in their 20s are the most likely to have ever used condoms, while ever use of male sterilisation and periodic abstinence is highest among men in their early 40 s , and ever use of withdrawal is rather uniform across age groups, but is lower for the youngest and oldest men. Ever use of condoms is highest among sexually active men, while ever use of the other three methods is highest among currently married men.

Table 4.3.1 Ever use of contraception: women
Percentage of all women, of currently married women, and of sexually active women who have ever used any contraceptive method, by specific method and age, Namibia 2000

| Age | Any method | Any modern method | Pill | IUD | Injectables | Modern method |  |  |  |  |  | Traditional method |  |  |  | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  | Vaginals | Female condom | Male condom | Female steri-lisation | Male sterilisation | Emergency con-traception | Any <br> tradi- <br> tional method | Periodic abstinence | Withdrawal | Other methods |  |
| ALL WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 35.3 | 33.9 | 5.4 | 0.5 | 15.7 | 0.0 | 0.7 | 22.3 | 0.1 | 0.0 | 0.4 | 5.5 | 3.1 | 1.9 | 1.6 | 1,499 |
| 20-24 | 69.7 | 67.3 | 18.9 | 0.7 | 42.4 | 0.7 | 1.9 | 37.4 | 0.3 | 0.0 | 1.5 | 14.8 | 8.2 | 7.8 | 2.3 | 1,339 |
| 25-29 | 77.1 | 75.4 | 29.3 | 2.4 | 53.7 | 0.2 | 1.2 | 40.1 | 1.0 | 0.2 | 1.0 | 13.2 | 7.6 | 7.1 | 2.5 | 1,104 |
| 30-34 | 75.0 | 72.7 | 36.8 | 4.5 | 49.6 | 0.5 | 0.8 | 30.1 | 4.3 | 0.7 | 1.0 | 14.9 | 7.4 | 7.0 | 4.4 | 1,013 |
| 35-39 | 72.4 | 69.2 | 36.9 | 7.0 | 49.0 | 0.2 | 0.3 | 20.8 | 8.5 | 1.5 | 0.5 | 14.9 | 8.1 | 6.5 | 3.6 | 751 |
| 40-44 | 64.7 | 61.5 | 29.3 | 7.6 | 37.7 | 0.1 | 0.2 | 17.8 | 13.3 | 0.7 | 1.0 | 12.5 | 6.3 | 5.6 | 3.5 | 633 |
| 45-49 | 57.7 | 55.5 | 25.0 | 7.5 | 33.6 | 1.1 | 0.0 | 13.1 | 20.3 | 0.7 | 0.2 | 11.0 | 6.2 | 3.8 | 2.8 | 415 |
| Total | 63.2 | 61.0 | 23.6 | 3.3 | 39.2 | 0.3 | 0.9 | 28.2 | 4.3 | 0.4 | 0.9 | 12.1 | 6.5 | 5.7 | 2.8 | 6,755 |
| CURRENTLY MARRIED WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 69.6 | 66.6 | 16.6 | 0.0 | 42.2 | 0.0 | 0.0 | 21.2 | 1.1 | 0.0 | 1.3 | 13.4 | 6.5 | 2.1 | 8.1 | 74 |
| 20-24 | 80.3 | 79.6 | 30.5 | 0.4 | 51.9 | 0.0 | 1.1 | 31.0 | 0.2 | 0.1 | 0.7 | 16.1 | 5.2 | 11.0 | 4.7 | 326 |
| 25-29 | 79.2 | 78.1 | 34.5 | 1.8 | 59.6 | 0.2 | 0.6 | 31.2 | 1.9 | 0.4 | 0.6 | 12.8 | 7.4 | 6.5 | 2.9 | 458 |
| 30-34 | 75.9 | 73.7 | 40.1 | 5.2 | 49.7 | 0.8 | 0.7 | 23.6 | 5.5 | 0.7 | 1.6 | 13.8 | 6.3 | 6.4 | 4.7 | 575 |
| 35-39 | 76.5 | 73.0 | 37.7 | 8.6 | 48.7 | 0.4 | 0.4 | 16.0 | 11.6 | 2.5 | 0.8 | 14.4 | 8.1 | 4.9 | 4.0 | 470 |
| 40-44 | 65.4 | 63.0 | 30.4 | 8.3 | 40.7 | 0.1 | 0.3 | 14.8 | 13.8 | 1.1 | 1.6 | 12.0 | 4.3 | 4.6 | 4.8 | 406 |
| 45-49 | 57.4 | 55.4 | 23.0 | 7.6 | 31.1 | 1.5 | 0.0 | 11.3 | 22.7 | 1.0 | 0.2 | 11.2 | 6.9 | 3.1 | 3.3 | 301 |
| Total | 73.2 | 71.1 | 33.4 | 5.2 | 47.8 | 0.5 | 0.5 | 21.6 | 8.5 | 1.0 | 1.0 | 13.4 | 6.4 | 6.0 | 4.2 | 2,610 |
| SEXUALLY ACTIVE WOMEN ${ }^{1}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 66.6 | 63.6 | 15.4 | 1.9 | 31.5 | 0.0 | 3.5 | 40.6 | 0.0 | 0.0 | 0.1 | 8.9 | 6.8 | 2.4 | 1.2 | 215 |
| 20-24 | 83.7 | 82.7 | 27.6 | 0.9 | 57.4 | 0.4 | 3.7 | 43.0 | 0.1 | 0.0 | 1.8 | 18.5 | 7.4 | 12.0 | 2.7 | 430 |
| 25-29 | 84.7 | 83.8 | 33.7 | 3.1 | 63.3 | 0.2 | 1.3 | 43.2 | 1.7 | 0.4 | 1.8 | 16.1 | 7.5 | 10.3 | 4.2 | 456 |
| 30-34 | 79.5 | 77.8 | 43.2 | 4.8 | 50.7 | 0.6 | 0.6 | 30.7 | 6.2 | 1.4 | 1.6 | 15.8 | 6.8 | 8.8 | 5.3 | 484 |
| 35-39 | 77.7 | 74.2 | 40.1 | 8.6 | 50.2 | 0.5 | 0.6 | 18.4 | 11.9 | 3.0 | 0.9 | 15.2 | 8.9 | 5.8 | 3.5 | 388 |
| 40-44 | 71.1 | 68.3 | 35.2 | 10.6 | 39.7 | 0.2 | 0.2 | 21.3 | 15.7 | 1.5 | 0.8 | 13.1 | 5.6 | 6.1 | 4.4 | 310 |
| 45-49 | 67.2 | 64.8 | 27.8 | 8.6 | 36.8 | 1.7 | 0.0 | 11.3 | 26.1 | 1.1 | 0.0 | 14.7 | 8.8 | 4.2 | 4.8 | 197 |
| Total | 77.8 | 75.7 | 33.6 | 5.2 | 50.0 | 0.5 | 1.4 | 31.3 | 7.4 | 1.1 | 1.2 | 15.2 | 7.4 | 7.9 | 3.8 | 2,480 |

[^8]Table 4.3.2 Ever use of contraception: men
Percentage of all men of curently married men, and of sexually active men who have ever used specific contraceptive methods, by age, Namibia 2000

| Age | Method |  |  |  | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male condom | Male sterilisation | Periodic abstinence | Withdrawal |  |
| ALL MEN |  |  |  |  |  |
| 1519 | 36.3 | 0.2 | 4.0 | 9.1 | 694 |
| 2024 | 78.2 | 0.2 | 10.6 | 22.6 | 610 |
| 2529 | 78.9 | 1.1 | 13.2 | 23.4 | 448 |
| 3034 | 71.2 | 0.6 | 15.3 | 23.3 | 378 |
| 3539 | 61.0 | 1.8 | 16.3 | 22.2 | 247 |
| 4044 | 42.6 | 7.3 | 19.1 | 23.0 | 216 |
| 4549 | 35.4 | 3.7 | 10.4 | 22.3 | 174 |
| 5059 | 34.7 | 3.7 | 11.4 | 19.8 | 188 |
| Total | 58.2 | 1.5 | 11.2 | 19.5 | 2,954 |
| CURRENTLY MARRIED MEN |  |  |  |  |  |
| 15-19 | * | * | * | * | 14 |
| 2024 | 73.3 | 0.0 | 14.3 | 41.3 | 76 |
| 2529 | 71.2 | 1.5 | 19.6 | 33.2 | 131 |
| 3034 | 64.7 | 0.6 | 22.9 | 24.1 | 197 |
| 3539 | 58.8 | 2.7 | 18.0 | 21.8 | 170 |
| 4044 | 43.5 | 7.9 | 20.9 | 24.1 | 175 |
| 4549 | 32.8 | 2.7 | 12.7 | 24.3 | 125 |
| 5059 | 31.2 | 4.4 | 10.1 | 21.8 | 160 |
| Total | 52.7 | 3.1 | 17.4 | 25.7 | 1,047 |


| SEXUALLY ACTIVE MEN $^{1}$ |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: |
| 1519 | 75.7 | 0.3 | 5.1 | 15.6 | 134 |
| 2024 | 87.4 | 0.5 | 9.2 | 25.0 | 240 |
| 2529 | 82.1 | 2.1 | 17.9 | 29.7 | 231 |
| 3034 | 74.6 | 0.5 | 16.8 | 24.4 | 228 |
| 3539 | 65.4 | 2.4 | 19.3 | 25.8 | 176 |
| 4044 | 50.3 | 9.7 | 24.6 | 28.0 | 144 |
| 4549 | 37.1 | 2.0 | 13.3 | 22.9 | 94 |
| 5059 | 32.2 | 5.5 | 12.3 | 22.5 | 118 |
|  |  |  |  |  |  |
| Total | 68.2 | 2.5 | 15.0 | 24.8 | 1,364 |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ Those who reported having sexual intercourse in the month prior to the survey

### 4.3 Current Use of Contraception

The level of current use of contraceptive methods is one of the indicators most frequently used to assess the success of family planning programmes. It is also widely used as a measure in analysing the determinants of fertility. Current use is defined as the proportion of women who reported that they were using a family planning method at the time of interview. This section describes the levels, differentials, and trends in current contraceptive use in Namibia.

## Level of Contraceptive Use

Overall, 38 percent of all women in Namibia are currently using a contraceptive method, with 37 percent using modern methods (Table 4.4). Contraceptive use is higher among currently married women, 44 percent of whom are using a method, and is even higher among sexually active women, 52 percent of whom are using a method.

The most commonly used method among all women is injectables ( 17 percent), followed by male condom ( 9 percent), and the pill ( 6 percent). Four percent of all women in Namibia have been sterilised. Less than one percent of women report using the IUD, female condom, male sterilisation, periodic abstinence, or withdrawal. The methods used by sexually active women generally follow the same order of popularity as for all women; however, currently married women are far less likely to use male condoms and more likely to be sterilised than all women or sexually active women.

As shown in Figure 4.2, women who use family planning overwhelmingly choose effective methods. Injectables, pills, female and male sterilisation, and IUDs together account for almost threequarters of contraceptive use. It is also encouraging that condoms account for 24 percent of contraceptive use among all women.

Among all sexually active women, contraceptive use is highest among women in their 20s and 30s. The lower levels of contraceptive use among younger women may reflect lower frequency of sexual activity or a desire to start their families, while the drop in contraceptive use among older women may reflect declining fecundity.

Teenagers tend to rely on male condoms and injectables, while women in their 20s and early 30 s overwhelmingly use injectables and to a lesser extent, male condoms and pills. Women age 35-39 use injectables, female sterilisation and the pill. By the time women reach their 40s, female sterilisation is the most commonly used method.

Table 4.4 Current use of contraception
Percent distribution of all women, of currently married women and of sexually active women by contraceptive method currently used, according to age, Namibia 2000

|  |  | Modern method |  |  |  |  |  |  |  | Traditional method |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age | Using any method | Using any modern method | Pill | IUD | Injectables | Female condom | Male condom | Female sterilisation | Male sterilisation | Using any traditional method | Periodic abstinence | Withdrawal | Other methods | Not using a method | Total | Number of women |


| ALL WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 15-19 | 23.0 | 22.5 | 2.4 | 0.1 | 9.2 | 0.0 | 10.8 | 0.1 | 0.0 | 0.5 | 0.0 | 0.0 | 0.5 | 77.0 | 100.0 | 1,499 |
| 20-24 | 40.5 | 40.3 | 6.0 | 0.2 | 22.6 | 0.2 | 11.0 | 0.3 | 0.0 | 0.3 | 0.0 | 0.0 | 0.2 | 59.5 | 100.0 | 1,339 |
| 25-29 | 46.8 | 46.4 | 6.1 | 0.5 | 26.5 | 0.1 | 11.9 | 1.0 | 0.2 | 0.5 | 0.0 | 0.1 | 0.3 | 53.2 | 100.0 | 1,104 |
| 30-34 | 45.9 | 44.7 | 9.6 | 1.0 | 21.2 | 0.1 | 8.4 | 4.3 | 0.0 | 1.2 | 0.1 | 0.0 | 1.1 | 54.1 | 100.0 | 1,013 |
| 35-39 | 41.9 | 40.3 | 8.3 | 1.6 | 16.6 | 0.0 | 3.7 | 8.5 | 1.5 | 1.6 | 0.5 | 0.0 | 1.1 | 58.1 | 100.0 | 751 |
| 40-44 | 36.4 | 35.8 | 5.1 | 1.7 | 8.7 | 0.0 | 6.4 | 13.3 | 0.6 | 0.5 | 0.1 | 0.2 | 0.3 | 63.6 | 100.0 | 633 |
| 45-49 | 32.7 | 32.3 | 2.2 | 1.4 | 5.3 | 0.0 | 2.5 | 20.3 | 0.5 | 0.4 | 0.3 | 0.0 | 0.1 | 67.3 | 100.0 | 415 |
| Total | 37.8 | 37.1 | 5.7 | 0.7 | 17.0 | 0.1 | 8.9 | 4.3 | 0.3 | 0.7 | 0.1 | 0.1 | 0.5 | 62.2 | 100.0 | 6,755 |


| CURRENTLY MARRIED WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 15-19 | 45.2 | 40.4 | 8.1 | 0.0 | 24.9 | 0.0 | 6.3 | 1.1 | 0.0 | 4.8 | 0.0 | 0.0 | 4.8 | 54.8 | 100.0 | 74 |
| 20-24 | 45.4 | 45.0 | 11.4 | 0.2 | 26.9 | 0.8 | 5.4 | 0.2 | 0.1 | 0.4 | 0.0 | 0.0 | 0.4 | 54.6 | 100.0 | 326 |
| 25-29 | 46.2 | 45.5 | 6.2 | 0.3 | 26.6 | 0.0 | 10.1 | 1.9 | 0.4 | 0.7 | 0.1 | 0.1 | 0.4 | 53.8 | 100.0 | 458 |
| 30-34 | 44.0 | 42.6 | 11.7 | 1.2 | 19.7 | 0.0 | 4.5 | 5.5 | 0.0 | 1.4 | 0.0 | 0.0 | 1.4 | 56.0 | 100.0 | 575 |
| 35-39 | 47.7 | 46.0 | 9.9 | 2.3 | 17.8 | 0.1 | 1.9 | 11.6 | 2.3 | 1.7 | 0.6 | 0.0 | 1.1 | 52.3 | 100.0 | 470 |
| 40-44 | 39.6 | 38.9 | 5.1 | 1.3 | 11.5 | 0.0 | 6.2 | 13.8 | 1.0 | 0.7 | 0.0 | 0.3 | 0.4 | 60.4 | 100.0 | 406 |
| 45-49 | 36.7 | 36.1 | 3.0 | 1.7 | 5.5 | 0.0 | 2.5 | 22.7 | 0.7 | 0.6 | 0.4 | 0.0 | 0.1 | 63.3 | 100.0 | 301 |
| Total | 43.7 | 42.6 | 8.2 | 1.2 | 18.7 | 0.1 | 5.2 | 8.5 | 0.8 | 1.1 | 0.2 | 0.1 | 0.9 | 56.3 | 100.0 | 2,610 |

## SEXUALLY ACTIVE WOMEN

| $15-19$ | 49.9 | 49.0 | 6.5 | 0.7 | 19.2 | 0.0 | 22.6 | 0.0 | 0.0 | 0.9 | 0.0 | 0.0 | 0.9 | 50.1 | 100.0 | 215 |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | :--- | :--- | :--- | :--- | :--- | :--- |
| $20-24$ | 55.9 | 55.4 | 10.0 | 0.8 | 30.9 | 0.6 | 13.0 | 0.1 | 0.0 | 0.5 | 0.0 | 0.1 | 0.4 | 44.1 | 100.0 | 430 |
| $25-29$ | 56.9 | 56.5 | 8.1 | 0.3 | 32.2 | 0.0 | 13.8 | 1.7 | 0.4 | 0.4 | 0.1 | 0.0 | 0.3 | 43.1 | 100.0 | 456 |
| $30-34$ | 51.6 | 49.9 | 13.2 | 1.2 | 21.3 | 0.0 | 8.0 | 6.2 | 0.0 | 1.7 | 0.0 | 0.0 | 1.7 | 48.4 | 100.0 | 484 |
| $35-39$ | 53.8 | 52.0 | 10.7 | 2.2 | 20.8 | 0.1 | 3.4 | 11.9 | 2.8 | 1.8 | 0.7 | 0.0 | 1.1 | 46.2 | 100.0 | 388 |
| $40-44$ | 45.9 | 45.4 | 7.1 | 1.7 | 10.5 | 0.0 | 9.1 | 15.7 | 1.3 | 0.6 | 0.0 | 0.4 | 0.2 | 54.1 | 100.0 | 310 |
| $45-49$ | 44.4 | 44.1 | 2.9 | 2.6 | 8.3 | 0.0 | 3.0 | 26.1 | 1.1 | 0.3 | 0.3 | 0.0 | 0.0 | 55.6 | 100.0 | 197 |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Total | 52.2 | 51.3 | 9.2 | 1.3 | 22.3 | 0.1 | 10.2 | 7.4 | 0.8 | 1.0 | 0.2 | 0.1 | 0.7 | 47.8 | 100.0 | 2,480 |

Note: If more than one method is used, only the most effective method is considered in this table.


## Differentials in Contraceptive Use

Some women are more likely to use contraception than others. As shown in Table 4.5 and Figure 4.3, sexually active ${ }^{1}$ urban women are more likely than rural women to be using a family planning method ( 58 vs. 46 percent). Urban women are also disproportionately more likely to be using female sterilisation than rural women. The higher contraceptive rates in urban areas could be attributed to better access to health facilities, greater exposure to mass media, and/or higher education.

Marked differences are found among directorates. Contraceptive prevalence among sexually active women is highest in the Central Directorate ( 67 percent), followed by the South ( 53 percent), the Northeast ( 46 percent) and the Northwest (39 percent) Directorates. Use of male condoms is disproportionately high among sexually active women in Northwest Directorate, while use of female sterilisation is disproportionately high among women in the South Directorate.

The highest level of current use is in Erongo Region, followed by Otjozondjupa and Karas regions, where around two-thirds of sexually active women are currently using (see Figure 4.3). At the other end of the spectrum, only 22 percent of sexually active women in Ohangwena Region are using family planning. The most commonly used contraceptive is injectables in all regions except Kunene, Ohangwena, and Oshana Regions, where male condoms predominate. Use of female sterilisation is particularly high in Karas Region (23 percent), while the use of traditional methods is the highest (7 percent) in Kavango Region.

[^9]| Table 4.5 Current use of contraception by background characteristics |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of sexually active women by cotnraceptive method currently used, according to selected background characteristics Namibia 2000 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Using any method | Modern method |  |  |  |  |  |  |  | Traditional method |  |  |  | Not using a method |  | Number of women |
| Background characteristic |  | Using any modern method | Pill | IUD | In-jectables | Female condom | Male condom | Female sterilisation | Male sterilisation | Using any tradi- Periodic tional abstimethod nence |  | Withdrawal | Other method |  |  |  |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 57.9 | 57.4 | 9.8 | 2.1 | 23.6 | 0.2 | 10.2 | 10.2 | 1.3 | 0.5 | 0.2 | 0.1 | 0.3 | 42.1 | 100.0 | 1,264 |
| Rural | 46.4 | 44.9 | 8.5 | 0.4 | 21.0 | 0.0 | 10.2 | 4.5 | 0.3 | 1.4 | 0.2 | 0.0 | 1.2 | 53.6 | 100.0 | 1,216 |
| Directorate |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Northwest | 39.1 | 39.1 | 5.9 | 1.0 | 11.7 | 0.0 | 17.4 | 3.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 60.9 | 100.0 | 557 |
| Northeast | 45.6 | 41.5 | 8.3 | 0.4 | 28.2 | 0.0 | 2.7 | 1.8 | 0.0 | 4.1 | 0.5 | 0.0 | 3.6 | 54.4 | 100.0 | 380 |
| Central | 66.8 | 66.2 | 14.1 | 0.9 | 27.8 | 0.0 | 12.6 | 8.5 | 2.3 | 0.6 | 0.3 | 0.0 | 0.3 | 33.2 | 100.0 | 640 |
| South | 52.8 | 52.3 | 8.0 | 2.1 | 22.6 | 0.3 | 7.2 | 11.7 | 0.5 | 0.5 | 0.0 | 0.2 | 0.3 | 47.2 | 100.0 | 904 |
| Region |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Caprivi | 46.3 | 46.3 | 12.6 | 0.0 | 33.3 | 0.0 | 0.4 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 53.7 | 100.0 | 156 |
| Erongo | 69.4 | 68.5 | 12.3 | 2.2 | 28.6 | 0.0 | 10.6 | 12.1 | 2.7 | 0.9 | 0.9 | 0.0 | 0.0 | 30.6 | 100.0 | 206 |
| Hardap | 60.6 | 59.4 | 13.3 | 0.6 | 24.3 | 0.0 | 7.5 | 13.4 | 0.4 | 1.2 | 0.2 | 0.6 | 0.4 | 39.4 | 100.0 | 103 |
| Karas | 65.5 | 65.5 | 10.0 | 0.5 | 25.9 | 0.0 | 3.4 | 23.2 | 2.4 | 0.0 | 0.0 | 0.0 | 0.0 | 34.5 | 100.0 | 114 |
| Kavango | 45.1 | 38.2 | 5.3 | 0.7 | 24.8 | 0.0 | 4.4 | 3.0 | 0.0 | 6.9 | 0.8 | 0.0 | 6.1 | 54.9 | 100.0 | 224 |
| Khomas | 48.7 | 48.2 | 6.8 | 2.8 | 21.2 | 0.4 | 7.6 | 9.2 | 0.3 | 0.5 | 0.0 | 0.2 | 0.3 | 51.3 | 100.0 | 583 |
| Kunene | 56.4 | 56.4 | 13.1 | 0.2 | 18.0 | 0.0 | 19.4 | 5.8 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 43.6 | 100.0 | 101 |
| Ohangwena | 21.8 | 21.8 | 3.0 | 0.3 | 5.9 | 0.0 | 12.2 | 0.3 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 78.2 | 100.0 | 137 |
| Omaheke | 54.2 | 54.2 | 7.1 | 1.1 | 24.9 | 0.0 | 9.4 | 11.6 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 45.8 | 100.0 | 103 |
| Omusati | 41.4 | 41.4 | 2.5 | 1.8 | 19.6 | 0.0 | 15.9 | 1.8 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 58.6 | 100.0 | 92 |
| Oshana | 42.8 | 42.8 | 4.6 | 1.2 | 7.9 | 0.0 | 27.4 | 1.8 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 57.2 | 100.0 | 183 |
| Oshikoto | 49.2 | 49.2 | 12.6 | 0.8 | 16.9 | 0.0 | 10.7 | 8.3 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 50.8 | 100.0 | 145 |
| Otjozondjupa | 68.3 | 67.7 | 15.6 | 0.2 | 30.2 | 0.1 | 11.7 | 7.2 | 2.7 | 0.6 | 0.0 | 0.0 | 0.6 | 31.7 | 100.0 | 332 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 35.6 | 35.1 | 7.1 | 0.0 | 15.5 | 0.0 | 6.2 | 6.3 | 0.0 | 0.5 | 0.0 | 0.0 | 0.5 | 64.4 | 100.0 | 299 |
| Incompl. pri. | 37.1 | 35.8 | 4.8 | 0.5 | 18.3 | 0.0 | 7.7 | 4.4 | 0.0 | 1.4 | 0.4 | 0.0 | 1.0 | 62.9 | 100.0 | 508 |
| Compl. pri. | 46.2 | 45.6 | 5.5 | 0.6 | 22.0 | 0.1 | 8.6 | 8.7 | 0.0 | 0.7 | 0.0 | 0.0 | 0.7 | 53.8 | 100.0 | 297 |
| Incompl. sec. | 60.9 | 59.9 | 10.7 | 0.7 | 28.5 | 0.3 | 12.7 | 6.5 | 0.6 | 1.1 | 0.1 | 0.2 | 0.8 | 39.1 | 100.0 | 947 |
| Compl. sec. + | 66.6 | 65.9 | 14.8 | 4.8 | 18.7 | 0.0 | 11.5 | 13.0 | 3.3 | 0.7 | 0.2 | 0.0 | 0.4 | 33.4 | 100.0 | 428 |
| Number of children |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 0 | 41.7 | 41.4 | 5.6 | 0.6 | 11.4 | 0.0 | 23.2 | 0.6 | 0.0 | 0.3 | 0.0 | 0.1 | 0.2 | 58.3 | 100.0 | 437 |
| 1 | 55.1 | 54.5 | 12.6 | 0.7 | 29.8 | 0.5 | 10.3 | 0.4 | 0.2 | 0.6 | 0.0 | 0.0 | 0.6 | 44.9 | 100.0 | 480 |
| 2 | 53.8 | 53.2 | 9.5 | 2.3 | 25.1 | 0.0 | 8.2 | 6.3 | 1.8 | 0.6 | 0.1 | 0.0 | 0.5 | 46.2 | 100.0 | 499 |
| 3 | 62.3 | 61.5 | 10.6 | 2.1 | 25.4 | 0.0 | 5.6 | 16.3 | 1.4 | 0.8 | 0.2 | 0.3 | 0.3 | 37.7 | 100.0 | 382 |
| 4+ | 50.1 | 48.2 | 8.0 | 0.8 | 20.3 | 0.0 | 5.9 | 12.6 | 0.6 | 1.9 | 0.4 | 0.0 | 1.5 | 49.9 | 100.0 | 682 |
| Total | 52.2 | 51.3 | 9.2 | 1.3 | 22.3 | 0.1 | 10.2 | 7.4 | 0.8 | 1.0 | 0.2 | 0.1 | 0.7 | 47.8 | 100.0 | 2,480 |

Note: "Sexually active" refers to women who said they had sexual intercourse in the month preceding the survey.

The level of education is highly correlated with the use of contraceptives. The proportion of sexually active women who are currently using a contraceptive method almost doubles from slightly more than one-third of those with no education to two-thirds of those who have completed secondary school. The most commonly used method among women of all education groups is injectables. The pill, condom, and female sterilisation alternate for second, third and fourth place. Sexually active women who have completed secondary school are much more likely than other women to be using the IUD and male sterilisation. The use of contraceptive methods increases with the number of children, from 42 percent of childless women to 62 percent of those with three children, and then falls to half of those with four or more children.

Figure 4.3 Current Use of Contraceptives among
Sexually Active Women Age 15-49


NDHS 2000

## Trends in Contraceptive Use

The use of contraceptive methods has increased substantially over the past eight years (Table 4.6 and Figure 4.4). Among currently married women, ${ }^{2}$ use of any method has increased from 29 percent in 1992 to 44 percent in 2000, and for modern methods it has increased from 26 percent to 43 percent. The increase is entirely due to an increase in the use of injectables, male condoms and to a lesser extent, female and male sterilisation. The use of injectables has more than doubled from 8 percent of currently married women in 1992 to 19 percent in 2000. The use of condoms has increased from a near zero baseline in 1992 to 5 percent of currently married women. This increase in use of condoms is probably due to the rise of HIV/AIDS prevention programmes and substantially increased condom distribution. Use of traditional contraceptive methods has actually declined since 1992. Since 1992, contraceptive use among currently married women has almost doubled in the Northeast and Central Directorates and has tripled in the Northwest Directorate; however, it has actually declined slightly among currently married women in the South Directorate (see Table C.7).

[^10]Table 4.6 Trends in contraceptive use
Percent distribution of all women and of currently married women by contraceptive method currently used, Namibia 1992 and 2000

| Contraceptive method | All women |  | Currently married women |  |
| :---: | :---: | :---: | :---: | :---: |
|  | 1992 | 2000 | 1992 | 2000 |
| Any method | 23.3 | 37.8 | 28.9 | 43.7 |
| Any modern method | 21.4 | 37.1 | 26.0 | 42.6 |
| Pill | 7.1 | 5.7 | 8.3 | 8.2 |
| IUD | 1.3 | 0.7 | 2.1 | 1.2 |
| Injectables | 8.6 | 17.0 | 7.7 | 18.7 |
| Diaphragm/foam/jelly | 0.0 | 0.0 | 0.1 | 0.0 |
| Male condom | 0.5 | 8.9 | 0.3 | 5.2 |
| Female condom | NA | 0.1 | NA | 0.1 |
| Female sterilisation | 3.8 | 4.3 | 7.4 | 8.5 |
| Male sterilisation | 0.1 | 0.3 | 0.2 | 0.8 |
| Any traditional method | 1.8 | 0.7 | 2.9 | 1.1 |
| Rhythm/periodic abstinence | 0.6 | 0.1 | 0.7 | 0.2 |
| Withdrawal | 0.2 | 0.1 | 0.3 | 0.1 |
| Other | 1.0 | 0.5 | 1.9 | 0.9 |
| Not using | 76.7 | 62.2 | 71.1 | 56.3 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of women | 5,421 | 6,755 | 2,259 | 2,610 |

NA = Not applicable

Figure 4.4 Trends in Current Contraceptive Use among Women Age 15-49, 1992-2000


### 4.4 Number of Children at First Use of Contraception

In some cultures, family planning is only used when couples have already had as many children as they want. As the concept of family planning gains acceptance, more couples opt to use contraception to space their children. Moreover, unmarried women may decide to use family planning to avoid an unwanted pregnancy. In the 2000 NDHS, a question was included for women who had ever used a method as to how many living children they had when they first used a method.

As shown in Table 4.7, one-quarter of women used contraception for the first time before they had any children and another 20 percent initiated use after having one child. There is a clear trend toward increasing contraceptive use earlier in the family building process. For example, among women age 4549 , not only have fewer women ever used family planning, but most of those who have used started using when they already had two children. In contrast, the majority of ever-users age 20-24 started using when they had no living children.

Table 4.7 Number of children at first use of contraception
Percent distribution of women by number of living children at the time of first use of contraception and median number of children at first use, according to current age, Namibia 2000

| Current age | Never used contraception | Number of living children at time of first use of contraception |  |  |  |  |  | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 0 | 1 | 2 | 3 | 4+ | Missing |  |  |
| 15-19 | 64.7 | 30.3 | 4.2 | 0.4 | 0.0 | 0.1 | 0.3 | 100.0 | 1,499 |
| 20-24 | 30.3 | 38.9 | 24.2 | 4.8 | 0.9 | 0.1 | 0.7 | 100.0 | 1,339 |
| 25-29 | 22.9 | 28.2 | 30.2 | 13.2 | 4.3 | 1.0 | 0.2 | 100.0 | 1,104 |
| 30-34 | 25.0 | 19.8 | 30.0 | 10.4 | 9.1 | 5.5 | 0.3 | 100.0 | 1,013 |
| 35-39 | 27.6 | 13.0 | 24.2 | 14.0 | 10.0 | 10.8 | 0.5 | 100.0 | 751 |
| 40-44 | 35.3 | 11.0 | 15.4 | 11.2 | 7.3 | 19.0 | 0.8 | 100.0 | 633 |
| 45-49 | 42.3 | 7.0 | 14.6 | 7.8 | 7.9 | 18.8 | 1.7 | 100.0 | 415 |
| Total | 36.8 | 24.9 | 20.2 | 7.8 | 4.5 | 5.2 | 0.5 | 100.0 | 6,755 |

### 4.5 Knowledge of the Ovulatory Cycle

Although it is certainly not a prerequisite for family planning use, a basic knowledge of the ovulatory cycle is helpful for those who want to avoid pregnancy, especially for those using periodic abstinence (rhythm method). Data from the 2000 NDHS indicate that knowledge of the fertile period is poor (Table 4.8). One-fifth of women say they do not know at which time in their menstrual period they are most likely to get pregnant, and 16 percent say that there is no particular fertile time. One in three women say they are at the highest risk of pregnancy just after having their menstrual periods. Only 12 percent of women cite the "correct" answer-halfway between periods. It should be noted that it may be difficult to divide the menstrual cycle into distinct time periods, so it is possible that many women who answered "just after period has ended" or "just before period begins" may actually have a fairly accurate understanding of the fertile period.

## Table 4.8 Knowledge of fertile period

Percent distribution of all women by knowledge of the fertile period during the ovulatory cycle, Namibia 2000

| Perceived <br> fertile period | All <br> women |
| :--- | ---: |
| Just before her period begins | 10.2 |
| During her menstrual period | 6.5 |
| Right after her period has ended | 33.4 |
| Halfway between periods | 12.0 |
| No special time | 16.1 |
| Other | 0.3 |
| Don't know | 21.4 |
| Missing | 0.2 |
| Total | 100.0 |
| Number | 6,755 |

### 4.6 Timing OF Sterilisation

The age at which women get sterilised has important implications for the family planning programme and for the nation's fertility level. Because sterilisation is a permanent method that requires no maintenance or re-supply, it can be an extremely cost-effective method. Generally speaking, the younger women are when they get sterilised, the lower the country's fertility rate is likely to be. However, extremely young ages at sterilisation are often viewed as evidence of an overly coercive programme.

Data in Table 4.9 indicate that the median age for female sterilisation in Namibia is 33. There has been little change in age at sterilisation over the various age cohorts of women.

| Table 4.9 Timing of sterilisation |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of sterilised women by age at the time of sterilisation, according to the number of years since the operation, Namibia 2000 |  |  |  |  |  |  |  |  |  |
| Years since operation | Age at time of sterilisation |  |  |  |  | 45-49 | Total | Number of women | Median age ${ }^{1}$ |
|  | $<25$ | 25-29 | 30-34 | 35-39 | 40-44 |  |  |  |  |
| $<2$ | 1.8 | 22.1 | 25.2 | 30.9 | 7.6 | 12.4 | 100.0 | 58 | 33.4 |
| 23 | 5.0 | 14.9 | 34.2 | 22.9 | 16.8 | 6.1 | 100.0 | 52 | 33.2 |
| 45 | 3.1 | 21.8 | 21.6 | 26.4 | 27.1 | 0.0 | 100.0 | 53 | 33.3 |
| 67 | (3.7) | (7.7) | (23.1) | (52.3) | (13.2) | (0.0) | 100.0 | 38 | (36.0) |
| 8+ | 8.3 | 30.5 | 36.6 | 22.7 | 1.9 | 0.0 | 100.0 | 90 | NC |
| Total | 4.9 | 21.5 | 29.4 | 29.0 | 11.8 | 3.6 | 100.0 | 291 | 33.2 |

Note: Figures in parentheses are based on 25-49 unweighted cases.
NC = Not calculated because of censoring

### 4.7 Sources of Contraceptive Methods

Women who reported using a modern contraceptive method at the time of the survey were asked where they obtained the method the last time. Table 4.10 presents information from the 2000 NDHS on sources of modern methods of family planning.

The main source of contraceptive supply is the public sector, which accounts for 84 percent of modern methods, followed by the private medical sector ( 11 percent) and other sources ( 3 percent). Within the public sector, government health centres and clinics are the major sources of supply ( 57 percent), followed by government hospitals ( 26 percent). Outreach clinics and community health workers account for less than 1 percent of contraceptive users each.

The sources of supply depend on the type of method used. The public sector is the overwhelming source of supply for injectables and the pill and the major source for male condoms and female sterilisation. The largest share supplied through the private medical sector is for IUDs and female sterilisation, while other sources-especially friends, shops and schools-supply a meaningful fraction of condom users. Significantly, one in four female sterilizations is performed by the private medical sector.

There has not been much change in the source of contraceptive supply between 1992 and 2000. The public sector has remained the predominant source of contraceptive supply.

Table 4.10 Source of supply
Percent distribution of women currently using modern contraceptive methods by most recent source, according to specific methods, Namibia 2000

| Source of supply | Pill | IUD | Injectables | Male condom | Female sterilisation | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Public sector | 86.3 | (53.3) | 95.8 | 72.1 | 71.8 | 84.2 |
| Government hospital | 12.4 | (46.5) | 18.3 | 25.7 | 70.7 | 25.8 |
| Government health centre/clinic | 72.7 | (6.8) | 76.0 | 45.3 | 1.1 | 57.4 |
| Mobile primary health care clinic | 1.1 | (0.0) | 1.4 | 0.3 | 0.0 | 0.9 |
| Community health worker | 0.0 | (0.0) | 0.0 | 0.8 | 0.0 | 0.2 |
| Private medical sector | 11.8 | (43.9) | 2.9 | 12.6 | 24.8 | 10.6 |
| Private hospital/clinic | 3.1 | (20.0) | 2.4 | 1.1 | 23.7 | 5.5 |
| Pharmacy | 6.0 | (0.0) | 0.0 | 10.9 | 0.0 | 3.6 |
| Private doctor | 2.8 | (23.8) | 0.4 | 0.5 | 0.7 | 1.4 |
| Other private medical | 0.0 | (0.0) | 0.1 | 0.0 | 0.4 | 0.1 |
| Other source | 0.0 | (0.0) | 0.2 | 13.7 | 0.0 | 3.4 |
| Shop | 0.0 | (0.0) | 0.0 | 3.8 | 0.0 | 0.9 |
| Church/school | 0.0 | (0.0) | 0.0 | 2.0 | 0.0 | 0.5 |
| Friend/relative | 0.0 | (0.0) | 0.0 | 7.9 | 0.0 | 1.9 |
| Traditional birth attendant | 0.0 | (0.0) | 0.2 | 0.0 | 0.0 | 0.1 |
| Other | 0.4 | (0.0) | 0.1 | 0.6 | 0.0 | 0.2 |
| Missing | 1.5 | (2.9) | 1.0 | 1.1 | 3.4 | 1.5 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of women | 386 | 49 | 1,149 | 604 | 291 | 2,505 |

Note: Total includes 6 users of female condom and 20 users of male sterilisation. Figures in parentheses are based on 25-49 unweighted cases.

### 4.8 Informed Choice

In choosing a contraceptive method, all clients should be assessed and advised on the most suitable options to enable them to make a free and informed choice. Moreover, those who decide to accept a method should be informed of the possible side effects of the method and what to do if they experience those side effects.

Data from the NDHS show that only 38 percent of current users of modern methods say that they were informed about the side effects of their current method the first time they started using it. Only one in three users says she was informed what to do if she experienced side effects. Forty percent of current users of modern methods say that they were informed of other methods that they could use. To the extent that women remember correctly the situation at the time they first obtained their current method, these statistics imply that the quality of client education and counseling needs to be improved. A much larger proportion of current users of sterilisation- 86 percent-say they were informed that the operation was permanent.

It is interesting to note that private medical sector sources appear to be no better than government sector sources at informing family planning clients about side effects and what to do if they experience them. Users in the Northeast and Northwest Directorates are more likely than those in the other directorates to be informed about their methods. Women with no education are less likely than women with any education to be informed about their methods.

## Table 4.11 Informed choice

Percentage of current users of modern contraceptive methods who were informed that sterilisation is permanent, who were informed about the side effects of the method used, who were informed what to do if side effects were experienced, who were informed of other methods that could be used for contraception, and by specific method, initial source of method, and background characteristics,
Namibia 2000

| Method, initial source of method/ background characteristic | Informed about side effects of method used | Informed what to do if side effects experienced | Informed of other methods that could be used | Informed that sterilisation is permanent |
| :---: | :---: | :---: | :---: | :---: |
| Contraceptive method |  |  |  |  |
| Pill | 37.7 | 34.1 | 42.1 | NA |
| IUD | 34.7 | 33.5 | 46.1 | NA |
| Injection | 41.7 | 35.8 | 42.2 | NA |
| Female sterilisation | 25.5 | 20.7 | 27.8 | 86.7 |
| Male sterilisation | NA | NA | NA | 82.1 |
| Other | NA | NA | 38.0 | NA |
| Initial source of method |  |  |  |  |
| Public sector | 39.1 | 34.0 | 40.8 | 89.5 |
| Government hospital | 38.1 | 32.5 | 40.5 | 90.4 |
| Government health center | 39.7 | 34.8 | 41.2 | 32.6 |
| PHC clinic (mobile) | 32.6 | 32.6 | 23.3 | NA |
| Private medical sector | 35.1 | 28.8 | 38.3 | 89.2 |
| Private hospital, clinic | 41.0 | 32.4 | 42.2 | 88.7 |
| Pharmacy | 19.7 | 19.7 | 21.7 | NA |
| Private doctor | 26.2 | 23.6 | 38.9 | 100.0 |
| Other private medical | 0.0 | 0.0 | 0.0 | 84.3 |
| Other | 13.3 | 13.3 | 13.3 | NA |
| Residence |  |  |  |  |
| Urban | 33.4 | 29.2 | 39.5 | 89.2 |
| Rural | 43.9 | 37.6 | 40.8 | 80.4 |
| Directorate |  |  |  |  |
| Northwest | 50.9 | 41.0 | 43.9 | 88.2 |
| Northeast | 69.1 | 65.0 | 59.5 | 93.3 |
| Central | 24.0 | 21.0 | 28.8 | 88.7 |
| South | 29.6 | 24.5 | 38.3 | 84.1 |
| Education |  |  |  |  |
| No education | 21.2 | 18.7 | 27.0 | 80.9 |
| Incomplete primary | 34.2 | 30.0 | 32.0 | 93.3 |
| Complete primary | 39.8 | 35.7 | 35.3 | 79.8 |
| Incomplete secondary | 39.2 | 33.9 | 42.2 | 86.4 |
| Complete secondary + | 44.8 | 37.4 | 49.2 | 87.4 |
| Total | 38.2 | 33.0 | 40.1 | 86.4 |
| Number of women | 1,876 | 1,876 | 1,882 | 311 |

NA = Not applicable

### 4.9 Intention to Use Family Planning Among Nonusers

To obtain information on the potential demand for family planning services, respondents who were not currently using contraception at the time of the survey were asked if they intended to use a method at any time in the future. Table 4.12 shows the distribution of women and men who are not using a method by their intention to use in the future.

Table 4.12 Future use of contraception
Percent distribution of women and men who are not using a contraceptive method by intention to use in the future, according to number of living children, Namibia 2000

|  | Number of living children |  |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: | ---: | ---: |

${ }^{1}$ Includes current pregnancy
${ }^{2}$ Includes men who had used a method in the last 12 months and were not asked about future intentions

Almost two-thirds of women who are not using say that they intend to use contraception at some time in the future, while 30 percent say they do not intend to use and 6 percent are unsure. Men are less likely than women to say they intend to use a method in the future and more likely to be unsure about future use. Among women, there is remarkably little difference in the intention to use contraception according to the number of children women have already.

It is crucial for the purpose of designing intervention mechanisms to identify reasons why people do not use contraception. Table 4.13 presents data regarding the main reasons for not using contraception given by women who are not using any contraceptive method and do not intend to use in the future.

The main reasons for non-use of contraception among women are a desire for more children and infrequent or no sex ( 15 percent for each). Side effects and health concerns are also major reasons for non-use, as is opposition to family planning-either by the respondent, her partner or someone else. One in five women

Table 4.13 Reason for not intending to use contraception
Percent distribution of all women who are not using a contraceptive method and who do not intend to use in the future by main reason for not intending to use, according to age, Namibia 2000

|  | Age |  |  |
| :--- | ---: | :---: | ---: |
| Reason | (5-29 | $30-49$ | Total |
| Wants children | 16.6 | 13.6 | 14.9 |
| Side effects | 6.8 | 4.2 | 5.3 |
| Health concerns | 10.9 | 9.5 | 10.1 |
| Lack of knowledge | 6.7 | 3.5 | 4.8 |
| Access/availability | 0.4 | 0.7 | 0.6 |
| Cost | 1.0 | 0.5 | 0.7 |
| Religious prohibition | 4.8 | 2.7 | 3.6 |
| Opposed to family planning | 10.1 | 9.6 | 9.8 |
| Partner opposed | 1.1 | 3.8 | 2.7 |
| Others disapprove | 0.3 | 0.2 | 0.3 |
| Infrequent sex/no sex | 16.3 | 14.3 | 15.1 |
| Difficult to get pregnant | 6.9 | 11.6 | 9.6 |
| Menopausal/hysterectomy | 0.1 | 16.8 | 9.7 |
| Inconvenient | 1.1 | 0.0 | 0.5 |
| Other reasons | 2.9 | 3.4 | 3.2 |
| Don't know/missing | 1.1 | 5.6 | 9.2 |
| Total | 100.0 | 100.0 | 100.0 |
| Number of women | 523 | 715 | 1,239 |
|  |  |  |  | says she does not intend to use contraception because she is menopausal, has had a hysterectomy or has difficulty getting pregnant. Surprisingly, the least mentioned reasons for not intending to use contraception include access/availability and cost, each of which accounted for less then 1 percent of nonusers. There is also little difference in the reasons cited by younger and older non-users, except that older women are more likely to say they do not intend to use because of menopause or infertility.

Nonusers who indicated that they intended to use family planning in future were asked which method they would prefer to use. As shown in Table 4.14, by far the most preferred method of contraception is injectables ( 46 percent), followed by the pill and male condoms ( 20 percent each).

| Table 4.14 Preferred method of contra- |  |  |
| :--- | ---: | :---: |
| ception for future use |  |  |
| Percent distribution of women who are |  |  |
| not using a contraceptive method but |  |  |
| who intend to use in the future by |  |  |
| preferred method, Namibia 2000 |  |  |
| Preferred method |  |  |
| Pill | Percent |  |
| IUD | 20.3 |  |
| Injectables | 1.7 |  |
| Vaginals | 45.7 |  |
| Condom | 0.7 |  |
| Female sterilisation | 19.7 |  |
| Male sterilisation | 7.5 |  |
| Periodic abstinence | 0.2 |  |
| Withdrawal | 0.1 |  |
| Other | 0.0 |  |
| Don't know/missing | 0.9 |  |
|  | 3.2 |  |
| Total | 100.0 |  |
| Number of women | 2,686 |  |

### 4.10 Exposure to Messages about Condoms

Given the high prevalence of HIV/AIDS in Namibia, it is encouraging that both knowledge and use of condoms has increased since 1992. An important reason for this may be the more frequent broadcast of messages about condoms in the mass media.

As shown in Table 4.15, 81 percent of women and 86 percent of men interviewed in the 2000 NDHS said that they had heard or read a message about condoms in the few months preceding the survey. Radio is the most widespread vehicle for condom messages, reaching about four in five respondents. The print media and television reach approximately equal-sized audiences, around half of women and men each.

Urban respondents, those in the Central and South Directorates, those in the more urbanised regions, and those with more education are more likely to have heard or read a message about condoms. There are small differences by age group of respondents.

## Table 4.15 Exposure to messages about condoms

Percentage of women and men who have heard a message about condoms in the last few months prior to the interview, according to selected background characteristics, Namibia, 2000

| Background characteristic | Heard message about condoms: women |  |  |  |  | Heard message about condoms: men |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Any source | Radio | Television | Print media | Number of women | Any source | Radio | Televison | Print media | Number of men |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 76.9 | 72.4 | 40.9 | 45.8 | 1,499 | 81.2 | 76.1 | 47.3 | 50.1 | 694 |
| 20-24 | 83.4 | 80.3 | 48.1 | 53.6 | 1,339 | 85.9 | 83.1 | 55.5 | 57.6 | 610 |
| 25-29 | 82.1 | 80.4 | 48.1 | 51.8 | 1,104 | 89.3 | 85.5 | 60.2 | 62.5 | 448 |
| 30-34 | 83.0 | 81.4 | 50.7 | 51.6 | 1,013 | 86.8 | 84.1 | 57.5 | 54.9 | 378 |
| 35-39 | 83.8 | 81.9 | 49.1 | 51.7 | 751 | 89.6 | 88.6 | 58.3 | 54.8 | 247 |
| 40-44 | 75.8 | 74.6 | 43.9 | 43.7 | 633 | 86.4 | 84.4 | 57.5 | 58.6 | 216 |
| 45-49 | 80.1 | 77.9 | 44.2 | 44.7 | 415 | 86.1 | 83.8 | 46.9 | 43.1 | 174 |
| 50-59 | NA | NA | NA | NA | NA | 86.8 | 84.1 | 41.1 | 40.8 | 188 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 93.5 | 90.5 | 79.5 | 73.6 | 2,786 | 94.7 | 91.9 | 80.9 | 74.6 | 1,312 |
| Rural | 71.9 | 69.6 | 23.1 | 32.7 | 3,969 | 78.7 | 75.2 | 31.7 | 37.8 | 1,642 |
| Directorate |  |  |  |  |  |  |  |  |  |  |
| Northwest | 71.0 | 68.0 | 20.4 | 36.9 | 2,792 | 77.3 | 73.2 | 34.6 | 47.2 | 1,047 |
| Northeast | 67.7 | 66.5 | 27.0 | 21.1 | 842 | 79.6 | 78.9 | 30.1 | 23.7 | 313 |
| Central | 92.5 | 89.5 | 70.0 | 57.2 | 1,231 | 91.7 | 87.9 | 67.7 | 57.4 | 615 |
| South | 93.6 | 91.2 | 78.0 | 76.1 | 1,890 | 93.2 | 90.5 | 72.3 | 69.2 | 980 |
| $\begin{array}{lllllllllllll}\text { Region } & 76.9 & 75.8 & 27.6 & 15.9 & 322 & 95.2 & 95.2 & 24.5 & 28.7 & 114\end{array}$ |  |  |  |  |  |  |  |  |  |  |
| Caprivi | 76.9 97 | 75.8 91.6 | 27.6 75.4 | 15.9 64.8 | 322 399 | 95.2 | 95.2 94.1 | 24.5 94.6 | 28.7 81.5 | 114 195 |
| Erongo | 97.7 94.1 | 91.6 90.7 | 75.4 69.2 | 64.8 67.0 | 399 292 | 98.1 92.3 | 94.1 87.8 | 94.6 65.2 | 81.5 54.1 | 195 |
| Karas | 94.2 | 86.4 | 79.6 | 71.4 | 261 | 91.5 | 81.3 | 73.2 | 55.4 | 123 |
| Kavango | 62.0 | 60.7 | 26.7 | 24.4 | 520 | 70.7 | 69.6 | 33.3 | 20.8 | 198 |
| Khomas | 95.3 | 94.3 | 86.2 | 86.4 | 1,152 | 97.1 | 96.2 | 80.4 | 82.3 | 624 |
| Kunene | 73.6 | 71.5 | 35.9 | 28.6 | 205 | 88.2 | 85.0 | 43.6 | 41.9 | 103 |
| Ohangwena | 63.1 | 59.6 | 14.4 | 37.5 | 684 | 66.9 | 63.1 | 26.5 | 38.9 | 275 |
| Omaheke | 80.8 | 79.1 | 38.9 | 33.1 | 185 | 73.4 | 71.1 | 31.0 | 25.9 | 104 |
| Omusati | 70.5 | 67.4 | 12.5 | 35.9 | 714 | 72.4 | 65.3 | 27.8 | 42.8 | 271 |
| Oshana | 74.9 | 71.1 | 24.1 | 36.5 | 789 | 79.7 | 76.0 | 32.0 | 40.7 | 251 |
| Oshikoto | 75.3 | 74.2 | 31.6 | 37.8 | 604 | 91.9 | 90.0 | 53.6 | 67.8 | 249 |
| Otjozondjupa | 95.4 | 94.0 | 77.7 | 61.7 | 627 | 88.8 | 85.0 | 59.1 | 47.6 | 317 |
| $\begin{array}{lllllllllllllll}\text { Education } & 63.5 & 62.7 & 24.4 & 19.2 & 641 & 71.9 & 71.4 & 24.6 & 17.2 & 379\end{array}$ |  |  |  |  |  |  |  |  |  |  |
| No education | 69.0 | 67.7 | 26.4 | 28.0 | 1,409 | 79.9 | 77.5 | 33.0 | 35.3 | 744 |
| Incomplete primary Completed primary | 78.6 | 76.2 | 38.3 | 43.6 | 1,427 | 84.7 | 82.1 | 48.0 | 49.9 | 283 |
| Completed primary | 85.9 | 82.5 | 52.5 | 57.5 | 2,907 | 90.3 | 86.0 | 66.1 | 68.2 | 1,115 |
| Compl. secondary+ | 96.0 | 92.6 | 78.3 | 82.5 | 971 | 97.4 | 92.6 | 85.1 | 85.3 | 434 |
| Total | 80.8 | 78.2 | 46.4 | 49.6 | 6,755 | 85.8 | 82.6 | 53.5 | 54.1 | 2,954 |

### 4.11 Attitudes Towards Family Planning

Although husband-wife discussion about family planning and agreement to use contraception is not a necessary precondition for use, its absence may be a serious impediment. Lack of discussion may reflect a lack of personal interest and/or hostility to the subject. Inter-spousal communication is therefore an important intermediate step along the path to eventual sustained use of family planning.

Table 4.16 shows that discussion of family planning between spouses is not uncommon. Twothirds of married women and men say that they have discussed family planning with their spouses in the year preceding the survey, with approximately one-third having discussed it "once or twice" and the other one-third having discussed it more often. The table also shows that older women and men are less likely to discuss family planning with their spouses, probably due to cultural inhibitions or the greater use of sterilisation among older respondents.

Table 4.16 Discussion of family planning by couples
Percent distribution of currently married women and men who know a contraceptive method by the number of times family planning was discussed with their spouse in the past year, according to current age, Namibia 2000

| Age | Number of times family planning was discussed with husband/wife |  |  |  | Total | Number of women/ men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Never | Once or twice | More often | Missing |  |  |
| MARRIED WOMEN |  |  |  |  |  |  |
| 15-19 | 38.7 | 29.4 | 31.5 | 0.4 | 100.0 | 72 |
| 20-24 | 27.4 | 35.8 | 36.2 | 0.7 | 100.0 | 319 |
| 25-29 | 27.7 | 40.1 | 31.2 | 1.0 | 100.0 | 452 |
| 30-34 | 30.2 | 33.0 | 36.3 | 0.4 | 100.0 | 566 |
| 35-39 | 29.1 | 35.6 | 35.1 | 0.2 | 100.0 | 459 |
| 40-44 | 33.6 | 34.6 | 31.2 | 0.6 | 100.0 | 395 |
| 45-49 | 40.0 | 26.5 | 31.9 | 1.6 | 100.0 | 289 |
| Total | 31.1 | 34.5 | 33.8 | 0.7 | 100.0 | 2,553 |
| MARRIED MEN |  |  |  |  |  |  |
| 15-19 | * | * | * | * | * | 14 |
| 20-24 | 22.0 | 43.6 | 34.4 | 0.0 | 100.0 | 76 |
| 25-29 | 23.0 | 30.2 | 45.0 | 1.8 | 100.0 | 130 |
| 30-34 | 33.5 | 37.1 | 29.2 | 0.2 | 100.0 | 197 |
| 35-39 | 20.9 | 41.9 | 36.7 | 0.6 | 100.0 | 170 |
| 40-44 | 34.8 | 35.7 | 27.5 | 1.9 | 100.0 | 172 |
| 45-49 | 45.9 | 26.4 | 27.7 | 0.0 | 100.0 | 125 |
| 50-59 | 47.6 | 32.2 | 19.7 | 0.6 | 100.0 | 157 |
| Total | 33.1 | 35.2 | 31.0 | 0.8 | 100.0 | 1,041 |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Women and men were also asked if they approved or disapproved of couples using a method to avoid getting pregnant. As shown in Table 4.17, 81 percent of women and 72 percent of men said they approve of family planning. As expected, approval is higher among urban than rural respondents and among those in the Central and South Directorates than those in the Northwest and Northeast Directorates. Women in Erongo, Khomas, and Caprivi Regions are most likely to approve of family planning, while among men, the highest levels of approval are in Erongo, Karas, and Oshana Regions.

| Table 4.17 Approval of family planning |  |  |
| :---: | :---: | :---: |
| Percentage of all women and men who approve of family planning according to background characteristics, Namibia 2000 |  |  |
| Background characteristic | Percentage approving of family planning |  |
|  | Women | Men |
| Residence |  |  |
| Urban | 88.4 | 79.6 |
| Rural | 75.0 | 65.1 |
| Directorate |  |  |
| Northwest | 75.3 | 62.5 |
| Northeast | 72.6 | 76.5 |
| Central | 87.8 | 77.8 |
| South | 87.3 | 75.6 |
| Region |  |  |
| Caprivi | 88.8 | 72.3 |
| Erongo | 94.0 | 88.0 |
| Hardap | 85.5 | 68.2 |
| Karas | 77.2 | 87.4 |
| Kavango | 62.5 | 78.9 |
| Khomas | 92.1 | 75.4 |
| Kunene | 79.5 | 61.1 |
| Ohangwena | 71.7 | 33.8 |
| Omaheke | 74.7 | 72.3 |
| Omusati | 70.9 | 60.2 |
| Oshana | 76.2 | 79.8 |
| Oshikoto | 83.1 | 79.2 |
| Otjozondjupa | 86.5 | 77.1 |
| Total | 80.6 | 71.5 |

During the survey, women and men were interviewed in the same households, providing an opportunity to link married couples' responses. Thus it was possible to link 705 couples. Table 4.18 shows data on these couples' approval or disapproval of family planning, according to age and education differences. The results show that 70 percent of couples are in agreement about family planning. In about two-thirds of couples, both the wife and the husband approve of family planning, and in 4 percent, both disapprove of family planning. Joint approval of family planning is highest among couples in which the husband is less than five years older than the wife ( 71 percent) and lowest when the husband is 15 or more years older than his wife ( 53 percent). Couples are more likely to jointly approve of family planning when both wife and husband are educated.

Table 4.18 Attitudes of couples toward family planning
Percent distribution of couples by approval of family planning, according to age difference between spouses and level of education, Namibia 2000

| Differential characteristic | Approval of family planning |  |  |  |  |  | Percent of couples in agreement | Number |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Both approve | Both disapprove | Wife approves, husband disapproves | Husband approves, wife disapproves | Missing | Total |  |  |
| Age |  |  |  |  |  |  |  |  |
| Husband younger | 62.0 | 8.2 | 9.4 | 9.0 | 11.4 | 100.0 | 70.2 | 98 |
| Husband 0-4 years older | 70.7 | 4.3 | 7.4 | 10.0 | 7.6 | 100.0 | 75.0 | 271 |
| Husband 5-9 years older | 67.6 | 1.4 | 17.9 | 4.1 | 8.9 | 100.0 | 69.1 | 198 |
| Husband 10-14 years older | 54.8 | 3.1 | 26.5 | 7.6 | 7.9 | 100.0 | 57.9 | 99 |
| Husband 15 years + older | 52.5 | 9.3 | 10.7 | 6.6 | 21.0 | 100.0 | 61.8 | 39 |
| Education |  |  |  |  |  |  |  |  |
| Husband and wife no education | 29.2 | 6.4 | 19.2 | 16.3 | 29.0 | 100.0 | 35.6 | 63 |
| Wife educated, husband not | 29.9 | 22.1 | 35.2 | 5.4 | 7.3 | 100.0 | 52.0 | 56 |
| Husband educated, wife not | 60.0 | 8.9 | 6.7 | 9.5 | 14.9 | 100.0 | 68.9 | 56 |
| Husband and wife educated | 74.0 | 1.5 | 11.2 | 6.7 | 6.6 | 100.0 | 75.5 | 529 |
| Total | 65.4 | 4.1 | 13.5 | 7.7 | 9.3 | 100.0 | 69.5 | 705 |

Table 4.19 shows to what extent wives and husbands report accurately on their spouse's attitudes. The findings show that when wives and husbands report that their spouses approve of family planning, they are generally accurate. In 82 percent of the couples in which the wife reported that her husband approves of family planning, the husband also stated that he approves of family planning. Similarly, for 87 percent of the couples in which the husband reported that his wife approves of family planning, the wife actually does approve of family planning. However, in the cases in which the wife thinks that her husband does not approve, 68 percent of the wives are wrong (actually the husband approves). Among couples in which the husband thinks that his wife does not approve, 70 percent of them are wrong (actually the wife approves).

Table 4.19 Perception of spouse's approval of family planning
Percent distribution of couples by husband's and wife's actual attitude toward family planning, according to their spouse's perception of their attitude, Namibia 2000

| Perception | Spouse's actual attitude |  |  | Total | Number |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Approves | Disapapproves | Unsure |  |  |
| Wife's perception of husband's attitude |  |  |  |  |  |
| Approves | 81.7 | 14.5 | 3.9 | 100.0 | 469 |
| Disapproves | 67.7 | 27.9 | 4.5 | 100.0 | 138 |
| Don't know | 63.3 | 30.7 | 6.0 | 100.0 | 97 |
| Total | 76.4 | 19.3 | 4.3 | 100.0 | 705 |
| Husband's perception of wife's attitude |  |  |  |  |  |
| Approves | 86.8 | 9.2 | 4.0 | 100.0 | 467 |
| Disapproves | 69.8 | 25.4 | 4.8 | 100.0 | 93 |
| Don't know | 72.8 | 16.3 | 10.9 | 100.0 | 145 |
| Total | 81.7 | 12.8 | 5.5 | 100.0 | 705 |

This chapter addresses the principal factors, other than contraception, which affect a woman's risk of becoming pregnant. These factors include marriage, polygamy, sexual intercourse, postpartum amenorrhoea and abstinence from sexual relations, and termination of exposure to pregnancy. Direct measures of the beginning of exposure to pregnancy and the level of exposure are also measured in this chapter.

### 5.1 Current Marital Status

Table 5.1 shows data on the current marital status of women and men interviewed in the survey. In this table, the term "married" is intended to mean legal or formal marriage, while "living together" designates an informal union. However, in future tables, the term "currently married" refers to both formal and informal unions.

Marriage and cohabitation are generally considered to be primary indicators of exposure to the risk of pregnancy. In Namibia, however, many women bear children before entering a stable union, visiting relationships are common, and many women have children in the context of such unions.

Table 5.1 Current marital status
Percent distribution of women and men by current marital status, according to age, Namibia 2000

| Age | Marital status |  |  |  |  |  | Total | Number |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Never married | Married | Living together | Divorced | Separated | Widowed |  |  |
| WOMEN |  |  |  |  |  |  |  |  |
| 15-19 | 93.9 | 1.7 | 3.3 | 0.2 | 0.9 | 0.0 | 100.0 | 1,499 |
| 20-24 | 72.2 | 7.8 | 16.5 | 0.2 | 2.9 | 0.3 | 100.0 | 1,339 |
| 25-29 | 53.2 | 18.7 | 22.8 | 0.3 | 4.9 | 0.1 | 100.0 | 1,104 |
| 30-34 | 35.6 | 32.2 | 24.5 | 1.8 | 4.4 | 1.5 | 100.0 | 1,013 |
| 35-39 | 23.4 | 44.0 | 18.7 | 1.4 | 7.5 | 5.1 | 100.0 | 751 |
| 40-44 | 18.0 | 48.8 | 15.4 | 3.7 | 8.0 | 6.1 | 100.0 | 633 |
| 45-49 | 13.1 | 55.4 | 17.0 | 3.1 | 5.8 | 5.7 | 100.0 | 415 |
| All ages | 54.3 | 22.7 | 16.0 | 1.1 | 4.2 | 1.8 | 100.0 | 6,755 |
| MEN |  |  |  |  |  |  |  |  |
| 15-19 | 97.5 | 0.1 | 1.9 | 0.0 | 0.6 | 0.0 | 100.0 | 694 |
| 20-24 | 83.5 | 3.0 | 9.5 | 0.0 | 4.0 | 0.0 | 100.0 | 610 |
| 25-29 | 65.9 | 11.9 | 17.3 | 0.1 | 4.8 | 0.0 | 100.0 | 448 |
| 30-34 | 43.8 | 29.5 | 22.5 | 0.4 | 3.8 | 0.1 | 100.0 | 378 |
| 35-39 | 23.5 | 50.4 | 18.4 | 0.5 | 6.4 | 0.8 | 100.0 | 247 |
| 40-44 | 11.7 | 58.1 | 23.0 | 1.5 | 5.4 | 0.3 | 100.0 | 216 |
| 45-49 | 10.8 | 58.4 | 13.7 | 7.4 | 7.7 | 2.0 | 100.0 | 174 |
| 50-59 | 8.1 | 71.7 | 13.4 | 1.3 | 3.9 | 1.5 | 100.0 | 188 |
| All ages | 59.7 | 22.6 | 12.8 | 0.7 | 3.8 | 0.3 | 100.0 | 2,954 |

Table 5.1 and Figure 5.1 show that more than half ( 54 percent) of women aged 15-49 in Namibia have never married, while 23 percent are formally married, 16 percent are living together, and 7 percent are either widowed, divorced or separated. Marriage occurs relatively late in Namibia and a high proportion of women never marry; 13 percent of those age 45-49 have not married. The proportion that are divorced, separated or widowed generally increases with age.

Figure 5.1 Marital Status of Women 15-49


Similar patterns are observed for men. Sixty percent of men aged 15-59 have never married, while 23 percent are formally married, 13 percent are living together, and 5 percent are either widowed, divorced, or living together. Men tend to marry at older ages than women, which is why the overall proportion of men who have never married is higher than for women ( 54 percent of women compared to 60 percent of men).

The proportion of women who are formally married has declined since 1992 from 27 to 23 percent. The proportion that is living together has increased slightly, as has the proportion that has never married. The proportion that are divorced, widowed, or separated has remained at 7 percent.

### 5.2 Polygyny

Polygyny (many wives) is common in Africa and has implications for frequency of sexual activity and fertility. Married women were asked whether their husbands had other wives, and if so, how many. Married men were asked whether they had only one or more than one wife or partner with whom they were living.

Table 5.2 shows that 12 percent of married women in Namibia are in polgynous unions. Eight percent say they have only one co-wife, while 4 percent say they have two or more co-wives. Married men are less likely to report having multiple wives; only 4 percent say they have two or more wives. The discrepancy is due in part to the fact that, by definition, more married women than men are in polygynous unions. It could also be due to differences in classifying girlfriends, i.e., a tendency for women to report their husbands' girlfriends as wives, while the husbands do not.

Table 5.2 Polygyny
Percent distribution of currently married women by number of co-wives and of currently married men by number of wives, according to background characteristics, Namibia 2000

| Background characteristic | WOMEN |  |  |  |  |  | MEN |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Number of co-wives |  |  |  | Total | Number | 1 | Number of wives |  |  | Number |
|  | 0 | 1 | $2+$ | Don't know/ missing |  |  |  | $2+$ | Missing | Total |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 65.2 | 13.9 | 0.0 | 20.9 | 100.0 | 74 | * | * | * | 100.0 | 14 |
| 20-24 | 69.6 | 7.7 | 4.5 | 18.2 | 100.0 | 326 | 98.7 | 1.3 | 0.0 | 100.0 | 76 |
| 25-29 | 67.1 | 7.8 | 4.0 | 21.0 | 100.0 | 458 | 98.9 | 1.1 | 0.0 | 100.0 | 131 |
| 30-34 | 69.0 | 7.1 | 5.1 | 18.9 | 100.0 | 575 | 95.4 | 4.6 | 0.0 | 100.0 | 197 |
| 35-39 | 71.0 | 7.6 | 1.9 | 19.5 | 100.0 | 470 | 95.0 | 4.4 | 0.7 | 100.0 | 170 |
| 40-44 | 69.4 | 8.1 | 7.9 | 14.6 | 100.0 | 406 | 93.2 | 6.8 | 0.0 | 100.0 | 175 |
| 45-49 | 72.7 | 10.6 | 2.5 | 14.2 | 100.0 | 301 | 97.3 | 2.7 | 0.0 | 100.0 | 125 |
| 50-59 | NA | NA | NA | NA | NA | NA | 95.7 | 4.1 | 0.2 | 100.0 | 160 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 70.9 | 6.0 | 3.5 | 19.6 | 100.0 | 1,184 | 96.3 | 3.6 | 0.1 | 100.0 | 546 |
| Rural | 68.2 | 10.0 | 4.9 | 16.9 | 100.0 | 1,426 | 95.6 | 4.2 | 0.1 | 100.0 | 501 |
| Directorate |  |  |  |  |  |  |  |  |  |  |  |
| Northwest | 58.0 | 9.3 | 4.1 | 28.6 | 100.0 | 725 | 93.7 | 6.0 | 0.3 | 100.0 | 211 |
| Northeast | 71.2 | 12.0 | 7.9 | 8.9 | 100.0 | 440 | 95.2 | 4.8 | 0.0 | 100.0 | 138 |
| Central | 75.8 | 8.2 | 2.6 | 13.4 | 100.0 | 615 | 95.6 | 4.3 | 0.1 | 100.0 | 280 |
| South | 74.0 | 5.0 | 3.6 | 17.4 | 100.0 | 830 | 97.6 | 2.3 | 0.2 | 100.0 | 418 |
| Region |  |  |  |  |  |  |  |  |  |  |  |
| Caprivi | 77.4 | 15.8 | 6.9 | 0.0 | 100.0 | 153 | (95.9) | (4.1) | (0.0) | 100.0 | 54 |
| Erongo | 82.3 | 2.7 | 1.0 | 14.0 | 100.0 | 197 | 92.6 | 7.4 | 0.0 | 100.0 | 89 |
| Hardap | 89.5 | 2.9 | 0.0 | 7.7 | 100.0 | 116 | 100.0 | 0.0 | 0.0 | 100.0 | 54 |
| Karas | 87.3 | 0.8 | 0.4 | 11.5 | 100.0 | 111 | 99.5 | 0.5 | 0.0 | 100.0 | 58 |
| Kavango | 67.9 | 10.1 | 8.5 | 13.6 | 100.0 | 287 | 94.8 | 5.2 | 0.0 | 100.0 | 84 |
| Khomas | 67.6 | 6.9 | 5.4 | 20.2 | 100.0 | 500 | 96.9 | 3.1 | 0.0 | 100.0 | 251 |
| Kunene | 68.6 | 10.3 | 7.7 | 13.4 | 100.0 | 99 | 91.4 | 8.1 | 0.6 | 100.0 | 40 |
| Ohangwena | 47.9 | 14.0 | 5.4 | 32.7 | 100.0 | 182 | (93.9) | (6.1) | (0.0) | 100.0 | 62 |
| Omaheke | 73.2 | 2.6 | 2.7 | 21.4 | 100.0 | 103 | 96.1 | 2.6 | 1.3 | 100.0 | 55 |
| Omusati | 58.9 | 10.0 | 8.2 | 22.9 | 100.0 | 140 | * | * | * | 100.0 | 41 |
| Oshana | 55.0 | 9.2 | 2.5 | 33.3 | 100.0 | 237 | 92.8 | 6.2 | 1.1 | 100.0 | 52 |
| Oshikoto | 72.4 | 3.8 | 1.6 | 22.2 | 100.0 | 167 | (98.3) | (1.7) | (0.0) | 100.0 | 56 |
| Otjozondjupa | 73.9 | 11.1 | 2.1 | 12.9 | 100.0 | 319 | 98.6 | 1.4 | 0.0 | 100.0 | 151 |
| Education |  |  |  |  |  |  |  |  |  |  |  |
| No education | 68.0 | 12.8 | 5.9 | 13.3 | 100.0 | 406 | 89.6 | 9.9 | 0.4 | 100.0 | 169 |
| Incomplete primary | 68.2 | 10.4 | 4.4 | 16.9 | 100.0 | 620 | 96.1 | 3.7 | 0.2 | 100.0 | 279 |
| Completed primary | 73.7 | 7.1 | 1.4 | 17.9 | 100.0 | 296 | 96.4 | 3.6 | 0.0 | 100.0 | 93 |
| Incompl. secondary | 68.2 | 7.6 | 4.3 | 19.9 | 100.0 | 860 | 97.5 | 2.5 | 0.1 | 100.0 | 320 |
| Compl. secondary+ | 72.3 | 2.1 | 4.3 | 21.3 | 100.0 | 428 | 98.6 | 1.4 | 0.0 | 100.0 | 186 |
| Total | 69.5 | 8.1 | 4.3 | 18.1 | 100.0 | 2,610 | 96.0 | 3.9 | 0.1 | 100.0 | 1,047 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
NA = Not applicable

There is remarkably little difference in the level of polygyny by age among women; however, there is some tendency for it to increase with age among men. Rural women are more likely to be in polygynous unions than urban women. Regional differences are marked: one in five married women in Caprivi, Ohangwena, Kavango, and Omusati Regions are in polygynous unions, compared with less than five percent of women in Erongo, Hardap and Karas Regions. Interpretation of regional differences in polygyny among men is difficult due to small sample sizes; however, it is interesting that Erongo Region has one of the highest levels among men and one of the lowest among women. The prevalence of polygynous unions decreases with increasing education for both women and men.

### 5.3 Age at First Marriage

In Namibia, marriage is highly associated with fertility since it directly affects the risk of conception. The duration of exposure to the risk of pregnancy is closely associated with the age at which women first marry or start living in a consensual union. If a woman spends most of her childbearing years in marriage, she is likely to give birth to more children. Also early marriage tends to lead to early childbearing, resulting in a shorter duration between generations and thus, higher fertility rates.

Marriage occurs remarkably late in Namibia. Only 12 percent of women age $25-49$ marry before age 18 and only 43 percent have married by age 25 (Table 5.3). The median age at first marriage is 26.2 among women age 30-49. Comparison with data from the 1992 NDHS shows an increase in age at marriage. For example, the median age at first marriage for women $30-34$ was 25 in 1992, compared to 27 in 2000.

In general, men marry at a later age than women. For example, the median age at first marriage for those now age 35-39 years is 27 for women and 29 for men.

Table 5.3 Age at first marriage
Percentage of women and men who were first married by specified exact ages and median age at first marriage, according to current age, Namibia 2000

| WOMEN |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Current age | Percentage who were first married by exact age: |  |  |  |  | Percentage who had never married | Number | Median age at first marriage |
|  | 15 | 18 | 20 | 22 | 25 |  |  |  |
| 15-19 | 1.7 | NA | NA | NA | NA | 93.9 | 1,499 | a |
| 20-24 | 2.2 | 9.8 | 16.7 | NA | NA | 72.2 | 1,339 | a |
| 25-29 | 1.9 | 9.7 | 17.7 | 25.7 | 37.9 | 53.2 | 1,104 | a |
| 30-34 | 2.7 | 11.7 | 21.3 | 32.2 | 42.0 | 35.6 | 1,013 | 27.2 |
| 35-39 | 2.6 | 11.5 | 19.8 | 28.8 | 42.6 | 23.4 | 751 | 26.7 |
| 40-44 | 4.9 | 15.8 | 25.7 | 38.0 | 50.3 | 18.0 | 633 | 24.9 |
| 45-49 | 4.3 | 11.2 | 20.9 | 34.8 | 47.3 | 13.1 | 415 | 25.5 |
| Women 25-49 | 3.0 | 11.7 | 20.7 | 30.9 | 42.9 | 33.0 | 3,917 | a |
| Women 30-49 | 3.4 | 12.5 | 21.8 | 33.0 | 44.8 | 25.0 | 2,812 | 26.2 |
| MEN |  |  |  |  |  |  |  |  |
|  | Percentage who were first married by exact age: |  |  |  |  | Percentage who had never married | Number | Median age at first marriage |
| Current age | 20 | 22 | 25 | 28 | 30 |  |  |  |
| 25-29 | 6.8 | 13.0 | 24.5 | NA | NA | 65.9 | 448 | a |
| 30-34 | 7.2 | 10.8 | 24.2 | 38.1 | 48.3 | 43.8 | 378 | a |
| 35-39 | 11.4 | 20.5 | 33.7 | 44.5 | 55.3 | 23.5 | 247 | 28.9 |
| 40-44 | 9.0 | 18.4 | 36.2 | 48.9 | 63.6 | 11.7 | 216 | 28.1 |
| 45-49 | 8.4 | 13.0 | 24.8 | 42.5 | 54.9 | 10.8 | 174 | 30.2 |
| 50-59 | 5.7 | 12.2 | 31.9 | 44.1 | 60.0 | 8.1 | 188 | 28.8 |
| Men 25-59 | 7.9 | 14.2 | 28.2 | 39.3 | 48.6 | 35.0 | 1,650 | a |
| Men 30-59 | 8.3 | 14.7 | 29.6 | 42.9 | 55.2 | 23.5 | 1,203 | 29.4 |
| NA $=$ Not applicable <br> $\mathrm{a}=$ Omitted because less than 50 percent of respondents married before reaching the beginning of the age group |  |  |  |  |  |  |  |  |

Table 5.4 shows differences in the median age at first marriage by background characteristics for women and men. Because of the late age at marriage, data for those younger than 30 have been omitted because less than half of the respondents in these younger age groups have married before entering the age group.

Urban women generally marry slightly later than rural women. Among women age 30-49, Northwest Directorate shows the highest age at first marriage, followed by South, Central and Northeast Directorates. It appears that the largest difference between age at marriage of women and men occurs in Northeast Directorate, where the median age is 20 years for women and 28 years for men. Among women, the median age at first marriage is higher among those with at least some secondary education than among those with less education; however, there is no clear pattern for men.

| Table 5.4 Median age at first marriage |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Median age at first marriage among women age 30-49 years and men age 30-59, by current age and background characteristics, Namibia 2000 |  |  |  |  |  |  |
| Background characteristic | Current age |  |  |  | Women age 30-49 | $\begin{gathered} \text { Men } \\ \text { age } \\ 30-59 \end{gathered}$ |
|  | 30-34 | 35-39 | 40-44 | 45-49 |  |  |
| Residence |  |  |  |  |  |  |
| Urban | 26.3 | 26.8 | 26.8 | 27.7 | 26.8 | 28.2 |
| Rural | 28.0 | 26.6 | 23.1 | 24.3 | 25.7 | a |
| Directorate |  |  |  |  |  |  |
| Northwest | a | 29.1 | 25.6 | 25.4 | 28.8 | a |
| Northeast | 20.8 | 20.2 | 20.2 | 17.9 | 20.1 | 27.8 |
| Central | 24.9 | 24.4 | 25.2 | 25.3 | 24.9 | 29.8 |
| South | 27.6 | 27.2 | 27.7 | 26.7 | 27.2 | 27.5 |
| Education |  |  |  |  |  |  |
| No education | 23.8 | 27.6 | 20.9 | 25.0 | 24.0 | a |
| Incomplete primary | 26.5 | 25.4 | 27.7 | 27.6 | 26.4 | a |
| Completed primary | 25.0 | 28.0 | 25.3 | 22.2 | 25.0 | 28.4 |
| Incompl. secondary | 28.4 | 27.5 | 25.4 | 24.8 | 26.9 | 29.0 |
| Compl. secondary+ | 28.2 | 26.2 | 25.3 | 26.1 | 26.9 | 27.7 |
| All women | 27.2 | 26.7 | 24.9 | 25.5 | 26.2 | NA |
| All men | a | 28.9 | 28.1 | 30.2 | NA | 29.4 |
| NA $=$ Not applicable |  |  |  |  |  |  |

### 5.4 Age at First Sexual Intercourse

While age at first marriage is often used as a proxy for first exposure to intercourse, the two events do not necessarily occur at the same time. Women and men engage in sexual relations prior to marriage, especially if they are postponing the age at which they marry. The 2000 NDHS asked women and men how old they were when they first had sexual intercourse.

Table 5.5 shows that among respondents age 20 and over, the median age at first intercourse for women is 19 years and for men, it is 18 years. Only 6 percent of women and 12 percent of men reported that they had sexual intercourse before age 15 . By age 18 , which is the legal age of marriage, more than one-third of women and half of men have had sexual intercourse. Among both women and men, there is a tendency for age at first sex to increase with current age. This could either be due to a trend towards earlier sexual initiation among younger women and men, or to misreporting of the age at first sex.

Men tend to become sexually active at younger ages than women. Comparing the median age at first sex for each age group shows a difference of about 1 year between women and men.

There has been no apparent change over the past decade in the age at first sexual intercourse for women. The median age at first sexual intercourse is 19 years in both the 1992 and 2000 NDHSs.

Table 5.5 Age at first sexual intercourse
Percentage of women and men who had first sexual intercourse by specified exact ages and median age at first intercourse, according to current age, Namibia 2000

| Current age | 15 | Percentage who had first sexual intercourse by exact age: |  |  |  | Percentage never having intercourse | Number | Median age at first intercourse |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | 18 | 20 | 22 | 25 |  |  |  |
| WOMEN |  |  |  |  |  |  |  |  |
| 15-19 | 9.8 | NA | NA | NA | NA | 51.6 | 1,499 | a |
| 20-24 | 7.7 | 46.0 | 72.1 | NA | NA | 9.3 | 1,339 | 18.2 |
| 25-29 | 5.0 | 35.2 | 61.2 | 74.4 | 83.2 | 3.8 | 1,104 | 18.8 |
| 30-34 | 5.3 | 36.5 | 61.5 | 73.3 | 80.4 | 1.9 | 1,013 | 18.9 |
| 35-39 | 5.2 | 32.8 | 53.1 | 67.4 | 75.1 | 1.8 | 751 | 19.6 |
| 40-44 | 6.7 | 29.8 | 51.2 | 65.2 | 72.2 | 1.1 | 633 | 19.9 |
| 45-49 | 6.0 | 29.0 | 46.9 | 63.5 | 70.2 | 0.0 | 415 | 20.3 |
| 20-49 | 6.1 | 36.7 | 60.5 | 73.1 | 79.5 | 3.9 | 5,256 | 18.9 |
| 25-49 | 5.5 | 33.6 | 56.6 | 70.1 | 77.8 | 2.1 | 3,917 | 19.2 |
| MEN |  |  |  |  |  |  |  |  |
| 15-19 | 31.3 | NA | NA | NA | NA | 35.4 | 694 | a |
| 20-24 | 22.7 | 68.7 | 89.3 | NA | NA | 4.4 | 610 | 16.7 |
| 25-29 | 12.3 | 52.6 | 75.6 | 85.4 | 93.2 | 1.8 | 448 | 17.8 |
| 30-34 | 9.4 | 46.3 | 63.7 | 77.4 | 82.3 | 2.4 | 378 | 18.3 |
| 35-39 | 5.8 | 40.8 | 60.5 | 75.3 | 82.8 | 1.2 | 247 | 18.7 |
| 40-44 | 7.1 | 39.4 | 58.5 | 75.6 | 82.3 | 0.0 | 216 | 18.9 |
| 45-49 | 6.7 | 32.5 | 54.3 | 69.0 | 75.2 | 0.0 | 174 | 19.6 |
| 50-59 | 2.2 | 30.5 | 48.1 | 61.6 | 72.6 | 0.1 | 188 | 20.2 |
| 20-59 | 12.1 | 49.9 | 70.1 | 81.1 | 86.7 | 2.1 | 2,260 | 18.0 |
| 25-59 | 8.2 | 43.0 | 63.0 | 76.3 | 83.5 | 1.2 | 1,650 | 18.5 |
| NA = Not applicable <br> $\mathrm{a}=$ Omitted because less than 50 percent of respondents had intercourse before age 15. |  |  |  |  |  |  |  |  |

Differentials in age at first sex by background characteristics are shown in Table 5.6. Urban women and men have their first sexual experience at slightly younger ages than their rural counterparts. Among women, the median age at first sex is the lowest in Northeast Directorate, while for men it is lowest in Central Directorate. There is no clear pattern in age at first sex according to education level.

