Zambia


Demographic and Health Survey


2001-2002


# Zambia <br> Demographic and Health Survey 2001-2002 

Central Statistical Office<br>Lusaka, Zambia<br>Central Board of Health<br>Lusaka, Zambia<br>ORC Macro<br>Calverton, Maryland, USA

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## PREFACE

The Zambia Demographic and Health Surveys is an important part of the surveillance system providing indicators for the strategic management and monitoring of the health sector in Zambia. Indicators from the surveys show the current status and trends in important areas of health care delivery such as environmental health, reproductive health, maternal health, child health, sexually transmitted infections and HIV/AIDS. The surveys are also a major source of information about health seeking behaviour regarding individuals and communities. Fertility and mortality indicators, which gauge the overall health status of the population are also provided by the surveys.

Three Demographic and Health Surveys have been carried out in Zambia, the first in 1992, the second in 1996, and the most recent in 2001-2002. Institutional collaboration has been the hallmark of the implementation of these surveys. As in the previous surveys, the Central Board of Health mobilised resources for the 2001-2002 ZDHS while the Central Statistical Office played the key role in the implementation of the survey. Other participating institutions were the Tropical Diseases Research Centre, which was in charge of syphilis and HIV testing; the University Teaching Hospital, which made important contributions towards the development of the syphilis and HIV testing protocol; the National Food and Nutrition Commission, which was responsible for the nutrition components; and the University of Zambia Demography Division, which assisted with the training of field staff.

Key people in the implementation of the 2001-2002 ZDHS were Mr David Diangamo, Director of Census and Statistics; Dr Musonda Rosemary Sunkutu, Director of Public Health and Research in the Central Board of Health; Mr Bornwell Sikateyo, Manager for Health Management Information Systems in the Central Board of Health; Mr Kumbutso Dzekedzeke, Survey Co-ordinator from the Central Statistical Office; Mr Patrick Mumba Chewe, Assistant Survey Co-ordinator from the Central Statistical Office; Dr Rosemary Musonda, Deputy Director at the Tropical Diseases Research Centre; and Ms Arlinda Zhuzhuni, Project Manager from ORC Macro.

A number of donors contributed towards the survey costs. The Government of Japan provided vehicles for the survey teams in addition to providing financial support for other components of the survey. Part of the support from the Government of Japan was channelled through the United Nations Development Programme. Other donors who contributed were the U.S. Agency for International Development, which provided financial and technical support through ORC Macro, the United Nations Population Fund, and the Danish Agency for International Development.

We owe an immense gratitude to the Field Coordinators, Interviewers, Nurse/Nurse Counsellors, Laboratory Technicians, Supervisors, Field Editors, Provincial Statistical Officers, and Drivers for their hard work and dedication. We have printed a list of names in Appendix D as a sign of our appreciation for their help and kindness. We are also grateful to all the respondents for their patience and generosity with their time.

It will only be worth the effort to have compiled all the indicators in this report if stakeholders in the health sector use them to improve health care delivery and efforts to prevent the spread of HIV and other infectious diseases in Zambia.


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Director General
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## SUMMARY OF FINDINGS

The 2001-2002 Zambia Demographic and Health Survey (ZDHS) was carried out by the Central Statistical Office and the Central Board of Health. It is a nationally representative sample of 7,658 women age $15-49$ and 2,145 men age 15-59. The principal objective of the survey was to provide data to policymakers and planners on the population and health situation in Zambia. Most of the information collected in the 2001-2002 ZDHS represents updated estimates of basic demographic and health indicators covered in the 1992 ZDHS and 1996 ZDHS surveys. Specifically, the 2001-2002 ZDHS collected detailed information on fertility and family planning, child mortality and maternal mortality, maternal and child health and nutritional status, and knowledge, awareness and behaviour regarding HIV/AIDS and other sexually transmitted infections. New features of the 20012002 ZDHS include the collection of information on violence against women and testing of individuals for HIV and syphilis.

## Fertility

Survey results indicate that the total fertility rate (TFR) in Zambia is 5.9. This means that at current fertility levels, the average Zambian woman who is at the beginning of her childbearing years will give birth to 5.9 children by the end of her reproductive period. Results from the 2001-2002 ZDHS show that fertility is highest in Northern province ( 6.9 births per woman) and lowest in Lusaka (4.3 births per woman). Education has a marked effect on fertility, with uneducated women having three and one-half more births than women with at least some secondary education ( 7.4 births versus 3.9 births).

Zambia's fertility continues to decline although comparatively slowly. The TFR has declined from a level of 6.5 births per woman in 1992 and 6.1 births per woman in 1996 to the current level of 5.9. Despite the decline, fertility in Zambia remains one of the highest in subSaharan Africa.

A drop in urban childbearing is the principal reason for overall decline in fertility levels. Between the 1992 and 2001-2002 surveys, the urban TFR fell by 1.5 births, from a rate of 5.8 to 4.3 births per woman. In contrast, the rural TFR remained essentially stable over this period (7.1 and 6.9 births per woman, respectively). Women who have at least some secondary education experienced a steady decline in fertility, with the TFR for such women dropping by one birth over the period covered by the three ZDHS surveys.

The length of the interval between births influences the overall fertility level, as well as the health status of the mother and child. There is now a new international consensus that the optimal interval between births is at least 36 months. In Zambia, 41 percent of births occur at least 36 months after a previous birth. Although 16 percent of births occur less than 24 months after a previous birth, this is an improvement from 1996 when almost one in five births ( 19 percent) occurred less than two years after a previous birth. The median birth interval is 33 months, 3 months shorter than the "safe" birth interval. This represents a one-month increase from the 1996 ZDHS median birth interval ( 32 months).

Childbearing begins early in Zambia. By age 18 almost half of women age 45-49 have had their first birth. Most women typically become mothers before the age of 20 , with 60 to 70 percent of women in all age groups having given birth by that age. The median age at first birth for women age 25-49 is 18.7 years. Three in ten teenage women (age 15-19) have begun childbearing, with 26 percent having had a child and 6 percent pregnant with their first child.

A comparison of the data from the 1996 and 2001-2002 ZDHS surveys indicates that there has been an increase in the median duration of postpartum amenorrhoea from 11.5 months to 13.3 months. There has been little change in the median duration of sexual abstinence or insusceptibility to the risk of pregnancy following childbirth.

## Family Planning

Knowledge of contraceptive methods is almost universal in Zambia, with 98 percent of all women and men knowing at least one method of family planning. The male condom and the pill are the most widely known methods among both women and men. Knowledge of family planning methods has increased steadily over the last decade. For example, knowledge of at least one contraceptive method has increased among women from 89 percent in 1992 to 96 percent in 1996 to the current level of 98 percent. Since 1996, the mean number of family planning methods known has increased from 5.3 to 6.8 for women and from 5.0 to 6.1 for men.

Mass media are important sources of information on family planning. Almost half of women ( 49 percent) and six in ten men ( 62 percent) have heard or seen a family planning message on the radio, television or in a newspaper/magazine. Radio is the most frequent source of family planning messages for both women (46 percent) and men (57 percent).

The 2001-2002 ZDHS data indicate that 70 percent of currently married women and 81 percent of currently married men have used a family planning method at least once in their lifetime. There is a noticeable discrepancy between ever use and current use, with slightly more than one-third of currently married women (34 percent) currently using some method of contraception. Modern methods of contraception are more commonly used than traditional methods; almost one-fourth of currently married women use modern methods (23 percent) compared with about one in ten who use traditional methods (12 percent). The pill is the most widely used modern method ( 12 percent), while withdrawal is the most popular traditional method (5 percent).

Six in ten women currently using modern methods obtain their method from the public sector ( 61 percent), 20 percent from the private medical sector, and 17 percent from other sources such as shops and community-based agents.

Contraceptive use in Zambia has increased over the past decade from 15 percent in

1992 to 26 percent in 1996 and 34 percent in 20012002. Considering specific methods, the largest gains in use during the ten-year period are observed for contraceptive pills and injectables.

The large majority of currently married women who know of family planning approve of its use (87 percent). Moreover, two-thirds of married women who know of a contraception method believe their husband approves of family planning.

The majority of currently married women (71 percent) and currently married men (58 percent) either want to space their next child or want no more children, and thus have a potential need for family planning. In Zambia, almost one in three currently married women has an unmet need for family planning ( 27 percent) - 17 percent for spacing their next birth and 11 percent for limiting births. If the unmet need for family planning of all currently married women who say they want to space or limit their births were met, the contraceptive prevalence rate in Zambia would increase from 34 to 62 percent.

## Maternal Health

Use of professional maternity care is common in Zambia: more than nine in ten mothers who had a live birth in the five years preceding the survey received antenatal care from a health professional; only 2 percent received antenatal care from a traditional birth attendant or other person. Almost threequarters of these women had four or more antenatal care visits during their pregnancy ( 72 percent).

Among mothers who received antenatal care, over three-fourths were given at least one tetanus toxoid injection during pregnancy for their most recent birth ( 75 percent). Over the past 10 years, there has been a decrease in the proportion of women who received at least one tetanus toxoid injection during their most recent pregnancy, from 81 percent in 1992 and 85 percent in 1996 to the current level of 75 percent. The 2001-2002 ZDHS data show that seven in ten mothers receive iron tablets, syrup or folic acid during pregnancy. Ninety-four percent of mothers have their height measured during antenatal care visits, while 25 percent are weighed. Eighty-seven percent of mothers had their blood pressure measured during their antenatal care, and urine and blood sampling was done for 25 and 44 percent of mothers, respectively.

The 2001-2002 ZDHS results show that slightly more than four in ten births are delivered in a health facility. A similar proportion are delivered by a health professional: 39 percent by a nurse/midwife and the remaining 5 percent by a doctor or clinical officer. Almost four in ten births are delivered with assistance from a relative or friend. A comparison between the three ZDHS surveys shows a steady decline in the proportion of births that are delivered in a health facility, from 51 percent in 1992 and 47 percent in 1996 to the current level of 44 percent.

Postnatal care is not common in Zambia. Less than one in four women who deliver outside a health facility receive postnatal care (23 percent).

The 2001-2002 ZDHS collected data allowing measurement of maternal mortality. The maternal mortality ratio during the sevenyear period prior to the 2001-2002 ZDHS was estimated at 729 maternal deaths per 100,000 live births. This represents a rise from 649 maternal deaths per 1000,000 live births estimated from the 1996 ZDHS.

## Child Health

At current mortality levels, one in six Zambian children die before the fifth birthday, (under-five mortality rate of 168 deaths per 1,000 birth), with slightly more than half of these deaths occurring during the first year of life (infant mortality rate of 95 deaths per 1,000 births). A comparison of the three ZDHS surveys, however, shows that mortality among young children has declined from the fairly stable levels observed in the late 1980s and early to mid-1990s. Infant mortality, which had shown a modest increase from 107 to 109 deaths per 1,000 births between the 1992 and 1996 surveys, fell to 95 deaths per 1,000 births in the 20012002 ZDHS. Under-five mortality is 15 percent lower now than it was five to nine years ago, with the pace of decline very similar to the decline in infant mortality over the same time period (13 percent).

Early childhood mortality is consistently lower in urban areas than in rural areas. Maternal education is strongly correlated with childhood mortality. Infant mortality is 32 percent
lower and under-five mortality 48 percent lower among mothers with some secondary education than among uneducated mothers.

Survival of children is strongly associated with proper immunisation and treatment of childhood illnesses. According to the World Health Organization, a child is considered fully vaccinated if he or she has received a BCG vaccine, three doses of DPT vaccine, at least three doses of polio vaccine, and one dose of measles vaccine. Only 57 percent of Zambian children are fully vaccinated by 12 months of age; however, 70 percent of children 12-23 months are fully vaccinated, with only 3 percent of children not having received any vaccine.

Looking at coverage for specific vaccines, 94 percent of children 12-23 months received the BCG vaccine, 84 percent received measles vaccine, and 80 percent received the recommended three doses of DPT and polio vaccines.

Comparing the three ZDHS surveys, there was a substantial rise in vaccination coverage in the early to mid-1990s. In contrast, between 1996 and 2001-2002, there was an 11 percent decline in the proportion of children 12-23 months who are fully immunised.

Vitamin A is a micronutrient found in very small quantities in some foods. It is considered essential for normal sight, growth, and development. Zambia has recently introduced a programme of vitamin A supplementation for children 6 to 72 months through health services and community campaigns. Data from the 2001-2002 ZDHS show that two-thirds of children 6-59 months are reported to have received a vitamin A supplement in the previous 6 months.

Fifteen percent of children under five years of age had symptoms of acute respiratory infection (ARI) in the two weeks preceding the survey. Seven out of ten children with ARI symptoms were taken to a health facility or provider for treatment.

Forty-three percent of children under five were reported to have been ill with fever and/or convulsions in the two-week period preceding the survey. Among these children, more than half took antimalarial drugs ( 52 percent) and almost four in ten took antimalarial drugs the same or next day (37 percent).

According to mothers' reports, around 20 percent of children under age five had diarrhoea at some time in the two weeks before the survey. Slightly more than four in ten children who were ill with diarrhoea were taken to a health facility ( 43 percent). Mothers reported that almost two-thirds of children with diarrhoea (67 percent) were treated with some form of oral rehydration therapy; more than half (53 percent) were given a solution prepared with oral rehydration salts (ORS); and four in ten were given increased fluids. Twenty-one percent of children with diarrhoea did not receive any type of treatment.

## Breastreeding and Nutrition

Breastfeeding is nearly universal in Zambia: 98 percent of children born in the five years preceding the survey were breastfed. More than half of infants are put to breast within an hour of delivery and 90 percent are breastfed within the first day. The median duration of breastfeeding is 21 months, a slight increase from 1996 (20 months).

Despite the high prevalence of breastfeeding in Zambia, the majority of infants are not exclusively breastfed for the first six months of life. Only four in ten infants under 6 months of age are exclusively breastfed in Zambia. Complementary feedings starts early; more than one-third of children under 6 months of age are given complementary foods.

According to the 2001-2002 ZDHS findings, the level of malnutrition among children under five is significant, with almost half of Zambian children ( 47 percent) stunted (short for their age), 5 percent wasted (thin for their age), and more than one-fourth underweight ( 28 percent). Generally, children who live in rural areas and children of uneducated mothers are more likely to be malnourished than other children.

The nutritional status of women is another issue of importance. The mean height of Zambian women is 158 cm . Only 2 percent of women are shorter than the critical height of 145 cm . Fifteen percent of women fall below the cut-off of 18.5 for the body mass index (BMI) an indicator used to measure the level of chronic energy deficiency among adults. In general, very
young women (age 15-19) and rural women are more likely than other women to suffer from chronic energy deficiency.

## Women's Status and Violence against Women

The 2001-2002 ZDHS provides information on the status of women in Zambia, and on physical and sexual violence against women. Overall, more than one in ten women age 15-49 have no education (12 percent) and women are generally less educated than men. Four in ten women in Zambia are illiterate.

More than half of women were working at the time of the survey ( 55 percent). Most women work seasonally ( 53 percent). Agriculture is the predominant sector of the economy, employing 54 percent of women in the 12 months preceding the survey. Forty-two percent of all working women in Zambia are either paid in kind or not paid at all. Women working in the non-agricultural sector are more likely to earn cash than women working in agriculture. Among currently married women who earn cash for their work, 41 percent report that they alone make decisions about how their earnings will be used and 32 percent report that they decide jointly with their husband.

Women in the 2001-2002 ZDHS were asked about their beliefs on wife-beating. A large majority of women ( 85 percent) believe that a husband is justified in beating his wife for at least one reason. Almost eight in ten women believe that a husband is justified in beating his wife if she goes out with another man. A slightly smaller proportion agree that if a woman neglects her children ( 61 percent), or argues with her husband ( 52 percent), then he is justified in beating her.

The 2001-2002 ZDHS found that more than half of women report having experienced beatings or physical mistreatment since the age of 15 , and almost one in four women ( 24 percent) experienced physical violence in the 12 months preceding the survey. Among physically abused women currently in union, almost eight in ten report their current husband/partner as a perpetrator of the violence, while among never-married women who experienced physical abuse, the mother or father is the most commonly reported perpetrator ( 35 percent).

Overall, 15 percent of women report having experienced sexual violence by a man and 8 percent reported such experience in the 12 months preceding the survey. Among evermarried women who ever experienced sexual violence, the current husband/partner is reportedly the most common perpetrator of such violence ( 37 percent). More than four in ten nevermarried women report their current boyfriend as the perpetrator of sexual violence.

## HIV/AIDS and STI-related Knowledge and Behaviour

General awareness of HIV/AIDS is nearly universal among men and women of reproductive age in Zambia. A large majority of respondents ( 79 percent of women and 76 percent of men) know someone personally who has HIV/AIDS or has died of AIDS.

Given the high levels of HIV/AIDS awareness, it is not surprising that 78 percent of women and 86 percent of men know two or more effective ways to avoid HIV infection. More specifically, 72 percent of women and 79 percent of men mention the use of the condom as a specific way to avoid HIV infection, while 82 percent of women and 86 percent of men mention limiting the number of sexual partners/staying faithful to one partner - all of which are considered to be programmatically important ways of avoiding HIV/AIDS. Respondents who live in urban areas and those with more education are more likely to know about HIV/AIDS and ways to avoid getting infected with HIV.

Knowledge of ways that HIV can be transmitted is important in preventing the spread of the disease in a population. Most women recognize that the HIV virus can be transmitted from a mother to a child during pregnancy ( 79 percent), during delivery ( 65 percent), and by breastfeeding (71 percent). Almost eight in ten women and men know that a healthy-looking person can have the AIDS virus.

Overall, only 9 percent of women and 14 percent of men have been tested for HIV. The more educated women and men and those living in urban areas are more likely to have been tested for HIV than other respondents. Roughly
two-thirds of women and men who have not been tested for AIDS say they want to be tested.

One in ten women and men do not know of any sexually transmitted infections (STIs) other than HIV. Only 3 percent of women and 5 percent of men who have ever had sex reported having an STI or symptoms associated with an STI in the 12 months before the survey. More than half of women and men who had an STI in the 12 months preceding the survey sought advice or treatment from a clinic, hospital, or private doctor. Twenty-two percent of women and 32 percent of men with an STI or associated symptoms did not inform their partner, and one in three women and men with an STI took no action to protect their partner.

## Syphilis and HIV Testing

The 2001-2002 ZDHS was the first nationally representative survey in Zambia to include voluntary syphilis and HIV testing. Syphilis test results were linked to the ZDHS interview data with precautions taken to ensure confidentiality of the respondents. HIV testing was carried out anonymously and the test results could not be linked to the respondent's individual information, except for age, sex, residence (urban-rural), and province.

Overall, 6 percent of women and 8 percent of men age 15-49 in Zambia tested positive for syphilis. The syphilis prevalence rate is slightly higher among urban residents of Copperbelt and Lusaka than among those living in rural areas and other provinces. Sixty-three percent of men and 28 percent of women who were found to be syphilis positive have used a condom at some time in their life.

The 2001-2002 ZDHS data on HIV testing found that of the individuals tested, 16 percent were HIV positive. Women are more likely to be HIVpositive than men ( 18 percent and 13 percent, respectively). Overall, the proportion HIV-positive rises with age from a level of 5 percent among respondents $15-19$ to 25 percent among those 30-34, before dropping to 17 percent among those age 4549. HIV prevalence is more than twice as high in urban areas as in rural areas ( 23 percent and 11 percent, respectively).

## ZAMBIA



# INTRODUCTION 

## Kumbutso Dzekedzeke and Chanda Mulenga

### 1.1 History, Geography, and Economy

## History

Historical and archaeological evidence indicates that by the year 1500, much of modern Zambia was occupied by Bantu-speaking horticulturalists, farming people who were ancestors of the present inhabitants. In the late nineteenth century, various parts of what was to become Northern Rhodesia were administered by the British South Africa Company. In 1924, the British Colonial Office assumed responsibility for administering the territory, and in 1953, Northern Rhodesia (Zambia) and Southern Rhodesia (Zimbabwe) joined Nyasaland (Malawi) to form the Central African Federation of Rhodesia and Nyasaland, despite the opposition of Northern Rhodesia's Africans. The Federation was, however, dissolved in 1963. In October 1964, Zambia gained political independence and adopted a multiparty system of government. In December 1972, Zambia became a one-party state. The current multiparty system was implemented in 1991.

## Geography

Zambia is a land-locked country covering an area of 752,612 square kilometres (about 2.5 percent of Africa). It shares borders with the Democratic Republic of Congo (DRC) and Tanzania in the north; Malawi and Mozambique in the east; Zimbabwe and Botswana in the south; Namibia in the southwest and Angola in the west. Administratively, the country is divided into nine provinces and 72 districts. Of the nine provinces, two are predominantly urban, namely Lusaka and Copperbelt provinces. The remaining provinces-Central, Eastern, Northern, Luapula, North-Western, Western and Southern-are predominantly rural provinces. Four of ten Zambians live in urban areas.

Zambia lies between 8 and 18 degrees south latitude and between 20 and 35 degrees east longitude. It has a tropical climate and vegetation with three distinct seasons: the cool dry winter from May to August, a hot dry season during September and October and a warm wet season from November to April.

Among the main river water sources in Zambia are the Zambezi, Kafue, Luangwa and Luapula. The country also has major lakes such as Tanganyika, Mweru, Bangweulu and the man-made Kariba. The northern part of the country receives the highest rainfall with an annual average ranging from $1,100 \mathrm{~mm}$ to over $1,400 \mathrm{~mm}$. The southern and eastern parts of the country have less rainfall, ranging from 600 mm to 1,100 mm annually, which often results in droughts.

## Economy

Zambia has a mixed economy consisting of a modern urban sector that, geographically, follows the rail line and a rural agricultural sector. For a long time, the modern sector has been dominated by parastatal organisations, while private businesses have predominated in construction and agriculture sectors. Since 1991, with the introduction of a liberalised market-oriented economy, the parastatals have been privatised and, in some cases, liquidated.

Copper mining is the country's main economic activity, accounting for 95 percent of export earnings and contributing 45 percent of government revenue during the decade following independence (1965-1975). In the mid-1970s following a sharp decline in copper prices and a sharp increase in oil prices, the country's economy deteriorated. Attempts were made to minimise dependency on copper exports by diversifying the economy through the creation of import substitution parastatals. This did not achieve the desired results.

The 1980s marked the start of the first phase of implementing Structural Adjustment Programmes (SAP) amidst a stagnating economy. However, the SAP failed to substantially alter the economy and increased the poverty of the majority of Zambians. Currently, around 73 percent of Zambians are classified as poor. Poverty is more prevalent in rural areas than urban areas ( 83 percent and 56 percent, respectively). Poverty in the Zambian context can be defined as lack of access to income, employment opportunities, entitlements for citizens to such things as freely determined consumption of goods and services, shelter and other basic needs of life (MOFNP, 2002).

In an effort to halt the economic recession, the Movement for Multiparty Democracy (MMD) Government has launched an Economic Recovery Programme (ERP) to turn around the protracted decline of the economy into sustained positive growth, leading to improvement in living standards and the quality of life of the people (Republic of Zambia, 1992).

### 1.2 POPULATION

The 1980, 1990, and 2000 national censuses reported total populations of 5.7 million, 7.8 million and 10.3 million, respectively, with a growth rate of 2.9 percent per annum in 2000 (see Table 1.1). During the 1990-2000 intercensal period, the growth rates varied by province, ranging from 1.3 percent in Copperbelt province to 4.3 percent in Northern province.

| Selected demographic indicators, Zambia, 1980, 1990, and 2001 |  |  |  |
| :---: | :---: | :---: | :---: |
| Indicator | Census year |  |  |
|  | 1980 | 1990 | 2000 |
| Population (millions) | 5.7 | 7.8 | $10.3{ }^{\text {a }}$ |
| Density (pop./sq. km.) | 7.5 | 10.4 | 13.7 |
| Percent urban | 39.9 | 38 | 36 |
| Total fertility rate | 7.2 | 6.7 | 6.0 |
| Completed family size (women age 45-49) | 6.6 | 7.1 | 6.8 |
| Infant mortality rate | 97 | 123 | 110 |
| Life expectancy at birt |  |  |  |
| Male | 50.4 | 46.1 | 47.5 |
| Female | 52.5 | 47.6 | 51.7 |
| ${ }^{\text {a }}$ Adjusted preliminary estimate from the 2000 National Census <br> Sources: Central Statistical Office, 1985a, 1985b, 1995b, and 2002b |  |  |  |

The population density in Zambia increased from 7.5 people per square kilometre in 1980 to 10.4 in 1990 and 13.7 in 2000. The average density in 2000 ranged from 65 people per square kilometre in Lusaka province to 5 people per square kilometre in North-Western province. In addition to being the most densely populated provinces, Lusaka and Copperbelt are also the most urbanised.

The decline in the economy has gradually reduced the proportion of the population in urban areas. The proportion of the population living in urban areas has decreased steadily from 40 percent in 1980 to 38 percent in 1990 and 36 percent in 2000 . The proportion of the urban population varies by province, from 91 percent in Copperbelt province to 9 percent in Eastern province (CSO, 2002b).

Total fertility rates estimated from the 1969 and 1980 censuses are in the neighbourhood of 7.0 births per woman. The rate declined to 6.7 births per woman in 1990 and to 6.0 in 2000 . Life expectancy at birth for males was 50 years in 1980 and was estimated to have declined to 46 years by 1990. In 2000, it increased to 48 years. Zambian women live, on average, 4 years longer than men. Mortality levels are highest in

Luapula followed by Western and Eastern provinces, with Lusaka, Copperbelt and North-Western provinces experiencing the lowest mortality rates (data not shown). Life expectancy at birth ranged from 44 years in Western Province to 56 years in North-Western province (CSO, 2002b). The overall infant mortality rate declined from 141 deaths per 1,000 live births in the mid-1960s (based on the 1969 census) to 99 in the late 1970s, after which it increased to 123 in the late 1980s. In the late 1990s, it declined again to 110 although this level is still higher than that experienced in the late 1970s.

### 1.3 The Population Policy and National Population and Development Programme of Action

For the first decade and a half after independence, Zambia did not view the high rate of population growth as a development problem. The results of the 1980 Population and Housing Census exposed the rapidity with which the population was expanding and the implied adverse effect on development and individual welfare. This led the government to reappraise the role of population in national development efforts.

In 1984, the then National Commission for Development Planning (NCDP) was given a mandate to initiate a draft population policy which would aim at achieving a population growth rate consistent with the growth rate of the economy (NCDP, 1989). The National Population Policy was accepted in May 1989. Since then, the country's population growth rate has remained high and continues to be a serious impediment to sustainable development.

The original population policy was revised in December 1996. New objectives of the policy take account of concerns regarding HIV/AIDS, poverty, and gender issues. Among the objectives of the revised policy are:

1. To ensure that population issues and other development concerns are mutually integrated in the planning and implementation processes so as to attain development;

2 To ensure that all couples and individuals have the basic right to decide freely and responsibly the number and spacing of their children and to have the information, education and means to do so in order to enhance the health of families;
3. To contribute to the reduction of maternal, infant and child mortality in order to increase life expectancy;
4. To contribute to the reduction of HIV/AIDS and other sexually transmitted infections so as to improve the general health status of the population;
5. To improve the population's access to appropriate, affordable and high-quality reproductive health services including family planning and sexual health in order to have a healthy nation;
6. To promote and maintain equal access to education for both sexes at all levels in order to raise literacy levels.

The objectives of the policy will be achieved through related policies and strategic frameworks such as the Reproductive Health Policy and the Gender Policy. Institutions from all sectors are involved in implementing activities for the strategic frameworks.

### 1.4 Health Priorities and Programmes

The Government's commitment to the objective of improving the quality of life of all Zambians is demonstrated through its efforts to improve health care delivery by reforming the health sector. In 1991, the Government of the Republic of Zambia articulated radical health policy reforms characterised by a move from a strongly centralised health system in which the central structures provided support and national guidance to
the peripheral structures. An important component of health policy reform is the restructured Primary Health Care ( PHC ) programme.

To ensure that the PHC programme operates efficiently in addressing the main health problems of the individual, the family, and the community, the health service has been decentralised, with the responsibility of planning, implementing, monitoring, and managing PHC programmes falling to the districts. The integrated health plans developed out of the District Health Boards' Basic Health Programme constitute the PHC package.

The reformulated PHC programme aims, among other things, to deal with the main health problems in the community, focusing on the needs of the underserved, high-risk, and vulnerable groups. Thus, attention is paid to the rural and peri-urban areas where the health needs of the people are greatest, with particular emphasis placed on maternal and child care, family planning, nutrition, control of communicable diseases (e.g., diarrhoea, cholera, dysentery, sexually transmitted infections, HIV/AIDS, malaria, etc.), immunisation, and environmental sanitation in order to secure adequate health care for all Zambians.

The health reforms established the government's commitment to improve the health of the population by progress towards the achievement of the following targets by the year 2000:

- To reduce the percentage of underweight children (0-5 years) from 23 to 18 percent;
- To bring under control 80 percent of tuberculosis cases;
- To increase accessibility to and acceptability of family planning services and appropriate use of information in order to increase family planning use;
- To improve the quality of, access to and utilisation of maternal and child health services in order to reduce maternal deaths and complications;
- To reduce the incidence of sexually transmitted infections (STIs), AIDS, and reproductive tract infections;
- To reduce the incidence of induced abortions in order to reduce maternal complications and deaths;
- To increase the percentage of the population having adequate sanitation from 66 to 75 percent in urban areas and from 37 to 57 percent in rural areas by 1996 (MOH, 1992).

The targets were to be achieved through a basic health care services package to be provided at all levels of the health care system.

### 1.4 Strategic Framework to Combat the National HIV/AIDS Epidemic

Once the first case of AIDS was diagnosed in Zambia in 1984, the government realised that HIV/AIDS required behavioural interventions as well as care and support. The National AIDS Prevention and Control Programme was formally established in 1986 with assistance from the WHO Global Programme on AIDS.

Consistent with the evolving epidemic, three national plans have been developed to respond to the HIV/AIDS epidemic. In 1987, an emergency short-term plan was developed to ensure safe blood and blood product supplies. In 1993, the Second Medium Term plan (1993-1998) was launched. This plan acknowledged that the initial response to HIV/AIDS was inadequate to contain a problem that was more than just medical in nature. It further acknowledged that the first plan did not incorporate in its planning process a mechanism for intersectoral coordination and collaboration. It was therefore decided that the cross-cutting and multi-dimensional nature of the HIV/AIDS epidemic needed a broad and multisectoral response. Thus, to ensure a coordinated, nationalised response, the AIDS, STI and TB programmes were integrated. The integrated programmes sought to foster political commitment at the highest level, develop intersectoral approaches encompassing all government ministries, the private sector and civil society, increase access to STI care, strengthen condom promotion and distribution, develop effective AIDS impact mitigation strategies, and control TB.

In the current national Strategic Framework 2001-2003, a combination of interventions are being implemented to (National HIV/AIDS/TB Council, 2000):

1. Reduce HIV/AIDS transmission, mainly focussing on children, youth, women and high risk populations; and
2. Reduce the socio-economic impact of HIV/AIDS on individuals and families at the workplace, in the homes and on the whole Zambian society.

The interventions include:

1. Information, education and communication to inform the general public about HIV/AIDS;
2. Condom promotion and distribution;
3. Early and effective diagnosis and treatment of sexually transmitted infections;
4. Blood screening;
5. Counselling and testing;
6. Special programmes for orphans, widows and widowers;
7. Support for persons living with AIDS;
8. Advocacy for the introduction of non-discriminatory practices and laws.

### 1.6 Objectives and Organisation of the Survey

## Objectives

The Zambia Demographic and Health Survey (ZDHS) is a nationally representative sample survey of women and men of reproductive age designed to provide information on fertility, family planning, child survival and health of children.

The primary objectives of the ZDHS are:

1. To collect up-to-date information on fertility, infant and child mortality and family planning;
2. To collect information on health-related matters such as breastfeeding, antenatal care, children's immunisations and childhood diseases;
3. To assess the nutritional status of mothers and children;
4. To support dissemination and utilisation of the results in planning, managing and improving family planning and health services in the country;
5. To enhance the survey capabilities of the institutions involved in order to facilitate the implementation of surveys of this type in the future; and
6. To document current epidemics of sexually transmitted infections and HIV/AIDS through use of specialised modules.

## Organisation

The 2001-2002 ZDHS was conducted by the Central Statistical Office (CSO) and the Central Board of Health $(\mathrm{CBoH})$. ORC Macro of Calverton, Maryland provided technical assistance to the project through its contract with the U.S. Agency for International Development (USAID). Funding for the survey was supplied by ORC Macro (from USAID), the Government of Japan through a trust fund managed by the United Nations Development Programme (UNDP) and through bilateral agreements between the Government of the Republic
of Zambia and the United Nations Population Fund (UNFPA), and the Danish International Development Agency (DANIDA).

### 1.7 SAMPLE Design

The sample for the 2001-2002 Zambia Demographic and Health Survey covered the population resid-
ing in private households in the country. A representative probability sample of approximately 8,000
households was selected for the ZDHS. This sample was constructed in such a manner as to allow for separate estimates for key indicators for each of the 9 provinces in Zambia. As a result, the ZDHS sample is not self-weighting at the national level.

A list of Standard Enumeration Areas (SEAs) prepared for the 2000 Population Census constituted the frame for the ZDHS sample selection. A total of 320 clusters ( 100 urban and 220 rural) were selected from this frame. In general, the ZDHS clusters included only one SEA; however, in order to achieve the minimum cluster size of 85 households, 34 clusters comprised two SEAs. The final stage of selection involved the systematic sampling of households from a list of all households that was prepared for each of the selected SEAs.

All women age 15-49 who were either permanent residents of the households in the ZDHS sample or visitors present in the household on the night before the survey were eligible to be interviewed in the survey. In addition, in a subsample of one-third of all the households selected for the ZDHS, all men age 15-59 were eligible to be interviewed if they were either permanent residents or visitors present in the household on the night before the survey. Finally, all women and men (approximately 2,500 of each) living in the households selected for the men's survey and eligible for the DHS interview were asked to voluntarily give blood for syphilis and HIV testing.

### 1.8 Questionnaires

Three questionnaires were used for the 2001-2002 ZDHS: the Household Questionnaire, the Women's Questionnaire and the Men's Questionnaire. The contents of these questionnaires were based on the model questionnaires developed by the MEASURE DHS+ programme for use in countries with low levels of contraceptive use. The questionnaires are reproduced in Appendix E.

In consultation with technical institutions, local and international organisations, the CSO modified the DHS model questionnaires to reflect relevant issues in population, family planning and other health issues in Zambia. A series of questionnaire design meetings were organised by the CSO with the assistance of ORC Macro, and the inputs generated in these meetings were used to produce the first draft of the ZDHS questionnaires. These questionnaires were translated from English into the seven major languages, namely Bemba, Kaonde, Lozi, Lunda, Luvale, Nyanja, and Tonga.

The Household Questionnaire was used to list all the usual members and visitors in the selected households. Some basic information was collected on the characteristics of each person listed, including his or her age, sex, education, and relationship to the head of the household. The main purpose of the Household Questionnaire was to identify women and men who were eligible for the individual interview. The Household Questionnaire collected information on characteristics of the household's dwelling unit, such as the source of water, type of toilet facilities, materials used for the floor of the house, ownership of various durable goods, and ownership and use of mosquito nets. The Household Questionnaire was also used to record height and weight measurements of women 15-49 and children under the age of 6 , and, where syphilis and HIV testing was conducted, to record the respondents' consent to the testing. In order to maintain confidentiality, separate forms were used for recording the results of the syphilis and HIV testing.

The Women's Questionnaire was used to collect information from all women age 15-49. These women were asked questions on the following topics:

- Background characteristics (education, residential history, media exposure, etc.)
- Knowledge and use of family planning methods
- Fertility preferences
- Antenatal and delivery care
- $\quad$ Breastfeeding and infant feeding practices
- Vaccinations and childhood illnesses
- Marriage and sexual activity
- Woman's work and husband's background characteristics
- Infant and child feeding practices
- Childhood mortality
- Awareness and behaviour regarding AIDS and other sexually transmitted infections (STIs)
- Adult mortality including maternal mortality.

The Women's Questionnaire included a series of questions to obtain information on women's experience of domestic violence. These questions were administered to one woman per household. In households with two or more eligible women, special procedures were followed in order to ensure the random selection of this woman.

The Men's Questionnaire was administered to all men age 15-59 living in every third household in the ZDHS sample. The Men's Questionnaire collected much of the same information found in the Women's Questionnaire, but was shorter because it did not contain a reproductive history or questions on maternal and child health, nutrition, or maternal mortality.

### 1.9 Syphilis and HIV Testing

In households selected for the male survey, the ZDHS involved the collection of blood specimens from all eligible women and men who voluntarily consented to the syphilis and HIV testing. The initial protocol for the blood specimen collection and testing as well as modifications made in the protocol during the course of the study were reviewed and approved by both the Institutional Review Board of ORC Macro and the Ethical Review Committee of the University of Zambia which approves research studies on human subjects conducted in Zambia.

For the syphilis and HIV testing activities, a nurse/nurse counselor and a laboratory technician were added to each of the 12 ZDHS field teams. The nurse/nurse counselors and laboratory technicians were recruited from the health facilities under the district health management boards with the assistance of the CBoH and had experience in blood collection and testing, respectively. According to the initial protocol, syphilis testing was done in the field by the laboratory technician, using a qualitative Rapid Plasma Reagin (RPR) as a screening test and the Abbott test strip Determine as the confirmatory test. Those individuals who were found to test positive for syphilis were offered treatment at home with one injection of benzathine penicillin, which is the standard treatment in Zambia. Alternative treatment was given to those allergic to penicillin and to pregnant women (erythromycin capsules for pregnant women and doxycycline capsules for men and nonpregnant women). An emergency kit (epinephrine) was provided to each nurse/nurse counselor for penicillinallergic cases. Treatment was also offered to the partners of individuals who tested positive.

If the respondent tested positive for syphilis and did not want to be treated at home, a referral letter was given for free treatment at the nearest health facility. An effort was also made to ensure follow-up care for respondents (and their partners, whenever possible) who were tested and found to be positive but who were not at home when the nurse/nurse counselor returned to provide treatment. To facilitate the follow-up care, respondents (and their partners, whenever possible) were asked at the time they gave a blood specimen to consent to have their names, contact information, and test results given to the nearest health facility in the event that the subjects were unavailable for treatment during the survey.

The syphilis testing protocol was modified in January 2002 at the request of the CBoH . Although the Determine test had shown a high degree of accuracy in other settings, it was not considered appropriate to use as the confirmatory test in the ZDHS because it had not been validated and/or officially approved for use in Zambia. In the revised protocol, RPR was still performed in the field by the lab technician as a screening test for syphilis. The major change was that no confirmatory test was performed in the field. Instead, all RPRreactive blood samples were collected in cryo vials, frozen in liquid nitrogen tanks and transported to the Tropical Diseases Research Centre (TDRC) in Ndola for syphilis confirmatory testing using Treponema Pallidum Haemaglutination Assay (TPHA).

Under the revised protocol, respondents testing positive on the RPR test were not treated in the field. Rather, subjects testing positive on the RPR were advised of their status and they (and their partners if the
subjects agreed) received a referral letter(s) to an appropriate local health facility for follow-up diagnosis and treatment. At the end of the fieldwork for each ZDHS sample point, the nurse/nurse counselor counted up the
number of RPR-positive subjects and dropped off a sufficient number of benzathine penicillin doses and syringes at the designated health centre closest to the sample point with instructions to health centre staff to use the supplies to treat ZDHS subjects. Again, as part of the informed consent process, the respondent was asked for his/her consent for the interviewing team to give contact information to a designated health facility for follow-up in case the respondent was not found at home at the time of result notification. To ensure that all confirmed positive cases would be adequately treated, the CBoH asked that the results of the TPHA testing be provided to the District Health Management Teams (DHMTs). The DHMTs and local health centre staff were instructed to conduct follow-ups in such a way as to minimise the loss of subject confidentiality.

The HIV testing in the ZDHS was anonymous and unlinked to the other variables collected in the survey except for sex, age and geographical location of the respondent. If a respondent consented to HIV testing, the laboratory technician prepared a dried blood spot (DBS) sample on a filter paper card from the venous blood specimen. Each DBS sample was given a serial identification number that was not related to survey identifiers for the respondent. The DBS samples from a cluster were then placed in Ziploc bags and transported to TDRC in Ndola for HIV testing. At TDRC, the DBS samples were first eluted and then screened using the Wellcozyme HIV $1 \& 2$ GACELISA. All the positive samples and 10 percent of the negative samples were re-tested using BIONOR HIV 1\&2. Any discordant cases were tested with Western Blot.

HIV tests vary in their sensitivity, that is, their ability to correctly identify all cases with the virus and specificity, that is, their ability to avoid falsely identifying cases as having the virus when they do not. The DHS protocol employed three tests in order to reduce errors that might be introduced in the results by a single test's performance in detecting false positive or false negative cases. Specifically, the confirmatory testing with BIONOR (which has a reported sensitivity of nearly 100 percent and a specificity of 98 percent) of all positive samples and of 10 percent of the negative samples was aimed at detecting errors resulting from the initial testing with GACELISA, which has a somewhat lower reported sensitivity ( 97 percent) and specificity ( 96 percent). The third step of testing the discordant cases with Western Blot was the final effort to reduce the number of false positive or false negative cases to a minimum.

A total of 3,961 samples were collected in the ZDHS, of which 710 tested positive using the GACELISA. When these positive samples were retested using BIONOR, 570 tested positive and 140 tested negative. Western Blot was then performed for the 140 samples for which the results were discordant, i.e., the GACELISA result was positive and the BIONOR result was negative. Only one of the samples was confirmed as positive and 139 were confirmed as negative with Western Blot.

As an additional quality control measure 10 percent of the total number of samples found to be negative with the GACELISA test were also tested with BIONOR. Of the 325 negative samples retested, only two were found to be positive on BIONOR. These discordant cases were then tested with Western Blot and the result was considered as final.

Finally, the availability of the serum samples collected for syphilis testing allowed for a comparison of the results of testing using dried blood spots versus testing using serum for the same subjects. In this exercise, which was designed to validate the use of the dried blood spot approach, both plasma and dried blood spots samples were tested for HIV for a total of 505 respondents. Discordant results were obtained in only 3 cases; in all the discordant cases, the outcome of the plasma test was negative while the DBS test positive. Overall, 118 samples were positive for HIV on the plasma test and 121 samples were positive on the DBS.

The HIV and syphilis test results were entered on special forms by either the field or laboratory personnel involved in the testing. These forms were sent to CSO in Lusaka where the data were entered and processed separately from the DHS questionnaires. The syphilis test results were then linked to the individual DHS records in a special data file. Another data file was created for the HIV test data. Since the HIV testing was anonymous, the HIV testing results could not be linked to DHS interview data. Thus, the HIV data file
includes information only on the age, sex, and residence (urban-rural and province) for each of the individuals tested.

### 1.10 Pretest Activities, Training, and Fieldwork

The ZDHS involved a number of activities to address various methodological and ethical concerns raised by the inclusion of HIV and syphilis testing as well as to pilot the ZDHS questionnaires. A total of three formal pretests were conducted during this phase of the survey. The training and fieldwork for the first pretest took place May 14-25, 2001. In addition to pretesting the survey questionnaires, the pretest included syphilis and HIV testing using a simple finger prick procedure from which blood spots were collected on filter paper. Four medical laboratory technicians, nine female interviewers, seven male interviewers, and six nurse counselors, were trained, forming seven teams, one for each local language. The pretest fieldwork was conducted in four areas, three urban and one rural. In total, 65 household questionnaires, 79 women's questionnaires and 106 men's questionnaires were completed in the course of three days. A total of 81 persons were identified as eligible for the blood collection. Of these, 52 persons voluntarily agreed to give a sample of blood.

After the first pretest was completed, it was decided that venous rather than capillary blood samples should be collected to be consistent with existing syphilis testing protocols in Zambia. To pilot all of the testing procedures, a second pretest was carried out July 18-24, 2001. Four medical laboratory technicians, five female interviewers and five male interviewers took part in the second pretest. The staff was selected from those individuals who had participated in the first pretest. In the second pretest, 130 questionnaires ( 38 household, 57 women's and 35 men's questionnaires) were administered. Sixty-nine persons were selected for the venous blood collection. Out of these, 67 ( 32 males and 35 females) agreed to have their blood tested. In the second pretest, RPR was used as the screening test for syphilis and Abbot Determine test strip as the confirmatory test. The pretest included follow-up treatment or referral for those who tested positive for syphilis. The laboratory technicians also tested the procedures for obtaining dried blood spots from the venous blood samples for later HIV testing.

Using the same staff who took part in the second pretest, a third pretest of the HIV/syphilis protocol was conducted July 26 though August 1, 2001. This pretest focused mainly on gaining additional experience with the informed consent statement in a variety of settings. Five areas were covered, three high-density areas (low income earners areas) and two low-density areas (high income earners areas). In the third pretest, 98 households and 286 individuals were covered. More than 85 percent of respondents agreed to HIV and syphilis testing.

In addition to the three pretests, an additional field exercise was conducted as part of the ZDHS to validate the use of dried blood spots for the HIV testing. In this study, matched DBS and plasma samples were collected and tested. The results of the testing of the matched DBS and plasma samples were similar, leading to the decision to collect DBS samples.

A total of 88 interviewers and 36 nurse/nurse counselors and laboratory technicians participated in the main survey training that took place August 20 through September 16, 2001. All participants were trained in interviewing techniques and the contents of the ZDHS questionnaires. The training was conducted following the standard DHS training procedures, including class presentations, mock interviews, and tests using the Women's Questionnaire. Special training was given to interviewers on the collection of the domestic violence data, especially on issues relating to informed consent and privacy. Male participants were additionally trained on the content of the men's questionnaire. The nurse/nurse counselors were trained to use the scales and height boards to collect anthropometric measurements of women and young children. All of the interviewers were trained in taking height and weight measurements so that they could assist the nurse/nurse counselors in performing these tasks.

During the last week of the training, the nurse/nurse counselors and laboratory technicians, who already had experience in blood collection and testing, were separated and trained on the specific procedures for drawing blood samples in the field and on syphilis testing using RPR. Additionally, they received training specifically focused on the internationally accepted procedures to minimise risk ("universal precautions") and
confidentiality.

Finally, in addition to the classroom instruction, the ZDHS training included practice interviews using the questionnaire in English and the participants' local languages.

Data collection for the 2001-2002 ZDHS took place over a seven-month period from November 2001 to May 2002. Twelve interviewing teams carried out data collection. Each team consisted of one team supervisor, one field editor, three to four female interviewers, one male interviewer, one nurse/nurse counselor, one lab technician, and one driver. Six staff assigned from the CSO coordinated and supervised fieldwork activities. They were assisted by staff from the TDRC and the University of Zambia Demography Division. ORC Macro participated in field supervision for interviews, height and weight measurements, and blood collection and testing.

### 1.11 Data Processing

The processing of the ZDHS results began shortly after the fieldwork commenced. Completed questionnaires were returned periodically from the field to CSO offices in Lusaka, where they were entered and edited by data processing personnel who were specially trained for this task. The concurrent processing of the data was an advantage because CSO was able to advise field teams of problems detected during the data entry. TDRC provided the results of the syphilis and HIV testing to CSO for entry and editing. The data entry and editing phase of the survey was completed in August 2002.

### 1.12 Response Rates

Table 1.2 shows response rates for the 2001-2002 ZDHS. Response rates are a source of concern because high non-response may affect the reliability of the results. A total of 8,050 households were selected in the sample, of which 7,260 were found at the time of the fieldwork. The shortfall is largely due to some structures being vacant. Of the 7,260 existing households, 7,126 were successfully interviewed, yielding a household response rate of 98 percent.

In the households interviewed in the survey, a total of 7,944 eligible women were identified; interviews were completed with 7,658 of these women, yielding a response rate of 96 percent. With regard to the male survey results, 2,418 eligible men were identified in the subsample of households selected for the male survey, of which 2,145 were successfully interviewed, yielding a response rate of 89 percent. The response rates are lower for the urban than for rural sample, especially for men.

Table 1.2 Results of the household and individual interviews
Number of households, number of interviews, and response rates, according to residence, Zambia 2001-2002

|  | Residence |  |  |
| :--- | ---: | ---: | ---: |
| Result | Urban | Rural | Total |
| Household interviews <br> Households selected | 2,167 | 5,883 | 8,050 |
| Households occupied <br> Households interviewed | 2,059 | 5,201 | 7,260 |
| Household response rate | 97.8 | 98.113 | 7,126 |
| Interviews with women <br> Number of eligible women | 2,650 | 5,294 | 7,944 |
| $\quad$Number of eligible women in- <br> terviewed | 2,551 | 5,107 | 7,658 |
| Eligible woman response rate | 96.3 | 96.5 | 96.4 |
| Interviews with men <br> Number of eligible men | 814 | 1,604 | 2,418 |
| Number of eligible men inter- <br> viewed | 689 | 1,456 | 2,145 |
| Eligible man response rate | 84.6 | 90.8 | 88.7 |

Compared with the 1996 ZDHS, there has been a slight decline in response rates. In the 1996 survey, the response rates were 99 percent for households, 97 percent for women, and 91 percent for men (CSO, MOH, and Macro International, 1997).

The principal reason for non-response among both eligible men and women was the failure to find individuals at home despite repeated visits to the household. The substantially lower response rate for men reflects
the more frequent and longer absences of men from the household, principally related to their employment and life style.

# CHARACTERISTICS OF HOUSEHOLDS AND RESPONDENTS 

Patrick Mumba Chewe

The purpose of this chapter is to provide a descriptive summary of some demographic and socioeconomic characteristics of the population in the sampled households. Also examined are environmental conditions, such as housing facilities and household characteristics. This information on the characteristics of the households and the individual women and men interviewed is essential for the interpretation of survey findings.

In the 2001-2002 ZDHS a household was defined as a person or a group of persons, related or unrelated, who live together in the same dwelling unit and share a common source of food. The Household Questionnaire was used to collect information on all usual residents and visitors who spent the night preceding the survey in the household. This method of data collection allows the analysis of either de jure (usual residents) or de facto (those who are there at the time of the survey) populations.

### 2.1 Population by Age and Sex

Age and sex are important demographic variables and are the primary basis of demographic classification in vital statistics, censuses, and surveys. They are also very important variables in the study of mortality, fertility, and nuptiality. The distribution of the de facto household population in the 2001-2002 ZDHS survey is shown in Table 2.1 by five-year age groups, according to sex and urban-rural residence while Figure 2.1 shows the population pyramid by sex for Zambia. The data show that there are slightly more women than men in Zambia, with women constituting 51 percent and men constituting 49 percent. There is no

Table 2.1 Household population by age, sex, and residence
Percent distribution of the de facto household population by five-year age groups, according to sex and residence, Zambia 2001-2002

| Age | Urban |  |  | Rural |  |  | Total |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Total | Male | Female | Total | Male | Female | Total |
| 0-4 | 15.7 | 14.6 | 15.1 | 18.9 | 18.7 | 18.8 | 17.8 | 17.2 | 17.5 |
| 5-9 | 16.1 | 17.1 | 16.6 | 17.0 | 15.7 | 16.3 | 16.7 | 16.2 | 16.4 |
| 10-14 | 14.1 | 13.8 | 13.9 | 14.9 | 13.9 | 14.3 | 14.6 | 13.8 | 14.2 |
| 15-19 | 10.5 | 12.2 | 11.4 | 11.2 | 9.6 | 10.4 | 10.9 | 10.5 | 10.7 |
| 20-24 | 9.7 | 11.2 | 10.4 | 6.8 | 8.6 | 7.8 | 7.9 | 9.6 | 8.7 |
| 25-29 | 9.1 | 9.4 | 9.3 | 6.8 | 7.0 | 6.9 | 7.7 | 7.9 | 7.8 |
| 30-34 | 8.1 | 6.3 | 7.2 | 4.8 | 5.2 | 5.0 | 6.0 | 5.6 | 5.8 |
| 35-39 | 4.7 | 4.2 | 4.5 | 4.5 | 4.5 | 4.5 | 4.6 | 4.4 | 4.5 |
| 40-44 | 3.3 | 3.5 | 3.4 | 3.3 | 3.5 | 3.4 | 3.3 | 3.5 | 3.4 |
| 45-49 | 2.7 | 2.6 | 2.6 | 2.4 | 2.7 | 2.6 | 2.5 | 2.6 | 2.6 |
| 50-54 | 2.0 | 1.6 | 1.8 | 1.8 | 2.9 | 2.4 | 1.9 | 2.4 | 2.2 |
| 55-59 | 1.4 | 1.2 | 1.3 | 1.8 | 2.2 | 2.0 | 1.7 | 1.8 | 1.7 |
| 60-64 | 1.1 | 0.9 | 1.0 | 2.0 | 2.1 | 2.0 | 1.6 | 1.7 | 1.7 |
| 65-69 | 0.7 | 0.8 | 0.7 | 1.4 | 1.4 | 1.4 | 1.1 | 1.2 | 1.2 |
| 70-74 | 0.3 | 0.4 | 0.3 | 1.0 | 1.0 | 1.0 | 0.8 | 0.8 | 0.8 |
| 75-79 | 0.2 | 0.2 | 0.2 | 0.7 | 0.6 | 0.7 | 0.5 | 0.5 | 0.5 |
| $80+$ | 0.2 | 0.2 | 0.2 | 0.6 | 0.4 | 0.5 | 0.5 | 0.3 | 0.4 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 6,416 | 6,591 | 13,007 | 11,395 | 11,808 | 23,202 | 17,811 | 18,399 | 36,209 |

variation in sex composition of the population by urban-rural residence from what is observed at the national level. The age distribution of the Zambian population is typical of high fertility/high mortality populations which show a higher proportion of younger persons in the overall population (see Figure 2.1). The population under age 15 constitutes 48 percent of the total population, while the older age groups are very small. This type of age structure has a built-in momentum for the growth of the country's population. The implication is that the population growth rate will remain high for some time because the young population will eventually reach the reproductive age.

A feature worth noting in the population distribution is the gap between males and females at age 20-24 in the ZDHS sample (Figure 2.2). The gap indicates that there are more women than men in this age group.

Figure 2.1 Population Pyramid


ZDHS 2001-2002

## Figure 2.2 Distribution of De Facto Household Population by Five-Year Age Groups and Sex



Age group
\&AMale -Ftemale
ZDHS 2001-2002

### 2.2 Household Composition

Information about the composition of households, specifically the sex of the head of the household and size of the household, is presented in Table 2.2. These characteristics are important because they are associated with aspects of household welfare. Female-headed households are, for example, typically poorer than maleheaded households. Where households are large, there is generally greater crowding, which is associated with unfavourable health conditions. The proportion of femaleheaded households increased from 1992 (13 percent) to 1996 (20 percent) and has remained the same since 1996.

In the 2001-2002 ZDHS, the average household size was 5.2 persons, compared with 5.4 persons in the 1996 ZDHS and 5.6 persons in the 1992 ZDHS. This shows a modest decline over the period. Table 2.2 further shows that the average household size is larger in urban areas ( 5.5 persons) than in rural areas ( 5.1 persons). The proportion of households with more than nine persons is higher in urban areas ( 14 percent) than in rural areas (10 percent).

Table 2.2 Household composition
Percent distribution of households by sex of head of household and by household size, according to residence,
Zambia 2001-2002

|  | Residence |  |  |
| :--- | ---: | ---: | ---: |
| Characteristic | Urban | Rural | Total |
| Sex of head of household |  |  |  |
| Male | 79.8 | 76.1 | 77.4 |
| Female | 20.2 | 23.9 | 22.6 |
|  |  |  |  |
| Total | 100.0 | 100.0 | 100.0 |
|  |  |  |  |
| Number of usual members |  |  |  |
| 1 | 5.9 | 6.8 | 6.5 |
| 2 | 8.4 | 9.6 | 9.2 |
| 3 | 12.0 | 13.2 | 12.8 |
| 4 | 13.7 | 15.8 | 15.1 |
| 5 | 14.0 | 14.9 | 14.6 |
| 6 | 13.8 | 12.9 | 13.2 |
| 7 | 10.1 | 9.7 | 9.8 |
| 8 | 8.4 | 7.1 | 7.5 |
| $9+$ | 13.8 | 10.0 | 11.3 |
|  |  |  |  |
| Total | 100.0 | 100.0 | 100.0 |
| Number of households | 2,437 | 4,689 | 7,126 |
| Mean size | 5.5 | 5.1 | 5.2 |

Note: Table is based on de jure members, i.e., usual residents.

### 2.3 Children's Living Arrangements and Parental Survival

Table 2.3 takes into account parental survival status in looking at children's living arrangements. Several aspects of the table are of interest, particularly the extent of orphanhood, i.e., the proportion of children who have lost one or both parents. The AIDS epidemic is a major factor contributing to orphanhood.

| Table 2.3 Children's living arrangements and orphanhood |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of de jure children under age 15 by children's living arrangements and survival status of parents, according to background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |  |  |  |
| Background characteristic | Living with both parents | Living with mother but not father |  | Living with father but not mother |  | Not living with either parent |  |  |  | Missing informa -tion on father/ mother | Total | Number of children |
|  |  |  |  | Both <br> alive | Only <br> father alive | Only mother alive | Both dead |  |  |  |
|  |  | Father alive | Father dead |  |  |  |  | Mother alive | Mother dead |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 0-1 | 75.2 | 20.0 | 2.4 | 0.3 | 0.2 | 1.1 | 0.2 | 0.1 | 0.1 | 0.4 | 100.0 | 2,737 |
| 2-4 | 70.4 | 14.7 | 4.1 | 1.7 | 0.6 | 5.7 | 0.9 | 0.8 | 0.5 | 0.5 | 100.0 | 3,690 |
| 5-9 | 61.1 | 9.8 | 6.6 | 3.5 | 1.3 | 8.9 | 2.1 | 3.0 | 3.0 | 0.8 | 100.0 | 6,096 |
| 10-14 | 49.0 | 7.4 | 8.9 | 4.3 | 1.8 | 12.4 | 3.2 | 5.5 | 6.1 | 1.4 | 100.0 | 5,265 |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 62.2 | 11.5 | 6.3 | 3.1 | 1.1 | 7.2 | 1.8 | 2.9 | 3.0 | 0.7 | 100.0 | 8,878 |
| Female | 61.0 | 11.9 | 5.9 | 2.6 | 1.2 | 8.9 | 1.9 | 2.8 | 2.9 | 1.0 | 100.0 | 8,910 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 60.5 | 10.1 | 7.9 | 3.9 | 1.2 | 7.6 | 1.5 | 2.8 | 3.5 | 1.0 | 100.0 | 6,070 |
| Rural | 62.2 | 12.5 | 5.2 | 2.4 | 1.1 | 8.3 | 2.1 | 2.9 | 2.6 | 0.8 | 100.0 | 11,719 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |
| Central | 58.0 | 11.7 | 6.2 | 2.5 | 1.2 | 8.8 | 2.6 | 4.7 | 3.8 | 0.5 | 100.0 | 1,349 |
| Copperbelt | 64.3 | 8.8 | 7.7 | 3.3 | 0.7 | 7.3 | 1.6 | 2.3 | 3.3 | 0.8 | 100.0 | 3,217 |
| Eastern | 65.4 | 12.2 | 3.8 | 1.9 | 1.0 | 8.2 | 1.7 | 2.1 | 2.5 | 1.1 | 100.0 | 2,374 |
| Luapula | 62.6 | 10.6 | 6.5 | 2.0 | 1.0 | 10.3 | 2.3 | 2.0 | 1.8 | 0.9 | 100.0 | 1,400 |
| Lusaka | 60.0 | 9.9 | 7.7 | 3.4 | 1.3 | 8.6 | 1.6 | 3.2 | 3.4 | 0.8 | 100.0 | 2,315 |
| Northern | 67.6 | 10.7 | 6.0 | 1.6 | 1.4 | 5.2 | 1.4 | 2.3 | 3.0 | 0.7 | 100.0 | 2,559 |
| North-Western | 59.8 | 13.7 | 6.4 | 3.8 | 1.0 | 9.0 | 1.5 | 1.9 | 1.9 | 1.0 | 100.0 | 968 |
| Southern | 58.0 | 12.5 | 4.7 | 3.0 | 1.2 | 10.0 | 1.8 | 4.8 | 3.4 | 0.6 | 100.0 | 2,081 |
| Western | 50.7 | 20.1 | 5.4 | 5.2 | 1.7 | 7.4 | 3.1 | 2.9 | 2.2 | 1.3 | 100.0 | 1,525 |
| Total | 61.6 | 11.7 | 6.1 | 2.9 | 1.1 | 8.1 | 1.9 | 2.9 | 2.9 | 0.9 | 100.0 | 17,789 |

There has not been a measurable change in the proportion of children under the age of 15 living with both their natural parents between the 1996 ZDHS ( 62 percent) and the 2001-2002 ZDHS ( 62 percent). Overall, 18 percent of children under the age of 15 live with only their mothers compared with 19 percent in the 1996 ZDHS, 4 percent live with only their fathers compared with 5 percent in the 1996 ZDHS, while 16 percent are fostered or not living with either parent. Results from the 2001-2002 ZDHS show that fathers of 12 percent of the children under the age of 15 are dead, mothers of 6 percent are dead and both parents of 3 percent are dead.

Table 2.3 shows that the proportion of children living with both parents declines with age. Threefourths of children under age two live with both parents, compared with less than half of those age 10-14. Western province has the smallest proportion of children under the age of 15 living with both parents (51 percent), while Northern province has the largest proportion ( 68 percent).

### 2.4 Educational Level of Household Population

Education is a key determinant of the lifestyle and status an individual enjoys in a society. Studies consistently show that educational attainment has a substantial effect on reproductive behaviour, contraceptive use, fertility, infant and child mortality, morbidity, and attitudes and awareness related to family health and hygiene.

Formal education in Zambia is based on a three-tier system: primary education consisting of 7 years, junior secondary school consisting of 2 years, and senior secondary school consisting of 3 years. Upon completion of secondary school, someone may choose to further his/her education by either going to the university for 4 to 7 years, depending on the field of study, and obtain a degree or attending a vocational or technical institute for a two to three-year certificate/diploma course. The main goal is for the nation to meet its human resource requirement in the socio-economic and political sectors thereby leading to national development. The Government of the Republic of Zambia has recently (2002) declared free education for all for grades 1-7 (primary education). This change in policy was motivated by an effort to make free education accessible so that literacy rates will improve.

### 2.4.1 Educational Attainment of the Household Population

During the 2001-2002 ZDHS survey, information on educational attainment was collected for every member of the household age 5 and over. The results are presented in Table 2.4 and Figure 2.3. Data on the educational attainment among youth suggest that there has been progress in achieving the goal of universal education.

Table 2.4 shows the percent distribution of the de facto male and female population age 6 and over, by the highest level of education attained, according to selected background characteristics. Overall, more females than males have no education ( 25 percent and 18 percent, respectively). More than four in ten ( 42 percent of males and 45 percent of females) have some primary education. The proportion of males who completed primary and secondary education is slightly higher than the respective proportion of females. Figure 2.3 and Table 2.4 show that the proportions of persons with no education are markedly higher among those in the 6-9 age group (many of whom have not yet started school) and among those age 50 and above.

There are urban-rural differences in educational attainment. Seven percent of males in urban areas and 2 percent in rural areas have attained more than a secondary level of education, compared with 4 percent of females in urban areas and 1 percent in rural areas. About 32 percent of females and 23 percent of males in rural areas have no education. In urban areas, 13 percent of females and 9 percent of males have no education. Results from past DHS surveys in Zambia indicate that the proportion of children attending school has decreased slightly over the 10 -year period between the surveys. In 1992, 11 percent of boys and girls age 10-14 had never attended school; in 1996, 13 percent of males and 12 percent of females had never attended school; and in 2001-2002, 14 percent of males and 15 percent of females age 10-14 had never attended school.

## Table 2.4 Educational attainment of household population

Percent distribution of the de facto female and male household population age six and over by highest level of education completed, according to background characteristics, Zambia 2001-2002

| Background characteristic | No education | Some primary | Completed primary ${ }^{1}$ | Some secondary | Completed secondary ${ }^{2}$ | More than secondary | Don't know/ missing | Total | Number | Median number of years |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| MALE |  |  |  |  |  |  |  |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |
| 6-9 | 55.0 | 43.9 | 0.0 | 0.0 | 0.0 | 0.0 | 1.1 | 100.0 | 2,396 | 0.0 |
| 10-14 | 13.7 | 79.3 | 4.3 | 2.2 | 0.0 | 0.0 | 0.5 | 100.0 | 2,597 | 2.5 |
| 15-19 | 6.3 | 46.6 | 18.9 | 25.8 | 2.0 | 0.1 | 0.2 | 100.0 | 1,948 | 5.8 |
| 20-24 | 5.7 | 26.3 | 21.6 | 28.4 | 14.2 | 3.5 | 0.3 | 100.0 | 1,399 | 6.8 |
| 25-29 | 7.0 | 24.4 | 21.8 | 26.5 | 13.8 | 6.3 | 0.3 | 100.0 | 1,365 | 6.8 |
| 30-34 | 5.5 | 19.2 | 22.5 | 27.5 | 13.6 | 11.3 | 0.4 | 100.0 | 1,071 | 7.5 |
| 35-39 | 6.8 | 19.0 | 27.5 | 27.8 | 9.8 | 9.0 | 0.0 | 100.0 | 812 | 6.9 |
| 40-44 | 5.0 | 17.0 | 34.7 | 24.6 | 9.5 | 8.5 | 0.6 | 100.0 | 590 | 6.8 |
| 45-49 | 6.8 | 21.1 | 26.0 | 29.2 | 5.3 | 10.6 | 1.0 | 100.0 | 452 | 6.8 |
| 50-54 | 11.4 | 24.3 | 21.1 | 26.0 | 5.7 | 11.3 | 0.3 | 100.0 | 338 | 6.6 |
| 55-59 | 16.8 | 39.0 | 16.0 | 15.6 | 4.5 | 8.0 | 0.0 | 100.0 | 295 | 5.2 |
| 60-64 | 22.1 | 44.0 | 13.6 | 11.7 | 2.8 | 4.8 | 1.1 | 100.0 | 292 | 3.7 |
| 65+ | 36.6 | 46.0 | 7.8 | 5.7 | 1.1 | 1.8 | 1.0 | 100.0 | 523 | 1.9 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 8.9 | 33.0 | 14.4 | 24.8 | 11.2 | 7.2 | 0.5 | 100.0 | 5,198 | 6.5 |
| Rural | 22.8 | 46.5 | 14.8 | 11.5 | 2.2 | 1.6 | 0.5 | 100.0 | 8,878 | 3.3 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Central | 15.8 | 44.2 | 14.7 | 17.4 | 3.6 | 4.0 | 0.2 | 100.0 | 1,056 | 4.7 |
| Copperbelt | 8.8 | 34.9 | 15.7 | 24.1 | 9.2 | 7.0 | 0.2 | 100.0 | 2,790 | 6.4 |
| Eastern | 30.2 | 42.4 | 11.1 | 10.1 | 3.5 | 1.8 | 0.8 | 100.0 | 1,880 | 2.1 |
| Luapula | 22.8 | 48.3 | 14.9 | 10.7 | 1.3 | 2.0 | 0.0 | 100.0 | 1,052 | 3.3 |
| Lusaka | 10.8 | 33.0 | 15.7 | 21.3 | 11.5 | 6.9 | 0.9 | 100.0 | 1,997 | 6.4 |
| Northern | 18.3 | 45.5 | 16.0 | 14.4 | 3.6 | 1.8 | 0.4 | 100.0 | 1,915 | 4.1 |
| North-Western | 23.1 | 46.7 | 9.5 | 15.8 | 2.1 | 2.6 | 0.2 | 100.0 | 669 | 3.2 |
| Southern | 17.5 | 44.2 | 18.6 | 14.4 | 3.3 | 1.6 | 0.4 | 100.0 | 1,573 | 4.1 |
| Western | 23.9 | 48.8 | 11.2 | 10.6 | 3.4 | 0.8 | 1.2 | 100.0 | 1,145 | 2.9 |
| Total | 17.7 | 41.5 | 14.7 | 16.4 | 5.5 | 3.7 | 0.5 | 100.0 | 14,077 | 4.5 |


| FEMALE |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age |  |  |  |  |  |  |  |  |  |  |
| 6-9 | 53.2 | 45.6 | 0.1 | 0.0 | 0.0 | 0.0 | 1.1 | 100.0 | 2,401 | 0.0 |
| 10-14 | 15.4 | 76.7 | 5.3 | 2.1 | 0.0 | 0.0 | 0.5 | 100.0 | 2,543 | 2.7 |
| 15-19 | 8.9 | 41.6 | 17.8 | 29.2 | 2.1 | 0.1 | 0.2 | 100.0 | 1,938 | 5.9 |
| 20-24 | 11.8 | 34.4 | 19.1 | 23.5 | 8.1 | 2.9 | 0.1 | 100.0 | 1,759 | 6.2 |
| 25-29 | 10.5 | 35.0 | 20.9 | 23.8 | 4.3 | 5.3 | 0.1 | 100.0 | 1,448 | 6.2 |
| 30-34 | 11.5 | 35.8 | 23.3 | 21.8 | 2.9 | 4.5 | 0.3 | 100.0 | 1,022 | 6.1 |
| 35-39 | 15.8 | 36.4 | 24.5 | 17.7 | 1.9 | 3.2 | 0.5 | 100.0 | 811 | 5.7 |
| 40-44 | 19.2 | 35.3 | 25.9 | 13.8 | 1.9 | 4.0 | 0.0 | 100.0 | 644 | 5.4 |
| 45-49 | 21.9 | 44.9 | 18.2 | 9.2 | 0.9 | 4.8 | 0.2 | 100.0 | 487 | 3.8 |
| 50-54 | 43.1 | 39.6 | 6.7 | 5.3 | 0.6 | 3.8 | 0.8 | 100.0 | 444 | 0.8 |
| 55-59 | 55.3 | 36.9 | 3.7 | 1.6 | 0.0 | 1.6 | 1.0 | 100.0 | 330 | 0.0 |
| 60-64 | 63.9 | 30.9 | 1.9 | 0.8 | 0.0 | 1.8 | 0.7 | 100.0 | 307 | 0.0 |
| 65+ | 71.1 | 26.5 | 1.0 | 0.2 | 0.1 | 0.2 | 0.9 | 100.0 | 518 | 0.0 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 12.9 | 38.5 | 17.0 | 22.4 | 4.6 | 4.3 | 0.3 | 100.0 | 5,417 | 5.8 |
| Rural | 31.6 | 48.9 | 10.2 | 7.6 | 0.7 | 0.5 | 0.5 | 100.0 | 9,237 | 2.0 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Central | 21.6 | 48.5 | 12.5 | 13.0 | 2.1 | 2.4 | 0.1 | 100.0 | 1,074 | 3.7 |
| Copperbelt | 15.4 | 38.2 | 18.5 | 20.5 | 3.4 | 3.6 | 0.4 | 100.0 | 2,824 | 5.5 |
| Eastern | 36.4 | 45.5 | 7.0 | 7.7 | 1.3 | 1.3 | 0.6 | 100.0 | 1,940 | 1.3 |
| Luapula | 28.5 | 55.3 | 9.1 | 6.0 | 0.6 | 0.4 | 0.0 | 100.0 | 1,147 | 2.0 |
| Lusaka | 15.1 | 40.4 | 17.1 | 18.1 | 4.3 | 4.4 | 0.6 | 100.0 | 1,973 | 5.2 |
| Northern | 28.5 | 48.4 | 9.9 | 10.8 | 1.3 | 0.5 | 0.6 | 100.0 | 2,033 | 2.6 |
| North-Western | 32.7 | 47.1 | 7.6 | 10.3 | 1.1 | 1.0 | 0.2 | 100.0 | 726 | 1.9 |
| Southern | 22.2 | 46.8 | 15.9 | 12.1 | 1.5 | 1.0 | 0.5 | 100.0 | 1,621 | 3.4 |
| Western | 33.5 | 45.7 | 9.0 | 9.5 | 1.2 | 0.4 | 0.8 | 100.0 | 1,317 | 1.8 |
| Total | 24.7 | 45.0 | 12.7 | 13.0 | 2.1 | 1.9 | 0.5 | 100.0 | 14,655 | 3.2 |

Figure 2.3 Percent Distribution of De Facto Household Population with No Education by Age and Sex


### 2.4.2 School Attendance Rates

The 2001-2002 ZDHS collected information on school attendance among the population 5-24 years that allows calculation of net attendance ratios (NARs) and gross attendance ratios (GARs). The NAR for primary school is the percentage of the primary-school-age (7-13 years) population that is attending primary school. The NAR for secondary school is the percentage of the secondary-school-age (14-18 years) population that is attending secondary school. By definition, the NAR cannot exceed 100 percent. The GAR for primary school is the total number of primary school students, of any age, expressed as the percentage of the official primary-school-age population. The GAR for secondary school is the total number of secondary school students up to an age limit of 24 years, expressed as the percentage of the official secondary-schoolage population. The GAR is almost always higher than the NAR because the GAR includes participation by those who are older or younger than the official range for that level. If there are significant numbers of overage and underage students at a given level of schooling, the GAR can exceed 100 percent.

Table 2.5 presents the NARs and GARs by urban-rural residence and province, according to sex for primary and secondary school.

Results show that the overall NAR for primary schools is 78 percent in urban areas compared with 61 percent in rural areas. The GAR is also higher in urban areas than in rural areas ( 98 percent versus 87 percent). Figure 2.4 shows that the NAR for males and females is 67 percent while the GAR for males is 97 percent and that of females is 85 percent. At secondary school, the average NAR is 22 percent. The NAR is higher for females than males at secondary school ( 23 percent for females with 21 percent for males).

## Table 2.5 School attendance ratios

Net attendance ratios (NAR) and gross attendance ratios (GAR) for the de jure household population by level of schooling and sex, according to background characteristics, Zambia 2001-2002

| Background characteristic | Net attendance ratio ${ }^{1}$ |  |  | Gross attendance ratio ${ }^{2}$ |  |  | Gender Parity Index ${ }^{3}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Male | Female | Total | Male | Female | Total |  |
| PRIMARY SCHOOL |  |  |  |  |  |  |  |
| Residence |  |  |  |  |  |  |  |
| Urban | 77.5 | 78.3 | 77.9 | 101.3 | 95.2 | 98.2 | 0.94 |
| Rural | 61.6 | 60.3 | 60.9 | 95.2 | 78.9 | 87.2 | 0.83 |
| Province |  |  |  |  |  |  |  |
| Central | 71.9 | 71.1 | 71.5 | 108.3 | 95.2 | 102.0 | 0.88 |
| Copperbelt | 78.9 | 73.0 | 75.9 | 102.4 | 87.2 | 94.6 | 0.85 |
| Eastern | 53.0 | 55.7 | 54.3 | 77.1 | 72.8 | 75.0 | 0.94 |
| Luapula | 56.9 | 55.7 | 56.3 | 85.6 | 72.0 | 79.1 | 0.84 |
| Lusaka | 74.3 | 76.0 | 75.2 | 100.7 | 95.2 | 97.9 | 0.94 |
| Northern | 63.0 | 60.8 | 61.9 | 102.5 | 78.0 | 90.2 | 0.76 |
| North-Western | 75.3 | 77.5 | 76.4 | 117.3 | 106.3 | 111.8 | 0.91 |
| Southern | 67.8 | 72.1 | 70.0 | 100.8 | 88.3 | 94.4 | 0.88 |
| Western | 60.2 | 55.8 | 58.0 | 90.0 | 75.6 | 83.0 | 0.84 |
| Total | 67.2 | 66.9 | 67.1 | 97.4 | 84.9 | 91.2 | 0.87 |
| SECONDARY SCHOOL |  |  |  |  |  |  |  |
| Residence |  |  |  |  |  |  |  |
| Urban | 36.0 | 38.1 | 37.1 | 61.4 | 51.8 | 56.3 | 0.84 |
| Rural | 13.0 | 12.6 | 12.8 | 23.1 | 17.3 | 20.4 | 0.74 |
| Province |  |  |  |  |  |  |  |
| Central | 17.9 | 19.3 | 18.6 | 37.8 | 26.2 | 31.7 | 0.69 |
| Copperbelt | 33.8 | 39.1 | 36.5 | 56.1 | 50.6 | 53.3 | 0.90 |
| Eastern | 14.9 | 15.1 | 15.0 | 27.5 | 25.2 | 26.4 | 0.92 |
| Luapula | 12.1 | 6.4 | 9.2 | 19.5 | 8.9 | 14.1 | 0.46 |
| Lusaka | 28.9 | 25.1 | 27.0 | 52.6 | 35.7 | 43.8 | 0.68 |
| Northern | 16.4 | 21.0 | 18.5 | 30.3 | 27.6 | 29.1 | 0.91 |
| North-Western | 27.6 | 23.9 | 25.9 | 46.5 | 33.3 | 40.4 | 0.72 |
| Southern | 14.5 | 19.4 | 16.7 | 23.8 | 26.2 | 24.9 | 1.10 |
| Western | 11.5 | 13.0 | 12.2 | 15.3 | 17.5 | 16.4 | 1.14 |
| Total | 20.6 | 22.5 | 21.5 | 35.8 | 30.7 | 33.3 | 0.86 |

${ }^{1}$ The NAR for primary school is the percentage of the primary-school age ( $7-13$ years) population that is attending primary school. The NAR for secondary school is the percentage of the secondaryschool age (14-18 years) population that is attending secondary school. By definition the NAR cannot exceed 100 percent.
${ }^{2}$ The GAR for primary school is the total number of primary school students, expressed as a percentage of the official primary-school-age population. The GAR for secondary school is the total number of secondary school students, expressed as a percentage of the official secondary-schoolage population. If there are significant numbers of overage and underage students at a given level of schooling, the GAR can exceed 100 percent.
${ }^{3}$ The Gender Parity Index is the ratio of the GAR for females to the GAR for males.

Figure 2.4 Net and Gross Attendance Ratios by Sex


Provincial differentials show low net attendance ratios in Eastern, Luapula, and Western provinces. The NAR is higher for females than males in Eastern, Lusaka, North-Western, and Southern provinces. At secondary school level, the NAR is higher for females than males in all provinces except Luapula, Lusaka, and North-Western provinces.

The Gender Parity Index represents the ratio of the GAR for females to the GAR for males. It is presented for both the primary and secondary level and offers a summary measure of the extent to which there are gender differences in attendance rates. A GPI less than 1 indicates that a smaller proportion of females than males attend school. Overall, the Gender Parity Index is less than 1 for both primary school ( 0.9 ) and secondary school ( 0.9 ). For primary school, the index is 0.9 in urban areas and 0.8 in rural areas, compared with 0.8 and 0.7 , respectively, at the secondary level.

### 2.4.3 Grade Repetition and Dropout Rates

By asking about the grade or standard that primary school age children were attending during the previous school year, it is possible to calculate dropout rates and repetition rates (see Table 2.6).

Repetition and dropout rates are important in assessing how students are progressing through the primary system. The repetition rate represents the percentage of children reported to have been in a given grade during the prior school year who are in the same grade during the current school year, i.e., the percentage of students who are repeating the grade. The dropout rate represents the percentage of children reported to have been in school during the prior school year who are not currently attending school.

Overall, repetition and dropping out of school is high in Zambia at grade 7. Table 2.6 shows that repetition is highest at grade 7 and grade 1 ( 7 percent). Repetition rate at grade seven is higher in rural areas (11 percent) than in urban areas (4 percent).

The highest dropout rate is 17 percent for grade 7 , compared with 5 percent for grade 6 and 4 percent for grade 4 and grade 5 . This is understandable, since grade 7 marks the end of primary school.

Provincial differentials indicate that Luapula province has the highest repetition rate for all primary school grades (1-7) followed by Northern province. The high repetition rate in Luapula province may explain the low dropout rate in this province.

| Table 2.6 Grade repetition and dropout rates |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Repetition and dropout rates for the de jure household population age 5-24 years by school grade, according to background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |
|  | School grade |  |  |  |  |  |  |
| characteristic | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| REPETITION RATE ${ }^{1}$ |  |  |  |  |  |  |  |
| Sex |  |  |  |  |  |  |  |
| Male | 6.1 | 6.1 | 5.7 | 5.1 | 2.7 | 3.6 | 9.0 |
| Female | 7.8 | 6.5 | 2.6 | 2.5 | 3.5 | 5.0 | 4.7 |
| Residence |  |  |  |  |  |  |  |
| Urban | 1.8 | 3.4 | 2.2 | 0.9 | 1.2 | 1.0 | 3.6 |
| Rural | 9.6 | 8.0 | 5.6 | 5.8 | 4.7 | 7.2 | 10.5 |
| Province |  |  |  |  |  |  |  |
| Central | 4.3 | 5.1 | 2.9 | 3.6 | 5.7 | 3.8 | 12.9 |
| Copperbelt | 1.4 | 1.9 | 0.8 | 0.8 | 0.8 | 0.9 | 2.8 |
| Eastern | 8.1 | 7.7 | 4.1 | 0.0 | 0.0 | (5.6) | (4.2) |
| Luapula | 27.7 | 18.9 | 17.6 | (24.5) | (10.8) | (23.5) | * |
| Lusaka | 2.0 | 4.5 | 0.8 | 1.0 | 0.0 | 1.1 | 5.5 |
| Northern | 14.8 | 13.9 | 11.1 | 11.8 | 10.9 | 13.3 | 12.3 |
| North-Western | 5.6 | 8.1 | 7.8 | 2.4 | 4.5 | 3.1 | 4.2 |
| Southern | 0.7 | 1.7 | 0.0 | 0.0 | 2.0 | 0.0 | 5.5 |
| Western | 3.5 | 1.2 | 2.4 | 0.0 | (0.0) | (0.0) | * |
| Total | 6.9 | 6.3 | 4.3 | 3.9 | 3.1 | 4.2 | 6.9 |
| DROPOUT RATE ${ }^{2}$ |  |  |  |  |  |  |  |
| Sex |  |  |  |  |  |  |  |
| Male | 1.2 | 3.7 | 2.1 | 3.2 | 4.3 | 3.9 | 18.7 |
| Female | 3.2 | 2.4 | 3.5 | 4.9 | 2.9 | 5.8 | 15.1 |
| Residence |  |  |  |  |  |  |  |
| Urban | 1.5 | 1.9 | 1.8 | 3.9 | 2.0 | 4.2 | 13.4 |
| Rural | 2.4 | 3.8 | 3.3 | 4.1 | 5.1 | 5.2 | 20.7 |
| Province |  |  |  |  |  |  |  |
| Central | 0.6 | 0.0 | 0.0 | 3.6 | 4.1 | 1.9 | 12.9 |
| Copperbelt | 6.1 | 7.6 | 4.9 | 7.3 | 5.8 | 6.8 | 19.8 |
| Eastern | 2.0 | 5.6 | 4.1 | 6.0 | 2.6 | (5.6) | (12.5) |
| Luapula | 0.0 | 0.0 | 0.0 | (0.0) | (0.0) | (0.0) | * |
| Lusaka | 2.0 | 1.5 | 2.5 | 3.0 | 0.9 | 3.4 | 17.8 |
| Northern | 1.3 | 1.1 | 1.9 | 2.1 | 1.7 | 4.8 | 15.1 |
| North-Western | 0.5 | 0.0 | 1.2 | 0.8 | 0.0 | 1.0 | 1.4 |
| Southern | 1.4 | 2.6 | 4.7 | 6.1 | 9.1 | 7.7 | (29.1) |
| Western | 0.9 | 1.2 | 1.2 | 0.0 | (2.2) | (2.4) | * |
| Total | 2.1 | 3.1 | 2.8 | 4.0 | 3.7 | 4.7 | 17.0 |
| Note: Figures in parentheses are based on 25-49 unweighted cases; an asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. <br> ${ }^{1}$ The repetition rate is the percentage of students in a given grade in the previous school year who are repeating that grade in the current school year. <br> ${ }^{2}$ The dropout rate is the percentage of students in a given grade in the previous school year who are not attending school. |  |  |  |  |  |  |  |

### 2.5 Housing Characteristics and Household Possessions

The physical characteristics of households are important in assessing the general socioeconomic status of the population. ZDHS respondents were asked about their household environment, including access to electricity, sources of drinking water, time to water sources, type of toilet facilities and floor materials, and possession of various durable goods. This information is summarised in Tables 2.7 and 2.8.

The proportion of households with electricity is 45 percent in urban areas and 3 percent in rural areas with a combined proportion of 17 percent nationwide (Figure 2.5). The data show that there has been no improvement in electrification during the 1990s, with less than one in five households having electricity. There has been some increase in urban areas, from 39 to 45 percent of households between 1992 and 2001-2002.

## Source of Drinking Water

Water quality has a strong impact on the health of household members, especially young children. A household's source of drinking water is important because potentially fatal diseases, including typhoid, cholera, and dysentery, are prevalent in unprotected sources. Sources of water expected to be relatively free of these diseases are piped water and water drawn from protected wells and deep boreholes. Other sources, like unprotected wells and surface water (rivers, streams, ponds, and lakes), are more likely to carry diseasecausing agents.

The most common sources of drinking water for Zambian households are open wells, protected wells, public taps, rivers and streams. In urban areas most drinking water comes from piped sources. In rural areas most of the water comes from public wells, rivers, and streams. This pattern is similar to findings from the 1992 and 1996 ZDHS surveys.

On average, households in urban areas take less than 2 minutes to reach their source of water, compared with 10 minutes for rural households. Seventy-eight percent of households in urban areas take less than 15 minutes to reach their source of drinking water compared with 50 percent of households in rural areas.

| Table 2.7 Household characteristics |  |  |  |
| :---: | :---: | :---: | :---: |
| Percent distribution of households by household characteristics, according to residence, Zambia 2001-2002 |  |  |  |
| Household characteristic | Residence |  | Total |
|  | Urban | Rural |  |
| Electricity |  |  |  |
| Yes | 45.1 | 2.9 | 17.4 |
| No | 54.9 | 97.0 | 82.6 |
| Total | 100.0 | 100.0 | 100.0 |
| Source of drinking water |  |  |  |
| Piped into dwelling | 19.3 | 1.0 | 7.3 |
| Piped into yard/plot | 22.8 | 1.3 | 8.6 |
| Communal tap | 38.2 | 4.2 | 15.8 |
| Piped to neighbour | 1.3 | 0.0 | 0.5 |
| Open well in yard/plot | 2.9 | 3.3 | 3.1 |
| Open public well | 4.8 | 36.2 | 25.5 |
| Open well at neighbour | 0.5 | 0.2 | 0.3 |
| Protected well in yard/plot | 2.9 | 2.2 | 2.5 |
| Protected public well | 5.2 | 22.5 | 16.6 |
| Spring | 0.0 | 2.1 | 1.4 |
| River/Stream | 0.9 | 23.2 | 15.6 |
| Pond/Lake/Dam | 0.7 | 3.5 | 2.6 |
| Rainwater | 0.0 | 0.1 | 0.1 |
| Tanker truck | 0.1 | 0.0 | 0.0 |
| Bottled water | 0.1 | 0.0 | 0.0 |
| Other | 0.3 | 0.1 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 |
| Time to water source |  |  |  |
| Percentage $<15$ minutes | 78.4 | 49.9 | 59.7 |
| Median time to source (minutes) | 1.3 | 9.9 | 9.4 |
| Sanitation facilities |  |  |  |
| Flush toilet | 42.3 | 1.9 | 15.7 |
| Traditional pit latrine | 49.9 | 54.6 | 53.0 |
| Ventilated improved pit latrine | 2.5 | 1.0 | 1.5 |
| No facility/Bush/Field | 4.9 | 42.5 | 29.6 |
| Other | 0.1 | 0.0 | 0.0 |
| Missing | 0.3 | 0.0 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 |
| Flooring material |  |  |  |
| Earth/Mud/Dung | 18.0 | 86.4 | 63.0 |
| Wood planks | 0.1 | 0.1 | 0.1 |
| Parquet/Wood tiles | 0.3 | 0.0 | 0.1 |
| Brick | 0.1 | 0.1 | 0.1 |
| Terrazzo/Ceramic tiles | 1.3 | 0.1 | 0.5 |
| Concrete/Cement | 71.2 | 12.8 | 32.8 |
| Carpet | 5.7 | 0.3 | 2.2 |
| Other | 3.3 | 0.1 | 1.2 |
| Missing | 0.1 | 0.1 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 |
| Number of households | 2,437 | 4,689 | 7,126 |

Figure 2.5 Trends in Percentage of Households with Electricity by Residence, Zambia 1992-2002


## Sanitation Facilities

Most households in Zambia ( 53 percent) use traditional pit latrines: 50 percent in urban areas and 55 percent in rural areas. Flush toilets are mainly found in urban areas and are used by 42 percent of households compared with 2 percent in rural areas. Overall, one in three households in Zambia have no toilet facilities. This problem is more common in rural areas (43 percent) than in urban areas ( 5 percent).

## Type of Flooring

The type of material used for flooring is a proxy indicator of the economic level of the household as well as an indicator of potential exposure to disease-causing agents. Households in rural areas have poorer quality floors than those in urban areas as can be seen from Table 2.7. Results show that more households in rural areas have floors made of earth/mud/dung ( 86 percent) than in urban areas ( 18 percent), while more households in urban areas have floors made of concrete or cement (71 percent) than in rural areas (13 percent).

### 2.6 Household Durable Goods

Respondents were asked about ownership of particular household goods such as radios and television sets (to assess access to media), refrigerators (to assess food storage), telephones or cellular phones (to assess other means of communication), and modes of transport (bicycle, motorcycle, car). Ownership of these items is also indicative of the household's social and economic well-being. Results from Table 2.8 show that 42 percent of households own a radio, ( 61 percent in urban areas and 31 percent in rural areas) and 19 percent own a television ( 48 percent in urban areas and 4 percent in rural areas). Four percent own a telephone or cell phone ( 10 percent in urban areas and less than 1 percent in rural areas). Ten percent of households own a refrigerator. Televisions, refrigerators, and telephones or cell phones are mostly restricted to urban areas, presumably due to lack of electricity and/or financial resources in rural areas.

Thirty percent of households own a bicycle ( 20 percent in urban areas and 34 percent in rural areas), while only 3 percent own a car and less than one percent own a motorcycle. Among the household possessions listed above, the bicycle is the only possession that is more common in rural areas than in urban areas. It is striking that more than four in ten households possess none of the items asked about.

Figure 2.6 shows that possession of television and bicycle has been increasing over time, while possession of a radio and motorcycle declined between 1996 and 2001 and owning a car/truck remained at the same level between 1996 and 2001.

Table 2.8 Household durable goods
Percentage of households possessing various durable consumer goods, by residence, Zambia 2001-2002

|  | Residence |  |  |
| :--- | ---: | ---: | ---: |
| Durable consumer goods | Urban | Rural | Total |
| Radio | 60.8 | 31.4 | 41.5 |
| Television | 48.3 | 3.8 | 19.0 |
| Telephone or cell phone | 10.2 | 0.4 | 3.8 |
| Refrigerator | 26.0 | 1.3 | 9.7 |
| Bicycle | 20.4 | 34.2 | 29.5 |
| Motorcycle | 0.4 | 0.3 | 0.4 |
| Car/truck | 6.5 | 0.8 | 2.7 |
| None of the above | 28.2 | 52.0 | 43.9 |
|  |  |  |  |
| Number of households | 2,437 | 4,689 | 7,126 |

Figure 2.6 Trends in Percentage of Households Owning Specific Durable Goods, Zambia 1992-2002


### 2.7 Access to Health Care

The 2001-2002 ZDHS included two questions to ascertain difficulties in accessing medical care due to financial constraints. As part of the Household Questionnaire, respondents were asked if, in the last 12 months, any member had been denied care from a health facility because they could not pay and whether any member was unable to obtain prescribed medicine because they could not pay. Table 2.9 shows the percentage of households answering these questions affirmatively, by selected background characteristics. According to this table, 21 percent of households reported that a household member was denied care from a health facility because they were unable to pay ( 22 percent in urban areas and 20 percent in rural areas).

Western province ( 27 percent), Copperbelt ( 24 percent), and Lusaka province ( 23 percent) have the highest percentage of households where members were denied care from a health facility because they could not pay. Central province ( 15 percent) has the lowest proportion of such households.

In 23 percent of all households, members could not obtain medicine because they could not afford to pay ( 33 percent in urban areas and 17 percent in rural areas).

The highest proportion of households where members could not afford to pay for medicine is found in Lusaka ( 40 percent), followed by Copperbelt ( 28 percent) and Central province ( 23 percent). The lowest proportion is found in North-Western province (11 percent).

## Table 2.9 Inability to pay for medical care

Percentage of households in which members were denied medical care or did not get prescribed medicine due to inability to pay, by background characteristics, Zambia 20012002

|  | Denied <br> care from <br> a health <br> facility | Could not <br> afford <br> medicine | Number <br> of <br> house- <br> holds |
| :--- | :---: | :---: | ---: |
| Background <br> characteristic | 22.1 | 32.5 | 2,437 |
| Residence | 20.0 | 17.2 | 4,689 |
| Urban <br> Rural |  |  |  |
| Province | 15.2 | 23.0 | 490 |
| Central | 23.5 | 27.7 | 1,221 |
| Copperbelt | 22.9 | 19.0 | 999 |
| Eastern | 17.8 | 19.8 | 652 |
| Luapula | 23.2 | 39.8 | 976 |
| Lusaka | 15.6 | 12.8 | 1,028 |
| Northern | 17.6 | 11.2 | 371 |
| North-Western | 19.2 | 17.9 | 734 |
| Southern | 26.7 | 21.0 | 656 |
| Western | 20.7 | 22.5 | 7,126 |
| Total |  |  |  |

# CHARACTERISTICS OF RESPONDENTS AND WOMEN'S CHARACTERISTICS 

Sheila S. Mudenda

The objective of this chapter is to provide a demographic and socioeconomic profile of respondents in the 2001-2002 Zambia DHS. Information on the basic characteristics of women and men interviewed in the survey is essential for the interpretation of findings presented later in the report and can provide an approximate indication of the representativeness of the survey.

The chapter begins by describing basic background characteristics, including age, marital status, educational level, and residential characteristics. This is followed by more detailed information on education, literacy, and exposure to mass media. Next, data on the employment and earnings of women, decision making in the household and attitudes on women's position in relation to others in the household are presented. Last, data on tobacco use are provided as a lifestyle measure.

### 3.1 CHARACTERISTICS OF SURVEY RESPONDENTS

The percent distributions of women age 15-49 and of men age 15-59 interviewed in the 20012002 ZDHS by key background characteristics, including age, marital status, urban-rural residence, place of residence, and educational level, are presented in Table 3.1. A high proportion of the respondents are youths (i.e., 15-24 years). The proportion in each age group tends to decrease with increasing age.

Table 3.1 shows that most of the respondents were married, although the proportion of married women is higher than that of men by almost 3 percentage points. Not surprisingly, about a quarter of female respondents had never been married compared with over a third ( 36 percent) of male respondents. Data in chapter 6 of this report affirm that men marry later ( 23 years) than women ( 18 years). Table 3.1 also shows that the proportion of female respondents who are divorced/separated at the time of the survey is higher than for male respondents ( 9 and 4 percent, respectively), presumably because men are more likely to remarry than women.

The majority ( 60 percent) of both women and men interviewed live in rural areas. The largest share of both female and male respondents is from the Copperbelt province ( 20 and 21 percent, respectively), with the smallest share recorded in North-Western province ( 5 percent and 4 percent, respectively).

Table 3.1 further shows that there are more educated men than women. For both sexes, the majority of those who have been to school have only completed primary school ( 58 percent of women and 51 percent of men). Only 5 percent of men report no education versus 12 percent of women. Forty-four percent of men have had at least some secondary education versus only 30 percent of women.

Table 3.1 also shows that the majority of women ( 75 percent) and men ( 72 percent) are Protestant, followed by Catholic ( 23 percent and 24 percent, respectively). The most common ethnic group among both women ( 36 percent) and men ( 35 percent) is Bemba, followed by Nyanja ( 17 percent each).

### 3.2 EDUCATIONAL ATTAINMENT

Educational attainment is generally one of the key indicators of the status of women. As stated in an International Labour Organisation (ILO) briefing kit, large educational differentials between men and women tend to sustain a perpetual gender inequality within the family and in society at large. Data on

Table 3.1 Background characteristics of respondents
Percent distribution of women 15-49 and men 15-59 by background characteristics, Zambia 2001-2002

| Background characteristic | Women |  |  | Men |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Weighted percent | Weighted number | Unweighted number | Weighted percent | Weighted number | Unweighted number |
| Age |  |  |  |  |  |  |
| 15-19 | 23.7 | 1,811 | 1,806 | 21.4 | 459 | 475 |
| 20-24 | 21.7 | 1,664 | 1,648 | 16.1 | 346 | 346 |
| 25-29 | 18.0 | 1,376 | 1,361 | 16.8 | 361 | 353 |
| 30-34 | 12.7 | 972 | 972 | 13.1 | 281 | 277 |
| 35-39 | 10.0 | 766 | 778 | 11.2 | 241 | 244 |
| 40-44 | 7.9 | 601 | 606 | 8.1 | 174 | 170 |
| 45-49 | 6.1 | 467 | 487 | 5.3 | 113 | 113 |
| 50-54 | na | na | na | 4.6 | 100 | 94 |
| 55-59 | na | na | na | 3.3 | 71 | 73 |
| Marital status |  |  |  |  |  |  |
| Never married | 24.8 | 1,897 | 1,851 | 36.4 | 782 | 787 |
| Married | 60.5 | 4,636 | 4,675 | 57.8 | 1,240 | 1,239 |
| Living together | 0.8 | 58 | 56 | 0.4 | 8 | 10 |
| Divorced/separated | 9.3 | 709 | 724 | 4.4 | 94 | 89 |
| Widowed | 4.7 | 358 | 352 | 1.0 | 21 | 20 |
| Residence |  |  |  |  |  |  |
| Urban | 40.1 | 3,073 | 2,551 | 39.7 | 851 | 689 |
| Rural | 59.9 | 4,585 | 5,107 | 60.3 | 1,294 | 1,456 |
| Province |  |  |  |  |  |  |
| Central | 7.3 | 562 | 891 | 7.7 | 165 | 276 |
| Copperbelt | 20.2 | 1,544 | 939 | 20.8 | 447 | 266 |
| Eastern | 12.1 | 926 | 894 | 12.5 | 268 | 256 |
| Luapula | 8.1 | 622 | 626 | 7.7 | 166 | 181 |
| Lusaka | 14.8 | 1,132 | 896 | 14.6 | 314 | 239 |
| Northern | 13.6 | 1,040 | 1,171 | 13.6 | 292 | 327 |
| North-Western | 4.6 | 354 | 881 | 4.3 | 93 | 238 |
| Southern | 10.6 | 814 | 707 | 10.8 | 232 | 205 |
| Western | 8.7 | 663 | 653 | 7.9 | 169 | 157 |
| Education |  |  |  |  |  |  |
| No education | 12.1 | 925 | 1,002 | 5.0 | 108 | 116 |
| Primary | 58.0 | 4,439 | 4,534 | 51.3 | 1,100 | 1,161 |
| Secondary | 26.9 | 2,061 | 1,916 | 37.7 | 808 | 754 |
| Higher | 3.1 | 234 | 206 | 6.0 | 129 | 114 |
| Religion |  |  |  |  |  |  |
| Catholic | 22.9 | 1,755 | 1,735 | 24.3 | 522 | 510 |
| Protestant | 75.1 | 5,750 | 5,748 | 72.0 | 1,545 | 1,551 |
| Muslim | 0.3 | 20 | 17 | 0.5 | 10 | 8 |
| Other | 1.5 | 116 | 143 | 2.9 | 63 | 70 |
| Ethnic group |  |  |  |  |  |  |
| Bemba | 36.0 | 2,754 | 2,553 | 35.2 | 755 | 709 |
| Tonga | 14.9 | 1,138 | 1,088 | 15.0 | 321 | 316 |
| North-Western | 10.7 | 820 | 1,243 | 11.2 | 240 | 352 |
| Baroste | 7.8 | 601 | 587 | 7.7 | 166 | 154 |
| Nyanja | 16.6 | 1,268 | 1,163 | 16.5 | 354 | 325 |
| Mambwe | 6.0 | 461 | 446 | 6.3 | 136 | 127 |
| Tumbuka | 5.4 | 411 | 361 | 5.5 | 118 | 106 |
| Other | 2.7 | 205 | 216 | 2.5 | 54 | 55 |
| Total | 100 | 7,658 | 7,658 | 100.0 | 2,145 | 2,145 |

Note: Education categories refer to the highest level of education attended, whether or not that level was completed. Readers should note that the table includes information on both the weighted and unweighted numbers. Weighting was necessary because the sample was not allocated by province according to the actual distribution of the population; instead the sample was allocated in such a fashion as to provide a sufficient number of respondents for each province to allow provincial estimates to be calculated for most survey variables. It also is important to note that some subgroups shown include comparatively small numbers of respondents. In subsequent tabulations, figures will be not be shown for a subgroup if the unweighted number of cases for the subgroup falls below 25 .
na $=$ Not applicable
enrolment ratios suggest that education attainment is largely conditioned by a society's level of socioeconomic development and that larger gender gaps in schooling are observed in regions with lower overall educational levels (ILO, 1995).

Table 3.2 provides an overview of the relationship between the respondents' level of education and other background characteristics. The data show that younger respondents, especially women, are more likely to have attended school than the older ones ( 92 and 89 percent of women age 15-19 and 20-24, respectively, compared with 78 percent of those age 45-49).

Table 3.2 shows that in contrast to women, higher proportions of male respondents complete secondary school, particularly at ages 20-24 and 25-29 years ( 22 and 23 percent of males compared with 11 and 10 percent of women, respectively). High dropouts of girls at primary and secondary levels may explain some of the differences in educational attainment between women and men. Measures to enhance retention of girls in school have been considered by the Zambian government. One such measure allows girls who drop out of school due to pregnancy to continue with their education after they have delivered.

Table 3.2 also shows that education attainment varies greatly with type of residence. Given the different socio-economic situations, respondents in rural areas have substantially lower educational attainment compared with their urban counterparts. For example, half of women in urban areas have attended or completed secondary school, compared with only 16 percent of rural women.

At the provincial level, rural provinces ${ }^{1}$ have the highest proportion of respondents with no schooling, with Eastern province leading for both females and males ( 23 and 13 percent, respectively). The gender gap (the difference in percentage points between women and men) in the proportion reporting no schooling is 10 percent in Eastern province versus only 1 percent and 4 percent in Copperbelt and Lusaka provinces.

[^0]| Table 3.2 Educational attainment by background characteristics |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women and men by highest level of schooling attended or completed, and median number of years of schooling, according to background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |
| Highest level of schooling attended or completed |  |  |  |  |  |  |  |  |  |
| Background characteristic | No education | Some primary | Completed primary ${ }^{1}$ | Some secondary | Completed secondary ${ }^{2}$ | Higher | Total | Number | Median years of schooling |
| WOMEN |  |  |  |  |  |  |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 8.0 | 41.6 | 16.6 | 31.4 | 2.4 | 0.0 | 100.0 | 1,811 | 6.0 |
| 20-24 | 11.5 | 35.2 | 18.2 | 24.1 | 7.9 | 3.2 | 100.0 | 1,664 | 6.2 |
| 25-29 | 10.5 | 36.6 | 19.9 | 23.2 | 4.1 | 5.6 | 100.0 | 1,376 | 6.1 |
| 30-34 | 11.4 | 37.3 | 22.1 | 22.1 | 2.9 | 4.2 | 100.0 | 972 | 6.1 |
| 35-39 | 15.9 | 37.9 | 23.6 | 18.1 | 1.8 | 2.6 | 100.0 | 766 | 5.5 |
| 40-44 | 17.6 | 36.9 | 26.0 | 13.6 | 2.0 | 3.9 | 100.0 | 601 | 5.6 |
| 45-49 | 22.5 | 45.5 | 17.0 | 10.0 | 0.9 | 4.1 | 100.0 | 467 | 3.7 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 3.7 | 21.9 | 24.0 | 36.6 | 7.5 | 6.3 | 100.0 | 3,073 | 7.0 |
| Rural | 17.7 | 49.2 | 16.8 | 14.1 | 1.3 | 0.9 | 100.0 | 4,585 | 4.2 |
| Province |  |  |  |  |  |  |  |  |  |
| Central | 8.0 | 42.4 | 20.2 | 22.0 | 3.6 | 3.8 | 100.0 | 562 | 6 |
| Copperbelt | 3.3 | 23.2 | 26.3 | 35.7 | 6.0 | 5.5 | 100.0 | 1,544 | 6.8 |
| Eastern | 22.7 | 45.7 | 11.2 | 15.4 | 2.6 | 2.3 | 100.0 | 926 | 3.7 |
| Luapula | 14.7 | 58.6 | 14.2 | 10.7 | 1.1 | 0.6 | 100.0 | 622 | 3.7 |
| Lusaka | 7.6 | 24.9 | 25.8 | 28.6 | 6.7 | 6.5 | 100.0 | 1,132 | 6.7 |
| Northern | 14.4 | 46.9 | 15.8 | 19.6 | 2.4 | 0.9 | 100.0 | 1,040 | 5.0 |
| North-Western | 17.5 | 45.9 | 13.7 | 19.4 | 1.8 | 1.7 | 100.0 | 354 | 4.6 |
| Southern | 12.3 | 38.5 | 23.1 | 22.2 | 3.0 | 1.0 | 100.0 | 814 | 6.0 |
| Western | 19.4 | 45.2 | 15.8 | 16.8 | 2.1 | 0.6 | 100.0 | 663 | 4.0 |
| Total | 12.1 | 38.3 | 19.7 | 23.1 | 3.8 | 3.1 | 100.0 | 7,658 | 6.0 |
|  |  |  |  | MEN |  |  |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 4.0 | 45.5 | 18.4 | 28.0 | 4.0 | 0.0 | 100.0 | 459 | 6.0 |
| 20-24 | 3.9 | 26.9 | 16.3 | 30.8 | 19.5 | 2.5 | 100.0 | 346 | 7.5 |
| 25-29 | 6.5 | 25.9 | 20.8 | 23.7 | 16.2 | 6.9 | 100.0 | 361 | 6.8 |
| 30-34 | 6.0 | 24.0 | 22.1 | 28.2 | 8.8 | 11.0 | 100.0 | 281 | 6.9 |
| 35-39 | 6.7 | 19.5 | 25.3 | 30.1 | 8.3 | 10.1 | 100.0 | 241 | 6.9 |
| 40-44 | 2.8 | 19.8 | 39.5 | 24.1 | 6.1 | 7.8 | 100.0 | 174 | 6.7 |
| 45-49 | 3.1 | 18.8 | 25.5 | 38.8 | 3.5 | 10.3 | 100.0 | 113 | 7.6 |
| 50-54 | 6.9 | 29.5 | 25.5 | 21.3 | 6.0 | 10.7 | 100.0 | 100 | 6.5 |
| 55-59 | 5.9 | 50.6 | 10.5 | 20.9 | 5.8 | 6.3 | 100.0 | 71 | 5.3 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 1.6 | 12.4 | 19.8 | 36.7 | 18.6 | 10.9 | 100.0 | 851 | 8.6 |
| Rural | 7.3 | 40.6 | 23.3 | 21.8 | 4.3 | 2.8 | 100.0 | 1,294 | 6.1 |
| Province |  |  |  |  |  |  |  |  |  |
| Central | 5.1 | 35.1 | 19.2 | 27.9 | 6.9 | 5.8 | 100.0 | 165 | 6.5 |
| Copperbelt | 1.9 | 8.3 | 21.8 | 39.1 | 16.9 | 12.0 | 100.0 | 447 | 8.7 |
| Eastern | 12.5 | 34.0 | 21.1 | 21.9 | 5.1 | 5.5 | 100.0 | 268 | 6.2 |
| Luapula | 4.4 | 45.9 | 26.5 | 18.8 | 1.7 | 2.8 | 100.0 | 166 | 6.0 |
| Lusaka | 3.8 | 17.2 | 20.5 | 31.0 | 19.2 | 8.4 | 100.0 | 314 | 8.4 |
| Northern | 3.1 | 38.8 | 25.1 | 25.1 | 5.2 | 2.8 | 100.0 | 292 | 6.3 |
| North-Western | 7.1 | 42.4 | 13.0 | 28.6 | 4.2 | 4.6 | 100.0 | 93 | 6.0 |
| Southern | 2.9 | 34.6 | 26.8 | 25.4 | 7.3 | 2.9 | 100.0 | 232 | 6.5 |
| Western | 9.6 | 48.4 | 16.6 | 16.6 | 8.3 | 0.6 | 100.0 | 169 | 4.9 |
| Total | 5.0 | 29.4 | 21.9 | 27.7 | 10.0 | 6.0 | 100.0 | 2,145 | 6.7 |
| ${ }^{1}$ Completed 7 th grade at the primary level <br> ${ }^{2}$ Completed 12th grade at the secondary level |  |  |  |  |  |  |  |  |  |

### 3.3 LITERACY

The ability to read is an important personal asset allowing women and men increased opportunities in life. Knowing the distribution of the literate population can help programme planners, especially for health and family planning programmes, know how to best reach women and men with their messages. In the 2001-2002 ZDHS, literacy was established by a respondent's ability to read all or part of a simple sentence in any of the seven major language groups of Zambia. ${ }^{2}$ The test on literacy was only applied to respondents who had less than secondary education.