Table 5.6 Median age at first sexual intercourse
Median age at first sexual intercourse among women age 20-49 years and men 20-59, by current age (women) according to selected background characteristics, Namibia 2000


| Residence |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Urban | 18.3 | 18.9 | 18.8 | 19.2 | 19.4 | 20.0 | 18.8 | 19.1 | 17.9 | 18.4 |
| Rural | 18.2 | 18.8 | 19.0 | 20.1 | 20.3 | 20.5 | 18.9 | 19.5 | 18.1 | 18.7 |
| Directorate |  |  |  |  |  |  |  |  |  |  |
| Northwest | 18.8 | 20.1 | 20.2 | 22.4 | 21.4 | 22.1 | a | 20.8 | 18.0 | 18.8 |
| Northeast | 16.8 | 17.2 | 17.5 | 18.2 | 18.6 | (17.8) | 17.5 | 17.9 | 18.5 | 20.0 |
| Central | 17.7 | 18.0 | 18.6 | 18.5 | 18.9 | 18.7 | 18.3 | 18.5 | 17.5 | 17.9 |
| South | 18.3 | 18.9 | 18.8 | 19.1 | 19.0 | 19.8 | 18.8 | 19.0 | 18.3 | 18.7 |
| Region |  |  |  |  |  |  |  |  |  |  |
| Caprivi | 16.9 | 17.4 | (16.7) | (18.1) | (18.2) | ${ }^{*}$ | 17.4 | 17.7 | a | a |
| Erongo | 18.8 | 18.5 | 18.5 | 18.9 | 19.7 | 19.6 | 18.8 | 18.8 | 17.3 | 17.6 |
| Hardap | 18.6 | 18.8 | 19.7 | 19.6 | 19.9 | (19.3) | 19.2 | 19.5 | 18.7 | 19.3 |
| Karas | 19.1 | 18.7 | 19.0 | 19.4 | 19.3 | (19.8) | 19.1 | 19.2 | 18.7 | 18.9 |
| Kavango | 16.8 | 16.7 | 17.8 | 18.3 | (18.9) | * | 17.6 | 18.1 | 16.7 | 17.4 |
| Khomas | 18.1 | 19.0 | 18.6 | 19.1 | 18.7 | (20.3) | 18.7 | 18.9 | 18.0 | 18.6 |
| Kunene | 16.7 | 18.4 | 17.7 | 17.3 | 17.9 | 17.4 | 17.4 | 17.8 | 17.2 | 17.6 |
| Ohangwena | 18.7 | 18.8 | 20.1 | (22.1) | 20.6 | (20.3) | 19.8 | 20.2 | 18.0 | 18.2 |
| Omaheke | 17.5 | 18.2 | 18.3 | 17.8 | 18.0 | (16.9) | 17.9 | 18.0 | 18.7 | 19.0 |
| Omusati | 18.6 | 20.8 | (20.7) | (26.2) | (23.5) | (24.3) | a | 22.6 | 18.2 | 19.1 |
| Oshana | 18.8 | 20.9 | 22.0 | 22.6 | (21.8) | (21.7) | a | 21.8 | 18.1 | 19.1 |
| Oshikoto | 19.0 | 19.0 | 18.6 | 21.0 | (23.0) | * | 19.7 | 20.0 | 17.7 | 18.8 |
| Otjozondjupa | 17.6 | 17.0 | 19.1 | 18.6 | 18.3 | (18.7) | 18.1 | 18.3 | 17.8 | 18.1 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 17.5 | 18.1 | 17.9 | 18.4 | 19.9 | 20.5 | 18.6 | 18.7 | 18.3 | 18.6 |
| Incomplete primary | 17.2 | 17.9 | 18.1 | 18.7 | 19.5 | 19.6 | 18.3 | 18.5 | 18.5 | 19.0 |
| Completed primary | 16.9 | 18.6 | 18.1 | 19.2 | 18.7 | 19.1 | 18.4 | 18.7 | 18.0 | 18.3 |
| Incompl. secondary | 18.3 | 18.9 | 19.0 | 19.7 | 20.0 | 20.5 | 18.9 | 19.4 | 17.6 | 18.4 |
| Compl. secondary+ | 18.9 | 20.5 | 20.8 | 21.2 | 21.9 | (22.1) | a | 20.9 | 18.0 | 18.4 |
| All women | 18.2 | 18.8 | 18.9 | 19.6 | 19.9 | 20.3 | 18.9 | 19.2 | NA | NA |
| All men | 16.7 | 17.8 | 18.3 | 18.7 | 18.9 | 19.6 | NA | NA | 18.0 | 18.5 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
NA = Not applicable
$\mathrm{a}=$ Omitted when less than 50 percent of respondents have had intercourse for the first time by age 20

### 5.5 Recent Sexual Activity

In the absence of contraception, the probability of pregnancy is related to the frequency of intercourse. Thus, information on sexual activity can be used to refine measures of exposure to pregnancy. Survey results are shown in Table 5.7.1 for women and Table 5.7.2 for men.

| Table 5.7.1 Recent sexual activity: women |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women by timing of last sexual intercourse and among those not sexually active, the duration of abstinence and whether postpartum or not postpartum abstaining, according to background characteristics, Namibia 2000 |  |  |  |  |  |  |  |  |  |
| method | Sexually active in last 4 weeks | Not sexually active in last four weeks |  |  |  | Missing | Never had sexual intercourse | Total | Number |
|  |  | Postpartum abstaining |  | Not postpartum abstaining |  |  |  |  |  |
|  |  | 0-1 years | $2+$ years | 0-1 years | $2+$ years |  |  |  |  |
| Current age |  |  |  |  |  |  |  |  |  |
| 15-19 | 14.3 | 7.2 | 1.0 | 23.4 | 1.9 | 0.6 | 51.6 | 100.0 | 1,499 |
| 20-24 | 32.2 | 15.8 | 5.0 | 30.7 | 4.1 | 2.9 | 9.3 | 100.0 | 1,339 |
| 25-29 | 41.2 | 15.2 | 4.8 | 28.3 | 4.8 | 1.8 | 3.8 | 100.0 | 1,104 |
| 30-34 | 47.8 | 14.0 | 4.6 | 24.8 | 4.9 | 1.9 | 1.9 | 100.0 | 1,013 |
| 35-39 | 51.6 | 9.2 | 4.9 | 22.0 | 6.8 | 3.5 | 1.8 | 100.0 | 751 |
| 40-44 | 48.6 | 7.0 | 3.6 | 23.9 | 12.9 | 2.9 | 1.1 | 100.0 | 633 |
| 45-49 | 47.4 | 2.2 | 2.2 | 31.2 | 14.2 | 2.7 | 0.0 | 100.0 | 415 |
| Years since first marriage |  |  |  |  |  |  |  |  |  |
| Never married | 18.2 | 12.2 | 4.4 | 30.2 | 6.4 | 1.9 | 26.7 | 100.0 | 3,667 |
| 0-4 | 61.6 | 13.2 | 2.6 | 19.8 | 0.7 | 2.1 | 0.0 | 100.0 | 833 |
| 5-9 | 59.3 | 11.8 | 3.8 | 19.8 | 2.9 | 2.4 | 0.0 | 100.0 | 672 |
| 10-14 | 60.3 | 9.7 | 2.3 | 20.2 | 5.2 | 2.2 | 0.0 | 100.0 | 586 |
| 15-19 | 57.8 | 5.9 | 2.8 | 24.1 | 6.5 | 2.9 | 0.0 | 100.0 | 423 |
| 20-24 | 51.1 | 7.6 | 3.8 | 27.0 | 8.1 | 2.4 | 0.0 | 100.0 | 334 |
| 25+ | 53.3 | 4.1 | 2.2 | 23.9 | 13.1 | 3.3 | 0.0 | 100.0 | 240 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 45.4 | 7.5 | 3.3 | 25.0 | 6.0 | 2.3 | 10.5 | 100.0 | 2,786 |
| Rural | 30.6 | 13.7 | 4.0 | 27.1 | 5.3 | 2.0 | 17.3 | 100.0 | 3,969 |
| Directorate |  |  |  |  |  |  |  |  |  |
| Northwest | 19.9 | 13.4 | 4.9 | 30.5 | 5.6 | 2.4 | 23.5 | 100.0 | 2,792 |
| Northeast | 45.1 | 12.1 | 3.2 | 23.6 | 6.8 | 1.8 | 7.5 | 100.0 | 842 |
| Central | 51.9 | 9.2 | 1.8 | 22.5 | 4.9 | 2.4 | 7.2 | 100.0 | 1,231 |
| South | 47.8 | 8.7 | 3.5 | 23.6 | 5.6 | 1.7 | 9.2 | 100.0 | 1,890 |
| Region |  |  |  |  |  |  |  |  |  |
| Caprivi | 48.3 | 15.9 | 1.7 | 18.8 | 6.9 | 1.2 | 7.2 | 100.0 | 322 |
| Erongo | 51.7 | 6.9 | 2.3 | 17.9 | 6.2 | 4.9 | 10.1 | 100.0 | 399 |
| Hardap | 35.4 | 9.6 | 4.0 | 28.8 | 7.2 | 2.2 | 12.8 | 100.0 | 292 |
| Karas | 43.8 | 8.6 | 2.9 | 21.6 | 5.0 | 3.0 | 15.2 | 100.0 | 261 |
| Kavango | 43.0 | 9.7 | 4.1 | 26.6 | 6.7 | 2.1 | 7.7 | 100.0 | 520 |
| Khomas | 50.6 | 8.2 | 3.7 | 23.4 | 5.6 | 1.4 | 7.0 | 100.0 | 1,152 |
| Kunene | 49.1 | 12.6 | 2.8 | 24.9 | 4.2 | 2.0 | 4.4 | 100.0 | 205 |
| Ohangwena | 20.0 | 15.3 | 3.1 | 34.9 | 4.1 | 2.8 | 19.9 | 100.0 | 684 |
| Omaheke | 55.7 | 10.1 | 1.9 | 19.4 | 3.4 | 1.0 | 8.6 | 100.0 | 185 |
| Omusati | 12.9 | 16.5 | 9.1 | 28.3 | 5.3 | 1.7 | 26.1 | 100.0 | 714 |
| Oshana | 23.2 | 8.6 | 4.4 | 28.9 | 5.6 | 1.7 | 27.6 | 100.0 | 789 |
| Oshikoto | 23.5 | 13.8 | 2.6 | 29.9 | 7.7 | 3.4 | 19.0 | 100.0 | 604 |
| Otjozondjupa | 53.0 | 9.6 | 1.1 | 24.7 | 4.3 | 1.0 | 6.3 | 100.0 | 627 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 46.6 | 11.5 | 5.2 | 25.1 | 4.8 | 2.4 | 4.4 | 100.0 | 641 |
| Incomplete primary | 35.9 | 12.3 | 4.3 | 25.1 | 6.4 | 2.7 | 13.3 | 100.0 | 1,409 |
| Completed primary | 35.8 | 8.6 | 3.3 | 25.1 | 4.1 | 2.0 | 21.0 | 100.0 | 827 |
| Incompl. secondary | 32.6 | 11.9 | 3.4 | 27.2 | 5.7 | 1.7 | 17.5 | 100.0 | 2,907 |
| Compl. secondary+ | 44.1 | 9.0 | 3.2 | 26.7 | 6.0 | 2.5 | 8.5 | 100.0 | 971 |
| Current contraceptive method |  |  |  |  |  |  |  |  |  |
| No method | 28.1 | 13.3 | 3.6 | 23.0 | 6.7 | 2.3 | 23.0 | 100.0 | 4,204 |
| Pill | 58.8 | 11.3 | 3.9 | 22.0 | 2.4 | 1.3 | 0.3 | 100.0 | 386 |
| IUD | (63.3) | (2.1) | (0.4) | (24.1) | (8.6) | (1.5) | (0.0) | 100.0 | 49 |
| Sterilisation | 65.5 | 2.9 | 1.9 | 18.1 | 8.2 | 3.4 | 0.0 | 100.0 | 311 |
| Other | 46.2 | 7.7 | 4.3 | 36.3 | 3.1 | 1.7 | 0.7 | 100.0 | 1,797 |
| Total | 36.7 | 11.1 | 3.7 | 26.2 | 5.6 | 2.1 | 14.5 | 100.0 | 6,755 |

In the four weeks before the survey, only 37 percent of women age 15-49 years were sexually active, while 15 percent were abstaining after giving birth and 32 percent were abstaining for other reasons. The proportion of women who are sexually active increases with age from a low of 14 percent at age group 15-19 to a high of 52 percent at age group 35-39 years and then declines somewhat. Teenagers and women who have never been in a marital union are much less likely to be sexually active than older women and women who are or have been in a union. Differences in sexual activity among ever-married women by years since marriage are minimal.

Women in urban areas are more likely to be sexually active ( 45 percent) than those in rural areas (31 percent). The proportion of women who are sexually active is highest in Omaheke Region (56 percent). Less than one-quarter of the women in Omusati, Ohangwena, Oshana and Oshikoto Regions had sexual intercourse in the month preceding the survey. This is partly due to the high percentages of women in these regions who reported never having had sex. As expected, women who are using a contraceptive method-especially those using long-term methods like the IUD and sterilisation-are more likely to be sexually active than women who are not using any method. Obviously, women who are sexually active are more likely to use, but it is also true that those who are using contraception probably feel freer to engage in sex since they are at lower risk of pregnancy.

Table 5.7.2 Recent sexual activity: men
Percent distribution of men by timing of last sexual intercourse according to background characteristics, Namibia 2000

| Background characteristic |  | Not sexually active in last 4 weeks | Never had intercourse | Total | Number |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |
| 15-19 | 19.3 | 45.3 | 35.4 | 100.0 | 694 |
| 20-24 | 38.9 | 56.7 | 4.4 | 100.0 | 610 |
| 25-29 | 51.5 | 46.7 | 1.8 | 100.0 | 448 |
| 30-34 | 60.2 | 37.4 | 2.4 | 100.0 | 378 |
| 35-39 | 71.5 | 27.3 | 1.2 | 100.0 | 247 |
| 40-44 | 66.8 | 33.2 | 0.0 | 100.0 | 216 |
| 45-49 | 54.0 | 46.0 | 0.0 | 100.0 | 174 |
| 50-59 | 62.7 | 37.1 | 0.1 | 100.0 | 188 |

## Marriage duration

 (years)Never married
$0-4$
$5-9$
$10-14$
$15-19$
$20-24$
$25+$

| 30.5 | 52.9 | 16.6 | 100.0 | 1,764 |
| ---: | ---: | ---: | ---: | ---: |
| 68.2 | 31.8 | 0.0 | 100.0 | 324 |
| 74.5 | 25.5 | 0.0 | 100.0 | 247 |
| 66.5 | 33.5 | 0.0 | 100.0 | 186 |
| 69.1 | 30.9 | 0.0 | 100.0 | 171 |
| 66.9 | 33.1 | 0.0 | 100.0 | 131 |
| 68.9 | 31.1 | 0.0 | 100.0 | 132 |
|  |  |  |  |  |
| 51.1 | 41.7 | 7.2 | 100.0 | 1,312 |
| 42.2 | 45.8 | 12.1 | 100.0 | 1,642 |
|  |  |  |  |  |
| 32.6 | 53.9 | 13.5 | 100.0 | 1,047 |
| 57.9 | 30.7 | 11.4 | 100.0 | 313 |
| 56.9 | 35.8 | 7.3 | 100.0 | 615 |
| 50.0 | 42.8 | 7.2 | 100.0 | 980 |
|  |  |  |  |  |
| 53.4 | 32.4 | 14.2 | 100.0 | 114 |
| 65.6 | 26.1 | 8.4 | 100.0 | 195 |
| 49.6 | 34.2 | 16.1 | 100.0 | 128 |
| 58.2 | 31.8 | 10.1 | 100.0 | 123 |
| 60.4 | 29.8 | 9.8 | 100.0 | 198 |
| 47.5 | 48.0 | 4.5 | 100.0 | 624 |
| 58.4 | 36.4 | 5.2 | 100.0 | 103 |
| 30.9 | 55.7 | 13.4 | 100.0 | 275 |
| 55.9 | 35.0 | 9.1 | 100.0 | 104 |
| 24.4 | 63.5 | 12.1 | 100.0 | 271 |
| 38.5 | 47.7 | 13.8 | 100.0 | 251 |
| 37.4 | 47.6 | 15.0 | 100.0 | 249 |
| 51.2 | 41.5 | 7.3 | 100.0 | 317 |
|  |  |  |  |  |
| 46.3 | 46.4 | 7.3 | 100.0 | 379 |
| 41.9 | 42.7 | 15.4 | 100.0 | 744 |
| 47.6 | 37.7 | 14.6 | 100.0 | 283 |
| 44.6 | 46.3 | 9.1 | 100.0 | 1,115 |
| 56.2 | 42.0 | 1.8 | 100.0 | 434 |
| 46.1 | 44.0 | 9.9 | 100.0 | 2,954 |
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Almost half (46 percent) of the men interviewed were sexually active in the four weeks before the survey, while 10 percent had never had sex. As with women, sexual activity increases with age among men, with the highest level among men age 35-39 years. Ever-married men are much more likely to be sexually active than those never in union. Men in urban areas are more sexually active then men in rural areas ( 51 and 42 percent, respectively). Sexual activity is highest in Erongo Region ( 66 percent), followed by Kavango ( 60 percent) and Kunene and Karas Regions ( 58 percent each). The lowest rates of sexual activity are seen in the four regions of the north, Omusati, Oshana, Ohangwena and Oshikoto.

### 5.6 Postpartum Amenorrhoea, Abstinence and Insusceptibility

Postpartum protection from conception can be prolonged by breastfeeding, which can lengthen the duration of amenorhoea. Delaying the resumption of sexual relations can also prolong protection.

As shown in Table 5.8, a majority of women are amenorrhoeic for at least 8-9 months after delivering, with a median of 10 months. The median duration of postpartum abstinence is 8 months. Examining these two factors together shows that the median duration of postpartum insusceptibility to pregnancy is 18 months. By $8-9$ months after birth, 62 percent of women remain amenorrhoeic and 75 percent are insusceptible to pregnancy, but only 49 percent are abstaining from sexual relations.

Table 5.8 Postpartum amenorrhoea, abstinence, and insusceptibility
Percentage of births in the three years preceding the survey for which mothers are postpartum amenorrhoeic, abstaining, and insusceptible, by number of months since birth, and median durations, Namibia 2000

|  | Percentage of births <br> for which the mother is: |  |  | Months <br> since birth |
| :--- | :---: | :---: | :---: | :---: |
| Amenor- <br> rhoeic | Abstaining | Insus- <br> ceptible | Number <br> of <br> births |  |
| $<2$ | 77.7 | 91.2 | 99.1 | 133 |
| $2-3$ | 65.6 | 77.2 | 88.4 | 153 |
| $4-5$ | 58.4 | 76.2 | 85.5 | 145 |
| $6-7$ | 62.0 | 46.3 | 73.9 | 125 |
| $8-9$ | 62.2 | 49.2 | 75.1 | 141 |
| $10-11$ | 42.4 | 45.1 | 62.4 | 135 |
| $12-13$ | 36.8 | 49.6 | 64.8 | 168 |
| $14-15$ | 38.0 | 46.7 | 63.6 | 155 |
| $16-17$ | 25.8 | 38.5 | 51.1 | 118 |
| $18-19$ | 24.0 | 41.9 | 53.0 | 157 |
| $20-21$ | 18.2 | 33.5 | 43.1 | 136 |
| $22-23$ | 16.5 | 31.0 | 36.4 | 108 |
| $24-25$ | 12.0 | 24.9 | 32.7 | 127 |
| $26-27$ | 11.3 | 38.0 | 41.6 | 150 |
| $28-29$ | 19.3 | 9.6 | 25.6 | 123 |
| $30-31$ | 75.6 | 22.9 | 9.9 | 115 |
| $32-33$ | 7.3 | 19.0 | 29.8 | 127 |
| $34-35$ | 33.7 | 43.6 | 23.4 | 110 |
| Total | 9.7 | 7.9 | 54.9 | 2,426 |
| Median | 12.1 | 15.5 | 18.3 | - |
| Mean |  |  | 19.4 | - |

Note: Estimates are based on current status.

There is a clear trend over the past decade towards longer durations of amenorrhoea, abstinence, and insusceptibility. The median and mean durations for all three variables have increased by $2-5$ months since 1992. For example, the median duration of amenorrhoea increased from 8 to 10 months, while the median duration of postpartum abstinence increased from 6 to 8 months.

Table 5.9 shows the median durations of postpartum amenorrhoea, abstinence and insusceptibility by background characteristics. The duration of amenorrhoea is considerably longer among women age 30 years and older than among younger women, and it is longer for rural than for urban women.

Table 5.9 Median duration of postpartum insusceptibility by background characteristics

Median number of months of postpartum amenorrhoea, postpartum abstinence, and postpartum insusceptibility, by background characteristics, Namibia 2000

|  | Median duration of postpartum: |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
| Background <br> characteristic | Amenor- <br> rhoea | Absti- <br> nence | Insuscep- <br> tibility | Number <br> of <br> births |
| Age |  |  |  |  |
| $<30$ | 8.1 | 8.2 | 17.7 | 1,405 |
| $30+$ | 14.6 | 7.2 | 19.2 | 1,021 |
|  |  |  |  |  |
| Residence | 5.1 | 7.4 | 20.0 | 824 |
| $\quad$ Urban | 11.1 | 8.3 | 17.8 | 1,602 |
| Rural |  |  |  |  |
|  |  |  |  |  |
| Directorate | 11.1 | 13.3 | 20.2 | 1,007 |
| $\quad$ Northwest | 12.4 | 6.8 | 15.2 | 332 |
| Northeast | 4.2 | 6.2 | 13.5 | 438 |
| Central | 5.6 | 8.1 | 20.3 | 650 |
| South |  |  |  |  |
|  |  |  |  |  |
| Education | 11.4 | 5.6 | 16.2 | 332 |
| $\quad$ No education | 11.1 | 6.7 | 18.8 | 620 |
| Incomplete primary | 10.8 | 7.7 | 16.7 | 251 |
| Completed primary | 9.6 | 16.7 | 21.1 | 932 |
| Incompl. secondary | 6.8 | 5.8 | 16.4 | 291 |
| Compl. secondary+ |  |  |  |  |
| Total | 9.7 | 7.9 | 18.3 | 2,426 |
| Note: Medians are based on current status. |  |  |  |  |

### 5.7 Termination of Exposure to Pregnancy

Another factor influencing the risk of pregnancy among women is menopause. In the context of the available survey data, women are considered menopausal if they are neither pregnant nor postpartum amenorrhoeic, but have not had a menstrual period in the six months preceding the survey (Table 5.10). As expected, the proportion of women who are menopausal increases with age from 5 percent for women age 30-34 years to 47 percent for women 48-49 years.

## Table 5.10 Menopause

Percentage of all women age 30-49 who are menopausal, Namibia 2000

| Age | Percentage <br> meno- <br> pausal | Number <br> of <br> women |
| :--- | :---: | :---: |
| $30-34$ | 5.3 | 1,013 |
| $35-39$ | 6.2 | 751 |
| $40-41$ | 5.3 | 282 |
| $42-43$ | 16.3 | 256 |
| $44-45$ | 19.0 | 188 |
| $46-47$ | 26.1 | 178 |
| $48-49$ | 46.9 | 145 |
| $30-49$ | 10.9 | 2,812 |

${ }^{1}$ Percentage of all women who are not pregnant and not postpartum amenorrhoeic whose last menstrual period occurred six or more months preceding the survey (excludes other women who report that they are menopausal).

This chapter focuses on three indicators of need for contraception: whether or not the respondent wants another child, the preferred interval between children, and the number of children considered to be ideal. Analysis and interpretation of these issues reveal important implications for the planning and implementation of family planning programmes. The underlying rationale of most family planning programmes is to give couples the freedom and ability to bear the number of children they want and to achieve the spacing of births they want. The data make possible quantification of fertility preferences and, in combination with information on contraceptive use, allow for an estimation of demand for family planning. Questions regarding fertility preferences were asked of all women and men. Because less than 40 percent of all women age 15-49 in Namibia are married, most tables present data for all women and men. However, changes from the 1992 NDHS for currently married women are also discussed, when considered relevant.

### 6.1 Desire for More Children

Women and men were asked: "Would you liked to have (a/another) child, or would you prefer not to have any (more) children?" If they wanted to have another child they were asked: "How long would you like to wait from now before the birth of (a/another) child? Pregnant women were questioned about their desire to have another child after the one they were expecting and how long they wanted to wait after the birth of the child they were expecting.

Table 6.1 shows the percent distribution of all women and men by their fertility preferences. Although 45 percent of women say that they want more children, half of them ( 22 percent) say they want to wait for two or more years before having their next child (Figure 6.1). Almost half of all women either do not want any (more) children at all ( 43 percent) or have already been sterilised ( 5 percent). Among men, these two proportions are lower-only 25 percent want no more children and only 2 percent have been sterilised.

As expected, the proportion of women who want no more children or are already sterilised increases with the number of living children, from 17 percent of childless women to three-quarters of those with four or more children (Figure 6.2). A similar pattern is also observed for men, except that consistently lower percentages of men want to limit childbearing. Conversely, the proportions of women and men who want another child after two or more years decrease as the number of living children rises. The desire to have a child soon shows no clear patterns but percentages are consistently higher for men than for women.

Since the 1992 NDHS only posed these questions to currently married women, comparisons must be made on this basis. The data show that there has been a dramatic increase in the percentage of currently married women who do not want any more children. There is a sharp decline in the percentage of women who want a child soon and also in proportion of women who want to wait for at least two years to have another child. The percentage of currently married women who want no more children increased from 34 to 58, an increase of over 70 percent (data not shown).

Table 6.1 Fertility preferences by number of living children
Percent distribution of all women and men by desire for more children, according to number of living children, Namibia 2000

| Desire for children | Number of living children ${ }^{1}$ |  |  |  |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0 | 1 | 2 | 3 | 4 | 5 | $6+$ |  |
| WOMEN |  |  |  |  |  |  |  |  |
| Have another soon ${ }^{2}$ | 10.2 | 13.1 | 11.7 | 10.2 | 7.6 | 9.9 | 6.4 | 10.5 |
| Have another later ${ }^{3}$ | 33.6 | 28.0 | 16.2 | 16.3 | 9.6 | 10.7 | 7.5 | 22.4 |
| Have another, undecided when | 28.5 | 8.5 | 5.0 | 2.7 | 1.0 | 1.7 | 1.1 | 11.8 |
| Undecided | 8.3 | 5.8 | 3.9 | 3.7 | 3.2 | 3.7 | 4.7 | 5.6 |
| Want no more | 17.0 | 41.7 | 55.8 | 53.6 | 66.1 | 64.4 | 64.8 | 42.9 |
| Sterilised ${ }^{4}$ | 0.3 | 0.3 | 5.6 | 11.5 | 9.7 | 8.7 | 12.0 | 4.6 |
| Declared infecund | 1.9 | 2.0 | 1.4 | 1.1 | 2.7 | 1.0 | 2.6 | 1.8 |
| Missing | 0.2 | 0.6 | 0.4 | 0.8 | 0.1 | 0.1 | 0.9 | 0.4 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of women | 2,045 | 1,404 | 1,059 | 785 | 538 | 335 | 589 | 6,755 |
| MEN |  |  |  |  |  |  |  |  |
| Have another soon ${ }^{2}$ | 14.7 | 19.3 | 21.4 | 15.7 | 15.0 | 17.1 | 21.2 | 16.8 |
| Have another later ${ }^{3}$ | 33.5 | 21.2 | 14.6 | 17.1 | 12.0 | 9.2 | 8.2 | 24.2 |
| Have another, undecided when | 27.5 | 23.4 | 15.1 | 13.0 | 13.1 | 8.2 | 12.2 | 21.7 |
| Undecided | 11.9 | 6.8 | 7.8 | 6.5 | 7.2 | 9.8 | 9.1 | 9.9 |
| Want no more | 12.2 | 28.1 | 35.9 | 37.5 | 47.1 | 48.9 | 46.7 | 25.1 |
| Sterilised ${ }^{4}$ | 0.1 | 1.1 | 4.9 | 10.2 | 5.6 | 6.8 | 2.7 | 2.2 |
| Missing | 0.1 | 0.0 | 0.2 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of men | 1,510 | 377 | 311 | 175 | 162 | 119 | 298 | 2,954 |

Note: Total includes 2 men with information as to number of children not stated.
${ }^{1}$ Includes current pregnancy
${ }^{2}$ Wants next birth within two years
${ }^{3}$ Wants to delay next birth for two or more years
${ }^{4}$ Includes both male and female sterilisation

Figure 6.1 Fertility Preferences of Women Age 15-49


Figure 6.2 Desire to Limit Childbearing Among Women 15-49 and Men 15-59, by Number of Living Children


Note: Includes those who want no more children and those who are sterilised.
NDHS 2000

Table 6.2 presents the fertility preferences of all women and men by age. The desire to have another child soon is lower among the younger (under age 25) and older women and men (age 45 or above) and relatively constant among those in the middle age range. The proportion of women who want no more children (including those who are sterilised) increases with increasing age, from 26 percent of women age 15-19 to 79 percent of women age 45-49. For men, the proportion increases from 13 percent for men age 15-19 to 68 percent for men age 50-59.

| Table 6.2 Fertility preferences by age |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of all women by desire for more children, according to age, Namibia 2000 |  |  |  |  |  |  |  |  |  |
| Desire for children | Current age |  |  |  |  |  |  |  | Total |
|  | 15-19 | 20-24 | 25-29 | 30-34 | 35-39 | 40-44 | 45-49 | 50-59 |  |
| WOMEN |  |  |  |  |  |  |  |  |  |
| Have another soon | 3.6 | 10.1 | 14.1 | 14.7 | 12.1 | 14.2 | 7.9 | NA | 10.5 |
| Have another later | 33.4 | 33.2 | 23.8 | 18.7 | 10.0 | 4.9 | 2.2 | NA | 22.4 |
| Have another/undecided when | 26.7 | 12.7 | 10.7 | 5.8 | 3.8 | 2.4 | 0.8 | NA | 11.8 |
| Undecided | 8.6 | 5.0 | 5.6 | 4.2 | 5.1 | 2.8 | 5.4 | NA | 5.6 |
| Want no more | 25.5 | 37.5 | 43.1 | 50.0 | 56.3 | 58.2 | 58.0 | NA | 42.9 |
| Sterilised | 0.1 | 0.3 | 1.2 | 4.3 | 9.9 | 13.9 | 20.8 | NA | 4.6 |
| Declared infecund | 1.9 | 0.8 | 0.8 | 1.9 | 2.0 | 3.5 | 4.8 | NA | 1.8 |
| Missing | 0.2 | 0.4 | 0.7 | 0.4 | 0.8 | 0.2 | 0.0 | NA | 0.4 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | NA | 100.0 |
| Number | 1,499 | 1,339 | 1,104 | 1,013 | 751 | 633 | 415 | NA | 6,755 |
| MEN |  |  |  |  |  |  |  |  |  |
| Have another soon | 5.8 | 16.7 | 21.4 | 25.4 | 23.6 | 24.5 | 13.2 | 15.5 | 16.8 |
| Have another later | 43.2 | 29.1 | 19.2 | 17.3 | 16.6 | 11.5 | 7.9 | 4.3 | 24.2 |
| Have another/undecided when | 26.5 | 25.9 | 23.7 | 23.6 | 14.3 | 10.4 | 22.2 | 4.3 | 21.7 |
| Undecided | 11.7 | 11.6 | 11.3 | 6.2 | 8.3 | 7.1 | 8.3 | 7.9 | 9.9 |
| Want no more | 12.7 | 16.4 | 23.9 | 26.1 | 32.3 | 38.0 | 42.8 | 58.7 | 25.1 |
|  | 0.0 | 0.0 | 0.5 | 1.4 | 4.9 | 8.5 | 5.6 | 9.3 | 2.2 |
| Missing | 0.2 | 0.2 | 0.0 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 |
| Total Number | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
|  | 694 | 610 | 448 | 378 | 247 | 216 | 174 | 188 | 2,954 |
| NA = Not applicable <br> ${ }^{1}$ Wants next birth within two years <br> ${ }^{2}$ Wants to delay next birth for two or more years <br> ${ }^{3}$ Includes both male and female sterilisation |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |
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Comparison of data between the two NDHSs shows a huge shift in fertility preferences. For example, the proportion of married women age 20-24 who want no more children doubled from 20 percent in 1992 to 42 percent in 2000 (data not shown). Similar changes in fertility preferences also took place in all other age groups.

It is clear from these observations that the family size norms are declining in Namibia and there is an increased desire to control fertility, especially among the younger age groups and those without children or with only one or two children. The challenge will be to ensure the availability of high-quality, cost-effective family planning education and services so as to enable women to achieve their fertility preferences.

The desire to stop childbearing varies greatly by background characteristics. Table 6.3 shows the percentage of all women and men who want no more children; according to the number of living children they already have and selected background characteristics.

The desire to have no more children is greater among urban women than rural women, but the differences are small for women with no children or only one child. The urban-rural differential is much greater for men than for women. Compared to the 1992 NDHS, there has been a particularly sharp
increase in the percentage of currently married women in rural areas who do not want to have any more children, from 26 percent to 54 percent (data not shown).

Table 6.3 shows that women and men from the Northwest and Northeast Directorates are less likely to want to cease childbearing than respondents from the Central and South Directorates. Differentials by directorate are much wider for men than for women. Nevertheless, these differences by directorate have been narrowing over time. Comparisons with the 1992 NDHS show that the largest increases in the proportion of married women who want no more children occurred in the Northeast (from 16 to 50 percent) and the Northwest (from 19 to 51 percent).

Table 6.3 Desire to limit childbearing by background characteristics
Percentage of all women and men who want no more children by number of living children and background characteristics, Namibia 2000

| Background characteristic | Number of living children ${ }^{1}$ |  |  |  |  | Total women | Total men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0 | 1 | 2 | 3 | 4+ |  |  |
| Residence |  |  |  |  |  |  |  |
| Urban | 17.9 | 43.6 | 66.0 | 77.0 | 85.9 | 52.5 | 36.0 |
| Rural | 16.9 | 40.6 | 56.7 | 54.3 | 70.6 | 44.0 | 20.3 |
| Directorate |  |  |  |  |  |  |  |
| Northwest | 14.0 | 39.6 | 54.8 | 57.2 | 66.9 | 38.9 | 13.3 |
| Northeast | 16.3 | 44.1 | 52.1 | 46.5 | 72.2 | 44.5 | 15.2 |
| Central | 22.5 | 39.6 | 69.1 | 68.9 | 81.6 | 55.9 | 32.3 |
| South | 22.4 | 45.7 | 65.4 | 77.0 | 85.6 | 56.2 | 42.9 |
| Region |  |  |  |  |  |  |  |
| Caprivi | 4.6 | 25.6 | (36.0) | (34.5) | 60.8 | 30.4 | 6.8 |
| Erongo | 23.4 | 44.2 | 75.7 | 82.3 | 91.7 | 60.3 | 27.8 |
| Hardap | 33.3 | 60.9 | 75.0 | 91.3 | 94.8 | 67.2 | 48.1 |
| Karas | 25.5 | 46.8 | 71.6 | 81.8 | 89.2 | 58.6 | 50.4 |
| Kavango | 22.7 | 57.7 | 64.2 | 54.8 | 78.0 | 53.2 | 20.1 |
| Khomas | 16.5 | 42.4 | 61.6 | 73.0 | 81.2 | 51.3 | 39.9 |
| Kunene | 26.0 | 46.2 | 62.3 | 53.1 | 69.6 | 53.3 | 31.5 |
| Ohangwena | 7.7 | 31.7 | 42.1 | (32.0) | 56.4 | 31.9 | 8.7 |
| Omaheke | 36.5 | 49.0 | 68.5 | 73.6 | 87.3 | 66.0 | 45.6 |
| Omusati | 11.9 | 44.2 | 55.5 | (53.4) | 68.1 | 36.6 | 11.1 |
| Oshana | 17.2 | 37.0 | 55.4 | 67.0 | 67.9 | 38.6 | 14.0 |
| Oshikoto | 18.9 | 43.7 | 63.6 | 77.8 | 83.3 | 49.7 | 20.1 |
| Otjozondjupa | 20.9 | 33.9 | 65.7 | 66.1 | 82.0 | 53.9 | 35.3 |
| Education |  |  |  |  |  |  |  |
| No education | 23.3 | 42.3 | 55.0 | 53.3 | 69.5 | 56.8 | 31.7 |
| Incomplete primary | 19.0 | 47.0 | 49.6 | 51.7 | 69.8 | 49.9 | 21.1 |
| Completed primary | 16.6 | 43.4 | 58.8 | 58.4 | 81.6 | 46.9 | 26.1 |
| Incompl. secondary | 17.4 | 41.5 | 64.5 | 70.7 | 82.1 | 45.0 | 26.7 |
| Compl. secondary+ | 14.5 | 39.4 | 71.6 | 87.7 | 93.2 | 46.0 | 36.4 |
| All women | 17.3 | 42.0 | 61.4 | 65.1 | 75.6 | 47.5 | NA |
| All men | 12.3 | 29.2 | 40.8 | 47.7 | 51.6 | NA | 27.3 |

Note: Women and men who have been sterilised are considered to want no more children.
Figures in parentheses are based on 25-49 unweighted cases.
NA = Not applicable
${ }^{1}$ Includes current pregnancy

Differences in 2000 by region in the desire to stop childbearing are even more pronounced than for directorates. Women's desire to stop childbearing is highest in Hardap, Omaheke, and Erongo Regions (at least 60 percent) and lowest in Caprivi and Ohangwena Regions ( $30-32$ percent). One-third of women with no children in Hardap and Omaheke Regions say they want to remain childless. Among
men, the proportions wanting no more children are also lowest in Caprivi and Ohangwena Regions (7-9 percent) but are highest in Hardap and Karas Regions (48-50 percent).

Surprisingly, the desire to limit childbearing is higher among women with no education (57 percent) than among women who have attended school (45-50 percent). However, this pattern is largely due to the fact that uneducated women have more children than those with some education. Among women with two or more children, those with more education are more likely to want no more children than their less educated counterparts.

### 6.2. Need for Family Planning Services

Women who indicate that they either want no more children or want to wait for two or more years before having another child but are not using contraception are considered to have an unmet need for family planning. Pregnant women are considered to have an unmet need for spacing or limiting if their pregnancy was mistimed or unwanted, respectively. Amenorrhoeic women are also considered to have unmet need if their last birth was mistimed or unwanted. Women with unmet need and those who are currently using contraception (met need) constitute the total demand for family planning. The percentage of demand satisfied is met need as a percentage of the total demand.

Table 6.4 shows the percentage of women with unmet need, met need and the total demand for family planning services by selected background characteristics. Data by background characteristics are presented for all women, regardless of marital status, though summary lines are also presented for currently married and not currently married women.

Overall, 13 percent of women have an unmet need for family planning services, of which 6 percent is for spacing and 7 percent for limiting births. As expected, unmet need for family planning services is much higher among currently married women ( 25 percent) and much lower among unmarried women ( 5 percent) than among all women. Among currently married women, unmet need is more for limiting than for spacing births, while the reverse is true for unmarried women. The total demand for family planning services among all women is 50 percent. The demand for limiting purpose is higher ( 29 percent) than the demand for spacing purpose ( 22 percent). In Namibia, 75 percent of the demand of all women and 64 percent of the demand for currently married women is satisfied.

Unmet need is higher among women age 30 or above than among younger women. The unmet need among women age 35 or above is more for limiting than for spacing births, while the reverse is true for women under age 30 . Although unmet need varies little by residence, total demand for family planning is greater in urban areas ( 61 percent) than in rural areas ( 43 percent) and the demand satisfied is also higher in urban areas.

Unmet need does not vary strongly by directorate; however, the total demand for family planning is higher in the Central Directorate than in other directorates. Unmet need by region varies from 8 percent of women in Erongo Region to 19 percent of women in Kunene Region. The total demand for family planning is higher in Otjozondjupa and Erongo Regions than in other regions. These two regions and the Central Directorate also have somewhat higher percentage of demand satisfied. The lowest total demand is in Ohangwena Region ( 28 percent), which also has the lowest demand satisfied ( 55 percent).

Unmet need decreases and the percentage of demand satisfied increases with increasing education. Nearly one-fifth of women with no education and those who have not completed primary school have an unmet need for family planning, compared with less than 10 percent of women with some secondary education.

## Table 6.4 Need for family planning

Percentage of all women with unmet need for family planning, and with met need for family planning, and the total demand for family planning, by background characteristics, Namibia 2000

| Background characteristic | Unmet need for family planning |  |  | Met need for family planning (currently using) |  |  | Total demand for family planning |  |  | Percentage of demand satisfied | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | For spacing | For limiting | Total | For spacing | For limiting | Total | For spacing | For limiting | Total |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 4.8 | 1.0 | 5.8 | 16.2 | 6.8 | 23.0 | 21.0 | 7.9 | 28.9 | 79.8 | 1,499 |
| 20-24 | 6.5 | 3.8 | 10.2 | 24.4 | 16.2 | 40.5 | 30.8 | 19.9 | 50.7 | 79.9 | 1,339 |
| 25-29 | 7.2 | 5.5 | 12.7 | 23.2 | 23.6 | 46.8 | 30.4 | 29.1 | 59.5 | 78.7 | 1,104 |
| 30-34 | 8.2 | 7.8 | 16.0 | 15.7 | 30.1 | 45.9 | 23.9 | 38.0 | 61.9 | 74.1 | 1,013 |
| 35-39 | 6.4 | 11.0 | 17.4 | 7.0 | 34.8 | 41.9 | 13.4 | 45.8 | 59.2 | 70.7 | 751 |
| 40-44 | 3.5 | 16.3 | 19.7 | 3.0 | 33.3 | 36.4 | 6.5 | 49.6 | 56.1 | 64.8 | 633 |
| 45-49 | 3.3 | 14.3 | 17.7 | 1.4 | 31.3 | 32.7 | 4.7 | 45.6 | 50.3 | 64.9 | 415 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 5.7 | 7.4 | 13.1 | 17.6 | 29.9 | 47.5 | 23.3 | 37.3 | 60.6 | 78.3 | 2,786 |
| Rural | 6.2 | 6.1 | 12.3 | 14.4 | 16.5 | 30.9 | 20.6 | 22.7 | 43.3 | 71.5 | 3,969 |
| Directorate |  |  |  |  |  |  |  |  |  |  |  |
| Northwest | 5.6 | 5.5 | 11.1 | 13.4 | 11.0 | 24.4 | 19.1 | 16.4 | 35.5 | 68.8 | 2,792 |
| Northeast | 7.9 | 6.4 | 14.3 | 19.9 | 20.9 | 40.8 | 27.8 | 27.3 | 55.1 | 74.1 | 842 |
| Central | 4.6 | 5.8 | 10.4 | 20.6 | 34.8 | 55.4 | 25.2 | 40.7 | 65.8 | 84.2 | 1,231 |
| South | 6.6 | 9.1 | 15.8 | 14.1 | 30.5 | 44.6 | 20.7 | 39.7 | 60.4 | 73.9 | 1,890 |
| Region |  |  |  |  |  |  |  |  |  |  |  |
| Caprivi | 8.9 | 3.8 | 12.8 | 26.9 | 13.9 | 40.8 | 35.8 | 17.8 | 53.6 | 76.2 | 322 |
| Erongo | 1.9 | 6.3 | 8.3 | 18.3 | 39.0 | 57.3 | 20.2 | 45.3 | 65.5 | 87.4 | 399 |
| Hardap | 6.0 | 9.2 | 15.3 | 9.8 | 35.2 | 45.0 | 15.8 | 44.4 | 60.3 | 74.6 | 292 |
| Karas | 2.7 | 8.1 | 10.8 | 14.2 | 33.4 | 47.6 | 16.9 | 41.5 | 58.4 | 81.6 | 261 |
| Kavango | 7.2 | 8.0 | 15.2 | 15.7 | 25.2 | 40.8 | 22.9 | 33.1 | 56.0 | 72.9 | 520 |
| Khomas | 7.8 | 9.1 | 16.9 | 15.3 | 28.2 | 43.5 | 23.1 | 37.3 | 60.4 | 71.9 | 1,152 |
| Kunene | 9.8 | 9.0 | 18.8 | 17.5 | 27.4 | 44.8 | 27.2 | 36.4 | 63.6 | 70.4 | 205 |
| Ohangwena | 6.5 | 6.3 | 12.8 | 10.3 | 5.2 | 15.5 | 16.9 | 11.4 | 28.3 | 54.8 | 684 |
| Omaheke | 5.6 | 10.6 | 16.1 | 13.3 | 33.5 | 46.8 | 18.9 | 44.0 | 62.9 | 74.3 | 185 |
| Omusati | 4.0 | 5.4 | 9.3 | 14.4 | 9.2 | 23.6 | 18.3 | 14.6 | 33.0 | 71.7 | 714 |
| Oshana | 7.3 | 4.4 | 11.7 | 16.1 | 11.5 | 27.6 | 23.4 | 15.9 | 39.3 | 70.3 | 789 |
| Oshikoto | 4.4 | 6.1 | 10.5 | 12.3 | 19.0 | 31.3 | 16.7 | 25.1 | 41.8 | 74.9 | 604 |
| Otjozondjupa | 4.6 | 4.4 | 9.0 | 23.1 | 34.6 | 57.7 | 27.6 | 39.1 | 66.7 | 86.5 | 627 |
| Education |  |  |  |  |  |  |  |  |  |  |  |
| No education | 6.9 | 12.9 | 19.7 | 6.4 | 20.8 | 27.1 | 13.2 | 33.6 | 46.9 | 57.9 | 641 |
| Incomplete primary | 8.8 | 9.8 | 18.6 | 10.2 | 17.6 | 27.8 | 19.0 | 27.4 | 46.4 | 60.0 | 1,409 |
| Completed primary | 8.3 | 6.2 | 14.4 | 10.5 | 20.9 | 31.4 | 18.7 | 27.1 | 45.8 | 68.5 | 827 |
| Incompl. secondary | 4.6 | 4.5 | 9.1 | 18.9 | 22.8 | 41.8 | 23.5 | 27.3 | 50.9 | 82.1 | 2,907 |
| Compl. secondary + | 3.5 | 5.0 | 8.5 | 24.8 | 27.8 | 52.6 | 28.3 | 32.8 | 61.1 | 86.1 | 971 |
| All women | 6.0 | 6.7 | 12.7 | 15.7 | 22.0 | 37.8 | 21.7 | 28.7 | 50.4 | 74.9 | 6,755 |
| Currently married women | 10.5 | 14.7 | 25.1 | 13.1 | 30.7 | 43.7 | 23.5 | 45.3 | 68.9 | 63.5 | 2,610 |
| Not currently married | 3.2 | 1.6 | 4.8 | 17.4 | 16.6 | 34.0 | 20.6 | 18.2 | 38.8 | 87.6 | 4,145 |

${ }^{1}$ Unmet need for spacing includes pregnant women whose pregnancy was mistimed, amenorrhoeic women whose last birth was mistimed, and women who are neither pregnant nor amenorrhoeic and who are not using any method of family planning and say they want to wait two or more years for their next birth. Also included in unmet need for spacing are women who are unsure whether they want another child or who want another child but are unsure when to have the birth. Unmet need for limiting refers to pregnant women whose pregnancy was unwanted, amenorrhoeic women whose last child was unwanted, and women who are neither pregnant nor amenorrhoeic and who are not using any method of family planning and who want no more children.
${ }^{2}$ Using for spacing is defined as women who are using some method of family planning and say they want to have another child or are undecided whether to have another. Using for limiting is defined as women who are using and who want no more children. Note that the specific methods used are not taken into account here.
${ }^{3}$ Pregnant and amenorrhoeic women whose pregnancy was the result of a contraceptive failure are not included in the category of unmet need (they need a better method of contraception), but are included in total demand for contraception (since they would have been using had their method not failed).

Compared to 1992, unmet need for family planning among currently married women has remained almost unchanged ( 24 percent earlier and 25 percent now), but the nature of unmet need has shifted. In 1992, two-thirds of the unmet need among currently married women was for spacing births, whereas in 2000, nearly 60 percent of the unmet need is for limiting purposes. Between the two surveys, the met need has increased from 29 to 44 percent of currently married women, the total demand has increased from 52 to 69 percent, and the total demand satisfied has also increased, from 55 to 64 percent.

### 6.3 Ideal Number of Children

In order to ascertain what women and men consider to be the ideal number of children, the following questions were asked. Respondents who had no living children were asked, "If you could choose exactly the number of children to have in your whole life, how many would that be?" For respondents who had children the question was, "If you could go back to the time when you did not have any children and could choose exactly the number of children to have in your whole life, how many would that be?" The distribution of respondents by ideal number of children is presented in Table 6.5. It should be noted that 4 percent of women and 8 percent of men gave non-numeric responses to the question on ideal family size.

The mean ideal number of children is 3.3 for all women and 4.0 for currently married women. Men are considerably more pro-natalist than women. For men age 15-59, the mean ideal is 4.3 for all men and 4.9 for married men, about one child higher than the corresponding figures for women age 15-49. The mean ideal number is consistently higher for men than women for each current family size.

There is a positive correlation between the actual and ideal number of children for both men and women. For instance, the mean ideal number of children increases from 2.5 for childless women to 6.1 for women with six or more living children. The corresponding increase in the mean ideal number of children for men is from 3.6 children to 8.3 children. The increasing mean ideal numbers are partly due to the fact that respondents who have more children may be reluctant to admit that they might have wanted fewer. Also, those who wanted more children are also more likely to have them.

| Table 6.5 Ideal and actual number of children |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of all women and men by mean ideal number of children and mean ideal number of children for all women and men and for currently married women and men, according to number of living children, Namibia 2000 |  |  |  |  |  |  |  |  |
| Ideal number of children | Number of living children ${ }^{1}$ |  |  |  |  |  |  |  |
|  | 0 | 1 | 2 | 3 | 4 | 5 | 6+ | Total |
| WOMEN |  |  |  |  |  |  |  |  |
| 0 | 5.8 | 1.9 | 2.1 | 1.6 | 2.2 | 3.3 | 2.0 | 3.2 |
| 1 | 11.4 | 18.6 | 4.9 | 5.4 | 3.8 | 3.0 | 2.4 | 9.4 |
| 2 | 38.7 | 32.4 | 37.8 | 15.1 | 17.0 | 13.7 | 8.0 | 28.9 |
| 3 | 19.0 | 22.3 | 18.1 | 26.6 | 5.5 | 7.3 | 7.4 | 17.8 |
| 4 | 14.5 | 13.6 | 22.5 | 25.6 | 40.5 | 9.6 | 13.1 | 18.6 |
| 5 | 3.2 | 4.9 | 4.7 | 10.6 | 6.4 | 24.6 | 5.6 | 6.2 |
| 6+ | 2.6 | 3.5 | 6.8 | 13.1 | 20.5 | 29.0 | 54.7 | 12.0 |
| Non-numeric response | 4.8 | 2.7 | 2.9 | 2.0 | 4.1 | 9.5 | 7.0 | 4.1 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 2,045 | 1,404 | 1,059 | 785 | 538 | 335 | 589 | 6,755 |
| Mean ideal number for: ${ }^{2}$ |  |  |  |  |  |  |  |  |
| All women | 2.5 | 2.6 | 3.1 | 3.8 | 4.1 | 4.9 | 6.1 | 3.3 |
| Number of women | 1,947 | 1,366 | 1,028 | 769 | 516 | 304 | 547 | 6,476 |
| Currently married women | 2.7 | 2.8 | 3.2 | 4.0 | 4.1 | 5.2 | 6.1 | 4.0 |
| Number of women | 164 | 391 | 531 | 470 | 327 | 197 | 423 | 2,503 |
| MEN |  |  |  |  |  |  |  |  |
| 0 | 3.0 | 1.4 | 0.5 | 2.9 | 0.8 | 0.4 | 1.9 | 2.2 |
| 1 | 6.1 | 12.5 | 1.9 | 3.7 | 2.4 | 4.1 | 1.6 | 5.6 |
| 2 | 27.6 | 21.7 | 29.4 | 11.7 | 11.8 | 15.5 | 5.2 | 22.5 |
| 3 | 18.6 | 16.0 | 15.0 | 21.8 | 7.6 | 4.4 | 7.0 | 15.8 |
| 4 | 19.7 | 17.6 | 18.9 | 18.0 | 25.8 | 7.1 | 13.2 | 18.4 |
| 5 | 7.9 | 10.9 | 11.0 | 14.2 | 9.8 | 17.6 | 4.8 | 9.2 |
| 6+ | 10.8 | 12.3 | 14.6 | 20.1 | 33.2 | 36.4 | 51.9 | 18.4 |
| Non-numeric response | 6.3 | 7.5 | 8.6 | 7.7 | 8.5 | 14.5 | 14.5 | 8.1 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of men | 1,510 | 377 | 311 | 175 | 162 | 119 | 298 | 2,954 |
| Mean ideal number for: ${ }^{2}$ |  |  |  |  |  |  |  |  |
| All men | 3.6 | 3.6 | 4.2 | 4.3 | 5.7 | 5.6 | 8.3 | 4.3 |
| Number of men | 1,415 | 349 | 284 | 161 | 148 | 101 | 255 | 2,716 |
| Currently married men | 3.1 | 3.2 | 3.7 | 4.0 | 5.0 | 5.6 | 8.2 | 4.9 |
| Number of men | 82 | 157 | 170 | 115 | 109 | 74 | 217 | 926 |
| ${ }^{1}$ Includes current pregnancy |  |  |  |  |  |  |  |  |

The mean ideal family size among all women has declined from 5.0 in 1992 to 3.3 in 2000 and among married women from 5.7 to 4.0 (Figure 6.3). Among women with no children, the proportion who regard three or fewer children as the ideal number increased from 38 percent in 1992 to 75 percent in 2000.

Figure 6.3 Trends in Mean Ideal Number of Children among Women, 1992-2000


NDHS 2000

Table 6.6 presents the mean ideal number of children by age and selected background characteristics of the respondents. There is a clear pattern of smaller family size among younger women. The mean ideal number of children increases with age, from 2.4 children for women age 15-19 years to 4.8 children for those age 45-49 years. The ideal number for men ranges between 3.5 and 6.3 children and is higher for men than women for each age group.

Rural women want nearly one child more than urban women (3.7 vs. 2.9). This difference in the mean ideal number of children widens as age increases. Similarly, the mean ideal number of children among men is higher in rural than urban areas. Differentials by directorate for men and women are not large. Although for both men and women, the mean ideal was lowest in the South Directorate, for men, the highest mean ideal number of children was in the Northwest Directorate, while for women it was in the Northeast Directorate.

The differences between regions are substantial. For women, the mean ideal is the lowest (less than three children) in Erongo, Hardap, and Karas Regions, and the lowest regional figures for men are in Kavango (3.0), Karas (3.2), and Hardap (3.5) Regions. The mean ideal number of children is highest is in Ohangwena Region ( 4.5 for women and 6.2 for men), followed by Caprivi Region (4.1 for women and 4.9 for men). It is notable that in Erongo Region, the mean ideal number of children among men is more than two children higher than for women.

The mean ideal family size varies negatively by education. Women with no education want two children more than women who have completed secondary education. The difference is nearly three children for men who have no education and those who have completed secondary school.

To summarise, the mean ideal family size increases as age increases for each characteristic and men consider the mean ideal family size to be nearly one child higher than women with the same background characteristics. The mean ideal number of children is higher for women than for men in only one category in Table 6.6-Kavango Region.

Table 6.6 Mean ideal number of children by background characteristics
Mean ideal number of children for all women and men, by age and background characteristics, Namibia 2000

| Background characteristic | Current age |  |  |  |  |  |  | Total women | Total men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 15-19 | 20-24 | 25-29 | 30-34 | 35-39 | 40-44 | 45-49 |  |  |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 2.1 | 2.4 | 2.8 | 3.1 | 3.5 | 3.9 | 3.6 | 2.9 | 4.0 |
| Rural | 2.5 | 2.8 | 3.5 | 4.2 | 4.7 | 5.8 | 5.8 | 3.7 | 4.6 |
| Directorate |  |  |  |  |  |  |  |  |  |
| Northwest | 2.5 | 2.9 | 3.3 | 4.2 | 4.5 | 6.0 | 5.5 | 3.6 | 4.8 |
| Northeast | 2.6 | 2.7 | 4.1 | 4.4 | 4.9 | 5.1 | (7.4) | 3.8 | 3.9 |
| Central | 1.9 | 2.4 | 2.9 | 3.4 | 3.5 | 4.5 | 4.2 | 3.1 | 4.3 |
| South | 2.0 | 2.4 | 2.9 | 3.1 | 3.8 | 4.0 | 3.9 | 3.0 | 3.8 |
| Region |  |  |  |  |  |  |  |  |  |
| Caprivi | 2.5 | 3.5 | 4.7 | (4.8) | (4.4) | (6.0) | * | 4.1 | 4.9 |
| Erongo | 1.8 | 2.0 | 2.3 | 2.8 | 2.4 | 2.7 | 3.1 | 2.4 | 4.6 |
| Hardap | 1.9 | 2.0 | 2.9 | 3.2 | 3.4 | 2.7 | (4.0) | 2.7 | 3.5 |
| Karas | 2.0 | 2.2 | 2.8 | 2.9 | 3.7 | 3.1 | (3.7) | 2.8 | 3.2 |
| Kavango | 2.7 | 2.4 | 3.6 | 4.2 | 5.2 | (4.6) |  | 3.6 | 3.0 |
| Khomas | 2.1 | 2.5 | 2.9 | 3.1 | 3.9 | 4.4 | (3.7) | 3.0 | 4.0 |
| Kunene | 2.3 | 2.6 | 4.1 | 4.7 | 4.8 | 5.9 | 5.7 | 4.0 | 4.1 |
| Ohangwena | 3.0 | 3.5 | 4.0 | 5.1 | (6.5) | 8.2 | * | 4.5 | 6.2 |
| Omaheke | 2.2 | 2.3 | 2.9 | 3.6 | 3.9 | 5.0 | (5.0) | 3.3 | 3.8 |
| Omusati | 2.6 | 2.7 | 3.3 | (4.3) | (4.3) |  | (6.7) | 3.5 | 4.7 |
| Oshana | 2.3 | 2.9 | 3.1 | 3.5 | 3.7 | (4.9) | (3.1) | 3.1 | 4.2 |
| Oshikoto | 2.1 | 2.7 | 2.9 | 3.9 | 4.1 | (4.3) |  | 3.2 | 4.1 |
| Otjozondjupa | 1.9 | 2.6 | 3.0 | 3.5 | 3.8 | 5.1 | (4.4) | 3.2 | 4.2 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 2.0 | 3.2 | 4.2 | 4.3 | 5.6 | 5.8 | 5.5 | 4.6 | 6.1 |
| Incomplete primary | 2.5 | 3.1 | 3.8 | 4.4 | 5.0 | 5.8 | 5.7 | 4.1 | 5.0 |
| Completed primary | 2.3 | 3.0 | 3.5 | 4.1 | 3.8 | 5.2 | (4.8) | 3.4 | 4.0 |
| Incompl. secondary | 2.4 | 2.6 | 3.0 | 3.4 | 3.5 | 4.0 | 4.1 | 2.9 | 3.7 |
| Compl. secondary+ | 2.2 | 2.3 | 2.6 | 2.8 | 2.8 | 3.5 | (2.7) | 2.6 | 3.3 |
| All women | 2.4 | 2.7 | 3.2 | 3.7 | 4.1 | 5.0 | 4.8 | 3.3 | NA |
| All men | 3.5 | 3.4 | 4.2 | 4.9 | 4.8 | 5.6 | 6.3 | NA | 4.3 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
${ }^{1}$ For men age 15-59
NA = Not applicable

### 6.4 Fertility Planning

Since the issue of mistimed and unwanted pregnancies is an important one, for each child born in the preceding five years and any current pregnancy, women were asked whether the pregnancy was planned (wanted then), wanted but at a later time (mistimed), or unwanted (wanted no more children). The answers to these questions help to show the degree to which couples are able to control fertility. The validity of the answers depends on the extent to which the respondents were able to accurately recall their pregnancies in the last five years, their wishes with respect to each pregnancy, and how honest they were in reporting their wishes. This measure has a limitation in that mistimed and unwanted pregnancies may be considered wanted pregnancies after birth. As such, the results presented here are likely to underestimate the proportion of births that were unplanned at the time of conception.

Table 6.7 shows the percent distribution of births in the five years preceding the survey and current pregnancies by fertility planning status, according to birth order and mother's age at birth. Over half of births in the five years before the survey ( 54 percent) were wanted by the respondents at the time they were conceived, while more than one-fifth were wanted later, and almost one-fourth ( 23 percent)
were not wanted at all. The proportion of births reported as mistimed has not changed since 1992; however, the proportion of births reported as being not wanted at all has almost doubled since 1992, from 12 to 23 percent.

In 2002, the percentage of births that were mistimed or unwanted decreases from 58 percent of first births to 38 percent of fourth or higher order births. The proportion of births wanted later has a negative relationship with birth order and mother's age at birth. The proportion of births not wanted at all is highest (nearly one-third) among the youngest age group (under age 20) as well as among the oldest (45-49) age group. One-third of the children born to mothers under age 20 are wanted, one-third mistimed, and one-third not wanted at the time of conception.

Table 6.7 Fertility planning status
Percent distribution of births (including current pregnancy) in the five years preceding the survey by fertility planning status, according to birth order and mother's age at birth, Namibia 2000

| Birth order and mother's age at birth | Planning status of birth |  |  | Missing | Total | Number <br> of births |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Wanted then | Wanted later | Not wanted |  |  |  |
| Birth order |  |  |  |  |  |  |
| 1 | 41.6 | 30.1 | 27.4 | 0.8 | 100.0 | 1,291 |
| 2 | 59.9 | 20.0 | 19.0 | 1.0 | 100.0 | 953 |
| 3 | 54.4 | 21.4 | 23.2 | 1.0 | 100.0 | 701 |
| 4+ | 61.0 | 15.5 | 22.5 | 1.0 | 100.0 | 1,430 |
| Mother's age at birth |  |  |  |  |  |  |
| <20 | 33.3 | 34.0 | 31.7 | 1.1 | 100.0 | 679 |
| 20-24 | 49.1 | 26.0 | 24.1 | 0.8 | 100.0 | 1,157 |
| 25-29 | 58.1 | 20.3 | 20.5 | 1.1 | 100.0 | 1,023 |
| 30-34 | 64.8 | 16.9 | 17.3 | 1.0 | 100.0 | 780 |
| 35-39 | 59.2 | 14.7 | 25.4 | 0.7 | 100.0 | 493 |
| 40-44 | 74.1 | 3.7 | 21.8 | 0.4 | 100.0 | 207 |
| 45-49 | 65.4 | 0.8 | 30.8 | 2.9 | 100.0 | 38 |
| Total | 54.0 | 21.7 | 23.3 | 0.9 | 100.0 | 4,376 |

The potential demographic impact of avoiding unwanted births can be estimated by calculating the "total wanted fertility rate." The total wanted fertility rate is calculated in the same manner as the total fertility rate, but unwanted births are excluded from the numerator. In this context, unwanted births are those that exceed the number mentioned as ideal by the respondent. (Women who did not give a numeric response to the question on ideal number of children are assumed to have wanted all the births they had.) Therefore, wanted fertility represents the level of fertility that would have prevailed during the three years preceding the survey if all unwanted births were prevented. A comparison between actual rates and wanted rates indicates the potential demographic impact of the elimination of unwanted births.

Table 6.8 presents the wanted and actual fertility rates according to selected background characteristics. Overall, the total wanted fertility rate is 19 percent lower than the actual fertility level. Thus, if all unwanted births were prevented, the total fertility rate of Namibia would be 3.4 children per woman or almost identical to the mean ideal number of children (3.3). According to the 1992 NDHS, the total wanted fertility rate (4.8) was 11 percent lower than the actual fertility rate (5.4). Interestingly, the total fertility rate according to the 2000 NDHS is 0.6 children lower than the total wanted fertility rate reported in the earlier survey.

The difference between the wanted and actual fertility rate is 0.7 child in urban areas and one child in rural areas. However, wanted fertility rates are 23 percent and 18 percent lower than the observed fertility rates for urban areas and rural areas, respectively. The difference in the total wanted fertility rate and the total fertility rate is lowest in the Northeast Directorate and highest in the South Directorate. With respect to education, the gap between the wanted and actual fertility gets narrower with increasing education. This implies that women with more education are better able to realise their desired fertility.

| Table 6.8 Wanted fertility rates |  |  |
| :---: | :---: | :---: |
| Total wanted fertility rates and total fertility rates for the three years preceding the survey, by background characteristics, Namibia 2000 |  |  |
| Background characteristic | Total wanted fertility rates | Total fertility rates |
| Residence |  |  |
| Urban | 2.4 | 3.1 |
| Rural | 4.2 | 5.1 |
| Directorate |  |  |
| Northwest | 3.9 | 4.7 |
| Northeast | 4.2 | 4.8 |
| Central | 3.1 | 3.9 |
| South | 2.7 | 3.6 |
| Education |  |  |
| No education | 5.3 | 6.3 |
| Incomplete primary | 4.6 | 5.6 |
| Completed primary | 3.0 | 3.9 |
| Incompl. secondary | 2.8 | 3.5 |
| Compl. secondary+ | 2.2 | 2.6 |
| Total | 3.4 | 4.2 |
| Note: Rates are based on births to women age 15-49 in the period 1-36 months preceding the survey. The total fertility rates are the same as those presented in Table 3.2. |  |  |

## INFANT AND CHILD MORTALITY

This chapter presents levels, trend and differentials in mortality among children under five years of age in Namibia. Specifically, it includes details on neonatal, post-neonatal, infant and child mortality. Additional information is provided on high-risk fertility behaviour among Namibian women. Rates of infant and child mortality reflect a country's level of socio-economic development and quality of life. The analysis provides an opportunity to assess programs aimed at the reduction of infant and child mortality in Namibia. The information is essential for planning and updating current polices.

### 7.1 Definitions, Methodology and Assessment of Data Quality

Estimates of childhood mortality are based on information from the birth history section of the questionnaire administered to individual women. The section began with questions about the aggregate childbearing experience of respondents (i.e., the number of sons and daughters who live with the mother, the number who live elsewhere and the number who have died). For each of these births, information was then collected on the sex, the month and year of birth, survivorship status and current age if the child was alive, or age at death, if the child had died.

This information is used to directly estimate mortality rates. In this report, mortality in early childhood is measured using the following five rates:

Neonatal mortality: the probability of dying within the first month of life;
Post-neonatal mortality: the difference between infant and neonatal mortality;
Infant mortality: the probability of dying before the first birthday;
Child mortality: the probability of dying between the first and fifth birthday;
Under-five mortality: the probability of dying between birth and fifth birthday.
All rates are expressed per 1,000 live births, except for child mortality, which is expressed per 1,000 children surviving to 12 months of age.

In developing countries like Namibia, population censuses and demographic surveys are the major sources of mortality data. Vital registration information is not widely used because it is incomplete and disproportionately represents the urban population. Information on deaths from the Health Information System does not reflect the mortality picture from a population perspective, because it is government facility-based data and thus, does not include deaths that occur outside of facilities or from private health institutions. Mortality estimates from censuses tend to be based on indirect techniques, which adjust reported data for expected errors.

Birth history information from surveys provides the most robust estimates of infant and child mortality. Estimates from the 2000 NDHS are based on data as reported directly, with no adjustments. However, the estimates may underestimate the true mortality rates, because of the tendency for women to omit the deaths of babies who die shortly after birth or early in infancy. Omission as well as misstatement of the date of birth and age at death are likely to be greater among older women, who may have more
difficulty in remembering events that took place longer ago. Examination of data relating to child mortality does not indicate that there are any serious biases in reporting (Appendix Tables C. 5 and C.6).

It is important to recognise that any method of measuring childhood mortality that relies on mothers' reports (e.g., birth histories) rests on the assumption that adult female mortality is not high or, if it is high, there is little or no correlation between the mortality risks of mothers and their children. In countries with high rates of adult female mortality, these assumptions are not likely to hold and the resulting childhood mortality rates may be underestimated to some degree.

### 7.2 Childhood Mortality Levels and Trends

Neonatal, post-neonatal, infant, child, and under-five mortality rates by five-year periods preceding the survey are shown in Table 7.1. Analysing the most recent five-year period-0-4 years preceding the survey, which corresponds roughly to 1996-2000-under-five mortality is 62 per 1000 live births, while infant mortality is 38 per 1000 live births and child mortality is 25 per 1,000 children surviving to age one. This means that one in 16 children born in Namibia dies before reaching the fifth birthday. The pattern shows that 32 percent of deaths under five occur during the neonatal period, while 29 percent occur during the post-neonatal period and 40 percent occur at ages 1-4 years.

| Table 7.1 Early childhood mortality rates |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Neonatal, postneonatal, infant, child, and under-five mortality for five-year periods preceding the survey, Namibia 2000 |  |  |  |  |  |  |
| Years preceding the survey | Approximate calendar years | Neonatal mortality rate (NN) | Postneonatal mortality rate ${ }^{1}$ (PNN) | $\begin{gathered} \text { Infant } \\ \text { mortality } \\ \text { rate } \\ \left(\mathbf{q}_{0}\right) \end{gathered}$ | $\begin{aligned} & \text { Child } \\ & \text { mortality } \\ & \text { rate } \\ & \left(q_{1}\right) \end{aligned}$ | Under-five mortality rate ( ${ }_{5} q_{0}$ ) |
| 0-4 | 1996-2000 | 19.9 | 18.2 | 38.1 | 25.1 | 62.2 |
| 5-9 | 1991-1995 | 25.0 | 16.6 | 41.6 | 16.9 | 57.7 |
| 10-14 | 1986-1990 | 22.4 | 13.1 | 35.5 | 22.6 | 57.3 |
| ${ }^{1}$ Computed as the difference between the infant and the neonatal mortality rates |  |  |  |  |  |  |

There are two ways of measuring trends in mortality, each giving a different indication of the direction of change. One utilises data from the 2000 NDHS birth histories to construct mortality rates for successive time periods prior to the survey. As shown in Table 7.1, this approach implies that under-five mortality has increased slightly from 58 deaths per 1,000 births in the period $5-9$ years before the survey (approximately 1991-95) to 62 for the period 0-4 years before the survey. Because this method relies on mothers' memories of events that may have taken place some years ago, the data are potentially subject to various distortions due to misreporting of events and/or their timing.

The second method of measuring trends in mortality is to compare data from two successive surveys. A comparison of data from the 1992 NDHS and the 2000 NDHS for the five years preceding each survey indicates that childhood mortality has substantially decreased, from 83 to 62 per 1,000 births for the under-five mortality rate (Figure 7.1). Infant mortality has also decreased from 57 to 38 per 1,000 births. The fact that the two sets of data do not match very well for overlapping time periods may be an indication of a general underestimate of mortality in the 2000 survey and/or poor recall of events that occurred almost a decade before. Attempts to ascertain changes over time from sample survey data (e.g., the 1992 and 2000 NDHSs) are also hampered by the high sampling errors associated with measures of childhood mortality.

## Figure 7.1 Age-specific Mortality Rates for Five-Year Periods Prior to the 1992 and 2000 NDHSs



NDHS 2000

### 7.3 Childhood Mortality Differentials

Table 7.2 examines differentials in childhood mortality by selected background characteristics, such as place of residence and level of education of mothers. A 10-year period preceding the survey (roughly 1991-2000) is used to calculate the mortality estimates in order to have a sufficient number of cases in each category.

The findings shown in this table do little to dispel conventional wisdom. Not surprisingly, urban mortality rates are generally lower than rural rates, as can be seen in Figure 7.2. The difference is largest at the neonatal period. Under-five mortality in rural areas is 66 per 1000 births, one-third higher than in urban areas ( 50 per 1000 births).

There is considerably more variation in childhood mortality by health directorate. Mortality is highest in the Northwest Directorate; for example, under-five mortality in the Northwest is estimated at 71 per 1000 births, compared with less than 57 for the other three directorates.

Early childhood mortality rates in the Northeast Directorate have improved remarkably. For example, the neonatal death rate in the Northeast stood at 47 per 1000 births during 1983-1992 and 12 per 1000 births during 1991-2000, a 75 percent reduction over the past 8 years. Similarly, there was a remarkable drop in under-five mortality in the Northeast Directorate, from 135 per 1000 births in 19831992 to 54 in 1991-2000, a 60 percent decline over the past 8 years.

Table 7.2 and Figure 7.2 also show that mother $=$ s education generally has an inverse relationship with infant and under-five mortality. This conforms to the universal observation that children of educated mothers have lower mortality than those whose mothers are uneducated. For example, children under five born to mothers with no education have a higher probability of dying ( 84 per 1000 births) than those born to mothers who completed secondary school (31 per 1000).

Table 7.2 Early childhood mortality by background characteristics
Neonatal, postneonatal, infant, child, and under-five mortality for the ten-year period preceding the survey, by background characteristics, Namibia 2000

| Background characteristic | Neonatal mortality rate ( NN ) | Postneonatal mortality rate ${ }^{1}$ (PNN) | ```Infant mortality rate (190)``` | Child mortality rate $\left({ }_{4} q_{1}\right)$ | Under-five mortality rate $\left({ }_{5} \mathbf{q}_{0}\right)$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Residence |  |  |  |  |  |
| Urban | 12.7 | 17.4 | 30.1 | 20.0 | 49.5 |
| Rural | 27.7 | 17.5 | 45.1 | 22.0 | 66.1 |
| Directorate |  |  |  |  |  |
| Northwest | 31.1 | 18.8 | 49.9 | 22.4 | 71.2 |
| Northeast | 11.8 | 11.7 | 23.5 | 31.2 | 54.0 |
| Central | 17.8 | 15.7 | 33.6 | 12.7 | 45.8 |
| South | 17.1 | 19.4 | 36.4 | 20.7 | 56.4 |
| Mother's education |  |  |  |  |  |
| No education | 29.2 | 22.1 | 51.3 | 34.0 | 83.6 |
| Incomplete primary | 33.3 | 18.7 | 52.0 | 24.9 | 75.5 |
| Completed primary | 13.1 | 17.1 | 30.2 | 14.4 | 44.1 |
| Incompl. secondary | 16.2 | 16.3 | 32.5 | 19.9 | 51.7 |
| Compl. secondary+ | 15.3 | 11.7 | 27.0 | 4.4 | 31.3 |
| Total | 22.3 | 17.4 | 39.8 | 21.3 | 60.2 |
| ${ }^{1}$ Computed as the difference between the infant and the neonatal mortality rates |  |  |  |  |  |

Figure 7.2 Under-Five Mortality for the Ten-Year Period Preceding the Survey by Background Characteristics


Studies have shown that demographic characteristics of both mother and child can have an impact on infant and child mortality. These include the sex of the child, age of the mother at birth, birth order, length of previous birth interval, and the size of the child at birth. Table 7.3 presents mortality rates for the ten years preceding the survey by selected demographic characteristics.

The results show that, as expected, male children experience higher mortality at almost all ages than female children, with under-five mortality rates of 67 and 54 deaths per 1000 live births for males and females, respectively. The relationship between childhood mortality and age of the mother at birth shows that during the 10 years preceding the 2000 NDHS, children born to older mothers ( $30-49$ years) had the highest mortality, e.g., an under-five mortality rate of 67 deaths per 1000 live births compared with 56 for those born to younger mothers (under 20 years). Except for first births, children of higher birth order generally have higher under-five mortality than children of lower birth order.

Information provided in Table 7.3 shows that short birth intervals pose higher risks for child survival both during and after infancy. Children born less than two years after a preceding sibling are more than twice as likely to die before reaching age five than those born two or more years after a preceding sibling ( 109 vs. about 50 per 1000 births). A similar pattern is observed for neonatal, postneonatal, and infant mortality, with a less pronounced difference for child mortality. The findings suggest the need to reduce mortality risks for Namibian children by promoting family planning use and traditional practices such as breastfeeding to space children further apart.

| Table 7.3 Early childhood mortality by demographic characteristics |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Neonatal, postneonatal, infant, child, and under-five mortality for the ten-year period precedin the survey, by demographic characteristics, Namibia 2000 |  |  |  |  |  |
| Background characteristic | Neonatal mortality rate (NN) | Postneonatal mortality rate ${ }^{1}$ (PNN) | $\begin{gathered} \text { Infant } \\ \text { mortality } \\ \text { rate } \\ \left({ }_{1} q_{0}\right) \end{gathered}$ | Child mortality rate $\left({ }_{4} q_{1}\right)$ | Under-five mortality rate $\left({ }_{5} q_{0}\right)$ |
| Sex of child |  |  |  |  |  |
| Male | 28.5 | 16.8 | 45.3 | 22.2 | 66.5 |
| Female | 16.3 | 18.1 | 34.3 | 20.3 | 54.0 |
| Mother's age at birth |  |  |  |  |  |
| < 20 | 22.5 | 17.6 | 40.0 | 16.3 | 55.7 |
| 20-29 | 16.9 | 17.7 | 34.7 | 23.4 | 57.3 |
| 30-49 | 30.5 | 16.9 | 47.4 | 20.4 | 66.8 |
| Birth order |  |  |  |  |  |
| 1 | 20.0 | 19.7 | 39.7 | 16.3 | 55.4 |
| 2-3 | 12.3 | 15.9 | 28.2 | 20.8 | 48.4 |
| 4-6 | 25.3 | 14.5 | 39.8 | 26.8 | 65.6 |
| 7+ | 65.3 | 24.9 | 90.2 | (24.6) | (112.6) |
| Previous birth interval |  |  |  |  |  |
| < 2 years | 60.4 | 23.0 | 83.3 | 27.8 | 108.8 |
| 2 years | 11.6 | 16.8 | 28.3 | 25.0 | 52.6 |
| 3 years | 10.7 | 15.9 | 26.6 | 24.5 | 50.4 |
| 4 or more years | 19.5 | 12.9 | 32.3 | 17.5 | 49.3 |
| Birth size ${ }^{2}$ |  |  |  |  |  |
| Small or very small | 44.1 | 26.7 | 70.8 | * | * |
| Average or larger | 13.7 | 14.3 | 28.0 | (32.5) | (59.6) |
| Note: Figures in parentheses are based on 250-499 unweighted cases. An aster figure is based on fewer than 250 unweighted cases and has been suppressed. <br> NA $=$ Not applicable <br> ${ }_{2}^{1}$ Computed as the difference between the infant and the neonatal mortality rates. <br> ${ }^{2}$ Rates for the five-year period before the survey. |  |  |  |  |  |
|  |  |  |  |  |  |

The size of a child at birth provides an important predictor of its chances of survival during infancy. In the 2000 NDHS, mothers were asked whether their young children were very small, small, average, large or very large at birth. The mother's perception has been shown to correlate closely with the child's actual weight at birth. Newborns perceived by their mothers to be small or very small are much more likely to die in the first year of life ( 71 per 1000 live births) than those perceived as average or larger in size ( 28 per 1000 live births). A similar pattern of mortality is evident during the neonatal and post-neonatal periods.

### 7.4 Perinatal Mortality

Perinatal mortality reflects an adverse outcome for pregnancies of at least seven months' gestation. The perinatal mortality rate captures stillbirths and early neonatal deaths, two seemingly different outcomes that result from similar conditions.

The 2000 NDHS attempted to measure perinatal mortality by asking women about pregnancies they had that did not result in a live birth. The number of stillbirths (defined as fetal deaths in pregnancies lasting seven or more months) can be added to the number of early neonatal deaths (defined as those occurring during the first week of life) to obtain an estimate of perinatal mortality. For the 12 -month period preceding the survey, there were only 3 stillbirths and 21 early neonatal deaths reported from 893 pregnancies of seven or more months' duration. This yields a perinatal mortality rate of 27 per 1000 . Because of the small numbers of events, rates are subject to high sampling errors, so no breakdown is possible.

### 7.5 High-Risk Fertility Behaviour

Certain patterns of childbearing are associated with elevated levels of infant and child mortality. Typically, infants and children have a greater probability of dying early if they are born to mothers who are especially young or old, if they are born after a short birth interval, or if they are of high birth order. Data to examine these relationships are presented in Table 7.4, which shows the distribution of births in the five years preceding the survey and of currently married women according to these categories of increased risk. In this analysis, a mother is classified as "too young" if she is less than 18 years of age and "too old" if she is over 34 years of age. A "short birth interval" is defined as a birth occurring less than 24 months after a previous birth, and a child is of "high birth order" if the mother had previously given birth to three or more children (i.e., if the child is of birth order 4 or higher). First births, although often at increased risk, are not placed in a high-risk category since they are not considered an avoidable risk.

Table 7.4 is further divided into two categories, with births falling into single high-risk categories (such as those born to mothers below the age of 18 or over the age of 34 , those born within 24 months of a previous birth and those of birth order higher than three) and those falling into multiple high-risk categories (e.g., those born within 24 months of a previous birth to mothers who are below the age of 18, or children of birth order greater than three who are born to mothers over 34 years, etc.).

The results indicate that just under half ( 47 percent) of children born in the five years before the survey have an elevated risk of dying; 30 percent of births are in a single high-risk category, while 18 percent are in a multiple high-risk category. The results also show that the most common high-risk category is high birth order. Looking at the single-risk categories, 15 percent of children are at increased risk because they are fourth births or higher, while 6 percent are born to mothers younger than 18 years, and 6 percent are born less than two years after a prior birth. Among multiple risk categories, 13 percent of children are of birth order four or higher and were born to mothers age 35 and older. Thirty percent of recent births do not fall into any high-risk category and 23 percent fall into an unavoidable risk category (first births to mothers between 18 and 34 years).