Table 3.3 shows that literacy levels are higher for men than women throughout all age groups. Over one-third ( 38 percent) of women and close to a fifth ( 18 percent) of men are illiterate. As expected, urban respondents have higher literacy levels ( 79 percent for women and 91 percent for men) than those in rural areas ( 48 percent for women and 76 percent for men).

Figure 3.1 indicates the extent to which those who are close to school age (15-24) are literate. It shows that literacy levels for youth are higher for males than for females. While almost six in ten women in both age groups are literate, the literacy level for men is higher for both age groups ( 71 percent for men age 15-19 and 83 percent for men age 20-24).

[^1]| Table 3.3 Literacy |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women and men by level of schooling attended and by level of literacy, and percent literate, according to background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |
| Background characteristic | Secondary school or higher | No schooling or primary school |  |  |  |  | Total | Number | Percent literate ${ }^{1}$ |
|  |  | Can read whole sentence | Can read part of sentence | Cannot <br> read <br> at all | No card with required language | Don't know/ missing |  |  |  |
| WOMEN |  |  |  |  |  |  |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 33.8 | 14.6 | 10.3 | 40.1 | 0.8 | 0.4 | 100.0 | 1,811 | 58.7 |
| 20-24 | 35.1 | 16.1 | 8.0 | 39.1 | 1.3 | 0.4 | 100.0 | 1,664 | 59.2 |
| 25-29 | 33.0 | 20.7 | 9.5 | 35.7 | 1.1 | 0.0 | 100.0 | 1,376 | 63.2 |
| 30-34 | 29.2 | 24.0 | 10.3 | 35.2 | 1.1 | 0.1 | 100.0 | 972 | 63.6 |
| 35-39 | 22.5 | 27.5 | 9.4 | 39.2 | 1.3 | 0.0 | 100.0 | 766 | 59.5 |
| 40-44 | 19.5 | 33.7 | 9.7 | 35.8 | 0.5 | 0.7 | 100.0 | 601 | 63.0 |
| 45-49 | 14.9 | 32.8 | 10.1 | 41.1 | 0.8 | 0.2 | 100.0 | 467 | 57.8 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 50.4 | 19.3 | 9.2 | 19.4 | 1.4 | 0.3 | 100.0 | 3,073 | 78.8 |
| Rural | 16.3 | 22.4 | 9.7 | 50.7 | 0.8 | 0.2 | 100.0 | 4,585 | 48.4 |
| Province |  |  |  |  |  |  |  |  |  |
| Central | 29.4 | 27.3 | 8.0 | 34.9 | 0.4 | 0.0 | 100.0 | 562 | 64.6 |
| Copperbelt | 47.2 | 22.7 | 8.8 | 19.3 | 1.8 | 0.2 | 100.0 | 1,544 | 78.7 |
| Eastern | 20.4 | 16.0 | 11.4 | 52.0 | 0.2 | 0.0 | 100.0 | 926 | 47.8 |
| Luapula | 12.5 | 23.5 | 5.3 | 58.6 | 0.0 | 0.2 | 100.0 | 622 | 41.2 |
| Lusaka | 41.7 | 17.9 | 10.7 | 26.6 | 2.6 | 0.6 | 100.0 | 1,132 | 70.3 |
| Northern | 22.9 | 17.9 | 12.4 | 46.5 | 0.1 | 0.3 | 100.0 | 1,040 | 53.2 |
| North-Western | 22.9 | 18.3 | 12.1 | 46.2 | 0.1 | 0.3 | 100.0 | 354 | 53.3 |
| Southern | 26.2 | 24.9 | 10.5 | 36.1 | 1.7 | 0.7 | 100.0 | 814 | 61.5 |
| Western | 19.6 | 24.7 | 4.6 | 51.0 | 0.2 | 0.0 | 100.0 | 663 | 48.9 |
| Total | 30.0 | 21.1 | 9.5 | 38.1 | 1.0 | 0.3 | 100.0 | 7,658 | 60.6 |
| MEN |  |  |  |  |  |  |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 32.0 | 22.1 | 16.6 | 28.7 | 0.4 | 0.2 | 100.0 | 459 | 70.7 |
| 20-24 | 52.9 | 18.7 | 11.4 | 17.0 | 0.0 | 0.0 | 100.0 | 346 | 83.0 |
| 25-29 | 46.7 | 19.6 | 13.5 | 19.9 | 0.0 | 0.3 | 100.0 | 361 | 79.8 |
| 30-34 | 47.9 | 27.0 | 10.9 | 14.2 | 0.0 | 0.0 | 100.0 | 281 | 85.8 |
| 35-39 | 48.5 | 28.7 | 6.6 | 15.2 | 0.0 | 1.0 | 100.0 | 241 | 83.8 |
| 40-44 | 37.9 | 39.8 | 12.3 | 9.4 | 0.7 | 0.0 | 100.0 | 174 | 89.9 |
| 45-49 | 52.6 | 32.2 | 6.7 | 8.6 | 0.0 | 0.0 | 100.0 | 113 | 91.4 |
| 50-54 | 38.1 | 29.7 | 18.7 | 13.5 | 0.0 | 0.0 | 100.0 | 100 | 86.5 |
| 55-59 | 33.0 | 44.1 | 9.8 | 13.0 | 0.0 | 0.0 | 100.0 | 71 | 87.0 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 66.2 | 15.5 | 8.7 | 9.4 | 0.0 | 0.2 | 100.0 | 851 | 90.5 |
| Rural | 28.8 | 32.2 | 14.7 | 23.8 | 0.2 | 0.2 | 100.0 | 1,294 | 75.7 |
| Province |  |  |  |  |  |  |  |  |  |
| Central | 40.6 | 25.4 | 18.5 | 15.6 | 0.0 | 0.0 | 100.0 | 165 | 84.4 |
| Copperbelt | 68.0 | 13.9 | 9.4 | 8.3 | 0.4 | 0.0 | 100.0 | 447 | 91.4 |
| Eastern | 32.4 | 23.0 | 17.2 | 27.3 | 0.0 | 0.0 | 100.0 | 268 | 72.7 |
| Luapula | 23.2 | 44.2 | 8.3 | 24.3 | 0.0 | 0.0 | 100.0 | 166 | 75.7 |
| Lusaka | 58.6 | 16.3 | 12.1 | 12.6 | 0.0 | 0.4 | 100.0 | 314 | 87.0 |
| Northern | 33.0 | 32.7 | 15.6 | 18.3 | 0.0 | 0.3 | 100.0 | 292 | 81.3 |
| North-Western | 37.4 | 31.9 | 10.9 | 19.7 | 0.0 | 0.0 | 100.0 | 93 | 80.3 |
| Southern | 35.6 | 33.2 | 10.7 | 19.5 | 0.5 | 0.5 | 100.0 | 232 | 79.5 |
| Western | 25.5 | 33.1 | 8.3 | 32.5 | 0.0 | 0.6 | 100.0 | 169 | 66.9 |
| Total | 43.7 | 25.6 | 12.4 | 18.1 | 0.1 | 0.2 | 100.0 | 2,145 | 81.6 | tence

Figure 3.1 Youth Literacy


### 3.4 Access to Mass Media

The 2001-2002 ZDHS collected information on the exposure of respondents to the various common print and electronic media. Respondents were asked how often they read a newspaper, listened to the radio, or watched television in a week. This information is useful in determining the media channels to use in disseminating family planning and health services to target audiences.

Table 3.4 shows distinct patterns of exposure to different forms of mass media. The highest proportion of respondents ( 44 percent of women and 65 percent of men) listen to the radio at least once a week, followed by one in four women and one in three men who watch television once a week. It is apparent that print media is least utilised by both women and men. This is particularly true for women ( 11 percent) compared with men ( 24 percent).

Comparison between the 1996 ZDHS and 2001-2002 ZDHS reveals a general decline in media use for both women and men. The decline is more pronounced for the print media, which could be explained by the declining economic situation in the country. The Living Conditions Monitoring Survey (LCMS) data for 1998 indicate that poverty levels have remained high (with 73 percent of the population being poor), indicating a possible squeeze on the respondents' purchasing power. Chances are that with less money, a larger proportion of expenditures are directed towards food-related purchases.

Table 3.4 indicates that more than half of women have no access to any type of media, compared with about one-third of men. Women and men in rural areas have substantially lower access to all forms of media (less than 3 percent for both) than their urban counterparts ( 16 percent and 39 percent, respectively). It is apparent from Table 3.4 that education has a major impact on access to any of the specified media. For instance, weekly reading of a newspaper by women increases from a negligible proportion (under 1 percent) among those with no education to 65 percent among women with higher education. A similar pattern prevails for men, although, with generally higher proportions than women at all education levels.

| Table 3.4 Exposure to mass media |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women and men who usually read a newspaper at least once a week, watch television at least once a week, and listen to the radio at least once a week, by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |
| Type of mass media exposure |  |  |  |  |  |  |
| Background characteristic | Reads a newspaper at least once a week | Watches television at least once a week | Listens to the radio at least once a week | All three media | $\begin{gathered} \text { No } \\ \text { mass } \\ \text { media } \end{gathered}$ | Number of women/ men |
| WOMEN |  |  |  |  |  |  |
| Age 10.7480 |  |  |  |  |  |  |
| $15-19$ 20-24 | 10.7 11.3 | 28.2 25.9 | 44.2 | 7.2 | 49.5 49.3 | 1,811 1,664 |
| 25-29 | 12.7 | 25.7 | 44.3 | 8.0 | 49.5 | 1,376 |
| 30-34 | 10.8 | 27.2 | 47.0 | 8.4 | 48.8 | '972 |
| 35-39 | 8.9 | 21.0 | 41.3 | 5.4 | 54.9 | 766 |
| 40-44 | 8.8 | 21.0 | 40.2 | 6.5 | 55.7 | 601 |
| 45-49 | 6.4 | 13.5 | 32.6 | 3.8 | 63.8 | 467 |
| Residence 21.1 65.0 65.1 16.2 24.8 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  | 4.8 | 29.0 | 0.9 | 69.0 | 4,585 |
| Province |  |  |  |  |  |  |
| Central | 8.9 | 22.4 | 44.1 | 5.6 | 51.4 | 562 |
| Copperbelt Eastern | 16.5 5.5 | 52.3 6.5 | 62.1 31.2 | $\begin{array}{r}11.8 \\ 2.5 \\ \hline 0\end{array}$ | 26.4 67.0 | 1,544 |
| Luapula | 1.6 | 1.8 | 22.8 | 0.0 | 75.7 | 622 |
| Lusaka | 26.6 | 60.4 | 70.5 | 21.8 | 21.2 | 1,132 |
| Northern North-Western | ${ }^{6} .1$ | 9.2 5.4 | 33.3 | 3.2 | 64.2 | 1,040 |
| Southern | 5.7 | 5.2 | 34.5 | 1.8 | 62.9 60.7 | 354 814 |
| Western | 4.1 | 4.7 | 20.2 | 1.1 | 77.2 | 663 |
| Education |  |  |  |  |  |  |
| No education | 0.1 | 3.8 | 19.3 | 0.0 | 80.1 | 925 |
| Primary | 24.6 24 | 16.1 47.6 | 36.3 65.2 | 1.8 16.6 | 59.5 | 4,439 2,061 |
| Secondary Higher | 24.3 65.3 | 77.6 | 65.2 83.8 | 16.6 50.2 | 25.8 4.3 | 2,061 |
| Total | 10.6 | 24.9 | 43.5 | 7.1 | 51.3 | 7,658 |
| MEN |  |  |  |  |  |  |
| Age |  |  |  |  |  |  |
| $\begin{aligned} & 15-19 \\ & 20-24 \end{aligned}$ | 14.7 30.3 | 33.7 40.6 | 56.0 73.2 | 11.3 22.3 | 39.0 22.5 | 459 |
| 25-29 | 26.6 | 29.2 | 67.2 | 17.6 | 27.2 | 361 |
| 30-34 | 29.8 | 38.3 | 69.5 | 24.9 | 27.8 | 281 |
| 35-39 | 25.8 | 31.1 | 65.7 | 17.9 | 30.4 | 241 |
| 40-44 | 21.1 | 31.2 | 61.9 | 14.8 | 34.5 | 174 |
| 45-49 | 22.7 | 35.5 | 60.1 | 15.8 | 33.0 | 113 |
| $50-54$ $55-59$ | 20.4 7.9 | 31.0 18.1 | 66.2 52.7 | 13.1 4.2 | 28.9 43.1 | 100 |
| Residence |  |  |  |  |  |  |
| Urban | 49.2 | 69.4 | 82.2 | 38.5 | 9.6 | 851 |
| Rural | 6.5 | 10.1 | 53.0 | 2.9 | 44.9 | 1,294 |
| Province |  |  |  |  |  |  |
| Central | 23.2 | 32.2 | 75.4 | 13.0 | 20.3 | 165 |
| Castern | 57.5 | 7.4 | 84.2 50.0 | 18.3 1.2 | 49.2 | 448 |
| Luapula | 3.3 | 4.4 | 60.8 | 0.6 | 38.7 | 166 |
| Lusaka | 52.7 | 71.1 | 81.2 | 41.8 | 7.9 | 314 |
| Northern | 5.5 | 10.4 | 51.4 | 3.1 | 46.2 | 292 |
| North-Western | 8.4 | 8.8 | 53.8 | 2.5 | 44.1 | 93 |
| Southern Western | 11.7 8.9 | 22.9 7.0 | 51.2 45.2 | 7.3 5.1 | 43.4 54.1 | 232 169 |
| Education |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| No education | 6.2 | 10.7 | 37.4 53.3 | 0.0 3.8 | 56.1 43.7 | 1,108 |
| Secondary | 42.0 | 51.8 | 79.2 | 29.9 | 14.4 | + 808 |
| Higher | 73.6 | 72.3 | 92.4 | 63.4 | 4.5 | 129 |
| Total | 23.5 | 33.6 | 64.6 | 17.0 | 30.9 | 2,145 |

### 3.5 Men's Employment

Male respondents were asked a number of questions to elicit their employment status at the time of the survey, the continuity of their employment in the 12 months prior to the survey and, if they were not employed at all in the prior 12 months, the principal activity in which they were involved during the period.

Table 3.5 presents information relating to men's employment during the 12 month period prior to the survey. In all, 79 percent of men were employed in the last 12 months while 21 percent were unemployed. Younger men are markedly less likely to be employed than men age 25 and older. This reflects the fact that many are still in school as well as problems youth may have in finding work. Employment levels of men in rural areas are higher ( 82 percent) than those of their urban counterparts ( 75 percent). The men most likely to have been employed in the last 12 months are divorced, separated or widowed men ( 83 percent), and those who have never been to school ( 91 percent). Among educated men, the likelihood of having been employed in the last 12 months is highest for those with higher education ( 88 percent). One in ten men were unemployed at the time of the survey, although they were employed in the 12 months prior to the survey.

| Table 3.5 Employment status: men |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of men by employment status, according to background characteristics, Zambia 20012002 |  |  |  |  |  |  |
|  | Employed in the 12 months preceding the survey |  | Not employed in the last 12 months | Missing/ don't know | Total | $\underset{\text { of }}{\text { Number }}$ |
| Background characteristic | Currently employed | Not currently employed |  |  |  |  |
| Age |  |  |  |  |  |  |
| 15-19 | 26.3 | 6.9 | 66.1 | 0.7 | 100.0 | 459 |
| 20-24 | 61.1 | 16.5 | 22.4 | 0.0 | 100.0 | 346 |
| 25-29 | 80.6 | 13.5 | 5.9 | 0.0 | 100.0 | 361 |
| 30-34 | 89.8 | 7.7 | 2.5 | 0.0 | 100.0 | 281 |
| 35-39 | 82.6 | 12.2 | 5.2 | 0.0 | 100.0 | 241 |
| 40-44 | 86.8 | 10.7 | 2.6 | 0.0 | 100.0 | 174 |
| 45-49 | 80.6 | 13.1 | 6.3 | 0.0 | 100.0 | 113 |
| 50-54 | 85.5 | 7.5 | 7.0 | 0.0 | 100.0 | 100 |
| 55-59 | 78.8 | 11.4 | 9.8 | 0.0 | 100.0 | 71 |
| Marital status |  |  |  |  |  |  |
| Never married | 63.0 | 8.8 | 28.1 | 0.2 | 100.0 | 589 |
| Married or living together | 69.0 | 12.5 | 18.3 | 0.1 | 100.0 | 1,325 |
| Divorced/separated/widowed | 74.3 | 8.3 | 16.8 | 0.5 | 100.0 | 231 |
| Residence |  |  |  |  |  |  |
| Urban | 61.4 | 13.7 | 24.7 | 0.1 | 100.0 | 851 |
| Rural | 72.2 | 9.3 | 18.3 | 0.2 | 100.0 | 1,294 |
| Province |  |  |  |  |  |  |
| Central | 68.8 | 5.1 | 26.1 | 0.0 | 100.0 | 165 |
| Copperbelt | 59.0 | 16.9 | 24.1 | 0.0 | 100.0 | 447 |
| Eastern | 78.1 | 5.5 | 16.4 | 0.0 | 100.0 | 268 |
| Luapula | 85.6 | 1.1 | 13.3 | 0.0 | 100.0 | 166 |
| Lusaka | 66.1 | 7.9 | 25.9 | 0.0 | 100.0 | 314 |
| Northern | 77.7 | 2.4 | 19.3 | 0.6 | 100.0 | 292 |
| North-Western | 53.4 | 13.0 | 33.2 | 0.4 | 100.0 | 93 |
| Southern | 53.7 | 35.6 | 10.2 | 0.5 | 100.0 | 232 |
| Western | 71.3 | 5.7 | 22.9 | 0.0 | 100.0 | 169 |
| Education |  |  |  |  |  |  |
| No education | 84.4 | 6.3 | 9.3 | 0.0 | 100.0 | 108 |
| Primary | 70.2 | 10.9 | 18.6 | 0.3 | 100.0 | 1,100 |
| Secondary | 60.8 | 12.3 | 26.9 | 0.0 | 100.0 | 808 |
| Higher | 80.1 | 8.1 | 11.8 | 0.0 | 100.0 | 129 |
| Total | 67.9 | 11.0 | 20.9 | 0.2 | 100.0 | 2,145 |

Figure 3.2 shows the distribution of men not employed in the 12 months prior to the survey by current activity. Of the unemployed, two in three are students, while the rest are mostly looking for work or are simply inactive (15 and 14 percent, respectively).

## Figure 3.2 Distribution of Unemployed Men by Current Activity



ZDHS 2001-2002

Men who reported being employed during the 12 -month period prior to the survey were asked about the principal occupation and the type of earnings (i.e., cash, kind or unpaid) that they received. Table 3.6 looks at the main occupation among men who were employed during the 12 -month period before the survey. It shows that over half ( 51 percent) of working men were employed in the agricultural sector, 18 percent in sales and services, and 16 percent in skilled manual jobs. The rest work mostly in domestic service and professional/technical/managerial jobs (6 percent each).

As expected, Table 3.6 shows that the majority of employed men in rural areas work in agriculture, whereas those in urban areas are mostly in non-agricultural occupations of sales and services (34 percent) and skilled manual work ( 32 percent). This pattern is also distinct amongst the provinces, with more men engaged in agriculture occupations in rural provinces: Luapula (79 percent), Northern (77 percent), Eastern ( 75 percent) and Western ( 74 percent). Lusaka province has the highest proportion (12 percent) of professional, technical and managerial workers as well as of domestic servants. The data indicate that education has a strong impact on one's occupation. Men with no or primary education are engaged more in agricultural activities and those with higher education take up more professional/ managerial jobs.

| Table 3.6 Occupation: men |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of men employed in the 12 months preceding the survey by occupation, according to background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |  |
| Background characteristic $\quad \begin{array}{r}\text { Pro } \\ \text { te } \\ \text { ma }\end{array}$ | Professional/ technical/ managerial | Clerical | Sales and services | Skilled manual | Unskilled manual | Domestic service | Agriculture | Don't know/ missing | Total | Number of men |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 0.0 | 0.0 | 23.9 | 11.1 | 0.4 | 4.1 | 54.5 | 6.1 | 100.0 | 152 |
| 20-24 | 0.9 | 1.0 | 32.2 | 9.0 | 1.9 | 9.4 | 43.7 | 1.8 | 100.0 | 268 |
| 25-29 | 4.5 | 0.4 | 19.7 | 16.4 | 1.4 | 8.4 | 49.3 | 0.0 | 100.0 | 339 |
| 30-34 | 7.0 | 1.7 | 14.9 | 18.1 | 3.5 | 6.8 | 47.3 | 0.8 | 100.0 | 274 |
| 35-39 | 7.3 | 1.0 | 13.7 | 18.8 | 1.1 | 4.3 | 53.0 | 0.7 | 100.0 | 229 |
| 40-44 | 9.4 | 0.4 | 13.6 | 16.3 | 0.0 | 5.1 | 55.2 | 0.0 | 100.0 | 169 |
| 45-49 | 10.8 | 0.0 | 11.6 | 21.6 | 0.0 | 3.3 | 51.7 | 1.1 | 100.0 | 106 |
| 50-54 | 9.6 | 1.2 | 6.6 | 22.4 | 0.0 | 3.6 | 56.6 | 0.0 | 100.0 | 93 |
| 55-59 | 5.2 | 0.0 | 5.5 | 19.4 | 0.0 | 1.4 | 68.5 | 0.0 | 100.0 | 64 |
| Marital status |  |  |  |  |  |  |  |  |  |  |
| Never married | 2.4 | 0.6 | 31.6 | 10.5 | 2.0 | 8.2 | 41.1 | 3.6 | 100.0 | 389 |
| Married or living together | 6.8 | 0.8 | 12.4 | 17.7 | 1.2 | 5.5 | 55.2 | 0.4 | 100.0 | 1,203 |
| Divorced/separated/widowed | ed 1.3 | 1.1 | 34.4 | 18.1 | 0.9 | 6.2 | 37.4 | 0.6 | 100.0 | 102 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 9.2 | 1.3 | 33.7 | 31.8 | 3.1 | 13.1 | 7.2 | 0.6 | 100.0 | 640 |
| Rural | 3.3 | 0.4 | 8.7 | 6.6 | 0.3 | 1.9 | 77.4 | 1.4 | 100.0 | 1,055 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Central | 3.9 | 0.5 | 26.0 | 8.3 | 2.0 | 7.4 | 45.6 | 6.4 | 100.0 | 122 |
| Copperbelt | 5.9 | 0.5 | 28.7 | 32.2 | 4.5 | 7.9 | 19.8 | 0.5 | 100.0 | 339 |
| Eastern | 6.1 | 1.4 | 7.0 | 7.5 | 0.0 | 2.3 | 74.8 | 0.9 | 100.0 | 224 |
| Luapula | 4.5 | 0.0 | 8.3 | 4.5 | 0.6 | 1.9 | 79.0 | 1.3 | 100.0 | 144 |
| Lusaka | 12.4 | 2.3 | 35.6 | 25.4 | 1.1 | 15.8 | 7.3 | 0.0 | 100.0 | 232 |
| Northern | 1.9 | 0.0 | 9.2 | 7.6 | 0.4 | 3.1 | 77.1 | 0.8 | 100.0 | 234 |
| North-Western | 5.7 | 0.0 | 9.5 | 10.8 | 1.3 | 3.8 | 68.4 | 0.6 | 100.0 | 62 |
| Southern | 3.8 | 1.1 | 14.2 | 16.4 | 0.0 | 3.8 | 59.0 | 1.6 | 100.0 | 207 |
| Western | 2.5 | 0.0 | 8.3 | 9.9 | 0.0 | 5.0 | 74.4 | 0.0 | 100.0 | 130 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 0.0 | 0.0 | 18.3 | 6.7 | 0.0 | 0.0 | 75.0 | 0.0 | 100.0 | 98 |
| Primary | 0.5 | 0.0 | 16.1 | 11.5 | 0.8 | 3.6 | 65.8 | 1.7 | 100.0 | 892 |
| Secondary | 3.7 | 1.5 | 23.5 | 23.8 | 2.6 | 11.0 | 33.1 | 0.7 | 100.0 | 590 |
| Higher | 58.4 | 3.5 | 5.7 | 20.2 | 0.3 | 5.9 | 5.9 | 0.0 | 100.0 | 114 |
| Total | 5.5 | 0.8 | 18.1 | 16.1 | 1.3 | 6.2 | 50.9 | 1.1 | 100.0 | 1,694 |

Table 3.7 looks at the form of earnings received by men who were employed during the 12 -month period before the survey, according to whether the work they performed was in the agricultural or nonagricultural sector. Among employed men in agriculture, over half ( 56 percent) report that they are not paid, reflecting the fact that many are self-employed. More than eight in ten (84 percent) employed men in non-agricultural occupations receive cash payment for their work.

| Table 3.7 Type of earnings: men |  |  |  |
| :---: | :---: | :---: | :---: |
| Percent distribution of men employed in the 12 months preceding the survey by type of earnings, according to type of employment (agricultural or non-agricultural), Zambia 2001-2002 |  |  |  |
| Type of earnings | Agricultural work | Non-agricultural work | Total |
| Cash only | 9.7 | 83.9 | 45.4 |
| Cash and in-kind | 26.7 | 5.9 | 16.4 |
| In-kind only | 7.4 | 1.6 | 4.5 |
| Not paid | 56.2 | 8.5 | 33.2 |
| Missing | 0.0 | 0.1 | 0.5 |
| Total | 100.0 | 100.0 | 100 |
| Number of men | 862 | 813 | 1,694 |
| Note: Total includes 19 men with missing information on type of employment who are not shown separately |  |  |  |

### 3.6 WOMEN's EMPLOYMENT

The 2001-2002 ZDHS also collected information relating to women's employment. The measurement of women's employment is particularly difficult because some of the activities that women do, especially work on family farms, family businesses, or in the informal sector are often not perceived by women themselves as employment and hence are not reported as such. To avoid underestimating women's employment, the ZDHS asked women several questions to ascertain their employment status. First women were asked, "Aside from your own housework, are you currently working?" Women who answered "no" to this question were then asked, "As you know, some women take up jobs for which they are paid in cash or kind. Others sell things, have a small business, or work on the family farm or in the family business. Are you currently doing any of these things or any other work?"

It should, however, be recognised that major obstacles standing in the way of women's gaining access to employment with the same opportunities as men are caused by a number of factors, the "most significant being inequality in respect of access to education, discrimination in employment and occupation, which leads to categorisation of jobs according to gender, national laws and regulations, inequality in respect of access to factors of production, the low level of women's participation in decision-making and social control bodies and finally, social attitudes" (ILO, 1995). Information on women's participation in decision-making also was collected in the 2001-2002 and is presented later in this chapter.

### 3.6.1 Employment Status

Table 3.8 shows the percent distribution of women by employment status during the 12 months preceding the survey. Fifty-seven percent of women were employed in the 12 months preceding the survey, compared with 79 percent of men (Table 3.5). Employment levels in the last 12 months are higher for women in rural areas than for their urban counterparts ( 63 percent and 49 percent, respectively). This pattern is also generally true for employed men, although their proportions for men in both rural and urban areas are higher than those for women. Table 3.8 shows that the proportion of women employed in the last 12 months tends to increase with age and number of living children.

The data indicate that women who are divorced, separated, or widowed have the highest employment rates, followed by those in marital union ( 72 percent versus 62 percent). Although nevermarried women and men are the least likely to be employed, the proportion for women is much lower ( 37 percent) than for men ( 72 percent) (Table 3.5).

| Table 3.8 Employment status: women |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women by employment status, according to background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |
|  | Employed in the 12 months preceding the survey |  | Not employed in the last 12 months | Missing/ don't know | Total | Number of women |
| Background characteristic | Currently employed | Not currently employed |  |  |  |  |
| Age |  |  |  |  |  |  |
| 15-19 | 32.7 | 2.5 | 64.8 | 0.0 | 100.0 | 1,811 |
| 20-24 | 49.9 | 3.4 | 46.6 | 0.1 | 100.0 | 1,664 |
| 25-29 | 62.3 | 3.1 | 34.7 | 0.0 | 100.0 | 1,376 |
| 30-34 | 65.6 | 2.4 | 32.0 | 0.0 | 100.0 | 972 |
| 35-39 | 70.5 | 2.3 | 27.2 | 0.0 | 100.0 | 766 |
| 40-44 | 66.3 | 2.1 | 31.6 | 0.0 | 100.0 | 601 |
| 45-49 | 68.6 | 2.1 | 29.3 | 0.0 | 100.0 | 467 |
| Marital status |  |  |  |  |  |  |
| Never married | 33.8 | 2.8 | 63.4 | 0.0 | 100.0 | 1,897 |
| Married or living together | 60.0 | 2.4 | 37.6 | 0.0 | 100.0 | 4,694 |
| Divorced/separated/widowed | 67.6 | 3.9 | 28.5 | 0.0 | 100.0 | 1,067 |
| Number of living children |  |  |  |  |  |  |
| 0 | 36.2 | 3.0 | 60.8 | 0.0 | 100.0 | 2,067 |
| 1-2 | 57.1 | 2.7 | 40.2 | 0.0 | 100.0 | 2,431 |
| 3-4 | 63.6 | 2.5 | 33.9 | 0.1 | 100.0 | 1,578 |
| 5+ | 65.6 | 2.6 | 31.8 | 0.0 | 100.0 | 1,582 |
| Residence |  |  |  |  |  |  |
| Urban | 45.9 | 3.1 | 51.0 | 0.0 | 100.0 | 3,073 |
| Rural | 60.3 | 2.4 | 37.2 | 0.0 | 100.0 | 4,585 |
| Province |  |  |  |  |  |  |
| Central | 70.0 | 1.0 | 29.0 | 0.0 | 100.0 | 562 |
| Copperbelt | 44.9 | 3.4 | 51.7 | 0.0 | 100.0 | 1,544 |
| Eastern | 20.8 | 1.6 | 77.6 | 0.0 | 100.0 | 926 |
| Luapula | 91.1 | 1.1 | 7.8 | 0.0 | 100.0 | 622 |
| Lusaka | 49.1 | 3.7 | 47.2 | 0.0 | 100.0 | 1,132 |
| Northern | 73.5 | 0.9 | 25.5 | 0.1 | 100.0 | 1,040 |
| North-Western | 42.7 | 15.7 | 41.7 | 0.0 | 100.0 | 354 |
| Southern | 39.0 | 1.1 | 59.8 | 0.0 | 100.0 | 814 |
| Western | 81.5 | 1.8 | 16.7 | 0.0 | 100.0 | 663 |
| Education |  |  |  |  |  |  |
| No education | 57.6 | 2.0 | 40.3 | 0.0 | 100.0 | 925 |
| Primary | 57.9 | 2.6 | 39.4 | 0.0 | 100.0 | 4,439 |
| Secondary | 43.4 | 3.2 | 53.4 | 0.0 | 100.0 | 2,061 |
| Higher | 76.5 | 2.5 | 21.0 | 0.0 | 100.0 | 234 |
| Total | 54.5 | 2.7 | 42.7 | 0.0 | 100.0 | 7,658 |

### 3.6.2 Occupation

Table 3.9 shows the occupations reported by women employed in the 12 -month period before the survey. As observed with employed men, the majority of employed women ( 54 percent) work in agriculture. This is followed by one-fourth who are employed in sales and services occupations and one in ten in domestic services. A major difference is observed amongst women and men in skilled manual occupations (5 percent and 16 percent, respectively).

| Table 3.9 Occupation: women |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women employed in the 12 months preceding the survey by occupation, according to background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |  |
| Background characteristic | Professional/ technical/ managerial | Clerical | Sales and services | Skilled manual | Unskilled manual | Domestic service | Agriculture | Don't know/ missing | Total | Number of women |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 0.8 | 0.5 | 25.4 | 1.9 | 0.0 | 5.9 | 65.1 | 0.5 | 100.0 | 638 |
| 20-24 | 2.1 | 1.6 | 27.2 | 3.8 | 0.7 | 11.5 | 52.3 | 0.7 | 100.0 | 887 |
| 25-29 | 6.4 | 2.5 | 27.6 | 6.3 | 0.0 | 12.1 | 44.8 | 0.3 | 100.0 | 899 |
| 30-34 | 5.6 | 1.9 | 22.8 | 5.5 | 0.8 | 11.7 | 50.5 | 1.2 | 100.0 | 661 |
| 35-39 | 3.6 | 0.9 | 24.1 | 4.7 | 0.0 | 9.9 | 56.1 | 0.7 | 100.0 | 557 |
| 40-44 | 3.7 | 2.5 | 22.5 | 5.7 | 0.3 | 8.2 | 56.7 | 0.5 | 100.0 | 412 |
| 45-49 | 6.5 | 0.9 | 20.1 | 3.3 | 0.2 | 10.3 | 58.1 | 0.6 | 100.0 | 330 |
| Marital status |  |  |  |  |  |  |  |  |  |  |
| Never married | 6.6 | 2.7 | 31.2 | 3.4 | 0.5 | 8.5 | 46.6 | 0.5 | 100.0 | 694 |
| Married or living together | 3.3 | 1.3 | 22.0 | 5.1 | 0.3 | 9.7 | 57.7 | 0.6 | 100.0 | 2,927 |
| Divorced/separated/widowed | d 4.1 | 1.8 | 30.6 | 3.6 | 0.2 | 14.0 | 44.8 | 0.8 | 100.0 | 763 |
| Number of living children |  |  |  |  |  |  |  |  |  |  |
| 0 | 5.3 | 3.1 | 26.1 | 4.4 | 0.6 | 9.2 | 50.2 | 1.1 | 100.0 | 810 |
| 1-2 | 5.1 | 1.3 | 27.3 | 4.5 | 0.2 | 10.8 | 50.4 | 0.4 | 100.0 | 1,452 |
| 3-4 | 2.3 | 1.7 | 24.9 | 4.8 | 0.3 | 10.6 | 55.1 | 0.2 | 100.0 | 1,042 |
| 5+ | 3.1 | 0.7 | 21.1 | 4.6 | 0.3 | 10.0 | 59.3 | 0.8 | 100.0 | 1,079 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 7.9 | 4.5 | 42.4 | 7.4 | 0.6 | 22.6 | 13.3 | 1.3 | 100.0 | 1,504 |
| Rural | 1.9 | 0.1 | 15.9 | 3.1 | 0.1 | 3.8 | 74.8 | 0.3 | 100.0 | 2,879 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Central | 4.1 | 1.4 | 21.8 | 4.3 | 0.2 | 5.4 | 62.4 | 0.5 | 100.0 | 400 |
| Copperbelt | 7.7 | 2.2 | 30.6 | 3.5 | 0.4 | 26.7 | 28.2 | 0.7 | 100.0 | 746 |
| Eastern | 13.5 | 1.0 | 35.5 | 7.5 | 1.0 | 8.0 | 33.5 | 0.0 | 100.0 | 207 |
| Luapula | 0.9 | 0.0 | 5.2 | 2.4 | 0.0 | 1.7 | 89.8 | 0.0 | 100.0 | 573 |
| Lusaka | 6.3 | 6.3 | 53.3 | 10.1 | 0.6 | 18.8 | 2.3 | 2.1 | 100.0 | 597 |
| Northern | 0.8 | 0.3 | 7.7 | 1.3 | 0.0 | 4.4 | 85.0 | 0.6 | 100.0 | 774 |
| North-Western | 2.9 | 0.2 | 11.7 | 2.3 | 0.0 | 3.7 | 78.8 | 0.4 | 100.0 | 207 |
| Southern | 4.6 | 1.1 | 38.7 | 8.8 | 0.7 | 10.2 | 35.6 | 0.4 | 100.0 | 327 |
| Western | 0.6 | 0.4 | 26.7 | 4.2 | 0.2 | 2.8 | 65.1 | 0.2 | 100.0 | 553 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 0.2 | 0.0 | 19.3 | 1.6 | 0.0 | 3.1 | 75.6 | 0.2 | 100.0 | 552 |
| Primary | 0.3 | 0.3 | 24.2 | 3.8 | 0.2 | 8.4 | 62.0 | 0.7 | 100.0 | 2,687 |
| Secondary | 5.2 | 3.6 | 33.8 | 8.7 | 0.7 | 19.9 | 27.4 | 0.7 | 100.0 | 960 |
| Higher | 62.6 | 15.5 | 6.7 | 3.0 | 0.0 | 8.1 | 4.1 | 0.0 | 100.0 | 185 |
| Total | 4.0 | 1.6 | 25.0 | 4.6 | 0.3 | 10.3 | 53.7 | 0.6 | 100.0 | 4,384 |

Table 3.9 further shows that most working women ( 75 percent) in rural areas are engaged in agricultural activities compared with 13 percent in urban areas. A large majority ( 85 percent) of women in urban areas work in non-agricultural activities with 42 percent in sales and services followed by those in domestic service who constitute 23 percent. It is apparent from Table 3.9 that the likelihood of women's participation in professional, technical or managerial jobs, sales and services, and clerical increases with rising education levels.

### 3.6.3 Earnings, Type of Employer, and Continuity of Employment

It is commonly acknowledged that women's reproductive and domestic role (housework, food preparation, and caring for the young, old and disabled family members) is generally perceived to be their primary function, restricting their time and mobility for productive work (ILO, 1995). Most women are thus constrained to choose income-earning activities, which can be combined with child care and household work.

Table 3.10 presents information on women's employment status, the form of earnings and the continuity of employment. The table takes into account whether women are involved in agricultural or
non-agricultural occupations, since all of the employment variables shown in the table are strongly influenced by the sector in which a woman is employed.

According to the data in Table 3.10, most women engaged in agricultural work are selfemployed ( 78 percent), work seasonally or part of the year ( 82 percent) and receive no payment for their work ( 63 percent). Table 3.10 further shows that a majority of women in non-agricultural activities earn cash only ( 81 percent), 63 percent work for themselves, and 59 percent work throughout the year.

### 3.6.4 Control over Women's Earnings and Contribution to Household Expenditures

In the 2001-2002 ZDHS, employed women who earn cash were asked about who the main de-cision-maker is with regard to the use of their earnings. Further, they were asked about the proportion of household expenditures met by their earnings. Their answers to these questions provide some insight into the extent to which women have autonomy over their earnings and the relative importance of women's earnings. The latter information also has implications for the empowerment of women. It is expected that employment and earnings are more likely to empower women if they perceive their earnings as important for meeting the needs of their household.

Table 3.10 Employment characteristics: women
Percent distribution of women employed in the 12 months preceding the survey by type of earnings, type of employer, and continuity of employment, according to type of employment (agricultural or non-agricultural), Zambia 2001-2002

| Employment characteristic | Agricultural work | Non-agricultural work | Total |
| :---: | :---: | :---: | :---: |
| Type of earnings |  |  |  |
| Cash only | 18.7 | 81.3 | 47.7 |
| Cash and in-kind | 16.0 | 4.4 | 10.6 |
| In-kind only | 2.2 | 1.1 | 1.7 |
| Not paid | 63.1 | 13.2 | 40.0 |
| Total | 100.0 | 100.0 | 100.0 |
| Type of employer |  |  |  |
| Employed by family member | 20.0 | 7.2 | 14.1 |
| Employed by nonfamily membe | er 2.1 | 29.5 | 14.8 |
| Self-employed | 77.8 | 63.2 | 71.1 |
| Missing | 0.0 | 0.1 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 |
| Continuity of employment |  |  |  |
| Throughout the year | 16.0 | 59.3 | 35.8 |
| Seasonal/part of year | 81.7 | 20.3 | 53.3 |
| Once in a while | 2.3 | 20.3 | 10.8 |
| Missing | 0.0 | 0.1 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 |
| Number of women | 2,354 | 2,003 | 4,384 |

Note: Total includes 27 women with missing information on type of employment who are not shown separately

Table 3.11 shows the percent distribution of 2001-2002 ZDHS respondents who earn cash for the work they do by the degree of control over the use of their earnings and the extent to which their earnings meet household expenditures. Almost six out of ten women decide by themselves how their earnings are to be spent. Close to one in every four working women said that the decisions are made jointly with someone else, whereas one in five reported that this decision is fully made by someone else.

Independent decision-making by women is more pronounced in urban ( 72 percent) than rural areas ( 39 percent) and notably increases with age: 49 percent of women age 15-19 compared with 59 percent of women age 45-49. Education has an impact on decision-making of women on the use of their earnings: 38 percent of women with no education decide independently on how earnings are to be used compared with 64 percent of women with higher education. In rural areas, decisions on the use of women's earnings are almost equally divided, with more than one-third made by the woman herself ( 39 percent), one-third made jointly ( 29 percent), and one-third by someone else ( 31 percent). At the provincial level, the highest proportions of women who decide for themselves how their earnings are spent are in Lusaka ( 77 percent) and Copperbelt ( 65 percent) and the lowest are in North-Western and Northern (35 percent each).

Regarding the use of women's earnings, Table 3.11 shows that a similar proportion of women reported that their earnings constitute "less than half" ( 39 percent) and "half or more" ( 38 percent) of household expenditures. Almost one in five women who work for cash say their earnings provide the entire household expenditure.

| Percent distribution of women employed in the 12 months preceding the survey receiving cash earnings by person who decides how earnings are to be used and by proportion of household expenditures met by earnings, according to background characteristics, Zambia 20012002 |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Person who decides how earnings are used |  |  | Total | Proportion of household expenditures met by earnings |  |  |  | Total | Number of women |
|  | Self only | Jointly ${ }^{1}$ | Someone else only ${ }^{2}$ |  | Almost none/ none | Less than half | Half or more | All |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 48.9 | 15.3 | 35.8 | 100.0 | 12.8 | 40.0 | 30.0 | 17.2 | 100.0 | 278 |
| 20-24 | 53.8 | 21.0 | 25.0 | 100.0 | 6.8 | 41.7 | 37.9 | 13.3 | 100.0 | 538 |
| 25-29 | 56.3 | 22.5 | 21.1 | 100.0 | 4.7 | 37.9 | 41.8 | 15.5 | 100.0 | 591 |
| 30-34 | 58.5 | 26.0 | 15.5 | 100.0 | 4.1 | 40.2 | 38.5 | 17.2 | 100.0 | 389 |
| 35-39 | 55.8 | 25.3 | 19.0 | 100.0 | 3.6 | 32.9 | 43.1 | 20.5 | 100.0 | 341 |
| 40-44 | 56.8 | 27.8 | 15.1 | 100.0 | 1.3 | 38.7 | 37.9 | 21.3 | 100.0 | 231 |
| 45-49 | 59.3 | 24.7 | 16.0 | 100.0 | 3.4 | 39.1 | 32.4 | 25.1 | 100.0 | 186 |
| Marital status |  |  |  |  |  |  |  |  |  |  |
| Never married | 73.4 | 6.5 | 20.1 | 100.0 | 11.9 | 42.9 | 31.2 | 13.7 | 100.0 | 370 |
| Married or living together | 40.7 | 32.4 | 26.8 | 100.0 | 4.6 | 39.3 | 40.5 | 15.4 | 100.0 | 1,692 |
| Divorced/separated/widowed | 93.0 | 2.8 | 4.0 | 100.0 | 3.1 | 34.1 | 36.1 | 26.7 | 100.0 | 492 |
| Number of living children |  |  |  |  |  |  |  |  |  |  |
| 0 | 63.5 | 12.1 | 24.4 | 100.0 | 11.9 | 40.2 | 34.7 | 13.2 | 100.0 | 433 |
| 1-2 | 54.2 | 23.2 | 22.4 | 100.0 | 4.4 | 39.0 | 39.3 | 17.2 | 100.0 | 892 |
| 3-4 | 55.9 | 24.7 | 19.5 | 100.0 | 4.0 | 36.8 | 42.2 | 16.9 | 100.0 | 622 |
| $5+$ | 51.3 | 28.6 | 20.0 | 100.0 | 3.6 | 39.6 | 35.6 | 21.0 | 100.0 | 607 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 71.8 | 16.7 | 11.4 | 100.0 | 6.5 | 41.3 | 40.3 | 11.9 | 100.0 | 1,266 |
| Rural | 39.4 | 29.1 | 31.4 | 100.0 | 4.3 | 36.3 | 36.4 | 22.7 | 100.0 | 1,287 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Central | 50.3 | 13.5 | 36.2 | 100.0 | 5.4 | 40.6 | 36.7 | 17.3 | 100.0 | 247 |
| Copperbelt | 65.4 | 19.8 | 14.8 | 100.0 | 4.1 | 39.9 | 45.0 | 11.0 | 100.0 | 523 |
| Eastern | 53.7 | 22.2 | 24.1 | 100.0 | 4.9 | 19.1 | 41.4 | 34.6 | 100.0 | 168 |
| Luapula | 43.8 | 26.6 | 29.7 | 100.0 | 10.2 | 50.8 | 30.5 | 8.6 | 100.0 | 127 |
| Lusaka | 76.9 | 13.2 | 9.8 | 100.0 | 7.1 | 45.1 | 37.6 | 10.3 | 100.0 | 591 |
| Northern | 34.5 | 37.9 | 27.1 | 100.0 | 5.6 | 24.0 | 34.5 | 35.2 | 100.0 | 363 |
| North-Western | 35.4 | 45.1 | 19.5 | 100.0 | 7.0 | 29.8 | 34.5 | 28.7 | 100.0 | 144 |
| Southern | 44.8 | 30.0 | 25.1 | 100.0 | 1.0 | 51.7 | 38.9 | 8.4 | 100.0 | 234 |
| Western | 44.4 | 17.0 | 37.9 | 100.0 | 4.6 | 43.1 | 35.9 | 15.7 | 100.0 | 155 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 38.0 | 27.5 | 34.4 | 100.0 | 7.1 | 34.6 | 34.5 | 23.5 | 100.0 | 255 |
| Primary | 53.7 | 21.7 | 24.5 | 100.0 | 4.8 | 41.1 | 36.7 | 17.4 | 100.0 | 1,417 |
| Secondary | 63.3 | 21.8 | 14.8 | 100.0 | 6.4 | 37.9 | 40.3 | 15.1 | 100.0 | 703 |
| Higher | 64.3 | 31.1 | 4.6 | 100.0 | 3.5 | 30.5 | 48.4 | 17.6 | 100.0 | 178 |
| Total | 55.5 | 22.9 | 21.4 | 100.0 | 5.4 | 38.8 | 38.3 | 17.4 | 100.0 | 2,553 |
| ${ }^{1}$ With husband or someone else <br> ${ }^{2}$ Includes husband |  |  |  |  |  |  |  |  |  |  |

Table 3.12 presents data on how decisions on use of women's earnings are made and the contribution of these earnings to household expenditures based on marital status. As expected, married women are less likely to make exclusive decisions on how to spend their earnings, compared with unmarried women (41 and 85 percent, respectively). Thirty-one percent of married women decide jointly with their husbands. It is notable that one in four married women who earn cash for their work say that their husbands alone decide how to spend their earnings.

| Table 3.12 Women's control over earnings |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women who received cash earnings for work in the past 12 months by person who decides how earnings are used and marital status, according to proportion of household expenditures met by earnings, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Currently married or living together |  |  |  |  |  |  | Not married ${ }^{1}$ |  |  |  |  |
| Contribution to household expenditures | Self only | Jointly with husband | Jointly with someone else | Husband only | Someone else only | Total | Number of women | Self only | Jointly with someone else | Someone else only | Total | Number of women |
| Almost none/none | 57.4 | 20.1 | 1.6 | 17.6 | 3.2 | 100.0 | 78 | 83.8 | 6.8 | 9.4 | 100.0 | 59 |
| Less than half | 47.2 | 25.6 | 1.2 | 25.4 | 0.5 | 100.0 | 664 | 83.1 | 2.7 | 13.9 | 100.0 | 326 |
| Half or more | 37.1 | 31.7 | 1.3 | 29.7 | 0.3 | 100.0 | 686 | 85.9 | 3.9 | 10.3 | 100.0 | 293 |
| All | 28.9 | 47.4 | 0.3 | 22.8 | 0.2 | 100.0 | 261 | 86.0 | 7.5 | 6.5 | 100.0 | 182 |
| Total | 40.7 | 31.3 | 1.1 | 26.3 | 0.5 | 100.0 | 1,692 | 84.6 | 4.4 | 10.9 | 100.0 | 862 |
| Note: Table excludes 4 women missing information on contribution to household expenditures. ${ }^{1}$ Never-married, divorced, separated, or widowed women |  |  |  |  |  |  |  |  |  |  |  |  |

Table 3.12 further shows that among married women, the less their earnings provide toward household expenditures, the more likely they are to decide by themselves how to use their earnings. As the importance of their earnings increases, so does the likelihood that they make decisions jointly with their husbands. A majority of unmarried women make their own decisions, regardless of the degree of contribution to household expenditure.

### 3.7 WOMEN's Empowerment

In addition to information on women's education, employment status, and control over earnings, the 2001-2002 ZDHS obtained information from both women and men on other measures of women's status and empowerment. In particular, questions were asked on women's roles in making household decisions, on acceptance of wife beating, and on opinions about when a wife should be able to refuse sex with her husband. These questions are used to define three different indicators of women's empowerment: (1) women's participation in decision-making, (2) degree of acceptance of wife beating, and (3) degree of acceptance of a wife's right to refuse sex with her husband.

The first measure-women's participation in decision-making-requires little explanation since the ability to make decisions about one's own life is of obvious importance to women's empowerment. The other two measures derive from the notion that gender equity is essential to empowerment. One of Zambia's policy measures to address women's participation in decision-making is to "encourage efforts by non-governmental organisations, trade unions and the private sector to achieve equality between women and men in their ranks, including equal participation in their decision-making bodies and in negotiations at all times" (GIDD, 2000)

Responses that indicate a view that the beating of wives by husbands is justified reflect a low status of women. Although such attitudes do not necessarily signify approval of men beating their wives, they do signify acceptance of norms that give men the right to discipline women with force. Similarly, beliefs about whether and when a woman can refuse sex with her husband reflect issues of gender equity regarding sexual rights and bodily integrity. Besides yielding an important measure of empowerment, information about women's attitudes toward sexual rights is useful for improving and monitoring reproductive health programmes that depend on women's willingness and ability to control their own sexual lives.

### 3.7.1 Women's Participation in Decision-making

Table 3.13 shows the percent distribution of women by the person that the woman says usually has the final say in making decisions in four areas: (1) the woman's own health care, (2) large household
purchases, (3) visits to family/friends, and (4) how many children to have and when. The results are presented by marital status. Women are considered to participate in decision-making if they make decisions alone or jointly with their husband or someone else.

Table 3.13 indicates that for married women, decision-making is highly dominated by husbands. Women report that husbands alone are responsible for decisions, particularly for making large household purchases ( 62 percent), visits to family/friends ( 56 percent), number of children to have and when ( 50 percent), and even the wife's own health care ( 47 percent). In contrast, the proportion of women who report that they alone have decision-making responsibility in these areas is much lower: own health care (30 percent), visits to family/friends (17 percent), large household purchases ( 11 percent), and number and timing of children ( 10 percent). As expected, unmarried women are more likely than married women to make decisions by themselves. However, because unmarried women tend to be younger than married women and are often living with their parents or other relatives, decisions are often made by others.

| Percent distribution of women by person who has the final say in making specific decisions and marital status, according to type of decision, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Currently married or living together |  |  |  |  |  |  | Not married ${ }^{1}$ |  |  |  |  |
| Type of decision | Self only | Jointly with husband | Jointly with someone else | Husband only | Someone else only | Decision ot made not applicable | Total | Self only | Jointly with someone else | Someone else only | Decision not made/Not applicable | Total |
| Own health care | 30.1 | 11.0 | 0.5 | 46.5 | 11.8 | 0.2 | 100.0 | 42.5 | 3.7 | 53.1 | 0.8 | 100.0 |
| Large household purchases | 11.3 | 25.1 | 0.1 | 61.7 | 1.6 | 0.2 | 100.0 | 29.8 | 3.6 | 60.8 | 5.7 | 100.0 |
| Visits to family/friends | 16.8 | 25.7 | 0.0 | 56.1 | 1.1 | 0.2 | 100.0 | 41.9 | 3.7 | 51.9 | 2.5 | 100.0 |
| How many children to have and when | 9.6 | 35.8 | 0.4 | 49.8 | 0.4 | 4.0 | 100.0 | 46.8 | 3.2 | 11.2 | 38.7 | 100.0 |

Table 3.14.1 presents information on the proportion of women involved alone or jointly in making the above-mentioned four decisions according to background characteristics. In addition, the table includes two summary indicators: (1) the proportion of women involved in making decisions in all four areas and (2) the proportion of women not involved in making any of the decisions.

Table 3.14.1 shows that less than a fifth of women report taking part in decisions concerning all of the specified areas. It is apparent that women are most likely to report participating in decisions on the number of children to have and when to have them ( 47 percent), visits to family/friends ( 44 percent), their own health care ( 43 percent), and least likely to report participating in decisions in making large purchases ( 35 percent). Never-married women are least likely to report being involved in decision-making, particularly concerning making large purchases ( 13 percent) and visiting family/friends ( 27 percent). As mentioned earlier, this is probably because they are young and still live with parents/guardians who make most of the decisions. Women with no children are also less likely than those with children to participate in any or all of the specified decisions.

One might expect higher educational status to give women greater decision-making power within their households. However, Table 3.14.1 indicates that women with no education report having somewhat more say ( 21 percent) in all the specified decisions compared with women with primary and secondary schooling (16 and 17 percent, respectively). Women with higher education are the most likely to report having a say in all the specified decisions ( 37 percent), along with those who earn cash for their work ( 26 percent). However, participation in decision-making for women with higher education varies with the type of decision, whereas there is little distinction for those earning cash for their work.

| Percentage of women who say that they alone or jointly have the final say in specific decisions, by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Alone or jointly has final say in: |  |  |  |  |  | Number of women |
| Background characteristic | Own health care | Making large purchases | Visits to family, relatives, friends | Number of children and when | All specified decisions | None of the specified decisions |  |
| Age |  |  |  |  |  |  |  |
| 15-19 | 26.8 | 11.6 | 23.2 | 33.9 | 4.9 | 45.7 | 1,811 |
| 20-24 | 41.6 | 28.7 | 39.8 | 46.9 | 13.5 | 28.8 | 1,664 |
| 25-29 | 45.7 | 42.4 | 49.2 | 53.7 | 19.4 | 21.8 | 1,376 |
| 30-34 | 49.5 | 47.4 | 51.5 | 54.6 | 24.1 | 21.9 | 972 |
| 35-39 | 57.2 | 51.2 | 55.3 | 54.4 | 29.1 | 21.4 | 766 |
| 40-44 | 54.9 | 52.1 | 60.6 | 52.2 | 29.2 | 21.1 | 601 |
| 45-49 | 55.4 | 57.7 | 63.6 | 51.3 | 30.7 | 20.1 | 467 |
| Marital status |  |  |  |  |  |  |  |
| Never married | 33.4 | 12.9 | 26.7 | 38.2 | 8.0 | 40.9 | 1,897 |
| Married or living together | 41.5 | 36.5 | 42.5 | 45.8 | 15.6 | 29.0 | 4,694 |
| Divorced/separated/widowed | 68.8 | 69.9 | 79.1 | 70.9 | 44.5 | 6.0 | 1,067 |
| Number of living children |  |  |  |  |  |  |  |
| 0 | 30.9 | 16.2 | 27.3 | 35.6 | 7.0 | 41.4 | 2,067 |
| 1-2 | 46.3 | 38.1 | 46.8 | 52.2 | 18.7 | 23.9 | 2,431 |
| 3-4 | 47.6 | 43.4 | 50.0 | 51.4 | 22.5 | 25.0 | 1,578 |
| 5+ | 50.5 | 48.1 | 54.1 | 51.6 | 25.4 | 23.7 | 1,582 |
| Residence |  |  |  |  |  |  |  |
| Urban | 46.8 | 37.2 | 47.2 | 48.4 | 17.3 | 23.8 | 3,073 |
| Rural | 40.9 | 34.1 | 41.4 | 46.8 | 18.0 | 32.1 | 4,585 |
| Province |  |  |  |  |  |  |  |
| Central | 25.0 | 27.5 | 35.7 | 42.4 | 7.2 | 31.5 | 562 |
| Copperbelt | 34.7 | 34.9 | 46.2 | 44.5 | 13.2 | 30.4 | 1,544 |
| Eastern | 31.8 | 26.8 | 31.5 | 35.0 | 15.9 | 48.2 | 926 |
| Luapula | 30.7 | 23.6 | 38.0 | 40.1 | 9.1 | 36.1 | 622 |
| Lusaka | 58.7 | 37.8 | 45.4 | 45.8 | 18.2 | 19.4 | 1,132 |
| Northern | 52.1 | 37.1 | 48.4 | 56.6 | 23.5 | 22.6 | 1,040 |
| North-Western | 60.3 | 50.5 | 64.9 | 72.6 | 39.3 | 15.6 | 354 |
| Southern | 33.1 | 45.0 | 28.9 | 48.8 | 20.7 | 34.9 | 814 |
| Western | 70.0 | 38.7 | 63.4 | 56.0 | 22.8 | 13.9 | 663 |
| Education |  |  |  |  |  |  |  |
| No education | 47.4 | 38.6 | 47.4 | 46.1 | 21.0 | 29.1 | 925 |
| Primary | 40.9 | 33.3 | 41.7 | 45.1 | 16.3 | 31.0 | 4,439 |
| Secondary | 42.9 | 35.1 | 43.1 | 50.8 | 17.2 | 26.6 | 2,061 |
| Higher | 75.3 | 63.6 | 71.3 | 68.3 | 36.6 | 4.7 | 234 |
| Employment |  |  |  |  |  |  |  |
| Not employed | 36.6 | 26.3 | 35.2 | 42.0 | 13.2 | 36.0 | 3,476 |
| Employed for cash | 54.4 | 51.3 | 56.5 | 55.3 | 26.1 | 17.7 | 2,401 |
| Employed not for cash | 41.3 | 31.3 | 43.0 | 47.6 | 15.4 | 29.5 | 1,775 |
| Total | 43.3 | 35.3 | 43.7 | 47.4 | 17.7 | 28.8 | 7,658 |

The 2001-2002 ZDHS also sought men's opinions concerning women's participation in decisionmaking in the four specified areas. Table 3.14.2 shows the percent distribution of men who say that their wife or partner alone or jointly should have the greater say in making specific decisions.

Table 3.14.2 shows that one in four men are of the opinion that wives alone or jointly should not have the greater say in any of the specified decisions. The proportion of men who feel that women should have a say in none of the specified decisions is higher in rural than urban areas ( 32 percent and 15 percent, respectively). More than half of men are of the view that a wife or partner should decide by herself or jointly about the number of children to have and when to have them. Fewer men say that wives should have the greater say in decisions related to large household purchases and visits to family and friends (43 percent each).

As presented in Table 3.14.2, according to male respondents, the importance of the wife's role in decision-making increases with the level of the man's education. For instance, 37 percent of men with no education and 93 percent of those with higher education said a wife or partner should have a greater say in how she spends her own money. Amongst the provinces, the highest proportion of men who say wives should have the greater say in all specified decisions is in Eastern province ( 31 percent), while men in Luapula province are least likely to believe so ( 9 percent). Eastern province has the highest proportion of men (along with Western province) who say that women should have the final say in none of the specified decisions.

| Percentage of men who say that their wife alone or jointly should have the final say in specific decisions, by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Wife alone or jointly should have the greater say in: |  |  |  |  |  |  |
| Background characteristic | Making large purchases | Visits to family, relatives, friends | Number of children and when | How wife spends her money | All specified decisions | None of the specified decisions | Number of men |
| Age |  |  |  |  |  |  |  |
| 15-19 | 33.9 | 36.9 | 48.9 | 46.9 | 15.6 | 27.4 | 459 |
| 20-24 | 39.2 | 38.9 | 52.7 | 52.0 | 19.2 | 25.9 | 346 |
| 25-29 | 42.8 | 41.3 | 53.5 | 45.0 | 18.6 | 26.8 | 361 |
| 30-34 | 48.8 | 49.9 | 59.0 | 55.9 | 26.0 | 21.6 | 281 |
| 35-39 | 46.6 | 48.9 | 54.6 | 50.4 | 25.2 | 24.8 | 241 |
| 40-44 | 53.2 | 47.1 | 62.3 | 54.9 | 29.2 | 21.9 | 174 |
| 45-49 | 48.2 | 52.8 | 63.2 | 54.4 | 28.0 | 20.0 | 113 |
| 50-54 | 43.6 | 40.9 | 48.5 | 47.9 | 24.4 | 33.8 | 100 |
| 55-59 | 44.9 | 42.7 | 45.0 | 48.9 | 14.5 | 23.5 | 71 |
| Marital status |  |  |  |  |  |  |  |
| Never married | 38.7 | 40.5 | 53.3 | 51.1 | 19.1 | 24.3 | 782 |
| Married or living together | 46.2 | 45.0 | 55.2 | 50.6 | 23.3 | 25.5 | 1,248 |
| Divorced/separated/widowed | d 33.1 | 39.3 | 44.8 | 38.9 | 13.9 | 31.1 | 116 |
| Number of living children |  |  |  |  |  |  |  |
| 0 | 37.9 | 39.5 | 52.1 | 50.2 | 18.7 | 26.0 | 861 |
| 1-2 | 43.4 | 45.3 | 53.0 | 49.4 | 20.7 | 24.5 | 447 |
| 3-4 | 51.0 | 48.9 | 56.5 | 52.3 | 26.4 | 24.0 | 336 |
| 5+ | 45.0 | 43.3 | 56.2 | 49.2 | 22.8 | 25.9 | 501 |
| Residence |  |  |  |  |  |  |  |
| Urban | 52.0 | 52.4 | 64.2 | 61.5 | 28.8 | 14.7 | 851 |
| Rural | 36.7 | 36.9 | 47.2 | 42.6 | 16.3 | 32.3 | 1,294 |
| Province |  |  |  |  |  |  |  |
| Central | 56.2 | 46.0 | 67.8 | 64.5 | 26.8 | 12.3 | 165 |
| Copperbelt | 45.9 | 52.3 | 64.3 | 52.6 | 25.9 | 15.4 | 447 |
| Eastern | 38.3 | 41.0 | 46.9 | 44.5 | 30.9 | 43.0 | 268 |
| Luapula | 28.2 | 38.1 | 49.7 | 49.2 | 8.8 | 26.5 | 166 |
| Lusaka | 55.6 | 47.7 | 59.8 | 68.6 | 27.2 | 13.8 | 314 |
| Northern | 39.4 | 40.1 | 47.1 | 44.0 | 15.9 | 26.6 | 292 |
| North-Western | 23.1 | 35.7 | 51.3 | 43.7 | 13.4 | 37.0 | 93 |
| Southern | 47.3 | 41.5 | 44.9 | 37.1 | 14.1 | 29.3 | 232 |
| Western | 29.3 | 26.8 | 43.3 | 36.9 | 12.7 | 42.7 | 169 |
| Education |  |  |  |  |  |  |  |
| No education | 29.1 | 31.9 | 34.7 | 37.3 | 15.2 | 42.3 | 108 |
| Primary | 32.9 | 32.4 | 41.4 | 37.8 | 11.6 | 34.0 | 1,100 |
| Secondary | 50.8 | 52.0 | 67.7 | 61.8 | 27.9 | 15.3 | 808 |
| Higher | 87.7 | 87.6 | 90.6 | 92.5 | 67.0 | 0.7 | 129 |
| Employment |  |  |  |  |  |  |  |
| Not employed | 42.3 | 44.1 | 53.5 | 53.3 | 19.6 | 22.0 | 688 |
| Employed for cash | 45.7 | 45.9 | 58.5 | 53.1 | 26.6 | 24.8 | 913 |
| Employed not for cash | 38.2 | 36.9 | 46.7 | 40.9 | 14.3 | 30.5 | 542 |
| Total | 42.8 | 43.1 | 53.9 | 50.1 | 21.3 | 25.3 | 2,145 |
| Note: The total includes 6 women with missing data for employment. |  |  |  |  |  |  |  |

### 3.7.2 Attitudes toward Wife Beating

The ZDHS collected information on the degree of acceptance of wife beating by asking whether a husband would be justified in beating his wife in each of the following five situations: if the wife goes out with another man; if she neglects the children; if she argues with him; if she refuses to have sex; and if she cooks bad food or food is late.

Tables 3.15 .1 and 3.15 .2 show the proportions of women and men who agreed that a husband would be justified in hitting or beating his wife for specific reasons. A high proportion of women agreeing that wife beating is acceptable is an indicator that women generally accept violence as part of malefemale relationships. A low proportion agreeing indicates that the majority of women do not accept such violence and, thus, is an indicator that women are more "empowered."

Table 3.15 .1 shows that many women find wife beating justified in certain circumstances. Over four in five women agree that at least one of the specified reasons is enough to justify wife beating.

Women's infidelity is the most likely reason to justify wife beating ( 79 percent), whereas bad or late food is the least likely ( 45 percent). It is not surprising that there is a high level of acceptance of the legitimacy of beatings because traditional norms teach women to accept, tolerate, and even rationalise battery. However, this norm hinders women's empowerment with consequences for their health. There is little difference between women in urban and rural areas (84 and 87 percent, respectively). Women in Luapula province constitute the highest proportion of women who say wife beating is justified for at least one of the reasons specified ( 95 percent), while Eastern province has the lowest proportion ( 59 percent). Except for Eastern and Lusaka provinces, 90 percent or more of women agree with one of the reasons justifying wife beating. Generally, women who have never married, highly educated women, and unemployed women are least likely to agree with any of the reasons for wife beating.

Tables 3.15 .1 and 3.15.2 show that fewer men than women agree that wife beating is justified for at least one of the specified reasons ( 69 percent and 85 percent, respectively). Rural men are more likely to agree with wife beating for one of the specified reasons than their urban counterparts ( 72 versus 65 percent). Table 3.15.2 indicates that among educated men, those with higher education are least likely to accept wife beating ( 38 percent).


| Table 3.15.2 Men's attitudes toward wife beating |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of men who agree that a husband is justified in hitting or beating his wife for specific reasons, by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |
|  | Husband is justified in hitting or beating his wife if she: |  |  |  |  | Percentage who agree with at least one specified reason | Number of men |
| Background characteristic | Cooks bad/ late food | Argues with him | Goes out with another man | Neglects the children | Refuses to have sex with him |  |  |
| Age |  |  |  |  |  |  |  |
| 15-19 | 33.7 | 48.7 | 67.8 | 54.4 | 27.9 | 80.0 | 459 |
| 20-24 | 22.5 | 44.2 | 57.8 | 49.0 | 23.2 | 71.5 | 346 |
| 25-29 | 24.2 | 40.5 | 53.5 | 49.2 | 24.0 | 68.4 | 361 |
| 30-34 | 20.2 | 35.4 | 52.1 | 39.6 | 17.9 | 62.8 | 281 |
| 35-39 | 20.3 | 35.2 | 53.0 | 43.6 | 22.2 | 63.9 | 241 |
| 40-44 | 19.2 | 29.5 | 57.5 | 44.1 | 23.0 | 66.9 | 174 |
| 45-49 | 21.6 | 30.6 | 53.9 | 42.1 | 26.2 | 64.6 | 113 |
| 50-54 | 12.9 | 30.4 | 52.4 | 36.9 | 23.8 | 56.9 | 100 |
| 55-59 | 15.9 | 35.3 | 60.7 | 48.5 | 32.5 | 68.7 | 71 |
| Marital status |  |  |  |  |  |  |  |
| Never married | 28.5 | 44.8 | 63.9 | 51.8 | 25.2 | 76.0 | 782 |
| Married or living together | 20.7 | 35.9 | 53.0 | 43.2 | 22.7 | 64.1 | 1,248 |
| Divorced/separated/widowed | 22.8 | 43.6 | 63.0 | 55.9 | 30.0 | 80.3 | 116 |
|  |  |  |  |  |  |  |  |
| 0 | 27.8 | 44.0 | 62.7 | 51.9 | 24.4 | 75.3 | 861 |
| 1-2 | 23.9 | 36.7 | 53.1 | 42.2 | 24.2 | 65.8 | 447 |
| 3-4 | 20.1 | 39.3 | 54.2 | 45.0 | 21.6 | 67.4 | 336 |
| 5+ | 18.6 | 34.6 | 54.8 | 44.1 | 24.7 | 63.3 | 501 |
| Residence |  |  |  |  |  |  |  |
| Urban | 15.2 | 33.6 | 50.6 | 42.4 | 16.0 | 65.0 | 851 |
| Rural | 29.2 | 43.4 | 62.1 | 50.0 | 29.2 | 72.1 | 1,294 |
| Province |  |  |  |  |  |  |  |
| Central | 19.9 | 37.7 | 54.7 | 42.8 | 16.3 | 66.7 | 165 |
| Copperbelt | 16.2 | 35.0 | 56.8 | 53.4 | 16.2 | 71.8 | 447 |
| Eastern | 15.6 | 20.3 | 29.7 | 21.5 | 14.8 | 34.8 | 268 |
| Luapula | 26.0 | 40.3 | 68.0 | 60.2 | 33.1 | 81.2 | 166 |
| Lusaka | 15.5 | 33.9 | 45.2 | 34.3 | 18.0 | 59.8 | 314 |
| Northern | 39.4 | 57.2 | 69.4 | 68.2 | 37.9 | 84.7 | 292 |
| North-Western | 39.1 | 54.2 | 76.5 | 58.4 | 42.4 | 81.9 | 93 |
| Southern | 35.6 | 61.0 | 77.1 | 56.6 | 30.7 | 85.9 | 232 |
| Western | 20.4 | 25.5 | 61.1 | 29.3 | 25.5 | 69.4 | 169 |
| Education |  |  |  |  |  |  |  |
| No education | 20.4 | 26.1 | 46.3 | 38.5 | 19.4 | 57.1 | 108 |
| Primary | 30.5 | 47.4 | 64.7 | 52.9 | 31.6 | 76.1 | 1,100 |
| Secondary | 17.9 | 35.0 | 53.6 | 44.0 | 17.8 | 66.6 | 808 |
| Higher | 4.1 | 12.0 | 29.7 | 22.8 | 2.4 | 38.1 | 129 |
| Employment |  |  |  |  |  |  |  |
| Not employed | 29.0 | 44.9 | 64.7 | 51.3 | 24.6 | 77.2 | 688 |
| Employed for cash | 15.0 | 30.0 | 45.6 | 38.0 | 19.1 | 57.5 | 913 |
| Employed not for cash | 31.5 | 49.0 | 68.7 | 56.7 | 31.6 | 79.2 | 542 |
| Number of decisions in which wife should have greater say ${ }^{1}$ |  |  |  |  |  |  |  |
| 0 | 31.0 | 48.7 | 62.0 | 51.5 | 31.9 | 71.8 | 544 |
| $1-2$ $3-4$ | 28.2 | 45.6 | 66.9 | 53.6 | 30.2 | 79.2 | 789 |
| 3-4 | 14.3 | 27.6 | 45.4 | 37.6 | 12.7 | 58.0 | 813 |
| Total | 23.6 | 39.5 | 57.5 | 47.0 | 24.0 | 69.3 | 2,145 |
| ${ }^{1}$ Either by herself or jointly with others |  |  |  |  |  |  |  |

### 3.7.3 Attitudes toward Refusing Sex

The extent of control women have over when and with whom they have sex has important implications for demographic and health outcomes such as transmission of HIV and other sexually transmitted infections. To measure women's beliefs about sexual empowerment, respondents were asked whether a wife is justified in refusing to have sex with her husband under four circumstances: she is tired or not in the mood, she has recently given birth, she knows her husband has sex with other women, and she knows her husband has a sexually transmitted disease.

Table 3.16.1 presents data on how demographic and socio-economic background characteristics affect women's attitudes on this issue. The table also shows how this indicator of women's status varies with the other two indicators, namely with women's participation in decision-making and women's attitudes toward wife beating. It is worth noting that this indicator is also a measure of empowerment: the more reasons to refuse having sex with their husband, the higher their empowerment in terms of the belief in women's sexual rights.

Table 3.16 .1 shows that slightly over half of women ( 53 percent) agree that husbands can be denied sex for all the specified reasons. The degree of agreement, however, varies, with reasons of recent childbirth and a husband who has a sexually transmitted infection ( 88 percent and 86 percent, respectively) being most widely accepted as reasons for refusing sexual relations. Least likely to agree with all of the reasons for refusing sex are younger women ( 45 percent), never-married women ( 48 percent), women with no children ( 47 percent), those who live in Central ( 42 percent) and Southern ( 42 percent) provinces, women with no education ( 48 percent), women who are employed but not for cash ( 50 percent) and those without a say in household decisions ( 48 percent). Women with more say in decision-making are more likely to feel a women is justified in refusing sexual relations with her husband for all the specified reasons than women with no say at all ( 57 percent versus 48 percent). Similarly, women who believe that wife beating is not justified for any of the specified reasons are more likely to agree that women are justified in refusing sex with their husbands for all of the reasons.

Table 3.16.2 shows the percentage of men who believe that a wife is justified in refusing to have sex with her husband for specific reasons by background characteristics. The table shows that three in five men compared with one in two women (see Table 3.16.1) are of the view that a woman has a right to refuse to have sex with the husband for all the specified reasons. There are no marked variations between rural and urban areas.

| Table 3.16.1 Women's attitudes toward wife refusing sex with husband |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women who believe that a wife is justified in refusing to have sex with her husband for specific reasons, by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |
| Wife is justified in refusing sex with her husband if she: |  |  |  |  |  |  |  |
| Background characteristic | Knows husband has a sexually transmitted disease | Knows husband has sex with other women | Has recently given birth | Is tired or not in the mood | who agree with all of the specified reasons | who agree with none of the specified reasons | Number of women |
| Age |  |  |  |  |  |  |  |
| 15-19 | 77.7 | 68.0 | 76.4 | 59.5 | 45.1 | 12.9 | 1,811 |
| 20-24 | 87.0 | 75.0 | 89.4 | 68.4 | 52.8 | 3.9 | 1,664 |
| 25-29 | 88.0 | 74.5 | 92.6 | 69.3 | 55.5 | 3.6 | 1,376 |
| 30-34 | 88.9 | 75.9 | 92.1 | 69.9 | 56.1 | 3.7 | 972 |
| 35-39 | 89.3 | 75.1 | 93.3 | 70.9 | 57.4 | 3.5 | 766 |
| 40-44 | 90.0 | 73.8 | 92.6 | 69.0 | 55.9 | 3.3 | 601 |
| 45-49 | 86.6 | 68.8 | 90.3 | 68.8 | 51.9 | 4.8 | 467 |
| Marital status |  |  |  |  |  |  |  |
| Never married | 79.6 | 71.0 | 75.9 | 61.3 | 48.1 | 12.5 | 1,897 |
| Married or living together | 87.4 | 73.8 | 92.1 | 69.3 | 54.3 | 3.7 | 4,694 |
| Divorced/separated/widowed | 88.4 | 72.2 | 91.1 | 67.0 | 52.5 | 4.1 | 1,067 |
| Number of living children 79.8 |  |  |  |  |  |  |  |
| 0 | 79.8 | 70.4 | 77.0 | 61.1 | 47.1 | 11.6 | 2,067 |
| 1-2 | 87.2 | 72.9 | 91.2 | 68.5 | 52.5 | 4.0 | 2,431 |
| 3-4 | 88.2 | 75.2 | 93.0 | 70.1 | 56.3 | 3.5 | 1,578 |
| 5+ | 88.4 | 73.8 | 92.1 | 69.3 | 55.9 | 3.8 | 1,582 |
| Residence |  |  |  |  |  |  |  |
| Urban | 87.5 | 76.0 | 87.3 | 66.2 | 53.4 | 5.2 | 3,073 |
| Rural | 84.4 | 70.8 | 88.3 | 67.5 | 52.0 | 6.4 | 4,585 |
| Province |  |  |  |  |  |  |  |
| Central | 79.7 | 62.5 | 88.0 | 68.9 | 42.4 | 3.7 | 562 |
| Copperbelt | 88.8 | 75.3 | 88.8 | 65.8 | 51.0 | 3.1 | 1,544 |
| Eastern | 85.7 | 76.3 | 86.4 | 72.4 | 64.9 | 10.3 | 926 |
| Luapula | 79.9 | 63.3 | 77.3 | 62.8 | 48.2 | 15.7 | 622 |
| Lusaka | 90.1 | 80.0 | 89.7 | 67.9 | 58.0 | 5.1 | 1,132 |
| Northern | 84.9 | 73.9 | 89.2 | 60.4 | 49.4 | 5.8 | 1,040 |
| North-Western | 94.0 | 77.3 | 92.8 | 74.0 | 61.6 | 1.5 | 354 |
| Southern | 76.1 | 65.8 | 87.4 | 65.3 | 42.3 | 6.8 | 814 |
| Western | 89.6 | 72.9 | 91.0 | 71.7 | 54.7 | 2.0 | 663 |
| Education |  |  |  |  |  |  |  |
| No education | 81.2 | 67.6 | 87.0 | 63.7 | 48.4 | 7.8 | 925 |
| Primary | 84.4 | 71.3 | 87.7 | 66.2 | 51.0 | 6.4 | 4,439 |
| Secondary | 89.1 | 77.0 | 88.2 | 68.3 | 55.5 | 4.6 | 2,061 |
| Higher | 96.2 | 87.8 | 94.4 | 83.4 | 72.0 | 0.9 | 234 |
|  |  |  |  |  |  |  |  |
| Not employed | 84.7 | 73.0 | 85.6 | 65.8 | 51.7 | 6.9 | 3,476 |
| Employed for cash | 89.5 | 76.1 | 92.8 | 69.9 | 55.7 | 2.6 | 2,401 |
| Employed not for cash | 82.2 | 68.3 | 85.8 | 65.5 | 49.9 | 8.5 | 1,775 |
| Number of decisions in which woman has final say ${ }^{1}$ |  |  |  |  |  |  |  |
| 0 | 80.5 | 69.2 | 82.2 | 62.2 | 48.4 | 9.7 | 2,204 |
| 1-2 | 86.7 | 73.6 | 88.9 | 66.8 | 51.8 | 5.2 | 2,976 |
| 3-4 | 89.0 | 75.3 | 91.8 | 71.5 | 57.1 | 3.4 | 2,478 |
| Number of reasons wife beating is justified |  |  |  |  |  |  |  |
| 0 | 81.7 | 72.5 | 79.5 | 71.2 | 61.0 | 14.2 | 1,120 |
| 1-2 | 87.6 | 73.6 | 89.1 | 67.3 | 52.8 | 4.8 | 2,128 |
| 3-4 | 84.9 | 71.1 | 89.6 | 64.0 | 47.3 | 4.2 | 2,407 |
| 5 | 86.7 | 74.5 | 89.4 | 67.9 | 53.8 | 4.6 | 2,002 |
| Total | 85.6 | 72.9 | 87.9 | 67.0 | 52.5 | 5.9 | 7,658 |
| ${ }^{1}$ Either by herself or jointly with others |  |  |  |  |  |  |  |

Table 3.16.2 Men's attitudes toward wife refusing sex with husband
Percentage of men who believe that a wife is justified in refusing to have sex with her husband for specific reasons, by background characteristics, Zambia 2001-2002

| Background characteristic | Wife is justified in refusing sex with her husband if she: |  |  |  | Percentage who agree with all of the specified reasons | Percentage who agree with none of the specified reasons | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Knows husband has a sexually transmitted disease | Knows husband has sex with other women | Has recently given birth | Is tired or not in the mood |  |  |  |
| Age |  |  |  |  |  |  |  |
| 15-19 | 62.7 | 80.8 | 78.3 | 85.5 | 49.4 | 4.2 | 459 |
| 20-24 | 64.6 | 89.4 | 76.6 | 91.4 | 51.3 | 2.5 | 346 |
| 25-29 | 71.3 | 93.5 | 80.5 | 96.0 | 60.2 | 0.7 | 361 |
| 30-34 | 77.1 | 95.1 | 85.5 | 96.1 | 66.4 | 0.8 | 281 |
| 35-39 | 79.0 | 93.6 | 86.4 | 94.1 | 67.9 | 1.4 | 241 |
| 40-44 | 74.2 | 97.0 | 86.6 | 97.0 | 66.9 | 0.6 | 174 |
| 45-49 | 81.6 | 94.9 | 90.6 | 96.0 | 74.0 | 1.5 | 113 |
| 50-54 | 82.6 | 98.3 | 85.8 | 96.2 | 72.8 | 0.0 | 100 |
| 55-59 | 75.3 | 86.6 | 84.4 | 93.3 | 61.3 | 1.5 | 71 |
| Marital status |  |  |  |  |  |  |  |
| Never married . | 64.9 | 84.1 | 78.6 | 88.7 | 52.9 | 3.7 | 782 |
| Married or living together | 76.0 | 94.4 | 84.1 | 95.3 | 64.7 | 0.7 | 1,248 |
| Divorced/separated/widowed | 66.2 | 95.1 | 84.9 | 93.7 | 57.2 | 1.7 | 116 |
| Number of living children |  |  |  |  |  |  |  |
| 0 | 66.5 | 84.9 | 77.9 | 89.3 | 53.3 | 3.2 | 861 |
| 1-2 | 71.0 | 95.3 | 82.6 | 95.9 | 60.6 | 1.0 | 447 |
| 3-4 | 74.4 | 92.8 | 86.2 | 94.3 | 64.7 | 1.6 | 336 |
| 5+ | 78.3 | 95.1 | 86.2 | 95.1 | 67.9 | 0.4 | 501 |
| Residence |  |  |  |  |  |  |  |
| Urban | 73.1 | 90.4 | 83.1 | 93.3 | 61.0 | 1.7 | 851 |
| Rural | 70.3 | 90.8 | 81.5 | 92.5 | 59.4 | 1.9 | 1,294 |
| Province |  |  |  |  |  |  |  |
| Central | 68.5 | 87.7 | 83.3 | 85.5 | 54.7 | 2.2 | 165 |
| Copperbelt | 74.8 | 90.6 | 82.0 | 92.5 | 60.5 | 1.1 | 447 |
| Eastern | 70.7 | 88.3 | 74.6 | 92.6 | 58.6 | 3.5 | 268 |
| Luapula | 61.9 | 92.8 | 84.0 | 97.2 | 54.1 | 0.6 | 166 |
| Lusaka | 67.4 | 92.9 | 84.5 | 94.6 | 56.9 | 1.3 | 314 |
| Northern | 72.5 | 88.4 | 82.3 | 92.4 | 62.1 | 2.1 | 292 |
| North-Western | 92.4 | 95.0 | 92.4 | 93.3 | 83.6 | 0.8 | 93 |
| Southern | 64.4 | 90.7 | 79.5 | 94.1 | 53.2 | 1.5 | 232 |
| Western | 79.6 | 93.0 | 84.7 | 92.4 | 70.7 | 3.8 | 169 |
| Education |  |  |  |  |  |  |  |
| No education | 68.9 | 82.4 | 74.5 | 91.4 | 49.5 | 3.3 | 108 |
| Primary | 68.0 | 89.3 | 80.3 | 91.2 | 56.6 | 2.3 | 1,100 |
| Secondary | 74.0 | 92.6 | 84.1 | 94.3 | 63.2 | 1.3 | 808 |
| Higher | 86.1 | 97.8 | 91.1 | 99.1 | 77.8 | 0.0 | 129 |
|  |  |  |  |  |  |  |  |
| Not employed | 66.7 | 86.4 | 81.2 | 90.9 | 55.1 | 2.6 | 688 |
| Employed for cash | 73.7 | 92.5 | 81.2 | 94.3 | 63.0 | 2.0 | 913 |
| Employed not for cash | 73.4 | 93.0 | 84.8 | 92.7 | 61.1 | 0.7 | 542 |
| Number of decisions in which wife should have greater say ${ }^{1}$ |  |  |  |  |  |  |  |
| 0 | 67.0 | 88.7 | 77.5 | 91.7 | 55.1 | 3.2 | 544 |
| 1-2 | 66.7 | 89.2 | 80.5 | 92.3 | 54.9 | 1.3 | 789 |
| 3-4 | 78.9 | 93.5 | 86.8 | 94.0 | 68.3 | 1.5 | 813 |
| Number of reasons wife beating is justified |  |  |  |  |  |  |  |
| 0 | 79.1 | 90.8 | 81.8 | 92.3 | 67.6 | 2.8 | 659 |
| 1-2 | 69.2 | 89.7 | 82.7 | 93.5 | 55.4 | 1.3 | 702 |
| 3-4 | 67.1 | 89.9 | 81.1 | 92.5 | 56.6 | 1.7 | 549 |
| 5 | 66.8 | 95.1 | 83.8 | 92.9 | 60.8 | 1.3 | 236 |
| Total | 71.4 | 90.7 | 82.1 | 92.8 | 60.0 | 1.9 | 2,145 |
| ${ }^{1}$ Either by herself or jointly with others |  |  |  |  |  |  |  |

Figure 3.3 illustrates that for men, the least acceptable reason for a wife to refuse sex is knowledge that the husband has an STI ( 71 percent), whereas for the women it is being tired and not in the mood ( 67 percent). Surprisingly, for men this is the most widely accepted reason for a woman to refuse sex with her husband (93 percent).

Figure 3.3 Percentage of Women and Men Who Agree with Specific Reasons That a Wife is Justified in Refusing Sex with Her Husband


### 3.8 Life-Style Measures

The ZDHS included questions on a number of other aspects of a respondent's lifestyle that involve potential or actual health risks. One of these factors is smoking tobacco. Information was collected in the 2001-2002 ZDHS on tobacco use ${ }^{3}$ for women and men.

### 3.8.1 Use of Tobacco

The use of tobacco in the household adversely affects the health status of all household members, including individuals who are not smoking. In the 2001-2002 ZDHS respondents were asked if they smoked regularly and how much they smoked in the last 24 hours.

Tables 3.17.1 and 3.17.2 show the percent distribution of women and men by whether they currently smoke various types of tobacco, by current age and mean number of cigarettes smoked in a day. The data indicate that there are more women ( 97 percent) than men ( 74 percent) who do not smoke. For those currently smoking, cigarettes are the most preferred by men ( 14 percent) whilst 'other tobacco' is the most preferred for women ( 2 percent). Table 3.17 .1 shows that among women, use of tobacco reaches only 11 percent in age group 40-49 from less than 1 percent in age group 15-19.

Table 3.17.2 shows that the proportion of smokers is low ( 2 percent) among teenage men but increases rapidly to 37 percent in age group $30-39$ after which it varies little with increasing age. Male smokers smoke an average of 4.6 cigarettes in a day.

[^2]| Table 3.17.1 Smoking of tobacco: women |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women by whether they currently smoke various types of tobacco, according to current age, Zambia 2001-2002 |  |  |  |  |  |
|  | Age |  |  |  | Total |
| Smoking pattern | 15-19 | 20-29 | 30-39 | 40-49 |  |
| Smokes cigarettes only | 0.2 | 0.3 | 0.7 | 1.3 | 0.5 |
| Smokes pipe only | 0.0 | 0.0 | 0.0 | 0.1 | 0.0 |
| Smokes other tobacco only | 0.2 | 0.6 | 2.7 | 9.1 | 2.2 |
| Does not smoke | 99.5 | 99.1 | 96.6 | 89.4 | 97.3 |
| Missing | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of women | 1,811 | 3,040 | 1,738 | 1,069 | 7,658 |


| Percent distribution of men by whether they currently smoke various types of tobacco, according to current age, Zambia 2001-2002 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Age |  |  |  |  | Total |
| Smoking pattern | 15-19 | 20-29 | 30-39 | 40-49 | 50-59 |  |
| Smokes cigarettes only | 1.1 | 17.7 | 17.6 | 14.8 | 16.8 | 13.7 |
| Smokes pipe only | 0.0 | 0.0 | 0.0 | 0.3 | 0.0 | 0.0 |
| Smokes other tobacco only | 0.1 | 6.9 | 16.5 | 21.1 | 21.7 | 10.8 |
| Smokes tobacco in two or more of these forms | 0.5 | 1.5 | 2.6 | 4.2 | 0.5 | 1.8 |
| Does not smoke | 98.1 | 73.9 | 63.3 | 59.6 | 61.0 | 73.6 |
| Missing | 0.2 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of men | 459 | 706 | 523 | 287 | 171 | 2,145 |
| Mean number of cigarettes smoked in 24 hours | * | 4.3 | 4.5 | 4.6 | (6.9) | 4.6 |
| Number of men | 7 | 136 | 105 | 55 | 29 | 332 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Table 3.18 shows the percentage of women and men who currently smoke tobacco by background characteristics. The table illustrates that women and men who are divorced/separated/widowed, those who live in rural areas, those who have no education, and those involved in agricultural activities are the most likely to smoke tobacco.

| Table 3.18 Smoking of tobacco by background characteristics |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Percentage of women and men who currently smoke tobacco, by background characteristics, Zambia 2001-2002 |  |  |  |  |
|  | Women |  | Men |  |
| Background characteristic | Currently smokes tobacco | Number of women | Currently smokes tobacco | Number of men |
| Marital status |  |  |  |  |
| Never married | 0.4 | 1,897 | 9.5 | 782 |
| Married or living together | 3.0 | 4,694 | 34.4 | 1,248 |
| Divorced/separated/widowed | 5.6 | 1,067 | 53.8 | 116 |
| Residence |  |  |  |  |
| Urban | 1.3 | 3,073 | 22.4 | 851 |
| Rural | 3.7 | 4,585 | 29.0 | 1,294 |
| Province |  |  |  |  |
| Central | 1.2 | 562 | 22.1 | 165 |
| Copperbelt | 1.1 | 1,544 | 19.5 | 447 |
| Eastern | 1.2 | 926 | 32.0 | 268 |
| Luapula | 3.7 | 622 | 37.6 | 166 |
| Lusaka | 1.0 | 1,132 | 23.0 | 314 |
| Northern | 1.9 | 1,040 | 26.3 | 292 |
| North-Western | 1.5 | 354 | 25.2 | 93 |
| Southern | 1.4 | 814 | 27.3 | 232 |
| Western | 15.3 | 663 | 34.4 | 169 |
| Education |  |  |  |  |
| No education | 8.3 | 925 | 41.0 | 108 |
| Primary | 2.7 | 4,439 | 29.1 | 1,100 |
| Secondary | 0.5 | 2,061 | 23.4 | 808 |
| Higher | 0.0 | 234 | 9.5 | 129 |
| Occupation |  |  |  |  |
| Professional/technical/ managerial | 0.0 | 175 | 10.9 | 93 |
| Clerical | 0.0 | 71 | 23.1 | 13 |
| Sales and services | 3.7 | 1,095 | 32.0 | 307 |
| Skilled manual | 2.3 | 200 | 27.2 | 273 |
| Unskilled manual | 0.0 | 13 | 31.8 | 23 |
| Domestic service | 2.1 | 449 | 18.4 | 104 |
| Agriculture | 4.9 | 2,354 | 36.2 | 862 |
| Not working | 1.1 | 3,274 | 8.3 | 451 |
| Missing | 2.3 | 27 | 23.8 | 19 |
| Total | 2.7 | 7,658 | 26.4 | 2,145 |

## Richard Banda and Margaret T. Mwanamwenge

This chapter presents the 2001-2002 ZDHS results on fertility levels, trends, and differentials. The analysis is based on the birth histories collected from women age 15-49 interviewed during the survey. To obtain this information, women were first asked a series of questions to determine the total number of live births they had in their lifetime. Second, for each live birth, information was collected on the age, sex, and survival status of the child. For dead children, age at death was recorded. Information from the birth history is used to assess current and completed fertility and to look at other factors related to fertility, including age at first birth, birth intervals, and teenage childbearing.

The following measures of current fertility are derived from birth history data:

- Age-specific fertility rates (ASFR) are expressed as the number of births per thousand women in the age group and represent a valuable measure for assessing the current age pattern of childbearing. They are defined in terms of the number of live births during a specified period to women in the particular age group divided by the number of womanyears lived in that age group during the specified period.
- Total fertility rate (TFR) is defined as the total number of births a woman would have by the end of her childbearing period if she were to pass through those years bearing children at the currently observed rates of age-specific fertility. The TFR is obtained by summing the age-specific fertility rates and multiplying by five.
- General fertility rate (GFR) is the number of live births occurring during a specified period per 1,000 women of reproductive age.
- Crude birth rate (CBR) is the number of births per 1,000 population during a specified period.

The various measures of current fertility are calculated for the three-year period just prior to the survey, which roughly corresponds to the calendar period 1999-2001. This period was chosen because it reflects the current situation while also allowing the rates to be calculated without compromising the statistical precision of estimates.

### 4.1 Fertility Levels and Trends

### 4.1.1 Fertility Levels

Table 4.1 presents information on the current fertility levels for Zambia as a whole and for urban and rural areas. According to the 2001-2002 ZDHS results, the total fertility rate is 5.9 (Table 4.1). This means that the average Zambian woman who is at the beginning of her childbearing years will give birth to 5.9 children by the end of her reproductive period if fertility levels remain constant at the level observed in the three-year period before the 2001-2002 ZDHS.

The TFR from the 2001-2002 ZDHS is almost the same as that from the 2000 Census of Population and Housing, which stands at 6.0. The general fertility rate is 204. This means that there were 204 births for every 1,000 women during the three-year period preceding the survey. The table also shows a crude birth rate of 43.3 per 1,000 population for the period under review.

The TFR for rural areas ( 6.9 births) is considerably higher than the rate for urban areas (4.3 births). Table 4.1 also shows that urban-rural differences in childbearing rates are evident for all age groups. The difference is especially large in the age group 20-24; the rate among rural women in this cohort exceeds 300 births per thousand, compared with an urban rate of just below 200 births per thousand.


As the comparison in Figure 4.1 indicates, Zambia's fertility rate remains one of the highest in sub-Saharan Africa.

Figure 4.1 Total Fertility Rates, Selected Sub-Saharan Countries, 1998-2001


### 4.1.2 Differentials in Current and Completed Fertility

Table 4.2 presents differentials in two measures of current fertility, the TFR and the percentage currently pregnant, by key background characteristics. The percentage currently pregnant provides a useful additional measure of current fertility. However, it is recognised that it does not capture all of the women pregnant since some women may by unaware of, or reluctant to discuss, a pregnancy in its early stages. The table also shows differentials in the mean number of children ever born alive to women age $40-49$, that is, to women who are at the end of their childbearing years. The latter is a measure of completed or past fertility. The mean number of children ever born to women 40-49 can be compared with the current TFR in order to assess the extent of fertility change over the last two decades in Zambia. Overall, women age 40-49 report having given birth to an average of 7.1 children. Comparing this with the TFR of 5.9 is another indication that there has been a decline in fertility of about 1 child over the past 10 to 20 years.

Table 4.2 shows that the total fertility rate increases with decreasing level of education. Women who have had no education have a TFR of 7.4, while those who have at least some secondary education have a rate of 3.9 (Figure 4.2). Considering provincial differences, Luapula has the highest fertility rate (7.3), followed by Northern (6.9), while Lusaka province has the lowest rate (4.3). Compared with the national average of 5.9, only Copperbelt and Lusaka have lower rates; the rest of the provinces are above the national average (Figure 4.3).

| Total fertility rate for the three years preceding the survey, percentage currently pregnant, and mean number of children ever born to women age 40-49 years, by background characteristics, Zambia 2001-2002 |  |  |  |
| :---: | :---: | :---: | :---: |
| Background characteristic | Total fertility rate ${ }^{1}$ | Percentage currently pregnant ${ }^{1}$ | Mean number of children ever born to women age 40-49 |
| Residence |  |  |  |
| Urban | 4.3 | 7.5 | 6.8 |
| Rural | 6.9 | 12.1 | 7.3 |
| Province |  |  |  |
| Central | 6.2 | 12.0 | 7.6 |
| Copperbelt | 4.5 | 9.1 | 7.2 |
| Eastern | 6.8 | 11.0 | 7.2 |
| Luapula | 7.3 | 12.9 | 7.2 |
| Lusaka | 4.3 | 7.8 | 6.5 |
| Northern | 6.9 | 11.3 | 7.2 |
| North-Western | 6.8 | 10.4 | 7.3 |
| Southern | 6.1 | 10.2 | 7.3 |
| Western | 6.4 | 10.1 | 6.5 |
| Education |  |  |  |
| No education | 7.4 | 11.0 | 7.3 |
| Primary | 6.5 | 11.2 | 7.4 |
| Secondary or higher | 3.9 | 7.9 | 6.0 |
| Total | 5.9 | 10.2 | 7.1 |

Figure 4.2 Total Fertility Rate by Education Level


Figure 4.3 Total Fertility Rate by Province


### 4.1.3 Trends in Fertility

Besides the comparison of current and completed fertility, the trend in fertility in Zambia can be assessed in several other ways. First, the TFR from the 2001-2002 ZDHS can be compared with estimates obtained in earlier surveys or censuses. Second, fertility trends can also be investigated using retrospective data from the birth histories collected from respondents in a single survey.

## Comparison with previous data

Table 4.3 and Figure 4.4 show estimates of age-specific fertility rates (ASFR) from a series of surveys and censuses conducted in Zambia since 1980. In addition to the ZDHS, these sources include the 1980, 1990 and 2000 censuses and the earlier rounds of the ZDHS in 1992 and 1996.

| Age-specific fertility and total fertility as adjusted in the 1980, 1990, and 2000 censuses and as reported in the 1992, 1996 and 2001-2002 ZDHS surveys |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Census | Census | ZDHS | ZDHS | Census | ZDHS |
| Age group | 1980 | 1990 | 1992 | 1996 | 2000 | 2001-2002 |
| 15-19 | 153 | 94 | 156 | 158 | 141 | 160 |
| 20-24 | 318 | 267 | 294 | 280 | 277 | 266 |
| 25-29 | 323 | 294 | 271 | 274 | 269 | 249 |
| 30-34 | 289 | 272 | 242 | 229 | 232 | 218 |
| 35-39 | 225 | 226 | 194 | 175 | 175 | 172 |
| 40-44 | 115 | 129 | 105 | 77 | 83 | 79 |
| 45-49 | 17 | 59 | 31 | 24 | 30 | 30 |
| TFR 15-49 | 7.2 | 6.7 | 6.5 | 6.1 | 6.0 | 5.9 |
| Note: The census figures for 1980 and 1990 were estimated using the Gompertz function while the 2000 Census rates used the Brass P/F ratio and refer to the year before the survey. The ZDHS rates refer to the three-year period preceding the survey year. <br> Source: CSO, 1995a; CSO, 2002b; CSO, MOH, and Macro International, 1997; Gaisie et al., 1993 |  |  |  |  |  |  |

There has been a decline in fertility from 7.2 births per woman at the time of the 1980 census to 5.9 births at the time of the 2001-2002 ZDHS. Most of the decline in fertility is due to lower fertility rates for women 25 years and older. Until 1992, the peak of the ASFR was in age group 25-29. Results from 1996 and 2001-2002 surveys as well as the 2000 Census show that the peak has shifted to the age group 20-24. This shift is commonly associated with declines in fertility.

Figure 4.4 Trends in Age-Specific Fertility Rates 1980 Census, 1992 ZDHS, and 2001-2002 ZDHS


Table 4.4 shows the trends in the TFR by background characteristics for the 1992, 1996, and 2001-2002 ZDHS surveys. Urban areas have shown a sharp decline in fertility over the period covered by the ZDHS surveys. The urban TFR fell by 1.5 births between the 1992 and 2001-2002 surveys. In contrast, as Figure 4.5 shows, the rural TFR remained essentially stable over this period.

Considering provinces, Copperbelt and Lusaka are the only areas showing a consistent substantial fertility decline over the period. Among other provinces, the trend is consistently downward in Central, Northern, and Southern but the changes particularly between the 1996 and 2001-2002 surveys are modest in comparison to what occurred in Copperbelt and Lusaka. In North-Western, the TFR appears to have increased over the period (perhaps as a result of improved reporting of births rather than a genuine increase), while the pattern in Luapula and Western fluctuated over the period.

The TFR of women who have had no education fluctuated over the period, decreasing between the 1992 and 1996 surveys and then rising between the 1996 and 2001-2002 surveys. Among those with primary education, the TFR has been decreasing slowly. Women who have at least some secondary education, in contrast, experienced a steady decline in fertility, with the TFR for this group dropping by one birth over the period covered by the three surveys.

| Table 4.4 Trends in fertility by background characteristics |  |  |  |
| :---: | :---: | :---: | :---: |
| Total fertility rate for the three years preceding the survey, by background characteristics, Zambia 1992, 1996, and 2001-2002 |  |  |  |
| Background characteristic | $\begin{aligned} & 1992 \\ & \text { ZDHS } \end{aligned}$ | $\begin{gathered} 1996 \\ \text { ZDHS } \end{gathered}$ | $\begin{gathered} \text { 2001-2002 } \\ \text { ZDHS } \end{gathered}$ |
| Residence |  |  |  |
| Urban | 5.8 | 5.1 | 4.3 |
| Rural | 7.1 | 6.9 | 6.9 |
| Province |  |  |  |
| Central | 6.8 | 6.3 | 6.2 |
| Copperbelt | 6.2 | 5.6 | 4.5 |
| Eastern | 6.8 | 7.1 | 6.8 |
| Luapula | 7.4 | 6.8 | 7.3 |
| Lusaka | 5.5 | 4.9 | 4.3 |
| Northern | 7.4 | 7.2 | 6.9 |
| North-Western | 6.0 | 6.2 | 6.8 |
| Southern | 7.1 | 6.2 | 6.1 |
| Western | 6.0 | 5.5 | 6.4 |
| Education |  |  |  |
| No education | 7.1 | 6.8 | 7.4 |
| Primary | 6.8 | 6.7 | 6.5 |
| Secondary or higher | 4.9 | 4.5 | 3.9 |
| Total | 6.5 | 6.1 | 5.9 |

Figure 4.5 Trends in the Total Fertility Rate, by Urban-rural Residence, 1992 ZDHS, 1996 ZDHS, and 2001-2002 ZDHS


## Retrospective data from 2001-2002 birth histories

Table 4.5 presents the trend in agespecific fertility rates for successive five-year periods before the survey, generated from the birth history data collected in the 2001-2002 ZDHS. The numerators of the rates are classified by five-year segments of time preceding the survey and the mother's age at the time of birth. Because women 50 years and over were not interviewed in the survey, the rates for older age groups become progressively more truncated for periods more distant from the survey date. For example, rates cannot be calculated for women age 4549 for the period 5-9 years and more prior to the survey, because women in that age group would have been 50 years or older at the time of the survey. Partially truncated rates are enclosed in brackets in the table.

Table 4.5 Trends in age-specific fertility rates
Age-specific fertility rates for five-year periods preceding the survey, by mother's age at the time of the birth, Zambia 20012002

| Mother's age <br> at time <br> of the birth | Number of years preceding the survey |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
|  | $0-4$ | $5-9$ | $10-14$ | $15-19$ |
| $15-19$ | 161 | 161 | 168 | 183 |
| $20-24$ | 267 | 298 | 302 | 314 |
| $25-29$ | 247 | 285 | 300 | 298 |
| $30-34$ | 220 | 264 | 268 | $[279]$ |
| $35-39$ | 168 | 206 | $[216]$ |  |
| $40-44$ | 83 | $[140]$ |  |  |
| $45-49$ | $[28]$ |  |  |  |

Note: Age-specific fertility rates are per 1,000 women. Estimates in brackets are truncated.

The table shows that fertility has been declining in all age groups except at age 15-19 where fertility has remained at the same level in the periods 5-9 and 0-4 years prior to the survey.

### 4.2 Children Ever Born and Children Surviving

Table 4.6 presents the distribution of all women and currently married women by parity, that is, the number of children ever born, and the mean number of children ever born and children surviving among women in each five-year age group.

| Percent distribution of all women and currently married women by number of children ever born, and mean number of children ever born and mean number of living children, according to age group, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Number of children ever born |  |  |  |  |  |  |  |  |  |  |  | Number of women | Mean number of children ever born | Mean number of living children |
| Age | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | $10+$ | Total |  |  |  |
| ALL WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 74.1 | 21.4 | 4.0 | 0.4 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 1,811 | 0.31 | 0.27 |
| 20-24 | 21.4 | 30.1 | 28.5 | 15.8 | 3.9 | 0.4 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 1,664 | 1.52 | 1.29 |
| 25-29 | 7.8 | 12.5 | 19.1 | 23.8 | 21.2 | 11.6 | 3.4 | 0.4 | 0.2 | 0.0 | 0.0 | 100.0 | 1,376 | 2.90 | 2.42 |
| 30-34 | 4.0 | 5.9 | 9.1 | 13.3 | 18.2 | 20.3 | 16.4 | 8.7 | 3.1 | 0.6 | 0.5 | 100.0 | 972 | 4.33 | 3.62 |
| 35-39 | 2.5 | 5.2 | 6.2 | 7.0 | 9.5 | 13.3 | 15.2 | 15.4 | 13.9 | 7.4 | 4.4 | 100.0 | 766 | 5.65 | 4.65 |
| 40-44 | 1.7 | 1.9 | 3.7 | 6.9 | 7.2 | 7.9 | 11.5 | 12.6 | 17.4 | 11.5 | 17.7 | 100.0 | 601 | 6.87 | 5.66 |
| 45-49 | 1.8 | 2.7 | 3.8 | 3.8 | 7.1 | 6.4 | 9.1 | 11.5 | 13.9 | 13.7 | 26.1 | 100.0 | 467 | 7.43 | 5.80 |
| Total | 24.6 | 15.4 | 12.9 | 11.0 | 8.9 | 7.1 | 5.7 | 4.4 | 4.0 | 2.6 | 3.5 | 100.0 | 7,658 | 3.03 | 2.50 |
| CURRENTLY MARRIED WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 31.8 | 53.3 | 13.1 | 1.4 | 0.3 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 438 | 0.85 | 0.74 |
| 20-24 | 9.5 | 27.5 | 35.8 | 21.0 | 5.5 | 0.6 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 100.0 | 1,086 | 1.87 | 1.60 |
| 25-29 | 3.6 | 10.0 | 17.5 | 24.9 | 25.0 | 14.2 | 4.1 | 0.5 | 0.2 | 0.0 | 0.0 | 100.0 | 1,056 | 3.21 | 2.70 |
| 30-34 | 1.7 | 3.4 | 7.9 | 12.1 | 19.4 | 21.4 | 18.7 | 10.3 | 3.8 | 0.7 | 0.6 | 100.0 | 756 | 4.68 | 3.93 |
| 35-39 | 1.8 | 3.7 | 5.4 | 6.3 | 7.7 | 12.5 | 15.4 | 17.5 | 15.9 | 8.1 | 5.6 | 100.0 | 591 | 6.00 | 4.94 |
| 40-44 | 1.5 | 1.4 | 3.0 | 4.8 | 7.4 | 5.3 | 11.3 | 13.2 | 18.0 | 12.6 | 21.5 | 100.0 | 449 | 7.25 | 6.03 |
| 45-49 | 1.8 | 1.5 | 3.7 | 2.0 | 6.5 | 4.9 | 8.1 | 11.3 | 12.1 | 16.6 | 31.6 | 100.0 | 318 | 7.93 | 6.21 |
| Total | 6.7 | 14.8 | 15.9 | 13.9 | 12.2 | 9.2 | 7.5 | 6.0 | 5.2 | 3.5 | 5.0 | 100.0 | 4,694 | 3.97 | 3.30 |

Results from the 2001-2002 ZDHS indicate that women in Zambia in their late twenties have about 2.9 children. By the time they reach the end of their reproductive years (age 45-49), women in Zambia have given birth, on average, to 7.4 children, with 5.8 surviving.

The most significant difference in the total number of children ever born between all women and currently married women is found in the youngest age group, 15-19. This is because many women in this age group have not yet married and hence the exposure to the risk of pregnancy is lower than for older women. Differences at older ages (40-44 and 45-49) reflect the impact of marital dissolution (divorce or widowhood) on fertility.

The parity distribution of older, currently married women provides a measure of primary infertility, that is, the proportion of women who are unable to have children at all. This is because voluntary childlessness is rare in Zambia, and married women with no live births are likely to be unable to have children.

ZDHS results suggest that primary infertility is low in Zambia, with about 2 percent of all women unable to have children. It should be noted, however, that this estimate of primary infertility does not include women who had one or more births, but who are unable to have more children (secondary infertility).

Figure 4.6 shows the distribution of all men and currently married men by mean number of children ever born. The mean number of children ever born among all men ( 3.1 children) is similar to the mean number of children ever born among all women (3 children) (Table 4.6). However, the mean number of children ever born among currently married men is higher than the mean number of children ever born among currently married women. This may be due to the high prevalence of polygynous marriages in Zambia. Men in such marriages often have more children than other men because having more than one wife increases the likelihood that they will father a greater number of children.

Figure 4.6 Percent Distribution of All Men and Currently Married Men by Number of Children Ever Born, According to Age Group


### 4.3 BIRTH INTERVALS

The birth interval refers to the period of time between two successive live births. Research has shown that births born too soon after a previous birth are at an increased risk of dying, particularly when the interval between births is less than 36 months.

Table 4.7 shows the distribution of births in the five-year period preceding the survey by the number of months since the previous birth, according to selected demographic and socio-economic variables. First births are omitted from the table because there is no prior birth with which to measure an interval.

| Table 4.7 Birth intervals |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of non-first births in the five years preceding the survey by number of months since preceding birth according to background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |
|  | Months since preceding birth |  |  |  |  | Total | Number of non-first births | Median number of months since preceding birth |
| characteristic | 7-17 | 18-23 | 24-35 | 36-47 | $48+$ |  |  |  |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 10.0 | 19.9 | 49.9 | 16.9 | 3.3 | 100.0 | 88 | 27.1 |
| 20-29 | 6.8 | 11.3 | 47.1 | 22.1 | 12.7 | 100.0 | 2,703 | 31.7 |
| 30-39 | 4.6 | 8.6 | 40.7 | 24.1 | 22.0 | 100.0 | 1,837 | 34.7 |
| 40-49 | 5.2 | 6.8 | 25.1 | 24.9 | 38.0 | 100.0 | 497 | 40.8 |
| Birth order |  |  |  |  |  |  |  |  |
| 2-3 | 6.3 | 11.5 | 44.0 | 22.4 | 15.9 | 100.0 | 2,247 | 32.6 |
| 4-6 | 5.1 | 9.3 | 43.5 | 22.7 | 19.5 | 100.0 | 1,876 | 33.7 |
| $7+$ | 6.8 | 8.3 | 38.3 | 24.9 | 21.8 | 100.0 | 1,001 | 35.0 |
| Sex of preceding birth |  |  |  |  |  |  |  |  |
| Male | 6.4 | 10.2 | 41.9 | 24.1 | 17.4 | 100.0 | 2,629 | 33.4 |
| Female | 5.5 | 9.9 | 43.5 | 21.8 | 19.3 | 100.0 | 2,496 | 33.2 |
| Survival of preceding birth |  |  |  |  |  |  |  |  |
| Living | 2.7 | 8.6 | 44.9 | 24.6 | 19.1 | 100.0 | 4,246 | 34.2 |
| Dead | 21.6 | 16.8 | 32.1 | 15.0 | 14.5 | 100.0 | 878 | 27.6 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 3.7 | 8.6 | 39.5 | 25.0 | 23.2 | 100.0 | 1,474 | 35.5 |
| Rural | 6.8 | 10.6 | 44.0 | 22.2 | 16.4 | 100.0 | 3,650 | 32.5 |
| Province |  |  |  |  |  |  |  |  |
| Central | 6.5 | 11.5 | 47.1 | 20.6 | 14.2 | 100.0 | 395 | 31.1 |
| Copperbelt | 4.5 | 9.0 | 41.6 | 24.4 | 20.5 | 100.0 | 802 | 34.4 |
| Eastern | 5.7 | 9.7 | 43.0 | 23.9 | 17.8 | 100.0 | 694 | 33.8 |
| Luapula | 8.9 | 12.8 | 47.1 | 18.1 | 13.0 | 100.0 | 503 | 30.2 |
| Lusaka | 3.6 | 7.8 | 42.9 | 22.2 | 23.6 | 100.0 | 568 | 34.8 |
| Northern | 6.3 | 11.8 | 39.1 | 24.3 | 18.6 | 100.0 | 793 | 33.8 |
| North-Western | 5.0 | 10.3 | 45.5 | 23.8 | 15.4 | 100.0 | 289 | 33.3 |
| Southern | 6.5 | 11.8 | 43.4 | 22.5 | 15.8 | 100.0 | 583 | 32.1 |
| Western | 7.2 | 5.7 | 39.2 | 25.3 | 22.6 | 100.0 | 495 | 35.3 |
| Education |  |  |  |  |  |  |  |  |
| No education | 6.8 | 10.6 | 41.1 | 21.3 | 20.1 | 100.0 | 813 | 33.2 |
| Primary | 6.3 | 9.9 | 44.8 | 22.4 | 16.7 | 100.0 | 3,348 | 32.7 |
| Secondary | 4.3 | 10.1 | 38.0 | 26.2 | 21.5 | 100.0 | 912 | 35.1 |
| Higher | 0.0 | 11.1 | 16.3 | 30.7 | 41.9 | 100.0 | 52 | 43.0 |
| Total | 5.9 | 10.0 | 42.7 | 23.0 | 18.3 | 100.0 | 5,125 | 33.3 |
| Note: First-order births are excluded. The interval for multiple births is the number of months since the preceding pregnanc that ended in a live birth. |  |  |  |  |  |  |  |  |

The median birth interval is 33 months, 3 months shorter than the minimum "safe period" of 36 months. This is one month longer than the 1996 ZDHS estimate of 32 months.

Sixteen percent of all non-first births occur less than 24 months after the earlier birth. This indicates a decline of 3 percentage points between 1996 and 2001-2002 in the number of births occurring before 24 months (from 19 to 16 percent).

About 43 percent of births occur 24-35 months after an earlier birth compared with 45 percent in 1996. However, 41 percent of births occur 3 or more years after an earlier birth, indicating an increase from the 1996 figure of 36 percent.

There are no differences in the median birth interval by sex of child. Variations are however present in the birth interval for surviving and dead siblings. As expected, children whose preceding sibling died have a shorter birth interval than those whose older sibling survived ( 28 versus 34 percent). This is presumably due to the desire of the parents to replace dead children, as well as to the loss of the fertility-delaying effects of breastfeeding.

Urban women have a slightly longer period between births ( 36 months) compared with rural women ( 33 months). Provincial variations in birth intervals range from 30 months for Luapula to 35 months for Western and Lusaka. Women with higher than secondary education have the longest birth interval ( 43 months), while women with only a primary education or those who never attended school have the shortest birth interval (33 months).

### 4.4 Age at First Birth

One of the factors that determine fertility in a population is the average age at first birth. Women who marry early are typically exposed to the risk of pregnancy for a longer period. Thus early childbearing generally leads to a large family size. It is also associated with increased health risk for the mother and child. A rise in the median age at first birth is typically a sign of transition to lower fertility. Table 4.8 shows the percentage of women who have given birth by specific ages and the median age at first birth, according to current age.

| Table 4.8 Age at first birth |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Among all women, percentage who gave birth by specific exact ages, and median age at first birth, by current age, Zambia 2001-2002 |  |  |  |  |  |  |  |  |
|  |  | Perc | of wo rth by | o have ge: |  | Percentage who have | Number | Median age at |
| Current age | 15 | 18 | 20 | 22 | 25 | given birth | women | birth |
| 15-19 | 2.0 | na | na | na | na | 74.1 | 1,811 | a |
| 20-24 | 3.7 | 34.6 | 60.9 | na | na | 21.4 | 1,664 | 19.1 |
| 25-29 | 2.5 | 33.6 | 62.4 | 79.3 | 88.7 | 7.8 | 1,376 | 19.0 |
| 30-34 | 3.7 | 37.4 | 65.0 | 80.7 | 91.2 | 4.0 | 972 | 18.8 |
| 35-39 | 5.2 | 41.5 | 69.2 | 82.7 | 92.4 | 2.5 | 766 | 18.5 |
| 40-44 | 8.2 | 44.9 | 70.9 | 87.6 | 93.4 | 1.7 | 601 | 18.3 |
| 45-49 | 11.4 | 48.0 | 72.0 | 83.8 | 92.5 | 1.8 | 467 | 18.2 |
| na $=$ Not applicable |  |  |  |  |  |  |  |  |

Childbearing begins early in Zambia. Most women typically become mothers before the age of 20, with 60 to 70 percent of women in all age groups having given birth by that age. By age 18, 48 percent of women age 45-49 had their first birth, compared with 35 percent of those currently age 20-24. This reduction in the percentage of women giving birth early implies that more young women are postponing childbearing.

### 4.5 Median Age at First Birth by Background Characteristics

Table 4.9 shows median age at first birth by background characteristics. Overall, the median age at first birth for women age $25-49$ in Zambia is 18.7 years. Urban women age $25-49$ have a higher median age at first birth (19.0 years) than their rural counterparts ( 18.6 years). Across provinces, the median age at first birth for women age 25-49 ranges from a low of 18.2 years in North-Western to a high of 19.3 years in Lusaka.

Women with higher education have a median age at first birth of 20 years, which is 2 years older than the median age for women with no education (18.2 years). This indicates that education contributes to postponement of childbearing, thereby decreasing fertility.

| Table 4.9 Median age at first birth by background characteristics |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Median age at first birth among women 20-49 years, by current age and background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |
| Background characteristic | Current age |  |  |  |  |  | Women age 20-49 | Women age 25-49 |
|  | 20-24 | 25-29 | 30-34 | 35-39 | 40-44 | 45-49 |  |  |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 20.0 | 19.5 | 19.3 | 18.5 | 18.4 | 17.9 | 19.2 | 19.0 |
| Rural | 18.6 | 18.8 | 18.6 | 18.6 | 18.3 | 18.4 | 18.6 | 18.6 |
| Province |  |  |  |  |  |  |  |  |
| Central | 18.7 | 18.8 | 19.1 | 18.0 | 17.7 | 17.5 | 18.5 | 18.4 |
| Copperbelt | 19.7 | 19.2 | 18.5 | 18.0 | 18.0 | 17.4 | 18.8 | 18.5 |
| Eastern | 18.8 | 19.1 | 18.9 | 18.5 | 18.6 | 19.8 | 18.9 | 18.9 |
| Luapula | 19.1 | 19.5 | 19.1 | 18.2 | (18.2) | 17.4 | 18.8 | 18.6 |
| Lusaka | 19.7 | 19.3 | 20.0 | 19.1 | 18.6 | (18.2) | 19.4 | 19.3 |
| Northern | 19.0 | 18.8 | 18.8 | 18.6 | 18.8 | 19.1 | 18.8 | 18.8 |
| North-Western | 18.9 | 19.0 | 18.2 | 17.8 | 17.6 | 18.0 | 18.4 | 18.2 |
| Southern | 18.8 | 18.3 | 18.4 | 18.9 | 18.1 | (17.5) | 18.4 | 18.3 |
| Western | 18.4 | 19.0 | 18.7 | 19.4 | 18.7 | (19.9) | 18.9 | 19.0 |
| Education |  |  |  |  |  |  |  |  |
| No education | 18.2 | 18.5 | 18.4 | 18.1 | 17.8 | 18.1 | 18.2 | 18.2 |
| Primary | 18.5 | 18.6 | 18.5 | 18.3 | 18.2 | 17.8 | 18.4 | 18.4 |
| Secondary or higher | a | 20.3 | 19.9 | 20.0 | 19.5 | 19.7 | a | 20.0 |
| Total | 19.1 | 19.0 | 18.8 | 18.5 | 18.3 | 18.2 | 18.8 | 18.7 |
| Note: Figures in parentheses are based on 25-49 unweighted cases. <br> ${ }^{\text {a }}$ Omitted because less than 50 percent of the women had a birth before the beginning of the age group. |  |  |  |  |  |  |  |  |

### 4.6 Teenage Fertility

Adolescent childbearing has potentially negative demographic and social consequences. Teenage mothers, especially those under the age of 18 , have been shown to be more likely to suffer from pregnancy and delivery complications than older mothers, resulting in higher morbidity and mortality for both themselves and their children. In addition, early childbearing limits a teenager's ability to pursue educational opportunities as well as job opportunities. Table 4.10 shows the percentage of adolescent women (age 15-19) who are mothers or pregnant with their first child, by background characteristics.

More than one in four teenagers in Zambia has either already had a child ( 26 percent) or is pregnant with her first child ( 6 percent). Urban and better educated teens tend to start childbearing later than rural teens and those with less education. By province, the percentage of women age 15-19 who are mothers ranges from 21 percent in Copperbelt to 32 percent in Eastern. Teenage childbearing has fluctuated over the period, declining from 34 percent in 1992 to 31 percent in 1996, and then increasing slightly to 32 percent in 2001-2002.

| Table 4.10 Teenage pregnancy and motherhood |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Percentage of women age 15-19 who are mothers or pregnant with their first child, by background characteristics, Zambia 2001-2002 |  |  |  |  |
|  | Percentage who are: |  | Percentage who have begun childbearing | Number <br> of <br> women |
| Background characteristic | Mothers | Pregnant with first child |  |  |
| Age |  |  |  |  |
| 15 | 2.8 | 1.6 | 4.5 | 365 |
| 16 | 8.0 | 6.9 | 15.0 | 330 |
| 17 | 24.1 | 9.7 | 33.8 | 326 |
| 18 | 37.2 | 6.9 | 44.2 | 417 |
| 19 | 53.0 | 3.9 | 56.9 | 374 |
| Residence |  |  |  |  |
| Urban | 22.6 | 4.5 | 27.1 | 763 |
| Rural | 28.2 | 6.6 | 34.9 | 1,048 |
| Province |  |  |  |  |
| Central | 26.9 | 5.4 | 32.3 | 141 |
| Copperbelt | 21.3 | 5.1 | 26.4 | 386 |
| Eastern | 32.3 | 3.1 | 35.4 | 199 |
| Luapula | 30.2 | 6.3 | 36.5 | 158 |
| Lusaka | 24.0 | 4.9 | 28.9 | 258 |
| Northern | 24.3 | 6.3 | 30.6 | 256 |
| North-Western | 27.3 | 6.1 | 33.3 | 80 |
| Southern | 25.9 | 6.0 | 31.9 | 191 |
| Western | 29.1 | 10.6 | 39.7 | 143 |
| Education |  |  |  |  |
| No education | 37.8 | 7.8 | 45.6 | 145 |
| Primary | 29.8 | 5.9 | 35.7 | 1,053 |
| Secondary | 16.4 | 5.0 | 21.4 | 612 |
| Total | 25.9 | 5.7 | 31.6 | 1,811 |
| Note: Table excludes one respondent with higher than secondary education. |  |  |  |  |

Figure 4.7 shows data on teenage pregnancy and motherhood by age. The rates increase slowly between 15 and 16 years, after which the increase is rapid. In the case of first pregnancy, the increase is slow between 15 and 17, after which it starts declining.

Figure 4.7 Percentage of Teenagers Who are Mothers or Pregnant with Their First Child


## FERTILITY REGULATION

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This chapter presents the 2001-2002 ZDHS results on contraceptive knowledge, attitudes, and behaviour. Although the focus is on women, some results from the male survey will also be presented since men play an important role in the realisation of reproductive goals. Comparisons are also made, where feasible, with findings from previous surveys in order to evaluate trends occurring in Zambia over the last decade.

### 5.1 Knowledge of Contraceptive Methods

Acquiring knowledge about fertility control is an important step toward gaining access to and then using a suitable contraceptive method in a timely and effective manner. Information on knowledge of contraception was collected in two ways. First, respondents were asked to name ways or methods couples can use to prevent or delay pregnancy. When a respondent failed to mention a particular method spontaneously, the interviewer described the method and asked whether the respondent knew it. Using this approach, information was collected for ten modern family planning methods: female and male sterilisation, the pill, the IUD, injectables, implants, male and female condoms, vaginal methods (including foam tablets/diaphragm/jelly), and emergency contraception. Information was also collected on three traditional methods: the lactational amenorrhoea method (LAM), ${ }^{1}$ rhythm or natural family planning, and withdrawal. Provision was also made in the questionnaire to record any other methods named spontaneously by respondents. Both prompted and unprompted knowledge are combined in this report.

Tables 5.1.1 and 5.1.2 show the level of knowledge of contraceptive methods among all women and men, currently married women and men, sexually active unmarried women and men, sexually inactive unmarried women and men, and for women and men with no sexual experience, by specific method.

The data show that knowledge of any contraceptive method is almost universal in Zambia, with 98 percent of all women and men knowing at least one method of contraception. Modern methods are more widely known than traditional methods. The data show that 98 percent of all women know of a modern method, compared with 72 percent who know of a traditional one. Among modern methods, the male condom is the most commonly known ( 94 percent) closely followed by the pill ( 93 percent). Emergency contraception is the least known, reported by 9 percent of all women. Among the traditional methods, withdrawal is the most commonly known (56 percent).

Currently married women show a somewhat similar picture, especially regarding level of knowledge. Among currently married women, 99 percent know at least one method of contraception, 99 percent know a modern method, and 83 percent know a traditional method. Among modern methods, the most commonly known are the pill and the male condom ( 96 percent each).

[^3]Table 5.1.1 Knowledge of contraceptive methods: women
Percentage of all women, of currently married women, of sexually active unmarried women, of sexually inactive unmarried women, and of women with no sexual experience who know any contraceptive method, by specific method, Zambia 2001-2002

| Contraceptive method | All women | Currently married women | Unmarried women who ever had sex |  | Unmarried women who never had sex |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Sexually active ${ }^{1}$ | Not sexually active ${ }^{2}$ |  |
| Any method | 97.8 | 99.3 | 97.4 | 98.5 | 88.8 |
| Any modern method | 97.6 | 99.0 | 97.4 | 98.4 | 88.8 |
| Female sterilisation | 71.8 | 76.9 | 68.4 | 73.3 | 43.7 |
| Male sterilisation | 22.6 | 24.6 | 20.8 | 22.5 | 12.9 |
| Pill | 92.9 | 96.2 | 91.7 | 94.4 | 73.5 |
| IUD | 40.2 | 45.7 | 34.3 | 40.6 | 13.4 |
| Injectables | 81.4 | 86.9 | 81.6 | 83.0 | 50.2 |
| Implants | 30.9 | 35.2 | 22.7 | 30.8 | 11.4 |
| Male condom | 94.1 | 95.5 | 95.5 | 95.5 | 83.6 |
| Female condom | 57.8 | 59.4 | 57.6 | 61.0 | 43.2 |
| Diaphragm/Foam/Jelly | 29.4 | 34.1 | 25.6 | 28.0 | 9.5 |
| Emergency contraception | 9.4 | 9.9 | 13.0 | 10.2 | 4.5 |
| Any traditional method | 71.6 | 82.6 | 63.3 | 68.9 | 23.1 |
| Lactational amenorrhoea ${ }^{3}$ | 33.2 | 39.7 | 26.6 | 30.3 | 7.3 |
| Rhythm/Natural family planning | 35.6 | 38.2 | 33.6 | 38.3 | 17.2 |
| Withdrawal | 56.2 | 67.6 | 49.1 | 51.5 | 9.0 |
| Other | 25.7 | 31.9 | 18.2 | 21.3 | 4.6 |
| Mean number of methods known | ( 6.8 | 7.4 | 6.4 | 6.8 | 3.8 |
| Number of women | 7,658 | 4,694 | 321 | 1,735 | 907 |

${ }^{1}$ Had sexual intercourse in the one month preceding the survey
${ }^{2}$ Did not have sexual intercourse in the one month preceding the survey
${ }^{3}$ Lactational amenorrhoea method (LAM) is usually considered a modern method. However, analysis of the 2001-2002 ZDHS data indicates that many women confused it with simple breastfeeding so, rather than present misleading data, it was decided to classify LAM as a traditional method.

Contraceptive knowledge is lower among unmarried women who have not had sex than among those who initiated sexual activity. Unmarried women reported the male condom to be the most commonly known method, closely followed by the pill, regardless of their sexual activity status.

Among men, 98 percent know of at least one method of contraception. Like women, a larger proportion of men ( 98 percent) know a modern method than a traditional method ( 74 percent). The most commonly known modern method is the male condom ( 98 percent). Similarly, withdrawal is the most commonly known traditional method. It is worth noting that knowledge of emergency contraception and implants is much lower for men than for women.

Looking at the number of methods known, it is clear that knowledge of specific methods is lowest among both women and men who never had sex. For example, while married women have heard of an average of 7.4 methods and married men 6.9 methods, unmarried women who have never had sex report only knowing an average of 3.8 methods and unmarried men who never had sex 2.8 methods.

Table 5.1.2 Knowledge of contraceptive methods: men
Percentage of all men, of currently married men, of sexually active unmarried men, of sexually inactive unmarried men, and of men with no sexual experience who know any contraceptive method, by specific method, Zambia 2001-2002

| Contraceptive method | All men | Currently married men | Unmarried men who ever had sex |  | Unmarried men who never had sex |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Sexually active ${ }^{1}$ | Not sexually active ${ }^{2}$ |  |
| Any method | 98.1 | 99.6 | 98.7 | 99.0 | 84.8 |
| Any modern method | 98.0 | 99.6 | 98.7 | 99.0 | 84.8 |
| Female sterilisation | 62.7 | 73.7 | 61.3 | 53.0 | 28.2 |
| Male sterilisation | 30.0 | 32.7 | 35.9 | 28.1 | 15.9 |
| Pill | 82.6 | 92.9 | 81.5 | 76.2 | 40.9 |
| IUD | 23.8 | 29.3 | 16.2 | 18.5 | 6.9 |
| Injectables | 62.6 | 74.8 | 61.0 | 52.9 | 20.2 |
| Implants | 14.7 | 17.4 | 9.8 | 13.1 | 3.4 |
| Male condom | 97.5 | 98.9 | 96.0 | 98.7 | 84.3 |
| Female condom | 57.2 | 59.8 | 46.1 | 59.6 | 33.6 |
| Diaphragm/Foam/Jelly | 21.7 | 24.2 | 14.7 | 21.0 | 8.1 |
| Emergency contraception | 1.8 | 1.8 | 0.0 | 2.0 | 1.3 |
| Any traditional method | 74.1 | 87.9 | 71.9 | 64.3 | 22.8 |
| Lactational amenorrhoea ${ }^{3}$ | 22.4 | 28.1 | 18.4 | 17.1 | 4.9 |
| Rhythm/Natural family planning | 51.6 | 61.2 | 45.0 | 44.6 | 16.6 |
| Withdrawal | 63.9 | 78.4 | 61.0 | 52.1 | 15.0 |
| Other | 14.3 | 19.4 | 19.6 | 8.1 | 4.1 |
| Mean number of methods known | 6.1 | 6.9 | 5.7 | 5.4 | 2.8 |
| Number of women | 2,145 | 1,248 | 83 | 667 | 202 |

${ }^{1}$ Had sexual intercourse in the one month preceding the survey
${ }^{2}$ Did not have sexual intercourse in the one month preceding the survey
${ }^{3}$ Lactational amenorrhoea method (LAM) is usually considered a modern method. However, analysis of the 2001-2002 ZDHS data indicates that many women confused it with simple breastfeeding so, rather than present misleading data, it was decided to classify LAM as a traditional method.

There has been an increase in levels of awareness of contraceptive methods over time. Among all women, the proportion who know any method has risen since 1996 for all methods except the IUD and natural family planning. The proportion who know of injectables has risen steeply, from 53 percent of women in 1996 to 81 percent in 2001-2002. The mean number of methods known has increased from 5.3 to 6.8 for women and from 5.0 to 6.1 for men.

### 5.2 Ever Use of Contraception

All women interviewed in the survey who said they had heard of a method of family planning were asked whether they had ever used that method. Men were asked if they had ever used "maleoriented" methods, i.e., male sterilisation, condoms, rhythm method, and withdrawal. Tables 5.2 and 5.3 show the percentages of women and men who have ever used family planning by specific method and age.

Table 5.2 Ever use of contraception: women
Percentage of all women, of currently married women, and of sexually active unmarried women who have ever used any contraceptive method, by specific method and age, Zambia 2001-2002

| Age | Any method | Modern method |  |  |  |  |  |  |  |  |  | Traditional method |  |  |  |  | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Any modern method | Female steri-lisation | Pill | IUD | In-jectables | $\begin{gathered} \text { Im- } \\ \text { plants } \end{gathered}$ | Male condom | Fe- <br> male <br> con- <br> dom | Diaphragm foam/ jelly | Emergency contraception | Any tradi-tional-method | LAM ${ }^{1}$ | Rhythm natural/ family planning | Withdrawal | Other methods |  |
| ALL WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 23.2 | 19.0 | 0.0 | 5.9 | 0.0 | 1.7 | 0.0 | 14.3 | 0.4 | 0.4 | 0.0 | 9.3 | 1.4 | 1.7 | 6.0 | 1.7 | 1,811 |
| 20-24 | 59.0 | 45.1 | 0.1 | 26.2 | 0.1 | 7.2 | 0.1 | 28.0 | 1.1 | 1.7 | 0.2 | 33.3 | 6.5 | 7.0 | 24.4 | 3.9 | 1,664 |
| 25-29 | 71.9 | 55.5 | 0.4 | 40.9 | 0.5 | 15.0 | 0.5 | 28.7 | 2.2 | 3.0 | 0.6 | 43.1 | 10.0 | 9.8 | 30.2 | 7.4 | 1,376 |
| 30-34 | 75.7 | 56.1 | 1.4 | 43.0 | 0.8 | 14.7 | 1.0 | 26.2 | 1.2 | 3.7 | 0.3 | 47.7 | 12.4 | 9.7 | 32.8 | 10.8 | 972 |
| 35-39 | 70.4 | 48.3 | 3.8 | 36.5 | 2.2 | 11.9 | 0.8 | 18.3 | 0.6 | 3.5 | 0.4 | 46.7 | 11.7 | 8.2 | 29.8 | 11.6 | 766 |
| 40-44 | 70.1 | 46.3 | 7.1 | 36.8 | 1.9 | 13.8 | 0.3 | 11.0 | 0.3 | 3.7 | 0.1 | 44.6 | 10.8 | 7.6 | 29.5 | 11.2 | 601 |
| 45-49 | 64.1 | 34.8 | 4.4 | 27.5 | 3.2 | 6.9 | 0.5 | 5.1 | 0.8 | 1.8 | 0.5 | 46.4 | 12.1 | 7.8 | 27.4 | 14.5 | 467 |
| Total | 57.3 | 42.0 | 1.5 | 28.1 | 0.8 | 9.2 | 0.4 | 20.9 | 1.0 | 2.2 | 0.3 | 34.2 | 7.9 | 6.8 | 23.3 | 6.9 | 7,658 |
| 1996 | 48.9 | 32.6 | 1.4 | 20.7 | 1.3 | 1.8 | 0.0 | 17.0 | na | 1.6 | na | 28.2 | na | 10.8 | 19.2 | 11.8 | 8,021 |
| 1992 | 39.9 | 22.9 | 1.5 | 15.5 | 2.2 | 1.5 | na | 9.1 | na | 1.5 | na | 27.5 | na | 7.1 | 18.0 | 8.9 | 7,060 |
| CURRENTLY MARRIED WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 48.2 | 36.1 | 0.0 | 16.9 | 0.0 | 5.3 | 0.0 | 21.9 | 0.4 | 1.0 | 0.0 | 24.7 | 4.4 | 3.1 | 17.3 | 3.8 | 438 |
| 20-24 | 66.8 | 48.8 | 0.0 | 32.4 | 0.0 | 8.0 | 0.1 | 27.3 | 0.9 | 2.4 | 0.3 | 41.9 | 8.9 | 7.3 | 31.6 | 5.4 | 1,086 |
| 25-29 | 75.5 | 56.8 | 0.4 | 44.1 | 0.6 | 16.1 | 0.5 | 27.1 | 1.9 | 3.4 | 0.8 | 47.0 | 12.2 | 10.4 | 32.7 | 9.0 | 1,056 |
| 30-34 | 78.9 | 56.6 | 1.3 | 45.2 | 1.0 | 16.8 | 0.8 | 24.7 | 1.2 | 4.0 | 0.3 | 51.6 | 14.0 | 10.5 | 35.3 | 12.1 | 756 |
| 35-39 | 70.4 | 47.0 | 4.4 | 36.6 | 2.2 | 13.0 | 0.9 | 15.9 | 0.8 | 3.6 | 0.5 | 47.6 | 11.5 | 8.8 | 30.4 | 11.9 | 591 |
| 40-44 | 73.4 | 47.5 | 8.1 | 38.5 | 1.5 | 15.8 | 0.4 | 10.9 | 0.4 | 4.0 | 0.0 | 47.9 | 11.6 | 7.6 | 31.2 | 13.2 | 449 |
| 45-49 | 66.2 | 33.6 | 6.0 | 26.6 | 2.8 | 7.4 | 0.7 | 4.8 | 1.1 | 1.4 | 0.8 | 50.5 | 14.0 | 8.6 | 30.0 | 15.8 | 318 |
| Total | 70.0 | 49.3 | 2.0 | 36.4 | 0.9 | 12.3 | 0.5 | 21.8 | 1.1 | 3.0 | 0.4 | 44.9 | 11.0 | 8.4 | 30.8 | 9.4 | 4,694 |
| 1996 | 59.4 | 38.5 | 2.0 | 26.0 | 1.5 | 2.1 | 0.0 | 18.6 | na | 2.0 | na | 35.9 | na | 12.5 | 25.5 | 15.7 | 4,902 |
| 1992 | 49.2 | 27.1 | 2.1 | 18.8 | 2.6 | 1.9 | na | 10.5 | na | 1.8 | na | 34.9 | na | 7.9 | 23.7 | 11.7 | 4,457 |
| SEXUALLY ACTIVE UNMARRIED WOMEN ${ }^{2}$ |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Total | 62.5 | 54.1 | 1.3 | 26.5 | 0.0 | 7.4 | 0.4 | 39.8 | 2.9 | 2.4 | 0.0 | 27.1 | 3.1 | 8.3 | 17.2 | 3.7 | 321 |
| 1996 | 51.1 | 40.0 | 0.0 | 18.8 | 1.5 | 2.3 | 0.0 | 29.5 | na | 2.9 | na | 23.3 | na | 11.8 | 13.2 | 8.2 | 492 |
| 1992 | na | na | na | na | na | na | na | na | na | na | na | na | na | na | na | na | na |
| na $=$ Not applicable |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| ${ }^{1}$ Lactational amenorrhoea method (LAM) is usually considered a modern method. However, analysis of the 2001-2002 ZDHS data indicate that many women confused it with simple breastfeeding so, rather than present misleading data, it was decided to classify LAM as a traditiona method. <br> ${ }^{2}$ Women who had sexual intercourse in the one month preceding the survey |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Almost 60 percent of all women report having used a method of contraception at some time, 42 percent used a modern method, and 34 percent used a traditional method. Of the modern methods, the pill ( 28 percent) is the most common method followed by the male condom ( 21 percent). Implant and IUD are the least used methods with less than 1 percent reporting to have used either method. Of the traditional methods, withdrawal is the method most commonly used ( 23 percent) while rhythm/natural family planning the least commonly used by women (7 percent).

Seventy percent of currently married women have used a method of contraception at some time, 49 percent have used a modern method, while 45 percent have used a traditional method. Among sexually active unmarried women, 63 percent have used a method of contraception at some time. Sexually active unmarried women tend to use temporary methods of contraception rather than long-term or permanent methods. Two in five of these women have used a male condom, compared with only one in five married women.

Table 5.3 shows that two in three men reported having used a male method of contraception at some time, 48 percent used a modern male method and 49 percent used a traditional male method. Of the two male modern methods, male condom is more common (48 percent) than male sterilisation (less than 1 percent). For the traditional methods, withdrawal ( 36 percent) is more common than rhythm/natural family planning (28 percent).

| Table 5.3 Ever use of contraception: men |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of all men, of currently married men, and of sexually active unmarried men who have ever used any contraceptive method, by specific method and age, Zambia 2001-2002 |  |  |  |  |  |  |  |  |
|  |  | Modern method |  |  | Traditional method |  |  | Number of men |
| Age | Any method | Any modern method | Male steri-lisation | Male condom | Any traditional method | Rhythm/ natural family planning | Withdrawal |  |
| ALL MEN |  |  |  |  |  |  |  |  |
| 15-19 | 29.3 | 25.9 | 0.1 | 25.9 | 9.9 | 4.2 | 7.0 | 459 |
| 20-24 | 70.8 | 59.4 | 0.3 | 59.1 | 37.0 | 19.5 | 25.6 | 346 |
| 25-29 | 80.3 | 63.8 | 0.0 | 63.8 | 59.6 | 32.3 | 48.6 | 361 |
| 30-34 | 82.3 | 65.6 | 0.4 | 65.2 | 64.6 | 41.9 | 46.1 | 281 |
| 35-39 | 83.9 | 57.0 | 0.0 | 57.0 | 70.6 | 38.8 | 56.2 | 241 |
| 40-44 | 81.1 | 47.1 | 0.6 | 46.4 | 71.7 | 41.9 | 51.3 | 174 |
| 45-49 | 76.6 | 35.6 | 0.0 | 35.6 | 69.0 | 41.4 | 49.3 | 113 |
| 50-54 | 70.7 | 22.1 | 0.0 | 22.1 | 61.6 | 41.2 | 41.6 | 100 |
| 55-59 | 60.0 | 11.8 | 2.9 | 8.9 | 56.9 | 31.3 | 38.5 | 71 |
| Total | 67.3 | 47.9 | 0.3 | 47.7 | 48.7 | 27.9 | 36.1 | 2,145 |
| CURRENTLY MARRIED MEN |  |  |  |  |  |  |  |  |
| 15-19 | * | * | * | * | * | * | * | 7 |
| 20-24 | 84.0 | 60.6 | 1.2 | 59.4 | 54.8 | 26.2 | 43.8 | 91 |
| 25-29 | 82.5 | 61.8 | 0.0 | 61.8 | 67.7 | 38.1 | 55.7 | 272 |
| 30-34 | 84.1 | 65.1 | 0.4 | 64.7 | 68.5 | 44.1 | 49.6 | 243 |
| 35-39 | 84.6 | 56.6 | 0.0 | 56.6 | 72.9 | 41.3 | 56.8 | 211 |
| 40-44 | 82.0 | 46.4 | 0.7 | 45.7 | 74.7 | 43.7 | 54.2 | 161 |
| 45-49 | 79.3 | 37.6 | 0.0 | 37.6 | 70.9 | 42.1 | 51.9 | 103 |
| 50-54 | 69.9 | 20.7 | 0.0 | 20.7 | 62.1 | 41.9 | 41.8 | 95 |
| 55-59 | 62.0 | 9.7 | 1.7 | 8.0 | 60.0 | 33.9 | 40.1 | 65 |
| Total | 80.9 | 51.7 | 0.3 | 51.4 | 68.0 | 39.8 | 51.3 | 1,248 |
| SEXUALLY ACTIVE UNMARRIED MEN ${ }^{1}$ |  |  |  |  |  |  |  |  |
| Total | 76.7 | 70.1 | 0.0 | 70.1 | 33.1 | 13.5 | 25.1 | 100 |
| Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. <br> ${ }^{1}$ Men who had sexual intercourse in the one month preceding the survey |  |  |  |  |  |  |  |  |

The male condom was reported to be the most commonly used method among currently married men with about half of currently married men ( 51 percent) having used withdrawal at some time. Among sexually active unmarried men, a large majority ( 70 percent) have used male condoms, while only 14 percent have ever used natural family planning.

### 5.3 Current Use of Contraceptive Methods

The level of current use of contraceptive methods is one of the indicators most frequently used to assess the success of family planning programme activities. It is also widely used as a measure in analysing the determinants of fertility. This section focuses on the levels and differentials in current use of family planning.

Table 5.4 shows the percent distribution of women who are currently using specific family planning methods by age. One in four women are currently using any contraceptive method. The use of any contraceptive method increases with age, reaching its peak at age group 30-34 ( 38 percent) and then starts to decline. Modern methods are used by 17 percent of women, while only 8 percent are using traditional methods. The pill is the most commonly used method ( 8 percent) and the IUD, implant, female condom, and diaphragm/foam/jelly are the least used modern methods (less than 1 percent each). Four percent of women report using condoms, virtually all male condoms. Of the traditional methods, withdrawal is the most commonly used (3 percent) while natural family planning is the least used (1 percent).

Among currently married women, the pill (12 percent) and withdrawal ( 5 percent) are the most commonly used modern and traditional methods, respectively. After the condom ( 15 percent), the most commonly used modern method among sexually active unmarried women is the pill ( 10 percent), while withdrawal ( 2 percent) is the most widely used traditional method. More sexually active unmarried women use a modern contraceptive method than currently married women ( 29 percent and 23 percent, respectively). This difference may be due to higher use of male condoms by sexually active unmarried women ( 15 percent) than currently married women (4 percent).

Current use of contraception among women has increased from 19 percent in 1996 to 25 percent in 2001-2002. Use of modern methods has increased from 11 percent to 17 percent, while use of traditional methods has remained unchanged at 8 percent.

## Table 5.4 Current use of contraception

Percent distribution of all women, of currently married women, and of sexually active unmarried women by contraceptive method currently used, according to age, Zambia 2001-2002

| Age | Any method | Modern method |  |  |  |  |  |  |  |  | Traditional method |  |  |  |  | Not currently using | Total | Number <br> of <br> women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Any modern method | Female steri-lisation | Pill | IUD | $\begin{aligned} & \text { In- } \\ & \text { ject- } \\ & \text { ables } \end{aligned}$ | Implants | Male condom | Female condom | Diaphragm foam/ jelly | Any traditional method | $L A M '^{1}$ | Rhythm/ natural family planning | With-drawal | Other methods |  |  |  |
| ALL WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 10.1 | 7.7 | 0.0 | 2.8 | 0.0 | 0.9 | 0.0 | 4.0 | 0.1 | 0.0 | 2.4 | 0.5 | 0.2 | 1.1 | 0.6 | 89.9 | 100.0 | 1,811 |
| 20-24 | 25.0 | 16.8 | 0.1 | 9.0 | 0.0 | 2.4 | 0.0 | 5.2 | 0.1 | 0.0 | 8.3 | 2.0 | 0.6 | 3.9 | 1.7 | 75.0 | 100.0 | 1,664 |
| 25-29 | 32.6 | 22.8 | 0.4 | 12.1 | 0.0 | 4.6 | 0.3 | 5.3 | 0.1 | 0.0 | 9.7 | 2.6 | 1.1 | 4.2 | 1.8 | 67.4 | 100.0 | 1,376 |
| 30-34 | 37.6 | 26.2 | 1.4 | 13.2 | 0.2 | 5.7 | 0.7 | 4.9 | 0.0 | 0.1 | 11.4 | 2.5 | 1.4 | 4.9 | 2.6 | 62.4 | 100.0 | 972 |
| 35-39 | 31.4 | 21.2 | 3.8 | 9.9 | 0.1 | 4.5 | 0.8 | 2.1 | 0.0 | 0.0 | 10.1 | 2.2 | 1.7 | 3.6 | 2.6 | 68.6 | 100.0 | 766 |
| 40-44 | 28.5 | 20.4 | 7.1 | 6.6 | 0.0 | 4.2 | 0.0 | 2.1 | 0.0 | 0.4 | 8.1 | 1.4 | 0.6 | 3.9 | 2.1 | 71.5 | 100.0 | 601 |
| 45-49 | 13.4 | 8.7 | 4.4 | 2.4 | 0.0 | 1.4 | 0.0 | 0.5 | 0.0 | 0.0 | 4.6 | 0.2 | 0.9 | 1.2 | 2.3 | 86.6 | 100.0 | 467 |
| Total | 24.6 | 17.2 | 1.5 | 8.1 | 0.0 | 3.1 | 0.2 | 4.0 | 0.0 | 0.1 | 7.5 | 1.7 | 0.8 | 3.2 | 1.7 | 75.4 | 100.0 | 7,658 |
| 1996 | 19.2 | 11.2 | 1.4 | 5.2 | 0.3 | 0.7 | na | 3.5 | na | 0.1 | 7.9 | na | 1.5 | 2.9 | 3.5 | 80.8 | 100.0 | 8,021 |
| 1992 | 11.6 | 7.0 | 1.5 | 3.5 | 0.4 | 0.1 | na | 1.4 | na | 0.1 | 4.6 | na | 0.8 | 1.9 | 1.7 | 88.4 | 100.0 | 7,060 |
| CURRENTLY MARRIED WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 25.5 | 17.1 | 0.0 | 8.6 | 0.0 | 2.6 | 0.0 | 5.9 | 0.0 | 0.0 | 8.4 | 1.9 | 0.4 | 3.7 | 2.3 | 74.5 | 100.0 | 438 |
| 20-24 | 31.6 | 19.8 | 0.0 | 11.9 | 0.0 | 3.0 | 0.0 | 4.9 | 0.0 | 0.0 | 11.7 | 2.9 | 0.6 | 5.8 | 2.4 | 68.4 | 100.0 | 1,086 |
| 25-29 | 36.4 | 24.3 | 0.4 | 14.2 | 0.0 | 5.2 | 0.3 | 4.1 | 0.1 | 0.0 | 12.1 | 3.3 | 1.2 | 5.4 | 2.2 | 63.6 | 100.0 | 1,056 |
| 30-34 | 44.0 | 29.8 | 1.3 | 16.0 | 0.3 | 7.1 | 0.6 | 4.2 | 0.0 | 0.2 | 14.3 | 3.2 | 1.7 | 6.2 | 3.2 | 56.0 | 100.0 | 756 |
| 35-39 | 36.9 | 24.3 | 4.4 | 11.6 | 0.2 | 5.2 | 0.9 | 2.1 | 0.0 | 0.0 | 12.6 | 2.8 | 2.1 | 4.5 | 3.2 | 63.1 | 100.0 | 591 |
| 40-44 | 34.9 | 24.3 | 8.1 | 8.8 | 0.0 | 4.6 | 0.0 | 2.2 | 0.0 | 0.6 | 10.6 | 1.9 | 0.9 | 5.2 | 2.6 | 65.1 | 100.0 | 449 |
| 45-49 | 18.4 | 12.0 | 6.0 | 3.6 | 0.0 | 2.0 | 0.0 | 0.4 | 0.0 | 0.0 | 6.4 | 0.3 | 1.0 | 1.7 | 3.3 | 81.6 | 100.0 | 318 |
| Total | 34.2 | 22.6 | 2.0 | 11.9 | 0.1 | 4.5 | 0.3 | 3.8 | 0.0 | 0.1 | 11.6 | 2.7 | 1.1 | 5.1 | 2.7 | 65.8 | 100.0 | 4,694 |
| 1996 | 25.9 | 14.4 | 2.0 | 7.2 | 0.4 | 1.0 | na | 3.5 | na | 0.1 | 11.5 | na | 1.9 | 4.5 | 5.2 | 74.1 | 100.0 | 4,902 |
| 1992 | 15.2 | 8.9 | 2.1 | 4.3 | 0.5 | 0.1 | na | 1.8 | na | 0.1 | 6.3 | na | 0.9 | 3.0 | 2.2 | 84.8 | 100.0 | 4,457 |
| SEXUALLY ACTIVE UNMARRIED WOMEN² |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Total | 32.5 | 29.3 | 1.3 | 9.7 | 0.0 | 2.9 | 0.4 | 15.0 | 0.0 | 0.0 | 3.2 | 0.4 | 0.7 | 1.5 | 0.6 | 67.5 | 100.0 | 321 |
| 1996 | 24.0 | 17.9 | 0.0 | 5.1 | 0.0 | 0.8 | na | 11.6 | na | 0.3 | 6.1 | na | 3.9 | 1.1 | 1.1 | 76.0 | 100.0 | 492 |
| 1992 | na | na | na | na | na | na | na | na | na | na | na | na | na | na | na | na | na | na |

Note: If more than one method is used, only the most effective method is considered in this tabulation.
${ }^{1}$ Lactational amenorrhoea method (LAM) is usually considered a modern method. However, analysis of the 2001-2002 ZDHS data indicates that many women confused it with simple breastfeeding so, rather than present misleading data, it was decided to classify LAM as a traditional method.
${ }^{2}$ Women who had sexual intercourse in the one month preceding the survey
na $=$ Not applicable

### 5.4 Current Use of Contraception by Background Characteristics

Table 5.5 presents the percent distribution of currently married women by current use of family planning methods, according to background characteristics. Current use of contraception varies with number of living children, residence, region and education level. The proportion currently using contraception increases with increasing number of children and with increasing level of education. Only 4 percent of women without children are currently using contraceptive methods compared with at least 40 percent of those with three or more children.

Table 5.5 Current use of contraception by background characteristics
Percent distribution of currently married women by contraceptive method currently used, according to background characteristics,
Zambia 2001-2002

| Background characteristic | Any method | Modern method |  |  |  |  |  |  |  |  | Traditional method |  |  |  |  | Not currently using | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Any modern method | Female steri-lisation | Pill | IUD | In-jectables | $\begin{aligned} & \text { Im- } \\ & \text { plants } \end{aligned}$ | Male condom | Female condom | Diaphragm foam/ jelly | Any traditional method | $L^{\text {LAM }}{ }^{1}$ | Rhythm/ natural family planning | With-drawal | Other methods |  |  |  |
| Number of living children |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 0 | 4.3 | 3.9 | 0.0 | 2.8 | 0.0 | 0.0 | 0.0 | 1.1 | 0.0 | 0.0 | 0.3 | 0.0 | 0.1 | 0.2 | 0.0 | 95.7 | 100.0 | 419 |
| 1-2 | 32.1 | 22.1 | 0.3 | 13.1 | 0.0 | 3.7 | 0.2 | 4.7 | 0.0 | 0.0 | 10.0 | 2.7 | 0.8 | 4.4 | 2.1 | 67.9 | 100.0 | 1,678 |
| 3-4 | 40.6 | 26.7 | 1.4 | 14.4 | 0.2 | 4.8 | 0.5 | 5.3 | 0.1 | 0.1 | 13.9 | 3.0 | 1.6 | 6.0 | 3.3 | 59.4 | 100.0 | 1,282 |
| $5+$ | 40.1 | 25.3 | 5.5 | 10.8 | 0.1 | 6.6 | 0.2 | 1.9 | 0.0 | 0.2 | 14.8 | 3.2 | 1.5 | 6.5 | 3.6 | 59.9 | 100.0 | 1,315 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 45.7 | 38.7 | 3.7 | 21.5 | 0.1 | 7.7 | 0.7 | 4.9 | 0.0 | 0.1 | 7.1 | 2.5 | 1.1 | 2.5 | 0.9 | 54.3 | 100.0 | 1,662 |
| Rural | 27.9 | 13.9 | 1.2 | 6.6 | 0.0 | 2.7 | 0.1 | 3.2 | 0.0 | 0.1 | 14.0 | 2.8 | 1.1 | 6.5 | 3.6 | 72.1 | 100.0 | 3,032 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Central | 25.7 | 20.8 | 1.3 | 11.9 | 0.0 | 3.5 | 0.5 | 3.5 | 0.0 | 0.2 | 4.9 | 0.2 | 0.4 | 3.5 | 0.9 | 74.3 | 100.0 | 346 |
| Copperbelt | 45.1 | 36.8 | 5.7 | 21.3 | 0.0 | 7.0 | 0.6 | 2.1 | 0.0 | 0.2 | 8.3 | 3.8 | 1.3 | 2.5 | 0.8 | 54.9 | 100.0 | 871 |
| Eastern | 29.5 | 19.6 | 1.4 | 9.2 | 0.3 | 4.0 | 0.0 | 4.7 | 0.0 | 0.0 | 9.8 | 1.4 | 1.0 | 3.5 | 3.9 | 70.5 | 100.0 | 644 |
| Luapula | 31.8 | 6.7 | 0.5 | 3.5 | 0.0 | 2.0 | 0.0 | 0.5 | 0.2 | 0.0 | 25.1 | 9.0 | 1.7 | 0.2 | 14.2 | 68.2 | 100.0 | 399 |
| Lusaka | 47.1 | 39.8 | 1.4 | 21.3 | 0.0 | 7.9 | 0.8 | 8.3 | 0.0 | 0.2 | 7.3 | 2.2 | 0.4 | 3.9 | 0.8 | 52.9 | 100.0 | 640 |
| Northern | 31.7 | 13.6 | 1.7 | 6.3 | 0.0 | 1.6 | 0.1 | 3.9 | 0.0 | 0.0 | 18.1 | 1.2 | 0.5 | 15.1 | 1.3 | 68.3 | 100.0 | 678 |
| North-Western | 28.2 | 15.7 | 2.8 | 4.9 | 0.0 | 3.9 | 0.0 | 3.9 | 0.0 | 0.2 | 12.5 | 0.6 | 3.6 | 6.0 | 2.4 | 71.8 | 100.0 | 215 |
| Southern | 28.6 | 18.8 | 0.9 | 10.8 | 0.2 | 3.9 | 0.0 | 3.0 | 0.0 | 0.0 | 9.7 | 3.2 | 2.4 | 3.7 | 0.4 | 71.4 | 100.0 | 532 |
| Western | 20.9 | 9.6 | 0.0 | 3.0 | 0.0 | 3.6 | 0.0 | 3.0 | 0.0 | 0.0 | 11.3 | 1.9 | 0.3 | 5.8 | 3.3 | 79.1 | 100.0 | 369 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 23.2 | 8.0 | 0.6 | 3.0 | 0.0 | 2.4 | 0.0 | 1.9 | 0.0 | 0.0 | 15.2 | 3.0 | 0.9 | 6.6 | 4.8 | 76.8 | 100.0 | 663 |
| Primary | 30.9 | 18.9 | 1.7 | 9.9 | 0.0 | 3.6 | 0.2 | 3.3 | 0.0 | 0.1 | 12.0 | 2.9 | 0.7 | 5.5 | 2.9 | 69.1 | 100.0 | 2,905 |
| Secondary | 47.6 | 39.2 | 3.2 | 21.5 | 0.2 | 8.0 | 0.5 | 5.8 | 0.0 | 0.1 | 8.4 | 2.1 | 2.2 | 3.2 | 1.0 | 52.4 | 100.0 | 1,006 |
| Higher | 62.8 | 56.3 | 7.8 | 28.5 | 0.0 | 8.0 | 2.4 | 9.5 | 0.0 | 0.0 | 6.5 | 0.0 | 4.8 | 1.7 | 0.0 | 37.2 | 100.0 | 120 |
| Total | 34.2 | 22.6 | 2.0 | 11.9 | 0.1 | 4.5 | 0.3 | 3.8 | 0.0 | 0.1 | 11.6 | 2.7 | 1.1 | 5.1 | 2.7 | 65.8 | 100.0 | 4,694 |

Note: If more than one method is used, only the most effective method is considered in this tabulation.
${ }^{1}$ Lactational amenorrhoea method (LAM) is usually considered a modern method. However, analysis of the 2001-2002 ZDHS data indicates that many women confused it with simple breastfeeding so, rather than present misleading data, it was decided to classify LAM as a traditional method.

Women in urban areas are more likely to use contraceptive methods (46 percent) than their rural counterparts ( 28 percent). The more urbanised provinces such as Copperbelt ( 45 percent) and Lusaka ( 47 percent) have the highest proportions of women currently using contraception. The province with the lowest level of contraceptive use by women is Western (21 percent). Women with a secondary education or higher are two to three times as likely to use contraception as women with no education (see Figure 5.1).

The pattern of current use of modern and traditional methods of contraception varies across subgroups. Use of modern methods is more common in urban ( 39 percent) than rural ( 14 percent) areas while use of traditional methods is more common in rural (14 percent) than urban (7 percent). Similarly, use of modern methods increases with increasing education, while that of traditional methods decreases with increasing level of education.

Figure 5.1 Current Use of Any Contraceptive Method among Currently Married Women Age 15-49, by Background Characteristics


### 5.5 Trends in the Use of Family Planning

Table 5.6 shows the trends in the use of family planning among currently married women based on data from the 1992 ZDHS, the 1996 ZDHS and the 2001-2002 DHS.

The information shows an increase of contraceptive use from a rate of 15 percent in 1992 and 26 percent in 1996 to the rate of 34 percent in 2001-2002. There has been a steady increase in the use of modern methods from 9 percent in 1992 and 14 percent in 1996 to 23 percent in 2001-2002. However, while there was an increase in the use of traditional methods from 6 percent in 1992 to 12 percent in 1996, use of these methods remained at that level in 2001-2002. Considering specific methods, the largest gains in use in the 2001-2002 ZDHS are observed for pills and injectables.

Figure 5.2 shows the trends in current use of specific contraceptive methods between 1992 and 2001-200. Current use of the pill has increased from 4 percent of currently married women in 1992 to

| Table 5.6 Trends in the use of family planning |  |  |  |
| :---: | :---: | :---: | :---: |
| Percentage of currently married women age 15-49 who are currently using specific family planning methods, Zambia 1992, 1996, 2001-2002 |  |  |  |
|  |  |  | ZDHS |
|  | ZDHS | ZDHS | 2001- |
| Method | 1992 | 1996 | 2002 |
| Any method | 15.2 | 25.9 | 34.2 |
| Any modern method | 8.9 | 14.4 | 22.6 |
| Pill | 4.3 | 7.2 | 11.9 |
| IUD | 0.5 | 0.4 | 0.1 |
| Injectable | 0.1 | 1.0 | 4.5 |
| Diaphragm/Foam/Jelly | 0.1 | 0.1 | 0.1 |
| Condom | 1.8 | 3.5 | 3.8 |
| Female sterilisation | 2.1 | 2.0 | 2.0 |
| Any traditional method | 6.3 | 11.5 | 11.6 |
| Natural family planning | 0.9 | 1.9 | 1.1 |
| Withdrawal | 3.0 | 4.5 | 5.1 |
| Other | 2.2 | 5.2 | 2.7 |
| Number of women | 4,457 | 4,902 | 4,694 | 7 percent in 1996 and to 12 percent in 2001-2002. There has also been an increase in the current use of injectables from under 1 percent in 1992 to 5 percent in 2001-2002. Although reported condom use increased from 1992 to 1996, it showed no further gain from 1996 to 2001-2002. This is of concern given the significant proportion of married couples in Zambia who are sero-discordant for HIV infection. The proportion undergoing female sterilisation remained almost the same between 1992 and 2001-2002 at 2 percent, while use of the IUD declined over the same period.

Figure 5.2 Trends in Current Use of Specific Contraceptive Methods among Currently Married Women Age 15-49, Zambia 1992-2002


### 5.6 Number of Children at First Use of Contraception

Family planning may be used to either limit family size or delay the next birth. Couples using family planning as a means to control family size (i.e., to stop having children) adopt contraception when they have already had the desired number of children they want. When contraception is used to space births, couples may start to use family planning earlier with an intention to delay a possible pregnancy. This may be done even before a couple has had their desired number of children. In a culture where smaller family size is becoming a norm, young women adopt family planning at an earlier age than their older counterparts.

Women interviewed in the 2001-2002 ZDHS were asked how many children they had at the time they first used a method of family planning. Table 5.7 shows the percent distribution of women who have ever used contraception by number of living children at the time of first use of contraception, according to current age. The results show that Zambian women are gradually adopting family planning at earlier ages.

Among older women, those who ever used contraception tended to start only when they had at least three or four children. In contrast, younger users tend to start when they had only one child or none. For example, half of women 15-19 who have used contraception started before they had any children.

Data from the 2001-2002 ZDHS indicate that among women who have been sterilised, the median age of sterilisation is 35 years. Almost half of women get the operation at age 35-39, with another one-fourth having the operation at age 30-35 (data not shown).

Table 5.7 Number of children at first use of contraception
Percent distribution of women who have ever used contraception by number of living children at the time of first use of contraception, according to current age, Zambia 2001-2002

|  | Number of living children at time <br> of first use of contraception |  |  |  |  |  | Don't <br> know/ <br> missing | Total | Number <br> of <br> women |
| :--- | ---: | ---: | ---: | :---: | ---: | :---: | ---: | :---: | :---: |
| Current age | 0 | 1 | 2 | 3 | $4+$ |  |  |  |  |
| $15-19$ | 50.8 | 45.9 | 2.0 | 0.0 | 0.0 | 1.3 | 100.0 | 421 |  |
| $20-24$ | 19.0 | 60.8 | 16.4 | 3.3 | 0.3 | 0.2 | 100.0 | 982 |  |
| $25-29$ | 9.6 | 48.3 | 27.6 | 10.1 | 4.2 | 0.2 | 100.0 | 989 |  |
| $30-34$ | 3.7 | 40.3 | 24.2 | 16.4 | 14.9 | 0.6 | 100.0 | 736 |  |
| $35-39$ | 2.7 | 32.8 | 18.7 | 13.1 | 32.3 | 0.4 | 100.0 | 539 |  |
| $40-44$ | 1.6 | 29.0 | 17.2 | 12.4 | 39.5 | 0.2 | 100.0 | 422 |  |
| $45-49$ | 2.0 | 31.9 | 16.6 | 13.3 | 36.1 | 0.0 | 100.0 | 299 |  |
| Total | 12.5 | 44.6 | 19.2 | 9.5 | 13.7 | 0.4 | 100.0 | 4,389 |  |

### 5.7 Use of Social Marketing Brand Pills

Since the pill is the most commonly used modern contraceptive method in Zambia, it is important to determine the proportion of women using Safeplan, a social marketing brand of oral contraceptive pill.

Table 5.8 shows the percentage of pill users who are using Safeplan by urban-rural residence and province. Although Safeplan is more widely marketed in Lusaka and Copperbelt provinces, its use is also high in Northern, Central, and Eastern provinces, although the number of pill users sampled is small in several provinces. Women in urban areas are more likely to use Safeplan ( 22 percent) than their counterparts in the rural areas ( 12 percent). Overall, almost one in five pill users is using Safeplan.

### 5.8 Knowledge of Fertile Period

A basic knowledge of reproductive physiology is especially useful for the successful practice of coitusrelated methods such as withdrawal, condom and vaginal methods, and other methods collectively called periodic abstinence. Knowledge of the fertile period is particularly critical in the case of period abstinence. The successful practice of natural family planning depends on an understanding of when during the

Table 5.8 Use of Safeplan

Percentage of pill users who are using Safeplan, by urban-rural residence and province, Zambia 2001-2002

|  | Percentage <br> of <br> pill users | Number <br> of <br> women |
| :--- | :---: | :---: |
| Residence/Province |  |  |
| Residence | 22.1 | 388 |
| Urban | 12.4 | 236 |
| Rural |  |  |
| Province | 20.5 | 46 |
| Central | 16.9 | 204 |
| Copperbelt | 20.0 | 62 |
| Eastern | $*$ | 15 |
| Luapula | 22.2 | 148 |
| Lusaka | 21.2 | 46 |
| Northern | $(29.0)$ | 12 |
| North-Western | 15.8 | 66 |
| Southern | $*$ | 24 |
| Western | 18.5 | 623 |
| Total |  |  |

Note: Table excludes pill users who do not know the brand name. Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. ovulatory cycle a woman is most likely to conceive.

All women in the 2001-2002 ZDHS were asked about their knowledge of a woman's fertile period. The results are presented in Table 5.9 for users and non-users of periodic abstinence.

| Table 5.9 Knowledge of fertile period |  |  |  |
| :---: | :---: | :---: | :---: |
| Percent distribution of women by knowledge of the fertile period during the ovulatory cycle, according to current use of periodic abstinence, Zambia 2001-2002 |  |  |  |
| Perceived fertile period | Users of rhythm/ natural family planning | Nonusers of rhythm/ natural family planning | All women |
| Just before her period begins | 11.0 | 16.3 | 16.3 |
| During her period | 3.8 | 1.7 | 1.7 |
| Right after her period has ended | 35.9 | 30.5 | 30.6 |
| Halfway between two periods | 42.9 | 22.3 | 22.5 |
| Other | 0.0 | 0.5 | 0.5 |
| No specific time | 2.2 | 6.3 | 6.3 |
| Don't know | 4.2 | 22.3 | 22.2 |
| Missing | 0.0 | 0.1 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 |
| Number | 64 | 7,594 | 7,658 |

Among all women, only 23 percent reported the correct fertile period, i.e., a woman is most likely to conceive half way between two periods. Users of natural family planning methods are more knowledgeable about their ovulatory cycle; 43 percent of users of natural family planning correctly identified the middle of the cycle as the fertile time, compared with 22 percent of non-users of the method. It should be noted that the precision of this estimate is limited by small sample size.

### 5.9 SOURCE OF SUPPLY

Information on where women obtain their contraceptive methods is important to family planning programme managers for strategic planning purposes. All current users of modern contraceptive methods were asked the most recent source of their methods. The results are shown in Table 5.10. Generally, most current users of contraception (61 percent) obtain their contraceptive methods from public institutions, most of which are government health centres. Private medical institutions are the second most common source ( 20 percent) of contraception, while non-medical sources are the least common (17 percent).

There has been a shift away from reliance on private medical sources for contraceptive methods. The proportion of current users relying on private medical sources has declined from 36 percent in 1992 to 24 percent in 1996 and to 20 percent in 2001-2002. Reliance on public sources has increased slightly from 56 percent in 1992 to 60 percent in 1996 and to 61 percent in 2001-2002.

The pill and injectables are commonly obtained from public sources ( 67 percent and 83 percent, respectively), while male condoms are usually obtained from other sources ( 46 percent), mainly shops ( 35 percent). Female sterilisation, on the other hand, is obtained primarily through private medical sources ( 58 percent) compared with 40 percent through public sources. There has been an increase in the proportion of women sterilised at private medical centres from 51 percent in 1996 to 58 percent in 20012002, and a reduction at public medical centres from 49 percent in 1996 to 40 percent currently.

| Table 5.10 Source of contraception |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women currently using modern contraceptive methods by most recent source of method, according to specific methods, Zambia 2001-2002 |  |  |  |  |  |
| Last source | Pill | Injectables | Condom | Female sterilisation | All modern methods |
| Public | 67.1 | 83.1 | 39.2 | 40.1 | 60.9 |
| Government hospital | 7.0 | 6.3 | 4.7 | 40.1 | 9.6 |
| Government health centre | 57.4 | 74.6 | 32.4 | 0.0 | 49.1 |
| Health post | 2.8 | 2.2 | 1.7 | 0.0 | 2.1 |
| Other public | 0.0 | 0.0 | 0.4 | 0.0 | 0.1 |
| Private medical | 19.9 | 16.2 | 11.5 | 58.4 | 20.4 |
| Private hospital/surgery | 8.1 | 10.7 | 0.9 | 36.2 | 9.1 |
| Mission hospital/clinic | 3.8 | 5.0 | 0.9 | 22.2 | 4.9 |
| Pharmacy | 7.7 | 0.0 | 8.3 | 0.0 | 5.7 |
| Private doctor | 0.2 | 0.5 | 0.0 | 0.0 | 0.2 |
| Work place | 0.0 | 0.0 | 1.4 | 0.0 | 0.3 |
| Other private medical | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 |
| Other source | 12.2 | 0.0 | 45.8 | 0.0 | 17.1 |
| Shop | 8.3 | 0.0 | 35.4 | 0.0 | 12.6 |
| Community-based agent | 3.7 | 0.0 | 4.9 | 0.0 | 3.2 |
| Friend/relative | 0.2 | 0.0 | 5.5 | 0.0 | 1.4 |
| Other | 0.2 | 0.0 | 1.3 | 0.0 | 0.4 |
| Missing | 0.6 | 0.7 | 2.3 | 1.5 | 1.2 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 623 | 240 | 310 | 112 | 1,314 |

### 5.10 Informed Choice

Informed choice is an important aspect of the delivery of family planning services. Family planning providers should inform all method users of potential side effects and what they should do if they encounter signs of a problem. This information assists users in coping with side effects and decreases unnecessary discontinuation of temporary methods.

Table 5.11 shows that health providers are somewhat more likely to inform users of modern methods about side effects or problems of method used than about what to do if they experienced side effects. Three-fourths of women were informed about the side effects of the method, while 69percent were informed about what to do if they experienced side effects. Differences between pill users and injectables users are small, with injectables users being only slightly more likely to be informed about side effects.

## Table 5.11 Informed choice

Among current users of specific modern contraceptive methods who adopted the method in the five years preceding the survey, percentage of women who were informed about the side effects of the current method used, and percentage who were informed what to do if side effects were experienced, by background characteristics, Zambia 2001-2002

|  | Informed <br> about side effects <br> or problems of <br> method used | Informed <br> what to do <br> if side effect <br> experienced | Number <br> of <br> users |
| :--- | :---: | :---: | :---: |
| Method | 73.8 | 68.5 | 587 |
| Pill | 79.1 | 71.0 | 225 |
| Totala $^{1}$ | 74.9 | 69.1 | 883 |

${ }^{1}$ Total includes users of female sterilisation, pill, IUD, injectables and implants

### 5.11 Future Use of Contraception

Intention to use family planning is an important indicator of the potential demand for services. Currently married women who were not using contraceptives at the time of the survey and currently married men were asked about their intention to use family planning in the future. The results are shown in Table 5.12. The table reveals that of the currently married non-users, 70 percent of women and 72 percent of men intend to use a method of contraception in the future, while 26 percent of women and 25 percent of men have no intention to use any method. Four percent each of women and men are not sure of their contraceptive use intention in the future. One reason that more men than women are reported as intending to use in the future is that some of them may already be using contraception.

There has been an increase in the percentage of women non-users who intend to use family planning over the last few years; from 66 percent in the 1996 ZDHS to 70 percent in the 2001-2002 ZDHS.

## Table 5.12 Future use of contraception

Percent distribution of currently married women who are not using a contraceptive method and currently married men who are not using a contraceptive method by intention to use in the future, according to number of living children, Zambia 20012002

| Intention | Number of living children ${ }^{1}$ |  |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0 | 1 | 2 | 3 | 4+ |  |
| WOMEN |  |  |  |  |  |  |
| Intends to use | 64.9 | 69.2 | 74.7 | 76.7 | 66.4 | 69.9 |
| Unsure | 6.1 | 5.0 | 2.7 | 2.5 | 3.0 | 3.5 |
| Does not intend to use | 29.0 | 25.9 | 22.5 | 20.1 | 30.2 | 26.4 |
| Missing | 0.0 | 0.0 | 0.0 | 0.6 | 0.4 | 0.3 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 264 | 578 | 564 | 469 | 1,214 | 3,089 |
| MEN |  |  |  |  |  |  |
| Intends to use | 70.6 | 79.3 | 79.7 | 75.2 | 67.5 | 71.7 |
| Unsure | 0.0 | 2.7 | 1.5 | 7.0 | 4.3 | 3.7 |
| Does not intend to use | 29.4 | 18.1 | 18.8 | 17.8 | 28.2 | 24.7 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 65 | 82 | 72 | 81 | 340 | 641 |
| ${ }^{1}$ Includes current pregn |  |  |  |  |  |  |

The proportion of women who intend to use a contraceptive method varies with the number of living children. For instance, the proportion of currently married women who intend to use contraception is 65 percent of childless women, 75 percent for women with two children and 77 percent of those with three children. Proportions who do not intend to use contraception generally decrease with increasing number of living children. Twenty-nine percent of childless women do not intend to use contraception compared with 20 percent of women with three children. However, this proportion increases to 30 percent of women with at least 4 children.

The pattern is slightly different for men in that the proportion of currently married men who intend to use contraception initially increases with increasing number of children and reaches its peak at 2 children ( 80 percent) after which it starts declining and reaches 68 percent for men with at least 4 children.

### 5.12 Reasons for Not Intending to Use Contraception

Table 5.13 presents the main reasons for not intending to use contraception given by currently married women and men who do not intend to use a contraceptive method in the future.

The main reasons for not intending to use any contraception in the future among currently married women are fertility-related reasons ( 63 percent), followed by method-related reasons (18 percent). For men, the main reasons are also fertility related ( 59 percent), followed by opposition to use ( 20 percent). More specifically, apart from perceived lack of need due to decreased fertility, the most important reason given by women is fear of side effects. Men are more likely to feel there is no need for

| Percent distribution of currently married women who are not using a contraceptive method and who do not intend to use in the future and of currently married men who do not intend to use in the future by main reason for not intending to use, according to age, Zambia 2001-2002 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | Currently married women |  |  | Currently |
| Reason | 15-29 | 30-49 | Total | men |
| Fertility-related reasons | 40.0 | 74.6 | 63.3 | 58.6 |
| Infrequent sex/no sex | 3.4 | 8.1 | 6.6 | 4.8 |
| Menopausal/had hysterectomy ${ }^{1}$ | 0.0 | 22.8 | 15.3 | 19.7 |
| Subfecund/infecund ${ }^{2}$ | 13.9 | 30.6 | 25.1 | 6.9 |
| Wants as many children as possible | 22.7 | 13.1 | 16.2 | 27.2 |
| Opposition to use | 15.9 | 8.8 | 11.1 | 20.4 |
| Respondent opposed | 8.9 | 4.2 | 5.7 | 10.4 |
| Husband/partner opposed ${ }^{3}$ | 4.7 | 3.1 | 3.6 | 0.6 |
| Others opposed | 0.0 | 0.0 | 0.0 | 0.7 |
| Religious prohibition | 2.3 | 1.6 | 1.8 | 8.8 |
| Lack of knowledge | 6.5 | 1.7 | 3.2 | 2.3 |
| Knows no method | 3.4 | 0.4 | 1.4 | 0.6 |
| Knows no source | 3.0 | 1.3 | 1.8 | 1.7 |
| Method-related reasons | 28.8 | 12.3 | 17.7 | 10.6 |
| Health concerns | 3.1 | 3.0 | 3.0 | 4.2 |
| Fear of side effects | 23.3 | 6.5 | 12.0 | 4.2 |
| Lack of access/too far | 1.9 | 0.8 | 1.2 | 1.0 |
| Inconvenient to use | 0.2 | 0.6 | 0.5 | 0.0 |
| Interfere with body's normal processes | 0.4 | 1.4 | 1.1 | 1.2 |
| Other | 4.0 | 1.7 | 2.5 | 3.3 |
| Don't know | 3.9 | 0.6 | 1.7 | 4.0 |
| Missing | 0.9 | 0.3 | 0.5 | 0.7 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 267 | 547 | 814 | 158 |
| ${ }^{1}$ For men this refers to wife(s) menopaus <br> ${ }^{2}$ For men this refers to couple infertile (sub <br> ${ }^{3}$ For men this refers to wife(s) opposed | al/had h bfecund | rectomy fecund) |  |  |

contraception because they desire as many children as possible. Men are also more likely to be opposed to using contraception on the basis of religious prohibition.

As expected, younger women are more likely to cite method-related reasons and opposition to use, while older women are more likely to cite fertility-related reasons.

### 5.13 Preferred Method of Contraception for Future Use

Asking non-users who said they intended to use family a planning method in the future the type of method they would prefer to use is a way to assess the potential demand for specific methods of family planning.

Table 5.14 shows that, among currently married women, the most commonly preferred method for future use is the pill ( 42 percent), followed by injectables ( 31 percent) and female sterilisation ( 6 percent). The order of preferred methods for currently married women has not changed much since the 1996 ZDHS. The proportion of non-users preferring the pill has declined from 55 percent in 1996 to 42 percent in 2001-2002, while the proportion of non-users who prefer to use injectables rose from 12 in 1996 to 31 percent in 2001-2002.

Older respondents are more likely to intend to use permanent methods than younger ones. Among respondents in age group $30-49$, 12 percent say they would prefer female sterilisation, compared with 2 percent among those in age group 15-29. On the other hand, female condoms, diaphragm/foam/jelly, LAM and natural family planning were the least preferred methods, reported by less than 1 percent of women age 15-29 and 30-49.

| Percent distribution of currently married women who are not using a contraceptive method but who intend to use in the future by preferred method, according to age, Zambia 2001-2002 |  |  |  |
| :---: | :---: | :---: | :---: |
|  | $\underset{\text { marr }}{\mathrm{O}}$ | ently women |  |
| Method | 15-29 | 30-49 | Total |
| Female sterilisation | 1.9 | 12.3 | 5.6 |
| Male sterilisation | 0.1 | 0.1 | 0.1 |
| Pill | 48.3 | 31.6 | 42.4 |
| IUD | 0.7 | 1.1 | 0.8 |
| Injectables | 31.3 | 31.7 | 31.4 |
| Implants | 1.8 | 3.5 | 2.4 |
| Condom | 4.2 | 5.3 | 4.6 |
| Female condom | 0.6 | 0.5 | 0.5 |
| Diaphragm/Foam/Jelly | 0.4 | 0.3 | 0.3 |
| Lactational amenorrhoea | 0.7 | 0.3 | 0.5 |
| Rhythm/Natural family planning | 0.6 | 0.9 | 0.7 |
| Withdrawal | 2.9 | 2.9 | 2.9 |
| Other | 1.3 | 3.4 | 2.0 |
| Unsure | 5.4 | 6.2 | 5.7 |
| Total | 100.0 | 100.0 | 100.0 |
| Number | 1,402 | 756 | 2,158 |

### 5.14 Exposure to Family Planning Messages

Radio, television, and newspapers or magazines are potential media for disseminating family planning messages, although televisions still remain relatively rare, at least in rural Zambia. To assess the extent to which these media serve as sources of family planning messages, respondents were asked whether they heard or saw a message about family planning on the radio, television, or in the newspaper in the past few months. The results are shown in Table 5.15.

## Table 5.15 Exposure to family planning messages

Percentage of women and men who heard or saw a family planning message on the radio, television, or in a newspaper/ magazine in the past few months, according to background characteristics, Zambia 2001-2002

| Background characteristic | Women |  |  |  |  | Men |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Exposed to family planning messages on: |  |  | None of these media sources | Number of women | Exposed to family planning messages on: |  |  | None of these media sources | Number of men |
|  | Radio | Television | Newspaper/ magazine |  |  | Radio | Television | Newspaper/ magazine |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 36.6 | 24.6 | 13.5 | 57.5 | 1,811 | 37.9 | 23.0 | 17.6 | 55.2 | 459 |
| 20-24 | 47.6 | 27.9 | 16.9 | 48.6 | 1,664 | 52.4 | 39.1 | 30.8 | 41.3 | 346 |
| 25-29 | 50.9 | 27.2 | 17.7 | 46.0 | 1,376 | 62.5 | 34.1 | 28.8 | 32.1 | 361 |
| 30-34 | 52.5 | 28.9 | 18.0 | 45.2 | 972 | 60.5 | 36.9 | 31.1 | 35.8 | 281 |
| 35-39 | 49.3 | 25.8 | 15.1 | 49.6 | 766 | 69.5 | 35.1 | 33.0 | 27.2 | 241 |
| 40-44 | 45.2 | 23.8 | 13.6 | 53.0 | 601 | 70.2 | 37.7 | 28.1 | 28.7 | 174 |
| 45-49 | 39.7 | 15.9 | 9.3 | 58.3 | 467 | 68.1 | 33.6 | 36.2 | 28.3 | 113 |
| 50-54 | na | na | na | na | na | 65.3 | 45.4 | 38.1 | 29.7 | 100 |
| 55-59 | na | na | na | na | na | 49.3 | 17.8 | 14.4 | 46.5 | 71 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 66.1 | 54.4 | 30.6 | 26.3 | 3,073 | 72.2 | 64.3 | 52.6 | 17.9 | 851 |
| Rural | 32.0 | 6.7 | 5.3 | 67.3 | 4,585 | 46.5 | 12.8 | 11.5 | 51.8 | 1,294 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Central | 48.1 | 23.2 | 12.5 | 49.0 | 562 | 67.4 | 46.7 | 41.3 | 30.1 | 165 |
| Copperbelt | 66.0 | 54.4 | 24.2 | 25.8 | 1,544 | 74.4 | 62.4 | 49.6 | 17.3 | 447 |
| Eastern | 37.8 | 9.5 | 8.4 | 61.5 | 926 | 60.2 | 12.1 | 11.7 | 39.1 | 268 |
| Luapula | 35.9 | 5.1 | 4.5 | 63.9 | 622 | 50.3 | 9.4 | 16.6 | 47.5 | 166 |
| Lusaka | 68.0 | 56.9 | 38.7 | 25.8 | 1,132 | 72.0 | 71.1 | 56.9 | 13.8 | 314 |
| Northern | 29.0 | 9.7 | 7.7 | 68.8 | 1,040 | 56.6 | 12.2 | 12.8 | 41.0 | 292 |
| North-Western | 28.1 | 3.4 | 3.2 | 71.5 | 354 | 37.8 | 9.2 | 10.1 | 62.2 | 93 |
| Southern | 39.0 | 11.3 | 8.9 | 59.3 | 814 | 29.8 | 12.7 | 4.9 | 67.8 | 232 |
| Western | 22.2 | 5.8 | 5.1 | 76.7 | 663 | 19.7 | 7.6 | 6.4 | 79.6 | 169 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 19.2 | 4.4 | 1.7 | 80.1 | 925 | 27.0 | 10.9 | 2.6 | 69.4 | 108 |
| Primary | 39.1 | 15.8 | 7.5 | 59.1 | 4,439 | 46.6 | 18.1 | 13.3 | 50.2 | 1,100 |
| Secondary | 67.4 | 51.0 | 33.2 | 25.1 | 2,061 | 70.6 | 50.1 | 45.2 | 22.8 | 808 |
| Higher | 85.1 | 79.3 | 64.5 | 5.2 | 234 | 81.1 | 76.3 | 63.5 | 8.8 | 129 |
| Total | 45.7 | 25.8 | 15.5 | 50.8 | 7,658 | 56.7 | 33.3 | 27.8 | 38.4 | 2,145 |
| na $=$ Not applicabl |  |  |  |  |  |  |  |  |  |  |

Radio is the most frequent source of family planning messages for both women (46 percent) and men ( 57 percent). One in four women and one in three men saw a family planning message on television in the 12 months preceding the survey. Newspapers and magazines are the least common source of family planning messages for both women ( 16 percent) and men ( 28 percent). About half of the women and almost two in five men were not exposed to a family planning message through radio, television, or newspaper/magazine.

Exposure to family planning messages is more common among men than women in urban areas than rural areas, and increases with increasing level of education. Among the provinces, respondents in Lusaka and Copperbelt have by far the highest exposure to family planning messages through any media, while those in Western have the lowest. The more education a respondent has, the greater the likelihood that she or he has been exposed to a family planning message through each of the three types of mass media.

### 5.15 Exposure to Specific Radio and Television Shows on Family Planning and HiV

The 2001-2002 ZDHS survey collected information from women and men about whether they had listened to specific radio and television programmes on family planning and HIV in the past few months. Tables 5.16.1 and 5.16.2 show the percentages of women and men who have heard specific radio and television shows in the few months preceding the survey by background characteristics.

Of the four radio programmes asked about, the most common is "Your Health Matters," listened to by 40 percent of women and 60 percent of men. "X-plosion" is the most commonly watched television programme watched by 19 percent of women and 27 percent of men. As was seen for exposure to family planning messages in general, men are more likely than women to have heard or seen all of the eight programmes asked about in the survey.

Overall, the variations by age group in the percentage of women and men who have been exposed to specific radio and television programmes are minimal, except for the youngest and oldest women and men. The percentage exposed in these two age groups is lower for both women and men. The pattern, however, differs in the case of "X-plosion"; exposure decreases with increasing age for women, while fluctuation is observed in men.

Women and men in urban areas are more likely to listen to or watch specific radio and television shows on family planning and HIV than those in the rural areas; for instance 42 percent of women and 50 percent of men listen to the radio programme "Lifeline" in urban areas, compared with 15 percent of women and 25 percent of men in rural areas.

Among women, exposure to radio programmes is generally low in Eastern and Western provinces, while exposure to television programmes is low in North-Western province. Among men, exposure to radio programmes is lowest in Western and Southern provinces, while exposure to television programmes is lowest in Luapula province. Exposure to all radio and television programmes is generally higher for both women and men in Lusaka and Copperbelt than the rest of the provinces

The proportion of both women and men who have been exposed to these programmes on radio and television increases with increased level of education.

| Percentage of women who have heard specific radio and television shows on family planning and HIV in the past few months, by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Radio |  |  |  | Television |  |  |  | Number <br> of <br> women |
| Background characteristic |  | Lifeline | AIDS and the Family | Our <br> Neighbourhood |  | Lifeline | Soul City | X-plosion |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 39.4 | 21.7 | 28.9 | 29.6 | 31.2 | 12.4 | 14.6 | 23.5 | 1,811 |
| 20-24 | 41.9 | 26.6 | 34.3 | 37.0 | 29.7 | 16.1 | 14.5 | 21.2 | 1,664 |
| 25-29 | 42.7 | 27.7 | 36.6 | 35.4 | 28.7 | 18.2 | 13.3 | 18.9 | 1,376 |
| 30-34 | 43.4 | 29.9 | 37.8 | 38.5 | 29.5 | 16.8 | 12.8 | 19.1 | 972 |
| 35-39 | 39.9 | 27.7 | 36.6 | 35.5 | 23.5 | 16.5 | 9.8 | 14.4 | 766 |
| 40-44 | 36.9 | 25.0 | 32.6 | 30.3 | 23.1 | 14.9 | 10.0 | 12.2 | 601 |
| 45-49 | 32.1 | 23.0 | 29.3 | 28.2 | 16.5 | 7.9 | 3.5 | 6.8 | 467 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 66.0 | 41.9 | 51.3 | 49.7 | 60.6 | 33.0 | 28.2 | 41.8 | 3,073 |
| Rural | 23.3 | 15.0 | 21.9 | 23.3 | 6.0 | 3.2 | 2.2 | 3.4 | 4,585 |
| Province |  |  |  |  |  |  |  |  |  |
| Central | 40.6 | 20.9 | 31.1 | 34.2 | 24.5 | 11.2 | 1.6 | 10.7 | 562 |
| Copperbelt | 65.6 | 43.0 | 51.7 | 49.3 | 59.4 | 31.9 | 28.4 | 40.5 | 1,544 |
| Eastern | 20.8 | 6.6 | 14.0 | 24.9 | 8.5 | 2.6 | 2.7 | 4.7 | 926 |
| Luapula | 39.3 | 37.4 | 43.9 | 37.7 | 4.5 | 4.0 | 1.8 | 3.2 | 622 |
| Lusaka | 66.4 | 41.2 | 49.2 | 48.1 | 66.0 | 37.3 | 32.6 | 47.2 | 1,132 |
| Northern | 27.7 | 21.5 | 25.6 | 24.2 | 9.6 | 6.1 | 4.4 | 7.4 | 1,040 |
| North-Western | 25.2 | 12.8 | 20.9 | 22.4 | 3.7 | 1.4 | 1.0 | 1.5 | 354 |
| Southern | 23.2 | 15.1 | 25.3 | 25.0 | 10.7 | 6.6 | 5.7 | 7.5 | 814 |
| Western | 15.2 | 6.7 | 15.0 | 15.2 | 4.3 | 1.8 | 2.5 | 2.3 | 663 |
| Marital status |  |  |  |  |  |  |  |  |  |
| Never married | 46.8 | 27.2 | 35.8 | 35.2 | 40.2 | 19.3 | 20.5 | 31.1 | 1,897 |
| Currently married | 38.7 | 25.4 | 33.2 | 34.0 | 23.9 | 13.7 | 10.0 | 14.7 | 4,694 |
| Formerly married | 36.8 | 25.4 | 31.9 | 31.3 | 23.9 | 14.1 | 9.9 | 15.0 | 1,067 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 10.3 | 7.3 | 9.8 | 10.0 | 3.6 | 1.7 | 1.5 | 1.4 | 925 |
| Primary | 31.7 | 19.9 | 27.9 | 27.8 | 17.1 | 7.6 | 6.0 | 9.8 | 4,439 |
| Secondary | 67.7 | 42.9 | 53.1 | 54.8 | 55.7 | 32.4 | 28.3 | 41.3 | 2,061 |
| Higher | 85.3 | 60.9 | 66.4 | 61.6 | 83.7 | 59.6 | 43.2 | 60.5 | 234 |
| Total | 40.4 | 25.8 | 33.7 | 33.9 | 27.9 | 15.2 | 12.6 | 18.8 | 7,658 |


| Percentage of men who have heard specific radio and television shows on family planning and HIV in the past few months, by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Radio |  |  |  | Television |  |  |  | Number of men |
|  | Your Health Matters | Lifeline | AIDS and the Family | Our <br> Neighbourhood | Your <br> Health <br> Matters | Lifeline | Soul City | X-plosion |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 46.7 | 19.3 | 24.3 | 35.4 | 31.5 | 12.5 | 15.7 | 27.0 | 459 |
| 20-24 | 64.5 | 37.5 | 43.6 | 51.9 | 46.0 | 23.7 | 25.9 | 37.9 | 346 |
| 25-29 | 65.0 | 35.1 | 48.9 | 53.7 | 36.4 | 20.4 | 15.8 | 26.9 | 361 |
| 30-34 | 63.2 | 40.0 | 50.1 | 56.4 | 37.8 | 22.2 | 15.9 | 27.5 | 281 |
| 35-39 | 67.9 | 47.8 | 51.9 | 59.5 | 32.3 | 20.1 | 14.6 | 23.6 | 241 |
| 40-44 | 64.6 | 37.8 | 54.5 | 53.4 | 33.6 | 22.7 | 13.9 | 22.6 | 174 |
| 45-49 | 62.4 | 40.4 | 48.8 | 55.8 | 37.9 | 23.8 | 17.4 | 26.9 | 113 |
| 50-54 | 65.5 | 42.6 | 49.5 | 52.7 | 45.0 | 24.3 | 15.8 | 20.9 | 100 |
| 55-59 | 43.6 | 30.5 | 43.4 | 46.0 | 16.5 | 13.5 | 4.5 | 5.1 | 71 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 79.4 | 50.0 | 56.8 | 56.5 | 70.8 | 40.9 | 34.5 | 56.1 | 851 |
| Rural | 47.6 | 24.9 | 34.8 | 46.2 | 13.5 | 5.8 | 5.2 | 7.9 | 1,294 |
| Province |  |  |  |  |  |  |  |  |  |
| Central | 70.3 | 38.0 | 59.8 | 67.4 | 46.0 | 23.9 | 19.9 | 29.3 | 165 |
| Copperbelt | 81.2 | 56.4 | 62.0 | 53.4 | 72.9 | 44.0 | 24.4 | 57.1 | 447 |
| Eastern | 57.4 | 12.5 | 28.9 | 60.5 | 15.6 | 3.1 | 6.6 | 9.4 | 268 |
| Luapula | 54.7 | 33.1 | 40.3 | 58.0 | 3.9 | 2.2 | 1.7 | 3.9 | 166 |
| Lusaka | 79.5 | 47.3 | 52.3 | 62.8 | 72.0 | 41.4 | 50.2 | 61.5 | 314 |
| Northern | 54.7 | 45.3 | 49.5 | 44.6 | 12.5 | 9.8 | 8.9 | 11.3 | 292 |
| North-Western | 49.6 | 28.2 | 37.0 | 39.1 | 5.9 | 4.2 | 3.4 | 3.8 | 93 |
| Southern | 29.3 | 4.9 | 15.6 | 30.2 | 20.5 | 3.9 | 2.9 | 4.4 | 232 |
| Western | 26.8 | 15.9 | 21.0 | 21.7 | 7.0 | 2.5 | 3.2 | 3.2 | 169 |
| Marital status |  |  |  |  |  |  |  |  |  |
| Never married | 56.4 | 29.5 | 34.5 | 42.8 | 40.9 | 19.8 | 21.2 | 34.1 | 782 |
| Currently married | 62.8 | 38.2 | 49.2 | 55.5 | 33.2 | 19.2 | 13.5 | 22.7 | 1,248 |
| Formerly married | 58.1 | 35.9 | 44.7 | 44.5 | 37.3 | 25.2 | 24.1 | 26.6 | 116 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 29.2 | 6.6 | 15.6 | 31.1 | 9.0 | 2.2 | 4.1 | 2.0 | 108 |
| Primary | 47.2 | 24.0 | 35.6 | 43.5 | 17.1 | 7.9 | 7.0 | 11.5 | 1,100 |
| Secondary | 77.8 | 48.5 | 54.2 | 61.0 | 58.3 | 31.9 | 29.0 | 45.7 | 808 |
| Higher | 86.7 | 66.0 | 68.6 | 56.8 | 83.9 | 59.2 | 35.4 | 63.6 | 129 |
| Total | 60.2 | 34.9 | 43.6 | 50.3 | 36.2 | 19.8 | 16.8 | 27.0 | 2,145 |

### 5.16 Contact of Non-users with Family Planning Providers

In the 2001-2002 ZDHS survey, women who were not using contraception were asked whether they had attended a health facility in the last year and, if so, whether a staff person at that facility spoke to them about family planning methods. This information is important for determining whether non-users of family planning in Zambia have had an opportunity to receive information about family planning from providers.

Table 5.17 shows that 18 percent of non-users reported that they had visited a health facility and discussed family planning. Staff at health facilities are more likely to discuss family planning with women age 20-44 than with women age 15-19 and 45-49.

The proportion of non-users who visited a health facility and discussed family planning is highest in Eastern province ( 27 percent), followed by Southern (19 percent) and Central provinces (18 percent), and is lowest in Western province (13 percent).

Education level does not seem to have a great impact on the likelihood of women non-users visiting a health facility and discussing family planning.

### 5.17 Discussion about Family Planning with Husband

Although discussion of family planning between husband and wife is not a precondition for adoption of contraception, its absence may be an impediment to use. Inter-spousal communication is thus an important intermediate step along the path to eventual adoption and especially continuation of contraceptive use. Lack of discussion may reflect a lack of personal interest, hostility to the subject, or customary reticence in talking about sex-related matters. To explore this subject, women interviewed in the 2001-2002 ZDHS were asked the number of times they discussed family planning with their husband in the 12 months preceding the survey.

Table 5.18 provides information for currently married women who know of at least one contraceptive method about the number of times family planning was discussed with their husbands in the past year according to age. The 2001-2002 ZDHS data indicate that 37 percent of women reported having discussed family planning with their husband once or twice, and about 33 percent discussed family planning with their husband at least three times. Less than one-third ( 29 percent) never discussed family planning with their husbands in the past year. Women age 35-39 are the most likely to report frequent discussions ( 3 or more times) with their husbands ( 40 percent), while women 15-19 are least likely ( 16 percent).

| Table 5.18 Discussion of family planning with husband |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of currently married women who know a contraceptive method by the number of times they discussed family planning with their husband in the past year, according to current age, Zambia 2001-2002 |  |  |  |  |  |  |
| Number of times family planning was discussed with husband |  |  |  |  |  |  |
| Age | Never | 1-2 | $3+$ | Missing | Total | of women |
| 15-19 | 43.6 | 40.0 | 16.4 | 0.0 | 100.0 | 428 |
| 20-24 | 26.1 | 40.8 | 33.1 | 0.0 | 100.0 | 1,081 |
| 25-29 | 21.7 | 39.6 | 38.4 | 0.4 | 100.0 | 1,051 |
| 30-34 | 24.2 | 39.9 | 35.9 | 0.0 | 100.0 | 754 |
| 35-39 | 28.5 | 31.2 | 39.8 | 0.5 | 100.0 | 589 |
| 40-44 | 35.8 | 32.6 | 31.6 | 0.0 | 100.0 | 443 |
| 45-49 | 51.9 | 27.0 | 21.1 | 0.0 | 100.0 | 314 |
| Total | 29.4 | 37.4 | 33.1 | 0.1 | 100.0 | 4,660 |

### 5.18 Attitudes of Couples toward Family Planning

When couples have a positive attitude toward family planning, they are more likely to adopt a family planning method. In the 2001-2002 ZDHS survey, married women were asked whether they approved of couples using family planning and what they perceived as their husband's attitude toward family planning. This information is important in the formulation of family planning policies because it indicates the extent to which further education and publicity are needed to increase acceptance of family planning. Table 5.19 shows the percent distribution of currently married women who know a contraceptive method, by approval of family planning and their perception of their husband's attitude toward family planning, according to background characteristics. An overwhelming majority ( 87 percent) of married women approve of family planning, with only 10 percent disapproving and 4 percent unsure. Moreover, two-thirds of married women believe their husband approves of family planning, with only 16 percent reporting that their husband disapproves of family planning.

Approval of family planning is higher in urban than rural areas and increases with increasing level of education.

| Table 5.19 Attitudes of couples toward family planning |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of currently married women who know of a method of family planning by approval of family planning and their perception of their husband's attitude toward family planning, according to background characteristics, Zambia 20012002 |  |  |  |  |  |  |  |  |  |
|  | Respondent approves of FP |  |  | Respondent disapproves of FP |  |  | Woman is unsure | Total | Number of women |
| Background characteristic | Both approve | Husband disapproves | Husband's attitude unknown | Husband approves | Both disapprove | Husband's attitude unknown |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 55.6 | 7.9 | 18.3 | 1.8 | 6.4 | 4.3 | 5.7 | 100.0 | 428 |
| 20-24 | 68.1 | 9.0 | 10.1 | 1.5 | 5.6 | 2.3 | 3.5 | 100.0 | 1,081 |
| 25-29 | 70.2 | 10.3 | 10.2 | 1.3 | 4.3 | 1.2 | 2.6 | 100.0 | 1,051 |
| 30-34 | 68.5 | 12.5 | 8.7 | 1.0 | 5.2 | 1.6 | 2.6 | 100.0 | 754 |
| 35-39 | 64.8 | 11.2 | 11.8 | 1.0 | 6.0 | 1.9 | 3.3 | 100.0 | 589 |
| 40-44 | 60.6 | 11.1 | 10.6 | 1.7 | 8.1 | 3.1 | 4.8 | 100.0 | 443 |
| 45-49 | 49.3 | 9.7 | 15.9 | 2.4 | 12.3 | 3.2 | 7.3 | 100.0 | 314 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 77.1 | 9.3 | 7.1 | 1.6 | 3.0 | 0.9 | 1.1 | 100.0 | 1,656 |
| Rural | 58.5 | 10.8 | 13.6 | 1.3 | 7.7 | 2.9 | 5.2 | 100.0 | 3,004 |
| Province |  |  |  |  |  |  |  |  |  |
| Central | 65.4 | 12.5 | 11.2 | 1.3 | 7.1 | 1.8 | 0.7 | 100.0 | 345 |
| Copperbelt | 78.1 | 9.5 | 6.2 | 2.3 | 3.0 | 0.8 | 0.2 | 100.0 | 870 |
| Eastern | 64.3 | 6.0 | 13.9 | 0.8 | 4.2 | 2.8 | 7.9 | 100.0 | 639 |
| Luapula | 47.1 | 13.6 | 22.4 | 1.3 | 8.3 | 3.3 | 4.0 | 100.0 | 394 |
| Lusaka | 76.8 | 8.7 | 7.7 | 1.2 | 2.4 | 0.6 | 2.6 | 100.0 | 638 |
| Northern | 60.7 | 10.2 | 8.8 | 0.9 | 10.1 | 2.9 | 6.4 | 100.0 | 670 |
| North-Western | 61.9 | 11.4 | 9.3 | 2.5 | 12.1 | 2.5 | 0.4 | 100.0 | 212 |
| Southern | 66.1 | 12.6 | 14.3 | 0.9 | 2.4 | 2.2 | 1.5 | 100.0 | 529 |
| Western | 42.3 | 12.6 | 14.3 | 2.2 | 13.7 | 5.3 | 9.5 | 100.0 | 363 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 46.8 | 11.0 | 14.2 | 3.5 | 9.8 | 5.2 | 9.6 | 100.0 | 642 |
| Primary | 61.8 | 11.5 | 13.1 | 1.2 | 6.9 | 2.0 | 3.5 | 100.0 | 2,893 |
| Secondary | 82.9 | 7.3 | 5.3 | 0.6 | 1.9 | 0.9 | 1.0 | 100.0 | 1,004 |
| Higher | 92.6 | 1.4 | 2.2 | 2.7 | 0.0 | 1.1 | 0.0 | 100.0 | 120 |
| Total | 65.1 | 10.3 | 11.3 | 1.4 | 6.0 | 2.2 | 3.7 | 100.0 | 4,660 |

Anne R. Cross

This chapter addresses the principal factors, other than contraception, which affect a woman's risk of becoming pregnant. These factors include marriage, polygyny, sexual intercourse, postpartum amenorrhoea, abstinence from sexual relations, and termination of exposure to pregnancy. Direct measures of the beginning of exposure to the risk of pregnancy and the level of exposure are also discussed in this chapter.

### 6.1 Current Marital Status

Table 6.1 shows data on the current marital status of women and men interviewed in the survey. In this table, the term "married" is intended to mean legal or formal marriage, while "living together" designates an informal union. However, in future tables, the term "currently married" refers to both formal and informal unions.

| Table 6.1 Current marital status |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women and men by current marital status, according to age, Zambia 2001-2002 |  |  |  |  |  |  |  |  |
|  | Marital status |  |  |  |  |  |  | Number <br> of women |
| Age | Never married | Married | Living together | Divorced | Separated | Widowed | Total |  |
| WOMEN |  |  |  |  |  |  |  |  |
| 15-19 | 73.0 | 23.7 | 0.4 | 1.8 | 0.7 | 0.3 | 100.0 | 1,811 |
| 20-24 | 24.6 | 64.6 | 0.6 | 6.9 | 2.5 | 0.7 | 100.0 | 1,664 |
| 25-29 | 8.0 | 75.1 | 1.6 | 8.1 | 3.5 | 3.6 | 100.0 | 1,376 |
| 30-34 | 4.4 | 77.1 | 0.7 | 8.4 | 3.2 | 6.2 | 100.0 | 972 |
| 35-39 | 0.8 | 76.5 | 0.7 | 8.8 | 2.2 | 11.1 | 100.0 | 766 |
| 40-44 | 0.8 | 74.1 | 0.6 | 9.7 | 2.6 | 12.2 | 100.0 | 601 |
| 45-49 | 0.2 | 67.8 | 0.4 | 14.1 | 2.2 | 15.3 | 100.0 | 467 |
| Total | 24.8 | 60.5 | 0.8 | 7.0 | 2.3 | 4.7 | 100.0 | 7,658 |
| MEN |  |  |  |  |  |  |  |  |
| 15-19 | 98.2 | 1.2 | 0.3 | 0.0 | 0.3 | 0.0 | 100.0 | 459 |
| 20-24 | 68.7 | 26.0 | 0.2 | 2.1 | 2.7 | 0.3 | 100.0 | 346 |
| 25-29 | 17.9 | 74.8 | 0.5 | 2.8 | 3.5 | 0.6 | 100.0 | 361 |
| 30-34 | 5.8 | 85.7 | 0.8 | 3.7 | 3.6 | 0.5 | 100.0 | 281 |
| 35-39 | 3.7 | 87.4 | 0.2 | 3.0 | 3.9 | 1.9 | 100.0 | 241 |
| 40-44 | 1.9 | 92.9 | 0.0 | 1.0 | 2.1 | 2.1 | 100.0 | 174 |
| 45-49 | 0.5 | 89.2 | 1.5 | 0.5 | 5.1 | 3.2 | 100.0 | 113 |
| 50-54 | 0.0 | 95.4 | 0.0 | 1.2 | 0.0 | 3.4 | 100.0 | 100 |
| 55-59 | 0.0 | 92.2 | 0.0 | 5.5 | 0.0 | 2.4 | 100.0 | 71 |
| Total | 36.4 | 57.8 | 0.4 | 2.0 | 2.4 | 1.0 | 100.0 | 2,145 |

Marriage and cohabitation are generally considered to be primary indicators of exposure to the risk of pregnancy. In Zambia, however, a union is not prerequisite to childbearing. Many women bear children before entering a stable union. Informal relationships are common, and women may have children in the context of such unions.

Table 6.1 shows that one-fourth of women aged 15-49 in Zambia have never married, while 61 percent are formally married, 1 percent are living together and 14 percent are either widowed, divorced or separated. Marriage occurs relatively early in Zambia and all but a tiny fraction of women eventually marry; less than 1 percent of those age 35 and over have never married. The proportion who are divorced or widowed generally increases with age.

Similar patterns are true for men as well. More than one-third of men aged 15-59 have never married, while 58 percent are married, and 5 percent are either widowed, divorced or separated. Men tend to marry at older ages than women, which is why the overall proportion of men who have never married is higher than for women ( 36 percent of men compared with 25 percent of women).

There has been little change in the distribution by marital status since 1996, except that young men appear to be increasingly likely to marry. Men in their mid- to late twenties and early thirties are more likely to be married in 2001-2002 than men of the same age group in 1996 ( 75 percent and 68 percent, respectively).

### 6.2 Polygyny

Polygyny (the practice of having more than one wife at the same time) has implications for frequency of sexual activity and fertility. Married women were asked whether their husbands had other wives, and if so, how many. Married men were asked whether they had only one or more than one wife or partner with whom they were living.

Table 6.2 shows that 16 percent of married women in Zambia are in polygynous unions. Twelve percent say they have only one co-wife, while 4 percent say they have two or more co-wives. Married men are less likely to report having multiple wives; only 9 percent say they have two or more wives. The discrepancy is due in part to the fact that, by definition, more married women than men are in polygynous unions. It could also be due to differences in classifying girlfriends, i.e., a tendency for women to report their husbands' girlfriends as wives, while their husbands do not.

The level of polygyny increases with age for both women and men. The increase among women is from 8 percent among married women age 15-19 to 24 percent among those age 40-44. Rural women are more likely to be in polygynous unions than urban women. Provincial differences are marked: 30 percent of married women in Southern province are in polygynous unions, compared with 3 percent of women in Copperbelt province. Polygyny is also high in Central, Eastern, Western, and Northern provinces, with more than 20 percent of married women in polygynous unions. Data for men show similar patterns. The prevalence of polygynous unions decreases with increasing education for both women and men.

Overall, the level of polygyny among women has declined from 17 percent in 1996 to 16 percent in 2001-2002, while it has stayed at 9 percent for men.

| Table 6.2 Polygyny |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of currently married women by number of co-wives and percent distribution of currently married men by number of wives, according to background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |  |
| Background characteristic | Married women: number of co-wives |  |  |  |  |  | Married men: number of wives |  |  |  |
|  | 0 | 1 | $2+$ | Missing | Total | Number | 1 | $2+$ | Total | Number |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 91.7 | 6.2 | 1.5 | 0.6 | 100.0 | 438 | * | * | 100.0 | 7 |
| 20-24 | 90.7 | 7.1 | 1.6 | 0.6 | 100.0 | 1,086 | 97.6 | 2.4 | 100.0 | 91 |
| 25-29 | 83.7 | 11.8 | 4.2 | 0.3 | 100.0 | 1,056 | 96.0 | 4.0 | 100.0 | 272 |
| 30-34 | 81.9 | 13.6 | 4.1 | 0.3 | 100.0 | 756 | 91.0 | 9.0 | 100.0 | 243 |
| 35-39 | 77.0 | 15.3 | 7.3 | 0.4 | 100.0 | 591 | 88.9 | 11.1 | 100.0 | 211 |
| 40-44 | 75.6 | 16.0 | 7.8 | 0.6 | 100.0 | 449 | 87.2 | 12.8 | 100.0 | 161 |
| 45-49 | 78.6 | 15.4 | 5.6 | 0.3 | 100.0 | 318 | 86.4 | 13.6 | 100.0 | 103 |
| 50-54 | na | na | na | na | 0.0 | 0 | 87.8 | 12.2 | 100.0 | 95 |
| 55-59 | na | na | na | na | 0.0 | 0 | 85.6 | 14.4 | 100.0 | 65 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 93.8 | 4.7 | 1.0 | 0.5 | 100.0 | 1,662 | 96.8 | 3.2 | 100.0 | 443 |
| Rural | 78.4 | 15.3 | 5.9 | 0.4 | 100.0 | 3,032 | 87.6 | 12.4 | 100.0 | 805 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Central | 79.6 | 13.7 | 6.8 | 0.0 | 100.0 | 346 | 86.9 | 13.1 | 100.0 | 82 |
| Copperbelt | 95.7 | 2.8 | 0.6 | 0.9 | 100.0 | 871 | 99.3 | 0.7 | 100.0 | 235 |
| Eastern | 77.3 | 16.3 | 6.1 | 0.3 | 100.0 | 644 | 85.2 | 14.8 | 100.0 | 184 |
| Luapula | 83.6 | 13.7 | 2.5 | 0.2 | 100.0 | 399 | 91.1 | 8.9 | 100.0 | 113 |
| Lusaka | 94.1 | 4.3 | 1.2 | 0.4 | 100.0 | 640 | 94.7 | 5.3 | 100.0 | 173 |
| Northern | 79.8 | 15.7 | 3.8 | 0.7 | 100.0 | 678 | 90.0 | 10.0 | 100.0 | 178 |
| North-Western | 86.2 | 12.0 | 1.7 | 0.2 | 100.0 | 215 | 93.3 | 6.7 | 100.0 | 52 |
| Southern | 69.9 | 18.2 | 11.7 | 0.2 | 100.0 | 532 | 81.9 | 18.1 | 100.0 | 144 |
| Western | 79.6 | 14.9 | 5.2 | 0.3 | 100.0 | 369 | 91.2 | 8.7 | 100.0 | 86 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 76.6 | 16.6 | 6.7 | 0.2 | 100.0 | 663 | 89.0 | 11.0 | 100.0 | 73 |
| Primary | 82.7 | 12.5 | 4.2 | 0.6 | 100.0 | 2,905 | 87.7 | 12.3 | 100.0 | 642 |
| Secondary | 90.4 | 6.5 | 2.9 | 0.2 | 100.0 | 1,006 | 94.2 | 5.8 | 100.0 | 431 |
| Higher | 96.3 | 2.3 | 1.4 | 0.0 | 100.0 | 120 | 98.3 | 1.7 | 100.0 | 102 |
| Total | 83.8 | 11.6 | 4.2 | 0.4 | 100.0 | 4,694 | 90.9 | 9.1 | 100.0 | 1,248 |
| Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. na $=$ Not applicable |  |  |  |  |  |  |  |  |  |  |

### 6.3 Age at First Marriage

Marriage is closely associated with fertility because it is directly linked to the probability of conception. The age at which a woman first marries is important because it affects the length of time a woman is exposed to the risk of pregnancy during her childbearing years. Early marriage tends to lead to early childbearing and to a greater number of births overall. It also leads to shorter intervals between generations, and, thus higher fertility.

Marriage occurs relatively early in Zambia. Almost half of women are married before age 18 and 70 percent are married by age 20 (Table 6.3). Although the median age at first marriage appears to have risen from 17 among women age 45-49 to almost 19 among women age 20-24, some of this increase could be due to recall error on the part of older respondents. Comparison with data from the 1996 ZDHS shows that the median age at first marriage among women 20-49 has barely changed-from 18.0 to 18.1 .