## Table 7.4 High-risk fertility behaviour

Percent distribution of children born in the five years preceding the survey by category of elevated risk of dying and the risk ratio, and percent distribution of currently married women by category of risk if they were to conceive a child at the time of the survey, Namibia 2000

\begin{tabular}{|c|c|c|c|}
\hline \multirow[b]{2}{*}{Risk category} \& \multicolumn{2}{|l|}{Births in the 5 years preceding the survey} \& \multirow[t]{2}{*}{Percentage of currently married women \({ }^{1}\)} \\
\hline \& Percentage of births \& Risk ratio \& \\
\hline Not in any high-risk category \& 29.6 \& 1.00 \& \(27.6{ }^{\text {a }}\) \\
\hline Unavoidable risk category First-order births between age 18 and 34 \& 23.1 \& 0.88 \& 6.2 \\
\hline \begin{tabular}{l}
Single high-risk category \\
Mother's age <18 \\
Mother's age >34 \\
Birth interval \(<24\) months \\
Birth order >3
\end{tabular} \& 6.2
2.7
5.5
15.2 \& 1.91
1.48
1.38
1.36 \& \[
\begin{array}{r}
0.3 \\
7.6 \\
6.5 \\
11.1
\end{array}
\] \\
\hline Subtotal \& 29.7 \& 1.49 \& 25.6 \\
\hline \begin{tabular}{l}
Multiple high-risk category \\
Age \(<18 \&\) birth interval \(<24\) months \(^{2}\) Age \(>34 \&\) birth interval \(<24\) months Age \(>34 \&\) birth order \(>3\) Age \(>34 \&\) birth interval \(<24\) months and birth order \(>3\) Birth interval \(<24\) months and birth order \(>3\)
\end{tabular} \& 0.2
0.0
13.4
1.0

3.1 \& 1.17
0.00
1.29

2.11
2.09 \& 0.1
0.3
27.1
6.4

6.7 <br>
\hline Subtotal \& 17.7 \& 1.47 \& 40.6 <br>
\hline In any avoidable high-risk category \& 47.4 \& 1.48 \& 66.2 <br>

\hline | Total |
| :--- |
| Number of births | \& 100.0

3,985 \& - \& $$
\begin{aligned}
& 100.0 \\
& 2,610
\end{aligned}
$$ <br>

\hline
\end{tabular}

Note: Risk ratio is the ratio of the proportion dead among births in a specific highrisk category to the proportion dead among births not in any high-risk category.
${ }^{1}$ Women are assigned to risk categories according to the status they would have at the birth of a child, if they were to conceive at the time of the survey: current age less than 17 years and 3 months or older than 34 years and 2 months, latest birth less than 15 months ago, or latest birth being of order 3 or higher.
${ }^{2}$ Includes the category age $<18$ and birth order $>3$.
a Includes sterilised women

The second column of Table 7.4 indicates the relative risk of mortality of children born in the five years before the survey by comparing the proportion dead in each high-risk category with the proportion dead among children not in any high-risk category. Young age at birth is a significant risk factor (relative risk ratio of 1.9 ), although only 6 percent of births fall into this category. Older age at birth is also associated with higher mortality risks (relative risk ratio of 1.5). At even greater risk are births to older mothers that occur after a short birth interval and are of birth order four or higher and those that occur after a short birth interval and are of birth order four or higher, both of which have a relative risk ratio of
2.1. Fortunately, however, the proportion of recent births falling in these two categories is small ( 1 and 3 percent, respectively), so that even though the fertility behaviour results in much higher risk of death for the child, few children are subject to that higher risk.

Column 3 of Table 7.4 shows the distribution of currently married, non-sterilised women by risk category into which a currently conceived birth would fall. Two in three currently married women (66 percent) are at risk of conceiving a child with an elevated risk of dying. Forty-one percent of women are at risk due to multiple risk factors, while 26 percent are at risk due to a single factor. The most likely risks are high birth order alone ( 11 percent) or in combination with a high age at birth ( 27 percent of women).

## ADULT AND MATERNAL MORTALITY

Although the level of maternal mortality is generally considered to be one of the most important indicators of a country's health, reliable data are scarce and estimates vary widely. Data were collected on adult mortality in the 1992 NDHS. That survey found rather high male mortality relative to female mortality. The maternal mortality rate for the ten-year period prior to the survey was estimated to be 225 deaths per 100,000 births.

Similar data were collected in the 2000 NDHS that allow estimation of adult and maternal mortality using a direct estimation procedure. The information concerns the survivorship of all live births of the respondent's natural mother (siblings). The direct approach to estimating adult and maternal mortality maximises use of the available data, using information on the age of surviving siblings, the age at death of siblings who died, and the number of years ago the sibling died. This allows the data to be aggregated to determine the number of person-years of exposure to mortality risk and the number of sibling deaths occurring in defined calendar periods. Rates of maternal and adult mortality are obtained by dividing maternal (or all female or male adult) deaths by person-years of exposure (Rutenberg and Sullivan, 1991).

### 8.1 The Data

Each female respondent was first asked to give the total number of her mother's live births. Then she was asked to provide a list of the children born to her mother starting with the first-born, and whether or not each sibling was still alive at the survey date. For living siblings, current age was collected; for deceased siblings, age at death and years since death were collected. Interviewers were instructed that when a respondent could not provide precise information on ages or years ago, approximate answers were acceptable. For sisters who died at age 10 years or older, three questions were used to determine if the death was maternity-related: "Was [NAME OF SISTER] pregnant when she died?" and if negative, "Did she die during childbirth?" and if negative, "Did she die within six weeks of the birth of a child or pregnancy termination?"

The estimation of adult and maternal mortality requires reasonably accurate reporting of the number of sisters and brothers the respondent ever had, the number who have died, and the number of sisters who have died of maternity-related causes. There is no definitive procedure for establishing the completeness or accuracy of retrospective data on sibling survivorship. Table 8.1 shows the number of siblings reported by the respondents and the completeness of the reported data on current age, age at death, and years since death.

The sex ratio of enumerated siblings (the ratio of brothers to sisters) is only 0.92 , which is considerably lower than the expected value of 1.02 or 1.03 and indicates underreporting of brothers by respondents (see Table 8.1). Respondents were unable to report the ages of 7 percent of their surviving siblings. Respondents were highly knowledgeable about their siblings' survival status, with only 25 out of almost 38,000 siblings missing this information. However, they were not so knowledgeable about the age at death or years since death for their deceased siblings; only 77 percent of deceased siblings have both age at death and years since death reported. Only age at death is missing for 5 percent of deceased siblings, while only years since death is missing for 6 percent; 12 percent of deceased siblings have both age at death and years since death missing. Rather than exclude the siblings with missing data from further analysis, information on the birth order of siblings in conjunction with other information was used

Table 8.1 Data on siblings
Number of siblings reported by female survey respondents and completeness of reported data on sibling age, age at death (AD) and years since death (YSD), Namibia 2000

| Sibling | Females |  | Males |  | All siblings |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Number | Percent | Number | Percent | Number | Percent |
| All siblings | 19,537 | 100.0 | 18,071 | 100.0 | 37,608 | 100.0 |
| Surviving | 17,416 | 89.1 | 15,359 | 85.0 | 32,774 | 87.1 |
| Dead | 2,110 | 10.8 | 2,699 | 14.9 | 4,809 | 12.8 |
| Missing survival information | 11 | 0.1 | 14 | 0.1 | 25 | 0.1 |
| Living siblings | 17,416 | 100.0 | 15,359 | 100.0 | 32,774 | 100.0 |
| Age reported | 16,265 | 93.4 | 14,359 | 93.5 | 30,624 | 93.4 |
| Age missing | 1,150 | 6.6 | 1,000 | 6.5 | 2,150 | 6.6 |
| Dead siblings | 2,110 | 100.0 | 2,699 | 100.0 | 4,809 | 100.0 |
| AD and YSD reported | 1,657 | 78.5 | 2,060 | 76.3 | 3,717 | 77.3 |
| AD missing | 94 | 4.5 | 127 | 4.7 | 222 | 4.6 |
| YSD missing | 116 | 5.5 | 156 | 5.8 | 272 | 5.7 |
| Both AD and YSD missing | 243 | 11.5 | 356 | 13.2 | 598 | 12.4 |

to impute the missing data. ${ }^{1}$ The sibling survivorship data, including cases with imputed values, were used in the direct estimation of adult and maternal mortality.

### 8.2 Direct Estimates of Adult Mortality

Another way to assess the quality of data used to estimate maternal mortality is to evaluate the plausibility of the adult mortality rates obtained. If the overall adult mortality rates display a generally stable, plausible pattern, it lends credence to the maternal mortality estimates. This is because maternal mortality is a subset of adult mortality.

Table 8.2 presents the age-specific rates of male and female mortality (15-49 years) for the tenyear period before the survey, which roughly corresponds to 1991-2000. Age-specific death rates are computed by dividing the number of deaths in each age group by the total person-months of exposure in that age group during a specified reference period. Since the number of deaths on which the rates are based is not large (only 521 female and 642 male deaths), the five-year, age-specific rates are subject to large sampling variation.

The female mortality rate is 4 per 1,000 population, while the male mortality rate is 6 per 1,000 . Generally, female mortality is higher than male mortality below age 30 and is lower than male mortality at ages 30 and above. As expected, mortality increases with age for both sexes, however the rates generally level off at age group 25-29 for women and age group 40-44 for men.

[^11]| Table 8.2 Adult mortality rates |  |  |  |
| :---: | :---: | :---: | :---: |
| Estimated adult mortality rates for women and men in the period 09 years before the survey, Namibia 2000 |  |  |  |
| FEMALE |  |  |  |
| Age | Deaths | Exposure years | Mortality rates ${ }^{1}$ |
| 1519 | 45 | 25,793 | 1.73 |
| 2024 | 98 | 27,063 | 3.61 |
| 2529 | 125 | 23,833 | 5.23 |
| 3034 | 106 | 19,117 | 5.54 |
| 3539 | 71 | 13,806 | 5.15 |
| 4044 | 44 | 8,390 | 5.19 |
| 4549 | 34 | 4,640 | 7.32 |
| 15-49 | 521 | 122,643 | $4.29^{\text {a }}$ |
|  |  | LE |  |
| 1519 | 38 | 23,184 | 1.62 |
| 2024 | 79 | 24,121 | 3.29 |
| 2529 | 112 | 21,548 | 5.22 |
| 3034 | 152 | 17,094 | 8.90 |
| 3539 | 121 | 11,676 | 10.34 |
| 4044 | 93 | 7,063 | 13.18 |
| 4549 | 47 | 3,955 | 11.89 |
| 15-49 | 642 | 108,641 | $6.314^{\text {a }}$ |
| ${ }^{1}$ Mortality rates are expressed per 1,000 population. <br> ${ }^{\text {a }}$ Age-adjusted rate |  |  |  |

### 8.3 Estimates Of Maternal Mortality

Direct age-specific estimates of maternal mortality from the reported survivorship of sisters are shown in Table 8.3 , for the 10 -year period before the survey. Age-specific mortality rates are calculated by dividing the number of maternal deaths by woman-years of exposure. To remove the effect of truncation bias (the upper boundary for eligibility for women interviewed in the NDHS is 49 years), the overall rate for women age 15-49 is standardised by the age distribution of the survey respondents. Maternal deaths are defined as any death that occurred during pregnancy, childbirth, or within two months after the birth or termination of a pregnancy. ${ }^{2}$ The number of maternal deaths (50) is small, so age-specific rates are subject to very large sampling errors.

[^12]However, the age-specific rates show a plausible pattern, being higher at the peak childbearing ages of the 20 s and 30 s than at the youngest and older age groups. For the entire childbearing period (15-49) for the ten-year period before the survey (1991-2000), the rate of mortality due to causes related to pregnancy and childbearing is 0.38 maternal deaths per 1,000 woman-years of exposure. Maternal deaths represent approximately 10 percent of all deaths to women age 15-49.

The maternal mortality rate can be converted to a maternal mortality ratio and expressed per 100,000 live births by dividing the rate by the general fertility rate of 0.139 operating during the same time period. In this way, the obstetrical risk of pregnancy and childbearing is underlined. By direct estimation procedures, the maternal mortality ratio is estimated as 271 maternal deaths per 100,000 live births during 1991-2000.

At first glance, it would appear that the maternal mortality ratio has increased over time, from 225 maternal deaths per 100,000 live births for the 10 -year period prior to the 1992 NDHS to 271 for 1991-2000. However, the methodology used and the sample size implemented in the 2000 NDHS do not allow for precise estimates of maternal mortality. The sampling errors around each of the estimates are large and consequently, the two estimates are not significantly different; thus it is impossible to say whether or not maternal mortality has changed over time. Health Information System (HIS) data suggest a decrease by more than half from 1992. Moreover, an increase in the maternal mortality ratio would be at odds with the trends in related indicators such as antenatal care coverage, delivery in health facilities, and the increase in medical assistance at delivery, all of which should yield a decrease in the level of maternal mortality.

## MATERNAL AND CHILD HEALTH

This chapter presents findings related to maternal and child health in the country. The areas examined include maternity care, vaccinations, and the prevalence and treatment of common childhood illnesses. Coupled with information on neonatal and infant mortality rates, this information can be used to identify subgroups of women who are at risk or whose births are at risk because of nonuse of maternal health services. The 2000 NDHS information is important as it provides a critical look into the performance of the Maternal and Child Health programme in Namibia. The programme was initiated to support one of the health policy objectives, namely the reduction of infant and maternal morbidity and mortality. The programme tries to improve the survival and development of women and children, who constitute 60 percent of the population of Namibia. Provision of medical care during pregnancy and delivery is essential for the survival of both the mother and infant. Therefore, the survey results provide an opportunity to identity critical issues affecting the situation of women and children in Namibia. The information will assist policy makers, planners, and other collaborators in the health sector to formulate appropriate strategies to improve maternal and child health care. Data were obtained for all live births that occurred in the five years preceding the survey.

### 9.1 Antenatal Care

## Prevalence and Source of Antenatal Care

Antenatal care from a trained provider is important to monitor the pregnancy and reduce the risks for the mother and child during pregnancy and at delivery. Table 9.1 presents the percent distribution of women who had a birth in the five years preceding the survey by source of antenatal care received during pregnancy for the most recent birth, according to background characteristics. Interviewers asked women about all the people who provided care during the pregnancy; however, if more than one person was mentioned, the one with the highest qualifications was recorded.

The results show that the vast majority of pregnant women in Namibia (93 percent) receive antenatal care. More than 9 in 10 women receive antenatal care from a medical professional ( 91 percent), mostly from nurses and midwives ( 78 percent) (see Figure 9.1). Doctors provide 13 percent of antenatal care services, while traditional birth attendants provide only 2 percent of antenatal care. Comparison with the 1992 NDHS is difficult; ${ }^{1}$ however, it appears that the percentage of women receiving antenatal care from doctors has declined slightly, while the proportion receiving care from nurses and midwives has increased. This increase could be attributed to the wider availability of trained nurses as a result of the programme to upgrade Nursing Assistants to Enrolled Nurse Midwives.

Substantial variation in antenatal care coverage is noted between rural and urban areas. Urban women are also more likely than rural women to receive antenatal care from a doctor. Antenatal care from a medical professional is considerably less common in the Northeast Directorate, as well as in Caprivi, Kavango, Kunene, and Omaheke Regions. More than one in five uneducated women does not receive any antenatal care at all, in contrast to women who have completed secondary education, 99 percent of whom receive antenatal care from a medical professional.

[^13]| Table 9.1 Antenatal care |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women who had a live birth in the five years preceding the survey by antenatal care (ANC) provider during pregnancy for the most recent birth, according to background characteristics, Namibia |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
| 2000 |  |  |  |  |  |  |  |
| Antenatal care provider |  |  |  |  |  |  |  |
| Background characteristic | Doctor | Nurse/ midwife | Traditional birth attendant/ other | No one | Missing | Total | Number of women |
| Mother's age at birth |  |  |  |  |  |  |  |
| <20 | 10.9 | 81.4 | 1.3 | 5.4 | 0.9 | 100.0 | 474 |
| 20-34 | 14.0 | 77.7 | 1.8 | 5.3 | 1.2 | 100.0 | 1,962 |
| 35-49 | 11.6 | 74.1 | 2.6 | 9.7 | 1.9 | 100.0 | 565 |
| Birth order |  |  |  |  |  |  |  |
| 1 | 14.0 | 79.8 | 1.4 | 4.0 | 0.8 | 100.0 | 871 |
| 2-3 | 15.2 | 77.0 | 1.4 | 5.1 | 1.3 | 100.0 | 1,127 |
| 4-5 | 11.9 | 76.7 | 2.1 | 8.0 | 1.4 | 100.0 | 574 |
| 6+ | 7.1 | 76.1 | 3.8 | 10.8 | 2.2 | 100.0 | 430 |
| Residence |  |  |  |  |  |  |  |
| Urban | 21.0 | 74.6 | 0.7 | 2.7 | 1.0 | 100.0 | 1,112 |
| Rural | 8.4 | 79.4 | 2.6 | 8.2 | 1.5 | 100.0 | 1,889 |
| Directorate |  |  |  |  |  |  |  |
| Northwest | 10.0 | 83.7 | 0.6 | 5.1 | 0.6 | 100.0 | 1,197 |
| Northeast | 2.5 | 80.2 | 3.9 | 10.8 | 2.6 | 100.0 | 395 |
| Central | 13.5 | 75.6 | 3.2 | 6.8 | 1.0 | 100.0 | 570 |
| South | 22.0 | 69.2 | 1.8 | 5.0 | 1.9 | 100.0 | 840 |
| Region |  |  |  |  |  |  |  |
| Caprivi | 0.4 | 83.6 | 9.5 | 3.3 | 3.2 | 100.0 | 153 |
| Erongo | 14.9 | 80.5 | 0.0 | 3.9 | 0.6 | 100.0 | 145 |
| Hardap | 24.7 | 62.8 | 0.0 | 8.7 | 3.9 | 100.0 | 114 |
| Karas | 29.3 | 63.2 | 0.0 | 5.2 | 2.3 | 100.0 | 101 |
| Kavango | 3.8 | 78.1 | 0.4 | 15.5 | 2.3 | 100.0 | 242 |
| Khomas | 22.6 | 72.6 | 2.1 | 1.5 | 1.2 | 100.0 | 526 |
| Kunene | 11.6 | 73.8 | 2.0 | 10.3 | 2.2 | 100.0 | 115 |
| Ohangwena | 5.9 | 82.5 | 1.7 | 9.1 | 0.8 | 100.0 | 370 |
| Omaheke | 8.4 | 64.6 | 4.1 | 19.4 | 3.5 | 100.0 | 99 |
| Omusati | 6.7 | 88.8 | 0.0 | 3.9 | 0.6 | 100.0 | 289 |
| Oshana | 10.2 | 87.2 | 0.0 | 1.5 | 1.0 | 100.0 | 266 |
| Oshikoto | 18.8 | 76.3 | 0.5 | 4.4 | 0.0 | 100.0 | 272 |
| Otjozondjupa | 13.5 | 73.9 | 5.1 | 6.8 | 0.7 | 100.0 | 310 |
| Education |  |  |  |  |  |  |  |
| No education | 4.6 | 61.9 | 7.7 | 22.4 | 3.4 | 100.0 | 375 |
| Incomplete primary | 6.4 | 84.2 | 1.7 | 6.6 | 1.2 | 100.0 | 738 |
| Completed primary | 9.2 | 83.1 | 1.1 | 3.8 | 2.8 | 100.0 | 327 |
| Incompl. secondary | 13.6 | 81.8 | 0.9 | 2.9 | 0.7 | 100.0 | 1,191 |
| Compl. secondary+ | 36.4 | 62.1 | 0.0 | 1.2 | 0.4 | 100.0 | 371 |
| Total | 13.0 | 77.6 | 1.9 | 6.1 | 1.3 | 100.0 | 3,002 |
| Note: If more than one source of ANC care was mentioned, only the provider with the highest qualifications is considered in this tabulation. <br> ${ }^{1}$ Includes "don't know" |  |  |  |  |  |  |  |

Figure 9.1 Antenatal and Delivery Care Indicators


Note: For antenatal care, percentages are based on most recent birth in the five years preceding the survey. For place of delivery and delivery assistance, percentages are based on all births in the five years preceding the survey.

## Number and Timing of Antenatal Visits

Pregnant women are advised to start attending antenatal clinics before the 20th week of gestation, so that their normal baseline health can be assessed and monitored more regularly. At the first antenatal visit, a detailed history should be obtained and a full examination carried out. The recommended protocol for antenatal care calls for a woman with a normal pregnancy to visit an antenatal clinic at monthly intervals until the 28th week of pregnancy, then fortnightly until the 36th week, and subsequently weekly until labour begins. If this schedule is followed, about 12 to 13 antenatal care visits will be made. Pregnancy monitoring and detection of complications are the main objectives of antenatal care. In the event of any complication, either more frequent antenatal visits are advisable or admission to hospital may become necessary.

Table 9.2 presents data on the number of antenatal visits made by pregnant mothers and the stage of pregnancy at the first visit. Almost 70 percent of women whose last birth occurred in the five years before the survey made four or more antenatal care visits. Some pregnant women start antenatal care late; the median months pregnant at the time of first visit is almost 5 months. A comparison of data from the 1992 and 2000 surveys shows only minor variation in the number of visits and the timing of the first visit.

Table 9.2 Number of antenatal care visits and stage of pregnancy

Percent distribution of women who had a live birth in the five years preceding the survey by number of antenatal care (ANC) visits for the most recent birth, and by the stage of pregnancy at the time of the first visit, Namibia 2000

| Number and timing <br> of ANC visits | Percentage <br> of women |
| :--- | ---: |
| Number of ANC visits |  |
| None | 6.1 |
| 1 | 2.4 |
| $2-3$ | 69.4 |
| $4+$ | 9.0 |
| Don't know/missing | 100.0 |
| Total |  |
| Number of months |  |
| pregnant at time of |  |
| first ANC visit | 6.1 |
| No antenatal care | 68.9 |
| <6 months | 19.8 |
| 6-7 months | 2.8 |
| $8+$ months |  |
| Don't know/missing | 2.3 |
| Total | 100.0 |
| Median months pregnant at |  |
| first visit (for those with ANC) | 4.8 |
| Number of live births | 3,002 |

## Antenatal Care Content

In the 2000 NDHS, women who delivered in the five years before the survey were asked several questions about what types of antenatal care they received during the pregnancy that led to their most recent birth. Specifically, they were asked if they were informed of the signs associated with serious pregnancy complications; if they were informed of where to go if they experienced such symptoms; and, for those who delivered in the 12 months before the survey, whether they received a tetanus toxoid injection. Tetanus injections are given to women during pregnancy to prevent neonatal tetanus, which is an important cause of death among infants in some developing countries. A baby is considered protected if the mother received two doses of tetanus toxoid during pregnancy, with the second at least two weeks before delivery. However, if a woman was vaccinated during a previous pregnancy, she may only require one dose for the current pregnancy. Five doses are considered adequate to provide lifetime protection.

As shown in Table 9.3, just under half ( 45 percent) of the women who received antenatal care said they were told about pregnancy complications, while roughly the same proportion said they were told where to go for complications. Forty-six percent of women who delivered in the previous year said they received at least one injection against tetanus. Differences in antenatal care content by

Table 9.3 Antenatal care content
Among women who had a live birth in the five years preceding the survey and who received antenatal care for the most recent birth, percentage who received specific services, and for mothers delivering in the last year, percentage who received a tetanus toxoid injection during the pregnancy, according to background characteristics, Namibia 2000

|  | Informed of <br> signs of | Told <br> where to | Number <br> of women | Given <br> tetanus | Number <br> of women |
| :--- | :---: | :---: | :---: | :---: | :---: |
|  | pregnancy | go for | delivering | toxoid | delivering |

## Mother's age <br> at birth

$<20$
$20-34$
$35-49$

## Birth order <br> 1 $2-3$ $4-5$ $6+$ Residence $\quad$ Urban

Rural
Directorate
Northwest
Northeast
Central
Central
South
Region
Caprivi
Erongo
Hardap
Karas
Kavango
Khomas
Kunene
Ohangwena
Omaheke
Omusati
Oshana
Oshikoto
Otjozondjupa

Education

| No education | 31.4 | 30.6 | 280 | 34.5 | 121 |
| :--- | ---: | ---: | ---: | ---: | ---: |
| Incomplete primary | 44.7 | 42.3 | 683 | 49.6 | 209 |
| Completed primary | 47.3 | 43.9 | 310 | 46.7 | 85 |
| Incompl. secondary | 45.5 | 43.8 | 1,149 | 53.6 | 341 |
| Compl. secondary+ | 51.1 | 50.1 | 365 | 29.5 | 118 |
| Total | 44.8 | 43.0 | 2,787 | 46.1 | 874 |

Note: Figures in parentheses are based on 25-49 unweighted cases. background characteristics can be observed, with Caprivi and Erongo Regions having the highest proportion of women who were informed of signs of pregnancy complications and where to go if they experienced complications. The lowest levels occur in the Northwest Directorate and Ohangwena Region. Urban women are slightly more likely than rural women to have received information on signs of pregnancy complications and where to go for complications. Similarly, better-educated women are more likely to receive information on pregnancy complications than women with less education or no education at all.

### 9.2 Delivery Care

## Place of Delivery

Information about the place of delivery provides insight into the quality of services provided, since deliveries at health facilities are regarded as being more hygienic than those occurring at home. Proper medical attention and hygienic conditions during delivery can reduce the risk of complications and infections that can cause death or serious illness to either the mother or the baby. Table 9.4 presents the distribution of all births in the five years preceding the survey by place of delivery.

| Table 9.4 Place of delivery |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of live births in the five years preceding the survey by place of delivery, according to background characteristics, Namibia 2000 |  |  |  |  |  |  |
| Background characteristic | Place of delivery |  |  |  | Total | Number of births |
|  | Health facility | At home | Other | Missing |  |  |
| Mother's age at birth |  |  |  |  |  |  |
| <20 | 77.4 | 21.2 | 0.3 | 1.1 | 100.0 | 630 |
| 20-34 | 77.0 | 21.8 | 0.2 | 1.0 | 100.0 | 2,671 |
| 35-49 | 63.3 | 35.6 | 0.4 | 0.7 | 100.0 | 684 |
| Birth order |  |  |  |  |  |  |
| 1 | 84.0 | 15.1 | 0.1 | 0.7 | 100.0 | 1,163 |
| 2-3 | 76.0 | 22.7 | 0.3 | 1.0 | 100.0 | 1,520 |
| 4-5 | 69.9 | 28.3 | 0.4 | 1.4 | 100.0 | 743 |
| 6+ | 58.2 | 40.9 | 0.0 | 0.9 | 100.0 | 558 |
| Residence |  |  |  |  |  |  |
| Urban | 92.0 | 7.0 | 0.2 | 0.8 | 100.0 | 1,372 |
| Rural | 65.6 | 33.0 | 0.2 | 1.1 | 100.0 | 2,613 |
| Directorate |  |  |  |  |  |  |
| Northwest | 73.3 | 25.4 | 0.3 | 1.0 | 100.0 | 1,643 |
| Northeast | 57.0 | 41.8 | 0.1 | 1.1 | 100.0 | 537 |
| Central | 76.3 | 22.5 | 0.2 | 1.0 | 100.0 | 729 |
| South | 84.6 | 14.3 | 0.2 | 0.9 | 100.0 | 1,076 |
| Region |  |  |  |  |  |  |
| Caprivi | 68.3 | 30.5 | 0.0 | 1.1 | 100.0 | 207 |
| Erongo | 94.6 | 5.1 | 0.3 | 0.0 | 100.0 | 167 |
| Hardap | 78.4 | 19.8 | 0.5 | 1.4 | 100.0 | 146 |
| Karas | 92.7 | 4.4 | 0.9 | 2.0 | 100.0 | 124 |
| Kavango | 49.9 | 48.8 | 0.1 | 1.1 | 100.0 | 330 |
| Khomas | 90.6 | 8.8 | 0.0 | 0.6 | 100.0 | 668 |
| Kunene | 58.9 | 38.6 | 0.1 | 2.3 | 100.0 | 162 |
| Ohangwena | 57.4 | 41.5 | 0.0 | 1.1 | 100.0 | 552 |
| Omaheke | 54.7 | 44.1 | 0.3 | 0.9 | 100.0 | 138 |
| Omusati | 83.0 | 15.7 | 0.0 | 1.4 | 100.0 | 384 |
| Oshana | 83.9 | 15.1 | 0.0 | 1.0 | 100.0 | 347 |
| Oshikoto | 77.3 | 21.0 | 1.4 | 0.4 | 100.0 | 361 |
| Otjozondjupa | 75.7 | 23.2 | 0.2 | 0.9 | 100.0 | 400 |
| Education |  |  |  |  |  |  |
| No education | 45.4 | 52.5 | 0.3 | 1.8 | 100.0 | 561 |
| Incomplete primary | 64.8 | 33.3 | 0.3 | 1.6 | 100.0 | 1,034 |
| Completed primary | 74.7 | 24.2 | 0.4 | 0.7 | 100.0 | 436 |
| Incompl. secondary | 85.3 | 13.9 | 0.1 | 0.7 | 100.0 | 1,494 |
| Compl. secondary+ | 98.3 | 1.5 | 0.1 | 0.0 | 100.0 | 459 |
| Antenatal care visits |  |  |  |  |  |  |
| None | 28.8 | 70.7 | 0.1 | 0.4 | 100.0 | 282 |
| 1-3 visits | 66.7 | 32.4 | 0.2 | 0.7 | 100.0 | 645 |
| 4 or more visits | 81.3 | 17.8 | 0.2 | 0.7 | 100.0 | 2,708 |
| Total | 74.7 | 24.1 | 0.2 | 1.0 | 100.0 | 3,985 |

Three-quarters ( 75 percent) of births in Namibia are delivered at a health facility of some kind, while 24 percent are delivered at home (Figure 9.1). The proportion of births delivered in health facilities has increased from 67 percent in 1992 to 75 percent in 2000.

The proportion of births that take place in health facilities differs according to characteristics of the mother and the child. Births to younger women, first births, and births to urban women are much more likely than other births to take place in a health facility. There are also regional differences in place of delivery. Half of women in Kavango Region are still delivering at home (49 percent), as are a substantial minority of those in Omaheke ( 44 percent), Ohangwena ( 42 percent), and Kunene ( 39 percent) Regions. As expected, births to more educated women are more likely than those to less educated women to be born at health facilities. Similarly, the more antenatal care visits the mother had during the pregnancy, the higher the likelihood that the baby was delivered in a health facility.

## Assistance During Delivery

The type of assistance a woman receives during childbirth has important health consequences for both mother and child. Therefore, besides collecting information on the place of delivery, the 2000 NDHS collected data on the type of personnel who assisted during delivery. Table 9.5 shows the percent distribution of births in the five years before the survey by type of assistance during delivery, according to background characteristics.

More than three in four women who gave birth in the five years preceding the survey were assisted by trained medical personnel (doctors, nurses, or midwives), while 6 percent were assisted by traditional birth attendants, 17 percent were assisted by relatives, and less than 1 percent had no assistance during delivery.

It is encouraging that first births and births to women under age 20 are as likely as other births to be assisted by qualified health personnel, given that young women and women expecting their first child are subject to higher medical risks. Older mothers and fourth and higher births are less likely to be assisted by medical personnel during delivery.

As expected, births in urban areas are more likely to be assisted by qualified medical personnel than rural births. More than nine in ten births ( 93 percent) in urban are assisted by doctors, nurses or midwives, compared to only 66 percent of births in rural areas. There are substantial and remarkable differences among the regions in the proportion of births assisted by a doctor, from none in Caprivi Region to 26 percent in Karas Region. Doctors also play a limited role in assisting births in Ohangwena, Kavango, Omusati, Kunene, and Omaheke Regions. As noted in the previous section, a large proportion of women in Kavango Region still deliver at home and these births are likely to be assisted by relatives (46 percent).

Mother's education is also associated with type of delivery assistance. The percentage of births assisted by doctors, nurses, and midwives increases from 47 percent of births to women with no education to 98 percent of births to women who have completed secondary school. The number of antenatal care visits is also positively associated with professional medical assistance at delivery.

| Table 9.5 Assistance during delivery |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of live births in the five years preceding the survey by type of assistance during delivery, according to background characteristics, Namibia 2000 |  |  |  |  |  |  |  |  |
| Background characteristic | Attendant assisting during delivery |  |  |  |  |  | Total | Number |
|  | Doctor | Nurse/ midwife | Traditional birth attendant | Relative/ other | No one | Don't know/ missing |  |  |
| Mother's age at birth |  |  |  |  |  |  |  |  |
|  | 10.3 | 68.1 | 5.0 | 15.4 | 0.1 | 1.1 | 100.0 | 630 |
| 20-34 | 11.0 | 66.4 | 5.6 | 15.6 | 0.2 | 1.1 | 100.0 | 2,671 |
| 35-49 | 9.9 | 55.5 | 9.4 | 21.9 | 2.6 | 0.7 | 100.0 | 684 |
| Birth order |  |  |  |  |  |  |  |  |
| 1 | 12.9 | 71.4 | 4.8 | 9.9 | 0.2 | 0.7 | 100.0 | 1,163 |
| 2-3 | 11.3 | 65.8 | 4.8 | 16.8 | 0.1 | 1.2 | 100.0 | 1,520 |
| 4-5 | 8.5 | 62.0 | 5.9 | 21.8 | 0.4 | 1.3 | 100.0 | 743 |
| 6+ | 7.4 | 52.2 | 13.2 | 23.4 | 3.3 | 0.6 | 100.0 | 558 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 17.0 | 76.1 | 2.3 | 3.6 | 0.2 | 0.8 | 100.0 | 1,372 |
| Rural | 7.4 | 58.9 | 8.2 | 23.5 | 0.8 | 1.1 | 100.0 | 2,613 |
| Directorate |  |  |  |  |  |  |  |  |
| Northwest | 8.4 | 65.3 | 9.5 | 14.8 | 1.1 | 0.9 | 100.0 | 1,643 |
| Northeast | 3.0 | 54.1 | 2.1 | 38.8 | 0.4 | 1.6 | 100.0 | 537 |
| Central | 15.3 | 62.7 | 5.3 | 15.6 | 0.0 | 1.0 | 100.0 | 729 |
| South | 14.9 | 70.8 | 3.8 | 9.1 | 0.4 | 0.9 | 100.0 | 1,076 |
| Region |  |  |  |  |  |  |  |  |
| Caprivi | 0.0 | 67.4 | 2.2 | 28.1 | 0.0 | 2.4 | 100.0 | 207 |
| Erongo | 20.1 | 75.2 | 1.3 | 3.5 | 0.0 | 0.0 | 100.0 | 167 |
| Hardap | 15.9 | 66.1 | 5.2 | 11.1 | 0.3 | 1.4 | 100.0 | 146 |
| Karas | 25.5 | 66.3 | 0.0 | 5.7 | 0.5 | 2.0 | 100.0 | 124 |
| Kavango | 4.9 | 45.8 | 2.0 | 45.5 | 0.7 | 1.1 | 100.0 | 330 |
| Khomas | 14.1 | 77.6 | 3.8 | 3.7 | 0.4 | 0.6 | 100.0 | 668 |
| Kunene | 7.9 | 54.3 | 15.9 | 19.5 | 0.2 | 2.3 | 100.0 | 162 |
| Ohangwena | 4.6 | 52.6 | 19.4 | 22.0 | 0.2 | 1.1 | 100.0 | 552 |
| Omaheke | 8.7 | 47.1 | 6.0 | 36.7 | 0.5 | 0.9 | 100.0 | 138 |
| Omusati | 7.1 | 75.9 | 3.1 | 10.9 | 2.0 | 1.0 | 100.0 | 384 |
| Oshana | 11.6 | 73.6 | 2.8 | 8.9 | 2.1 | 1.0 | 100.0 | 347 |
| Oshikoto | 12.6 | 65.6 | 7.7 | 13.6 | 0.4 | 0.2 | 100.0 | 361 |
| Otjozondjupa | 16.4 | 60.9 | 2.6 | 19.1 | 0.0 | 0.9 | 100.0 | 400 |
| Education |  |  |  |  |  |  |  |  |
| No education | 3.3 | 43.5 | 10.1 | 40.7 | 0.6 | 1.8 | 100.0 | 561 |
| Incomplete primary | 7.2 | 57.8 | 8.8 | 23.2 | 1.3 | 1.7 | 100.0 | 1,034 |
| Completed primary | 8.1 | 68.3 | 7.2 | 14.3 | 1.6 | 0.6 | 100.0 | 436 |
| Incompl. secondary | 10.9 | 75.4 | 4.5 | 8.5 | 0.1 | 0.7 | 100.0 | 1,494 |
| Compl. secondary+ | 29.5 | 68.8 | 0.2 | 1.4 | 0.0 | 0.0 | 100.0 | 459 |
| Antenatal care visits |  |  |  |  |  |  |  |  |
| None | 3.4 | 25.8 | 13.1 | 52.6 | 4.7 | 0.4 | 100.0 | 282 |
| 1-3 visits | 7.7 | 59.8 | 7.4 | 23.7 | 0.3 | 1.1 | 100.0 | 645 |
| $4+$ visits | 12.3 | 69.9 | 5.3 | 11.6 | 0.3 | 0.6 | 100.0 | 2,708 |
| Total | 10.7 | 64.8 | 6.2 | 16.7 | 0.6 | 1.0 | 100.0 | 3,985 |
| Note: If the respondent mentioned more than one attendant, only the most qualified attendant is considered in this tabulation. Total includes 349 births with the number of antenatal care visits missing. |  |  |  |  |  |  |  |  |

## Birth Weight

National estimates of the incidence of low birth weight are recognised indicators of the wellbeing of neonates, because weight at birth is an important determinant of the survival chances of a newborn. The 2000 NDHS included questions on weight at birth for all children born in the five years preceding the survey. The mothers were asked to recall the size of the child at birth, whether the child was
weighed at birth, and if so, the weight of the child at birth. Low birth weight is defined as less than 2500 grams.

Table 9.6 shows that information on birth weight is available for only two-thirds of births that occurred in the five years before the survey. Fifteen percent of babies were not weighed, while 18 percent were weighed, but the mother could not report the weight to the interviewer. Of those for whom a weight was given, 88 percent ( 59 percent of all births) weighed 2.5 kg or more at birth. This means that about 12 percent of babies ( 8 percent of all births) weigh less than 2.5 kg at birth, a slight improvement from the 14 percent measured in 1992. Caprivi and Oshana Regions have low proportions of low-birth-weight babies, while Kavango Region has by far the highest proportion among babies for whom a weight was given.

## Table 9.6 Delivery characteristics

Percent distribution of live births in the five years preceding the survey by birth weight, and by mother's estimate of baby's size at birth, according to background characteristics, Namibia 2000

| Background characteristic | Birth weight |  |  |  | Size of child at birth |  |  |  | Total | Number |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Not weighed | $\begin{gathered} \text { Less } \\ \text { than } \\ 2.5 \mathrm{~kg} \end{gathered}$ | $\begin{aligned} & 2.5 \mathrm{~kg} \\ & \text { or } \\ & \text { more } \end{aligned}$ | Don't know/ Missing | Very small | Smaller than average | Average or larger | Don't know/ Missing |  |  |
| Mother's age at birth |  |  |  |  |  |  |  |  |  |  |
| $<20$ | 15.7 | 8.4 | 55.3 | 20.6 | 5.2 | 8.8 | 81.8 | 4.2 | 100.0 | 630 |
| 20-34 | 13.6 | 8.2 | 61.4 | 16.8 | 6.5 | 9.0 | 80.1 | 4.3 | 100.0 | 2,671 |
| 35-49 | 19.8 | 6.6 | 53.5 | 20.1 | 7.3 | 12.3 | 76.7 | 3.7 | 100.0 | 684 |
| Birth order |  |  |  |  |  |  |  |  |  |  |
| 1 | 10.0 | 9.6 | 63.4 | 17.1 | 5.5 | 9.4 | 81.7 | 3.4 | 100.0 | 1,163 |
| 2-3 | 13.7 | 7.6 | 60.2 | 18.4 | 7.3 | 8.8 | 79.4 | 4.6 | 100.0 | 1,520 |
| 4-5 | 18.7 | 7.8 | 57.2 | 16.3 | 6.5 | 11.0 | 77.8 | 4.7 | 100.0 | 743 |
| 6+ | 24.1 | 6.0 | 49.1 | 20.8 | 6.1 | 10.1 | 79.8 | 4.1 | 100.0 | 558 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 2.4 | 8.0 | 70.5 | 19.2 | 5.9 | 8.3 | 83.9 | 1.9 | 100.0 | 1,372 |
| Rural | 21.7 | 8.0 | 53.0 | 17.3 | 6.7 | 10.2 | 77.7 | 5.4 | 100.0 | 2,613 |
| Directorate |  |  |  |  |  |  |  |  |  |  |
| Northwest | 12.7 | 8.1 | 59.2 | 20.0 | 7.1 | 13.2 | 77.4 | 2.4 | 100.0 | 1,643 |
| Northeast | 36.5 | 8.0 | 42.3 | 13.2 | 0.6 | 2.2 | 83.3 | 13.9 | 100.0 | 537 |
| Central | 17.0 | 6.4 | 58.6 | 18.0 | 6.6 | 6.9 | 81.9 | 4.5 | 100.0 | 729 |
| South | 6.5 | 8.9 | 67.5 | 17.1 | 8.3 | 9.5 | 80.4 | 1.8 | 100.0 | 1,076 |
| Region |  |  |  |  |  |  |  |  |  |  |
| Caprivi | 26.1 | 4.0 | 63.0 | 6.9 | 1.6 | 3.8 | 74.1 | 20.5 | 100.0 | 207 |
| Erongo | 1.6 | 6.8 | 71.1 | 20.5 | 10.2 | 4.5 | 83.2 | 2.1 | 100.0 | 167 |
| Hardap | 3.1 | 12.9 | 62.8 | 21.2 | 21.0 | 8.2 | 68.6 | 2.2 | 100.0 | 146 |
| Karas | 0.9 | 10.0 | 76.3 | 12.8 | 7.5 | 8.2 | 81.5 | 2.9 | 100.0 | 124 |
| Kavango | 43.1 | 10.5 | 29.2 | 17.3 | 0.0 | 1.2 | 89.0 | 9.7 | 100.0 | 330 |
| Khomas | 3.5 | 8.2 | 72.7 | 15.7 | 5.2 | 8.6 | 85.3 | 0.8 | 100.0 | 668 |
| Kunene | 30.4 | 7.1 | 37.1 | 25.5 | 9.3 | 9.7 | 77.8 | 3.1 | 100.0 | 162 |
| Ohangwena | 27.5 | 8.2 | 51.0 | 13.3 | 6.3 | 12.0 | 78.5 | 3.3 | 100.0 | 552 |
| Omaheke | 29.8 | 7.3 | 39.1 | 23.8 | 10.5 | 16.3 | 68.1 | 5.2 | 100.0 | 138 |
| Omusati | 6.1 | 10.3 | 62.0 | 21.5 | 9.4 | 9.9 | 79.7 | 1.0 | 100.0 | 384 |
| Oshana | 3.3 | 5.4 | 65.6 | 25.7 | 7.9 | 19.7 | 70.7 | 1.8 | 100.0 | 347 |
| Oshikoto | 6.1 | 8.0 | 62.7 | 23.2 | 4.9 | 12.3 | 79.7 | 3.1 | 100.0 | 361 |
| Otjozondjupa | 18.0 | 6.0 | 62.1 | 13.9 | 4.0 | 6.8 | 83.1 | 6.1 | 100.0 | 400 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 39.8 | 4.9 | 32.2 | 23.0 | 6.4 | 10.0 | 75.3 | 8.2 | 100.0 | 561 |
| Incomplete primary | 21.0 | 8.3 | 47.1 | 23.6 | 6.5 | 11.4 | 75.4 | 6.7 | 100.0 | 1,034 |
| Completed primary | 14.0 | 7.9 | 58.0 | 20.1 | 7.3 | 9.1 | 79.3 | 4.2 | 100.0 | 436 |
| Incompl. secondary | 6.1 | 7.9 | 70.4 | 15.5 | 6.4 | 8.5 | 83.2 | 2.0 | 100.0 | 1,494 |
| Compl. secondary + | 1.2 | 11.1 | 82.9 | 4.8 | 5.8 | 8.9 | 84.7 | 0.6 | 100.0 | 459 |
| Total | 15.0 | 8.0 | 59.0 | 17.9 | 6.4 | 9.6 | 79.8 | 4.2 | 100.0 | 3,985 |

Similarly, 80 percent of births were reported by their mothers to have been of average size or larger at birth. Sixteen percent were reported to be either smaller than average or very small. Differences in the prevalence of low birth weight are difficult to detect.

### 9.3 Postnatal Care

Postnatal care is the care provided to the mother after delivery to check for any complications arising from the delivery and to provide the mother with important information on how to care for herself and her child. The timing of postnatal care is important. The optimal timing is within two days of delivery, since this is the critical period when most maternal and neonatal deaths occur. Proper postnatal care can reduce the risk of maternal mortality.

Table 9.7 presents information on postnatal care after the most recent birth for women who gave birth in the five years preceding the survey. The data show the majority of women do not receive any postnatal care ( 52 percent). Encouraging women to seek postnatal care and to do so soon after birth could serve to reduce maternal morbidity and mortality. This message should be focused on mothers in rural areas and in Central Directorate, Kavango Region, and on mothers who have no education, a large majority of whom do not receive any postnatal care.

Table 9.7 Postnatal care by background characteristics
Percent distribution of women who had a live birth in the five years preceding the survey by postnatal care provider for the most recent birth, according to background characteristics, Namibia 2000

| Background characteristic | Provider of postnatal care |  |  |  |  | Total | Number of births |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Doctor | Trained nurse/ midwife | Traditional birth attendant | Don't know/ missing/ other/ | No postnatal care |  |  |
| Mother's age at birth |  |  |  |  |  |  |  |
| <20 | 6.5 | 37.1 | 1.0 | 0.6 | 54.7 | 100.0 | 474 |
| 20-34 | 10.8 | 38.0 | 0.6 | 1.0 | 49.6 | 100.0 | 1,962 |
| 35-49 | 10.0 | 31.5 | 0.8 | 1.7 | 56.0 | 100.0 | 565 |
| Birth order |  |  |  |  |  |  |  |
| 1 | 9.8 | 39.5 | 0.3 | 0.6 | 49.8 | 100.0 | 871 |
| 2-3 | 12.8 | 36.7 | 0.9 | 0.9 | 48.7 | 100.0 | 1,127 |
| 4-5 | 6.7 | 33.8 | 0.3 | 1.7 | 57.5 | 100.0 | 574 |
| $6+$ | 7.1 | 34.4 | 1.6 | 1.9 | 55.1 | 100.0 | 430 |
| Residence |  |  |  |  |  |  |  |
| Urban | 15.5 | 36.8 | 0.9 | 0.2 | 46.6 | 100.0 | 1,112 |
| Rural | 6.7 | 36.5 | 0.6 | 1.6 | 54.6 | 100.0 | 1,889 |
| Directorate |  |  |  |  |  |  |  |
| Northwest | 7.0 | 43.0 | 0.4 | 1.6 | 48.1 | 100.0 | 1,197 |
| Northeast | 3.8 | 41.9 | 0.6 | 1.0 | 52.6 | 100.0 | 395 |
| Central | 13.3 | 26.1 | 0.4 | 1.2 | 58.9 | 100.0 | 570 |
| South | 14.8 | 32.2 | 1.3 | 0.3 | 51.3 | 100.0 | 840 |
| Region |  |  |  |  |  |  |  |
| Caprivi | 1.0 | 76.2 | 0.3 | 1.7 | 20.8 | 100.0 | 153 |
| Erongo | 13.7 | 46.0 | 0.0 | 0.0 | 40.2 | 100.0 | 145 |
| Hardap | 13.3 | 31.7 | 0.0 | 1.9 | 53.0 | 100.0 | 114 |
| Karas | 16.6 | 34.0 | 1.8 | 0.0 | 47.6 | 100.0 | 101 |
| Kavango | 5.6 | 20.1 | 0.9 | 0.5 | 72.9 | 100.0 | 242 |
| Khomas | 15.9 | 33.3 | 1.7 | 0.0 | 49.0 | 100.0 | 526 |
| Kunene | 5.2 | 16.6 | 2.2 | 6.2 | 69.7 | 100.0 | 115 |
| Ohangwena | 5.1 | 31.2 | 0.0 | 1.1 | 62.6 | 100.0 | 370 |
| Omaheke | 8.9 | 25.1 | 0.2 | 0.7 | 65.1 | 100.0 | 99 |
| Omusati | 2.8 | 46.0 | 1.5 | 4.6 | 45.0 | 100.0 | 289 |
| Oshana | 11.5 | 49.0 | 0.0 | 0.6 | 38.9 | 100.0 | 266 |
| Oshikoto | 9.4 | 49.8 | 0.4 | 0.0 | 40.4 | 100.0 | 272 |
| Otjozondjupa | 16.1 | 20.3 | 0.0 | 0.0 | 63.6 | 100.0 | 310 |
| Education |  |  |  |  |  |  |  |
| No education | 4.2 | 19.2 | 1.2 | 0.6 | 74.8 | 100.0 | 375 |
| Incomplete primary | 4.3 | 34.6 | 0.9 | 1.5 | 58.6 | 100.0 | 738 |
| Completed primary | 6.2 | 42.3 | 0.2 | 0.9 | 50.3 | 100.0 | 327 |
| Incompl. secondary | 9.8 | 43.0 | 0.8 | 1.2 | 45.3 | 100.0 | 1,191 |
| Compl. secondary+ | 31.0 | 32.8 | 0.0 | 0.6 | 35.7 | 100.0 | 371 |
| Total | 10.0 | 36.6 | 0.7 | 1.1 | 51.6 | 100.0 | 3,002 |

### 9.4 Constraints to Accessing Health Care

In the NDHS 2000, women were asked whether any of a set of specific potential obstacles was a big problem, a small problem or no problem when they are sick and want to get medical advice or treatment. As shown in Table 9.8, 68 percent of women said that at least one of the specified circumstances was a big problem. Difficulty in getting transport and having no health facility nearby were cited by 46 and 43 percent of women, respectively. Forty percent of women said that unhelpful clinic staff was a big problem, while 37 percent of women said that getting money for treatment was a big problem. Knowing where to go and getting permission to go are less important problems for women in accessing health care.

| Percentage of women who report they had problems accessing health care for themselves, by type of problem, according to background characteristics, Namibia 2000 |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Type of big problem in accessing health care |  |  |  |  |  |  | Number of women |
|  | Knowing where to go | Getting permission to go | Getting money for treatment | No health facility nearby | Difficulty getting transport | Clinic staff not helpful | Any of the specified problems |  |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 26.5 | 17.2 | 37.4 | 47.0 | 46.0 | 39.7 | 72.5 | 1,499 |
| 20-29 | 20.8 | 13.2 | 35.4 | 42.5 | 46.6 | 40.5 | 67.9 | 2,443 |
| 30-39 | 17.9 | 12.8 | 36.2 | 39.5 | 45.6 | 39.0 | 65.2 | 1,764 |
| 40-49 | 21.7 | 14.3 | 40.0 | 41.5 | 43.8 | 37.9 | 65.7 | 1,049 |
| Number of living children |  |  |  |  |  |  |  |  |
| 0 | 25.7 | 16.0 | 36.1 | 44.0 | 44.7 | 39.1 | 69.2 | 2,181 |
| 1-2 | 18.7 | 12.1 | 33.1 | 39.5 | 43.6 | 38.1 | 64.9 | 2,387 |
| 3-4 | 19.7 | 12.9 | 39.3 | 40.9 | 48.0 | 40.4 | 66.3 | 1,296 |
| 5+ | 20.8 | 17.1 | 44.2 | 49.6 | 51.0 | 42.9 | 75.0 | 891 |
| Marital status |  |  |  |  |  |  |  |  |
| Never married | 25.6 | 15.3 | 38.3 | 44.9 | 46.8 | 40.5 | 70.4 | 3,667 |
| Married <br> Divorced, separated, widowed | 15.7 | 12.5 | 32.8 | 40.2 | 43.3 | 38.1 | 63.4 | 2,610 |
|  | 20.9 | 14.0 | 46.5 | 37.4 | 51.9 | 39.8 | 73.7 | 478 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 10.2 | 6.8 | 21.9 | 21.3 | 27.8 | 31.1 | 49.1 | 2,786 |
| Rural | 29.3 | 19.3 | 47.1 | 57.5 | 58.4 | 45.4 | 81.1 | 3,969 |
| Directorate |  |  |  |  |  |  |  |  |
| Northwest | 36.3 | 21.0 | 51.9 | 57.0 | 55.4 | 47.1 | 81.4 | 2,792 |
| Northeast | 8.5 | 11.6 | 26.5 | 47.1 | 51.0 | 50.3 | 75.3 | 842 |
| Central | 9.8 | 8.1 | 25.8 | 33.8 | 37.0 | 26.1 | 53.0 | 1,231 |
| South | 12.9 | 9.2 | 26.1 | 25.0 | 34.9 | 32.2 | 54.3 | 1,890 |
| Region |  |  |  |  |  |  |  |  |
| Caprivi | 12.9 | 19.3 | 52.0 | 56.0 | 46.3 | 61.1 | 87.3 | 322 |
| Erongo | 2.9 | 2.1 | 8.5 | 6.2 | 8.0 | 12.4 | 21.1 | 399 |
| Hardap | 24.3 | 11.9 | 29.6 | 39.4 | 41.0 | 31.9 | 56.7 | 292 |
| Karas | 18.0 | 11.1 | 21.0 | 22.9 | 35.4 | 37.1 | 58.1 | 261 |
| Kavango | 5.7 | 6.8 | 10.7 | 41.5 | 53.9 | 43.5 | 67.9 | 520 |
| Khomas | 8.8 | 8.2 | 24.2 | 17.6 | 29.8 | 31.4 | 50.2 | 1,152 |
| Kunene | 26.5 | 19.2 | 54.4 | 56.0 | 64.7 | 44.6 | 84.0 | 205 |
| Ohangwena | 51.6 | 29.5 | 59.3 | 59.3 | 62.2 | 70.8 | 88.8 | 684 |
| Omaheke | 12.8 | 8.3 | 39.0 | 51.4 | 56.8 | 31.2 | 70.7 | 185 |
| Omusati | 48.0 | 36.9 9.7 | 53.1 50.0 | 59.9 53.1 | 59.1 47.2 | 44.3 36.2 | 85.8 75.4 | 714 789 |
| Oshikoto | 24.6 | 7.3 | 44.5 | 55.8 | 54.3 | 37.7 | 75.7 | 604 |
| Otjozondjupa | 8.8 | 8.2 | 27.4 | 44.0 | 46.3 | 28.8 | 63.1 | 627 |
| Education |  |  |  |  |  |  |  |  |
| No education | 20.2 | 17.6 | 51.2 | 59.3 | 67.4 | 50.0 | 84.2 | 641 |
| Incomplete primary | 24.8 | 19.8 | 45.8 | 50.8 | 52.6 | 40.5 | 74.5 | 1,409 |
| Completed primary | 22.4 | 15.2 | 43.0 | 46.4 | 52.1 | 42.6 | 75.2 | 827 |
| Incompl. secondary | 22.5 | 13.0 | 34.4 | 40.2 | 43.3 | 39.5 | 67.0 | 2,907 |
| Compl. secondary+ | 13.3 | 6.4 | 15.6 | 23.3 | 23.8 | 28.5 | 43.8 | 971 |
|  |  |  |  |  |  |  |  |  |
| Not employed | 25.2 | 17.2 | 41.3 | 48.2 | 49.9 | 42.5 | 73.2 | 4,542 |
| Works for cash for | 15.2 | 8.5 | 27.5 | 29.8 | 35.7 | 34.2 | 56.4 | 1,839 |
| Does not work for cash |  | 5.1 | 26.5 | 36.8 | 45.9 | 29.2 | 60.7 | 365 |
|  | 21.4 | 14.2 | 36.7 | 42.6 | 45.8 | 39.5 | 67.9 | 6,755 |
| Total |  |  |  |  |  |  |  |  |

Teenagers are more likely than other women not to know where to go to get medical assistance, while widowed, divorced and separated women are more likely to say they have difficulty getting money for treatment. Rural women are substantially more likely than urban women to feel that each of the potential obstacles is a big problem, as are women in the Northwest Directorate. Women who have completed secondary school are less likely than other women to find any of the listed circumstances a big problem in accessing health care.

### 9.5 Birth Registration

One of the universal rights of children is to have their births be registered and to have a birth certificate. In the 2000 NDHS, mothers of children under five were asked if their child's birth had been registered and whether they had a birth certificate for the child. A child's birth was considered to have been registered if his or her mother could either produce a birth certificate or said the birth was registered.

Apparently, 71 percent of births in Namibia are registered (Table 9.9). The main reason given for not registering births is that it requires travelling too far. This reason was cited for 8 percent of children under five or about one-third of those who are not registered. Other reasons given are that the child is too young and that the mother either did not know that births must be registered or did not know where to go to do so.

As might be expected, birth registration is more common among older children, those in urban areas and in the South Directorate, and children whose mothers have more education.

Table 9.9 Birth registration coverage
Percent distribution of children under five by whether birth is registered and reasons for nonregistration, according to background characteristics, Namibia 2000

| Background characteristic | Reason birth not registered |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Birth is registered | Cost <br> too much | Must travel too far | Didn't know must be registered | Didn't <br> know where to register | Parents' ID not available | Baby <br> too young | Other | Missing | Total | Number of children |
| Child's age in months |  |  |  |  |  |  |  |  |  |  |  |
| <6 | 39.0 | 2.1 | 19.3 | 4.1 | 2.2 | 3.3 | 12.4 | 12.6 | 5.0 | 100.0 | 417 |
| 6-11 | 63.0 | 1.3 | 11.9 | 6.7 | 3.5 | 2.6 | 2.5 | 5.8 | 2.6 | 100.0 | 401 |
| 12-23 | 66.9 | 1.2 | 8.1 | 3.4 | 4.3 | 1.9 | 3.2 | 7.3 | 3.6 | 100.0 | 816 |
| 24-35 | 71.7 | 0.1 | 9.2 | 3.7 | 2.4 | 2.0 | 1.6 | 5.0 | 4.2 | 100.0 | 713 |
| 36-47 | 81.8 | 0.3 | 4.8 | 1.5 | 1.6 | 0.9 | 3.0 | 3.3 | 2.6 | 100.0 | 671 |
| 48-59 | 84.3 | 0.3 | 3.3 | 1.7 | 1.3 | 1.0 | 1.2 | 4.1 | 2.7 | 100.0 | 768 |
| Sex |  |  |  |  |  |  |  |  |  |  |  |
| Male | 70.5 | 0.6 | 8.7 | 2.8 | 2.3 | 1.9 | 3.1 | 6.7 | 3.3 | 100.0 | 1,908 |
| Female | 70.4 | 1.0 | 8.0 | 3.6 | 2.8 | 1.7 | 3.7 | 5.2 | 3.5 | 100.0 | 1,877 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 82.1 | 0.1 | 2.2 | 1.0 | 0.9 | 1.2 | 1.7 | 7.8 | 3.0 | 100.0 | 1,316 |
| Rural | 64.3 | 1.2 | 11.7 | 4.4 | 3.4 | 2.1 | 4.3 | 5.0 | 3.6 | 100.0 | 2,469 |
| Directorate |  |  |  |  |  |  |  |  |  |  |  |
| Northwest | 64.0 | 0.8 | 11.0 | 6.9 | 3.9 | 2.5 | 2.8 | 5.0 | 3.1 | 100.0 | 1,536 |
| Northeast | 64.7 | 1.8 | 11.7 | 0.4 | 2.4 | 1.9 | 3.9 | 7.2 | 5.9 | 100.0 | 517 |
| Central | 75.1 | 0.5 | 5.7 | 1.1 | 2.5 | 0.3 | 8.1 | 3.7 | 3.0 | 100.0 | 704 |
| South | 79.9 | 0.5 | 4.7 | 0.6 | 0.6 | 1.7 | 0.9 | 8.3 | 2.9 | 100.0 | 1,028 |
| Region |  |  |  |  |  |  |  |  |  |  |  |
| Caprivi | 77.6 | 1.9 | 6.1 | 0.7 | 0.3 | 0.0 | 1.3 | 0.6 | 11.5 | 100.0 | 203 |
| Erongo | 89.3 | 0.0 | 2.4 | 0.4 | 0.6 | 0.8 | 2.5 | 2.7 | 1.3 | 100.0 | 163 |
| Hardap | 87.9 | 0.3 | 7.8 | 0.0 | 1.1 | 0.4 | 0.4 | 0.6 | 1.4 | 100.0 | 137 |
| Karas | 94.2 | 0.0 | 1.8 | 0.0 | 0.7 | 0.9 | 0.3 | 0.9 | 1.1 | 100.0 | 121 |
| Kavango | 56.4 | 1.8 | 15.4 | 0.3 | 3.8 | 3.2 | 5.6 | 11.4 | 2.3 | 100.0 | 313 |
| Khomas | 79.2 | 0.0 | 1.8 | 0.8 | 0.0 | 2.0 | 0.9 | 12.3 | 3.1 | 100.0 | 641 |
| Kunene | 63.4 | 0.4 | 7.7 | 0.0 | 3.3 | 0.4 | 17.1 | 4.2 | 3.4 | 100.0 | 153 |
| Ohangwena | 56.7 | 1.1 | 5.9 | 13.1 | 5.6 | 6.3 | 5.3 | 3.0 | 2.8 | 100.0 | 534 |
| Omaheke | 61.9 | 3.5 | 18.3 | 0.8 | 3.3 | 2.2 | 1.8 | 3.4 | 4.8 | 100.0 | 129 |
| Omusati | 56.5 | 1.6 | 19.6 | 5.8 | 5.8 | 0.2 | 1.1 | 5.8 | 3.6 | 100.0 | 355 |
| Oshana | 73.4 | 0.0 | 12.2 | 0.9 | 1.1 | 1.4 | 0.8 | 7.4 | 2.8 | 100.0 | 321 |
| Oshikoto | 74.8 | 0.0 | 8.7 | 3.8 | 1.9 | 0.0 | 2.5 | 4.8 | 3.5 | 100.0 | 327 |
| Otjozondjupa | 73.8 | 0.8 | 6.3 | 1.7 | 3.0 | 0.0 | 6.8 | 3.9 | 3.6 | 100.0 | 388 |
| Education |  |  |  |  |  |  |  |  |  |  |  |
| No education | 51.6 | 1.9 | 13.5 | 4.0 | 6.4 | 1.8 | 6.2 | 7.7 | 6.9 | 100.0 | 524 |
| Incomplete primary | 62.7 | 1.2 | 10.3 | 6.6 | 3.0 | 2.3 | 3.9 | 6.6 | 3.4 | 100.0 | 966 |
| Completed primary | 74.0 | 0.1 | 8.3 | 1.3 | 2.2 | 1.3 | 5.0 | 4.1 | 3.8 | 100.0 | 419 |
| Incompl. secondary | 75.2 | 0.6 | 7.3 | 1.8 | 1.8 | 2.1 | 2.1 | 6.3 | 2.8 | 100.0 | 1,432 |
| Compl. secondary+ | 91.3 | 0.0 | 1.9 | 1.0 | 0.0 | 0.3 | 1.8 | 2.8 | 0.9 | 100.0 | 444 |
| Total | 70.5 | 0.8 | 8.4 | 3.2 | 2.6 | 1.8 | 3.4 | 5.9 | 3.4 | 100.0 | 3,785 |

### 9.6 Childhood Vaccinations

Disease caused by viruses, bacteria and parasites cause immense human misery and kill many thousands annually, especially young children. One of Namibia's health policy objectives is to reduce infant and child mortality by controlling communicable diseases. Vaccines have proven invaluable in fighting several childhood illnesses, including poliomyelitis, measles, rubella and tetanus. The immunisation programme in Namibia is implemented by the Ministry of Health and Social Services through the Expanded Programme on Immunisation (EPI), which was established throughout the country in 1990.

The EPI programme in Namibia follows the World Health Organisation's (WHO) guidelines for vaccinating children. To be considered fully vaccinated, a child should receive a dose of BCG vaccine against tuberculosis; three doses of DPT for the prevention of diphtheria, pertussis (whooping cough), and tetanus; at least three doses of polio vaccine; and a vaccination against measles. BCG is given at birth or soon thereafter, while DPT and polio vaccinations should be given at approximately 4,8 and 12 weeks of age, though more recently, a dose of polio at birth has been added to the schedule. Measles vaccine should be given at or soon after reaching nine months. Although in Namibia a child is followed up to five years of age, WHO recommends that children receive the complete schedule of vaccinations before 12 months of age and that the vaccinations be recorded on a health card given to the parents or caretakers.

In the survey, information on vaccination status was collected from vaccination cards shown to the interviewer and from mother's verbal reports if no card was available. The Child Health Card is given to children at their first contact with the health services and is used until the child's fifth birthday. It is used for recording information on growth monitoring, child immunizations, and morbidity. If the cards were available, the interviewers copied vaccination dates directly onto the questionnaire. If a vaccination card was presented but a vaccine had not been recorded on the card as having been given, the mother was asked to recall whether that particular vaccine had been given. The mother was then asked if the child had received other vaccinations that were not recorded on the card, and if so they too were noted on the questionnaire. If the mother was not able to provide a card for the child, she was asked to recall whether or not the child had received BCG, polio, DPT (including the number of doses for each), and measles vaccinations. Information collected covered all children under age five, although data presented here are restricted to children age 12-23 months so as to better reflect those who have reached the age by which they should be fully vaccinated.

Information on vaccination coverage among children age 12-23 months is shown in Table 9.10, according to the source of information used to determine coverage, i.e., vaccination record or mother's report. Health cards were presented for almost three-quarters ( 74 percent) of the children age 12-23 months. The third row in the table shows the proportion of children who were immunised at any age up to the time of the survey, while the bottom row shows the proportion who were vaccinated by age 12 months, the age at which vaccination coverage should be complete.

According to information from both the vaccination records and mothers' recall, only 65 percent of Namibian children 12-23 months can be considered to be fully immunised. Although the level of coverage for BCG and the first doses of DPT and polio exceeds 90 percent, the proportion who go on to receive the third dose of these latter two vaccines falls off to 79 percent for DPT and 77 percent for polio (Figure 9.2). Dropout rates ${ }^{2}$ between the first and third doses of DPT and of polio are thus 14 and 18 percent, respectively. Eighty percent of children age 12-23 months have received the measles vaccine. Only 5 percent of children have not received any vaccinations at all.

[^14]Taking into account WHO recommendations that children should receive the complete schedule by twelve months of age, 59 percent of children age 12-23 months received all of the recommended vaccinations before their first birthday.

Table 9.10 Vaccinations by source of information
Percentage of children 12-23 months who had received specific vaccines at any time before the survey, by source of information (vaccination card or mother's report), and percentage vaccinated by 12 months of age, Namibia 2000

| Source of information | Percentage of children who received: |  |  |  |  |  |  |  |  |  |  | Number of children |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | BCG | DPT |  |  | Polio ${ }^{1}$ |  |  |  | Measles | $\mathrm{All}^{2}$ | None |  |
|  |  | DPT1 | DPT2 | DPT3 | Polio0 | Polio1 | Polio2 | Polio3 |  |  |  |  |
| Vaccinated at any t |  |  |  |  |  |  |  |  |  |  |  |  |
| before the survey |  |  |  |  |  |  |  |  |  |  |  |  |
| Vaccination card | 70.6 | 72.3 | 71.3 | 68.9 | 70.9 | 73.2 | 71.9 | 69.2 | 64.1 | 60.0 | 0.0 | 601 |
| Mother's report | 19.4 | 19.7 | 15.9 | 10.5 | 16.1 | 20.5 | 15.7 | 7.7 | 16.3 | 4.8 | 5.2 | 215 |
| Either source | 90.0 | 92.0 | 87.1 | 79.3 | 87.0 | 93.7 | 87.6 | 77.0 | 80.4 | 64.8 | 5.2 | 816 |
| Vaccinated by 12 months of age ${ }^{3}$ | 90.0 | 91.4 | 87.0 | 78.4 | 86.9 | 93.0 | 87.5 | 76.1 | 72.2 | 58.7 | 5.5 | 816 |

${ }_{2}^{1}$ Polio 0 is the polio vaccination given at birth.
${ }^{2}$ Children who are fully vaccinated, i.e., those who have received BCG, measles, and three doses of DPT and polio vaccine (excluding polio vaccine given at birth).
${ }^{3}$ For children whose information was based on the mother's report, the proportion of vaccinations given in the first year of life was assumed to be the same as for children with a written record of vaccination.

Figure 9.2 Percentage of Children Age 12-23 Months who Have Received Specific Vaccinations


The proportion of children 12-23 months fully immunised has increased, from 58 percent in 1992 to 65 percent in 2000 .

Table 9.11 shows vaccination coverage among children age 12-23 months by sex, birth order, residence, and mother's education. The table also includes information on the percentage of children for whom a vaccination card was shown to the interviewer. Girls have slightly higher vaccination coverage than boys, 68 vs. 62 percent. Children in urban area are more likely to fully immunised than their counterparts in rural areas ( 70 vs. 62 percent).

Table 9.11 Vaccinations by background characteristics
Among children age 12-23 months, the percentage who had received specific vaccines by the time of the survey (according to vaccination card or the mother's report), and the percentage with a vaccination card, by background characteristics, Namibia 2000

| Background characteristic | Percentage of children who had received: |  |  |  |  |  |  |  |  |  |  | Percentage with a vacci- Number nation of card children |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | DPT |  |  |  | Polio ${ }^{1}$ |  |  |  | Measles | $\mathrm{All}^{2}$ | None |  |  |
|  | BCG | DPT1 | DPT2 | DPT3 | Polio0 | Polio1 | Polio2 | Polio3 |  |  |  |  |  |
| Child's sex |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 91.1 | 92.1 | 86.5 | 78.1 | 87.0 | 94.0 | 88.9 | 76.9 | 79.1 | 62.0 | 5.1 | 71.9 | 410 |
| Female | 88.9 | 92.0 | 87.8 | 80.6 | 86.9 | 93.3 | 86.3 | 77.0 | 81.7 | 67.6 | 5.3 | 75.4 | 406 |
| Birth order |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 89.8 | 92.4 | 90.3 | 79.9 | 88.7 | 92.9 | 86.5 | 76.8 | 80.7 | 65.8 | 6.2 | 73.0 | 252 |
| 2-3 | 91.2 | 91.1 | 85.4 | 77.9 | 85.7 | 93.3 | 86.3 | 75.8 | 81.5 | 65.1 | 5.7 | 70.5 | 307 |
| 4-5 | 86.1 | 92.8 | 86.7 | 80.1 | 87.5 | 95.6 | 89.9 | 77.1 | 80.1 | 61.7 | 2.6 | 76.5 | 163 |
| 6+ | 93.4 | 92.8 | 85.2 | 81.1 | 85.5 | 93.6 | 91.1 | 80.9 | 76.1 | 66.6 | 5.2 | 80.4 | 94 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 95.5 | 96.1 | 92.9 | 85.3 | 92.8 | 96.5 | 91.6 | 80.5 | 84.3 | 69.5 | 2.4 | 68.2 | 277 |
| Rural | 87.2 | 89.9 | 84.2 | 76.3 | 84.0 | 92.2 | 85.6 | 75.2 | 78.4 | 62.4 | 6.6 | 76.4 | 539 |
| Directorate |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Northwest | 87.4 | 88.7 | 82.9 | 75.5 | 86.4 | 90.0 | 84.3 | 75.5 | 79.0 | 62.9 | 8.0 | 77.5 | 318 |
| Northeast | 92.4 | 96.5 | 91.1 | 82.3 | 82.9 | 99.1 | 92.2 | 77.4 | 84.2 | 61.8 | 0.9 | 74.7 | 116 |
| Central | 89.0 | 89.0 | 83.9 | 74.5 | 83.0 | 91.5 | 83.4 | 71.0 | 75.0 | 62.5 | 6.8 | 70.2 | 152 |
| South | 93.2 | 96.6 | 93.2 | 86.4 | 92.4 | 97.5 | 92.8 | 82.7 | 83.9 | 70.4 | 2.4 | 70.1 | 230 |
| Region |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Caprivi | (87.7) | (91.7) | (86.3) | (74.3) | (80.5) | (98.6) | (91.6) | (70.0) | (83.3) | (54.5) | (1.4) | (73.6) | 43 |
| Erongo | (100.0) | (96.4) | (92.6) | (88.1) | (95.1) | (100.0) | (96.9) | (81.5) | (91.3) | (75.2) | (0.0) | (78.2) | 33 |
| Hardap | (87.5) | (98.7) | (95.9) | (91.7) | (93.9) | (97.3) | (94.7) | (80.5) | (84.7) | (67.6) | (1.3) | (80.7) | 28 |
| Karas | 95.3 | 94.0 | 89.9 | 87.1 | 95.3 | 95.3 | 91.7 | 87.3 | 91.3 | 82.7 | 4.7 | 79.2 | 31 |
| Kavango | 95.2 | 99.3 | 94.0 | 87.1 | 84.3 | 99.3 | 92.6 | 81.8 | 84.7 | 66.2 | 0.7 | 75.3 | 72 |
| Khomas | 98.2 | 98.7 | 96.9 | 88.3 | 97.4 | 100.0 | 94.9 | 83.9 | 87.8 | 73.3 | 0.0 | 65.6 | 142 |
| Kunene | 85.2 | 88.0 | 76.3 | 66.2 | 71.4 | 93.3 | 83.7 | 68.4 | 63.6 | 49.3 | 5.0 | 62.0 | 34 |
| Ohangwena | 86.4 | 90.9 | 85.6 | 82.1 | 86.6 | 95.6 | 91.6 | 85.0 | 77.7 | 60.1 | 4.4 | 84.9 | 107 |
| Omaheke | 71.9 | 86.9 | 75.9 | 71.2 | 63.8 | 87.7 | 81.9 | 74.2 | 56.1 | 45.7 | 12.3 | 72.7 | 29 |
| Omusati | 81.0 | 79.7 | 71.0 | 58.3 | 78.5 | 76.0 | 70.4 | 60.8 | 76.3 | 58.3 | 17.5 | 67.3 | 82 |
| Oshana | (98.5) | (100.0) | (100.0) | (91.1) | (98.7) | (99.3) | (94.1) | (87.9) | (76.4) | (67.6) | (0.0) | (87.5) | 54 |
| Oshikoto | 87.7 | 87.1 | 79.5 | 73.7 | 86.0 | 90.6 | 81.9 | 69.2 | 85.5 | 68.5 | 8.6 | 70.8 | 76 |
| Otjozondjupa | 86.1 | 86.4 | 83.5 | 72.4 | 82.9 | 87.4 | 78.0 | 67.9 | 73.2 | 62.9 | 10.2 | 70.3 | 85 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 79.7 | 83.9 | 77.5 | 66.4 | 73.0 | 87.7 | 77.9 | 63.3 | 69.5 | 51.3 | 11.0 | 69.0 | 127 |
| Incomplete primary | 88.4 | 92.2 | 86.8 | 81.9 | 83.8 | 94.7 | 91.2 | 79.9 | 80.6 | 65.6 | 4.5 | 77.5 | 210 |
| Completed primary | 95.6 | 95.5 | 88.4 | 83.6 | 92.5 | 96.4 | 92.2 | 87.4 | 82.8 | 72.7 | 2.9 | 75.8 | 89 |
| Incompl. secondary | 93.3 | 94.4 | 90.5 | 80.4 | 92.1 | 94.4 | 87.7 | 76.8 | 84.0 | 66.4 | 3.8 | 73.6 | 303 |
| Compl. secondary+ | 91.9 | 91.9 | 88.9 | 84.2 | 91.5 | 94.3 | 88.4 | 79.9 | 80.8 | 68.8 | 5.4 | 69.1 | 87 |
| Total | 90.0 | 92.0 | 87.1 | 79.3 | 87.0 | 93.7 | 87.6 | 77.0 | 80.4 | 64.8 | 5.2 | 73.6 | 816 |

Note: Figures in parentheses are based on 25-49 unweighted cases.
${ }^{1}$ Polio 0 is the polio vaccination given at birth.
${ }^{2}$ Children who are fully vaccinated, i.e., those who have received BCG, measles, and three doses of DPT and polio vaccine (excluding polio vaccine given at birth).

Vaccination coverage is highest in Karas Region (83 percent) and lowest in Omaheke (46 percent) and Kunene ( 49 percent) Regions. Immunisation coverage is lower among children whose mothers have no education, only half of whom have received all the recommended vaccinations. At least twothirds of children whose mothers have some education are fully immunised.

### 9.7 ACUTE RESPIRATORY Infection and Fever

Acute respiratory infection (ARI) is among the leading causes of morbidity and mortality among young children in Namibia. Of the acute respiratory diseases, pneumonia is the most serious for young children. Improvement in children's nutritional status is regarded as the most effective strategy for reducing the severity of acute respiratory infections, as well-nourished children can better withstand the effects of ARI and recover more quickly. Nevertheless, early diagnosis and treatment with antibiotics can prevent a large proportion of deaths from respiratory infection, especially infection that includes fever, cough, and difficult or rapid breathing.

To quantify the prevalence of ARI, mothers interviewed in the NDHS were asked if their children under age five had been ill with a cough accompanied by short rapid breathing during the two weeks before the survey. Mothers whose children had experienced these symptoms were asked if they sought advice or treatment from a health professional or at a health facility. Table 9.12 presents the percentage of children under five who were ill with a cough accompanied by fast breathing during the two weeks before the survey and the percentage of ill children who were taken to a health facility or provider.

The data show that 18 percent of children had a cough and fast breathing in the two weeks before the survey. Prevalence of ARI symptoms varies by age of the child, being highest among children age 6-23 months. Variations in ARI prevalence by child's sex and birth order are insignificant. However, rural children and especially those in Northwest Directorate have a higher prevalence of ARI symptoms than other children. ARI prevalence is also particularly high in Omusati and Ohangwena Regions. There is no uniform pattern in ARI prevalence by education of the mother except that

Table 9.12 Prevalence and treatment of acute respiratory infection
Percentage of children under five years who were ill with a cough accompanied by short, rapid breathing (symptoms of ARI) in the two weeks preceding the survey, and percentage of children with symptoms of ARI taken to a health facility or provider, by background characteristics, Namibia 2000

| Background characteristic | Percentage of children with cough accompanied with ARI |  | Percentage of children with symptoms of ARI taken to a health facility or provider ${ }^{1}$ |  |
| :---: | :---: | :---: | :---: | :---: |
| Child's age |  |  |  |  |
| $<6$ months | 15.8 | 417 | 61.4 | 66 |
| 6-11 months | 26.0 | 401 | 55.0 | 104 |
| 12-23 months | 23.9 | 816 | 57.1 | 195 |
| 24-35 months | 17.6 | 713 | 45.5 | 126 |
| 36-47 months | 13.7 | 671 | 48.5 | 92 |
| 48-59 months | 11.3 | 768 | 51.4 | 87 |
| Child's sex |  |  |  |  |
| Male | 17.1 | 1,908 | 53.6 | 326 |
| Female | 18.3 | 1,877 | 52.6 | 343 |
| Birth order |  |  |  |  |
| 1 | 18.0 | 1,112 | 53.8 | 200 |
| 2-3 | 15.4 | 1,449 | 54.0 | 224 |
| 4-5 | 20.0 | 706 | 56.5 | 141 |
| 6+ | 20.1 | 519 | 45.3 | 104 |
| Residence |  |  |  |  |
| Urban | 13.8 | 1,316 | 63.2 | 182 |
| Rural | 19.7 | 2,469 | 49.3 | 487 |
| Directorate |  |  |  |  |
| Northwest | 24.1 | 1,536 | 49.0 | 371 |
| Northeast | 13.3 | 517 | 60.9 | 69 |
| Central | 12.8 | 704 | 43.8 | 90 |
| South | 13.6 | 1,028 | 66.0 | 140 |
| Region |  |  |  |  |
| Caprivi | 9.5 | 203 | * | 19 |
| Erongo | 7.1 | 163 | * | 12 |
| Hardap | 12.1 | 137 | (56.8) | 17 |
| Karas | 12.9 | 121 | (62.9) | 16 |
| Kavango | 15.8 | 313 | 60.4 | 49 |
| Khomas | 15.3 | 641 | (68.7) | 98 |
| Kunene | 21.3 | 153 | 49.5 | 33 |
| Ohangwena | 24.7 | 534 | 43.6 | 132 |
| Omaheke | 7.6 | 129 | (59.8) | 10 |
| Omusati | 32.4 | 355 | 56.5 | 115 |
| Oshana | 18.4 | 321 | (60.3) | 59 |
| Oshikoto | 19.7 | 327 | (36.5) | 64 |
| Otjozondjupa | 11.8 | 388 | (34.2) | 46 |
| Mother's education |  |  |  |  |
| No education | 17.4 | 524 | 45.5 | 91 |
| Incomplete primary | 21.2 | 966 | 47.9 | 204 |
| Completed primary | 16.8 | 419 | 42.9 | 71 |
| Incompl. secondary | - 17.9 | 1,432 | 60.9 | 256 |
| Compl. secondary + | $+10.5$ | 444 | (63.1) | 47 |
| Mother smokes |  |  |  |  |
| Yes | 15.3 | 417 | 54.6 | 64 |
| No | 18.0 | 3,366 | 52.9 | 605 |
| Total | 17.7 | 3,785 | 53.1 | 669 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
ARI = Acute Respiratory Infections
${ }^{1}$ Excludes pharmacy, shop, and traditional practitioner
children whose mothers have completed secondary school appear to be less susceptible to ARI symptoms. Surprisingly, there is little difference in ARI prevalence between children whose mothers smoke and those who do not.

The 2000 NDHS also included a question as to whether children with a cough had a blocked nose, a problem in the chest, or both. For 49 percent of the children, mothers reported that the symptoms were due to a blocked nose, while 33 percent said it was a problem in the chest, and 13 percent said it was both (data not shown).

Just over half of children who had symptoms of respiratory illness were taken to a health facility or provider. Variations in this proportion are difficult to assess due to the sometimes small numbers of ill children during the two-week reference period.