Table 6.3 Age at first marriage
Percentage of women and men who were first married by specific exact ages, and median age at first marriage, by current age, Zambia 2001-2002

| Current age | Percentage first married by exact age: |  |  |  |  | Percentage never married | Number of women/ men | Median age at first marriage |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 15 | 18 | 20 | 22 | 25 |  |  |  |
| WOMEN |  |  |  |  |  |  |  |  |
| 15-19 | 4.9 | na | na | na | na | 73.0 | 1,811 | a |
| 20-24 | 7.8 | 42.1 | 63.3 | na | na | 24.6 | 1,664 | 18.7 |
| 25-29 | 8.4 | 45.3 | 66.1 | 78.3 | 88.2 | 8.0 | 1,376 | 18.4 |
| 30-34 | 10.3 | 48.4 | 69.1 | 79.9 | 89.3 | 4.4 | 972 | 18.1 |
| 35-39 | 15.4 | 56.8 | 74.0 | 83.8 | 93.5 | 0.8 | 766 | 17.5 |
| 40-44 | 18.0 | 59.7 | 80.2 | 89.3 | 94.5 | 0.8 | 601 | 17.3 |
| 45-49 | 24.6 | 63.7 | 83.3 | 89.6 | 94.2 | 0.2 | 467 | 16.8 |
| 20-49 | 11.7 | 49.4 | 69.7 | 79.5 | 86.5 | 9.8 | 5,847 | 18.1 |
| 25-49 | 13.3 | 52.2 | 72.2 | 82.5 | 91.0 | 4.0 | 4,182 | 17.8 |
| MEN |  |  |  |  |  |  |  |  |
| 15-19 | 0.0 | na | na | na | na | 98.2 | 459 | a |
| 20-24 | 0.0 | 5.3 | 13.0 | na | na | 68.7 | 346 | a |
| 25-29 | 0.0 | 5.0 | 15.4 | 40.3 | 64.9 | 17.9 | 361 | 23.2 |
| 30-34 | 0.0 | 3.5 | 16.8 | 37.3 | 68.1 | 5.8 | 281 | 23.0 |
| 35-39 | 0.6 | 5.2 | 16.1 | 36.5 | 63.6 | 3.7 | 241 | 23.5 |
| 40-44 | 0.2 | 2.8 | 17.0 | 44.0 | 70.3 | 1.9 | 174 | 22.5 |
| 45-49 | 0.0 | 4.2 | 16.9 | 34.0 | 59.7 | 0.5 | 113 | 23.6 |
| 50-54 | 0.4 | 4.4 | 14.7 | 29.4 | 65.2 | 0.0 | 100 | 23.5 |
| 55-59 | 0.0 | 3.0 | 9.3 | 32.6 | 62.3 | 0.0 | 71 | 23.9 |
| 25-59 | 0.2 | 4.2 | 15.8 | 37.7 | 65.5 | 7.0 | 1,341 | 23.2 |

na $=$ Not applicable
${ }^{a}$ Omitted because less than 50 percent of respondents married for the first time before reaching the beginning of the age group

In general, men marry at a later age than women. For example, the median age at first marriage for those age 25-29 years is 18 for women and 23 for men.

Table 6.4 shows differences in the median age at first marriage by background characteristics for women and men. Because of small samples of married respondents, data for women age 15-19 and for men age 15-24 have been omitted.

Urban women marry about one year later than rural women, while the difference for men is about two years. Among both women and men, the median age at first marriage is highest in Western province, followed by Copperbelt and Lusaka. Young marriage is more common in Eastern, Luapula, and NorthWestern provinces. The median age at first marriage is higher among those with at least some secondary education than among those with less education; this pattern is true for women and men.

| Table 6.4 Median age at first marriage |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Median age at first marriage among women 20-49 and among men 25-59, by background characteristics, Zambia 2001 2002 |  |  |  |  |  |  |  |  |  |
|  | Current age |  |  |  |  |  | Women age 20-49 | Women age 25-49 | $\begin{gathered} \text { Men } \\ \text { age } \\ 25-59 \end{gathered}$ |
| characteristic | 20-24 | 25-29 | 30-34 | 35-39 | 40-44 | 45-49 |  |  |  |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 19.9 | 18.9 | 18.9 | 17.7 | 17.5 | 16.7 | 18.7 | 18.3 | 24.5 |
| Rural | 18.0 | 18.0 | 17.7 | 17.4 | 17.2 | 16.8 | 17.7 | 17.6 | 22.6 |
| Province |  |  |  |  |  |  |  |  |  |
| Central | 17.9 | 18.2 | 18.3 | 17.6 | 16.3 | 16.2 | 17.7 | 17.6 | 23.2 |
| Copperbelt | 19.4 | 18.6 | 18.5 | 17.2 | 16.8 | 16.3 | 18.2 | 17.8 | 24.2 |
| Eastern | 17.8 | 17.8 | 17.6 | 17.3 | 17.0 | 17.9 | 17.6 | 17.6 | 22.0 |
| Luapula | 18.0 | 17.8 | 17.8 | 16.5 | (17.1) | 16.3 | 17.4 | 17.2 | 22.9 |
| Lusaka | 19.3 | 18.8 | 19.2 | 17.8 | 17.6 | (16.6) | 18.7 | 18.4 | 23.6 |
| Northern | 18.2 | 17.9 | 17.7 | 17.4 | 17.9 | 17.8 | 17.8 | 17.7 | 23.3 |
| North-Western | 19.2 | 18.0 | 17.4 | 16.9 | 16.4 | 16.4 | 17.6 | 17.2 | 22.6 |
| Southern | 18.7 | 18.6 | 17.9 | 18.8 | 17.2 | (16.3) | 18.1 | 17.9 | 23.0 |
| Western | 19.7 | 20.1 | 19.4 | 19.1 | 18.5 | (17.6) | 19.3 | 19.2 | 24.3 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 17.1 | 17.4 | 16.9 | 16.6 | 16.6 | 16.0 | 16.9 | 16.8 | 21.7 |
| Primary | 17.8 | 17.7 | 17.6 | 17.2 | 17.0 | 16.6 | 17.5 | 17.4 | 22.3 |
| Secondary or higher | a | 21.0 | 20.2 | 20.2 | 19.0 | 19.2 | a | 20.2 | 24.6 |
| Total | 18.7 | 18.4 | 18.1 | 17.5 | 17.3 | 16.8 | 18.1 | 17.8 | 23.2 |
| Note: Figures in parentheses are based on 25-49 unweighted cases. <br> ${ }^{\text {a }}$ Omitted because less than 50 percent of the women married for the first time before the beginning of the age group |  |  |  |  |  |  |  |  |  |

### 6.4 Age at First Sexual Intercourse

While age at first marriage is often used as a proxy for first exposure to intercourse, the two events do not necessarily occur at the same time. Women and men may engage in sexual relations prior to marriage, especially if they are postponing the age at which they marry. In the 2001-2002 ZDHS, women and men were asked how old they were when they first had sexual intercourse.

Table 6.5 shows that the median age at first intercourse is just under 17 years for women and about 18 years for men. Almost 20 percent of women and men report that they had sexual intercourse before age 15 . By age 18, two-thirds of women and about half of men have had sexual intercourse. Among women, the median age at first sex shows a slight increase among younger women, which corroborates the trend over time from 16.4 in 1996 to 16.8 in 2001-2002. Among men, the trend is less clear. Data in Table 6.5 would indicate that age at first sex has been declining among younger men; however, the median age at first sex increased from 16.7 in 1996 to 18.0 in 2001-2002 among men age 25-59.

| Table 6.5 Age at first sexual intercourse |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women and men who had first sexual intercourse by specific exact ages and median age at first intercourse, by current age, Zambia 2001-2002 |  |  |  |  |  |  |  |  |
| Current age |  | Percen first | f wom intercou | nd me e by ex |  | Percentage who never | Number of | Median age at |
|  | 15 | 18 | 20 | 22 | 25 | intercourse | men | intercourse |
| WOMEN |  |  |  |  |  |  |  |  |
| 15-19 | 17.5 | na | na | na | na | 42.7 | 1,811 | a |
| 20-24 | 18.4 | 62.2 | 81.2 | na | na | 5.9 | 1,664 | 17.0 |
| 25-29 | 16.4 | 63.5 | 80.3 | 86.5 | 90.7 | 2.2 | 1,376 | 17.0 |
| 30-34 | 19.5 | 65.4 | 81.9 | 87.9 | 90.9 | 0.6 | 972 | 16.9 |
| 35-39 | 22.9 | 70.8 | 84.1 | 89.8 | 92.6 | 0.1 | 766 | 16.5 |
| 40-44 | 22.4 | 68.5 | 83.2 | 90.0 | 92.0 | 0.0 | 601 | 16.7 |
| 45-49 | 27.3 | 69.8 | 86.2 | 91.0 | 93.8 | 0.0 | 467 | 16.5 |
| 20-49 | 19.8 | 65.4 | 82.1 | 88.3 | 90.9 | 2.3 | 5,847 | 16.8 |
| 25-49 | 20.4 | 66.7 | 82.4 | 88.4 | 91.6 | 0.9 | 4,182 | 16.8 |
| MEN |  |  |  |  |  |  |  |  |
| 15-19 | 27.2 | na | na | na | na | 36.5 | 459 | a |
| 20-24 | 23.9 | 58.8 | 81.5 | na | na | 7.8 | 346 | 17.0 |
| 25-29 | 18.7 | 57.7 | 75.8 | 86.4 | 92.8 | 1.3 | 361 | 16.8 |
| 30-34 | 13.3 | 53.0 | 72.6 | 86.4 | 93.8 | 0.5 | 281 | 17.6 |
| 35-39 | 19.6 | 53.0 | 67.7 | 81.2 | 88.5 | 0.4 | 241 | 17.4 |
| 40-44 | 17.4 | 47.9 | 75.5 | 87.5 | 95.7 | 0.0 | 174 | 18.1 |
| 45-49 | 8.8 | 40.0 | 57.9 | 76.0 | 83.8 | 0.5 | 113 | 18.8 |
| 50-54 | 7.2 | 34.3 | 66.1 | 83.9 | 90.2 | 0.0 | 100 | 18.7 |
| 55-59 | 6.1 | 29.0 | 45.1 | 66.5 | 84.4 | 0.0 | 71 | 20.4 |
| 20-59 | 17.0 | 51.7 | 72.2 | 84.8 | 91.3 | 2.1 | 1,686 | 17.8 |
| 25-59 | 15.2 | 49.8 | 69.8 | 83.5 | 91.2 | 0.6 | 1,341 | 18.0 |
| na $=$ Not applicable <br> ${ }^{\text {a }}$ Omitted because less than 50 percent of the women (men) had intercourse for the first time before reaching the beginning of the age group |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |

Differentials in age at first sex by background characteristics are shown in Table 6.6. Urban women and men have their first sexual experience at slightly older ages than their rural counterparts. Among both women and men, age at first sex appears to be the lowest in North-Western and Western provinces and highest in Northern province. The median age at first sex increases steadily as educational attainment increases.

| Table 6.6 Median age at first sexual intercourse |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Median age at first sexual intercourse among women 20-49 and men 20-59, by current age and background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |  |
|  | Current age |  |  |  |  |  | Women age 20-49 | Women age 25-49 | $\begin{gathered} \text { Men } \\ \text { age } \\ 20-59 \end{gathered}$ | $\begin{gathered} \text { Men } \\ \text { age } \\ 25-59 \end{gathered}$ |
| characteristic | 20-24 | 25-29 | 30-34 | 35-39 | 40-44 | 45-49 |  |  |  |  |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 17.8 | 17.5 | 17.5 | 16.8 | 16.9 | 16.6 | 17.4 | 17.2 | 17.9 | 18.1 |
| Rural | 16.6 | 16.7 | 16.4 | 16.4 | 16.6 | 16.4 | 16.5 | 16.5 | 17.7 | 18.0 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Central | 16.6 | 16.9 | 16.9 | 16.3 | 15.7 | 15.7 | 16.5 | 16.4 | 16.5 | 16.6 |
| Copperbelt | 17.7 | 17.6 | 17.4 | 16.7 | 16.3 | 16.4 | 17.2 | 17.1 | 17.8 | 18.1 |
| Eastern | 16.5 | 16.9 | 16.8 | 16.8 | 16.7 | 17.8 | 16.8 | 16.9 | 18.2 | 18.3 |
| Luapula | 17.0 | 17.0 | 16.7 | 15.9 | (16.9) | 16.1 | 16.7 | 16.6 | 17.9 | 17.7 |
| Lusaka | 17.7 | 17.3 | 17.2 | 16.9 | 17.0 | (16.9) | 17.3 | 17.2 | 17.5 | 17.5 |
| Northern | 17.5 | 17.3 | 17.4 | 16.9 | 17.6 | 17.2 | 17.3 | 17.3 | 18.9 | 19.0 |
| North-Western | 15.6 | 15.4 | 15.0 | 15.3 | 15.4 | 15.0 | 15.3 | 15.3 | 15.9 | 16.0 |
| Southern | 17.5 | 17.1 | 16.7 | 16.7 | 16.8 | (16.2) | 17.1 | 16.8 | 18.4 | 18.5 |
| Western | 15.7 | 16.1 | 15.8 | 16.1 | 16.4 | (16.8) | 16.0 | 16.1 | 16.1 | 16.5 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 16.0 | 16.0 | 16.2 | 15.8 | 15.9 | 15.9 | 16.0 | 16.1 | 16.1 | 16.2 |
| Primary | 16.4 | 16.6 | 16.5 | 16.2 | 16.5 | 16.3 | 16.4 | 16.5 | 17.6 | 17.9 |
| Secondary or higher | 18.4 | 18.3 | 18.2 | 18.1 | 18.0 | 18.3 | 18.3 | 18.2 | 18.0 | 18.2 |
| Total | 17.0 | 17.0 | 16.9 | 16.5 | 16.7 | 16.5 | 16.8 | 16.8 | 17.8 | 18.0 |

Note: Figures in parentheses are based on 25-49 unweighted cases.

### 6.5 Recent Sexual Activity

In the absence of contraception, the probability of pregnancy is related to the frequency of intercourse. Thus, information on sexual activity can be used to refine measures of exposure to pregnancy. Survey results are shown in Table 6.7.1 for women and 6.7.2 for men.

In the 4 weeks before the survey, about half of women age 15-49 years were sexually active, while 23 percent had been sexually active in the previous year but not in the previous month and 12 percent had not been sexually active for more than one year. An additional 12 percent of women had never had sex.

The proportion of women who were sexually active in the 4 weeks before the survey increases with age to a high of almost two-thirds of women age 30-34 years and then declines somewhat. Teenagers and women who are not currently in a marital union are less likely to be sexually active than older women and women who are married or living with a man. The proportion sexually active remains remarkably stable at all marital durations, although it is slightly lower among recently married women than among those married longer.

Women in urban areas are slightly less likely to be sexually active (i.e., over the past 4 weeks) ( 46 percent) than those in rural areas ( 52 percent). The proportion of women who are sexually active is highest in Southern province ( 61 percent) and lowest in Western province ( 45 percent). Education appears to have little effect on the probability of recent sexual activity, although women with more education are more likely to have never been sexually active, presumably because they are younger than less educated women. As expected, women who are using a contraceptive method are more likely to be sexually active than women who are not using any method. Obviously, women who are sexually active are more likely to use a method, but it is also true that those who are using contraception probably feel freer to engage in sex because they are at lower risk of pregnancy.


| Percent distribution of men by timing of last sexual intercourse, according to background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Timing of last sexual intercourse |  |  |  |  |  |  |  |
| Background characteristic | Within the last 4 weeks | Within <br> 1 year ${ }^{1}$ | One or more years ago | Missing | had sexual intercourse | Total | Number of men |
| Age |  |  |  |  |  |  |  |
| 15-19 | 10.8 | 33.5 | 19.2 | 0.0 | 36.5 | 100.0 | 459 |
| 20-24 | 26.3 | 50.1 | 15.8 | 0.0 | 7.8 | 100.0 | 346 |
| 25-29 | 48.4 | 44.6 | 5.3 | 0.4 | 1.3 | 100.0 | 361 |
| 30-34 | 47.5 | 47.3 | 4.7 | 0.0 | 0.5 | 100.0 | 281 |
| 35-39 | 50.4 | 42.9 | 6.3 | 0.0 | 0.4 | 100.0 | 241 |
| 40-44 | 52.4 | 44.9 | 2.7 | 0.0 | 0.0 | 100.0 | 174 |
| 45-49 | 50.5 | 41.5 | 7.5 | 0.0 | 0.5 | 100.0 | 113 |
| 50-54 | 53.0 | 44.7 | 2.3 | 0.0 | 0.0 | 100.0 | 100 |
| 55-59 | 49.6 | 37.3 | 13.0 | 0.0 | 0.0 | 100.0 | 71 |
| Marital status |  |  |  |  |  |  |  |
| Never married | 10.3 | 42.3 | 21.4 | 0.2 | 25.9 | 100.0 | 782 |
| Married or living together | 56.2 | 42.4 | 1.4 | 0.0 | 0.0 | 100.0 | 1,248 |
| Divorced/separated/widowed | 21.7 | 52.7 | 25.7 | 0.0 | 0.0 | 100.0 | 116 |
| Marital duration ${ }^{2}$ |  |  |  |  |  |  |  |
| Married only once |  |  |  |  |  |  |  |
| 0-4 years | 62.4 | 35.7 | 1.8 | 0.0 | 0.0 | 100.0 | 243 |
| 5-9 years | 50.8 | 49.2 | 0.0 | 0.0 | 0.0 | 100.0 | 196 |
| 10-14 years | 55.2 | 44.1 | 0.7 | 0.0 | 0.0 | 100.0 | 153 |
| 15-19 years | 60.8 | 37.8 | 1.4 | 0.0 | 0.0 | 100.0 | 104 |
| 20-24 years | 47.1 | 49.9 | 3.0 | 0.0 | 0.0 | 100.0 | 86 |
| $25+$ years | 63.3 | 32.2 | 4.5 | 0.0 | 0.0 | 100.0 | 94 |
| Married more than once | 54.3 | 44.6 | 1.1 | 0.0 | 0.0 | 100.0 | 372 |
| Residence |  |  |  |  |  |  |  |
| Urban | 33.4 | 45.4 | 14.1 | 0.2 | 6.9 | 100.0 | 851 |
| Rural | 40.4 | 41.3 | 7.3 | 0.0 | 11.1 | 100.0 | 1,294 |
| Province |  |  |  |  |  |  |  |
| Central | 28.6 | 43.8 | 17.0 | 0.0 | 10.5 | 100.0 | 165 |
| Copperbelt | 29.7 | 48.1 | 15.0 | 0.0 | 7.1 | 100.0 | 447 |
| Eastern | 35.2 | 49.6 | 7.0 | 0.0 | 8.2 | 100.0 | 268 |
| Luapula | 55.2 | 28.7 | 6.1 | 0.0 | 9.9 | 100.0 | 166 |
| Lusaka | 38.9 | 42.7 | 10.0 | 0.4 | 7.9 | 100.0 | 314 |
| Northern | 32.7 | 43.7 | 9.2 | 0.0 | 14.4 | 100.0 | 292 |
| North-Western | 47.1 | 32.8 | 9.7 | 0.0 | 10.5 | 100.0 | 93 |
| Southern | 43.9 | 40.5 | 4.9 | 0.0 | 10.7 | 100.0 | 232 |
| Western | 45.9 | 39.5 | 7.0 | 0.0 | 7.6 | 100.0 | 169 |
| Education |  |  |  |  |  |  |  |
| No education | 40.7 | 44.1 | 5.1 | 0.0 | 10.0 | 100.0 | 108 |
| Primary | 40.1 | 41.0 | 7.5 | 0.0 | 11.4 | 100.0 | 1,100 |
| Secondary | 32.6 | 45.9 | 13.7 | 0.0 | 7.7 | 100.0 | 808 |
| Higher | 45.1 | 39.3 | 12.2 | 1.0 | 2.5 | 100.0 | 129 |
| Total | 37.6 | 42.9 | 10.0 | 0.1 | 9.4 | 100.0 | 2,145 |
| ${ }^{1}$ Excludes men who had sexual intercourse within the last 4 weeks <br> ${ }^{2}$ Excludes men who are not currently married |  |  |  |  |  |  |  |

Almost four in ten ( 38 percent) of the men interviewed were sexually active in the 4 weeks before the survey, while 43 percent had had sex in the previous year but not in the previous month. Ten percent had not been sexually active in the previous year and 9 percent had never had sex. As with women, sexual activity increases with age among men, with the highest level among men in their 40s and early 50s. Men in union are much more likely to be sexually active than those never in union. Men in urban areas are less likely to be sexually active than men in rural areas ( 33 and 40 percent, respectively). Recent sexual activity is highest in Luapula province ( 55 percent), followed by North-Western and Western provinces. The lowest rates of recent sexual activity are in Central and Copperbelt provinces. As with women, there is no clear pattern of sexual activity by education.

Comparison of data from the 2001-2002 ZDHS and the 1996 ZDHS shows a substantial decrease in the level of recent sexual activity among young men: the proportion who were sexually active in the 4 weeks before the survey dropped by half among those age 15-19 and 20-24 and decreased by one-third among men age 30-34.

### 6.6 Postpartum Amenorrhoea, Abstinence and Insusceptibility

Postpartum protection from conception can be prolonged by breastfeeding, which can lengthen the duration of amenorrhoea. Delaying the resumption of sexual relations can also prolong protection.

As shown in Table 6.8, a majority of women are amenorrhoeic for at least 12 months after delivering, with a median duration of amenorrhoea of 13 months. The median duration of postpartum abstinence is much lowerless than 5 months. Taking these two factors together shows that the median duration of postpartum insusceptibility to pregnancy is 15 months (i.e., median duration of protection due to either amenorrhoea or postpartum abstinence). By 12-13 months after birth, 55 percent of women remain amenorrhoeic and 63 percent are insusceptible to pregnancy, but only 17 percent are abstaining from sexual relations.

A comparison of data from the 1996 and 2001-2002 ZDHS surveys indicates that there has been a slight increase in the median duration of postpartum amenorrhoea, from 11.5 months to 13.3 months. This is likely due to longer duration of breastfeeding (see Chapter 11). There has been little change in duration of postpartum abstinence or insusceptibility.

| Table 6.8 Postpartum amenorrhoea, abstinence and insusceptibility |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Percentage of births in the three years preceding the survey for which mothers are postpartum amenorrhoeic, abstaining, and insusceptible, by number of months since birth, and median and mean durations, Zambia 2001-2002 |  |  |  |  |
|  | $\stackrel{\mathrm{Pe}}{\text { for }}$ | centage of birth hich the moth |  |  |
| Months since birth | Amenorrhoeic | Abstaining | Insuscep- <br> tible | $\begin{gathered} \text { Number } \\ \text { of } \\ \text { births } \end{gathered}$ |
| <2 | 97.9 | 95.1 | 99.4 | 163 |
| 2-3 | 86.4 | 68.1 | 91.9 | 269 |
| 4-5 | 83.7 | 47.1 | 88.7 | 221 |
| 6-7 | 72.3 | 36.9 | 77.6 | 213 |
| 8-9 | 70.1 | 30.3 | 76.5 | 217 |
| 10-11 | 67.9 | 24.0 | 71.5 | 211 |
| 12-13 | 54.9 | 16.5 | 62.9 | 234 |
| 14-15 | 44.4 | 20.4 | 54.5 | 244 |
| 16-17 | 28.9 | 19.7 | 39.1 | 242 |
| 18-19 | 22.9 | 13.8 | 31.3 | 239 |
| 20-21 | 24.5 | 14.0 | 31.9 | 217 |
| 22-23 | 14.6 | 10.0 | 21.8 | 261 |
| 24-25 | 6.2 | 12.9 | 17.9 | 199 |
| 26-27 | 5.0 | 8.7 | 12.2 | 229 |
| 28-29 | 1.2 | 5.3 | 6.1 | 233 |
| 30-31 | 0.7 | 7.5 | 8.0 | 249 |
| 32-33 | 1.3 | 4.5 | 5.4 | 234 |
| 34-35 | 0.4 | 8.1 | 8.3 | 195 |
| Total | 37.1 | 23.7 | 44.0 | 4,069 |
| Median | 13.3 | 4.8 | 14.9 | na |
| Mean | 13.9 | 9.1 | 16.3 | na |
| Note: Estimates are based on status at the time of the survey. na $=$ Not applicable |  |  |  |  |

Table 6.9 shows the median durations of postpartum amenorrhoea, abstinence and insusceptibility by background characteristics. The duration of amenorrhoea is considerably shorter among urban women than among rural women, and it is considerably shorter among mothers in Lusaka and mothers with more education. The median duration of postpartum abstinence is particularly long for mothers in Western province, which is the main reason why they also have a relatively high median duration of insusceptibility to pregnancy.

| Table 6.9 Median duration of postpartum insusceptibility by background characteristics |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Median number of months of postpartum amenorrhoea, postpartum abstinence, and postpartum insusceptibility following births in the three years preceding the survey, by background characteristics, Zambia 20012002 |  |  |  |  |
|  | Postpartum amenorrhoea | Postpartum abstinence | Postpartum insusceptibility | Number of births |
| Mother's age |  |  |  |  |
| 15-29 | 12.7 | 4.9 | 14.5 | 2,778 |
| 30-49 | 14.6 | 4.5 | 15.7 | 1,291 |
| Residence |  |  |  |  |
| Urban | 9.9 | 4.6 | 12.9 | 1,230 |
| Rural | 14.4 | 4.9 | 15.9 | 2,839 |
| Province |  |  |  |  |
| Central | 12.5 | 4.1 | 13.1 | 311 |
| Copperbelt | 11.4 | 4.2 | 13.0 | 641 |
| Eastern | 14.1 | 5.3 | 15.3 | 568 |
| Luapula | 13.8 | 2.6 | 14.5 | 390 |
| Lusaka | 9.1 | 5.0 | 10.9 | 469 |
| Northern | 15.0 | 5.8 | 16.2 | 642 |
| North-Western | 15.4 | 5.7 | 17.9 | 217 |
| Southern | 14.3 | 3.5 | 16.2 | 452 |
| Western | 14.4 | 10.4 | 19.4 | 379 |
| Mother's education |  |  |  |  |
| No education | 15.5 | 5.6 | 16.7 | 602 |
| Primary | 13.9 | 4.7 | 15.3 | 2,595 |
| Secondary | 10.0 | 4.6 | 12.6 | 818 |
| Higher | 3.7 | 4.2 | 6.7 | 54 |
| Total | 13.3 | 4.8 | 14.9 | 4,069 |

Note: Medians are based on status at the time of the survey.

### 6.7 Menopause

Another factor influencing the risk of pregnancy among women is menopause. In the context of the available survey data, women are considered menopausal if they are neither pregnant nor postpartum amenorrhoeic, but have not had a menstrual period in the six months preceding the survey (Table 6.10). As expected, the proportion of women who are menopausal increases with age from 2 percent for women age 30-34 to 40 percent for women age 48-49.

Table 6.10 Menopause
Percentage of women age 30-49 who are menopausal, by age, Zambia 2001-2002

| Age | Percentage <br> menopausal $^{1}$ | Number <br> of <br> women |
| :--- | :---: | :---: |
| $30-34$ | 1.5 | 972 |
| $35-39$ | 2.9 | 766 |
| $40-41$ | 5.6 | 225 |
| $42-43$ | 6.9 | 265 |
| $44-45$ | 16.0 | 216 |
| $46-47$ | 34.8 | 197 |
| $48-49$ | 39.7 | 166 |
| Total | 8.4 | 2,807 |

${ }^{1}$ Percentage of all women who are not pregnant and not postpartum amenorrhoeic whose last menstrual period occurred six or more months preceding the survey

# FERTILITY PREFERENCES AND UNMET NEED FOR FAMILY PLANNING 

Margaret T. Mwanamwenge and Richard Banda

Information on the fertility preferences of men and women provides family planning programmes with an assessment of trends in ideals about family size, the prevailing need for contraception, and the extent of unwanted and mistimed pregnancies. Data on fertility preferences can also be useful as an indicator of future fertility trends.

In the 2001-2002 ZDHS, women and men were asked a series of questions to ascertain their fertility preferences, including their desire to have another child, the length of time they would like to wait before having another child, and what they consider to be the ideal number of children. These data make it possible to quantify fertility preferences and, in combination with data on contraceptive use, allow estimation of the unmet need for family planning, both for spacing and limiting births.

Interpretation of results on fertility preferences is the subject of controversy since it is understood that respondents' reported preferences are, in most cases, hypothetical and thus subject to change and rationalisation.

### 7.1 Desire for More Children

Figure 7.1 shows that 60 percent of all currently married women want to have another child, with 21 percent wanting to have a child within 2 years and 37 percent of women preferring to wait for 2 or more years. This indicates a potential need for family planning services for spacing. One-third of married women want no more children, while 4 percent are either sterilised or declared infecund.

Figure 7.1 Fertility Preferences of Currently Married Women 15-49


Table 7.1 shows fertility preferences among currently married women and men by number of children at the time of survey. The table also shows disparities in the desire for more children between women and men, with more men than women desiring another child regardless of the number of surviving children. Overall, 67 percent of married men want another child, compared with only 60 percent of married women. Men are also more likely to want their next child soon, whereas women are more likely to want to wait two years for their next child. For example, 13 percent of married women with four children want another child within 2 years, compared with 32 percent of men with the same number of children.

| Percent distribution of currently married women and currently married men by desire for children, according to number of living children, Zambia 2001-2002 |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Num | of livin | ildren ${ }^{1}$ |  |  |  |
| Desire for children | 0 | 1 | 2 | 3 | 4 | 5 | 6+ | men |
| WOMEN |  |  |  |  |  |  |  |  |
| Have another soon ${ }^{2}$ | 85.2 | 33.0 | 20.7 | 16.8 | 13.4 | 7.7 | 3.2 | 20.5 |
| Have another later ${ }^{3}$ | 5.1 | 57.4 | 53.6 | 48.7 | 36.5 | 27.4 | 11.0 | 37.4 |
| Have another, undecided when | 3.0 | 3.3 | 2.9 | 2.5 | 2.1 | 1.8 | 0.5 | 2.2 |
| Undecided | 1.5 | 1.2 | 1.9 | 2.6 | 4.7 | 4.2 | 2.3 | 2.5 |
| Want no more | 1.4 | 4.0 | 18.4 | 26.7 | 40.6 | 53.9 | 74.1 | 33.5 |
| Sterilised ${ }^{4}$ | 0.0 | 0.2 | 0.5 | 1.2 | 1.4 | 3.2 | 6.2 | 2.0 |
| Declared infecund | 3.8 | 0.9 | 1.8 | 1.1 | 0.9 | 1.5 | 2.3 | 1.6 |
| Missing | 0.0 | 0.0 | 0.3 | 0.3 | 0.3 | 0.3 | 0.3 | 0.2 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100 |
| Number | 282 | 829 | 851 | 754 | 587 | 449 | 941 | 4,694 |
| MEN |  |  |  |  |  |  |  |  |
| Have another soon | 88.4 | 49.9 | 37.2 | 31.7 | 32.2 | 26.9 | 21.1 | 35.2 |
| Have another later | 3.9 | 39.8 | 44.2 | 38.2 | 34.9 | 18.3 | 12.1 | 27.2 |
| Have another, undecided when | 5.4 | 4.5 | 4.2 | 4.5 | 3.3 | 4.7 | 3.7 | 4.2 |
| Undecided | 0.0 | 1.7 | 1.3 | 4.7 | 3.5 | 0.9 | 2.3 | 2.3 |
| Want no more | 2.3 | 4.0 | 13.1 | 20.5 | 26.1 | 49.3 | 60.1 | 31.0 |
| Declared infecund | 0.0 | 0.0 | 0.0 | 0.3 | 0.0 | 0.0 | 0.6 | 0.2 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100 |
| Number | 81 | 171 | 189 | 175 | 146 | 120 | 366 | 1,248 |
| ${ }^{1}$ Includes current pregnancy <br> ${ }^{2}$ Wants next birth within 2 years <br> ${ }^{3}$ Wants to delay next birth for 2 or more years <br> ${ }^{4}$ Includes both female and male sterilisation |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |

According to the results of the 2001-2002 ZDHS, women who want to have their first child soon has remained stable when compared with the 1996 ZDHS. However, there is a large increase in the proportion of men who want their first child soon between 1996 and 2001-2002 ZDHS ( 58 percent and 88 percent, respectively). This large change, which seems unexpected, deserves further investigation, but may reflect variability due to the small number of men in the category.

Thirty-six percent of married women and 31 percent of men want no more children or have been sterilised. The desire to end childbearing increases with the number of living children, increasing from 4 percent for women with only one child to 80 percent for women with 6 or more children (Figure 7.2). The desire to end childbearing for men increases from 4 percent for men with only one child to 60 percent for men with 6 or more children.

The above results show an increase in the desire to end childbearing, from 29 percent of married women and 24 percent of married men in 1996 to 36 percent of married women and 31 percent of married men in 2001-2002. The increase in the desire to end childbearing is particularly striking among women and men with 6 or more children; for women, this figure increased from 68 to 80 percent, while for men it increased from 44 to 60 percent.


### 7.2 Desire to Limit Childbearing by Background Characteristics

Table 7.2 shows the percentage of currently married women who want no more children or are sterilised by number of living children and background characteristics and the percentage of currently married men who want no more children by background characteristics. The table shows that urban women are more likely than rural women to want no more children regardless of the number of children they already have. Overall, 45 percent of urban women do not want any more children, compared with 31 percent of their rural counterparts.

Copperbelt, Lusaka, and Central provinces lead in the proportion of women who wish to stop having children, while Western province has the lowest proportion of women who wish to limit the number of children that they have.

The percentage of women who do not want any more children increases with the increase in the level of education. The 2001-2002 ZDHS shows that 40 percent of women with secondary or higher education do not want any more children compared with 31 percent of women without any education. The differences are especially striking when the number of living children is taken into account. For example, among women with three children, only 15 percent of uneducated women want no more, compared with 46 percent of those with secondary or higher schooling (Figure 7.3).

| Table 7.2 Desire to limit childbearing |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of currently married women who want no more children or are sterilised, by number of living children and background characteristics, and percentage of currently married men who want no more children, by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |
| Background characteristic | Number of living children ${ }^{1}$ |  |  |  |  |  |  | All women | All men |
|  | 0 | 1 | 2 | 3 | 4 | 5 | $6+$ |  |  |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 2.5 | 5.4 | 28.8 | 50.2 | 57.0 | 78.5 | 93.5 | 44.7 | 40.2 |
| Rural | 0.8 | 3.4 | 12.0 | 16.3 | 33.6 | 46.1 | 74.9 | 30.5 | 25.9 |
| Province |  |  |  |  |  |  |  |  |  |
| Central | 5.7 | 3.7 | 17.0 | 33.7 | 53.0 | (52.6) | 88.3 | 40.9 | 35.8 |
| Copperbelt | (0.0) | 6.4 | 30.9 | 45.8 | 50.6 | (75.5) | 91.3 | 46.4 | 45.0 |
| Eastern | 0.0 | 2.6 | 17.1 | 21.4 | 48.6 | 59.3 | 80.7 | 33.2 | 30.1 |
| Luapula | (0.0) | 1.2 | 7.7 | 4.1 | (19.1) | * | 78.3 | 23.6 | 21.1 |
| Lusaka | 2.7 | 7.8 | 23.9 | 57.0 | (58.2) | 71.1 | 92.5 | 42.0 | 39.4 |
| Northern | 0.0 | 3.8 | 9.1 | 11.8 | 33.0 | 42.0 | 75.4 | 30.3 | 22.0 |
| North-Western | (5.9) | 6.5 | 8.3 | 16.0 | 19.7 | 47.7 | 69.4 | 30.7 | 20.9 |
| Southern | (0.0) | 1.4 | 23.2 | 23.6 | 45.3 | (58.5) | 74.6 | 37.2 | 26.0 |
| Western | (3.7) | 1.7 | 11.4 | 15.9 | (14.6) | (38.6) | 57.4 | 20.7 | 18.7 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 3.6 | 3.1 | 6.6 | 14.8 | 27.2 | 45.7 | 76.3 | 30.9 | 19.8 |
| Primary | 1.1 | 3.0 | 16.1 | 23.7 | 38.8 | 55.5 | 78.7 | 35.0 | 26.6 |
| Secondary+ | 0.9 | 6.8 | 28.8 | 45.8 | 59.8 | 70.9 | 92.3 | 39.8 | 37.8 |
| All women | 1.4 | 4.2 | 18.9 | 28.0 | 42.0 | 57.1 | 80.2 | 35.5 | na |
| All men | 2.3 | 4.0 | 13.1 | 20.5 | 26.1 | 49.3 | 60.1 | na | 31.0 |
| Note: Women who have been sterilised are considered to want no more children. Figures in parentheses are based on |  |  |  |  |  |  |  |  |  |
| 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. |  |  |  |  |  |  |  |  |  |
| na $=$ Not applicable <br> ${ }^{1}$ Includes current pregnancy |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |

Figure 7.3 Percentage of Women with Three Living Children Who Do Not Want Additional Children, by Background Characteristics


### 7.3 Unmet Need for Family Planning

Women who say either that they do not want any more children or that they want to wait two or more years before having another child, but are not using contraception, are considered to have an unmet need for family planning. Women who are using family planning methods are said to have a met need for family planning. Women with unmet need and met need together constitute the total demand for family planning, which can be categorised based on whether the need is for spacing or limiting births.

Table 7.3 shows the proportions of currently married women with unmet need and met need, and the total demand for family planning by background characteristics, according to intention to space or limit births. The data show that 27 percent of married women have unmet need for family planning, the same proportion as in 1996. Unmet need for spacing is greater than unmet need for limiting children (17 percent and 11 percent, respectively). Comparing data from the 1996 and 2001-2002 ZDHS surveys, unmet need for spacing has declined somewhat (from 19 percent to 17 percent), while unmet need for limiting has increased (from 8 percent to 11 percent). Unmet need generally rises with age, falling off at the oldest age group. As expected, younger women (15-29) have a higher unmet need for spacing, while the unmet need for limiting births is higher in older women (35-49).

The table indicates that rural women have a higher unmet need for family planning ( 29 percent) compared with their urban counterparts ( 26 percent). It is interesting to note that whereas rural women have a higher unmet need for spacing (19 percent) compared with urban women ( 14 percent), urban women have a higher unmet need for limiting ( 12 percent) compared with rural women ( 10 percent).

Unmet need for family planning is highest in Southern and Central provinces (34 percent and 33 percent) and lowest in Luapula (19 percent). Lusaka, Luapula and Copperbelt lead the rest of the provinces with a satisfied demand for family planning of above 60 percent. Central province has the lowest satisfied demand of all provinces ( 44 percent).

Women with higher than secondary education have a lower unmet need for family planning (16 percent) compared with women with no education and those with primary education whose unmet need for family planning is 27 percent and 29 percent, respectively. Total demand for family planning increases with women's education level. The demand satisfied follows the same pattern. Overall, the percentage of demand satisfied ranges from 46 percent for women with no education to 79 percent for women with higher education.

Much of the unmet need for family planning in Zambia results from women's fear of the health side effects associated with contraceptive methods, especially the pill and injectables. Studies indicate that fear of side effects prevents many women from using modern methods of contraception (Population Council, 1998).

## Table 7.3 Need for family planning

Percentage of currently married women with unmet need for family planning, and with met need for family planning, and the total demand for family planning, by background characteristics, Zambia 2001-2002

| Background characteristic | Unmet need for family planning ${ }^{1}$ |  |  | Met need for family planning (currently using) ${ }^{2}$ |  |  | Total demand for family planning ${ }^{3}$ |  |  | Percentage of demand satisfied | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | For spacing | For limiting | Total | For spacing | For limiting | Total | For spacing | For limiting | Total |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 21.3 | 1.4 | 22.8 | 25.4 | 0.2 | 25.5 | 46.7 | 1.6 | 48.3 | 52.9 | 438 |
| 20-24 | 25.3 | 2.5 | 27.8 | 28.2 | 3.4 | 31.6 | 53.5 | 5.9 | 59.4 | 53.2 | 1,086 |
| 25-29 | 20.6 | 6.1 | 26.7 | 25.5 | 10.9 | 36.4 | 46.1 | 17.1 | 63.1 | 57.7 | 1,056 |
| 30-34 | 15.1 | 9.6 | 24.7 | 19.9 | 24.1 | 44.0 | 35.0 | 33.7 | 68.7 | 64.1 | 756 |
| 35-39 | 10.8 | 21.0 | 31.9 | 9.1 | 27.8 | 36.9 | 19.9 | 48.8 | 68.8 | 53.6 | 591 |
| 40-44 | 5.2 | 30.1 | 35.3 | 2.6 | 32.3 | 34.9 | 7.9 | 62.4 | 70.2 | 49.7 | 449 |
| 45-49 | 0.8 | 21.1 | 21.9 | 0.3 | 18.1 | 18.4 | 1.0 | 39.2 | 40.3 | 45.7 | 318 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 13.6 | 11.9 | 25.5 | 22.6 | 23.1 | 45.7 | 36.2 | 35.0 | 71.2 | 64.2 | 1,662 |
| Rural | 18.6 | 9.9 | 28.5 | 17.4 | 10.5 | 27.9 | 36.0 | 20.4 | 56.4 | 49.5 | 3,032 |
| Province |  |  |  |  |  |  |  |  |  |  |  |
| Central | 19.0 | 14.1 | 33.0 | 13.1 | 12.6 | 25.7 | 32.1 | 26.6 | 58.8 | 43.8 | 346 |
| Copperbelt | 15.1 | 11.9 | 27.0 | 21.1 | 24.0 | 45.1 | 36.2 | 35.8 | 72.1 | 62.6 | 871 |
| Eastern | 19.5 | 10.8 | 30.3 | 17.4 | 12.1 | 29.5 | 36.9 | 22.9 | 59.7 | 49.3 | 644 |
| Luapula | 11.4 | 7.5 | 18.9 | 23.4 | 8.5 | 31.8 | 34.8 | 15.9 | 50.7 | 62.7 | 399 |
| Lusaka | 14.2 | 12.8 | 27.0 | 25.8 | 21.3 | 47.1 | 40.0 | 34.1 | 74.2 | 63.6 | 640 |
| Northern | 16.9 | 7.3 | 24.2 | 18.3 | 13.4 | 31.7 | 35.3 | 20.7 | 56.0 | 56.7 | 678 |
| North-Western | 18.1 | 7.7 | 25.8 | 16.1 | 12.1 | 28.2 | 34.2 | 19.8 | 54.0 | 52.2 | 215 |
| Southern | 20.3 | 13.4 | 33.8 | 16.2 | 12.3 | 28.6 | 36.6 | 25.8 | 62.3 | 45.8 | 532 |
| Western | 18.5 | 7.2 | 25.6 | 15.7 | 5.2 | 20.9 | 34.2 | 12.4 | 46.6 | 45.0 | 369 |
| Education |  |  |  |  |  |  |  |  |  |  |  |
| No education | 17.1 | 10.1 | 27.2 | 13.0 | 10.1 | 23.2 | 30.1 | 20.3 | 50.4 | 46.0 | 663 |
| Primary | 18.1 | 11.1 | 29.2 | 18.1 | 12.9 | 30.9 | 36.2 | 23.9 | 60.1 | 51.4 | 2,905 |
| Secondary | 14.1 | 9.7 | 23.8 | 26.3 | 21.2 | 47.6 | 40.4 | 30.9 | 71.4 | 66.7 | 1,006 |
| Higher | 6.7 | 9.7 | 16.4 | 23.0 | 39.8 | 62.8 | 29.7 | 49.5 | 79.2 | 79.3 | 120 |
| Currently married women | 16.8 | 10.6 | 27.4 | 19.2 | 15.0 | 34.2 | 36.1 | 25.6 | 61.6 | 55.5 | 4,694 |
| Unmarried women | 3.1 | 0.7 | 3.8 | 6.6 | 2.9 | 9.5 | 9.8 | 3.6 | 13.3 | 71.4 | 2,964 |
| All women | 11.5 | 6.8 | 18.3 | 14.4 | 10.3 | 24.6 | 25.9 | 17.0 | 42.9 | 57.4 | 7,658 |

${ }^{1}$ Unmet need for spacing includes pregnant women whose pregnancy was mistimed, amenorrhoeic women who are not using family planning and whose last birth was mistimed, and fecund women who are neither pregnant nor amenorrhoeic and who are not using any method of family planning and say they want to wait two or more years for their next birth. Also included in unmet need for spacing are fecund women who are not using any method of family planning and say they are unsure whether they want another child or who want another child but are unsure when to have the birth unless they say it would not be a problem if they discovered they were pregnant in the next few weeks. Unmet need for limiting refers to pregnant women whose pregnancy was unwanted, amenorrhoeic women whose last child was unwanted, and to fecund women who are neither pregnant nor amenorrhoeic and who are not using any method of family planning and who want no more children. Excluded from the unmet need category are pregnant and amenorrhoeic women who became pregnant while using a method (these women are in need of better contraception).
${ }^{2}$ Using for spacing is defined as women who are using some method of family planning and say they want to delay their next child or are undecided whether to have another. Using for limiting is defined as women who are using and who want no more children. Note that the specific methods used are not taken into account.

Figure 7.4 Unmet Need for Spacing and Limiting among Currently Married Women, by Residence and Region


### 7.4 Ideal Family Size

Information on what men and women believe to be their ideal family size was elicited through two questions. Respondents who had no children were asked, "How many children would you like to have if you could choose the number of children to have?" Respondents who had children were asked, "If you could go back to the time you did not have any children, how many children would you have if you could choose the number of children to have. Even though these questions are based on hypothetical situations, they give an idea of the total number of children women who have not started childbearing will have in the future, while among older and high parity women, these data provide a measure of the level of unwanted fertility.

Table 7.4 shows that 94 percent of all women and 93 percent of all men gave a numeric response to the question. The remaining 6 percent and 7 percent respectively gave responses such as "any number," "it's up to God," or "do not know."

Generally, men prefer larger families than women. Forty-two percent of men would like to have at least 6 children, compared with 28 percent of women. Less than 1 percent of all women and men do not want to have a child at all. For women with one child, 16 percent would like to have at least 6 children compared with 42 percent for those with 4 children and 54 percent for those who already have 6 children. This pattern is similar to that of men, though the percentages are higher for men at every given number of living children.

| Table 7.4 Ideal and actual number of children |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of all women and all men by ideal number of children and mean ideal number of children for all women and for all men and for currently married women and currently married men, according to number of living children, Zambia 2001-2002 |  |  |  |  |  |  |  |  |
|  | Number of living children ${ }^{1}$ |  |  |  |  |  |  |  |
| Ideal number of children | 0 | 1 | 2 | 3 | 4 | 5 | 6+ |  |
| WOMEN |  |  |  |  |  |  |  |  |
| 0 | 0.9 | 0.2 | 0.0 | 0.1 | 0.0 | 0.2 | 0.4 | 0.3 |
| 1 | 1.2 | 3.1 | 0.5 | 0.5 | 0.9 | 0.3 | 0.8 | 1.2 |
| 2 | 19.5 | 14.0 | 10.3 | 5.2 | 2.9 | 2.7 | 3.5 | 10.4 |
| 3 | 17.6 | 21.6 | 11.7 | 9.4 | 3.3 | 4.4 | 3.2 | 12.1 |
| 4 | 28.6 | 27.3 | 33.1 | 27.4 | 27.0 | 14.8 | 16.6 | 26.0 |
| 5 | 13.4 | 14.0 | 19.6 | 22.6 | 18.0 | 20.6 | 12.4 | 16.3 |
| 6+ | 12.2 | 15.5 | 20.2 | 30.1 | 42.2 | 49.8 | 53.8 | 27.6 |
| Non-numeric responses | 6.8 | 4.3 | 4.5 | 4.6 | 5.8 | 7.2 | 9.2 | 6.0 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number | 1,878 | 1,371 | 1,107 | 945 | 696 | 545 | 1,116 | 7,658 |
| Mean ideal number children for: |  |  |  |  |  |  |  |  |
| All women | 3.9 | 4.0 | 4.5 | 4.9 | 5.4 | 5.8 | 6.2 | 4.7 |
| Number | 1,751 | 1,312 | 1,057 | 902 | 655 | 506 | 1,013 | 7,195 |
| Currently married women | 4.4 | 4.2 | 4.5 | 4.9 | 5.4 | 5.9 | 6.2 | 5.1 |
| Number | 259 | 792 | 816 | 718 | 554 | 419 | 858 | 4,416 |
| MEN |  |  |  |  |  |  |  |  |
| 0 | 0.2 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 |
| 1 | 0.4 | 1.2 | 1.0 | 1.0 | 0.0 | 0.0 | 0.4 | 0.6 |
| 2 | 8.3 | 6.2 | 9.3 | 13.2 | 8.5 | 2.0 | 2.1 | 7.1 |
| 3 | 10.7 | 14.6 | 9.2 | 7.3 | 4.1 | 3.7 | 4.4 | 8.7 |
| 4 | 21.3 | 21.5 | 20.2 | 13.5 | 13.1 | 9.0 | 11.2 | 17.5 |
| 5 | 9.7 | 14.1 | 10.9 | 8.0 | 5.4 | 10.5 | 4.9 | 9.1 |
| 6+ | 30.0 | 30.6 | 31.6 | 45.1 | 58.3 | 66.8 | 63.8 | 41.6 |
| Non-numeric responses | 8.5 | 4.3 | 5.3 | 5.9 | 5.2 | 5.9 | 8.7 | 7.1 |
| Total | 89.0 | 92.4 | 87.6 | 93.8 | 94.5 | 97.9 | 95.5 | 91.7 |
| Number | 861 | 237 | 210 | 184 | 152 | 125 | 376 | 2,145 |
| Mean ideal number children for: |  |  |  |  |  |  |  |  |
| All men | 4.5 | 4.3 | 4.7 | 5.2 | 5.8 | 6.7 | 7.6 | 5.3 |
| Number | 809 | 231 | 205 | 179 | 146 | 120 | 346 | 2,036 |
| Currently married men | 4.8 | 4.3 | 4.8 | 5.2 | 5.8 | 6.8 | 7.6 | 5.9 |
| Number | 77 | 166 | 186 | 170 | 140 | 116 | 337 | 1,190 |
| ${ }^{1}$ Includes current pregnancy |  |  |  |  |  |  |  |  |

The mean ideal number of children for women is 4.7 , compared with 5.3 for men. The number increases with the number of living children and ranges from 3.9 for women without any children to 6.2 for those with at least 6 children. For married women, the ideal number of children is higher (5.1) than that of all women (4.7). There are two principal reasons for this pattern. First, to the extent that women are able to implement their fertility desires, women who want smaller families will tend to achieve smaller families. Second, some women may have difficulty admitting that they would have had fewer children if they could begin childbearing again. Such women are likely to report their actual number of children as their preferred number. As with women, the mean ideal number of children increases with the number of children that the man has and ranges from 4.5 among those without a child to 7.6 among those who already have 6 children.

The levels of ideal family size exceed the four children espoused as the ideal family size in the National Population Policy and imply that efforts to encourage smaller family size norms might be warranted. However, comparison with the 1992 and 1996 ZDHS surveys demonstrates that there has been a decline in ideal family size among women over time from a mean of 5.8 children in 1992 to 5.3 children in 1996 and to 4.7 in 2001-2002.

The data also provide evidence of unwanted fertility. This is shown by the proportion of respondents. For example, among women with six or more children, 37 percent who said that they would ideally have liked fewer children than they actually have.

Table 7.5 shows the mean ideal number of children for all women by age according to background characteristics and for all men by background characteristics.

Table 7.5 Mean ideal number of children by background characteristics
Mean ideal number of children for all women by age and mean ideal number of children for all men, according to background characteristics, Zambia 2001-2002

| Background characteristic | Age |  |  |  |  |  |  | All women | $\begin{gathered} \text { All } \\ \text { men } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 15-19 | 20-24 | 25-29 | 30-34 | 35-39 | 40-44 | 45-49 |  |  |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 3.3 | 3.5 | 3.9 | 4.4 | 5.1 | 5.5 | 6.2 | 4.0 | 4.4 |
| Rural | 4.5 | 4.7 | 5.0 | 5.6 | 6.0 | 6.5 | 6.5 | 5.2 | 5.9 |
| Province |  |  |  |  |  |  |  |  |  |
| Central | 3.7 | 3.9 | 4.5 | 4.9 | 5.3 | 5.8 | 5.6 | 4.5 | 5.0 |
| Copperbelt | 3.5 | 3.7 | 4.1 | 4.5 | 5.4 | 5.6 | 6.6 | 4.2 | 4.6 |
| Eastern | 4.0 | 4.2 | 4.6 | 5.3 | 5.8 | 6.3 | 6.7 | 4.9 | 5.5 |
| Luapula | 4.6 | 5.0 | 5.2 | 5.7 | 6.3 | (6.1) | 6.4 | 5.4 | 5.8 |
| Lusaka | 3.1 | 3.3 | 3.9 | 4.3 | 4.9 | 5.7 | (5.3) | 3.9 | 4.2 |
| Northern | 4.1 | 4.7 | 4.9 | 5.6 | 6.2 | 6.3 | 6.8 | 5.1 | 6.3 |
| North-Western | 4.8 | 4.7 | 5.2 | 5.7 | 6.3 | 6.8 | 7.5 | 5.4 | 6.1 |
| Southern | 4.2 | 4.5 | 4.5 | 5.2 | 5.3 | 5.9 | (5.7) | 4.8 | 5.5 |
| Western | 5.3 | 5.2 | 5.1 | 6.0 | 6.6 | 7.3 | (7.5) | 5.8 | 6.7 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 4.9 | 5.2 | 5.1 | 5.9 | 6.1 | 7.0 | 6.8 | 5.7 | 6.0 |
| Primary | 4.2 | 4.5 | 4.9 | 5.4 | 6.0 | 6.3 | 6.4 | 5.0 | 5.9 |
| Secondary or higher | 3.4 | 3.4 | 3.7 | 4.1 | 4.6 | 5.0 | 5.8 | 3.8 | 4.5 |
| All women | 4.0 | 4.2 | 4.5 | 5.1 | 5.7 | 6.1 | 6.4 | 4.7 | 5.3 |

Note: Figures in parentheses are based on 25-49 births.

The ideal family size increases with age, from 4 children among those aged 15-19 to 6.4 among those aged 45-49. Ideal family size for both women and men is higher in rural areas than urban areas. The ideal size is the highest in Western province ( 5.8 for women and 6.7 for men). This confirms the findings that Western province has the lowest percentage of both men and women who want to limit child bearing as discussed earlier. Copperbelt and Lusaka provinces have the lowest ideal family sizes along with the lowest fertility levels and highest contraceptive prevalence rates. There are also variations in the ideal family size with level of education reached. Across all age groups, the ideal family size decreases with increasing level of education.

### 7.5 Wanted and Unwanted Fertility

There are two main ways of looking at the issue of unwanted fertility. In the first approach, responses to a question about children born in the five years preceding the survey (and any current pregnancy) are used to determine whether the pregnancy was planned (wanted then), wanted but at a later time (mistimed), or unwanted (not wanted at all). The answers to these questions provide some insight into the degree to which couples are able to control fertility.

Table 7.6 shows the percent distribution of births (including current pregnancy) in the five years preceding the survey by fertility planning status, according to birth order and mother's age at birth.

| Table 7.6 Fertility planning status |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of births in the five years preceding the survey (including current pregnancies) by fertility planning status, according to birth order and mother's age at birth, Zambia 2001-2002 |  |  |  |  |  |  |
| Birth order and mother's age at birth | Planning status of birth |  |  | Missing | Total | Number of births |
|  | Wanted then | Wanted later | Wanted no more |  |  |  |
| Birth order |  |  |  |  |  |  |
| 1 | 62.7 | 13.6 | 23.3 | 0.4 | 100.0 | 1,669 |
| 2 | 67.7 | 21.7 | 10.1 | 0.5 | 100.0 | 1,392 |
| 3 | 65.0 | 24.1 | 10.6 | 0.3 | 100.0 | 1,133 |
| 4+ | 52.1 | 24.3 | 23.4 | 0.2 | 100.0 | 3,236 |
| Age at birth |  |  |  |  |  |  |
| <20 | 59.8 | 17.4 | 22.4 | 0.4 | 100.0 | 1,587 |
| 20-24 | 64.6 | 22.9 | 12.0 | 0.4 | 100.0 | 2,209 |
| 25-29 | 62.0 | 24.4 | 13.4 | 0.2 | 100.0 | 1,675 |
| 30-34 | 56.1 | 24.9 | 18.8 | 0.2 | 100.0 | 1,034 |
| 35-39 | 45.6 | 17.8 | 36.4 | 0.3 | 100.0 | 633 |
| 40-44 | 43.1 | 10.0 | 46.9 | 0.0 | 100.0 | 258 |
| 45-49 | (41.3) | (7.3) | (50.2) | (1.2) | 100.0 | 35 |
| All women | 59.4 | 21.4 | 18.9 | 0.3 | 100.0 | 7,430 |

The data show that over 40 percent of these births were unplanned, of which 21 percent were mistimed and 19 percent were unwanted. The proportion of planned births increases between the first and second birth and then declines with the increase in number of births. The proportion of unplanned births has slightly increased from 36 percent in 1996 and to 40 percent in 2001-2002. Even more troubling is the fact that the proportion of births that are unwanted has almost tripled over the same period, from 7 percent to 19 percent.

Table 7.7 shows the total wanted fertility rates and total actual fertility rates for the three years preceding the survey, by selected background characteristics. The wanted fertility is calculated in the same manner as the total fertility rate, but unwanted births are excluded from the numerator. For this purpose, unwanted births are defined as those that exceed the number considered ideal by the respondent. (Women who did not report a numeric ideal family size were assumed to want all their births). The rate represents the level of fertility that would have prevailed in the three years preceding the survey if all unwanted births were prevented. A comparison of the total wanted fertility and actual total fertility rate suggests the potential demographic impact of the elimination of unwanted births.

The wanted fertility rate has decreased from 5.4 in 1992 to 5.2 in 1996 and to 4.9 in 2001-2002. There is a difference of one child between the wanted fertility rate and the actual total fertility rate. If the desired fertility rates for rural and urban areas were realised, the fertility level would be 5.8 births and 3.4 births per woman, respectively. This means that there would be about one child fewer per woman in both rural and urban areas.

Lusaka has the lowest wanted and actual fertility rates of 3.5 and 4.3 respectively, while Luapula has the highest wanted and actual fertility rates of 6.2 and 7.3 respectively. In addition to Luapula, women in Eastern, Northern, North-Western and Western provinces have wanted fertility rates that are above the national average, while the rates for women in Central, Lusaka, Copperbelt and Southern provinces are below the national average. On the other hand, only Copperbelt and Lusaka have actual total fertility rates that are below that of the national average. Southern and Central provinces have the largest gaps between wanted and actual fertility.

Women's education has a negative relationship with levels of both wanted and actual fertility. Women with no education have the highest wanted fertility rate (6.6), while those with at least some secondary education have the lowest with wanted fertility (3.0).

Kumbutso Dzekedzeke

### 8.1 Introduction

Infant and child mortality rates are some of the most important social indicators in Zambia. The national population policy developed in 1984 targeted the reduction of infant mortality from 97 deaths per 1,000 live births in 1980 to 65 per 1,000 live births by the year 2000 and to 50 by the year 2015. In this chapter, information about the levels, trends and differentials are provided, as well as data on high-risk fertility behaviour. The data are disaggregated by sex, socio-economic characteristics, demographic characteristics and other variables that influence mortality levels among children under age five.

Estimates of childhood mortality are based on information from the birth history section of the questionnaire administered to individual women. In the birth history section, women were asked to provide information about all their births starting with the first one, irrespective of whether they were still alive. Additional information about sex of children, whether the children were still alive, age at death for dead children, date of birth for all children and whether the children lived with the mother or elsewhere were collected. This information has provided robust direct estimates of early childhood mortality in Zambia which compare well with other estimates from censuses.

The direct early childhood mortality rates estimated with this data are:
Neonatal mortality: the probability of dying within the first month of life
Infant mortality: the probability of dying before the first birthday
Postneonatal mortality: the difference between infant and neonatal mortality

Child mortality: the probability of dying between the first and fifth birthday
Under-five mortality: the probability of dying before the fifth birthday.
All rates are expressed per 1,000 live births, except for child mortality which is expressed per 1,000 children who survived to 12 months of age.

Data collected using the birth history in the 2001-2002 ZDHS are subject to a number of potential errors. First, the data reflect only surviving women age 15-49 years; no data are available for children of women who died. To the extent that child mortality of surviving and non-surviving women differs substantially and that young children of non-surviving women make up a significant portion of all young children, the mortality indicators compiled from the birth history would be biased.

Another possible error is underreporting of events; respondents are likely to forget events that occurred in the more remote past. Omission of infants' deaths may take place, especially in cases where deaths occur early in infancy. If such deaths are selectively reported, consequences will not only be a lower infant mortality rate (IMR) and neonatal mortality rate (NNMR), but also a low ratio of neonatal deaths to infant deaths. On the other hand, misstatements of the date of birth and age at death will result in distortion of the age pattern of death. This may affect the final indices obtained because of shifting of ages above or below the cut-offs for the different mortality categories.

Fifty-nine percent of all neonatal deaths in the 20 years preceding the 2001-2002 ZDHS were early neonatal deaths (Appendix Table C.5). This figure is within the expected range and is the same as reported in the 1996 ZDHS. Further, it appears that infant deaths for births that occurred longer before the survey have not been underreported. The proportion of early neonatal deaths increases with an increase of the period before the survey. In the 1996 ZDHS , a reverse pattern was observed. The pattern observed in the 2001-2002 ZDHS can be attributed to the increase in heaping of deaths at 7 days with the reduction of the time period before the 2001-2002 ZDHS .

Another aspect that affects the childhood mortality estimates is the quality of reporting of age at death. In general, these problems are less serious for periods in the recent past than for those in the more distant past. If ages at death are misreported, it may bias the estimates, especially if the net effect of age misreporting results in transference of deaths from one age bracket to another. To minimise errors in the reporting of age at death, the interviewers were instructed to record the age at death in days if the death took place within one month after birth, in months if the child died within 24 months, and in years if the child was two years or older.

Table C. 6 shows that the number of reported deaths at age 12 months is sometimes more than twice that of adjacent ages (11 and 13 months). If some of these deaths actually took place at less than 12 months of age, transference to age 12 months or older will result in a lower estimate of infant mortality than the actual level. However, age heaping is higher for births in the 5 to 14 years prior to the survey than for the most recent births. Overall, the heaping of deaths at 12 months of age is relatively minor compared with the total number of infant deaths in each period, and does not warrant adjustment of the data.

### 8.2 Levels and Trends in Infant and Child Mortality

Table 8.1 shows the variations in neonatal, postneonatal, infant, child and under-five mortality rates for successive five-year periods before the survey. The level of under-five mortality was 168 deaths per 1,000 births during the five-year period before the 2001-2002 ZDHS, indicating that around 1 in 6 Zambian children born during the period died before their fifth birthday. The indicators in the table can be segmented into two sections, neonatal mortality and postneonatal mortality which are components of the infant mortality rate; and infant mortality and child mortality which are components of the under-five mortality rate. Viewed this way, most of the deaths of infants ( 61 percent) occur after the first month of birth and those of children under five (about 57 percent) before their first birthday. Given the short period of reference in a child's life referred to by neonatal mortality and infant mortality, a disproportionate number of deaths occur in the first month and first year of childhood.

| Table 8.1 Early childhood mortality rates |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Neonatal, postneonatal, infant, child, and under-five mortality rates for three five-year periods preceding the survey, Zambia 2001-2002 |  |  |  |  |  |
| Years preceding the survey | Neonatal mortality ( NN ) | Postneonatal mortality ${ }^{1}$ (PNN) | $\begin{gathered} \text { Infant } \\ \text { mortality } \end{gathered}$ $\left(1 q_{0}\right)$ | Child mortality $\left(4 q_{1}\right)$ | Under-five mortality $\left({ }_{5} \mathrm{q}_{0}\right)$ |
| 0-4 | 37 | 58 | 95 | 81 | 168 |
| 5-9 | 29 | 63 | 93 | 83 | 168 |
| 10-14 | 31 | 64 | 95 | 87 | 174 |
| ${ }^{1}$ Computed as the difference between the infant and the neonatal mortality rates |  |  |  |  |  |

Although Table 8.1 also presents indicators for the 10-14 year period before the survey, indicators in the table will not be used to infer trends. The primary reason for this is that reported mortality data for time periods more distant from the survey date may be subject to less complete reporting of events and less accurate reporting of dates of birth and ages at death than data for time periods immediately preceding the survey. Accordingly, trend analysis will be based on mortality estimates for the 0-4 year time periods preceding the 1992, 1996 and 2001-2002 ZDHS surveys.

Table 8.2 shows the childhood mortality rates for the $0-4$ year period preceding the three recent ZDHS surveys. The table shows that all childhood mortality rates had increased in the period 1992-1996 and all but one (neonatal mortality) declined in the period 1997-2001. Under-five mortality, which had shown a modest increase from 191 to 197 deaths per 1,000 births between the 1992 and 1996 surveys, subsequently fell sharply to 168 in the 2001-2002 ZDHS. A similar pattern is evidenced for infant mortality. Although it is not clear what might be causing the decline in childhood mortality in Zambia, several factors could be involved. One possible factor could be the impressive coverage of vitamin A supplements for children. Data in Chapter 11 show that two-thirds of children 6-59 months were reported to have received a vitamin A supplement in the six months prior to the survey. Research has shown that adequate intake of vitamin A can reduce child mortality substantially (Pokhrel et al., 1994). Another possible factor is that, as mentioned earlier, the child mortality data omit the experience of children whose mothers have died. It is likely that the childhood mortality rates of children whose mothers have died are higher than those of children whose mothers are still alive. However, one analysis indicates that omission of data from deceased women would have a very small effect on the mortality estimates from 2001-2002 survey (Hodgins, 2003). Of course, sampling error could be responsible for some or all of the difference in the rates estimated by the three surveys. For example, consider the IMR estimates of the 1996 and 2001-2002 surveys ( 117 and 95 per 1,000, respectively). The 95 percent confidence interval for the 1996 estimate ( 100 to 117 per 1,000) (CSO, MOH, and Macro International, 1997: Appendix B) overlaps with that of the 2001-2002 estimate ( 85 to 105 per 1,000 ) (see Appendix B), indicating that sampling variability could be responsible for the observed variation in the rate.

## Table 8.2 Trends in early childhood mortality rates

Neonatal, postneonatal, infant, child and under-five mortality rates for the five-year period preceding the survey, ZDHS 2001-2002, ZDHS 1996, and ZDHS 1992

|  | Approximate <br> calendar <br> period | Neonatal <br> mortality <br> $(N N)$ | Postneonatal <br> mortality ${ }^{1}$ <br> $(\mathrm{PNN})$ | Infant <br> mortality <br> $\left({ }_{1} q_{0}\right)$ | Child <br> mortality <br> $\left({ }_{4} q_{1}\right)$ | Under-five <br> mortality <br> $\left({ }_{5} q_{0}\right)$ |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: |
| ZDHS 2001-2002 | $1997-2001$ | 37 | 58 | 95 | 81 | 168 |
| ZDHS 1996 | $1992-1996$ | 35 | 74 | 109 | 98 | 197 |
| ZDHS 1992 | $1987-1991$ | 43 | 65 | 107 | 94 | 191 |

${ }^{1}$ Computed as the difference between the infant and the neonatal mortality rates

### 8.3 Early Childhood Mortality by Socioeconomic Characteristics

Early childhood mortality rates by socio-economic characteristics are presented in Table 8.3. The table focuses on geographic and education differentials of women. The rates have been computed for a ten-year period instead of a five-year period in order to reduce sampling errors.

| Neonatal, postneonatal, infant, child, and under-five mortality rates (per 1,000) for the ten-year period preceding the survey, by selected background characteristics, Zambia 2001-2002 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Neonatal mortality ( NN ) | Postneonatal mortality ${ }^{1}$ (PNN) | Infant mortality $\left({ }_{1} q_{0}\right)$ | Child mortality $\left(4 q_{1}\right)$ | Under-five mortality ( ${ }_{5} \mathrm{q}_{0}$ ) |
| Residence |  |  |  |  |  |
| Urban | 31 | 46 | 77 | 69 | 140 |
| Rural | 35 | 68 | 103 | 89 | 182 |
| Province |  |  |  |  |  |
| Central | 35 | 57 | 92 | 110 | 192 |
| Copperbelt | 24 | 43 | 68 | 71 | 134 |
| Eastern | 29 | 55 | 84 | 89 | 166 |
| Luapula | 36 | 118 | 154 | 112 | 248 |
| Lusaka | 29 | 41 | 70 | 72 | 137 |
| Northern | 39 | 74 | 113 | 84 | 187 |
| North-Western | 25 | 49 | 74 | 60 | 130 |
| Southern | 29 | 47 | 76 | 77 | 148 |
| Western | 60 | 79 | 139 | 72 | 201 |
| Mother's education |  |  |  |  |  |
| No education | 39 | 70 | 108 | 101 | 198 |
| Primary | 34 | 64 | 99 | 87 | 177 |
| Secondary or higher | 27 | 44 | 70 | 55 | 121 |

Early childhood mortality is lower in urban areas than in rural areas. However, there are exceptions with some rural provinces (North-Western and Southern provinces) having mortality rates comparable with urban provinces (Copperbelt and Lusaka provinces). In fact, North-Western province has the lowest under-five mortality rate ( 130 per 1,000 births) among all the provinces. This finding has also been corroborated by the 2000 Census data where the under-five mortality rate for North-Western province was measured at 137 per 1,000 births (CSO 2002b).

There are variations in childhood mortality indicators by background characteristics. The largest variations are in infant, child, and under-five mortality rates. Neonatal mortality has the least variation with the outlier being Western province where at 60 per 1,000 births the rate is more than twice that of the rate in Copperbelt province, 24 per 1,000 births. The rate in Copperbelt province ( 24 per 1,000 births), an urban province, is closely followed by North-Western province ( 25 per 1,000 births), one of the most rural provinces in Zambia.

Luapula province has the highest postneonatal mortality rate (118 per 1,000 births); it is almost three times higher that of Copperbelt province ( 43 per 1,000 births). Similarly, Luapula province has the highest infant, child, and under-five mortality rates. The rates in Luapula province are almost twice those of the lowest provinces: Copperbelt for infant mortality and North-Western province for child and underfive mortality.

The childhood mortality rates by mother's level of education of show the expected relationship, with children of better educated women having lower mortality rates.

A comparison of neonatal, infant, and under-five mortality from the 1992, 1996 and 2001-2002 surveys is shown in Table 8.4. For neonatal mortality, there was little change in urban rates between the three surveys but a steady decline in rural areas. For infant and under-five mortality, rates rose between 1992 and 1996 and then declined from 1996 to 2001-2002, both in urban and rural areas, although the increase in both infant and under-five mortality between 1992 and 1996 is small. The trend between the three surveys in early childhood mortality rates within the same category of mother's education is generally a curve, with rates increasing between 1992 and 1996 and then dropping from 1996 to 20012002. The only exception is the neonatal mortality rates for children of mothers with primary and secondary or higher education: rates generally decline between the three surveys.

| Table 8.4 Trends in early childhood mortality rates by residence and education |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Neonatal, infant, and under-five mortality rates for the ten-year periods preceding the survey, by residence and mother's education, ZDHS 2001-2002, ZDHS 1996, and ZDHS 1992 |  |  |  |  |  |  |  |  |  |
|  | Neonatal mortality (NN) |  |  | Infant mortality ( ${ }_{1} \mathrm{q}_{0}$ ) |  |  | Under-five mortality ( $5 \mathrm{q}_{0}$ ) |  |  |
| Residence and mother's education | $\begin{gathered} \text { ZDHS } \\ 1992 \end{gathered}$ | $\begin{gathered} \text { ZDHS } \\ 1996 \end{gathered}$ | $\begin{gathered} \text { ZDHS } \\ 2001- \\ 2002 \end{gathered}$ | $\begin{gathered} \text { ZDHS } \\ 1992 \end{gathered}$ | $\begin{gathered} \text { ZDHS } \\ 1996 \end{gathered}$ | $\begin{gathered} \text { ZDHS } \\ 2001- \\ 2002 \\ \hline \end{gathered}$ | $\begin{gathered} \text { ZDHS } \\ 1992 \end{gathered}$ | $\begin{gathered} \text { ZDHS } \\ 1996 \end{gathered}$ | $\begin{gathered} \text { ZDHS } \\ 2001- \\ 2002 \end{gathered}$ |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 32 | 32 | 31 | 78 | 92 | 77 | 151 | 173 | 140 |
| Rural | 47 | 39 | 35 | 116 | 118 | 103 | 201 | 205 | 182 |
| Mother's education |  |  |  |  |  |  |  |  |  |
| No education | 47 | 48 | 39 | 115 | 133 | 108 | 204 | 222 | 198 |
| Primary | 40 | 36 | 34 | 99 | 110 | 99 | 182 | 201 | 177 |
| Secondary or higher | 35 | 27 | 27 | 79 | 82 | 70 | 135 | 142 | 121 |

### 8.4 Early Childhood Mortality Rates by Demographic Characteristics

Studies have shown that a number of demographic factors are strongly associated with the survival chances of young children. These factors include sex of the child, age of the mother at birth, birth order, length of the preceding birth interval, and the size of the child at birth. Table 8.5 presents mortality rates for by selected demographic characteristics. Again, for most variables in Table 8.5, the mortality estimates are calculated for a ten-year period before the survey so that the rates are based on a sufficient number of cases in each category to ensure statistical significance. However, five-year rates are presented for the birth weight variable because information collected for this indicator was available only for births during the period since 1996.

Female children have a lower mortality risk than males. The under-five mortality risk for males is more than 10 percent greater than that for females. Among the demographic characteristics, a preceding birth interval of less than 24 months poses the highest risk for child survival. For example, the data show that when the birth interval is less than 24 months, infant mortality is double that for a birth interval of 36 months or more. It should be noted that there is now a new international consensus (SettyVenugopal and Upadhyay, 2002) that the optimal interval between births is at least 36 months. As illustrated in Table 8.5, early childhood mortality is higher for births occurring after an interval of 24-35 months than those occurring 36 or more months after a previous birth. For example, the infant mortality risk ratio for births occurring after an interval of 24-35 months ( 75 per 1,000 ) to births occurring after 3647 months ( 69 per 1,000 ) is 1.09 , i.e., children born $24-35$ months after a previous birth are 9 percent more likely to die in the first year of life than those born $36-47$ months after a previous birth). These findings show the importance of birth spacing as a means of reducing childhood mortality.

Mortality risks for each category of childhood mortality generally display a U-shape curve by mother's age and birth order. In Zambia, an exception to this pattern occurs in the case of child mortality (age 1-4); the child mortality rate for birth order 2-3 is higher than that of children of other birth orders.

| Neonatal, postneonatal, infant, child, and under-five mortality rates for the ten-year period preceding the survey, by selected demographic characteristics, Zambia 2001-2002 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Demographic characteristic | Neonatal mortality ( NN ) | Postneonatal mortality ${ }^{1}$ (PNN) | Infant mortality $\left({ }_{1} q_{0}\right)$ | Child mortality $\left({ }_{4} q_{1}\right)$ | Under-five mortality $\left({ }_{5} \mathrm{q}_{0}\right)$ |
| Child's sex |  |  |  |  |  |
| Male | 34 | 61 | 95 | 89 | 176 |
| Female | 32 | 60 | 93 | 74 | 160 |
| Mother's age at birth |  |  |  |  |  |
| <20 | 43 | 67 | 110 | 84 | 185 |
| 20-29 | 29 | 61 | 89 | 84 | 166 |
| 30-39 | 34 | 53 | 87 | 75 | 155 |
| 40-49 | 38 | 72 | 110 | 90 | 191 |
| Birth order |  |  |  |  |  |
| 1 | 42 | 65 | 107 | 81 | 180 |
| 2-3 | 28 | 59 | 87 | 90 | 169 |
| 4-6 | 31 | 61 | 92 | 72 | 157 |
| 7+ | 37 | 56 | 93 | 83 | 169 |
| Previous birth interval ${ }^{2}$ |  |  |  |  |  |
| <24 months | 62 | 96 | 157 | 106 | 247 |
| 24-35 months | 24 | 51 | 75 | 79 | 148 |
| 36-47 months | 19 | 50 | 69 | 70 | 134 |
| 48+ months | 26 | 46 | 72 | 70 | 137 |
| Birth size ${ }^{3}$ |  |  |  |  |  |
| Small or very small | 84 | 61 | 145 | na | na |
| Average or larger | 29 | 57 | 86 | na | na |
| Note: Rates based on 250 to 499 exposed persons are in parentheses. <br> na $=$ Not applicable <br> ${ }^{1}$ Computed as the difference between the infant and the neonatal mortality rates <br> ${ }^{2}$ Excludes first-order births <br> ${ }^{3}$ Rates for the five-year period preceding the survey |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |

Studies have shown that a child's weight at birth is an important determinant of its survival chances. It should be noted that, since relatively few mothers had information on the child's exact weight at birth, mothers were instead asked whether their child was very large, larger than average, average, smaller than average, or small at birth, since this has been found to be a good proxy for the child's weight. Children reported to be small or very small are almost three times more likely to die in the first month than children reported to be average or larger. Their postneonatal and infant mortality rates are also significantly elevated.

### 8.5 Women's Status and Early Childhood Mortality

Greater participation of women in household decision-making and greater control of their own lives have long been thought to lead to a better household situation overall.. A better household situation will have a positive effect on the well-being of children. Table 8.6 shows childhood mortality rates tabulated by three indices of women's status: the number of household decisions in which the woman has the final say, the number of reasons for which she feels a woman is justified in refusing to have sex with her husband and the number of reasons for which she feels wife beating is justified (see Chapter 3 for a detailed description of these indices).

Table 8.6 shows that there is no clear relationship between levels of childhood mortality and the number of decisions in which a woman has a final say in household decision-making. Similarly, no clear trends are apparent between child mortality and women's ability to refuse sex with their husbands. The only clear relationship between women's status indicators and early childhood mortality is with acceptability of wife-beating. In this case, risk of child death increases by number of reasons considered to justify beating, across all categories of early childhood mortality.

| Neonatal, postneonatal, infant, child and under-five mortality rates for the ten-year period preceding the survey, by selected women's status indicators, Zambia 2001-2002 |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Indicator of women's status | Neonatal mortality (NN) | Postneonatal mortality ${ }^{1}$ (PNN) | Infant mortality $\left({ }_{1} q_{0}\right)$ | Child mortality $\left({ }_{4} q_{1}\right)$ | Under-five mortality $\left({ }_{5} \mathrm{q}_{0}\right)$ |
| Number of decisions in which woman has final say ${ }^{2}$ |  |  |  |  |  |
| 0 | 31 | 66 | 97 | 87 | 175 |
| 1-2 | 33 | 63 | 95 | 89 | 176 |
| 3-4 | 36 | 55 | 91 | 72 | 156 |
| Number of reasons to refuse sex with husband |  |  |  |  |  |
| 0 | 38 | 77 | 115 | 80 | 186 |
| 1-2 | 30 | 53 | 82 | 92 | 167 |
| 3-4 | 34 | 61 | 95 | 80 | 167 |
| Number of reasons wife beating is justified |  |  |  |  |  |
| 0 | 30 | 46 | 76 | 67 | 138 |
| 1-2 | 31 | 55 | 86 | 77 | 157 |
| 3-4 | 34 | 62 | 95 | 87 | 174 |
| 5 | 36 | 70 | 106 | 86 | 182 |
| ${ }^{1}$ Computed as the difference between the infant and the neonatal mortality rates <br> ${ }^{2}$ Either by herself or jointly with others |  |  |  |  |  |

### 8.6 High-Risk Fertility Behaviour

There is a strong relationship between maternal fertility patterns and children's survival risks. Typically, the risk of early childhood death is higher among children born to mothers who are too young or too old, children born after too short a birth interval and among children of high birth order, than among other children. For the purpose of the analysis that follows, a mother is classified as "too young" if she is less than 18 years of age, and "too old" if she is over 34 years at the time of the birth. Furthermore, for the purpose of this report and for the sake of trend analysis, a "short birth interval" is defined as less than 24 months after the previous birth, and a child is of "high birth order," if the mother had previously given birth to three or more children (i.e., the child is of birth order four or higher). It should be noted that first births, although they are often at increased risk of dying, are assigned to the "not in any highrisk" category because the first birth is not considered avoidable.

Table 8.7 shows the percent distribution of children born in the five years before the survey by these risk factors. The data presented in the first two columns of Table 8.7 address the issue of high-risk fertility behaviour from the perspective of the child. The first column shows the percentage of births in the five-year period before the survey that fall into one or more of the categories where the risk of dying is elevated. The second column presents the ratio of the proportion dead in each high-risk category to the proportion dead among children not in any high-risk category. Categories in which this risk ratio exceeds 1.0 are considered to have an elevated risk of dying.

Only 27 percent of births are in a "risk-free" category (not in any high-risk category). Forty-one percent of births are in the single high-risk category, with 26 percent being third order births or higher. Births in the multiple high-risk category are not as common as births in the single high-risk category. The percentage of births in the multiple high-risk category ( 18 percent) is less than half that of births in the single high-risk category.

## Table 8.7 High-risk fertility behaviour

Percent distribution of children born in the five years preceding the survey by category of elevated risk of dying and the risk ratio, and the percent distribution of currently married women by category of risk if they were to conceive a child at the time of the survey, Zambia 2001-2002

| Risk category | Births in the 5 years preceding the survey |  | Percentage of currently married women ${ }^{1}$ |
| :---: | :---: | :---: | :---: |
|  | Percentage of births | Risk ratio |  |
| Not in any high-risk category | 27.0 | 1.00 | $19.9{ }^{\text {a }}$ |
| Unavoidable risk category |  |  |  |
| First order births, mother's age 18-34 | 14.3 | 1.14 | 5.4 |
| Single high-risk category |  |  |  |
| Mother's age <18 | 9.2 | 1.30 | 0.8 |
| Mother's age > 34 | 0.2 | 1.15 | 2.5 |
| Birth interval $<24$ months | 5.5 | 1.34 | 10.3 |
| Birth order $>3$ | 26.1 | 0.90 | 20.5 |
| Subtotal | 41.0 | 1.05 | 34.1 |
| Multiple high-risk category |  |  |  |
| Age $<18$ \& birth interval $<24$ months ${ }^{2}$ | 0.5 | 2.00 | 0.6 |
| Age $>34 \&$ birth order $>3$ | 10.9 | 0.82 | 21.4 |
| Age $>34$ \& $\mathrm{BI}<24$ months \& birth order $>3$ | 1.4 | 2.99 | 4.8 |
| Birth interval $<24$ months \& birth order $>3$ | 4.9 | 1.42 | 13.8 |
| Subtotal | 17.7 | 1.19 | 40.6 |
| In any avoidable high-risk category | 58.7 | 1.09 | 74.7 |
| Total | 100.0 | na | 100.0 |
| Number of births | 6,649 | na | 4,694 |

Note: Risk ratio is the ratio of the proportion dead of births in a specific high-risk category to the proportion dead of births not in any high-risk category.
na $=$ Not applicable
${ }^{1}$ Women are assigned to risk categories according to the status they would have at the birth of a child if they were to conceive at the time of the survey: current age less than 17 years and 3 months or older than 34 years and 2 months, latest birth occurred less than 15 months ago, or latest birth being of order 3 or higher.
${ }^{2}$ Includes the combined categories age $<18 \&$ birth order $>3$
${ }^{\text {a }}$ Includes sterilised women

In general, risk ratios are higher for children in multiple high-risk categories than in single highrisk categories. Most vulnerable are children born to mothers older than 34 years, less than 24 months after a preceding birth, and of a birth order greater than 3 . Such children are almost three times more likely to die as children who are not in any risk category. However, only 1 percent of births fall in this category. Among single high-risk categories, a birth interval of less than 24 months results in a child running a 34 percent higher risk of dying than children not in any high-risk category; 6 percent of births are in this group.

Finally, the last column of Table 8.7 shows the potential for high-risk births from the perspective of the woman, i.e., the percentage of currently married women who, if they had become pregnant at the time of the survey, would give birth to a child with an elevated risk of dying. A woman's current age, time elapsed since the last birth, and parity are used to determine the risk category in which any birth a woman conceived at the time of the survey would fall. For example, if a respondent age 40 with a parity of four, and most recent birth within the 18 months before the survey were to become pregnant, she would fall in the multiple-risk category of being at too old, too high parity (three or more births) and giving birth too soon. Eighty percent of the women have the potential to give birth to a child with an elevated risk of dying; the majority of these women (41 percent) have the potential to give birth to children in the multiple high-risk categories.

## MATERNAL AND CHILD HEALTH

Miriam Chipimo, Elizabeth Mulamfu, Martha Mulenga, and Arlinda Zhuzhuni

This chapter presents findings from several areas of importance to maternal and child health including information on antenatal, delivery and postnatal care, children's vaccinations, and common childhood illnesses and their treatment.

### 9.1 Maternity Care

Early and regular checkups by health professionals are very important in assessing the physical status of women during pregnancy and ensuring delivery of appropriate interventions. The 2001-2002 ZDHS obtained information from women on both coverage of antenatal care and of key elements of the care received for the last birth during the five-year period before the survey.

### 9.1.1 Antenatal Care

## Antenatal care coverage

Table 9.1 shows the proportion of women who had a live birth in the five years preceding the survey by the source of antenatal care for the most recent birth. In obtaining the information on source, interviewers recorded all persons a woman had seen for antenatal care. However, for cases where more than one person was seen, only the provider with the highest qualifications was recorded. Table 9.1 shows that 93 percent received antenatal care from medical personnel and 2 percent from traditional birth attendants

There is little variation in the distribution of antenatal care according to the birth order. Urban residents are more likely to receive antenatal care from doctors ( 5 percent) than rural residents (1 percent), but over 80 percent of urban and rural residents see midwives. Traditional birth attendants provide antenatal care to less than 1 percent of urban residents compared with 3 percent of rural residents.

There are few regional variations in obtaining antenatal care, with Lusaka and Copperbelt recording a higher proportion ( 4 percent and 7 percent, respectively) of attendances by doctors, respectively, compared with less than 1 percent in Luapula, Northern, Eastern, North-Western, and Southern. In comparison to the other provinces, Central, Northern, Western, and North-Western have a higher percentage of women who did not get any antenatal care.

Women's education is strongly associated with antenatal attendance. With a higher level of education, the choice of provider shifts to a higher qualification. Those with higher than secondary education have the highest antenatal attendance from medically trained providers ( 100 percent) compared to those with no education ( 84 percent) . Thirteen percent of women with higher education saw a doctor for antenatal care compared with less than 1 percent for those with no education. None of the women with higher than secondary education reported having been attended to by traditional birth attendants compared with 6 percent of those with no education.

Table 9.1 Antenatal care
Percent distribution of women who had a live birth in the five years preceding the survey by antenatal care (ANC) provider, for the most recent birth, according to background characteristics, Zambia 2001-2002

| Background characteristic | $\begin{aligned} & \text { Any }{ }^{1} \\ & \text { ANC } \end{aligned}$ | Medically trained provider |  |  | Traditional birth attendant/ other | No one | Missing | Total | Number of women |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Doctor | Clinical officer | Nurse/ midwife |  |  |  |  |  |
| Age at birth |  |  |  |  |  |  |  |  |  |
| <20 | 93.2 | 1.7 | 6.3 | 85.1 | 2.4 | 4.3 | 0.1 | 100.0 | 866 |
| 20-34 | 94.0 | 2.6 | 7.0 | 84.4 | 2.0 | 3.6 | 0.3 | 100.0 | 2,868 |
| 35-49 | 90.7 | 1.7 | 8.4 | 80.6 | 3.0 | 6.0 | 0.3 | 100.0 | 668 |
| Birth order |  |  |  |  |  |  |  |  |  |
| 1 | 93.9 | 1.8 | 5.9 | 86.2 | 2.6 | 3.4 | 0.1 | 100.0 | 948 |
| 2-3 | 93.8 | 2.7 | 7.0 | 84.2 | 1.9 | 3.8 | 0.4 | 100.0 | 1,467 |
| 4-5 | 94.2 | 2.4 | 7.4 | 84.4 | 2.1 | 3.6 | 0.0 | 100.0 | 941 |
| 6+ | 91.3 | 2.1 | 7.9 | 81.3 | 2.5 | 5.7 | 0.4 | 100.0 | 1,046 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 97.7 | 4.6 | 1.4 | 91.6 | 0.1 | 1.9 | 0.4 | 100.0 | 1,499 |
| Rural | 91.1 | 1.1 | 10.0 | 80.0 | 3.4 | 5.2 | 0.2 | 100.0 | 2,904 |
| Province |  |  |  |  |  |  |  |  |  |
| Central | 92.5 | 2.8 | 11.5 | 78.2 | 0.6 | 6.9 | 0.0 | 100.0 | 319 |
| Copperbelt | 96.8 | 6.7 | 2.2 | 88.0 | 0.0 | 2.6 | 0.6 | 100.0 | 765 |
| Eastern | 95.2 | 0.4 | 2.5 | 92.4 | 1.2 | 3.2 | 0.4 | 100.0 | 587 |
| Luapula | 91.7 | 0.0 | 13.9 | 77.8 | 3.5 | 4.5 | 0.3 | 100.0 | 371 |
| Lusaka | 97.6 | 4.3 | 1.5 | 91.9 | 0.2 | 1.9 | 0.2 | 100.0 | 590 |
| Northern | 90.5 | 0.4 | 11.1 | 79.0 | 2.9 | 6.6 | 0.0 | 100.0 | 649 |
| North-Western | 92.2 | 0.4 | 4.1 | 87.7 | 1.1 | 6.2 | 0.5 | 100.0 | 226 |
| Southern | 92.9 | 0.7 | 9.7 | 82.4 | 5.2 | 1.9 | 0.0 | 100.0 | 485 |
| Western | 86.0 | 2.0 | 13.1 | 70.9 | 7.1 | 6.4 | 0.5 | 100.0 | 412 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 83.9 | 0.8 | 8.1 | 75.0 | 6.0 | 9.9 | 0.2 | 100.0 | 613 |
| Primary | 93.6 | 1.8 | 7.8 | 84.1 | 2.1 | 4.0 | 0.2 | 100.0 | 2,726 |
| Secondary | 97.8 | 3.8 | 4.7 | 89.3 | 0.5 | 1.2 | 0.5 | 100.0 | 977 |
| Higher | 100.0 | 2.6 | 2.5 | 84.9 | 0.0 | 0.0 | 0.0 | 100.0 | 87 |
| Total | 93.4 | 2.3 | 7.0 | 84.0 | 2.3 | 4.1 | 0.3 | 100.0 | 4,402 |

Note: If more than one source of ANC was mentioned, only the provider with the highest qualifications is considered in this tabulation.
${ }^{1}$ The percentage receiving antenatal care from any trained medical provider is the sum of the proportions receiving care from a doctor, clinical officer or nurse/midwife

Antenatal care can be more effective in preventing adverse pregnancy outcomes when it is sought early in the pregnancy and continues through to delivery. Table 9.2 provides information on the number of antenatal care visits and the timing of the first visit. Early detection of problems in pregnancy leads to more timely referrals in case of complications and this is of particular importance in Zambia, which is a large and sparsely populated country where physical barriers are a challenge to the health care delivery system. Women who do not receive antenatal care during pregnancy are at higher risk of obstetric emergencies and adverse outcomes. In an effort to bridge the gap and provide health care as close to the family as possible, the District Health Management Teams have been training traditional birth attendants to recognise the danger signs during pregnancy and refer women early to health centres.

Expectant mothers should begin antenatal attendance as early as possible in the first trimester. Monthly antenatal visits are recommended up to the seventh month of pregnancy, after which visits every two weeks are recommended up to the eighth month when the visits should be weekly until delivery. About half of Zambian women report visiting antenatal clinics at least four times during pregnancy. Half the women pay their first antenatal visit between four and five months of pregnancy followed by 27 percent who visit between six and seven months. Only 14 percent of the respondents begin their antenatal attendance in the first trimester of pregnancy. The median number of months of pregnancy at first visit is 5.3 for both urban and rural residents.

Overall, there has been little change in the pattern of antenatal attendance by gestational age over the last decade. The median gestational age at first visit was 5.6 months in 1992 and 1996, and dropped slightly to 5.3 months in 2001-2002. This calls for programme interventions that will encourage women to attend antenatal clinics in the first trimester of pregnancy.

## Components of antenatal care

Table 9.2 Number of antenatal care visits and timing of first visit
Percent distribution of women who had a live birth in the five years preceding the survey by number of antenatal care (ANC) visits for the most recent birth, and by the timing of the first visit, according to residence, Zambia 2001-2002

| Number and timing of ANC visits | Residence |  | Total |
| :---: | :---: | :---: | :---: |
|  | Urban | Rural |  |
| Number of ANC visits |  |  |  |
| None | 1.9 | 5.2 | 4.1 |
| 1 | 1.2 | 2.4 | 2.0 |
| 2-3 | 14.6 | 22.5 | 19.8 |
| 4+ | 79.6 | 67.5 | 71.6 |
| Don't know/missing | 2.7 | 2.3 | 2.5 |
| Total | 100.0 | 100.0 | 100.0 |


| Number of months pregnant at time of first ANC visit |  |  |  |
| :---: | :---: | :---: | :---: |
| No antenatal care | 1.9 | 5.2 | 4.1 |
| <4 | 16.3 | 13.2 | 14.3 |
| 4-5 | 52.6 | 52.3 | 52.4 |
| 6-7 | 26.6 | 26.8 | 26.7 |
| 8+ | 1.9 | 1.9 | 1.9 |
| Don't know/missing | 0.6 | 0.5 | 0.6 |
| Total | 100.0 | 100.0 | 100.0 |
| Median months pregnant at first visit (for those with ANC) | 5.3 | 5.3 | 5.3 |
| Number of women | 1,499 | 2,904 | 4,402 |

In the earlier ZDHS surveys, information was obtained on only one component of antenatal care services, tetanus toxoid immunisations. In the 2001-2002 survey, additional questions were asked about ANC services including whether information about signs of pregnancy complications was provided, whether the woman's blood pressure was measured, urine and blood samples were taken, and whether iron supplements and antimalarial prophylaxis tablets were provided.

Some caution should be exercised in considering the information on the content of antenatal care. First of all, the information is dependent on the woman's understanding of the questions, e.g., her understanding of what blood pressure measurement involves. It is also dependent on her recall of events during antenatal visits that may have taken place a number of years before the interview. Nonetheless, the results are useful in providing insights into the content of antenatal care for Zambian women. Table 9.3 shows the findings for components of antenatal care other than tetanus toxoid coverage and Table 9.4 provides information on tetanus toxoid coverage.

Although attendance at antenatal care is high in Zambia, the quality of care that expectant mothers receive varies. Table 9.3 shows that of women receiving antenatal care, 94 percent have their weight measured and 87 percent have blood pressure measured. However, only 25 percent of women have their height measured and urine sampled, and less than half ( 44 percent) have a blood sample taken.

| Table 9.3 Antenatal care content |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women with a live birth in the five years preceding the survey who received antenatal care (ANC) for the most recent birth, by content of antenatal care, and percentage of women with a live birth in the five years preceding the survey who received iron/folic acid tablets for the most recent birth, according to background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |
|  | Content of antenatal care among women who received ANC |  |  |  |  |  | Percentage of women with a birth in the 5 years preceding the survey who: |  |
|  |  |  |  |  |  |  | Received |  |
| Background characteristic | Weight measured | Height measured | Blood pressure measured | Urine sample taken | Blood sample taken | Number of women | tablets/ iron syrup/ folic acid | Number of women |
| Age at birth |  |  |  |  |  |  |  |  |
| <20 | 91.3 | 24.4 | 83.7 | 19.1 | 41.6 | 828 | 63.1 | 866 |
| 20-34 | 94.0 | 25.3 | 87.2 | 25.0 | 46.3 | 2,755 | 72.2 | 2,868 |
| 35-49 | 93.9 | 24.0 | 87.2 | 31.1 | 39.6 | 626 | 73.1 | 668 |
| Birth order |  |  |  |  |  |  |  |  |
| 1 | 91.5 | 26.3 | 85.5 | 24.9 | 49.9 | 915 | 62.6 | 948 |
| 2-3 | 93.5 | 27.2 | 86.1 | 23.8 | 46.2 | 1,406 | 72.3 | 1,467 |
| 4-5 | 94.5 | 22.4 | 86.8 | 23.0 | 44.1 | 906 | 73.4 | 941 |
| 6+ | 94.3 | 22.7 | 87.7 | 27.6 | 36.9 | 982 | 72.8 | 1,046 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 97.2 | 37.3 | 96.5 | 42.2 | 77.1 | 1,464 | 64.7 | 1,499 |
| Rural | 91.5 | 18.3 | 81.2 | 15.4 | 26.9 | 2,744 | 73.6 | 2,904 |
| Province |  |  |  |  |  |  |  |  |
| Central | 94.7 | 18.7 | 92.3 | 18.9 | 36.8 | 297 | 74.3 | 319 |
| Copperbelt | 94.9 | 45.3 | 94.9 | 49.1 | 69.3 | 740 | 69.0 | 765 |
| Eastern | 95.1 | 16.8 | 84.6 | 13.6 | 28.8 | 566 | 66.1 | 587 |
| Luapula | 89.9 | 19.7 | 70.5 | 11.5 | 24.4 | 353 | 67.1 | 371 |
| Lusaka | 98.7 | 21.4 | 97.4 | 35.4 | 81.6 | 577 | 62.5 | 590 |
| Northern | 92.2 | 32.0 | 87.0 | 18.0 | 33.6 | 606 | 72.6 | 649 |
| North-Western | 99.2 | 11.7 | 92.2 | 22.2 | 38.0 | 210 | 76.1 | 226 |
| Southern | 84.7 | 14.8 | 76.5 | 17.9 | 24.5 | 475 | 79.6 | 485 |
| Western | 92.3 | 21.2 | 75.4 | 15.3 | 32.5 | 384 | 74.9 | 412 |
| Education |  |  |  |  |  |  |  |  |
| No education | 90.8 | 15.4 | 80.7 | 14.6 | 26.4 | 551 | 62.7 | 613 |
| Primary | 93.0 | 22.0 | 85.0 | 21.0 | 40.4 | 2,610 | 70.5 | 2,726 |
| Secondary | 95.7 | 36.0 | 92.8 | 36.4 | 60.7 | 960 | 74.4 | 977 |
| Higher | 100.0 | 51.9 | 98.7 | 72.0 | 95.6 | 87 | 85.2 | 87 |
| Total | 93.5 | 24.9 | 86.5 | 24.7 | 44.4 | 4,209 | 70.6 | 4,402 |

Blood sampling is of particular importance in the screening for maternal syphilis. Over 70 percent of women with recent births were given or bought iron and/or folic acid supplements during pregnancy.

The socioeconomic characteristics that appear to influence the quality of antenatal care are residence and level of education. Urban residents have a higher percentage of women who receive all the specified components of antenatal care compared with rural residents. The only exception is the dispensing of iron and folic acid supplements, which may be attributed to a higher incidence of malaria and anaemia in rural areas. Similarly, antenatal care coverage appears to be more comprehensive in the more urbanised provinces of Copperbelt and Lusaka than in the other provinces.

There are particularly sharp differences in antenatal care content by education level. For example, among women with higher education, 72 percent have urine tests during antenatal care visits, compared with only 15 percent of those with no education. Similarly, blood tests are performed for 96 percent of women with higher education, compared with 26 percent of those with no education.

Table 9.4 shows the percent distribution of women who had a live birth in the five years preceding the survey by number of tetanus toxoid injections received during the most recent pregnancy, according to background characteristics. The data show that 75 percent of women receive at least one tetanus toxoid injection during pregnancy. Women are slightly more likely to receive two injections during their first pregnancy. Urban women are more likely to receive one tetanus toxoid injection ( 55 percent) than rural women ( 45 percent). Lusaka province has the lowest proportion of women who received no tetanus injections compared with other provinces. Education is again a strong predictor of tetanus toxoid vaccination, as women with no education are twice as likely to receive no tetanus toxoid injections, compared with those with higher than secondary education.

| Table 9.4 Tetanus toxoid injections |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women who had a live birth in the five years preceding the survey by number of tetanus toxoid injections received during pregnancy for the most recent birth, according to background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |
| Background characteristic | None | One injection | Two or more injections | Don't know/ missing | Total | Number of women |
| Age at birth |  |  |  |  |  |  |
| <20 | 19.6 | 46.6 | 33.1 | 0.7 | 100.0 | 866 |
| 20-34 | 22.8 | 50.4 | 25.6 | 1.1 | 100.0 | 2,868 |
| 35-49 | 35.7 | 40.0 | 22.9 | 1.4 | 100.0 | 668 |
| Birth order |  |  |  |  |  |  |
| 1 | 18.1 | 46.3 | 35.1 | 0.6 | 100.0 | 948 |
| 2-3 | 19.5 | 51.8 | 27.4 | 1.3 | 100.0 | 1,467 |
| 4-5 | 24.9 | 51.9 | 22.0 | 1.2 | 100.0 | 941 |
| 6+ | 35.6 | 41.1 | 22.2 | 1.1 | 100.0 | 1,046 |
| Residence |  |  |  |  |  |  |
| Urban | 20.6 | 54.5 | 23.8 | 1.1 | 100.0 | 1,499 |
| Rural | 26.0 | 44.8 | 28.1 | 1.1 | 100.0 | 2,904 |
| Province |  |  |  |  |  |  |
| Central | 28.1 | 44.8 | 24.8 | 2.4 | 100.0 | 319 |
| Copperbelt | 27.7 | 52.5 | 18.9 | 0.9 | 100.0 | 765 |
| Eastern | 28.3 | 43.1 | 28.3 | 0.4 | 100.0 | 587 |
| Luapula | 24.6 | 45.2 | 29.9 | 0.3 | 100.0 | 371 |
| Lusaka | 14.8 | 57.0 | 27.4 | 0.9 | 100.0 | 590 |
| Northern | 21.5 | 45.6 | 31.8 | 1.1 | 100.0 | 649 |
| North-Western | 25.5 | 50.4 | 23.7 | 0.4 | 100.0 | 226 |
| Southern | 24.0 | 47.7 | 26.6 | 1.7 | 100.0 | 485 |
| Western | 25.4 | 42.6 | 29.8 | 2.2 | 100.0 | 412 |
| Education |  |  |  |  |  |  |
| No education | 32.6 | 38.7 | 27.8 | 0.9 | 100.0 | 613 |
| Primary | 24.2 | 48.9 | 25.9 | 1.0 | 100.0 | 2,726 |
| Secondary | 19.4 | 52.0 | 27.3 | 1.2 | 100.0 | 977 |
| Higher | 16.6 | 45.2 | 36.0 | 2.2 | 100.0 | 87 |
| Total | 24.2 | 48.1 | 26.7 | 1.1 | 100.0 | 4,402 |

### 9.1.2 Delivery and Postnatal Care

Another important component of efforts to reduce the health risks of mothers and children is increasing the proportion of health facility-based deliveries. Proper medical attendance and hygienic conditions during delivery can reduce the risk of complications and infections and possibly death for both the mother and/or the baby.

For births occurring outside a health facility, the 2001-2002 ZDHS collected information on whether the mother had seen anyone after the birth to check on her health (Table 9.8). Postnatal checkups provide an opportunity to assess and treat delivery complications and to counsel new mothers on how to care for herself and her child.

## Delivery care

The 2001-2002 ZDHS obtained information on both the place of delivery and the person assisting with the delivery. Tables 9.5 and 9.6 present this information for all live births in the five-year period preceding the survey.

Place of delivery and assistance during delivery are indicators of the quality of care being provided. Table 9.5 shows that over half of births occur at home, while 44 percent occur in health facilities. Of the births in health facilities, 35 percent occur in public sector facilities and about one in ten occur in private sector facilities. Women having their first baby are more likely to deliver in health institutions; this proportion declines with increased birth order. Urban residents are three times more likely to deliver in a health facility than their rural counterparts, the majority of the latter ( 71 percent) delivering at home. Lusaka and Copperbelt have the highest proportion of institutional deliveries.

The higher a woman's education, the higher the probability that she will deliver in a health facility. Almost all women with higher than secondary education deliver in health facilities ( 97 percent) while only 17 percent of women with no education do so. Additionally, antenatal care attendance has an impact on the proportion of women who deliver in a health facility. Only 7 percent of women who did not receive antenatal care delivered at a health facility, compared with 53 percent of those with four or more visits.

Table 9.5 Place of delivery
Percent distribution of live births in the five years preceding the survey by place of delivery, according to background characteristics, Zambia 2001-2002

| Background characteristic | Health facility |  |  | Home | Other | Don't know/ missing | Total | Number of births |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Any ${ }^{1}$ facility | Public sector | Private sector |  |  |  |  |  |
| Mother's age at birth |  |  |  |  |  |  |  |  |
| <20 | 45.8 | 39.6 | 16.1 | 53.4 | 0.5 | 0.4 | 100.0 | 1,454 |
| 20-34 | 44.5 | 34.6 | 9.9 | 55.0 | 0.2 | 0.3 | 100.0 | 4,364 |
| 35-49 | 35.4 | 25.3 | 10.2 | 63.1 | 1.0 | 0.4 | 100.0 | 831 |
| Birth order |  |  |  |  |  |  |  |  |
| 1 | 54.4 | 46.3 | 8.0 | 44.9 | 0.3 | 0.4 | 100.0 | 1,515 |
| 2-3 | 44.3 | 36.1 | 8.2 | 55.2 | 0.2 | 0.4 | 100.0 | 2,257 |
| 4-5 | 41.1 | 30.0 | 11.1 | 58.4 | 0.4 | 0.2 | 100.0 | 1,422 |
| 6+ | 33.9 | 24.3 | 9.6 | 64.9 | 0.8 | 0.4 | 100.0 | 1,455 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 79.0 | 67.2 | 11.8 | 20.6 | 0.0 | 0.3 | 100.0 | 2,050 |
| Rural | 27.9 | 20.0 | 7.9 | 71.3 | 0.5 | 0.3 | 100.0 | 4,599 |
| Province |  |  |  |  |  |  |  |  |
| Central | 33.7 | 30.9 | 2.8 | 66.1 | 0.1 | 0.1 | 100.0 | 502 |
| Copperbelt | 71.8 | 50.6 | 21.1 | 27.2 | 0.3 | 0.8 | 100.0 | 1,065 |
| Eastern | 31.2 | 24.0 | 7.2 | 67.6 | 1.0 | 0.1 | 100.0 | 890 |
| Luapula | 29.1 | 23.1 | 6.0 | 70.6 | 0.3 | 0.0 | 100.0 | 625 |
| Lusaka | 75.4 | 74.1 | 1.3 | 24.6 | 0.0 | 0.0 | 100.0 | 805 |
| Northern | 27.6 | 19.7 | 7.8 | 71.9 | 0.3 | 0.3 | 100.0 | 1,008 |
| North-Western | 47.0 | 26.0 | 21.0 | 52.5 | 0.3 | 0.1 | 100.0 | 357 |
| Southern | 32.1 | 24.8 | 7.2 | 66.7 | 0.5 | 0.8 | 100.0 | 764 |
| Western | 33.3 | 26.2 | 7.1 | 65.8 | 0.5 | 0.5 | 100.0 | 632 |
| Mother's education |  |  |  |  |  |  |  |  |
| No education | 17.4 | 13.3 | 4.1 | 81.9 | 0.7 | 0.0 | 100.0 | 978 |
| Primary | 38.1 | 29.7 | 8.4 | 61.1 | 0.4 | 0.3 | 100.0 | 4,235 |
| Secondary | 76.3 | 62.1 | 14.1 | 23.0 | 0.1 | 0.6 | 100.0 | 1,334 |
| Higher | 97.1 | 75.8 | 21.4 | 2.9 | 0.0 | 0.0 | 100.0 | 101 |
| Antenatal care visits ${ }^{2}$ |  |  |  |  |  |  |  |  |
| None | 7.4 | 6.7 | 0.7 | 91.6 | 1.1 | 0.0 | 100.0 | 181 |
| 1-3 | 30.6 | 24.4 | 6.2 | 68.7 | 0.7 | 0.0 | 100.0 | 960 |
| 4+ | 52.8 | 42.3 | 10.6 | 46.8 | 0.3 | 0.1 | 100.0 | 3,153 |
| Total | 43.6 | 34.5 | 9.1 | 55.7 | 0.4 | 0.3 | 100.0 | 6,649 |

[^4]Table 9.6 shows that medically trained providers assist 43 percent of deliveries. Births are equally likely to be assisted by a relative or friend ( 38 percent) as they are by a nurse or midwife ( 39 percent). Traditional birth attendants assist 12 percent of the deliveries and doctors assist an even smaller percentage ( 3 percent). Births to older mothers (35-49) are considerably more likely to deliver without any assistance ( 18 percent) than births to women under age 20 ( 1 percent). Women expecting their first child are more likely to be delivered by a medically trained provider compared with those with more children. Seventy-nine percent of urban women are delivered by a medically trained provider, compared with only 28 percent of those living in rural areas. Medical personnel assisted in over 70 percent of the deliveries in Lusaka and Copperbelt compared with Northern ( 28 percent) and Luapula ( 29 percent) provinces. Seventeen percent of births to mothers with no education are assisted by medically trained personnel during delivery, compared with 76 percent of births to mothers with secondary education and 97 percent of those with higher than secondary education.

| Table 9.6 Assistance during delivery |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of live births in the five years preceding the survey by person providing assistance during delivery, according to background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |  |
| Medically trained provider |  |  |  |  |  |  |  |  |  |  |
| Background characteristic | Any ${ }^{1}$ provider | Doctor | Clinical officer | Nurse/ midwife | Traditional birth attendant | Relative/ friend | No one | Don't know/ missing | Total | Number <br> of births |
| Mother's age at birth |  |  |  |  |  |  |  |  |  |  |
| $<20$ | 45.4 | 3.5 | 1.5 | 40.5 | 12.1 | 40.7 | 1.3 | 0.4 | 100.0 | 1,454 |
| 20-34 | 44.3 | 3.2 | 1.3 | 39.8 | 11.5 | 37.6 | 6.4 | 0.2 | 100.0 | 4,364 |
| 35-49 | 35.0 | 2.9 | 1.2 | 30.9 | 10.2 | 36.9 | 17.7 | 0.2 | 100.0 | 831 |
| Birth order |  |  |  |  |  |  |  |  |  |  |
| 1 | 54.1 | 5.4 | 1.8 | 47.0 | 10.7 | 34.0 | 0.9 | 0.4 | 100.0 | 1,515 |
| 2-3 | 44.2 | 3.0 | 1.2 | 40.0 | 11.6 | 40.5 | 3.4 | 0.3 | 100.0 | 2,257 |
| 4-5 | 41.0 | 2.3 | 1.0 | 37.8 | 11.9 | 38.8 | 8.2 | 0.1 | 100.0 | 1,422 |
| 6+ | 33.4 | 2.3 | 1.4 | 29.7 | 11.8 | 38.5 | 16.2 | 0.1 | 100.0 | 1,455 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 78.9 | 7.2 | 0.6 | 71.2 | 3.4 | 14.4 | 3.0 | 0.2 | 100.0 | 2,050 |
| Rural | 27.6 | 1.5 | 1.7 | 24.4 | 15.1 | 48.8 | 8.3 | 0.2 | 100.0 | 4,599 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Central | 34.2 | 2.8 | 2.0 | 29.4 | 10.4 | 47.9 | 7.5 | 0.0 | 100.0 | 502 |
| Copperbelt | 71.5 | 8.0 | 0.8 | 62.7 | 6.3 | 17.4 | 4.3 | 0.5 | 100.0 | 1,065 |
| Eastern | 31.7 | 1.4 | 0.8 | 29.5 | 22.0 | 39.1 | 7.1 | 0.1 | 100.0 | 890 |
| Luapula | 28.6 | 1.0 | 2.9 | 24.8 | 17.5 | 46.6 | 7.3 | 0.0 | 100.0 | 625 |
| Lusaka | 74.9 | 7.1 | 0.9 | 66.9 | 1.6 | 15.7 | 7.8 | 0.0 | 100.0 | 805 |
| Northern | 27.6 | 1.1 | 1.2 | 25.2 | 14.8 | 50.9 | 6.5 | 0.2 | 100.0 | 1,008 |
| North-Western | 47.4 | 1.5 | 1.1 | 44.8 | 18.0 | 32.2 | 2.3 | 0.1 | 100.0 | 357 |
| Southern | 32.1 | 1.2 | 1.7 | 29.2 | 9.5 | 47.6 | 10.4 | 0.5 | 100.0 | 764 |
| Western | 31.4 | 2.3 | 1.3 | 27.8 | 6.3 | 56.4 | 5.5 | 0.5 | 100.0 | 632 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |
| No education | 17.3 | 0.7 | 0.8 | 15.8 | 14.3 | 56.0 | 12.4 | 0.0 | 100.0 | 978 |
| Primary | 37.8 | 2.6 | 1.4 | 33.8 | 12.8 | 42.2 | 7.0 | 0.2 | 100.0 | 4,235 |
| Secondary | 76.3 | 5.8 | 1.4 | 69.2 | 6.0 | 15.2 | 2.0 | 0.4 | 100.0 | 1,334 |
| Higher | 97.1 | 22.0 | 1.2 | 73.9 | 1.2 | 1.6 | 0.0 | 0.0 | 100.0 | 101 |
| Total | 43.4 | 3.2 | 1.3 | 38.9 | 11.5 | 38.2 | 6.7 | 0.2 | 100.0 | 6,649 |
| Note: If the respondent mentioned more than one person attending delivery, only the most qualified person is considered in this tabulation. <br> ${ }^{1}$ The percentage assisted by any medically trained provider is the sum of the percentages assisted by a doctor, clinical officer or nurse/midwife |  |  |  |  |  |  |  |  |  |  |

## Delivery characteristics

The 2001-2002 ZDHS obtained information on a number of aspects of deliveries including the frequency of caesarean sections and of low birth weight babies. In countries where the level of facility deliveries is comparatively low like Zambia, the caesarean section rate provides a proxy for women's access to care for complicated deliveries. Information is collected on the baby's birth weight and size because low birth weight is associated with neonatal morbidity and mortality. To obtain the birth weight data, respondents were asked whether their baby was weighed at birth, and if so, how much the baby weighed. Interviewers were trained to use any written record of birth weight available. As many women do not deliver at a health facility, the mother was also asked for her own perception of the baby's size at birth.

Table 9.7 shows that only 2 percent of births are delivered by cesarean section. Caesarean sections are more common among first births (3 percent), women residing in urban areas (4 percent), women in Lusaka ( 5 percent) and Copperbelt (3 percent), and women with higher than secondary education (15 percent).

Two and half kilogrammes is considered normal birth weight and babies weighing less than that are regarded as small or low birth weight. The 2001-2002 ZDHS revealed that more than half (54 percent) of neonates are not weighed at birth. This may be explained by the low percentage of institutional deliveries. Five percent of all births are underweight, representing 11 percent of births for which a birth weight was recorded. Underweight births are more common among babies born to younger mothers (6 percent) and mothers delivering their first child (8 percent). Although it appears as if babies who weigh less than 2.5 kg are more common in urban than in rural areas and among babies born of mothers with higher education, this pattern disappears when only babies who were weighed are taken into account.

| Table 9.7 Delivery characteristics |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of live births in the five years preceding the survey delivered by caesarean section (C-section), and percent distribution by birth weight and by mother's estimate of baby's size at birth, according to background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  | Birth weight |  |  |  |  | Size of child at birth |  |  |  |  |  |
| Background characteristic | by caesarean section | Not weighed | $\begin{aligned} & \text { Less } \\ & \text { than } \\ & 2.5 \mathrm{~kg} \end{aligned}$ | $2.5 \mathrm{~kg}$ or more | Don't know/ missing | Total | Very small | Smaller than average | Average or larger | Don't know/ missing | Total | Number of births |
| Mother's age at birth |  |  |  |  |  |  |  |  |  |  |  |  |
| <20 | 1.7 | 51.9 | 6.4 | 36.5 | 5.1 | 100.0 | 4.6 | 14.5 | 80.3 | 0.5 | 100.0 | 1,454 |
| 20-34 | 2.3 | 53.0 | 4.1 | 39.5 | 3.4 | 100.0 | 3.2 | 9.1 | 87.5 | 0.2 | 100.0 | 4,364 |
| 35-49 | 1.5 | 61.3 | 3.9 | 30.4 | 4.4 | 100.0 | 3.3 | 9.7 | 86.5 | 0.5 | 100.0 | 831 |
| Birth order |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 3.1 | 44.2 | 8.0 | 42.9 | 5.0 | 100.0 | 4.9 | 15.1 | 79.4 | 0.5 | 100.0 | 1,515 |
| 2-3 | 2.0 | 53.2 | 3.6 | 39.7 | 3.5 | 100.0 | 3.0 | 9.2 | 87.4 | 0.3 | 100.0 | 2,257 |
| 4-5 | 1.3 | 55.6 | 4.3 | 37.2 | 2.9 | 100.0 | 3.2 | 8.9 | 87.8 | 0.1 | 100.0 | 1,422 |
| 6+ | 1.8 | 63.2 | 2.8 | 29.8 | 4.3 | 100.0 | 3.0 | 8.6 | 88.1 | 0.3 | 100.0 | 1,455 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 4.2 | 17.6 | 8.1 | 71.0 | 3.4 | 100.0 | 5.0 | 10.6 | 84.0 | 0.4 | 100.0 | 2,050 |
| Rural | 1.1 | 70.0 | 3.0 | 22.9 | 4.1 | 100.0 | 2.8 | 10.3 | 86.6 | 0.3 | 100.0 | 4,599 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |
| Central | 1.9 | 66.0 | 2.6 | 27.8 | 3.6 | 100.0 | 2.9 | 13.2 | 83.8 | 0.1 | 100.0 | 502 |
| Copperbelt | 3.2 | 21.3 | 7.6 | 68.4 | 2.8 | 100.0 | 5.7 | 6.9 | 86.6 | 0.8 | 100.0 | 1,065 |
| Eastern | 1.5 | 67.9 | 2.2 | 26.1 | 3.8 | 100.0 | 0.8 | 8.0 | 91.0 | 0.1 | 100.0 | 890 |
| Luapula | 0.6 | 68.5 | 5.2 | 22.4 | 3.8 | 100.0 | 1.6 | 14.3 | 84.1 | 0.0 | 100.0 | 625 |
| Lusaka | 4.7 | 20.6 | 6.0 | 69.4 | 4.1 | 100.0 | 3.9 | 14.8 | 81.3 | 0.0 | 100.0 | 805 |
| Northern | 2.1 | 70.3 | 2.5 | 21.9 | 5.4 | 100.0 | 3.1 | 5.8 | 90.9 | 0.2 | 100.0 | 1,008 |
| North-Western | 1.7 | 52.1 | 6.4 | 40.0 | 1.5 | 100.0 | 1.9 | 9.2 | 88.7 | 0.1 | 100.0 | 357 |
| Southern | 0.8 | 65.7 | 4.2 | 25.5 | 4.7 | 100.0 | 4.2 | 14.5 | 80.6 | 0.8 | 100.0 | 764 |
| Western | 1.0 | 67.4 | 4.8 | 24.0 | 3.9 | 100.0 | 6.1 | 10.8 | 82.6 | 0.5 | 100.0 | 632 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 0.5 | 81.3 | 1.3 | 12.0 | 5.4 | 100.0 | 2.7 | 11.5 | 85.9 | 0.0 | 100.0 | 978 |
| Primary | 1.8 | 59.0 | 4.0 | 32.7 | 4.2 | 100.0 | 3.4 | 10.5 | 85.8 | 0.3 | 100.0 | 4,235 |
| Secondary | 3.3 | 21.0 | 8.2 | 68.7 | 2.1 | 100.0 | 4.3 | 9.5 | 85.7 | 0.5 | 100.0 | 1,334 |
| Higher | 14.5 | 1.9 | 11.1 | 87.0 | 0.0 | 100.0 | 5.1 | 7.3 | 87.0 | 0.6 | 100.0 | 101 |
| Total | 2.1 | 53.8 | 4.6 | 37.7 | 3.9 | 100.0 | 3.5 | 10.4 | 85.8 | 0.3 | 100.0 | 6,649 |

When asked about the size of their children at birth, 14 percent of the mothers reported that their babies were very small or smaller than average. The majority of babies ( 86 percent) were reported to be of average or larger size at birth. Among babies who were weighed, the proportion that were of low birth weight was highest in Copperbelt ( 8 percent) and lowest in Eastern ( 2 percent). There was little difference by mother's level of education in the proportion who weighed less than 2.5 kg at birth.

## Postnatal care

Postnatal care is particularly important in the case of non-institutional births in order to detect delivery complications that may threaten the mother or the child's survival. Table 9.8 shows the percent distribution of women who delivered a baby outside a health facility in the five years before the survey, according to whether they received a postnatal checkup and, if they had such care, the timing of the first postnatal visit. A checkup during the first two days following delivery is particularly critical since most maternal and neonatal deaths occur during that period. The benefits of early postnatal check-up, especially during the first 24 hours, include early diagnosis of complications during the postpartum period for both mother and her newborn, care of the newborn and mother including education or breastfeeding and family planning. One of the most frequent postpartum complications is haemorrhage, which occurs within 24 hours after delivery and can lead to death (Ransom and Yinger, 2002). In Zambia, the majority of women deliver at home where they do not have access to skilled care.

Table 9.8 shows that 77 percent of women who deliver outside a health facility do not receive postnatal care. Only 12 percent attend postnatal care within 2 days of delivery and 8 percent 7 to 41 days after delivery. Younger mothers tend to utilise postnatal services slightly more than older mothers. More than twice as many women from the urban areas receive postnatal care within 2 days of delivery as those from rural areas. Differences in the utilisation of postnatal services by province are quite marked. Mothers residing in Copperbelt ( 51 percent) and Lusaka ( 46 percent) are most likely to receive postnatal care, compared with mothers living in Central, Western, and Eastern provinces, where the level is less than 15 percent. A higher proportion of mothers with secondary or higher education receive postnatal care compared with those with primary or no education.

| Table 9.8 Postnatal care |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women who had a non-institutional live birth in the five years preceding the survey by timing of postnatal care for the most recent non-institutional birth, according to background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |
| Timing of first postnatal checkup |  |  |  |  |  |  |  |
| Background characteristic | Within 2 days of delivery | 3-6 days after delivery | $\begin{gathered} \text { 7-41 days } \\ \text { after } \\ \text { delivery } \end{gathered}$ | Don't know/ missing | Did not receive postnatal checkup ${ }^{1}$ | Total | Number of women |
| Age at birth |  |  |  |  |  |  |  |
| <20 | 12.6 | 3.0 | 11.6 | 0.1 | 72.7 | 100.0 | 441 |
| 20-34 | 11.8 | 2.3 | 7.6 | 0.2 | 78.1 | 100.0 | 1,506 |
| 35-49 | 11.7 | 1.8 | 7.7 | 0.0 | 78.8 | 100.0 | 423 |
| Birth order |  |  |  |  |  |  |  |
| 1 | 11.8 | 4.1 | 11.4 | 0.1 | 72.5 | 100.0 | 394 |
| 2-3 | 13.4 | 2.1 | 8.4 | 0.2 | 76.0 | 100.0 | 768 |
| 4-5 | 13.1 | 2.0 | 6.4 | 0.2 | 78.2 | 100.0 | 539 |
| 6+ | 9.4 | 2.0 | 8.0 | 0.1 | 80.5 | 100.0 | 669 |
| Residence |  |  |  |  |  |  |  |
| Urban | 23.0 | 4.8 | 19.4 | 0.3 | 52.5 | 100.0 | 313 |
| Rural | 10.3 | 2.0 | 6.7 | 0.1 | 81.0 | 100.0 | 2,057 |
| Province |  |  |  |  |  |  |  |
| Central | 9.8 | 1.5 | 3.4 | 0.0 | 85.3 | 100.0 | 206 |
| Copperbelt | 28.0 | 3.2 | 20.0 | 0.0 | 48.8 | 100.0 | 206 |
| Eastern | 3.4 | 0.3 | 7.1 | 0.0 | 89.2 | 100.0 | 393 |
| Luapula | 11.1 | 3.3 | 15.5 | 0.4 | 69.7 | 100.0 | 269 |
| Lusaka | 19.0 | 6.7 | 20.0 | 0.0 | 54.3 | 100.0 | 133 |
| Northern | 14.8 | 2.3 | 3.5 | 0.2 | 79.1 | 100.0 | 456 |
| North-Western | 1.4 | 5.1 | 9.2 | 1.0 | 83.2 | 100.0 | 117 |
| Southern | 12.5 | 1.8 | 6.8 | 0.0 | 78.9 | 100.0 | 321 |
| Western | 10.2 | 1.9 | 1.9 | 0.0 | 86.1 | 100.0 | 270 |
| Education |  |  |  |  |  |  |  |
| No education | 6.0 | 1.8 | 6.1 | 0.2 | 86.0 | 100.0 | 500 |
| Primary | 12.6 | 2.2 | 8.7 | 0.1 | 76.4 | 100.0 | 1,652 |
| Secondary or higher | r 20.9 | 5.2 | 10.8 | 0.0 | 63.2 | 100.0 | 218 |
| Total | 11.9 | 2.4 | 8.4 | 0.1 | 77.2 | 100.0 | 2,370 |
| ${ }^{1}$ Includes women who received the first postnatal checkup after 41 days |  |  |  |  |  |  |  |

### 9.1.3 Trends in Maternity Care Indicators

The trends in selected maternity care indicators are shown in Figure 9.1. The percentage of women receiving antenatal care from a health professional has decreased slightly from 96 percent in 1996 to 93 percent in 2001-2002. Tetanus toxoid coverage for women has declined from 81 percent in 1992 to 75 percent in 2001-2002. Medical personnel are attending slightly fewer deliveries, while the proportion of births attended by traditional birth attendants is the highest recorded since 1992 ( 12 percent).

Figure 9.1 also shows that there has been a decline in the proportion of deliveries at health facilities and an increase in home deliveries. Presumably, because of declines in facility deliveries, the proportion of births assisted by medically trained providers has also declined, from 51 percent of births in 1992 to 47 percent in 1996 and 43 percent in 2001-2002. The percentage of women delivered by a relative or friend increased from 33 percent in 1992 to 41 percent in 1996 but has now declined slightly to 38 percent.


### 9.2 Visits by Health Workers and Presence of a Neighbourhood Health Committee

Table 9.9 shows the proportion of women who reported that someone in their house was visited by a health worker in the last 12 months and of those visited, the percentage provided with various services by background characteristics.

Overall, 10 percent of women reported a visit by a health worker from the community in their house. The proportion of health worker visits is higher in rural areas ( 11 percent) than in urban areas (7 percent). Among provinces, North-Western and Western have the higher proportions of women reporting house visits by a community health worker ( 29 percent and 22 percent, respectively), while Central province has the lowest ( 5 percent).

Information, education, counseling is the most common service provided to the household members by the community health workers ( 45 percent), followed by immunisations ( 28 percent) and administering of vitamin A (14 percent).

Table 9.9 Visits by health workers

Percentage of all women 15-49 visited by a health worker in the 12 months preceding the survey, and, of those visited, the percentage who received specific services, by background characteristics, Zambia 2001-2002

| Background characteristic | Percentage visited by health worker | Number of women | Services provided |  |  |  |  |  |  |  |  |  | Number of women visited |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Pills, condoms, foam | ORS packets | Clorin | Antimalarial medicine | Weighed baby | Mos- <br> quito net | $\begin{gathered} \text { Vita- } \\ \text { min } \\ \text { A } \end{gathered}$ | nformation education, counseling | Immu-nisations | Other |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 6.7 | 1,811 | 5.4 | 0.3 | 5.0 | 1.4 | 4.8 | 2.1 | 14.8 | 33.5 | 43.2 | 7.1 | 121 |
| 20-24 | 10.2 | 1,664 | 3.3 | 2.1 | 4.4 | 2.6 | 7.2 | 1.8 | 10.0 | 48.9 | 23.3 | 5.3 | 169 |
| 25-29 | 8.9 | 1,376 | 5.2 | 2.4 | 6.7 | 0.5 | 3.8 | 1.6 | 17.6 | 39.1 | 31.9 | 7.0 | 123 |
| 30-34 | 12.2 | 972 | 9.8 | 3.5 | 6.5 | 0.0 | 7.6 | 0.0 | 13.4 | 40.5 | 26.6 | 6.5 | 118 |
| 35-39 | 12.4 | 766 | 6.6 | 1.8 | 1.1 | 2.0 | 2.0 | 1.1 | 12.6 | 57.9 | 22.0 | 7.8 | 95 |
| 40-44 | 11.2 | 601 | 5.3 | 0.6 | 1.7 | 0.0 | 7.0 | 1.3 | 17.5 | 52.3 | 25.6 | 5.7 | 67 |
| 45-49 | 11.6 | 467 | 5.6 | 3.5 | 9.8 | 3.0 | 1.9 | 0.0 | 13.8 | 55.3 | 21.7 | 9.7 | 54 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 7.4 | 3,073 | 7.3 | 2.9 | 11.4 | 0.5 | 5.6 | 0.4 | 15.7 | 49.0 | 18.1 | 8.5 | 229 |
| Rural | 11.3 | 4,585 | 5.1 | 1.6 | 2.1 | 1.8 | 5.1 | 1.6 | 13.0 | 43.8 | 32.9 | 6.0 | 519 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Central | 5.4 | 562 | 4.2 | 2.1 | 8.3 | 10.4 | 0.0 | 0.0 | 0.0 | 70.8 | 4.2 | 16.7 | 30 |
| Copperbelt | 7.7 | 1,544 | 5.6 | 2.8 | 5.6 | 1.4 | 6.9 | 1.4 | 26.4 | 43.1 | 18.1 | 12.5 | 118 |
| Eastern | 6.8 | 926 | 16.4 | 8.2 | 3.3 | 1.6 | 9.8 | 3.3 | 11.5 | 52.5 | 0.0 | 3.3 | 63 |
| Luapula | 9.9 | 622 | 1.6 | 0.0 | 4.8 | 0.0 | 4.8 | 3.2 | 16.1 | 79.0 | 0.0 | 0.0 | 62 |
| Lusaka | 6.5 | 1,132 | 10.3 | 1.7 | 20.7 | 3.4 | 6.9 | 0.0 | 1.7 | 62.1 | 0.0 | 8.6 | 73 |
| Northern | 9.1 | 1,040 | 8.5 | 0.9 | 0.9 | 0.9 | 6.6 | 2.8 | 4.7 | 74.5 | 3.8 | 6.6 | 94 |
| North-Western | 28.8 | 354 | 0.4 | 1.6 | 0.0 | 0.0 | 0.0 | 0.0 | 2.0 | 3.5 | 92.5 | 1.2 | 102 |
| Southern | 7.4 | 814 | 9.6 | 1.9 | 9.6 | 0.0 | 5.8 | 1.9 | 9.6 | 65.4 | 0.0 | 7.7 | 60 |
| Western | 21.7 | 663 | 1.4 | 0.7 | 0.7 | 0.7 | 4.9 | 0.0 | 28.9 | 18.3 | 63.4 | 7.0 | 144 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 9.6 | 925 | 7.7 | 1.4 | 3.3 | 0.0 | 6.3 | 2.5 | 9.3 | 48.8 | 30.8 | 3.8 | 89 |
| Primary | 9.5 | 4,439 | 5.3 | 2.3 | 4.7 | 0.9 | 5.5 | 0.9 | 15.6 | 45.2 | 30.3 | 5.9 | 423 |
| Secondary or higher | 10.3 | 2,295 | 5.8 | 1.8 | 5.9 | 2.8 | 4.4 | 1.5 | 12.5 | 44.5 | 24.0 | 9.4 | 235 |
| Total | 9.8 | 7,658 | 5.7 | 2.0 | 4.9 | 1.4 | 5.3 | 1.3 | 13.9 | 45.4 | 28.4 | 6.7 | 747 |

## Neighbourhood Health Committee

Tables 9.10 .1 and 9.10 .2 show the percentage of women and men who report there is a Neighbourhood Health Committee (NHC) in their community and the percentage who have ever attended an NHC meeting, by background characteristics. A NHC is a committee selected by people in the community to assist in the management and financing of health services in the community. Forty-two percent of women report the existence of an NHC in their community, 33 percent in urban areas and 48 percent in rural areas. Men are less likely to report having an NHC in their neighbourhood ( 37 percent). NHCs are apparently more common in the rural provinces than in the predominantly urban provinces. Among people who report having an NHC in their community, only 23 percent of women and 42 percent of men reported ever attending an NHC meeting. Attendance is higher in rural than urban areas.

| Table 9.10.1 Neighbourhood Health Committee (NHC): women |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Percentage of women who say there is a NHC in their community and of those, percentage who have ever attended an NHC meeting, by background characteristics, Zambia 2001-2002 |  |  |  |  |
| Background characteristic | NHC <br> in community |  | Ever attended NHC meeting |  |
|  | Percentage | Number | Percentage | Number |
| Age |  |  |  |  |
| 15-19 | 35.5 | 1,811 | 12.0 | 643 |
| 20-24 | 39.2 | 1,664 | 19.0 | 652 |
| 25-29 | 41.6 | 1,376 | 24.9 | 572 |
| 30-34 | 47.9 | 972 | 26.0 | 466 |
| 35-39 | 51.6 | 766 | 31.9 | 395 |
| 40-44 | 45.6 | 601 | 32.2 | 274 |
| 45-49 | 47.0 | 467 | 33.3 | 219 |
| Residence |  |  |  |  |
| Urban | 32.6 | 3,073 | 15.4 | 1,002 |
| Rural | 48.4 | 4,585 | 26.9 | 2,220 |
| Province |  |  |  |  |
| Central | 46.2 | 562 | 16.0 | 260 |
| Copperbelt | 38.4 | 1,544 | 18.0 | 594 |
| Eastern | 45.2 | 926 | 22.8 | 419 |
| Luapula | 64.7 | 622 | 10.4 | 402 |
| Lusaka | 24.9 | 1,132 | 17.9 | 282 |
| Northern | 49.7 | 1,040 | 33.0 | 517 |
| North-Western | 50.4 | 354 | 32.2 | 179 |
| Southern | 39.7 | 814 | 27.4 | 323 |
| Western | 37.2 | 663 | 39.9 | 247 |
| Education |  |  |  |  |
| No education | 39.5 | 925 | 25.9 | 365 |
| Primary | 44.7 | 4,439 | 23.3 | 1,983 |
| Secondary | 39.4 | 2,061 | 21.7 | 813 |
| Higher | 26.1 | 234 | 30.3 | 61 |
| Total | 42.1 | 7,658 | 23.3 | 3,222 |


| Percent distribution of men who say there is a NHC in their community and of those, percentage who have ever attended an NHC meeting, by background characteristics, Zambia 2001-2002 |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | NHC <br> in community |  | Ever attended NHC meeting |  |
| characteristic | Percentage | Number | Percentage | Number |
| Age |  |  |  |  |
| 15-19 | 24.0 | 459 | 15.8 | 110 |
| 20-24 | 33.2 | 346 | 28.5 | 115 |
| 25-29 | 41.0 | 361 | 38.3 | 148 |
| 30-34 | 37.7 | 281 | 44.6 | 106 |
| 35-39 | 48.4 | 241 | 51.3 | 117 |
| 40-44 | 50.4 | 174 | 64.7 | 88 |
| 45-49 | 40.2 | 113 | 69.5 | 46 |
| 50-54 | 44.1 | 100 | 53.1 | 44 |
| 55-59 | 32.9 | 71 | 51.6 | 23 |
| Residence |  |  |  |  |
| Urban | 22.6 | 851 | 31.4 | 192 |
| Rural | 46.6 | 1,294 | 46.0 | 603 |
| Province |  |  |  |  |
| Central | 40.6 | 165 | 50.0 | 67 |
| Copperbelt | 22.6 | 447 | 26.7 | 101 |
| Eastern | 60.5 | 268 | 54.2 | 162 |
| Luapula | 53.0 | 166 | 37.5 | 88 |
| Lusaka | 23.4 | 314 | 33.9 | 73 |
| Northern | 55.0 | 292 | 43.9 | 161 |
| North-Western | 45.8 | 93 | 56.9 | 43 |
| Southern | 26.8 | 232 | 36.4 | 62 |
| Western | 22.9 | 169 | 36.1 | 39 |
| Education |  |  |  |  |
| No education | 40.5 | 108 | 47.8 | 44 |
| Primary | 39.9 | 1,100 | 42.9 | 439 |
| Secondary | 34.7 | 808 | 39.5 | 280 |
| Higher | 25.0 | 129 | 55.0 | 32 |
| Total | 37.1 | 2,145 | 42.4 | 796 |

### 9.3 Women's Perceptions of Problems in Obtaining Health Care

The 2001-2002 ZDHS included a series of questions aimed at obtaining information on the problems women perceive as barriers to accessing health care for themselves. This information is particularly important in understanding and addressing the barriers women may face in seeking care in general. To obtain this information, all ZDHS respondents were asked whether each of the following factors would be a big problem or not for them in obtaining medical advice or treatment when they are sick: knowing where to go, getting permission to go, getting money for transport and treatment, distance to the health facility and availability of transport. Table 9.11 shows the problems in accessing health care.

Clearly, women have problems in accessing health care services, with 77 percent of all women citing at least one of the specified problems. The majority of women say that difficulty in getting money for treatment or transport is a big problem ( 66 percent), followed by availability of transport ( 47 percent) and distance to the health facilities ( 46 percent). Very few women cite knowing where to go for treatment or getting permission to go as big problems in accessing health care for themselves.

Getting money for transport or treatment, distance to the health facility, and availability of transport are problems of particular concern to older women and high parity women. The same is true for divorced/separated/widowed women compared with never-married women and those married or cohabiting with a partner. More rural women cite getting money for transport, distance to the health facility, and availability of transport as big problems than urban women.

| Table 9.11 Problems in accessing health care |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women who report they have big problems in accessing health care for themselves when they are sick, by type of problem and background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |
|  | Problems in accessing health care |  |  |  |  | Any of the specified problems | Number of women |
| Background characteristic | Knowing where to go for treatment | Getting permission to go for treatment | Getting money for treatmeant or transport | Distance to health facility | Availability of transport |  |  |
| Age |  |  |  |  |  |  |  |
| 15-19 | 7.8 | 4.8 | 59.7 | 40.9 | 42.0 | 71.5 | 1,811 |
| 20-29 | 6.5 | 4.4 | 65.1 | 45.1 | 46.2 | 76.6 | 3,040 |
| 30-39 | 6.7 | 2.5 | 69.5 | 47.1 | 50.5 | 79.8 | 1,738 |
| 40-49 | 7.6 | 3.9 | 76.0 | 51.6 | 54.5 | 85.1 | 1,069 |
| Number of living children |  |  |  |  |  |  |  |
| 0 | 7.7 | 4.9 | 59.0 | 39.3 | 40.7 | 71.4 | 2,067 |
| 1-2 | 6.5 | 4.3 | 65.2 | 44.7 | 46.1 | 76.2 | 2,431 |
| 3-4 | 7.4 | 3.3 | 70.5 | 49.3 | 53.3 | 81.1 | 1,578 |
| 5+ | 6.3 | 2.9 | 73.6 | 51.0 | 52.1 | 83.0 | 1,582 |
| Marital status |  |  |  |  |  |  |  |
| Never married | 7.1 | 5.0 | 59.1 | 38.2 | 39.2 | 70.5 | 1,897 |
| Married or living together | 6.5 | 3.3 | 66.4 | 47.4 | 49.4 | 77.9 | 4,694 |
| Divorced, separated, widowed | d 9.1 | 5.0 | 79.1 | 50.1 | 52.8 | 86.9 | 1,067 |
| Residence |  |  |  |  |  |  |  |
| Urban | 5.2 | 3.0 | 58.5 | 25.2 | 28.0 | 66.2 | 3,073 |
| Rural | 8.1 | 4.7 | 71.6 | 59.1 | 60.3 | 84.8 | 4,585 |
| Province |  |  |  |  |  |  |  |
| Central | 12.2 | 4.8 | 66.0 | 58.0 | 50.2 | 82.4 | 562 |
| Copperbelt | 5.5 | 3.3 | 57.1 | 27.6 | 28.0 | 66.0 | 1,544 |
| Eastern | 3.4 | 2.6 | 78.4 | 52.1 | 57.7 | 83.2 | 926 |
| Luapula | 0.6 | 3.8 | 60.9 | 57.8 | 56.2 | 77.2 | 622 |
| Lusaka | 6.5 | 4.1 | 66.9 | 32.1 | 36.9 | 75.6 | 1,132 |
| Northern | 4.8 | 1.2 | 68.0 | 55.7 | 59.4 | 82.5 | 1,040 |
| North-Western | 7.0 | 5.8 | 73.1 | 56.6 | 57.9 | 82.1 | 354 |
| Southern | 8.9 | 4.7 | 69.6 | 50.8 | 56.2 | 80.6 | 814 |
| Western | 18.8 | 9.2 | 65.5 | 50.1 | 49.5 | 79.6 | 663 |
| Education |  |  |  |  |  |  |  |
| No education | 9.7 | 6.1 | 78.0 | 61.8 | 63.6 | 88.0 | 925 |
| Primary | 7.4 | 3.9 | 71.6 | 50.7 | 53.3 | 82.8 | 4,439 |
| Secondary | 5.4 | 2.8 | 53.8 | 30.2 | 30.7 | 64.6 | 2,061 |
| Higher | 2.5 | 7.6 | 31.0 | 15.7 | 17.6 | 43.7 | 234 |
| Employment |  |  |  |  |  |  |  |
| Not employed | 6.7 | 3.8 | 65.9 | 41.5 | 44.1 | 75.1 | 3,274 |
| Working for cash | 6.8 | 4.2 | 67.3 | 42.3 | 44.7 | 77.6 | 2,553 |
| Not working for cash | 7.8 | 3.9 | 65.8 | 57.1 | 56.8 | 81.0 | 1,830 |
| Total | 7.0 | 4.0 | 66.4 | 45.5 | 47.3 | 77.3 | 7,658 |

It is also quite evident that women with no education are more likely to experience problems in accessing health care compared with their counterparts with higher education. Women with no education are more likely to have problems with finding money for treatment or transport ( 78 percent) than women with higher than secondary education ( 31 percent). Getting money for treatment or transport is the most frequently reported problem in all nine provinces. Women in Lusaka and Copperbelt were notably less likely to cite distance to the health facility and availability of transport as a problem in accessing health care than women in other provinces.

No major variations were observed with regard to women's employment status and getting money for treatment or transport. However, 57 percent of women not working for cash identified distance to a health facility and availability of transport as barriers to accessing health services compared with 42 and 45 percent, respectively, of women working for cash.

### 9.4 Child Immunisation

The 2001-2002 ZDHS collected information on immunisation coverage for all children born in the five years before the survey. The Government of Zambia has adopted the World Health Organisation (WHO) guidelines for vaccinating children. According to these guidelines, to be considered fully vaccinated, a child should receive the following vaccinations: one dose of BCG, three doses each of DPT and polio vaccine, and one dose of measles vaccine. BCG, which protects against tuberculosis, should be given at birth or at first clinic contact. DPT protects against diphtheria, pertussis (whooping cough), and tetanus. DPT and polio vaccine guidelines require three vaccinations at approximately 6,10 and 14 weeks of age. There is also a dose of polio vaccine at birth (Polio 0) or within 13 days. The measles vaccine should be given at nine months of age. It is recommended that children receive the complete schedule of vaccinations before 12 months of age.

In the 2001-2002 ZDHS, information on vaccination coverage was obtained in two ways-from health cards and from mother's verbal reports. All mothers were asked to show the interviewer the health cards on which the child's immunisations are recorded. If the card was available, the interviewer copied the dates on which each vaccination was received. If a vaccination was not recorded on the card, the mother was asked to recall whether that particular vaccination had been given. If the mother was not able to present a card for a child at all, she was asked to recall whether the child had received BCG, polio, DPT and measles. If she recalled that the child had received the polio or DPT vaccines, she was asked about the number of doses that the child received.

Table 9.12 presents information on vaccination coverage for children 12-23 months indicating the source of information used to determine the coverage for specific vaccines.

| Percentage of children (vaccination card or mot | mon repor | who and $p$ | eceive centag | specifi vaccin | vaccin ed by | $\begin{aligned} & s \text { at a } \\ & 2 \text { mol } \end{aligned}$ | time <br> s of ag | fore Zam | he surve <br> bia 2001 | by so 2002 | rce of | information |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Source of information | Percentage of children who had received: |  |  |  |  |  |  |  |  |  |  | Number <br> of children |
|  | BCG | DPT |  |  | Polio ${ }^{1}$ |  |  |  | Measles | All ${ }^{2}$ | None |  |
|  |  | 1 | 2 | 3 | 0 | 1 | 2 | 3 |  |  |  |  |
| Vaccinated at any time before the survey |  |  |  |  |  |  |  |  |  |  |  |  |
| Vaccination card | 78.0 | 78.3 | 75.8 | 70.9 | 12.1 | 78.7 | 75.9 | 71.1 | 70.5 | 63.5 | 0.0 | 1,033 |
| Mother's report | 16.0 | 15.8 | 13.9 | 9.2 | 2.2 | 16.8 | 15.1 | 9.1 | 13.9 | 6.5 | 3.4 | 266 |
| Either source | 94.0 | 94.1 | 89.7 | 80.0 | 14.3 | 95.6 | 91.0 | 80.2 | 84.4 | 70.0 | 3.4 | 1,299 |
| Vaccinated by 12 months of age | 90.7 | 91.9 | 85.9 | 73.8 | 13.9 | 93.6 | 87.3 | 73.4 | 70.2 | 57.1 | 5.3 | 1,299 |
| ${ }^{1}$ Polio 0 is the polio vaccination given at birth. <br> ${ }^{2}$ BCG, measles and three doses each of DPT and polio vaccine (excluding polio vaccine given at birth) <br> ${ }^{3}$ For children whose information was based on the mother's report, the proportion of vaccinations given during the first year of life was assumed to be the same as for children with a written record of vaccination. |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Overall, 70 percent of children 12-23 months are fully vaccinated and only 3 percent of children have not received any vaccines. Looking at coverage for specific vaccines, only 14 percent of children have received polio at birth, 94 percent the first DPT dose, and 96 percent the first polio dose. Coverage declines for subsequent doses of DPT and polio, with only 80 percent of children receiving the recommended three doses of these vaccines. These figures reflect dropout rates of 15 and 16 percent for DPT and polio, respectively; the dropout rate represents the proportion of children who receive the first dose of a vaccine but do not go on to get the third dose. The proportion of children vaccinated against measles is 84 percent.

Table 9.13 presents vaccination coverage among children age 12-23 months by background characteristics. There are minor variations in coverage by sex and birth order. Urban children have 77 percent coverage for all vaccinations, compared with 67 percent among rural children. Copperbelt, Lusaka, and Southern provinces record the highest coverage (79, 78 and 77 percent, respectively) for all vaccinations.

The proportion of children fully immunised increases with mother's level of education, from 58 percent among children whose mothers have no education to 71 percent among those whose mothers have some primary education and 76 percent among those whose mothers have at least some secondary education.

| Table 9.13 Vaccinations by background characteristics |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of children 12-23 months who received specific vaccines at any time before the survey (according to vaccination card or mother's report), and percentage with a vaccination card, by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Background characteristic | Percentage of children who received: |  |  |  |  |  |  |  |  |  |  | Percentage with a vaccination card | Number of children |
|  | BCG | DPT |  |  | Polio ${ }^{1}$ |  |  |  | Measles | All ${ }^{2}$ | No vaccinations |  |  |
|  |  | 1 | 2 | 3 | 0 | 1 | 2 | 3 |  |  |  |  |  |
| Sex |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Male | 92.4 | 93.8 | 88.9 | 78.4 | 14.2 | 95.6 | 90.8 | 79.7 | 82.7 | 68.8 | 3.7 | 78.0 | 636 |
| Female | 95.4 | 94.4 | 90.3 | 81.6 | 14.4 | 95.6 | 91.1 | 80.8 | 86.0 | 71.2 | 3.1 | 81.0 | 663 |
| Birth order |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 | 95.9 | 97.3 | 93.8 | 85.0 | 17.7 | 97.3 | 92.7 | 83.4 | 88.6 | 74.6 | 1.5 | 80.6 | 303 |
| 2-3 | 94.3 | 95.5 | 90.2 | 79.9 | 15.5 | 96.1 | 91.7 | 82.3 | 84.7 | 71.2 | 3.2 | 80.5 | 421 |
| 4-5 | 95.5 | 95.5 | 91.5 | 84.0 | 13.7 | 95.7 | 92.3 | 82.2 | 85.1 | 72.0 | 3.1 | 82.2 | 293 |
| 6+ | 89.6 | 87.2 | 82.4 | 70.8 | 9.3 | 92.8 | 86.6 | 71.6 | 78.6 | 61.5 | 6.0 | 74.1 | 282 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 95.5 | 95.9 | 94.3 | 87.9 | 23.3 | 96.0 | 92.8 | 85.1 | 85.5 | 76.9 | 3.2 | 81.3 | 379 |
| Rural | 93.3 | 93.4 | 87.7 | 76.8 | 10.6 | 95.4 | 90.2 | 78.2 | 83.9 | 67.2 | 3.4 | 78.8 | 920 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Central | 95.1 | 93.8 | 88.2 | 81.3 | 9.0 | 95.8 | 91.0 | 81.9 | 83.3 | 70.1 | 2.1 | 80.6 | 91 |
| Copperbelt | 92.1 | 92.1 | 92.1 | 87.1 | 23.7 | 94.2 | 92.1 | 85.6 | 84.9 | 79.1 | 5.0 | 79.9 | 229 |
| Eastern | 96.7 | 97.8 | 91.7 | 81.8 | 12.7 | 97.2 | 90.1 | 75.7 | 89.0 | 68.5 | 1.7 | 76.8 | 188 |
| Luapula | 91.6 | 86.9 | 84.1 | 70.1 | 3.7 | 91.6 | 87.9 | 72.9 | 82.2 | 61.7 | 6.5 | 83.2 | 106 |
| Lusaka | 99.2 | 99.2 | 97.5 | 90.0 | 22.5 | 99.2 | 96.7 | 87.5 | 86.7 | 78.3 | 0.0 | 84.2 | 152 |
| Northern | 91.7 | 90.8 | 79.8 | 68.4 | 4.8 | 92.5 | 84.6 | 72.8 | 80.7 | 60.5 | 5.3 | 71.9 | 203 |
| North-Western | 93.3 | 94.5 | 89.1 | 77.6 | 8.5 | 96.4 | 90.3 | 80.0 | 82.4 | 68.5 | 3.0 | 86.7 | 66 |
| Southern | 93.5 | 96.0 | 94.4 | 87.9 | 18.5 | 96.8 | 95.2 | 86.3 | 87.1 | 77.4 | 3.2 | 84.7 | 143 |
| Western | 92.6 | 95.9 | 89.3 | 71.1 | 15.7 | 97.5 | 91.7 | 78.5 | 80.2 | 60.3 | 2.5 | 76.0 | 123 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 88.2 | 87.9 | 80.0 | 67.1 | 5.3 | 90.6 | 82.9 | 67.6 | 79.8 | 58.0 | 7.3 | 73.9 | 198 |
| Primary | 95.5 | 95.6 | 90.9 | 81.3 | 14.0 | 96.8 | 92.3 | 81.1 | 84.4 | 70.6 | 2.4 | 82.3 | 786 |
| Secondary or higher | 93.7 | 94.3 | 92.6 | 85.0 | 20.7 | 95.6 | 927 | 85.3 | 87.2 | 76.3 | 3.3 | 76.1 | 316 |
| Total | 94.0 | 94.1 | 89.7 | 80.0 | 14.3 | 95.6 | 91.0 | 80.2 | 84.4 | 70.0 | 3.4 | 79.5 | 1,299 |
| ${ }^{1}$ Polio 0 is the polio vaccination given at birth. |  |  |  |  |  |  |  |  |  |  |  |  |  |

Figure 9.2 shows trends in vaccination coverage among children 12-23 months old from 1992 to 2001-2002. Vaccination coverage for all vaccines increased from 1992 to 1996 and decreased slightly between 1996 and 2001-2002.

Availability of new, clean syringes and needles at health facilities is thought to be low in parts of Zambia. In order to assess the situation as well as the frequency of re-using needles, women interviewed in the 2001-2002 ZDHS were asked if their children under five had received any injection during the three months prior to the survey and if so, whether they brought their own syringes, whether a previously used syringe was used, and whether they kept the syringe after the injection.

Figure 9.2 Trends in Vaccination Coverage Among Children 12-23 Months


Source: 1992 ZDHS, 1996 ZDHS, and ZDHS 2001-2002

Table 9.14 shows the percent distribution of children under five years receiving injections in the three months preceding the survey, by background characteristics. Twenty-two percent of children under five received an injection in the three months prior to the survey.

Of those who received injections, 24 percent used their own needle and syringe brought to the health facility. Thirty-seven percent of urban children were given an injection using their own needle and syringe brought to the health facility, compared with 15 percent of children in rural areas.

Central ( 38 percent), Southern ( 37 percent), and Lusaka (37 percent) provinces have the highest percentage of children who received an injection using their own needle and syringe brought to the health facility and North-Western province ( 2 percent) has the lowest.

Forty-six percent of children were given injections using old/used needles and syringes.
Only 7 percent of respondents reported keeping the needles and syringes after the injection was given to the child, 5 percent in urban areas and 8 percent in rural areas. The questions on injections are specific to Zambia and have not been tested in other countries. Thus, the data should be interpreted with caution because some confusion may have occurred in the respondent's understanding of the questions and in the coded responses.

Table 9.14 Prevalence of injections
Percentage of children under five who received an injection in the three months preceding the survey and of those, the percentage who provided their own syringe, the percentage for whom a previously used syringe was used, and the percentage who kept the syringe, according to background characteristics, Zambia 2001-2002

| Background characteristic | Received injection in past 3 months | Number of children | Client provided syringe | Previously used needle and syringe used | Client kept needle and syringe after use | Number of children who received injection |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Age in months |  |  |  |  |  |  |
| <6 | 51.8 | 634 | 20.2 | 47.0 | 3.6 | 329 |
| 6-11 | 53.3 | 604 | 26.3 | 49.5 | 4.6 | 322 |
| 12-23 | 25.6 | 1,299 | 25.1 | 46.7 | 7.9 | 333 |
| 24-35 | 13.8 | 1,143 | 19.2 | 43.5 | 6.5 | 157 |
| 36-47 | 6.5 | 1,003 | 20.5 | 45.8 | 19.6 | 65 |
| 48-59 | 4.3 | 1,103 | 34.3 | 30.0 | 11.2 | 47 |
| Sex |  |  |  |  |  |  |
| Male | 22.1 | 2,877 | 21.1 | 49.1 | 6.3 | 635 |
| Female | 21.2 | 2,911 | 26.0 | 43.7 | 6.7 | 618 |
| Residence |  |  |  |  |  |  |
| Urban | 26.5 | 1,796 | 37.1 | 45.7 | 4.7 | 476 |
| Rural | 19.5 | 3,991 | 15.2 | 46.9 | 7.6 | 777 |
| Province |  |  |  |  |  |  |
| Central | 22.4 | 425 | 38.4 | 79.5 | 10.6 | 95 |
| Copperbelt | 21.2 | 931 | 31.7 | 73.3 | 5.0 | 197 |
| Eastern | 15.3 | 781 | 5.2 | 7.8 | 9.6 | 119 |
| Luapula | 27.3 | 508 | 6.4 | 52.9 | 11.4 | 139 |
| Lusaka | 30.2 | 711 | 36.5 | 12.4 | 2.4 | 215 |
| Northern | 15.7 | 884 | 19.9 | 77.6 | 13.5 | 139 |
| North-Western | 22.1 | 326 | 2.2 36.6 | 5.0 72.4 | 5.0 3.0 | $\begin{array}{r}72 \\ 154 \\ \hline\end{array}$ |
| Southern Western | 22.6 22.9 | 684 536 | 36.6 | 72.4 24.0 | 3.0 | 154 |
|  |  |  |  |  |  |  |
| Mother's education |  |  |  |  |  |  |
| No education | 18.2 | 842 | 13.3 | 39.7 | 4.6 | 153 |
| Primary | 21.3 | 3,656 | 22.6 | 47.1 | 6.1 | 778 |
| Secondary or higher | 25.0 | 1,289 | 30.6 | 48.0 | 8.3 | 322 |
| Total | 21.7 | 5,787 | 23.5 | 46.4 | 6.5 | 1,253 |

### 9.5 Acute Respiratory Infections

Pneumonia and other respiratory tract infections are leading causes of death of young children in Zambia. In cases of pneumonia, early diagnosis and treatment with antibiotics can prevent a large proportion of deaths due to acute respiratory tract infections (ARI). The prevalence of ARI in the 20012002 ZDHS was estimated by asking mothers whether their children under age five had been ill with a cough accompanied by short, rapid breathing in the two weeks preceding the survey. It should be borne in mind that these data are subjective (i.e., mother's perception of illness) and not validated by a medical examination.

Table 9.15 shows the percentage of children reported to have the symptoms of ARI during the two-week period before the survey and, among children with these symptoms, the percentage for whom treatment was sought from a health provider.

| Table 9.15 Prevalence and treatment of symptoms of acute respiratory infection (ARI) |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Percentage of children under five years of age who had a cough accompanied by short, rapid breathing (symptoms of ARI), and percentage of children with symptoms of ARI for whom treatment was sought from a health facility or provider, by background characteristics, Zambia 2001-2002 |  |  |  |  |
| Background characteristic | Percentage of children with symptoms of ARI | Number of children | Among children with symptoms of ARI, percentage for whom treatment was sought from a health facility or provider ${ }^{1}$ | Number of children with ARI symptoms |
| Age in months |  |  |  |  |
| <6 | 16.5 | 634 | 71.8 | 105 |
| 6-11 | 21.4 | 604 | 78.8 | 129 |
| 12-23 | 18.0 | 1,299 | 76.0 | 234 |
| 24-35 | 15.5 | 1,143 | 71.4 | 177 |
| 36-47 | 9.9 | 1,003 | 55.4 | 99 |
| 48-59 | 9.0 | 1,103 | 46.8 | 99 |
| Sex |  |  |  |  |
| Male | 14.9 | 2,877 | 68.1 | 428 |
| Female | 14.2 | 2,911 | 70.1 | 415 |
| Residence |  |  |  |  |
| Urban | 13.8 | 1,796 | 73.2 | 248 |
| Rural | 14.9 | 3,991 | 67.4 | 595 |
| Province |  |  |  |  |
| Central | 17.7 | 425 | 53.8 | 75 |
| Copperbelt | 11.8 | 931 | 76.1 | 110 |
| Eastern | 9.4 | 781 | 81.7 | 74 |
| Luapula | 26.8 | 508 | 72.3 | 136 |
| Lusaka | 15.8 | 711 | 74.2 | 112 |
| Northern | 12.8 | 884 | 61.4 | 113 |
| North-Western | 9.2 | 326 | 64.0 | 30 |
| Southern | 14.6 | 684 | 75.9 | 100 |
| Western | 17.2 | 536 | 56.0 | 92 |
| Mother's education |  |  |  |  |
| No education | 18.2 | 842 | 63.6 | 153 |
| Primary | 14.6 | 3,656 | 69.2 | 535 |
| Secondary and higher | 12.0 | 1,289 | 74.2 | 155 |
| Total | 14.6 | 5,787 | 69.1 | 843 |

Mothers reported that 15 percent of children under 5 had symptoms of acute respiratory illness (ARI) in the two weeks prior to the survey, of whom 69 percent sought treatment from a health care provider. The 6-23 month old children had the highest prevalence of ARI closely followed by those aged less than 6 months and 24-35 months. The prevalence of ARI drops sharply after 3 years of age. There is little difference observed between boys and girls and residential location. Luapula has 27 percent of children with symptoms of ARI which was the highest compared with North-Western and Eastern provinces which have the lowest ( 9 percent). Children of mothers with secondary or higher education were reported to have slightly lower occurrence of ARI symptoms ( 12 percent) compared with those of mothers with no education (18 percent).

Eastern province has the highest proportion ( 82 percent) of ARI cases for which treatment was sought from a facility, while Central had the lowest ( 54 percent). Children age $0-35$ months are more likely to be taken for treatment compared with children age $36-59$ months. Children of mothers with secondary or higher education are more likely to receive treatment from a health facility ( 74 percent) than those whose mothers have no education ( 64 percent).

### 9.6 Diarrhoeal Diseases

Dehydration caused by severe diarrhoea is a major cause of morbidity and mortality among young children in Zambia. Exposure to diarrhoeal-causing agents is frequently related to use of contaminated water and unhygienic practices related to food preparation, hand-washing, and excreta disposal.

In the 2001-2002 ZDHS, mothers were asked whether any of their children under five years of age had diarrhoea at any time during the two-week period prior to the survey. If any child had diarrhoea, the mother was asked about feeding practices during the diarrhoeal episode and about what actions were taken to treat the diarrhoea.

Table 9.16 shows the proportion of children under 5 who had diarrhoea during the two-week period before the survey. Overall, the prevalence of diarrhoea in the two weeks preceding the survey was 21 percent. Children age 6-23 months have the highest prevalence of diarrhoea ( $36-39$ percent) followed by those age $24-35$ months ( 22 percent). There are no differences in the prevalence of diarrhoea regarding the child's sex or residence. Children in North-Western province have a somewhat lower diarrhoea prevalence than children in other provinces Children of mothers with more than secondary education have a much lower prevalence rate for diarrhoeal diseases ( 6 percent), than children of mothers with no education (24 percent), some primary education ( 21 percent), or some secondary education ( 20 percent). Some of this difference may be due to the relatively small number of children whose mothers have more than secondary education. There is little variation in episodes of diarrhoea by source of drinking water in households.

| Percentage of children under five years with diarrhoea in the two weeks preceding the survey, by background characteristics, Zambia 2001-2002 |  |  |
| :---: | :---: | :---: |
| Background characteristic | Diarrhoea in the two weeks preceding the survey | Number of children |
| Age in months |  |  |
| <6 | 9.9 | 634 |
| 6-11 | 38.5 | 604 |
| 12-23 | 36.0 | 1,299 |
| 24-35 | 22.2 | 1,143 |
| 36-47 | 12.6 | 1,003 |
| 48-59 | 7.4 | 1,103 |
| Sex |  |  |
| Male | 21.4 | 2,877 |
| Female | 20.9 | 2,911 |
| Residence |  |  |
| Urban | 21.1 | 1,796 |
| Rural | 21.2 | 3,991 |
| Province |  |  |
| Central | 20.0 | 425 |
| Copperbelt | 19.3 | 931 |
| Eastern | 22.3 | 781 |
| Luapula | 23.4 | 508 |
| Lusaka | 24.5 | 711 |
| Northern | 19.9 | 884 |
| North-Western | 13.6 | 326 |
| Southern | 23.9 | 684 |
| Western | 20.5 | 536 |
| Mother's education |  |  |
| No education | 23.7 | 842 |
| Primary | 21.4 | 3,656 |
| Secondary | 19.7 | 1,198 |
| Higher | 5.7 | 92 |
| Source of drinking water |  |  |
| Piped | 20.0 | 1,717 |
| Covered well/borehole | 21.3 | 1,145 |
| Open well | 21.9 | 1,689 |
| Surface | 21.8 | 1,219 |
| Total | 21.2 | 5,787 |

## Use of ORT and ORS

A simple and effective response to dehydration associated with diarrhoea is a prompt increase in the child's fluid intake through food and oral rehydration therapy (ORT). ORT may include the use of a solution prepared from commercially produced packets of oral rehydration salts (ORS) or a homemade mixture usually prepared from sugar, salt and water. Table 9.17 shows the proportion of women with children under five years of age who know about ORS packets.

Ninety-five percent of recent mothers know about ORS. There is little variation in the proportion by age, residence, and province. All the women with more than secondary education know about ORS compared with 88 percent of those with no education.

Mothers of children who had diarrhoea in the two weeks preceding the survey were asked what was done to manage or treat the illness. The results are shown in Table 9.18. Mothers reported that 43 percent of their children with diarrhoea were taken to a health facility. Just over half the children ( 53 percent) were given a solution made from oral rehydration salts (ORS), and 41 percent were given increased fluids. Overall, 67 percent received either ORS or increased fluids. Fifteen percent of children with diarrhoea were given pills or syrup, less than 1 percent received injections or intravenous medication, and 18 percent were given herbal remedies or medicines. One in five children with diarrhoea were given no treatment at all.

Children under three years are more likely to be taken to a health facility for treatment (43-47 percent) than those over 3 years of age. There are wide variations between the provinces in the proportion of children with diarrhoea who are taken for treatment, ranging from the lowest ( 32 percent) in Central to the highest ( 53 percent) in Luapula. Children with diarrhoea are more likely to be taken to a health facility if their mother has a higher level of education. Thirty-nine percent of children with diarrhoea whose mothers have no education are taken to a health facility, compared with 46 percent of those whose mothers have secondary or higher education. Use of ORS also increases with education level of the mother.

Table 9.17 Knowledge of ORS packets
Percentage of mothers with births in the five years preceding the survey who know about ORS packets for treatment of diarrhoea in children, by background characteristics, Zambia 2001-2002

|  | Percentage <br> of mothers <br> who know <br> about ORS <br> packets | Number <br> of <br> Background <br> characteristic |
| :--- | :---: | :---: |
| Age |  |  |
| 15-19 | 93.0 | 467 |
| $20-24$ | 94.4 | 1,250 |
| $25-29$ | 96.0 | 1,106 |
| $30-34$ | 95.7 | 708 |
| $35-49$ | 93.5 | 870 |
| Residence |  |  |
| Urban | 98.3 | 1,499 |
| Rural | 92.9 | 2,904 |
| Province | 97.8 |  |
| Central | 98.7 | 319 |
| Copperbelt | 9.0 | 765 |
| Eastern | 92.0 | 377 |
| Luapula | 98.5 | 590 |
| Lusaka | 92.1 | 649 |
| Northern | 94.3 | 226 |
| North-Western | 87.2 | 485 |
| Southern | 91.9 | 412 |
| Western |  |  |
| Education | 87.7 | 613 |
| No education | 95.1 | 2,726 |
| Primary | 97.6 | 977 |
| Secondary | 100.0 | 87 |
| Higher | 94.7 | 4,402 |
| Total |  |  |

Mothers are encouraged to continue feeding their children normally when they suffer from diarrhoea and to increase the amount of fluids children are given. These practices help to reduce the likelihood the child will become dehydrated and also minimise the adverse consequences of diarrhoea on the child's nutritional status.

Table 9.18 Diarrhoea treatment
Percentage of children under five years who had diarrhoea in the two weeks preceding the survey who were taken for treatment to a health provider, percentage who received oral rehydration therapy (ORT), and percentage given other treatments, according to background characteristics, Zambia 2001-2002

| Background characteristic | Percentage taken to a health facility ${ }^{1}$ | Oral rehydration therapy |  |  | Other treatments |  |  |  |  | No treatment | Number of children with diarrhoea |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | ORS packets | Inincreased fluids | ORS or increased fluids | $\begin{aligned} & \text { Pill } \\ & \text { or } \\ & \text { syrup } \end{aligned}$ | Injection | Intravenous solution | Home remedy herbal medicine/ other | Missing |  |  |
| Age in months |  |  |  |  |  |  |  |  |  |  |  |
| <6 | 43.7 | 48.1 | 22.3 | 52.7 | 9.3 | 0.0 | 1.4 | 20.7 | 0.0 | 30.6 | 63 |
| 6-11 | 43.1 | 50.3 | 41.7 | 66.6 | 15.2 | 0.0 | 0.5 | 17.4 | 0.4 | 24.0 | 232 |
| 12-23 | 46.9 | 57.7 | 40.7 | 68.2 | 17.1 | 0.5 | 0.5 | 17.4 | 0.0 | 20.3 | 468 |
| 24-35 | 41.6 | 54.4 | 48.4 | 71.9 | 14.6 | 0.0 | 1.1 | 18.3 | 0.4 | 17.6 | 254 |
| 36-47 | 35.4 | 45.7 | 40.3 | 62.9 | 13.9 | 0.0 | 0.0 | 21.4 | 0.0 | 24.2 | 127 |
| 48-59 | 32.3 | 47.8 | 32.0 | 61.6 | 8.7 | 0.0 | 0.0 | 20.5 | 0.0 | 21.4 | 81 |
| Sex |  |  |  |  |  |  |  |  |  |  |  |
| Male | 42.0 | 53.2 | 41.9 | 67.9 | 13.5 | 0.1 | 1.0 | 17.3 | 0.2 | 21.6 | 617 |
| Female | 43.5 | 53.3 | 39.8 | 65.8 | 16.4 | 0.3 | 0.2 | 19.4 | 0.2 | 21.2 | 609 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 40.6 | 56.4 | 45.5 | 71.9 | 22.4 | 0.4 | 1.6 | 11.2 | 0.0 | 18.6 | 379 |
| Rural | 43.7 | 51.8 | 38.9 | 64.6 | 11.6 | 0.1 | 0.1 | 21.6 | 0.2 | 22.7 | 847 |
| Province |  |  |  |  |  |  |  |  |  |  |  |
| Central | 31.9 | 44.4 | 42.2 | 62.2 | 8.9 | 0.7 | 0.0 | 22.2 | 0.0 | 26.7 | 85 |
| Copperbelt | 48.6 | 55.0 | 51.4 | 74.3 | 20.2 | 0.9 | 0.9 | 11.0 | 0.0 | 19.3 | 179 |
| Eastern | 51.8 | 62.5 | 54.8 | 76.2 | 22.6 | 0.0 | 0.6 | 25.0 | 0.0 | 14.9 | 174 |
| Luapula | 53.3 | 60.0 | 37.5 | 73.3 | 19.2 | 0.0 | 0.8 | 16.7 | 0.8 | 14.2 | 119 |
| Lusaka | 34.1 | 58.7 | 42.8 | 73.2 | 21.0 | 0.0 | 1.4 | 11.6 | 0.0 | 17.4 | 174 |
| Northern | 42.4 | 44.4 | 41.4 | 62.1 | 6.6 | 0.0 | 0.5 | 20.7 | 0.0 | 25.3 | 176 |
| North-Western | 47.3 | 60.9 | 31.8 | 68.2 | 5.5 | 0.0 | 0.0 | 23.6 | 0.0 | 19.1 | 44 |
| Southern | 34.5 | 47.2 | 28.9 | 57.0 | 11.3 | 0.0 | 0.0 | 21.8 | 0.0 | 27.5 | 163 |
| Western | 40.7 | 46.3 | 22.2 | 48.1 | 7.4 | 0.0 | 0.0 | 18.5 | 0.9 | 31.5 | 110 |
| Mother's education |  |  |  |  |  |  |  |  |  |  |  |
| No education | 38.8 | 42.0 | 35.1 | 56.7 | 12.2 | 0.0 | 0.0 | 31.3 | 0.5 | 23.9 | 200 |
| Primary | 42.8 | 53.1 | 38.9 | 66.3 | 13.0 | 0.3 | 0.9 | 17.7 | 0.1 | 23.1 | 784 |
| Secondary or higher | 46.0 | 63.1 | 52.0 | 77.0 | 23.6 | 0.0 | 0.0 | 10.0 | 0.0 | 14.1 | 241 |
| Total | 42.8 | 53.2 | 40.9 | 66.9 | 14.9 | 0.2 | 0.6 | 18.4 | 0.2 | 21.4 | 1,225 |

Note: ORT includes solution prepared from packets of oral rehydration salts (ORS) or increased fluids.
Excludes pharmacy, shop, and traditional practitioner

Table 9.19 presents data on feeding practices when a child has diarrhoea. Most children are given either the same amount of fluids ( 36 percent) or more fluids than usual (41 percent) when they have diarrhoea. Twelve percent of children are given less fluids than usual, 6 percent are given much less, and 5 percent receive no fluids.

Regarding food, 39 percent of children are offered the same amount of food and 9 percent are offered more food than usual. Almost half of children with diarrhoea are offered somewhat less or much less food than usual, or no food at all.

## Knowledge and Use of Clorin

Clorin is a product used for water purification that is widely marketed in Zambia. Table 9.20 shows that 75 percent of all households have heard of Clorin ( 95 percent in urban areas and 65 percent in rural areas). However, only 14 percent of households ( 27 percent in urban and 7 percent in rural areas) reported treating their water with Clorin at the time of the survey.

Lusaka ( 98 percent), Copperbelt ( 96 percent) and Central provinces ( 93 percent) have the highest percentage of households that have heard of Clorin. The same three provinces

| Table 9.19 Feeding practices during |  |
| :---: | :---: |
| Percent distribution of children under five years who had diarrhoea in the two weeks preceding the survey by amount of liquids and food offered compared with normal practice, Zambia 2001-2002 |  |
| Feeding practices | Percent |
| Amount of liquids offered |  |
| Same as usual | 36.2 |
| More | 40.9 |
| Somewhat less | 12.4 |
| Much less | 5.7 |
| None | 4.7 |
| Don't know/missing | 0.2 |
| Total | 100.0 |
| Amount of food offered |  |
| Same as usual | 39.3 |
| More | 8.5 |
| Somewhat less | 24.5 |
| Much less | 14.0 |
| None | 10.0 |
| Never gave food | 3.5 |
| Don't know/missing | 0.1 |
| Total | 100.0 |
| Number of children | 1,225 | have the largest proportion of households reporting use of Clorin to treat household water; 24 percent in Lusaka and Copperbelt, and 16 percent in Central province. The smallest proportion of households that report ever having heard of Clorin or are currently using Clorin to treat their household water is in Western province, 39 percent and 3 percent, respectively.

Community-based agents ( 31 percent) and radio messages ( 31 percent) are the most common sources of information about Clorin, followed by television ( 20 percent), and shops ( 18 percent). Leaflets/booklets and posters were the least mentioned source of information about the use of Clorin ( 2 percent each).

Table 9.20 Household knowledge and usage of Clorin
Percentage of household respondents who have ever heard of Clorin, percentage of households whose water is currently treated with Clorin, and among those who have heard of Clorin, the percentage who cite specific sources of information, by background characteristics, Zambia 2001-2002

| Background characteristic | Percentage of household respondents who have heard of Clorin | Percentage of households whose water is currently treated with Clorin |  | Among households that have heard of Clorin, source of information |  |  |  |  |  |  | Number of household respondents who have heard of Clorin |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Radio | Television | Shop | Leaflet/ booklets | Poster | Community based agent | Other |  |
| Residence |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 94.8 | 26.5 | 2,437 | 41.1 | 39.1 | 21.5 | 2.2 | 3.0 | 32.1 | 3.7 | 2,310 |
| Rural | 64.8 | 6.7 | 4,689 | 22.6 | 4.7 | 15.6 | 1.1 | 0.8 | 29.8 | 4.0 | 3,039 |
| Province |  |  |  |  |  |  |  |  |  |  |  |
| Central | 92.5 | 16.4 | 490 | 40.4 | 17.2 | 7.3 | 2.1 | 2.4 | 29.2 | 2.9 | 453 |
| Copperbelt | 95.7 | 24.2 | 1,221 | 39.3 | 40.9 | 27.1 | 1.6 | 1.3 | 27.5 | 2.6 | 1,168 |
| Eastern | 63.5 | 11.7 | 999 | 17.3 | 4.9 | 9.2 | 0.3 | 1.1 | 35.0 | 6.4 | 634 |
| Luapula | 86.8 | 7.3 | 652 | 11.9 | 0.9 | 11.2 | 1.1 | 0.9 | 36.4 | 0.9 | 566 |
| Lusaka | 97.5 | 23.6 | 976 | 41.0 | 36.8 | 16.1 | 2.2 | 4.5 | 39.8 | 4.6 | 951 |
| Northern | 69.1 | 11.4 | 1,028 | 29.1 | 7.2 | 27.6 | 0.9 | 0.5 | 21.7 | 4.1 | 711 |
| North-Western | - 63.3 | 6.5 | 371 | 23.8 | 2.4 | 36.4 | 1.2 | 0.0 | 11.0 | 4.9 | 235 |
| Southern | 51.3 | 4.2 | 734 | 24.4 | 9.8 | 12.0 | 3.5 | 2.5 | 35.8 | 3.5 | 377 |
| Western | 38.9 | 2.6 | 656 | 28.2 | 4.4 | 7.9 | 2.0 | 0.4 | 29.4 | 7.9 | 255 |
| Total | 75.1 | 13.5 | 7,126 | 30.6 | 19.6 | 18.2 | 1.6 | 1.8 | 30.8 | 3.9 | 5,349 |

## Miriam Chipimo and Richard Banda

### 10.1 INTRODUCTION

Malaria is endemic throughout Zambia and continues to be a major public health concern. It is the leading cause of morbidity and second highest cause of mortality, especially among pregnant women and children under the age of five. The Ministry of Health $(\mathrm{MoH})$ estimates that there are more than 3.5 million cases and 50,000 deaths per year. Malaria accounts for 37 percent of all out-patient attendance in Zambia.

Since 1999, Zambia has been involved in the international efforts to control malaria under the Roll Back Malaria (RBM) initiative (CBOH, MOH, and RBM, 2001). The goals of the initiative aim at ensuring that by the year 2005 at least 60 percent of those at risk of malaria, particularly pregnant women and children under five benefit from the most suitable combination of personal and community protective measures such as insecticide-treated mosquito nets (ITNs) and other interventions, which are accessible and affordable to prevent infection and suffering. Another goal is at least 60 percent of all pregnant women who are at risk of malaria, especially those in their first pregnancies, to have access to chemoprophylaxis or preventive intermittent treatment.

### 10.1.1 Ownership of Mosquito Nets

The ownership and use of mosquito nets, both treated and untreated is the primary health intervention for reducing malaria transmission and morbidity in a community prone to malaria-carrying mosquitoes.

Table 10.1 shows that 27 percent of households in Zambia own a mosquito net, with 14 percent owning an ITN and 5 percent having soaked or dipped their net at least once. About 10 percent of households own more than one net. Urban households are more likely to own any kind of net ( 35 percent) compared with the rural households ( 23 percent). Fourteen percent of urban households report owning more than one net compared with 8 percent of rural households. Mosquito net ownership is highest in Luapula province ( 34 percent) and lowest in Southern province ( 20 percent). Households in Southern (6 percent) and Central provinces (7 percent) report the lowest ownership of ITNs, while Luapula (25 percent) and North-Western provinces ( 23 percent) have the highest level of

Table 10.1 Ownership of mosquito nets

Percentage of households with at least one mosquito net (treated or untreated), and percentage of households that have more than one net, by background characteristics, Zambia 2001-2002

| Background characteristic | Percent of households that have at least one net |  |  | Percentage of households that have more than one net | Number of households |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Insecticide treated | Ever soaked or dipped | Any <br> type |  |  |
| Residence |  |  |  |  |  |
| Urban | 16.1 | 5.3 | 34.9 | 14.3 | 2,437 |
| Rural | 12.4 | 4.5 | 23.3 | 7.5 | 4,689 |
| Province |  |  |  |  |  |
| Central | 7.2 | 2.3 | 23.6 | 10.2 | 490 |
| Copperbelt | 14.7 | 4.5 | 30.1 | 11.5 | 1,221 |
| Eastern | 12.3 | 14.0 | 25.7 | 11.9 | 999 |
| Luapula | 25.1 | 4.4 | 33.7 | 10.3 | 652 |
| Lusaka | 11.7 | 3.6 | 29.3 | 9.4 | 976 |
| Northern | 12.1 | 2.8 | 21.3 | 6.9 | 1,028 |
| North-Western | 23.0 | 2.3 | 32.1 | 10.0 | 371 |
| Southern | 6.2 | 2.8 | 20.3 | 7.0 | 734 |
| Western | 15.6 | 2.0 | 31.6 | 11.0 | 656 |
| Total | 13.6 | 4.8 | 27.2 | 9.8 | 7,126 | ITN ownership.

### 10.1.1 Use of Bednets by Children and Pregnant Women

In the 2001-2002 ZDHS, respondents for the household questionnaire were asked about the use of bednets by the household members during the previous night. Since the prevalence of malaria-carrying mosquitoes varies seasonally, with a peak during and immediately following periods of rain, use of bednets may be expected to follow a similar seasonal pattern. The 2001-2002 ZDHS was conducted during the period when malaria is prevalent in Zambia, i.e., November to May.

Table 10.2 presents information on use of bednets by children. Results presented in the table show that 16 percent of children under five years were reported as having slept under a mosquito net the night before the survey, with 7 percent of children reported as having slept under an ITN. The table also shows that children in urban areas are more likely to sleep under a mosquito net ( 22 percent) than their rural counterparts (14 percent).

The proportion of children who sleep under any type of mosquito net ranges from a high of 23 percent in Luapula and 22 percent in North-Western provinces, to a low of 8 percent in Southern province. The percentage of children who sleep under ITNs is highest in Eastern (13 percent) and Luapula provinces (10 percent) and lowest in Southern province ( 2 percent).

Table 10.3 shows the percentage of all women and pregnant women who slept under a mosquito net the night before the survey. Malaria is especially dangerous during pregnancy and this has prompted many advocacy campaigns to educate not only pregnant women, but also the general public on the importance of preventing malaria during pregnancy. However, results from the 2001-2002 ZDHS indicate that less than one in five pregnant women (18 percent) sleeps under a mosquito net, and only 8 percent sleep under an ITN. The data indicate that pregnant women are no more likely than other women to sleep under a mosquito net or an ITN.

Use of mosquito nets is more common among

## Table 10.2 Use of mosquito nets by children

Percentage of children under age five years who slept under a mosquito net the night before the survey and percentage who slept under an insecticide treated net, by background characteristics, Zambia 2001-2002

|  | Percentage who slept under <br> a bednet last night |  |  |
| :--- | :---: | :---: | :---: |
| Background <br> characteristic | Any net | Insecticide- <br> treated net $^{1}$ | Number of <br> children |


| Age in months |  |  |  |
| :--- | ---: | ---: | ---: |
| $<6$ | 19.5 | 5.3 | 634 |
| $6-11$ | 17.2 | 7.6 | 604 |
| $12-23$ | 18.3 | 7.8 | 1,299 |
| $24-35$ | 16.5 | 7.5 | 1,143 |
| $36-47$ | 13.6 | 5.8 | 1,003 |
| $48-59$ | 13.6 | 4.7 | 1,103 |
|  |  |  |  |
| Sex | 16.5 | 6.4 | 2,877 |
| Male | 16.1 | 6.6 | 2,911 |
| Female |  |  |  |
|  |  |  |  |
| Residence | 13.7 | 8.1 | 1,796 |
| $\quad$ Urban |  | 5.8 | 3,991 |
| Rural | 10.5 | 1.8 |  |
|  | 19.4 | 7.6 | 425 |
| Province | 17.6 | 12.5 | 931 |
| Central | 22.5 | 10.4 | 781 |
| Copperbelt | 18.1 | 4.4 | 508 |
| Eastern | 13.6 | 5.8 | 711 |
| Luapula | 21.6 | 8.0 | 884 |
| Lusaka | 7.6 | 2.0 | 326 |
| Northern | 17.4 | 4.5 | 684 |
| North-Western |  |  | 536 |
| Southern | 16.3 | 6.5 | 5,787 |
| Western |  |  |  |
|  |  |  |  |
| Total |  |  |  |

${ }^{1}$ Includes pre-treated nets, nets obtained in the past 6 months, and nets that were re-treated at home urban than rural women, although rural women are almost as likely to use ITNs as urban women. As was seen in the data for children, use of mosquito nets by women is highest in Luapula, Eastern, and NorthWestern provinces and lowest in Southern province.

The use of both untreated and treated nets increases with women's level of education for both pregnant women and all women. Among women with no education, 11 percent slept under a mosquito net the night before the survey, compared with 26 percent of women with secondary education and 44 percent of women with more than secondary education. Among pregnant women, 9 percent with no education slept under a mosquito net, compared with 30 percent of women with some secondary education.

| Table 10.3 Use of mosquito nets by women |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of all women and pregnant women age 15-49 who slept under a mosquito net (treated or untreated) and who slept under an insecticide-treated net (ITN) the previous night, by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |
|  | All women |  |  | Pregnant women |  |  |
| Background characteristic | Percentage who slept under a net last night | Percentage who slept under an ITN last night | Number of women | Percentage who slept under a net last night | Percentage who slept under an ITN last night | Number of pregnant women |
| Residence |  |  |  |  |  |  |
| Urban | 20.3 | 7.7 | 3,073 | 23.5 | 9.9 | 229 |
| Rural | 16.0 | 7.5 | 4,585 | 14.9 | 7.1 | 553 |
| Province |  |  |  |  |  |  |
| Central | 10.7 | 3.0 | 562 | 6.5 | 3.7 | 68 |
| Copperbelt | 17.7 | 6.6 | 1,544 | 22.4 | 8.2 | 140 |
| Eastern | 23.0 | 15.5 | 926 | 18.4 | 11.2 | 102 |
| Luapula | 25.1 | 13.3 | 622 | 29.6 | 18.5 | 80 |
| Lusaka | 16.0 | 4.2 | 1,132 | 12.9 | 2.9 | 88 |
| Northern | 17.3 | 8.0 | 1,040 | 14.4 | 6.1 | 117 |
| North-Western | 23.7 | 10.2 | 354 | (27.2) | (12.0) | 37 |
| Southern | 9.8 | 2.5 | 814 | 5.6 | 1.4 | 83 |
| Western | 19.9 | 6.9 | 663 | 22.7 | 9.1 | 67 |
| Education |  |  |  |  |  |  |
| No education | 10.8 | 4.3 | 925 | 9.2 | 3.8 | 102 |
| Primary | 14.1 | 6.1 | 4,439 | 13.5 | 6.7 | 498 |
| Secondary | 25.7 | 10.5 | 2,061 | 30.2 | 9.9 | 170 |
| Higher | 44.1 | 22.8 | 234 | * | * | 11 |
| Total | 17.7 | 7.6 | 7,658 | 17.4 | 7.9 | 782 |

Use of insecticide-treated nets-especially among pregnant women-is very important in malaria prevention. Results from the 2001-2002 ZDHS show that only 4 percent of pregnant women with no education slept under an ITN, compared with 30 percent of pregnant women with secondary education.

### 10.2 Malaria Diagnosis, Case Management and Treatment

Zambia is among the countries in Africa with the highest malaria-related maternal mortality. In controlling malaria in Zambia, one of the strategies that the $\mathrm{MoH} /$ National Malaria Control Centre has adopted through the Anti-malarial Drug Policy is the presumptive treatment of fever with sulphapyrimethamine (SP), known as Fansidar (as the first-line drug replacing chloroquine), and the promotion of efforts to increase its availability at the community level. Nonetheless, during the period that the fieldwork for the 2001-2002 ZDHS was conducted, chloroquine was the national drug of choice. The data on antimalarial drugs from the 2001-2002 ZDHS depend on accurate reporting of types of drugs taken. It is likely that some women were not sure of the type of drug they took during pregnancy or gave to their children.

### 10.2.1 Malaria Prophylaxis during Pregnancy

Table 10.4 shows the percentage of women with a birth in the five years preceding the survey who took any drug for prevention of malaria during their pregnancy. Thirty-six percent of women received some anti-malarial drugs during their last pregnancy. The most frequently used drug for malaria is chloroquine ( 33 percent), with less than 1 percent of the women reporting use of Fansidar. More than 80 percent of the pregnant women who took anti-malarial medication received the drugs during an antenatal visit.

| Table 10.4 Use of antimalarial drugs during pregnancy |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women who had a birth in the five years preceding the survey who took anti-malarial drugs during the most recent pregnancy, and the percentage who received these drugs from various sources, by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Percentage of women who took anti-malarial drugs during pregnancy: |  |  |  |  | Number of women who gave birth in last five years | Percentage of women who got their drugs: |  |  |  |  | Number who took antimalaria I drugs |
| Background characteristic | Any <br> drug | Chloroquine | SP/ <br> Fansidar | Other | Don't know name of drug |  | During an antenatal visit | During another health facility visit | From another source | No ANC visit | Missing |  |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 30.5 | 28.7 | 0.8 | 0.7 | 0.8 | 1,499 | 76.9 | 20.6 | 1.6 | 0.5 | 0.4 | 444 |
| Rural | 38.6 | 35.7 | 0.4 | 1.5 | 1.8 | 2,904 | 87.8 | 9.4 | 1.7 | 0.7 | 0.4 | 1,070 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |
| Central | 23.4 | 21.0 | 0.4 | 1.8 | 0.8 | 319 | 72.0 | 22.0 | 5.1 | 0.8 | 0.0 | 72 |
| Copperbelt | 28.2 | 26.2 | 0.6 | 0.9 | 1.1 | 765 | 80.9 | 16.0 | 2.3 | 0.0 | 0.8 | 207 |
| Eastern | 35.9 | 30.7 | 1.2 | 1.4 | 3.0 | 587 | 88.2 | 7.9 | 3.0 | 0.0 | 1.0 | 193 |
| Luapula | 39.8 | 38.2 | 0.0 | 0.3 | 1.3 | 371 | 91.9 | 8.1 | 0.0 | 0.0 | 0.0 | 143 |
| Lusaka | 31.7 | 29.6 | 0.9 | 1.3 | 0.6 | 590 | 68.2 | 29.1 | 2.0 | 0.7 | 0.0 | 183 |
| Northern | 29.3 | 28.6 | 0.3 | 0.1 | 0.4 | 649 | 85.0 | 8.9 | 3.3 | 2.3 | 0.5 | 187 |
| North-Western | 56.1 | 50.4 | 0.0 | 7.7 | 3.0 | 226 | 91.7 | 7.6 | 0.0 | 0.6 | 0.0 | 120 |
| Southern | 44.2 | 42.0 | 0.5 | 0.7 | 1.4 | 485 | 87.1 | 10.8 | 0.5 | 1.1 | 0.5 | 207 |
| Western | 51.2 | 48.0 | 0.0 | 0.7 | 2.5 | 412 | 91.8 | 7.7 | 0.0 | 0.5 | 0.0 | 201 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 27.8 | 25.2 | 0.0 | 0.8 | 2.0 | 613 | 89.9 | 7.0 | 1.7 | 1.3 | 0.0 | 158 |
| Primary | 34.7 | 32.1 | 0.4 | 1.3 | 1.7 | 2,726 | 85.1 | 12.6 | 1.1 | 0.6 | 0.6 | 900 |
| Secondary | 43.0 | 40.7 | 1.1 | 1.3 | 0.5 | 977 | 81.6 | 15.3 | 2.5 | 0.6 | 0.0 | 415 |
| Higher | 47.7 | 44.4 | 2.5 | 0.5 | 0.5 | 87 | (84.9) | (10.6) | (4.5) | (0.0) | 0.0 | 41 |
| Total | 35.8 | 33.3 | 0.5 | 1.2 | 1.4 | 4,402 | 84.7 | 12.7 | 1.7 | 0.7 | 0.4 | 1,514 |

Note: Figures in parentheses are based on 25-49 unweighted cases.

Rural women ( 39 percent) are more likely to take anti-malarial drugs during pregnancy than urban women ( 31 percent). North-Western ( 56 percent) and Western provinces ( 51 percent) have the highest percentage of women that report having taken any anti-malarial drugs, while Copperbelt ( 28 percent) and Central provinces ( 23 percent) have the lowest.

The use of anti-malarial drugs increases with the level of education. However, among women who took anti-malarial drugs during their most recent pregnancy, the proportion who obtained the drugs during antenatal visits declines with level of education, from 90 percent of women with no education to 82 percent of those with some secondary education.

### 10.2.2 Prevalence and Management of Childhood Malaria

Since the major manifestation of malaria is fever or convulsions (fits), in the 2001-2002 ZDHS mothers were asked whether their children under age five had a fever/convulsion in the two weeks preceding the survey. If fever/convulsions were reported, the mother was asked whether treatment was sought at a health facility, whether the child was given any medication and, if so, how soon the medication was taken after the episode of illness started.

Table 10.5 shows the percentage of children under age of five who had fever and/or convulsions in the two weeks preceding the survey and, of those, the proportion who took anti-malarial drugs and the proportion receiving treatment on the same or next day.

| Table 10.5 Prevalence and treatment of fever/convulsions in children |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of children under five with fever and/or convulsions in the two weeks preceding the survey, and among these, percentage who took anti-malarial drugs and percentage receiving treatment on the same or next day, by background characteristics, Zambia 2001-2002 |  |  |  |  |  |
|  | Percentage of children with fever/ convulsions | Number of children | Children with fever and/or convulsion |  |  |
| Background characteristic |  |  | Percentage who took anti-malarial drugs | Percentage who took anti-malarial drugs same/ next day | Number of children with fever/ convulsions |
| Age in months |  |  |  |  |  |
| <6 | 34.4 | 634 | 47.2 | 27.6 | 218 |
| 6-11 | 59.3 | 604 | 58.5 | 39.9 | 358 |
| 12-23 | 56.0 | 1,299 | 53.2 | 39.0 | 727 |
| 24-35 | 47.7 | 1,143 | 53.1 | 39.1 | 545 |
| 36-47 | 33.4 | 1,003 | 50.4 | 35.5 | 336 |
| 48-59 | 29.1 | 1,103 | 44.3 | 32.0 | 320 |
| Sex |  |  |  |  |  |
| Male | 42.2 | 2,877 | 52.8 | 37.4 | 1,214 |
| Female | 44.4 | 2,911 | 51.0 | 36.2 | 1,291 |
| Residence |  |  |  |  |  |
| Urban | 33.2 | 1,796 | 49.3 | 35.8 | 597 |
| Rural | 47.8 | 3,991 | 52.7 | 37.1 | 1,908 |
| Province |  |  |  |  |  |
| Central | 45.1 | 425 | 54.6 | 39.5 | 192 |
| Copperbelt | 36.6 | 931 | 50.2 | 33.8 | 340 |
| Eastern | 43.9 | 781 | 50.8 | 39.9 | 343 |
| Luapula | 57.0 | 508 | 59.2 | 42.1 | 290 |
| Lusaka | 35.0 | 711 | 39.1 | 29.4 | 249 |
| Northern | 46.5 | 884 | 48.4 | 36.1 | 411 |
| North-Western | 38.7 | 326 | 66.2 | 41.1 | 126 |
| Southern | 41.2 | 684 | 62.0 | 45.7 | 282 |
| Western | 50.6 | 536 | 45.3 | 23.5 | 271 |
| Mother's education |  |  |  |  |  |
| No education | 50.4 | 842 | 46.4 | 31.7 | 424 |
| Primary | 44.7 | 3,656 | 52.4 | 35.8 | 1,636 |
| Secondary or higher | 34.5 | 1,289 | 55.1 | 45.0 | 445 |
| Total | 43.3 | 5,787 | 51.9 | 36.8 | 2,505 |

Forty-three percent of children under five years were reported as having suffered from fever and or convulsions in the two weeks preceding the survey. Of these, 52 percent were reported to have taken antimalarial drugs. Among those receiving treatment, 37 percent were reported to have taken anti-malarial drugs on the same or the next day after the onset of the illness.

The highest prevalence of fever/convulsions ( 59 percent) is reported among children aged 6-11 months, followed by those aged 12-23 months ( 56 percent). Fever/convulsions are less common among children aged $48-59$ months. More children ( 48 percent) in rural areas are reported as having fever than children in urban areas ( 33 percent). Nevertheless, treatment with anti-malarial drugs differs little by urbanrural residence.

Luapula province has the highest percentage of children with malaria symptoms (57 percent), followed by Western province ( 51 percent), while Lusaka has the lowest ( 35 percent). Although it has one of the lowest levels of malaria ( 39 percent), North-Western province has the highest proportion of children with malaria who took anti-malarial drugs ( 66 percent).

Prevalence of fever among children under five years declines with increasing level of mother's education. Women with secondary or higher education report the lowest percentage of children with fever ( 35 percent), compared with women with no education ( 50 percent). The percentage who receive antimalarial drugs is highest among children of mothers with secondary or higher education ( 55 percent), followed by children of mothers with primary education ( 52 percent).

Table 10.6 presents information on the types of drugs given to children with fever. Chloroquine is by far the most common anti-malarial drug given for fever ( 50 percent) in both urban ( 46 percent) and rural areas ( 51 percent). Fansidar is given more in urban areas ( 5 percent) than in rural areas ( 2 percent). Overall, only 2 percent of children with fever are reportedly given Fansidar. The fact that almost half of children with fever are given chloroquine is of concern because chloroquine-resistant malaria exists in Zambia.

Sixty-two percent of children with fever are given non-anti-malarial drugs, such as aspirin, panadol, and herbs ( 77 percent of children in urban areas and 57 percent in rural areas). One in five children with fever was not given any drugs.

## Table 10.6 Drugs taken for fever

Among children under five years who were ill with fever, convulsions or fits during the two weeks preceding the survey, percentage given specific drugs, according to residence,
Zambia 2001-2002

|  | Residence |  |  |
| :--- | ---: | ---: | ---: |
| Drug given | Urban | Rural | Total |
| Anti-malarial drug |  |  |  |
| $\quad$ Chloroquine | 46.0 | 50.9 | 49.7 |
| Fansidar | 4.7 | 1.7 | 2.4 |
| Quinine | 2.2 | 1.3 | 1.5 |
|  |  |  |  |
| Non-anti-malarial drug | 76.6 | 57.2 | 61.8 |
| No drug | 10.6 | 22.3 | 19.5 |
| Don't know/missing | 1.0 | 2.2 | 1.9 |
|  |  |  |  |
| Number of children | 594 | 1,901 | 2,505 |

Table 10.7 shows the percentage of children under five who had fever or convulsions in the two weeks preceding the survey who were given specific treatments, by background characteristics.

As mentioned, more than half ( 52 percent) of all children reported to have had fever or convulsions in the two weeks preceding the survey took anti-malaria drugs. Ten percent of children were given treatments other than drugs. For example, 4 percent of children with fever were given a tepid sponging and 3 percent were given herbs or other treatments.

| Table 10.7 Treatment in children with fever/convulsions |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Among children under five years with fever or convulsions in the two weeks preceding the survey, percentage who were given specific treatments, by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |
|  | Percentage of children who received anti-malarial drugs | Percentage who received treatments other than drugs: |  |  |  |  | Number of children with fever/ convulsions |
| Background characteristic |  | Any treatment other than drugs | Were taken to a traditional healer | Were given a tepid sponging | Were given herbs | Were given other treatments |  |
| Sex |  |  |  |  |  |  |  |
| Male | 52.8 | 9.9 | 0.5 | 3.9 | 3.2 | 3.1 | 1,214 |
| Female | 51.0 | 10.0 | 0.5 | 4.7 | 3.0 | 2.6 | 1,291 |
| Residence |  |  |  |  |  |  |  |
| Urban | 49.3 | 8.0 | 0.4 | 4.2 | 1.8 | 2.7 | 597 |
| Rural | 52.7 | 10.6 | 0.5 | 4.3 | 3.5 | 2.9 | 1,908 |
| Province |  |  |  |  |  |  |  |
| Central | 54.6 | 8.9 | 1.0 | 1.3 | 5.6 | 1.6 | 192 |
| Copperbelt | 50.2 | 5.8 | 1.0 | 1.9 | 1.0 | 2.4 | 340 |
| Eastern | 50.8 | 8.5 | 0.3 | 2.1 | 4.2 | 2.1 | 343 |
| Luapula | 59.2 | 7.2 | 0.3 | 3.1 | 3.4 | 0.7 | 290 |
| Lusaka | 39.1 | 9.1 | 0.0 | 4.6 | 2.5 | 3.0 | 249 |
| Northern | 48.4 | 7.8 | 0.0 | 5.0 | 3.0 | 0.9 | 411 |
| North-Western | 66.2 | 6.7 | 0.6 | 0.0 | 4.8 | 1.6 | 126 |
| Southern | 62.0 | 23.3 | 0.8 | 12.7 | 3.7 | 8.2 | 282 |
| Western | 45.3 | 12.7 | 0.7 | 5.6 | 1.1 | 5.2 | 271 |
| Mother's education |  |  |  |  |  |  |  |
| No education | 46.4 | 11.2 | 0.5 | 3.6 | 4.9 | 3.0 | 424 |
| Primary | 52.4 | 9.6 | 0.6 | 4.0 | 3.2 | 2.6 | 1,636 |
| Secondary or higher | 55.1 | 10.3 | 0.1 | 6.2 | 0.8 | 3.7 | 445 |
| Average | 51.9 | 10.0 | 0.5 | 4.3 | 3.1 | 2.8 | 2,505 |

# INFANT FEEDING, NUTRITIONAL PRACTICES, AND NUTRITIONAL STATUS AMONG YOUNG CHILDREN AND WOMEN 

Bornwell Sikateyo, Agnes Mugala Aongola, and Arlinda Zhuzhuni

Malnutrition plays an important role in the health and welfare of children and women in Zambia. Poor nutrition results in morbidity, mortality, poor education. and fewer opportunities for economic development. Poor education, low socio-economic status, and high fertility are factors that may influence the nutritional status of an individual and thus the development of the nation. In Zambia, children under five years and women of reproductive age are the most vulnerable. Economic evidence also suggests that life expectancy is directly related to poverty and nutrition (Sachs, 1999). Adequate food and sound nutrition are essential to good health. They are crucial not only for human survival, but also for prevention of and recovery from illness.

The 2001-2002 ZDHS collected data from respondents in order to evaluate the nutritional status of women and young children. For infants and young children, this included information on breastfeeding and complementary feeding. For the micronutrients iron, vitamin A, and iodine, information was collected on intake levels from supplementation and food. Anthropometric measurements (height and weight) were taken for women 15-49 years and children under age 5 to determine their nutritional status.

### 11.1 Breastfeeding

Appropriate feeding practices are of fundamental importance for the survival, growth, development, health and nutrition of infants and children and for the well-being of mothers. Feeding practises are one of the underlying determinants of children's nutritional status, which in turn influence the risk of illness and ultimately death. Breastfeeding benefits depend on the length of time a child is breastfed, and the frequency and intensity of breastfeeding. Breastfeeding also affects the mother in other ways. The physiological suppression of fertility as a result of intensive breastfeeding influences the length of the interval between pregnancies.

### 11.1.1 Initiation of Breastfeeding

Breastfeeding is sufficient and beneficial for infant nutrition in the first six months of life. Early initiation of breastfeeding (breastfeeding within one hour) facilitates the newborn's innate sucking reflex, which helps to stimulate breast milk production and provides all of the nutritional requirements of a young infant (Righard and Alade, 1990). The high concentration of antibodies in colostrum ${ }^{1}$ protects the child from infection before the child's immune system has matured. Early initiation also encourages the bond between mother and baby and helps to maintain the baby's body temperature. Breastfeeding also helps the uterus to retract, hence reducing postpartum blood loss of the mother. Prelacteal feeding (giving something other than breast milk in the first three days of life) is discouraged since it may inhibit breastfeeding and expose the newborn infant to illness.

The data presented in Table 11.1 show the percentage of children who were ever breastfed and among children ever breastfed, the proportion who started breastfeeding within one hour and within one day of birth and those who received a prelacteal feed. The data indicate that almost all ( 98 percent) Zambian children are breastfed for some period of time, the same level that was reported in 1996. More

[^5]
## Table 11.1 Initial breastfeeding

Percentage of children born in the five years preceding the survey who were ever breastfed, and among children ever breastfed, the percentage who started breastfeeding within one hour and within one day of birth, and percentage who received a prelacteal feed, by background characteristics, Zambia 2001-2002

| Background characteristic | Percentage ever breastfed | Number <br> of children | Among children ever breastfed, percentage who: |  |  | Number of children ever breastfed |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Started breastfeeding within 1 hour of birth | Started breastfeeding within 1 day of birth ${ }^{1}$ | Received a prelacteal feed ${ }^{2}$ |  |
| Sex |  |  |  |  |  |  |
| Male | 98.4 | 3,341 | 51.0 | 90.3 | 26.2 | 3,288 |
| Female | 98.5 | 3,307 | 51.4 | 89.3 | 25.9 | 3,257 |
| Residence |  |  |  |  |  |  |
| Urban | 98.0 | 2,050 | 61.0 | 91.1 | 15.6 | 2,009 |
| Rural | 98.6 | 4,599 | 46.9 | 89.2 | 30.6 | 4,535 |
| Province |  |  |  |  |  |  |
| Central | 98.5 | 502 | 35.1 | 88.3 | 31.9 | 495 |
| Copperbelt | 99.2 | 1,065 | 54.4 | 90.4 | 17.3 | 1,057 |
| Eastern | 98.8 | 890 | 60.0 | 94.0 | 29.0 | 880 |
| Luapula | 99.2 | 625 | 38.9 | 92.8 | 18.1 | 620 |
| Lusaka | 98.0 | 805 | 64.4 | 92.1 | 14.9 | 788 |
| Northern | 98.4 | 1,008 | 49.0 | 91.3 | 30.7 | 992 |
| North-Western | 98.8 | 357 | 52.1 | 94.6 | 49.2 | 352 |
| Southern | 98.2 | 764 | 60.6 | 95.1 | 15.6 | 750 |
| Western | 96.5 | 632 | 33.2 | 65.8 | 46.3 | 610 |
| Mother's education |  |  |  |  |  |  |
| No education | 98.4 | 978 | 51.4 | 87.3 | 31.7 | 963 |
| Primary | 98.4 | 4,235 | 48.3 | 90.0 | 26.4 | 4,168 |
| Secondary | 98.7 | 1,334 | 59.4 | 91.3 | 20.6 | 1,317 |
| Higher | 96.1 | 101 | 62.0 | 85.1 | 27.6 | 98 |
| Assistance at delivery |  |  |  |  |  |  |
| Health professional | 98.4 | 2,886 | 58.5 | 91.8 | 20.1 | 2,840 |
| Traditional birth attendant | 98.8 | 763 | 47.7 | 91.0 | 31.9 | 754 |
| Other | 98.3 | 2,541 | 46.0 | 87.4 | 31.0 | 2,498 |
| No one | 99.0 | 444 | 41.5 | 90.8 | 27.0 | 439 |
| Place of delivery |  |  |  |  |  |  |
| Health facility | 98.3 | 2,901 | 58.3 | 91.7 | 20.1 | 2,851 |
| At home | 98.6 | 3,700 | 45.9 | 88.6 | 30.8 | 3,647 |
| Other | (96.0) | 26 | (37.4) | (89.2) | (31.1) | 25 |
| Total | 98.4 | 6,649 | 51.2 | 89.8 | 26.0 | 6,544 |

Note: Table is based on all births whether the children are living or dead at the time of interview. Total includes 14 children for whom assistance at birth is missing and 22 children for whom place of delivery is missing. Figures in parentheses are based on 25-49 unweighted cases.
${ }^{1}$ Includes children who started breastfeeding within one hour of birth
${ }^{2}$ Infant was given something other than breast milk during the first three days of life before the mother started breastfeeding regularly.
${ }^{3}$ Doctor, nurse/midwife, or auxiliary midwife
than half ( 51 percent) of the infants were put to the breast within one hour of birth, and 90 percent started breastfeeding within the first day. These proportions are less than the 1996 levels: 58 percent and 91 percent, respectively.

There are no marked differences in the proportion of children ever breastfed by background characteristics. However, significant differences exist with respect to breastfeeding initiation within the first hour. A larger proportion of urban infants ( 61 percent) are breastfed within one hour of birth than rural infants (47 percent).

Initiation of breastfeeding varies among provinces. The proportion of infants that are breastfed within one hour of birth ranges from 33 percent in Western province to 64 percent in Lusaka province. Western province has the lowest percentage of children who started breastfeeding within one day of birth: 66 percent compared with 88 percent or higher in the other provinces.

Prelacteal feeding is not widely practiced in Zambia. Only 26 percent of children born in the five years preceding the survey received a prelacteal feed. Prelacteal feeding is more widely practiced in rural areas ( 31 percent) than urban areas ( 16 percent). North-Western ( 49 percent) and Western provinces ( 46 percent) have the highest reported rates of this practice. Women who did not deliver in a health facility have higher reported rates of prelacteal feeding (31 percent) than those who delivered in a health facility (20 percent).

A breastfeeding programme started in urban areas of Zambia in 1992 may have had an impact on regional differences in the prevalence of early breastfeeding and breastfeeding initiation. However, the programme was discontinued for the period because of the uncertainties of the risk of transmission of the AIDS virus to the baby through breast milk. Training has since resumed, taking care of the concerns through the infant and young child feeding counseling, of which breastfeeding is a major component.

### 11.1.2 Age Pattern of Breastfeeding

Breast milk is safe, convenient, uncontaminated and contains all the nutrients needed by the baby in the first six months of life. In Zambia, all women are encouraged to breastfeed their infants exclusively for the first six months and then complement the breastfeeding with nutritious foods for at least two years. Breast milk provides protection against infection through the mother's antibodies. Supplementing breast milk before 6 months is unnecessary and is strongly discouraged because of the likelihood of contamination, the unaffordability of breast milk substitutes, and the resulting increased risk of diarrhoeal disease. The early introduction of liquids and solids reduces breast milk output because the production and release of milk is influenced by the frequency and intensity of suckling. HIV positive mothers may transmit the virus to their infants during pregnancy or delivery. Some may also transmit the virus to their infants via breast milk. However, the majority ( 80 percent) of infants of HIV-positive women do not become infected from their mothers through breast milk. Breastfeeding remains the best nutrition even for infants of HIV-positive mothers and mothers of unknown status as it provides resistance to opportunistic diseases.

Table 11.2 presents breastfeeding practises from birth through the third year of life. Based on information about feeding practises in the 24 hours preceding the survey, almost all children are breastfed for at least one year, with only 3 percent of children aged 12-15 months who are not breastfed. By age 1619 months, 15 percent of children are no longer breastfeeding. Breastfeeding decreases rapidly late in the second year of life, so that by $28-31$ months of age, virtually all children ( 97 percent) are weaned. In the 1996 ZDHS, almost all children were weaned by 34 months.

| Percent distribution of youngest children under three years living with the mother by breastfeeding status and percentage of children under three years using a bottle with a nipple, according to age in months, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | eastfeeding a | nd consu | ming: |  |  | Percentage |  |
| Age in months | Not breastfeeding | sively breastfed | Plain water only | Water-based liquids/ juice | Other milk | Complementary foods | Total | Number <br> of children | a bottle with a nipple | of living children |
| <2 | 0.0 | 65.2 | 31.3 | 0.0 | 1.3 | 2.1 | 100.0 | 159 | 1.2 | 164 |
| 2-3 | 0.0 | 44.8 | 28.8 | 0.9 | 2.0 | 23.5 | 100.0 | 259 | 4.3 | 260 |
| 4-5 | 1.8 | 15.2 | 18.4 | 0.5 | 1.9 | 62.1 | 100.0 | 210 | 4.3 | 211 |
| 6-7 | 0.0 | 5.2 | 8.1 | 2.0 | 0.5 | 84.3 | 100.0 | 203 | 1.5 | 203 |
| 8-9 | 1.0 | 1.2 | 4.8 | 1.1 | 1.3 | 90.6 | 100.0 | 199 | 4.1 | 199 |
| 10-11 | 0.6 | 0.6 | 3.3 | 0.7 | 0.5 | 94.2 | 100.0 | 197 | 7.0 | 202 |
| 12-15 | 3.2 | 0.3 | 1.8 | 0.3 | 0.0 | 94.4 | 100.0 | 428 | 2.9 | 436 |
| 16-19 | 15.0 | 1.3 | 0.8 | 0.3 | 0.0 | 82.6 | 100.0 | 422 | 3.1 | 437 |
| 20-23 | 41.6 | 0.0 | 1.0 | 0.3 | 0.0 | 57.2 | 100.0 | 397 | 1.8 | 426 |
| 24-27 | 71.7 | 0.0 | 0.0 | 0.0 | 0.0 | 28.3 | 100.0 | 310 | 2.8 | 354 |
| 28-31 | 96.7 | 0.0 | 0.0 | 0.0 | 0.0 | 3.3 | 100.0 | 302 | 1.3 | 421 |
| 32-35 | 97.9 | 0.0 | 0.0 | 0.0 | 0.0 | 2.1 | 100.0 | 232 | 0.4 | 369 |
| <6 | 0.6 | 40.1 | 26.0 | 0.5 | 1.8 | 31.0 | 100.0 | 627 | 3.5 | 634 |
| 6-9 | 0.5 | 3.2 | 6.5 | 1.6 | 0.9 | 87.4 | 100.0 | 401 | 2.8 | 402 |
| Note: Breastfeeding status refers to a 24 -hour period (yesterday and last night). Children classified as breastfeeding and consuming plain water only consume no supplements. The categories not breastfeeding, exclusively breastfed, breastfeeding, and consuming plain water, water-based liquids/juice, other milk, and complementary foods (solids and semi-solids) are hierarchical, mutually exclusive, and add to 100 percent. Thus, children who receive breast milk and water-based liquids and who do not receive complementary foods are classified in the water-based liquid category even though they may also get plain water. Children who receive complementary foods are classified in that category as long as they are also breastfeeding. <br> ${ }^{1}$ Based on all children under three years |  |  |  |  |  |  |  |  |  |  |

Despite the high breastfeeding prevalence ( 98 percent) in Zambia, the majority of infants are not fed in compliance with the WHO/UNICEF recommendations (World Health Assembly, 2001). These recommendations call for a period of exclusive breastfeeding for 6 months and the introduction of complementary foods between the age of 6 and 9 months. Only 40 percent of infants under 6 months of age are exclusively breastfed in Zambia. While it appears to be an increase over the proportion reported in the 1996 ZDHS ( 26 percent), changes in the questionnaire wording may account for the increase. ${ }^{2}$

Exclusive breastfeeding drops sharply from 45 percent at age 2-3 months to 15 percent at age of $4-5$ months. As many as 24 percent of children age 2-3 months and 62 percent of children age $4-5$ months are receiving food supplements in addition to breast milk. This indicates that there are many infants who are at risk of being exposed to bacterial contamination and poor quality foods, even if they started out well with early initiation of breastfeeding.

The use of a feeding bottle with a nipple is discouraged in Zambia. HIV-positive mothers are told not to use feeding bottles even when they choose to use formula as their feeding option. The use of a bottle with a nipple, regardless of the contents (formula or any other liquid), requires a lot of attention in terms of hygiene and handling. As a result of inadequate and insufficient cleaning and ease of recon-

[^6]tamination after cleaning, the nipple may house disease-causing agents transferable to the baby. Table 11.2 indicates that only 3 percent of children age $6-9$ are given a feeding bottle with a nipple. This is a little less than in the 1996 ZDHS ( 4 percent). Bottle-feeding reaches its peak ( 7 percent) at age 10-11 months. The percentage of children who are bottle-fed declines to 3 percent by the age of one year. It is assumed that by that age most children are eating solid foods, which do not require feeding by bottle.

Table 11.3 presents information on the median duration and frequency of breastfeeding, exclusive breastfeeding, and full breastfeeding among children under three years of age. It also shows the percentage of children 6 months of age who were breastfed six or more times in 24 hours preceding the survey, according to background characteristics.

The median duration of breastfeeding in Zambia is 21 months, a slight increase from 1996 (20 months). Regional differences in breastfeeding prevalence are minimal with the longest duration being 24 months in Western province and the lowest ( 20 months) in Copperbelt, Lusaka, and Luapula provinces (Figure 11.1). The median duration of exclusive breastfeeeding is 2 months and the median duration of predominant breastfeeding is 4 months. Children are considered predominantly breastfed when they are either exclusively breastfed or receive breast milk and plain water, water-based liquids, and/or juice only (excluding other milk and solids).

Frequent breastfeeding improves the production of breast milk. It is also a benefit for some mothers who breastfeed exclusively as it delays the return of fertility.