Fever symptoms are associated with malaria in many cases. Malaria is a leading cause of outpatient attendance, admissions, and deaths, especially among children under five. To quantify the prevalence of fever, mothers interviewed in the NDHS were asked if their children under age five had been ill with a fever during the two weeks before the survey. If so, the mother was asked whether the child took medicine for the fever and if so, which kind. While information on disease prevalence is highly dependent on correct reporting and proper diagnosis of symptoms, the accuracy of information on treatment practices depends on how much mothers know about the medicines that were given to their children. The aim in the 2000 NDHS was to gain a general knowledge about the management of ill children. Table 9.13 shows the proportion of children who were reported to have had a fever during the two weeks preceding the survey, as well as the proportion of ill children who received various types of treatments.

Just below 20 percent of children under five were reported to have had a fever in the two weeks prior to the survey. Fever is more prevalent among children age 6-23 months and among those who live in Karas, Kavango and Kunene Regions. Most ill children were given some sort of treatment or taken to a facility, most commonly to a government health centre or clinic. Twenty-two percent of children with a fever were given an antibiotic, while 14 percent were given chloroquine. More than one-third of children with fever were not given any treatment at all.

Table 9.13 Prevalence of fever and sources of treatment
Percentage of children under five years who were ill with a fever during the two weeks preceding the survey, and among those with fever, the percentage taken to specific sources of treatment, by background characteristics, Namibia 2000

| Background characteristic | Fever and treatment |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | With fever | Num- <br> ber of children $<5$ | Govern- <br> ment hospital | Govern- <br> ment <br> health <br> centre/ <br> clinic | Govern- <br> ment <br> mobile clinic/ community worker | Any private | Traditional practitioner | Other | No <br> treatment | Given chloroquine | Given antibiotic | Number of children with fever |
| Child's age in months |  |  |  |  |  |  |  |  |  |  |  |  |
| $<6$ months | 19.7 | 417 | 22.0 | 37.2 | 0.0 | 6.9 | 0.8 | 0.0 | 32.1 | 4.8 | 25.8 | 82 |
| 6-11 months | 28.0 | 401 | 14.0 | 39.0 | 0.8 | 6.2 | 0.0 | 0.9 | 34.0 | 19.1 | 21.1 | 112 |
| 12-23 months | 25.2 | 816 | 17.9 | 38.2 | 0.5 | 5.4 | 0.2 | 1.0 | 30.0 | 16.1 | 19.3 | 205 |
| 24-35 months | 17.7 | 713 | 13.4 | 32.5 | 0.7 | 11.1 | 1.2 | 0.0 | 40.6 | 15.5 | 24.0 | 126 |
| 36-47 months | 14.1 | 671 | 11.3 | 34.1 | 1.3 | 7.3 | 0.0 | 0.8 | 40.1 | 12.3 | 23.5 | 95 |
| 48-59 months | 15.1 | 768 | 17.3 | 31.4 | 0.5 | 3.9 | 0.0 | 0.0 | 43.6 | 14.1 | 19.7 | 116 |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 19.0 | 1,908 | 15.2 | 37.0 | 0.9 | 6.9 | 0.5 | 0.4 | 34.9 | 14.7 | 20.2 | 363 |
| Female | 19.9 | 1,877 | 16.9 | 34.2 | 0.4 | 6.5 | 0.2 | 0.7 | 37.4 | 14.0 | 23.2 | 373 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 20.9 | 1,316 | 23.7 | 31.7 | 0.1 | 10.6 | 0.2 | 0.9 | 32.1 | 6.3 | 29.8 | 275 |
| Rural | 18.7 | 2,469 | 11.5 | 38.0 | 0.9 | 4.4 | 0.4 | 0.3 | 38.5 | 19.2 | 16.9 | 461 |
| Directorate |  |  |  |  |  |  |  |  |  |  |  |  |
| Northwest | 18.2 | 1,536 | 21.0 | 35.2 | 0.4 | 3.3 | 0.0 | 0.0 | 32.2 | 15.3 | 22.4 | 279 |
| Northeast | 23.7 | 517 | 8.9 | 47.6 | 1.1 | 4.7 | 1.5 | 0.0 | 35.5 | 36.4 | 10.8 | 122 |
| Central | 17.9 | 704 | 11.2 | 21.3 | 0.5 | 16.7 | 0.0 | 0.7 | 44.2 | 9.3 | 20.2 | 126 |
| South | 20.2 | 1,028 | 16.6 | 37.8 | 0.6 | 6.2 | 0.3 | 1.4 | 36.9 | 3.3 | 28.1 | 208 |
| Region |  |  |  |  |  |  |  |  |  |  |  |  |
| Caprivi | 17.1 | 203 | (9.1) | (51.6) | (0.0) | (13.0) | (0.0) | (0.0) | (23.8) | (40.0) | (25.9) | 35 |
| Erongo | 11.2 | 163 | * | * | * | * | * | * | * | * | * | 18 |
| Hardap | 17.3 | 137 | (13.8) | (34.1) | (1.5) | (6.6) | (0.0) | (2.4) | (44.0) | (8.0) | (31.2) | 24 |
| Karas | 29.9 | 121 | 5.0 | 32.7 | 1.1 | 19.4 | 1.8 | 4.9 | 34.7 | 3.5 | 32.1 | 36 |
| Kavango | 28.0 | 313 | 8.9 | 45.9 | 1.6 | 1.5 | 2.1 | 0.0 | 40.2 | 35.0 | 4.8 | 88 |
| Khomas | 19.6 | 641 | 23.1 | 39.7 | 0.0 | 2.0 | 0.0 | 0.0 | 35.3 | 2.5 | 27.0 | 126 |
| Kunene | 27.8 | 153 | 14.1 | 24.7 | 1.4 | 5.8 | 0.0 | 0.5 | 50.2 | 12.9 | 24.4 | 43 |
| Ohangwena | 14.1 | 534 | 14.0 | 51.0 | 0.0 | 0.0 | 0.0 | 0.0 | 30.7 | 24.9 | 22.0 | 75 |
| Omaheke | 17.4 | 129 | 1.9 | 39.8 | 2.6 | 8.5 | 0.0 | 3.0 | 41.9 | 2.5 | 24.7 | 22 |
| Omusati | 19.3 | 355 | (22.3) | (28.6) | (1.8) | (4.4) | (0.0) | (0.0) | (29.2) | (15.4) | (22.8) | 68 |
| Oshana | 20.6 | 321 | (19.7) | (37.6) | (0.0) | (4.7) | (0.0) | (0.0) | (32.1) | (17.9) | (17.2) | 66 |
| Oshikoto | 21.3 | 327 | 28.5 | 22.2 | 0.0 | 4.6 | 0.0 | 0.0 | 36.7 | 2.5 | 27.4 | 69 |
| Otjozondjupa | 16.8 | 388 | 11.6 | 15.0 | 0.0 | 19.0 | 0.0 | 0.0 | 47.7 | 6.2 | 13.5 | 65 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 18.2 | 524 | 15.6 | 39.0 | 1.2 | 4.6 | 0.0 | 0.0 | 42.8 | 16.4 | 17.8 | 95 |
| Incomplete primary | 19.5 | 966 | 9.1 | 43.3 | 0.5 | 2.1 | 1.0 | 0.7 | 39.2 | 22.6 | 20.1 | 188 |
| Completed primary | 21.6 | 419 | 18.6 | 35.1 | 2.0 | 4.4 | 0.0 | 0.5 | 40.9 | 12.1 | 19.9 | 90 |
| Incompl. secondary | 20.6 | 1,432 | 17.8 | 31.4 | 0.1 | 8.2 | 0.2 | 0.6 | 32.5 | 10.6 | 23.9 | 295 |
| Compl. secondary+ | 15.0 | 444 | 25.3 | 28.8 | 0.6 | 19.0 | 0.0 | 0.3 | 27.4 | 8.3 | 24.4 | 67 |
| Total | 19.4 | 3,785 | 16.1 | 35.6 | 0.6 | 6.7 | 0.3 | 0.5 | 36.1 | 14.4 | 21.7 | 736 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

### 9.8 Use Of Bednets

Consistent use of insecticide-impregnated bednets can substantially reduce the transmission of malaria. In order to gauge the extent of bednet use, mothers were asked if their children under five slept under a bednet the night before the interview. They were also asked if the bednets had been treated with an insecticide, since treated bednets are more effective than untreated ones.

The data show that use of bednets is minimal in Namibia (Table 9.14). Only 7 percent of children under five slept under a bednet the night prior to the interview. Of those who slept under a bednet, only about half reported that the net had ever been treated with insecticide (data not shown). Children in the Northeast Directorate, especially those in Caprivi and Kavango Regions, are more likely than others to sleep under bednets.

## Table 9.14 Use of mosquito nets

Percent distribution of children under five years by whether children slept under a mosquito net during the previous night, Namibia 2000

| Background characteristic | Slept under bednet | Did not sleep under bednet | Don't know if slept under bednet/ missing | Total | Number of children |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Residence |  |  |  |  |  |
| Urban | 5.0 | 81.4 | 13.6 | 100.0 | 1,316 |
| Rural | 7.5 | 83.9 | 8.6 | 100.0 | 2,469 |
| Directorate |  |  |  |  |  |
| Northwest | 5.0 | 83.5 | 11.5 | 100.0 | 1,536 |
| Northeast | 24.7 | 70.7 | 4.6 | 100.0 | 517 |
| Central | 4.4 | 83.8 | 11.8 | 100.0 | 704 |
| South | 1.6 | 87.9 | 10.4 | 100.0 | 1,028 |
| Region |  |  |  |  |  |
| Caprivi | 34.2 | 60.4 | 5.4 | 100.0 | 203 |
| Erongo | 0.5 | 82.4 | 17.2 | 100.0 | 163 |
| Hardap | 3.1 | 87.7 | 9.3 | 100.0 | 137 |
| Karas | 1.4 | 91.7 | 6.9 | 100.0 | 121 |
| Kavango | 18.5 | 77.4 | 4.2 | 100.0 | 313 |
| Khomas | 1.4 | 86.2 | 12.4 | 100.0 | 641 |
| Kunene | 7.9 | 80.0 | 12.1 | 100.0 | 153 |
| Ohangwena | 3.3 | 82.7 | 14.1 | 100.0 | 534 |
| Omaheke | 1.2 | 93.5 | 5.3 | 100.0 | 129 |
| Omusati | 6.7 | 86.2 | 7.1 | 100.0 | 355 |
| Oshana | 6.9 | 79.2 | 14.0 | 100.0 | 321 |
| Oshikoto | 4.2 | 86.1 | 9.7 | 100.0 | 327 |
| Otjozondjupa | 4.6 | 85.9 | 9.5 | 100.0 | 388 |
| Total | 6.7 | 83.0 | 10.3 | 100.0 | 3,785 |

### 9.9 Stool Disposal

If human faeces are left uncontained, disease may spread to others by direct contact or via animal contact. Table 9.15 presents information on the disposal of the stools of children under five, by background characteristics and type of toilet facility in the household.

The data show that for 44 percent of children, the stool is contained, either by burying it in the yard, throwing it into the latrine, or having the child use the toilet or latrine. In another 18 percent of cases, diapers are used for the child, most often washable diapers. However, the stool of one-third of young children is not disposed of properly; most often, it is thrown outside the yard or dwelling.

Table 9.15 Disposal of children's stool
Percent distribution of women who had a birth in the five years preceding the survey by way in which their youngest child's fecal matter is disposed of, according to background characteristics and type of toilet facilities in households, Namibia 2000

| Background characteristic | Stool contained |  |  | Stool uncontained |  |  |  | Use diapers |  |  |  | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Child <br> always uses toilet/ latrine | Thrown into toilet/ latrine | Buried in yard | Thrown outside dwelling | Thrown outside yard | Washed away | Not disposed of | Disposable | Washable | Other | Missing |  |  |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 25.5 | 30.4 | 4.6 | 6.7 | 5.1 | 4.3 | 0.0 | 4.0 | 17.3 | 1.5 | 0.7 | 100.0 | 824 |
| Rural | 4.8 | 3.3 | 27.2 | 13.6 | 23.7 | 4.0 | 0.1 | 2.2 | 13.8 | 7.0 | 0.3 | 100.0 | 1,680 |
| Directorate |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Northwest | 4.0 | 3.1 | 33.6 | 13.0 | 17.8 | 4.0 | 0.2 | 1.0 | 16.0 | 6.9 | 0.4 | 100.0 | 1,024 |
| Northeast | 1.7 | 1.9 | 25.5 | 20.0 | 34.3 | 3.1 | 0.0 | 4.2 | 8.7 | 0.4 | 0.2 | 100.0 | 366 |
| Central | 18.7 | 24.0 | 9.0 | 5.2 | 17.2 | 5.3 | 0.0 | 1.8 | 10.6 | 7.7 | 0.5 | 100.0 | 463 |
| South | 24.0 | 24.1 | 2.5 | 8.2 | 8.0 | 3.9 | 0.0 | 5.6 | 19.8 | 3.3 | 0.5 | 100.0 | 650 |
| Region |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Caprivi | 0.9 | 0.9 | 27.7 | 5.6 | 28.5 | 2.2 | 0.0 | 10.6 | 22.3 | 0.9 | 0.4 | 100.0 | 144 |
| Erongo | 29.8 | 45.0 | 3.8 | 0.0 | 0.4 | 2.9 | 0.0 | 3.7 | 14.4 | 0.0 | 0.0 | 100.0 | 118 |
| Hardap | 32.2 | 15.3 | 2.0 | 4.1 | 9.1 | 10.8 | 0.0 | 1.7 | 24.0 | 0.8 | 0.0 | 100.0 | 101 |
| Karas | 33.3 | 14.9 | 0.9 | 5.4 | 3.2 | 0.0 | 0.0 | 2.5 | 37.2 | 2.5 | 0.0 | 100.0 | 91 |
| Kavango | 2.2 | 2.6 | 24.2 | 29.3 | 38.1 | 3.7 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 222 |
| Khomas | 22.0 | 33.1 | 1.0 | 11.2 | 3.9 | 2.0 | 0.0 | 8.1 | 17.4 | 0.7 | 0.5 | 100.0 | 371 |
| Kunene | 10.9 | 14.6 | 15.0 | 8.3 | 33.1 | 3.9 | 0.0 | 1.0 | 7.4 | 4.1 | 1.7 | 100.0 | 94 |
| Ohangwena | 0.1 | 0.4 | 36.9 | 29.2 | 22.0 | 1.8 | 0.0 | 0.0 | 9.2 | 0.4 | 0.0 | 100.0 | 331 |
| Omaheke | 12.7 | 5.9 | 11.0 | 3.2 | 28.8 | 8.2 | 0.0 | 3.1 | 7.0 | 18.5 | 1.6 | 100.0 | 88 |
| Omusati | 2.9 | 1.2 | 36.1 | 3.6 | 15.2 | 0.6 | 0.6 | 1.6 | 25.8 | 12.4 | 0.0 | 100.0 | 257 |
| Oshana | 3.1 | 7.9 | 24.7 | 6.8 | 24.5 | 5.9 | 0.0 | 2.1 | 13.1 | 10.8 | 1.1 | 100.0 | 207 |
| Oshikoto | 11.7 | 4.6 | 34.1 | 5.9 | 8.5 | 9.3 | 0.2 | 0.9 | 17.3 | 6.5 | 0.9 | 100.0 | 229 |
| Otjozondjupa | 16.5 | 17.7 | 9.2 | 6.4 | 19.1 | 6.9 | 0.0 | 1.1 | 10.0 | 12.7 | 0.4 | 100.0 | 251 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 8.3 | 4.5 | 18.8 | 16.7 | 30.2 | 4.3 | 0.0 | 1.0 | 8.4 | 6.5 | 1.2 | 100.0 | 328 |
| Incomplete primary | 5.0 | 7.0 | 24.1 | 20.0 | 20.6 | 3.2 | 0.1 | 1.8 | 11.2 | 6.3 | 0.7 | 100.0 | 627 |
| Completed primary | 12.2 | 10.7 | 20.3 | 8.6 | 19.6 | 3.7 | 0.6 | 2.4 | 17.3 | 4.0 | 0.5 | 100.0 | 260 |
| Incompl. secondary | 12.9 | 15.3 | 20.0 | 6.8 | 14.7 | 4.5 | 0.0 | 2.5 | 17.9 | 5.4 | 0.0 | 100.0 | 985 |
| Compl. secondary+ | 23.9 | 23.0 | 10.7 | 4.6 | 5.1 | 4.8 | 0.0 | 8.2 | 17.8 | 1.5 | 0.4 | 100.0 | 303 |
| Toilet facilities |  |  |  |  |  |  |  |  |  |  |  |  |  |
| None | 2.6 | 0.1 | 27.8 | 16.3 | 25.0 | 3.6 | 0.1 | 2.3 | 14.3 | 7.4 | 0.5 | 100.0 | 1,455 |
| Pit latrine | 7.2 | 9.2 | 23.3 | 9.0 | 24.2 | 4.3 | 0.0 | 4.5 | 14.2 | 4.3 | 0.0 | 100.0 | 175 |
| Improved latrine | 5.8 | 12.0 | 30.2 | 7.4 | 9.7 | 9.2 | 0.0 | 0.0 | 10.0 | 10.2 | 5.4 | 100.0 | 60 |
| Flush toilet | 30.3 | 36.8 | 2.9 | 1.6 | 2.5 | 4.8 | 0.0 | 3.9 | 15.9 | 1.2 | 0.0 | 100.0 | 739 |
| Other | 19.1 | 15.0 | 2.5 | 22.1 | 13.9 | 2.5 | 0.0 | 0.0 | 24.2 | 0.0 | 0.5 | 100.0 | 61 |
| Total | 11.6 | 12.3 | 19.8 | 11.3 | 17.5 | 4.1 | 0.1 | 2.8 | 14.9 | 5.2 | 0.4 | 100.0 | 2,503 |

Note: Total includes 13 women with information on toilet facilities missing.

As expected, urban children, children in the South and Central Directorates, those whose mothers are better educated and those who live in households with flush toilets are more likely than other children to have their stool properly disposed of.

Another indicator of hygiene is hand-washing. In the survey, women were asked if they had washed their hands the last time they started to prepare a meal for their family. Nine in ten women said they had done so (data not shown). There were few differences by background characteristics.

### 9.10 Prevalence and Treatment Of Diarrhoea

Diarrhoea is one of the major causes of morbidity and mortality among young children in Namibia. The problem becomes more prominent in children after six months of age when children start to
crawl and eat supplementary foods. In the 2000 NDHS, mothers were asked whether their children under five had diarrhoea in the two weeks preceding the survey. If so, the mother was asked what, if anything, had been done to treat the diarrhoea. Since the prevalence of diarrhoea varies seasonally, the results pertain only to the pattern during the period September-December when the 2000 NDHS interviewing took place.

Twelve percent of children under five were reported to have had diarrhoea in two weeks before the survey (Table 9.16). Two percent of children were reported to have had bloody diarrhoea. a symptom of dysentery. Prevalence of diarrhoea has declined by almost 50 percent since 1992, from 21 to 12 percent of children under five.

Diarrhoea is notably higher among children age 6-23 months-the time when most children are weaned. It is also higher among children in the Northeast Directorate, as well as among children in Kavango Region. Children whose mothers have no education appear to be more susceptible to diarrhoea.

Treatment of diarrhoea is another issue that was studied in the 2000 NDHS in order to understand diarrhoea management by mothers of children under five. The administration of oral rehydration solution (ORS) is a simple means of countering the effects of the dehydration that accompanies diarrhoea. ORS involves preparing a solution by mixing water with commercially prepared packets of oral rehydration salts.

As shown in Table 9.17, knowledge of ORS is very widespread among Namibian women with young children ( 95 percent). Moreover, 31 percent of mothers said they had a sachet of ORS in the house at the time of the survey. Knowledge of ORS packets has increased from 84 percent of mothers in 1992 to 95 percent in 2000.

Table 9.16 Prevalence of diarrhoea
Percentage of children under five years with diarrhoea in the two weeks preceding the survey, by background characteristics, Namibia 2000

| Background characteristic | Diarrhoea in preceding 2 weeks | Diarrhoea with blood | $\begin{aligned} & \text { Number } \\ & \text { of } \\ & \text { children } \end{aligned}$ |
| :---: | :---: | :---: | :---: |
| Child's age |  |  |  |
| $<6$ months | 9.1 | 1.2 | 417 |
| 6-11 months | 22.8 | 1.0 | 401 |
| 12-23 months | 20.3 | 2.5 | 816 |
| 24-35 months | 12.2 | 2.1 | 713 |
| 36-47 months | 7.6 | 1.4 | 671 |
| 48-59 months | 2.7 | 0.3 | 768 |
| Child's sex |  |  |  |
| Male | 11.8 | 1.6 | 1,908 |
| Female | 12.1 | 1.4 | 1,877 |
| Residence |  |  |  |
| Urban | 12.6 | 1.1 | 1,316 |
| Rural | 11.7 | 1.7 | 2,469 |
| Directorate |  |  |  |
| Northwest | 9.7 | 1.3 | 1,536 |
| Northeast | 17.8 | 3.8 | 517 |
| Central | 11.9 | 1.3 | 704 |
| South | 12.6 | 0.8 | 1,028 |
| Region |  |  |  |
| Caprivi | 12.6 | 1.7 | 203 |
| Erongo | 8.4 | 0.3 | 163 |
| Hardap | 17.3 | 1.8 | 137 |
| Karas | 10.8 | 0.0 | 121 |
| Kavango | 21.1 | 5.2 | 313 |
| Khomas | 12.3 | 0.7 | 641 |
| Kunene | 17.1 | 2.1 | 153 |
| Ohangwena | 10.5 | 0.8 | 534 |
| Omaheke | 10.6 | 0.9 | 129 |
| Omusati | 10.4 | 1.7 | 355 |
| Oshana | 5.6 | 1.2 | 321 |
| Oshikoto | 11.5 | 1.7 | 327 |
| Otjozondjupa | 11.3 | 1.3 | 388 |
| Mother's education |  |  |  |
| No education. | 16.7 | 3.7 | 524 |
| Incomplete primary | 12.3 | 1.8 | 966 |
| Completed primary | 11.3 | 1.0 | 419 |
| Incompl. secondary | 10.8 | 0.9 | 1,432 |
| Compl. secondary+ | 10.1 | 0.7 | 444 |
| Total | 12.0 | 1.5 | 3,785 |

## Table 9.17 Knowledge of ORS packets

Percentage of mothers with births in the five years preceding the survey who know about ORS packets for treatment of diarrhoea, and percentage who had an ORS sachet at home, by background characteristics, Namibia 2000

| Background characteristic | Percentage of mothers who know about ORS packets | Has sachet in home | Number <br> of mothers |
| :---: | :---: | :---: | :---: |
| Age |  |  |  |
| 15-19 | 94.4 | 35.2 | 220 |
| 20-24 | 94.3 | 32.8 | 725 |
| 25-29 | 94.4 | 30.8 | 693 |
| 30-34 | 95.2 | 28.6 | 611 |
| 35-49 | 96.0 | 30.1 | 753 |
| Residence |  |  |  |
| Urban | 93.3 | 34.5 | 1,112 |
| Rural | 95.9 | 28.9 | 1,889 |
| Directorate |  |  |  |
| Northwest | 97.0 | 25.0 | 1,197 |
| Northeast | 95.8 | 26.4 | 395 |
| Central | 94.0 | 34.7 | 570 |
| South | 92.3 | 39.2 | 840 |
| Region |  |  |  |
| Caprivi | 99.6 | 38.7 | 153 |
| Erongo | 94.5 | 16.4 | 145 |
| Hardap | 88.1 | 28.7 | 114 |
| Karas | 93.9 | 52.2 | 101 |
| Kavango | 93.4 | 18.6 | 242 |
| Khomas | 92.2 | 40.3 | 526 |
| Kunene | 96.2 | 42.2 | 115 |
| Ohangwena | 97.3 | 30.9 | 370 |
| Omaheke | 95.4 | 32.0 | 99 |
| Omusati | 96.5 | 15.7 | 289 |
| Oshana | 98.3 | 24.0 | 266 |
| Oshikoto | 95.9 | 27.7 | 272 |
| Otjozondjupa | 92.9 | 40.5 | 310 |
| Education |  |  |  |
| No education | 92.2 | 27.6 | 375 |
| Incomplete primary | 96.4 | 24.6 | 738 |
| Completed primary | 96.3 | 30.8 | 327 |
| Incompl. secondary | 95.9 | 34.8 | 1,191 |
| Compl. secondary + | 90.7 | 35.0 | 371 |
| Total | 94.9 | 31.0 | 3,002 |
| ORS $=$ Oral rehydration salts |  |  |  |

Table 9.18 shows treatment practices for children who had diarrhoea in the two weeks preceding the survey. About half of ill children ( 51 percent) were taken to a health facility for treatment, while 61 percent were given a solution prepared from ORS packets, and 15 percent were given more than the usual amount of fluids. Altogeher, two-thirds of the children with diarrhoea were given either ORS or increased fluids. Forty percent of children with diarrhoea received cereal, ontaku, mageu, or soup (ontaku is a drink mainly used by Oshiwambo speaking people prepared from millet flour and mageu is a fermented drink made of maize flour). Differences in diarrhoea treatment by background characteristics are surprisingly small and should be viewed cautiously, given the small numbers of ill children.

Table 9.18 Diarrhoea treatment
Among children under five years who had diarrhoea in the two weeks preceding the survey, the percentage taken for treatment to a health provider, the percentage who received oral rehydration therapy (ORT) (solution prepared from ORS packets or increased fluids), and the percentage given other treatments, according to selected background characteristics, Namibia 2000

| Background characteristic | Percentage taken to a health facility ${ }^{1}$ | Oral rehydration therapy |  |  | Other treatments |  |  |  |  |  |  |  | Number of children |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | ORS <br> packets | Increased fluids | Given ORS or increased fluids | Cereal ontaku/ mageu/ soup | Milk/ omaere/ infant formula | Pill or syrup | Injection | Intravenous | Home remedy/ other | Missing | None |  |
| Child's age |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $<6$ months | (59.7) | (53.0) | (2.3) | (53.0) | (16.6) | (36.4) | (26.9) | (1.3) | (0.8) | (9.0) | (0.0) | (23.1) | 38 |
| 6-11 months | 38.4 | 49.8 | 9.8 | 54.4 | 28.0 | 29.8 | 11.4 | 2.2 | 0.0 | 18.3 | 0.0 | 22.9 | 91 |
| 12-23 months | 55.4 | 66.4 | 22.9 | 73.5 | 51.9 | 37.6 | 13.8 | 2.1 | 1.5 | 11.0 | 0.0 | 5.6 | 166 |
| 24-35 months | 53.6 | 65.3 | 12.4 | 68.0 | 26.2 | 21.9 | 19.2 | 1.8 | 0.0 | 18.8 | 0.6 | 11.1 | 87 |
| 36-47 months | 41.9 | 60.8 | 6.5 | 60.8 | 60.2 | 26.9 | 11.4 | 1.3 | 1.3 | 20.5 | 1.1 | 3.5 | 51 |
| 48-59 months | (59.7) | (66.0) | (35.6) | (80.5) | (36.8) | (28.4) | (26.1) | (9.1) | (0.0) | (4.3) | (0.0) | (7.7) | 21 |
| Child's sex |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 49.9 | 61.8 | 15.6 | 65.7 | 38.7 | 33.5 | 15.2 | 2.2 | 1.4 | 9.6 | 0.2 | 12.0 | 226 |
| Female | 51.5 | 60.3 | 14.9 | 65.8 | 40.2 | 29.0 | 16.3 | 2.2 | 0.1 | 19.5 | 0.2 | 10.9 | 228 |
| Birth order |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 59.0 | 61.4 | 15.6 | 65.8 | 47.3 | 26.9 | 18.6 | 2.8 | 0.8 | 8.0 | 0.4 | 14.8 | 126 |
| 2-3 | 46.9 | 58.3 | 14.7 | 63.2 | 40.0 | 35.0 | 17.8 | 1.9 | 1.6 | 16.9 | 0.3 | 5.1 | 161 |
| 4-5 | 47.7 | 71.1 | 20.5 | 77.0 | 33.6 | 34.6 | 12.7 | 3.2 | 0.0 | 15.1 | 0.0 | 10.9 | 104 |
| $6+$ | 48.6 | 51.1 | 7.2 | 53.9 | 32.0 | 25.1 | 9.7 | 0.0 | 0.0 | 21.2 | 0.0 | 22.0 | 63 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 53.8 | 66.4 | 21.6 | 74.5 | 38.0 | 42.7 | 24.7 | 4.3 | 1.5 | 15.0 | 0.6 | 6.8 | 166 |
| Rural | 48.9 | 58.0 | 11.6 | 60.7 | 40.3 | 24.7 | 10.5 | 1.0 | 0.3 | 14.4 | 0.0 | 14.2 | 288 |
| Directorate |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Northwest | 50.0 | 52.3 | 12.4 | 57.2 | 49.6 | 12.5 | 12.4 | 0.5 | 0.7 | 9.7 | 0.3 | 15.7 | 149 |
| Northeast | 59.8 | 64.4 | 12.2 | 67.3 | 34.8 | 42.3 | 11.4 | 2.9 | 0.0 | 17.7 | 0.0 | 9.0 | 92 |
| Central | 52.2 | 65.3 | 13.3 | 70.0 | 32.4 | 36.5 | 25.4 | 2.2 | 0.0 | 19.0 | 0.0 | 9.0 | 84 |
| South | 44.1 | 66.0 | 22.0 | 71.7 | 35.6 | 41.6 | 16.3 | 3.7 | 1.9 | 15.2 | 0.4 | 10.0 | 129 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 46.8 | 68.1 | 7.5 | 68.6 | 27.5 | 25.5 | 13.0 | 0.5 | 0.0 | 21.7 | 0.0 | 14.5 | 87 |
| Incomplete primary | y 41.2 | 42.7 | 11.5 | 48.4 | 36.6 | 16.9 | 11.8 | 0.6 | 0.0 | 16.4 | 0.0 | 18.2 | 119 |
| Completed primary | y 61.2 | 74.6 | 24.6 | 78.2 | 44.1 | 24.6 | 24.8 | 2.8 | 1.4 | 13.4 | 0.0 | 2.0 | 47 |
| Incompl. secondary | y 56.8 | 65.9 | 18.8 | 72.9 | 44.9 | 40.3 | 16.4 | 4.1 | 0.2 | 10.9 | 0.7 | 9.1 | 155 |
| Compl. secondary + | + (51.4) | (65.5) | (18.3) | (68.2) | (46.8) | (56.7) | (19.9) | (2.6) | (5.6) | (9.8) | (0.0) | (6.0) | 45 |
| Total | 50.7 | 61.1 | 15.3 | 65.8 | 39.5 | 31.3 | 15.7 | 2.2 | 0.8 | 14.6 | 0.2 | 11.5 | 454 |

Note: Figures in parentheses are based on 25-49 unweighted cases. There are too few children with recent diarrhoea in the regions to show separately. Ontaku and mageu are traditional drinks made from millet and maize, respectively.
ORS = Oral rehydration salts
${ }^{1}$ Excludes pharmacy, shop, and traditional practitioner

The use of ORS has declined marginally, from 64 percent of ill children in 1992 to 61 percent in 2000.

In addition to asking what was done to treat children with diarrhoea, mothers were specifically asked if they gave the child more or less fluids and food than usual. Table 9.19 provides information on feeding practices among children under five who had diarrhoea in the two weeks before the survey.

The data indicate that 44 percent of children with diarrhoea were given the same amount of fluids as usual and 15 percent received more fluids than usual; 39 percent received less fluids than usual or no fluids at all. The results suggest that many mothers in Namibia engage in the dangerous practice of curtailing fluid intake when children have diarrhoea. Forty-eight percent of children with diarrhoea are given the same amount of food as usual or more than usual, while 44 percent are given less food than usual or no food.

| Table 9.19 Feeding practices during |  |
| :--- | ---: |
| diarrhoea |  |
| Percent distribution of children under |  |
| five years who had diarrhoea in the |  |
| two weeks preceding the survey, by |  |
| amount of liquid offered and amount |  |
| of food offered compared with normal |  |
| practice, Namibia 2000 |  |
|  |  |
| Feeding practice |  |
| Amount of liquid offered |  |
| Same as usual |  |
| More | 43.5 |
| Somewhat less | 15.3 |
| Much less |  |
| None | 17.3 |
| Don't know/missing | 17.7 |
|  | 4.4 |
| Total | 1.9 |
|  | 100.0 |
| Amount of food offered |  |
| Same as usual | 40.6 |
| More | 7.1 |
| Somewhat less | 17.9 |
| Much less |  |
| None | 19.7 |
| Never gave food | 6.0 |
| Don't know/missing | 7.1 |
| Total | 1.6 |
| Number of children | 100.0 |
|  | 454 |

## INFANT FEEDING AND CHILDHOOD NUTRITION

This chapter covers topics related to infant feeding (including initiation of breastfeeding, patterns and duration of breastfeeding, and introduction of complementary weaning foods), nutritional status of young children and the vitamin A supplementation programme. Height and weight measurements of children in the household who were under the age of five years were taken to determine their nutritional status.

Infant feeding has an impact on both the child and the mother. Feeding practices are important determinants of children's nutritional status and many studies have shown the beneficial effects of breastfeeding on nutritional status, health, and survival of young infants. Exclusive breastfeeding (i.e., only breast milk) is recommended during the first 4-6 months of a child's life because it limits exposure to disease agents as well as providing all of the nutrients a baby requires. Breastfeeding also has an indirect effect on the postpartum fecundity of mothers. In particular, more frequent breastfeeding is associated with longer periods of postpartum amenorrhoea, which in turn are related to longer birth intervals, and thus lower fertility levels.

### 10.1 Initiation of Breastfeeding

Table 10.1 shows the proportion of children born in the five years before the survey who were ever breastfed and the percentage who started breastfeeding within one hour and one day of birth. Almost all Namibian children ( 95 percent) are breastfed for some period of time, regardless of background characteristics of the child or the mother. The 1992 NDHS found similar high proportions ( 95 percent).

An important dimension related to breastfeeding is the timing of its initiation. Early initiation of breastfeeding is beneficial for both mothers and children. From the mother's perspective, early suckling stimulates the release of a hormone that helps the uterus to contract. From the child's perspective, the first breast milk (colostrum) is important, since it is rich in antibodies.

In Namibia, 81 percent of newborns are put to the breast within one hour of birth and over 93 percent are put to the breast within the first day of life. This represents a substantial increase over the levels recorded in the 1992 NDHS ( 52 percent within one hour and 80 percent within one day).

Children born in Caprivi, Erongo and Ohangwena Regions are more likely to be breastfed within one hour of birth. Less than 80 percent of babies born in Kunene Region receive breast milk within the first day of life. There are only minor differences by other characteristics. It is particularly encouraging to note that there is almost no difference in breastfeeding initiation rates for babies born in health facilities and those born at home. It appears that the baby-friendly hospital initiative has succeeded in encouraging early breastfeeding in health facilities.

### 10.2 Breastfeeding Status by Age

The timing of introduction of complementary foods in addition to breast milk has important implications for the child and the mother. As mentioned above, breast milk is uncontaminated and contains all the nutrients needed by children in the first few months of life. In addition, it provides some immunity to disease through the mother's antibodies. Early supplementation, especially under unhygienic conditions, can result in infection. In the NDHS, mothers were asked about the current breastfeeding

| Table 10.1 Initial breastfeeding |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Percentage of children born in the five years preceding the survey who were ever breastfed, and among children ever breastfed the percentage who started breastfeeding within one hour and within one day of birth, by background characteristics, Namibia 2000 |  |  |  |  |
|  | Percentage ever breastfed | Percentage who started breastfeeding: |  | Number of children |
| Background characteristic |  | Within 1 hour of birth | Within 1 day of birth ${ }^{1}$ |  |
| Sex |  |  |  |  |
| Male | 94.7 | 80.2 | 93.0 | 2,016 |
| Female | 95.6 | 81.6 | 93.9 | 1,969 |
| Residence |  |  |  |  |
| Urban | 94.1 | 84.3 | 94.5 | 1,372 |
| Rural | 95.7 | 79.1 | 92.9 | 2,613 |
| Directorate |  |  |  |  |
| Northwest | 94.0 | 76.6 | 95.3 | 1,643 |
| Northeast | 98.4 | 85.9 | 91.7 | 537 |
| Central | 97.2 | 80.1 | 90.9 | 729 |
| South | 93.9 | 85.3 | 93.2 | 1,076 |
| Region |  |  |  |  |
| Caprivi | 97.9 | 90.4 | 96.5 | 207 |
| Erongo | 95.0 | 92.1 | 96.4 | 167 |
| Hardap | 94.8 | 81.2 | 88.0 | 146 |
| Karas | 93.7 | 79.8 | 85.8 | 124 |
| Kavango | 98.6 | 83.1 | 88.7 | 330 |
| Khomas | 93.4 | 86.9 | 96.3 | 668 |
| Kunene | 96.2 | 66.6 | 79.0 | 162 |
| Ohangwena | 97.5 | 90.3 | 97.6 | 552 |
| Omaheke | 95.3 | 86.5 | 90.4 | 138 |
| Omusati | 92.6 | 77.7 | 92.2 | 384 |
| Oshana | 91.5 | 64.9 | 98.0 | 347 |
| Oshikoto | 92.4 | 64.6 | 92.4 | 361 |
| Otjozondjupa | 98.6 | 80.5 | 93.4 | 400 |
| Education |  |  |  |  |
| No education | 95.4 | 80.2 | 90.1 | 561 |
| Incomplete primary | 94.4 | 80.7 | 92.9 | 447 |
| Completed primary | 95.4 | 79.9 | 93.8 | 1,023 |
| Incompl. secondary | 95.8 | 82.4 | 94.9 | 1,403 |
| Compl. secondary + | 92.0 | 80.9 | 92.9 | 458 |
| Assistance at delivery |  |  |  |  |
| Medically trained | 94.9 | 81.4 | 94.8 | 3,010 |
| Traditional midwife | 94.4 | 80.3 | 95.1 | 247 |
| Other | 96.6 | 83.6 | 92.1 | 664 |
| Place of delivery |  |  |  |  |
| Health facility | 94.9 | 81.3 | 94.8 | 2,977 |
| Home | 95.7 | 82.9 | 93.0 | 960 |
| Total | 95.1 | 80.9 | 93.4 | 3,985 |

Note: Table is based on all births, whether the children are living or dead at the time of interview. Total includes 24 and 40 children for whom information on assistance at delivery is "no one" or "missing" and 9 and 39 children for whom information on place of delivery is "other" or "missing," respectively.
${ }^{1}$ Includes children who started breastfeeding within one hour of birth.
status of all children under age five and, if the child was being breastfed, whether various types of liquid or solid foods had been given to the child "yesterday" or "last night". Children who receive breast milk only are considered to be exclusively breastfed. Predominant breastfeeding is defined as either exclusive breastfeeding or receiving one or more of the following: plain water, water-based liquids, and juice (but no other milk).

The data shown in Table 10.2 indicate that supplementation of breast milk with other liquids begins too early in Namibia-within the first 2 months of age. Although many newborns less than two months of age are either exclusively breastfed ( 39 percent) or predominantly breastfed ( 16 percent), four in ten of these very young babies are receiving other milk. Although exclusive breastfeeding is recommended for the first 4-6 months of life, only 26 percent of children under four months old are exclusively breastfed and only 4 percent of those age $4-5$ months old are exclusively breastfed. Although some of these children are receiving only plain water in addition to breast milk, many are receiving other types of milk. Almost half of children age 4-5 months are already being given mushy foods.

Despite the early supplementation, the results shown in Table 10.2 indicate that babies are breastfed for a long time. Even among children 18-19 months old, about half are still receiving breast milk.

Table 10.2 Breastfeeding status by child's age
Percent distribution of youngest children under three years living with the mother by breastfeeding status, and percentage using a bottle with a nipple, according to child's age in months, Namibia 2000

| Child's age in months | Not breastfeeding | Exclusively breastfed | Breastfeeding and: |  |  |  | Total | Using a bottle with a nipple ${ }^{1}$ | Number <br> of children |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Plain water only | Fruit juice/ tea/soda/ other liquids | Other milk | Solid or mushy foods |  |  |  |
| $<2$ | 5.4 | 38.6 | 12.6 | 3.8 | 39.5 | 0.0 | 100.0 | 33.3 | 136 |
| 2-3 | 5.7 | 13.6 | 27.7 | 3.8 | 36.1 | 13.1 | 100.0 | 45.0 | 141 |
| 4-5 | 6.2 | 4.1 | 15.9 | 8.0 | 18.6 | 47.2 | 100.0 | 55.2 | 139 |
| 6-7 | 9.1 | 0.5 | 5.8 | 8.0 | 17.1 | 59.5 | 100.0 | 49.4 | 123 |
| 8-9 | 26.2 | 1.2 | 3.6 | 2.5 | 11.6 | 54.8 | 100.0 | 38.0 | 139 |
| 10-11 | 27.8 | 1.9 | 1.1 | 2.8 | 3.7 | 62.7 | 100.0 | 40.6 | 139 |
| 12-13 | 24.8 | 1.1 | 4.2 | 3.6 | 4.6 | 61.7 | 100.0 | 32.7 | 161 |
| 14-15 | 26.2 | 1.7 | 2.4 | 2.4 | 2.5 | 64.8 | 100.0 | 29.5 | 148 |
| 16-17 | 38.1 | 0.0 | 1.1 | 2.5 | 6.3 | 51.9 | 100.0 | 35.1 | 117 |
| 18-19 | 48.7 | 0.0 | 1.1 | 1.4 | 5.0 | 43.8 | 100.0 | 31.4 | 151 |
| 20-21 | 55.6 | 0.5 | 0.7 | 2.1 | 1.2 | 39.8 | 100.0 | 28.0 | 133 |
| 22-23 | 72.7 | 0.0 | 0.7 | 0.8 | 1.9 | 24.0 | 100.0 | 8.4 | 105 |
| 24-25 | 74.7 | 0.5 | 0.3 | 3.5 | 1.9 | 19.1 | 100.0 | 12.7 | 120 |
| 26-27 | 80.3 | 0.0 | 0.6 | 0.0 | 2.8 | 16.3 | 100.0 | 16.0 | 145 |
| 28-29 | 84.9 | 0.0 | 0.0 | 2.1 | 0.5 | 12.5 | 100.0 | 10.7 | 116 |
| 30-31 | 92.7 | 0.9 | 0.0 | 0.3 | 0.4 | 5.8 | 100.0 | 5.2 | 106 |
| 32-33 | 94.1 | 0.7 | 0.0 | 0.3 | 0.4 | 4.5 | 100.0 | 16.1 | 116 |
| 34-35 | 94.2 | 0.0 | 0.0 | 0.4 | 1.3 | 4.2 | 100.0 | 8.5 | 110 |
| <4 | 5.6 | 25.9 | 20.3 | 3.8 | 37.8 | 6.7 | 100.0 | 39.3 | 278 |
| 4-5 | 6.2 | 4.1 | 15.9 | 8.0 | 18.6 | 47.2 | 100.0 | 55.2 | 139 |
| 6-9 | 18.2 | 0.9 | 4.6 | 5.1 | 14.2 | 57.0 | 100.0 | 43.4 | 262 |
| Total | 45.7 | 3.8 | 4.6 | 2.8 | 9.0 | 34.0 | 100.0 | 28.6 | 2,346 |

Note: Breastfeeding status refers to last 24 hours. Children classified as breastfeeding and plain water only receive no supplements.
${ }^{1}$ Based on all children under three years living with the mother

### 10.3 Duration of Breastfeeding

Data on the median duration and frequency of breastfeeding are presented in Table 10.3. The estimates of mean and median duration of breastfeeding are based on current status data, that is, the proportions of children born in the three years before the survey who were being breastfed at the time of the survey, as opposed to retrospective data on the length of breastfeeding of older children who are no longer breastfed.

The median duration for any breastfeeding is almost 19 months. There are large differences in breastfeeding duration by background characteristics. The median duration of any breastfeeding is 20 months in rural areas, compared with 13 months in urban areas. Half of the babies in the Northeast Directorate are breastfed until 24 months of age, while half of those in the South Directorate are weaned at 10 months of age. There is a broad range in the median duration of any breastfeeding by region. Kavango (28 months) and Caprivi Regions (23 months) have the longest median durations of breastfeeding, while Erongo and Khomas Regions have the lowest in the country ( 8 and 9 months, respectively). Mothers who have completed secondary school have a much lower median duration of breastfeeding than other mothers.

The early introduction of supplements is reflected in the short duration of exclusive breastfeeding (median duration of less than one month). Since only a small proportion of children were supplemented with plain water or other liquids in addition to breast milk, the median duration of predominant breastfeeding is also short (one month).

Table 10.3 Median duration and frequency of breastfeeding
Median duration of any breastfeeding, exclusive breastfeeding, and predominant breastfeeding among children under three years by selected background characteristics, Namibia 2000

| Background characteristic | Median duration (months) of breastfeeding ${ }^{1}$ |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Any breastfeeding | Exclusive breastfeeding | Predominant breastfeeding ${ }^{2}$ |  |
| Sex of child |  |  |  |  |
| Male | 18.5 | 0.6 | 1.2 | 1,231 |
| Female | 18.8 | 0.6 | 1.5 | 1,228 |
| Residence |  |  |  |  |
| Urban | 13.2 | 0.5 | 0.6 | 831 |
| Rural | 20.3 | 0.7 | 2.3 | 1,628 |
| Directorate |  |  |  |  |
| Northwest | 19.4 | 0.9 | 3.0 | 1,026 |
| Northeast | 24.1 | 0.5 | 0.6 | 337 |
| Central | 14.7 | 0.4 | 0.7 | 442 |
| South | 10.4 | 0.6 | 0.7 | 654 |
| Region |  |  |  |  |
| Caprivi | 22.7 | 0.4 | 0.4 | 136 |
| Erongo | 8.0 | 0.4 | 1.7 | 95 |
| Hardap | 12.1 | 0.4 | 0.5 | 84 |
| Karas | 13.0 | 0.4 | 1.0 | 80 |
| Kavango | 27.7 | 0.7 | 1.9 | 201 |
| Khomas | 9.0 | 0.7 | 0.7 | 403 |
| Kunene | 15.5 | 0.7 | 3.5 | 100 |
| Ohangwena | 21.4 | 2.0 | 3.7 | 331 |
| Omaheke | 17.2 | 0.6 | 2.1 | 88 |
| Omusati | 19.2 | 0.7 | 3.5 | 262 |
| Oshana | 19.0 | 0.4 | 0.5 | 202 |
| Oshikoto | 17.3 | 1.1 | 3.0 | 231 |
| Otjozondjupa | 13.5 | 0.4 | 0.5 | 246 |
| Education |  |  |  |  |
| No education | 20.9 | 0.6 | 2.0 | 338 |
| Incomplete primary | 20.4 | 0.5 | 0.6 | 281 |
| Completed primary | 19.4 | 0.8 | 2.6 | 604 |
| Incompl. secondary | 18.4 | 0.7 | 1.5 | 889 |
| Compl. secondary + | 8.6 | 0.5 | 0.8 | 297 |
| All children | 18.6 | 0.6 | 1.3 | 2,459 |
| Mean for all children | 18.3 | 2.0 | 4.2 | na |

Note: Median and mean durations are based on current status.
${ }^{1}$ It is assumed that non-last-born children and last-born children not living with the mother are not currently breastfeeding.
${ }^{2}$ Either exclusively breastfed or received breast milk and plain water, water-based liquids, and/or juice.
$\mathrm{na}=$ Not applicable

### 10.4 Types and Frequency of Supplemental Foods

Information on the types of foods given to children under three years in the 24 hours preceding the survey is shown in Table 10.4, according to their breastfeeding status. As mentioned before, babies in Namibia are given supplemental foods and liquids before the recommended ages. For example, 42 percent of breastfeeding babies under two months of age were given other milk in the day or night before the survey.

Table 10.4 Foods consumed by children in preceding 24 hours

Percentage of children under three years of age who consumed specific foods in the 24 hours preceding the interview, by breastfeeding status and child's age, Namibia 2000

| Child's age in months | Percentage of children who received specific foods in preceding 24 hours $^{1}$ |  |  |  |  |  |  | Number of children |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Vitamins/ medicine | Plain water | Other milk | Fruit juice/ tea/soda | Other liquids ${ }^{2}$ | Solid mushy food | Mean number of times child ate mushy food |  |
| BREASTFEEDING CHILDREN |  |  |  |  |  |  |  |  |
| <2 | 7.4 | 29.5 | 41.8 | 0.0 | 4.3 | 0.0 | 0.2 | 129 |
| 2-3 | 16.8 | 71.7 | 43.9 | 3.7 | 11.8 | 13.9 | 0.6 | 133 |
| 4-5 | 27.4 | 87.3 | 48.5 | 17.5 | 33.6 | 50.3 | 1.3 | 131 |
| 6-7 | 20.7 | 94.0 | 43.6 | 23.6 | 37.8 | 65.4 | 2.0 | 112 |
| 8-9 | 17.5 | 94.2 | 45.6 | 35.6 | 37.2 | 74.3 | 1.8 | 102 |
| 10-11 | 22.3 | 95.4 | 54.5 | 35.7 | 55.3 | 86.8 | 2.5 | 100 |
| 12-13 | 17.9 | 96.8 | 40.0 | 37.2 | 58.9 | 82.1 | 2.3 | 121 |
| 14-15 | 20.2 | 93.0 | 38.8 | 46.3 | 57.5 | 87.9 | 2.4 | 110 |
| 16-17 | 18.2 | 98.3 | 53.8 | 37.0 | 50.6 | 83.9 | 2.4 | 73 |
| 18-23 | 16.6 | 93.6 | 49.5 | 44.5 | 60.4 | 87.3 | 2.4 | 165 |
| 24-29 | 22.4 | 94.5 | 47.4 | 46.3 | 43.0 | 79.9 | 2.5 | 76 |
| 30-35 | (17.9) | (91.8) | (53.5) | (50.9) | (43.3) | (76.2) | (2.8) | 21 |
| <4 | 12.2 | 51.0 | 42.9 | 1.9 | 8.1 | 7.1 | 0.4 | 262 |
| 4-5 | 27.4 | 87.3 | 48.5 | 17.5 | 33.6 | 50.3 | 1.3 | 131 |
| 6-9 | 19.2 | 94.1 | 44.6 | 29.3 | 37.5 | 69.7 | 1.9 | 214 |
| Total | 18.6 | 84.9 | 45.9 | 29.0 | 40.4 | 62.7 | 1.8 | 1,273 |
| NONBREASTFEEDING CHILDREN |  |  |  |  |  |  |  |  |
| 18-23 | 21.8 | 82.2 | 34.6 | 50.6 | 51.3 | 72.7 | 3.8 | 224 |
| 24-29 | 10.9 | 76.0 | 21.6 | 42.4 | 45.3 | 66.0 | 2.9 | 304 |
| 30-35 | 17.8 | 80.5 | 24.0 | 47.3 | 47.8 | 64.9 | 2.8 | 311 |
| Total | 20.8 | 80.1 | 34.7 | 47.3 | 46.8 | 67.8 | 2.8 | 1,073 |

Note: Breastfeeding status refers to last 24 hours. Percentages may sum to more than 100 percent because child may have received more than one type of supplement. Figures in parentheses are based on 25-49 unweighted cases.
${ }_{2}^{1}$ Refers to the day and night preceding the interview
${ }^{2}$ Does not include plain water

Introducing solid or mushy foods by around the age of six months is recommended because by that age, breast milk by itself is no longer sufficient to sustain a child's optimal growth. It is encouraging to note that by age 6-7 months, two-thirds of breastfeeding babies were given solid or mushy food in the previous 24 hours. Nevertheless, it is disconcerting to note that some $10-15$ percent of babies age 10 months and over are not being given solid or mushy foods but are surviving on breast milk and other liquids only.

Frequency of feeding is also an important variable in children's health. Studies have shown that children need to be fed more frequently than adults in order to better process the nutrients they need. Data show that in Namibia, children who are 10 months of age or older are given solid, semi-solid or soft foods 2-3 times a day. Those who are still breastfeeding are fed mushy foods about 2.5 times a day, while those who are not breastfeeding receive foods about three times a day.

### 10.5 Micronutrient Supplementation

Research has shown that adequate stores of vitamin A in the body can have an enormous effect on the ability to fight diseases and maintain good health. In the absence of sufficient intake of foods rich in vitamin A, due to poor soils and/or cultural habits, health programmes often implement mass vitamin A supplementation, especially for children six months to five years of age. Namibia recently implemented a new programme of vitamin A supplementation. In order to measure the level of coverage of the programme, mothers of children under five were asked if their children had received a vitamin A capsule supplement and if so, when they received the most recent dose. In order to clarify the type of supplementation, interviewers carried sample capsules to show mothers.

As Table 10.5 shows, 38 percent of children under five received a vitamin A supplement within the previous six months. Coverage is remarkably uniform across most background characteristics, even among children under six months of age for whom supplementation is not usually recommended. Supplementation is somewhat lower in Central Directorate and in Erongo, Kunene, Omaheke, and Otjozondjupa Regions than in other areas. Children in Caprivi Region are the most likely to have received a vitamin A supplement in the previous six months.

Table 10.5 also shows the percentage of children under five who live in households with adequately iodised salt. As mentioned in Chapter 2, among households in which interviewers were able to test the salt, two-thirds used salt with an adequate level of iodine content. The percentage of children under five living in such households is slightly lower, 57 percent. This is cause for concern, since iodine is important in the development of cognitive ability. Efforts at promoting iodised salt should be focused on Omaheke Region especially, and to a lesser extent on Kavango, Kunene, and Otjozondjupa Regions (Figure 10.1).

Since pregnancy and childbirth deplete the body's supply of vitamin A, women are encouraged to take supplements soon after birth (vitamin A supplementation during pregnancy can be toxic). To monitor postpartum supplementation coverage, women who had a birth in the five years preceding the survey were asked in the 2000 NDHS if they received a vitamin A supplement within two months after the delivery. Women with two or more live births in the period were only asked about the most recent birth.

As shown in Table 10.5, only one-third of new mothers said they had received a vitamin A supplement. Differentials in coverage are small, except that mothers in Caprivi Region are almost twice as likely to take post-partum vitamin A supplements than mothers elsewhere.

| Table 10.5 Micronutrients |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of children under five years of age who received vitamin A supplements in the previous six months and who live in households that use adequately iodised salt, and percentage of women who had a live birth in the five years preceding the survey who were given a postpartum vitamin A supplement, by background characteristics, Namibia 2000 |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
| Percentage of children under 5 |  |  |  | Percentage of women with birth in 5 years preceding survey |  |
| Background characteristic | Vitamin A supplement in last 6 months | Living in households using adequately iodised salt ${ }^{1}$ | Number of living children | Given vitamin A postpartum ${ }^{2}$ | Number of women |
| Age of child |  |  |  |  |  |
| $<6$ months | 36.0 | 58.2 | 417 | 33.2 | 431 |
| 6-11 months | 38.7 | 53.0 | 401 | 33.3 | 401 |
| 12-23 months | 43.2 | 58.2 | 816 | 34.4 | 815 |
| 24-35 months | 37.3 | 57.6 | 713 | 36.1 | 588 |
| 36-47 months | 37.1 | 57.6 | 671 | 31.4 | 408 |
| 48-59 months | 35.4 | 55.4 | 768 | 29.9 | 359 |
| Sex of child |  |  |  |  |  |
|  | 38.8 | 58.0 | 1,908 | 33.4 | 1,533 |
| Female | 37.5 | 55.7 | 1,877 | 33.5 | 1,469 |
| Birth order |  |  |  |  |  |
| 1 | 37.9 | 61.3 | 1,112 | 34.5 | 871 |
| 2-3 | 38.5 | 57.0 | 1,449 | 33.7 | 1,127 |
| 4-5 | 36.9 | 47.6 | 706 | 34.6 | 574 |
| 6+ | 39.1 | 59.6 | 519 | 29.0 | 430 |
| Residence |  |  |  |  |  |
| Urban | 32.5 | 62.5 | 1,316 | 33.3 | 1,112 |
| Rural | 41.2 | 53.9 | 2,469 | 33.6 | 1,889 |
| Directorate |  |  |  |  |  |
| Northwest | 40.9 | 68.4 | 1,536 | 30.3 | 1,197 |
| Northeast | 47.7 | 40.8 | 517 | 46.0 | 395 |
| Central | 26.5 | 45.7 | , 704 | 31.2 | 570 |
| South | 37.1 | 55.4 | 1,028 | 33.4 | 840 |
| Region |  |  |  |  |  |
| Caprivi | 56.2 | 56.6 | 203 | 64.0 | 153 |
| Erongo | 21.1 | 60.0 | 163 | 29.2 | 145 |
| Hardap | 33.9 | 44.4 | 137 | 35.8 | 114 |
| Karas | 50.7 | 60.3 | 121 | 34.7 | 101 |
| Kavango | 42.2 | 30.6 | 313 | 34.6 | 242 |
| Khomas | 37.1 | 64.8 | 641 | 33.4 | 526 |
| Kunene | 27.9 | 40.3 | 153 | 31.7 | 115 |
| Ohangwena | 36.9 | 73.6 | 534 | 32.2 | 370 |
| Omaheke | 27.9 | 15.5 | 129 | 29.5 | 99 |
| Omusati | 44.2 | 62.8 | 355 | 30.3 | 289 |
| Oshana | 37.2 | 69.7 | 321 | 32.1 | 266 |
| Oshikoto | 47.7 | 64.7 | 327 | 26.1 | 272 |
| Otjozondjupa | 28.1 | 41.8 | 388 | 32.0 | 310 |
| Age of mother at birth |  |  |  |  |  |
| <20 | 35.9 | 55.8 | 596 | 35.4 | 474 |
| 20-24 | 38.6 | 56.3 | 1,004 | 33.6 | 750 |
| 25-29 $30-34$ | 40.0 39.2 | 56.9 58.8 | 884 657 | 33.0 36.3 | 692 520 |
| 35+ | 35.8 | 56.7 | 645 | 29.6 | 565 |
| Total | 38.1 | 56.9 | 3,785 | 33.4 | 3,002 |
| ${ }^{1}$ Salt containing 15 parts per million of iodine or more. Refers to households in which salt was tested. <br> ${ }^{2}$ In the first two months after delivery. For women with two or more live births in the five-year period, data refer to the most recent birth. |  |  |  |  |  |

Figure 10.1 Percentage of Children under Age 5 Who Live in Households That Use Adequately Iodised Salt, By Region


Note: Salt containing at least 15 parts per million
is considered adequately iodised salt.
NDHS 2000

### 10.6 Nutritional Status of Children

Nutritional status is a major determinant of children's susceptibility to diseases. Malnutrition (inadequate nutrition) is a direct result of insufficient food intake or repeated infectious diseases or a combination of both. In addition to questions about breastfeeding and weaning foods, the 2000 NDHS included an anthropometric component, in which all children under five years of age were both weighed and measured. Each interviewing team carried two scales and one measuring board. The scales were lightweight, bathroom-type scales with a digital screen designed and manufactured under the authority of UNICEF. The measuring boards were specially produced by Shorr Productions for use in survey settings. Children younger than 24 months were measured lying down on the board (recumbent length), while standing height was measured for older children.

Evaluation of nutritional status is based on the rationale that in a well-nourished population, there is a statistically predictable distribution of children of a given age with respect to height and weight. In any large population, there is variation in height and weight; this variation approximates a normal distribution. Use of a standard reference population as a point of comparison facilitates the examination of differences in the anthropometric status of subgroups in a population and of changes in nutritional status over time. One of the most commonly used reference populations, and the one used in this report, is the U.S. National Center for Health Statistics (NCHS) standard, which is recommended for use by the World Health Organisation (WHO). The use of this reference population is based on the finding that young children of all population groups have similar genetic potential for growth.

Three standard indices of physical growth that describe the nutritional status of children are presented:

- Height-for-age (stunting)
- Weight-for-height (wasting)
- Weight-for-age (underweight)

Each of these indices gives different information about growth and body composition that can be used to assess nutritional status.

Height-for-age is a measure of linear growth. A child who is below minus two standard deviations ( -2 SD ) from the median of the NCHS reference population in terms of height-for-age is considered short for his/her age, or stunted, a condition reflecting the cumulative effect of chronic malnutrition. If the child is below minus three standard deviations ( -3 SD ) from the reference median, then the child is considered to be severely stunted. A child between -2 SD and -3 SD is considered to be moderately stunted. Stunting reflects failure to receive adequate nutrition over a long period of time and may also be caused by recurrent and chronic illness. Height-for-age, therefore, represents a measure of the long-term effects of malnutrition in a population and does not vary appreciably according to the season of data collection. Stunted children are not immediately obvious in a population; a stunted three-year-old child could look like a well-fed two-year-old.

Weight-for-height measures body mass in relation to body length and describes current nutritional status. A child who is below minus two standard deviations ( -2 SD ) from the reference median for weight-for-height is considered to be too thin for his/her height, or wasted, a condition reflecting acute malnutrition. Wasting represents the failure to receive adequate nutrition in the period immediately preceding the survey and may be the result of inadequate food intake or recent episodes of illness causing loss of weight and the onset of malnutrition. As with stunting, wasting is considered severe if the child is more than three standard deviations below the reference mean. Severe wasting is closely linked to an elevated risk of mortality. Prevalence of wasting may vary considerably by season.

Weight-for-age is a composite index of height-for-age and weight-for-height and, thus, does not distinguish between acute malnutrition (wasting) and chronic malnutrition (stunting). A child can be underweight for his age because he is stunted, wasted or both. Weight-for-age is a useful tool in clinical settings for continuous assessment of nutritional progress and growth. Children whose weight-for-age is below minus two standard deviations from the median of the reference population are classified as underweight. In the reference population, only 2.3 percent of children fall below minus two standard deviations $(-2 \mathrm{SD})$ for each of these three indices.

In the 1992 NDHS, anthropometric measurements were restricted to children born to women interviewed with the Women's Questionnaire. However, these data do not represent all children, since they exclude children whose mothers were not in the household (either because they did not live there or because they had died), children whose mothers were not eligible for the individual interview (i.e., under age 15 or age 50 and over), and children whose mothers did not complete an individual interview. To overcome these biases-which can be considerable in Namibia, where almost one-quarter of children under five do not live with their mothers-in the 2000 NDHS, all children born in the five years prior to the survey who were listed in the Household Questionnaire were weighed and measured.

Table 10.6 shows the percentage of children who are classified as malnourished according to height-for-age, weight-for-height, and weight-for-age indices, by the child's age and selected background characteristics. The table also shows the nutritional status of children of non-interviewed mothers by whether or not the mother lives in the household. A total of 4,520 children under age five were weighed and measured. Almost 4 percent of these children had missing information on height or weight, 3 percent had implausibly high or low values for the height and weight measurements, and 2 percent had incomplete age information. The following analysis focuses on the 4,123 children under five for whom complete and plausible anthropometric data were collected.

| Table 10.6 Nutritional status of children |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of children under five years classified as malnourished according to three anthropometric indices of nutritional status: height-for-age, weight-for-height, and weight-for-age, by selected characteristics, and percentage of children of noninterviewed mothers, and all children classified as malnourished, Namibia 2000 |  |  |  |  |  |  |  |  |  |  |
|  | Height-for-age |  |  | Weight-for-height |  |  | Weight-for-age |  |  | Number of children |
| Background characteristic | Percentage below -3 SD | Percentage below -2 SD $^{1}$ | Mean <br> Z-score <br> (SD) | Percentage below $-3 \text { SD }$ | Percentage below -2 SD $^{1}$ | Mean <br> Z-score <br> (SD) | Percentage below $-3 \text { SD }$ | Percentage below -2 SD $^{1}$ | $\begin{gathered} \text { Mean } \\ \text { Z-score } \\ \text { (SD) } \end{gathered}$ |  |
| Child's age in months |  |  |  |  |  |  |  |  |  |  |
| <6 | 1.2 | 5.7 | 0.1 | 0.0 | 2.0 | 0.3 | 0.1 | 1.3 | 0.2 | 385 |
| 6-9 | 4.3 | 10.2 | 0.6 | 0.5 | 6.6 | 0.4 | 3.6 | 15.1 | 0.8 | 260 |
| 10-11 | 8.5 | 16.8 | 0.8 | 5.4 | 16.0 | 0.7 | 3.8 | 30.7 | 1.2 | 148 |
| 12-15 | 6.1 | 23.8 | 1.0 | 3.7 | 16.3 | 0.7 | 6.4 | 31.2 | 1.3 | 338 |
| 16-23 | 9.9 | 33.4 | 1.4 | 3.0 | 14.3 | 0.8 | 7.2 | 27.1 | 1.4 | 520 |
| 24-35 | 7.7 | 21.5 | 1.0 | 1.5 | 8.5 | 0.8 | 8.2 | 26.6 | 1.3 | 858 |
| 36-47 | 10.3 | 28.6 | 1.3 | 1.8 | 8.3 | 0.7 | 5.3 | 26.3 | 1.3 | 763 |
| 48-59 | 8.9 | 28.7 | 1.3 | 0.5 | 7.4 | 0.7 | 4.5 | 26.4 | 1.3 | 850 |
|  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
| Female | 6.7 | 23.9 | 1.0 | 1.1 | 9.1 | 0.6 | 5.5 | 24.4 | 1.1 | 2,072 |
| Birth order ${ }^{2}$ |  |  |  |  |  |  |  |  |  |  |
| 1 | 6.2 | 20.6 | 1.0 | 1.8 | 9.5 | 0.6 | 4.6 | 22.2 | 1.1 | 807 |
| 2-3 | 6.8 | 20.8 | 0.9 | 1.9 | 8.5 | 0.5 | 3.7 | 19.5 | 1.0 | 1,121 |
| 4-5 | 8.4 | 23.9 | 1.0 | 2.4 | 7.5 | 0.6 | 6.5 | 24.8 | 1.1 | 598 |
| $6+$ | 8.3 | 28.6 | 1.2 | 2.1 | 10.7 | 0.7 | 6.7 | 30.7 | 1.3 | 464 |
| Birth interval in months ${ }^{2}$ |  |  |  |  |  |  |  |  |  |  |
| First birth | 6.1 | 20.8 | 1.0 | 1.8 | 9.5 | 0.6 | 4.6 | 22.5 | 1.1 | 812 |
| $<24$ months | 9.5 | 27.7 | 1.2 | 2.2 | 8.4 | 0.6 | 5.7 | 24.4 | 1.2 | 260 |
| 24-47 months | 8.3 | 23.8 | 1.1 | 2.8 | 10.6 | 0.7 | 6.3 | 27.5 | 1.2 | 1,070 |
| $48+$ months | 6.1 | 21.1 | 0.8 | 1.1 | 6.3 | 0.5 | 3.5 | 17.6 | 0.9 | 847 |
|  |  |  |  |  |  |  |  |  |  |  |
| Urban | 9.1 | 22.0 | 0.9 | 1.5 | 6.6 | 0.3 | 3.7 | 16.3 | 0.8 | 1,069 |
| Rural | 7.3 | 24.2 | 1.1 | 1.7 | 10.0 | 0.7 | 6.0 | 26.7 | 1.3 | 3,054 |
| Directorate |  |  |  |  |  |  |  |  |  |  |
| Northwest | 7.1 | 24.4 | 1.2 | 1.8 | 11.2 | 0.8 | 5.8 | 29.2 | 1.4 | 1,946 |
| Northeast | 9.8 | 26.5 | 1.2 | 2.0 | 8.0 | 0.6 | 7.1 | 24.3 | 1.3 | 525 |
| Central | 4.7 | 15.8 | 0.7 | 0.9 | 6.5 | 0.3 | 3.3 | 14.8 | 0.7 | 722 |
| South | 10.5 | 26.4 | 1.1 | 1.7 | 7.5 | 0.4 | 5.3 | 20.1 | 1.0 | 929 |
| Region 19.8 |  |  |  |  |  |  |  |  |  |  |
| Caprivi | 6.8 | 19.8 | 0.9 | 2.2 | 7.4 | 0.7 | 3.3 | 18.2 | 1.1 | 205 |
| Erongo | 2.7 | 8.7 | 0.5 | 1.9 | 4.9 | 0.1 | 2.3 | 8.9 | 0.4 | 146 |
| Hardap | 6.0 | 19.1 | 1.1 | 2.1 | 12.6 | 0.7 | 5.2 | 22.2 | 1.3 | 169 |
| Karas | 2.7 | 15.0 | 0.8 | 0.0 | 5.9 | 0.3 | 1.5 | 13.7 | 0.7 | 122 |
| Kavango | 11.8 | 30.7 | 1.4 | 1.9 | 8.4 | 0.6 | 9.6 | 28.3 | 1.4 | 320 |
| Khomas | 14.7 | 32.3 | 1.1 | 1.5 | 4.8 | 0.2 | 5.6 | 19.1 | 0.9 | 472 |
| Kunene | 6.8 | 18.3 | 0.8 | 0.6 | 6.8 | 0.5 | 2.5 | 17.3 | 0.9 | 159 |
| Ohangwena | 8.7 | 27.5 | 1.3 | 2.7 | 14.8 | 0.9 | 10.1 | 35.6 | 1.5 | 633 |
| Omaheke | 8.7 | 25.6 | 1.0 | 3.0 | 11.1 | 0.6 | 7.2 | 25.7 | 1.1 | 167 |
| Omusati | 8.0 | 26.5 | 1.2 | 1.4 | 6.3 | 0.7 | 3.7 | 28.3 | 1.3 | 495 |
| Oshana | 5.6 | 18.3 | 0.8 | 1.7 | 13.5 | 0.9 | 4.9 | 22.8 | 1.2 | 404 |
| Oshikoto | 5.2 | 23.2 | 1.2 | 1.2 | 9.4 | 0.6 | 2.8 | 26.7 | 1.3 | 415 |
| Otjozondjupa | 4.6 | 17.4 | 0.7 | 0.7 | 6.9 | 0.4 | 3.9 | 15.9 | 0.7 | 417 |
| Education ${ }^{3}$ |  |  |  |  |  |  |  |  |  |  |
| No education | 11.7 | 29.4 | 1.2 | 2.7 | 10.7 | 0.8 | 9.8 | 32.8 | 1.4 | 478 |
| Incomplete primary | 7.2 | 26.0 | 1.1 | 2.4 | 10.7 | 0.7 | 6.3 | 27.5 | 1.3 | 838 |
| Completed primary | 11.3 | 26.6 | 1.2 | 1.3 | 8.9 | 0.6 | 3.2 | 25.6 | 1.2 | 327 |
| Incompl. secondary | 6.0 | 18.9 | 0.9 | 1.7 | 7.9 | 0.5 | 3.9 | 19.3 | 1.0 | 1,174 |
| Compl. secondary+ | 4.8 | 14.4 | 0.5 | 0.7 | 5.1 | 0.2 | 1.5 | 10.6 | 0.5 | , 373 |
| Children of interviewed mothers | 7.2 | 22.6 | 1.0 | 2.0 | 8.9 | 0.6 | 5.0 | 23.0 | 1.1 | 2,990 |
| Children of non- |  |  |  |  |  |  |  |  |  |  |
| interviewed mothers Mother in household, |  |  |  |  |  |  |  |  |  |  |
| incomplete interview | 13.4 | 22.9 | 1.1 | 0.3 | 7.5 | 0.5 | 6.7 | 24.2 | 1.1 | 201 |
| household | 8.6 | 27.1 | 1.2 | 1.0 | 10.3 | 0.7 | 6.5 | 27.0 | 1.3 | 932 |
| Total | 7.8 | 23.6 | 1.1 | 1.7 | 9.1 | 0.6 | 5.4 | 24.0 | 1.1 | 4,123 |
| Note: Table is based on children who stayed in the household the night before the interview. Table is based on children |  |  |  |  |  |  |  |  |  |  |
| with valid dates of birth (month and year) and valid measurement of both height and weight.. <br> ${ }^{1}$ Includes children who are below -3 standard deviations from the International Reference Population median |  |  |  |  |  |  |  |  |  |  |
| ${ }^{1}$ Includes children who <br> ${ }^{2}$ Excludes children who | are below se mothe | -3 stand s were not | rd deviation intervie | ons from ed | Intern | tional Ref | rence Pop | pulation | edian |  |

One-quarter ( 24 percent) of Namibian children under five are short for their age or stunted, while 8 percent are severely stunted (less than -3 SD). Stunting is lowest among children under six months of age, increases in the second year of life, and stays relatively high at 29 percent among children age three and four years old (Figure 10.2). Prevalence of stunting varies little by sex of the child; however, it rises with birth order. Stunting is also related to the length of the preceding birth interval; children born less than 24 months after a prior birth are more likely to be stunted ( 28 percent) than those born after an interval of 48 months or more ( 21 percent). Khomas and Kavango Regions have the highest proportion of children with stunted growth, while Erongo Region has the lowest in the country. Prevalence of stunting declines as education of the mother increases.

Figure 10.2 Percentage of Children with Low Height-for-Age, Low Weight-for-Height, and Low Weight-for-Age, by Age of Child


NDHS 2000

Nine percent of children under five are thin for their height, or wasted, and 2 percent are severely wasted. Wasting is highest for children age 10-23 months. Erongo and Khomas Regions have lower proportions of children who are wasted, while Ohangwena and Oshana Regions have the highest levels. The prevalence of wasting declines among children with better educated mothers.

Twenty-four percent of children under five are considered to be underweight (low weight-forage) and 5 percent are severely underweight. As with the other two nutrition indicators, children under six months are least likely to be underweight, probably due to the positive effects of breastfeeding. After six months of age, the proportion of children who are underweight rises to 31 percent among those 10-15 months and remains at 26-27 percent among older children. The likelihood of being underweight varies little by sex of the child, but rises with birth order and diminishes for those born four years or more after a previous child. Children in rural areas and in Northwest Directorate are more likely to be underweight than other children. Erongo and Karas Regions have the lowest levels of underweight children, while Ohangwena Region has the highest level. The level of education of the mother is related to the nutritional status their children. The proportion of children who are underweight declines steadily as the educational attainment of the mother increases.

The data in Table 10.6 confirm that children whose mothers do not live in the same household are subject to higher levels of malnutrition than those who live with their mothers. Among children not living
with their mothers, 27 percent are stunted, 10 percent are wasted and 27 percent are underweight. This compares to 23,9 , and 23 percent of children whose mothers were interviewed.

For comparison with data from the 1992 NDHS, it is necessary to compare with children whose mothers were interviewed. This comparison shows some improvement in nutritional status of children. The proportion of children under five who are stunted has declined from 28 to 23 percent, while the proportion who are wasted has remained steady at 9 percent. The proportion underweight has declined from 26 to 23 percent of children under five.

## HIV/AIDS AND OTHER SEXUALLY TRANSMITTED INFECTIONS

The southern African region is the area of the world that is most affected by HIV/AIDS. Due to the historic isolation of Namibia and South Africa during the 1980s, the HIV/AIDS pandemic started later in these countries than in neighbouring Zambia, Zimbabwe and Botswana. In Namibia, the first AIDS case was diagnosed in 1986 and the following year an AIDS Advisory Committee was established. On 4th July 1990, President Nujoma launched the National AIDS Control Programme (NACP) and a ShortTerm Plan of Action was implemented from 1990 to 1992. Following this, the first Medium-Term Plan (MTP-I) was launched, covering the period 1992-1998.

The crisis proportions of the HIV/AIDS pandemic is perhaps the foremost challenge facing postindependence Namibian development. As such, the National Strategic Plan on HIV/AIDS (MTP-II: 19992004) and the National Development Plan 2 (NDP2) are mandated by government to tackle the pandemic and its effects in a decisive, comprehensive and effective manner, whilst harnessing regional and multisectoral resources of the country.

HIV/AIDS has now surpassed tuberculosis and malaria to become the highest cause of reported deaths among adults and children. At the end of the year 2000, a total of 82,887 persons had been diagnosed with HIV, 14,691 of which were diagnosed in 2000. During the same year, 3,288 deaths from AIDS were reported. The long intervals between HIV infection, diagnosis of HIV infection, and death from AIDS explain the large difference between the annual number of HIV diagnoses and deaths. This also means that the impact of the HIV pandemic will increase over the coming years, when those who are already infected will develop AIDS.

The most reliable information on the magnitude of the HIV/AIDS pandemic is obtained from anonymous, unlinked sero-surveys among pregnant women who attend clinics for antenatal care. Results of the 2000 survey show that the highest HIV prevalence was observed in the urban areas of Katima Mulilo (33 percent), Windhoek ( 31 percent), Oshakati ( 28 percent), and Walvis Bay ( 28 percent). HIV prevalence is also high in rural sites close to main roads, such as Onandjokwe ( 23 percent), Engela ( 23 percent), Oshikuku (21 percent), Keetmanshoop ( 17 percent), as well as Swakopmund ( 23 percent). In a few rural sites and districts, HIV prevalence is still relatively low: Gobabis ( 9 percent), Rehoboth ( 9 percent), and Opuwo ( 7 percent). Considering the population represented by the survey population in the different regions it is estimated that about 23 percent of all pregnant women in Namibia are HIV-positive. Comparison with previous surveys shows that the HIV prevalence is still increasing in most regions.

The 2000 NDHS findings provide additional information on HIV/AIDS-related issues, which will enable an intensified and accelerated response to HIV/AIDS in Namibia. It is the first time that HIV/AIDS-related questions have been included in a DHS in Namibia.

### 11.1 Knowledge about HIV/AIDS Prevention

The first question on knowledge on HIV/AIDS was simply, "Have you ever heard of an illness called AIDS?". Awareness of AIDS is almost universal in Namibia, with 98 percent of women and over 99 percent of men saying they had heard of AIDS (data not shown). With such high levels of awareness, differences by background characteristics are very slight.

Respondents were then asked if there is anything a person can do to avoid getting AIDS and if so, what. It is very encouraging to note that large majorities of both women ( 81 percent) and men ( 87 percent) spontaneously mention condoms as a means of avoiding HIV (Table 11.1). The next most common answer given is sexual abstinence, cited by 35 percent of women and 41 percent of men. Having only one sexual partner was mentioned by 31 percent of women and 29 percent of men, while avoiding multiple partners was mentioned by 7 percent of women and 11 percent of men. Very few respondents said they did not know whether HIV/AIDS can be avoided and even fewer said they believed there is no way to avoid it. It is also notable that few respondents mention erroneous ways of protecting against HIV, such as avoiding kissing or avoiding mosquito bites.

The above results were based on spontaneous responses. However, respondents were also asked specific questions about monogamy and condom use-two of the three ways (along with abstinence) of preventing the spread of HIV/AIDS that have been identified as programmatically important. As shown in Table 11.2.1 and 11.2.2, when prompted, 86 percent of women and 92 percent of men mentioned condom use and 76 percent of women and 89 percent of men mentioned limiting sexual partners as a way to avoid infection. Almost 80 percent of women and 90 percent of men know about at least two of the three programmatically important ways to avoid HIV/AIDS.

Despite these encouraging results, 12 percent of women and 6 percent of men do not know of any of the three programmatically important ways to prevent HIV/AIDS. As expected, older respondents, those who have never had sex, and rural women and men are more likely not to know of any of the main ways of preventing the spread of AIDS. Educational efforts should focus on women in Kavango and Omusati Regions and men in Omaheke Region, where ignorance of HIV prevention is highest. On the other hand, knowledge of two or more programmatically important ways of HIV prevention is highest amongst women in Erongo Region and amongst men in Caprivi and Khomas Regions. The level of education is strongly related to knowledge about ways that HIV transmission can be prevented. Those with more education are much more likely to know at least two methods of prevention and much less likely to know of none.