Table 11.3 indicates that almost all children under 6 months ( 97 percent) were breastfed six or more times in the past 24 hours, with an average of 7 daytime feeds and 5 nighttime feeds.

Although the median duration of breastfeeding is slightly longer in the rural areas (22 months) than in the urban areas ( 20 months), exclusive breastfeeding is slightly shorter in rural areas ( 1 month) than in urban areas ( 2 months). Mother's level of education is not related to breastfeeding practices.

| Table 11.3 Median duration of breastfeeding |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Median duration of any breastfeeding, exclusive breastfeeding, and predominant breastfeeding among children born in the three years preceding the survey, percentage of breastfeeding children under six months living with the mother who were breastfed six or more times in the 24 hours preceding the survey, and mean number of feeds (day/night), by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |
|  | Median duration (months) of breastfeeding ${ }^{1}$ |  |  |  | Breastfeeding children under six months ${ }^{2}$ |  |  |  |
| Background characteristic | Any breastfeeding | Exclusive breastfeeding | Predominant breastfeeding ${ }^{3}$ | Number of children | Percentage breastfed 6+ times in last 24 hours | Mean number of day feeds | Mean number of night feeds | Number of children |
| Sex |  |  |  |  |  |  |  |  |
| Male | 20.7 | 1.5 | 3.6 | 2,065 | 97.0 | 7.4 | 5.4 | 306 |
| Female | 22.0 | 1.7 | 3.8 | 2,075 | 96.4 | 6.7 | 5.3 | 318 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 20.0 | 2.3 | 3.6 | 1,252 | 97.7 | 7.1 | 5.8 | 199 |
| Rural | 22.0 | 1.3 | 3.8 | 2,888 | 96.3 | 7.1 | 5.2 | 425 |
| Province |  |  |  |  |  |  |  |  |
| Central | 21.0 | 1.1 | 4.0 | 314 | 98.6 | 6.6 | 5.4 | 47 |
| Copperbelt | 19.7 | 2.0 | 3.0 | 654 | 100.0 | 6.9 | 5.9 | 97 |
| Eastern | 22.9 | 1.4 | 2.8 | 580 | 97.4 | 7.8 | 5.2 | 81 |
| Luapula | 20.3 | 2.3 | 3.5 | 402 | 93.9 | 6.2 | 4.9 | 66 |
| Lusaka | 19.8 | 2.8 | 4.4 | 475 | 96.4 | 7.1 | 5.7 | 71 |
| Northern | 23.4 | 1.3 | 3.4 | 650 | 98.0 | 7.7 | 5.6 | 89 |
| North-Western | 22.3 | 0.6 | 3.2 | 219 | 97.6 | 6.0 | 5.5 | 34 |
| Southern | 21.3 | 3.4 | 5.0 | 459 | 93.4 | 7.3 | 4.9 | 70 |
| Western | 23.6 | 0.7 | 5.2 | 385 | 94.2 | 7.1 | 5.3 | 70 |
| Mother's education |  |  |  |  |  |  |  |  |
| No education | 20.5 | 1.5 | 4.4 | 613 | 94.3 | 7.3 | 5.8 | 105 |
| Primary | 22.1 | 1.4 | 3.5 | 2,638 | 96.6 | 7.2 | 5.3 | 391 |
| Secondary or higher | 19.9 | 2.6 | 4.0 | 889 | 99.0 | 6.4 | 5.4 | 128 |
| Total | 21.4 | 1.6 | 3.7 | 4,140 | 96.7 | 7.1 | 5.4 | 624 |
| Mean | 20.9 | 3.1 | 5.0 | na | na | na | na | na |
| Note: Median and mean durations are based on current status. <br> na $=$ Not applicable <br> ${ }^{1}$ It is assumed that non-last-born children or last-born children not living with the mother are not currently breastfeeding. <br> ${ }^{2}$ Excludes children for whom there is no valid answer on the number of times breastfed <br> ${ }^{3}$ Either exclusively breastfed or receives breast milk and plain water, water-based liquids and/or juice only (excludes other milk) |  |  |  |  |  |  |  |  |

### 11.2 Complementary Feeding

### 11.2.1 Types of Complementary Foods

In line with the WHO/UNICEF global strategy on infants and young child feeding, the Zambia government recommends 6 months as the optimal age to introduce complementary foods. This is because after 6 months of age, breast milk alone is not sufficient to meet all the nutrition requirements of the infant. The period after 6 months of age is a crucial time for children because they are being introduced to the family diet, and a number of issues come into force. These include income, hygiene, general care, and choice of complementary foods.

The spread of HIV/AIDS has created another challenge for breastfeeding. In some cases, early introduction of breast milk substitutes has resulted from fear of transmitting the HIV virus from the mother to child. Zambia is putting in place legislation under the Food and Drugs Act to control the marketing of breast milk substitutes by baby food manufacturers. The purpose is to prevent the aggressive marketing of breast milk substitutes, hence, protecting breastfeeding practices.

Table 11.4 presents information on the different types of food that are given to children in the first three years of life. This is regardless of whether the child is breastfeeding or not. It is important to note that the categories presented in Table 11.4 are not exclusive. The child who consumed milk could also have consumed semi-solid foods. According to the findings, among breastfeeding infants in Zambia, very few receive infant formula. Seventy-one percent of breastfeeding children age 4-5 months are introduced to solid or semi-solid foods and more than half ( 57 percent) are introduced to foods made from grains.

Table 11.4 Foods consumed by children in the day or night preceding the interview
Percentage of children under three years of age living with the mother who consumed specific foods in the day or night preceding the interview, by breastfeeding status and age, Zambia 2001-2002

|  |  |  |  |  | Solid/semi-solid foods |  |  |  |  |  |  | - Any solid or semisolid food | Number of children |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Child's age in months | Infant formula | Other milk | Fruit juice | Other liquids ${ }^{1}$ | Food made from grains | Fruits/ vegetables ${ }^{2}$ | Food made from roots/ tubers | Food made from legumes | Meat/ fish/ poultry eggs | Food made with oil/fat/ butter | Fruits and vegetables rich in vitamin $A^{3}$ |  |  |
| BREASTFEEDING CHILDREN |  |  |  |  |  |  |  |  |  |  |  |  |  |
| $<2$ | 1.3 | 0.0 | 0.0 | 0.0 | 1.9 | 0.4 | 0.8 | 0.0 | 0.0 | 0.0 | 0.4 | 2.8 | 159 |
| 2-3 | 2.8 | 2.1 | 1.0 | 3.7 | 20.1 | 1.9 | 2.3 | 1.2 | 0.3 | 2.8 | 1.1 | 26.6 | 259 |
| 4-5 | 2.8 | 3.7 | 5.9 | 9.8 | 57.3 | 12.1 | 6.4 | 7.6 | 10.3 | 13.5 | 8.9 | 70.9 | 206 |
| 6-7 | 4.4 | 6.7 | 6.9 | 15.6 | 72.9 | 38.6 | 10.2 | 12.4 | 25.7 | 23.0 | 33.7 | 89.0 | 203 |
| 8-9 | 4.7 | 9.1 | 9.1 | 21.7 | 74.9 | 60.9 | 20.2 | 25.2 | 32.2 | 43.0 | 53.5 | 96.6 | 197 |
| 10-11 | 5.4 | 8.2 | 6.7 | 26.7 | 78.1 | 68.9 | 21.0 | 27.6 | 43.2 | 40.7 | 63.8 | 96.8 | 196 |
| 12-15 | 2.0 | 10.4 | 7.7 | 28.4 | 80.2 | 80.7 | 29.9 | 31.4 | 49.3 | 46.1 | 72.5 | 98.3 | 414 |
| 16-19 | 4.6 | 9.5 | 10.4 | 27.5 | 81.7 | 81.5 | 26.4 | 25.0 | 46.9 | 41.4 | 74.3 | 99.8 | 359 |
| 20-23 | 2.6 | 10.1 | 8.1 | 27.9 | 83.6 | 87.2 | 25.2 | 32.3 | 47.4 | 41.0 | 81.9 | 98.7 | 232 |
| 24-35 | 0.0 | 4.8 | 0.8 | 9.4 | 86.1 | 79.1 | 35.1 | 29.3 | 46.6 | 32.0 | 75.2 | 100.0 | 103 |
| $<6$ | 2.4 | 2.1 | 2.4 | 4.8 | 27.8 | 4.9 | 3.3 | 3.0 | 3.6 | 5.6 | 3.5 | 35.2 | 623 |
| 6-9 | 4.6 | 7.9 | 8.0 | 18.6 | 73.9 | 49.6 | 15.1 | 18.7 | 28.9 | 32.9 | 43.4 | 92.8 | 400 |
| NON-BREASTFEEDING CHILDREN |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 16-19 | 11.2 | 13.6 | 18.0 | 54.7 | 94.3 | 84.3 | 21.3 | 26.8 | 68.8 | 54.7 | 73.1 | 97.4 | 63 |
| 20-23 | 3.2 | 8.4 | 9.3 | 41.4 | 84.7 | 84.1 | 28.0 | 27.8 | 51.5 | 45.3 | 79.6 | 97.0 | 165 |
| 24-35 | 4.0 | 11.7 | 10.5 | 40.3 | 84.5 | 86.0 | 30.8 | 28.8 | 54.7 | 51.5 | 81.0 | 98.1 | 741 |

Note: Breastfeeding status and food consumed refer to a 24 hour recall period (yesterday and last night). Data are not shown separately for non-breastfeeding children under 16 months nor for the 4 non-breastfeeding children under 6 months nor for the 2 non-breastfeeding children age 6-9 months.
${ }^{1}$ Does not include plain water
${ }^{2}$ Includes fruits and vegetables rich in vitamin A
${ }^{3}$ Includes pumpkin, red or yellow yams or squash, carrots, red sweet potatoes, green leafy vegetables, mangoes, papayas, and other locally grown fruits and vegetables that are rich in vitamin $A$

Table 11.4 further shows that at the age of 6-9 months, 93 percent of breastfeeding infants received solid foods in the 24 hours before the survey. The majority ( 74 percent) consumed grains, 50 percent received fruits and vegetables, and 29 percent received animal products (in addition to breast milk). Foods rich in vitamin A were consumed by 43 percent of breastfeeding infants 6-9 months and fats by 33 percent. The findings indicate that, in terms of nutrition, the food mixtures given during this transition period are somewhat limited. By 10-11 months, almost all ( 97 percent) infants are receiving solids. A larger proportion are consuming grains ( 78 percent), fruits and vegetables ( 69 percent), and foods rich in vitamin A ( 64 percent) Although animal products (a major source of iron and vitamin A) are consumed by 43 percent of children in this age group, consumption of animal products is not as prevalent as the other foods. By 20-23 months, grains ( 84 percent), fruits and vegetables ( 87 percent) and foods rich in vitamin A ( 82 percent) are consumed by the majority of breastfeeding children; consumption of animal products remains below 50 percent.

Few children under two years of age are not breastfed. For non-breastfeeding children, about two years of age, the rates of consumption of food are about the same as for breastfeeding children; however, these children do not have the added nutritional benefit of breast milk, and very few receive other milk.

### 11.2.2 Frequency of Foods Consumed by Children

Table 11.5 presents the frequency of consumption of specific foods by children less than three years of age in the day or night preceding the interview. Infants and young children eat small meals, and therefore, frequent meals are necessary to provide them with the required nutrients. It is recommended that children age $6-8$ months eat a minimum of 2-3 meals and snacks per day in addition to breast milk. For children over 8 months of age, 3-5 meals should be consumed by breastfed children (WHO, 1998). The number of meals required is based on the energy density of the foods being fed. Consuming an appropriate variety of foods is essential for the child's nutrition.

| Table 11.5 Frequency of foods consumed by children in the day or night preceding the interview |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Mean number of times specific foods were consumed in the day or night preceding the interview by youngest child under three years of age living with the mother, according to breastfeeding status and age, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  | Solid | /semisolid | foods |  |  |  |
| Child's age in months | Infant formula | Other milk | Fruit juice | Other liquids ${ }^{1}$ | Food made from grains | Fruits/ vegetables ${ }^{2}$ | Food made from roots/ tubers | Food made from legumes | Meat/ fish/ poultry/ eggs | Food made with oil/fat/ butter | Fruits and vegetables rich in vitamin $\mathrm{A}^{3}$ | Number <br> of children |
| BREASTFEEDING CHILDREN |  |  |  |  |  |  |  |  |  |  |  |  |
| $<2$ | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 159 |
| 2-3 | 0.1 | 0.0 | 0.0 | 0.1 | 0.3 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 259 |
| 4-5 | 0.0 | 0.1 | 0.1 | 0.1 | 1.0 | 0.2 | 0.1 | 0.1 | 0.1 | 0.2 | 0.2 | 206 |
| 6-7 | 0.1 | 0.1 | 0.1 | 0.3 | 1.4 | 0.8 | 0.2 | 0.2 | 0.4 | 0.3 | 0.6 | 203 |
| 8-9 | 0.2 | 0.1 | 0.1 | 0.3 | 1.7 | 1.3 | 0.3 | 0.3 | 0.5 | 0.7 | 1.0 | 197 |
| 10-11 | 0.1 | 0.1 | 0.1 | 0.3 | 1.7 | 1.6 | 0.3 | 0.4 | 0.6 | 0.7 | 1.2 | 196 |
| 12-15 | 0.1 | 0.1 | 0.1 | 0.4 | 1.9 | 1.9 | 0.5 | 0.4 | 0.7 | 0.8 | 1.5 | 414 |
| 16-19 | 0.2 | 0.1 | 0.1 | 0.4 | 2.0 | 1.9 | 0.4 | 0.3 | 0.7 | 0.7 | 1.5 | 359 |
| 20-23 | 0.0 | 0.1 | 0.1 | 0.4 | 2.0 | 2.3 | 0.4 | 0.4 | 0.7 | 0.7 | 1.8 | 232 |
| 24-35 | 0.0 | 0.1 | 0.0 | 0.1 | 1.8 | 2.1 | 0.6 | 0.4 | 0.6 | 0.5 | 1.7 | 103 |
| $<6$ | 0.1 | 0.0 | 0.0 | 0.1 | 0.5 | 0.1 | 0.1 | 0.0 | 0.0 | 0.1 | 0.1 | 623 |
| 6-9 | 0.2 | 0.1 | 0.1 | 0.3 | 1.6 | 1.1 | 0.2 | 0.3 | 0.4 | 0.5 | 0.8 | 400 |
| NON-BREASTFEEDING CHILDREN |  |  |  |  |  |  |  |  |  |  |  |  |
| 16-19 | 0.1 | 0.3 | 0.3 | 0.9 | 2.5 | 2.1 | 0.3 | 0.4 | 1.1 | 1.0 | 1.6 | 63 |
| 20-23 | 0.0 | 0.2 | 0.1 | 0.7 | 2.2 | 2.3 | 0.5 | 0.4 | 0.8 | 0.8 | 1.8 | 165 |
| 24-35 | 0.1 | 0.2 | 0.2 | 0.6 | 2.1 | 2.4 | 0.5 | 0.4 | 0.8 | 0.9 | 2.0 | 741 |
| Note: Breastfeeding status and foods consumed refer to a 24 hour recall period (yesterday and last night). <br> ${ }^{1}$ Does not include plain water <br> ${ }^{2}$ Includes fruits and vegetables rich in vitamin A <br> ${ }^{3}$ Includes pumpkin, red or yellow yams or squash, carrots, red sweet potatoes, green leafy vegetables, mangoes, papayas, and other locally grown fruits and vegetables that are rich in vitamin A |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |  |

Table 11.5 shows that foods made from grains are usually given to breastfeeding children less than twice a day from age 6-9 months, which is the best time for introducing complementary foods. Foods containing grain include flour made from maize, millet, or sorghum, which is used to make a porridge and sometimes a fermented drink (Munkoyo, Mahewu). This food is consumed a little more than once a day through one year of age and twice a day at about two years of age for breastfed children.

At two years, non-breastfeeding children are receiving foods made from grain twice a day like breastfeeding children. Fruits and vegetables are consumed twice a day by both breastfeeding and nonbreastfeeding children at about two years. Foods enriched with oil/fat/butter-thereby increasing caloric intake-are consumed less than once a day. (These probably include foods previously reported.) Animal products are consumed less than once a day by both groups of children at two years of age.

### 11.3 Micronutrients

Micronutrients are essential for the metabolic processes in the body and they play a major role in the nutrition and health of an individual. The 2001-2002 ZDHS survey collected various types of data that are useful in assessing the micronutrient status of young children and women.

### 11.3.1 Salt and Sugar Fortification

In Zambia, a number of programmes aim at reducing micronutrient deficiencies. These include food fortification, namely fortification of salt with iodine, sugar with vitamin A, and recently maize with mineral and vitamin combinations. In addition to sugar fortification, children 6 to 72 months of age may receive vitamin A supplements through health services and community campaigns. Women may be given vitamin A supplements during the postpartum period (4 weeks after delivery) to assist both the mother and her breastfeeding children.

Disorders induced by dietary iodine deficiency constitute a major global nutrition concern. A lack of sufficient iodine can lead to goitre, hypothyroidism, impaired mental functions, retarded mental and physical development, and diminished school performance. Iodine deficiency in the foetus leads to increased rates of abortion, stillbirths, congenital anomalies, cretinism, psychomotor defects, and neonatal mortality. Iodine deficiency can be avoided by using salt that has been fortified with iodine (iodised salt).

Table 11.6 shows that 80 percent of the households visited in the 2001-2002 ZDHS had their salt tested for iodine, while 17 percent had no salt available in the household. Less than 4 percent of households are consuming salt that is not iodised, 19 percent of households are consuming inadequately iodised salt ( $<15 \mathrm{ppm}$ ) and 77 percent are consuming adequately iodised salt ( $15+\mathrm{ppm}$ ). The high proportion of households with iodised salt could be attributed to the aggressive enforcement and continued monitoring of the iodine content in salt by the Health Inspectorate unit of the Ministry of Health. There is little difference in the rates of adequate iodisation in rural areas ( 79 percent) versus urban areas ( 75 percent). There are more marked regional differences in adequacy of iodine levels in salt, ranging from 65 percent in Copperbelt to 93 percent in Southern province.

| Table 11.6 lodisation of household salt |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of households by level of iodine in salt (parts per million), according to background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |
|  | Level of iodine in household salt: |  |  | Total | Number of households | Percentage of households with salt tested | Percentage of households with no salt | Number of households |
| Background characteristic | None (0 ppm) | Inadequate (<15 ppm) | Adequate <br> (15+ppm) |  |  |  |  |  |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 1.8 | 23.8 | 74.5 | 100.0 | 2,074 | 85.1 | 10.8 | 2,437 |
| Rural | 4.4 | 16.5 | 79.1 | 100.0 | 3,629 | 77.4 | 20.1 | 4,689 |
| Province |  |  |  |  |  |  |  |  |
| Central | 1.7 | 8.8 | 89.5 | 100.0 | 428 | 87.3 | 11.1 | 490 |
| Copperbelt | 2.0 | 32.8 | 65.2 | 100.0 | 1,009 | 82.6 | 14.9 | 1,221 |
| Eastern | 1.7 | 23.8 | 74.5 | 100.0 | 714 | 71.5 | 26.1 | 999 |
| Luapula | 8.3 | 2.1 | 89.6 | 100.0 | 498 | 76.3 | 21.7 | 652 |
| Lusaka | 2.2 | 24.9 | 73.0 | 100.0 | 838 | 85.9 | 8.4 | 976 |
| Northern | 5.3 | 20.9 | 73.8 | 100.0 | 818 | 79.6 | 16.3 | 1,028 |
| North-Western | 0.4 | 16.7 | 82.9 | 100.0 | 308 | 83.1 | 15.7 | 371 |
| Southern | 1.0 | 5.9 | 93.1 | 100.0 | 605 | 82.5 | 13.5 | 734 |
| Western | 9.8 | 15.4 | 74.8 | 100.0 | 486 | 74.1 | 24.5 | 656 |
| Total | 3.5 | 19.1 | 77.4 | 100.0 | 5,703 | 80.0 | 16.9 | 7,126 |

Vitamin A is an essential micronutrient for the normal functioning of the visual system, growth and development, resistance to disease, and for reproduction. Vitamin A is believed to improve immunity, and hence reduce mortality rates in children and women. Sugar produced in Zambia as well as sugar imported from other countries is supposed to be fortified with vitamin A. Respondents were asked about the type of sugar they had in their household and the amount they consumed in a week to gauge the extent to which vitamin A is reaching the population at large by means of sugar. Table 11.7 shows that only 24 percent of households had sugar present in the home at the time of the 2001-2002 ZDHS, 45 percent in urban areas and 14 percent in rural areas.

Copperbelt ( 41 percent) and Lusaka (42 percent) provinces had the highest proportion of households with sugar at the time of the survey, while Western had the lowest (11 percent).

Table 11.7 indicates that among households with sugar, the majority ( 66 percent) have sugar in an opaque package labeled "Zambia Sugar." This may be considered the best kind of sugar because it is produced in Zambia where vitamin A fortification is regulated and supervised. The opaque package prevents vitamin A exposure to light. Eleven percent of households had sugar in a transparent package labeled "Zambia Sugar," 15 percent in an unlabeled transparent plastic bag, and 2 percent had imported labeled sugar.

Table 11.7 Presence of sugar in household
Percentage of households that have sugar in the home, and among these, the percent distribution of households with sugar by type of packaging, according to background characteristics, Zambia 2001-2002

| Background characteristic | Sugar present in the home | Total number of households | Type of sugar package |  |  |  |  |  | Total | Number of households with sugar |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Zambia Sugar (opaque package) | Zambia Sugar (transparent package) | Labeled, not from Zambia | Transparent plastic, no label | Other, not seen | Missing |  |  |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 44.7 | 2,437 | 74.1 | 7.2 | 1.7 | 11.1 | 5.5 | 0.4 | 100.0 | 1,090 |
| Rural | 13.9 | 4,689 | 52.7 | 17.2 | 1.2 | 21.2 | 4.9 | 2.9 | 100.0 | 652 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Central | 27.3 | 490 | 64.6 | 2.9 | 1.9 | 19.9 | 10.7 | 0.0 | 100.0 | 134 |
| Copperbelt | 41.2 | 1,221 | 81.6 | 3.6 | 1.3 | 8.6 | 3.9 | 1.0 | 100.0 | 504 |
| Eastern | 16.3 | 999 | 61.1 | 28.7 | 1.9 | 3.8 | 1.3 | 3.2 | 100.0 | 163 |
| Luapula | 11.1 | 652 | 42.9 | 10.0 | 0.0 | 45.7 | 1.4 | 0.0 | 100.0 | 72 |
| Lusaka | 42.4 | 976 | 71.8 | 5.0 | 1.3 | 14.1 | 7.5 | 0.3 | 100.0 | 413 |
| Northern | 16.8 | 1,028 | 48.9 | 17.6 | 0.5 | 23.9 | 4.3 | 4.8 | 100.0 | 173 |
| North-Western | 15.5 | 371 | 58.6 | 2.1 | 2.1 | 31.4 | 3.6 | 2.1 | 100.0 | 57 |
| Southern | 21.3 | 734 | 42.0 | 36.6 | 4.6 | 9.9 | 5.3 | 1.5 | 100.0 | 156 |
| Western | 10.6 | 656 | 60.9 | 7.2 | 0.0 | 23.2 | 8.7 | 0.0 | 100.0 | 70 |
| Total | 24.4 | 7,126 | 66.1 | 10.9 | 1.5 | 14.8 | 5.3 | 1.3 | 100.0 | 1,742 |

Table 11.8 shows the percent distribution of the usual weekly consumption of sugar in the household by background characteristics. Forty-one percent of households report consuming more than 1 kilogram of sugar per week; 28 percent consume 1 kilogram; and 13 percent consume less than a kilogram of sugar per week. Nine percent of households report they do not consume any sugar. Copperbelt ( 55 percent), Central ( 54 percent), and Lusaka ( 52 percent) have the highest proportion of households that report consuming more than 1 kilogram of sugar per week, while North-Western province (17 percent) has the lowest. North-Western ( 32 percent), Luapula ( 17 percent), and Northern province (14 percent) have the highest proportions of households that do not consume any sugar at all.

| Table 11.8 Household consumption of sugar |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of households by usual weekly consumption of sugar, according to background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |
|  | Amount of sugar usually consumed per week |  |  |  |  |  |  | Total | Number of households |
| Background characteristic |  Less than <br> 250  <br> None grams |  | About half a kilo | About $1 \mathrm{~kg}$ | More than $1 \mathrm{~kg}$ | Do not know/not sure | Missing |  |  |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 1.9 | 4.5 | 7.0 | 27.3 | 54.7 | 4.5 | 0.1 | 100.0 | 2,437 |
| Rural | 12.3 | 6.7 | 7.6 | 29.0 | 33.8 | 10.5 | 0.1 | 100.0 | 4,689 |
| Province |  |  |  |  |  |  |  |  |  |
| Central | 4.2 | 2.6 | 7.9 | 26.1 | 54.2 | 4.9 | 0.0 | 100.0 | 490 |
| Copperbelt | 3.7 | 5.6 | 5.6 | 23.1 | 55.4 | 6.8 | 0.0 | 100.0 | 1,221 |
| Eastern | 10.4 | 3.5 | 7.6 | 36.7 | 34.0 | 7.5 | 0.3 | 100.0 | 999 |
| Luapula | 17.3 | 22.4 | 12.7 | 24.3 | 19.5 | 3.7 | 0.2 | 100.0 | 652 |
| Lusaka | 0.8 | 3.3 | 9.7 | 29.1 | 51.9 | 5.0 | 0.1 | 100.0 | 976 |
| Northern | 14.2 | 3.3 | 5.9 | 28.8 | 35.8 | 12.0 | 0.1 | 100.0 | 1,028 |
| North-Western | 31.9 | 16.9 | 7.6 | 23.4 | 16.7 | 3.3 | 0.1 | 100.0 | 371 |
| Southern | 0.6 | 0.6 | 3.1 | 29.5 | 62.0 | 4.1 | 0.0 | 100.0 | 734 |
| Western | 9.7 | 4.0 | 8.0 | 31.8 | 18.2 | 28.2 | 0.0 | 100.0 | 656 |
| Total | 8.7 | 5.9 | 7.4 | 28.4 | 41.0 | 8.5 | 0.1 | 100.0 | 7,126 |

### 11.3.2 Micronutrient Intake among Children

Table 11.9 shows the percentage of children under age three who consumed fruits and vegetables rich in vitamin A in the day or night preceding the survey, and the percentage of those children who received vitamin A supplements in the 6 months preceding the survey. It also indicates the percentage of children under five living in households that have adequately iodised salt.

Table 11.9 shows that almost 60 percent of children under three consume fruits and vegetables rich in vitamin A. Also encouraging is the fact that two-thirds of children 6-59 months are reported to have received a vitamin A supplement in the previous 6 months. Consumption of vitamin A supplements is highest in the age group 12-36 months. There are no marked difference between the sexes on the consumption of vitamin A, iodised salt, vegetables and fruits rich in vitamin A, or vitamin A supplements. Non-breastfeeding children appear to consume more micronutrient-rich foods and supplements than breastfeeding children. There are minimal differences in urban and rural areas in the consumption of fruits and vegetables rich in vitamin A. Data also indicate that the consumption of foods rich in vitamin A is higher for children of women with a secondary or higher education compared with those with primary or no education. Vitamin A supplementation is relatively high in the urban areas (78 percent) compared with the rural areas ( 63 percent). There are marked differences between provinces in the level of vitamin A supplementation ranging from 52 percent in Eastern province to 83 percent in Copperbelt. These differences may be due to inadequate programme coverage in these areas.

The data indicate that 80 percent of children under the age of three live in households that use iodised salt.

Table 11.9 Micronutrient intake among children
Percentage of youngest children under age three living with the mother who consumed fruits and vegetables rich in vitamin $A$ in the day or night preceding the survey, percentage of children age 6-59 months who received vitamin A supplements in the six months preceding the survey, and percentage of children under five living in households using adequately iodised salt, by background characteristics, Zambia 2001-2002

| Background characteristic | Children under three |  | Children age 6-59 months |  | Children under five |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Consumed fruits and vegetables rich in vitamin $A^{1}$ | Number of children (youngest child living with mother) | Received vitamin A supplements | Number <br> of children | Living in households using adequately iodised salt ${ }^{2}$ | Number <br> of children |
| Age in months |  |  |  |  |  |  |
| <6 | 3.5 | 627 | na | 0 | 77.6 | 513 |
| 6-9 | 43.5 | 401 | 36.5 | 402 | 79.9 | 332 |
| 10-11 | 64.1 | 197 | 59.2 | 202 | 82.1 | 172 |
| 12-23 | 75.7 | 1,246 | 71.4 | 1,299 | 77.8 | 1,075 |
| 24-35 | 80.3 | 843 | 73.1 | 1,143 | 81.3 | 933 |
| 36-47 | na | 0 | 70.7 | 1,003 | 80.8 | 836 |
| 48-59 | na | 0 | 66.6 | 1,103 | 79.6 | 924 |
| Sex |  |  |  |  |  |  |
| Male | 58.9 | 1,637 | 66.7 | 2,566 | 79.6 | 2,375 |
| Female | 58.3 | 1,679 | 68.1 | 2,587 | 79.7 | 2,409 |
| Birth order |  |  |  |  |  |  |
| 1 | 57.9 | 703 | 67.3 | 1,171 | 79.5 | 1,066 |
| 2-3 | 56.2 | 1,153 | 69.5 | 1,726 | 80.2 | 1,637 |
| $4-5$ $6+$ | 60.8 60.8 | 718 | 67.0 | 1,120 | 78.7 | 1,019 |
| $6+$ | 60.8 | 742 | 64.7 | 1,136 | 79.9 | 1,061 |
| Breastfeeding status |  |  |  |  |  |  |
| Breastfeeding | 49.6 | 2,326 | 61.0 | 1,733 | 78.7 | 1,919 |
| Not breastfeeding | 80.0 | 987 | 71.2 | 3,383 | 80.3 | 2,839 |
| Residence |  |  |  |  |  |  |
| Urban | 58.1 | 1,026 | 77.8 | 1,590 | 78.3 | 1,547 |
| Rural | 58.9 | 2,290 | 62.8 | 3,563 | 80.3 | 3,237 |
| Province |  |  |  |  |  |  |
| Central | 55.3 | 236 | 64.8 | 379 | 91.7 | 386 |
| Copperbelt | 66.0 | 541 | 83.3 | 829 | 70.3 | 770 |
| Eastern | 63.5 60.8 | 475 | 52.4 74.2 | 701 | 77.1 92.2 | 603 |
| Lusaka | 51.5 | 380 | 76.9 | 639 | 78.0 | 625 |
| Northern | 71.2 | 530 | 65.4 | 794 | 72.2 | 721 |
| North-Western | 57.2 | 181 | 59.6 | 292 | 80.0 | 280 |
| Southern | 42.3 | 375 | 53.0 | 612 | 95.6 | 571 |
| Western | 46.4 | 307 | 71.6 | 465 | 70.7 | 423 |
| Mother's education |  |  |  |  |  |  |
| No education | 52.7 | 483 | 50.7 | 737 | 80.2 | 643 |
| Primary | 58.5 | 2,091 | 67.5 | 3,260 | 80.5 | 3,012 |
| Secondary | 62.9 | 690 | 77.3 | 1,081 | 78.1 | 1,048 |
| Higher | 62.9 | 52 | 83.8 | 75 | 62.0 | 81 |
| Mother's age at birth |  |  |  |  |  |  |
| <20 | 58.8 | 679 | 66.9 | 1,137 | 81.0 | 1,039 |
| 20-24 | 54.8 | 971 | 68.7 | 1,524 | 81.4 | 1,404 |
| 25-29 | 59.9 | 757 | 69.4 | 1,117 | 77.2 | 1,088 |
| $30-34$ $35-49$ | 62.9 | 469 | 66.6 | 735 | 78.1 | 676 |
| 35-49 | 59.9 | 439 | 62.6 | 640 | 79.1 | 577 |
| Total | 58.6 | 3,316 | 67.4 | 5,153 | 79.6 | 4,784 |

Note: Information on vitamin A supplements is based on mother's recall.
na $=$ Not applicable
${ }^{1}$ Includes pumpkin, red or yellow yams or squash, carrots, red sweet potatoes, green leafy vegetables, mango, papaya, and other locally grown fruits and vegetables that are rich in vitamin A
${ }^{2}$ Salt containing 15 ppm of iodine or more. Excludes children in households in which salt was not tested.

### 11.3.3 Micronutrient Supplementation for Women

It is recommended for mothers in Zambia to be given a dose of vitamin A within 4 weeks of delivery. Mothers who deliver at health institutions are to receive a dose of vitamin A before they are discharged from the institution. This is to boost the vitamin A level for their benefit and, through their breast milk for the benefit of the child. According to the 2001-2002 ZDHS, the levels of micronutrient supplementation among mothers are very worrying. Table 11.10 shows that only about 28 percent of recent mothers reported receiving a vitamin A dose postpartum.

Vitamin A supplementation among women is higher in urban areas (36 percent) than in rural areas ( 23 percent). Copperbelt province has the highest level of postpartum supplementation with vitamin A (37 percent), while Northern province has the lowest ( 17 percent). This indicates the need for strengthening routine supplementation by health services, because it is the best opportunity to capture most of the mothers.

Table 11.10 also presents information on iron supplementation of mothers. Iron-deficiency anaemia is a major threat to maternal health; it contributes to low birth weight, lowered resistance to infection, poor cognitive development, and decreased work capacity. Furthermore, anaemia increases morbidity from infections because it adversely affects the body's immune response. According to the government policy, all pregnant mothers attending antenatal clinics are supposed to be supplemented with iron tablets during their pregnancy. International recommendations are that iron tablets be taken daily for at least three months during pregnancy. It should be noted that although six in ten women reported having taken iron tablets during their pregnancy, only 20 percent took them for 90 or more days.

According to the baseline study on prevalence and etiology of anaemia conducted in 1998 (Luo et al., 1999), 39 percent of the women, 23 percent of men, and 65 percent of children were found to be anaemic. This situation poses a challenge to the Zambian government if morbidity and mortality due to anaemia and other micronutrient deficiencies is to be reduced.

Almost 80 percent of women live in households where adequately iodised salt is used. There are no marked differences in the level of micronutrient supplementation by mother's age at birth or number of children ever born.

| Table 11.10 Micronutrient intake among mothers |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women who gave birth in the five years preceding the survey who received a vitamin A dose in the two months following delivery of the most recent child, percentage who took iron tablets or syrup for specific numbers of days during the pregnancy preceding the most recent birth, and percentage who live in households using adequately iodsed salt, by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |
| Background characteristic | Received vitamin A dose postpartum ${ }^{1}$ | Number of days woman took iron tablets or syrup during pregnancy |  |  |  |  | Number of women | Living in households using adequately iodised salt ${ }^{2}$ | Number of women |
|  |  | None | $<60$ | 60-89 | 90+ | DK/missing |  |  |  |
| Age at birth |  |  |  |  |  |  |  |  |  |
| <20 | 26.6 | 35.1 | 32.6 | 7.1 | 14.7 | 10.6 | 866 | 79.5 | 719 |
| 20-24 | 29.2 | 28.7 | 32.7 | 9.4 | 19.3 | 9.8 | 1,262 | 81.0 | 1,051 |
| 25-29 | 30.1 | 22.9 | 33.9 | 9.6 | 23.4 | 10.2 | 997 | 76.5 | 843 |
| 30-34 | 26.0 | 27.7 | 31.5 | 7.7 | 22.9 | 10.1 | 610 | 78.6 | 491 |
| 35-49 | 22.6 | 24.8 | 31.7 | 9.5 | 22.1 | 11.9 | 668 | 78.0 | 537 |
| Number of children ever born |  |  |  |  |  |  |  |  |  |
| 1 | 28.7 | 36.3 | 31.3 | 6.7 | 16.9 | 8.8 | 948 | 78.0 | 782 |
| 2-3 | 29.9 | 25.7 | 31.7 | 10.4 | 20.4 | 11.7 | 1,467 | 79.6 | 1,233 |
| 4-5 | 27.4 | 25.9 | 35.5 | 7.9 | 21.3 | 9.3 | 941 | 79.2 | 767 |
| $6+$ | 22.9 | 25.2 | 32.4 | 9.1 | 22.2 | 11.1 | 1,046 | 78.5 | 858 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 35.9 | 34.9 | 28.7 | 9.5 | 21.0 | 5.9 | 1,499 | 78.0 | 1,297 |
| Rural | 23.1 | 24.3 | 34.6 | 8.4 | 19.9 | 12.8 | 2,904 | 79.4 | 2,344 |
| Province |  |  |  |  |  |  |  |  |  |
| Central | 27.5 | 25.7 | 44.0 | 6.3 | 9.1 | 14.9 | 319 | 91.9 | 287 |
| Copperbelt | 37.4 | 30.5 | 23.0 | 10.8 | 32.7 | 3.0 | 765 | 68.9 | 640 |
| Eastern | 29.0 | 33.9 | 33.7 | 9.4 | 12.7 | 10.2 | 587 | 76.3 | 455 |
| Luapula | 25.9 | 32.9 | 53.7 | 5.3 | 6.4 | 1.6 | 371 | 91.6 | 295 |
| Lusaka | 28.3 | 37.5 | 33.0 | 7.9 | 14.8 | 6.9 | 590 | 77.3 | 518 |
| Northern | 16.8 | 27.4 | 42.1 | 6.6 | 6.7 | 17.3 | 649 | 71.8 | 529 |
| North-Western | 21.4 | 16.9 | 22.5 | 21.2 | 28.3 | 11.1 | 226 | 81.3 | 198 |
| Southern | 27.6 | 20.4 | 20.7 | 11.4 | 44.9 | 2.6 | 485 | 94.9 | 404 |
| Western | 26.8 | 13.8 | 25.4 | 3.9 | 24.9 | 32.0 | 412 | 71.7 | 316 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 13.5 | 33.7 | 30.3 | 9.1 | 14.6 | 12.3 | 613 | 80.6 | 466 |
| Primary | 25.2 | 28.2 | 35.0 | 7.8 | 19.0 | 10.0 | 2,726 | 79.8 | 2,238 |
| Secondary | 41.9 | 24.7 | 29.5 | 11.3 | 25.0 | 9.5 | 977 | 77.1 | 856 |
| Higher | 32.7 | 14.8 | 10.5 | 7.4 | 46.7 | 20.7 | 87 | 63.1 | 81 |
| Total | 27.5 | 27.9 | 32.6 | 8.8 | 20.3 | 10.4 | 4,402 | 78.9 | 3,641 |
| Note: For women with two or more live births in the five-year period, data refer to the most recent birth. ${ }^{1}$ In the first two months after delivery <br> ${ }^{2}$ Salt containing 15 ppm of iodine or more. Excludes women in households in which salt was not tested. |  |  |  |  |  |  |  |  |  |

### 11.4 Household Food Security

Food security is an important determinant of nutritional status. People are considered "food insecure" when they are unable to obtain sufficient food to meet their dietary needs and food preferences.

The 2000-2002 ZDHS measured food security by asking how often households have enough food to eat. Table 11.11 shows the results by background characteristics. According to the findings, only 36 percent of households in Zambia usually or always have enough food to eat, while 45 percent sometimes have enough food to eat. Nineteen percent of Zambian households report they seldom or never have enough to eat and are thereby chronically food insecure. Eleven percent of urban households report seldom or never having enough to eat, compared with 24 percent of rural households.

Food security varies by province, with Northern ( 59 percent), Central ( 55 percent), and NorthWestern provinces ( 55 percent) having the highest proportions of households that are food secure, and Southern (16 percent) and Eastern (19 percent) having the lowest.

| Table 11.11 Household food security |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of households by whether household has enough food to eat, according to background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |
| Background characteristic | Household has enough food to eat |  |  |  |  | Total | Number |
|  | Usually/ Always | Sometimes | Seldom | Never | Missing |  |  |
| Residence |  |  |  |  |  |  |  |
| Urban | 39.6 | 49.5 | 10.4 | 0.5 | 0.0 | 100.0 | 2,437 |
| Rural | 34.1 | 41.9 | 22.5 | 1.3 | 0.2 | 100.0 | 4,689 |
| Province |  |  |  |  |  |  |  |
| Central | 55.1 | 40.3 | 4.4 | 0.3 | 0.0 | 100.0 | 490 |
| Copperbelt | 36.4 | 44.4 | 18.0 | 1.2 | 0.0 | 100.0 | 1,221 |
| Eastern | 18.6 | 35.2 | 43.9 | 2.0 | 0.4 | 100.0 | 999 |
| Luapula | 37.1 | 52.2 | 10.6 | 0.0 | 0.0 | 100.0 | 652 |
| Lusaka | 34.4 | 59.1 | 6.1 | 0.4 | 0.0 | 100.0 | 976 |
| Northern | 59.0 | 39.1 | 1.7 | 0.0 | 0.2 | 100.0 | 1,028 |
| North-Western | 54.9 | 31.7 | 10.4 | 2.9 | 0.1 | 100.0 | 371 |
| Southern | 15.7 | 33.8 | 47.6 | 2.9 | 0.0 | 100.0 | 734 |
| Western | 24.4 | 60.8 | 14.7 | 0.0 | 0.2 | 100.0 | 656 |
| Total | 36.0 | 44.5 | 18.4 | 1.0 | 0.1 | 100.0 | 7,126 |

### 11.5 Nutritional Status of Children under Age Five

The 2001-2002 ZDHS included measuring nutritional status of children under six years old by taking body measurements to derive three indices, namely weight-for-age, height-for-age and weight-forheight. Nutritional status of the child can be a direct indicator of the well being of the household. It also reflects on the community nutritional status and the future national development potential.

### 11.5.1 Measures of Nutritional Status in Childhood

As recommended by the World Health Organisation (WHO), the nutritional status of children in the survey is compared with an international reference population defined by the U.S. National Centre for Health Statistics (NCHS) and accepted by the U.S. Centres for Disease Control and Prevention (CDC). Each of the three nutritional status indicators described below are expressed in standard deviation units (Z-scores) from the median for the reference population. The use of this reference population is based on
the finding that well nourished young children of all population groups (for which data exist) follow very similar growth patterns. The reference populations serve as a point of comparison, facilitating the examination of differences in the anthropometric status of subgroups in a population and changes in nutritional status over time. In any large population, there is variation in height and weight; this variation approximates a normal distribution.

Each of these indices-height-for-age, weight-for-height, and weight-for-age-gives different information about growth and body composition used to assess nutritional status. The height-for-age index is an indicator of linear growth retardation. Children whose height-for-age Z-score is below minus two standard deviations ( -2 SD ) from the median of the reference population are considered short for their age (stunted) and are chronically malnourished. Children who are below minus three standard deviations (-3 SD) from the median of the reference population are considered severely stunted. Stunting reflects failure to receive adequate nutrition over a long period of time and is also affected by recurrent and chronic illness. Height-for-age, therefore, represents the long-term effect of malnutrition in a population and does not vary according to recent dietary intake.

The weight-for-height index measures body mass in relation to body length and describes current nutritional status. Children whose Z-scores are below minus two standard deviations (-2 SD) from the median of the reference population are considered thin (wasted) for their height and are acutely malnourished. Wasting represents the failure to receive adequate nutrition in the period immediately preceding the survey and may be the result of inadequate food intake or a recent episode of illness causing loss of weight and the onset of malnutrition. Children whose weight-for-height is below minus three standard deviations ( -3 SD ) from the median of the reference population are considered severely wasted.

Weight-for-age is a composite index of height-for-age and weight-for-height. It takes into account both acute and chronic malnutrition. Children whose weight-for-age is below minus two standard deviations from the median of the reference population are classified as underweight.

In the reference population, only 2.3 percent of children fall below minus two ( -2 SD ) for each of the three indices.

Table 11.12 shows the percentage of children under five years classified as malnourished according to height-for-age, weight-for-age, and weight-for-height by background characteristics. A total of 6,292 children under age five were weighed and measured. Four percent of these children had missing information on height or weight, 4 percent had implausibly high or low values for the height and weight measurements, and 1 percent had incomplete age information. The following information focuses on the 5,784 children under age five for whom complete and plausible anthropometric data were collected.

According to the 2001-2002 ZDHS, 47 percent of children under five are stunted and 22 percent severely stunted. Five percent of children under five were found to be wasted. Only 1 percent are severely wasted. Results on weight-for-age show that 28 percent of children under five are underweight and 7 percent are severely underweight.

| Table 11.12 Nutritional status of children |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of children under five years classified as malnourished according to three anthropometric indices of nutritional status: height-for-age, weight-for-height, and weight-for-age, by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |  |
| Background characteristic | Height-for-age (stunted) |  |  | Weight-for-height (wasted) |  |  | Weight-for-age (underweight) |  |  | Number of children |
|  | Percentage -3 SD -3 SD | Percentage below $-2 S^{1}$ -2 SD | $\begin{aligned} & \text { Mean } \\ & \text { Z-score } \\ & \text { (SD) } \end{aligned}$ |  |  | $\begin{aligned} & \text { Mean } \\ & \text { Z-score } \\ & \text { (SD) } \end{aligned}$ | Percentbelow -3 SD |  | $\begin{aligned} & \text { Mean } \\ & \text { Z-score } \\ & \text { (SD) } \end{aligned}$ |  |
| Age in months |  |  |  |  |  |  |  |  |  |  |
| <6 | 1.5 | 8.5 | -0.4 | 0.7 | 3.7 | 0.4 | 0.2 | 2.8 | 0.1 | 563 |
| ${ }^{6-9} 0-11$ | 17.6 | 29.1 36.8 | -1.2 | 2.0 | 7.8 10.9 | -0.0 | 5.0 | 18.8 40.1 | -1.0 | 395 194 |
| 12-23 | 26.5 | 55.6 | -2.1 | 1.8 | 9.0 | -0.5 | 11.4 | 39.5 | -1.7 | 1,291 |
| 24-35 | 27.4 | 54.4 | -2.1 | 1.2 | 3.9 | -0.3 | 9.6 | 34.0 | -1.5 | 1,179 |
| 36-47 | 26.2 | 51.9 | -2.1 | 0.7 | 2.4 | -0.1 | 4.8 | 27.2 | -1.3 | 1,062 |
| 48-59 | 23.8 | 51.1 | -2.1 | 0.5 | 2.6 | -0.2 | 4.4 | 23.7 | -1.4 | 1,099 |
| Sex |  |  |  |  |  |  |  |  |  |  |
| Male | 22.9 | 47.9 | -1.9 | 1.4 | 5.7 | -0.2 | 7.4 | 28.3 | -1.3 | 2,898 |
| Female | 21.5 | 45.6 | -1.8 | 0.9 | 4.3 | -0.2 | 6.8 | 27.9 | -1.3 | 2,886 |
| Birth order ${ }^{2}$ |  |  |  |  |  |  |  |  |  |  |
|  | 23.2 | 47.5 | -1.9 | 0.9 | 5.3 | -0.1 | 6.3 | 26.9 | -1.3 | 1,111 |
| 2-3 | 21.4 19.8 | 44.8 | -1.8 | 1.3 0.9 | 5.1 4.8 | -0.2 | 8.0 6.2 | 27.4 | -1.3 | 1,805 |
| $6+$ | 24.3 | 50.3 | -2.0 | 1.3 | 5.0 | -0.2 | 8.0 | 30.6 | -1.4 | 1,206 |
| Birth interval in months ${ }^{2}$ |  |  |  |  |  |  |  |  |  |  |
| First birth ${ }^{3}$ | 23.4 | 47.7 | -1.9 | 0.9 | 5.4 | -0.1 | 6.5 | 27.0 | -1.3 | 1,117 |
| <24 | 29.2 | 55.2 | -2.2 | 1.1 | 3.8 | -0.3 | 11.5 | 35.3 | -1.6 | 586 |
| $24-47$ $48+$ | 17.1 | 47.1 38.0 | -1.9 | 1.3 0.9 | 5.0 5.7 | -0.2 | 7.1 5.5 | 28.7 | -1.3 | 2,813 |
| Size at birth ${ }^{2}$ |  |  |  |  |  |  |  |  |  |  |
| Very small | 32.1 | 59.6 | -2.3 | 0.0 0 | 8.7 5.4 | -0.5 | 14.5 | 43.7 | -1.9 | 161 |
| Average or larger | 21.2 | 45.2 | -1.8 | 1.2 | 4.8 | -0.2 | 6.4 | 36.7 | -1.6 | 5,038 |
| Missing | 41.8 | 83.6 | -3.2 | 0.0 | 0.0 | -0.8 | 0.0 | 83.6 | -1.2 | 5,038 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 14.8 | 36.8 | -1.5 | 1.0 | 5.1 | -0.2 | 5.0 | 23.4 | -1.1 | 1,813 |
| Rural | 25.5 | 51.3 | -2.0 | 1.2 | 5.0 | -0.2 | 8.1 | 30.3 | -1.4 | 3,971 |
| Province |  |  |  |  |  |  |  |  |  |  |
|  | 19.0 | 45.9 | -1.9 | 0.7 | 4.2 | -0.2 | 6.5 | 26.6 | -1.3 | 450 |
| Copperbelt | 19.1 | 39.9 | -1.7 | 1.4 | 6.5 | -0.3 | 6.5 | 29.0 | -1.3 | 921 |
| Eastern | 29.7 | 59.4 | -2.2 | 1.3 | 5.2 | -0.1 | 9.9 | 32.1 | -1.4 | 732 |
| Luapula | 12.8 | 57.6 35.6 | -2.2 | 0.6 1.3 | 3.8 5.1 | -0.2 | 10.3 | 33.0 | -1.5 | 542 |
| Northern | 33.5 | 54.8 | -2.2 | 2.0 | 7.6 | -0.2 | 10.4 | 33.8 | -1.5 | 861 |
| North-Western | 20.3 | 44.8 | -1.9 | 0.2 | 2.8 | -0.2 | 6.0 | 27.1 | -1.3 | 340 |
| Southern | 17.7 | 40.2 | -1.7 | 0.8 | 3.9 | -0.2 | 4.4 | 23.6 | -1.2 | 702 |
| Western | 14.1 | 42.6 | -1.8 | 0.8 | 2.5 | -0.2 | 4.2 | 23.7 | -1.2 | 525 |
| Mother's education ${ }^{4}$ |  |  |  |  |  |  |  |  |  |  |
| No education | 26.8 | 53.5 | -2.0 | 1.2 | 5.3 | -0.2 | 10.4 | 32.9 | -1.4 | 786 |
| Primary Secondary | 23.7 15.2 | 49.0 36.6 | -1.9 | 1.2 | 5.0 4.9 | -0.2 | 7.3 5.0 | 28.7 24.1 | -1.3 | 3,441 |
| Higher | 2.2 | 19.8 | -0.8 | 0.0 | 3.2 | -0.1 | 0.0 | 12.2 | -0.4 | 192 |
| Mother's age ${ }^{4}$ |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 22.4 | 48.3 | -1.8 | 0.5 | 5.1 | -0.1 | 8.4 | 30.7 | -1.3 | 476 |
| 20-24 | 23.4 | 46.5 | -1.9 | 1.2 | 5.2 | -0.2 | 7.0 | 26.8 | -1.3 | 1,639 |
| 25-29 | 20.9 | 46.2 | -1.8 | 1.4 | 4.9 | -0.2 | 7.1 | 27.5 | -1.3 | 1,522 |
| 30-34 | 19.6 | 44.7 | -1.8 | 1.2 | 4.8 | -0.3 | 6.5 | 28.9 | -1.3 | 1,018 |
| 35-49 | 24.3 | 49.2 | -1.9 | 1.0 | 4.9 | -0.2 | 7.4 | 29.0 | -1.3 | 1,130 |
| Mother's status |  |  |  |  |  |  |  |  |  |  |
| Mother interviewed | 22.1 | 46.8 | -1.9 | 1.1 | 5.1 | -0.2 | 7.2 | 28.2 | -1.3 | 5,295 |
| Mother not-interviewed 19.4 -115 |  |  |  |  |  |  |  |  |  |  |
| Not in the household ${ }^{5}$ | 5 24.1 | 48.6 | -1.8 | 1.6 | 4.9 | -0.2 | 6.3 | 29.3 | -1.2 | 353 |
| Total | 22.2 | 46.8 | -1.9 | 1.1 | 5.0 | -0.2 | 7.1 | 28.1 | -1.3 | 5,784 |
| Note: Table is based on children who stayed in the household the night before the interview. Each of the indices is expressed in standard deviation units (SD) from the median of the NCHS/CDC/WHO International Reference Population. The percentage of children who are more than three or more than two standard deviations below the median of the International Reference Population ( -3 SD and -2 SD) are shown according to demographic characteristics. Table is based on children with valid dates of birth (month and year) and valid measurement of both height and weight. <br> ${ }^{1}$ Includes children who are below -3 standard deviations (SD) from the International Reference Population median <br> ${ }^{2}$ Excludes children whose mother was not interviewed <br> ${ }^{3}$ First born twins (triplets, etc.) are counted as first births because they do not have a previous birth interval. <br> ${ }^{4}$ For women who were not interviewed, information is taken from the Household Questionnaire. Excludes children whose mother was not listed in the household schedule. <br> ${ }^{5}$ Includes children whose mothers are deceased |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |  |  |  |  |

Table 11.12 indicates that stunting is found in children as young as 6 months of age ( 9 percent). Stunting rates increase with the age of the child. This is evidenced by the doubling of stunting levels from 29 percent at $6-9$ months to 56 percent at age 12-23 months. There are no marked differences between males ( 48 percent) and females ( 46 percent) in the levels of stunting among children under five years. Table 11.12 further shows that the longer the birth interval, the lower the stunting levels. Birth weight is an important determinant of the child's nutrition at birth and in the future. According to Table 11.12, a larger percentage of children who were reported to have been very small at birth were stunted ( 60 percent), compared with children who were born average or larger in size ( 45 percent). Table 11.12 indicates that wasting is more common in the age group 10-23 months and decreases as the child increases in age. Weight-for-age is an index of chronic or acute malnutrition. It does not distinguish between a child who is underweight because of stunting or wasting. Underweight is very minimal for children less than 6 months of age but becomes more pronounced at age 6 months and above (normal complementary feeding period). This may be because most children are still primarily breastfeeding until 6 months of age.

Table 11.12 indicates that rural children are more likely to be stunted and underweight than urban children, while the proportion of wasted children is the same in both rural and urban areas ( 5 percent). Regional variation in nutritional status of children is substantial. Eastern, Luapula, and Northern provinces have stunting and underweight levels that are above the national average (Figure 11.2). Lusaka province has the lowest level of stunting and underweight ( 36 percent and 22 percent, respectively). Size at birth is related to wasting in children; a larger percentage of children reported by mothers as very small are wasted ( 9 percent), compared with those reported as average or larger ( 5 percent). Wasting is particularly high in Northern and Copperbelt provinces.


The percentage of children who are malnourished declines with increasing level of mother's education. More than half ( 54 percent) of children whose mothers have no education are stunted, compared with only 20 percent of children whose mothers have more than secondary education. The pattern is the same with levels of wasting and underweight. Mother's age has no marked influence on the nutritional status of the child.

Table 11.12 indicates that children whose biological mothers were not present in the household at the time of the interview are more likely to be malnourished than children whose mothers were interviewed-49 percent stunted, 5 percent wasted, and 29 percent underweight. The small number of children whose mothers were available but not interviewed have the lowest levels of stunting, wasting, and underweight-41 percent stunted, 3 percent wasted, and 23 percent underweight.

### 11.5.2 Trends in Children's Nutritional Status

Previous ZDHS surveys collected anthropometric measurements only for children of interviewed women. An analysis of trends in these data show a decline in the nutritional status of children. The proportion of children under five who are stunted has increased from 40 percent in 1992 to 42 percent in 1996 and to 47 percent in 2001-2002. The proportion underweight has also risen, but less sharply, from 25 percent in 1992 to 24 percent in 1996 and 28 percent in 2001-2002. However, the proportion of children who are wasted has remained more or less steady, declining from 5 percent in 1992 to 4 percent in 1996 and rising again to 5 percent in 2001-2002. These trends in nutritional status imply that the problem of malnutrition in Zambia is one of chronic food shortages.

### 11.6 NUtritional Status Of Women

The 2001-2002 ZDHS collected information on height and weight of women. The data were used to derive two measures of nutritional status, height and body mass index (BMI). A woman's height may be used to predict the risk of difficulty in delivery (given the relationship between height and the size of the pelvis). The risk of giving birth to a low birth weight baby is influenced by the mother's nutritional status. The cut-off point at which mothers can be considered at risk for height varies between populations but normally falls between 140 cm and 150 cm . The index used to measure thinness or obesity is known as the body mass index (BMI), or the Quetelet index. Body mass index is defined as weight in kilogrammes divided by height squared in metres $\left(\mathrm{kg} / \mathrm{m}^{2}\right)$. A cut-off point of 18.5 is used to define thinness or acute undernutrition. A BMI of 25 or above usually indicates overweight or obesity.

Table 11.13 shows the nutritional status of women in the reproductive ages $15-49$. The mean height of Zambian women is 158 cm , which is above the critical height of 145 cm . As expected, there is a slightly higher percentage of women with a height less than 145 cm in the age group 15-19. Fifteen percent of women were found to be chronically malnourished (BMI less than 18.5), while 12 percent are overweight. Variations between urban and rural women are marked. More women have a BMI less than 18.5 in rural areas ( 18 percent) than in urban areas ( 11 percent). Overweight (BMI greater than 25) is higher in urban areas ( 20 percent) than in rural areas ( 7 percent).

Interpretation of trends in women's nutritional status is complicated by the fact that in the 1992 and the 1996 ZDHS all mothers of children under five were measured. In 2001-2002, the data refer to all women 15-49. However, an analysis of the nutritional status of women who gave birth in the five years preceding the survey (data not shown), indicates that there has been a deterioration in women's nutritional status, with the proportion having a BMI of less than 18.5 increasing from about $9-10$ percent in prior surveys to 15 percent in 2001-2002.

| Table 11.13 Nutritional status of women by background characteristics, |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Among women age 15-49, mean height, percentage under 145 cm , mean body mass index (BMI), and percentage with specific BMI levels, by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |  |  |  |  |
|  | Height |  |  | BMI' ${ }^{1}\left(\mathrm{~kg} / \mathrm{m}^{2}\right)$ |  |  |  |  |  |  |  |  |  |
|  |  |  |  |  | Normal |  |  | hin |  | Ove | rweight/o | bese |  |
| Background characteristic | Mean height in centimetres | Percentage below 145 cm | Number of women | Mean BMI | $\begin{gathered} 18.5- \\ 24.9 \\ \text { (normal) } \end{gathered}$ | $\begin{aligned} & <18.5 \\ & \text { (thin) } \end{aligned}$ | $\begin{gathered} 17.0- \\ 18.4 \\ \text { (mildly } \\ \text { thin) } \end{gathered}$ | $\begin{gathered} 16.0- \\ 16.9 \\ \text { (moder- } \\ \text { ately thin) } \end{gathered}$ | $<16.0$ <br> (severe- <br> ly thin) | $\geq 25.0$ <br> (overweight/ obese) | $\begin{gathered} 25.0- \\ 29.9 \end{gathered}$ <br> (overweight) | $\begin{aligned} & 30.0 \\ & \text { or higher } \\ & \text { (obese) } \end{aligned}$ | Number of women |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 156.0 | 4.0 | 1,769 | 20.6 | 74.4 | 20.0 | 13.5 | 4.3 | 2.2 | 5.6 | 5.2 | 0.4 | 1,601 |
| 20-24 | 157.5 | 1.8 | 1,642 | 21.4 | 78.0 | 12.0 | 9.6 | 1.7 | 0.7 | 10.0 | 8.7 | 1.3 | 1,373 |
| 25-29 | 158.4 | 1.6 | 1,363 | 21.6 | 74.9 | 13.9 | 10.3 | 2.6 | 1.0 | 11.3 | 9.0 | 2.3 | 1,102 |
| 30-34 | 158.6 | 1.5 | 957 | 21.8 | 74.1 | 12.5 | 10.4 | 1.1 | 1.1 | 13.4 | 10.7 | 2.7 | 827 |
| 35-39 | 158.9 | 1.1 | 752 | 22.0 | 68.4 | 15.0 | 10.8 | 2.7 | 1.5 | 16.6 | 10.6 | 6.1 | 682 |
| 40-44 | 158.5 | 1.1 | 588 | 22.7 | 66.2 | 12.5 | 8.7 | 2.4 | 1.3 | 21.3 | 14.8 | 6.5 | 554 |
| 45-49 | 157.9 | 2.0 | 457 | 22.8 | 58.5 | 16.6 | 11.8 | 3.7 | 1.2 | 24.9 | 13.9 | 11.0 | 452 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 158.9 | 0.9 | 3,028 | 22.5 | 68.9 | 11.4 | 8.4 | 2.3 | 0.8 | 19.7 | 14.0 | 5.7 | 2,751 |
| Rural | 156.9 | 2.9 | 4,501 | 20.9 | 75.6 | 17.5 | 12.8 | 3.0 | 1.7 | 6.9 | 5.8 | 1.1 | 3,840 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Central | 158.3 | 1.5 | 550 | 21.2 | 70.4 | 18.7 | 14.1 | 3.6 | 1.1 | 10.8 | 8.7 | 2.1 | 472 |
| Copperbelt | 159.2 | 1.0 | 1,531 | 22.1 | 69.0 | 14.2 | 9.8 | 3.1 | 1.3 | 16.8 | 11.1 | 5.7 | 1,363 |
| Eastern | 156.0 | 2.7 | 890 | 21.3 | 76.1 | 14.7 | 10.1 | 2.7 | 1.9 | 9.3 | 7.4 | 1.9 | 771 |
| Luapula | 155.1 | 4.7 | 616 | 20.8 | 73.9 | 19.4 | 13.1 | 4.8 | 1.5 | 6.7 | 6.1 | 0.6 | 517 |
| Lusaka | 158.4 | 1.0 | 1,113 | 22.9 | 69.4 | 7.5 | 5.7 | 1.2 | 0.5 | 23.1 | 18.0 | 5.1 | 1,012 |
| Northern | 156.4 | 4.0 | 1,030 | 21.1 | 75.7 | 16.2 | 12.0 | 2.7 | 1.4 | 8.1 | 6.4 | 1.7 | 885 |
| North-Western | 157.4 | 2.7 | 352 | 20.9 | 71.5 | 19.7 | 14.0 | 2.9 | 2.8 | 8.7 | 7.4 | 1.3 | 304 |
| Southern | 159.3 | 0.7 | 793 | 21.2 | 75.1 | 15.8 | 12.9 | 1.8 | 1.0 | 9.1 | 6.6 | 2.5 | 694 |
| Western | 157.8 | 2.6 | 655 | 20.6 | 77.5 | 18.2 | 14.0 | 2.7 | 1.6 | 4.2 | 3.2 | 1.1 | 574 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 156.0 | 4.0 | 906 | 20.9 | 74.6 | 18.4 | 14.9 | 2.1 | 1.4 | 6.9 | 4.9 | 2.0 | 777 |
| Primary | 157.2 | 2.4 | 4,371 | 21.3 | 73.8 | 16.1 | 11.4 | 3.0 | 1.7 | 10.1 | 7.9 | 2.2 | 3,775 |
| Secondary | 159.1 | 1.0 | 2,020 | 22.1 | 71.8 | 12.1 | 9.1 | 2.5 | 0.6 | 16.1 | 12.3 | 3.8 | 1,823 |
| Higher | 161.4 | 0.0 | 232 | 24.3 | 56.3 | 8.1 | 5.1 | 2.2 | 0.8 | 35.6 | 22.3 | 13.3 | 217 |
| Total | 157.7 | 2.1 | 7,529 | 21.6 | 72.8 | 15.0 | 11.0 | 2.7 | 1.3 | 12.2 | 9.2 | 3.0 | 6,591 |
| ${ }^{1}$ Excludes pregnant women and women with a birth in the preceding 2 months |  |  |  |  |  |  |  |  |  |  |  |  |  |

## VIOLENCE AGAINST WOMEN

Mary Kazunga and Patrick Mumba Chewe

### 12.1 INTRODUCTION

In recent years, there has been increasing concern about violence against women in general, and domestic violence in particular, in both developed and developing countries (United Nations General Assembly, 1991). Not only has domestic violence against women been acknowledged worldwide as a violation of the basic human rights of women, but an increasing amount of research highlights the health burdens, intergenerational effects, and demographic consequences of such violence (Heise et al., 1994; Heise et al., 1998; Jejeebhoy, 1998). Tolerance and experience of domestic violence are significant barriers to the empowerment of women, with consequences for women's health, their health-seeking behaviour, their adoption of a small family norm, and the health of their children. The ZDHS 2001-2002 included a series of questions that provide information on women's experience of physical violence since age 15 and in the 12 months preceding the survey. Furthermore, information was collected on women's experience of sexual violence. For all types of violence, questions were asked about the type of perpetrator(s) and the frequency of the violence in the last 12 months.

In many settings, there is a culture of silence around the topic of domestic violence that makes the collection of data on this sensitive issue particularly challenging. Even women who want to speak about their experience with domestic violence may find it difficult because of feelings of shame or fear. The need for establishing rapport with the respondent, assuring confidentiality, and ensuring privacy during the interview, are all important for the entire survey, but are critical in ensuring the validity of the data on domestic violence. Complete privacy is also essential for ensuring the security of the respondent and the interviewer. Asking about or reporting violence, especially in households where the perpetrator may be present at the time of interview, carries the risk of further violence. Given all of these concerns relating to the collection of data on violence, the following steps were taken to ensure the validity of the data and the security of respondents and interviewers:

- Special training was provided to interviewers to sensitise them to the problem of domestic violence in Zambia and to the specific challenges involved in collecting data on violence. The need to form rapport with the respondent and ensure privacy was emphasised both in teaching and practice.
- The domestic violence questions were specially designed to allow the interviewer to continue the interview only if privacy was ensured. If privacy could not be obtained, the interviewer was instructed to skip the questions and move on to the following section.
- Only one eligible woman in each selected household was administered the domestic violence questions. In households with more than one eligible woman, the woman administered the domestic violence questions was randomly selected using a specially designed simple selection procedure. Thus, any security breach due to the presence of other persons in the household was minimised by asking domestic violence only to one woman in each household.
- Informed consent of the respondent was obtained for the survey at the start of the ZDHS 20012002 interview. In addition, at the start of the domestic violence questions, each respondent was read a statement informing her that she was now going to be asked questions that could be quite personal in nature, because they explored different aspects of how women are treated in their households. The statement assured her that her answers were completely confidential and would not be told to anyone else, and that no one else in the household would be asked these questions.
- Interviewers were provided with a list of organisations that provide services or referrals to victims of domestic violence and were instructed to give a copy of the list to abused women who appealed to them for help.


### 12.2 Characteristics of Respondents

As mentioned above, in every household selected for the 2001-2002 ZDHS with eligible women, one woman was randomly selected to answer the domestic violence questions. Table 12.1 shows the percentage of women in the domestic violence subsample by background characteristics. A total of 5,029 women answered the domestic violence questions, representing 92 percent of all women selected in the domestic violence sub-sample (data not shown in table). Overall, the background characteristics of women in the domestic violence sub-sample follow similar patterns as those of women in the 2001-2002 ZDHS sample (Chapter 3, Table 3.1). It is important to acknowledge that despite all efforts to reassure women, women may have been reluctant to discuss violence or particular types of violence (physical or sexual). Willingness to report violence likely also varies by subgroup, affecting the differentials shown in many of the tables to an unknown degree.

### 12.3 Experience of Beatings or Physical Mistreatment

During the 2001-2002 ZDHS, women selected for the domestic violence sub-sample were asked whether their husband/partner or any other person had ever slapped, hit, kicked, thrown things at them, or done anything else to physically hurt them since age 15. Women who answered 'Yes' to this question are defined as having experienced physical violence. The respondents were also asked whether they had experienced physical violence in the 12 months prior to the survey and, if yes, how many times this happened during the past year.

Table 12.2 shows the percentages of women who have experienced violence since age 15 and in the 12 months preceding the survey by background characteristics.

Table 12.1 Background characteristics of respondents who were asked questions about domestic violence

Percent distribution of women in the domestic violence sub-sample, according to background characteristics, Zambia 2001-2002

|  | Total |  |
| :--- | ---: | ---: |
| Background <br> characteristic | Percent | Weighted <br> number |
| Age |  |  |
| $15-19$ | 23.3 | 1,171 |
| $20-24$ | 21.6 | 1,086 |
| $25-29$ | 17.8 | 898 |
| $30-34$ | 12.8 | 644 |
| $35-39$ | 9.9 | 495 |
| $40-44$ | 8.3 | 418 |
| $45-49$ | 6.3 | 317 |

Marital status

| Never married | 24.6 | 1,237 |
| :--- | ---: | ---: |
| Married | 60.8 | 3,057 |
| $\quad$ Divorced/separated | 9.7 | 489 |
| Widowed | 4.9 | 245 |
| Residence |  |  |
| $\quad$ Urban | 40.6 | 2,043 |
| Rural | 59.4 | 2,986 |

Province

| Central | 7.3 | 367 |
| :--- | ---: | ---: |
| Copperbelt | 20.1 | 1,010 |
| Eastern | 12.2 | 614 |
| Luapula | 8.1 | 410 |
| Lusaka | 14.7 | 738 |
| Northern | 13.6 | 684 |
| North-Western | 4.6 | 232 |
| Southern | 10.7 | 539 |
| Western | 8.7 | 435 |

## Education

| No education | 12.1 | 608 |
| :--- | ---: | ---: |
| Primary | 58.2 | 2,929 |
| Secondary | 26.3 | 1,320 |
| Higher | 3.4 | 172 |

Employment status

| Not employed | 44.4 | 2,233 |
| :--- | ---: | ---: |
| Employed for cash | 31.9 | 1,604 |
| Employed, but not for cash | 23.6 | 1,187 |
| Total | 100.0 | 5,029 |

More than half of women ( 53 percent) report having experienced beatings or physical mistreatment since age 15 and almost one out of four women ( 24 percent) report having experienced physical violence in the past 12 months. Never-married women report having been beaten or physically mistreated since age 15 significantly less often ( 41 percent) than ever-married women ( 57 percent), while similar proportions ( 21 percent of never-married and 24 percent of ever-married women) reportedly experienced physical violence during the last 12 months.

Table 12.2 Experience of beatings or physical mistreatment
Percentage of women who have ever experienced physical violence (since age 15) and the percentage who experienced physical violence in the past 12 months, by marital status and background characteristics, Zambia 2001-2002

| Background characteristic | Ever-married women |  |  | Never-married women |  |  | Total |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Ever | In past 12 months | Number of women | Ever | In past 12 months | Number of women | Ever | In past 12 months | Number of women |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 53.3 | 34.5 | 306 | 41.7 | 25.5 | 864 | 44.8 | 27.8 | 1,171 |
| 20-29 | 60.1 | 30.4 | 1,643 | 40.9 | 12.0 | 340 | 56.8 | 27.2 | 1,983 |
| 30-39 | 55.5 | 19.2 | 1,110 | (19.4) | (0.0) | 30 | 54.5 | 18.7 | 1,140 |
| 40-49 | 55.0 | 14.3 | 732 | * | * | 3 | 55.0 | 14.2 | 735 |
| Marital status |  |  |  |  |  |  |  |  |  |
| Never married | na | na | na | 41.0 | 21.1 | 1,237 | 41.0 | 21.1 | 1,237 |
| Married | 55.8 | 25.9 | 3,057 | na | na | na | 55.8 | 25.9 | 3,057 |
| Separated/divorced | 66.8 | 22.3 | 489 | na | na | na | 66.8 | 22.3 | 489 |
| Widowed | 56.1 | 8.7 | 245 | na | na | na | 56.1 | 8.7 | 245 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 64.1 | 26.5 | 1,438 | 46.3 | 22.9 | 605 | 58.8 | 25.4 | 2,043 |
| Rural | 53.0 | 23.0 | 2,354 | 35.9 | 19.3 | 632 | 49.4 | 22.2 | 2,986 |
| Province |  |  |  |  |  |  |  |  |  |
| Central | 52.2 | 20.3 | 275 | 34.0 | 16.7 | 92 | 47.7 | 19.4 | 367 |
| Copperbelt | 64.9 | 29.2 | 727 | 49.5 | 26.1 | 282 | 60.6 | 28.3 | 1,010 |
| Eastern | 51.2 | 17.6 | 506 | 40.7 | 13.6 | 108 | 49.4 | 16.9 | 614 |
| Luapula | 53.2 | 23.2 | 326 | 36.2 | 13.4 | 84 | 49.8 | 21.2 | 410 |
| Lusaka | 66.8 | 26.1 | 526 | 45.4 | 27.1 | 212 | 60.7 | 26.4 | 738 |
| Northern | 54.9 | 24.3 | 535 | 38.0 | 24.0 | 149 | 51.3 | 24.2 | 684 |
| North-Western | 43.7 | 11.4 | 170 | 29.6 | 8.5 | 62 | 39.9 | 10.6 | 232 |
| Southern | 59.0 | 26.1 | 417 | 44.2 | 21.4 | 122 | 55.7 | 25.0 | 539 |
| Western | 50.3 | 30.3 | 309 | 28.8 | 16.9 | 127 | 44.0 | 26.4 | 435 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 52.5 | 23.6 | 538 | 28.3 | 10.3 | 71 | 49.7 | 22.0 | 608 |
| Primary | 57.2 | 24.3 | 2,324 | 40.4 | 23.4 | 605 | 53.7 | 24.1 | 2,929 |
| Secondary | 59.0 | 26.5 | 819 | 43.8 | 22.4 | 501 | 53.2 | 25.0 | 1,320 |
| Higher | 68.0 | 10.9 | 111 | 38.1 | 0.0 | 61 | 57.5 | 7.0 | 172 |
| Employment status |  |  |  |  |  |  |  |  |  |
| Not employed | 58.1 | 25.1 | 1,437 | 42.7 | 22.4 | 796 | 52.6 | 24.1 | 2,233 |
| Employed for cash | 59.2 | 22.5 | 1,367 | 35.8 | 16.7 | 237 | 55.7 | 21.7 | 1,604 |
| Employed, but not for cash | 53.3 | 25.6 | 986 | 40.9 | 21.4 | 201 | 51.2 | 24.9 | 1,187 |
| Total | 57.2 | 24.3 | 3,792 | 41.0 | 21.1 | 1,237 | 53.2 | 23.5 | 5,029 |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. Figures in parentheses are based on 25-49 unweighted cases..
na $=$ Not applicable

By age group, women 15-19 are generally the least likely to report having ever experienced physical violence; however, at the same time, women in this age group are the most likely to report having experienced violence in the past year. Overall, women in urban areas report experience of physical violence more than those living in rural areas. Women living in the highly urbanised Copperbelt and Lusaka provinces report more physical violence ever and in the past year than those living in other provinces.

Divorced or separated women are more likely to report having been beaten or physically mistreated since age 15 ( 67 percent) than women in union or widowed ( 56 percent each). The pattern is different for reported violence in the last 12 months, where women currently in union report higher level of physical violence ( 26 percent) than those separated or divorced ( 22 percent) or widowed ( 9 percent).

Notably, there is an inverse relationship between experience of physical violence since age 15 and women's level of education among the ever-married group. Women with higher than secondary education are more likely to report having experienced physical violence since age 15 than those with less education. The opposite is true for reported violence in the last 12 months, where women with higher education are the least likely to experience beatings or physical mistreatment.

Never-married women with no education are less likely to be physically mistreated in the long and short term than those with primary or secondary education. Unemployed never-married women report more physical violence since age 15 and in the last year than those employed. Among those employed, women who earn cash are slightly less likely to be physically abused than those employed but not for cash.

### 12.4 Perpetrators of Physical Violence

During the 2001-2002 ZDHS, women who reported any physical violence were asked who the perpetrator(s) of the violence was. Table 12.3 shows the percentage of women who report any physical violence since age 15 by perpetrator(s) of the violence, according to their current marital status.

| Table 12.3 Perpetrators of physical violence |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Among women who report any physical violence since age 15, percentage reporting violence by specific perpetrators, by current marital status, Zambia 2001-2002 |  |  |  |  |  |
|  | Marital status |  |  |  |  |
| Perpetrator | Never married | Married | Separated/ divorced | Widowed | Total |
| Current husband/partner | na | 77.8 | na | na | 49.6 |
| Former husband/partner | na | 3.2 | 81.7 | 73.0 | 15.8 |
| Current boyfriend | 1.8 | 0.0 | 0.3 | 0.6 | 0.4 |
| Former boyfriend | 2.2 | 1.3 | 2.9 | 1.2 | 1.7 |
| Mother/father | 35.1 | 17.4 | 11.1 | 20.5 | 20.1 |
| Siblings | 15.9 | 7.7 | 5.1 | 8.5 | 9.0 |
| In-laws | 0.0 | 0.1 | 0.0 | 0.0 | 0.1 |
| Other relative | 9.4 | 3.0 | 3.8 | 4.9 | 4.4 |
| Male friend | 13.2 | 2.6 | 5.5 | 3.2 | 5.0 |
| Female friend | 9.3 | 2.7 | 3.0 | 8.9 | 4.3 |
| Teacher | 22.2 | 4.8 | 4.9 | 6.9 | 8.2 |
| Stranger | 6.0 | 1.7 | 2.4 | 4.4 | 2.7 |
| Other | 2.8 | 1.1 | 0.2 | 3.7 | 1.4 |
| Number of women | 507 | 1,706 | 326 | 138 | 2,677 |
| na $=$ Not applicable |  |  |  |  |  |

Results show that almost eight out of ten women currently in union who experienced physical violence report their current husband/partner as a perpetrator. Similarly, separated or divorced women and those widowed report their former husband/partner as the main perpetrator of the violence ( 82 percent and 73 percent, respectively). Parents are also reported as perpetrators of physical violence by ever-married women, although significantly less often than husband(s)/partner(s).

Among never-married women, the mother or father is the most commonly reported perpetrators of violence ( 35 percent), followed by teachers ( 22 percent) and siblings ( 16 percent). Furthermore, more than one in ten never-married women ( 13 percent) report having been beaten or physically mistreated by a male friend. This is much higher than the proportion of women reporting physical violence by current or former boyfriend.

### 12.5 Frequency of Beatings

Table 12.4 presents information on the frequency of beatings in the 12 months preceding the survey among women who report ever experiencing physical violence since age 15 by background characteristics.

| Table 12.4 Frequency of beatings |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women who have ever been beaten, by frequency of beatings in the past year, according to background characteristics, Zambia 2001-2002 |  |  |  |  |  |
| Background characteristic | Frequency of beatings (in the past year) |  |  |  | Number of women |
|  | 0 times | 1-2 times | 3-5 times | 6 or more times |  |
| Age |  |  |  |  |  |
| 15-19 | 37.8 | 38.3 | 13.0 | 10.2 | 524 |
| 20-29 | 43.7 | 36.9 | 13.0 | 4.2 | 1,127 |
| 30-39 | 45.5 | 34.5 | 13.2 | 6.4 | 622 |
| 40-49 | 44.2 | 33.3 | 14.9 | 5.8 | 404 |
| Marital status |  |  |  |  |  |
| Never married | 41.2 | 36.8 | 10.5 | 8.1 | 507 |
| Married | 42.8 | 36.2 | 14.8 | 5.2 | 1,706 |
| Separated/divorced | 43.6 | 37.4 | 10.3 | 7.8 | 326 |
| Widowed | 52.0 | 28.6 | 13.3 | 5.6 | 138 |
| Residence |  |  |  |  |  |
| Urban | 50.5 | 35.5 | 7.3 | 4.9 | 1,202 |
| Rural | 37.0 | 36.5 | 18.2 | 7.1 | 1,475 |
| Province |  |  |  |  |  |
| Central | 45.2 | 47.2 | 7.5 | 0.0 | 175 |
| Copperbelt | 42.3 | 28.1 | 19.2 | 7.4 | 612 |
| Eastern | 48.5 | 38.1 | 9.9 | 3.6 | 303 |
| Luapula | 41.9 | 35.2 | 21.6 | 1.0 | 204 |
| Lusaka | 53.5 | 36.7 | 7.2 | 2.3 | 448 |
| Northern | 40.8 | 36.4 | 20.0 | 0.0 | 351 |
| North-Western | 59.6 | 26.3 | 5.1 | 7.1 | 93 |
| Southern | 31.7 | 53.7 | 2.4 | 10.1 | 300 |
| Western | 25.6 | 24.0 | 19.8 | 30.6 | 192 |
| Education |  |  |  |  |  |
| No education | 39.7 | 39.5 | 13.2 | 6.7 | 302 |
| Primary | 39.8 | 36.5 | 16.1 | 6.4 | 1,573 |
| Secondary | 50.7 | 33.9 | 8.5 | 5.8 | 702 |
| Higher | 50.4 | 33.4 | 4.4 | 0.9 | 99 |
| Employment status |  |  |  |  |  |
| Not employed | 43.8 | 38.4 | 11.2 | 4.6 | 1,174 |
| Employed for cash | 47.7 | 35.4 | 10.7 | 5.4 | 894 |
| Employed, but not for cash | 34.8 | 32.6 | 21.1 | 10.1 | 608 |
| Total | 43.1 | 36.1 | 13.3 | 6.1 | 2,677 |

More than half of women who have ever been beaten say they were beaten in the 12 months before the survey. Overall, almost four out of ten women ( 36 percent) who have ever experienced physical violence report having been beaten once or twice in the last 12 months. Almost one in six women ( 13 percent) report having been beaten three to five times, and 6 percent report having been beaten six or more times in the past year.

The frequency of beatings among women who report being beaten does not vary much with age or marital status. However, women age 15-19 are more likely to report being beaten six or more times in the last year (10 percent) than women in other age groups.

Overall, rural women who have ever been beaten report a higher frequency of beatings in the last year than urban women. The urban-rural distinction is particularly notable in the proportions of women who report being beaten three to five times in the last 12 months ( 7 percent in urban areas; 18 percent in rural areas). The provinces with the highest proportions of women ever been beaten reporting six or more beatings include the predominantly rural Western province (one in three women) and Southern province (one in ten women). Notably, one out of five women who have ever experienced physical violence report being beaten three to five times in Copperbelt, Luapula, Northern, and Western provinces.

The frequency of beatings decreases with increasing level of education among women who have ever been beaten. Additionally, a significantly higher proportion of women employed but not earning any cash report being beaten three or more times in the last year compared with those unemployed or employed for cash.

### 12.6 Sexual Violence by a Man

Women in the domestic violence sub-sample were asked whether they had ever been forced by a man to have sexual intercourse when they did not want to. Women who answered "Yes" are defined as having experienced sexual violence. Women were asked how often this had occurred in the last 12 months and who the person was.

Table 12.5 shows the percentage of women who have experienced sexual violence ever and in the 12 months prior to the survey by background characteristics. Overall, around one in six women ( 15 percent) report having ever experienced sexual violence by a man and one in twelve ( 8 percent) report such experience in the last year. Ever-married women report slightly lower levels of sexual violence ever and in the past 12 months (14 percent and 7 percent, respectively) than those never-married ( 18 percent and 11 percent, respectively).

Table 12.5 Experience of sexual violence
Percentage of women who have ever been forced by a man to have sexual intercourse, and percentage who were forced to have intercourse in the past 12 months, by background characteristics, Zambia 2001-2002

| Background characteristic | Ever-married women |  |  | Never-married women |  |  | Total |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Ever | In past <br> 12 <br> months | Number of women | Ever | In past <br> 12 <br> months | Number of women | Ever | In past <br> 12 <br> months | Number of women |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 15.7 | 11.1 | 306 | 17.3 | 13.1 | 864 | 16.9 | 12.6 | 1,171 |
| 20-29 | 15.0 | 7.4 | 1,643 | 19.3 | 6.0 | 340 | 15.7 | 7.1 | 1,983 |
| 30-39 | 12.8 | 6.2 | 1,110 | (29.3) | (15.6) | 30 | 13.2 | 6.4 | 1,140 |
| 40-49 | 11.3 | 4.0 | 732 | * | * | 3 | 11.3 | 4.0 | 735 |
| Marital status |  |  |  |  |  |  |  |  |  |
| In union | 13.1 | 6.5 | 3,057 | na | na | na | 13.1 | 6.5 | 3,057 |
| Separated/divorced | 17.0 | 9.9 | 489 | na | na | na | 17.0 | 9.9 | 489 |
| Widowed | 14.3 | 2.7 | 245 | na | na | na | 14.3 | 2.7 | 245 |
| Never married | na | na | na | 18.1 | 11.2 | 1,237 | 18.1 | 11.2 | 1,237 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 15.6 | 7.1 | 1,438 | 19.2 | 10.3 | 605 | 16.7 | 8.1 | 2,043 |
| Rural | 12.5 | 6.4 | 2,354 | 17.0 | 12.0 | 632 | 13.5 | 7.6 | 2,986 |
| Province |  |  |  |  |  |  |  |  |  |
| Central | 6.9 | 1.8 | 275 | 12.9 | 5.7 | 92 | 8.4 | 2.8 | 367 |
| Copperbelt | 12.3 | 4.8 | 727 | 21.1 | 13.3 | 282 | 14.7 | 7.2 | 1,010 |
| Eastern | 13.1 | 6.8 | 506 | 7.9 | 2.9 | 108 | 12.2 | 6.1 | 614 |
| Luapula | 7.3 | 2.2 | 326 | 15.0 | 4.7 | 84 | 8.8 | 2.7 | 410 |
| Lusaka | 21.3 | 12.4 | 526 | 15.5 | 7.6 | 212 | 19.6 | 11.0 | 738 |
| Northern | 13.6 | 6.4 | 535 | 21.9 | 19.0 | 149 | 15.4 | 9.2 | 684 |
| North-Western | 13.2 | 5.5 | 170 | 22.1 | 14.6 | 62 | 15.6 | 7.9 | 232 |
| Southern | 14.1 | 5.9 | 417 | 13.0 | 7.8 | 122 | 13.8 | 6.3 | 539 |
| Western | 17.7 | 12.3 | 309 | 28.8 | 20.0 | 127 | 20.9 | 14.5 | 435 |
| Education |  |  |  |  |  |  |  |  |  |
| No education | 12.4 | 6.6 | 538 | 13.3 | 7.8 | 71 | 12.5 | 6.7 | 608 |
| Primary | 12.9 | 6.3 | 2,324 | 18.3 | 13.7 | 605 | 14.0 | 7.8 | 2,929 |
| Secondary | 14.8 | 7.2 | 819 | 18.7 | 9.7 | 501 | 16.3 | 8.1 | 1,320 |
| Higher | 28.8 | 11.7 | 111 | 17.0 | 1.0 | 61 | 24.6 | 8.0 | 172 |
| Employment status |  |  |  |  |  |  |  |  |  |
| Not employed | 14.6 | 8.0 | 1,437 | 16.3 | 10.2 | 796 | 15.2 | 8.7 | 2,233 |
| Employed for cash | 14.1 | 6.2 | 1,367 | 21.2 | 9.8 | 237 | 15.1 | 6.7 | 1,604 |
| Employed, but not for cash | 11.8 | 5.5 | 986 | 21.8 | 16.8 | 201 | 13.5 | 7.4 | 1,187 |
| Total | 13.7 | 6.7 | 3,792 | 18.1 | 11.2 | 1,237 | 14.8 | 7.8 | 5,029 |

Among ever-married women, experience of sexual violence by a man ever and in the last 12 months decreases steadily with age. Separated or divorced women are more likely to report having been forced by a man to have sexual intercourse with him ( 17 percent ever and 10 percent in the last 12 months) than those currently in union (13 percent ever and 7 percent in the last 12 months) or widowed ( 14 percent ever and 3 percent in the last 12 months) (Figure 12.1).


Urban ever-married women reportedly experience slightly higher levels of sexual violence ever and in the past year when compared to their rural counterparts. Among provinces, Lusaka and Western have the highest proportion of ever-married women who report having been forced by a man to have sexual intercourse with him against their will ever and in the past year, while Central and Luapula the lowest.

Notably, the proportion of ever-married women reporting sexual violence by a man ever and in the past year increases with women's education.

Western province has the highest proportion of never-married women reporting experience of sexual violence ever ( 29 percent) and in the past 12 months ( 20 percent), while Eastern province has the lowest ( 8 percent and 3 percent, respectively).

Never-married women with no education are somewhat less likely to have experienced sexual violence by a man ever and in the past year ( 13 percent and 8 percent, respectively) than those with primary education (18 percent and 14 percent, respectively). Ever experience of sexual violence by a man continues to increase for women with secondary education before dropping slightly for those with higher education, while experience of sexual violence in the past year generally decreases with increasing level of women's education.

### 12.7 Perpetrators and Frequency of Sexual Violence in the Past 12 Months

Table 12.6 shows the percentage of women who report sexual violence by a man, by perpetrator(s) of the violence, according to their current marital status.

Among ever-married women, current husband/partner is reportedly the most common perpetrator of sexual violence ( 37 percent), followed by a male friend ( 16 percent). More than one out of ten ever-married women report having been forced to have sexual intercourse by a current boyfriend and a similar proportion by a stranger ( 13 percent each).

More than four out of ten never-married women ( 42 percent) report their current boyfriend as the perpetrator of sexual violence, followed by almost one in three ( 27 percent) who report to have been forced to have sexual intercourse by a male friend. The relatively high proportion of evermarried and never-married women who report a male friend as the perpetrator of sexual violence may be due to language and/or cultural reasons. In the Zambian context, "male friend" may imply "boyfriend," a perpetrator commonly mentioned by both categories of women.

Figure 12.2 shows that among women who report having been forced to have sexual intercourse, almost half ( 47 percent) were not forced in the past year, more than four in six ( 42 percent) reported having been forced 1-3 times, and one in ten ( 11 percent) 4 or more times.

## Table 12.6 Perpetrators of sexual violence

Among women who report any physical violence since age 15 , percentage reporting violence by specific perpetrators, by current marital status, Zambia 2001-2002

|  | Marital status |  |  |
| :--- | :---: | ---: | ---: |
|  | Ever <br> married |  | Never <br> married |
| Perpetrator | Total |  |  |
| Current husband/partner | 37.4 | na | 26.1 |
| Previous husband/partner | 6.5 | na | 4.6 |
| Current boyfriend | 13.4 | 41.8 | 22.0 |
| Former boyfriend | 7.3 | 5.9 | 6.8 |
| Brother | 0.3 | 0.5 | 0.4 |
| Father-in-law | 0.1 | 0.0 | 0.1 |
| Other male relative | 6.7 | 8.0 | 7.1 |
| Male friend | 16.4 | 26.6 | 19.5 |
| Teacher/employer | 1.6 | 2.6 | 1.9 |
| Stranger | 13.1 | 15.6 | 13.9 |
| Other | 0.9 | 0.4 | 0.8 |
|  |  |  |  |
| Number of women | 519 | 224 | 743 |
| na $=$ Not applicable |  |  |  |

na $=$ Not applicable

Figure 12.2 Frequency of Sexual Violence in the Past Year, Among Women Who Report Having Ever Experienced Sexual Violence


### 12.8 Sexual Intercourse Forced by a Third Party

Women in the domestic violence sub-sample were asked whether anyone had ever forced them to have sexual intercourse with some other person when they did not want to. If the answer to this question was "Yes," they were asked who forced them and how often this happened in the last 12 months.

Results show that, overall, 2 percent of women report having been forced by someone to have sexual intercourse with a third person and 1 percent report such an occurrence in the past 12 months (data not shown). Given the small proportion of women reporting forced intercourse by a third party, the relationship between this form of sexual violence and respondents' background characteristics is not clear.

# AIDS/HIV/STI-RELATED KNOWLEDGE AND BEHAVIOUR 

Margaret T. Mwanamwenge

### 13.1 INTRODUCTION

HIV/AIDS remains a major concern in Zambia due to its high prevalence rates among both youth and adults. To reverse the epidemic, the Government of the Republic of Zambia through the National HIV/AIDS/STD/TB Council with the support of donors has implemented a number of programmes to reduce the spread of HIV. Programmes have focused on ensuring that individuals, families and communities have the correct and appropriate knowledge and information. A major focus of health interventions is behaviour change to stem the spread of the epidemic.

As a means to achieve this goal, information, education and communication messages are being used to educate the public about sexually transmitted infections (STIs). Public health research has documented a strong correlation between STIs and vulnerability to HIV infection. AIDS control measures have been directed at sensitizing the public that STIs are avoidable; however, if an STI is contracted, it is important to practice responsible sexual behaviour.

In addition to the Zambia Demographic and Health Surveys, the Zambia Sexual Behaviour Surveys (in 1998 and 2000) provide further measures of sexual behaviour and knowledge of HIV/AIDS prevention in the country. Zambians report a high level of knowledge of both HIV/AIDS transmission routes and prevention strategies.

### 13.2 Knowledge about AIDS and Ways to Avoid It

Table 13.1 shows that knowledge of AIDS is nearly universal, with 99 percent of women and men having heard of AIDS. There is no significant difference between women and men in knowledge of AIDS. In comparison, the 2000 Sexual Behaviour Survey (SBS) indicated that 96 percent of both women and men had heard about HIV/AIDS, while that of the 1996 ZDHS was about 100 percent of both women and men. Exposure to higher levels of education is a key factor in improving knowledge about ways of preventing sexually transmitted diseases.

There are no significant differences according to background characteristics in the knowledge of AIDS. However, the proportion of women who believe AIDS can be avoided ranges from 80 percent among women aged 15-19 to 89 percent among those age 30-39, from 59 percent in Western province to 93 percent in Copperbelt province, and from 71 percent among women without any education to 99 percent among those with more than secondary education. For men, the range in proportion of those who believe there is a way to avoid AIDS by province is narrower, from 85 percent in Southern province to 97 percent in Central province.

### 13.2.1 Knowledge of Ways to Avoid AIDS

In general, most Zambians know that HIV/AIDS can be prevented. Table 13.2 shows that when asked to spontaneously mention ways to avoid AIDS, only 6 percent of women and 4 percent of men say that AIDS is unavoidable, compared with 21 percent of women and 16 percent of men in the 2000 SBS. Among women, condom use ( 48 percent) is the most commonly mentioned way of avoiding HIV/AIDS, followed closely by faithfulness/limiting number of partners (46 percent) and abstinence (44 percent).

Similarly, among men, use of condoms is the most commonly mentioned method to avoid HIV infection ( 62 percent), followed by abstinence ( 53 percent) and faithfulness/limiting number of partners ( 33 percent).

| Table 13.1 Knowledge of HIV/AIDS |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women and men who have heard of HIV/AIDS and percentage who believe there is a way to avoid HIV/AIDS, by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |
|  | Women |  |  | Men |  |  |
| Background characteristic | Has heard of HIV/ AIDS | Believes there is a way to avoid HIV/AIDS | Number of women | Has heard of HIV/ AIDS | Believes there is a way to avoid HIV/AIDS | Number of men |
| Age |  |  |  |  |  |  |
| 15-19 | 98.4 | 79.6 | 1,811 | 94.7 | 86.6 | 459 |
| 20-24 | 99.4 | 87.3 | 1,664 | 99.4 | 92.4 | 346 |
| 25-29 | 99.6 | 87.8 | 1,376 | 100.0 | 94.9 | 361 |
| 30-39 | 99.8 | 88.6 | 1,738 | 99.8 | 95.8 | 523 |
| 40-49 | 99.3 | 83.2 | 1,069 | 100.0 | 94.7 | 287 |
| 50-59 | na | na | na | 99.0 | 90.4 | 171 |
| Marital status |  |  |  |  |  |  |
| Never married | 98.4 | 82.7 | 1,897 | 96.8 | 89.6 | 782 |
| Ever had sex | 98.7 | 85.6 | 990 | 98.2 | 91.6 | 579 |
| Never had sex | 98.1 | 79.6 | 907 | 92.5 | 83.9 | 202 |
| Married or living together | 99.6 | 86.2 | 4,694 | 99.7 | 94.6 | 1,248 |
| Divorced/separated/widowed | 99.5 | 86.0 | 1,067 | 100.0 | 89.8 | 116 |
| Residence |  |  |  |  |  |  |
| Urban | 99.9 | 92.8 | 3,073 | 99.7 | 94.6 | 851 |
| Rural | 98.9 | 80.3 | 4,585 | 98.0 | 91.2 | 1,294 |
| Province |  |  |  |  |  |  |
| Central | 99.8 | 76.5 | 562 | 99.6 | 97.1 | 165 |
| Copperbelt | 99.7 | 92.5 | 1,544 | 98.9 | 92.9 | 447 |
| Eastern | 99.4 | 85.8 | 926 | 98.8 | 92.2 | 268 |
| Luapula | 99.4 | 90.3 | 622 | 98.9 | 96.1 | 166 |
| Lusaka | 100.0 | 92.3 | 1,132 | 100.0 | 95.4 | 314 |
| Northern | 99.1 | 89.8 | 1,040 | 98.8 | 92.0 | 292 |
| North-Western | 99.3 | 91.0 | 354 | 99.6 | 93.7 | 93 |
| Southern | 99.4 | 76.5 | 814 | 95.6 | 84.9 | 232 |
| Western | 96.5 | 59.4 | 663 | 97.5 | 89.8 | 169 |
| Education |  |  |  |  |  |  |
| No education | 98.0 | 70.6 | 925 | 92.6 | 77.6 | 108 |
| Primary | 99.2 | 83.0 | 4,439 | 98.1 | 89.9 | 1,100 |
| Secondary | 100.0 | 95.2 | 2,061 | 100.0 | 97.0 | 808 |
| Higher | 100.0 | 99.3 | 234 | 100.0 | 100.0 | 129 |
| Total | 99.3 | 85.3 | 7,658 | 98.6 | 92.5 | 2,145 |


| Table 13.2 Knowledge of ways to avoid HIV/AIDS |  |  |
| :---: | :---: | :---: |
| Percentage of women and men who spontaneously mentioned ways to avoid HIV/AIDS, Zambia 2001-2002 |  |  |
| Ways to avoid AIDS | Women | Men |
| Does not know of AIDS or if AIDS can be avoided | 8.6 | 3.3 |
| Believes no way to avoid AIDS | 6.1 | 4.2 |
| Does not know specific way to avoid AIDS ${ }^{1}$ | 0.8 | 0.5 |
| Ways to avoid AIDS |  |  |
| Abstain from sex | 43.7 | 52.9 |
| Use condoms | 48.4 | 61.9 |
| Limit number of sexual partners | 8.1 | 4.8 |
| Limit sex to one partner/stay faithful to one partner | 45.9 | 33.4 |
| Avoid sex with prostitutes | 1.5 | 6.3 |
| Avoid sex with persons who have many partners | 1.2 | 2 |
| Avoid sex with homosexuals | 0.1 | 0.1 |
| Avoid sex with persons who inject drugs intravenously | 0.2 | 0.8 |
| Avoid blood transfusions | 1.5 | 2.5 |
| Avoid injections | 2.0 | 4.1 |
| Avoid sharing razor/ blades | 5.2 | 6.7 |
| Avoid kissing | 0.1 | 0.7 |
| Avoid mosquito bites | 0.1 | 0.1 |
| Seek protection from traditional practitioner | 0.1 | 0.2 |
| Other | 1.8 | 2.1 |
| Number of women | 7,658 | 2,145 |

### 13.2.2 Knowledge of Programmatically Important Ways to Avoid HIV/AIDS

There are 3 programmatically important ways to avoid contracting HIV. These are: 1) abstaining from sex; 2) being faithful in unions or limiting the number of sexual partners, and 3) consistent condom use. During the 2001-2002 ZDHS, respondents were asked whether condom use and limiting partners could reduce the risk of contracting HIV.

Table 13.3 shows that 78 percent of women and 86 percent of men know at least two programmatic ways of avoiding HIV infection. In addition, 7 percent of women and men know only one way to avoid HIV/AIDS, while 15 percent of women and 8 percent of men do not know any way to avoid AIDS.

Regarding particular methods, 72 percent of women and 79 of men know that condom use is a means to prevent contracting HIV/AIDS, while 82 percent of women and 86 percent of men know that by limiting the number of sexual partners one can avoid contracting HIV/AIDS. It is clear that when respondents are asked specific questions about HIV prevention methods, knowledge is higher than when they are asked to spontaneously mention methods.

Men and women who have never married or never had sex are less knowledgeable about ways of avoiding HIV/AIDS, compared with those who have married or had sex.

Table 13.3 Knowledge of programmatically important ways to avoid HIV/AIDS
Percent distribution of women and men by knowledge of three programmatically important ways to avoid HIV/AIDS, and percentage who know of two specific ways to avoid HIV/AIDS, according to background characteristics, Zambia 2001-2002

| Background characteristic | Women |  |  |  |  |  |  | Men |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Knowledge of ways to avoid HIV/AIDS |  |  |  | Specific ways to avoid HIV/AIDS |  | Number of women | Knowledge of ways to avoid HIV/AIDS |  |  | Total | Specific ways to avoid HIV/AIDS |  | Number <br> of men |
|  | None ${ }^{1}$ | One way | Two or three ways | Total | Use condoms | Limit number sexual partners ${ }^{2}$ |  | None ${ }^{1}$ | One way | Two or three ways |  | Use condoms | Limit number sexual partners ${ }^{2}$ |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 20.9 | 6.5 | 72.6 | 100.0 | 66.7 | 73.8 | 1,811 | 14.4 | 10.5 | 75.1 | 100.0 | 73.9 | 72.5 | 459 |
| 20-24 | 12.9 | 6.9 | 80.3 | 100.0 | 74.6 | 84.6 | 1,664 | 7.8 | 3.9 | 88.3 | 100.0 | 81.0 | 87.4 | 346 |
| 25-29 | 12.2 | 7.3 | 80.5 | 100.0 | 76.1 | 85.9 | 1,376 | 5.1 | 5.0 | 89.8 | 100.0 | 85.3 | 90.1 | 361 |
| 30-39 | 11.4 | 7.7 | 80.9 | 100.0 | 74.1 | 87.1 | 1,738 | 4.3 | 5.6 | 90.0 | 100.0 | 80.2 | 93.3 | 523 |
| 40-49 | 17.0 | 7.9 | 75.1 | 100.0 | 65.3 | 81.4 | 1,069 | 5.3 | 6.8 | 87.9 | 100.0 | 78.3 | 90.0 | 287 |
| 50-59 | na | na | na | na | na | na | na | 9.6 | 9.7 | 80.8 | 100.0 | 67.1 | 86.9 | 171 |
| Marital status |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Never married | 17.6 | 4.9 | 77.5 | 100.0 | 70.8 | 77.2 | 1,897 | 11.1 | 7.7 | 81.2 | 100.0 | 75.3 | 79.7 | 782 |
| Ever had sex | 14.5 | 4.2 | 81.3 | 100.0 | 78.7 | 81.8 | 990 | 8.9 | 7.0 | 84.1 | 100.0 | 79.0 | 82.6 | 579 |
| Never had sex | 21.0 | 5.6 | 73.4 | 100.0 | 62.3 | 72.3 | 907 | 17.4 | 9.9 | 72.8 | 100.0 | 64.6 | 71.5 | 202 |
| Married or living together | 13.9 | 8.7 | 77.4 | 100.0 | 71.3 | 84.4 | 4,694 | 5.4 | 6.5 | 88.1 | 100.0 | 80.2 | 90.7 | 1,248 |
| Divorced/separated/ widowed | 14.1 | 4.9 | 81.0 | 100.0 | 74.1 | 83.1 | 1,067 | 10.2 | 2.9 | 86.9 | 100.0 | 82.2 | 85.0 | 116 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 7.3 | 4.4 | 88.2 | 100.0 | 82.0 | 90.5 | 3,073 | 5.4 | 4.6 | 90.0 | 100.0 | 81.4 | 90.8 | 851 |
| Rural | 19.9 | 9.1 | 71.0 | 100.0 | 64.6 | 77.0 | 4,585 | 9.3 | 8.2 | 82.6 | 100.0 | 76.7 | 83.5 | 1,294 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Central | 23.6 | 10.5 | 65.9 | 100.0 | 62.4 | 73.2 | 562 | 5.1 | 4.7 | 90.2 | 100.0 | 86.2 | 90.2 | 165 |
| Copperbelt | 7.5 | 5.0 | 87.5 | 100.0 | 79.2 | 90.0 | 1,544 | 7.1 | 5.6 | 87.2 | 100.0 | 78.6 | 87.6 | 447 |
| Eastern | 14.5 | 11.6 | 73.8 | 100.0 | 69.0 | 81.7 | 926 | 7.8 | 5.9 | 86.3 | 100.0 | 80.5 | 88.7 | 268 |
| Luapula | 9.9 | 7.0 | 83.1 | 100.0 | 70.1 | 88.7 | 622 | 3.9 | 14.4 | 81.8 | 100.0 | 76.8 | 93.4 | 166 |
| Lusaka | 7.8 | 2.6 | 89.6 | 100.0 | 85.3 | 91.2 | 1,132 | 5.0 | 4.2 | 90.8 | 100.0 | 80.3 | 90.8 | 314 |
| Northern | 10.7 | 10.4 | 78.9 | 100.0 | 64.6 | 88.0 | 1,040 | 8.0 | 5.5 | 86.5 | 100.0 | 73.1 | 85.3 | 292 |
| North-Western | 9.0 | 4.7 | 86.4 | 100.0 | 80.6 | 89.9 | 354 | 6.3 | 0.8 | 92.9 | 100.0 | 81.9 | 92.4 | 93 |
| Southern | 24.0 | 6.8 | 69.2 | 100.0 | 71.4 | 70.2 | 814 | 15.1 | 7.3 | 77.6 | 100.0 | 78.0 | 78.5 | 232 |
| Western | 40.6 | 8.1 | 51.3 | 100.0 | 49.6 | 55.1 | 663 | 10.8 | 15.3 | 73.9 | 100.0 | 74.5 | 70.1 | 169 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 30.1 | 10.3 | 59.5 | 100.0 | 50.6 | 66.7 | 925 | 23.6 | 9.2 | 67.3 | 100.0 | 56.6 | 70.4 | 108 |
| Primary | 17.1 | 7.9 | 74.9 | 100.0 | 68.4 | 80.1 | 4,439 | 10.6 | 9.1 | 80.4 | 100.0 | 75.6 | 81.2 | 1,100 |
| Secondary | 4.8 | 4.7 | 90.4 | 100.0 | 85.7 | 92.6 | 2,061 | 3.0 | 3.5 | 93.5 | 100.0 | 84.6 | 93.4 | 808 |
| Higher | 0.7 | 2.2 | 97.1 | 100.0 | 91.7 | 99.3 | 234 | 0.0 | 5.7 | 94.3 | 100.0 | 84.7 | 100.0 | 129 |
| Total | 14.9 | 7.2 | 77.9 | 100.0 | 71.6 | 82.4 | 7,658 | 7.7 | 6.8 | 85.5 | 100.0 | 78.5 | 86.4 | 2,145 |

Note: Programmatically important ways are abstaining from sex, using condoms, and limiting the number of sexual partners. Abstinence from sex is measured from a spontaneous response only; using condoms and limiting the number of sexual partners is measured from spontaneous and probed responses.
na $=$ Not applicable
${ }^{1}$ Those who have not heard of HIV/AIDS or do not know of any programmatically important ways to avoid HIV/AIDS.
${ }^{2}$ Refers to limiting number of sexual partners and limiting sex to one partner/staying faithful to one partner.

There are rural-urban variations regarding knowledge of ways to avoid HIV/AIDS. Urban women and men are more knowledgeable about ways to avoid HIV infection than their rural counterparts. Women and men in Western province are least knowledgeable about ways of contracting HIV/AIDS. The most knowledgeable are women in Copperbelt, Lusaka, and North-Western provinces and men in Central, Lusaka, and North-Western provinces.

Knowledge of HIV prevention methods is strongly related to education level. Among women, 30 percent of those without education do not know any programmatically important way of avoiding HIV/AIDS, compared with 1 percent of those with more than secondary education. The pattern for men is similar to that of women.

### 13.3 Knowledge of HIV/AIDS Transmission and its Effects

Table 13.4 shows responses to prompted questions on knowledge about other important issues related to HIV/AIDS. The data show that 77 percent of women and 79 percent of men know that a healthylooking person can have AIDS. Among both women and men, age is related to knowledge. The percentage of women who say that a healthy-looking person can have the AIDS virus generally increases with age. Women and men 15-19 are less likely to know that a healthy-looking person can have the AIDS virus than respondents in other age groups.

The percentage of both women and men who know that a healthy-looking can person can have HIV/AIDS is higher in urban than rural areas, and higher among the more educated than the less educated. Among the provinces, Lusaka province has the largest proportion of women with this knowledge, while Central province has the largest proportion of men with this knowledge.

In the 2001-2002 ZDHS, respondents were asked whether they know that HIV can be transmitted from mother to child during delivery, pregnancy and breastfeeding. In all, 65 percent of women and 64 percent of men know that HIV can be transmitted during delivery, 79 percent of women and 78 percent of men know that it can be transmitted during pregnancy and 71 percent of women and 65 percent of men know that it can be transmitted through breastfeeding.

Those proportions vary little by background characteristics. Education level and residence appear to influence levels of knowledge about mother-to-child transmission. Men and women with education, as well as women in urban areas are more knowledgeable about the transmission of HIV/AIDS from mother to child through breastfeeding, during pregnancy and delivery. However, men in Lusaka province were the least knowledgeable about mother-to-child transmission.

A comparison of the provinces shows that the highest proportion of respondents who know that HIV/AIDS can be transmitted through breastfeeding, during delivery and pregnancy is in North-Western province for women and Northern province for men.

| Table 13.4 Knowledge of HIV/AIDS-related issues |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women and men who gave specific responses to questions on various HIV/AIDS-related issues, according to background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |  |  |  |
| Background characteristic | Percentage of women who: |  |  |  |  |  | Percentage of men who: |  |  |  |  |  |
|  | Say a healthylooking | Know HIV can be transmitted from mother to child |  |  | Know someone personally who has AIDS or has died of AIDS | Number of women | Say <br> a healthylooking person can have the AIDS virus | Know HIV can be transmitted from mother to child |  |  | Know someone personally who has AIDS or has died of AIDS | Number of men |
|  | can have the AIDS virus | During delivery | During pregnancy | Through breastfeeding |  |  |  | During delivery | During pregnancy | Through breastfeeding |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 69.1 | 53.1 | 68.1 | 58.8 | 68.9 | 1,811 | 65.6 | 47.2 | 62.1 | 49.1 | 62.1 | 459 |
| 20-24 | 79.4 | 65.1 | 78.7 | 71.7 | 79.3 | 1,664 | 82.8 | 63.9 | 80.8 | 67.2 | 69.6 | 346 |
| 25-29 | 80.8 | 67.7 | 81.0 | 73.3 | 81.2 | 1,376 | 84.8 | 67.4 | 81.5 | 69.5 | 78.5 | 361 |
| 30-39 | 81.1 | 71.2 | 83.5 | 77.1 | 82.9 | 1,738 | 83.3 | 69.1 | 84.3 | 69.0 | 83.1 | 523 |
| 40-49 | 75.8 | 72.0 | 84.3 | 75.6 | 85.9 | 1,069 | 82.9 | 73.7 | 82.4 | 70.8 | 80.7 | 287 |
| 50-59 | na | na | na | na | na | na | 78.6 | 70.8 | 86.4 | 70.3 | 87.1 | 171 |
| Marital status |  |  |  |  |  |  |  |  |  |  |  |  |
| Never married | 71.7 | 54.7 | 69.3 | 59.2 | 70.1 | 1,897 | 73.4 | 54.2 | 69.3 | 56.8 | 66.5 | 782 |
| Ever had sex | 75.2 | 59.7 | 72.1 | 65.7 | 74.2 | 990 | 77.0 | 57.0 | 72.9 | 59.2 | 70.4 | 579 |
| Never had sex | 67.8 | 49.4 | 66.1 | 52.2 | 65.6 | 907 | 63.3 | 46.1 | 59.0 | 49.9 | 55.3 | 202 |
| Married or living togethe | er 78.7 | 68.5 | 81.0 | 74.7 | 82.3 | 4,694 | 82.7 | 69.9 | 83.5 | 69.4 | 81.5 | 1,248 |
| Divorced/separated/ widowed | 79.7 | 68.5 | 83.8 | 73.7 | 80.0 | 1,067 | 81.0 | 67.7 | 85.5 | 70.6 | 74.3 | 116 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 86.9 | 65.8 | 81.1 | 73.1 | 82.1 | 3,073 | 86.7 | 65.1 | 80.0 | 59.7 | 79.0 | 851 |
| Rural | 70.5 | 64.7 | 76.7 | 69.1 | 76.8 | 4,585 | 74.3 | 63.4 | 77.4 | 68.3 | 73.5 | 1,294 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |
| Central | 82.7 | 60.3 | 80.4 | 70.5 | 75.3 | 562 | 89.9 | 68.8 | 81.5 | 70.7 | 80.1 | 165 |
| Copperbelt | 85.0 | 65.2 | 83.5 | 72.2 | 80.8 | 1,544 | 86.1 | 69.9 | 83.5 | 63.2 | 82.0 | 447 |
| Eastern | 80.9 | 65.8 | 75.7 | 74.5 | 80.4 | 926 | 84.8 | 69.9 | 74.6 | 70.7 | 84.8 | 268 |
| Luapula | 76.4 | 70.4 | 81.6 | 74.4 | 86.7 | 622 | 70.7 | 48.1 | 81.8 | 63.0 | 79.0 | 166 |
| Lusaka | 90.7 | 65.7 | 77.6 | 74.6 | 85.6 | 1,132 | 88.7 | 49.0 | 69.0 | 48.5 | 74.5 | 314 |
| Northern | 67.6 | 65.0 | 74.3 | 61.7 | 83.7 | 1,040 | 69.7 | 78.0 | 90.2 | 75.5 | 90.5 | 292 |
| North-Western | 74.7 | 78.7 | 84.7 | 83.5 | 84.9 | 354 | 73.9 | 71.0 | 80.7 | 72.7 | 77.3 | 93 |
| Southern | 70.6 | 62.5 | 81.2 | 70.9 | 67.2 | 814 | 71.2 | 49.8 | 69.8 | 59.0 | 56.6 | 232 |
| Western | 50.1 | 58.0 | 67.7 | 59.3 | 60.6 | 663 | 63.1 | 70.1 | 72.6 | 72.0 | 38.9 | 169 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 59.8 | 57.0 | 67.5 | 63.0 | 71.4 | 925 | 61.7 | 51.5 | 61.9 | 58.2 | 61.3 | 108 |
| Primary | 74.1 | 64.3 | 79.2 | 71.6 | 78.8 | 4,439 | 71.6 | 60.0 | 74.4 | 63.1 | 72.1 | 1,100 |
| Secondary | 88.9 | 68.4 | 82.8 | 71.5 | 81.3 | 2,061 | 89.1 | 68.7 | 85.5 | 67.0 | 79.9 | 808 |
| Higher | 97.2 | 82.8 | 71.1 | 77.6 | 90.7 | 234 | 97.8 | 80.2 | 82.1 | 72.2 | 92.1 | 129 |
| Total | 77.1 | 65.1 | 78.5 | 70.7 | 78.9 | 7,658 | 79.2 | 64.1 | 78.4 | 64.9 | 75.7 | 2,145 |

### 13.4 Perception of HIV/AIDS

### 13.4.1 Discussion of HIV/AIDS with Partners

Discussion of HIV/AIDS with a spouse or partner is important in preventing HIV infection of either or both members of a couple. Currently married respondents and those living with a partner were asked whether they had ever discussed HIV/AIDS prevention with their partners.

Table 13.5 shows that 68 percent of women and 87 percent of men report ever having discussed HIV/AIDS prevention with their partners. The proportion of women who reported having discussed HIV\AIDS prevention with their partners varies with age, residence and level of education. Older women, those residing in urban areas and more educated women and men are more likely to discuss AIDS prevention with their partners.

Table 13.5 Discussion of HIV/AIDS with partner
Percent distribution of currently married women and men by whether they ever discussed HIV/AIDS prevention with their spouse/partner, according to background characteristics, Zambia 2001-2002

| Background characteristic | Women |  |  |  |  |  | Men |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Ever discussed HIV/AIDS prevention | Never discussed HIV/AIDS prevention | Don't know/ missing | Has not heard of AIDS | Total | Number of women | Ever discussed HIV/AIDS prevention | Never discussed HIV/AIDS prevention | Don't know/ missing | Has not heard of AIDS | Total | Number of men |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 50.1 | 48.6 | 0.3 | 0.9 | 100.0 | 438 | 49.0 | 34.3 | 0.0 | 16.7 | 100.0 | 7 |
| 20-24 | 61.9 | 37.5 | 0.1 | 0.5 | 100.0 | 1,086 | 78.0 | 22.0 | 0.0 | 0.0 | 100.0 | 91 |
| 25-29 | 70.4 | 29.0 | 0.2 | 0.4 | 100.0 | 1,056 | 87.0 | 13.0 | 0.0 | 0.0 | 100.0 | 272 |
| 30-39 | 75.6 | 24.2 | 0.1 | 0.1 | 100.0 | 1,347 | 89.0 | 10.8 | 0.0 | 0.2 | 100.0 | 455 |
| 40-49 | 67.8 | 31.4 | 0.0 | 0.8 | 100.0 | 767 | 88.4 | 11.2 | 0.5 | 0.0 | 100.0 | 264 |
| 50-59 | na | na | na | na | na | na | 86.9 | 12.1 | 0.0 | 1.6 | 100.0 | 160 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 76.6 | 23.0 | 0.2 | 0.3 | 100.0 | 1,662 | 89.5 | 10.2 | 0.3 | 0.0 | 100.0 | 443 |
| Rural | 62.7 | 36.7 | 0.1 | 0.5 | 100.0 | 3,032 | 85.8 | 13.7 | 0.0 | 0.5 | 100.0 | 805 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |
| Central | 60.4 | 39.2 | 0.0 | 0.4 | 100.0 | 346 | 96.4 | 3.6 | 0.0 | 0.0 | 100.0 | 82 |
| Copperbelt | 79.1 | 20.4 | 0.2 | 0.4 | 100.0 | 871 | 91.4 | 7.9 | 0.0 | 0.7 | 100.0 | 235 |
| Eastern | 70.4 | 29.3 | 0.2 | 0.2 | 100.0 | 644 | 87.5 | 12.5 | 0.0 | 0.0 | 100.0 | 184 |
| Luapula | 64.7 | 35.1 | 0.0 | 0.2 | 100.0 | 399 | 86.2 | 13.0 | 0.0 | 0.8 | 100.0 | 113 |
| Lusaka | 73.4 | 26.4 | 0.2 | 0.0 | 100.0 | 640 | 85.6 | 13.6 | 0.8 | 0.0 | 100.0 | 173 |
| Northern | 65.4 | 33.7 | 0.1 | 0.8 | 100.0 | 678 | 87.0 | 13.0 | 0.0 | 0.0 | 100.0 | 178 |
| North-Western | 78.9 | 20.6 | 0.4 | 0.2 | 100.0 | 215 | 90.3 | 9.7 | 0.0 | 0.0 | 100.0 | 52 |
| Southern | 55.8 | 43.9 | 0.0 | 0.2 | 100.0 | 532 | 78.0 | 21.3 | 0.0 | 0.8 | 100.0 | 144 |
| Western | 50.4 | 47.9 | 0.0 | 1.7 | 100.0 | 369 | 83.7 | 16.2 | 0.0 | 0.0 | 100.0 | 86 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 49.3 | 48.8 | 0.3 | 1.5 | 100.0 | 663 | 78.7 | 20.0 | 0.0 | 1.3 | 100.0 | 73 |
| Primary | 66.2 | 33.4 | 0.1 | 0.3 | 100.0 | 2,905 | 83.7 | 15.6 | 0.2 | 0.4 | 100.0 | 642 |
| Secondary | 81.1 | 18.7 | 0.2 | 0.0 | 100.0 | 1,006 | 92.5 | 7.5 | 0.0 | 0.0 | 100.0 | 431 |
| Higher | 90.3 | 9.7 | 0.0 | 0.0 | 100.0 | 120 | 92.0 | 8.0 | 0.0 | 0.0 | 100.0 | 102 |
| Total | 67.6 | 31.8 | 0.1 | 0.4 | 100.0 | 4,694 | 87.1 | 12.5 | 0.1 | 0.3 | 100.0 | 1,248 |
| na $=$ Not applicable |  |  |  |  |  |  |  |  |  |  |  |  |

A provincial comparison shows that Copperbelt and North-Western have the largest proportion of women who report ever discussing HIV prevention with their partners (79 percent), while Western province has the lowest with 50 percent. These proportions are higher for men and range from 78 percent in Southern province to 96 percent in Central province.

### 13.4.2 Stigma Associated with HIV/AIDS

Results of the survey indicate that social stigma is a major social, health, and economic challenge. People living with AIDS are stigmatised and experience discrimination. This is in part due to beliefs that HIV/AIDS is associated with illicit sex. Some of the adverse consequences of such stigma include delays in seeking health care and negligence by communities in responding to the HIV epidemic and working toward its prevention. Discrimination in the workplace against those infected with HIV is a human rights abuse and has the potential to further weaken the Zambian workforce.

To assess whether society has accepted people living with HIV/AIDS, ZDHS respondents were asked four questions related to stigma, namely: if a family member became HIV-positive, whether they would want it to remain a secret; whether they would be willing to care for a relative who is sick with

AIDS in their own household; whether a worker who is sick with AIDS should be allowed to keep working; and whether they would buy vegetables from an HIV-positive shopkeeper or food seller. Respondents were also asked whether they thought children age 12-14 years should be taught about using a condom to avoid AIDS. It is proposed that, as a public health intervention, children should be introduced to AIDS prevention messages before they reach an age at which sexual activity typically begins.

Table 13.6 shows that two in five women and about one in three men believe that the HIV positive status of a family member should be kept a secret. This sentiment does not vary much with age, marital status, and level of education.

## Table 13.6 Social aspects of HIV/AIDS

Among women and men who have heard of AIDS, percentage who gave specific responses to questions on social aspects of HIV/AIDS, by background characteristics, Zambia 2001-2002

| Background characteristic | Women |  |  |  |  |  | Men |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Believes HIV positive status of a family member should be kept secret | Not willing to care for relative with AIDS at home | Believes worker sick with AIDS should not be allowed to work | Would not buy vegetables from a shopkeeper with HIV | Believes children should not be taught to use condoms | Number of women | Believes HIV positive status of a family member should be kept secret | Not willing to care for relative with AIDS at home | Believes worker sick with AIDS should not be allowed to work | Would not buy vegetables from a shopkeeper with HIV | Believes children should not be taught to use condoms | Number of men |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 41.9 | 12.7 | 71.1 | 64.8 | 38.9 | 1,783 | 34.0 | 16.0 | 67.0 | 57.1 | 36.8 | 434 |
| 20-24 | 39.5 | 8.2 | 62.3 | 59.7 | 36.8 | 1,655 | 33.1 | 7.4 | 56.2 | 47.4 | 28.9 | 344 |
| 25-29 | 39.3 | 7.3 | 61.2 | 60.8 | 38.8 | 1,370 | 30.4 | 7.4 | 58.7 | 52.6 | 28.3 | 361 |
| 30-39 | 36.9 | 5.4 | 62.0 | 59.1 | 39.4 | 1,735 | 28.6 | 7.7 | 55.5 | 50.0 | 28.2 | 522 |
| 40-49 | 36.3 | 6.3 | 64.9 | 61.2 | 42.7 | 1,061 | 24.6 | 8.3 | 59.0 | 52.9 | 31.7 | 287 |
| 50-59 | na | na | na | na | na | na | 24.0 | 12.4 | 73.9 | 57.9 | 43.2 | 169 |
| Marital status |  |  |  |  |  |  |  |  |  |  |  |  |
| Never married | 40.6 | 10.2 | 62.5 | 58.2 | 37.9 | 1,868 | 33.9 | 12.2 | 57.7 | 50.7 | 35.5 | 756 |
| Ever had sex | 41.2 | 9.3 | 61.7 | 57.6 | 33.2 | 978 | 32.4 | 11.6 | 54.3 | 49.0 | 32.5 | 569 |
| Never had sex | 40.0 | 11.3 | 63.4 | 58.8 | 43.0 | 890 | 38.5 | 14.0 | 68.0 | 55.7 | 44.8 | 187 |
| Married or living together | 38.2 | 8.1 | 65.5 | 62.9 | 39.6 | 4,674 | 26.7 | 7.9 | 61.4 | 53.3 | 30.0 | 1,244 |
| Divorced/separa widowed | ted/ 39.4 | 4.9 | 63.2 | 58.7 | 38.7 | 1,061 | 36.0 | 13.9 | 68.3 | 56.1 | 26.6 | 116 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 41.0 | 5.4 | 57.5 | 53.5 | 43.9 | 3,068 | 31.9 | 6.6 | 44.9 | 42.2 | 30.8 | 849 |
| Rural | 37.6 | 10.0 | 69.1 | 66.4 | 35.8 | 4,535 | 28.4 | 11.9 | 70.9 | 59.4 | 32.4 | 1,267 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |
| Central | 33.9 | 7.8 | 70.0 | 67.9 | 42.2 | 561 | 33.5 | 7.3 | 43.3 | 41.1 | 34.2 | 165 |
| Copperbelt | 49.1 | 6.8 | 67.3 | 57.5 | 46.9 | 1,539 | 30.0 | 4.9 | 49.4 | 46.0 | 34.2 | 441 |
| Eastern | 45.9 | 3.3 | 56.7 | 53.2 | 32.4 | 921 | 40.7 | 4.3 | 69.2 | 41.9 | 28.1 | 265 |
| Luapula | 32.0 | 14.6 | 82.5 | 62.2 | 46.6 | 618 | 20.1 | 22.9 | 81.6 | 59.8 | 34.6 | 164 |
| Lusaka | 31.9 | 3.6 | 51.6 | 52.1 | 42.5 | 1,132 | 28.5 | 8.4 | 39.7 | 39.3 | 27.6 | 314 |
| Northern | 40.7 | 8.7 | 60.7 | 61.9 | 47.5 | 1,031 | 28.8 | 10.2 | 69.3 | 70.3 | 37.8 | 288 |
| North-Western | 27.0 | 12.8 | 59.4 | 73.8 | 32.1 | 352 | 14.8 | 19.0 | 73.0 | 65.0 | 19.0 | 93 |
| Southern | 40.5 | 11.0 | 71.7 | 69.3 | 32.1 | 809 | 32.1 | 18.4 | 77.0 | 57.7 | 39.8 | 222 |
| Western | 30.0 | 14.0 | 68.9 | 72.2 | 12.7 | 640 | 27.5 | 5.9 | 66.7 | 71.2 | 19.6 | 164 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 35.7 | 12.3 | 68.5 | 67.6 | 37.3 | 906 | 32.2 | 16.9 | 73.9 | 64.2 | 28.0 | 100 |
| Primary | 39.0 | 9.3 | 71.9 | 68.7 | 40.0 | 4,403 | 28.3 | 13.7 | 76.0 | 65.2 | 34.5 | 1,079 |
| Secondary | 41.8 | 4.8 | 52.4 | 46.7 | 38.8 | 2,061 | 31.2 | 4.9 | 46.4 | 39.4 | 30.2 | 808 |
| Higher | 26.5 | 0.7 | 14.7 | 22.9 | 31.2 | 234 | 32.1 | 1.5 | 8.2 | 19.3 | 21.7 | 129 |
| Total | 39.0 | 8.2 | 64.4 | 61.2 | 39.1 | 7,603 | 29.8 | 9.8 | 60.5 | 52.5 | 31.8 | 2,116 |

The view that HIV status of a family member should be kept secret is slightly more widespread in urban areas than in rural ones. However, on the other three questions related to stigma, views reflecting more anti-AIDS stigma are more widespread in rural areas.

Less than 10 percent of both women and men are not willing to care for a relative with AIDS at their own home. This proportion decreases with increasing age and increasing level of completed education. This proportion is higher in rural than urban areas.

Almost two thirds of women and three in five men believe that a worker who is sick with AIDS should not be allowed to keep working. Almost as many respondents ( 61 percent of women and 53 percent of men) say they would not buy vegetables from an HIV-positive food seller or shopkeeper.

It seems that there is considerable resistance in Zambia to teaching youth about condom use, with more than one-third of respondents not approving. The proportion of women who believe children 12-14 years old should not be taught to use condoms is slightly higher ( 39 percent) than that of men ( 32 percent). There is no association between openness to teaching pre-adolescents about condom use and respondents' level of education.

### 13.4.3 Discussions of Condoms in the Media

Women and men were asked whether they think it is acceptable for condoms to be discussed in the media. Table 13.7 shows the percentage of women and men who have heard of AIDS and who think that discussion of condoms in the media is acceptable by media type and background characteristics. Over 80 percent of both women and men think it is acceptable for condoms to be discussed in the media. Men are slightly more likely than women to consider such discussion in the media acceptable. Older women are less likely to consider condom discussion acceptable, although this is not true of older men. By province, such discussion is considered least acceptable by women in Northern province and men in Central province, while both women and men in Western province are the most likely to consider it acceptable. Condom discussion in the media is more acceptable to respondents with higher education.
"Trendsetters" is a newspaper designed to increase knowledge and awareness of young people concerning HIV/AIDS and STIs. Table 13.8 shows that 11 percent of women and 17 percent of men reported that they had ever seen "Trendsetters" newspaper. Women and men age 20-24 report having seen "Trendsetters" newspaper more than those in other age groups. "Trendsetters" newspaper is most widely known in Lusaka and Copperbelt provinces, and least popular in Eastern province. Respondents with more than secondary education are more likely to report having seen "Trendsetters" newspaper ( 57 percent for females and 51 percent for males) and those with no education the least likely ( 1 percent for females and 3 percent for males).


| Table 13.8 Knowledge of "Trendsetters" newspaper |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Percentage of women and men who have seen the newspaper called "Trendsetters," by background characteristics, Zambia 2001-2002 |  |  |  |  |
| Background characteristic | Women |  | Men |  |
|  | Percentage | Number | Percentage | Number |
| Age |  |  |  |  |
| 15-19 | 11.9 | 1,811 | 12.6 | 459 |
| 20-24 | 13.5 | 1,664 | 22.1 | 346 |
| 25-29 | 12.2 | 1,376 | 19.0 | 361 |
| 30-34 | 11.2 | 972 | 16.6 | 281 |
| 35-39 | 7.2 | 766 | 18.8 | 241 |
| 40-44 | 6.7 | 601 | 19.0 | 174 |
| 45-49 | 5.9 | 467 | 16.8 | 113 |
| 50-54 | na | na | 16.5 | 100 |
| 55-59 | na | na | 6.7 | 71 |
| Residence |  |  |  |  |
| Urban | 20.9 | 3,073 | 30.7 | 851 |
| Rural | 4.3 | 4,585 | 8.2 | 1,294 |
| Province |  |  |  |  |
| Central | 10.5 | 562 | 13.4 | 165 |
| Copperbelt | 21.7 | 1,544 | 30.8 | 447 |
| Eastern | 3.8 | 926 | 2.7 | 268 |
| Luapula | 6.5 | 622 | 3.3 | 166 |
| Lusaka | 20.1 | 1,132 | 36.4 | 314 |
| Northern | 4.4 | 1,040 | 18.3 | 292 |
| North-Western | 5.3 | 354 | 8.4 | 93 |
| Southern | 6.2 | 814 | 3.9 | 232 |
| Western | 4.0 | 663 | 6.4 | 169 |
| Education |  |  |  |  |
| No education | 1.1 | 925 | 2.8 | 108 |
| Primary | 5.0 | 4,439 | 7.8 | 1,100 |
| Secondary | 23.0 | 2,061 | 26.5 | 808 |
| Higher | 57.4 | 234 | 50.7 | 129 |
| Total | 11.0 | 7,658 | 17.2 | 2,145 |

### 13.5 Testing for HIV

Respondents were asked whether they had been tested for HIV and, if not, whether they would like to be tested. Those who were tested for HIV in the past were further asked about the source of their testing.

Table 13.9.1 shows that only 9 percent of women have been tested for the AIDS virus. Women in urban areas are more likely to have been tested ( 14 percent) than rural women ( 6 percent). Women who have never been married and those who have never had sex are less likely to have been tested than those who have ever been married and those who have never married but have had sex, respectively. Nevertheless, it is surprising that 5 percent of women who have never had sex report that they have had an HIV test. Furthermore, the percentage of women who have been tested increases with increasing level of education.

Table 13.9.1 Testing for the AIDS virus: women
Percent distribution of all women by whether tested for the AIDS virus and desire to be tested, and percent distribution of women who have been tested by source of testing, and percentage of women who have not been tested who know a source for the test, according to background characteristics, Zambia 2001-2002

|  |  | Not tested for the AIDS virus |  |  |  | Number of women | Among those tested, source of testing |  |  |  | Number of women tested | Among those not tested, know a source for the test | Number of women not tested ${ }^{2}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Tested for the AIDS virus | Want to be tested | Do not want to be tested | Don't know/ missing ${ }^{1}$ | Total |  | Public | Private medical | Missing | Total |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 6.6 | 71.2 | 17.1 | 5.1 | 100.0 | 1,811 | 76.9 | 22.5 | 0.3 | 100.0 | 120 | 53.1 | 1,662 |
| 20-24 | 11.5 | 68.1 | 17.5 | 2.9 | 100.0 | 1,664 | 68.2 | 30.6 | 1.2 | 100.0 | 191 | 63.8 | 1,464 |
| 25-29 | 11.7 | 68.6 | 16.5 | 3.3 | 100.0 | 1,376 | 70.9 | 27.7 | 1.4 | 100.0 | 160 | 65.7 | 1,209 |
| 30-39 | 9.7 | 68.5 | 18.7 | 3.1 | 100.0 | 1,738 | 56.1 | 43.3 | 0.0 | 100.0 | 168 | 64.2 | 1,567 |
| 40-49 | 7.7 | 66.0 | 22.0 | 4.3 | 100.0 | 1,069 | 57.0 | 41.7 | 1.3 | 100.0 | 82 | 60.9 | 979 |
| Marital status |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Never married | 8.3 | 68.2 | 18.9 | 4.6 | 100.0 | 1,897 | 62.7 | 37.1 | 0.0 | 100.0 | 158 | 57.7 | 1,710 |
| Ever had sex | 11.1 | 70.6 | 15.4 | 2.9 | 100.0 | 990 | 60.5 | 39.2 | 0.0 | 100.0 | 110 | 64.7 | 868 |
| Never had sex | 5.3 | 65.6 | 22.7 | 6.4 | 100.0 | 907 | 67.7 | 32.3 | 0.0 | 100.0 | 48 | 50.4 | 842 |
| Married/living together | 9.6 | 69.5 | 17.5 | 3.4 | 100.0 | 4,694 | 66.8 | 32.0 | 1.0 | 100.0 | 452 | 62.3 | 4,222 |
| Divorced/separated/ widowed | 10.5 | 66.3 | 19.7 | 3.5 | 100.0 | 1,067 | 68.6 | 30.2 | 1.1 | 100.0 | 112 | 62.8 | 949 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 14.0 | 62.4 | 21.3 | 2.3 | 100.0 | 3,073 | 69.3 | 30.1 | 0.6 | 100.0 | 430 | 67.2 | 2,639 |
| Rural | 6.4 | 73.0 | 16.0 | 4.7 | 100.0 | 4,585 | 61.6 | 36.7 | 1.2 | 100.0 | 293 | 57.5 | 4,243 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Central | 6.3 | 74.1 | 18.0 | 1.7 | 100.0 | 562 | 83.9 | 16.1 | 0.0 | 100.0 | 35 | 69.4 | 526 |
| Copperbelt | 11.7 | 65.0 | 21.2 | 2.1 | 100.0 | 1,544 | 58.2 | 41.8 | 0.0 | 100.0 | 181 | 68.3 | 1,358 |
| Eastern | 7.9 | 71.3 | 16.0 | 4.8 | 100.0 | 926 | 66.2 | 31.0 | 2.8 | 100.0 | 74 | 48.4 | 848 |
| Luapula | 3.5 | 81.2 | 13.7 | 1.6 | 100.0 | 622 | 63.6 | 31.8 | 4.5 | 100.0 | 22 | 61.3 | 596 |
| Lusaka | 16.5 | 58.3 | 22.9 | 2.3 | 100.0 | 1,132 | 76.4 | 22.3 | 1.4 | 100.0 | 187 | 63.1 | 945 |
| Northern | 6.7 | 68.0 | 17.8 | 7.4 | 100.0 | 1,040 | 74.7 | 25.3 | 0.0 | 100.0 | 70 | 54.3 | 961 |
| North-Western | 11.0 | 69.5 | 17.4 | 2.2 | 100.0 | 354 | 49.5 | 48.5 | 1.0 | 100.0 | 39 | 75.8 | 313 |
| Southern | 7.1 | 75.4 | 14.7 | 2.8 | 100.0 | 814 | 58.0 | 42.0 | 0.0 | 100.0 | 58 | 59.1 | 752 |
| Western | 8.6 | 68.3 | 15.2 | 8.0 | 100.0 | 663 | 57.1 | 41.1 | 0.0 | 100.0 | 57 | 59.1 | 583 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 3.2 | 67.0 | 22.1 | 7.7 | 100.0 | 925 | 56.5 | 36.7 | 6.8 | 100.0 | 30 | 41.9 | 876 |
| Primary | 7.7 | 72.4 | 16.1 | 3.8 | 100.0 | 4,439 | 70.0 | 28.5 | 1.2 | 100.0 | 343 | 58.5 | 4,060 |
| Secondary | 14.3 | 64.2 | 20.0 | 1.6 | 100.0 | 2,061 | 65.7 | 34.2 | 0.0 | 100.0 | 295 | 74.0 | 1,766 |
| Higher | 23.4 | 46.8 | 25.3 | 4.5 | 100.0 | 234 | 50.1 | 49.9 | 0.0 | 100.0 | 55 | 90.6 | 179 |
| Total | 9.4 | 68.7 | 18.1 | 3.7 | 100.0 | 7,658 | 66.2 | 32.8 | 0.8 | 100.0 | 722 | 61.2 | 6,881 |
| ${ }^{1}$ Includes those who have not heard of AIDS <br> ${ }^{2}$ Excludes women who have not heard of AIDS |  |  |  |  |  |  |  |  |  |  |  |  |  |

Almost 7 in 10 women say they would like to be tested for HIV. A higher proportion of rural women ( 73 percent) have a desire to be tested than urban women ( 62 percent). Luapula province has the lowest proportion of women who have been tested for HIV, but the highest proportion ( 81 percent) who are willing to be tested. Because relatively fewer rural women have had a chance to be tested for HIV than urban women, the demands for testing among rural women are very high. The proportion of women who want to be but have not yet been tested generally declines with women's level of education (Figure 13.1).

Figure 13.1 Unmet Need for HIV Testing by Education Level


Among women who have been tested, the public sector is the most common source for HIV testing where 66 percent of women got tested. This pattern is similar across all marital status categories, residence and level of education. However, for women with higher education and those in the NorthWestern province, the proportions who got tested in public and private medical institution are close. Three of five women who have not been tested say they know a place where they could get tested.

Table 13.9.2 shows that 14 percent of male respondents have been tested for HIV, 64 percent would like to be tested and 19 percent would not like to be tested. The more educated men, those in urban areas, particularly in Lusaka, and men who are married or living with a woman are more likely to have been tested for HIV. There are no major variations in the proportions of men who would like to be tested, by age, marital status and residence. However, Southern province has the highest level of men who have not yet been tested but say they would like to be. The proportion of men who want to be but have not yet been tested is higher for men with primary education than for those with no education, but drops with increasing level of education (Figure 13.1).

Among men who have been tested, almost two in three were tested in public institutions and one in five in private medical institutions.

Almost 70 percent of men not tested know a source for testing. Knowledge of a source for testing increases with increasing level of education.

Table 13.9.2 Testing for the AIDS virus: men
Percent distribution of all men by whether tested for the AIDS virus and desire to be tested, and percent distribution of men who have been tested by source of testing, and percentage of men who have not been tested who know a source for the test, according to background characteristics, Zambia 2001-2002

| Background characteristic | Tested for the AIDS virus | Not tested for the AIDS virus |  |  |  | Number of men | Among those tested, source of testing |  |  |  |  | Number of men tested | Among those not tested know a source for the test | Number of men not tested ${ }^{2}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Want to be tested | Do not want to be tested | Don't know/ missing ${ }^{1}$ | Total |  | Public | Private medical | Other | Missing | Total |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 5.6 | 67.4 | 20.2 | 6.8 | 100.0 | 459 | * | * | * | * | 100.0 | 26 | 55.2 | 408 |
| 20-24 | 9.4 | 72.1 | 16.8 | 1.7 | 100.0 | 346 | (52.5) | (23.4) | (24.1) | (0.0) | 100.0 | 33 | 70.3 | 311 |
| 25-29 | 17.0 | 62.6 | 19.4 | 1.0 | 100.0 | 361 | 63.1 | 18.2 | 17.3 | 1.5 | 100.0 | 61 | 75.5 | 299 |
| 30-39 | 17.6 | 61.2 | 18.7 | 2.5 | 100.0 | 523 | 65.3 | 21.1 | 13.6 | 0.0 | 100.0 | 92 | 75.9 | 430 |
| 40-49 | 17.9 | 59.9 | 20.9 | 1.2 | 100.0 | 287 | 65.4 | 14.1 | 18.8 | 1.7 | 100.0 | 51 | 70.5 | 235 |
| 50-59 | 19.0 | 60.3 | 17.5 | 3.2 | 100.0 | 171 | (71.5) | (21.3) | (4.4) | (2.7) | 100.0 | 32 | 67.1 | 136 |
| Marital status |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Never married | 8.3 | 67.5 | 19.7 | 4.5 | 100.0 | 782 | 57.3 | 14.0 | 25.7 | 3.0 | 100.0 | 65 | 63.3 | 691 |
| Ever had sex | 9.9 | 69.6 | 18.3 | 2.2 | 100.0 | 579 | 55.0 | 15.8 | 25.8 | 3.4 | 100.0 | 57 | 67.5 | 512 |
| Never had sex | 3.8 | 61.5 | 23.7 | 11.0 | 100.0 | 202 | * | * | * | * | 100.0 | 8 | 51.4 | 179 |
| Married/living together | r 17.2 | 61.5 | 19.4 | 2.0 | 100.0 | 1,248 | 66.1 | 18.7 | 14.4 | 0.8 | 100.0 | 215 | 73.7 | 1,029 |
| Divorced/separated/ widowed | 13.4 | 72.9 | 11.0 | 2.7 | 100.0 | 116 | * | * | * | * | 100.0 | 16 | 57.7 | 100 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 16.9 | 58.2 | 22.8 | 2.0 | 100.0 | 851 | 65.3 | 29.4 | 5.3 | 0.0 | 100.0 | 144 | 77.4 | 704 |
| Rural | 11.7 | 68.3 | 16.5 | 3.5 | 100.0 | 1,294 | 61.5 | 8.6 | 26.8 | 3.1 | 100.0 | 151 | 63.5 | 1,116 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Central | 8.3 | 66.7 | 23.2 | 1.8 | 100.0 | 165 | * | * | * | * | 100.0 | 14 | 67.5 | 151 |
| Copperbelt | 12.4 | 61.3 | 24.1 | 2.3 | 100.0 | 447 | (51.5) | (42.4) | (6.1) | (0.0) | 100.0 | 55 | 77.0 | 386 |
| Eastern | 18.0 | 56.6 | 22.3 | 3.1 | 100.0 | 268 | (39.1) | (6.5) | (52.2) | (2.2) | 100.0 | 48 | 57.5 | 217 |
| Luapula | 13.8 | 66.3 | 18.2 | 1.7 | 100.0 | 166 | (76.0) | (4.0) | (12.0) | (8.0) | 100.0 | 23 | 71.4 | 141 |
| Lusaka | 22.2 | 54.4 | 20.9 | 2.5 | 100.0 | 314 | 69.8 | 26.4 | 3.8 | 0.0 | 100.0 | 70 | 73.1 | 244 |
| Northern | 19.6 | 67.6 | 10.4 | 2.4 | 100.0 | 292 | 78.1 | 9.4 | 9.4 | 3.1 | 100.0 | 57 | 77.2 | 231 |
| North-Western | 8.4 | 69.7 | 20.6 | 1.3 | 100.0 | 93 | * | * | * | * | 100.0 | 8 | 65.4 | 85 |
| Southern | 2.9 | 79.0 | 13.2 | 4.9 | 100.0 | 232 | * | * | * | * | 100.0 | 7 | 67.4 | 215 |
| Western | 8.3 | 69.4 | 15.9 | 6.4 | 100.0 | 169 | * | * | * | * | 100.0 | 14 | 47.9 | 150 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 7.6 | 58.4 | 24.5 | 9.6 | 100.0 | 108 | * | * | * | * | 100.0 | 8 | 46.0 | 92 |
| Primary | 11.0 | 71.1 | 15.1 | 2.8 | 100.0 | 1,100 | 69.1 | 12.6 | 14.4 | 3.9 | 100.0 | 121 | 59.7 | 958 |
| Secondary | 16.3 | 60.2 | 21.3 | 2.2 | 100.0 | 808 | 61.9 | 21.7 | 16.3 | 0.0 | 100.0 | 132 | 81.9 | 676 |
| Higher | 26.9 | 36.7 | 33.3 | 3.1 | 100.0 | 129 | (52.5) | (33.2) | (14.3) | (0.0) | 100.0 | 35 | 90.6 | 94 |
| Total | 13.8 | 64.3 | 19.0 | 2.9 | 100.0 | 2,145 | 63.4 | 18.7 | 16.3 | 1.6 | 100.0 | 295 | 68.9 | 1,820 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
na $=$ Not available
${ }^{1}$ Includes those who have not heard of AIDS
${ }^{2}$ Excludes men who have not heard of AIDS

### 13.6 Men's Attitudes Toward Condoms

In the 2001-2002 ZDHS, men were asked whether they agree or disagree with certain statements regarding condoms. Table 13.10 shows that 52 percent of men feel that condoms decrease a man's sexual pleasure, 41 percent are of the view that condoms are inconvenient to use, and 6 percent think a condom can be reused. The data further show that 77 percent of men feel that condoms are effective in preventing HIV and other diseases, 36 percent believe that a woman has no right to tell a man to use a condom and 84 percent feel that condoms are effective in preventing pregnancy.

| Percentage of men who agree with specific statements about condoms, by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of men who agree with the following statements about condoms: |  |  |  |  |  |  |  |
| Background characteristic | Condoms decrease a man's sexual pleasure | Condoms are inconvenient to use | A condom can be reused | Condoms are effective in preventing HIV and and other diseases | A woman has no right to tell a man to use a condom | Condoms are effective in preventing pregnancy | Number of men |
| Age |  |  |  |  |  |  |  |
| 15-19 | 39.1 | 27.4 | 6.5 | 70.3 | 34.3 | 70.8 | 459 |
| 20-24 | 52.5 | 37.8 | 6.6 | 75.4 | 36.1 | 89.4 | 346 |
| 25-29 | 59.6 | 41.3 | 7.2 | 81.4 | 38.5 | 91.1 | 361 |
| 30-34 | 56.6 | 46.9 | 7.8 | 84.4 | 34.5 | 91.5 | 281 |
| 35-39 | 61.4 | 47.1 | 4.8 | 77.3 | 29.1 | 84.6 | 241 |
| 40-44 | 51.9 | 44.3 | 2.6 | 83.8 | 36.9 | 90.2 | 174 |
| 45-49 | 46.6 | 48.5 | 8.8 | 75.1 | 40.8 | 85.2 | 113 |
| 50-54 | 46.3 | 51.5 | 3.9 | 68.2 | 40.8 | 76.5 | 100 |
| 55-59 | 46.2 | 53.9 | 5.4 | 71.6 | 46.8 | 76.2 | 71 |
| Residence |  |  |  |  |  |  |  |
| Urban | 52.5 | 42.8 | 6.6 | 78.1 | 26.2 | 88.6 | 851 |
| Rural | 50.8 | 39.3 | 6.0 | 76.1 | 42.5 | 81.4 | 1,294 |
| Province |  |  |  |  |  |  |  |
| Central | 47.5 | 26.4 | 4.0 | 73.9 | 55.4 | 76.1 | 165 |
| Copperbelt | 51.9 | 44.4 | 9.4 | 75.2 | 23.7 | 85.3 | 447 |
| Eastern | 31.2 | 27.0 | 11.3 | 72.7 | 46.9 | 87.9 | 268 |
| Luapula | 61.9 | 37.0 | 1.7 | 81.2 | 34.8 | 88.4 | 166 |
| Lusaka | 55.6 | 46.4 | 3.3 | 82.0 | 25.5 | 89.1 | 314 |
| Northern | 59.0 | 56.0 | 7.6 | 71.3 | 47.7 | 80.7 | 292 |
| North-Western | 44.5 | 43.3 | 1.7 | 74.8 | 28.2 | 81.1 | 93 |
| Southern | 60.5 | 33.7 | 4.4 | 90.7 | 40.0 | 91.7 | 232 |
| Western | 47.1 | 41.4 | 4.5 | 69.4 | 31.8 | 68.2 | 169 |
| Education |  |  |  |  |  |  |  |
| No education | 44.1 | 38.3 | 8.0 | 64.8 | 45.7 | 69.2 | 108 |
| Primary | 52.3 | 43.1 | 6.3 | 77.5 | 42.5 | 81.1 | 1,100 |
| Secondary | 51.8 | 38.3 | 6.0 | 78.0 | 30.1 | 90.7 | 808 |
| Higher | 48.7 | 36.7 | 5.8 | 75.5 | 9.8 | 83.7 | 129 |
| Condom use |  |  |  |  |  |  |  |
| Used at last sex | 56.4 | 37.4 | 7.4 | 84.3 | 33.2 | 95.6 | 339 |
| Ever used (not at last sex) | 63.8 | 43.7 | 8.2 | 85.7 | 32.0 | 92.3 | 693 |
| Never used | 42.4 | 39.8 | 4.7 | 69.2 | 39.4 | 75.8 | 1,113 |
| Current marital status |  |  |  |  |  |  |  |
| Never married | 43.7 | 31.5 | 6.1 | 71.0 | 33.3 | 77.0 | 782 |
| Married/living together | 56.0 | 46.1 | 6.3 | 80.2 | 37.3 | 88.4 | 1,248 |
| Divorced/separated / widowed | 55.9 | 44.6 | 7.1 | 81.4 | 40.1 | 88.0 | 115 |
| Total | 51.5 | 40.7 | 6.2 | 76.9 | 36.0 | 84.3 | 2,145 |

There are no major variations in most of men's attitudes towards condoms between rural and urban areas, except that men in rural areas are almost twice as likely to think that a woman has no right to tell a man to use a condom as those in urban areas. The proportion of male respondents holding this view decreases with increasing level of education.

Larger proportions of men in Luapula, Southern and Northern feel that condoms decrease a man's sexual pleasure compared with the rest of the provinces.

### 13.7 Absence from Home and Use Of Alcohol

Absence from home can sometimes lead both men and women to engage in sexual activities with people other than their usual sexual partners. In the ZDHS, men were asked about the number of any trips that involved sleeping away from home in 12 months prior to the survey. These activities put persons at risk of contracting an STI if they engage in unprotected sexual activity with people other than their usual sexual partners.

### 13.7.1 Absence from Home

Table 13.11 shows that 17 percent of men in Zambia slept away from home for a duration of more than one month in the past 12 months. Almost half of men did not leave home at all overnight, whereas one-third made 1-3 overnight trips and 17 percent took 4 or more trips.

| Percent distribution of men by number of trips in the past 12 months that involved sleeping away from their home community, and the percentage of men who have slept away from their community for more than one month at a time in the past 12 months, by background characteristics, Zambia 2001/2002 |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Number of trips that involved sleeping away from home |  |  |  |  | Missing | Total | Slept away from home for more than one month | Number <br> of men |
| characteristic | 0 | 1-3 | 4-6 | 7-9 | 10+ |  |  |  |  |
| Age |  |  |  |  |  |  |  |  |  |
| 15-19 | 57.2 | 34.2 | 5.0 | 1.4 | 1.4 | 0.9 | 100.0 | 16.3 | 459 |
| 20-29 | 44.4 | 36.9 | 10.6 | 2.2 | 5.6 | 0.3 | 100.0 | 19.8 | 706 |
| 30-39 | 40.0 | 37.0 | 11.5 | 2.6 | 8.2 | 0.8 | 100.0 | 17.5 | 523 |
| 40-49 | 47.0 | 33.3 | 9.6 | 2.7 | 6.7 | 0.7 | 100.0 | 12.3 | 287 |
| 50-59 | 53.3 | 36.8 | 5.4 | 1.8 | 2.7 | 0.0 | 100.0 | 8.7 | 171 |
| Marital status |  |  |  |  |  |  |  |  |  |
| Never married | 52.4 | 35.6 | 7.1 | 2.1 | 2.3 | 0.6 | 100.0 | 17.3 | 782 |
| Married or living together | 44.1 | 35.4 | 10.5 | 2.2 | 7.2 | 0.6 | 100.0 | 15.6 | 1,248 |
| Divorced/separated/widowed | 43.9 | 43.1 | 7.2 | 2.2 | 3.5 | 0.0 | 100.0 | 22.2 | 116 |
| Residence |  |  |  |  |  |  |  |  |  |
| Urban | 48.1 | 34.8 | 9.0 | 2.3 | 5.3 | 0.6 | 100.0 | 15.0 | 851 |
| Rural | 46.4 | 36.6 | 9.2 | 2.1 | 5.2 | 0.6 | 100.0 | 17.7 | 1,294 |
| Occupation |  |  |  |  |  |  |  |  |  |
| Professional/technical/ |  |  |  |  |  |  |  |  |  |
| managerial | 14.4 | 44.3 | 15.4 | 5.0 | 20.8 | 0.0 | 100.0 | 19.6 | 93 |
| Clerical | * | * | * | * | * | * | 100.0 | * | 13 |
| Sales and services | 51.4 | 33.6 | 8.5 | 1.6 | 4.6 | 0.3 | 100.0 | 16.5 | 307 |
| Skilled manual | 53.3 | 29.8 | 7.9 | 3.4 | 4.6 | 1.0 | 100.0 | 10.9 | 273 |
| Unskilled manual | * | * | * | * | * | * | 100.0 | * | 23 |
| Domestic service | 45.6 | 30.5 | 6.3 | 1.9 | 15.4 | 0.4 | 100.0 | 11.3 | 104 |
| Agriculture | 44.1 | 37.8 | 10.7 | 2.2 | 4.8 | 0.5 | 100.0 | 17.8 | 862 |
| Not working | 52.7 | 37.6 | 6.1 | 1.6 | 1.5 | 0.7 | 100.0 | 18.8 | 451 |
| Total | 47.1 | 35.9 | 9.1 | 2.2 | 5.2 | 0.6 | 100.0 | 16.6 | 2,145 |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.

Men in sales and services and skilled manual occupations are least likely to make 10 or more trips that involve sleeping away from home, while those in professional/technical/managerial jobs are most likely to do so; 21 percent of men in professional/technical/managerial occupations made at least 10 such trips in the last 12 months compared with 5 percent of those working in sales and services and skilled manual occupations. Men 20-49 years old are more likely to make 10 or more trips that involve sleeping away from home compared with those under age 20 or age 50 and over.

### 13.7.2 Alcohol Consumption

Alcohol consumption can lead to drunkenness and sometimes uncontrolled sexual behaviour. During the survey, respondents were asked whether they had consumed alcohol and/or been drunk.

Tables 13.12 .1 and 13.12 .2 show that 77 percent of women have never consumed a beverage containing alcohol, compared with 24 percent of men. Nine percent of women reported consuming alcohol in the month prior to the survey, while 14 percent have consumed alcohol at some time but not in the past month. Among women, alcohol consumption increases with age.

| Table 13.12.1 Alcohol consumption: women |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of women by whether they have ever consumed a beverage containing alcohol, and of those, percent distribution by whether they have ever been drunk, according to current age, Zambia 2001-2002 |  |  |  |  |  |
| Alcohol consumption | Age |  |  |  | Total |
|  | 15-19 | 20-29 | 30-39 | 40-49 |  |
| Consumption of alcohol |  |  |  |  |  |
| Consumed alcohol in past month 5.3 8.0 10.4 17.0 9.2 <br> Consumed alcohol at some      |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Never consumed alcohol | 85.5 | 78.9 | 71.6 | 63.2 | 76.6 |
| Missing | 0.2 | 0.3 | 0.8 | 0.2 | 0.4 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of women | 1,811 | 3,040 | 1,738 | 1,069 | 7,658 |
| Whether been drunk |  |  |  |  |  |
| Been drunk in past month | 11.5 | 14.1 | 11.2 | 22.9 | 14.9 |
| Been drunk at some time, but not in past month | 23.2 | 26.3 | 34.7 | 29.3 | 28.8 |
| Never been drunk | 64.4 | 59.5 | 53.9 | 47.6 | 56.1 |
| Missing | 1.0 | 0.2 | 0.2 | 0.2 | 0.3 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of women who ever drank alcohol | 259 | 633 | 480 | 391 | 1,763 |

Data further show that 15 percent of women who had ever drunk alcohol had been drunk in the past month, 29 percent have been drunk but not in the past month, while 56 percent have never been drunk.

Table 13.12 .2 shows that 45 percent of men consumed alcohol in the past 3 months, while 31 percent have consumed alcohol but not in the past 3 months. The table also shows that of men reporting having ever consumed alcohol, 57 percent got drunk in the past 3 months, 27 percent got drunk but not in the past 3 months, while 16 percent have never been drunk.

| Table 13.12.2 Alcohol consumption: men |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percent distribution of men by whether they have ever consumed a beverage containing alcohol, and of those, percent distribution by whether they have ever been drunk, according to current age, Zambia 2001-2002 |  |  |  |  |  |  |
|  | Age |  |  |  |  | Total |
| Alcohol consumption | 15-19 | 20-29 | 30-39 | 40-49 | 50-59 |  |
| Consumption of alcohol |  |  |  |  |  |  |
| Consumed alcohol beverage in past 3 months | 22.4 | 48.0 | 55.2 | 57.3 | 44.6 | 45.2 |
| Consumed alcohol at some time, but not in past 3 months | 10.8 | 16.7 | 19.9 | 19.8 | 31.4 | 17.8 |
| Never consumed alcohol | 66.6 | 35.2 | 24.9 | 22.6 | 24.1 | 36.8 |
| Missing | 0.2 | 0.1 | 0.0 | 0.4 | 0.0 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of men | 459 | 706 | 523 | 287 | 171 | 2,145 |
| Whether been drunk |  |  |  |  |  |  |
| Been drunk in past 3 months | 46.6 | 62.3 | 58.9 | 62.1 | 37.3 | 57.1 |
| Been drunk at some time, but not in past 3 months | 22.5 | 23.2 | 27.6 | 24.3 | 43.2 | 26.5 |
| Never been drunk | 30.9 | 14.1 | 13.3 | 13.6 | 19.5 | 16.2 |
| Missing | 0.0 | 0.4 | 0.2 | 0.0 | 0.0 | 0.2 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of men who ever drank alcohol | 152 | 457 | 393 | 221 | 130 | 1,352 |

Alcohol consumption varies somewhat with marital status, residence, and level of education. Table 13.13 shows that women who are divorced/separated/widowed, those in urban areas, those in Copperbelt, Lusaka, and Northern provinces, and more educated women are more likely to report consumption of alcohol than other women. Women in Eastern and North-Western provinces are the least likely to report alcohol consumption or drunkenness in the last month. Also, women in some occupations (clerical, sales and service, domestic service) are slightly more likely to consume alcohol than women employed in other occupations.

Table 13.13 shows that the alcohol consumption pattern in men is similar to that of women. Like women, men who are divorced/separated/widowed, those in urban areas and the more educated are more likely to consume alcohol than others. As in the case of women, men in Lusaka, Copperbelt, and Northern provinces are more likely to report alcohol use than respondents from other provinces.

| Percentage of women and men who consumed a beverage containing alcohol in the past month (women) or in the past three months (men), and percentage who were drunk in the past month (women) or in the past three months (men), by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Women |  |  | Men |  |  |
| Background characteristic | Consumed alcohol in past month | Was drunk in past month | Number of women | Consumed alcohol in the past 3 months | Was drunk in the past 3 months | $\begin{aligned} & \text { Number } \\ & \text { of } \\ & \text { women } \end{aligned}$ |
| Marital status |  |  |  |  |  |  |
| Never married | 5.7 | 2.0 | 1,897 | 33.5 | 27.6 | 782 |
| Married or living together | 9.4 | 4.1 | 4,694 | 51.2 | 45.0 | 1,248 |
| Divorced/separated/widowed | d 14.1 | 9.0 | 1,067 | 59.9 | 57.7 | 116 |
| Residence |  |  |  |  |  |  |
| Urban | 12.3 | 6.0 | 3,073 | 57.7 | 50.5 | 851 |
| Rural | 7.1 | 3.1 | 4,585 | 37.0 | 31.9 | 1,294 |
| Province |  |  |  |  |  |  |
| Central | 5.6 | 2.6 | 562 | 35.1 | 29.0 | 165 |
| Copperbelt | 12.0 | 5.9 | 1,544 | 57.9 | 49.6 | 447 |
| Eastern | 1.5 | 0.6 | 926 | 30.9 | 27.7 | 268 |
| Luapula | 5.4 | 3.4 | 622 | 44.8 | 33.7 | 166 |
| Lusaka | 12.9 | 5.7 | 1,132 | 59.8 | 55.2 | 314 |
| Northern | 17.6 | 6.5 | 1,040 | 46.5 | 40.4 | 292 |
| North-Western | 3.2 | 1.8 | 354 | 23.5 | 21.0 | 93 |
| Southern | 4.5 | 2.7 | 814 | 38.0 | 37.1 | 232 |
| Western | 8.9 | 5.2 | 663 | 37.6 | 28.0 | 169 |
| Education |  |  |  |  |  |  |
| No education | 9.3 | 4.9 | 925 | 35.5 | 29.1 | 108 |
| Primary | 8.8 | 4.1 | 4,439 | 40.7 | 35.3 | 1,100 |
| Secondary | 9.4 | 4.1 | 2,061 | 51.9 | 45.9 | 808 |
| Higher | 12.5 | 4.9 | 234 | 50.3 | 40.8 | 129 |
| Occupation |  |  |  |  |  |  |
| Professional/technical/ managerial | 9.9 | 4.0 | 175 | 46.9 | 38.9 | 93 |
| Clerical | 10.4 | 3.2 | 71 |  | * | 13 |
| Sales and services | 12.2 | 6.8 | 1,095 | 59.6 | 52.9 | 307 |
| Skilled manual | 7.8 | 4.6 | 200 | 60.8 | 54.9 | 273 |
| Unskilled manual | * | * | 13 | * | * | 23 |
| Domestic service | 12.4 | 5.9 | 449 | 57.6 | 52.2 | 104 |
| Agriculture | 9.2 | 3.7 | 2,354 | 42.8 | 36.6 | 862 |
| Not working | 7.7 | 3.6 | 3,274 | 26.8 | 22.3 | 451 |
| Total | 9.2 | 4.3 | 7,658 | 45.2 | 39.3 | 2,145 |
| Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed |  |  |  |  |  |  |

### 13.8 Knowledge of Symptoms of Sexually Transmitted Infections

Sexually transmitted infections (STIs) have been identified as co-factors in HIV transmission. The response of the Government to the epidemic has been to reduce transmission of the AIDS virus through education, condom promotion and STI treatment. Community-based and clinic-based interventions to control STIs are being carried out by the Central Board of Health, the National AIDS Council and non-governmental organisations. It is important that people experiencing symptoms of STIs have the knowledge to be able to recognise them and seek appropriate treatment. People who do not know the symptoms of the disease may fail to recognise it and consequently may not get treatment.

In the 2001-2002 ZDHS, respondents were asked whether they ever heard about infections that can be transmitted through sexual contact. If the reply was "yes," the respondents were asked to spontaneously mention what symptoms a woman and a man with a sexually transmitted disease might have. Data concerning knowledge of symptoms of STIs are shown in Tables 13.14.1 and 13.14.2. The data indicate that 10 percent of women and 9 percent of men have no knowledge of STIs (not including HIV/AIDS).

| Table 13.14.1 Knowledge of symptoms of STDs: women |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of women with knowledge of symptoms associated with sexually transmitted diseases (STDs) in a man and in a woman, by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |
|  |  | Knowledge of symptoms of STDs in a man |  |  | Knowledge of symptoms of STDs in a woman |  |  |  |
| Background characteristic | No knowledge of STDs | No symptoms mentioned | One symptom mentioned | Two or more symptoms mentioned | No symptoms mentioned | One symptom mentioned | Two or more symptoms mentioned | Number of women |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 20.9 | 20.3 | 27.7 | 31.0 | 21.4 | 26.8 | 30.8 | 1,811 |
| 20-24 | 8.3 | 16.4 | 26.5 | 48.8 | 15.8 | 25.8 | 50.1 | 1,664 |
| 25-29 | 6.2 | 11.8 | 21.2 | 60.8 | 11.9 | 20.5 | 61.5 | 1,376 |
| 30-39 | 4.9 | 10.1 | 21.4 | 63.6 | 9.5 | 20.9 | 64.7 | 1,738 |
| 40-49 | 6.8 | 8.9 | 18.7 | 65.5 | 8.3 | 17.2 | 67.6 | 1,069 |
| Marital status |  |  |  |  |  |  |  |  |
| Never married | 18.3 | 20.2 | 26.8 | 34.8 | 20.9 | 25.5 | 35.3 | 1,897 |
| Ever had sex | 10.8 | 19.1 | 27.1 | 42.9 | 18.2 | 27.1 | 43.9 | 990 |
| Never had sex | 26.4 | 21.3 | 26.5 | 25.8 | 23.9 | 23.8 | 25.9 | 907 |
| Married/living to | - 7.2 | 12.1 | 22.9 | 57.8 | 12.0 | 22.3 | 58.5 | 4,694 |
| Divorced/separat widowed | 7.1 | 11.6 | 20.9 | 60.4 | 10.1 | 19.9 | 62.8 | 1,067 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 6.1 | 14.3 | 21.6 | 58.0 | 14.6 | 20.3 | 58.9 | 3,073 |
| Rural | 12.5 | 13.8 | 25.0 | 48.7 | 13.5 | 24.5 | 49.6 | 4,585 |
| Province |  |  |  |  |  |  |  |  |
| Central | 8.4 | 14.9 | 33.4 | 43.2 | 14.3 | 34.7 | 42.6 | 562 |
| Copperbelt | 7.3 | 11.1 | 21.3 | 60.3 | 12.0 | 18.4 | 62.2 | 1,544 |
| Eastern | 13.4 | 13.8 | 31.3 | 41.5 | 14.2 | 30.1 | 42.3 | 926 |
| Luapula | 6.7 | 3.8 | 20.8 | 68.7 | 4.6 | 19.8 | 68.8 | 622 |
| Lusaka | 5.1 | 18.5 | 21.4 | 54.9 | 17.1 | 21.0 | 56.8 | 1,132 |
| Northern | 10.7 | 19.0 | 19.1 | 51.2 | 18.1 | 18.4 | 52.8 | 1,040 |
| North-Western | 9.9 | 5.3 | 11.1 | 73.7 | 4.9 | 8.4 | 76.8 | 354 |
| Southern | 19.5 | 16.3 | 18.7 | 45.5 | 16.3 | 21.2 | 43.0 | 814 |
| Western | 10.6 | 16.4 | 36.0 | 37.1 | 16.7 | 34.9 | 37.8 | 663 |
| Education |  |  |  |  |  |  |  |  |
| No education | 20.2 | 12.3 | 24.6 | 42.9 | 12.3 | 22.1 | 45.4 | 925 |
| Primary | 10.9 | 14.2 | 24.0 | 50.9 | 13.9 | 23.4 | 51.8 | 4,439 |
| Secondary | 4.3 | 15.3 | 23.2 | 57.3 | 15.7 | 22.7 | 57.3 | 2,061 |
| Higher | 0.0 | 6.1 | 16.3 | 77.6 | 6.7 | 14.7 | 78.6 | 234 |
| Total | 9.9 | 14.0 | 23.6 | 52.4 | 14.0 | 22.8 | 53.3 | 7,658 |


| Table 13.14.2 Knowledge of symptoms of STDs: men |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Percentage of men with knowledge of symptoms associated with sexually transmitted diseases (STDs) in a man and in a woman, by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |
|  | No knowledge of STDs | Knowledge of symptoms of STDs in a man |  |  | Knowledge of symptoms of STDs in a woman |  |  | Number of men |
| Background characteristic |  | No symptoms mentioned | One symptom mentioned | Two or more symptoms mentioned | No symptoms mentioned | One symptom mentioned | Two or more symptoms mentioned |  |
| Age |  |  |  |  |  |  |  |  |
| 15-19 | 29.6 | 15.8 | 20.8 | 33.7 | 30.2 | 16.1 | 24.1 | 459 |
| 20-24 | 5.1 | 6.9 | 22.2 | 65.8 | 32.6 | 19.5 | 42.7 | 346 |
| 25-29 | 4.0 | 6.8 | 12.7 | 76.6 | 32.1 | 13.4 | 50.5 | 361 |
| 30-39 | 2.2 | 7.5 | 12.8 | 77.5 | 30.2 | 14.4 | 53.2 | 523 |
| 40-49 | 3.7 | 8.0 | 7.4 | 80.9 | 27.5 | 9.1 | 59.7 | 287 |
| 50-59 | 4.7 | 7.2 | 14.4 | 73.6 | 23.4 | 15.3 | 56.6 | 171 |
| Marital status |  |  |  |  |  |  |  |  |
| Never married | 20.1 | 12.7 | 21.7 | 45.6 | 33.8 | 17.0 | 29.1 | 782 |
| Ever had sex | 12.4 | 11.2 | 24.4 | 52.0 | 35.9 | 18.3 | 33.4 | 579 |
| Never had sex | 42.0 | 17.0 | 13.9 | 27.1 | 27.9 | 13.2 | 16.9 | 202 |
| Married/living together | er 3.1 | 7.2 | 11.8 | 78.0 | 27.9 | 13.1 | 55.9 | 1,248 |
| Divorced/separated/ widowed | 2.4 | 6.0 | 11.8 | 79.8 | 26.2 | 18.7 | 52.7 | 116 |
| Residence |  |  |  |  |  |  |  |  |
| Urban | 6.2 | 10.4 | 18.1 | 65.3 | 38.8 | 16.2 | 38.9 | 851 |
| Rural | 11.3 | 8.3 | 13.6 | 66.9 | 24.2 | 13.9 | 50.6 | 1,294 |
| Province |  |  |  |  |  |  |  |  |
| Central | 9.8 | 4.7 | 17.0 | 68.5 | 14.9 | 18.1 | 57.2 | 165 |
| Copperbelt | 9.0 | 13.5 | 17.3 | 60.2 | 41.7 | 16.2 | 33.1 | 447 |
| Eastern | 6.6 | 7.4 | 11.7 | 74.2 | 21.1 | 13.7 | 58.6 | 268 |
| Luapula | 5.5 | 3.3 | 9.9 | 81.2 | 14.9 | 8.3 | 71.3 | 166 |
| Lusaka | 7.9 | 14.2 | 18.0 | 59.8 | 41.4 | 15.9 | 34.7 | 314 |
| Northern | 8.6 | 9.8 | 12.5 | 69.1 | 36.1 | 8.9 | 46.5 | 292 |
| North-Western | 12.2 | 2.5 | 26.9 | 58.4 | 8.0 | 26.1 | 53.8 | 93 |
| Southern | 16.6 | 4.4 | 16.6 | 62.4 | 37.6 | 19.0 | 26.8 | 232 |
| Western | 8.9 | 9.6 | 12.1 | 69.4 | 12.7 | 12.1 | 66.2 | 169 |
| Education |  |  |  |  |  |  |  |  |
| No education | 23.0 | 9.1 | 14.3 | 53.6 | 21.4 | 12.2 | 43.4 | 108 |
| Primary | 12.9 | 9.3 | 15.5 | 62.3 | 27.4 | 15.2 | 44.5 | 1,100 |
| Secondary | 3.9 | 9.5 | 16.2 | 70.4 | 34.4 | 14.7 | 47.1 | 808 |
| Higher | 0.0 | 5.5 | 10.1 | 84.4 | 32.2 | 14.3 | 53.5 | 129 |
| Total | 9.2 | 9.1 | 15.4 | 66.3 | 30.0 | 14.8 | 46.0 | 2,145 |

Among both women and men, the younger age group (15-19) is less likely to have knowledge about STIs than the older age groups. Rural men and women are less likely to be knowledgeable about STIs than their urban counterparts. However, in Luapula province, a rural province, the proportion of women and men who know two or more symptoms of STIs is higher than most other provinces. There is a strong positive relationship between level of education and knowledge of STIs.

Similar proportions of men and women report no knowledge of STIs. Not surprisingly, men are more familiar with male symptoms of STI and women with female symptoms. Those who report never having sex or not being married are less familiar with STIs. Rural respondents are more likely than their urban counterparts to report no knowledge of STIs. However, urban males are less familiar with female STI symptoms than their rural counterparts.

### 13.9 Reports of Recent Sexually Transmitted Infections

During the survey, women and men who had ever had sex were asked whether they had an STI in 12 months prior to the survey. Table 13.15 shows the percentage of men and women who have ever had sex who had an STI and associated symptoms. The data show that overall, 6 percent of women and 8 percent of men reported that they had either an STI or one of the STI symptoms in the past 12 months. Three percent of women and 5 percent of men reported having had an STI; 3 percent of women and 4 percent of men reported having had a genital discharge, and 4 percent of women and 5 percent of men reported having had a genital sore or ulcer. Women in urban areas, those living in Lusaka, Southern, and Western provinces, and women with secondary or higher education are more likely to report having had an STI or STI symptoms. There are also variations in the reporting of STIs among men. Men in urban areas, Copperbelt, Lusaka, and Southern and those with less than higher education are slightly more likely to report an STI or STI symptoms than other men (Figure 13.2).

Table 13.15 Self-reporting of sexually transmitted infections and STI symptoms
Among women and men who ever had sex, percentage who report having an STI and/or associated symptoms in the 12 months preceding the survey, by background characteristics, Zambia 2001-2002

| Background characteristic | Percentage of women with: |  |  |  | Number of women | Percentage of men with: |  |  |  | Number of men |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | An STI | Genital discharge | Genital sore/ ulcer | An STI/ discharge/ genital sore/ulcer |  | An STI | Genital discharge | Genital sore/ ulcer | An STI/ discharge/ genital sore/ulcer |  |
| Age |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 1.8 | 3.2 | 3.8 | 5.8 | 1,038 | 2.1 | 3.6 | 3.4 | 5.6 | 291 |
| 20-24 | 3.6 | 3.1 | 4.7 | 7.5 | 1,567 | 8.2 | 8.2 | 7.1 | 12.3 | 319 |
| 25-29 | 4.0 | 2.6 | 5.1 | 7.2 | 1,346 | 6.5 | 5.3 | 8.4 | 10.6 | 356 |
| 30-39 | 2.3 | 2.9 | 3.1 | 5.4 | 1,732 | 5.2 | 4.4 | 6.1 | 9.5 | 520 |
| 40-49 | 1.4 | 1.8 | 2.0 | 2.8 | 1,069 | 3.4 | 1.4 | 2.1 | 4.2 | 286 |
| 50-59 | na | na | na | na | na | 0.0 | 0.0 | 0.5 | 0.5 | 171 |
| Residence |  |  |  |  |  |  |  |  |  |  |
| Urban | 3.5 | 3.1 | 4.7 | 7.2 | 2,621 | 7.3 | 7.2 | 7.2 | 10.9 | 793 |
| Rural | 2.2 | 2.5 | 3.2 | 5.1 | 4,130 | 3.0 | 2.2 | 3.8 | 6.0 | 1,150 |
| Province |  |  |  |  |  |  |  |  |  |  |
| Central | 1.7 | 2.4 | 4.2 | 6.1 | 494 | 3.6 | 3.2 | 3.2 | 5.7 | 148 |
| Copperbelt | 2.5 | 2.1 | 5.1 | 6.4 | 1,301 | 6.1 | 5.3 | 6.1 | 8.9 | 415 |
| Eastern | 1.2 | 1.5 | 1.6 | 3.2 | 841 | 2.1 | 3.8 | 3.0 | 6.0 | 246 |
| Luapula | 1.5 | 0.9 | 1.5 | 2.2 | 534 | 3.7 | 2.5 | 3.1 | 5.5 | 149 |
| Lusaka | 4.6 | 4.3 | 5.4 | 8.6 | 997 | 5.9 | 8.2 | 8.6 | 12.3 | 289 |
| Northern | 1.3 | 1.6 | 2.0 | 2.8 | 896 | 2.5 | 3.2 | 4.6 | 6.8 | 250 |
| North-Western | 2.0 | 1.2 | 1.2 | 2.7 | 324 | 3.3 | 1.4 | 1.4 | 3.3 | 83 |
| Southern | 4.4 | 4.4 | 5.2 | 8.6 | 737 | 8.7 | 2.7 | 6.0 | 10.4 | 207 |
| Western | 4.5 | 5.7 | 5.2 | 9.9 | 628 | 4.1 | 2.8 | 5.5 | 6.9 | 156 |
| Education |  |  |  |  |  |  |  |  |  |  |
| No education | 1.4 | 2.0 | 2.1 | 3.3 | 875 | 2.7 | 4.9 | 5.6 | 8.3 | 97 |
| Primary | 2.8 | 2.8 | 3.9 | 6.0 | 3,989 | 4.9 | 4.3 | 5.8 | 7.9 | 975 |
| Secondary | 3.0 | 3.1 | 4.3 | 7.0 | 1,679 | 5.1 | 4.6 | 5.0 | 8.7 | 745 |
| Higher | 3.9 | 3.4 | 4.1 | 6.4 | 208 | 3.0 | 1.3 | 1.4 | 4.0 | 126 |
| Total | 2.7 | 2.8 | 3.8 | 5.9 | 6,751 | 4.7 | 4.2 | 5.2 | 8.0 | 1,943 |

na $=$ Not applicable

The peak age for having STI symptoms is 20-24 for both women and men. After this peak, the percentage declines with age for both women and men.


A sub-sample of the 2001-2002 eligible respondents was tested for syphilis. For more information on syphilis prevalence, see Chapter 14.

### 13.10 Treatment Seeking and Protection of a Partner from STIs

Respondents who reported having an STI infection or an STI symptom in the 12 months preceding the survey were asked whether they sought advice or treatment. Table 13.16 shows that among women and men who reported having an STI in the last 12 months, more than half ( 51 percent) sought treatment or advice from a clinic, hospital or private doctor. Men are more than twice as likely as women to seek advice from friends or relatives or from a shop or pharmacy when they have an STI. About twothirds of women and men sought advice or treatment from some source. Compared with women, men reporting STIs are much less likely to seek care from a clinic and more likely to seek advice or treatment from a traditional practitioner, shop, or friends.

Table 13.16 Source of treatment of STIs
Percentage of women and men who had an STI and/or associated symptoms in the 12 months preceding the survey, by source of treatment or advice and STI/associated symptom, Zambia 2001-2002

| Symptom | Source of treatment of STI ${ }^{1}$ |  |  |  | Advice or treatment from any source | No advice or treatment | Number of women/ men with an STI ${ }^{2}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Clinic/ hospital/ private doctor | Traditional healer | Shop/ pharmacy | Advice from friends/ relatives |  |  |  |
| WOMEN |  |  |  |  |  |  |  |
| STI | 80.9 | 24.1 | 17.6 | 20.3 | 93.0 | 7.0 | 184 |
| Genital discharge | 52.1 | 17.2 | 16.7 | 22.7 | 69.5 | 29.9 | 186 |
| Genital sore/ulcer | 49.8 | 17.3 | 15.0 | 17.2 | 66.0 | 33.1 | 255 |
| Total | 51.2 | 17.5 | 13.2 | 17.1 | 66.5 | 32.9 | 398 |
| MEN |  |  |  |  |  |  |  |
| STI | 68.5 | 34.7 | 35.4 | 47.0 | 81.4 | 18.6 | 92 |
| Genital discharge | 52.4 | 32.7 | 38.5 | 49.0 | 71.6 | 28.4 | 82 |
| Genital sore/ulcer | 48.5 | 33.5 | 36.2 | 41.2 | 69.2 | 30.8 | 101 |
| Total | 51.3 | 29.6 | 33.3 | 42.4 | 69.7 | 30.3 | 156 |

${ }^{1}$ Respondents were able to report more than one source of treatment
${ }^{2}$ Includes women reporting having had an STI or genital discharge, ulcer or sore in the preceding 12 months.

Respondents who reported having an STI in the past 12 months were also asked whether they informed their sexual partner(s). Table 13.17 shows that 72 percent of the women and 58 percent of the men did, while 22 percent of the women and 32 percent of the men did not. The data show that when women report that they had an STI (as opposed to having STI-like symptoms), a higher percentage (91 percent) inform their sexual partners compared with those who had various STI symptoms (71 percent and 75 percent, respectively). A much lower proportion of men who report having had an STI in the past 12 months inform their partners ( 63 percent).

| Percent distribution of women and men who had an STI and/or associated symptoms in the 12 months preceding the survey by whether they informed partner(s) of their condition, and percentage who took specific actions to protect partner(s) from infection, according to STI/associated symptom, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Informed partner(s) |  |  |  |  | Action taken to protect partner(s) |  |  |  |  |  | Number of women/ men with an STI |
| Symptom | Yes | Some, not all | No | No partner/ missing | Total | Stopped having sex | Used condoms | Used medicine | Any action | No action | Partner already infected |  |
| WOMEN |  |  |  |  |  |  |  |  |  |  |  |  |
| STI | 90.5 | 0.0 | 6.0 | 3.4 | 100.0 | 35.5 | 13.9 | 47.3 | 53.7 | 12.6 | 30.3 | 184 |
| Genital discharge | 70.8 | 0.5 | 24.1 | 4.6 | 100.0 | 34.9 | 13.4 | 35.1 | 47.7 | 27.4 | 18.4 | 186 |
| Genital sore/ulcer | 74.6 | 0.4 | 20.3 | 4.7 | 100.0 | 29.7 | 12.9 | 31.6 | 43.8 | 31.1 | 19.6 | 255 |
| Total | 72.3 | 0.3 | 21.6 | 5.9 | 100.0 | 32.0 | 11.2 | 33.8 | 45.7 | 29.1 | 18.1 | 398 |
| MEN |  |  |  |  |  |  |  |  |  |  |  |  |
| STI | 63.1 | 2.9 | 27.5 | 6.5 | 100.0 | 45.7 | 21.1 | 47.6 | 58.9 | 31.6 | 2.7 | 92 |
| Genital discharge | 60.7 | 1.6 | 33.0 | 4.7 | 100.0 | 41.0 | 20.2 | 41.0 | 56.5 | 32.7 | 5.9 | 82 |
| Genital sore/ulcer | 59.5 | 2.6 | 31.3 | 6.6 | 100.0 | 33.4 | 19.8 | 41.7 | 52.3 | 37.4 | 2.6 | 101 |
| Total | 58.0 | 2.5 | 32.1 | 7.4 | 100.0 | 37.3 | 19.1 | 43.8 | 56.9 | 31.7 | 3.4 | 156 |

The respondents were further asked what action they took to protect their partner(s) when they had an STI. Thirty-seven percent of men reported that they stopped having sex, 19 percent used condoms, 44 percent used medicine. On the other hand, 32 percent of women stopped having sex, 11 percent
used condoms, 34 percent took medicine. About one in three women ( 29 percent) and men ( 32 percent) took no action to protect their partner.

### 13.11 Sexual Behaviour

The sexual behaviour of an individual greatly affects the chances of getting infected with an STI. In this section, two aspects of sexual behaviour are studied: number of sexual partners and use of condoms for STI prevention.

### 13.11.1 Number of Sexual Partners

Information on sexual behaviour is important in designing and monitoring intervention programmes to control the spread of STIs. The 2001-2002 ZDHS included questions on the respondents' last three sexual partners in the 12 months preceding the survey. Two types of partners are recognised: those who are cohabiting with the respondent (mostly spouses) and those who are not cohabiting with the respondent at the time of the last sexual encounter. Information on use of condoms at last sexual encounter with each of these partner types was also collected.

Table 13.18 shows that 98 percent of married women and 81 percent of men say they had no sexual partner other than their spouse or cohabiting partner in the 12 months preceding the survey. Two percent of married women say they only had one partner other than their spouse or cohabiting partner, and almost none had two or more partners. Differences among women by background characteristics are negligible.

| Percent distribution of currently married women and men by number of persons (excluding spouses or cohabiting partners) they had sexual intercourse with in the 12 months preceding the survey, according to background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Background characteristic | Women |  |  |  |  | Men |  |  |  |  |  |
|  | 0 | 1 | $2+$ | Total | Number of women | 0 | 1 | $2+$ | Don't know/ missing | Total | Number of men |
| Age |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 97.2 | 2.8 | 0.0 | 100.0 | 438 | 86.9 | 13.1 | 0.0 | 0.0 | 100.0 | 7 |
| 20-24 | 97.8 | 2.1 | 0.1 | 100.0 | 1,086 | 68.0 | 23.8 | 8.2 | 0.0 | 100.0 | 91 |
| 25-29 | 98.4 | 1.5 | 0.2 | 100.0 | 1,056 | 77.3 | 18.1 | 4.2 | 0.3 | 100.0 | 272 |
| 30-39 | 98.7 | 1.2 | 0.1 | 100.0 | 1,347 | 79.5 | 16.8 | 3.5 | 0.2 | 100.0 | 455 |
| 40-49 | 98.4 | 1.5 | 0.1 | 100.0 | 767 | 83.6 | 11.7 | 4.7 | 0.0 | 100.0 | 264 |
| 50-59 | na | na | na | na | na | 92.0 | 6.5 | 1.5 | 0.0 | 100.0 | 160 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 97.7 | 2.0 | 0.2 | 100.0 | 1,662 | 76.9 | 16.5 | 6.5 | 0.0 | 100.0 | 443 |
| Rural | 98.5 | 1.5 | 0.0 | 100.0 | 3,032 | 82.8 | 14.4 | 2.6 | 0.2 | 100.0 | 805 |
| Province |  |  |  |  |  |  |  |  |  |  |  |
| Central | 99.3 | 0.7 | 0.0 | 100.0 | 346 | 83.2 | 14.6 | 2.2 | 0.0 | 100.0 | 82 |
| Copperbelt | 98.1 | 1.7 | 0.2 | 100.0 | 871 | 85.0 | 13.6 | 1.4 | 0.0 | 100.0 | 235 |
| Eastern | 99.4 | 0.6 | 0.0 | 100.0 | 644 | 81.8 | 15.3 | 2.8 | 0.0 | 100.0 | 184 |
| Luapula | 99.3 | 0.5 | 0.2 | 100.0 | 399 | 91.1 | 6.5 | 2.4 | 0.0 | 100.0 | 113 |
| Lusaka | 97.6 | 2.4 | 0.0 | 100.0 | 640 | 72.7 | 15.9 | 11.4 | 0.0 | 100.0 | 173 |
| Northern | 98.8 | 1.0 | 0.0 | 100.0 | 678 | 92.0 | 7.0 | 0.0 | 1.0 | 100.0 | 178 |
| North-Western | 99.1 | 0.7 | 0.2 | 100.0 | 215 | 78.4 | 18.7 | 3.0 | 0.0 | 100.0 | 52 |
| Southern | 96.8 | 3.0 | 0.2 | 100.0 | 532 | 70.1 | 24.4 | 5.5 | 0.0 | 100.0 | 144 |
| Western | 95.9 | 3.9 | 0.3 | 100.0 | 369 | 62.5 | 28.7 | 8.7 | 0.0 | 100.0 | 86 |
| Education |  |  |  |  |  |  |  |  |  |  |  |
| No education | 99.1 | 0.9 | 0.0 | 100.0 | 663 | 80.5 | 15.8 | 3.7 | 0.0 | 100.0 | 73 |
| Primary | 98.0 | 1.9 | 0.1 | 100.0 | 2,905 | 81.9 | 15.0 | 3.1 | 0.0 | 100.0 | 642 |
| Secondary | 98.1 | 1.6 | 0.3 | 100.0 | 1,006 | 77.7 | 16.4 | 5.4 | 0.4 | 100.0 | 431 |
| Higher | 100.0 | 0.0 | 0.0 | 100.0 | 120 | 86.0 | 10.1 | 3.9 | 0.0 | 100.0 | 102 |
| Total | 98.2 | 1.7 | 0.1 | 100.0 | 4,694 | 80.7 | 15.2 | 4.0 | 0.1 | 100.0 | 1,248 |
| na $=$ Not applicable |  |  |  |  |  |  |  |  |  |  |  |

Married men, however, are more likely than married women to have multiple partners. Overall, 19 percent of married men have had one or more partners other than their spouse or cohabiting partner in the previous year. The practice of having extramarital partners is more common among younger married men (age 20-29), men living in urban areas, and men in Lusaka, Southern, and Western provinces.

The same questions were asked of respondents who are not currently married. Table 13.19 shows that 69 percent of unmarried women did not have any sexual partner in the 12 months preceding the survey, 29 percent had only one sexual partner, and 3 percent had two or more partners. Unmarried men are less likely than women to have had no partner ( 45 percent compared with 69 percent, respectively) and are much more likely to report having had multiple partners ( 17 percent compared with 3 percent).

Table 13.19 Number of sexual partners: unmarried women and men
Percent distribution of unmarried women and men by number of persons they had sexual intercourse with in the past 12 months and mean number of sexual partners, according to background characteristics, Zambia 2001-2002

| Background characteristic | Women |  |  |  |  |  |  | Men |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0 | 1 | $2+$ | Don't know/ missing | Total | Number of women | Mean number of sexual partners | 0 | 1 | $2+$ | Don't know/ missing | Total | Number of men | Mean number of sexual partners |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 71.5 | 25.6 | 2.9 | 0.1 | 100.0 | 1,374 | 0.3 | 56.0 | 32.1 | 11.9 | 0.0 | 100.0 | 452 | 0.6 |
| 20-24 | 59.8 | 38.2 | 2.1 | 0.0 | 100.0 | 578 | 0.4 | 31.5 | 44.2 | 24.4 | 0.0 | 100.0 | 255 | 1.2 |
| 25-29 | 62.2 | 34.6 | 3.2 | 0.0 | 100.0 | 320 | 0.4 | 25.7 | 48.1 | 24.8 | 1.5 | 100.0 | 89 | 1.7 |
| 30-39 | 68.2 | 29.7 | 2.0 | 0.0 | 100.0 | 391 | 0.3 | 40.5 | 41.9 | 17.6 | 0.0 | 100.0 | 68 | 0.9 |
| 40-49 | 80.9 | 17.0 | 2.2 | 0.0 | 100.0 | 301 | 0.2 | 61.9 | 23.9 | 14.1 | 0.0 | 100.0 | 23 | 0.5 |
| 50-59 | na | na | na | na | na | na | na | 55.3 | 44.7 | 0.0 | 0.0 | 100.0 | 10 | 0.4 |
| Marital status |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Never married | 66.4 | 30.7 | 2.8 | 0.1 | 100.0 | 1,897 | 0.4 | 46.2 | 37.3 | 16.3 | 0.2 | 100.0 | 782 | 0.9 |
| Divorced, separated, widowed | 72.8 | 25.0 | 2.2 | 0.0 | 100.0 | 1,067 | 0.3 | 36.4 | 41.2 | 22.5 | 0.0 | 100.0 | 116 | 1.3 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 71.8 | 25.6 | 2.6 | 0.0 | 100.0 | 1,411 | 0.3 | 41.9 | 39.4 | 18.4 | 0.3 | 100.0 | 408 | 1.0 |
| Rural | 65.9 | 31.5 | 2.5 | 0.1 | 100.0 | 1,553 | 0.4 | 47.6 | 36.5 | 16.0 | 0.0 | 100.0 | 489 | 0.8 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Central | 73.2 | 26.2 | 0.6 | 0.0 | 100.0 | 217 | 0.3 | 54.0 | 34.5 | 11.5 | 0.0 | 100.0 | 83 | 0.7 |
| Copperbelt | 75.6 | 21.5 | 2.9 | 0.0 | 100.0 | 672 | 0.3 | 44.4 | 38.1 | 17.5 | 0.0 | 100.0 | 212 | 0.9 |
| Eastern | 75.1 | 24.2 | 0.7 | 0.0 | 100.0 | 283 | 0.3 | 46.3 | 33.8 | 20.0 | 0.0 | 100.0 | 84 | 0.9 |
| Luapula | 81.3 | 17.4 | 1.3 | 0.0 | 100.0 | 222 | 0.2 | 51.7 | 32.8 | 15.5 | 0.0 | 100.0 | 53 | 1.2 |
| Lusaka | 66.8 | 29.3 | 3.9 | 0.0 | 100.0 | 491 | 0.4 | 40.2 | 37.4 | 21.5 | 0.9 | 100.0 | 140 | 1.2 |
| Northern | 83.1 | 14.5 | 2.5 | 0.0 | 100.0 | 362 | 0.2 | 57.5 | 33.1 | 9.4 | 0.0 | 100.0 | 113 | 0.5 |
| North-Western | 51.4 | 46.5 | 2.0 | 0.0 | 100.0 | 139 | 0.5 | 41.3 | 41.3 | 17.3 | 0.0 | 100.0 | 41 | 0.8 |
| Southern | 53.9 | 44.1 | 1.6 | 0.4 | 100.0 | 282 | 0.5 | 42.3 | 47.4 | 10.3 | 0.0 | 100.0 | 88 | 0.7 |
| Western | 42.1 | 52.8 | 5.2 | 0.0 | 100.0 | 295 | 0.6 | 27.3 | 42.9 | 29.9 | 0.0 | 100.0 | 83 | 1.2 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 70.8 | 26.6 | 2.6 | 0.0 | 100.0 | 262 | 0.3 | 43.7 | 45.3 | 11.0 | 0.0 | 100.0 | 35 | 0.7 |
| Primary | 67.9 | 28.9 | 3.2 | 0.0 | 100.0 | 1,534 | 0.4 | 45.0 | 37.7 | 17.4 | 0.0 | 100.0 | 458 | 0.9 |
| Secondary | 69.6 | 28.4 | 1.9 | 0.1 | 100.0 | 1,055 | 0.3 | 43.6 | 38.4 | 17.9 | 0.0 | 100.0 | 377 | 1.0 |
| Higher | 66.5 | 32.2 | 1.3 | 0.0 | 100.0 | 114 | 0.3 | 65.7 | 21.7 | 7.7 | 4.9 | 100.0 | 27 | 0.5 |
| Total | 68.7 | 28.7 | 2.6 | 0.0 | 100.0 | 2,964 | 0.3 | 45.0 | 37.8 | 17.1 | 0.1 | 100.0 | 897 | 0.9 |

na $=$ Not applicable

The practice of having multiple partners is more common among respondents who are in their twenties. Western province has the largest proportion ( 30 percent of men and 5 percent of women) who had multiple sexual partners. The proportion of respondents reporting multiple sexual partners varies significantly among provinces, with women and men in Western province much more likely to report such partnerships than those in other provinces. For both unmarried women and men, those with higher than secondary education are less likely to report multiple sexual partners. Figure 13.3 shows that unmarried men in all provinces are more likely to report at least two sexual partners than their female counterparts.

Figure 13.3 Percentage of Unmarried Women and Men with at Least Two Partners, by Province


### 13.11.2 Knowledge of Condom Sources and Condom Use for Disease Prevention

Condom use is one of the programmatically emphasised approaches to avoiding STI infection. Therefore, knowledge of, access to, and use of condoms are essential to controlling the spread of STIs. Table 13.20 shows that knowledge of a source for male condoms was found to be 78 percent for women and 83 percent for men. The level of knowledge increases with increasing level of education. Knowledge is also higher in urban than in rural areas. Variation by province and by marital status is less pronounced.

Table 13.20 further shows that only 45 percent of women say they could get a condom if they wanted, compared with 72 percent of men. Variations are similar to those observed in the knowledge of where to get a male condom.

| Percentage of women and men who know a source for male condoms, and percentage who think they themselves could get a male condom, by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Women |  |  | Men |  |  |
| Background characteristic | Knows a source for male condoms | Could get a male condom | Number of women | Knows a source for male condoms | Could get a male condom | Number of men |
| Age |  |  |  |  |  |  |
| 15-19 | 67.2 | 33.2 | 1,811 | 70.1 | 57.3 | 459 |
| 20-24 | 83.4 | 54.5 | 1,664 | 90.1 | 84.1 | 346 |
| 25-29 | 84.7 | 56.3 | 1,376 | 92.8 | 87.0 | 361 |
| 30-39 | 82.0 | 49.8 | 1,738 | 89.4 | 79.5 | 523 |
| 40-49 | 69.4 | 30.3 | 1,069 | 84.4 | 69.1 | 287 |
| 50-59 | na | na | na | 60.1 | 42.2 | 171 |
| Marital status |  |  |  |  |  |  |
| Never married | 70.3 | 35.7 | 1,897 | 78.2 | 67.3 | 782 |
| Ever had sex | 80.6 | 49.6 | 990 | 85.6 | 78.4 | 579 |
| Never had sex | 59.0 | 20.4 | 907 | 56.9 | 35.6 | 202 |
| Married /living together | 80.2 | 49.7 | 4,694 | 85.4 | 74.8 | 1,248 |
| Divorced/separated/ widowed | 78.9 | 43.5 | 1,067 | 88.8 | 80.9 | 116 |
| Residence |  |  |  |  |  |  |
| Urban | 84.1 | 52.5 | 3,073 | 89.8 | 79.4 | 851 |
| Rural | 73.1 | 40.6 | 4,585 | 78.5 | 67.8 | 1,294 |
| Province |  |  |  |  |  |  |
| Central | 73.3 | 46.1 | 562 | 81.9 | 67.4 | 165 |
| Copperbelt | 83.8 | 51.5 | 1,544 | 88.3 | 78.9 | 447 |
| Eastern | 77.0 | 46.4 | 926 | 84.8 | 73.4 | 268 |
| Luapula | 71.2 | 36.3 | 622 | 75.1 | 56.9 | 166 |
| Lusaka | 82.8 | 55.8 | 1,132 | 89.1 | 79.1 | 314 |
| Northern | 67.2 | 30.1 | 1,040 | 78.6 | 66.4 | 292 |
| North-Western | 83.8 | 53.1 | 354 | 91.2 | 84.0 | 93 |
| Southern | 80.9 | 46.1 | 814 | 86.8 | 79.0 | 232 |
| Western | 72.9 | 38.3 | 663 | 61.1 | 56.1 | 169 |
| Education |  |  |  |  |  |  |
| No education | 57.7 | 29.5 | 925 | 63.4 | 58.0 | 108 |
| Primary | 75.3 | 41.6 | 4,439 | 75.5 | 65.6 | 1,100 |
| Secondary | 89.1 | 57.2 | 2,061 | 93.6 | 81.7 | 808 |
| Higher | 97.1 | 74.2 | 234 | 97.0 | 84.5 | 129 |
| Total | 77.5 | 45.4 | 7,658 | 83.0 | 72.4 | 2,145 |
| na $=$ Not applicable |  |  |  |  |  |  |

Table 13.21 shows the percentage of women and men who used a condom during last sexual intercourse, among those who had sexual intercourse in the past year, by type of partner. Overall, condom use is low ( 12 percent among women and 19 percent among men); however, there is a wide gap between condom use with a spouse/cohabiting partner and with a non-cohabiting partner. One-third of women and 44 percent of men report that a condom was used the last time they had sex with a non-cohabiting partner.

Table 13.21 Use of condoms by type of partner
Among women and men who had sexual intercourse in the past year, percentage who used a condom during last sexual intercourse with spouse or cohabiting partner, with non-cohabiting partner, and with any partner, by background characteristics, Zambia 2001-2002

| Background characteristic | Women |  |  |  |  |  | Men |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Spouse or cohabiting partner |  | Non-cohabiting partner |  | Any partner |  | Spouse or cohabiting partner |  | Non-cohabiting partner |  | Any partner |  |
|  | Percentage | Number of women | Percentage | Number of women | Percentage | Number of women | Percentage | Number of men | Percentage | Number of men | Percentage | Number of men |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |
| 15-19 | 10.7 | 441 | 30.2 | 396 | 19.7 | 826 | 17.8 | 6 | 32.5 | 197 | 32.1 | 203 |
| 20-24 | 9.5 | 1,096 | 38.2 | 250 | 14.5 | 1,324 | 16.0 | 88 | 51.9 | 201 | 38.9 | 264 |
| 25-29 | 7.9 | 1,076 | 40.6 | 133 | 11.4 | 1,197 | 15.0 | 268 | 46.7 | 125 | 22.7 | 335 |
| 30-39 | 6.8 | 1,345 | 33.2 | 136 | 8.9 | 1,464 | 9.9 | 449 | 49.3 | 130 | 13.3 | 492 |
| 40-49 | 3.9 | 745 | 16.5 | 70 | 4.9 | 802 | 5.3 | 261 | 40.1 | 51 | 7.3 | 273 |
| 50-59 | na | na | na | na | na | na | 1.7 | 156 | 38.0 | 16 | 3.5 | 159 |
| Marital status |  |  |  |  |  |  |  |  |  |  |  |  |
| Never married | na | na | 33.6 | 620 | 33.6 | 620 | na | na | 41.6 | 411 | 41.6 | 411 |
| Married /living together | er 7.5 | 4,478 | 30.4 | 82 | 7.6 | 4,496 | 8.9 | 1,206 | 46.2 | 236 | 10.1 | 1,230 |
| Divorced/separated/ widowed | 9.1 | 225 | 32.9 | 283 | 22.4 | 497 | * | 22 | 51.0 | 74 | 46.2 | 86 |
| Residence |  |  |  |  |  |  |  |  |  |  |  |  |
| Urban | 8.5 | 1,692 | 46.6 | 427 | 15.8 | 2,090 | 12.2 | 436 | 52.1 | 334 | 26.4 | 671 |
| Rural | 7.0 | 3,010 | 22.7 | 558 | 9.4 | 3,523 | 8.0 | 792 | 37.2 | 387 | 15.0 | 1,056 |
| Province |  |  |  |  |  |  |  |  |  |  |  |  |
| Central | 6.1 | 354 | 26.6 | 59 | 9.1 | 410 | 7.5 | 80 | 44.8 | 52 | 18.5 | 120 |
| Copperbelt | 5.1 | 898 | 41.3 | 179 | 10.7 | 1,062 | 12.9 | 235 | 52.8 | 149 | 27.1 | 347 |
| Eastern | 6.5 | 637 | 34.7 | 75 | 9.4 | 708 | 10.5 | 180 | 54.7 | 78 | 20.3 | 227 |
| Luapula | 1.4 | 412 | (16.7) | 42 | 2.6 | 451 | 1.6 | 114 | (18.9) | 34 | 5.3 | 139 |
| Lusaka | 12.9 | 644 | 50.4 | 176 | 20.5 | 806 | 15.8 | 175 | 55.6 | 130 | 27.2 | 256 |
| Northern | 6.9 | 657 | 22.4 | 68 | 8.1 | 720 | 9.7 | 175 | 47.1 | 61 | 16.8 | 223 |
| North-Western | 33.3 | 214 | 46.8 | 64 | 36.3 | 275 | 6.3 | 49 | 40.0 | 33 | 14.7 | 74 |
| Southern | 3.8 | 544 | 30.9 | 142 | 9.3 | 671 | 5.5 | 144 | 33.7 | 91 | 13.3 | 196 |
| Western | 6.0 | 341 | 14.5 | 182 | 8.9 | 511 | 5.7 | 75 | 23.3 | 92 | 14.9 | 144 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |
| No education | 4.9 | 646 | 11.5 | 82 | 5.6 | 724 | 7.0 | 70 | (26.9) | 34 | 11.2 | 92 |
| Primary | 7.0 | 2,913 | 24.6 | 534 | 9.5 | 3,389 | 8.9 | 631 | 31.5 | 362 | 15.3 | 892 |
| Secondary or higher | 10.6 | 1,144 | 50.2 | 369 | 19.9 | 1,500 | 10.6 | 527 | 59.9 | 325 | 25.3 | 743 |
| Total | 7.6 | 4,702 | 33.1 | 985 | 11.8 | 5,613 | 9.5 | 1,228 | 44.1 | 721 | 19.4 | 1,727 |

Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed,
na $=$ Not applicable

Condom use with non-cohabiting partners is moderately high among women age 25-29 (40 percent), those who have never married ( 34 percent), urban women, and those in Lusaka province (50 percent). Use of condoms with non-cohabiting partners increases sharply with increasing level of education. Among men, use of condoms with non-cohabiting partners is the highest for those who are divorced, separated, or widowed, men living in urban areas ( 52 percent), in Lusaka ( 56 percent), and those with secondary or higher education ( 60 percent). It is worth noting that the province with the highest reported rates of non-marital sex-Western province-has the lowest rates of condom use with such partners among women and second lowest rate among men.

### 13.11.3 Payment for Sexual Relations

Table 13.22 shows that among men who ever had sex, 10 percent reported having paid for sex in the 12 months prior to the survey. Payment for sex is more common among the divorced/ separated/widowed, and those in North-Western province. This phenomenon is less common among married men, men living in Eastern province, and men with secondary or higher education.

Men who paid for sex were asked whether they used a condom the last time they had such an encounter. More than two in five men used a condom in such sexual activities. The reported use of a condom in paid sex increases with increasing education, is more common in urban areas, particularly in Lusaka, and among those who have ever been married.

| Table 13.22 Payment for sex and condom use during last paid sex |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Among men who have ever had sex, the percentage who paid for sex in the 12 months preceding the survey and the percentage who used a condom during last paid sexual intercourse, by background characteristics, Zambia 2001-2002 |  |  |  |  |
| Background characteristic | Paid for sex in past 12 months | Number who ever had sex | Used condom at last paid sex | Number who paid for sex in past 12 months |
| Age |  |  |  |  |
| 15-19 | 17.1 | 291 | 24.2 | 50 |
| 20-24 | 17.7 | 319 | 56.1 | 57 |
| 25-29 | 10.7 | 356 | (42.1) | 38 |
| 30-39 | 7.7 | 520 | (63.2) | 40 |
| 40-49 | 4.8 | 286 | * | 14 |
| 50-59 | 0.9 | 171 | * | 1 |
| Marital status |  |  |  |  |
| Never married | 17.2 | 579 | 38.9 | 100 |
| Married/living together | r 5.4 | 1,248 | 50.6 | 67 |
| Divorced/separated/ widowed | 28.3 | 116 | (51.0) | 33 |
| Residence |  |  |  |  |
| Urban | 10.7 | 793 | 62.5 | 85 |
| Rural | 10.0 | 1,150 | 31.6 | 114 |
| Province |  |  |  |  |
| Central | 12.1 | 148 | (50.0) | 18 |
| Copperbelt | 8.5 | 415 | * | 35 |
| Eastern | 5.1 | 246 | * | 13 |
| Luapula | 6.1 | 149 | * |  |
| Lusaka | 12.3 | 289 | (70.4) | 35 |
| Northern | 7.5 | 250 | * | 19 |
| North-Western | 22.5 | 83 | (41.7) | 19 |
| Southern | 12.0 | 207 | * | 25 |
| Western | 17.2 | 156 | (32.0) | 27 |
| Education |  |  |  |  |
| No education | 11.3 | 97 | * | 11 |
| Primary | 13.0 | 975 | 39.4 | 127 |
| Secondary or higher | 7.1 | 871 | 62.7 | 62 |
| Total | 10.3 | 1,943 | 44.8 | 200 |
| Note: Figures in parentheses are based on 25-49 unweighted cases. An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. |  |  |  |  |

## PREVALENCE OF HIV AND SYPHILIS

Kumbutso Dzekedzeke

Zambia has used the antenatal care (ANC) sentinel surveillance data as a principal means of monitoring the spread of HIV for almost a decade (Fylkesnes et al., 1998). The ANC sentinel surveillance system includes both urban and rural sites with at least two sites in each of the country's nine provinces. Over time, there has grown a need to expand the tools for monitoring HIV trends in the general population with population-based surveys.

UNAIDS recommends carrying out population-based surveys in catchment areas of ANC sentinel surveillance sites to calibrate the results of routine surveillance systems (UNAIDS/WHO Working Group on Global HIV/AIDS and STI Surveillance, 2000). A number of population-based surveys have been carried out in specific catchment areas of the ANC sentinel surveillance system in Zambia to calibrate the results of the ANC system to the general population and to monitor HIV trends in the general population. (For a comparison of ANC surveillance estimates and the ZDHS rates, see Section 14.4.) However, the 2001-2002 ZDHS is the first nationally-representative population-based survey to estimate the prevalence of HIV in Zambia. In addition to HIV testing, syphilis was included from among other sexually transmitted infections (STIs) because it is an important bio-marker of the prevalence of STIs which are a major risk factor in the heterosexual transmission of HIV in the Zambian population.

In the ZDHS, all women and men interviewed in the one-half of households selected for the men's survey were asked to volunteer for a syphilis and HIV test of their venous blood. Consent was sought separately for the syphilis and HIV tests such that respondents could refuse or agree to take one or both of the two tests. Test results for syphilis have been linked to other variables collected during the survey while those for HIV are unlinked. A full description of the sample collection, testing, and syphilis treatment procedures is discussed in Chapter 1.

### 14.1 Coverage for HIV and Syphilis Testing

### 14.1.1 Coverage for Syphilis Testing by Residence

Tables 14.1 and 14.2 summarise coverage rates for the syphilis testing component of the ZDHS by residence. Among the women and men eligible for testing, 76 percent consented to the syphilis test, 15 percent refused to be

| Table 14.1 Coverage for syphilis testing by urbanrural residence (unweighted) |  |  |  |
| :---: | :---: | :---: | :---: |
| Percent distribution of de facto women and men eligible for syphilis testing by testing status, according to urban-rural residence, Zambia 2001-2002 |  |  |  |
| Testing status | Residence |  | Total |
|  | Urban | Rural |  |
| Women 15-49 |  |  |  |
| Tested | 79.6 | 79.1 | 79.2 |
| Refused | 15.1 | 15.6 | 15.4 |
| Absent/other | 3.2 | 3.0 | 3.0 |
| Interviewed in DHS | 1.7 | 0.7 | 1.0 |
| Not interviewed in DHS | 1.5 | 2.3 | 2.0 |
| Result missing | 2.1 | 2.4 | 2.3 |
| Total | 100.0 | 100.0 | 100.0 |
| Unweighted number | 873 | 1,816 | 2,689 |
| Men 15-59 |  |  |  |
| Tested | 66.5 | 76.5 | 73.1 |
| Refused | 15.6 | 14.5 | 14.8 |
| Absent/other | 13.3 | 5.4 | 8.1 |
| Interviewed in DHS | 3.6 | 0.9 | 1.8 |
| Not interviewed in DHS | 9.7 | 4.6 | 6.3 |
| Result missing | 4.7 | 3.6 | 4.0 |
| Total | 100.0 | 100.0 | 100.0 |
| Unweighted number | 814 | 1,604 | 2,418 |
| Total 15-49 |  |  |  |
| Tested | 73.4 | 77.8 | 76.4 |
| Refused | 15.3 | 15.1 | 15.1 |
| Absent/other | 8.1 | 4.2 | 5.5 |
| Interviewed in DHS | 2.6 | 0.8 | 1.4 |
| Not interviewed in DHS | 5.5 | 3.4 | 4.1 |
| Result missing | 3.2 | 2.9 | 3.0 |
| Total | 100.0 | 100.0 | 100.0 |
| Unweighted number | 1,631 | 3,297 | 4,928 | tested, and 6 percent were absent from the household when the nurse/nurse counselor visited. The 2001-2002 ZDHS household record did not include a syphilis result code for the remaining individuals ( 3 percent). Most of the latter individuals were not interviewed in the 2001-2002 ZDHS, so it is likely they were also absent at the time the household was visited for the testing.

The coverage rate for syphilis testing was higher for women than men; this was largely due to the greater likelihood that men were absent from the household at the time of the survey. Refusal rates were around 15 percent for both eligible men and women.

Table 14.1 shows that coverage rates for rural women and men were generally comparable; 79 percent of women in rural areas agreed to the syphilis test compared with 77 percent of men. In urban areas, there was a substantial difference in the coverage levels between men and women; 80 percent of women were tested compared with 67 percent of men. Again, this was primarily due to the men's likelihood of being absent from the household ( 13 percent for men versus 3 percent for women) rather than to a higher refusal rate among men than women.

Looking at provincial patterns (Table 14.2), the coverage rate for syphilis testing was the highest in Southern province ( 86 percent) and lowest in Eastern province ( 61 percent). Generally, the highly urbanised provinces (Copperbelt and Lusaka) had lower coverage rates than the rest of the provinces, except for Eastern and Western. The overall patterns of syphilis testing coverage by province were similar for women and men. However, as mentioned earlier, men in the urban provinces (Copperbelt and Lusaka) had substantially lower coverage rates than women in the same provinces.

Table 14.2 Coverage of syphilis testing by province (unweighted)
Percent distribution of de facto women and men eligible for syphilis testing by testing status, according to province, Zambia 2001-2002

| Testing status | Province |  |  |  |  |  |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Central | Copperbelt | Eastern | Luapula | Lusaka | Northern | NorthWestern | Southern | Western |  |
| Women 15-49 |  |  |  |  |  |  |  |  |  |  |
| Tested | 87.3 | 82.8 | 63.7 | 82.2 | 77.0 | 77.1 | 83.6 | 87.7 | 72.7 | 79.2 |
| Refused | 11.0 | 12.2 | 28.9 | 11.2 | 18.4 | 17.2 | 10.2 | 9.8 | 17.7 | 15.4 |
| Absent /other | 1.7 | 3.6 | 4.7 | 0.5 | 2.6 | 2.9 | 6.1 | 0.8 | 3.6 | 3.0 |
| Interviewed in DHS | 0.6 | 1.8 | 0.3 | 0.0 | 2.0 | 1.7 | 1.4 | 0.0 | 0.9 | 1.0 |
| Not interviewed in DHS | 1.2 | 1.8 | 4.3 | 0.5 | 0.7 | 1.2 | 4.8 | 0.8 | 2.7 | 2.0 |
| Result missing | 0.0 | 1.5 | 2.8 | 6.1 | 2.0 | 2.7 | 0.0 | 1.6 | 5.9 | 2.3 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Unweighted number | 347 | 337 | 322 | 214 | 305 | 407 | 293 | 244 | 220 | 2,689 |
| Men 15-59 |  |  |  |  |  |  |  |  |  |  |
| Tested | 83.0 | 68.5 | 59.3 | 81.2 | 62.9 | 76.8 | 83.5 | 83.6 | 60.9 | 73.1 |
| Refused | 11.6 | 12.2 | 27.0 | 12.9 | 19.8 | 13.4 | 8.1 | 10.2 | 17.2 | 14.8 |
| Absent | 5.1 | 14.1 | 10.3 | 0.5 | 12.0 | 6.0 | 6.5 | 2.2 | 13.5 | 8.1 |
| Interviewed in DHS | 1.0 | 4.5 | 1.0 | 0.5 | 4.2 | 0.8 | 0.8 | 0.0 | 2.6 | 1.8 |
| Not interviewed in DHS | 4.1 | 9.6 | 9.3 | 0.0 | 7.8 | 5.2 | 5.8 | 2.2 | 10.9 | 6.3 |
| Result missing | 0.3 | 5.1 | 3.3 | 5.4 | 5.3 | 3.8 | 1.9 | 4.0 | 8.3 | 4.0 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Unweighted number | 294 | 311 | 300 | 186 | 283 | 367 | 260 | 225 | 192 | 2,418 |
| Total 15-49 |  |  |  |  |  |  |  |  |  |  |
| Tested | 85.4 | 75.2 | 61.3 | 82.4 | 70.9 | 77.2 | 83.4 | 86.3 | 66.8 | 76.4 |
| Refused | 11.1 | 12.7 | 28.1 | 11.3 | 18.7 | 15.5 | 9.5 | 9.5 | 17.5 | 15.1 |
| Absent | 3.4 | 8.8 | 7.5 | 0.5 | 7.0 | 4.3 | 6.2 | 1.6 | 8.5 | 5.5 |
| Interviewed in DHS | 0.8 | 3.0 | 0.7 | 0.3 | 3.0 | 1.3 | 1.1 | 0.0 | 1.8 | 1.4 |
| Not interviewed in DHS | 2.6 | 5.8 | 6.8 | 0.3 | 4.0 | 3.0 | 5.0 | 1.6 | 6.8 | 4.1 |
| Result missing | 0.2 | 3.4 | 3.2 | 5.8 | 3.3 | 3.0 | 0.9 | 2.7 | 7.3 | 3.0 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Unweighted number | 622 | 624 | 602 | 380 | 571 | 742 | 536 | 451 | 400 | 4,928 |

### 14.1.2 Coverage for HIV Testing by Residence

Tables 14.3 and 14.4 summarise coverage rates for HIV testing in the 2001-2002 ZDHS by residence. Overall, three out of every four eligible individuals were tested for HIV.