Table 11.2.1 Knowledge of programmatically important ways to avoid HIV/AIDS: women
Percent distribution of women by knowledge of three programmatically important ways to avoid HIV/AIDS, and percentage of women who know of three specific ways to avoid HIV/AIDS, according to background characteristics, Namibia 2000

| Background characteristic | Knowledge of programmtically important ways to avoid HIV/AIDS |  |  | Total | Specific ways to avoid HIV/AIDS |  |  | Number |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | None ${ }^{1}$ | One way | $\begin{gathered} \text { Two } \\ \text { or more } \\ \text { ways } \end{gathered}$ |  | Abstain from sexual relations | Use condoms | Limit number of sexual partners ${ }^{2}$ |  |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 14.7 | 8.3 | 77.0 | 100.0 | 36.2 | 82.8 | 73.4 | 1,499 |
| 20-24 | 7.6 | 7.9 | 84.4 | 100.0 | 38.3 | 90.6 | 80.4 | 1,339 |
| 25-29 | 8.5 | 7.9 | 83.6 | 100.0 | 36.8 | 90.0 | 79.3 | 1,104 |
| 30-39 | 12.1 | 9.4 | 78.5 | 100.0 | 32.9 | 85.1 | 75.4 | 1,764 |
| 40-49 | 17.4 | 8.8 | 73.8 | 100.0 | 29.1 | 79.9 | 71.2 | 1,049 |
| Marital status |  |  |  |  |  |  |  |  |
| Married or in union | 13.2 | 9.3 | 77.5 | 100.0 | 28.9 | 84.5 | 75.6 | 2,610 |
| Divorced, separated, widowed | 15.5 | 6.0 | 78.6 | 100.0 | 33.0 | 82.4 | 73.1 | 478 |
| Never married: |  |  |  |  |  |  |  |  |
| Ever had sex | 8.5 | 8.0 | 83.6 | 100.0 | 38.8 | 89.9 | 79.0 | 2,687 |
| Never had sex | 17.4 | 9.2 | 73.4 | 100.0 | 40.1 | 78.9 | 69.8 | 980 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 6.0 | 6.8 | 87.4 | 100.0 | 41.9 | 92.2 | 83.6 | 2,786 |
| Rural | 16.4 | 9.7 | 73.9 | 100.0 | 29.7 | 81.1 | 70.6 | 3,969 |
| Directorate |  |  |  |  |  |  |  |  |
| Northwest | 13.0 | 8.8 | 78.2 | 100.0 | 40.0 | 84.6 | 73.3 | 2,792 |
| Northeast | 22.1 | 8.2 | 69.7 | 100.0 | 21.5 | 73.6 | 69.3 | 842 |
| Central | 6.1 | 11.7 | 82.1 | 100.0 | 24.3 | 93.1 | 80.6 | 1,231 |
| South | 10.1 | 6.1 | 83.9 | 100.0 | 39.7 | 87.8 | 79.7 | 1,890 |
| Region |  |  |  |  |  |  |  |  |
| Caprivi | 16.2 | 9.2 | 74.6 | 100.0 | 43.2 | 74.2 | 73.3 | 322 |
| Erongo | 5.9 | 4.1 | 90.0 | 100.0 | 40.9 | 93.1 | 89.4 | 399 |
| Hardap | 14.7 | 1.1 | 84.2 | 100.0 | 20.8 | 85.0 | 83.8 | 292 |
| Karas | 10.8 | 4.0 | 85.2 | 100.0 | 41.2 | 83.4 | 84.9 | 261 |
| Kavango | 25.9 | 7.5 | 66.7 | 100.0 | 8.0 | 73.3 | 66.8 | 520 |
| Khomas | 7.1 | 7.2 | 85.7 | 100.0 | 48.0 | 91.1 | 79.2 | 1,152 |
| Kunene | 9.9 | 11.0 | 79.2 | 100.0 | 22.5 | 88.9 | 78.5 | 205 |
| Ohangwena | 12.7 | 11.9 | 75.4 | 100.0 | 32.1 | 85.5 | 70.6 | 684 |
| Omaheke | 19.6 | 10.0 | 70.4 | 100.0 | 15.8 | 78.5 | 69.6 | 185 |
| Omusati | 23.2 | 8.3 | 68.4 | 100.0 | 34.3 | 71.1 | 66.0 | 714 |
| Oshana | 7.8 | 5.7 | 86.6 | 100.0 | 45.2 | 91.0 | 81.0 | 789 |
| Oshikoto | 7.9 | 10.2 | 81.9 | 100.0 | 48.8 | 91.1 | 75.0 | 604 |
| Otjozondjupa | 5.2 | 16.8 | 78.0 | 100.0 | 14.3 | 94.5 | 75.8 | 627 |
| Education |  |  |  |  |  |  |  |  |
| No education | 34.6 | 12.3 | 53.2 | 100.0 | 16.6 | 62.4 | 53.3 | 641 |
| Incomplete primary | 17.5 | 13.5 | 69.1 | 100.0 | 24.9 | 80.0 | 65.8 | 1,409 |
| Completed primary | 17.2 | 10.7 | 72.1 | 100.0 | 30.2 | 80.2 | 66.8 | 827 |
| Incompl. secondary | 6.4 | 6.2 | 87.4 | 100.0 | 39.2 | 91.4 | 83.8 | 2,907 |
| Compl. secondary+ | 2.0 | 3.8 | 94.2 | 100.0 | 51.4 | 96.8 | 89.9 | 971 |
| Total | 12.0 | 8.5 | 79.4 | 100.0 | 34.7 | 85.7 | 75.9 | 6,755 |

Note: Programmatically important ways are abstaining from sex, using condoms, and limiting the number of sexual partners. Abstinence from sex is measured from a spontaneous response only, and using condoms and limiting the number of sexual partners is measured from spontaneous and probed responses.
${ }^{1}$ Those who have not heard of AIDS or who do not know of any programmatically important ways to avoid HIV/AIDS
${ }^{2}$ Refers to limiting number of sexual partners, and limiting sex to one partner/staying faithful to one partner

Table 11.2.2 Knowledge of programmatically important ways to avoid HIV/AIDS: men
Percent distribution of men by knowledge of three programmatically important ways to avoid HIV/AIDS, and percentage of men who know of three specific ways to avoid HIV/AIDS, according to background characteristics, Namibia 2000

| Background characteristic | Knowledge of programmtically important ways to avoid HIV/AIDS |  |  | Total | Specific ways to avoid HIV/AIDS |  |  | Number |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | None ${ }^{1}$ | One way | Two or more ways |  | Abstain from sexual relations | Use condoms | Limit number of sexual partners ${ }^{2}$ |  |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 6.7 | 3.9 | 89.5 | 100.0 | 42.0 | 92.6 | 87.0 | 694 |
| 20-24 | 3.7 | 2.8 | 93.6 | 100.0 | 44.2 | 95.9 | 91.4 | 610 |
| 25-29 | 4.4 | 3.1 | 92.6 | 100.0 | 46.6 | 94.0 | 90.9 | 448 |
| 30-39 | 5.9 | 4.3 | 89.7 | 100.0 | 36.2 | 92.0 | 89.8 | 625 |
| 40-49 | 8.5 | 7.0 | 84.5 | 100.0 | 38.5 | 86.2 | 86.7 | 390 |
| 50-59 | 15.8 | 2.2 | 82.0 | 100.0 | 27.3 | 82.9 | 81.2 | 188 |
| Marital status |  |  |  |  |  |  |  |  |
| Married or in union | 7.4 | 4.5 | 88.2 | 100.0 | 36.6 | 89.9 | 88.4 | 1,047 |
| Divorced, separated, widowed | 10.1 | 7.9 | 82.0 | 100.0 | 31.4 | 87.4 | 83.0 | 143 |
| Never married: |  |  |  |  |  |  |  |  |
| Ever had sex | 3.8 | 2.5 | 93.8 | 100.0 | 44.0 | 95.2 | 91.7 | 1,471 |
| Never had sex | 14.1 | 7.2 | 78.6 | 100.0 | 41.5 | 84.8 | 77.1 | 293 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 4.3 | 2.8 | 92.9 | 100.0 | 45.2 | 94.0 | 92.1 | 1,312 |
| Rural | 8.1 | 4.8 | 87.2 | 100.0 | 36.8 | 90.2 | 85.9 | 1,642 |
| Directorate |  |  |  |  |  |  |  |  |
| Northwest | 6.4 | 4.9 | 88.7 | 100.0 | 46.5 | 92.3 | 86.6 | 1,047 |
| Northeast | 3.3 | 5.6 | 91.1 | 100.0 | 38.9 | 94.2 | 91.0 | 313 |
| Central | 6.3 | 3.3 | 90.3 | 100.0 | 30.3 | 91.8 | 90.4 | 615 |
| South | 7.3 | 2.7 | 90.0 | 100.0 | 41.1 | 90.8 | 89.0 | 980 |
| Region |  |  |  |  |  |  |  |  |
| Caprivi | 1.3 | 2.5 | 96.2 | 100.0 | 69.9 | 97.4 | 95.8 | 114 |
| Erongo | 2.6 | 2.7 | 94.7 | 100.0 | 49.2 | 95.6 | 95.0 | 195 |
| Hardap | 11.4 | 3.0 | 85.6 | 100.0 | 23.2 | 88.0 | 84.8 | 128 |
| Karas | 8.0 | 3.9 | 88.1 | 100.0 | 36.6 | 88.4 | 89.0 | 123 |
| Kavango | 4.4 | 7.5 | 88.1 | 100.0 | 21.1 | 92.3 | 88.2 | 198 |
| Khomas | 1.9 | 2.2 | 95.9 | 100.0 | 50.6 | 96.1 | 94.4 | 624 |
| Kunene | 5.2 | 2.0 | 92.8 | 100.0 | 23.4 | 94.7 | 91.7 | 103 |
| Ohangwena | 11.4 | 8.9 | 79.6 | 100.0 | 31.8 | 87.8 | 78.2 | 275 |
| Omaheke | 33.7 | 4.4 | 61.9 | 100.0 | 11.3 | 65.4 | 61.8 | 104 |
| Omusati | 3.8 | 2.9 | 93.3 | 100.0 | 56.8 | 92.7 | 89.7 | 271 |
| Oshana | 2.1 | 4.6 | 93.2 | 100.0 | 68.2 | 97.1 | 90.7 | 251 |
| Oshikoto | 8.0 | 2.8 | 89.2 | 100.0 | 29.8 | 92.0 | 88.5 | 249 |
| Otjozondjupa | 9.1 | 4.1 | 86.8 | 100.0 | 20.9 | 88.6 | 87.2 | 317 |
| Education |  |  |  |  |  |  |  |  |
| No education | 22.1 | 7.2 | 70.7 | 100.0 | 15.5 | 75.2 | 71.9 | 379 |
| Incomplete primary | 9.2 | 5.4 | 85.4 | 100.0 | 31.5 | 88.7 | 83.7 | 744 |
| Completed primary | 2.3 | 1.6 | 96.1 | 100.0 | 48.3 | 95.5 | 94.8 | 283 |
| Incompl. secondary | 2.1 | 2.6 | 95.2 | 100.0 | 46.2 | 96.8 | 93.3 | 1,115 |
| Compl. secondary+ | 1.4 | 3.3 | 95.3 | 100.0 | 58.1 | 96.9 | 96.0 | 434 |
| Total | 6.4 | 3.9 | 89.7 | 100.0 | 40.5 | 91.9 | 88.7 | 2,954 |

Note: Programmatically important ways are abstaining from sex, using condoms, and limiting the number of sexual partners. Abstinence from sex is measured from a spontaneous response only, and using condoms and limiting the number of sexual partners is measured from spontaneous and probed responses.
${ }^{1}$ Those who have not heard of AIDS or who do not know of any programmatically important ways to avoid HIV/AIDS
${ }^{2}$ Refers to limiting number of sexual partners, and limiting sex to one partner/staying faithful to one partner

### 11.2 Knowledge of HIV/AIDS-Related Issues

Respondents were asked a number of additional questions about their knowledge of HIV transmission and whether they personally know someone who has AIDS or had died of AIDS. As shown in Table 11.3, the vast majority of women ( 83 percent) and men ( 87 percent) are aware that a healthylooking person can be infected with the HIV virus. About the same proportion ( 86 percent of women and 84 percent of men) are aware that HIV can be transmitted from a mother to her child during pregnancy or childbirth. Fewer respondents say that HIV can be transmitted through breastfeeding.

## Table 11.3 Knowledge of AIDS-related issues

Percentage of women and men who give specific responses to questions on various AIDS-related issues, according to selected background characteristics, Namibia 2000

| Background characteristic | Women |  |  |  |  | Men |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage who say a healthylooking person can have the AIDS virus | Percentage who say HIV/AIDS transmitted to children |  | Percentage who know someone who has AIDS or died of AIDS | Number of women | Percentage who say a healthylooking person can have the AIDS virus | Percentage who say HIV/AIDS transmitted to children |  | someone Percentage who know someone who has AIDS or died of AIDS | Number of men |
|  |  | During pregnancy or delivery | During breastfeeding |  |  |  | During pregnancy or delivery | During breastfeeding |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 79.4 | 83.0 | 66.5 | 47.5 | 1,499 | 84.9 | 84.8 | 67.5 | 49.2 | 694 |
| 20-24 | 84.8 | 88.8 | 73.0 | 55.1 | 1,339 | 88.5 | 85.8 | 62.9 | 56.8 | 610 |
| 25-29 | 86.1 | 88.0 | 71.5 | 56.7 | 1,104 | 90.5 | 84.3 | 60.9 | 54.3 | 448 |
| 30-39 | 84.3 | 87.4 | 72.8 | 55.0 | 1,764 | 85.7 | 82.0 | 61.8 | 52.9 | 625 |
| 40-49 | 79.0 | 84.4 | 69.1 | 56.7 | 1,049 | 86.6 | 81.6 | 59.5 | 48.8 | 390 |
| 50-59 | NA | NA | NA | NA | NA | 83.4 | 85.8 | 61.6 | 53.0 | 188 |
| Marital status |  |  |  |  |  |  |  |  |  |  |
| Married or in union | 82.9 | 86.6 | 71.9 | 52.7 | 2,610 | 88.0 | 84.3 | 60.6 | 48.7 | 1,047 |
| Divorced, separated, widowed | 83.1 | 86.2 | 72.3 | 59.3 | 478 | 85.2 | 87.1 | 62.8 | 48.0 | 143 |
| Never married: |  |  |  |  |  |  |  |  |  |  |
| Ever had sex | 84.8 | 88.1 | 73.0 | 57.5 | 2,687 | 88.1 | 85.9 | 65.7 | 58.9 | 1,471 |
| Never had sex | 76.7 | 80.9 | 60.1 | 44.5 | 980 | 77.1 | 72.0 | 57.2 | 36.5 | 293 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 89.2 | 91.8 | 77.3 | 55.4 | 2,786 | 91.8 | 83.1 | 56.3 | 51.5 | 1,312 |
| Rural | 78.2 | 82.5 | 66.0 | 52.9 | 3,969 | 82.8 | 84.7 | 68.2 | 53.3 | 1,642 |
| Directorate |  |  |  |  |  |  |  |  |  |  |
| Northwest | 80.2 | 85.7 | 65.3 | 60.5 | 2,792 | 85.1 | 90.2 | 74.0 | 67.6 | 1,047 |
| Northeast | 75.6 | 82.0 | 69.9 | 40.5 | 842 | 78.6 | 84.5 | 59.4 | 33.9 | 313 |
| Central | 85.6 | 84.7 | 68.7 | 50.5 | 1,231 | 89.1 | 73.2 | 48.4 | 47.4 | 615 |
| South | 88.0 | 90.3 | 80.1 | 52.4 | 1,890 | 89.8 | 83.8 | 61.4 | 45.6 | 980 |
| Region |  |  |  |  |  |  |  |  |  |  |
| Caprivi | 77.9 | 79.5 | 72.3 | 21.7 | 322 | 84.8 | 72.3 | 16.4 | 8.2 | 114 |
| Erongo | 91.1 | 94.2 | 80.1 | 45.2 | 399 | 95.7 | 68.0 | 37.7 | 53.6 | 195 |
| Hardap | 88.6 | 92.1 | 75.1 | 50.6 | 292 | 87.1 | 91.2 | 69.1 | 31.9 | 128 |
| Karas | 90.8 | 90.6 | 74.4 | 62.7 | 261 | 92.3 | 94.5 | 88.1 | 47.6 | 123 |
| Kavango | 74.1 | 83.6 | 68.5 | 52.1 | 520 | 75.0 | 91.6 | 84.1 | 48.7 | 198 |
| Khomas | 91.0 | 92.6 | 85.5 | 52.6 | 1,152 | 93.0 | 81.9 | 56.0 | 50.8 | 624 |
| Kunene | 75.1 | 71.9 | 63.5 | 41.6 | 205 | 91.4 | 77.6 | 56.4 | 52.4 | 103 |
| Ohangwena | 79.8 | 83.8 | 59.7 | 55.9 | 684 | 71.7 | 78.5 | 60.4 | 66.1 | 275 |
| Omaheke | 64.4 | 72.4 | 62.2 | 39.5 | 185 | 70.4 | 74.0 | 52.3 | 28.8 | 104 |
| Omusati | 76.0 | 79.1 | 64.2 | 59.6 | 714 | 91.1 | 96.1 | 82.5 | 68.0 | 271 |
| Oshana | 79.6 | 88.4 | 64.2 | 58.0 | 789 | 91.7 | 94.2 | 68.6 | 75.9 | 251 |
| Oshikoto | 86.2 | 92.0 | 74.6 | 69.9 | 604 | 86.9 | 92.9 | 85.1 | 60.4 | 249 |
| Otjozondjupa | 85.5 | 82.9 | 63.2 | 56.7 | 627 | 84.3 | 75.0 | 52.3 | 41.9 | 317 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 58.8 | 66.1 | 54.6 | 35.0 | 641 | 74.8 | 69.6 | 57.8 | 40.8 | 379 |
| Incomplete primary | 76.1 | 82.0 | 66.6 | 51.5 | 1,409 | 80.6 | 79.5 | 64.8 | 51.8 | 744 |
| Completed primary | 79.5 | 84.8 | 70.0 | 55.1 | 827 | 89.3 | 89.4 | 69.9 | 53.5 | 283 |
| Incompl. secondary | 88.2 | 90.6 | 74.1 | 57.8 | 2,907 | 90.9 | 87.3 | 61.7 | 54.8 | 1,115 |
| Compl. secondary+ | 94.9 | 94.7 | 77.2 | 57.1 | 971 | 95.8 | 92.1 | 62.9 | 57.5 | 434 |
| Total | 82.8 | 86.3 | 70.7 | 53.9 | 6,755 | 86.8 | 84.0 | 62.9 | 52.5 | 2,954 |

Knowledge that a healthy-looking person can be HIV-positive is higher among urban women and men than rural respondents. Knowledge that AIDS can be transmitted from mother to child is also higher among urban than rural women, however, the reverse is true for men. Among women, knowledge of these HIV/AIDS issues is highest among those in Erongo and Khomas Regions, while among men, the same is true for knowledge that a healthy-looking person can be HIV-positive. Knowledge that HIV can be passed from a mother to a child during pregnancy or delivery is highest among men in Omusati, Karas, and Oshana Regions, while knowledge of transmission through breastfeeding is highest among men in Karas and Oshikoto Regions.

Awareness of HIV/AIDS and knowledge of ways to avoid AIDS may be enhanced by a respondent's exposure to individuals who are HIV-positive or who have died from AIDS. Slightly over half of women and men report that they know someone who has HIV/AIDS or who died from the disease. This proportion is slightly lower among teenage respondents, those who have never had sex, and those in Northeast Directorate. The proportion who know someone with AIDS varies from only 22 percent of women and 8 percent of men in Caprivi Region to 70 percent of women in Oshikoto Region and 76 percent of men in Oshana Region. It is also higher among respondents with some education than among uneducated women and men.

### 11.3 Social Aspects of HIV/AIDS Prevention and Mitigation

In the 2000 NDHS, women and men who were currently married or in union and who had heard of AIDS were asked whether they had ever discussed AIDS prevention with their spouse/partner. Table 11.4 shows that 70 percent of women and 73 percent of men have discussed ways to prevent AIDS with their spouses. Education is strongly associated with the likelihood of couples' discussing HIV/AIDS. The percentage of married respondents who say they have discussed HIV/AIDS prevention with their partners rises dramatically with education, from about half of uneducated women and men to about 85 percent of those who have completed secondary school.

Table 11.4 Discussion of HIV/AIDS with partner
Percent distribution of women and men who are currently married or living with a partner by whether they ever discussed the prevention of HIV/AIDS with their spouse/partner, according to background characteristics, Namibia 2000

| Background characteristic | Women |  |  |  | Men |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Ever discussed | Never discussed | Don't know/ missing | Number of women | Ever discussed | Never discussed | Don't know/ missing | Number of married men |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 59.5 | 36.7 | 3.8 | 74 | * | * | * | 14 |
| 20-24 | 72.2 | 25.1 | 2.7 | 326 | 82.6 | 12.2 | 5.2 | 76 |
| 25-29 | 72.5 | 25.3 | 2.2 | 458 | 81.4 | 14.4 | 4.1 | 131 |
| 30-39 | 73.3 | 23.7 | 2.9 | 1,045 | 78.9 | 19.4 | 1.7 | 366 |
| 40-49 | 63.7 | 33.0 | 3.4 | 707 | 64.6 | 33.5 | 1.9 | 300 |
| 50-59 | NA | NA | NA | NA | 64.3 | 33.1 | 2.6 | 160 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 77.0 | 21.0 | 2.0 | 1,184 | 72.8 | 24.0 | 3.2 | 546 |
| Rural | 64.2 | 32.1 | 3.7 | 1,426 | 73.3 | 24.6 | 2.1 | 501 |
| Directorate |  |  |  |  |  |  |  |  |
| Northwest | 71.1 | 26.6 | 2.3 | 725 | 73.0 | 25.8 | 1.2 | 211 |
| Northeast | 62.1 | 32.1 | 5.9 | 440 | 80.6 | 16.0 | 3.5 | 138 |
| Central | 69.0 | 29.3 | 1.7 | 615 | 70.9 | 27.4 | 1.7 | 280 |
| South | 74.1 | 23.0 | 2.8 | 830 | 72.1 | 24.2 | 3.7 | 418 |
| Region |  |  |  |  |  |  |  |  |
| Caprivi | 67.0 | 24.0 | 8.9 | 153 | (93.1) | (6.9) | (0.0) | 54 |
| Erongo | 58.7 | 39.9 | 1.4 | 197 | 68.7 | 31.3 | 0.0 | 89 |
| Hardap | 60.4 | 39.1 | 0.5 | 116 | 79.1 | 20.2 | 0.7 | 54 |
| Karas | 72.2 | 25.6 | 2.1 | 111 | 74.7 | 23.5 | 1.8 | 58 |
| Kavango | 59.4 | 36.4 | 4.2 | 287 | 72.5 | 21.8 | 5.7 | 84 |
| Khomas | 82.2 | 15.8 | 1.9 | 500 | 72.2 | 22.7 | 5.2 | 251 |
| Kunene | 67.4 | 30.4 | 2.1 | 99 | 92.2 | 7.8 | 0.0 | 40 |
| Ohangwena | 59.9 | 37.6 | 2.5 | 182 | (58.9) | (41.1) | (0.0) | 62 |
| Omaheke | 52.2 | 37.2 | 10.6 | 103 | 62.0 | 35.8 | 2.2 | 55 |
| Omusati | 67.1 | 26.4 | 6.5 | 140 | * | * | * | 41 |
| Oshana | 79.7 | 19.3 | 0.9 | 237 | 92.2 | 7.8 | 0.0 | 52 |
| Oshikoto | 74.3 | 25.2 | 0.6 | 167 | (65.8) | (29.7) | (4.5) | 56 |
| Otjozondjupa | 75.8 | 22.4 | 1.7 | 319 | 66.5 | 30.3 | 3.2 | 151 |
| Education |  |  |  |  |  |  |  |  |
| No education | 47.7 | 44.4 | 7.9 | 406 | 53.9 | 43.0 | 3.1 | 169 |
| Incomplete primary | 59.7 | 37.7 | 2.6 | 620 | 64.6 | 33.9 | 1.5 | 279 |
| Completed primary | 72.3 | 25.1 | 2.7 | 296 | 79.1 | 19.5 | 1.4 | 93 |
| Incompl. secondary | 79.9 | 18.2 | 1.9 | 860 | 81.7 | 14.5 | 3.8 | 320 |
| Compl. secondary+ | 84.7 | 14.3 | 1.0 | 428 | 85.4 | 12.1 | 2.5 | 186 |
| Total | 70.0 | 27.0 | 2.9 | 2,610 | 73.1 | 24.3 | 2.6 | 1,047 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
$\mathrm{NA}=$ Not applicable

Tables 11.5 .1 and 11.5.2 provide information about women's and men's views regarding various social aspects of HIV/AIDS. Respondents were asked: "If a person learns that he/she is infected with the virus that causes AIDS, should the person be allowed to keep this fact private or should this information be available to the community?" Only about one-quarter of women and one-third of men felt that an HIVpositive person should be allowed to keep his/her status private (Figure 11.1). Differences by background characteristics are minimal except that the proportions that favour allowing privacy are higher among men in Northeast Directorate and Caprivi Region and among women in Ohangwena Region.

| Table 11.5.1 Social aspects of AIDS prevention and mitigation: women |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women who have opinions on various social aspects of AIDS prevention and mitigation, according to selected background characteristics, Namibia 2000 |  |  |  |  |  |  |
| Background characteristic | Think an HIVpositive person should be able able to keep it private | Are willing to care for a relative sick with AIDS | Think an HIV-positive teacher should be allowed to continue teaching | Think that children age 12-14 should be taught about condoms | Would buy food from a shopkeeper who has HIV or AIDS | Number |
| Age |  |  |  |  |  |  |
| 15-19 | 25.3 | 87.3 | 65.0 | 78.7 | 40.9 | 1,499 |
| 20-24 | 26.6 | 93.3 | 72.4 | 83.9 | 46.8 | 1,339 |
| 25-29 | 26.3 | 91.1 | 70.2 | 85.4 | 50.0 | 1,104 |
| 30-39 | 25.9 | 91.2 | 67.3 | 81.0 | 46.1 | 1,764 |
| 40-49 | 28.6 | 90.9 | 60.7 | 72.6 | 41.4 | 1,049 |
| Marital status |  |  |  |  |  |  |
| Married or in union | 25.7 | 88.8 | 64.7 | 80.2 | 46.4 | 2,610 |
| Divorced, separated, widowed | 29.4 | 87.8 | 56.1 | 79.2 | 40.3 | 478 |
| Never married: |  |  |  |  |  |  |
| Ever had sex | 27.6 | 94.0 | 71.8 | 84.0 | 46.8 | 2,687 |
| Never had sex | 23.4 | 87.8 | 67.1 | 72.1 | 38.7 | 980 |
| Residence |  |  |  |  |  |  |
| Urban | 23.1 | 93.8 | 72.5 | 86.9 | 53.8 | 2,786 |
| Rural | 28.7 | 88.5 | 63.6 | 75.9 | 38.8 | 3,969 |
| Directorate |  |  |  |  |  |  |
| Northwest | 28.6 | 94.2 | 73.8 | 74.3 | 36.6 | 2,792 |
| Northeast | 27.5 | 77.0 | 59.7 | 77.7 | 49.5 | 842 |
| Central | 23.7 | 91.5 | 60.0 | 86.0 | 47.9 | 1,231 |
| South | 24.5 | 91.0 | 65.6 | 87.2 | 53.5 | 1,890 |
| Region |  |  |  |  |  |  |
| Caprivi | 38.2 | 93.4 | 72.4 | 86.1 | 57.5 | 322 |
| Erongo | 25.2 | 94.8 | 80.3 | 81.5 | 55.6 | 399 |
| Hardap | 30.9 | 85.2 | 60.6 | 81.7 | 54.6 | 292 |
| Karas | 39.1 | 91.5 | 70.4 | 79.3 | 60.5 | 261 |
| Kavango | 20.9 | 66.8 | 51.8 | 72.4 | 44.5 | 520 |
| Khomas | 18.1 | 94.9 | 69.5 | 92.0 | 53.9 | 1,152 |
| Kunene | 16.0 | 84.4 | 44.2 | 88.6 | 35.8 | 205 |
| Ohangwena | 46.4 | 93.9 | 68.8 | 73.8 | 30.5 | 684 |
| Omaheke | 33.1 | 75.6 | 42.5 | 77.5 | 39.3 | 185 |
| Omusati | 19.1 | 91.3 | 67.4 | 67.0 | 19.6 | 714 |
| Oshana | 22.5 | 96.5 | 78.6 | 76.7 | 41.1 | 789 |
| Oshikoto | 27.5 | 95.2 | 80.9 | 80.1 | 57.7 | 604 |
| Otjozondjupa | 25.3 | 91.7 | 52.2 | 88.1 | 47.0 | 627 |
| Education |  |  |  |  |  |  |
| No education | 25.3 | 78.6 | 39.2 | 69.1 | 28.7 | 641 |
| Incomplete primary | 30.9 | 87.0 | 57.4 | 74.8 | 34.0 | 1,409 |
| Completed primary | 30.3 | 90.4 | 59.3 | 80.4 | 40.5 | 827 |
| Incompl. secondary Compl. secondary+ | 24.8 22.2 | 94.1 94.2 | 74.2 85.9 | 83.7 86.7 | 48.5 65.0 | 2,907 |
| Total | 26.4 | 90.7 | 67.2 | 80.5 | 45.0 | 6,755 |


| Table 11.5.2 Social aspects of AIDS prevention and mitigation: men |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of men who have opinions on various social aspects of AIDS prevention and mitigation, according to selected background characteristics, Namibia 2000 |  |  |  |  |  |  |
| Background characteristic | Think an HIVpositive person should be able able to keep it private | Are willing to care for a relative sick with AIDS | Think an HIV-positive teacher should be allowed to continue teaching | Think that children age 12-14 should be taught about condoms | Would buy food from a shopkeeper who has HIV or AIDS | Number |
| Age |  |  |  |  |  |  |
| 15-19 | 31.8 | 86.5 | 58.4 | 79.7 | 40.0 | 694 |
| 20-24 | 30.1 | 94.1 | 58.5 | 84.6 | 48.7 | 610 |
| 25-29 | 30.5 | 95.5 | 56.5 | 83.8 | 52.4 | 448 |
| 30-39 | 32.3 | 93.0 | 52.6 | 82.4 | 45.5 | 625 |
| 40-49 | 35.0 | 91.5 | 46.8 | 70.4 | 46.0 | 390 |
| 50-59 | 27.1 | 89.9 | 51.1 | 73.7 | 43.1 | 188 |
| Marital status |  |  |  |  |  |  |
| Married or in union | 31.8 | 91.7 | 51.3 | 79.7 | 47.6 | 1,047 |
| Divorced, separated, widowed | 30.0 | 87.2 | 49.4 | 72.2 | 47.6 | 143 |
| Never married: |  |  |  |  |  |  |
| Ever had sex | 32.1 | 94.0 | 57.6 | 83.6 | 44.5 | 1,471 |
| Never had sex | 28.2 | 82.0 | 57.0 | 70.0 | 45.3 | 293 |
| Residence |  |  |  |  |  |  |
| Urban | 33.4 | 95.2 | 54.3 | 84.8 | 52.5 | 1,312 |
| Rural | 30.0 | 88.9 | 55.4 | 76.7 | 40.5 | 1,642 |
| Directorate |  |  |  |  |  |  |
| Northwest | 31.2 | 94.6 | 64.1 | 75.3 | 31.5 | 1,047 |
| Northeast | 44.5 | 79.2 | 54.3 | 88.0 | 52.7 | 313 |
| Central | 30.8 | 93.8 | 50.2 | 82.9 | 51.2 | 615 |
| South | 28.0 | 91.3 | 48.3 | 81.5 | 55.6 | 980 |
| Region |  |  |  |  |  |  |
| Caprivi | 63.5 | 94.2 | 72.4 | 94.1 | 72.1 | 114 |
| Erongo | 38.3 | 97.1 | 49.3 | 87.9 | 41.8 | 195 |
| Hardap | 26.8 | 78.9 | 55.8 | 70.1 | 60.4 | 128 |
| Karas | 30.2 33.6 | 95.4 70.5 | 56.0 44.0 | 82.2 84.4 | 45.7 | 123 |
| Khomas | 28.7 | 97.9 | 49.0 | 86.4 | 61.0 | 624 |
| Kunene | 22.5 | 85.4 | 44.5 | 91.3 | 44.5 | 103 |
| Ohangwena | 37.0 | 89.2 | 57.2 | 74.2 | 23.0 | 275 |
| Omaheke | 22.7 | 61.7 | 25.9 | 65.4 | 28.9 | 104 |
| Omusati | 42.7 | 97.3 | 65.5 | 69.4 | 34.1 | 271 |
| Oshana | 22.2 | 96.9 | 73.0 | 78.6 | 42.3 | 251 |
| Oshikoto | 21.4 | 95.1 | 61.3 | 79.6 | 27.0 | 249 |
| Otjozondjupa | 29.0 | 94.5 | 52.6 | 77.2 | 59.2 | 317 |
| Education |  |  |  |  |  |  |
| No education | 35.4 | 81.6 | 37.3 | 68.0 | 34.5 | 379 |
| Incomplete primary | 31.2 | 87.8 | 43.7 | 74.8 | 30.0 | 744 |
| Completed primary | 28.8 | 91.4 | 50.8 | 79.6 | 38.6 | 283 |
| Incompl. secondary | 31.7 | 95.3 | 62.0 | 85.3 | 52.5 | 1,115 |
| Compl. secondary+ | 29.5 | 98.1 | 74.2 | 88.0 | 70.4 | 434 |
| Total | 31.5 | 91.7 | 54.9 | 80.3 | 45.8 | 2,954 |

Another indicator of attitudes toward HIV/AIDS is the extent to which people are willing to care for sick relatives. In Namibia, over 90 percent of women and men say they are willing to care for relatives with AIDS in their own households, a finding that should be encouraging for home-based care programmes. This proportion is slightly lower among younger respondents, those in Northeast Directorate, and those in Kavango and Omaheke Regions. The higher the level of education, the greater the likelihood that a respondent is willing to care for a relative with AIDS in their home.

Two questions relate to aspects of stigma associated with HIV/AIDS. Respondents were asked whether they thought that an HIV-positive teacher who is not sick should be allowed to continue teaching in school. About two-thirds of women and just over half of men said that such a teacher should be allowed to continue teaching. Women and men in Omaheke, Kunene and Kavango Regions are less likely to believe that an HIV-positive teacher should be allowed to continue teaching.

Respondents were also asked if they would buy food from a shopkeeper or food seller who has AIDS or is HIV-positive. On this issue, both women and men are far less open-minded. Only about 45 percent of women and men say they would buy food from a person with AIDS or infected with HIV (Tables 11.5.1 and 11.5.2 and Figure 11.1). Urban respondents are more likely than rural respondents to say they would patronise an HIV-positive food seller. Respondents in the Northwest Directorate, as well as women in Omusati Region and men in Ohangwena Region are less likely than others to buy food from an HIV-infected shopkeeper. As with most of the other indicators of HIV/AIDS stigma, this indicator is also positively related to education.

Figure 11.1 Percentage of Women and Men With Views on Various Social Aspects of AIDS


NDHS 2000

Finally, respondents were asked if they thought that children age 12-14 should be taught about using condoms to avoid AIDS. Nationally, 80 percent of respondents support the teaching of condom use to children aged 12-14 years. Support is lowest among women in Omusati Region and among men in Omaheke Region.

Women and men interviewed in the 2000 NDHS were asked if it is acceptable or unacceptable for AIDS to be discussed on the radio, on the television, and in newspapers. Table 11.6 shows that there is overwhelming agreement amongst Namibians that it is acceptable to discuss HIV/AIDS in the media. Ninety-four percent or more of both women and men say they support discussion of AIDS in all three mass media. Differentials by background characteristics are minor, with the proportions dropping below 90 percent only for women in Kavango Region, men in Ohangwena Region and for women and men with no education.


### 11.4 HIV Testing

One strategy in the battle against HIV/AIDS is to encourage people to get tested for the HIV virus so that those who test positive can take precautions to reduce its spread. In order to gauge the coverage of HIV testing as well as the unmet need for testing, women and men interviewed in the 2000 NDHS were asked if they had ever been tested to see if they had the AIDS virus. Those who had been tested were asked if staff at the health facility had counselled them about the consequences of getting the test results and whether they had been told the test results. They were also asked where they had gotten the test. Those who had not been tested were asked if they would like to be tested and whether they knew of a place to go for an AIDS test.

The results show that about one-quarter of women and men have been tested for HIV (Tables 11.7.1 and 11.7.2 and Figure 11.2). There are large variations in the proportions tested. As expected, younger respondents (age 15-19) are much less likely than older respondents to have been tested for HIV. Surprisingly, 4-5 percent of respondents who say they have not yet had sexual intercourse have been tested for HIV, which may indicate some confusion about the question. Coverage is much higher in urban areas than in rural areas. It is highest in Khomas Region among women ( 43 percent) and in Erongo Region among men ( 43 percent). Very few respondents ( 5 percent of women and 8 percent of men) in Caprivi and Kavango Regions have been tested. Around half of respondents who completed secondary school and one-fourth of those who attended but did not complete secondary school have been tested for HIV, compared with less than one in six respondents with less education.

The results indicate that nation-wide, over three-quarters of the population have not been tested. This calls for an acceleration of testing by establishing voluntary counseling and testing (VCT) services throughout the country, focusing on the most affected regions and areas where demand is highest.

Overall, the quality of pre- and post-test counseling appears to be good. Eighty-three percent of women and 78 percent of men tested were told of the consequences of being tested, while 93 percent of women and 92 percent of men said they were informed of their test results. However, at the regional level, some room for improvement exists. For example, only 44 percent of tested men in Erongo Region were counseled about the consequences of getting an HIV test and only 64 percent of men tested in Omaheke Region were told about their test results.

The source of HIV testing generally is the public sector (about 70 percent); however in urban areas, in the Central and South Directorates and in Erongo, Karas, and Otjozondjupa Regions, a relatively larger proportion of tests were obtained in the private sector.

Table 11.7.1 HIV/AIDS testing: women
Percentage of women tested for HIV/AIDS and, among those tested, percentage who were told of consequences, percentage who were given the test results and percent distribution by source of test, according to selected background characteristics, Namibia 2000

| Background characteristic | Among all women |  | Among those tested: |  |  |  |  |  | of women tested |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Percentage | Per- |  | Source | of test: |  |  |
|  | Percentage tested | of women | consequences | told of results | Public source | Private source | Other | Missing |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 8.9 | 1,499 | 82.4 | 89.8 | 84.5 | 9.9 | 4.9 | 0.7 | 134 |
| 20-24 | 25.9 | 1,339 | 86.7 | 90.2 | 80.6 | 17.2 | 2.2 | 0.0 | 347 |
| 25-29 | 30.8 | 1,104 | 86.3 | 93.4 | 72.5 | 22.9 | 4.5 | 0.1 | 340 |
| 30-39 | 31.3 | 1,764 | 81.2 | 94.8 | 65.6 | 30.1 | 4.1 | 0.3 | 552 |
| 40-49 | 21.6 | 1,049 | 76.0 | 91.1 | 61.7 | 35.4 | 2.9 | 0.1 | 226 |
| Marital status |  |  |  |  |  |  |  |  |  |
| Married or in union | 26.9 | 2,610 | 80.2 | 93.5 | 59.5 | 37.2 | 3.2 | 0.1 | 702 |
| Divorced, separated, widowed | 31.9 | 478 | 80.8 | 93.3 | 69.7 | 26.1 | 3.0 | 1.2 | 152 |
| Never married: |  |  |  |  |  |  |  |  |  |
| Ever had sex | 25.7 | 2,687 | 87.4 | 91.9 | 83.1 | 12.8 | 4.1 | 0.0 | 692 |
| Never had sex | 5.4 | 980 | 64.0 | 86.7 | 79.3 | 14.9 | 5.1 | 0.7 | 53 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 36.7 | 2,786 | 81.7 | 94.6 | 64.5 | 30.9 | 4.4 | 0.2 | 1,024 |
| Rural | 14.5 | 3,969 | 84.8 | 88.9 | 83.4 | 14.1 | 2.3 | 0.2 | 575 |
| Directorate |  |  |  |  |  |  |  |  |  |
| Northwest | 17.0 | 2,792 | 87.3 | 92.7 | 86.0 | 11.7 | 1.9 | 0.3 | 475 |
| Northeast | 5.4 | 842 | (80.9) | (93.5) | (79.5) | (20.5) | (0.0) | (0.0) | 46 |
| Central | 30.9 | 1,231 | 77.7 | 90.3 | 57.7 | 37.2 | 4.8 | 0.2 | 380 |
| South | 36.9 | 1,890 | 82.7 | 93.7 | 68.2 | 27.3 | 4.4 | 0.1 | 698 |
| Region |  |  |  |  |  |  |  |  |  |
| Caprivi | 5.4 | 322 | ${ }^{*}$ | * | * | * | * | * | 18 |
| Erongo | 37.7 | 399 | 68.0 | 92.9 | 47.1 | 48.6 | 4.3 | 0.0 | 151 |
| Hardap | 29.2 | 292 | 75.2 | 79.1 | 72.5 | 24.3 | 3.3 | 0.0 | 85 |
| Karas | 30.3 | 261 | 71.6 | 87.2 | 53.3 | 39.8 | 5.9 | 1.1 | 79 |
| Kavango | 5.4 | 520 | * | * | * | * | * | * | 28 |
| Khomas | 43.4 | 1,152 | 85.9 | 97.3 | 68.9 | 26.5 | 4.6 | 0.0 | 500 |
| Kunene | 23.5 | 205 | 64.9 | 87.0 | 79.7 | 13.5 | 5.1 | 1.7 | 48 |
| Ohangwena | 14.6 | 684 | 92.5 | 93.8 | 99.1 | 0.9 | 0.0 | 0.0 | 100 |
| Omaheke | 18.4 | 185 | 80.9 | 91.2 | 81.4 | 16.7 | 1.9 | 0.0 | 34 |
| Omusati | 13.1 | 714 | 91.1 | 92.8 | 93.1 | 6.9 | 0.0 | 0.0 | 93 |
| Oshana | 21.9 | 789 | 89.3 | 93.2 | 74.9 | 20.7 | 3.6 | 0.9 | 173 |
| Oshikoto | 18.1 | 604 | 76.1 | 90.6 | 85.8 | 11.6 | 2.6 | 0.0 | 109 |
| Otjozondjupa | 28.9 | 627 | 89.1 | 89.0 | 60.7 | 34.1 | 5.2 | 0.0 | 181 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 12.0 | 641 | 81.7 | 94.8 | 91.0 | 8.3 | 0.0 | 0.8 | 77 |
| Incomplete primary | 14.6 | 1,409 | 83.8 | 88.9 | 83.8 | 15.0 | 1.1 | 0.1 | 205 |
| Completed primary | 15.6 | 827 | 81.8 | 89.5 | 80.6 | 17.7 | 1.3 | 0.4 | 129 |
| Incompl. secondary | 23.7 | 2,907 | 85.2 | 93.5 | 76.1 | 20.9 | 3.0 | 0.1 | 690 |
| Compl. secondary+ | 51.3 | 971 | 79.6 | 93.3 | 54.2 | 38.8 | 6.7 | 0.3 | 498 |
| Total | 23.7 | 6,755 | 82.8 | 92.6 | 71.3 | 24.8 | 3.6 | 0.2 | 1,599 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 11.7.2 HIV/AIDS testing: men
Percentage of men tested for HIV/AIDS and, among those tested, percentage who were told of consequences, percentage who were given the test results and percent distribution by source of test, according to selected background characteristics, Namibia 2000

| Background characteristic | Among all women |  | Among those tested: |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage tested | Number of men | Percentage told of consequences | Percentage told of results | Source of test: |  |  | Number of men tested |
|  |  |  |  |  | Public source | Private source | Other |  |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 5.2 | 694 | (76.3) | (85.0) | (65.0) | (17.3) | (17.7) | 36 |
| 20-24 | 20.7 | 610 | 81.7 | 95.3 | 80.7 | 16.2 | 3.1 | 127 |
| 25-29 | 29.1 | 448 | 78.3 | 87.8 | 69.1 | 24.8 | 6.0 | 130 |
| 30-39 | 38.5 | 625 | 82.0 | 94.1 | 61.8 | 34.1 | 4.1 | 241 |
| 40-49 | 37.4 | 390 | 70.4 | 88.7 | 58.6 | 37.5 | 3.9 | 146 |
| 50-59 | 24.4 | 188 | 73.3 | 98.7 | 59.8 | 40.2 | 0.0 | 46 |
| Marital status |  |  |  |  |  |  |  |  |
| Married or in union | 35.7 | 1,047 | 78.4 | 94.1 | 52.8 | 43.3 | 3.9 | 374 |
| Divorced, separated, widowed | 39.9 | 143 | 69.7 | 76.8 | 81.5 | 18.5 | 0.0 | 57 |
| Never married: |  |  |  |  |  |  |  |  |
| Ever had sex | 19.1 | 1,471 | 79.8 | 92.1 | 80.2 | 14.6 | 5.3 | 281 |
| Never had sex | 4.4 | 293 | * | * | * | * | * | 13 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 35.4 | 1,312 | 74.9 | 93.5 | 53.6 | 39.7 | 6.7 | 464 |
| Rural | 15.9 | 1,642 | 83.9 | 89.2 | 87.3 | 11.6 | 1.1 | 261 |
| Directorate |  |  |  |  |  |  |  |  |
| Northwest | 15.8 | 1,047 | 87.6 | 92.6 | 90.3 | 8.4 | 1.2 | 165 |
| Northeast | 7.7 | 313 | * | * | * | * | * | 24 |
| Central | 34.7 | 615 | 66.5 | 92.7 | 59.6 | 32.8 | 7.6 | 214 |
| South | 32.9 | 980 | 80.1 | 91.1 | 54.9 | 40.3 | 4.8 | 322 |
| Region |  |  |  |  |  |  |  |  |
| Caprivi | 7.9 | 114 | * | * | * | * | * | 9 |
| Erongo | 42.5 | 195 | 43.7 | 92.6 | 42.5 | 41.8 | 15.7 | 83 |
| Hardap | 20.1 | 128 | (76.4) | (81.6) | (55.1) | (32.2) | (12.7) | 26 |
| Karas | 38.7 | 123 | 79.6 | 90.9 | 58.9 | 38.4 | 2.7 | 48 |
| Kavango | 7.7 | 198 | * | * | * | * | * | 15 |
| Khomas | 36.9 | 624 | 82.3 | 94.4 | 52.0 | 43.4 | 4.6 | 230 |
| Kunene | 36.7 | 103 | 52.9 | 75.9 | 87.9 | 11.0 | 1.0 | 38 |
| Ohangwena | 12.5 | 275 | * | * | * | * | * | 35 |
| Omaheke | 17.6 | 104 | 58.9 | 64.4 | 81.5 | 17.1 | 1.4 | 18 |
| Omusati | 11.9 | 271 | 5 | * | * | * | * | 32 |
| Oshana | 24.7 | 251 | 90.9 | 97.7 | 82.9 | 13.8 | 3.3 | 62 |
| Oshikoto | 14.6 | 249 | (86.8( | (97.9) | (87.0) | (13.0) | (0.0) | 36 |
| Otjozondjupa | 29.3 | 317 | 92.3 | 99.6 | 63.2 | 33.7 | 3.1 | 93 |
| Education |  |  |  |  |  |  |  |  |
| No education | 14.8 | 379 | 70.1 | 80.1 | 87.7 | 8.3 | 4.0 | 56 |
| Incomplete primary | 14.7 | 744 | 72.2 | 88.1 | 83.3 | 8.7 | 8.0 | 109 |
| Completed primary | 16.5 | 283 | (82.1) | (87.7) | (83.9) | (16.1) | (0.0) | 47 |
| Incompl. secondary | 25.8 | 1,115 | 81.8 | 92.6 | 68.7 | 27.0 | 4.3 | 287 |
| Compl. secondary+ | 52.2 | 434 | 77.5 | 96.8 | 44.5 | 50.9 | 4.6 | 226 |
| Total | 24.6 | 2,954 | 78.1 | 92.0 | 65.8 | 29.6 | 4.7 | 725 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

As shown in Table 11.8 and Figure 11.2, the desire for a HIV testing is generally high, with about two-thirds of non-tested women and men saying they would like to be tested. Moreover, a large majority of respondents who have not been tested ( 73 percent of women and 67 percent of men) know a place they could go to get an HIV test. The highest demand for testing is found amongst women in Karas ( 77 percent) and Oshikoto ( 75 percent) and amongst men in Kunene ( 86 percent) and Hardap ( 84 percent) regions.

| Table 11.8 Desire for HIV testing |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Among women and men who have not been tested for HIV/AIDS, percent distribution by desire for testing and percentage who know of a source for testing, according to selected background characteristics, Namibia 2000 |  |  |  |  |  |  |  |  |  |  |  |  |
| Background characteristic | Desire for HIV/AIDS test: women |  |  |  | Percentage who know a source for AIDS testing | Number of women not tested | Desire for HIV/AIDS test: men |  |  |  | Percentage who know a source for AIDS testing | Number of men not tested |
|  | Yes | No | Don't know/ don't know of AIDS | Total |  |  | Yes | No | Don't know/ don't know of AIDS | Total |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 70.1 | 23.4 | 6.5 | 100.0 | 72.1 | 1,365 | 67.6 | 28.2 | 4.2 | 100.0 | 57.7 | 658 |
| 20-29 | 75.2 | 20.9 | 3.9 | 100.0 | 76.0 | 992 | 74.2 | 23.1 | 2.7 | 100.0 | 75.0 | 484 |
| 25-29 | 67.9 | 25.9 | 6.2 | 100.0 | 72.4 | 764 | 68.2 | 26.2 | 5.6 | 100.0 | 78.4 | 317 |
| 30-39 | 63.8 | 30.6 | 5.6 | 100.0 | 73.4 | 1,212 | 62.9 | 32.2 | 4.9 | 100.0 | 65.6 | 384 |
| 40-49 | 54.5 | 37.3 | 8.3 | 100.0 | 68.8 | 822 | 51.0 | 39.7 | 9.3 | 100.0 | 67.8 | 244 |
| 50-59 | NA | NA | NA | NA | NA | NA | 51.5 | 38.0 | 10.6 | NA | 64.6 | 142 |
| Marital status |  |  |  |  |  |  |  |  |  |  |  |  |
| Divorced, separated, | 62.2 | 31.4 | 6.4 | 100.0 | 70.3 | 1,908 | 56.5 | 36.8 | 6.7 | 100.0 | 67.4 | 673 |
| widowed | 67.3 | 26.4 | 6.4 | 100.0 | 63.1 | 325 | 73.5 | 19.5 | 7.0 | 100.0 | 67.3 | 86 |
| Never married: | 72.5 | 23.3 | 4.2 | 100.0 | 77.7 | 1,995 | 72.0 | 25.1 | 2.9 | 100.0 | 70.8 | 1,190 |
| Ever had sex | 63.7 | 27.2 | 9.1 | 100.0 | 70.4 | 927 | 56.8 | 32.6 | 10.6 | 100.0 | 52.3 | 280 |
| Never had sex |  |  |  |  |  |  |  |  |  |  |  |  |
| Residence | 68.3 | 27.2 | 4.5 | 100.0 | 79.7 | 1,762 | 63.7 | 31.3 | 5.0 | 100.0 | 80.3 | 848 |
| Urban | 66.0 | 27.2 | 6.8 | 100.0 | 69.1 | 3,394 | 66.6 | 28.2 | 5.3 | 100.0 | 59.3 | 1,381 |
| Rural |  |  |  |  |  |  |  |  |  |  |  |  |
| Directorate | 69.0 | 25.2 | 5.8 | 100.0 | 75.7 | 2,316 | 69.5 | 27.4 | 3.1 | 100.0 | 60.4 | 881 |
| Northwest | 49.3 | 42.5 | 8.1 | 100.0 | 63.3 | 797 | 42.2 | 45.4 | 12.4 | 100.0 | 69.8 | 288 |
| Northeast | 72.6 | 23.6 | 3.7 | 100.0 | 77.9 | 851 | 66.0 | 29.2 | 4.7 | 100.0 | 71.3 | 401 |
| Central | 69.9 | 23.3 | 6.7 | 100.0 | 69.3 | 1,192 | 69.9 | 25.1 | 5.0 | 100.0 | 73.0 | 658 |
| South |  |  |  |  |  |  |  |  |  |  |  |  |
| Region | 48.8 | 41.5 | 9.7 | 100.0 | 74.0 | 305 | 62.0 | 10.4 | 27.6 | 100.0 | 79.9 | 105 |
| Caprivi | 70.7 | 25.9 | 3.4 | 100.0 | 87.2 | 248 | 60.0 | 32.5 | 7.4 | 100.0 | 89.9 | 112 |
| Erongo | 72.5 | 23.2 | 4.3 | 100.0 | 71.1 | 207 | 83.8 | 12.4 | 3.8 | 100.0 | 83.5 | 102 |
| Hardap | 76.8 | 17.6 | 5.6 | 100.0 | 79.3 | 182 | 70.2 | 25.2 | 4.6 | 100.0 | 73.7 | 76 |
| Karas | 49.7 | 43.2 | 7.1 | 100.0 | 56.6 | 492 | 30.9 | 65.4 | 3.6 | 100.0 | 64.0 | 183 |
| Kavango | 69.0 | 24.4 | 6.6 | 100.0 | 70.1 | 652 | 65.6 | 29.4 | 5.0 | 100.0 | 78.8 | 394 |
| Khomas | 74.1 | 20.2 | 5.7 | 100.0 | 58.3 | 157 | 86.2 | 11.4 | 2.4 | 100.0 | 59.8 | 65 |
| Kunene | 73.8 | 22.4 | 3.8 | 100.0 | 74.5 | 585 | 66.5 | 30.5 | 3.1 | 100.0 | 47.5 | 241 |
| Ohangwena | 62.1 | 25.8 | 12.0 | 100.0 | 51.8 | 151 | 73.0 | 20.2 | 6.8 | 100.0 | 33.0 | 86 |
| Omaheke | 61.2 | 29.0 | 9.8 | 100.0 | 58.7 | 621 | 64.6 | 32.5 | 2.9 | 100.0 | 54.7 | 239 |
| Omusati | 67.8 | 28.1 | 4.0 | 100.0 | 86.5 | 616 | 66.9 | 32.4 | 0.7 | 100.0 | 74.7 | 189 |
| Oshana | 74.6 | 20.3 | 5.1 | 100.0 | 85.2 | 495 | 80.5 | 13.9 | 5.6 | 100.0 | 68.8 | 212 |
| Oshikoto | 73.2 | 23.6 | 3.3 | 100.0 | 79.7 | 446 | 63.2 | 32.7 | 4.1 | 100.0 | 65.4 | 224 |
| Otjozondjupa |  |  |  |  |  |  |  |  |  |  |  |  |
| Education | 55.4 | 30.8 | 13.8 | 100.0 | 51.2 | 564 | 52.5 | 39.4 | 8.1 | 100.0 | 45.5 | 323 |
| No education | 65.0 | 28.1 | 6.9 | 100.0 | 66.3 | 1,204 | 60.2 | 32.6 | 7.2 | 100.0 | 57.0 | 634 |
| Incomplete primary | 68.5 | 27.2 | 4.3 | 100.0 | 67.3 | 698 | 77.2 | 19.1 | 3.7 | 100.0 | 62.7 | 236 |
| Completed primary | 70.6 | 25.3 | 4.1 | 100.0 | 79.5 | 2,217 | 71.4 | 25.5 | 3.2 | 100.0 | 78.3 | 828 |
| Incompl. secondary Compl. secondary+ | 64.7 | 29.3 | 6.0 | 100.0 | 90.6 | 473 | 64.9 | 31.1 | 4.0 | 100.0 | 94.0 | 208 |
|  | 66.8 | 27.2 | 6.0 | 100.0 | 72.7 | 5,156 | 65.5 | 29.4 | 5.2 | 100.0 | 67.3 | 2,229 |
| Total |  |  |  |  |  |  |  |  |  |  |  |  |
| NA = Not applicable |  |  |  |  |  |  |  |  |  |  |  |  |

Figure 11.2 Indicators of HIV Testing Coverage and Need

$\square$ Women $\square$ Men
NDHS 2000

### 11.5 Knowledge of Symptoms of Sexually Transmitted Infections

NDHS respondents were asked if they had heard about infections other than AIDS that can be transmitted sexually. Women who answered affirmatively were then asked what symptoms a woman with a sexually transmitted infection (STI) might have, while men who said yes were asked about STI symptoms that a man might have. Tables 11.9 and 11.10 show that a relatively high proportion of respon-dents- 31 percent of women and 20 percent of men-do not know of any STI other than AIDS. Lack of knowledge about STIs other than AIDS is highest amongst women and men in Omaheke and Hardap Regions and among women with little or no education.

Amongst women, 43 percent know of two or more symptoms of a STI in a woman, while 53 percent of men know two or more symptoms in a man. The fact that knowledge of symptoms is higher among men may be due in part to the fact that many STIs are asymptomatic in women. Knowledge of symptoms is higher among urban respondents and those with some secondary schooling than among other respondents. It is lower among respondents in the Northwest Directorate.

The 2000 NDHS attempted to measure the prevalence of STIs by asking men a series of questions, since they are more likely than women to experience symptoms of STIs. Men were first asked if they had had an STI in the 12 months preceding the survey. They were then asked if they had had a penile discharge or a genital sore in the previous 12 months. If any one of the three questions was answered in the affirmative, men were then asked about types of treatment sought and whether and what was done to protect sexual partners from becoming infected.

Table 11.9 Knowledge of female signs and symptoms
Percent distribution of women by knowledge of signs and symptoms associated with sexually transmitted infections (STIs) other than AIDS in a woman, by background characteristics, Namibia 2000

| Background characteristic | No knowledge of STIs other than AIDS | Knowledge of STI symptoms in a woman |  |  |  | Total | Number |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Does not know any STI symptoms | Knows one symptom | Knows two or more symptoms | Missing |  |  |
| Age |  |  |  |  |  |  |  |
| 15-19 | 45.7 | 10.5 | 13.5 | 30.1 | 0.2 | 100.0 | 1,499 |
| 20-24 | 25.5 | 12.1 | 14.2 | 48.1 | 0.1 | 100.0 | 1,339 |
| 25-29 | 24.9 | 13.9 | 15.4 | 45.9 | 0.0 | 100.0 | 1,104 |
| 30-39 | 26.9 | 13.2 | 14.1 | 45.7 | 0.1 | 100.0 | 1,764 |
| 40-49 | 30.1 | 8.9 | 11.3 | 49.5 | 0.2 | 100.0 | 1,049 |
| Marital status |  |  |  |  |  |  |  |
| Married or in union | 28.5 | 10.6 | 14.2 | 46.6 | 0.1 | 100.0 | 2,610 |
| Divorced, separated, widowed Never married: | , 27.4 | 12.3 | 12.9 | 47.2 | 0.2 | 100.0 | 478 |
|  |  |  |  |  |  |  |  |
| Ever had sex | 26.5 | 13.6 | 14.0 | 45.8 | 0.1 | 100.0 | 2,687 |
| Never had sex | 51.4 | 10.1 | 12.5 | 25.7 | 0.3 | 100.0 | 980 |
| Residence |  |  |  |  |  |  |  |
| Urban | 25.1 | 12.4 | 11.5 | 50.9 | 0.1 | 100.0 | 2,786 |
| Rural | 35.1 | 11.5 | 15.4 | 38.0 | 0.1 | 100.0 | 3,969 |
| Directorate |  |  |  |  |  |  |  |
| Northwest | 32.7 | 14.2 | 16.5 | 36.5 | 0.1 | 100.0 | 2,792 |
| Northeast | 24.7 | 10.0 | 17.4 | 47.8 | 0.1 | 100.0 | 842 |
| Central | 30.0 | 10.3 | 8.6 | 51.1 | 0.1 | 100.0 | 1,231 |
| South | 31.9 | 10.2 | 11.5 | 46.3 | 0.1 | 100.0 | 1,890 |
| Region |  |  |  |  |  |  |  |
| Caprivi | 13.2 | 8.0 | 19.6 | 59.0 | 0.2 | 100.0 | 322 |
| Erongo | 15.6 | 12.2 | 9.7 | 62.4 | 0.0 | 100.0 | 399 |
| Hardap | 52.1 | 9.1 | 7.6 | 31.1 | 0.0 | 100.0 | 292 |
| Karas | 32.4 | 13.9 | 12.4 | 40.5 | 0.8 | 100.0 | 261 |
| Kavango | 31.9 | 11.2 | 16.1 | 40.9 | 0.0 | 100.0 | 520 |
| Khomas | 21.8 | 9.6 | 12.5 | 56.1 | 0.0 | 100.0 | 1,152 |
| Kunene | 34.2 | 5.2 | 17.3 | 43.3 | 0.0 | 100.0 | 205 |
| Ohangwena | 28.6 | 14.7 | 16.7 | 40.0 | 0.0 | 100.0 | 684 |
| Omaheke | 61.8 | 11.0 | 9.6 | 17.3 | 0.3 | 100.0 | 185 |
| Omusati | 32.4 | 15.8 | 19.1 | 32.5 | 0.2 | 100.0 | 714 |
| Oshana | 36.9 | 18.7 | 16.0 | 28.3 | 0.1 | 100.0 | 789 |
| Oshikoto | 32.0 | 5.8 | 14.0 | 48.1 | 0.1 | 100.0 | 604 |
| Otjozondjupa | 37.7 | 10.7 | 5.0 | 46.4 | 0.1 | 100.0 | 627 |
| Education |  |  |  |  |  |  |  |
| No education | 52.7 | 5.6 | 12.0 | 29.5 | 0.1 | 100.0 | 641 |
| Incomplete primary | 40.9 | 12.0 | 13.6 | 33.4 | 0.1 | 100.0 | 1,409 |
| Completed primary | 37.1 | 13.3 | 13.2 | 36.2 | 0.2 | 100.0 | 827 |
| Incompl. secondary | 25.6 | 13.0 | 14.2 | 47.1 | 0.2 | 100.0 | 2,907 |
| Compl. secondary+ | 13.2 | 11.1 | 14.3 | 61.5 | 0.0 | 100.0 | 971 |
| Total | 31.0 | 11.8 | 13.8 | 43.3 | 0.1 | 100.0 | 6,755 |

Overall, less than 2 percent of male respondents reported having had an STI or symptoms associated with an STI in the 12 months preceding the survey. This is most probably an underestimate of the true level of STIs. As a comparison, a similar set of questions resulted in an estimated STI prevalence level of 8 percent of men in Malawi (National Statistical Office and ORC Macro. 2001:161). In South Africa, 12 percent of men aged 15 and over reported having an STI symptom (painful urination, genital discharge or genital sore) in the three months preceding the 1998 Demographic and Health Survey (South Africa Department of Health, 1999:18). In any case, since there may be non-sampling errors with this indicator and the sampling errors are high, the data are not presented.

| Table 11.10 Knowledge of male signs and symptoms |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of men by knowledge of signs and symptoms associated with sexually transmitted infections (STIs) other than AIDS in a man, by background characteristics, Namibia 2000 |  |  |  |  |  |  |  |
|  | No knowledge of STIs other than AIDS | Knowledge of STI symptoms in a man |  |  |  | Total | Number |
| Background characteristic |  | Does not know any STI symptoms | Knows one symptom | Knows two or more symptoms | Missing |  |  |
| Age |  |  |  |  |  |  |  |
| 15-19 | 36.1 | 13.6 | 17.4 | 32.8 | 0.1 | 100.0 | 694 |
| 20-24 | 15.5 | 14.2 | 19.0 | 51.4 | 0.0 | 100.0 | 610 |
| 25-29 | 14.1 | 10.9 | 13.4 | 61.6 | 0.0 | 100.0 | 448 |
| 30-39 | 13.9 | 11.7 | 11.5 | 62.7 | 0.2 | 100.0 | 625 |
| 40-49 | 12.6 | 6.4 | 14.3 | 66.5 | 0.1 | 100.0 | 390 |
| 50-59 | 20.1 | 6.9 | 15.1 | 57.9 | 0.0 | 100.0 | 188 |
| Marital status |  |  |  |  |  |  |  |
| Married or in union Divorced, separated, widowed | 14.4 | 7.7 | 12.9 | 64.9 | 0.2 | 100.0 | 1,047 |
|  | , 15.4 | 8.6 | 13.3 | 62.8 | 0.0 | 100.0 | 143 |
| Never married:Ever had sex |  |  |  |  |  |  |  |
|  | 18.2 | 14.3 | 17.5 | 50.0 | 0.0 | 100.0 | 1,471 |
| Never had sex | 48.4 | 12.7 | 14.2 | 24.7 | 0.0 | 100.0 | 293 |
| Residence |  |  |  |  |  |  |  |
| Urban | 16.2 | 9.7 | 12.6 | 61.4 | 0.1 | 100.0 | 1,312 |
| Rural | 22.5 | 13.0 | 17.6 | 46.9 | 0.0 | 100.0 | 1,642 |
| Directorate |  |  |  |  |  |  |  |
| Northwest | 22.4 | 18.1 | 23.8 | 35.6 | 0.1 | 100.0 | 1,047 |
| Northeast | 15.6 | 1.4 | 7.7 | 75.3 | 0.0 | 100.0 | 313 |
| Central | 17.1 | 7.9 | 13.9 | 61.2 | 0.0 | 100.0 | 615 |
| South | 19.6 | 10.1 | 9.7 | 60.5 | 0.1 | 100.0 | 980 |
| Region |  |  |  |  |  |  |  |
| Caprivi | 29.6 | 2.9 | 10.0 | 57.4 | 0.0 | 100.0 | 114 |
| Erongo | 29.8 | 5.3 | 13.5 | 51.4 | 0.0 | 100.0 | 195 |
| Hardap | 43.9 | 10.1 | 9.6 14.9 | 35.4 | 1.0 | 100.0 | 128 |
| Karas Kavango | 35.2 | 7.7 | 14.9 6.4 | 42.2 | 0.0 | 100.0 | 123 |
| Khomas | 7.8 | 9.8 | 9.0 | 73.4 | 0.0 | 100.0 | 624 |
| Kunene | 11.9 | 18.1 | 22.4 | 47.6 | 0.0 | 100.0 | 103 |
| Ohangwena | 21.8 | 17.3 | 14.0 | 46.9 | 0.0 | 100.0 | 275 |
| Omaheke | 42.1 | 15.0 | 7.6 | 35.2 | 0.0 | 100.0 | 104 |
| Omusati | 22.8 | 11.1 | 17.8 | 48.3 | 0.0 | 100.0 | 271 |
| Oshana | 26.4 | 28.6 | 21.3 | 23.3 | 0.4 | 100.0 | 251 |
| Oshikoto | 18.8 | 15.7 | 44.0 | 21.6 | 0.0 | 100.0 | 249 |
| Otjozondjupa | 11.0 | 6.1 | 11.3 | 71.7 | 0.0 | 100.0 | 317 |
| Education |  |  |  |  |  |  |  |
| No education | 27.8 | 14.4 | 11.5 | 46.2 | 0.0 | 100.0 | 379 |
| Incomplete primary | 29.8 | 10.8 | 16.3 | 43.1 | 0.1 | 100.0 | 744 |
| Completed primary | 23.1 | 14.6 | 22.2 | 40.2 | 0.0 | 100.0 | 283 |
| Incompl. secondary | 14.6 | 11.7 | 14.9 | 58.6 | 0.2 | 100.0 | 1,115 |
| Compl. secondary + | 6.2 | 7.8 | 13.7 | 72.3 | 0.0 | 100.0 | 434 |
| Total | 19.7 | 11.5 | 15.3 | 53.4 | 0.1 | 100.0 | 2,954 |

### 11.6 Number of Sexual Partners

Given that most HIV infections in Namibia are contracted through heterosexual contact, information on sexual behaviour is important in designing and monitoring intervention programmes to control the spread of the disease. The 2000 NDHS included questions on respondents' last three sexual partners in the 12 months preceding the survey, categorised into two broad types: 1) those cohabiting with the respondent (mostly spouses) and 2) those not cohabiting with the respondent at the time of the last sexual encounter with that partner. Male respondents were also asked if they had ever paid for sex. Information
on use of condoms at last sexual encounter with each of these partner types was collected. The analysis presented here is limited to higher risk sexual activity. Based on UNAIDS guidelines for monitoring and evaluating HIV/AIDS programmes, a working definition of higher risk sex is sex outside the context of a cohabiting relationship, which means extramarital sex among married individuals and all sex for the unmarried. Although these definitions are far from ideal, evaluation of data from previous surveys indicates that a more precise formulation is impractical and produces data that are difficult to interpret.

Looking first at married respondents, Table 11.11 shows the percent distribution of married women and men by the number of sexual partners in the previous 12 months, excluding the spouse or cohabiting partner. The data show that 17 percent of married women and 20 percent of married men had sexual intercourse with at least one person other than their marital partner in the 12 months prior to the survey. Men are much more likely than women to have had two or more outside partners ( 5 percent of men versus less than one percent of women). Generally, younger respondents, urban respondents, women in the South Directorate and men in the Central Directorate are more likely than other respondents to have extramarital partners. Regional patterns differ for women and men. Married women in Caprivi Region are the least likely and those in Khomas and Kunene Regions are the most likely to report having extramarital partners. Married men in Omusati, Caprivi, and Hardap Regions are most likely to be faithful to their wives, while those in Kunene and Erongo Regions are most likely to report having at least one extramarital partner.

Table 11.12 shows that about half of unmarried women and 60 percent of unmarried men had sexual intercourse in the 12 months preceding the survey. Only 2 percent of unmarried women report having more than one partner during that time period, much lower than the 17 percent of unmarried men who report at least two partners. Unmarried respondents in urban areas, unmarried women in Kunene Region and unmarried men in Erongo Region are the most likely to have had sex and to have had multiple partners. Although 35-40 percent of unmarried teenagers report that they were sexually active in the 12 months prior to the survey, only a fraction of the teenage girls report having two or more partners, compared with 8 percent of teenage boys.

Men interviewed in the 2000 NDHS were asked if they had ever paid for sex and if so, when was the last time they paid for sex, and whether they used a condom the last time. Only one percent of men reported having paid for sex in the 12 months before the survey (data not shown). Two-thirds of these men said they had used a condom the most recent time they paid for sex, but since this figure is based on only 41 cases, it should be viewed with caution.

Table 11.11 Number of sexual partners of married women and men
Percent distribution of currently married women and men by number of persons with whom they had sexual intercourse in the past 12 months, excluding spouse or cohabiting partner, according to selected background characteristics, Namibia 2000

|  | Number of sexual partners excluding spouse or cohabiting partner: women |  |  |  |  |  |  | Number of sexual partners excluding spouse or cohabiting partner: men |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | 0 | 1 | $2+$ | Don't know/ missing | Total | Number of women | 0 | 1 | $2+$ | Don't know/ missing | Total | Number of men |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 69.8 | 28.6 | 0.7 | 0.8 | 100.0 | 74 | * | * | * | * | * | 14 |
| 20-24 | 75.7 | 22.6 | 1.2 | 0.5 | 100.0 | 326 | 63.8 | 25.2 | 11.0 | 0.0 | 100.0 | 76 |
| 25-29 | 75.0 | 24.2 | 0.0 | 0.8 | 100.0 | 458 | 71.1 | 23.0 | 5.7 | 0.2 | 100.0 | 131 |
| 30-39 | 83.4 | 15.2 | 0.5 | 0.8 | 100.0 | 1,045 | 78.9 | 15.7 | 4.5 | 1.0 | 100.0 | 366 |
| 40-49 | 88.1 | 10.3 | 0.3 | 1.3 | 100.0 | 707 | 85.9 | 8.1 | 3.7 | 2.4 | 100.0 | 300 |
| 50-59 | NA | NA | NA | NA | NA | 707 | 86.1 | 10.0 | 2.9 | 1.0 | 100.0 | 160 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 77.4 | 20.4 | 0.7 | 1.6 | 100.0 | 1,184 | 78.0 | 14.1 | 6.1 | 1.9 | 100.0 | 546 |
| Rural | 85.6 | 13.7 | 0.3 | 0.4 | 100.0 | 1,426 | 82.0 | 14.6 | 2.9 | 0.4 | 100.0 | 501 |
| Directorate |  |  |  |  |  |  |  |  |  |  |  |  |
| Northwest | 83.6 | 15.5 | 0.2 | 0.7 | 100.0 | 725 | 80.1 | 16.0 | 2.7 | 1.2 | 100.0 | 211 |
| Northeast | 94.0 | 5.3 | 0.2 | 0.6 | 100.0 | 440 | 93.1 | 5.9 | 1.9 | 0.0 | 100.0 | 138 |
| Central | 82.4 | 15.2 | 0.6 | 1.8 | 100.0 | 615 | 69.0 | 19.7 | 8.0 | 3.3 | 100.0 | 280 |
| South | 73.5 | 25.1 | 0.7 | 0.7 | 100.0 | 830 | 82.7 | 13.0 | 4.1 | 0.2 | 100.0 | 418 |
| Region |  |  |  |  |  |  |  |  |  |  |  |  |
| Caprivi | 100.0 | 0.0 | 0.0 | 0.0 | 100.0 | 153 | 94.8 | 2.6 | 2.6 | 0.0 | 100.0 | 54 |
| Erongo | 92.5 | 2.5 | 0.0 | 5.0 | 100.0 | 197 | 59.3 | 19.9 | 12.1 | 8.7 | 100.0 | 89 |
| Hardap | 88.0 | 11.4 | 0.0 | 0.7 | 100.0 | 116 | 93.3 | 6.7 | 0.0 | 0.0 | 100.0 | 54 |
| Karas | 86.3 | 9.3 | 1.1 | 3.3 | 100.0 | 111 | 90.0 | 9.0 | 0.5 | 0.5 | 100.0 | 58 |
| Kavango | 90.8 | 8.1 | 0.3 | 0.8 | 100.0 | 287 | 92.0 | 6.5 | 1.5 | 0.0 | 100.0 | 84 |
| Khomas | 66.7 | 32.6 | 0.8 | 0.0 | 100.0 | 500 | 81.8 | 13.1 | 5.1 | 0.0 | 100.0 | 251 |
| Kunene | 66.5 | 30.8 | 1.4 | 1.3 | 100.0 | 99 | 64.3 | 22.7 | 11.7 | 1.3 | 100.0 | 40 |
| Ohangwena | 84.2 | 15.5 | 0.4 | 0.0 | 100.0 | 182 | 70.5 | 26.3 | 3.2 | 0.0 | 100.0 | 62 |
| Omaheke | 76.7 | 21.2 | 1.1 | 1.0 | 100.0 | 103 | 68.9 | 22.9 | 7.4 | 0.8 | 100.0 | 55 |
| Omusati | 73.7 | 26.3 | 0.0 | 0.0 | 100.0 | 140 | 93.8 | 4.3 | 1.9 | 0.0 | 100.0 | 41 |
| Oshana | 93.0 | 6.3 | 0.0 | 0.8 | 100.0 | 237 | 86.2 | 12.8 | 1.0 | 0.0 | 100.0 | 52 |
| Oshikoto | 77.9 | 19.7 | 0.5 | 1.9 | 100.0 | 167 | 74.9 | 16.2 | 4.4 | 4.5 | 100.0 | 56 |
| Otjozondjupa | 81.1 | 18.1 | 0.8 | 0.0 | 100.0 | 319 | 76.0 | 18.8 | 4.6 | 0.7 | 100.0 | 151 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 80.3 | 17.8 | 1.2 | 0.7 | 100.0 | 406 | 84.1 | 13.1 | 2.6 | 0.1 | 100.0 | 169 |
| Incomplete primary | 80.9 | 18.4 | 0.2 | 0.5 | 100.0 | 620 | 74.3 | 17.1 | 8.4 | 0.2 | 100.0 | 279 |
| Completed primary | 83.9 | 14.6 | 0.5 | 0.9 | 100.0 | 296 | 86.7 | 10.9 | 2.3 | 0.0 | 100.0 | 93 |
| Incompl. secondary | 80.4 | 18.4 | 0.4 | 0.7 | 100.0 | 860 | 77.8 | 17.0 | 4.6 | 0.5 | 100.0 | 320 |
| Compl. secondary+ | 86.2 | 11.6 | 0.2 | 2.0 | 100.0 | 428 | 84.5 | 8.4 | 1.6 | 5.5 | 100.0 | 186 |
| Total | 81.9 | 16.8 | 0.5 | 0.9 | 100.0 | 2,610 | 79.9 | 14.3 | 4.6 | 1.2 | 100.0 | 1,047 |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
NA = Not applicable

Table 11.12 Number of sexual partners of unmarried women and men
Percent distribution of unmarried women and men by number of persons with whom they had sexual intercourse in the past 12 months, according to selected background characteristics, Namibia 2000

| Background characteristic | Number of sexual partners: women |  |  |  |  |  | Number of sexual partners: men |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0 | 1 | $2+$ | Don't know/ missing | Total | Number of women | 0 | 1 | $2+$ | Don't know/ missing | Total | Number of men |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 64.3 | 34.2 | 1.3 | 0.2 | 100.0 | 1,425 | 59.5 | 32.6 | 7.8 | 0.0 | 100.0 | 680 |
| 20-24 | 39.6 | 56.9 | 3.3 | 0.1 | 100.0 | 1,013 | 28.6 | 49.3 | 21.8 | 0.4 | 100.0 | 534 |
| 25-29 | 36.6 | 59.9 | 3.1 | 0.4 | 100.0 | 647 | 24.5 | 49.9 | 25.6 | 0.0 | 100.0 | 317 |
| 30-39 | 43.7 | 53.2 | 2.4 | 0.6 | 100.0 | 719 | 27.8 | 51.0 | 20.4 | 0.8 | 100.0 | 259 |
| 40-49 | 63.5 | 35.9 | 0.4 | 0.1 | 100.0 | 341 | 50.4 | 37.6 | 12.0 | 0.0 | 100.0 | 89 |
| 50-59 | NA | NA | NA | NA | NA | 341 | 56.1 | 42.0 | 1.8 | 0.0 | 100.0 | 28 |

## Marital status Divorced, separated, widowed Never married: <br> Ever had sex <br> Never had sex <br> Residence <br> Urban Rural <br> Directorate Northwest Northeast Central South

| 55.1 | 40.6 | 4.1 | 0.2 | 100.0 | 478 | 37.0 | 44.4 | 18.6 | 0.0 | 100.0 | 143 |
| ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: | ---: |
| 31.3 | 65.6 | 2.6 | 0.4 | 100.0 | 2,687 | 28.8 | 51.4 | 19.6 | 0.3 | 100.0 | 1,471 |
| 100.0 | 0.0 | 0.0 | 0.0 | 100.0 | 980 | 100.0 | 0.0 | 0.0 | 0.0 | 100.0 | 293 |
|  |  |  |  |  |  |  |  |  |  |  |  |
| 45.4 | 51.5 | 2.5 | 0.6 | 100.0 | 1,602 | 27.9 | 46.8 | 24.8 | 0.5 | 100.0 | 765 |
| 53.4 | 44.5 | 2.0 | 0.1 | 100.0 | 2,543 | 48.6 | 40.4 | 11.0 | 0.0 | 100.0 | 1,141 |

Region
Region
Caprivi
Erongo
Hardap
Karas
Kavango
Khomas
Kunene
Ohangwena
Omaheke
Omusati
Oshana
Oshikoto
Otjozondjupa
Education
No education
Incomplete primary
Completed primary
Incompl. secondary
Compl. secondary+
Total

NA = Not applicable

### 11.7 Awareness, Availability and Use of Male Condoms

Knowledge and availability of condoms play important roles in preventing the spread of HIV. As shown in Table 11.13, there is almost universal awareness of male condoms amongst women ( 98 percent) and men ( 100 percent). Similarly, the vast majority of respondents- 76 percent of women and 88 percent of men-say they could get a male condom if they wanted. Only 11 percent of women and 8 percent of men do not know a place where they could get a condom.

Table 11.13 Knowledge and use of male condoms
Among women and men who know of HIV/AIDS and who have had sexual intercourse, percentage who know about male condoms, percentage who could get a condom themselves and percentage who do not know a source for male condoms, according to selected background characteristics, Namibia 2000

| Background characteristic | Women |  |  |  | Men |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Knows about condoms | Could get condoms herself | Does not know a source for condoms | Number of women | Knows about condoms | Could get condoms himself | Does not know a source for condoms | Number of men |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 98.4 | 77.1 | 9.0 | 717 | 99.9 | 88.1 | 10.8 | 447 |
| 20-24 | 98.4 | 82.8 | 7.7 | 1,201 | 99.7 | 96.7 | 4.0 | 583 |
| 25-29 | 98.9 | 83.1 | 8.7 | 1,048 | 100.0 | 96.3 | 2.7 | 439 |
| 30-39 | 96.9 | 74.8 | 12.3 | 1,700 | 99.6 | 92.1 | 6.4 | 613 |
| 40-49 | 96.0 | 61.2 | 18.4 | 1,020 | 98.8 | 71.8 | 13.8 | 385 |
| 50-59 | NA | NA | NA | NA | 98.3 | 67.1 | 19.6 | 187 |
| Current marital status |  |  |  |  |  |  |  |  |
| Married or in union | 96.9 | 70.7 | 13.6 | 2,561 | 99.1 | 81.5 | 10.0 | 1,046 |
| Divorced, separated, widowed | 97.6 | 70.7 | 14.3 | 469 | 99.6 | 88.8 | 11.9 | 142 |
| Never married, ever had sex | 98.3 | 81.7 | 8.6 | 2,656 | 99.9 | 93.4 | 6.1 | 1,467 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 99.0 | 84.5 | 5.8 | 2,478 | 99.9 | 92.0 | 4.2 | 1,217 |
| Rural | 96.6 | 69.2 | 15.6 | 3,208 | 99.2 | 85.4 | 11.2 | 1,438 |
| Directorate |  |  |  |  |  |  |  |  |
| Northwest | 98.1 | 73.8 | 13.4 | 2,105 | 100.0 | 86.5 | 11.6 | 904 |
| Northeast | 92.6 | 53.3 | 24.8 | 750 | 97.5 | 77.9 | 12.1 | 277 |
| Central | 98.4 | 82.4 | 5.6 | 1,137 | 99.7 | 93.4 | 3.5 | 566 |
| South | 98.7 | 84.1 | 6.6 | 1,694 | 99.6 | 90.5 | 6.0 | 907 |
| Region |  |  |  |  |  |  |  |  |
| Caprivi | 91.2 | 59.9 | 13.4 | 286 | 96.0 | 88.1 | 6.4 | 98 |
| Erongo | 99.7 | 82.5 | 3.0 | 357 | 100.0 | 95.5 | 0.5 | 178 |
| Hardap | 99.7 | 81.4 | 4.5 | 254 | 99.6 | 92.6 | 4.7 | 107 |
| Karas | 98.8 | 77.9 | 3.5 | 218 | 99.5 | 91.2 | 6.2 | 111 |
| Kavango | 93.5 | 49.1 | 31.8 | 465 | 98.3 | 72.3 | 15.2 | 179 |
| Khomas | 98.6 | 87.3 | 7.2 | 1,062 | 100.0 | 90.7 | 5.2 | 596 |
| Kunene | 98.3 | 82.6 | 8.4 | 195 | 99.7 | 95.6 | 4.9 | 98 |
| Ohangwena | 98.5 | 71.2 | 12.8 | 541 | 100.0 | 82.5 | 19.4 | 239 |
| Omaheke | 97.7 | 75.2 | 10.4 | 159 | 97.2 | 85.7 | 10.4 | 93 |
| Omusati | 95.4 | 66.9 | 17.4 | 504 | 100.0 | 83.2 | 12.5 | 238 |
| Oshana | 99.0 | 76.3 | 13.8 | 571 | 100.0 | 95.0 | 3.8 | 217 |
| Oshikoto | 99.5 | 80.7 | 9.4 | 488 | 100.0 | 86.1 | 10.3 | 211 |
| Otjozondjupa | 97.6 | 82.2 | 6.3 | 585 | 99.6 | 91.4 | 4.6 | 290 |
| Education |  |  |  |  |  |  |  |  |
| No education | 89.2 | 51.0 | 33.9 | 579 | 98.3 | 75.1 | 19.7 | 345 |
| Incomplete primary | 95.8 | 64.4 | 18.3 | 1,193 | 99.4 | 81.1 | 14.6 | 629 |
| Completed primary | 98.4 | 74.2 | 11.5 | 647 | 99.7 | 89.7 | 7.3 | 241 |
| Incompl. secondary | 99.5 | 83.0 | 5.8 | 2,381 | 99.9 | 94.4 | 2.8 | 1,013 |
| Compl. secondary + | 100.0 | 89.5 | 2.0 | 886 | 100.0 | 95.2 | 1.3 | 426 |
| Total | 97.6 | 75.8 | 11.3 | 5,686 | 99.5 | 88.4 | 8.0 | 2,655 |

NA = Not applicable

Older respondents and rural respondents are less likely to know of a place to get condoms and thus, less likely to say they could get a condom if they wanted. Almost one-third of women in Kavango Region and almost one-fifth of men in Ohangwena Region say they do not know where they could get a condom. Education level is positively related to the ability to get a condom and negatively related to the lack of knowledge of a place to get condoms.

One of the important indicators measured in the 2000 NDHS is the level of use of condoms, especially with non-regular partners. Tables 11.14 .1 and 11.14 .2 and Figure 11.3 show the percentage of women and men who said they used a condom the last time they had sex with a spouse or cohabiting partner, with a non-cohabiting partner, and with any partner.

Table 11.14.1 Use of condoms: women
Percentage of women who have had sexual intercourse in the past year who used a condoms during last sexual intercourse with spouse or cohabiting partner, with noncohabiting partner, and with any partner, by selected background characteristics, Namibia 2000

| Background characteristic | Spouse or cohabiting partner |  | Noncohabiting partner |  | Any partner |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent | Number | Percent | Number | Percent | Number |
| Age |  |  |  |  |  |  |
| 15-19 | 15.3 | 55 | 51.8 | 528 | 48.5 | 582 |
| 20-24 | 18.5 | 253 | 44.9 | 688 | 37.7 | 932 |
| 25-29 | 16.7 | 339 | 45.1 | 518 | 33.8 | 851 |
| 30-39 | 9.9 | 857 | 33.2 | 563 | 18.8 | 1,410 |
| 40-49 | 8.9 | 599 | 30.8 | 198 | 14.0 | 793 |
| Current marital status |  |  |  |  |  |  |
| Married or in union | 11.6 | 2,008 | 21.1 | 450 | 12.9 | 2,438 |
| Divorced, separated, widowed | 14.6 | 62 | 38.2 | 213 | 33.1 | 265 |
| Never married, ever had sex | 26.1 | 32 | 48.4 | 1,832 | 48.0 | 1,864 |
| Residence |  |  |  |  |  |  |
| Urban | 16.2 | 925 | 49.5 | 1,114 | 34.2 | 2,027 |
| Rural | 8.5 | 1,178 | 37.0 | 1,381 | 23.7 | 2,540 |
| Directorate |  |  |  |  |  |  |
| Northwest | 11.6 | 579 | 40.3 | 985 | 29.7 | 1,562 |
| Northeast | 3.6 | 398 | 28.6 | 214 | 12.4 | 610 |
| Central | 19.1 | 510 | 50.8 | 477 | 34.1 | 972 |
| South | 11.6 | 616 | 44.3 | 819 | 29.9 | 1,423 |
| Region |  |  |  |  |  |  |
| Caprivi | 2.1 | 144 | 29.9 | 92 | 13.0 | 236 |
| Erongo | 15.6 | 178 | 58.5 | 111 | 31.9 | 288 |
| Hardap | 8.6 | 104 | 41.2 | 94 | 23.8 | 197 |
| Karas | 4.9 | $\begin{array}{r}96 \\ 254 \\ \hline\end{array}$ | 34.7 | 120 | 18.3 | 176 |
| Khomas | 16.2 | 338 | 46.6 | 570 | 35.0 | 900 |
| Kunene | 21.4 | 68 | 43.3 | 109 | 34.9 | 173 |
| Ohangwena | 6.7 | 161 | 28.9 | 268 | 20.7 | 427 |
| Omaheke | 3.4 | 78 | 41.2 | 74 | 20.9 | 150 |
| Omusati | 13.3 | 79 | 35.3 | 252 | 30.1 | 331 |
| Oshana | 17.1 | 216 | 60.1 | 226 | 39.1 | 442 |
| Oshikoto | 7.5 | 123 | 39.6 | 240 | 28.7 | 363 |
| Otjozondjupa | 20.8 | 264 | 50.6 | 256 | 35.0 | 511 |
| Education |  |  |  |  |  |  |
| No education | 5.1 | 305 | 23.2 | 203 | 11.4 | 499 |
| Incomplete primary | 9.1 | 498 | 27.1 | 469 | 17.6 | 960 |
| Completed primary | 10.2 | 254 | 29.9 | - 287 | 20.4 | 533 |
| Incompl. secondary | 15.2 | 681 365 | 48.9 63.1 | 1,366 | 36.6 39.2 | 1,831 |
| Total | 11.9 | 2,103 | 42.6 | 2,495 | 28.4 | 4,568 |

Table 11.14.2 Use of condoms: men
Percentage of men who have had sexual intercourse in the past year who used a condoms during last sexual intercourse with spouse or cohabiting partner, with noncohabiting partner, and with any partner, by selected background characteristics, Namibia 2000

| Background characteristic | Spouse or cohabiting partner |  | Noncohabiting partner |  | Any partner |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent | Number | Percent | Number | Percent | Number |
| Age |  |  |  |  |  |  |
| 15-19 | 51.9 | 39 | 63.2 | 277 | 61.8 | 316 |
| 20-24 | 39.4 | 89 | 73.7 | 408 | 67.2 | 487 |
| 25-29 | 23.7 | 136 | 73.7 | 277 | 57.3 | 389 |
| 30-39 | 16.9 | 349 | 63.4 | 258 | 35.0 | 565 |
| 40-49 | 11.1 | 277 | 48.2 | 78 | 17.5 | 337 |
| 50-59 | 5.3 | 147 | 35.0 | 33 | 9.5 | 167 |
| Current marital status |  |  |  |  |  |  |
| Married or in union | 11.4 | 918 | 56.5 | 196 | 15.6 | 1,015 |
| Divorced, separated, widowed | 53.7 | 11 | 56.3 | 90 | 56.4 | 100 |
| Never married, ever had sex | 68.6 | 108 | 70.0 | 1,044 | 70.1 | 1,146 |
| Residence |  |  |  |  |  |  |
| Urban | 13.9 | 482 | 71.0 | 657 | 46.1 | 1,079 |
| Rural | 21.3 | 555 | 63.2 | 674 | 44.1 | 1,182 |
| Directorate |  |  |  |  |  |  |
| Northwest | 28.8 | 277 | 63.4 | 460 | 51.4 | 711 |
| Northeast | 10.4 | 146 | 61.7 | 106 | 31.2 | 249 |
| Central | 22.1 | 246 | 73.7 | 306 | 49.6 | 499 |
| South | 9.7 | 368 | 67.4 | 459 | 40.8 | 802 |
| Region |  |  |  |  |  |  |
| Caprivi | 9.6 | 56 | 76.7 | 28 | 29.9 | 81 |
| Erongo | 20.0 | 74 | 88.2 | 112 | 60.3 | 162 |
| Hardap | 7.7 | 53 | 61.0 | 47 | 31.5 | 98 |
| Karas | 2.6 | 53 | 58.2 | 45 | 28.1 | 97 |
| Kavango | 10.9 | 90 | 56.3 | 78 | 31.9 | 168 |
| Khomas | 9.8 | 222 | 69.4 | 321 | 44.2 | 525 |
| Kunene | 28.1 | 34 | 70.7 | 61 | 54.4 | 86 |
| Ohangwena | 0.5 | 58 | 55.5 | 162 | 42.1 | 206 |
| Omaheke | 21.3 | 40 | 69.4 | 46 | 45.4 | 83 |
| Omusati | 4.1 | 44 | 64.4 | 116 | 48.7 | 157 |
| Oshana | 25.3 | 58 | 73.9 | 134 | 61.0 | 185 |
| Oshikoto | 54.0 | 117 | 59.1 | 48 | 55.0 | 163 |
| Otjozondjupa | 21.8 | 137 | 62.8 | 133 | 41.1 | 251 |
| Education |  |  |  |  |  |  |
| No education | 11.7 | 160 | 45.4 | 146 | 28.1 | 290 |
| Incomplete primary | 14.8 | 276 | 50.7 | 285 | 31.7 | 518 |
| Completed primary | 16.8 | 102 | 67.1 | 121 | 43.1 | 210 |
| Incompl. secondary | 22.6 | 320 | 73.8 | 565 | 54.6 | 857 |
| Compl. secondary+ | 20.4 | 179 | 85.8 | 214 | 55.5 | 386 |
| Total | 17.9 | 1,037 | 67.0 | 1,331 | 45.0 | 2,261 |

Figure 11.3 Percentage of Women and Men Who Used a Condom at Last Sex, by Type of Partner


NDHS 2000

The data show that condom use is quite common; more than one-quarter of women and almost half of men say they used a condom the last time they had sex. It is encouraging to note that condom use is much higher in non-cohabiting sexual relationships. While only 12 percent of women and 18 percent of men say they used a condom the last time they had sex with their spouse or cohabiting partner, 43 percent of women and 67 percent of men used condoms the last time they had sex with a non-cohabiting partner. As expected, condom use is higher among younger women and men and much higher among those who are not currently in a marital union. Condom use is higher among women in Oshana, Khomas, Otjozondjupa, and Kunene Regions and among men in Oshana and Erongo Regions. Condom use increases with education. It is interesting to note that condom use with a cohabiting partner is particularly high among men in Oshikoto Region. Also, condom use with non-cohabiting partners is particularly high among women and men in Erongo and Oshana regions.

Men who had ever used condoms were asked where they usually obtain them. The data show that more than three-quarters ( 78 percent) of men obtain condoms from a public sector source-mostly government health centres and to a lesser extent, government hospitals (data not shown). Twelve percent say they get condoms from a private source-almost entirely from pharmacies. It would appear that condom social marketing is most successful in Kavango Region, where 28 percent of men who have used condoms usually obtain them from shops.

Men who had ever used condoms were also asked whether they had ever experienced any problems with using condoms. Eighty-four percent of men said they had not had any problems (data not shown). Nine percent reported that they had experienced condom breakages. Other than that problem, only small fractions reported that condoms are inconvenient to use, diminish pleasure, spoil the mood or are difficult to put on or take off.

### 11.8 Men's Attitudes Towards Condoms and Contraception

Men who had ever used condoms were also asked whether they agreed or disagreed with several statements about condom use and all men were asked several statements about contraception in general. The results are shown in Table 11.15.

| Percent distribution of men by whether they agree or disagree with statements about condoms (men who have ever used condoms) and contraceptives (all men), Namibia 2000 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Statement | Agree | Disagree | Don't know | Total | Number |
| Condoms reduce a man's pleasure | 34.5 | 58.6 | 6.9 | 100.0 | 1,721 |
| A condom is inconvenient to use | 24.5 | 73.2 | 2.2 | 100.0 | 1,721 |
| A condom can be reused | 3.3 | 95.9 | 0.7 | 100.0 | 1,721 |
| A condom protects against disease | 96.2 | 3.3 | 0.6 | 100.0 | 1,721 |
| A woman has no right to tell a man to use a condom | 23.5 | 75.0 | 1.4 | 100.0 | 1,721 |
| Contraception is women's business and a man should not have to worry about it | 24.3 | 67.7 | 7.9 | 100.0 | 2,954 |
| Women who are sterilised may become promiscuous | 37.9 | 47.8 | 14.4 | 100.0 | 2,954 |
| Being sterilised for a man is the same as castration | 52.3 | 37.3 | 10.3 | 100.0 | 2,954 |
| A woman is the one who gets pregnant so she should be the one to get sterilised | 46.7 | 46.8 | 6.4 | 100.0 | 2,954 |

The results show that only one-third of men who have used condoms think that they reduce their pleasure, while one-quarter think that they are very inconvenient to use. It is encouraging to see that only 3 percent of men who have used condoms believe that they can be re-used and that 96 percent know that condoms protect against disease. One-quarter of men agree with the statement that a woman has no right to tell a man to use a condom.

Among all men interviewed, only one in four agrees with the statement that contraception is women's business and a man should not have to worry about it. However, more than one-third of all men believe that sterilised women may become promiscuous. Half of men believe that being sterilised for a man is the same as castration and almost half believe that since a woman is the one who gets pregnant, she should be the one to get sterilised.

# SMOKING, ALCOHOL USE, AND WOMEN'S HEALTH TESTS 

### 12.1 SMOKING

Since 1950 , more than 70,000 scientific articles have left no scientific doubt that prolonged smoking is an important cause of premature mortality and disability worldwide. Each year tobacco is responsible for the deaths of some four million people. These numbers are expected to increase and tobacco will kill 10 million people a year, with 70 percent of these deaths occurring in Africa, according to the WHO. The use of smoking tobacco affects not only the person who smokes but also others who live in the same household. Women and men interviewed in the 2000 NDHS were asked if they currently smoked cigarettes or tobacco and if yes, how many cigarettes they smoked in the 24 hours preceding the interview.

As shown in Tables 12.1.1 and 12.1.2, the overwhelming majority of respondents do not smoke- 90 percent of women and 72 percent of men. Most of those who do use tobacco, smoke cigarettes.

Smoking seems to increase with age for both women and men. More urban women and men smoke than rural respondents. Tobacco use is least common among respondents in Omusati, Oshana, and Oshikoto Regions, and among women in Caprivi Region. It is most common among respondents in Hardap, Karas, and

Table 12.1.1 Use of smoking tobacco: women
Percentage of women who use specific tobacco products, according to selected background characteristics and maternity status, Namibia 2000

|  |  | Use of tobacco |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | not use tobacco | Cigarettes | Pipe | Other tobacco | of women |

## Age 15-19 $20-34$ $35-49$ Residence Urban

Rural

## Directorate

Northwest
Northeast
Central
South
Region
Capriv
Caprivi
Erongo
Hardap
Karas
Kavango Khomas
Kunene Ohangwena Omaheke Omusati Oshana Oshikoto Otjozondjupa

## Education

No education
Incomplete primary Completed primary Incompl. secondary
Compl. secondary+
Maternity status
Pregnant
Breastfeeding Neither

Total
96
96.5
91.7
81.2
2.8
5.8
8.8

| 87.5 | 10.9 | 0.1 | 1.4 | 2,786 |
| ---: | ---: | ---: | ---: | ---: |
| 91.6 | 2.4 | 1.2 | 4.8 | 3,969 |


| 96.3 | 0.3 | 1.1 | 2.3 | 2,792 |
| ---: | ---: | ---: | ---: | ---: |
| 92.3 | 0.4 | 0.3 | 7.0 | 842 |
| 88.0 | 8.8 | 0.8 | 2.3 | 1,231 |
| 80.8 | 14.7 | 0.4 | 4.1 | 1,890 |



| Table 12.1.2 Use of smoking tobacco: men |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Percentage of men who use tobacco products, according to selected background characteristics, Namibia 2000 |  |  |  |  |
| Background characteristic | Does not use tobcco | Smokes cigarettes | Smokes pipe | Number of men |
| Age |  |  |  |  |
| 15-19 | 89.0 | 8.5 | 0.2 | 694 |
| 20-29 | 77.3 | 16.5 | 0.0 | 610 |
| 25-29 | 69.0 | 22.6 | 0.3 | 448 |
| 30-39 | 63.4 | 21.9 | 1.6 | 625 |
| 40-49 | 56.7 | 22.4 | 1.6 | 390 |
| 50-59 | 54.4 | 13.8 | 4.9 | 188 |
| Residence |  |  |  |  |
| Urban | 68.3 | 28.0 | 0.7 | 1,312 |
| Rural | 74.4 | 8.7 | 1.2 | 1,642 |
| Directorate |  |  |  |  |
| Northwest | 87.6 | 6.1 | 0.8 | 1,047 |
| Northeast | 74.4 | 14.8 | 1.5 | 313 |
| Central | 60.1 | 23.0 | 1.0 | 615 |
| South | 61.1 | 26.4 | 0.9 | 980 |
| Region |  |  |  |  |
| Caprivi | 73.9 | 7.6 | 0.0 | 114 |
| Erongo | 68.2 | 30.8 | 0.6 | 195 |
| Hardap | 44.4 | 28.4 | 3.6 | 128 |
| Karas | 48.9 | 32.9 | 1.1 | 123 |
| Kavango | 74.7 | 18.9 | 2.4 | 198 |
| Khomas | 69.6 | 26.8 | 0.0 | 624 |
| Kunene | 53.9 | 16.9 | 0.0 | 103 |
| Ohangwena | 82.1 | 3.6 | 0.8 | 275 |
| Omaheke | 44.6 | 14.4 | 3.0 | 104 |
| Omusati | 91.9 | 5.2 | 1.2 | 271 |
| Oshana | 89.2 | 10.3 | 0.3 | 251 |
| Oshikoto | 87.4 | 5.7 | 1.0 | 249 |
| Otjozondjupa | 57.1 | 20.2 | 1.5 | 317 |
| Education |  |  |  |  |
| No education | 59.7 | 8.9 | 2.3 | 379 |
| Incomplete primary | 73.3 | 11.2 | 1.8 | 744 |
| Completed primary | 74.4 | 15.3 | 0.1 | 283 |
| Incompl. secondary | 72.8 | 22.2 | 0.4 | 1,115 |
| Compl. secondary+ | 74.8 | 23.7 | 0.3 | 434 |
| Total | 71.7 | 17.3 | 1.0 | 2,954 |

### 12.2 Use Of Alcohol

Data on alcohol use is rather limited in Namibia; studies carried out on alcohol use or abuse have concentrated on some selected areas and settings and therefore not providing a comprehensive baseline data for the country as a whole. The MOHSS commissioned a nationwide Baseline Survey on Alcohol and Drug Use and Abuse in Namibia conducted by SIAPAC with financial assistance from the Finnish Government through the Health and Social Sector Programme and the Food and Agriculture Organisation.

Table 12.2 Use of alcohol: men
Percent distribution of men by number of days in the last month they have had an alcoholic drink, and number of days they have gotten drunk, according to selected background characteristics, Namibia 2000

| Background characteristic | Number of days in last month had an alcoholic drink |  |  |  | Number of days in last month got drunk |  |  |  | Total | Number |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0 | $\begin{aligned} & 1-14 \\ & \text { days } \end{aligned}$ | $\begin{aligned} & 15+ \\ & \text { days } \end{aligned}$ | Missing | 0 | $\begin{aligned} & 1-14 \\ & \text { days } \end{aligned}$ | $\begin{aligned} & 15+ \\ & \text { days } \end{aligned}$ | Missing |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 74.4 | 21.5 | 3.5 | 0.5 | 84.8 | 14.5 | 0.3 | 0.4 | 100.0 | 694 |
| 20-24 | 62.8 | 29.8 | 7.4 | 0.0 | 76.4 | 22.1 | 1.6 | 0.0 | 100.0 | 610 |
| 25-29 | 53.0 | 36.6 | 9.4 | 1.0 | 67.2 | 29.7 | 2.7 | 0.4 | 100.0 | 448 |
| 30-39 | 50.5 | 39.5 | 9.8 | 0.3 | 63.5 | 31.2 | 4.2 | 1.1 | 100.0 | 625 |
| 40-49 | 49.1 | 33.5 | 17.3 | 0.1 | 65.9 | 25.4 | 8.7 | 0.1 | 100.0 | 390 |
| 50-59 | 50.6 | 25.4 | 22.5 | 1.5 | 71.2 | 22.6 | 4.4 | 1.8 | 100.0 | 188 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 53.4 | 38.7 | 7.3 | 0.6 | 65.3 | 31.0 | 3.2 | 0.5 | 100.0 | 1,312 |
| Rural | 63.2 | 25.1 | 11.4 | 0.3 | 78.3 | 18.1 | 3.0 | 0.5 | 100.0 | 1,642 |
| Directorate |  |  |  |  |  |  |  |  |  |  |
| Northwest | 59.6 | 25.3 | 14.9 | 0.2 | 82.1 | 16.3 | 0.9 | 0.7 | 100.0 | 1,047 |
| Northeast | 70.8 | 18.5 | 10.0 | 0.8 | 78.5 | 12.7 | 8.8 | 0.0 | 100.0 | 313 |
| Central | 53.8 | 37.5 | 8.5 | 0.3 | 64.9 | 30.8 | 4.3 | 0.0 | 100.0 | 615 |
| South | 57.4 | 37.5 | 4.4 | 0.7 | 65.2 | 31.1 | 3.0 | 0.8 | 100.0 | 980 |
|  |  |  |  |  |  |  |  |  |  |  |
| Caprivi | 85.9 | 14.1 | 0.0 | 0.0 | 89.6 | 10.4 | 0.0 | 0.0 | 100.0 | 114 |
| Erongo | 35.4 | 56.6 | 8.0 | 0.0 | 50.9 | 44.5 | 4.6 | 0.0 | 100.0 | 195 |
| Hardap | 56.7 | 40.2 | 3.1 | 0.0 | 68.8 | 28.3 | 2.9 | 0.0 | 100.0 | 128 |
| Karas | 46.8 | 49.6 | 2.3 | 1.4 | 63.0 | 33.3 | 1.5 | 2.2 | 100.0 | 123 |
| Kavango | 62.1 | 21.0 | 15.8 | 1.2 | 72.2 | 14.0 | 13.8 | 0.0 | 100.0 | 198 |
| Khomas | 57.5 | 36.3 | 5.5 | 0.7 | 62.9 | 32.6 | 3.7 | 0.7 | 100.0 | 624 |
| Kunene | 68.0 | 28.6 | 2.6 | 0.8 | 81.1 | 17.6 | 1.0 | 0.3 | 100.0 | 103 |
| Ohangwena | 52.9 | 25.2 | 21.1 | 0.9 | 75.2 | 20.4 | 2.7 | 1.7 | 100.0 | 275 |
| Omaheke | 70.4 | 27.1 | 1.8 | 0.6 | 76.7 | 22.6 | 0.5 | 0.2 | 100.0 | 104 |
| Omusati | 70.1 | 16.1 | 13.7 | 0.0 | 89.6 | 10.4 | 0.0 | 0.0 | 100.0 | 271 |
| Oshana | 56.3 | 21.1 | 22.6 | 0.0 | 86.0 | 12.6 | 0.6 | 0.7 | 100.0 | 251 |
| Oshikoto | 59.0 | 39.6 | 1.4 | 0.0 | 77.5 | 22.0 | 0.2 | 0.3 | 100.0 | 249 |
| Otjozondjupa | 60.4 | 28.6 | 10.7 | 0.3 | 68.3 | 26.6 | 5.1 | 0.0 | 100.0 | 317 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 59.3 | 24.2 | 15.4 | 1.1 | 69.4 | 25.1 | 4.6 | 0.9 | 100.0 | 379 |
| Incomplete primary | 59.9 | 26.4 | 13.3 | 0.3 | 73.7 | 21.3 | 4.8 | 0.1 | 100.0 | 744 |
| Completed primary | 66.1 | 27.8 | 6.1 | 0.0 | 76.1 | 21.7 | 2.2 | 0.0 | 100.0 | 283 |
| Incompl. secondary | 58.5 | 33.6 | 7.3 | 0.6 | 72.0 | 24.6 | 2.8 | 0.6 | 100.0 | 1,115 |
| Compl. secondary+ | 52.8 | 41.2 | 5.9 | 0.1 | 72.3 | 26.5 | 0.4 | 0.9 | 100.0 | 434 |
| Total | 58.9 | 31.1 | 9.5 | 0.5 | 72.5 | 23.8 | 3.1 | 0.5 | 100.0 | 2,954 |

Excessive alcohol use is linked to morbidity and premature death. It also has been linked to other risky behaviours such as unsafe sex and drug use. Women and men interviewed in the 2000 NDHS were asked if they had ever drunk an alcohol-containing beverage and if so, in the last month, on how many days they drank alcohol. Men were also asked if they had ever gotten "drunk" and if so, how many times they had been drunk in the previous month. Table 12.2 provides data on drinking habits of men, while the first column of Table 12.3 provides data for women.

Close to 60 percent of men said they did not have an alcoholic drink during the month preceding the survey. Almost one-third of men drank 1-14 days in the preceding month, while 10 percent had a drink 15 days or more. Overall, men drink more than women; 41 percent had a drink in the preceding month, compared to only 25 percent of women (Table 12.3). For both sexes, drinking increases with age and is higher among urban than rural respondents. Among men, drinking is more common in Erongo and Karas Regions, while for women, it is higher in Khomas and Ohangwena Regions.

More than one-quarter of men said they had gotten drunk in the month before the survey. Drunkenness is higher among urban men, those in Central and South Directorates and those in Erongo Region. Frequent drunkenness is most common in Kavango Region, where 14 percent of men say they were drunk at least 15 days in the previous month.

### 12.3 Women's Health Tests

In an effort to gauge the extent of preventive health care, women interviewed in the 2000 NDHS were asked if they had ever had a Pap smear test for cervical cancer and if they had ever had a checkup for breast lumps.

As shown in Table 12.3, almost one-fifth of women (19 percent) said they had had a Pap smear and over one-fifth (22 percent) had ever had a breast checkup. Coverage for both these tests is higher among older women, urban women, and those living in Central Directorate. Women in Erongo and Karas Regions are more likely than other women to have had these tests, while women in Kavango and Ohangwena Regions are the least likely. There is little correlation between the coverage of Pap smears and breast checkups and the level of education, except that women who have completed secondary school are more likely to have had both tests than women with less education.

Table 12.3 Other health indicators for women
Percentage of men who have had an alcoholic drink in the month preceding the survey, the percentage of women who have ever had a Pap smear for cervical cancer and the percentage of women who have ever had a breast checkup, Namibia 2000

| Background characteristic | Had an alcoholic drink in last month | Ever had a PAP smear test for cervical cancer | Ever had a breast checkup | Number <br> of women |
| :---: | :---: | :---: | :---: | :---: |
| Age 1351060 |  |  |  |  |
| <20 | 13.5 | 3.2 | 6.8 | 1,499 |
| 20-34 | 25.4 | 18.8 | 24.1 | 3,456 |
| 35+ | 32.9 | 33.2 | 31.8 | 1,799 |
| Residence |  |  |  |  |
| Urban | 29.4 | 29.7 | 31.4 | 2,786 |
| Rural | 21.5 | 11.8 | 15.9 | 3,969 |
| Directorate |  |  |  |  |
| Northwest | 23.2 | 11.1 | 15.5 | 2,792 |
| Northeast | 18.8 | 4.9 | 10.9 | 842 |
| Central | 26.6 | 32.8 | 33.4 | 1,231 |
| South | 28.5 | 28.6 | 30.2 | 1,890 |
| Region |  |  |  |  |
| Caprivi | 2.0 | 6.4 | 21.9 | 322 |
| Erongo | 26.1 | 39.7 | 39.8 | 399 |
| Hardap | 19.7 | 26.2 | 31.5 | 292 |
| Karas | 27.1 | 38.9 | 42.6 | 261 |
| Kavango | 29.1 | 4.0 | 4.2 | 520 |
| Khomas | 32.8 | 29.1 | 29.7 | 1,152 |
| Kunene | 26.7 | 26.7 | 17.0 | 205 |
| Ohangwena | 31.8 | 6.4 | 8.3 | 684 |
| Omaheke | 18.2 | 14.7 | 14.0 | 185 |
| Omusati | 24.1 | 9.0 | 12.8 | 714 |
| Oshana | 15.7 | 10.7 | 20.1 | 789 |
| Oshikoto | 22.0 | 19.2 | 20.8 | 604 |
| Otjozondjupa | 27.0 | 30.5 | 34.8 | 627 |
| Education |  |  |  |  |
| No education | 32.4 | 14.0 | 14.5 | 641 |
| Incomplete primary | 28.1 | 13.0 | 16.1 | 1,409 |
| Completed primary | 24.1 | 16.3 | 19.3 | 827 |
| Incompl. secondary | 21.1 | 19.4 | 22.7 | 2,907 |
| Compl. secondary+ | 26.3 | 33.3 | 37.8 | 971 |
| Total | 24.8 | 19.2 | 22.3 | 6,755 |

## ACCESS TO AND COST OF HEALTH CARE

Access to health care is a basic indicator of the quality of life. The ability to easily avail oneself of high quality health care not only is important for cases of emergency curative care, but also is likely to increase use of preventive services. Although a wide array of health services are available through the private sector, as well as through non-governmental organisations (NGOs) in Namibia, questions about accessibility of services in the 2000 NDHS were asked only about government health care services, reflecting the fact that the survey was carried out by the MOHSS.

An important aspect of the accessibility to health care services is cost. Services that are too expensive become unavailable. In the 2000 NDHS, information was collected on the cost of in-patient, out-patient, and delivery services.

### 13.1 Distance to Government Health Facilities

In the 2000 NDHS, household respondents were asked "What is the name of the nearest government health facility that provides health services to this community?" If the facility named was not a hospital, they were then asked for the name of the nearest government hospital. In the office, the names of these facilities were matched against the MOHSS list of government facilities. For all facilities that matched, the global positioning system (GPS) coordinates of the facility were attached to the computer record for that questionnaire. As part of the survey, field staff took the GPS coordinates for the center each of the NDHS sample points. Consequently, it was possible to match the GPS coordinates of the sample point and the nearest government health facility and nearest government hospital to calculate distances for each household interviewed. Data are not available for 6-7 percent of households either because the facility named by the household could not be matched on the government list, because the household could not name the closest facility, or because the named facility did not have a valid location in terms of GPS coordinates.

As shown in Table 13.1, only about one-quarter of Namibian households live within 10 kilometre of a government health facility. However, seven in ten households live within 20 kilometre of a government health facility. Differences between urban and rural households are surprisingly small, with almost identical proportions being within 10 kilometre of a government health facility. The majority of urban households fall in the $10-19 \mathrm{~km}$. group, while rural households are more likely than urban households to fall in the $25-59 \mathrm{~km}$. category.

With regard to the accessibility of government hospitals, the data reflect the relative scarcity of hospitals compared to health facilities in general. For example, while 70 percent of households are within 20 kilometre of a government health facility, only 41 percent are within 20 kilometre of a government hospital. Overall, one in six households is 100 kilometres or more from a government hospital; the figure is almost one in four rural households.

Table 13.1 Distance to government health services
Percent distribution of households by distance to nearest government health facility and nearest government hospital, according to urban-rural residence, Namibia 2000

| Distance (kms) | To nearest government health facility |  |  | To nearest government hospital |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Urban | Rural | Total | Urban | Rural | Total |
| < 5 | 4.7 | 2.9 | 3.6 | 12.1 | 3.1 | 6.6 |
| 5-9 | 21.3 | 22.4 | 21.9 | 13.8 | 3.9 | 7.8 |
| 10-19 | 55.4 | 38.1 | 44.8 | 46.2 | 14.3 | 26.7 |
| 20-59 | 5.9 | 22.7 | 16.2 | 9.1 | 37.2 | 26.3 |
| 60-99 | 0.7 | 5.7 | 3.8 | 0.7 | 13.5 | 8.5 |
| 100-249 | 1.5 | 2.2 | 1.9 | 1.5 | 8.9 | 6.1 |
| >250 | 1.5 | 1.1 | 1.3 | 7.7 | 13.8 | 11.4 |
| Other | 3.3 | 4.3 | 3.9 | 1.2 | 2.0 | 1.7 |
| Don't know | 5.1 | 0.5 | 2.3 | 2.4 | 0.9 | 1.4 |
| Missing | 0.5 | 0.1 | 0.3 | 5.2 | 2.5 | 3.5 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| No.of households | 2479 | 3913 | 6392 | 2479 | 3913 | 6392 |

Note: "Other" refers to households that named a famility that was not on the MOHSS list, while "missing" refers to households that named a facility that did not have valid GPS coordinates on the MOHSS list of facilities.

### 13.2 TIME TO GOVERNMENT HEALTH FACILITIES

Households were also asked how long it takes them to get to the nearest government health facility and hospital. Data on time to services is presented in Table 13.2. Looking at the Total column, one in five households are within 15 minutes of a government health facility; almost three in five are within one hour of a facility. Reflecting the vast and sparsely populated nature of the country, almost 10 percent of households are more than 3 hours from the nearest government health facility. Overall, the mean time to the nearest facility is 64 minutes.

As expected, hospitals are less accessible. Only one in ten households is within 15 minutes of a government hospital. The mean time to reach a government hospital is 76 minutes.

Because facilities tend to be concentrated in cities and towns, urban households live closer to facilities than rural households. For example, the mean time to the nearest government health facility is 20 minutes for urban households, compared to 90 minutes for rural households.

Table 13.2 Time to reach government health services
Percent distribution of households by time to nearest government health facility and hospital, Namibia 2000

|  | Nearest government facility |  |  | Nearest government hospital |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Residence |  | Total | Residence |  | Total |
|  | Urban | Rural |  | Urban | Rural |  |
| Time to facility |  |  |  |  |  |  |
| < 15 minutes | 40.7 | 9.3 | 21.5 | 24.5 | 1.4 | 10.4 |
| 1529 minutes | 24.7 | 9.9 | 15.7 | 32.8 | 4.0 | 15.2 |
| 3059 minutes | 19.9 | 20.8 | 20.5 | 22.1 | 22.9 | 22.6 |
| 12 hours | 6.8 | 44.2 | 29.7 | 8.9 | 50.5 | 34.4 |
| 34 hours | 0.3 | 11.4 | 7.1 | 1.2 | 13.3 | 8.6 |
| $>4$ hours | 0.0 | 3.1 | 1.9 | 0.2 | 3.9 | 2.4 |
| Don't know/missing time | 2.1 | 0.5 | 1.1 | 2.7 | 0.7 | 1.5 |
| Don't know/missing facility | 5.6 | 0.6 | 2.6 | 7.6 | 3.3 | 5.0 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Mean time | 20.9 | 89.9 | 64.2 | 28.9 | 103.8 | 75.9 |
| Number of households | 2,290 | 3,867 | 6,157 | 2,224 | 3,756 | 5,980 |
| Transport to hospital |  |  |  |  |  |  |
| Car/motorcycle | 14.9 | 14.4 | 14.6 | 17.8 | 25.7 | 22.7 |
| Public transport (bus,taxi) | 10.3 | 10.9 | 10.6 | 37.5 | 54.8 | 48.1 |
| Animal/animal cart | 0.3 | 3.2 | 2.1 | 0.2 | 0.7 | 0.5 |
| Walking | 66.5 | 67.1 | 66.9 | 33.4 | 11.3 | 19.9 |
| Other | 1.8 | 3.2 | 2.7 | 2.6 | 3.6 | 3.2 |
| Don't know/ missing facility | 5.6 | 0.6 | 2.6 | 7.6 | 3.3 | 5.0 |
| Missing | 0.7 | 0.6 | 0.6 | 0.9 | 0.5 | 0.6 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 2,479 | 3,913 | 6,392 | 2,479 | 3,913 | 6,392 |

### 13.3 TYPE OF TRANSPORT TO GOVERNMENT HEALTH FACILITIES

Households were asked what means of transport they use to get to the government facilities they named. Two in three households say they walk to the nearest government health facility, while 15 percent use a car or motorcycle and 11 percent use public transport. There is almost no difference between urban and rural households in the types of transport used to get to the nearest facility.

The distribution by transport to the nearest government hospital is quite different. Because of the greater distance of hospitals, far fewer households ( 20 percent) report that they would walk to the nearest government hospital and almost half say they would use public transport.

Because rural households are farther from facilities than urban households, but still report overwhelmingly that they walk, this accounts for the longer time rural households report taking.

### 13.4 Cost of Deliveries

Women who gave birth in a health facility in the five years preceding the survey were asked where they had delivered, whether they paid cash for the delivery and, if so, how much they paid in total (including examinations, tests, medicines, and staff fees). Table 13.3 shows that the overwhelming majority ( 93 percent) of women deliver in public health facilities, almost all in government hospitals. Only 6 percent of births take place in private hospitals and clinics.

Interestingly, the proportion of women who said they paid cash for their deliveries varies little between public and private deliveries ( 69 vs. 71 percent). However, those who delivered in government facilities paid far less ( $\mathrm{N} \$ 60$ on average) than those who delivered in private facilities ( $\mathrm{N} \$ 2,249$ ). Among those who delivered at government facilities, as expected, births in hospitals cost more ( $\mathrm{N} \$ 61$ on average) than births in health centres ( $\mathrm{N} \$ 16$ ) or health posts ( $\mathrm{N} \$ 88$ ).

| Table 13.3 Cost of deliveries |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of births in the five years preceding the survey taking place in specific types of health facilities, and of those births, the percentage for which the respondent paid cash, and the mean cost of deliveries, Namibia 2000 |  |  |  |  |  |
| Health facilities | Percentage of births in facility | Percentage of births in facility that paid cash | Number of births in facility | Mean cost in facility ${ }^{1}$ | Number of births with cost data |
| Public | 93.3 | 68.5 | 2,786 | 59.8 | 1,886 |
| Hospital | 87.4 | 69.7 | 2,610 | 60.7 | 1,798 |
| Health centre | 2.8 | 67.7 | 83 | 16.2 | 56 |
| Health post | 3.0 | 34.4 | 88 | 88.3 | 30 |
| Private | 6.4 | 71.1 | 191 | 2,248.6 | 132 |
| Hospital/clinic | 6.4 | 70.9 | 190 | 2,225.3 | 131 |
| Other | 0.3 | 0.0 | 9 | NA | 0 |
| Total | 100.0 | 68.4 | 2,986 | 203.2 | 2,018 |
| ${ }^{1}$ Cost is in Namibian dollars. Respondents were asked for the total cost, including examinations, laboratory tests, medicines, and staff fees. <br> NA = Not applicable |  |  |  |  |  |

### 13.5 Cost of Inpatient and Outpatient Care

In order to obtain information about costs of health care services, respondents who answered the Household Questionnaire for the NDHS were asked if any member of the household had spent at least one night in hospital during the 12 months preceding the survey and if so, what type of facility they stayed in, how many days they stayed there, and whether they paid cash for the stay, and if so, how much they paid in total. In addition, they were asked if any household member had visited a health facility during the two weeks preceding the survey for any reason, and if so, whether they had paid cash for the service and how much. In interpreting the data, it is important to remember that the person providing the information was not necessarily the one who received the care. It is also possible that the respondent for the household was unaware of care that was received by another household member.

Table 13.4 shows that about one-quarter of households reported that a member of the household had been hospitalised in the preceding 12 months. The same proportion reported that a household member had visited a health facility in the 2 weeks preceding the survey. There is little difference in use of health services by urban-rural residence.

| Table 13.4 Use of health services |  |  |  |
| :---: | :---: | :---: | :---: |
| Percentage of households in which a member spent at least one night in hospital in the 12 months preceding the survey (other than for childbirth), and in which a member visited a health facility or consulted a medical practitioner in the 2 weeks preceding the survey, according to residence Namibia 2000 |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  | Residence |  |  |
| Timing of visit | Urban | Rural | Total |
| Member in hospital overnight in last 12 months | 21.5 | 25.9 | 24.2 |
| Member visiting health facility last 2 weeks | 21.5 | 26.7 | 24.7 |
| Number of households | 2,479 | 3,913 | 6,392 |

Table 13.5 presents several indicators related to the costs of in-patient care. It shows that among households in which a member had been hospitalised in the 12 months preceding the survey, four in five went to a government hospital; only one in eight (13 percent) went to a private hospital. As expected, use of private facilities for in-patient care was higher in urban households than rural households. The mean length of stay in hospital was 14 days, 10 days for patients in urban areas and 15 days for patients in rural areas.

The data show that almost 90 percent of those who stayed in the hospital paid cash for their care. Among those who paid cash, the mean cost of in-patient care was $\mathrm{N} \$ 22$ per day. However, as expected, the mean cost was considerably higher for a day at a private hospital ( $\mathrm{N} \$ 164$ ) than at a government hospital (N\$7). Costs also vary dramatically between urban and rural areas. Urban households with a member who stayed in a hospital overnight report paying $\mathrm{N} \$ 20$ per day vs. only $\mathrm{N} \$ 3$ for rural households. The discrepancy is even greater for private hospitals, with urban households paying an average of $\mathrm{N} \$ 435$ per day, compared to only $\mathrm{N} \$ 19$ for rural households. Since referral hospitals are more likely to be based in urban areas, part of the reason for the difference could be that people receiving in-patient care in urban areas have more complicated and expensive treatments.

## Table 13.5 Cost of inpatient health facility services

For households in which a member spent at least one night in a hospital or health facility in the 12 months preceding the survey, percent distribution by type of facility, mean number of days in facility, percentage who paid cash, and mean cost per day, according to residence Namibia 2000

|  | Residence |  | Total |
| :---: | :---: | :---: | :---: |
|  | Urban | Rural |  |
| Type of facility |  |  |  |
| Government hospital | 76.0 | 86.0 | 82.6 |
| Government health center | 0.7 | 3.3 | 2.4 |
| Government clinic | 1.4 | 0.5 | 0.8 |
| Private hospital | 21.3 | 8.5 | 12.9 |
| Other/missing | 0.5 | 1.7 | 1.3 |
| Total | 100.0 | 100.0 | 100.0 |
| Mean number of days in facility | 10.3 | 15.3 | 13.6 |
| Percentage who paid cash for hospital stay | 81.3 | 90.4 | 87.2 |
| Number of households with a member who stayed overnight in a facility in last 12 months | 532 | 1,015 | 1,547 |
| Mean cost per day at public facility | 19.8 | 2.5 | 6.6 |
| Number of households who paid cash at public facility ${ }^{1}$ | 318 | 795 | 1,114 |
| Mean cost per day at private facility | 434.7 | 19.3 | 163.9 |
| Number of households who paid cash at private facility ${ }^{1}$ | 83 | 81 | 164 |
| Mean cost per day for all | 76.4 | 4.4 | 22.1 |
| Total number of households who paid cash ${ }^{1}$ | 403 | 889 | 1,292 |

${ }^{1}$ Refers only to those households for which a cash amount was recorded. Cost is in Namibian dollars.

| Table 13.6 Cost of outpatient health services |  |  |  |
| :---: | :---: | :---: | :---: |
| For households in which a member visited a health facility or consulted a medical practitioner in the 2 weeks preceding the survey, the percentage who paid cash for the treatment and the mean cost, according to residence Namibia 2000 |  |  |  |
| Visited health facility/doctor | Residence |  | Total |
|  | Urban | Rural |  |
| Percentage who paid cash for treatment | 85.5 | 89.6 | 88.2 |
| Number of households who visited a facility | 533 | 1,045 | 1,578 |
| Mean cost of treatment | 219.7 | 18.6 | 84.4 |
| Number of households who paid cash ${ }^{1}$ | 452 | 930 | 1,382 |
| ${ }^{1}$ Refers only to those households for which a cash amount was recorded. Cost is in Namibian dollars. |  |  |  |

Table 13.6 shows data regarding costs of out-patient care. Of the households that report that a member visited a health facility or consulted a medical practitioner in the two weeks preceding the survey, almost 90 percent said that cash was paid for the services, regardless of urban-rural residence. However, urban residents paid considerably more ( $\mathrm{N} \$ 220$ ) on average for out-patient services than rural residents (N\$19). Again, it is possible that urban residents are more likely than rural residents to have visited a medical specialist.

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## Table A.1.1 Sample implementation: women

Distribution of households and eligible women in the NDHS sample by result of the interview and household, eligible women, and overall response rates, according to sample domain and urban rural area, Namibia 2000

|  | Region |  |  |  |  |  |  |  |  |  |  |  |  | Residence |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Result | Caprivi | Erongo | Hardap | Karas | Khomas | Kavango | Kunene | Ohangwena | Omaheke | Omu- <br> sati | Oshana | Oshikoto | Otjozondjupa | Urban | Rural |  |
| Selected households |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Completed (C) | 91.2 | 90.7 | 90.5 | 90.1 | 89.3 | 99.2 | 99.3 | 95.8 | 94.0 | 93.3 | 95.9 | 97.4 | 89.5 | 91.8 | 94.6 | 93.3 |
| Household present but no competent respondent at home (HP) | 1.8 | 1.9 | 2.1 | 2.3 | 0.9 | 0.5 | 0.3 | 2.3 | 0.9 | 1.0 | 0.7 | 0.7 | 4.6 | 1.7 | 1.5 | 1.6 |
| Postponed (P) | 0.0 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 | 0.1 | 0.0 | 0.0 |
| Refused (R) | 1.3 | 2.4 | 0.2 | 1.1 | 4.9 | 0.3 | 0.1 | 0.7 | 0.3 | 2.9 | 0.7 | 0.2 | 1.7 | 2.1 | 0.7 | 1.3 |
| Household absent (HA) | 4.9 | 2.3 | 5.1 | 4.9 | 1.3 | 0.0 | 0.1 | 1.2 | 4.0 | 1.7 | 0.9 | 1.2 | 1.6 | 2.2 | 2.4 | 2.3 |
| Dwelling vacant/address not a dwelling (DV) | 0.5 | 1.6 | 1.5 | 1.5 | 3.2 | 0.0 | 0.0 | 0.0 | 0.7 | 1.0 | 1.4 | 0.5 | 2.4 | 1.8 | 0.7 | 1.2 |
| Dwelling destroyed (DD) | 0.0 | 0.1 | 0.2 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 | 0.2 | 0.0 | 0.0 | 0.0 | 0.1 | 0.1 | 0.1 |
| Other (O) | 0.3 | 0.9 | 0.4 | 0.2 | 0.4 | 0.0 | 0.1 | 0.0 | 0.0 | 0.0 | 0.5 | 0.0 | 0.0 | 0.4 | 0.1 | 0.2 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of households | 388 | 699 | 525 | 533 | 531 | 379 | 697 | 428 | 695 | 420 | 437 | 423 | 694 | 3,008 | 3,841 | 6,849 |
| Household response rate (HRR) ${ }^{1}$ | 96.7 | 95.3 | 97.5 | 96.4 | 93.9 | 99.2 | 99.6 | 96.9 | 98.8 | 96.1 | 98.6 | 99.0 | 93.2 | 96.0 | 97.7 | 96.9 |
| Eligible women |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Completed (EWC) | 91.6 | 92.6 | 92.0 | 92.0 | 94.8 | 92.2 | 94.1 | 91.9 | 93.7 | 89.3 | 91.6 | 94.5 | 90.4 | 91.5 | 93.3 | 92.4 |
| Not at home (EWNH) | 4.1 | 2.7 | 3.4 | 3.6 | 1.2 | 4.2 | 2.4 | 5.5 | 1.7 | 4.0 | 4.0 | 2.3 | 5.1 | 3.8 | 3.0 | 3.4 |
| Postponed (EWP) | 0.0 | 0.0 | 0.0 | 0.4 | 0.0 | 0.2 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 | 0.0 |
| Refused (EWR) | 0.6 | 2.7 | 1.1 | 2.7 | 2.9 | 1.4 | 1.1 | 1.3 | 0.9 | 1.0 | 1.9 | 1.9 | 1.6 | 2.7 | 0.8 | 1.7 |
| Partly completed (EWPC) | 0.0 | 0.2 | 0.6 | 0.0 | 0.3 | 0.0 | 0.5 | 0.2 | 0.9 | 0.2 | 0.3 | 0.6 | 0.6 | 0.3 | 0.4 | 0.4 |
| Incapacitated (EWI) | 0.6 | 0.3 | 0.9 | 0.8 | 0.2 | 0.4 | 1.2 | 0.6 | 1.3 | 1.9 | 1.3 | 0.6 | 1.3 | 0.6 | 1.1 | 0.9 |
| Other (EWO) | 3.2 | 1.6 | 2.0 | 0.6 | 0.5 | 1.6 | 0.8 | 0.6 | 1.4 | 3.6 | 0.8 | 0.2 | 0.9 | 1.3 | 1.3 | 1.3 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of women | 345 | 633 | 537 | 527 | 580 | 552 | 664 | 543 | 634 | 478 | 618 | 530 | 667 | 3,392 | 3,916 | 7,308 |
| Eligible woman response rate (EWRR) ${ }^{2}$ | 91.6 | 92.6 | 92.0 | 92.0 | 94.8 | 92.2 | 94.1 | 91.9 | 93.7 | 89.3 | 91.6 | 94.5 | 90.4 | 91.5 | 93.3 | 92.4 |
| Overall response rate (ORR) ${ }^{3}$ | 88.6 | 88.3 | 89.7 | 88.7 | 89.0 | 93.7 | 89.1 | 91.5 | 92.6 | 85.8 | 90.3 | 93.6 | 84.3 | 87.8 | 91.1 | 89.6 |

Note: The household response rate is calculated for completed households as a proportion of completed, no competent respondent, postponed, refused, dwelling not found, household absent, dwelling vacant, dwelling destroyed, and "other." The eligible woman response rate is calculated for completed interviews as a proportion of completed, not at home, postponed, refused, partially completed, incapacitated, and "other." The overall response rate is the product of the household and woman response rates.
${ }^{1}$ Using the number of households falling into specific response categories, the household response rate (HRR) is calculated as:

$$
\frac{C}{C+H P+P+R+D N F}^{* 100}
$$

${ }^{2}$ Using the number of eligible women falling into specific response categories, the eligible woman response rate (EWRR) is calculated as: EWC

* 100

$$
\overline{\mathrm{EWC}}+\mathrm{EWNH}+\mathrm{EWP}+\mathrm{EWR}+\mathrm{EWPC}+\mathrm{EWI}+\mathrm{EWO}
$$

[^15]
## Table A.1.2 Sample implementation: men

Distribution of households and eligible men in the NDHS sample by result of the interview and household, eligible women, and overall response rates, according to sample domain and urban rural area, Namibia 2000

|  | Region |  |  |  |  |  |  |  |  |  |  |  |  | Residence |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Result | Caprivi | Erongo | Hardap | Karas | Khomas | Каvango | Kunene | Ohangwena | Omaheke | Omusati | Oshana | Oshi- <br> koto | Otjozondjupa | Urban | Rural |  |
| Selected households |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Completed (C) | 89.9 | 92.3 | 89.3 | 92.1 | 88.3 | 99.1 | 97.1 | 99.4 | 92.3 | 94.5 | 93.9 | 97.5 | 86.3 | 91.0 | 94.4 | 92.9 |
| Household present but no competent respondent at home (HP) | 1.1 | 1.8 | 2.3 | 2.6 | 0.8 | 0.3 | 1.0 | 0.6 | 1.2 | 0.5 | 0.9 | 1.0 | 5.8 | 1.8 | 1.6 | 1.7 |
| Postponed (P) | 0.0 | 0.3 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.3 | 0.1 | 0.0 | 0.1 |
| Refused (R) | 1.6 | 1.8 | 0.4 | 1.1 | 6.4 | 0.0 | 0.5 | 0.0 | 0.3 | 3.5 | 1.4 | 0.0 | 2.9 | 2.6 | 0.7 | 1.6 |
| Household absent (HA) | 6.4 | 1.2 | 4.6 | 2.6 | 0.8 | 0.3 | 1.5 | 0.0 | 4.7 | 0.5 | 0.9 | 0.5 | 2.0 | 1.8 | 2.2 | 2.0 |
| Dwelling vacant/address not a dwelling (DV) | 0.5 | 0.9 | 2.3 | 1.1 | 3.0 | 0.0 | 0.0 | 0.0 | 1.2 | 1.0 | 1.9 | 1.0 | 2.6 | 1.8 | 0.8 | 1.3 |
| Dwelling destroyed (DD) | 0.0 | 0.3 | 0.4 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.3 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 | 0.1 | 0.1 |
| Other (O) | 0.5 | 1.5 | 0.8 | 0.4 | 0.8 | 0.3 | 0.0 | 0.0 | 0.0 | 0.0 | 0.9 | 0.0 | 0.0 | 0.7 | 0.2 | 0.4 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of households | 188 | 339 | 262 | 266 | 265 | 340 | 206 | 180 | 338 | 201 | 212 | 202 | 342 | 1,474 | 1,867 | 3,341 |
| Household response rate (HRR) ${ }^{1}$ | 97.1 | 96.0 | 97.1 | 96.1 | 92.5 | 99.7 | 98.5 | 99.4 | 98.4 | 96.0 | 97.5 | 99.0 | 90.5 | 95.2 | 97.6 | 96.6 |
| Eligible men |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Completed (EMC) | 69.6 | 86.3 | 77.8 | 79.8 | 94.9 | 82.4 | 87.4 | 64.2 | 88.5 | 80.2 | 82.1 | 83.9 | 87.7 | 80.9 | 85.2 | 83.2 |
| Not at home (EMNH) | 17.8 | 8.0 | 14.6 | 13.5 | 3.1 | 7.8 | 7.0 | 19.0 | 7.5 | 7.8 | 9.6 | 7.3 | 6.6 | 11.2 | 7.7 | 9.3 |
| Postponed (EMP) | 0.0 | 0.6 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 | 0.0 | 0.1 |
| Refused (EMR) | 2.2 | 3.4 | 2.7 | 5.1 | 1.4 | 2.0 | 0.9 | 0.9 | 0.6 | 5.7 | 2.5 | 3.6 | 2.7 | 3.8 | 1.4 | 2.5 |
| Partly completed (EMPC) | 0.0 | 0.0 | 0.0 | 0.0 | 0.3 | 2.6 | 0.0 | 0.0 | 0.0 | 1.0 | 0.8 | 0.0 | 0.0 | 0.4 | 0.4 | 0.4 |
| Incapacitated (EMI) | 0.7 | 0.0 | 1.9 | 1.3 | 0.0 | 2.6 | 1.4 | 0.9 | 1.4 | 3.1 | 2.5 | 1.6 | 0.9 | 0.6 | 2.0 | 1.4 |
| Other (EMO) | 9.6 | 1.7 | 3.1 | 0.3 | 0.3 | 2.6 | 3.3 | 15.0 | 2.0 | 2.1 | 2.5 | 3.6 | 2.1 | 2.9 | 3.4 | 3.2 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of women | 135 | 351 | 261 | 297 | 350 | 347 | 214 | 226 | 358 | 192 | 240 | 248 | 332 | 1,652 | 1,899 | 3,551 |
| Eligible man response rate (EMRR) ${ }^{2}$ | 69.6 | 86.3 | 77.8 | 79.8 | 94.9 | 82.4 | 87.4 | 64.2 | 88.5 | 80.2 | 82.1 | 83.9 | 87.7 | 80.9 | 85.2 | 83.2 |
| Overall response rate (ORR) ${ }^{3}$ | 67.6 | 82.9 | 75.5 | 76.7 | 87.7 | 82.2 | 86.1 | 63.8 | 87.2 | 77.0 | 80.1 | 83.0 | 79.3 | 77.1 | 83.1 | 80.3 |

Note: The household response rate is calculated for completed households as a proportion of completed, no competent respondent, postponed, refused, dwelling not found, household absent, dwelling vacant, dwelling destroyed, and "other." The eligible man response rate is calculated for completed interviews as a proportion of completed, not at home, postponed, refused, partially completed, incapacitated, and "other." The overall response rate is the product of the household and man response rates.
${ }^{1}$ Using the number of households falling into specific response categories, the household response rate (HRR) is calculated as:

$$
\frac{C}{C+H P+P+R+D N F}^{* 100}
$$

${ }^{2}$ Using the number of eligible men falling into specific response categories, the eligible man response rate (EWRR) is calculated as:

$$
\frac{\mathrm{EMC}}{\mathrm{EMC}+\mathrm{EMNH}+\mathrm{EMP}+\mathrm{EMR}+\mathrm{EMPC}+\mathrm{EMI}+\mathrm{EMO}}
$$

${ }^{3}$ The overall response rate (ORR) is calculated as:

$$
O R R=(H R R * E M R R) \div 100
$$

The estimates from a sample survey are affected by two types of errors: (1) nonsampling errors, and (2) sampling errors. Nonsampling errors are the results of mistakes made in implementing data collection and data processing, such as failure to locate and interview the correct household, misunderstanding of the questions on the part of either the interviewer or the respondent, and data entry errors. Although numerous efforts were made during the implementation of the 2000 Namibia Demographic and Health Survey to minimise this type of error, nonsampling errors are impossible to avoid and difficult to evaluate statistically.

Sampling errors, on the other hand, can be evaluated statistically. The sample of respondents selected in the 2000 NDHS is only one of many samples that could have been selected from the same population, using the same design and expected size. Each of these samples would yield results that differ somewhat from the results of the actual sample selected. Sampling errors are a measure of the variability between all possible samples. Although the degree of variability is not known exactly, it can be estimated from the survey results.

A sampling error is usually measured in terms of the standard error for a particular statistic (mean, percentage, etc.), which is the square root of the variance. The standard error can be used to calculate confidence intervals within which the true value for the population can reasonably be assumed to fall. For example, for any given statistic calculated from a sample survey, the value of that statistic will fall within a range of plus or minus two times the standard error of that statistic in 95 percent of all possible samples of identical size and design.

If the sample of respondents had been selected as a simple random sample, it would have been possible to use straightforward formulas for calculating sampling errors. However, the 2000 NDHS sample is the result of a multi-stage stratified design, and, consequently, it was necessary to use more complex formulae. The computer software used to calculate sampling errors for the 2000 NDHS is the ISSA Sampling Error Module. This module used the Taylor linearisation method of variance estimation for survey estimates that are means or proportions. The Jackknife repeated replication method is used for variance estimation of more complex statistics such as fertility and mortality rates.

The Taylor linearisation method treats any percentage or average as a ratio estimate, $r=y / x$, where $y$ represents the total sample value for variable $y$, and $x$ represents the total number of cases in the group or subgroup under consideration. The variance of $r$ is computed using the formula given below, with the standard error being the square root of the variance:

$$
S E^{2}(r)=\operatorname{var}(r)=\frac{1}{x^{2}} \sum_{h=1}^{H}\left[\frac{\left(1-f_{h}\right) m_{h}}{m_{h}-1}\left(\sum_{i=1}^{m_{h}} z_{h i}^{2} \frac{z_{h}^{2}}{m_{h}}\right)\right]
$$

in which

$$
z_{\text {hi }}=y_{\text {hi }}-\text { r. } x_{\text {hi }} \text {, and } z_{h}=y_{h}-r . x_{h}
$$

where $h \quad$ represents the stratum which varies from 1 to $H$,
$m_{h} \quad$ is the total number of clusters selected in the $h^{\text {th }}$ stratum,
$y_{h i} \quad$ is the sum of the weighted values of variable $y$ in the $i^{\text {th }}$ cluster in the $h^{\text {th }}$ stratum,
$x_{h i} \quad$ is the sum of the weighted number of cases in the $i^{\text {th }}$ cluster in the $h^{\text {th }}$ stratum, and
$f \quad$ is the overall sampling fraction, which is so small that it is ignored.

The Jackknife repeated replication method derives estimates of complex rates from each of several replications of the parent sample, and calculates standard errors for these estimates using simple formulae. Each replication considers all but one clusters in the calculation of the estimates. Pseudo-independent replications are thus created. In the 2000 NDHS, there were 260 non-empty clusters. Hence, 260 replications were created. The variance of a rate $r$ is calculated as follows:

$$
S E^{2}(r)=\operatorname{var}(r)=\frac{1}{k(k-1)} \sum_{i=1}^{k}\left(r_{i}-r\right)^{2}
$$

in which

$$
r_{i}=k r-(k-1) r_{(i)}
$$

where $r$ is the estimate computed from the full sample of 260 clusters,
$r_{(i)} \quad$ is the estimate computed from the reduced sample of 259 clusters ( $i^{\text {th }}$ cluster excluded), and
$k \quad$ is the total number of clusters.

In addition to the standard error, ISSA computes the design effect (DEFT) for each estimate, which is defined as the ratio between the standard error using the given sample design and the standard error that would result if a simple random sample had been used. A DEFT value of 1.0 indicates that the sample design is as efficient as a simple random sample, while a value greater than 1.0 indicates the increase in the sampling error due to the use of a more complex and less statistically efficient design. ISSA also computes the relative error and confidence limits for the estimates.

Sampling errors for the NDHS are calculated for selected variables considered to be of primary interest. The results are presented in this appendix for the country as a whole, urban and rural area separately, and for each region and group of regions. For each variable, the type of statistic (mean, proportion, or rate) and the base population are given in Table B.1. Tables B. 2 to B. 21 present the value of the statistic (R), its standard error (SE), the number of unweighted $(\mathrm{N})$ and weighted (WN) cases, the design effect (DEFT), the relative standard error ( $\mathrm{SE} / \mathrm{R}$ ), and the 95 percent confidence limits ( $\mathrm{R} \pm 2 \mathrm{SE}$ ), for each variable. The DEFT is considered undefined when the standard error considering simple random sample is zero (when the estimate is close to 0 or 1 ). In the case of the total fertility rate, the number of unweighted cases is not relevant, as there is no known unweighted value for woman-years of exposure to child-bearing. Sampling errors for fertility and childhood mortality rates are presented only for the whole country, urban and rural areas, and for groups of regions (Northwest, Northeast, Central and South).

The confidence interval (e.g., as calculated for Children ever born to women aged 15-49) can be interpreted as follows: the overall average from the national sample is 2.148 and its standard error is 0.037 . Therefore, to obtain the 95 percent confidence limits, one adds and subtracts twice the standard error to the
sample estimate, i.e., $2.148 \pm 2 \times 0.037$. There is a high probability ( 95 percent) that the true average number of children ever born to all women aged 15 to 49 is between 2.074 and 2.221 .

Sampling errors are analysed for the national woman sample and for two separate groups of estimates: (1) means and proportions, and (2) complex demographic rates. The relative standard errors ( $\mathrm{SE} / \mathrm{R}$ ) for the means and proportions range between 0.4 percent and 76.5 percent with an average of 8.6 percent; the highest relative standard errors are for estimates of very low values (e.g., Women currently using withdrawal). If estimates of very low values (less than 10 percent) were removed, then the average would drop to 3.2 percent. So in general, the relative standard errors for most estimates for the country as a whole is small, except for estimates of very small proportions. The relative standard error for the total fertility rate is small, 3.5 percent. However, for the mortality rates, the average relative standard error is much higher, 12.7 percent.

There are differentials in the relative standard error for the estimates of sub-populations. For example, for the variable Currently married, the relative standard errors as a percent of the estimated mean for the whole country, and for Ohangwena Region and the Northwestern Directorate are 2.9 percent, 15.1 percent, and 6 percent, respectively.

For the total sample, the value of the design effect (DEFT), averaged over all variables, is 1.57 which means that, due to multi-stage clustering of the sample, the average standard error is increased by a factor of 1.57 over that in an equivalent simple random sample.

| Variable | Estimate | Base population |
| :---: | :---: | :---: |
| WOMEN |  |  |
| Urban residence | Proportion | All women 15-49 |
| No education | Proportion | All women 15-49 |
| Secondary education or higher | Proportion | All women 15-49 |
| Never married (in union) | Proportion | All women 15-49 |
| Currently married (in union) | Proportion | All women 15-49 |
| Had first sexual intercourse before 18 | Proportion | Women 20-49 |
| Children ever born | Mean | All women 15-49 |
| Children ever born to women over 40 | Mean | Women age 40-49 |
| Children surviving | Mean | All women 15-49 |
| Knowing any contraceptive method | Proportion | Currently married women 15-49 |
| Knowing any modern contraceptive method | Proportion | Currently married women 15-49 |
| Ever used any contraceptive method | Proportion | Currently married women 15-49 |
| Currently using any method | Proportion | Currently married women 15-49 |
| Currently using a modern method | Proportion | Currently married women 15-49 |
| Currently using pill | Proportion | Currently married women 15-49 |
| Currently using IUD | Proportion | Currently married women 15-49 |
| Currently using injectables | Proportion | Currently married women 15-49 |
| Currently using condom | Proportion | Currently married women 15-49 |
| Currently using female sterilisation | Proportion | Currently married women 15-49 |
| Currently using male sterilisation | Proportion | Currently married women 15-49 |
| Currently using periodic abstinence | Proportion | Currently married women 15-49 |
| Currently using withdrawal | Proportion | Currently married women 15-49 |
| Using public sector source | Proportion | Current users of modern method |
| Want no more children | Proportion | Currently married women 15-49 |
| Want to delay at least 2 years | Proportion | Currently married women 15-49 |
| Ideal number of children | Mean | All women 15-49 |
| Mothers received tetanus injection | Proportion | Births in last year |
| Mothers received medical care at birth | Proportion | Births in last 5 years |
| Had diarrhoea in the last 2 weeks | Proportion | Children under 5 |
| Treated with ORS packets | Proportion | Children under 5 with diarrhoea in last 2 weeks |
| Consulted medical personnel | Proportion | Children under 5 with diarrhoea in last 2 weeks |
| Having health card, seen | Proportion | Children 12-23 months |
| Received BCG vaccination | Proportion | Children 12-23 months |
| Received DPT vaccination (3 doses) | Proportion | Children 12-23 months |
| Received polio vaccination (3 doses) | Proportion | Children 12-23 months |
| Received measles vaccination | Proportion | Children 12-23 months |
| Fully immunised | Proportion | Children 12-23 months |
| Weight-for-height (<-2 SD) | Proportion | Children under 5 who were measured |
| Height-for-age (<-2 SD) | Proportion | Children under 5 who were measured |
| Weight-for-age (<-2 SD) | Proportion | Children under 5 who were measured |
| Total fertility rate (3 years) ${ }^{1}$ | Rate | Women-years of exposure to childbearing |
| Neonatal mortality rate (10 years) ${ }^{1}$ | Rate | Number of births |
| Postneonatal mortality rate (10 years) ${ }^{1}$ | Rate | Number of births |
| Infant mortality rate (10 years) | Rate | Number of births |
| Child mortality rate (10 years) ${ }^{1}$ | Rate | Number of births |
| Under-five mortality rate (10 years) | Rate | Number of births |
| MEN |  |  |
| Urban residence | Proportion | All men 15-59 |
| No education | Proportion | All men 15-59 |
| With secondary education or higher | Proportion | All men 15-59 |
| Never married (in union) | Proportion | All men 15-59 |
| Currently married (in union) | Proportion | All men 15-59 |
| Want no more children | Proportion | Currently married men 15-59 |
| Want to delay at least 2 years | Proportion | Currently married men 15-59 |
| Ideal number of children | Mean | All men 15-59 |

[^16]

Table B. 3 Sampling errors: Urban sample, Namibia 2000

| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |  |
|  |  |  | (N) | (WN) |  |  | R-2SE | $\mathrm{R}+2 \mathrm{SE}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 1.000 | 0.000 | 3102 | 2786 | NA | 0.000 | 1.000 | 1.000 |
| No education | 0.046 | 0.008 | 3102 | 2786 | 2.248 | 0.184 | 0.029 | 0.063 |
| Secondary education or higher | 0.731 | 0.019 | 3102 | 2786 | 2.441 | 0.027 | 0.692 | 0.770 |
| Never married (in union) | 0.495 | 0.014 | 3102 | 2786 | 1.551 | 0.028 | 0.467 | 0.523 |
| Currently married (in union) | 0.425 | 0.014 | 3102 | 2786 | 1.605 | 0.034 | 0.397 | 0.454 |
| Had first sexual intercourse before 18 | 0.361 | 0.016 | 2530 | 2311 | 1.662 | 0.044 | 0.329 | 0.392 |
| Children ever born | 1.931 | 0.053 | 3102 | 2786 | 1.499 | 0.027 | 1.825 | 2.036 |
| Children ever born to women over 40 | 3.999 | 0.109 | 509 | 431 | 1.097 | 0.027 | 3.780 | 4.218 |
| Children surviving | 1.817 | 0.047 | 3102 | 2786 | 1.442 | 0.026 | 1.722 | 1.911 |
| Knowing any contraceptive method | 0.992 | 0.004 | 1339 | 1184 | 1.451 | 0.004 | 0.985 | 0.999 |
| Knowing any modern contraceptive method | 0.992 | 0.004 | 1339 | 1184 | 1.451 | 0.004 | 0.985 | 0.999 |
| Ever used any contraceptive method | 0.836 | 0.021 | 1339 | 1184 | 2.096 | 0.025 | 0.794 | 0.879 |
| Currently using any method | 0.539 | 0.028 | 1339 | 1184 | 2.024 | 0.051 | 0.484 | 0.594 |
| Currently using a modern method | 0.534 | 0.028 | 1339 | 1184 | 2.023 | 0.052 | 0.479 | 0.589 |
| Currently using pill | 0.093 | 0.009 | 1339 | 1184 | 1.156 | 0.099 | 0.074 | 0.111 |
| Currently using IUD | 0.021 | 0.007 | 1339 | 1184 | 1.750 | 0.329 | 0.007 | 0.034 |
| Currently using injectables | 0.217 | 0.020 | 1339 | 1184 | 1.732 | 0.090 | 0.178 | 0.256 |
| Currently using condom | 0.066 | 0.009 | 1339 | 1184 | 1.280 | 0.132 | 0.049 | 0.083 |
| Currently using female sterilisation | 0.122 | 0.012 | 1339 | 1184 | 1.333 | 0.098 | 0.098 | 0.146 |
| Currently using male sterilisation | 0.014 | 0.007 | 1339 | 1184 | 2.217 | 0.514 | 0.000 | 0.028 |
| Currently using periodic abstinence | 0.002 | 0.002 | 1339 | 1184 | 1.340 | 0.760 | 0.000 | 0.006 |
| Currently using withdrawal | 0.001 | 0.001 | 1339 | 1184 | 1.069 | 0.761 | 0.000 | 0.004 |
| Using public sector source | 0.802 | 0.024 | 1485 | 1312 | 2.295 | 0.030 | 0.754 | 0.849 |
| Want no more children | 0.495 | 0.026 | 1339 | 1184 | 1.877 | 0.052 | 0.443 | 0.546 |
| Want to delay at least 2 years | 0.140 | 0.012 | 1339 | 1184 | 1.219 | 0.083 | 0.117 | 0.163 |
| Ideal number of children | 2.882 | 0.088 | 3001 | 2700 | 2.535 | 0.030 | 2.706 | 3.058 |
| Mothers received tetanus injection | 0.504 | 0.039 | 324 | 260 | 1.339 | 0.078 | 0.425 | 0.583 |
| Mothers received medical care at birth | 0.761 | 0.023 | 1509 | 1372 | 2.201 | 0.031 | 0.715 | 0.808 |
| Had diarrhoea in the last 2 weeks | 0.126 | 0.011 | 1439 | 1316 | 1.281 | 0.088 | 0.104 | 0.148 |
| Treated with ORS packets | 0.664 | 0.052 | 183 | 166 | 1.464 | 0.079 | 0.560 | 0.769 |
| Consulted medical personnel | 0.538 | 0.060 | 183 | 166 | 1.611 | 0.111 | 0.418 | 0.657 |
| Having health card, seen | 0.682 | 0.040 | 295 | 277 | 1.513 | 0.059 | 0.602 | 0.763 |
| Received BCG vaccination | 0.955 | 0.017 | 295 | 277 | 1.458 | 0.018 | 0.921 | 0.990 |
| Received DPT vaccination (3 doses) | 0.853 | 0.034 | 295 | 277 | 1.648 | 0.039 | 0.786 | 0.920 |
| Received polio vaccination (3 doses) | 0.805 | 0.033 | 295 | 277 | 1.443 | 0.041 | 0.739 | 0.871 |
| Received measles vaccination | 0.843 | 0.028 | 295 | 277 | 1.355 | 0.034 | 0.786 | 0.899 |
| Fully immunised | 0.695 | 0.033 | 295 | 277 | 1.241 | 0.047 | 0.630 | 0.761 |
| Weight-for-height ( $<-2 \mathrm{SD}$ ) | 0.066 | 0.009 | 1235 | 1069 | 1.170 | 0.130 | 0.049 | 0.084 |
| Height-for-age ( $<-2$ SD) | 0.220 | 0.017 | 1235 | 1069 | 1.338 | 0.077 | 0.186 | 0.254 |
| Weight-for-age ( $<-2 \mathrm{SD}$ ) | 0.163 | 0.018 | 1235 | 1069 | 1.562 | 0.109 | 0.127 | 0.198 |
| Total fertility rate (5 years) | 3.058 | 0.157 | NA | 7928 | 1.748 | 0.051 | 2.744 | 3.372 |
| Neonatal mortality rate (10 years) | 12.661 | 2.789 | 3090 | 2737 | 1.386 | 0.220 | 7.084 | 18.238 |
| Postneonatal mortality rate (10 years) | 17.417 | 3.507 | 3090 | 2681 | 1.490 | 0.201 | 10.402 | 24.431 |
| Infant mortality rate (10 years) | 30.078 | 5.429 | 3090 | 2681 | 1.767 | 0.181 | 19.219 | 40.936 |
| Child mortality rate (10 years) | 20.049 | 4.494 | 3133 | 2375 | 1.795 | 0.224 | 11.061 | 29.037 |
| Under-five mortality rate (10 years) | 49.524 | 8.440 | 3090 | 2375 | 2.162 | 0.170 | 32.643 | 66.404 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 1.000 | 0.000 | 1337 | 1312 | NA | 0.000 | 1.000 | 1.000 |
| No education | 0.084 | 0.012 | 1337 | 1312 | 1.539 | 0.139 | 0.061 | 0.108 |
| With education | 0.672 | 0.022 | 1337 | 1312 | 1.706 | 0.033 | 0.628 | 0.715 |
| Never married | 0.524 | 0.024 | 1337 | 1312 | 1.737 | 0.045 | 0.476 | 0.571 |
| Currently married | 0.416 | 0.022 | 1337 | 1312 | 1.597 | 0.052 | 0.373 | 0.460 |
| Knows at least one method | 0.999 | 0.001 | 580 | 546 | 0.791 | 0.001 | 0.997 | 1.001 |
| Know any modern method | 0.998 | 0.001 | 580 | 546 | 0.739 | 0.001 | 0.996 | 1.001 |
| Ever used any method | 0.738 | 0.024 | 580 | 546 | 1.314 | 0.033 | 0.690 | 0.786 |
| Wanting no more children | 0.408 | 0.024 | 580 | 546 | 1.195 | 0.060 | 0.359 | 0.457 |
| Delay at least two years | 0.140 | 0.017 | 580 | 546 | 1.171 | 0.121 | 0.106 | 0.174 |
| Ideal number of family size | 3.962 | 0.205 | 1247 | 1226 | 1.910 | 0.052 | 3.552 | 4.373 |

NA = Not applicable

## Table B. 4 Sampling errors: Rural sample, Namibia 2000

| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence limits |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |  |  |
|  |  |  | (N) | (WN) |  |  | R-2SE | $\mathrm{R}+2 \mathrm{SE}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.000 | 0.000 | 3653 | 3969 | NA | NA | 0.000 | 0.000 |
| No education | 0.129 | 0.012 | 3653 | 3969 | 2.164 | 0.093 | 0.105 | 0.153 |
| Secondary education or higher | 0.464 | 0.014 | 3653 | 3969 | 1.744 | 0.031 | 0.435 | 0.493 |
| Never married (in union) | 0.577 | 0.016 | 3653 | 3969 | 1.950 | 0.028 | 0.545 | 0.609 |
| Currently married (in union) | 0.359 | 0.016 | 3653 | 3969 | 2.036 | 0.045 | 0.327 | 0.392 |
| Had first sexual intercourse before 18 | 0.373 | 0.015 | 2795 | 2945 | 1.620 | 0.040 | 0.343 | 0.403 |
| Children ever born | 2.300 | 0.049 | 3653 | 3969 | 1.165 | 0.021 | 2.202 | 2.398 |
| Children ever born to women over 40 | 5.775 | 0.170 | 592 | 617 | 1.518 | 0.029 | 5.435 | 6.116 |
| Children surviving | 2.125 | 0.047 | 3653 | 3969 | 1.214 | 0.022 | 2.030 | 2.220 |
| Knowing any contraceptive method | 0.966 | 0.007 | 1488 | 1426 | 1.521 | 0.007 | 0.952 | 0.980 |
| Knowing any modern contraceptive method | 0.966 | 0.007 | 1488 | 1426 | 1.512 | 0.007 | 0.951 | 0.980 |
| Ever used any contraceptive method | 0.645 | 0.022 | 1488 | 1426 | 1.784 | 0.034 | 0.601 | 0.689 |
| Currently using any method | 0.353 | 0.020 | 1488 | 1426 | 1.574 | 0.055 | 0.314 | 0.392 |
| Currently using a modern method | 0.337 | 0.020 | 1488 | 1426 | 1.600 | 0.058 | 0.298 | 0.376 |
| Currently using pill | 0.074 | 0.011 | 1488 | 1426 | 1.585 | 0.145 | 0.053 | 0.096 |
| Currently using IUD | 0.004 | 0.002 | 1488 | 1426 | 0.936 | 0.387 | 0.001 | 0.007 |
| Currently using injectables | 0.162 | 0.013 | 1488 | 1426 | 1.411 | 0.083 | 0.135 | 0.189 |
| Currently using condom | 0.041 | 0.006 | 1488 | 1426 | 1.220 | 0.154 | 0.028 | 0.053 |
| Currently using female sterilisation | 0.054 | 0.008 | 1488 | 1426 | 1.293 | 0.141 | 0.039 | 0.069 |
| Currently using male sterilisation | 0.002 | 0.001 | 1488 | 1426 | 1.102 | 0.589 | 0.000 | 0.005 |
| Currently using periodic abstinence | 0.001 | 0.001 | 1488 | 1426 | 1.361 | 0.974 | 0.000 | 0.004 |
| Currently using withdrawal | 0.000 | 0.000 | 1488 | 1426 | NA | NA | 0.000 | 0.000 |
| Using public sector source | 0.887 | 0.015 | 1276 | 1193 | 1.733 | 0.017 | 0.856 | 0.918 |
| Want no more children | 0.483 | 0.019 | 1488 | 1426 | 1.495 | 0.040 | 0.445 | 0.522 |
| Want to delay at least 2 years | 0.180 | 0.013 | 1488 | 1426 | 1.311 | 0.073 | 0.154 | 0.206 |
| Ideal number of children | 3.665 | 0.068 | 3463 | 3777 | 1.612 | 0.018 | 3.530 | 3.801 |
| Mothers received tetanus injection | 0.443 | 0.029 | 562 | 614 | 1.406 | 0.066 | 0.384 | 0.501 |
| Mothers received medical care at birth | 0.493 | 0.018 | 2480 | 2613 | 1.803 | 0.036 | 0.457 | 0.529 |
| Had diarrhoea in the last 2 weeks | 0.117 | 0.009 | 2345 | 2469 | 1.218 | 0.074 | 0.099 | 0.134 |
| Treated with ORS packets | 0.580 | 0.036 | 296 | 288 | 1.141 | 0.063 | 0.507 | 0.653 |
| Consulted medical personnel | 0.489 | 0.038 | 296 | 288 | 1.159 | 0.077 | 0.414 | 0.564 |
| Having health card, seen | 0.764 | 0.026 | 513 | 539 | 1.352 | 0.034 | 0.712 | 0.816 |
| Received BCG vaccination | 0.872 | 0.017 | 513 | 539 | 1.136 | 0.020 | 0.838 | 0.906 |
| Received DPT vaccination (3 doses) | 0.763 | 0.027 | 513 | 539 | 1.430 | 0.036 | 0.708 | 0.817 |
| Received polio vaccination (3 doses) | 0.752 | 0.028 | 513 | 539 | 1.443 | 0.037 | 0.695 | 0.808 |
| Received measles vaccination | 0.784 | 0.025 | 513 | 539 | 1.333 | 0.032 | 0.734 | 0.833 |
| Fully immunised | 0.624 | 0.030 | 513 | 539 | 1.380 | 0.048 | 0.563 | 0.684 |
| Weight-for-height (<-2 SD) | 0.100 | 0.008 | 2703 | 3054 | 1.336 | 0.078 | 0.084 | 0.116 |
| Height-for-age ( $<-2$ SD) | 0.242 | 0.014 | 2703 | 3054 | 1.575 | 0.056 | 0.215 | 0.269 |
| Weight-for-age (<-2 SD) | 0.267 | 0.015 | 2703 | 3054 | 1.668 | 0.055 | 0.238 | 0.296 |
| Total fertility rate (5 years) | 5.061 | 0.182 | NA | 10928 | 1.414 | 0.036 | 4.696 | 5.425 |
| Neonatal mortality rate (10 years) | 27.678 | 4.060 | 4800 | 4955 | 1.715 | 0.147 | 19.557 | 35.798 |
| Postneonatal mortality rate (10 years) | 17.454 | 2.206 | 4715 | 4664 | 1.157 | 0.126 | 13.042 | 21.866 |
| Infant mortality rate (10 years) | 45.132 | 4.536 | 4715 | 4664 | 1.501 | 0.101 | 36.059 | 54.205 |
| Child mortality rate (10 years) | 22.007 | 2.755 | 4518 | 3988 | 1.262 | 0.125 | 16.498 | 27.516 |
| Under-five mortality rate (10 years) | 66.145 | 5.064 | 4518 | 3988 | 1.370 | 0.077 | 56.017 | 76.273 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.000 | 0.000 | 1617 | 1642 | NA | NA | 0.000 | 0.000 |
| No education | 0.163 | 0.019 | 1617 | 1642 | 2.039 | 0.115 | 0.126 | 0.201 |
| With secondary education or higher | 0.407 | 0.022 | 1617 | 1642 | 1.778 | 0.053 | 0.363 | 0.450 |
| Never married (in union) | 0.655 | 0.026 | 1617 | 1642 | 2.192 | 0.040 | 0.604 | 0.707 |
| Currently married (in union) | 0.305 | 0.025 | 1617 | 1642 | 2.164 | 0.081 | 0.255 | 0.354 |
| Want no more children | 0.989 | 0.006 | 604 | 501 | 1.498 | 0.006 | 0.976 | 1.002 |
| Want to delay at least 2 years | 0.989 | 0.006 | 604 | 501 | 1.498 | 0.006 | 0.976 | 1.002 |
| Ideal number of children | 0.528 | 0.028 | 604 | 501 | 1.369 | 0.053 | 0.472 | 0.583 |
| Wanting no more children | 0.343 | 0.026 | 604 | 501 | 1.364 | 0.077 | 0.290 | 0.395 |
| Delay at least two years | 0.179 | 0.027 | 604 | 501 | 1.730 | 0.151 | 0.125 | 0.233 |
| Ideal number of family size | 4.592 | 0.182 | 1449 | 1489 | 1.770 | 0.040 | 4.228 | 4.956 |

NA = Not applicable

| Table C. 1 Household age distribution |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Single-year age distribution of the de facto household population by sex (weighted), Namibia 2000 |  |  |  |  |  |  |  |  |  |
| Age | Males |  | Females |  | Age | Males |  | Females |  |
|  | Number | Percent | Number | Percent |  | Number | Percent | Number | Percent |
| 0 | 476 | 3.1 | 458 | 2.7 | 37 | 141 | 0.9 | 205 | 1.2 |
| 1 | 444 | 2.9 | 480 | 2.8 | 38 | 135 | 0.9 | 184 | 1.1 |
| 2 | 449 | 3.0 | 467 | 2.7 | 39 | 113 | 0.7 | 163 | 1.0 |
| 3 | 431 | 2.8 | 402 | 2.4 | 40 | 134 | 0.9 | 189 | 1.1 |
| 4 | 449 | 3.0 | 477 | 2.8 | 41 | 125 | 0.8 | 136 | 0.8 |
| 5 | 401 | 2.6 | 450 | 2.6 | 42 | 112 | 0.7 | 153 | 0.9 |
| 6 | 489 | 3.2 | 539 | 3.2 | 43 | 82 | 0.5 | 135 | 0.8 |
| 7 | 447 | 2.9 | 473 | 2.8 | 44 | 90 | 0.6 | 89 | 0.5 |
| 8 | 493 | 3.2 | 528 | 3.1 | 45 | 118 | 0.8 | 109 | 0.6 |
| 9 | 441 | 2.9 | 457 | 2.7 | 46 | 98 | 0.6 | 92 | 0.5 |
| 10 | 504 | 3.3 | 550 | 3.2 | 47 | 69 | 0.5 | 100 | 0.6 |
| 11 | 384 | 2.5 | 381 | 2.2 | 48 | 80 | 0.5 | 95 | 0.6 |
| 12 | 456 | 3.0 | 462 | 2.7 | 49 | 84 | 0.6 | 73 | 0.4 |
| 13 | 425 | 2.8 | 458 | 2.7 | 50 | 99 | 0.7 | 207 | 1.2 |
| 14 | 398 | 2.6 | 470 | 2.8 | 51 | 61 | 0.4 | 126 | 0.7 |
| 15 | 338 | 2.2 | 341 | 2.0 | 52 | 92 | 0.6 | 113 | 0.7 |
| 16 | 343 | 2.3 | 344 | 2.0 | 53 | 58 | 0.4 | 91 | 0.5 |
| 17 | 333 | 2.2 | 368 | 2.2 | 54 | 53 | 0.4 | 88 | 0.5 |
| 18 | 372 | 2.4 | 360 | 2.1 | 55 | 80 | 0.5 | 95 | 0.6 |
| 19 | 315 | 2.1 | 289 | 1.7 | 56 | 66 | 0.4 | 87 | 0.5 |
| 20 | 357 | 2.4 | 308 | 1.8 | 57 | 48 | 0.3 | 51 | 0.3 |
| 21 | 289 | 1.9 | 320 | 1.9 | 58 | 65 | 0.4 | 73 | 0.4 |
| 22 | 281 | 1.9 | 305 | 1.8 | 59 | 53 | 0.3 | 65 | 0.4 |
| 23 | 245 | 1.6 | 267 | 1.6 | 60 | 107 | 0.7 | 143 | 0.8 |
| 24 | 205 | 1.3 | 305 | 1.8 | 61 | 66 | 0.4 | 92 | 0.5 |
| 25 | 285 | 1.9 | 278 | 1.6 | 62 | 55 | 0.4 | 75 | 0.4 |
| 26 | 221 | 1.5 | 220 | 1.3 | 63 | 62 | 0.4 | 55 | 0.3 |
| 27 | 227 | 1.5 | 246 | 1.4 | 64 | 46 | 0.3 | 51 | 0.3 |
| 28 | 202 | 1.3 | 270 | 1.6 | 65 | 49 | 0.3 | 56 | 0.3 |
| 29 | 205 | 1.3 | 257 | 1.5 | 66 | 41 | 0.3 | 57 | 0.3 |
| 30 | 258 | 1.7 | 234 | 1.4 | 67 | 37 | 0.2 | 50 | 0.3 |
| 31 | 153 | 1.0 | 238 | 1.4 | 68 | 59 | 0.4 | 80 | 0.5 |
| 32 | 186 | 1.2 | 219 | 1.3 | 69 | 27 | 0.2 | 23 | 0.1 |
| 33 | 106 | 0.7 | 219 | 1.3 | 70+ | 478 | 3.2 | 704 | 4.1 |
| 34 | 174 | 1.1 | 173 | 1.0 | Don't kn | now/ |  |  |  |
| 35 | 137 | 0.9 | 148 | 0.9 | missing | 57 | 0.4 | 49 | 0.3 |
| 36 | 125 | 0.8 | 159 | 0.9 |  |  |  |  |  |
|  |  |  |  |  | Total 1 | 15,184 | 100.0 | 17,081 | 100.0 |

Note: The de facto population includes all residents and nonresidents who stayed in the household the night before the interview.

## Table C. 2 Age distribution of eligible and interviewed women

Percent distribution of the de facto household population of women age 10-54, and of interviewed women age 15-49, and percentage of eligible women who were interviewed (weighted) by five-year age groups, Namibia 2000

| Age group | Household population of women age 10-54 |  | Interviewed women age 15-49 |  | Percentage of eligible women interviewed |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Number | Percent | Number | Percent |  |
| 10-14 | 2,321 | NA | NA | NA | NA |
| 15-19 | 1,702 | 22.4 | 1,566 | 22.3 | 92.1 |
| 20-24 | 1,505 | 19.8 | 1,377 | 19.6 | 91.5 |
| 25-29 | 1,272 | 16.8 | 1,177 | 16.8 | 92.5 |
| 30-34 | 1,082 | 14.3 | 1,030 | 14.7 | 95.2 |
| 35-39 | 859 | 11.3 | 795 | 11.3 | 92.5 |
| 40-44 | 702 | 9.3 | 636 | 9.1 | 90.6 |
| 45-49 | 469 | 6.2 | 437 | 6.2 | 93.1 |
| 50-54 | 626 | NA | NA | NA | NA |
| 10-49 | 7,592 | NA | 7,018 | NA | 92.4 |

Note: The de facto population includes all residents and nonresidents who stayed in the household the night before interview. Weights for both household population of women and interviewed women are household weights. Age is based on that reported in the household schedule.
NA = Not applicable

## Table C. 3 Completeness of reporting

Percentage of observations missing information for selected demographic and health questions (weighted), Namibia 2000

| Subject | Reference group in | Percentage missing information | Number of cases |
| :---: | :---: | :---: | :---: |
| Birth date | Births in the past 15 years |  |  |
| Month only |  | 2.0 | 10,600 |
| Month and year |  | 0.4 | 10,600 |
| Age at death | Deceased children born in the past 15 years | 0.6 | 612 |
| Age/date at first union ${ }^{1}$ | Ever-married women age 15-49 | 93.0 | 3,088 |
| Women's education | All women age 15-49 | 0.4 | 6,755 |
| Anthropometry | Living children age 0-59 months |  |  |
| Height |  | 4.2 | 4,601 |
| Weight |  | 4.0 | 4,601 |
| Height or weight |  | 4.5 | 4,601 |
| Diarrhoea in past 2 weeks | Living children age 0-59 months | s 10.5 | 3,785 |
| ${ }^{1}$ Both year and age missing |  |  |  |


| Table C. 4 Births by calendar years |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Distribution of births by calendar years for living (L), dead (D), and total (T) children, according to reporting completeness, sex ratio at birth, and ratio of births by cal year, Namibia 2000 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Calendar year | Number of births |  |  | Percentage with complete birth date |  |  | Sex ratio at birth ${ }^{2}$ |  |  | Calendar ratio ${ }^{3}$ |  |  | Male |  |  | Female |  |  |
|  | L | D | T | L | D | T | L | D | T | L | D | T | L | D | T | L | D | T |
| 2000 | 722 | 29 | 752 | 100.0 | 100.0 | 100.0 | 97.1 | 81.1 | 96.5 | NA | NA | NA | 356 | 13 | 369 | 366 | 16 | 383 |
| 1999 | 837 | 30 | 867 | 99.9 | 100.0 | 99.9 | 105.9 | 147.3 | 107.1 | 117.4 | 73.4 | 115.0 | 431 | 18 | 448 | 407 | 12 | 419 |
| 1998 | 704 | 52 | 757 | 99.1 | 96.7 | 98.9 | 90.2 | 199.5 | 95.1 | 93.5 | 156.5 | 96.2 | 334 | 35 | 369 | 370 | 17 | 388 |
| 1997 | 668 | 37 | 705 | 99.2 | 98.4 | 99.2 | 128.2 | 138.5 | 128.7 | 90.5 | 76.0 | 89.6 | 376 | 21 | 397 | 293 | 15 | 308 |
| 1996 | 774 | 45 | 818 | 98.4 | 92.4 | 98.1 | 92.1 | 76.1 | 91.1 | 116.8 | 123.4 | 117.2 | 371 | 19 | 390 | 403 | 25 | 428 |
| 1995 | 656 | 36 | 692 | 98.6 | 90.7 | 98.2 | 96.5 | 82.1 | 95.7 | 84.8 | 66.1 | 83.6 | 322 | 16 | 338 | 334 | 20 | 353 |
| 1994 | 773 | 63 | 836 | 98.6 | 93.3 | 98.2 | 95.1 | 134.5 | 97.6 | 115.0 | 145.7 | 116.8 | 377 | 36 | 413 | 396 | 27 | 423 |
| 1993 | 689 | 51 | 740 | 97.2 | 86.8 | 96.5 | 112.0 | 194.5 | 116.2 | 88.1 | 107.0 | 89.2 | 364 | 34 | 397 | 325 | 17 | 342 |
| 1992 | 790 | 32 | 822 | 98.1 | 94.2 | 98.0 | 84.4 | 107.3 | 85.2 | 124.5 | 68.1 | 120.6 | 362 | 17 | 378 | 428 | 16 | 444 |
| 1991 | 580 | 44 | 623 | 97.7 | 94.3 | 97.5 | 94.8 | 86.0 | 94.1 | NA | NA | NA | 282 | 20 | 302 | 298 | 23 | 321 |
| 1996-2000 | 3,706 | 193 | 3,899 | 99.3 | 97.0 | 99.2 | 101.5 | 123.0 | 102.5 | NA | NA | NA | 1,867 | 106 | 1,973 | 1,839 | 87 | 1,926 |
| 1991-1995 | 3,487 | 226 | 3,713 | 98.1 | 91.8 | 97.7 | 95.8 | 119.5 | 97.1 | NA | NA | NA | 1,706 | 123 | 1,829 | 1,781 | 103 | 1,884 |
| 1986-1990 | 2,744 | 190 | 2,934 | 97.3 | 88.5 | 96.7 | 89.3 | 108.7 | 90.5 | NA | NA | NA | 1,295 | 99 | 1,394 | 1,450 | 91 | 1,541 |
| 81-85 | 1,861 | 197 | 2,057 | 95.7 | 89.3 | 95.0 | 103.4 | 105.4 | 103.5 | NA | NA | NA | 946 | 101 | 1,046 | 915 | 96 | 1,011 |
| <1981 | 1,697 | 208 | 1,904 | 95.8 | 88.4 | 95.0 | 110.9 | 138.5 | 113.6 | NA | NA | NA | 892 | 121 | 1,013 | 805 | 87 | 892 |
| All | 13,495 | 1,013 | 14,508 | 97.6 | 91.0 | 97.2 | 98.8 | 118.7 | 100.0 | NA | NA | NA | 6,706 | 550 | 7,255 | 6,789 | 463 | 7,252 |
| NA $=$ Not applicable <br> ${ }^{1}$ Both year and month of birth given <br> ${ }^{2}\left(B_{m} / B_{f} * 100\right.$, where $B_{m}$ and $B_{f}$ are the numbers of male and female births, respectively <br> ${ }^{3}\left[2 \mathrm{~B}_{\mathrm{x}} /\left(\mathrm{B}_{\mathrm{x}-1}+\mathrm{B}_{\mathrm{x}+1}\right)\right)^{*} 100$, where $\mathrm{B}_{\mathrm{x}}$ is the number of births in calendar year x |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

## Table C. 5 Reporting of age at death in days

Distribution of reported deaths under one month of age by age at death in days and the percentage of neonatal deaths reported to occur at ages 0-6 days, for five-year periods preceding the survey (unweighted), Namibia 2000

| Age at death (days) | Number of years preceding survey |  |  |  | $\begin{aligned} & \text { Total } \\ & 0-19 \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0-4 | 5-9 | 10-14 | 15-19 |  |
| <1 | 29 | 48 | 30 | 23 | 130 |
| 1 | 20 | 12 | 6 | 8 | 46 |
| 2 | 3 | 5 | 7 | 4 | 18 |
| 3 | 5 | 3 | 6 | 3 | 16 |
| 4 | 1 | 6 | 2 | 5 | 13 |
| 5 | 0 | 2 | 0 | 3 | 6 |
| 6 | 2 | 1 | 1 | 2 | 6 |
| 7 | 10 | 7 | 8 | 13 | 38 |
| 9 | 0 | 1 | 0 | 0 | 1 |
| 10 | 0 | 1 | 0 | 0 | 1 |
| 14 | 6 | 2 | 1 | 4 | 12 |
| 18 | 2 | 0 | 0 | 0 | 2 |
| 20 | 0 | 0 | 3 | 0 | 3 |
| 24 | 1 | 0 | 0 | 0 | 1 |
| 30 | 0 | 2 | 0 | 0 | 2 |
| $31+$ | 0 | 0 | 1 | 1 | 1 |
| Percent early neonatal ${ }^{1}$ | 76.5 | 86.2 | 81.9 | 73.4 | 79.9 |
| Total 0-30 | 78 | 89 | 62 | 65 | 295 |
| ${ }^{1} 0-6$ days/0-30 days |  |  |  |  |  |


| Table C. 6 Reporting of age at death in months |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Distribution of reported deaths under two years of age by age at death in months and the percentage of infant deaths reported to occur at ages under one month, for five-year periods preceding the survey (weighted), Namibia 2000 |  |  |  |  |  |
| Age at death (months) | Number of years preceding survey |  |  |  |  |
|  | 0-4 | 5-9 | 10-14 | 15-19 | 0-19 |
| $<1^{\text {a }}$ | 79 | 92 | 64 | 65 | 300 |
| 1 | 14 | 11 | 3 | 7 | 35 |
| 2 | 10 | 8 | 6 | 11 | 34 |
| 3 | 5 | 10 | 4 | 6 | 26 |
| 4 | 13 | 8 | 10 | 5 | 36 |
| 5 | 3 | 3 | 2 | 1 | 9 |
| 6 | 4 | 6 | 5 | 7 | 23 |
| 7 | 2 | 1 | 4 | 6 | 14 |
| 8 | 3 | 1 | 3 | 0 | 7 |
| 9 | 3 | 5 | 1 | 2 | 11 |
| 10 | 4 | 3 | 0 | 1 | 8 |
| 11 | 5 | 1 | 0 | 0 | 7 |
| 12 | 5 | 5 | 6 | 8 | 24 |
| 13 | 2 | 0 | 1 | 0 | 4 |
| 14 | 1 | 4 | 1 | 0 | 6 |
| 15 | 0 | 0 | 2 | 1 | 3 |
| 16 | 1 | 0 | 3 | 0 | 4 |
| 17 | 2 | 0 | 0 | 2 | 3 |
| 18 | 0 | 2 | 1 | 0 | 3 |
| 20 | 0 | 0 | 0 | 2 | 2 |
| 21 | 2 | 1 | 0 | 0 | 2 |
| 22 | 0 | 0 | 1 | 0 | 1 |
| 24+ | 1 | 0 | 0 | 0 | 2 |
| Missing | 0 | 0 | 0 | 1 | 2 |
| 1 year | 4 | 18 | 12 | 11 | 45 |
| Percent neonatal ${ }^{1}$ | 54.2 | 61.5 | 62.8 | 58.5 | 59.0 |
| Total 0-11 | 146 | 149 | 102 | 112 | 508 |
| ${ }^{a}$ Includes deaths under 1 month reported in days <br> ${ }^{1}$ Under 1 month/under 1 year |  |  |  |  |  |

## Table C. 7 Current use of contraception by background characteristics

Percent distribution of currently married women by contraceptive method currently used, according to selected background characteristics, Namibia 2000


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## HOUSEHOLD SCHEDULE

Now we would like some information about the people who usually live in your household or who are staying with you now.

| LINE NO. | USUAL RESIDENTS AND VISITORS | RELATIONSHIP TO HEAD OF HOUSEHOLD | SEX | RESIDENCE |  | AGE | ELIGIBILITY |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Please give me the names of the persons who usually live in your household and guests of the household who stayed here last night, starting with the head of the household. | What is the relationship of (NAME) to the head of the household?* | Is <br> (NAME) <br> male or <br> female? | Does <br> (NAME) usually live here? | Did <br> (NAME) <br> stay here <br> last <br> night? | How old is (NAME)? | CIRCLE <br> LINE <br> NUMBER <br> OF ALL <br> WOMEN <br> AGE 15-49 | CIRCLE <br> LINE <br> NUMBER <br> OF ALL <br> CHILD- <br> REN <br> UNDER <br> AGE 6 | CIRCLE <br> LINE <br> NUMBER <br> OF ALL <br> MEN AGE <br> 15-59 |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | (9A) |
| 01 |  | $\square$ | $\begin{array}{ll} M & F \\ 1 & 2 \end{array}$ | yes No <br> 1 $2$ | yes no <br> 1 $2$ | IN YEARS | 01 | 01 | 01 |
| 02 |  |  | 12 | 12 | 12 |  | 02 | 02 | 02 |
| 03 |  |  | 12 | 12 | 12 |  | 03 | 03 | 03 |
| 04 |  | $\square$ | 12 | 12 | 12 |  | 04 | 04 | 04 |
| 05 |  |  | 12 | 12 | 12 |  | 05 | 05 | 05 |
| 06 |  | $\square$ | 12 | 12 | 12 | $\square$ | 06 | 06 | 06 |
| 07 |  | $\square$ | 12 | 12 | 12 |  | 07 | 07 | 07 |
| 08 |  | $\square$ | 12 | 12 | 12 |  | 08 | 08 | 08 |
| 09 |  |  | 12 | 12 | 12 |  | 09 | 09 | 09 |
| 10 |  |  | 12 | 12 | 12 |  | 10 | 10 | 10 |

* CODES FOR Q. 3

RELATIONSHIP TO HEAD OF
HOUSEHOLD
01 = HEAD
02 = WIFE OR HUSBAND
03 = SON OR DAUGHTER
$04=$ SON-IN-LAW OR
DAUGHTER-IN-LAW
$05=$ GRANDCHILD
$07=$ PARENT-IN-LAW
08 = BROTHER OR SISTER
10 = OTHER RELATIVE
11 = ADOPTED/FOSTER/
STEPCHILD
$12=$ NOT RELATED
$06=$ PARENT
98 - DON'T KNOW

| $\underset{E}{\text { LIN }}$ | PARENTAL SURVIVORSHIP AND RESIDENCE FOR PERSONS LESS THAN 15 YEARS OLD＊＊ |  |  |  | EDUCATION |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Is （NAME）＇s natural mother alive？ | IF ALIVE | Is （NAME）＇s natural father alive？ | IF ALIVE | IF AGE 3 YEARS OR OLDER |  |  | IF AGE 3－24 YEARS |  |  |  |  |  |  |
|  |  | Does （NAME）＇s natural mother live in this household？ IF YES： What is her name？ RECORD MOTHER＇S LINE NUMBER |  | Does <br> （NAME）＇s <br> natural <br> father live in <br> this <br> household？ <br> IF YES： <br> What is his name？ <br> RECORD <br> FATHER＇S <br> LINE <br> NUMBER | Has （NAME） ever attended school or pre－ school？ | What is the highest level of school （NAME）has attended？＊＊＊ What is the highest grade（NAME） completed？ |  | Is（NAME） <br> currently <br> attending <br> school（or <br> pre－ <br> school）？ | During the current school year，did （NAME） attend school at any time？ | During school level and ［is／was］ attendi | current <br> ar，what <br> grade <br> NAME） | During the previous school year，did （NAME） attend school at any time？ | During year，wh and gra （NAME） | at school <br> level <br> did <br> attend？ |
|  | （10） | （11） | （12） | （13） | （14） | （15） |  | （16） | （17） | （18） |  | （19） | （20） |  |
| 01 | $\begin{array}{lll} \text { YESNO } & \text { DK } \\ & & \\ 1 & 2 & 8 \end{array}$ |  | YESNO DK $1 \begin{array}{lll} 1 & 2 \end{array}$ |  | $\begin{array}{lr} \text { YES } & \text { NO } \\ 1 & 2 \\ 1 & \text { NEXT\&」 } \\ & \text { LINE } \end{array}$ | LEVEL GRADE |  |  | $\begin{array}{lr} \text { YES } & \text { NO } \\ 1 & 2 \\ \text { GO TO.」 } \\ & 19 \end{array}$ | LEVEL GRADE$\square \square \square$ |  | $\left\|\begin{array}{cc} \text { YES } & \text { NO } \\ 1 & 2 \\ & \text { NEXT }\lrcorner\lrcorner \\ & \text { LINE } \end{array}\right\|$ | $$ |  |
| 02 | 128 | $\ldots$ | 128 | $\square$ |  | $\square$ | $1$ | ${ }_{\substack{\text { L GO TO } \\ 18}}{ }^{2}$ | $\begin{array}{lrr}1 & \\ \text { GO TO．」 } \\ \\ & 19\end{array}$ | $\square$ | $\square$ | $\left\|\begin{array}{cc} 1 & 2 \\ & \text { NEXT }\lrcorner\lrcorner \\ \text { LINE } \end{array}\right\|$ | $\square$ |  |
| 03 | 128 |  | 128 | $\square$ | $\left\|\begin{array}{cc} 1 & 2 \\ & \text { NEXT }\lrcorner \downarrow \\ & \text { LINE } \end{array}\right\|$ |  |  |  | $\begin{array}{\|lr\|} \hline 1 & 2 \\ \text { GO TOA } \\ & 19 \\ \hline \end{array}$ | $\square$ |  | $\begin{array}{cc} 1 & 2 \\ & \text { NEXT }-1 \\ \text { LINE } \end{array}$ | $\square \quad \square$ |  |
| 04 | 128 |  | 128 |  | $\left\|\begin{array}{cc} 1 & 2 \\ & \text { NEXT }\lrcorner \downarrow \\ & \text { LINE } \end{array}\right\|$ |  |  | ${\underset{c}{\text { L. GO TO }}}^{2}$ | $\begin{array}{cr} 1 & 2 \\ \text { GO TO, 」 } \\ 19 \end{array}$ |  |  | $\begin{array}{cc} 1 & 2 \\ & \\ & \text { NEXT } \_J \\ \text { LINE } \end{array}$ | $\square$ $\square$ |  |
| 05 | 128 |  | 128 |  | $\left\|\begin{array}{cc} 1 & 2 \\ & \text { NEXT }\lrcorner \downarrow \\ & \text { LINE } \end{array}\right\|$ |  |  | ${\underset{c}{18}}_{\substack{\text { L. TO }}}^{2}$ | $\begin{array}{lr} 1 & 2 \\ \text { GO TO.」 } \\ & 19 \end{array}$ | $\square$ |  | $\left\|\begin{array}{cc} 1 & 2 \\ & \text { NEXT }\lrcorner\lrcorner \\ & \text { LINE } \end{array}\right\|$ | $\square$$\square$ |  |
| 06 | $1 \quad 28$ |  | $1 \quad 28$ |  | $\left\|\begin{array}{ll} 1 & 2 \\ & 2 \\ & \text { NEXT } \triangleleft .1 \\ & \text { LINE } \end{array}\right\|$ |  |  | $\underbrace{2}_{\substack{18 \\ \mathrm{~L}_{\rightarrow} \text { GO TO }}}$ | $\begin{array}{lr} 1 & 2 \\ \text { GO TO.」 } \\ & 19 \end{array}$ |  |  | $\begin{array}{cc} 1 & 2 \\ & \text { NEXT\&」 } \\ \\ \text { LINE } \end{array}$ | $\square$ $\square$ |  |
| 07 | 128 |  | 128 |  | $\begin{array}{\|cc\|} 1 & 2 \\ & 2 \\ & \text { NEXT } \triangleleft\lrcorner \\ & \text { LINE } \end{array}$ |  |  | $\begin{array}{\|l\|l\|} \hline 1 & 2 \\ \mathrm{~L}_{\sim} \mathrm{GO} \text { TO } \\ & 18 \\ \hline \end{array}$ | $\begin{array}{lr} 1 & 2 \\ \text { GO TO\& } \\ & 19 \end{array}$ |  |  | $\begin{array}{\|lc\|} \hline 1 & 2 \\ & \text { NEXT」」 } \\ & \text { LINE } \end{array}$ | $\square$ $\square$ |  |
| 08 | 128 |  | 128 |  | $\left\|\begin{array}{cc} 1 & 2 \\ & \text { NEXT }\lrcorner\lrcorner \\ & \text { LINE } \end{array}\right\|$ |  |  | ${\underset{c}{\text { L. GO TO }}}^{2}$ | $\begin{array}{lr} 1 & 2 \\ \text { GO TO.」 } \\ & 19 \end{array}$ | $\square$ |  | $\begin{array}{lc} \hline 1 & 2 \\ & \text { NEXT }\lrcorner J \end{array}$ LINE | $\square$$\square$ |  |
| 09 | 128 |  | 128 |  |  |  |  | ${\stackrel{1}{\mathrm{~L}} \mathrm{GO} \mathrm{TO}_{18}{ }^{2}}^{2}$ | $\begin{array}{\|lr} \hline 1 & 2 \\ \text { GO TO.」 } \\ & 19 \end{array}$ |  |  | $\left\|\begin{array}{cc} 1 & 2 \\ & \text { NEXT }\lrcorner\lrcorner \\ \text { LINE } \end{array}\right\|$ | $\square$ |  |
| 10 | $1 \quad 28$ |  | 128 |  | $\begin{array}{\|rr} 1 & 2 \\ & \text { NEXT } \\ & \text { LINE } \end{array}$ |  |  | ${\stackrel{1}{\mathrm{~L}} \underset{18}{\text { GO TO }}}^{2}$ | $\begin{array}{lr} 1 & 2 \\ \text { GO TO, 」 } \\ \\ 19 \end{array}$ |  |  | $\left\lvert\, \begin{array}{cc} 1 & 2 \\ & \text { NEXT\&」 } \\ & \text { LINE } \end{array}\right.$ | $\square \quad \square$ |  |

＊＊Q． 10 THROUGH Q． 13
THESE QUESTIONS REFER TO THE BIOLOGICAL
PARENTS OF THE CHILD．
IN Q． 11 AND Q．13，RECORD 00＇IF PARENT NOT LISTED IN HOUSEHOLD SCHEDULE．
＊＊＊CODES FOR Qs．15， 18 AND 20
EDUCATION LEVEL：
0 ＝PRE－SCHOOL（KINDERGARTEN，DAY CARE）
$1=$ PRIMARY
$2=$ SECONDARY
3 ＝HIGHER／UNIV．
8 ＝DON＇T KNOW
EDUCATION GRADE：
$00=$ LESS THAN 1 YEAR COMPLETED
$98=$ DON＇T KNOW

| LINE NO. | USUAL RESIDENTS AND VISITORS | RELATIONSHIP TO HEAD OF HOUSEHOLD | SEX | RESIDENCE |  | AGE | ELIGIBILITY |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Please give me the names of the persons who usually live in your household and guests of the household who stayed here last night, starting with the head of the household. | What is the relationship of (NAME) to the head of the household?* | Is (NAME) male or female? | Does <br> (NAME) usually live here? | Did <br> (NAME) <br> stay here last night? | How old is (NAME)? | CIRCLE <br> LINE <br> NUMBER <br> OF ALL <br> WOMEN <br> AGE <br> 15-49 | CIRCLE <br> LINE <br> NUMBER <br> OF ALL <br> CHILD- <br> REN <br> UNDER <br> AGE 6 | CIRCLE <br> LINE <br> NUMBER <br> OF ALL <br> MEN AGE <br> 15-59 |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | (9A) |
| 11 |  |  | $\begin{array}{ll} M & F \\ 1 & 2 \end{array}$ | yEs No <br> 1 $2$ | yES No <br> 1 $2$ | IN YEARS | 11 | 11 | 11 |
| 12 |  |  | 12 | 12 | 12 |  | 12 | 12 | 12 |
| 13 |  |  | 12 | 12 | 12 |  | 13 | 13 | 13 |
| 14 |  | $\begin{array}{l\|l\|} \hline & \\ \hline \end{array}$ | 12 | 12 | 12 |  | 14 | 14 | 14 |
| 15 |  |  | 12 | 12 | 12 |  | 15 | 15 | 15 |
| 16 |  |  | 12 | 12 | 12 |  | 16 | 16 | 16 |
| 17 |  |  | 12 | 12 | 12 |  | 17 | 17 | 17 |
| 18 |  | $\square$ | 12 | 12 | 12 |  | 18 | 18 | 18 |
| 19 |  | $\square$ | 12 | 12 | 12 |  | 19 | 19 | 19 |
| 20 |  | $\begin{array}{l\|l\|} \hline & \\ \hline \end{array}$ | 12 | 12 | 12 |  | 20 | 20 | 20 |
| $\begin{aligned} & \text { * COD } \\ & \text { RELA } \\ & \text { HOUS } \\ & 01=1 \\ & 02= \\ & 03= \\ & 04= \\ & 05= \\ & 05= \\ & 06=? \end{aligned}$ | ES FOR Q. 3 <br> IONSHIP TO HEAD OF EHOLD: <br> EAD <br> IFE OR HUSBAND ON OR DAUGHTER ON-IN-LAW OR AUGHTER-IN-LAW RANDCHILD ARENT | $\begin{aligned} 07 & =\text { PARENT-IN-LAW } \\ 08 & =\text { BROTHER OR SISTER } \\ 10 & =\text { OTHER RELATIVE } \\ 11 & =\text { ADOPTED/FOSTERI } \\ & \text { STEPCHILD } \\ 12 & =\text { NOT RELATED } \\ 98 & =\text { DON'T KNOW } \end{aligned}$ |  | ** Q. 10 THROUGH Q. 13 <br> THESE QUESTIONS REFER <br> TO THE BIOLOGICAL <br> PARENTS OF THE CHILD. <br> IN Q. 11 AND Q.13, <br> RECORD '00' IF PARENT <br> NOT LISTED IN <br> HOUSEHOLD SCHEDULE. |  |  | EDUCATION LEVEL: <br> $0=$ PRE-SCHOOL <br> 1 = PRIMARY <br> 2 = SECONDARY <br> 3 = HIGHER/UNIV. <br> 8 = DON'T KNOW <br> EDUCATION GRADE: <br> 00 = LESS THAN 1 YEAR <br> COMPLETED <br> 98 = DON'T KNOW |  |  |


| $\begin{aligned} & \text { LINE } \\ & \text { NO. } \end{aligned}$ | PARENTAL SURVIVORSHIP AND RESIDENCE FOR PERSONS LESS THAN 15 YEARS OLD＊＊ |  |  |  | EDUCATION |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Is （NAME）＇s natural mother alive？ | IF ALIVE | Is （NAME ）＇s natural father alive？ | IF ALIVE | IF AGE 3 YEARS OR OLDER |  | IF AGE 3－24 YEARS |  |  |  |  |  |
|  |  | Does <br> （NAME）＇s <br> natural mother live in this household？ IF YES： What is her name？ RECORD MOTHER＇S LINE NUMBER |  | Does （NAME）＇s natural father live in this household？ IF YES： What is his name？ RECORD FATHER＇S LINE NUMBER | Has （NAME） ever attended school or pre－ school？ | What is level of <br> （NAME） <br> attende <br> What is grade（ comple | Is（NAME） currently attending school？ | During the current school year，did （NAME） attend school at any time？ | During school level and ［is／was attendi | During the previous school year，did （NAME） attend school at any time？ | During year，w and gra （NAME） | school <br> level <br> did <br> tend？ |
|  | （10） | （11） | （12） | （13） | （14） |  | （16） | （17） |  | （19） |  |  |
| 11 | YESNO DK $1 \begin{array}{lll} 1 & 2 & 8 \end{array}$ |  | $\begin{aligned} & \text { YESNO } \\ & 1 \\ & 1 \end{aligned}$ |  | $\left\|\begin{array}{lr} \text { YES } & \text { NO } \\ 1 & 2 \\ 1 & \text { NEXT } \triangleleft\lrcorner \\ & \text { LINE } \end{array}\right\|$ | LEVEL | $\begin{aligned} & \text { YES } \quad \text { NO } \\ & l_{\text {L. GO TO }}^{18} \end{aligned}$ |  | LEVEL | $\begin{array}{cc} \text { YES } & \text { NO } \\ 1 & 2 \\ & \\ & \text { NEXT\& } \\ \text { LINE } \end{array}$ | LEVEL | GRADE $\square$ |
| 12 | 128 |  | 12 |  | $\begin{array}{\|cc\|}1 & 2 \\ \\ \\ \\ \text { NEXT } 4 . 」 \\ \text { LINE }\end{array}$ | $\square$ |  | $\begin{array}{\|lr} \hline 1 & 2 \\ \text { GO TO, 」 } \\ & 19 \end{array}$ |  | $\begin{array}{lc} 1 & 2 \\ & \text { NEXT\&」 } \\ & \text { LINE } \end{array}$ | $\pm$ | $\square$ |
| 13 | 128 |  | 12 | $\square$ | $\begin{array}{cc} 1 & 2 \\ & \text { NEXT」」 } \\ \text { LINE } \end{array}$ |  | ${\stackrel{1}{L_{\bullet} \text { GO TO }}}^{2}$ | $\begin{array}{lr} 1 & 2 \\ \text { GO TO.」 } \\ 19 \end{array}$ |  | $\begin{array}{cc} 1 & 2 \\ & \\ & \text { NEXT\& } \\ \text { LINE } \end{array}$ | $ـ$ | $\square$ |
| 14 | 128 | $\square$ | 12 | $\square$ | $\left\|\begin{array}{cc} 1 & 2 \\ & \text { NEXT } \&\lrcorner \\ & \text { LINE } \end{array}\right\|$ |  | ${\underset{c}{18}}_{\substack{\text { L. TO }}}^{2}$ | $\begin{array}{lr} 1 & 2 \\ \text { GO TO.」 } \\ & 19 \end{array}$ | $\square$ | $\begin{array}{cc} 1 & 2 \\ & \\ & \text { NEXT\&」」 } \\ & \text { LINE } \end{array}$ | $\square$ | $\square$ |
| 15 | 128 | $1$ | 12 |  | 1 $\begin{array}{lr} & 2 \\ \\ & \text { NEXT\＆} \\ \text { LINE }\end{array}$ | $\square$ | $\begin{array}{\|l\|l} \hline \mathrm{L}_{\mathrm{GO}} \mathrm{TO} \end{array}{ }^{2}$ | $\begin{array}{lr} 1 & 2 \\ \text { GO TO.」 } \\ & 19 \end{array}$ | $\square$ | $\begin{array}{cc} 1 & 2 \\ & \text { NEXT\&」 } \\ & \text { LINE } \end{array}$ | $\square$ |  |
| 16 | 128 |  | 12 | $\square$ | $\left\|\begin{array}{cc} 1 & 2 \\ & \text { NEXT\& }\lrcorner ⿰ ㇒ 土 口 𧘇 \\ & \text { LINE } \end{array}\right\|$ | $\square$ | $\begin{array}{\|cc} \hline \mathrm{L}_{\mathrm{r}} \mathrm{GO} \text { TO } \\ 18 \end{array}{ }^{2}$ | $\begin{array}{lr} 1 & 2 \\ \text { GO TO.」 } \\ & 19 \end{array}$ |  | $\begin{array}{cc} 1 & 2 \\ & \text { NEXT\& } \\ & \text { LINE } \end{array}$ | $\square$ |  |
| 17 | 128 | $\square$ | 12 |  | $\left\|\begin{array}{cc} 1 & 2 \\ & \text { NEXT } \& \checkmark \\ \text { LINE } \end{array}\right\|$ | $\square$ | $\begin{array}{\|l\|l} \hline \mathrm{L}_{\mathrm{r}} \mathrm{GO} \text { TO } \\ \end{array}{ }^{2}$ | $\begin{array}{lr} 1 & 2 \\ \text { GO TO.」 } \\ & 19 \end{array}$ | $\square$ | $\begin{array}{lc} 1 & 2 \\ & \\ & \text { NEXT\& } \\ \text { LINE } \end{array}$ | $\square$ |  |
| 18 | 128 |  | 12 | $\square$ | $1 \begin{array}{lrr} \\ 1 & 2 \\ \\ \\ \text { NEXT } \\ \text { LINE }\end{array}$ |  |  | $\begin{array}{lr} 1 & 2 \\ \text { GO TO.」 } \\ & 19 \end{array}$ | $\square$ | 1 2 <br>   <br>   <br>   <br> NEXT  <br> LINE  | $\square$ |  |
| 19 | 128 |  | 12 | $\square$ | $1 \begin{array}{lrr}1 & 2 \\ \\ \\ \\ \text { NEXT } \\ \text { LINE }\end{array}$ | $\square$ | ${ }_{\substack{\text { L GO TO } \\ 18}}{ }^{2}$ | $\begin{array}{lr} \hline 1 & 2 \\ \text { GO TO, J } \\ & 19 \end{array}$ | $\square$ | $\begin{array}{\|lc\|} \hline 1 & 2 \\ & \text { NEXT\& } \\ & \text { LINE } \end{array}$ | $\square$ | $\square$ |
| 20 | 128 | $\square$ | 12 | $\square$ | $1 \begin{array}{llr}1 & 2 \\ \\ \\ \\ \\ \text { NEXT } & \text { LINE }\end{array}$ | $\square$ | ${ }_{\substack{\mathrm{L} \\ \text { GO TO } \\ 18}}{ }^{2}$ | 1 2 <br> GO TO\＆  <br>   <br>  19 | $\square$ | $\left\|\begin{array}{cc} 1 & 2 \\ & \text { NEXT }\lrcorner\rfloor \\ \text { LINE } \end{array}\right\|$ | $\square$ |  |
| TICK H | RE IF CONT | NUATION SHE | ET USED |  |  |  |  |  |  |  |  |  |
| Just to make sure that I have a complete listing： |  |  |  |  |  |  |  |  |  |  |  |  |
| 1） | Are there any other persons such as small children or infants that we have not listed？ |  |  |  |  |  |  | ENTER EACH IN TABLE NO $\quad \square$ |  |  |  |  |
| 2） | In addition，are there any other people who may not be members of your family，such as domestic servants，lodgers or friends who usually live here？ |  |  |  |  |  | $\square$ | ENTER | CH IN |  |  |  |
| 3） | Are there any guests or temporary visitors staying here，or anyone else who slept here last night，who have not been listed？ |  |  |  |  |  |  | ENTER EACH IN TABLE |  | $\text { NO } \square$ |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 21 | During the rainy season, what is the main source of drinking water for members of your household? |  | $\begin{aligned} & \longrightarrow 23 \\ & \longrightarrow 23 \end{aligned}$ |
| 22 | How long does it take you to go there, get water, and come back (during the rainy season)? | MINUTES $\qquad$ $\square$ ON PREMISES $\qquad$ 996 |  |
| 23 | During the dry season, what is the main source of drinking water for members of your household? |  | $\begin{aligned} & \longrightarrow 25 \\ & \longrightarrow 25 \end{aligned}$ $\begin{aligned} & \longrightarrow 25 \\ & \longrightarrow 25 \end{aligned}$ |
| 24 | How long does it take you to go there, get water, and come back? | MINUTES $\qquad$ $\square$ ON PREMISES $\qquad$ .996 |  |
| 25 | What kind of toilet facility do most members of your household use? | ```FLUSH TO SEWAGE SYSTEM OR SEPTIC TANK.................................... 11 POUR FLUSH LATRINE(WATER SEAL)12 TRADITIONAL PIT TOILET.................... 21 VENTILATED IMPROVED PIT (VIP) LATRINE .......................................... 22 BUCKET ................................................ 23 NO FACILITY/BUSH/FIELD .................... 31 OTHER``` $\qquad$ ```NoneNone ``` | $\longrightarrow 27$ |
| 26 | Do you share this toilet with other households? | YES ..................................................................................................................... |  |
| 27 | Does your household have: <br> Electricity? <br> A radio? <br> A television? <br> A telephone? <br> A refrigerator? |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 28 | What type of fuel does your household mainly use for cooking? |  |  |
| 29 | What type of energy does your household mainly use for lighting? |  |  |
| 30 | MAIN MATERIAL OF THE FLOOR. <br> RECORD OBSERVATION. |  |  |
| 31 | Does any member of your household own: <br> A donkey cart or a horse? <br> A bicycle? <br> A motorcycle or motor scooter? <br> A car or bakkie or other motor vehicle? | YES NO <br> DONKEY CART/HORSE ............... 1 2 <br> BICYCLE ............................... 1 2 <br> MOTORCYCLE/SCOOTER ....... 1 2 <br> CAR/BAKKIE .......................... 1 2 |  |
| 32 | How many rooms does this household have for sleeping? <br> DO NOT INCLUDE BATHROOMS OR CLOSETS. | ROOMS $\qquad$ $\square$ |  |
| 33 | Does your household have any bednets that can be used while sleeping? | YES ................................................................................................................... NO ....... |  |
| 34 | May I see a sample of the salt used for cooking last time? <br> TEST SALT FOR IODINE. RECORD PPM (PARTS PER MILLION). | 0 PPM (NO COLOUR)............................................................................... 4 BELOW 15 PPM........ | $\longrightarrow 37$ |
| 35 | RECORD TYPE OF SALT. |  |  |
| 36 | What is the source of this salt: was it bought in a shop or from an open market or does it come from a salt pan? |  |  |
| 37 | What is the name of the nearest government health facility that provides health services to this community? <br> (NAME) | FOR OFFICE USE. $\qquad$ $\square$ <br> GPS <br> DOES NOT KNOW $\qquad$ | $\longrightarrow 41$ |
| 38 | How do you get from here to (HEALTH FACILITY NAME)? | CAR/MOTORCYCLE................................ 1 <br> PUBLIC TRANSPORT (BUS,TAXI)........... 2 <br> ANIMAL/ANIMAL CART ........................... 3 <br> WALKING ................................................ 4 <br> OTHER $\qquad$ 6 <br> (SPECIFY) |  |



HEIGHT AND WEIGHT MEASUREMENT

CHECK COLUMN (9): RECORD THE LINE NUMBER, NAME AND AGE OF ALL CHILDREN UNDER AGE 6.






Region codes: CAPRIVI=01; ERONGO=02; HARDAP=03; KARAS=04; KHOMAS=05; KUNENE=06; OHANGWENA=07; KAVANGO=08; OMAHEKE=09; OMUSATI=10; OSHANA=11; OSHIKOTO=12; OTJOZONDJUPA=13.

## INTRODUCTION AND CONSENT

Hello. My name is $\qquad$ and I am working with the Ministry of Health and Social Services. We are conducting a national survey about the health of women and children. We would very much appreciate your participation in this survey. I would like to ask you about your health (and the health of your children). This information will help the government to plan health services. The survey usually takes between 20 and 60 minutes to complete. Whatever information you provide will be kept strictly confidential and will not be shown to other persons.

At this time, do you want to ask me anything about the survey? May I begin the interview now?
Signature of interviewer: $\qquad$ Date: $\qquad$

RESPONDENT AGREES TO BE INTERVIEWED ........ 1 RESPONDENT DOES NOT AGREE TO BE INTERVIEWED..... 2 ——END

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 101 | RECORD THE TIME. | HOUR $\qquad$ <br> MINUTES. $\qquad$ $\square$ |  |
| 102 | First I would like to ask some questions about you and your household. For most of the time until you were 12 years old, did you live in a city, in a town, or in the countryside? | CITY.......................................................................................................................................................................... |  |
| 103 | How long have you been living continuously in (NAME OF CURRENT PLACE OF RESIDENCE)? <br> IF LESS THAN ONE YEAR, RECORD '00' YEARS. | YEARS $\qquad$ $\square$ ALWAYS............................................................................................................ | $\xrightarrow[\longrightarrow]{\square} 105$ |
| 104 | Just before you moved here, did you live in a city, in a town, or in the countryside? | CITY............................................................................................................................................................ |  |
| 105 | In what month and year were you born? | MONTH $\qquad$ $\square$ DON'T KNOW MONTH $\qquad$ YEAR ...................... $\square$ DON'T KNOW YEAR $\qquad$ 9998 |  |
| 106 | How old were you at your last birthday? <br> COMPARE AND CORRECT 105 AND/OR 106 IF INCONSISTENT. | AGE IN COMPLETED YEARS$\square$ |  |
| 107 | Have you ever attended school? | YES.................................................................................................................. | $\longrightarrow 111$ |
| 108 | What is the highest level of school you attended: primary, secondary, or higher? | PRIMARY ............................................................................................................................................................ |  |
| 109 | What is the highest grade you completed? | GRADE .............................. $\square$ |  |
| 110 | CHECK 108: <br> PRIMARY <br> SECONDARY OR HIGHER |  | $\longrightarrow 112$ |
| 111 | Now I would like you to read out loud as much of this sentence as you can. <br> SHOW CARD TO RESPONDENT. | CANNOT READ AT ALL. ABLE TO READ ONLY PARTS OF SENTENCE. <br> ABLE TO READ WHOLE SENTENCE....... 3 <br> NO CARD WITH REQUIRED <br> LANGUAGE. | $\longrightarrow 113$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 112 | Do you read a newspaper or magazine almost every day, at least once a week, less than once a week or not at all? | ALMOST EVERY DAY ..................................... 1 AT LEAST ONCE A WEEK .................. 3 LESS THAN ONCE A WEEK .................................................................. |  |
| 113 | Do you listen to the radio almost every day, at least once a week, less than once a week or not at all? | ALMOST EVERY DAY .................................. 1 AT LEAST ONCE A WEEK .................. 2 LESS THAN ONCE A WEEK .................................................................. |  |
| 114 | Do you watch television almost every day, at least once a week, less than once a week or not at all? | ALMOST EVERY DAY ..................................... 1 AT LEAST ONCE A WEEK .................. 3 LESS THAN ONCE A WEEK ................................................................... |  |
| 115 | What is your religion? | $\qquad$ |  |
| 116 | What is the main language spoken in your home? |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 201 | Now I would like to ask about all the births you have had during your life. Have you ever given birth? | YES.................................................................................................................... NO | $\rightarrow 206$ |
| 202 | Do you have any sons or daughters to whom you have given birth who are now living with you? | YES.................................................................................................................. NO | $\rightarrow 204$ |
| 203 | How many sons live with you? <br> And how many daughters live with you? <br> IF NONE, RECORD '00'. | SONS AT HOME $\qquad$ DAUGHTERS AT HOME $\qquad$ |  |
| 204 | Do you have any sons or daughters to whom you have given birth who are alive but do not live with you? | YES................................................................................................................ NO | $\rightarrow 206$ |
| 205 | How many sons are alive but do not live with you? <br> And how many daughters are alive but do not live with you? <br> IF NONE, RECORD '00'. | SONS ELSEWHERE $\qquad$ DAUGHTERS ELSEWHERE... $\square$ |  |
| 206 | Have you ever given birth to a boy or girl who was born alive but later died? <br> IF NO, PROBE: Any baby who cried or showed signs of life but survived only a few hours or days? | YES...................................................................................................... 2 | $\rightarrow 208$ |
| 207 | How many boys have died? <br> And how many girls have died? <br> IF NONE, RECORD ‘00'. | BOYS DEAD $\qquad$ <br> GIRLS DEAD $\square$ |  |
| 208 | SUM ANSWERS TO 203, 205, AND 207, AND ENTER TOTAL. IF NONE, RECORD '00'. | TOTAL ............................... $\square$ |  |
| 209 | CHECK 208: <br> Just to make sure that I have this right: you have had in TOTAL $\qquad$ births during your life. Is that correct? |  |  |
| 210 | CHECK 208: <br> ONE OR MORE <br> NO BIRTHS <br> BIRTHS |  | $\rightarrow 226$ |

211 Now I would like to record the names of all your births, whether still alive or not, starting with the first one you had. RECORD NAMES OF ALL THE BIRTHS IN 212. RECORD TWINS AND TRIPLETS ON SEPARATE LINES.

| $212$ | 213 | 214 | 215 | 216 | $\begin{aligned} & 217 \\ & \text { IF ALIVE: } \end{aligned}$ | $\begin{aligned} & 218 \\ & \text { IF ALIVE } \end{aligned}$ | $\begin{aligned} & 219 \\ & \text { IF ALIVE: } \end{aligned}$ | $220$ <br> IF DEAD: | 221 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| What name was given to your (first/next) baby? <br> (NAME) | Were <br> any of these births twins? | Is (NAME) a boy or a girl? | In what month and year was (NAME) born? <br> PROBE: <br> What is his/her birthday? | Is (NAME) still alive? | How old was (NAME) at his/her last birthday? <br> RECORD AGE IN COMPLETED YEARS. | Is (NAME) living with you? | RECORD HOUSEHOLD LINE NUMBER OF CHILD (RECORD '00' IF CHILD NOT LISTED IN HOUSEHOLD) | How old was when he/she IF '1 YR', PR How many m was (NAME) RECORD DA LESS THAN MONTH; MO LESS THAN YEARS; OR | Were there any other live births between (NAME OF PREVIOUS BIRTH) and (NAME)? |
| 01 | SING ... 1 <br> MULT.. 2 | BOY .. 1 <br> GIRL.. 2 | MONTH $\square$ YEAR $\square$ |  | AGE IN YEARS | $\begin{aligned} & \text { YES ....... } 1 \\ & \text { NO......... } 2 \end{aligned}$ | LINE NUMBER | DAYS....... 1 <br> MONTHS. 2 <br> YEARS..... 3 |  |
| 02 | SING ... 1 <br> MULT.. 2 | $\begin{aligned} & \text { BOY .. } 1 \\ & \text { GIRL.. } 2 \end{aligned}$ | MONTH YEAR $\square$ |  | AGE IN YEARS | $\begin{aligned} & \text { YES ....... } 1 \\ & \text { NO......... } 2 \end{aligned}$ | LINE NUMBER | DAYS....... 1 <br> MONTHS. 2 <br> YEARS..... 3 | $\begin{aligned} & \text { YES.......... } 1 \\ & \text { NO ............ } 2 \end{aligned}$ |
| 03 | SING ... 1 <br> MULT.. 2 | BOY .. 1 <br> GIRL.. 2 | MONTH $\square$ YEAR $\square$ |  | AGE IN YEARS | $\begin{aligned} & \text { YES ....... } 1 \\ & \text { NO......... } 2 \end{aligned}$ | LINE NUMBER | DAYS....... 1 <br> MONTHS. 2 <br> YEARS..... 3 | $\begin{aligned} & \text { YES.......... } 1 \\ & \text { NO ............ } 2 \end{aligned}$ |
| 04 | SING ... 1 <br> MULT.. 2 | BOY .. 1 <br> GIRL.. 2 | MONTH $\square$ YEAR |  | AGE IN YEARS | $\begin{aligned} & \text { YES ....... } 1 \\ & \text { NO......... } 2 \end{aligned}$ | LINE NUMBER | DAYS....... 1 <br> MONTHS. 2 <br> YEARS..... 3 | $\begin{aligned} & \text { YES.......... } 1 \\ & \text { NO ............ } 2 \end{aligned}$ |
| 05 | SING... 1 <br> MULT .. 2 | BOY .. 1 <br> GIRL.. 2 | MONTH $\square$ YEAR $\square$ |  | AGE IN YEARS | $\begin{aligned} & \text { YES ....... } 1 \\ & \text { NO.......... } 2 \end{aligned}$ | LINE NUMBER | DAYS....... 1 <br> MONTHS. 2 <br> YEARS..... 3 | $\begin{aligned} & \text { YES.......... } 1 \\ & \text { NO ............ } 2 \end{aligned}$ |
| 06 | SING ... 1 <br> MULT.. 2 | BOY .. 1 <br> GIRL.. 2 | MONTH $\square$ YEAR $\square$ |  | AGE IN YEARS | $\begin{aligned} & \text { YES ....... } 1 \\ & \text { NO......... } 2 \end{aligned}$ | LINE NUMBER | DAYS ....... 1 <br> MONTHS. 2 <br> YEARS..... 3 | $\begin{aligned} & \text { YES.......... } 1 \\ & \text { NO ........... } 2 \end{aligned}$ |
| 07 | SING ... 1 <br> MULT.. 2 | BOY .. 1 <br> GIRL.. 2 | MONTH $\square$ YEAR $\square$ |  | AGE IN YEARS | $\begin{aligned} & \text { YES ....... } 1 \\ & \text { NO......... } 2 \end{aligned}$ | LINE NUMBER | DAYS....... 1 <br> MONTHS. 2 <br> YEARS..... 3 | $\begin{aligned} & \text { YES.......... } 1 \\ & \text { NO ............ } 2 \end{aligned}$ |
| 08 | SING ... 1 <br> MULT.. 2 | BOY .. 1 <br> GIRL.. 2 | MONTH $\square$ YEAR $\square$ |  | AGE IN YEARS | $\begin{aligned} & \text { YES ....... } 1 \\ & \text { NO......... } 2 \end{aligned}$ | LINE NUMBER | DAYS....... 1 <br> MONTHS. 2 <br> YEARS..... 3 | $\begin{aligned} & \text { YES.......... } 1 \\ & \text { NO ............ } 2 \end{aligned}$ |


| 212 | 213 | 214 | 215 | 216 | $\begin{aligned} & 217 \\ & \text { IF ALIVE: } \end{aligned}$ | $\begin{aligned} & 218 \\ & \text { IF ALIVE } \end{aligned}$ | $\begin{aligned} & 219 \\ & \text { IF ALIVE: } \end{aligned}$ | $\begin{aligned} & 220 \\ & \text { IF DEAD: } \end{aligned}$ | 221 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| What name was given to your next baby? <br> (NAME) | Were any of these births twins? | Is <br> (NAME) <br> a boy or <br> a girl? | In what month and year was (NAME) born? <br> PROBE: <br> What is his/her birthday? | Is (NAME) still alive? | How old was (NAME) at his/her last birthday? <br> RECORD AGE IN COMPLETED YEARS. | Is (NAME) living with you? | RECORD HOUSEHOLD LINE NUMBER OF CHILD (RECORD '00' IF CHILD NOT LISTED IN HOUSEHOLD) | How old was when he/she <br> IF '1 YR', PR How many m was (NAME)? RECORD DA LESS THAN MONTH; MO LESS THAN YEARS; OR | Were there any other live births between (NAME OF PREVIOUS BIRTH) and (NAME)? |
| 09 | SING ... 1 <br> MULT .. 2 | BOY .. 1 GIRL.. 2 | MONTH $\square$ YEAR |  | AGE IN YEARS | $\begin{aligned} & \text { YES ....... } 1 \\ & \text { NO......... } 2 \end{aligned}$ | LINE NUMBER | DAYS....... 1 <br> MONTHS 2 <br> YEARS..... 3 | $\begin{aligned} & \text { YES.......... } 1 \\ & \text { NO ........... } 2 \end{aligned}$ |
| 10 | SING... 1 <br> MULT.. 2 | $\begin{aligned} & \text { BOY .. } 1 \\ & \text { GIRL.. } 2 \end{aligned}$ | MONTH $\square$ YEAR |  | AGE IN YEARS | $\begin{aligned} & \text { YES ....... } 1 \\ & \text { NO......... } 2 \end{aligned}$ | LINE NUMBER | DAYS....... 1 <br> MONTHS 2 <br> YEARS..... 3 | $\begin{aligned} & \text { YES.......... } 1 \\ & \text { NO ............ } 2 \end{aligned}$ |
| 11 | SING ... 1 <br> MULT.. 2 | $\begin{aligned} & \text { BOY .. } 1 \\ & \text { GIRL.. } 2 \end{aligned}$ | MONTH $\square$ YEAR $\square$ |  | AGE IN YEARS | $\begin{aligned} & \text { YES ....... } 1 \\ & \text { NO......... } 2 \end{aligned}$ | LINE NUMBER | DAYS....... 1 <br> MONTHS 2 <br> YEARS..... 3 | $\begin{aligned} & \text { YES.......... } 1 \\ & \text { NO ............ } 2 \end{aligned}$ |
| 12 | SING... 1 <br> MULT.. 2 | $\begin{aligned} & \text { BOY .. } 1 \\ & \text { GIRL.. } 2 \end{aligned}$ | MONTH YEAR $\square$ |  | AGE IN YEARS | $\begin{aligned} & \text { YES ....... } 1 \\ & \text { NO......... } 2 \end{aligned}$ | LINE NUMBER <br> (GO TO 221) | DAYS....... 1 <br> MONTHS 2 <br> YEARS..... 3 | $\begin{aligned} & \text { YES.......... } 1 \\ & \text { NO ............ } 2 \end{aligned}$ |
| 13 | SING ... 1 <br> MULT.. 2 | $\begin{aligned} & \text { BOY .. } 1 \\ & \text { GIRL.. } 2 \end{aligned}$ | MONTH $\square$ YEAR $\square$ |  | AGE IN YEARS | $\begin{aligned} & \text { YES ....... } 1 \\ & \text { NO......... } 2 \end{aligned}$ | LINE NUMBER | DAYS....... 1 <br> MONTHS. 2 <br> YEARS..... 3 | $\begin{aligned} & \text { YES.......... } 1 \\ & \text { NO ............ } 2 \end{aligned}$ |


| 222 | Have you had any live births since the birth of (NAME OF LAST BIRTH)? | YES ................................................................................................................. |  |
| :---: | :---: | :---: | :---: |
| 223 | COMPARE 208 WITH NUMBER OF BIRTHS IN HISTORY ABOVE AND MARK: <br> NUMBERS <br> NUMBERS ARE <br> ARE SAME <br> DIFFERENT <br> (PROBE AND RECONCILE) <br> CHECK: FOR EACH BIRTH: YEAR OF BIRTH IS RECORDED. <br> FOR EACH LIVING CHILD: CURRENT AGE IS RECORDED. <br> FOR EACH DEAD CHILD: AGE AT DEATH IS RECORDED. <br> FOR AGE AT DEATH 12 MONTHS OR 1 YR.: PROBE TO DETERMINE EXACT NUMBER OF MONTHS. |  | $\square$ |
| 224 | CHECK 215 AND ENTER THE NUMBER OF BIRTHS IN 1995 OR IF NONE, RECORD '0'. |  |  |


| NO. | QUESTIONS AND FILTERS | COding Categories | SKIP |
| :---: | :---: | :---: | :---: |
| 226 | Are you pregnant now? |  | $\neg_{.229}$ |
| 227 | How many months pregnant are you? <br> IF LESS THAN 1 MONTH, RECORD " 00 ". | MONTHS $\qquad$ $\square$ |  |
| 228 | At the time you became pregnant did you want to become pregnant then, did you want to wait until later, or did you not want to have any (more) children at all? |  |  |
| 229 | Have you ever had a pregnancy that miscarried, was aborted, or ended in a stillbirth? | YES.................................................................................................................... | $\rightarrow 233$ |
| 230 | When did the last such pregnancy end? | MONTH. <br> YEAR $\qquad$ |  |
| 232 | How many months pregnant were you when the last such pregnancy ended? <br> IF LESS THAN 1 MONTH, RECORD '00’. | MONTHS |  |
| 233 | When did your last menstrual period start? <br> (DATE, IF GIVEN) |  |  |
| 234 | From one menstrual period to the next, is there a time when a woman is more likely to become pregnant if she has sexual relations? |  | $\text { 그. } 301$ |
| 235 | Is this time just before her period begins, during her period, right after her period has ended, or half way between two periods? | JUST BEFORE HER PERIOD BEGINS .... 1 DURING HER PERIOD ............................ 2 RIGHT AFTER HER <br> PERIOD HAS ENDED. $\qquad$ <br> HALF WAY BETWEEN PERIODS ............ 4 <br> OTHER $\qquad$ 6 <br> (SPECIFY) <br> DON'T KNOW. ... 8 |  |

Now I would like to talk about family planning - the various ways or methods that a couple can use to delay or avoid a pregnancy. CIRCLE CODE 1 IN 301 FOR EACH METHOD MENTIONED SPONTANEOUSLY. THEN PROCEED DOWN COLUMN 301, READING THE NAME AND DESCRIPTION OF EACH METHOD NOT MENTIONED SPONTANEOUSLY. CIRCLE CODE 1 IF METHOD IS RECOGNISED, AND CODE 2 IF NOT RECOGNISED. THEN, FOR EACH METHOD WITH CODE 1 CIRCLED IN 301, ASK 302.

| 301 | Which ways or methods have you heard about? FOR METHODS NOT MENTIONED SPONTANEOUSLY, ASK: Have you ever heard of (METHOD)? |  | 302 Have you ever used (METHOD)? |
| :---: | :---: | :---: | :---: |
| 01 | FEMALE STERILISATION Women can have an operation to avoid having any more children. | YES ................................... 1 NO.................................. 2 ᄀ | Have you ever had an operation to avoid having any more children? |
| 02 | MALE STERILISATION Men can have an operation to avoid having any more children. | $\begin{aligned} & \text { YES .................................... } 1 \\ & \text { NO.................................. } 2 \text { ᄀ } \end{aligned}$ | Have you ever had a partner who had an operation to avoid having any more children? |
| 03 | PILL Women can take a pill every day to stop them from becoming pregnant. | $\begin{aligned} & \text { YES..................................... } 1 \\ & \text { NO......................... } 2 \text { ᄀ } \end{aligned}$ | YES................................................................................................... |
| 04 | IUD Women can have a loop or coil placed inside them by a doctor or a nurse. | $\begin{aligned} & \text { YES .......................................... } 1 \\ & \text { NO...................... } 2 \text { ᄀ } \end{aligned}$ | YES........................................................................................................ |
| 05 | INJECTIONS Women can have an injection by a health provider which stops them from becoming pregnant for one or more months. | $\begin{aligned} & \text { YES .............................................................. } 2 \text { ᄀ } \\ & \text { NO...... } \end{aligned}$ | YES...................................................................................................... |
| 06 | CONDOM Men can put a rubber sheath on their penis before sexual intercourse. | $\begin{aligned} & \text { YES..................................... } 1 \\ & \text { NO......................... } 2 \text { ᄀ } \end{aligned}$ | YES........................................................................................................ |
| 07 | FEMALE CONDOM Women can place a sheath in their vagina before sexual intercourse. | $\begin{aligned} & \text { YES................................................................ } 2 \text { ᄀ } \\ & \text { NO...... } \end{aligned}$ | YES.................................................................................................... |
| 08 | DIAPHRAGM /FOAM/JELLY Women can place a sponge, suppository, diaphragm, jelly or cream in their vagina before intercourse. | $\begin{aligned} & \text { YES ............................................................... } 2 \text { ᄀ } \\ & \text { NO...... } \end{aligned}$ | YES.......................................................................................................... |
| 09 | RHYTHM OR PERIODIC ABSTINENCE Every month that a woman is sexually active she can avoid pregnancy by not having sexual intercourse on the days of the month she is most likely to get pregnant. | $\begin{aligned} & \text { YES ........................................ } 1 \\ & \text { NO....................... } 2 \text { ᄀ } \end{aligned}$ | YES...................................................................................................... |
| 10 | WITHDRAWAL Men can be careful and pull out before climax. | $\begin{aligned} & \text { YES .............................................................. } 2 \text { ᄀ } \\ & \text { NO....... } \end{aligned}$ | YES.......................................................................................................... |
| 11 | EMERGENCY CONTRACEPTION Women can take pills up to three days after sexual intercourse to avoid becoming pregnant. | $\begin{aligned} & \text { YES ........................................ } 1 \\ & \text { NO....................... } 2 \text { ᄀ } \end{aligned}$ | YES....................................................................................................... |
| 12 | Have you heard of any other ways or methods that women or men can use to avoid pregnancy? | YES ................................... 1   <br>    <br>  (SPECIFY)  <br> NO   <br>    <br>   2 SPECIFY) <br>    | YES........................................................ 1 NO ....................................... 2 YES..................................................................................................................... |
| 303 | $\begin{array}{rrr} \text { CHECK 302: } & \\ \text { NOT A SINGLE } \\ \text { 'YES' } \\ \text { (NEVER USED) } \end{array} \quad \square \quad \text { AT LEAST ONE }$ |  | $\longrightarrow 306$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 304 | Have you ever used anything or tried in any way to delay or avoid getting pregnant? | YES .............................................................................................................. NO | $\rightarrow 323$ |
| 305 | What have you used or done? <br> CORRECT 302 AND 303 (AND 301 IF NECESSARY). |  |  |
| 306 | Now I would like to ask you about the first time that you did something or used a method to avoid getting pregnant. <br> How many children did you have at that time, if any? <br> IF NONE, RECORD '00'. | NUMBER OF CHILDREN .......... $\square$ |  |
| 307 | CHECK 302 (01): <br> WOMAN NOT <br> WOMAN STERILISED STERILISED |  | $\rightarrow 310 \mathrm{~A}$ |
| 308 | CHECK 226: <br> NOT PREGNANT $\square$ PREGNANT OR UNSURE OR UNSURE |  | $\longrightarrow 323$ |
| 309 | Are you currently doing something or using any method to delay or avoid getting pregnant? | YES .............................................................................................................. NO | - 323 |
| 310 | Which method are you using? <br> CIRCLE 'A' FOR FEMALE STERILISATION. <br> IF MORE THAN ONE METHOD MENTIONED, FOLLOW SKIP INSTRUCTION FOR HIGHEST METHOD ON LIST. |  | $\left[\begin{array}{l} ]_{-311} \\ {[-313 A} \end{array}\right.$ |
| 311 | Where did the sterilisation take place? <br> IF SOURCE IS HOSPITAL, HEALTH CENTRE, OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. <br> (NAME OF PLACE) <br> IF BOTH CODE 'A’ AND CODE ‘B’ ARE CIRCLED IN 310, ASK 313316 ABOUT FEMALE STERILISATION ONLY. |  |  |
| 312 | CHECK 310: | YES ................................................................................................................................................................ |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 313 $313 A$ | In what month and year was the sterilisation performed? <br> For how long have you been using (CURRENT METHOD) without stopping? <br> PROBE: In what month and year did you start using (CURRENT METHOD) continuously? | MONTH $\qquad$ <br> YEAR. $\square$ |  |
| 314 | CHECK 313/313A: <br> YEAR IS 1995 <br> YEAR IS 1994 OR LATER OR EARLIER |  | $\longrightarrow 321$ |
| 315 | CHECK 310/310A: <br> CIRCLE METHOD CODE: <br> IF MORE THAN ONE METHOD CODE CIRCLED IN 310/310A, CIRCLE CODE FOR HIGHEST METHOD IN LIST. |  | $\begin{aligned} & \longrightarrow 318 \\ & \longrightarrow 401 \\ & \\ & \longrightarrow 401 \\ & \longrightarrow 401 \end{aligned}$ |
| 316 | Where did you obtain (CURRENT METHOD) when you started using it? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER, OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. |  |  |
| 317 | CHECK 310/310A: <br> CIRCLE METHOD CODE: <br> IF MORE THAN ONE METHOD CODE CIRCLED IN 310/310A, CIRCLE CODE FOR HIGHEST METHOD IN LIST. |  | $\begin{aligned} & \longrightarrow 322 \\ & \longrightarrow 320 \\ & \longrightarrow 320 \end{aligned}$ |
| 318 | You first obtained (CURRENT METHOD) from (SOURCE OF METHOD FROM 311 OR 316). <br> At that time, were you told about side effects or problems you might have with the method? | $\begin{aligned} & \text { YES ................................................................................................................ } \\ & \text { NO....... } \end{aligned}$ | $\rightarrow 320$ |
| 319 | Were you told what to do if you experienced side effects or problems? | $\begin{aligned} & \text { YES .............................................................................................................. } \\ & \text { NO...... } \end{aligned}$ |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 320 | CHECK 318: CODE '1' NOT <br> CIRCLED  <br>   <br>  You first obtained (CURRENT <br>  METHOD) from (SOURCE OF <br>  METHOD FROM 311 OR 316. | YES $\qquad$ 1 <br> NO |  |
| 321 | CHECK 310/310A: <br> CIRCLE METHOD CODE: <br> IF MORE THAN 1 METHOD CIRCLED IN Q. 310/310A, CIRCLE THE HIGHEST METHOD ON THE LIST IN Q. 321. |  | $\begin{gathered} \longrightarrow 401 \\ \\ \\ \\ \\ \longrightarrow 401 \\ \longrightarrow 401 \\ \longrightarrow 401 \\ \longrightarrow 401 \end{gathered}$ |
| 322 | Where did you obtain (CURRENT METHOD) the last time? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER, OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. |  |  |
| 323 | Do you know of a place where you can obtain a method of family planning? | YES ........................................................................................................... 1 | $\longrightarrow 401$ |
| 324 | Where is that? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER, OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. <br> (NAME OF PLACE) <br> Any other places? <br> RECORD ALL MENTIONED. |  |  |

SECTION 4A. PREGNANCY, POSTNATAL CARE AND BREASTFEEDING


|  |  | LAST BIRTH <br> NAME | NEXT-TO-LAST BIRTH <br> NAME $\qquad$ |
| :---: | :---: | :---: | :---: |
| 411 | How many months pregnant were you the last time you received antenatal care? | MONTHS $\qquad$ $\square$ DON'T KNOW $\qquad$ |  |
| 412 | Were you told about the signs of pregnancy complications? |  |  |
| 413 | Were you told where to go if you had these complications? | YES .................................................................................................................................... |  |
| 414 | When (NAME) was born, was he/she: very large, larger than average, average, smaller than average, or very small? | VERY LARGE ................................. 1 LARGER THAN AVERAGE ............ 2 AVERAGE................................. 3 SMALLER THAN AVERAGE ......... 4 VERY SMALL............................ 5 DON'T KNOW ........................... 8 |  |
| 415 | Was (NAME) weighed at birth? |  | YES ................................................ 1 NO .................................................... 2 (SKIP TO 417)•• DON'T KNOW ............................... 8 |
| 416 | How much did (NAME) weigh? <br> RECORD WEIGHT FROM HEALTH CARD, IF AVAILABLE. | GRAMS FROM CARD $\qquad$ 1 <br> GRAMS FROM <br> RECALL $\qquad$ 2 <br> DON'T KNOW $\qquad$ 99998 | GRAMS FROM CARD $\qquad$ 1 <br> GRAMS FROM <br> RECALL $\qquad$ 2 <br> DON'T KNOW $\qquad$ 99998 |
| 417 | Who assisted with the delivery of (NAME)? <br> Anyone else? <br> PROBE FOR THE TYPE OF PERSON AND RECORD ALL PERSONS ASSISTING. | ```HEALTH PROFESSIONAL DOCTOR..................................A NURSE/MIDWIFE .....................B OTHER PERSON TRADITIONAL BIRTH ATTENDANT.........................D RELATIVE/FRIEND .................E \\ OTHER``` $\qquad$ <br> ```(SPECIFY) \\ NO ONE``` $\qquad$ |  |
| 418 | Where did you give birth to (NAME)? | HOME <br> YOUR HOME .......................... 11 <br> (SKIP TO 421)OTHER HOME...................... 12 |  |



|  |  | LAST BIRTH <br> NAME $\qquad$ | NEXT-TO-LAST BIRTH <br> NAME $\qquad$ |
| :---: | :---: | :---: | :---: |
| 432 | How long after birth did you first put (NAME) to the breast? <br> IF LESS THAN 1 HOUR, RECORD '00' HOURS. <br> IF LESS THAN 24 HOURS, RECORD HOURS. OTHERWISE, RECORD DAYS. | IMMEDIATELY $\qquad$ 000 <br> HOURS $\qquad$ . 1 <br> DAYS $\qquad$ .2 | IMMEDIATELY $\qquad$ 000 <br> HOURS $\qquad$ <br> DAYS. $\qquad$ <br> 2 |
| 433 | CHECK 404: <br> CHILD ALIVE? | ALIVE | ALIVE |
| 434 | Are you still breastfeeding (NAME)? | YES ............................................... 1 (SKIP TO 438) 1 NO.................................................... 2 | YES ................................................ 1 (SKIP TO 438) NO ..................................................... 2 |
| 435 | For how many months did you breastfeed (NAME)? | MONTHS $\qquad$ $\square$ DON'T KNOW $\qquad$ 98 | MONTHS $\qquad$ $\square$ DON'T KNOW $\qquad$ |
| 436 | CHECK 404: <br> CHILD ALIVE? |  | ALIVE DEAD <br> (GO TO 437) <br> (SKIP TO 438) |
| 437 | You said that (NAME) died. Did he/she die at home or in a hospital or clinic? <br> FOR ANY KIND OF HEALTH FACILITY, CIRCLE CODE '2'. | AT HOME $\qquad$ AT HOSPITAL/CLINIC ..................... 2 ON WAY TO HOSPITAL/CLINIC .... 3 DON T KNOW $\qquad$ 8 <br> ALL GO BACK TO 403 IN NEXT COLUMN OR, IF NO MORE BIRTHS, GO TO 442 | AT HOME $\qquad$ .1 <br> AT HOSPITAL/CLINIC .................... 2 ON WAY TO HOSPITAL/CLINIC .... 3 DON T KNOW $\qquad$ 8 <br> ALL GO BACK TO 403 IN NEXT COLUMN OR, IF NO MORE BIRTHS, GO TO 442 |
| 438 | Did (NAME) drink anything from a bottle with a nipple yesterday or last night? | YES ...................................................................................................................................... | YES ..................................................................................................................................... |
| 439 | Now I would like to ask you about the types of foods and liquids (NAME) was given yesterday. At any time yesterday or last night, was he/she given any of the following: <br> Vitamins, minerals, or medicine? <br> Plain water? <br> Tinned, powdered, fresh milk or infant formula? <br> Fruit juice, tea, soda? <br> Any other liquids? <br> Solid or semi-solid (mushy) food? | YES NO DK   <br> VITAMINS, MEDICINE...... 1 2 8 <br> PLAIN WATER ................. 1 2 8 <br> MILK ............................. 1 2 8 <br> FRUIT JUICE, TEA,SODA 1 2 8 <br> OTHER LIQUIDS ............. 1 2 8 <br> MUSHY FOOD .................. 1 2 8 | YES NO DK   <br> VITAMINS, MEDICINE ...... 1 2 8 <br> PLAIN WATER ................. 1 2 8 <br> MILK ............................ 1 2 8 <br> FRUIT JUICE,TEA,SODA. . 1 2 8 <br> OTHER LIQUIDS.............. 1 2 8 <br> MUSHY FOOD .................. 1 2 8 |
| 440 | How many times did (NAME) eat solid, semisolid, or soft foods other than liquids yesterday during the day or at night? <br> IF 7 OR MORE TIMES, RECORD ' 7 '. | NUMBER OF TIMES $\qquad$ $\square$ DON'T KNOW $\qquad$ | NUMBER OF TIMES $\qquad$ $\square$ DON'T KNOW $\qquad$ |
| 441 |  | GO BACK TO 403 IN NEXT COLUMN; OR, IF NO MORE BIRTHS, GO TO 442. | GO BACK TO 403 IN NEXT COLUMN; OR, IF NO MORE BIRTHS, GO TO 442. |



|  |  | LAST BIRTH <br> NAME $\qquad$ | NEXT-TO-LAST BIRTH <br> NAME |
| :---: | :---: | :---: | :---: |
| 449 | Has (NAME) received any vaccinations that are not recorded on this card, including vaccinations received in a national immunization day campaign? <br> RECORD 'YES' ONLY IF RESPONDENT MENTIONS BCG, POLIO 0-3, DPT 1-3, AND/OR MEASLES VACCINE(S). |  |  |
| 450 | Did (NAME) ever receive any vaccinations to prevent him/her from getting diseases, including vaccinations received in a national immunization day campaign? | YES .................................................................................................................................................... | YES...................................................................................................................................................... (SKIP TO |
| 451 | Please tell me if (NAME) received any of the following vaccinations: <br> A BCG vaccination against tuberculosis, that is, an injection in the arm or shoulder that usually causes a scar? | YES ...................................................................................................................................... | YES........................................................................................................................................... |
| 451B | Polio vaccine, that is, drops in the mouth? | YES ................................................................................................................................................. (SKIP TO 451E) | YES.................................................................................................................................................. (SKIP TO |
| 451C | When was the first polio vaccine received, just after birth or later? | JUST AFTER BIRTH ................................................................... | JUST AFTER BIRTH ...................................................................... |
| 451D | How many times was the polio vaccine received? | NUMBER OF TIMES | NUMBER OF TIMES |
| 451E | DPT vaccination, that is, an injection given in the thigh, usually at the same time as polio drops? | YES ...................................................................................................................................................... | YES.................................................................................................................................................... (SKIP TO |
| 451F | How many times? | NUMBER OF TIMES | NUMBER OF TIMES $\qquad$ $\square$ |
| 451G | An injection to prevent measles? | YES ........................................................................................................................................ | YES.......................................................................................................................................... |
| 452 | Were any of the vaccinations (NAME) received during the last two years given as a part of a national immunisation day campaign? |  |  |
| 453 | At which national immunization day campaigns did (NAME) receive vaccinations? <br> RECORD ALL MENTIONED. | JULY 2000 (SECOND ROUND)......A <br> JUNE 2000 (FIRST ROUND) .......... B <br> JUNE 1999 (SECOND ROUND) .....C <br> APRIL 1999 (FIRST ROUND) ........ D | JULY 2000 (SECOND ROUND) ......A <br> JUNE 2000 (FIRST ROUND) ..........B <br> JUNE 1999 (SECOND ROUND) .... C <br> APRIL 1999 (FIRST ROUND) ........ D |
| 453A | Does (NAME) have a birth certificate? <br> IF YES: may I see it please? | YES, SEEN.................................... 1 $($ SKIP TO 454)\& |  |
| 453B | Has (NAME)'s birth been registered? |  |  |


|  |  | LAST BIRTH <br> NAME | NEXT-TO-LAST BIRTH <br> NAME $\qquad$ |
| :---: | :---: | :---: | :---: |
| 453C | Why is (NAME)'s birth not registered? | COSTS TOO MUCH....................... 1 <br> MUST TRAVEL TOO FAR .............. 2 <br> DID NOT KNOW IT SHOULD BE.... 3 <br> LATE, DIDN'T WANT TO <br> PAY FINE ................................... 4 <br> DOES NOT KNOW WHERE TO <br> GO TO REGISTER..................... 5 <br> OTHER $\qquad$ 6 <br> (SPECIFY) <br> DON'T KNOW $\qquad$ |  |
| 453D | Do you know a place where you can get your child birth registered? | YES .............................................................................................. | YES................................................................................................. |
| 454 | Has (NAME) been ill with a fever at any time in the last 2 weeks? | YES .................................................................................................................................... | YES........................................................................................................................................ |
| 455 | Has (NAME) had an illness with a cough at any time in the last 2 weeks? |  | YES....................................................................................................................... 8 (SKIP TO 457) |
| 456 | When (NAME) had an illness with a cough, did he/she breathe faster than usual with short, fast breaths? | YES .................................................................................................................................... | YES....................................................................................................................................... |
| 456A | Were the symptoms due to a problem in the chest or a blocked nose? |  |  |
| 457 | CHECK 454 AND 455: <br> FEVER OR COUGH? |  |  |
| 458 | Did you seek advice or treatment for the fever/cough? |  |  |
| 459 | Where did you seek advice or treatment? <br> Anywhere else? <br> RECORD ALL MENTIONED. |  |  |


|  |  | LAST BIRTH <br> NAME | NEXT-TO-LAST BIRTH <br> NAME |
| :---: | :---: | :---: | :---: |
| 460 | CHECK 454: HAD FEVER? | 'YES' IN 454 <br> 'NO'/'DK' IN 454 $\square$ <br> (SKIP TO 463) | 'YES' IN 454 <br> 'NO'/'DK' IN 454 <br> (SKIP TO 463 |
| 461 | Did (NAME) take any medicine for the fever? |  | YES................................................................................................................................................ (SKIP TO |
| 462 | What medicine did (NAME) take? <br> RECORD ALL MENTIONED. <br> ASK TO SEE MEDICINE IF TYPE OF DRUG IS NOT KNOWN. IF TYPE OF DRUG IS STILL NOT DETERMINED, SHOW TYPICAL ANTIMALARIAL DRUGS TO RESPONDENT. |  |  |
| 463 | Has (NAME) had diarrhoea in the last 2 weeks? |  | YES.................................................................................................................................................... (SKIP TO |
| 463A | Was there any blood in the stools? | YES .................................................................................................................................... | YES........................................................................................................................................ |
| 464 | Now I would like to know how much (NAME) was offered to drink during the diarrhoea. Was he/she offered less than usual to drink, about the same amount, or more than usual to drink? <br> IF LESS, PROBE: Was he/she offered much less than usual to drink or somewhat less? |  |  |
| 465 | When (NAME) had diarrhoea, was he/she offered less than usual to eat, about the same amount, more than usual, or nothing to eat? <br> IF LESS, PROBE: Was he/she offered much less than usual to eat or somewhat less? | MUCH LESS................................................................................................................................................................... 8 SOMEWHAT LESS |  |
| 466 | Was he/she given any of the following: | YES NO DK | YES NO DK |
| a | A fluid made from a special sachet called ORS? | FLUID FROM ORS SCHT. 128 | FLUID FROM ORS PKT ... 128 |
| b | Cereal, ontaku, mageu, or soup? | CEREAL/SOUP ............... 1 2 8 | CEREAL/SOUP ............... 128 |
| c | Milk, omaere, or infant formula? | MILK, FORMULA............. 128 | MILK, FORMULA............. 128 |
| 467 | Was anything (else) given to treat the diarrhoea? |  | YES......................................................................................................................... 8 (SKIP TO 469) |
| 468 | What was given to treat the diarrhoea? Anything else? <br> RECORD ALL MENTIONED. | PILL OR SYRUP $\qquad$ A <br> INJECTION. $\qquad$ <br> (I.V.) INTRAVENOUS. $\qquad$ <br> HOME REMEDIES/ <br> HERBAL MEDICINES $\qquad$ <br> OTHER $\qquad$ X (SPECIFY) |  |
| 469 | Did you seek advice or treatment for the diarrhoea? | YES ....................................................................................................... (SKIP TO 470A) | YES..................................................................................................................... (SKIP TO 470A) |


|  |  | LAST BIRTH <br> NAME $\qquad$ | NEXT-TO-LAST BIRTH <br> NAME $\qquad$ |
| :---: | :---: | :---: | :---: |
| 470 | Where did you seek advice or treatment? <br> Anywhere else? <br> RECORD ALL MENTIONED. |  | PUBLIC SECTOR <br> GOVT. HOSPITAL.......................A <br> GOVT.HEALTH CNTR/CLINIC....B <br> PHC CLINIC (MOBILE) .............. C <br> COMMUN.HEALTH WORKER... D <br> OTHER PUBLIC $\qquad$ <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PVT. HOSPITAL/CLINIC ............ G <br> PHARMACY $\qquad$ <br> PRIVATE DOCTOR. $\qquad$ <br> OTHER PRIVATE <br> MEDICAL $\qquad$ L (SPECIFY) <br> OTHER SOURCE <br> SHOP $\qquad$ . M <br> TRAD. PRACTITIONER $\qquad$ <br> OTHER $\qquad$ X |
| 470A | Did (NAME) sleep under a bednet last night? |  | YES................................................................................................................................................... (SKIP TO |
| 470B | Was this bednet ever treated with a product to kill mosquitos? |  |  |
| 470C | When was the bednet last treated? | MONTHS AGO $\qquad$ $\square$ DON'T KNOW $\qquad$ | MONTHS AGO $\qquad$ $\square$ <br> DON'T KNOW $\qquad$ |
| 471 |  | GO BACK TO 444 IN NEXT COLUMN; OR, IF NO MORE BIRTHS, GO TO 472. | GO BACK TO 444 IN NEXT COLUMN; OR, IF NO MORE BIRTHS, GO TO 472. |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 472 | CHECK 444, ALL COLUMNS: <br> NUMBER OF LIVING CHILDREN BORN IN 1995 OR LATER <br> ONE OR <br> NONE MORE |  | $\longrightarrow 475$ |
| 473 | What is usually done to dispose of your (youngest) child's stools when he/she does not use any toilet facility? |  |  |
| 473A | Sometimes children have severe illnesses and should be taken immediately to a health facility. What types of symptoms should cause you to take your child to a health facility right away? <br> Any others? <br> DO NOT READ CODES. DO NOT SUGGEST ANSWERS. RECORD ALL MENTIONED. | UNABLE TO DRINK OR BREASTFEED A CHILD BECOMES SICKER ....................B CHILD DEVELOPS FEVER ....................C CHILD HAS FAST BREATHING .............D CHILD HAS DIFFICULT BREATHING....E CHILD HAS BLOOD IN STOOL..............F CHILD IS DRINKING POORLY...............G OTHER $\qquad$ Y (SPECIFY) <br> OTHER $\qquad$ Z (SPECIFY) |  |
| 474 | CHECK 466a, ALL COLUMNS: <br> NO CHILD <br> ANY CHILD <br> RECEIVED FLUID <br> RECEIVED FLUID <br> FROM ORS PACKET <br> FROM ORS PACKET | — | $\rightarrow$ 475A |
| 475 | Have you ever heard of a special product called ORS you can get for the treatment of diarrhoea? | $\begin{aligned} & \text { YES .................................................................................................................. } \\ & \text { NO...... } \end{aligned}$ | $\longrightarrow 476$ |
| 475A | Do you have a sachet of ORS in your house now? | YES .......................................................................................................... NO....... |  |
| 476 | Did you sleep under a bednet last night? | YES ............................................................................................................. NO...... |  |
| 477 | Now I would like to ask you some questions about medical care for you yourself. <br> Many things can prevent women from getting medical advice or treatment for themselves. When you are sick and want to get medical advice or treatment, is each of the following a big problem, a small problem, or no problem for you? <br> Not knowing where to go. <br> Getting permission to go. <br> Getting money needed for treatment. <br> Not having a health facility nearby. <br> Difficulty getting transport. <br> Concern that the clinic staff are not helpful or kind. | BIG <br> PROBLEM SMALL <br> PROBLEM NO <br> PROBLEM <br> 1 2 3 <br> 1 2 3 <br> 1 2 3 <br> 1 2 3 <br> 1 2 3 <br> 1 2 3 |  |
| 478 | The last time you prepared a meal for your family, before starting, did you wash your hands? | YES ........................................................................................................................................................... |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 479 | Do you currently smoke cigarettes or tobacco? <br> IF YES: What type of tobacco do you smoke? | YES, CIGARETTES ................................................................................................................................................................................. | $\begin{aligned} & \longrightarrow 481 \\ & \longrightarrow 481 \end{aligned}$ |
| 480 | In the last 24 hours, how many cigarettes did you smoke? | CIGARETTES $\qquad$ $\square$ |  |
| 481 | How old were you when you first started smoking? | AGE $\qquad$ $\square$ |  |
| 482 | Have you ever drunk an alcohol-containing beverage? | YES ............................................................................................................... NO | $\rightarrow 484$ |
| 483 | In the last month, on how many days did you drink an alcoholcontaining beverage? | NUMBER OF DAYS $\qquad$ $\square$ NONE/NEVER $\qquad$ 95 |  |
| 484 | Have you ever had a "Pap" smear to test for cervical cancer? <br> PROBE: When a doctor or nurse takes a swab in your vagina and sends the slide to the laboratory for analysis? | YES .................................................................................................................................. |  |
| 485 | Has a doctor or nurse ever felt your breasts to check for lumps that might be breast cancer? | YES .............................................................................................................. 8 NO................... |  |
| 486 | CHECK 215: |  | $\longrightarrow 501$ |
| 487 | Do you have a card or other document with your own immunizations listed? <br> IF YES: may I see it please? |  |  |
| 487A | When you were pregnant with your last child, did you receive any injection to prevent him or her from getting convulsions after birth, that is an anti-tetanus injection in the top of your arm or shoulder? | YES ......................................................................................................................................................... | $\begin{aligned} & \rightarrow 487 C \\ & \rightarrow 487 C \end{aligned}$ |
| 487B | How many doses of tetanus toxoid did you receive during your last pregnancy? | DOSES DURING LAST PREG. .... $\square$ <br> DOES NOT KNOW $\qquad$ 8 |  |
| 487C | Did you receive any tetanus toxoid injection at any time after your last pregnancy? | YES ........................................................................................................................................................ | $\left\lvert\, \begin{aligned} & -\rightarrow 487 E \\ & \rightarrow 487 E \end{aligned}\right.$ |
| 487D | How many doses of tetanus toxoid did you receive after your last pregnancy? | DOSES AFTER LAST PREG <br> DOES NOT KNOW $\qquad$ |  |
| 487E | Did you receive any tetanus toxoid injection at any time before your last pregnancy, including during a previous pregnancy or between pregnancies? | YES ......................................................................................................................................................... | $\underset{\rightarrow 487 G}{\rightarrow \rightarrow 487 G}$ |
| 487F | How many doses of tetanus toxoid did you receive before your last pregnancy? | DOSES BEFORE $\qquad$ $\square$ <br> DOES NOT KNOW $\qquad$ 8 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 487G | When did you receive the most recent dose of tetanus toxoid? <br> THIS REFERS TO THE MOST RECENT DOSE, WHETHER IT WAS DURING, AFTER OR BEFORE HER LAST PREGNANCY. | MONTH $\qquad$ $\square$ DON'T KNOW MONTH $\qquad$ 98 YEAR $\qquad$ $\square$ DON'T KNOW YEAR $\qquad$ 9998 | $\rightarrow$ 501 |
| 487H | How many years ago did you receive the most recent dose? | YEARS AGO ....................... $\square$ |  |

SECTION 5. MARRIAGE AND SEXUAL ACTIVITY

| NO. | QUESTIONS AND FILTERS | CODING CATEGOR | SKIP |
| :---: | :---: | :---: | :---: |
| 501 | Are you currently married or living with a man? | YES, CURRENTLY MARRIED CERTIFICATE. YES, MARRIED BY CUSTOM YES, LIVING WITH A MAN. NO, NOT IN UNION | $\square .504$ |
| 502 | Have you ever been married or lived with a man? | YES, FORMERLY MARRIED CERTIFICATE. <br> YES, FORMERLY MARRIED CUSTOM. <br> YES, LIVED WITH A MAN NO. | $\begin{aligned} & \longrightarrow 508 \\ & \longrightarrow 511 \end{aligned}$ |
| 503 | What is your marital status now: are you widowed, divorced, or separated? | WIDOWED DIVORCED SEPARATED | $\underset{\square}{\square} 508$ |
| 504 | Is your husband/partner living with you now or is he staying elsewhere? | LIVING WITH HER STAYING ELSEWHERE |  |
| 505 | RECORD THE HUSBAND S NAME AND LINE NUMBER FROM THE HOUSEHOLD QUESTIONNAIRE. IF HE IS NOT LISTED IN THE HOUSEHOLD, RECORD '00'. | NAME <br> LINE NO. |  |
| 506 | Does your husband/partner have any other wives besides yourself? | YES <br> NO. <br> DOES NOT KNOW | $\begin{aligned} & \longrightarrow 508 \\ & \longrightarrow 508 \end{aligned}$ |
| 507 | How many other wives does he have? | NUMBER <br> DON'T KNOW |  |
| 508 | Have you been married or lived with a man only once, or more than once? | ONCE <br> MORE THAN ONCE |  |
| 509 | CHECK 508: | MONTH $\qquad$ <br> DON'T KNOW MONTH $\qquad$ <br> YEAR $\qquad$ $\square$ <br> DON'T KNOW YEAR $\qquad$ | $\longrightarrow 511$ |
| 510 | How old were you when you started living with him? | AGE |  |
| 511 | Now I need to ask you some questions about sexual activity in order to gain a better understanding of some family life issues. <br> How old were you when you first had sexual intercourse (if ever)? | NEVER <br> AGE IN YEARS $\qquad$ <br> FIRST TIME WHEN STARTED WITH (FIRST) HUSBAND/PA | $\longrightarrow 521$ |
| 512 | When was the last time you had sexual intercourse? <br> RECORD 'YEARS AGO' ONLY IF LAST INTERCOURSE WAS ONE OR MORE YEARS AGO. | DAYS AGO $\qquad$ <br> WEEKS AGO $\qquad$ <br> MONTHS AGO $\qquad$ 3 <br> YEARS AGO $\qquad$ 4 | $\longrightarrow 521$ |
| 513 | The last time you had sexual intercourse, was a condom used? | YES <br> NO. | $\rightarrow 513 B$ |



| NO. | QUESTIONS AND FILTERS | COding Categories | SKIP |
| :---: | :---: | :---: | :---: |
| 517B | What is the main reason you used a condom on that occasion? | RESPONDENT WANTED TO <br> PREVENT STD/HIV ........................... 1 <br> RESPONDENT WANTED TO <br> PREVENT PREGNANCY .................. 2 <br> RESPONDENT WANTED TO <br> PREVENT BOTH STD/HIV AND <br> PREGNANCY ................................... 3 <br> DID NOT TRUST PARTNER/HE <br> HAS OTHER PARTNERS $\qquad$ <br> PARTNER INSISTED ............................ 5 <br> OTHER $\qquad$ <br> (SPECIFY) |  |
| 518 | What is your relationship to this other man? <br> IF MAN IS "BOYFRIEND" OR "FIANCE", ASK: <br> Was your boyfriend/fiance living with you when you last had sex? <br> IF YES, RECORD '01'. <br> IF NO, RECORD '02'. |  | $\rightarrow$ 519A |
| 519 | For how long have you had a sexual relationship with this man? | DAYS <br> WEEKS <br> MONTHS. <br> YEARS $\square$1   <br>    <br>    <br>    <br>    <br>    <br>    <br>    |  |
| 519A | Other than these two men, have you had sexual intercourse with anyone else in the last 12 months? |  | - 521 |
| 519B | The last time you had sexual intercourse with this other man, was a condom used? | $\begin{aligned} & \text { YES......................................................................................................... } 2 \end{aligned}$ | $\rightarrow$ 519D |
| 519C | What is the main reason you did not use a condom on that occasion? | NOT AVAILABLE/COST TOO MUCH... 01 USED A FAMILY PLAN. METHOD........ 02 TRUSTED PARTNER. $\qquad$ <br> PARTNER TESTED NEGATIVE/NO RISK... $\qquad$ <br> PARTNER REFUSED/OBJECTED....... 06 PARTNER DRUNK/ON DRUGS........... 07 WANTED TO GET PREGNANT ........... 08 OTHER $\qquad$ 96 | $\left[\begin{array}{l}  \\ \\ \end{array}\right.$ |
| 519D | What is the main reason you used a condom on that occasion? | RESPONDENT WANTED TO <br> PREVENT STD/HIV ........................... 1 <br> RESPONDENT WANTED TO <br> PREVENT PREGNANCY .................. 2 <br> RESPONDENT WANTED TO <br> PREVENT BOTH STD/HIV AND <br> PREGNANCY ................................... 3 <br> DID NOT TRUST PARTNER/HE <br> HAS OTHER PARTNERS $\qquad$ <br> PARTNER INSISTED ............................ 5 <br> OTHER $\qquad$ 6 <br> (SPECIFY) |  |
| 519E | What is your relationship to this other man? <br> IF MAN IS "BOYFRIEND" OR "FIANCE", ASK: <br> Was your boyfriend/fiance living with you when you last had sex? <br> IF YES, RECORD '01'. <br> IF NO, RECORD '02'. |  | $\longrightarrow 520$ |


| No. | QUESTIONS AND FILTERS | COding Categories | SKIP |
| :---: | :---: | :---: | :---: |
| 519F | For how long have you had a sexual relationship with this man? | DAYS <br> WEEKS MONTHS <br> YEARS. |  |
| 520 | In total, with how many different men have you had sex in the last 12 months? | NUMBER OF PARTNERS..... $\square$ |  |
| 521 | Do you know of a place where one can get condoms? | YES............................................................................................................... NO...... | $\rightarrow 524$ |
| 522 | Where is that? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER, OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. <br> (NAME OF PLACE) <br> Any other place? <br> RECORD ALL MENTIONED. |  |  |
| 523 | If you wanted to, could you yourself get a condom? |  |  |
| 524 | In the last few months have you heard about condoms: <br> On the radio? <br> On the television? <br> In a newspaper or magazine? |  YES NO <br> RADIO ...................................... 1 2  <br> TELEVISION ......................... 1 2  <br> NEWSPAPER OR MAGAZINE ... 1 2  |  |



| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 607 | CHECK 602: <br> WANTS <br> A/ANOTHER CHILD <br> You have said that you do not want (a/another) child soon, but you are not using any method to avoid pregnancy. <br> Can you tell me why? <br> WANTS NO (MORE) CHILDREN <br> You have said that you do not want any (more) children, but you are not using any method to avoid pregnancy. <br> Can you tell me why? <br> RECORD ALL MENTIONED. | FERTILITY-RELATED REASONS <br> NOT HAVING SEX................................A <br> INFREQUENT SEX...............................B <br> MENOPAUSAL/HYSTERECTOMY....... C <br> INFERTILE . <br> POSTPARTUM AMENORRHEIC <br> BREASTFEEDING $\qquad$ <br> FATALISTIC $\qquad$ G <br> OPPOSITION TO USE <br> RESPONDENT OPPOSED. $\qquad$ <br> HUSBAND/PARTNER OPPOSED......... J <br> OTHERS OPPOSED. $\qquad$ <br> RELIGIOUS PROHIBITION. $\qquad$ <br> LACK OF KNOWLEDGE $\qquad$ <br> KNOWS NO SOURCE $\qquad$ N <br> METHOD-RELATED REASONS <br> HEALTH CONCERNS. <br> FEAR OF SIDE EFFECTS <br> LACK OF ACCESS/TOO FAR <br> COST TOO MUCH $\qquad$ Q <br> INCONVENIENT TO USE $\qquad$ <br> INTERFERES WITH BODY'S NORMAL PROCESSES $\qquad$ T <br> OTHER $\qquad$ $x$ <br> DON'T KNOW. |  |
| 608 | In the next few weeks, if you discovered that you were pregnant, would that be a big problem, a small problem, or no problem for you? |  |  |
| 609 | CHECK 310: USING A METHOD? <br> CURRE | TLY <br> ING | $\longrightarrow 613$ |
| 610 | Do you think you will use a method to delay or avoid pregnancy at any time in the future? | YES................................................................................................................................................................... | $\xrightarrow{\square} \text { 612 }$ |
| 611 | Which method would you prefer to use? |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 612 | What is the main reason that you think you will not use a method at any time in the future? |  |  |
| 613 | CHECK 216: <br> HAS LIVING CHILDREN <br> NO LIVING CHILDREN <br> If you could go back to the time <br> If you could choose exactly the you did not have any children and could choose exactly the number whole life, how many would that of children to have in your whole be? life, how many would that be? <br> PROBE FOR A NUMERIC RESPONSE. | NUMBER $\qquad$ $\square$ <br> OTHER $\qquad$ 96 (SPECIFY) | $\longrightarrow 615$ |
| 614 | How many of these children would you like to be boys, how many would you like to be girls and for how many would the sex not matter? |  |  |
| 615 | Would you say that you approve or disapprove of couples using a method to avoid getting pregnant? | APPROVE .................................................................................................................................. |  |
| 616 | In the last few months, have you discussed the practice of family planning with your friends, neighbors, or relatives? | $\begin{array}{\|l\|} \hline \text { YES....................................................................................................................... } \\ \text { NO ....... } \end{array}$ | $\longrightarrow 618$ |
| 617 | With whom? <br> Anyone else? <br> RECORD ALL MENTIONED. |  |  |
| 618 | CHECK 501: | NO, IN NION | $\longrightarrow$-622 |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 619 | Now I want to ask you about your husband's/partner's views on family planning. <br> Do you think that your husband/partner approves or disapproves of couples using a method to avoid pregnancy? | APPROVES...................................................................................................................................... DISAPPROVES DON'T KNOW....... |  |
| 620 | How often have you talked to your husband/partner about family planning in the past year? | NEVER ................................................................................................................................................ |  |
| 621 | Do you think your husband/partner wants the same number of children that you want, or does he want more or fewer than you want? | SAME NUMBER .......................................................................................................................................................... |  |
| 622 | Husbands and wives do not always agree on everything. Please tell me if you think a wife is justified in refusing to have sex with her husband when: <br> She is tired or not in the mood? <br> She has recently given birth? <br> She knows her husband has sex with other women? <br> She knows her husband has a sexually transmitted disease? | YES NO  DK <br> TIRED/MOOD........................ 1 2 8 <br> RECENT BIRTH ................. 1 2 8 <br> OTHER WOMEN ............... 1 2 8 <br> HAS DISEASE................. 1 2 8 |  |
| 623 | Sometimes a woman falls pregnant when she does not want to. Have you ever fallen pregnant when you didn't want to? | YES ............................................................................................................. | $\longrightarrow 701$ |
| 624 | How long ago did this happen to you? <br> 'IF LESS THAN 1 YEAR, RECORD ‘00’ | YEARS AGO $\qquad$ $\square$ |  |
| 625 | When that happened to you, did you feel like doing something about it? | YES ........................................................................................................................ |  |
| 626 | Did you do something to end the pregnancy? | $\begin{aligned} & \text { YES .......................................................................................................................... } \\ & \text { NO } \end{aligned}$ |  |

SECTION 7. HUSBAND'S BACKGROUND AND WOMAN'S WORK

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 701 | CHECK 501 AND 502: | NEVER MARRIED AND NEVER $\square$ LIVED WITH A MAN | $\longrightarrow 703$ <br> $\longrightarrow 707$ |
| 702 | How old was your husband/partner on his last birthday? | AGE IN COMPLETED YEARS $\square$ |  |
| 703 | Did your (last) husband/partner ever attend school? | $\begin{aligned} & \text { YES .............................................................................................................................. } \\ & \text { NO } \end{aligned}$ | $\longrightarrow 706$ |
| 704 | What was the highest level of school he attended: primary, secondary, or higher? | PRIMARY ................................................................................................................................................................................................ SECONDAR HIGHER ......... DON'T KNOW | $\rightarrow 706$ |
| 705 | What was the highest (grade/form/year) he completed at that level? | GRADE. $\square$ DON'T KNOW $\qquad$ 98 |  |
| 706 | CHECK 701: <br> CURRENTLY MARRIED/ <br> FORMERLY MARRIED/ LIVING WITH A MAN LIVED WITH A MAN <br> What is your husband's/partner's <br> What was your (last) husband's/ occupation? partner's occupation? <br> That is, what kind of work does he That is, what kind of work did he mainly do? mainly do? | $\qquad$ |  |
| 707 | Aside from your own housework, are you currently working? | YES ....................................................................................................................... | $\longrightarrow 710$ |
| 708 | As you know, some women take up jobs for which they are paid in cash or kind. Others sell things, have a small business or work on the family farm or in the family business. <br> Are you currently doing any of these things or any other work? | YES ........................................................................................................................ 1 NO | $\longrightarrow 710$ |
| 709 | Have you done any work in the last 12 months? | $\begin{array}{\|l} \text { YES ............................................................................................................................. } \\ \text { NO } \end{array}$ | $\rightarrow 801$ |
| 710 | What is your occupation, that is, what kind of work do you mainly do? | $\qquad$ $\qquad$ |  |
| 711 | CHECK 710: <br> DOES NOT WORK in Agriculture $\square$ |  | $\longrightarrow 713$ |
| 712 | Do you work mainly on your own land or on family land, or do you work on land that you rent from someone else, or do you work on someone else's land? | OWN LAND .................................................................................................................................................................... |  |
| 713 | Do you do this work for a member of your family, for someone else, or are you self-employed? | FOR FAMILY MEMBER ................................... 12 FOR SOMEONE ELSE ......................................................... |  |
| 714 | Do you usually work at home or away from home? | $\text { HOME............................................................................................... } 1$ |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 715 | Do you usually work throughout the year, or do you work seasonally, or only once in a while? | THROUGHOUT THE YEAR...................... 1 SEASONALLY/PART OF THE YEAR ....... 2 ONCE IN A WHILE................................. 3 |  |
| 716 | Are you paid in cash or kind for this work or are you not paid at all? | CASH ONLY............................................................................................................................................................................ | $\square_{\wedge} 801$ |
| 717 | Who mainly decides how the money you earn will be used? | RESPONDENT ........................................................... 1 HUSBAND/PARTNER............. RESPONDENT AND HUSBAND/PARTNER JOINTLY ............. 3 SOMEONE ELSE................................ 4 RESPONDENT AND SOMEONE ELSE JOINTLY............................................... 5 |  |
| 718 | On average, how much of your household's expenditures do your earnings pay for: almost none, less than half, about half, more than half, or all? |  |  |

SECTION 8. AIDS AND OTHER SEXUALLY-TRANSMITTED DISEASES

| NO. | QUESTIONS AND FILTERS | COding Categories | SKIP |
| :---: | :---: | :---: | :---: |
| 801 | Now I would like to talk about something else. Have you ever heard of an illness called AIDS? | $\begin{aligned} & \text { YES................................................................................................................... } \\ & \text { NO ........ } \end{aligned}$ | $\rightarrow 815$ |
| 801A | Where have you heard about AIDS? <br> RECORD ALL MENTIONED. |  |  |
| 802 | Is there anything a person can do to avoid getting AIDS or the virus that causes AIDS? |  | ${ }_{\square}{ }_{\square} 808$ |
| 803 | What can a person do? <br> Anything else? <br> RECORD ALL MENTIONED. | ABSTAIN FROM SEX <br> USE CONDOMS. <br> LIMIT SEX TO ONE PARTNER/STAY <br> FAITHFUL TO ONE PARTNER <br> LIMIT NUMBER OF SEXUAL <br> PARTNERS <br> AVOID SEX WITH PROSTITUTES <br> AVOID SEX WITH PERSONS WHO <br> HAVE MANY PARTNERS <br> AVOID SEX WITH HOMOSEXUALS ....... G <br> AVOID SEX WITH PERSONS WHO <br> INJECT DRUGS INTRAVENOUSLY... H <br> AVOID BLOOD TRANSFUSIONS <br> AVOID INJECTIONS <br> AVOID KISSING . <br> AVOID MOSQUITO BITES <br> SEEK PROTECTION FROM <br> TRADITIONAL HEALER.. <br> AVOID SHARING RAZORS, BLADES .......N <br> OTHER $\qquad$ <br> (SPECIFY) W <br> OTHER $\qquad$ |  |
| 804 | Can people reduce their chances of getting the AIDS virus by having just one sex partner who has no other partners? |  |  |
| 805 | Can a person get the AIDS virus from mosquito bites? |  |  |
| 806 | Can people reduce their chances of getting the AIDS virus by using a condom every time they have sex? |  |  |
| 807 | Can people protect themselves from getting the AIDS virus by not sharing food with a person who has AIDS? |  |  |
| 808 | Is it possible for a healthy-looking person to have the AIDS virus? |  |  |
| 809 | Can the virus that causes AIDS be transmitted from a mother to a child? |  | $\xrightarrow{7} \times 10 \mathrm{~A}$ |
| 810 | When can the virus that causes AIDS be transmitted from a mother to a child? Can it be transmitted... <br> During pregnancy? <br> During delivery? <br> During breastfeeding? |  YES  NO <br>  DK   <br> DURING PREGNANCY........ 1 2 8  <br> DURING DELIVERY......... 1 2 8 <br> DURING BREASTFEEDING 1 2 8 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 810A | Do you think your chances of getting AIDS are small, moderate, great, or no risk at all? |  | $\begin{aligned} & \perp \rightarrow 810 \mathrm{C} \\ & \rightarrow 810 \mathrm{D} \end{aligned}$ |
| 810B | Why do you think that you have (NO RISKIA SMALL CHANCE) of getting AIDS? <br> Any other reasons? <br> RECORD ALL MENTIONED. |  | $\mid \rightarrow 8 \rightarrow 810 \mathrm{D}$ |
| 810C | Why do you think that you have a (MODERATE/GREAT) chance of getting AIDS? <br> Any other reasons? <br> RECORD ALL MENTIONED. |  |  |
| 810D | Since you have heard of AIDS have you changed your behaviour? | YES.................................................................................................................................................................. | $\xrightarrow{7}$ •810F |
| 810E | How have you changed your behaviour since you heard about AIDS? <br> Any other ways? <br> RECORD ALL MENTIONED. |  |  |
| 810F | If a teacher has the AIDS virus but is not sick, should he or she be allowed to continue teaching in school? | YES................................................................................................................................................................................ NO ....... DON'T KNOW..... |  |
| 810G | If you knew that a shopkeeper or food seller had AIDS or the virus that causes it, would you buy food from him or her? | YES........................................................................................................................................................................ NO DON'T KNOW...... |  |
| 811 | CHECK 501: <br> CURRENTLY MARRIED/ <br> NOT CURRENTLY MARRIED/ <br> LIVING WITH A MAN NOT LIVING WITH A MAN |  | $\rightarrow$ 812A |
| 812 | Have you ever talked about ways to prevent getting the virus that causes AIDS with (your husband/the man you are living with)? | $\begin{aligned} & \text { YES......................................................................................................................... } \\ & \text { NO ........ } \end{aligned}$ |  |
| 812A | In your opinion, is it acceptable or unacceptable for AIDS to be discussed: <br> on the radio? <br> on the TV? <br> In newspapers? |   NOT <br>  ACCEP- ACCEP- <br> TABLE TABLE  <br> ON THE RADIO............... 1 2  <br> ON THE TV.................... 1 2  <br> IN NEWSPAPERS......... 1 2  |  |
| 813 | If a person learns that he/she is infected with the virus that causes AIDS, should the person be allowed to keep this fact private or should this information be available to the community? | CAN BE KEPT PRIVATE.............................. 1 AVAILABLE TO COMMUNITY ................. 8 DK/NOT SURE .................................. 8 |  |
| 814 | If a relative of yours became sick with the virus that causes AIDS, would you be willing to care for her or him in your own household? | YES..................................................................................................................................................... |  |
| 814A | Should children aged 12-14 be taught about using a condom to avoid AIDS? | YES.................................................................................................................................................... |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |
| :--- | :--- | :--- | :--- | :--- |


| NO. | QUESTIONS AND FILTERS |  |  |  | CODING CATEGORIES |  |  | SKIP |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 901 | Now I would like to ask you some questions about your brothers and sisters, that is, all of the children born to your natural mother, including those who are living with you, those living elsewhere and those who have died. <br> How many children did your mother give birth to, including you? |  |  |  | NUMBER OF BIRTHS TO NATURAL MOTHER............ |  | $\square$ |  |
| 902 | CHECK 901: <br> TWO OR MORE BIRTHS $\square$ ONLY ONE BIRTH (RESPONDENT ONLY) |  |  |  |  |  |  | $\rightarrow 914$ |
| 903 | How many of these births did your mother have before you were born? |  |  |  | NUMBER OF PRECEDING BIRTHS $\qquad$ |  | $\square$ |  |
| 904 | What was the name given to your oldest (next oldest) brother or sister? | [1] | [2] | [3] | [4] | [5] | [6] |  |
| 905 | Is (NAME) male or female? | $\begin{aligned} & \text { MALE ............. } 1 \\ & \text { FEMALE...... } 2 \end{aligned}$ | $\begin{aligned} & \text { MALE............ } 1 \\ & \text { FEMALE..... } 2 \end{aligned}$ | $\begin{aligned} & \text { MALE ............ } 1 \\ & \text { FEMALE ..... } 2 \end{aligned}$ | $\begin{aligned} & \text { MALE ........... } 1 \\ & \text { FEMALE...... } 2 \end{aligned}$ | $\begin{aligned} & \text { MALE............ } 1 \\ & \text { FEMALE ...... } 2 \end{aligned}$ | $\begin{aligned} & \text { MALE ............. } 1 \\ & \text { FEMALE...... } 2 \end{aligned}$ |  |
| 906 | Is (NAME) still alive? | YES............... 1 NO................ 2 LGO TO 908 DK................ 8 L GO TO [2] | YES .............. 1 NO ............... 2 LGO TO 908 DK ............... 8 $\substack{ \\\text { GO TO [3] }}$ | $\begin{aligned} & \text { YES................ } 1 \\ & \text { NO ................ } 2 \\ & \text { LGO TO } \\ & 908 \\ & \text { DK................ } 8 \\ & \underset{\leftarrow}{\rightarrow G O} \text { TO [4] } \end{aligned}$ |  | YES ................ 1 NO........... 2 $\left\llcorner. \mathrm{GO}^{2}\right.$ 908 DK............. 8 $\llcorner\rightarrow$ GO TO [6] | YES................ 1NO.............$\llcorner\llcorner$ GO TO 908$\substack{\text { DK.............. } 8 \\\llcorner\mathrm{GO} \text { TO [7] }}$ |  |
| 907 | How old is (NAME)? |  |  |  | GO TO [5] |  | GO | - [7] |
| 908 | How many years ago did (NAME) die? |  |  | $\square$ | $\square$ |  |  |  |
| 909 | How old was (NAME) when he/she died? | IF MALE OR DIED BEFORE 12 YEARS OF AGE GO TO [2] | IF MALE OR DIED BEFORE 12 YEARS OF AGE GO TO [3] | IF MALE OR DIED BEFORE 12 YEARS OF AGE GO TO [4] | IF MALE OR DIED BEFORE 12 YEARS OF AGE GO TO [5] | IF MALE OR DIED BEFORE 12 YEARS OF AGE GO TO [6] | IF MALE OR DIED BEFORE 12 YEARS OF AGE GO TO [7] |  |
| 910 | Was (NAME) pregnant when she died? | $\begin{aligned} & \text { YES.............. } 1 \\ & \text { GO TO } \\ & 913 .-1 \\ & \text { NO................. } 2 \end{aligned}$ | $\begin{aligned} & \text { YES .............. } 1 \\ & \text { GO TO } \\ & 913 \& 1 \\ & \text { NO ................. } 2 \end{aligned}$ | $\begin{aligned} & \text { YES............... } 1 \\ & \text { GO TO } \\ & 913 \triangleleft-1 \\ & \text { NO ................ } 2 \end{aligned}$ | $\begin{aligned} & \text { YES .............. } 1 \\ & \text { GO TO } \\ & 913 \triangleleft-1 \\ & \text { NO................ } 2 \end{aligned}$ | $\begin{aligned} & \text { YES ............... } 1 \\ & \text { GO TO } \\ & 913.1 \\ & \text { NO ................. } 2 \end{aligned}$ | $\begin{aligned} & \text { YES.............. } 1 \\ & \text { GO TO } 913 〔-1 . . . . . . . . . . . . . . . ~ \end{aligned}$ |  |
| 911 | Did (NAME) die during childbirth? | $\begin{aligned} & \text { YES................ } 1 \\ & \text { GO TO } \\ & 913.1 \\ & \text { NO.................. } 2 \end{aligned}$ | $\begin{aligned} & \text { YES .............. } 1 \\ & \text { GO TO } \\ & 913 \& 1 \\ & \text { NO ................. } 2 \end{aligned}$ | $\begin{aligned} & \text { YES................ } 1 \\ & \text { GO TO } \\ & 913 九 1 \\ & \text { NO ................. } 2 \end{aligned}$ | $\begin{aligned} & \text { YES ............... } 1 \\ & \text { GO TO } \\ & 913 \&-1 \\ & \text { NO................ } 2 \end{aligned}$ | $\begin{aligned} & \text { YES ............... } 1 \\ & \text { GO TO } \\ & 913.1 \\ & \text { NO ................. } 2 \end{aligned}$ | YES.............. 1GO TO 913\&.-NO................ 2 |  |
| 912 | Did (NAME) die within two months after the end of a pregnancy or childbirth? | $\begin{aligned} & \text { YES................. } 1 \\ & \text { NO............. } 2 \end{aligned}$ | $\begin{aligned} & \text { YES ................ } 1 \\ & \text { NO ............. } 2 \end{aligned}$ | $\begin{aligned} & \text { YES................. } 1 \\ & \text { NO ............. } 2 \end{aligned}$ | $\begin{aligned} & \text { YES ............... } 1 \\ & \text { NO............. } 2 \end{aligned}$ | $\begin{aligned} & \text { YES ............... } 1 \\ & \text { NO ............. } 2 \end{aligned}$ | $\begin{aligned} & \text { YES................. } 1 \\ & \text { NO.............. } 2 \end{aligned}$ |  |
| 913 | How many live born children did (NAME) give birth to during her lifetime (before this pregnancy)? |  |  |  |  |  |  |  |


| 904 | What was name given to your oldest （next oldest） brother or sister？ | $[7]$ |  |  | ［10］ | ［11］ | ［12］ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 905 | Is（NAME） male or female？ | MALE ．．．．．．．．．．．．． 1 FEMALE．．．．．． 2 | $\begin{aligned} & \text { MALE............ } 1 \\ & \text { FEMALE..... } 2 \end{aligned}$ | MALE ．．．．．．．．．．．．． 1 FEMALE ．．．．． 2 | $\begin{aligned} & \text { MALE ........... } 1 \\ & \text { FEMALE..... } 2 \end{aligned}$ | $\begin{aligned} & \text { MALE............ } 1 \\ & \text { FEMALE..... } 2 \end{aligned}$ | MALE ．．．．．．．．．．．． 1 FEMALE．．．．．． 2 |
| 906 | Is（NAME）still alive？ | YES．．．．．．．．．．．．．．．． 1 NO．．．．．．．．．． 2 L．GO TO 908 DK．．．．．．．．．．．．． 8 L．GO TO［8］ | YES ．．．．．．．．．．．．．．． 12 NO．．．．．．．．．．． 2 L．GO TO 908 DK．．．．．．．．．．．． 8 L．GO TO［9］ | YES．．．．．．．．．．．．．．． 1 NO．．．．．．．．．． 2 LGO TO 908 DK．．．．．．．．．．．．．．． 8 $\llcorner\rightarrow$ GO TO ［10］ | YES．．．．．．．．．．．．．． 1 NO．．．．．．．．．．． 2 L．GO TO 908 DK．．．．．．．．．．．．．． 8 $\llcorner$, GO TO $[11]$ | YES ．．．．．．．．．．．．．． 1 NO．．．．．．．．．．． 2 L．GO TO 908 DK．．．．．．．．．．．．．． 8 $\llcorner$. GO TO ［12］ | YES．．．．．．．．．．．．．．． 12 NO．．．．．．．．．．．． 2 $\llcorner. G O$ TO 908 DK．．．．．．．．．．．．． 8 $\llcorner\rightarrow$ GO TO［13］ |
| 907 | How old is （NAME）？ | GO TO [8] | GO TO［9］ |  | GO TO [11] | GO TO [12] | GO TO [13] |
| 908 | How many years ago did （NAME）die？ | $\ldots$ | $\square$ | $\pm$ | $\square$ |  | $\square$ |
| 909 | How old was （NAME）when he／she died？ | IF MALE OR DIED BEFORE 12 YEARS OF AGE GO TO［8］ | IF MALE OR DIED BEFORE 12 YEARS OF AGE GO TO［9］ | IF MALE OR DIED BEFORE 12 YEARS OF AGE GO TO［10］ | IF MALE OR DIED BEFORE 12 YEARS OF AGE GO TO［11］ | IF MALE OR DIED BEFORE 12 YEARS OF AGE GO TO［12］ | IF MALE OR DIED BEFORE 12 YEARS OF AGE GO TO［13］ |
| 910 | Was（NAME） pregnant when she died？ | YES．．．．．．．．．．．．．． 1 GOTO 913＾－ NO．．．．．．．．．．．．．． 2 | $\begin{aligned} & \text { YES .............. } 1 \\ & \text { GO TO } \\ & \text { 913.- } \\ & \text { NO............... } 2 \end{aligned}$ | YES．．．．．．．．．．．．．． 1 GO TO 913، NO ．．．．．．．．．．．．．．．． 2 | $\begin{aligned} & \text { YES............. } 1 \\ & \text { GO TO } \\ & \text { 913.」 } \\ & \text { NO............... } 2 \end{aligned}$ | YES ．．．．．．．．．．．．．． 1 GO TO 913،－ NO ．．．．．．．．．．．．．． 2 | $\begin{aligned} & \text { YES.............. } 1 \\ & \text { GO TO 913•-1 } \\ & \text { NO............... } 2 \end{aligned}$ |
| 911 | Did（NAME） die during childbirth？ | YES．．．．．．．．．．．．．． 1 GO TO 913\＆－ NO．．．．．．．．．．．．．．． 2 | YES ．．．．．．．．．．．．． 1 GO TO 913•」 NO．．．．．．．．．．．．．．． 2 | YES．．．．．．．．．．．．．． 1 GOTO 913،．」 NO ．．．．．．．．．．．．．． 2 | $\begin{aligned} & \text { YES............. } 1 \\ & \text { GO TO } \\ & \text { 913.- } \\ & \text { NO.............. } 2 \end{aligned}$ | $\begin{aligned} & \text { YES ............. } 1 \\ & \text { GO TO } \\ & 913 . \_ \\ & \text {NO ............... } 2 \end{aligned}$ | $\begin{aligned} & \text { YES.............. } 1 \\ & \text { GO TO } 913 \triangleleft-1 \\ & \text { NO............... } 2 \end{aligned}$ |
| 912 | Did（NAME） die within two months after the end of a pregnancy or childbirth？ | $\begin{aligned} & \text { YES............... } 1 \\ & \text { NO............. } 2 \end{aligned}$ | $\begin{aligned} & \hline \text { YES ............... } 1 \\ & \text { NO............ } 2 \end{aligned}$ | $\begin{aligned} & \hline \text { YES............... } 1 \\ & \text { NO ............ } 2 \end{aligned}$ | $\begin{aligned} & \hline \text { YES.............. } 1 \\ & \text { NO............ } 2 \end{aligned}$ | $\begin{aligned} & \hline \text { YES ............... } 1 \\ & \text { NO ............ } 2 \end{aligned}$ | $\begin{aligned} & \text { YES................. } 1 \\ & \text { NO............. } 2 \end{aligned}$ |
| 913 | How many live born children did（NAME） give birth to during her lifetime （before this pregnancy）？ | $\square$ | $\begin{array}{\|l\|l\|} \hline & \\ \hline \end{array}$ |  | $\square$ | $\begin{array}{l\|l\|} \hline & \\ \hline \end{array}$ |  |
| IF NO MORE BROTHERS OR SISTERS，GO TO 914 |  |  |  |  |  |  |  |
| 914 | RECORD THE TIME． |  |  |  | HOURS $\qquad$$\square$ |  |  |

## INTERVIEWER'S OBSERVATIONS

TO BE FILLED IN AFTER COMPLETING INTERVIEW
COMMENTS ABOUT RESPONDENT:
$\qquad$
$\qquad$
$\qquad$
$\qquad$

COMMENTS ON SPECIFIC QUESTIONS:
$\qquad$
$\qquad$
$\qquad$
$\qquad$

ANY OTHER COMMENTS:
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

SUPERVISOR'S OBSERVATIONS
$\qquad$
$\qquad$


$\qquad$
$\qquad$
$\qquad$

NAME OF THE SUPERVISOR:
DATE: $\qquad$

EDITOR'S OBSERVATIONS
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

NAME OF EDITOR:
DATE: $\qquad$

## SENTENCES FOR LITERACY TEST (Q. 111)

NOTE: These should be translated into all the languages that respondents might be literate in.

1. The child is reading a book.
2. The rains came late this year.
3. Parents must care for their children.
4. Farming is hard work.

MAN'S QUESTIONNAIRE

| IDENTIFICATION |  |
| :---: | :---: |
| NAME AND CODE OF REGION * |  |
| NAME OF VILLAGE/TOWN/CITY |  |
| DHS CLUSTER NUMBER................. |  |
| HOUSEHOLD NUMBER .............. |  |
| NAME OF HOUSEHOLD HEAD |  |
| NAME AND LINE NUMBER OF MAN |  |



| LANGUAGE |  |  |  |
| :---: | :---: | :---: | :---: |
| LANGUAGE OF QUESTIONNAIRE: ENGLISH |  |  | 3 |
| LANGUAGE OF INTERVIEW *** |  |  |  |
| HOME LANGUAGE OF RESPONDENT*** |  |  |  |
| WAS A TRANSLATOR USED? (YES=1, NO=2)... |  |  |  |
| $* * *$ LANGUAGE CODES:  <br> 1 AFRIKAANS 3 ENGLISH <br> 2 DAMARA/NAMA 4 HERERO | $\begin{aligned} & 5 \text { KWANGALI } \\ & 6 \text { LOZI } \end{aligned}$ | 7 OSHIWAMBO <br> 8 OTHER |  |


| SUPERVISOR | FIELD EDITOR | OFFICE EDITOR | KEYED BY |
| :---: | :---: | :---: | :---: |
| NAME $\qquad$ <br> DATE | NAME $\qquad$ <br> DATE |  |  |

Region codes: CAPRIVI=01; ERONGO=02; HARDAP=03; KARAS=04; KHOMAS=05; KUNENE=06; OHANGWENA=07; KAVANGO=08; OMAHEKE=09; OMUSATI=10; OSHANA=11; OSHIKOTO=12; OTJOZONDJUPA=13.

## INTRODUCTION AND CONSENT

Hello. My name is $\qquad$ and I am working with the Ministry of Health and Social Services. We are conducting a national survey about the health of women, men and children. We would very much appreciate your participation in this survey. I would like to ask you about your health. This information will help the government to plan health services. The survey usually takes between 10 and 20 minutes to complete. Whatever information you provide will be kept strictly confidential and will not be shown to other persons.

At this time, do you want to ask me anything about the survey? May I begin the interview now?
Signature of interviewer: $\qquad$ Date: $\qquad$

RESPONDENT AGREES TO BE INTERVIEWED ........ 1 RESPONDENT DOES NOT AGREE TO BE INTERVIEWED..... 2 —END

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 101 | RECORD THE TIME. | HOUR $\qquad$ <br> MINUTES $\qquad$ $\square$ |  |
| 102 | First I would like to ask some questions about you and your household. For most of the time until you were 12 years old, did you live in a city, in a town, or in the countryside? | CITY.......................................................................................................................................................... |  |
| 103 | How long have you been living continuously in (NAME OF CURRENT PLACE OF RESIDENCE)? <br> IF LESS THAN ONE YEAR, RECORD '00' YEARS. | YEARS....................................$\square$ <br> ALWAYS...................................................................................................... <br> VISITOR ....... | $\xrightarrow{\longrightarrow_{\bullet}} 105$ |
| 104 | Just before you moved here, did you live in a city, in a town, or in the countryside? | CITY................................................................................................................................................................... |  |
| 105 | In what month and year were you born? | MONTH. $\qquad$ $\square$ DON'T KNOW MONTH $\qquad$ YEAR. $\qquad$ $\square$ DON'T KNOW YEAR. $\qquad$ 9998 |  |
| 106 | How old were you at your last birthday? <br> COMPARE AND CORRECT 105 AND/OR 106 IF INCONSISTENT. | AGE IN COMPLETED YEARS $\square$ |  |
| 107 | Have you ever attended school? | $\begin{aligned} & \text { YES........................................................................................................................... } \end{aligned}$ | $\rightarrow 111$ |
| 108 | What is the highest level of school you attended: primary, secondary, or higher? | PRIMARY ............................................................................................................................................................ |  |
| 109 | What is the highest grade you completed at that level? | GRADE ............................... $\square^{\square}$ |  |
| 110 | CHECK 108: <br> PRIMARY <br> SECONDARY OR HIGHER |  | $\longrightarrow 112$ |
| 111 | Now I would like you to read out loud as much of this sentence as you can. <br> SHOW CARD TO RESPONDENT. | CANNOT READ AT ALL.. ABLE TO READ ONLY PARTS OF SENTENCE.......................................... 2 <br> ABLE TO READ WHOLE SENTENCE...... 3 <br> NO CARD WITH REQUIRED <br> LANGUAGE | $\longrightarrow 113$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 112 | Do you read a newspaper or magazine almost every day, at least once a week, less than once a week or not at all? | ALMOST EVERY DAY ................................ 1 AT LEAST ONCE A WEEK ................... 2 LESS THAN ONCE A WEEK ................. 3 NOT AT ALL ...................................... 4 |  |
| 113 | Do you listen to the radio almost every day, at least once a week, less than once a week or not at all? | ALMOST EVERY DAY ..................................... 1 AT LEAST ONCE A WEEK .................. 3 LESS THAN ONCE A WEEK .............................................................. |  |
| 114 | Do you watch television almost every day, at least once a week, less than once a week or not at all? | ALMOST EVERY DAY .................................... 1 AT LEAST ONCE A WEEK .................. 3 LESS THAN ONCE A WEEK ................................................................ |  |
| 115 | What is your religion? |  |  |
| 116 | What is the main language spoken in your home? |  |  |
| 117 | Are you currently working? | YES ............................................................................................................... | $\longrightarrow 120$ |
| 118 | Have you done any work in the last 12 months? | $\begin{aligned} & \text { YES ...................................................................................................................... } \\ & \text { NO ....... } \end{aligned}$ | $\longrightarrow 120$ |
| 119 | What have you been doing most of the time during the last 12 months? | GOING TO SCHOOL/STUDYING ............. 1 <br> LOOKING FOR WORK............................. 2 <br> INACTIVE ................................................ 3 <br> COULD NOT WORK/HANDICAPPED ...... 4 <br> OTHER $\qquad$ 6 <br> (SPECIFY) | $\xrightarrow[\rightarrow]{\square} 127$ |
| 120 | What is your occupation, that is, what kind of work do you mainly do? | $\qquad$ $\qquad$ $\qquad$ |  |
| 121 | CHECK 120: <br> WORKS IN <br> DOES NOT WORK AGRICULTURE IN AGRICULTURE |  | $\rightarrow 123$ |
| 122 | Do you work mainly on your own land or on family land, or do you work on land that you rent from someone else, or do you work on someone else's land? |  |  |
| 123 | Do you do this work for a member of your family, for someone else, or are you self-employed? | FOR FAMILY MEMBER ................................... 1 FOR SOMEONE ELSE ........................... 3 SELF-EMPLOYED .......................... 3 |  |
| 124 | Do you usually work throughout the year, or do you work seasonally, or only once in a while? | $\begin{aligned} & \text { THROUGHOUT THE YEAR...................... } 1 \\ & \text { SEASONALLY/PART OF THE YEAR ............................................ } \end{aligned}$ |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 125 | Are you paid in cash or kind for this work or are you not paid at all? | CASH ONLY.................................................................................................................................................. 4 CASH AND KIND | $\square_{\bullet} 127$ |
| 126 | On average, how much of your household's expenditures do your earnings pay for: almost none, less than half, about half, more than half, or all? |  |  |
| 127 | Now I would like to ask about any children you have had. I am interested only in the children that are biologically yours. Have you fathered any children? | $\begin{aligned} & \text { YES.................................................................................................................. } \\ & \text { NO ....... } \end{aligned}$ | $\longrightarrow 301$ |
| 128 | In total, how many living children do you have that you have fathered? | TOTAL LIVING CHILDREN ..... $\square$ |  |
| 129 | Have any of your children died? In total, how many children have you fathered that have died? | NUMBER THAT DIED ............ $\square$ |  |

THERE IS NO SECTION 2.

Now I would like to talk about family planning - the various ways or methods that a couple can use to delay or avoid a pregnancy. CIRCLE CODE 1 IN 301 FOR EACH METHOD MENTIONED SPONTANEOUSLY. THEN PROCEED DOWN COLUMN 301,
READING THE NAME AND DESCRIPTION OF EACH METHOD NOT MENTIONED SPONTANEOUSLY. CIRCLE CODE 1 IF METHOD IS RECOGNISED, AND CODE 2 IF NOT RECOGNISED. THEN, FOR EACH METHOD WITH CODE 1 CIRCLED IN 301, ASK 302.

| 301 | Which ways or methods have you heard about? <br> FOR METHODS NOT MENTIONED SPONTANEOUSLY, ASK Have you ever heard of (METHOD)? |  | 302 Have you ever used (METHOD)? |
| :---: | :---: | :---: | :---: |
| 01 | FEMALE STERILISATION Women can have an operation to avoid having any more children. | $\begin{aligned} & \text { YES ........................................ } 1 \\ & \text { NO........................ } 2 \text { ᄀ } \end{aligned}$ |  |
| 02 | MALE STERILISATION Men can have an operation to avoid having any more children. | $\begin{aligned} & \text { YES ........................................ } 1 \\ & \text { NO ....................... } 2 \text { ᄀ } \end{aligned}$ | Have you ever had an operation to avoid having any more children? $\qquad$ |
| 03 | PILL Women can take a pill every day to stop them from becoming pregnant | $\begin{aligned} & \text { YES ......................................... } 1 \\ & \text { NO...................... } 2 \text { ᄀ, } \end{aligned}$ |  |
| 04 | IUD Women can have a loop or coil placed inside them by a doctor or a nurse. | YES ....................................... 1 NO....................... 2 ᄀ. |  |
| 05 | INJECTIONS Women can have an injection by a health provider which stops them from becoming pregnant for one or more months. | $\begin{aligned} & \text { YES ................................................................ } 2 \text { ᄀ } \\ & \text { NO....... } \end{aligned}$ |  |
| 06 | CONDOM Men can put a rubber sheath on their penis before sexual intercourse. | $\begin{aligned} & \text { YES ................................................................ } 2 \text { ᄀ } \\ & \text { NO....... } \end{aligned}$ | YES..................................................................................................... |
| 07 | FEMALE CONDOM Women can place a sheath in their vagina before sexual intercourse. | $\begin{aligned} & \text { YES ................................................................ } 2 \text { ᄀ } \\ & \text { NO....... } \end{aligned}$ |  |
| 08 | DIAPHRAGM /FOAM/JELLY Women can place a sponge, suppository, diaphragm, jelly or cream in their vagina before intercourse. | $\begin{aligned} & \text { YES .............................................................. } 2 \text { ᄀ } \\ & \text { NO....... } \end{aligned}$ |  |
| 09 | RHYTHM OR PERIODIC ABSTINENCE Every month that a woman is sexually active she can avoid pregnancy by not having sexual intercourse on the days of the month she is most likely to get pregnant. | $\begin{aligned} & \text { YES ............................................................... } 2 \text { ᄀ } \\ & \text { NO } \end{aligned}$ | YES.................................................................................................................................. |
| 10 | WITHDRAWAL Men can be careful and pull out before climax. | $\begin{aligned} & \text { YES ..................................... } 1 \\ & \text { NO......................... } 2 \text { ᄀ } \end{aligned}$ | YES.................................................................................................... |
| 11 | EMERGENCY CONTRACEPTION Women can take pills up to three days after sexual intercourse to avoid becoming pregnant. | $\begin{aligned} & \text { YES .............................................................. } 2 \text { ᄀ } \\ & \text { NO....... } \end{aligned}$ |  |
| 12 | Have you heard of any other ways or methods that women or men can use to avoid pregnancy? | YES .................................. 1   <br>    <br>    <br>  (SPECIFY)  <br> NO   <br>    <br>   2 SPECIFY) |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 303 | CHECK 301 (06) AND 302 (06): <br> HAS HEARD OF CONDOMS BUT $\square$ HAS NEVER USED THEM | HAS NOT HEARD OF CONDOMS $\square$ | $\begin{aligned} & \longrightarrow 310 \\ & \longrightarrow 311 \end{aligned}$ |
| 304 | Now I would like to talk to you about condoms.. <br> How old were you when you used a condom for the first time? | AGE AT FIRST USE $\qquad$ DOES NOT REMEMBER $\qquad$ 98 |  |
| 305 | Why did you use a condom that first time? <br> Any other reason? <br> CIRCLE ALL MENTIONED. | TO AVOID PREGNANCY ....................... A TO AVOID GETTING HIVIAIDS.............B TO AVOID GETTING AN STD ............ TO AVOID INFECTING PARTNER.......D OTHER $\quad$ (SPECIFY) |  |
| 306 | Now when you have sex, do you use a condom every time, sometimes, or not at all? |  | $\left\lvert\, \begin{aligned} & \text { —308 } \\ & \text { 乙 } 308 \end{aligned}\right.$ |
| 307 | When do you use a condom? <br> RECORD ALL MENTIONED. | ON PARTNER'S FERTILE DAYS $\qquad$ A DURING PARTNER'S MENSTRUATIONB ONLY WITH A STRANGER... $\qquad$ C <br> ONLY WITH A SEX WORKER................D WITH ANYONE OTHER THAN REGULAR PARTNER/WIFE..............E <br> OTHER $\qquad$ X <br> (SPECIFY) |  |
| 308 | Have you ever experienced any problems with using condoms? <br> IF YES: What problems? <br> RECORD ALL MENTIONED. |  |  |
| 309 | Where do you usually obtain condoms? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER, OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. <br> (NAME OF PLACE) |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 310 | I am going to read you some statements about condoms. Please tell me if you agree or disagree with each statement: <br> a) Condoms reduce a man's pleasure. <br> b) A condom is very inconvenient to use. <br> c) A condom can be re-used. <br> d) A condom protects against disease. <br> e) A woman has no right to tell a man to use a condom. |  AGR DIS DK <br> REDUCE PLEASURE ........... 1 2 8 <br> INCONVENIENT................... 1 2 8 <br> CAN BE RE-USED ................ 1 2 8 <br> PROTECTS AGAINST DIS ... 1 2 8 <br> WOMAN HAS NO RIGHT...... 1 2 8 |  |
| 311 | I am going to read you some statements about contraception. Please tell me if you agree or disagree with each statement: <br> a) Contraception is women's business and a man should not have to worry about it. <br> b) Women who are sterilised may become promiscuous. <br> c) Being sterilised for a man is the same as castration. <br> d) A woman is the one who gets pregnant so she should be the one to get sterilised. | AGR DIS DK  <br> MAN SHOULDN'T WORRY .. 1 2 8 <br> PROMISCUOUS.................... 1 2 8 <br> CASTRATION........................ 1 2 8 <br> WOMAN SHOULD................. 1 2 8 |  |
| 312 | Do you currently smoke cigarettes or tobacco? <br> IF YES: What type of tobacco do you smoke? |  | $\begin{aligned} & \longrightarrow 314 \\ & \longrightarrow 314 \\ & \longrightarrow 315 \end{aligned}$ |
| 313 | In the last 24 hours, how many cigarettes did you smoke? | CIGARETTES .................... $\square$ |  |
| 314 | How old were you when you first started smoking? | AGE .................................. $\square$ |  |
| 315 | Have you ever drunk an alcohol-containing beverage? | YES ............................................................................................................ | $\rightarrow$-501 |
| 316 | In the last month, on how many days did you drink an alcoholcontaining beverage? | NUMBER OF DAYS $\qquad$ $\square$ <br> NONE/NEVER $\qquad$ 95 | $\rightarrow$-501 |
| 317 | Have you ever gotten 'drunk' from drinking an alcohol-containing beverage? | YES ................................................................................................................. | $\rightarrow$-501 |
| 318 | In the last month, how many times did you get 'drunk'? | NUMBER OF TIMES $\qquad$ $\square$ <br> NONE/NEVER $\qquad$ |  |

THERE IS NO SECTION 4.

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 501 | Are you currently married or living with a woman? | YES, CURRENTLY MARRIED WITH CERTIFICATE.................................... 1 YES, MARRIED BY CUSTOM ............. 2 YES, LIVING WITH A WOMAN............ 3 NO, NOT IN UNION ............................. 4 | ㄱ.504 |
| 502 | Have you ever been married or lived with a woman? | YES, FORMERLY MARRIED WITH CERTIFICATE................................... 1 YES, FORMERLY MARRIED BY CUSTOM........................................... 2 YES, LIVED WITH A WOMAN.............. 3 NO............................................... 4 | $\begin{aligned} & \longrightarrow 507 \\ & \longrightarrow 508 \end{aligned}$ |
| 503 | What is your marital status now: are you widowed, divorced, or separated? | WIDOWED ........................................................................................................................................... | $\underset{\square}{\square} 507$ |
| 504 | Do you have only one wife/woman, or do you have more than one woman with whom you are living as if married? | ONE WIFE ........................................................ 1 TWO OR MORE WIVES .............. | $\longrightarrow 506$ |
| 505 | How many wives or women are you living with? | NUMBER OF WOMEN $\qquad$ $\square$ |  |
| 506 | RECORD THE NAME AND LINE NUMBER FROM THE HOUSEHOLD QUESTIONNAIRE FOR ALL HIS WIVES AND LIVE-IN PARTNERS. IF ANY ARE NOT LISTED IN THE HOUSEHOLD, RECORD '00'. <br> THE NUMBER OF LINES FILLED SHOULD EQUAL THE NUMBER OF WIVES/LIVE-IN PARTNERS HE TOLD YOU ABOUT IN 504/505. | NAME <br> LINE NO. $\qquad$ $\square$ <br> NAME $\qquad$ <br> LINE NO. $\qquad$ $\square$ <br> NAME $\qquad$ <br> LINE NO. $\qquad$ $\square$ <br> NAME $\qquad$ <br> LINE NO. $\qquad$ $\square$ |  |
| 507 | How old were you when you first started living with a woman? | AGE $\qquad$ $\square$ |  |
| 508 | Now I need to ask you some questions about sexual activity in order to gain a better understanding of some family life issues. <br> How old were you when you first had sexual intercourse (if ever)? | NEVER $\qquad$ <br> AGE IN YEARS $\qquad$ $\square$ <br> FIRST TIME WHEN STARTED LIVING WITH (FIRST) WIFE/PARTNER $\qquad$ | $\longrightarrow 518$ |
| 509 | When was the last time you had sexual intercourse? <br> RECORD 'YEARS AGO' ONLY IF LAST INTERCOURSE WAS ONE OR MORE YEARS AGO. | DAYS AGO $\qquad$ 1 <br> WEEKS AGO $\qquad$ 2 <br> MONTHS AGO $\qquad$ 3 <br> YEARS AGO $\qquad$ 4 | $\longrightarrow 518$ |
| 510 | The last time you had sexual intercourse, did you use a condom? | $\begin{aligned} & \text { YES ................................................................................................................. } \end{aligned}$ | $\rightarrow$ 510E |


| No. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 510A | What is the main reason you did not use a condom on that occasion? | NOT AVAILABLE/COST TOO MUCH... 01 USED A FAMILY PLAN. METHOD ........ 02 TRUSTED PARTNER. <br> PARTNER TESTED NEGATIVE/NO RISK. <br> RESPONDENT DOESN'T LIKE........................ 05 <br> PARTNER REFUSED/OBJECTED....... 06 <br> PARTNER DRUNK/ON DRUGS ........... 07 <br> WANTED WOMAN TO GET <br> PREGNANT. $\qquad$ <br> OTHER $\qquad$ 96 <br> (SPECIFY) | $\longrightarrow 511$ |
| 510B | Did you or your partner use something to avoid a pregnancy? | YES ................................................................. 1 NO...................................... 3 DOES NOT KNOW/UNSURE ............ 3 | $\xrightarrow{\rightarrow} \rightarrow 510 \mathrm{D}$ |
| 510C | What method did you or she use on that occasion? |  | $\left[\begin{array}{l} -511 \\ \\ \\ \\ \\ \\ \hline \end{array}\right.$ |
| 510D | What is the main reason you did not use a method to avoid pregnancy? | FERTILITY-RELATED REASONS CASUAL SEX PARTNER WOMAN IS MENOPAUSAL, <br> HAD HYSTERECTOMY.. COUPLE UNABLE TO HAVE KIDS......... 24 PARTNER RECENTLY DELIVERED <br> AND NOT YET MENSTRUATING <br> PARTNER WAS BREASTFEEDING ... 27 WANTED HER TO GET PREGNANT . 28 <br> OPPOSITION TO USE RESPONDENT OPPOSED WIFE/PARTNER OPPOSED OTHERS OPPOSED <br> RELIGIOUS PROHIBITION $\qquad$ .34 <br> LACK OF KNOWLEDGE <br> KNOWS NO METHOD <br> KNOWS NO SOURCE $\qquad$ <br> METHOD-RELATED REASONS HEALTH CONCERNS FEAR OF SIDE EFFECTS LACK OF ACCESS/TOO FAR COST TOO MUCH INCONVENIENT TO USE $\qquad$ <br> INTERFERES WITH BODY'S NORMAL PROCESSES $\qquad$ 96 $\qquad$ 98 | $\rightarrow 511$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 510E | What is the main reason you used a condom on that occasion? | RESPONDENT WANTED TO <br> PREVENT STD/HIV . $\qquad$ 1 <br> RESPONDENT WANTED TO <br> PREVENT PREGNANCY.. $\qquad$ <br> RESPONDENT WANTED TO <br> PREVENT BOTH STD/HIV AND <br> PREGNANCY.. $\qquad$ <br> DID NOT TRUST PARTNER/SHE <br> HAS OTHER PARTNERS .................. 4 <br> PARTNER INSISTED ............................ 5 <br> OTHER $\qquad$ 6 <br> (SPECIFY) |  |
| 511 | What is your relationship to the woman with whom you last had sex? <br> IF WOMAN IS "GIRLFRIEND" OR "FIANCEE", ASK: <br> Was your girlfriend/fiancee living with you when you last had sex? <br> IF YES, RECORD '1'. <br> IF NO, RECORD '2'. |  | $\longrightarrow 513$ |
| 512 | For how long have you had a sexual relationship with this woman? | DAYS $\qquad$ <br> WEEKS $\qquad$ 2 <br> MONTHS $\qquad$ 3 <br> YEARS $\qquad$ 4 |  |
| 513 | Have you had sex with any other woman in the last 12 months? | $\begin{aligned} & \text { YES ............................................................................................................ } 2 \end{aligned}$ | $\rightarrow$ 517A |
| 514 | The last time you had sex with another woman, did you use a condom? | YES .......................................................................................................... | $\rightarrow$ 514E |
| 514A | What is the main reason you did not use a condom on that occasion? | NOT AVAILABLE/COST TOO MUCH... 01 USED A FAMILY PLAN. METHOD ....... 02 TRUSTED PARTNER ........................... 03 PARTNER TESTED NEGATIVE/NO $\qquad$ <br> RESPONDENT DOESN'T LIKE............ 05 <br> PARTNER REFUSED/OBJECTED....... 06 <br> PARTNER DRUNK/ON DRUGS ........... 07 <br> WANTED WOMAN TO GET <br> PREGNANT .................................... 08 <br> OTHER $\qquad$ 96 (SPECIFY) | $\rightarrow$-515 |
| 514B | Did you or your partner use something to avoid a pregnancy? | YES ....................................................................................................................................... | $\begin{aligned} & \rightarrow 514 D \\ & \rightarrow 515 \end{aligned}$ |
| 514C | What method did you or she use on that occasion? |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 514D | What is the main reason you did not use a method to avoid pregnancy? |  | $\rightarrow 515$ |
| 514E | What is the main reason you used a condom on that occasion? | RESPONDENT WANTED TO <br> PREVENT STD/HIV ........................... 1 <br> RESPONDENT WANTED TO <br> PREVENT PREGNANCY.. <br> RESPONDENT WANTED TO <br> PREVENT BOTH STD/HIV AND <br> PREGNANCY., $\qquad$ <br> DID NOT TRUST PARTNER/SHE <br> HAS OTHER PARTNERS ................. 4 <br> PARTNER INSISTED ............................ 5 <br> OTHER $\qquad$ |  |
| 515 | What is your relationship to the woman with whom you last had sex? <br> IF WOMAN IS "GIRLFRIEND" OR "FIANCEE", ASK: <br> Was your girlfriend/fiancee living with you when you last had sex? <br> IF YES, RECORD ' 1 '. <br> IF NO, RECORD '2'. |  | $\rightarrow 515 \mathrm{~B}$ |
| 515A | For how long have you had a sexual relationship with this woman? | DAYS $\qquad$ <br> WEEKS $\qquad$ 2 <br> MONTHS $\qquad$ 3 <br> YEARS $\qquad$ 4 |  |
| 515B | Other than these two women, have you had sexual intercourse with anyone else in the last 12 months? | YES ............................................................................................................ NO...... | $\rightarrow$ 517A |
| 516 | The last time you had sex with this third woman, did you use a condom? | $\begin{aligned} & \text { YES ................................................................................................................ } \\ & \text { NO...... } \end{aligned}$ | $\rightarrow 516 \mathrm{E}$ |


| No. | QUESTIONS AND FILTERS | COding Categories | SKIP |
| :---: | :---: | :---: | :---: |
| 516A | What is the main reason you did not use a condom on that occasion? | NOT AVAILABLE/COST TOO MUCH... 01 USED A FAMILY PLAN. METHOD ........ 02 TRUSTED PARTNER .......................... 03 PARTNER TESTED NEGATIVE/NO RISK. RESPONDENT DOESN'T LIKE........................... PARTNER REFUSED/OBJECTED........ 06 PARTNER DRUNK/ON DRUGS ........... 07 WANTED WOMAN TO GET <br> PREGNANT. $\qquad$ 08 <br> OTHER $\qquad$ 96 <br> (SPECIFY) | $\rightarrow$ 516F |
| 516B | Did you or your partner use something to avoid a pregnancy? | YES .................................................................. 2 NO....................................... 3 DOES NOT KNOW/UNSURE ........... 3 | $\begin{aligned} & \rightarrow 516 \mathrm{D} \\ & \rightarrow 516 \mathrm{~F} \end{aligned}$ |
| 516C | What method did you or she use on that occasion? |  | $[-516 F$ |
| 516D | What is the main reason you did not use a method to avoid pregnancy? |  |  |



| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 519 | Where is that? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER, OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. <br> (NAME OF PLACE) <br> Any other place? <br> RECORD ALL MENTIONED. |  |  |
| 520 | If you wanted to, could you yourself get a condom? |  |  |
| 521 | In the last few months have you heard about condoms: <br> On the radio? <br> On the television? <br> In a newspaper or magazine? | YES NO <br> RADIO ........................................ 1 2 <br> TELEVISION......................... 1 2 <br> NEWSPAPER OR MAGAZINE.... 1 2 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 601 | Now I have some questions about the future. Would you like to have (a/another) child or would you prefer not to have any more children? | HAVE (A/ANOTHER) CHILD ............................. 1 NO MORE/NONE................................. 8 UNDECIDED/DON'T KNOW.............. | $\begin{aligned} & — 603 \\ & \longrightarrow 603 \\ & \hline \end{aligned}$ |
| 602 | How long would you like to wait from now before the birth of (a/another) child? |  |  |
| 603 | CHECK 510, 510B, 514, 514B, 516, 516B: <br> 'NO/BLANK' IN ANY OF THE QUESTIONS OF THE QUESTIONS |  | $\longrightarrow 607$ |
| 604 | Do you think you will use a method to delay or avoid pregnancy at any time in the future? | YES........................................................................................................................................................................ | $\neg_{\bullet} 606$ |
| 605 | Which method would you prefer to use? |  |  |
| 606 | What is the main reason that you think you will not use a method at any time in the future? |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 607 | CHECK 128: <br> HAS LIVING CHILDREN <br> If you could go back to the time you did not have any children and could choose exactly the number of children to have in your whole life, how many would that be? <br> NO LIVING CHILDREN <br> If you could choose exactly the number of children to have in your whole life, how many would that be? <br> PROBE FOR A NUMERIC RESPONSE. | NUMBER $\qquad$ $\square$ <br> OTHER $\qquad$ 96 (SPECIFY) | $\longrightarrow$-609 |
| 608 | How many of these children would you like to be boys, how many would you like to be girls and for how many would the sex not matter? | BOYS <br> GIRLS <br> EITHER <br> NUMBER .... $\square$ $\square$ $\square$ <br> OTHER $\qquad$ 96 |  |
| 609 | Would you say that you approve or disapprove of couples using a method to avoid getting pregnant? | APPROVE .............................................................................................................................. |  |
| 610 | In the last few months, have you discussed the practice of family planning with your friends, neighbors, or relatives? | $\begin{array}{\|l} \text { YES......................................................................................................................... } \\ \text { NO ....... } \end{array}$ | $\rightarrow 612$ |
| 611 | With whom? <br> Anyone else? <br> RECORD ALL MENTIONED. |  |  |
| 612 | CHECK 501: | NO, T IN | $\longrightarrow 616$ |
| 613 | Now I want to ask you about your wife's/partner's views on family planning. <br> Do you think that your wife/partner approves or disapproves of couples using a method to avoid pregnancy? <br> IF MORE THAN ONE WIFE, ASK ABOUT THE FIRST LISTED IN Q. 506 . | APPROVES........................................................................................................................................ |  |
| 614 | How often have you talked to your wife/partner about family planning in the past year? |  |  |
| 615 | Do you think your wife/partner wants the same number of children that you want, or does she want more or fewer than you want? |  |  |
| 616 | Sometimes a husband is annoyed or angered by things that his wife does. In your opinion, is a husband justified in hitting or beating his wife in the following situations: <br> If she neglects the children? <br> If she argues with him? <br> If she refuses to have sex with him? |  YES NO DK <br> NEGLECTS CHILDREN ........ 1 2 8 <br> ARGUES WITH HIM.............. 1 2 8 <br> REFUSES SEX..................... 1 2 8 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 617 | Husbands and wives do not always agree on everything. Please tell me if you think a wife is justified in refusing to have sex with her husband when: <br> She is tired or not in the mood? <br> She has recently given birth? <br> She knows her husband has sex with other women? <br> She knows her husband has a sexually transmitted disease? |  YES NO DK <br> TIRED/MOOD ....................... 1 2 8 <br> RECENT BIRTH .................... 1 2 8 <br> OTHER WOMEN ................... 1 2 8 <br> HAS DISEASE...................... 1 2 8 |  |
| 618 | Do you think that if a wife refuses to have sex with her husband when he wants her to, he has the right to: <br> Get angry and yell at her? <br> Refuse to give her money or other means of financial support? <br> Force her to have sex with him even if she doesn't want to? <br> Have sex with another woman? |  YES NO DK <br> GET ANGRY AND YELL ...... 1 2 8 <br> REFUSE TO SUPPORT....... 1 2 8 <br> FORCE HER TO HAVE SEX. 1 2 8 <br> HAVE ANOTHER WOMAN ... 1 2 8 |  |

THERE IS NO SECTION 7.

SECTION 8. AIDS AND OTHER SEXUALLY-TRANSMITTED DISEASES

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 801 | Now I would like to talk about something else. Have you ever heard of an illness called AIDS? | YES........................................................................................................................ NO. | -815 |
| 801A | Where have you heard about AIDS? <br> RECORD ALL MENTIONED. |  |  |
| 802 | Is there anything a person can do to avoid getting AIDS or the virus that causes AIDS? | YES.................................................................. 1 NO.................................................. 8 DON'T KNOW....................... 8 | $1 \times 808$ |
| 803 | What can a person do? <br> Anything else? <br> RECORD ALL MENTIONED | ABSTAIN FROM SEX <br> USE CONDOMS <br> LIMIT SEX TO ONE PARTNER/STAY <br> FAITHFUL TO ONE PARTNER.. <br> LIMIT NUMBER OF SEXUAL <br> PARTNERS <br> AVOID SEX WITH PROSTITUTES ............ E <br> AVOID SEX WITH PERSONS WHO <br> HAVE MANY PARTNERS <br> AVOID SEX WITH HOMOSEXUALS.......... G <br> AVOID SEX WITH PERSONS WHO <br> INJECT DRUGS INTRAVENOUSLY <br> AVOID BLOOD TRANSFUSIONS <br> AVOID INJECTIONS <br> AVOID KISSING <br> AVOID MOSQUITO BITES. <br> SEEK PROTECTION FROM <br> TRADITIONAL HEALER. <br> AVOID SHARING RAZORS, BLADES .....N <br> OTHER $\qquad$ w <br> OTHER $\qquad$ <br> DON'T KNOW <br> . <br> (SPECIFY) |  |
| 804 | Can people reduce their chances of getting the AIDS virus by having just one sex partner who has no other partners? | YES.................................................................. 1 NO.................................................. 8 DON'T KNOW....................... 8 |  |
| 805 | Can a person get the AIDS virus from mosquito bites? |  |  |
| 806 | Can people reduce their chances of getting the AIDS virus by using a condom every time they have sex? | YES...................................................................... 1 NO.................................................................................... DONNO |  |
| 807 | Can people protect themselves from getting the AIDS virus by not sharing food with a person who has AIDS? |  |  |
| 808 | Is it possible for a healthy-looking person to have the AIDS virus? |  |  |
| 809 | Can the virus that causes AIDS be transmitted from a mother to a child? | YES.................................................................. 1 NO.................................................. 8 DON'T KNOW........................ 8 | $]^{1810 \mathrm{~A}}$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 810 | When can the virus that causes AIDS be transmitted from a mother to a child? Can it be transmitted... <br> During pregnancy? <br> During delivery? <br> During breastfeeding? |  YES NO DK <br> DURING PREGNANCY........ 1 2 8 <br> DURING DELIVERY.......... 1 2 8 <br> DURING BREASTFEEDING 1 2 8 |  |
| 810A | Do you think your chances of getting AIDS are small, moderate, great, or no risk at all? |  | $\begin{aligned} & -810 \mathrm{C} \\ & -810 \mathrm{D} \end{aligned}$ |
| 810B | Why do you think that you have (NO RISK/A SMALL CHANCE) of getting AIDS? <br> Any other reasons? <br> RECORD ALL MENTIONED. | NOT HAVING SEX THESE DAYS.............. A USE CONDOMS.............................. B HAS ONLY 1 PARTNER................C HAS LIMITED NUMBER OF PARTNERS D OTHER $\quad$ E DON'T KNOW.................................... | $] \rightarrow 810 D$ |
| 810C | Why do you think that you have a (MODERATE/GREAT) chance of getting AIDS? <br> Any other reasons? <br> RECORD ALL MENTIONED. |  |  |
| 810D | Since you have heard of AIDS have you changed your behaviour? | YES................................................................................................................................................................. NO...... DON'T KNOW..... | $\xrightarrow{7} 810 \mathrm{~F}$ |
| 810E | How have you changed your behaviour since you heard about AIDS? <br> Any other ways? <br> RECORD ALL MENTIONED. | STOPPED HAVING SEX........................... A STARTED USING CONDOMS.............. C STAYED WITH ONLY 1 PARTNER ........ REDUCED NUMBER OF PARTNERS.... STOPPED SEX WITH PROSTITUTES .... E OTHER (SPECIFY) DON'T KNOW......................................... X |  |
| 810F | If a teacher has the AIDS virus but is not sick, should he or she be allowed to continue teaching in school? | YES .................................................................................................................................................................... NO...... DON'T KNOW.... |  |
| 810G | If you knew that a shopkeeper or food seller had AIDS or the virus that causes it, would you buy food from him or her? | YES........................................................................................................................................................................... NO. DON'T KNOW..... |  |
| 811 | CHECK 501: <br> CURRENTLY MARRIED/ <br> LIVING WITH A WOMAN NOT LIVING WITH A WOMAN |  | $\rightarrow$-812A |
| 812 | Have you ever talked about ways to prevent getting the virus that causes AIDS with (your wife/the woman you are living with)? | YES.................................................................................................................. 2 NO....... |  |
| 812A | In your opinion, is it acceptable or unacceptable for AIDS to be discussed: <br> on the radio? <br> on the TV? <br> In newspapers? |   NOT <br>  ACCEP- ACCEP- <br>  TABLE TABLE <br> ON THE RADIO ................ 1 2  <br> ON THE TV.................... 1 2  <br> IN NEWSPAPERS......... 1 2  |  |
| 813 | If a person learns that he/she is infected with the virus that causes AIDS, should the person be allowed to keep this fact private or should this information be available to the community? | CAN BE KEPT PRIVATE............................. 1 AVAILABLE TO COMMUNITY ................. 2 DK/NOT SURE ................................... 8 |  |



| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 816 | If a man has a sexually transmitted disease, what symptoms might he have? <br> Any others? <br> RECORD ALL MENTIONED. |  |  |
| 817 | CHECK 508: <br> HAS HAD SEXUAL <br> HAS NOT HAD SEXUAL INTERCOURSE INTERCOURSE |  | -827 |
| 818 | Now I would like to ask you some questions about your health in the last 12 months. During the last 12 months, have you had a sexuallytransmitted disease? |  |  |
| 819 | Sometimes, men experience a discharge from their penis. <br> During the last 12 months, have you had a discharge from your penis? |  |  |
| 820 | Sometimes, men have a sore on or near their penis. <br> During the last 12 months, have you had a sore on or near your penis? | YES................................................................ 1 NO................................................. 2 DON'T KNOW........................... 8 |  |
| 821 | CHECK 818, 819, 820: |  | ->827 |
| 822 | The last time you had (INFECTION FROM 818/819/820), did you seek any kind of advice or treatment? | YES......................................................................................................................... NO...... | ->24 |
| 823 | The last time you had (INFECTION FROM 818/819/820) did you do any of the following? Did you.... <br> Seek advice from a health worker in a clinic or hospital? Seek advice or medicine from a traditional healer? Seek advice or buy medicines in a shop or pharmacy? Ask for advice from friends or relatives? |  YES NO <br> CLINIC/HOSPITAL 1 2 <br> TRADITIONAL HEALER 1 2 <br> SHOP/PHARMACY 1 2 <br> FRIENDS/RELATIVES 1 2 |  |
| 824 | When you had (INFECTION FROM 818/819/820), did you inform the persons with whom you have been having sex? |  |  |
| 825 | When you had (INFECTION FROM 818/819/820) did you do something to avoid infecting your sexual partner(s)? | YES .................................................................. 12 NO...................................... 3 PARTNER ALREADY INFCTED........ 3 | $\xrightarrow{1} 827$ |
| 826 | What did you do to avoid infecting your partner? Did you.... <br> Stop having sex? <br> Use a condom when having sex? <br> Take medicine? |  YES NO <br> STOP SEX 1 2 <br> USE CONDOMS 1 2 <br> TAKE MEDICINE 1 2 |  |
| 827 | RECORD THE TIME. | HOURS .. |  |


|  | MINUTES...................................... $\square$ |
| :--- | :--- | :--- | :--- |

COMMENTS ABOUT RESPONDENT:
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COMMENTS ON SPECIFIC QUESTIONS:
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ANY OTHER COMMENTS:
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SUPERVISOR'S OBSERVATIONS
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NAME OF THE SUPERVISOR: $\qquad$ DATE: $\qquad$

EDITOR'S OBSERVATIONS
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NAME OF EDITOR:
DATE: $\qquad$

## SENTENCES FOR LITERACY TEST (Q. 111)

NOTE: These should be translated into all the languages that respondents might be literate in.

1. The child is reading a book.
2. The rains came late this year.
3. Parents must care for their children.
4. Farming is hard work.

[^0]:    Note: Table is based on the de facto population; i.e., persons who stayed in the household the night before the

[^1]:    ${ }^{1}$ The questions on educational attainment were identical in 1992 and 2000 except that the later survey allowed a code for the pre-school level (nursery, kindergarten). It appears that in the 2000 survey, many more young children were erroneously coded as having attended ' 0 ' level of school when in fact they had attended primary school. This would account for the precipitous increase in the proportion of children age 6-9 who have no education (from around 18 percent in 1992 to 50 percent in 2000). Moreover, in the report on the 1992 survey, the tables for males and females were erroneously reversed (MOHSS, 1993:10-11).

[^2]:    ${ }^{2}$ Salt that contains at least 15 parts per million of iodine is considered to be adequately iodised.

[^3]:    ${ }^{3}$ In the remainder of this report, the term "married" or "in union" refers to respondents in either formal or consensual unions.

[^4]:    ${ }^{1}$ Includes those with at least some secondary school
    ${ }^{2}$ Includes cases in which there was no card with the appropriate language available.
    NA = Not applicable

[^5]:    ${ }^{4}$ The information for Caprivi is unreliable, given the high proportion of respondents whose literacy was not tested due to the lack of a card with sentences in the appropriate language ( 23 percent of women and 34 percent of men).

[^6]:    Note: Figures in parentheses are based on 25-49 unweighted cases.
    ${ }^{1}$ With husband or someone else
    ${ }^{2}$ Includes husband

[^7]:    ${ }^{1}$ Regional differences should be interpreted with caution. Although there are more than 50 unweighted cases in each region, the figures are sensitive to

[^8]:    ${ }^{1}$ Those who reported having sexual intercourse in the month prior to the survey

[^9]:    ${ }^{1}$ Although contraceptive use is generally presented based on currently married women, in Namibia only 39 percent of women 15-49 are married and not all married women are necessarily sexually active. Consequently, it is more logical to base data on all sexually active women. For comparison with the 1992 NDHS as well as other countries, detailed data for currently married women are presented in Appendix Table C.7.

[^10]:    ${ }^{2}$ The 1992 NDHS tabulated data based on all women and currently married women only.

[^11]:    ${ }^{1}$ The imputation procedure is based on the assumption that the reported birth ordering of siblings in the history is correct. The first step is to calculate birth dates. For each living sibling with a reported age and each dead sibling with complete information on both age at death and years since death, the birth date was calculated. For a sibling missing these data, a birth date was imputed within the range defined by the birth dates of the bracketing siblings. In the case of living siblings, an age was then calculated from the imputed birth date. In the case of dead siblings, if either the age at death or years since death was reported, that information was combined with the birth date to produce the missing information. If both pieces of information were missing, the distribution of the ages at death for siblings for whom the years since death was unreported, but age at death was reported, was used as a basis for imputing the age at death.

[^12]:    ${ }^{2}$ This time definition includes all deaths that occurred during pregnancy and two months after pregnancy even if the death is due to non-maternal causes. However, this definition is unlikely to result in overreporting of maternal deaths because most deaths to women in the specified period are due to maternal causes and maternal deaths are more likely to be underreported than overreported.

[^13]:    ${ }^{1}$ In the 1992 NDHS, information was collected and tabulated for all births to women in the five years preceding the survey. Thus, in 1992, if a woman had more than one birth in that period, she was counted more than once, while in the 2000 NDHS, she would only be counted once.

[^14]:    ${ }^{2}$ Dropout rate $=($ Dose $1-$ Dose 3 $) * 100 /$ Dose 1

[^15]:    ${ }^{3}$ The overall response rate (ORR) is calculated as:
    $\mathrm{ORR}=(\mathrm{HRR} * E W R R) \div 100$

[^16]:    ${ }^{1}$ Five years for national