Women in the ZDHS were slightly more likely to have been tested than men (79 percent versus 73 percent). The coverage rate among women eligible for HIV testing in the 2001-2002 ZDHS falls within the range reported in the population-based survey used to calibrate the ANC sentinel surveillance system. The acceptance rate for voluntary participation in that study varied from 70-90 percent among women (Fylkesnes et al., 1999).

| Table 14.3 Coverage for HIV testing by urban-rural residence (unweighted) |  |  |  |
| :---: | :---: | :---: | :---: |
| Percent distribution of de facto women and men eligible for HIV testing by testing status, according to urban-rural residence, Zambia 2001-2002 |  |  |  |
| Testing status | Residence |  | Total |
|  | Urban | Rural |  |
| Women 15-49 |  |  |  |
| Tested | 79.5 | 79.3 | 79.4 |
| Refused | 15.6 | 15.7 | 15.7 |
| Absent/other | 3.3 | 2.9 | 3.0 |
| Interviewed in DHS | 1.8 | 0.7 | 1.1 |
| Not interviewed in DHS | 1.5 | 2.2 | 2.0 |
| Result missing | 1.6 | 2.1 | 1.9 |
| Total | 100.0 | 100.0 | 100.0 |
| Unweighted number | 873 | 1,816 | 2,689 |
| Men 15-59 |  |  |  |
| Tested | 66.5 | 76.8 | 73.3 |
| Refused | 16.2 | 14.3 | 14.9 |
| Absent/other | 13.1 | 5.5 | 8.1 |
| Interviewed in DHS | 3.4 | 0.9 | 1.7 |
| Not interviewed in DHS | 9.7 | 4.6 | 6.3 |
| Result missing | 4.2 | 3.4 | 3.7 |
| Total | 100.0 | 100.0 | 100.0 |
| Unweighted number | 814 | 1,604 | 2,418 |
| Total 15-49 |  |  |  |
| Tested | 73.3 | 78.1 | 76.5 |
| Refused | 15.8 | 15.0 | 15.3 |
| Absent/other | 8.1 | 4.2 | 5.5 |
| Interviewed in DHS | 2.6 | 0.8 | 1.4 |
| Not interviewed in DHS | 5.5 | 3.4 | 4.1 |
| Result missing | 2.8 | 2.7 | 2.7 |
| Total | 100.0 | 100.0 | 100.0 |
| Unweighted number | 1,631 | 3,297 | 4,928 |

Table 14.3 shows that there were no differences in coverage for HIV testing between urban ( 80 percent) and rural women ( 79 percent). However, rural men were more likely to have been tested than urban men ( 77 percent and 67 percent, respectively). Provincial differentials (Table 14.4) indicate that Luapula province had the highest coverage rate ( 88 percent), while Eastern province had the lowest (61 percent). As in the case of syphilis coverage, the highly urbanised provinces (Copperbelt and Lusaka) had generally lower coverage rates than the rest of the provinces, except for Eastern and Western. Similar proportions of women and men in different provinces were tested for HIV. The only exception is noticed in Copperbelt and Lusaka provinces where men were substantially less likely to be tested for HIV than women in the same provinces.

| Table 14.4 Coverage of HIV testing by province (unweighted) <br> Percent distribution of de facto women and men eligible for HIV testing by testing status, according to province, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Testing status | Province |  |  |  |  |  |  |  |  | Total |
|  | Central | Copperbelt | Eastern | Luapula | Lusaka | Northern | NorthWestern | Southern | Western |  |
| Women 15-49 |  |  |  |  |  |  |  |  |  |  |
| Tested | 87.3 | 81.3 | 63.4 | 87.9 | 76.7 | 77.1 | 83.3 | 87.7 | 72.3 | 79.4 |
| Refused | 11.0 | 13.4 | 29.2 | 11.2 | 18.7 | 17.2 | 10.2 | 9.8 | 17.7 | 15.7 |
| Absent | 1.7 | 3.6 | 4.7 | 0.5 | 2.6 | 2.9 | 6.5 | 0.8 | 3.2 | 3.0 |
| Interviewed in DHS | 0.6 | 1.8 | 0.3 | 0.0 | 2.0 | 1.7 | 1.7 | 0.0 | 0.9 | 1.1 |
| Not interviewed in DHS | 1.2 | 1.8 | 4.3 | 0.5 | 0.7 | 1.2 | 4.8 | 0.8 | 2.3 | 2.0 |
| Result missing | 0.0 | 1.8 | 2.8 | 0.5 | 2.0 | 2.7 | 0.0 | 1.6 | 6.8 | 1.9 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Unweighted number | 347 | 337 | 322 | 214 | 305 | 407 | 293 | 244 | 220 | 2,689 |
| Men 15-59 |  |  |  |  |  |  |  |  |  |  |
| Tested | 83.0 | 67.8 | 59.3 | 86.0 | 62.5 | 76.8 | 83.5 | 83.6 | 60.4 | 73.3 |
| Refused | 11.6 | 12.5 | 27.0 | 12.9 | 20.8 | 13.1 | 7.7 | 10.2 | 17.2 | 14.9 |
| Absent | 5.1 | 14.5 | 10.3 | 0.5 | 11.3 | 6.0 | 7.3 | 2.2 | 13.0 | 8.1 |
| Interviewed in DHS | 1.0 | 4.8 | 1.0 | 0.5 | 3.5 | 0.8 | 1.2 | 0.0 | 2.1 | 1.7 |
| Not interviewed in DHS | 4.1 | 9.6 | 9.3 | 0.0 | 7.8 | 5.2 | 6.2 | 2.2 | 10.9 | 6.3 |
| Result missing | 0.3 | 5.1 | 3.3 | 0.5 | 5.3 | 4.1 | 1.5 | 4.0 | 9.4 | 3.7 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Unweighted number | 294 | 311 | 300 | 186 | 283 | 367 | 260 | 225 | 192 | 2,418 |
| Total 15-49 |  |  |  |  |  |  |  |  |  |  |
| Tested | 85.4 | 74.0 | 61.1 | 87.6 | 70.6 | 77.2 | 83.2 | 86.3 | 66.5 | 76.5 |
| Refused | 11.1 | 13.5 | 28.2 | 11.3 | 19.4 | 15.4 | 9.3 | 9.5 | 17.3 | 15.3 |
| Absent | 3.4 | 9.0 | 7.5 | 0.5 | 6.7 | 4.3 | 6.7 | 1.6 | 8.0 | 5.5 |
| Interviewed in DHS | 0.8 | 3.2 | 0.7 | 0.3 | 2.6 | 1.3 | 1.5 | 0.0 | 1.5 | 1.4 |
| Not interviewed in DHS | 2.6 | 5.8 | 6.8 | 0.3 | 4.0 | 3.0 | 5.2 | 1.6 | 6.5 | 4.1 |
| Result missing | 0.2 | 3.5 | 3.2 | 0.5 | 3.3 | 3.1 | 0.7 | 2.7 | 8.3 | 2.7 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Unweighted number | 622 | 624 | 602 | 380 | 571 | 742 | 536 | 451 | 400 | 4,928 |

### 14.1.3 Approach to Weighting Syphilis and HIV Data for Non-Response

In the 2001-2002 ZDHS, special weights were calculated for use in the analysis of the HIV and syphilis test results. These sampling weights take into account differences in the coverage of the testing by province and sex. The fact that only sex, age, and residence information is available for the HIV data preclude other adjustments. Moreover, the results in Table 14.5, which presents the weighted percentages tested for HIV among women and men interviewed in the ZDHS by background characteristics, show no evidence of systematic biases in response rates in directions related to known patterns of HIV infection.

Table 14.5 Percentage of respondents tested for HIV

Percentage of men and women interviewed in the ZDHS who were tested for HIV, by background characteristics (weighted), Zambia 2001-2002

| Background characteristic | Women |  | Men |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percentage tested | Number of women | Percentage tested | Number of men | Percentage tested | $\begin{aligned} & \text { Number } \\ & \text { of } \\ & \text { respondents } \end{aligned}$ |
| Age group |  |  |  |  |  |  |
| 15-19 | 81.1 | 629 | 75.2 | 459 | 78.6 | 1,088 |
| 20-24 | 80.3 | 570 | 83.4 | 346 | 81.4 | 916 |
| 25-29 | 80.9 | 455 | 79.0 | 361 | 80.1 | 815 |
| 30-34 | 81.5 | 334 | 80.5 | 281 | 81.0 | 615 |
| 35-39 | 84.5 | 250 | 87.3 | 241 | 85.9 | 491 |
| 40-44 | 81.3 | 202 | 80.6 | 174 | 81.0 | 375 |
| 45-49 | 78.8 | 164 | 76.9 | 113 | 78.0 | 278 |
| 50-54 | na | na | 86.8 | 100 | 86.8 | 100 |
| 55-59 | na | na | 74.2 | 71 | 74.2 | 71 |
| Marital status |  |  |  |  |  |  |
| Never married, never had sex | 74.8 | 309 | 72.9 | 202 | 74.1 | 511 |
| Never married, ever had sex | 83.1 | 336 | 79.3 | 579 | 80.7 | 915 |
| Married/living together | 81.4 | 1,592 | 81.5 | 1,087 | 81.5 | 2,680 |
| Divorced/separated/widowed | 83.3 | 366 | 84.4 | 105 | 83.5 | 471 |
| Partners |  |  |  |  |  |  |
| Married, no sex | 72.8 | 71 | * | 11 | 72.8 | 82 |
| Married, spouse only | 81.7 | 1,484 | 81.3 | 851 | 81.5 | 2,335 |
| Married, 1 other partner | * | 8 | * | 17 | 89.4 | 26 |
| Married, 2+ other partners | 88.1 | 29 | 82.0 | 207 | 82.8 | 236 |
| Not married, no sex | 76.0 | 611 | 75.6 | 387 | 75.9 | 997 |
| Not married, 1 partner | 86.9 | 368 | 82.6 | 340 | 84.8 | 708 |
| Not married, $2+$ partners | 96.8 | 32 | 76.3 | 161 | 79.7 | 192 |
| Education |  |  |  |  |  |  |
| No education | 77.6 | 299 | 75.7 | 97 | 77.1 | 396 |
| Primary | 81.8 | 1,522 | 81.8 | 1,002 | 81.8 | 2,524 |
| Secondary+ | 81.0 | 782 | 78.8 | 875 | 79.8 | 1,657 |
| HIV test status |  |  |  |  |  |  |
| Tested for HIV | 74.6 | 233 | 74.0 | 263 | 74.3 | 496 |
| Not tested, want test | 87.5 | 1,797 | 88.1 | 1,276 | 87.7 | 3,073 |
| Not tested, don't want test | 61.9 | 473 | 58.1 | 379 | 60.2 | 853 |
| Don't know | 73.0 | 100 | 76.9 | 56 | 74.4 | 156 |
| Total | 81.1 | 2,603 | 80.1 | 1,974 | 80.7 | 4,578 |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed. na $=$ Not applicable

For example, HIV levels typically vary substantially by age, with low levels in the youngest age groups and peaks at older ages. The 2001-2002 ZDHS results were examined for evidence that coverage levels varied across age groups. Figure 14.1 shows no evidence that coverage rates in the ZDHS were markedly lower in age groups where HIV rates are typically highest.

Figure 14.1 Percentage of Respondents 15-49 Tested for HIV in the 2001-2002 ZDHS, by Age Group


ZDHS 2001-2002

Table 14.5 also shows the variation in the coverage of testing by two variables relating to sexual activity: marital status and number of partners. HIV infection levels in Zambia have been shown to be higher in the unmarried sexually active population than among those who are married (Fylkesnes et al., 1997). In Table 14.5 there is no evidence that unmarried sexually active individuals were less likely to be tested than married individuals. In fact, the only major difference in testing coverage by marital status is the substantially lower rates among women and men who report they had never had intercourse. The number of sexual partners that an individual has had is another factor related to HIV infection risk. Unmarried men who report having two or more partners in the 12 months prior to the survey were somewhat less likely to be tested than other men; however, three in four of men in this category were tested.

In Zambia, education is another variable related to HIV infection levels, with rates rising directly with increasing education attainment (Fylkesnes et al., 1997). The variation in coverage rates by education status shown in Table 14.5 do not parallel the known pattern of infection levels by education; in fact, the differentials in HIV testing coverage rates across education groups are comparatively small, with coverage rates lowest among women and men with no education, the group known to have the lowest HIV infection levels.

Table 14.5 also shows coverage rates by the respondent's prior HIV test status and interest in being tested. Coverage rates are lowest for individuals who had not previously been tested and did not want to be tested (roughly 60 percent among both women and men) and highest for individuals who had not been tested but indicated that they wanted to be tested (nearly 90 percent of women and men). Around three in four of women and men who were previously tested agreed to be tested in the 2001-2002 survey. Although the variation in coverage rates is more marked in the case of this variable than for the other variables shown in Table 14.5, it is difficult to assess the nature and direction of the bias that these differentials might represent.

### 14.2 Syphilis Prevalence Rates ${ }^{1}$

Table 14.6 presents the findings from the syphilis testing. The table shows that 9 percent of the eligible individuals who were tested for syphilis were found to be positive on the screening test (RPR) and 7 percent were found to be positive on both the screening and the confirmatory tests. The data indicate that 7 percent of women 15-49 and 8 percent of men 15-49 in Zambia have syphilis.

| Table 14.6 Syphilis testing by age |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Prevalence of syphilis among women and men age 15-49 (and men age 15-59), by age group and type of test, Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |
|  |  | Women |  |  | Men |  |  | Total |  |
| Age | Percent positive on screening test | Percent positive on screening and confirmatory test | Number tested | Percent positive on screening test | Percent positive on screening and confirmatory test | Number tested | Percent positive on screening test | Percent positive on screening and confirmatory test | Number tested |
| 15-19 | 4.9 | 2.9 | 484 | 3.6 | 1.6 | 365 | 4.3 | 2.3 | 849 |
| 20-24 | 9.8 | 8.2 | 447 | 5.5 | 4.6 | 309 | 8.0 | 6.7 | 756 |
| 25-29 | 11.8 | 9.4 | 350 | 13.6 | 11.8 | 306 | 12.7 | 10.5 | 657 |
| 30-34 | 9.5 | 6.6 | 263 | 10.2 | 8.5 | 242 | 9.9 | 7.5 | 505 |
| 35-39 | 7.2 | 6.0 | 206 | 11.6 | 9.6 | 226 | 9.5 | 7.9 | 432 |
| 40-44 | 6.7 | 5.1 | 158 | 13.8 | 12.6 | 150 | 10.1 | 8.7 | 308 |
| 45-49 | 8.2 | 8.2 | 125 | 15.3 | 12.7 | 95 | 11.3 | 10.2 | 220 |
| 50-54 | na | na | na | 5.9 | 4.0 | 95 | na | na | na |
| 55-59 | na | na | na | 4.8 | 4.8 | 54 | na | na | na |
| Total 15-49 | 8.3 | 6.5 | 2,033 | 9.3 | 7.7 | 1,693 | 8.8 | 7.0 | 3,726 |
| Total 15-59 | na | na | na | 14.8 | 11.9 | 1,842 | na | na | na |

The population testing positive on both syphilis tests rises rapidly with age, from a low of 3 percent in the 15-19 age group to a peak of 11 percent in the $25-29$ age group, then falls slightly to 8 or 9 percent in the 30-44 age groups, before rising again in the 45-49 age group. The same pattern is seen for women and men.

Table 14.7 shows that the proportions found to be positive for syphilis are higher for urban women and men compared with their rural counterparts. The rates in the urban provinces, Lusaka and Copperbelt are above the national average. Two rural provinces, Eastern and Western provinces also have rates above the national average. Syphilis prevalence rates in the rest of the rural provinces are below the national average.

[^7]| Table 14.7 Syphilis prevalence by background characteristics |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Prevalence of syphilis among women and men age 15-49 (and men age 15-59), by background characteristics, Zambia 2001-2002 |  |  |  |  |  |  |
|  | Women |  | Men |  | Total |  |
| Background characteristics | Percent syphilis positive | Number tested | Percent syphilis positive | Number tested | Percent syphilis positive | Number tested |
| Residence |  |  |  |  |  |  |
| Urban | 7.7 | 797 | 9.4 | 660 | 8.5 | 1,457 |
| Rural | 5.7 | 1,236 | 6.5 | 1,033 | 6.1 | 2,269 |
| Province |  |  |  |  |  |  |
| Central | 3.0 | 168 | 2.2 | 133 | 2.7 | 302 |
| Copperbelt | 9.0 | 417 | 10.6 | 343 | 9.7 | 761 |
| Eastern | 7.8 | 248 | 11.0 | 214 | 9.3 | 462 |
| Luapula | 7.5 | 154 | 7.5 | 121 | 7.5 | 275 |
| Lusaka | 8.5 | 292 | 11.5 | 257 | 9.9 | 548 |
| Northern | 1.9 | 279 | 2.3 | 231 | 2.1 | 510 |
| North-Western | 6.9 | 90 | 5.4 | 75 | 6.3 | 165 |
| Southern | 3.3 | 217 | 5.2 | 187 | 4.1 | 404 |
| Western | 8.8 | 167 | 6.7 | 133 | 7.9 | 300 |
| Education |  |  |  |  |  |  |
| No education | 8.2 | 232 | 11.2 | 80 | 9.0 | 312 |
| Primary | 6.8 | 1,193 | 6.8 | 865 | 6.8 | 2,058 |
| Secondary/higher | 5.2 | 608 | 8.2 | 749 | 6.9 | 1,357 |
| Total 15-49 | 6.5 | 2,033 | 7.7 | 1,693 | 7.0 | 3,726 |
| Total 15-59 | na | na | 7.4 | 1,842 | na | na |
| na $=$ Not applicable |  |  |  |  |  |  |

Table 14.8 shows syphilis prevalence by age, sex, and urban-rural residence. The proportion who tested positive for syphilis rises rapidly with age, from a low of 2 percent to a peak of 11 percent in the 25-29 age group, and then falls slightly to a level of 8 percent for respondents age 30 and above. Looking at urban-rural differentials, syphilis prevalence is generally higher among urban women and men in all age groups compared with rural women and men. In urban areas, syphilis prevalence reaches its peak among women age 20-24, while in rural areas it peaks among those age 25-29. Among men, the proportion positive for syphilis is highest in the 25-29 age group.

Table 14.8 Syphilis prevalence by age, sex, and urban-rural residence
Syphilis prevalence rates among women 15-49 and men 15-59 by age, sex, and residence, Zambia 2001-2002

| Age | Urban |  | Rural |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent syphilis positive | Number tested | Percent syphilis positive | Number tested | Percent syphilis positive | Number tested |
| Women |  |  |  |  |  |  |
| 15-19 | 4.5 | 209 | 1.7 | 275 | 2.9 | 484 |
| 20-24 | 9.7 | 186 | 7.2 | 260 | 8.2 | 447 |
| 25-29 | 9.4 | 148 | 9.4 | 202 | 9.4 | 350 |
| 30-34 | 7.7 | 105 | 5.9 | 158 | 6.6 | 263 |
| 35+ | 7.9 | 149 | 5.6 | 340 | 6.3 | 489 |
| Total 15-49 | 7.7 | 797 | 5.7 | 1,236 | 6.5 | 2,033 |
| Men |  |  |  |  |  |  |
| 15-19 | 2.9 | 131 | 0.9 | 234 | 1.6 | 365 |
| 20-24 | 3.7 | 149 | 5.4 | 160 | 4.6 | 309 |
| 25-29 | 15.5 | 113 | 9.7 | 193 | 11.8 | 306 |
| 30-34 | 13.2 | 103 | 4.9 | 139 | 8.5 | 242 |
| 35+ | 10.6 | 218 | 9.0 | 402 | 9.5 | 620 |
| Total 15-49 | 9.4 | 660 | 6.5 | 1,033 | 7.7 | 1,693 |
| Total 15-59 | 8.9 | 715 | 6.4 | 1,127 | 7.4 | 1,842 |
| Total |  |  |  |  |  |  |
| 15-19 | 3.9 | 340 | 1.3 | 510 | 2.3 | 849 |
| 20-24 | 7.0 | 335 | 6.5 | 420 | 6.7 | 756 |
| 25-29 | 12.0 | 262 | 9.5 | 395 | 10.5 | 657 |
| 30-34 | 10.5 | 208 | 5.4 | 297 | 7.5 | 505 |
| 35+ | 9.5 | 367 | 7.4 | 742 | 8.1 | 1,109 |
| Total 15-49 | 8.5 | 1,457 | 6.1 | 2,269 | 7.0 | 3,726 |

Table 14.9 shows that pregnant women have slightly higher syphilis rates than non-pregnant women. Among the sexually active never-married population, women are almost twice as likely to be infected with syphilis as men ( 5 percent versus 3 percent). The fact that 1 percent of women and men who reported they had never had sex were found to have syphilis is evidence of the underreporting of past sexual activity. Among married women and men, more men (10 percent) than women (7 percent) are infected. Divorced, separated, or widowed men have a very high risk of being infected, with 25 percent infected, compared with 9 percent of their female counterparts.

The prevalence of syphilis increases with an increase in the number of partners for both married and unmarried respondents, although the rates are much lower among unmarried than married respondents. Among the married women and men with one extramarital partner, prevalence is about three times higher for men than women ( 20 percent and 7 percent, respectively). Men who have paid for sex are more than twice as likely to be infected with syphilis as those who have not ( 15 percent versus 7 percent).

## Table 14.9 Syphilis prevalence by reproductive and sexual activity characteristics

Prevalence of syphilis among women and men 15-49 by current pregnancy status (women only), current marital status, recent exposure to high-risk sex, recent exposure to multiple partners, recent paid sex encounter (men only), and reporting of recent STI symptoms, Zambia 2001-2002

| Characteristic | Women |  | Men |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent syphilis positive | Number tested | Percent syphilis positive | Number tested | Percent syphilis positive | Number tested |
| Pregnancy status |  |  |  |  |  |  |
| Currently pregnant | 7.1 | 200 | na | na | na | na |
| Not pregnant/not sure | 6.4 | 1,833 | na | na | na | na |
| Marital status |  |  |  |  |  |  |
| Never married |  |  |  |  |  |  |
| Ever had sex | 5.1 | 268 | 2.5 | 490 | 3.4 | 758 |
| Never had sex | 1.0 | 217 | 1.2 | 154 | 1.0 | 371 |
| Married/living together | 7.2 | 1,256 | 9.6 | 952 | 8.2 | 2,208 |
| Divorced/separated/widowed | 8.9 | 293 | 25.0 | 97 | 12.9 | 389 |
| Recent exposure to high-risk sex ${ }^{1}$ |  |  |  |  |  |  |
| Had sex with non-marital, non-cohabiting partner | 8.4 | 292 | 11.3 | 624 | 10.4 | 916 |
| No high-risk sex | 6.9 | 1,524 | 6.2 | 915 | 6.7 | 2,439 |
| No sex | 1.0 | 217 | 1.2 | 154 | 1.0 | 371 |
| Recent exposure to multiple partners ${ }^{1}$ |  |  |  |  |  |  |
| Married |  |  |  |  |  |  |
| No sex | 4.6 | 52 | * | 9 | 4.0 | 61 |
| Sex with spouse(s) only ${ }^{2}$ | 7.3 | 1,172 | 7.0 | 742 | 7.2 | 1,914 |
| Sex with partner other than spouse |  |  |  |  |  |  |
| 1 partner | 7.4 | 31 | 19.5 | 168 | 17.6 | 199 |
| $2+$ partners | * | 0 | 21.1 | 34 | 20.8 | 34 |
| Unmarried |  |  |  |  |  |  |
| No sex | 3.1 | 446 | 1.7 | 309 | 2.6 | 755 |
| Sex with 1 partner | 7.3 | 303 | 6.2 | 300 | 6.7 | 603 |
| Sex with 2+ partners | 19.2 | 29 | 10.8 | 133 | 12.3 | 161 |
| Recent paid sex encounter ${ }^{1}$ |  |  |  |  |  |  |
| Paid for sex | na | na | 15.3 | 187 | na | na |
| No paid sex | na | na | 6.7 | 1,506 | na | na |
| STI/STI symptoms ${ }^{1}$ |  |  |  |  |  |  |
| Had STI | 21.2 | 55 | 26.9 | 86 | 24.7 | 141 |
| Had STI symptoms | 13.8 | 67 | 24.4 | 59 | 18.8 | 126 |
| No STI/STI symptoms | 5.8 | 1,911 | 5.9 | 1,548 | 5.9 | 3,460 |
| Total | 6.5 | 2,033 | 7.7 | 1,693 | 7.0 | 3,726 |

Note: An asterisk indicates that a figure is based on fewer than 25 unweighted cases and has been suppressed.
na $=$ Not applicable
${ }^{1}$ Refers to 12-month period before survey
${ }^{2}$ Includes men reporting polygynous unions

The 2001-2002 ZDHS data can be used to assess the extent to which people with syphilis appear to be taking precautions not to infect their sexual partners. Table 14.10 shows that 63 percent of men found to have syphilis have used a condom at some time compared with 28 percent of women. However, the table also shows that 19 percent of the syphilis-positive respondents ( 29 percent of men and 9 percent of women) did not use a condom in the last high-risk sexual encounter. Twenty-two percent of the respondents with syphilis reported having had STI symptoms in the 12-month period preceding the survey. Less than one in five of these individuals reported using a condom when the last STI symptom occurred. Overall, these results suggest that, despite the relatively high prevalence of condom use, condoms are to a great extent not used in high-risk sexual encounters (when they should be). This has to be addressed by the promoters of condoms.

| Table 14.10 Syphilis prevention and treatment experience |  |  |  |
| :---: | :---: | :---: | :---: |
| Percent distribution of women and men age 15-49 found to be syphilis positive, by experience with use of condoms and treatment for STIs, Zambia 2001-2002 |  |  |  |
| Condom use/treatment | Women | Men | Total |
| Ever used condoms |  |  |  |
| Used condom | 27.8 | 62.9 | 45.2 |
| Never used/Don't know | 72.2 | 37.1 | 54.8 |
| Condom use in last sexual encounter ${ }^{1}$ |  |  |  |
| Used condom | 16.2 | 22.1 | 19.1 |
| Did not use condom | 71.4 | 73.8 | 72.6 |
| No encounter | 12.4 | 4.1 | 8.3 |
| Condom use in last high-risk sexual encounter ${ }^{1}$ |  |  |  |
| Used condom | 9.7 | 25.8 | 17.7 |
| Did not use condom | 8.8 | 28.6 | 18.7 |
| No high-risk encounter | 81.4 | 45.5 | 63.6 |
| Condom use in paid sex encounter ${ }^{1}$ |  |  |  |
| Used condom | na | 10.9 | na |
| Did not use condom | na | 11.2 | na |
| No encounter | na | 77.9 | na |
| Condom use when last had STI/STI symptom ${ }^{1}$ |  |  |  |
| Used condom | 1.9 | 6.9 | 4.4 |
| Did not use condom | 14.0 | 22.0 | 18.0 |
| No STI/STI symptom | 84.1 | 71.1 | 77.6 |
| Reported recent treatment for STI/ STI symptoms ${ }^{1}$ |  |  |  |
| Treated for STI | 8.2 | 15.3 | 11.7 |
| Treated for STI symptoms | 2.9 | 9.2 | 6.0 |
| Not treated | 4.8 | 4.4 | 4.6 |
| No STI/STI symptom | 84.1 | 71.1 | 77.6 |
| Total | 100.0 | 100.0 | 100.0 |
| Number | 132 | 130 | 261 |
| na $=$ Not applicable <br> ${ }^{1}$ Refers to 12 -month period before survey |  |  |  |

### 14.3 HIV Prevalence Rates

Table 14.11 presents the findings from the HIV testing in the 2001-2002 ZDHS. The table shows that 16 percent of the individuals tested were found to be HIV positive. Women are more likely to be HIV positive than men (18 percent versus 13 percent). Overall, the proportion HIV positive rises with age from 5 percent among those $15-19$ to 25 percent in the $30-34$ age group, before falling to 17 percent among those 45-49. Among women, the proportion found to be HIV positive rises abruptly with age, from 7 percent among the $15-19$ cohort to 29 percent in the $30-34$ age group and then drops off to 14 percent in the $45-49$ cohort. Among men, HIV prevalence is below 5 percent among those under age 25 , rises to 15 percent in the 25-29 age group, peaks at 22 percent in the 35-39 age group and stays around 20 percent in the 40-49 age group. HIV prevalence is higher in the $55-59$ cohort ( 12 percent) than in the 5054 cohort (7 percent).

Table 14.11 HIV prevalence by background characteristics
Prevalence of HIV among women and men age 15-49 (and men age 15-59), by background characteristics, Zambia 2001-2002

| Background characteristic | Women |  | Men |  | Total |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Percent HIV-positive | Number tested | Percent HIV-positive | Number tested | Percent HIV-positive | Number tested |
| Age |  |  |  |  |  |  |
| 15-19 | 6.6 | 497 | 1.9 | 366 | 4.6 | 864 |
| 20-24 | 16.3 | 443 | 4.4 | 309 | 11.4 | 752 |
| 25-29 | 25.1 | 363 | 15.0 | 318 | 20.4 | 681 |
| 30-34 | 29.4 | 274 | 20.5 | 260 | 25.1 | 534 |
| 35-39 | 22.6 | 210 | 22.4 | 227 | 22.5 | 437 |
| 40-44 | 17.3 | 154 | 20.5 | 153 | 18.9 | 307 |
| 45-49 | 13.6 | 131 | 20.2 | 101 | 16.5 | 232 |
| 50-54 | na | na | 7.3 | 91 | na | na |
| 55-59 | na | na | 11.7 | 52 | na | na |
| Residence |  |  |  |  |  |  |
| Urban | 26.3 | 808 | 19.2 | 676 | 23.1 | 1,484 |
| Rural | 12.4 | 1,265 | 8.9 | 1,058 | 10.8 | 2,323 |
| Province |  |  |  |  |  |  |
| Central | 16.8 | 171 | 13.4 | 135 | 15.3 | 306 |
| Copperbelt | 22.1 | 423 | 17.3 | 352 | 19.9 | 775 |
| Eastern | 16.1 | 252 | 11.0 | 219 | 13.7 | 471 |
| Luapula | 13.3 | 167 | 8.6 | 133 | 11.2 | 299 |
| Lusaka | 25.0 | 296 | 18.7 | 263 | 22.0 | 559 |
| Northern | 10.0 | 283 | 6.2 | 234 | 8.3 | 517 |
| North-Western | 8.8 | 92 | 9.5 | 75 | 9.2 | 166 |
| Southern | 20.2 | 220 | 14.6 | 188 | 17.6 | 408 |
| Western | 16.9 | 169 | 8.3 | 136 | 13.1 | 306 |
| Total 15-49 | 17.8 | 2,073 | 12.9 | 1,734 | 15.6 | 3,807 |
| Total 15-59 | na | na | 12.6 | 1,877 | na | na |

Note: The rates for men shown by residence and province are based on men 15-49 in order to be comparable to the rates for women.
$\mathrm{na}=$ Not applicable

Figure 14.2 illustrates the distinct differences in the age pattern of HIV infection for women and men. It shows that infection rates among women are higher than those among men until age 35-39, after which infection rates among men overtake and pass those of women. The peak infection age groups are 30-34 years for women and 35-39 years for men.

Figure 14.2 HIV Prevalence by Sex and Age


Residence is closely associated with HIV levels. HIV prevalence is twice as high in urban areas as in rural areas ( 23 percent and 11 percent, respectively). Provinces with levels above the national average include Lusaka ( 22 percent), Copperbelt ( 20 percent), and Southern ( 18 percent). The lowest levels are found in Northern province ( 8 percent) and North-Western province ( 9 percent). Infection rates are higher in women than in men in all provinces except North-Western.

Table 14.12 shows the variations in infection levels among women and men by age and residence. For women in all age groups, HIV prevalence is more than twice as high in urban areas as in rural areas, and exceeds 40 percent in age groups 30-34 and 35-39. Among men, HIV prevalence in urban areas is twice that in rural areas for most age groups.

| Table 14.12 HIV prevalence by age, sex, and urban-rural residence <br> HIV prevalence rates among women 15-49 and men 15-59 by age, residence, and sex, Zambia 2001-2002 |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  |  |  |
| Age | Urban |  | Rural |  | Total |  |
|  | Percent HIV-positive | Number tested | Percent HIV-positive | Number tested | Percent HIV-positive | Number tested |
| Women |  |  |  |  |  |  |
| 15-19 | 9.0 | 215 | 4.7 | 282 | 6.6 | 497 |
| 20-24 | 22.7 | 179 | 11.9 | 264 | 16.3 | 443 |
| 25-29 | 38.4 | 154 | 15.4 | 209 | 25.1 | 363 |
| 30-34 | 42.5 | 108 | 21.0 | 167 | 29.4 | 274 |
| 35-39 | 40.2 | 61 | 15.4 | 149 | 22.6 | 210 |
| 40-44 | 29.4 | 50 | 11.6 | 104 | 17.3 | 154 |
| 45-49 | 20.1 | 41 | 10.7 | 90 | 13.6 | 131 |
| Total 15-49 | 26.3 | 808 | 12.4 | 1,265 | 17.8 | 2,073 |
| Men |  |  |  |  |  |  |
| 15-19 | 2.4 | 134 | 1.6 | 232 | 1.9 | 366 |
| 20-24 | 4.9 | 142 | 4.0 | 167 | 4.4 | 309 |
| 25-29 | 24.0 | 120 | 9.5 | 198 | 15.0 | 318 |
| 30-34 | 34.3 | 116 | 9.2 | 144 | 20.5 | 260 |
| 35-39 | 33.9 | 84 | 15.6 | 143 | 22.4 | 227 |
| 40-44 | 27.2 | 46 | 17.7 | 108 | 20.5 | 153 |
| 45-49 | 29.4 | 35 | 15.4 | 66 | 20.2 | 101 |
| 50-54 | 4.5 | 32 | 8.8 | 59 | 7.3 | 91 |
| 55-59 | 27.4 | 14 | 5.9 | 38 | 11.7 | 52 |
| Total 15-49 | 19.2 | 676 | 8.9 | 1,058 | 12.9 | 1,734 |
| Total 15-59 | 18.7 | 722 | 8.8 | 1,155 | 12.6 | 1,877 |
| Total |  |  |  |  |  |  |
| 15-19 | 6.5 | 349 | 3.3 | 514 | 4.6 | 864 |
| 20-24 | 14.8 | 321 | 8.9 | 431 | 11.4 | 752 |
| 25-29 | 32.1 | 274 | 12.5 | 407 | 20.4 | 681 |
| 30-34 | 38.2 | 224 | 15.5 | 310 | 25.1 | 534 |
| 35-39 | 36.6 | 145 | 15.5 | 291 | 22.5 | 436 |
| 40-44 | 28.4 | 95 | 14.7 | 212 | 18.9 | 307 |
| 45-49 | 24.4 | 76 | 12.7 | 157 | 16.5 | 232 |
| Total 15-49 | 23.1 | 1,484 | 10.8 | 2,323 | 15.6 | 3,807 |

Figures 14.3 and 14.4 illustrate age patterns in HIV infection rates among urban and rural residents. The urban-rural gap is wider at all ages among women than men, a clear indication of the critical level of the epidemic among urban women. At the peak ages of infection-30-39 years, two in five urban women are infected with HIV compared with less than one in five rural women. Figure 14.4 shows that for men, prevalence peaks later in rural areas than in urban areas (30-34 in urban areas and 40-44 in rural areas).



### 14.4 Comparison of ANC Surveillance Estimates and the ZDHS Rates

As discussed earlier, prior to the 2001-2002 ZDHS, ANC surveillance provided the data on which the national seroprevalence estimates for the adult population were based. The use of ANC data for this purpose was based on the assumption that the HIV level among pregnant women provides a reasonable estimate of the HIV level in the general population. However, the HIV prevalence rate for the adult population based on the 2001-2002 Zambia ANC surveillance (Dzekedzeke, 2003) is 19 percent, roughly 20 percent higher than the 2001-2002 ZDHS estimate for the adult population age 15-49 of 16 percent.

In looking at issues that might cause the difference between the two estimates, potential biases and differences in methodology between ANC surveillance and ZDHS need to be recognised. ANC sentinel surveillance collects HIV prevalence data by testing currently pregnant women age 15-39 who attend antenatal care clinics during their pregnancy. These data are then used to derive estimates of HIV prevalence in the general population. It is recognized that there are a number of potential problems with this approach (UNAIDS/WHO Working Group on Global HIV/AIDS and STI Surveillance, 2000). First, there is a gender gap due to the fact that men are not tested in ANC clinics, and HIV prevalence levels typically differ between men and women. Furthermore, women who attend antenatal care clinics are de facto sexually active. Thus, the HIV prevalence will necessarily be higher in this group than in the female population as a whole, where some women are not sexually active and hence not exposed to the virus. HIV prevalence levels also vary with age, and women who attend antenatal care clinics have a different age distribution than the female population at large. Geographic coverage is another issue with the ANC sentinel data. Generally, the data come from a limited number of antenatal care clinic sites that tend to be concentrated in urban or semi-urban areas, where HIV rates are higher. In the ANC surveillance in Zambia in 1998, there were 22 ANC sentinel sites, only 5 of which were characterised as rural.

Results from population-based surveys like the 2001-2002 ZDHS can more accurately portray the HIV prevalence in a community because they involve nationally representative samples. Thus, the pool of people tested closely mirrors the entire population. However, surveys are not completely without problems. First, a survey involves a sample of the population and, thus, is subject to natural variability inherent in the process of drawing a sample. Participation biases can also affect the representativeness of the survey data. Because individuals can refuse to be tested, population-based surveys may under-represent some groups. As discussed earlier (see Section 14.1.3), the ZDHS HIV data were weighted to take into account differential response rates by sex and province.

In assessing the factors that might underlie the difference between the 2001-2002 ZDHS and the ANC surveillance estimates, two approaches are employed (Dzekedzeke, 2003). First, to more directly compare the ZDHS and ANC results, a "catchment" approach is used. For this approach, all ZDHS clusters within a 2-kilometer radius of urban antenatal care sentinel sites and within a 5-kilometer radius of rural sentinel sites were identified. There were 29 of these "catchment" clusters, out of a total of 320 clusters in the 2001-2002 ZDHS. The "catchment" clusters were located near 16 of a total of 22 antenatal care sentinel sites. HIV prevalence estimates were recalculated for the "catchment" subsets from the ZDHS and ANC surveillance. Results show that the HIV prevalence rate for the ANC clients in these 16 antenatal care sentinel sites is 20 percent, while the rate for the adult population 15-49 in the 29 ZDHS "catchment" clusters is 19 percent.

A second approach was used to explore the hypothesis that the limited coverage of ANC sentinel sites and specifically the concentration of sites in urbanized locations might be responsible for the difference between the survey and surveillance estimates. Nearly 3 out of every 5 women tested in the ANC surveillance were tested at sites classified as urban. In contrast, only around 30 percent of pregnant women in the ZDHS sample live in urban areas. In the second approach, HIV prevalence rates for urban and rural areas estimated based on the ANC surveillance were weighted using the urban-rural distribution of currently pregnant women in the 2001-2002 ZDHS. When the ZDHS urban-rural distribution is applied to the ANC surveillance results, the adjusted HIV prevalence rate for the total population is 17 percent compared with the overall rate of 16 percent as estimated in the 2001-2002 ZDHS.

Based on these analyses, it can be concluded that there is fairly close correspondence between the 2001-2002 ZDHS and ANC surveillance HIV prevalence rates when adjusted for the biased geographic coverage of the ANC surveillance system.

Ann A. Way

Data collected in the 2001-2002 ZDHS on the survivorship of respondents' siblings allows for the estimation of adult mortality. This information is useful in assessing the impact of the AIDS epidemic on survivorship of adults in Zambia. The inclusion of questions to determine if the deaths of female siblings were maternity-related also permits the estimation of the level of maternal mortality, a major indicator of maternal health and well-being.

### 15.1 AdUlt Mortality Data

### 15.1.1 Data Collection Procedures

Women in the 2001-2002 ZDHS were asked about the survivorship of all live births of their natural mother (i.e., their siblings). To obtain these data, each female respondent was first asked to give the total number of her mother's live births. Then she was asked to provide a list of the children born to her mother starting with the first-born. For each sibling named, information was obtained on whether the sibling was still alive at the survey date. For living siblings, current age was collected; for deceased siblings, age at death and years since death were collected. Interviewers were instructed that when a respondent could not provide precise information on age at death or years since death, approximate answers were acceptable. For sisters who died at age 12 or older, three questions were used to determine if the death was maternity-related: "Was [NAME OF SISTER] pregnant when she died?" and if negative, "Did she die during childbirth?" and if negative, "Did she die within six weeks of the birth of a child or pregnancy termination?"

The direct approach to estimating adult and maternal mortality maximises use of these data for estimating adult mortality. The number of person-years of exposure to mortality risk for all siblings and the number of sibling deaths is aggregated for defined calendar periods. Rates of maternal (and adult) mortality are obtained for the calendar periods by dividing maternal (or all female and male adult) deaths by person-years of exposure (Rutenberg and Sullivan, 1991).

### 15.1.2 Data Quality Assessment

Estimation of adult and maternal mortality requires reasonably accurate reporting of the number of sisters and brothers that the respondent ever had, the number who have died, and the number of sisters who have died of maternity-related causes. There is no definitive procedure for establishing the completeness or accuracy of retrospective data on sibling survivorship. However, Table 15.1 looks at several indicators relevant to the quality of sibling survivorship data including the sex ratio of the siblings reported by respondents and the completeness of the data on siblings' survival status (i.e., current age, age at death, and years since death).

The sex ratio of enumerated siblings (the ratio of brothers to sisters) is 1.01 , only slightly lower than the expected value of 1.02 or 1.03 (see Table 15.1). Respondents were knowledgeable about their siblings' survival status, with only 9 out of over 50,000 siblings missing this information. Ages were missing for only a few living siblings ( 0.1 percent). In the case of deceased siblings, complete reporting of age at death and years since death were also nearly universal; almost all (>99 percent) of deceased

| Table 15.1 Completeness of reporting on siblings |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Number of siblings reported by female survey respondents and completeness of reported data on sibling age, age at death (AD) and years since death (YSD), Zambia 2001-2002 |  |  |  |  |  |  |
| Survival status of siblings and completeness of | Sisters |  | Brothers |  | All siblings |  |
| reporting | Number | Percentage | Number | Percentage | Number | Percentage |
| All siblings | 23,721 | 100.0 | 24,035 | 100.0 | 47,755 | 100.0 |
| Living | 18,955 | 79.9 | 18,938 | 78.8 | 37,893 | 79.3 |
| Dead | 4,761 | 20.1 | 5,093 | 21.2 | 9,853 | 20.6 |
| Status missing | 5 | 0.0 | 4 | 0.0 | 9 | 0.0 |
| Living siblings | 18,955 | 100.0 | 18,938 | 100.0 | 37,893 | 100.0 |
| Age reported | 18,939 | 99.9 | 18,912 | 99.9 | 37,850 | 99.9 |
| Age missing | 17 | 0.1 | 26 | 0.1 | 43 | 0.1 |
| Dead siblings | 4,761 | 100.0 | 5,093 | 100.0 | 9,853 | 100.0 |
| AD and YSD reported | 4,721 | 99.2 | 5,046 | 99.1 | 9,767 | 99.1 |
| AD missing | 28 | 0.6 | 36 | 0.7 | 64 | 0.7 |
| YSD missing | 4 | 0.1 | 2 | 0.0 | 6 | 0.1 |
| AD and YSD missing | 7 | 0.1 | 9 | 0.2 | 16 | 0.2 |

siblings have both age at death and years since death reported. Rather than exclude the small number of siblings with missing data from further analysis, information on the birth order of siblings in conjunction with other information was used to impute the missing data. ${ }^{1}$ The sibling survivorship data, including cases with imputed values, were used in the direct estimation of adult and maternal mortality.

### 15.2 Direct Estimates of Adult Mortality

### 15.2.1 Levels and Trends in Adult Mortality

Table 15.2 presents the age-specific rates of female and male mortality (15-49 years) for the fiveyear period before the 2001-2002 ZDHS. This period was chosen in order to allow an assessment of the level of adult mortality during the period following the 1996 ZDHS. The centre of the reference period for the estimates is the calendar year 1999. To allow an assessment of adult mortality trends over roughly the past decade in Zambia, estimates from the 1996 ZDHS are presented in the final column of the table; these estimates refer to a five-year period before the 1996 ZDHS, a period cantered on 1995.

The results in Table 15.2 indicate that, the adult mortality rate over the age range 15-49 years was 14.3 deaths per 1,000 for the five-year period prior to the 2001-2002 ZDHS. The rate was somewhat higher among women than men ( 14.8 deaths per 1,000 versus 13.9 per 1,000, respectively).

[^8]| Table 15.2 Adult mortality rates |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Direct estimates of age-specific mortality rates for men and women age 15-49 for the period 0-4 years preceding the 2001-2002 ZDHS and the 1996 ZDHS |  |  |  |  |
|  | 2001-2002 ZDHS |  |  | 1996 ZDHS |
| Age | Deaths | Exposure (person-years) | Mortality rate ${ }^{1}$ | mortality rate ${ }^{1}$ |
| WOMEN |  |  |  |  |
| 15-19 | 66 | 14,695 | 4.5 | 4.3 |
| 20-24 | 167 | 16,230 | 10.3 | 9.0 |
| 25-29 | 253 | 14,187 | 17.8 | 15.8 |
| 30-34 | 241 | 11,043 | 21.9 | 16.9 |
| 35-39 | 193 | 7,656 | 25.3 | 18.2 |
| 40-44 | 107 | 4,690 | 22.9 | 15.9 |
| 45-49 | 54 | 2,765 | 19.6 | 15.4 |
| 15-49 | 1,082 | 71,265 | $14.8{ }^{\text {a }}$ | $11.7^{\text {a }}$ |
| MEN |  |  |  |  |
| 15-19 | 57 | 14,207 | 4.0 | 3.6 |
| 20-24 | 99 | 16,436 | 6.0 | 6.0 |
| 25-29 | 174 | 15,194 | 11.5 | 12.9 |
| 30-34 | 251 | 11,057 | 22.7 | 19.5 |
| 35-39 | 228 | 7,779 | 29.3 | 25.5 |
| 40-44 | 137 | 4,642 | 29.5 | 26.6 |
| 45-49 | 60 | 2,563 | 23.6 | 25.9 |
| 15-49 | 1,007 | 71,877 | $13.9{ }^{\text {a }}$ | $12.9{ }^{\text {a }}$ |
| TOTAL |  |  |  |  |
| 15-19 | 123 | 28,902 | 4.3 | 4.0 |
| 20-24 | 266 | 32,666 | 8.1 | 7.5 |
| 25-29 | 427 | 29,381 | 14.5 | 14.3 |
| 30-34 | 493 | 22,100 | 22.3 | 18.2 |
| 35-39 | 421 | 15,434 | 27.3 | 21.8 |
| 40-44 | 244 | 9,332 | 26.2 | 20.9 |
| 45-49 | 115 | 5,327 | 21.5 | 20.5 |
| 15-49 | 2,089 | 143,142 | $14.3{ }^{\text {a }}$ | $12.2^{\text {a }}$ |
| ${ }^{1}$ Expressed per 1,000 person-years of exposure <br> ${ }^{\text {a }}$ Age-adjusted rates |  |  |  |  |

For both women and men, mortality rates rise rapidly with age. The rise is steeper for women than for men in the younger age ranges; however, levels are higher for men than for women at older ages. Both patterns are consistent with the gender differences in the age patterns of HIV infection described in the previous chapters (i.e., infection levels are higher for women than men at younger ages and higher for men than women at older ages).

Comparison of adult mortality estimates from the 2001-2002 ZDHS with those from in the 1996 ZDHS suggests that mortality rates for all adults $15-49$ rose by more than 15 percent during the period between the two surveys. ${ }^{2}$ As Figure 15.1 shows, most of the increased mortality was due to higher mortality among women and men age 25 and over.

[^9]Figure 15.1 Trends in Age-specific Mortality among Adults 15-49


### 15.2.2 Differentials in Adult Mortality Levels

Table 15.3 presents differentials in adult mortality by residence and province for the 2001-2002 ZDHS respondents. In interpreting these differentials, it is important to remember that, for some subgroups, the numbers of deaths are small (particularly when gender is taken into account). Also of concern in interpreting the results is that the characteristic referred to relates to the status of the 2001-2002 ZDHS respondent who provided the information and not to the status of the sibling(s) who died. To the extent that respondents differ in a consistent direction from their siblings in the characteristics shown, the rates will be biased. For example, if respondents are more likely to have migrated from rural to urban areas than their siblings, the urban-rural rates will not accurately reflect the actual mortality differentials between urban and rural areas in Zambia. It is, however, likely that there is considerable consistency among siblings in the characteristics shown.

| Table 15.3 Adult mortality rates by residence and province |  |  |  |
| :---: | :---: | :---: | :---: |
| Direct estimates of mortality rates for women and men age 15-49 for the period 0-4 years preceding the 2001-2002 ZDHS, by urban-rural residence and province, Zambia |  |  |  |
| Characteristic | Women | Men | Total |
| Residence |  |  |  |
| Urban | 16.9 | 15.7 | 16.2 |
| Rural | 10.1 | 10.8 | 10.4 |
| Province |  |  |  |
| Lusaka/Copperbelt/South | 17.4 | 15.1 | 16.2 |
| West/East/Central | 13.0 | 13.3 | 13.1 |
| North/North-west/Luapula | 12.0 | 12.5 | 12.2 |
| Total | 14.8 | 13.9 | 14.3 |

Note: All rates are age-adjusted.

While again not definitive, the results in Table 15.3 indicate that adult mortality levels are around 25 percent higher in urban than rural areas in Zambia. The provinces in Table 15.3 have been categorised into three groups according to HIV prevalence (see Chapter 14); Lusaka, Copperbelt, and Southern provinces have the highest HIV rates, and Northern, North-Western, and Luapula have the lowest infection rates. The patterns of adult mortality shown in Table 15.3 parallel the patterns of HIV prevalence; adult mortality is nearly 60 percent higher in Lusaka, Copperbelt, and Southern provinces than in Northern, North-Western, and Luapula provinces.

### 15.3 Estimates Of Maternal Mortality

Data collected on the reported survivorship of sisters was used to derive direct estimates of maternal mortality (Table 15.4). The number of female deaths occurring during pregnancy, at delivery, or within six weeks of delivery is not large. As a result, maternal mortality estimates are typically subject to larger sampling errors than adult mortality estimates. Therefore, reflecting standard DHS procedures, the maternal mortality estimates shown in Table 15.4 are calculated for a seven-year period before the survey rather than the five-year period that was used to calculate adult mortality. This seven-year period centres on 1998.

Based on the 2001-2002 ZDHS data, the rate of mortality associated with pregnancy and childbearing is 1.44 per thousand. Except for the 40-44 group, the age-specific rates shown in Table 15.4 exhibit a plausible pattern, being higher at the peak childbearing ages of the twenties and

| Direct estimates of maternal mortality for the period 0-6 years prior to the 2001-2002 ZDHS and 1996 ZDHS |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  | 2001-2002 ZDHS |  |  |  |
| Age | Deaths | Exposure (womanyears) | Mortality rate ${ }^{1}$ | 1996 ZDHS mortality rate ${ }^{1}$ |
| 15-19 | 16.4 | 21,291 | 0.77 | 0.75 |
| 20-24 | 29.6 | 22,600 | 1.27 | 1.40 |
| 25-29 | 51.0 | 19,360 | 2.64 | 2.14 |
| 30-34 | 27.7 | 14,772 | 1.81 | 1.96 |
| 35-39 | 12.7 | 10,036 | 1.16 | 1.46 |
| 40-44 | 12.3 | 6,077 | 2.04 | 0.50 |
| 45-49 | 0.4 | 3,492 | 0.12 | 0.82 |
| 15-49 | 147 | 97,629 | $1.44{ }^{\text {a }}$ | $1.34{ }^{\text {a }}$ |
| General | y rate |  | $0.198^{\text {a }}$ | $0.206^{\text {a }}$ |
| Matern | ality ratio |  | 729 | 649 |
| ${ }^{1}$ Expressed per 1,000 woman-years of exposure ${ }^{2}$ Calculated as the maternal mortality rate divided by the general fertility rate and expressed per 100,000 live-births ${ }^{\text {a }}$ Age-adjusted rates |  |  |  |  | thirties than at younger and older age groups.

The maternal mortality rate can be converted to a maternal mortality ratio and expressed per 100,000 live births by dividing the rate by the general fertility rate of 0.198 , which prevailed during the same time period. In this way, the obstetrical risk of pregnancy and childbearing is underlined. Using this procedure, the maternal mortality ratio during the seven-year period prior to the 2001-2002 ZDHS is estimated as 729 maternal deaths per 100,000 live births.

Estimates of maternal mortality from the 2001-2002 ZDHS can be compared with estimates from the 1996 ZDHS (also shown in Table 15.4) to obtain insight into the probable trend of maternal mortality levels during the 1990s. The comparison suggests that maternal mortality levels remained moderately high in Zambia throughout the period between the two surveys, and may even have been rising slightly toward the end of the decade. This is consistent with the general pattern of rising adult female mortality described earlier. However, it is important to recognize that the small numbers of maternal deaths reported in the surveys make it difficult to assess with any statistical confidence whether the magnitude and direction of the indicated changes accurately reflect trends in maternal mortality in Zambia over the decade.

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## A. 1 INTRODUCTION

The 2001-2002 Zambia Demographic and Health Survey (ZDHS) is a comprehensive nationally representative population and health survey carried out by the Central Statistical Office in partnership with the Central Board of Health. ORC Macro provided financial and technical assistance for the survey through the USAID-funded MEASURE DHS+ programme. Additional funding for the ZDHS was received from the Government of Japan, UNFPA, and DANIDA.

## A. 2 Survey Objectives

The principal objective of the ZDHS is to provide current and reliable data on fertility and family planning behaviour, child mortality, children's nutritional status, the utilization of maternal, child health services, knowledge and prevalence of HIV and syphilis.

The population covered by the 2001-2002 ZDHS is defined as the universe of all women age 1549 in Zambia and all men age 15-59. A sample of households was selected and all women age 15-49 identified in the households were interviewed. In addition, in a subsample of one-third of all the households selected for the ZDHS, all men 15-59 were eligible to be interviewed if they were either permanent residents or visitors present in the household on the night before the survey.

## A. 3 SAMPLE Domains

The Zambia DHS collected demographic and health information from a nationally representative sample of women and men age 15-49 and 15-59, respectively. The primary focus of the 2001 Zambia DHS is to provide estimates of key population and health indicators, including fertility and mortality rates, for the country as a whole, and for urban and rural areas separately. Also, the sample was designed to provide estimates of key variables for the nine provinces, namely, 1) Central, 2) Copperbelt, 3) Eastern, 4) Luapula, 5) Lusaka, 6) Northern, 7) North-Western, 8) Southern, and 9) Western. In addition, the sample provides basic information for a total of 12 combined districts (not each separately) that are the special focus of the Zambia Integrated Health Programme (Livingstone, Kalomo, Chibombo, Kabwe Urban, Ndola Urban, Kitwe, Chipata, Lundazi, Chama, Kasama, Samfya, and Mwense).

## A. 4 Sample Frame

Zambia is divided into nine provinces. In turn, each province is subdivided in districts, each district into constituencies, and each constituency into wards. In addition to these administrative units, during the 2000 population census, each ward was subdivided into convenient areas called census supervisory areas (CSAs), and in turn each CSA into standard enumeration areas (SEAs). In total Zambia has 72 districts, 150 constituencies, 1,289 wards, about 4,400 CSAs, and about 16,400 SEAs. Preliminary information on the counts of households and population, as well as cartographic materials were available from the 2000 population census for the SEAs. Therefore, the sample frame for this survey was the list of SEAs developed from the 2000 population census.

## A. 5 Stratification

In the preliminary census frame, the SEAs were grouped by CSAs, by CSAs within a ward, by wards within a constituency, by constituencies within a district and by districts within a province for purposes of the ZDHS. The SEAs were further stratified separately by urban and rural areas within each province.

## A. 6 Sample Allocation

The primary sampling unit (PSU), the cluster for the 2001-2002 ZDHS, is defined on the basis of SEAs from the census frame. A minimum requirement of 85 households for the cluster size was imposed in the design. If an SEA did not have 85 households, it was combined with an adjacent SEA; thus, the ZDHS cluster comprised one or more SEAs. The number of clusters in each district was not allocated proportional to the total population due to the need to present estimates by each of the nine provinces. Zambia is a country where two-thirds of the population reside in rural areas, and one-third in urban areas. Table A. 1 shows the proportional and the squared root allocations of 320 clusters

| Table A.1. Proportional allocation and squared root allocation of 320 clusters by province |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | Allocation for a sample of 320 clusters |  |  |
| Province | households (Census 2000) | Proportional | Square root | Adjusted |
| Central | 9.81 | 31 | 35 | 31 |
| Copperbelt | 15.32 | 49 | 44 | 44 |
| Eastern | 13.57 | 44 | 37 | 40 |
| Luapula | 9.04 | 29 | 32 | 30 |
| Lusaka | 13.35 | 43 | 40 | 40 |
| Northern | 14.80 | 47 | 40 | 43 |
| North-Western | 6.10 | 19 | 26 | 30 |
| Southern | 9.90 | 32 | 35 | 32 |
| Western | 8.10 | 26 | 30 | 30 |
| Total | 100.00 | 320 | 320 | 320 |

The target for the 2001-2002 ZDHS sample was 8,000 completed interviews. Based on the level of non-response found in the 1996 ZDHS, to achieve this target, approximately 8,200 households were selected, with all women age $15-49$ being interviewed. The target was to reach a minimum of 750 completed interviews per province. In each province the number of households was distributed proportionately among the urban and rural areas. Table A. 2 shows the distribution of about 8,200 households by province.

| Table A.2. Expected number of selected households to reach the target of completed interviews by province |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Province | Expected number of completed interviews 2001-2002 ZDHS | Completed interviews 1996 ZDHS | Selected households 1996 ZDHS | Expected households selected 2001-2002 ZDHS |
| Central | 775 | 748 | 861 | 892 |
| Copperbelt | 1,100 | 1,129 | 845 | 823 |
| Eastern | 1,000 | 1,118 | 1,154 | 1,032 |
| Luapula | 750 | 896 | 866 | 725 |
| Lusaka | 1,000 | 1,074 | 867 | 807 |
| Northern | 1,075 | 783 | 941 | 1,292 |
| North-Western | 750 | 567 | 861 | 1,139 |
| Southern | 800 | 846 | 711 | 672 |
| Western | 750 | 860 | 910 | 794 |
| Total | 8,000 |  |  | 8,176 |

The urban-rural distribution was also considered in distributing the sample. The selected households were distributed in 320 clusters in Zambia, 100 clusters in the urban areas, and 220 clusters in the rural areas. Table A. 3 shows the distribution of urban and rural clusters selected for the 2001-2002 ZDHS.

| Province | Expected number of completed interviews | Number of clusters |  |  |
| :---: | :---: | :---: | :---: | :---: |
|  |  | Urban | Rural | Total |
| Central | 775 | 8 | 23 | 31 |
| Copperbelt | 1,100 | 32 | 12 | 44 |
| Eastern | 1,000 | 3 | 37 | 40 |
| Luapula | 750 | 5 | 25 | 30 |
| Lusaka | 1,000 | 33 | 7 | 40 |
| Northern | 1,075 | 5 | 38 | 43 |
| North-Western | 750 | 3 | 27 | 30 |
| Southern | 800 | 8 | 24 | 32 |
| Western | 750 | 3 | 27 | 30 |
| Total | 8,000 | 100 | 220 | 320 |

Under this final allocation, the 12 combined districts of the Zambia Integrated Health Programme have 77 selected clusters, 36 in urban areas and 41 in rural areas.

## A. 7 Sample Selection

The 2001-2002 ZDHS sample was selected using a stratified two-stage cluster design consisting of 320 clusters, 100 in urban and 220 in rural areas. Once the number of households was allocated to each combination of province by urban and rural areas, the number of clusters was calculated based on an average sample take of 25 completed interviews among women 15-49 years. In each urban or rural area in a given province, clusters were selected systematically with probability proportional to the number of households in each cluster. The selection was done using the following formula:

$$
P_{1 i}=\left(a * M_{i}\right) /\left(\Sigma M_{i}\right)
$$

where
$a \quad$ is the number of clusters to be selected in the given combination of province by residence area,
$M_{i} \quad$ is the number of households of the $i^{\text {th }}$ clusters reported in the 2000 summary census information,
$\Sigma M_{i}$ is the number of households in the urban (or rural) area in the province according to the 2000 summary census information.

In each selected cluster, a complete household listing operation was carried out and households were selected to achieve a self-weighted sampling fraction in each province. However, since the 20012002 ZDHS sample is unbalanced among provinces, a final weighing adjustment procedure is required to provide estimates at every other domain of study.

In a given province, if the overall sampling fraction ( $f$ ) has been calculated, and if $c_{i}$ is the number of households selected out of the total households $\left(L_{i}\right)$-found in the 2001 listing process-for the $i^{\text {th }}$ cluster, then the self-weighting condition can be expressed as

$$
f=P_{1 i} *\left(c_{i} / L_{i}\right)
$$

The final number of households in the $i^{\text {th }}$ cluster could be calculated as

$$
c_{i}=\left(f^{*} L_{i}\right) / P_{1 i}
$$

and the household selection interval for the $i^{\text {th }}$ cluster is given as

$$
\begin{aligned}
& I_{i}=L_{i} / c_{i} \\
& I_{i}=P_{1 i} / f
\end{aligned}
$$

## A. 8 Response Rates

Information on the household and individual interviews for women and men is presented in Tables A. 4 and A.5. A total of 8,050 potential households were selected for the 2001-2002 ZDHS, of which 7,261 were actual households. Household interviews were completed for 98.2 percent of the actual households. A total of 7,944 eligible women were found in these households, and 96.4 percent of the women were successfully interviewed. The overall response rate for women was 94.6 percent.

Similarly, a total of 2,658 potential households were selected for the men's survey, of which 2,408 were actual households. Household interviews were completed for 98.3 percent of the actual households. A total of 2,418 eligible men were found in these households and interviews were completed with 88.7 percent of the men. The overall response rate for men was 87.2 percent.

There is no difference by urban-rural residence in the overall response rate for eligible women; however rural men are more likely than urban men to have completed the interview ( 89.4 percent and 83.0 percent, respectively). The overall response rate among women by province is relatively high and ranges from 90.1 percent for Western province to 97.3 for Luapula province. The overall response rate for men ranges from 78.1 for Western province to 96.9 for Luapula province.

Table A. 4 Sample implementation: women's sample
Percent distribution of households and eligible women by results of the household and individual interviews, and household, eligible women and overall response rates, according to urban-rural residence and province, Zambia 2001-2002

| Result | Residence |  | Province |  |  |  |  |  |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Urban | Rural | Central | Copperbelt | Eastern | Luapula | Lusaka | Northern | NorthWestern | Southern | Western |  |
| Selected households |  |  |  |  |  |  |  |  |  |  |  |  |
| Completed (C) | 92.9 | 86.9 | 89.0 | 92.9 | 90.1 | 87.9 | 95.4 | 88.0 | 84.1 | 88.3 | 82.2 | 88.5 |
| HH present but no competent respondent at home (HP) | 1.3 | 0.7 | 0.7 | 0.8 | 0.7 | 0.1 | 1.5 | 0.2 | 0.9 | 0.6 | 2.5 | 0.9 |
| Refused (R) | 0.5 | 0.2 | 0.2 | 0.6 | 0.0 | 0.0 | 0.5 | 0.4 | 0.4 | 0.1 | 0.1 | 0.3 |
| Dwelling not found (DNF) | 0.3 | 0.6 | 0.4 | 0.1 | 0.3 | 0.8 | 0.0 | 0.9 | 0.0 | 1.4 | 1.0 | 0.5 |
| Household absent (HA) | 0.5 | 2.2 | 0.8 | 0.4 | 1.3 | 1.1 | 0.5 | 2.1 | 4.1 | 0.7 | 3.7 | 1.8 |
| Dwelling vacant/address not a dwelling (DV) | 3.3 | 6.3 | 6.8 | 3.9 | 5.2 | 4.9 | 2.0 | 5.9 | 5.8 | 7.7 | 6.9 | 5.5 |
| Dwelling destroy (DD) | 1.2 | 3.0 | 2.0 | 1.1 | 2.3 | 5.2 | 0.0 | 2.4 | 4.7 | 1.0 | 3.0 | 2.5 |
| Other (O) | 0.0 | 0.1 | 0.0 | 0.1 | 0.0 | 0.0 | 0.0 | 0.1 | 0.0 | 0.1 | 0.5 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100 |
| Number of sampled households | 2,167 | 5,883 | 848 | 793 | 1,070 | 717 | 789 | 1,273 | 1,074 | 698 | 788 | 8,050 |
| Household response rate (HRR) | 97.8 | 98.3 | 98.6 | 98.4 | 98.9 | 98.9 | 97.9 | 98.3 | 98.5 | 97.6 | 95.7 | 98.2 |
| Eligible women |  |  |  |  |  |  |  |  |  |  |  |  |
| Completed (EWC) | 96.3 | 96.5 | 97.1 | 95.1 | 94.4 | 98.4 | 96.9 | 97.6 | 96.4 | 97.8 | 94.1 | 96.4 |
| Not at home (EWNH) | 2.3 | 2.3 | 1.4 | 3.2 | 4.3 | 0.6 | 1.7 | 1.2 | 2.2 | 1.0 | 4.9 | 2.3 |
| Postponed (EWP) | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 | 0.0 | 0.0 |
| Refused (EWR) | 0.8 | 0.4 | 0.3 | 0.7 | 0.5 | 0.3 | 0.9 | 0.4 | 0.8 | 0.3 | 0.1 | 0.5 |
| Partly completed (EWPC) | 0.1 | 0.1 | 0.1 | 0.0 | 0.1 | 0.0 | 0.1 | 0.1 | 0.2 | 0.0 | 0.1 | 0.1 |
| Incapacitated (EWI) | 0.6 | 0.7 | 1.1 | 0.9 | 0.6 | 0.6 | 0.4 | 0.7 | 0.4 | 0.6 | 0.4 | 0.7 |
| Other (EWO) | 0.0 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 | 0.0 | 0.3 | 0.3 | 0.1 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of women | 2,650 | 5,294 | 918 | 987 | 947 | 636 | 925 | 1,200 | 914 | 723 | 694 | 7,944 |
| Eligible woman response rate (EWRR) | 96.3 | 96.5 | 97.1 | 95.1 | 94.4 | 98.4 | 96.9 | 97.6 | 96.4 | 97.8 | 94.1 | 96.4 |
| Overall response rate (ORR) | 94.1 | 94.8 | 95.7 | 93.6 | 93.3 | 97.3 | 94.8 | 96.0 | 94.9 | 95.5 | 90.1 | 94.6 |

${ }^{1}$ Using the number of households falling into specific response categories, the household response rate (HRR) is calculated as: $100 \times \mathrm{C}$

$$
\mathrm{C}+\mathrm{HP}+\mathrm{R}+\mathrm{DNF}
$$

${ }^{2}$ Using the number of eligible women falling into specific response categories, the eligible woman response rate (EWRR) is calculated as:
$100 \times$ EWC
$\mathrm{EWC}+\mathrm{EWNH}+\mathrm{EWR}+\mathrm{EWPC}+\mathrm{EWI}+\mathrm{EWO}$

## Table A. 5 Sample implementation: men's sample

Percent distribution of households and eligible men by results of the household and individual interviews, and household, eligible men and overall response rates, according to urban-rural residence and province, Zambia 2001-2002

| Result | Residence |  | Province |  |  |  |  |  |  |  |  | Total |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Urban | Rural | Central | Copperbelt | Eastern | Luapula | Lusaka | Northern | North- <br> Western | Southern | Western |  |
| Selected households |  |  |  |  |  |  |  |  |  |  |  |  |
| Completed (C) | 92.9 | 87.7 | 91.2 | 92.7 | 91.5 | 88.7 | 96.5 | 88.4 | 83.1 | 89.5 | 81.9 | 89.1 |
| HH present but no competent respondent at home (HP) | 1.3 | 0.7 | 0.7 | 1.1 | 0.6 | 0.0 | 0.8 | 0.5 | 1.1 | 0.9 | 2.3 | 0.9 |
| Refused (R) | 0.1 | 0.3 | 0.4 | 0.4 | 0.0 | 0.0 | 0.0 | 0.2 | 0.6 | 0.0 | 0.4 | 0.2 |
| Dwelling not found (DNF) | 0.4 | 0.4 | 0.4 | 0.0 | 0.0 | 0.4 | 0.0 | 0.7 | 0.0 | 1.3 | 1.2 | 0.4 |
| Household absent (HA) | 0.6 | 2.5 | 0.7 | 0.4 | 0.6 | 1.3 | 0.0 | 3.3 | 5.6 | 0.0 | 3.8 | 2.0 |
| Dwelling vacant/address not a dwelling (DV) | 3.6 | 5.9 | 5.3 | 3.4 | 6.0 | 5.5 | 2.7 | 5.0 | 5.4 | 7.4 | 6.9 | 5.3 |
| Dwelling destroy (DD) | 1.0 | 2.4 | 1.4 | 1.5 | 1.4 | 4.2 | 0.0 | 1.9 | 4.2 | 0.4 | 2.7 | 2.0 |
| Other (O) | 0.1 | 0.2 | 0.0 | 0.4 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.4 | 0.8 | 0.2 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of sampled households | 720 | 1,938 | 283 | 261 | 352 | 238 | 259 | 421 | 355 | 229 | 260 | 2,658 |
| Household response rate (HRR) | 98.1 | 98.4 | 98.5 | 98.4 | 99.4 | 99.5 | 99.2 | 98.4 | 98.0 | 97.6 | 95.5 | 98.3 |
| Eligible men |  |  |  |  |  |  |  |  |  |  |  |  |
| Completed (EMC) | 84.6 | 90.8 | 93.9 | 85.5 | 85.3 | 97.3 | 84.5 | 89.1 | 91.5 | 91.1 | 81.8 | 88.7 |
| Not at home (EMNH) | 12.0 | 5.9 | 4.1 | 11.3 | 13.3 | 0.5 | 11.3 | 5.7 | 6.5 | 3.1 | 14.1 | 7.9 |
| Postponed (EMP) | 0.0 | 0.1 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 0.0 | 1.0 | 0.1 |
| Refused (EMR) | 2.1 | 1.1 | 0.0 | 2.3 | 0.0 | 1.1 | 2.8 | 1.9 | 0.8 | 2.7 | 1.6 | 1.4 |
| Partly completed (EMPC) | 0.1 | 0.1 | 0.0 | 0.0 | 0.0 | 0.5 | 0.4 | 0.0 | 0.0 | 0.0 | 0.0 | 0.1 |
| Incapacitated (EMI) | 0.7 | 0.9 | 1.7 | 1.0 | 1.0 | 0.0 | 0.7 | 0.8 | 0.4 | 0.4 | 1.0 | 0.8 |
| Other (EMO) | 0.4 | 1.2 | 0.3 | 0.0 | 0.3 | 0.5 | 0.4 | 2.5 | 0.8 | 2.7 | 0.5 | 0.9 |
| Total | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 | 100.0 |
| Number of men | 814 | 1,604 | 294 | 311 | 300 | 186 | 283 | 367 | 260 | 225 | 192 | 2,418 |
| Eligible man response rate (EMRR) | 84.6 | 90.8 | 93.9 | 85.5 | 85.3 | 97.3 | 84.5 | 89.1 | 91.5 | 91.1 | 81.8 | 88.7 |
| Overall response rate (ORR) | 83.0 | 89.4 | 92.4 | 84.1 | 84.8 | 96.9 | 83.8 | 87.7 | 89.7 | 88.9 | 78.1 | 87.2 |

${ }^{1}$ Using the number of households falling into specific response categories, the household response rate (HRR) is calculated as:
$100 \times \mathrm{C}$

$$
\mathrm{C}+\mathrm{HP}+\mathrm{R}+\mathrm{DNF}
$$

${ }^{2}$ Using the number of eligible women falling into specific response categories, the eligible woman response rate (EWRR) is calculated as:
$100 \times$ EWC
$\mathrm{EWC}+\mathrm{EWNH}+\mathrm{EWR}+\mathrm{EWPC}+\mathrm{EWI}+\mathrm{EWO}$

## ESTIMATES OF SAMPLING ERRORS

## Appendix B

The estimates from a sample survey are affected by two types of errors: 1) nonsampling errors and 2) sampling errors. Nonsampling errors are the result of mistakes made in implementing data collection and data processing, such as failure to locate and interview the correct household, misunderstanding of the questions on the part of either the interviewer or the respondent, and data entry errors. Although numerous efforts were made during the implementation of the 2001-2002 ZDHS to minimise this type of error, nonsampling errors are impossible to avoid and difficult to evaluate statistically.

Sampling errors, on the other hand, can be evaluated statistically. The sample of respondents selected in the 2001-2002 ZDHS is only one of many samples that could have been selected from the same population, using the same design and expected size. Each of these samples would yield results that differ somewhat from the results of the actual sample selected. Sampling errors are a measure of the variability between all possible samples. Although the degree of variability is not known exactly, it can be estimated from the survey results.

A sampling error is usually measured in terms of the standard error for a particular statistic (mean, percentage, etc.), which is the square root of the variance. The standard error can be used to calculate confidence intervals within which the true value for the population can reasonably be assumed to fall. For example, for any given statistic calculated from a sample survey, the value of that statistic will fall within a range of plus or minus two times the standard error of that statistic in 95 percent of all possible samples of identical size and design.

If the sample of respondents had been selected as a simple random sample, it would have been possible to use straightforward formulas for calculating sampling errors. However, the 2001-2002 ZDHS sample is the result of a multistage stratified design, and consequently, it was necessary to use more complex formulas. The computer software used to calculate sampling errors for the 2001-2002 ZDHS is the ISSA Sampling Error Module (ISSAS). This module used the Taylor linearization method of variance estimation for survey estimates that are means or proportions. The Jackknife repeated replication method is used for variance estimation of more complex statistics such as fertility and mortality rates.

The Taylor linearization method treats any percentage or average as a ratio estimate, $r=y / x$, where $y$ represents the total sample value for variable $y$, and $x$ represents the total number of cases in the group or subgroup under consideration. The variance of $r$ is computed using the formula given below, with the standard error being the square root of the variance:

$$
\operatorname{var}(r)=\frac{1-f}{x^{2}} \sum_{h=1}^{H}\left[\frac{m_{h}}{m_{h}-1}\left(\sum_{i=1}^{m_{h}} z_{h i}^{2}-\frac{z_{h}^{2}}{m_{h}}\right)\right]
$$

in which

$$
z_{h i}=y_{h i}-r \cdot x_{h i} \text {, and } z_{h}=y_{h}-r \cdot x_{h}
$$

where $h \quad$ represents the stratum which varies from 1 to $H$,
$m_{h} \quad$ is the total number of enumeration areas selected in the $h^{\text {th }}$ stratum,
$y_{h i} \quad$ is the sum of the values of variable $y$ in EA $i$ in the $h^{\text {th }}$ stratum,
$x_{h i} \quad$ is the sum of the number of cases in EA $i$ in the $h^{\text {th }}$ stratum, and
$f \quad$ is the overall sampling fraction, which is so small that it is ignored.
The Jackknife repeated replication method derives estimates of complex rates from each of several replications of the parent sample, and calculates standard errors for these estimates using simple formulae. Each replication considers all but one cluster in the calculation of the estimates. Pseudoindependent replications are thus created. In the 2001-2002 ZDHS, there were 320 nonempty clusters (PSUs). Hence, 320 replications were created. The variance of a rate $r$ is calculated as follows:

$$
S E^{2}(r)=\operatorname{var}(r)=\frac{1}{k(k-1)} \sum_{i=1}^{k}\left(r_{i}-r\right)^{2}
$$

in which

$$
r_{i}=k r-(k-1) r_{(i)}
$$

$$
\begin{array}{ll}
\text { where } & \begin{array}{l}
r \\
r_{(i)}
\end{array} \\
\begin{array}{l}
\text { is the estimate computed from the full sample of } 320 \text { clusters, } \\
\text { is the estimate computed from the reduced sample of } 319 \text { clusters }\left(i^{t h}\right. \text { cluster } \\
\text { excluded), and }
\end{array} \\
k & \text { is the total number of clusters. }
\end{array}
$$

In addition to the standard error, ISSAS computes the design effect (DEFT) for each estimate, which is defined as the ratio between the standard error using the given sample design and the standard error that would result if a simple random sample had been used. A DEFT value of 1.0 indicates that the sample design is as efficient as a simple random sample, while a value greater than 1.0 indicates the increase in the sampling error due to the use of a more complex and less statistically efficient design. ISSAS also computes the relative error and confidence limits for the estimates.

Sampling errors for the 2001-2002 ZDHS women and men are calculated for selected variables considered to be of primary interest including HIV and syphilis prevalence. The results are presented in this appendix for the country as a whole, for urban and rural areas, and for each of the 9 subdomains (provinces) in the country. For each variable, the type of statistic (mean, proportion, or rate) and the base population are given in Table B.1. Tables B. 2 to B. 13 present the value of the statistic (R), its standard error (SE), the number of unweighted ( N ) and weighted (WN) cases, the design effect (DEFT), the relative standard error ( $\mathrm{SE} / \mathrm{R}$ ), and the 95 percent confidence limits ( $\mathrm{R} \pm 2 \mathrm{SE}$ ) for each variable. The DEFT is considered undefined when the standard error considering simple random sample is zero (when the estimate is close to 0 or 1 ).

In general, the relative standard error for most estimates for the country as a whole is small, except for estimates of very small proportions. There are some differentials in the relative standard error for the estimates of subpopulations. For example, for the variable "currently using any contraceptive method" for currently married women age 15-49, the relative standard errors as a percentage of the estimated mean for the whole country, for urban areas, and for rural areas are 2.5 percent, 3.6 percent, and 3.2 percent, respectively.

The confidence interval (e.g., as calculated for "currently using any contraceptive method" for currently married women age 15-49) can be interpreted as follows: the overall national sample proportion is 0.342 and its standard error is 0.009 . Therefore, to obtain the 95 percent confidence limits, one adds and subtracts twice the standard error to the sample estimate, i.e. $0.342 \pm 2(0.009)$. There is a high probability ( 95 percent) that the true average proportion of contraceptive use for currently married women age $15-49$ is between 0.325 and 0.359 .

| Variable | Estimate | Base population |
| :---: | :---: | :---: |
| WOMEN |  |  |
| Urban residence | Proportion | All women |
| Literate | Proportion | All women |
| No education | Proportion | All women |
| Secondary education or higher | Proportion | All women |
| Net attendance ratio | Ratio | Children 6-10 years |
| Never married | Proportion | All women |
| Currently married | Proportion | All women |
| Married before age 20 | Proportion | All women |
| Currently pregnant | Proportion | All women |
| Children ever born | Mean | All women |
| Children surviving | Mean | All women |
| Children ever born to women age 40-49 | Mean | All women age 40-49 |
| Knows any contraceptive method | Proportion | Currently married women |
| Ever used any contraceptive method | Proportion | Currently married women |
| Currently using any contraceptive method | Proportion | Currently married women |
| Currently using pill | Proportion | Currently married women |
| Currently using IUD | Proportion | Currently married women |
| Currently using female sterilisation | Proportion | Currently married women |
| Currently using periodic abstinence | Proportion | Currently married women |
| Using public sector source | Proportion | Current users of modern method |
| Want no more children | Proportion | Currently married women |
| Want to delay birth at least 2 years | Proportion | Currently married women |
| Ideal family size | Mean | All women |
| Mother received tetanus injection for last birth | Proportion | Women with at least one live birth in five years before survey |
| Mother received medical assistance at delivery | Proportion | Births in past 5 years ${ }^{1}$ |
| Had diarrhoea in the 2 weeks before survey | Proportion | Children age 0 to 59 months |
| Treated with oral rehydration salts (ORS) | Proportion | Children with diarrhoea in two weeks before interview |
| Taken to a health provider | Proportion | Children with diarrhoea in two weeks before interview |
| Vaccination card seen | Proportion | Children 12-23 months |
| Received BCG vaccination | Proportion | Children 12-23 months |
| Received DPT vaccination (3 doses) | Proportion | Children 12-23 months |
| Received polio vaccination (3 doses) | Proportion | Children 12-23 months |
| Received measles vaccination | Proportion | Children 12-23 months |
| Received all vaccinations | Proportion | Children 12-23 months |
| Height-for-age (-2 SD) | Proportion | Children 0-59 months |
| Weight-for-height(-2 SD) | Proportion | Children 0-59 months |
| Weight-for-age (-2 SD) | Proportion | Children 0-59 months |
| BMI < 18.5 | Proportion | All women |
| Total fertility rate (3 years) | Rate | All women |
| Neonatal mortality | Rate | Children exposed to the risk of mortality |
| Postneonatal mortality | Rate | Children exposed to the risk of mortality |
| Infant mortality | Rate | Children exposed to the risk of mortality |
| Child mortality | Rate | Children exposed to the risk of mortality |
| Under-five mortality | Rate | Children exposed to the risk of mortality |
| HIV positive | Proportion | All women 15-49 |
| Syphilis positive | Proportion | All women 15-49 |
| MEN |  |  |
| Urban residence | Proportion | All men age 15-59 |
| No education | Proportion | All men age 15-59 |
| Secondary education or higher | Proportion | All men age 15-59 |
| Never married | Proportion | All men age 15-59 |
| Currently married | Proportion | All men age 15-59 |
| Knows any contraceptive method | Proportion | Currently married men |
| Knows any modern method | Proportion | Currently married men |
| Ever used any contraceptive method | Proportion | Currently married men |
| Want no more children | Proportion | Currently married men |
| Want to delay birth at least 2 years | Proportion | Currently married men |
| Ideal family size | Mean | All men age 15-59 |
| HIV positive | Proportion | All men 15-49 |
| HIV positive | Proportion | All men 15-59 |
| Syphilis positive | Proportion | All men 15-49 |
| Syphilis positive | Proportion | All men 15-59 |


| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence intervals |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted (N) | Weighted (WN) |  |  | Value2SE <br> (R-2SE) | $\begin{gathered} \text { Value+ } \\ 2 S E \\ (R+2 S E) \end{gathered}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.401 | 0.010 | 7658 | 7658 | 1.797 | 0.025 | 0.381 | 0.421 |
| Literate | 0.606 | 0.010 | 7658 | 7658 | 1.795 | 0.017 | 0.586 | 0.626 |
| No education | 0.121 | 0.006 | 7658 | 7658 | 1.662 | 0.051 | 0.108 | 0.133 |
| Secondary education or higher | 0.300 | 0.011 | 7658 | 7658 | 2.184 | 0.038 | 0.277 | 0.322 |
| Net attendance ratio | 0.661 | 0.010 | 6902 | 6950 | 1.505 | 0.015 | 0.641 | 0.681 |
| Never married | 0.248 | 0.008 | 7658 | 7658 | 1.634 | 0.033 | 0.232 | 0.264 |
| Currently married | 0.613 | 0.008 | 7658 | 7658 | 1.422 | 0.013 | 0.597 | 0.629 |
| Married before age 20 | 0.697 | 0.010 | 5852 | 5847 | 1.658 | 0.014 | 0.677 | 0.717 |
| Currently pregnant | 0.102 | 0.003 | 7658 | 7658 | 1.005 | 0.034 | 0.095 | 0.109 |
| Children ever born | 3.031 | 0.042 | 7658 | 7658 | 1.248 | 0.014 | 2.947 | 3.115 |
| Children surviving | 2.503 | 0.034 | 7658 | 7658 | 1.205 | 0.014 | 2.435 | 2.570 |
| Children ever born to women 40-49 | 7.112 | 0.107 | 1093 | 1069 | 1.202 | 0.015 | 6.898 | 7.327 |
| Knows any contraceptive method | 0.993 | 0.001 | 4731 | 4694 | 1.172 | 0.001 | 0.990 | 0.996 |
| Ever used any contraceptive method | 0.700 | 0.008 | 4731 | 4694 | 1.170 | 0.011 | 0.684 | 0.716 |
| Currently using any contraceptive method | 0.342 | 0.009 | 4731 | 4694 | 1.241 | 0.025 | 0.325 | 0.359 |
| Currently using pill | 0.119 | 0.006 | 4731 | 4694 | 1.286 | 0.051 | 0.107 | 0.131 |
| Currently using IUD | 0.001 | 0.000 | 4731 | 4694 | 1.041 | 0.577 | 0.000 | 0.001 |
| Currently using female sterilisation | 0.020 | 0.003 | 4731 | 4694 | 1.397 | 0.141 | 0.015 | 0.026 |
| Currently using periodic abstinence | 0.011 | 0.001 | 4731 | 4694 | 0.955 | 0.129 | 0.008 | 0.014 |
| Used public sector source | 0.609 | 0.021 | 1208 | 1314 | 1.483 | 0.034 | 0.567 | 0.651 |
| Want no more children | 0.335 | 0.009 | 4731 | 4694 | 1.351 | 0.028 | 0.316 | 0.353 |
| Want to delay birth at least 2 years | 0.374 | 0.008 | 4731 | 4694 | 1.158 | 0.022 | 0.358 | 0.390 |
| Ideal family size | 4.722 | 0.042 | 7132 | 7195 | 1.685 | 0.009 | 4.639 | 4.805 |
| Mother received tetanus injection for last birth | 0.748 | 0.007 | 4495 | 4402 | 1.130 | 0.010 | 0.733 | 0.762 |
| Mother received medical assistance at delivery | 0.434 | 0.013 | 6877 | 6649 | 1.740 | 0.029 | 0.409 | 0.460 |
| Had diarrhoea in two weeks before survey | 0.212 | 0.006 | 5997 | 5787 | 1.094 | 0.028 | 0.200 | 0.224 |
| Treated with oral rehydration salts (ORS) | 0.532 | 0.017 | 1228 | 1225 | 1.141 | 0.032 | 0.498 | 0.566 |
| Taken to a health provider | 0.428 | 0.019 | 1228 | 1225 | 1.288 | 0.044 | 0.390 | 0.466 |
| Vaccination card seen | 0.795 | 0.013 | 1329 | 1299 | 1.153 | 0.017 | 0.769 | 0.821 |
| Received BCG | 0.940 | 0.008 | 1329 | 1299 | 1.118 | 0.008 | 0.924 | 0.955 |
| Received DPT (3 doses) | 0.800 | 0.015 | 1329 | 1299 | 1.334 | 0.019 | 0.770 | 0.831 |
| Received polio (3 doses) | 0.802 | 0.016 | 1329 | 1299 | 1.427 | 0.020 | 0.770 | 0.835 |
| Received measles | 0.844 | 0.013 | 1329 | 1299 | 1.264 | 0.015 | 0.818 | 0.870 |
| Received all vaccinations | 0.700 | 0.017 | 1329 | 1299 | 1.319 | 0.024 | 0.666 | 0.735 |
| Height-for-age (-2 SD) | 0.468 | 0.008 | 5902 | 5784 | 1.156 | 0.017 | 0.452 | 0.484 |
| Weight-for-height (-2 SD) | 0.050 | 0.003 | 5902 | 5784 | 0.987 | 0.058 | 0.044 | 0.056 |
| Weight-for-age (-2 SD) | 0.281 | 0.008 | 5902 | 5784 | 1.268 | 0.028 | 0.266 | 0.297 |
| BMI $<18.5$ | 0.157 | 0.006 | 6124 | 6152 | 1.218 | 0.036 | 0.146 | 0.169 |
| TFR 0-3 years | 5.881 | 0.136 | na | 21351 | 1.452 | 0.023 | 5.610 | 6.152 |
| Neonatal mortality 0-4 years | 36.749 | 2.751 | 6914 | 6689 | 1.059 | 0.075 | 31.248 | 42.250 |
| Post-neonatal mortality 0-4 years | 58.289 | 3.392 | 6947 | 6722 | 1.164 | 0.058 | 51.505 | 65.072 |
| Infant mortality 0-4 years | 95.038 | 4.359 | 6948 | 6723 | 1.142 | 0.046 | 86.319 | 103.757 |
| Infant mortality 5-9 years | 92.687 | 4.759 | 5990 | 5895 | 1.198 | 0.051 | 83.170 | 102.205 |
| Infant mortality 10-14 years | 95.014 | 5.144 | 4408 | 4315 | 1.035 | 0.054 | 84.726 | 105.303 |
| Child mortality 0-4 years | 80.845 | 4.515 | 7065 | 6832 | 1.195 | 0.056 | 71.814 | 89.875 |
| Under-five mortality 0-4 years | 168.199 | 6.197 | 7100 | 6867 | 1.228 | 0.037 | 155.806 | 180.593 |
| HIV prevalence (15-49) | 0.178 | 0.010 | 2133 | 2073 | 1.178 | 0.055 | 0.158 | 0.197 |
| Syphilis positive (15-49) | 0.064 | 0.006 | 2134 | 2044 | 1.154 | 0.095 | 0.052 | 0.077 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.397 | 0.013 | 2145 | 2145 | 1.225 | 0.033 | 0.371 | 0.423 |
| No education | 0.050 | 0.006 | 2145 | 2145 | 1.218 | 0.114 | 0.039 | 0.062 |
| Secondary education or higher | 0.437 | 0.015 | 2145 | 2145 | 1.405 | 0.034 | 0.407 | 0.467 |
| Never married | 0.364 | 0.012 | 2145 | 2145 | 1.195 | 0.034 | 0.340 | 0.389 |
| Currently married | 0.582 | 0.013 | 2145 | 2145 | 1.186 | 0.022 | 0.556 | 0.607 |
| Knows at least one method | 0.996 | 0.002 | 1249 | 1248 | 1.093 | 0.002 | 0.992 | 1.000 |
| Knows any modern method | 0.996 | 0.002 | 1249 | 1248 | 1.064 | 0.002 | 0.992 | 1.000 |
| Ever used any method | 0.809 | 0.012 | 1249 | 1248 | 1.115 | 0.015 | 0.784 | 0.833 |
| Want no more children | 0.310 | 0.015 | 1249 | 1248 | 1.162 | 0.049 | 0.279 | 0.340 |
| Want to delay birth at least 2 years | 0.272 | 0.013 | 1249 | 1248 | 1.053 | 0.049 | 0.245 | 0.298 |
| Ideal family size | 5.298 | 0.066 | 2020 | 2036 | 1.015 | 0.012 | 5.166 | 5.430 |
| HIV prevalence (15-49) | 0.129 | 0.010 | 1679 | 1734 | 1.209 | 0.077 | 0.109 | 0.149 |
| HIV prevalence (15-59) | 0.126 | 0.009 | 1817 | 1877 | 1.207 | 0.075 | 0.107 | 0.145 |
| Syphilis positive (15-49) | 0.076 | 0.008 | 1624 | 1703 | 1.175 | 0.102 | 0.061 | 0.092 |
| Syphilis positive (15-59) | 0.073 | 0.007 | 1760 | 1850 | 1.170 | 0.099 | 0.059 | 0.088 |


| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence intervals |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted (N) | Weighted (WN) |  |  | $\begin{aligned} & \text { Value- } \\ & 2 S E \\ & \text { (R-2SE) } \end{aligned}$ | $\begin{aligned} & \text { Value+ } \\ & 2 S E \\ & (R+2 S E) \end{aligned}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Literate | 0.788 | 0.014 | 2551 | 3073 | 1.757 | 0.018 | 0.760 | 0.817 |
| No education | 0.037 | 0.005 | 2551 | 3073 | 1.267 | 0.128 | 0.028 | 0.047 |
| Secondary education or higher | 0.504 | 0.020 | 2551 | 3073 | 2.030 | 0.040 | 0.464 | 0.544 |
| Net attendance ratio | 0.781 | 0.015 | 2039 | 2530 | 1.508 | 0.019 | 0.751 | 0.811 |
| Never married | 0.308 | 0.016 | 2551 | 3073 | 1.764 | 0.052 | 0.275 | 0.340 |
| Currently married | 0.541 | 0.014 | 2551 | 3073 | 1.437 | 0.026 | 0.512 | 0.569 |
| Married before age 20 | 0.616 | 0.020 | 1912 | 2310 | 1.791 | 0.032 | 0.576 | 0.656 |
| Currently pregnant | 0.075 | 0.005 | 2551 | 3073 | 1.041 | 0.073 | 0.064 | 0.085 |
| Children ever born | 2.551 | 0.071 | 2551 | 3073 | 1.318 | 0.028 | 2.409 | 2.693 |
| Children surviving | 2.182 | 0.062 | 2551 | 3073 | 1.320 | 0.028 | 2.059 | 2.305 |
| Children ever born to women 40-49 | 6.828 | 0.175 | 320 | 379 | 1.102 | 0.026 | 6.479 | 7.178 |
| Knows any contraceptive method | 0.997 | 0.002 | 1365 | 1662 | 1.268 | 0.002 | 0.993 | 1.001 |
| Ever used any contraceptive method | 0.822 | 0.012 | 1365 | 1662 | 1.140 | 0.014 | 0.798 | 0.845 |
| Currently using any contraceptive method | 0.457 | 0.016 | 1365 | 1662 | 1.212 | 0.036 | 0.425 | 0.490 |
| Currently using pill | 0.215 | 0.012 | 1365 | 1662 | 1.118 | 0.058 | 0.190 | 0.240 |
| Currently using IUD | 0.001 | 0.001 | 1365 | 1662 | 0.946 | 0.706 | 0.000 | 0.003 |
| Currently using female sterilisation | 0.037 | 0.007 | 1365 | 1662 | 1.416 | 0.197 | 0.022 | 0.051 |
| Currently using periodic abstinence | 0.011 | 0.003 | 1365 | 1662 | 0.995 | 0.254 | 0.006 | 0.017 |
| Used public sector source | 0.574 | 0.029 | 647 | 795 | 1.493 | 0.051 | 0.516 | 0.632 |
| Want no more children | 0.411 | 0.018 | 1365 | 1662 | 1.344 | 0.044 | 0.375 | 0.447 |
| Want to delay birth at least 2 years | 0.336 | 0.016 | 1365 | 1662 | 1.281 | 0.049 | 0.303 | 0.369 |
| Ideal family size | 4.036 | 0.059 | 2480 | 2990 | 1.637 | 0.015 | 3.918 | 4.154 |
| Mother received tetanus injection for last birth | 0.784 | 0.012 | 1252 | 1499 | 1.051 | 0.016 | 0.759 | 0.808 |
| Mother received medical assistance at delivery | 0.789 | 0.020 | 1725 | 2050 | 1.743 | 0.025 | 0.750 | 0.829 |
| Had diarrhoea in two weeks before survey | 0.211 | 0.013 | 1508 | 1796 | 1.206 | 0.061 | 0.185 | 0.236 |
| Treated with oral rehydration salts (ORS) | 0.564 | 0.030 | 318 | 379 | 1.045 | 0.053 | 0.504 | 0.623 |
| Taken to a health provider | 0.406 | 0.043 | 318 | 379 | 1.497 | 0.106 | 0.320 | 0.492 |
| Vaccination card seen | 0.813 | 0.030 | 306 | 379 | 1.315 | 0.036 | 0.754 | 0.872 |
| Received BCG | 0.955 | 0.013 | 306 | 379 | 1.139 | 0.014 | 0.928 | 0.981 |
| Received DPT (3 doses) | 0.879 | 0.026 | 306 | 379 | 1.351 | 0.029 | 0.828 | 0.931 |
| Received polio (3 doses) | 0.851 | 0.029 | 306 | 379 | 1.427 | 0.035 | 0.793 | 0.910 |
| Received measles | 0.855 | 0.023 | 306 | 379 | 1.154 | 0.027 | 0.809 | 0.901 |
| Received all vaccinations | 0.769 | 0.034 | 306 | 379 | 1.417 | 0.045 | 0.700 | 0.838 |
| Height-for-age (-2 SD) | 0.368 | 0.016 | 1503 | 1813 | 1.168 | 0.043 | 0.336 | 0.399 |
| Weight-for-height (-2 SD) | 0.051 | 0.005 | 1503 | 1813 | 0.873 | 0.100 | 0.040 | 0.061 |
| Weight-for-age (-2 SD) | 0.234 | 0.014 | 1503 | 1813 | 1.182 | 0.060 | 0.206 | 0.262 |
| BMI $<18.5$ | 0.121 | 0.010 | 1812 | 2195 | 1.266 | 0.080 | 0.102 | 0.140 |
| TFR 0-3 years | 4.282 | 0.187 | na | 8853 | 1.314 | 0.044 | 3.909 | 4.656 |
| Neonatal mortality last 10 years | 30.721 | 3.720 | 3465 | 4173 | 1.113 | 0.121 | 23.281 | 38.161 |
| Postneonatal mortality last 10 years | 45.993 | 3.885 | 3475 | 4183 | 1.106 | 0.084 | 38.224 | 53.763 |
| Infant mortality last 10 years | 76.714 | 5.653 | 3476 | 4184 | 1.180 | 0.074 | 65.409 | 88.019 |
| Child mortality last 10 years | 68.579 | 5.602 | 3497 | 4205 | 1.178 | 0.082 | 57.375 | 79.784 |
| Under-five mortality last 10 years | 140.032 | 8.378 | 3509 | 4218 | 1.289 | 0.060 | 123.277 | 156.788 |
| HIV prevalence (15-49) | 0.263 | 0.020 | 700 | 808 | 1.177 | 0.075 | 0.224 | 0.302 |
| Syphilis positive (15-49) | 0.076 | 0.013 | 697 | 802 | 1.252 | 0.165 | 0.051 | 0.101 |
| MEN |  |  |  |  |  |  |  |  |
| No education | 0.016 | 0.006 | 689 | 851 | 1.152 | 0.342 | 0.005 | 0.027 |
| Secondary education or higher | 0.662 | 0.025 | 689 | 851 | 1.411 | 0.038 | 0.611 | 0.713 |
| Never married | 0.413 | 0.023 | 689 | 851 | 1.239 | 0.056 | 0.367 | 0.460 |
| Currently married | 0.520 | 0.024 | 689 | 851 | 1.261 | 0.046 | 0.472 | 0.568 |
| Knows at least one method | 1.000 | 0.000 | 352 | 443 | na | 0.000 | 1.000 | 1.000 |
| Knows any modern method | 1.000 | 0.000 | 352 | 443 | na | 0.000 | 1.000 | 1.000 |
| Ever used any method | 0.884 | 0.017 | 352 | 443 | 1.015 | 0.020 | 0.849 | 0.919 |
| Want no more children | 0.402 | 0.034 | 352 | 443 | 1.290 | 0.084 | 0.334 | 0.469 |
| Want to delay birth at least 2 years | 0.259 | 0.027 | 352 | 443 | 1.146 | 0.104 | 0.205 | 0.312 |
| Ideal family size | 4.373 | 0.095 | 666 | 827 | 1.063 | 0.022 | 4.184 | 4.562 |
| HIV prevalence (15-49) | 0.192 | 0.021 | 523 | 676 | 1.231 | 0.110 | 0.150 | 0.235 |
| HIV prevalence (15-59) | 0.187 | 0.021 | 557 | 722 | 1.244 | 0.110 | 0.146 | 0.228 |
| Syphilis positive (15-49) | 0.094 | 0.015 | 497 | 663 | 1.120 | 0.156 | 0.064 | 0.123 |
| Syphilis positive (15-59) | 0.089 | 0.014 | 537 | 718 | 1.161 | 0.161 | 0.060 | 0.117 |


| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect <br> (DEFT) | Relative error (SE/R) | Confidence intervals |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted (N) | Weighted (WN) |  |  | Value2SE <br> (R-2SE) | $\begin{gathered} \text { Value+ } \\ 2 S E \\ (\mathrm{R}+2 \mathrm{SE}) \end{gathered}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Literate | 0.484 | 0.012 | 5107 | 4585 | 1.696 | 0.025 | 0.460 | 0.507 |
| No education | 0.177 | 0.009 | 5107 | 4585 | 1.770 | 0.053 | 0.158 | 0.196 |
| Secondary education or higher | 0.163 | 0.010 | 5107 | 4585 | 1.926 | 0.061 | 0.143 | 0.183 |
| Net attendance ratio | 0.593 | 0.012 | 4863 | 4420 | 1.428 | 0.020 | 0.569 | 0.617 |
| Never married | 0.208 | 0.007 | 5107 | 4585 | 1.246 | 0.034 | 0.194 | 0.222 |
| Currently married | 0.661 | 0.008 | 5107 | 4585 | 1.263 | 0.013 | 0.645 | 0.678 |
| Married before age 20 | 0.749 | 0.009 | 3940 | 3537 | 1.342 | 0.012 | 0.731 | 0.768 |
| Currently pregnant | 0.121 | 0.004 | 5107 | 4585 | 0.974 | 0.037 | 0.112 | 0.129 |
| Children ever born | 3.352 | 0.048 | 5107 | 4585 | 1.119 | 0.014 | 3.257 | 3.447 |
| Children surviving | 2.717 | 0.037 | 5107 | 4585 | 1.048 | 0.014 | 2.644 | 2.791 |
| Children ever born to women 40-49 | 7.268 | 0.138 | 773 | 689 | 1.278 | 0.019 | 6.992 | 7.545 |
| Knows any contraceptive method | 0.990 | 0.002 | 3366 | 3032 | 1.176 | 0.002 | 0.987 | 0.994 |
| Ever used any contraceptive method | 0.633 | 0.010 | 3366 | 3032 | 1.186 | 0.016 | 0.614 | 0.653 |
| Currently using any contraceptive method | 0.279 | 0.009 | 3366 | 3032 | 1.153 | 0.032 | 0.261 | 0.297 |
| Currently using pill | 0.066 | 0.006 | 3366 | 3032 | 1.302 | 0.084 | 0.055 | 0.078 |
| Currently using IUD | 0.000 | 0.000 | 3366 | 3032 | 1.072 | 1.000 | 0.000 | 0.001 |
| Currently using female sterilisation | 0.012 | 0.002 | 3366 | 3032 | 1.066 | 0.169 | 0.008 | 0.016 |
| Currently using periodic abstinence | 0.011 | 0.002 | 3366 | 3032 | 0.908 | 0.145 | 0.008 | 0.015 |
| Used public sector source | 0.662 | 0.025 | 561 | 519 | 1.251 | 0.038 | 0.612 | 0.712 |
| Want no more children | 0.293 | 0.010 | 3366 | 3032 | 1.312 | 0.035 | 0.273 | 0.314 |
| Want to delay birth at least 2 years | 0.395 | 0.009 | 3366 | 3032 | 1.050 | 0.022 | 0.377 | 0.412 |
| Ideal family size | 5.210 | 0.050 | 4652 | 4206 | 1.579 | 0.010 | 5.110 | 5.309 |
| Mother received tetanus injection for last birth | 0.729 | 0.009 | 3243 | 2904 | 1.190 | 0.013 | 0.710 | 0.748 |
| Mother received medical assistance at delivery | 0.276 | 0.014 | 5152 | 4599 | 1.955 | 0.052 | 0.247 | 0.305 |
| Had diarrhoea in two weeks before survey | 0.212 | 0.006 | 4489 | 3991 | 1.033 | 0.031 | 0.199 | 0.225 |
| Treated with oral rehydration salts (ORS) | 0.518 | 0.021 | 910 | 847 | 1.199 | 0.040 | 0.477 | 0.559 |
| Taken to a health provider | 0.437 | 0.020 | 910 | 847 | 1.158 | 0.045 | 0.398 | 0.477 |
| Vaccination card seen | 0.788 | 0.014 | 1023 | 920 | 1.068 | 0.018 | 0.760 | 0.815 |
| Received BCG | 0.933 | 0.009 | 1023 | 920 | 1.135 | 0.010 | 0.915 | 0.951 |
| Received DPT (3 doses) | 0.768 | 0.018 | 1023 | 920 | 1.346 | 0.024 | 0.731 | 0.804 |
| Received polio (3 doses) | 0.782 | 0.019 | 1023 | 920 | 1.443 | 0.024 | 0.744 | 0.820 |
| Received measles | 0.839 | 0.016 | 1023 | 920 | 1.331 | 0.019 | 0.808 | 0.871 |
| Received all vaccinations | 0.672 | 0.019 | 1023 | 920 | 1.283 | 0.029 | 0.634 | 0.711 |
| Height-for-age (-2 SD) | 0.513 | 0.009 | 4399 | 3971 | 1.139 | 0.018 | 0.495 | 0.532 |
| Weight-for-height (-2 SD) | 0.050 | 0.004 | 4399 | 3971 | 1.044 | 0.071 | 0.043 | 0.057 |
| Weight-for-age (-2 SD) | 0.303 | 0.010 | 4399 | 3971 | 1.306 | 0.032 | 0.284 | 0.322 |
| BMI $<18.5$ | 0.178 | 0.007 | 4312 | 3957 | 1.204 | 0.039 | 0.164 | 0.192 |
| TFR 0-3 years | 6.920 | 0.126 | na | 12798 | 1.165 | 0.018 | 6.668 | 7.173 |
| Neonatal mortality last 10 years | 34.583 | 2.334 | 9406 | 8381 | 1.085 | 0.067 | 29.915 | 39.251 |
| Postneonatal mortality last 10 years | 67.971 | 3.423 | 9428 | 8401 | 1.249 | 0.050 | 61.124 | 74.818 |
| Infant mortality last 10 years | 102.553 | 4.266 | 9428 | 8401 | 1.250 | 0.042 | 94.021 | 111.085 |
| Child mortality last 10 years | 88.817 | 4.304 | 9526 | 8491 | 1.248 | 0.048 | 80.209 | 97.424 |
| Under-five mortality last 10 years | 182.262 | 5.587 | 9548 | 8511 | 1.248 | 0.031 | 171.088 | 193.435 |
| HIV prevalence (15-49) | 0.124 | 0.011 | 1433 | 1265 | 1.233 | 0.087 | 0.102 | 0.145 |
| Syphilis positive (15-49) | 0.057 | 0.006 | 1437 | 1241 | 0.980 | 0.105 | 0.045 | 0.069 |
| MEN |  |  |  |  |  |  |  |  |
| No education | 0.073 | 0.009 | 1456 | 1294 | 1.296 | 0.121 | 0.055 | 0.090 |
| Secondary education or higher | 0.288 | 0.017 | 1456 | 1294 | 1.455 | 0.060 | 0.254 | 0.323 |
| Never married | 0.332 | 0.014 | 1456 | 1294 | 1.112 | 0.041 | 0.305 | 0.360 |
| Currently married | 0.622 | 0.014 | 1456 | 1294 | 1.089 | 0.022 | 0.594 | 0.650 |
| Knows at least one method | 0.994 | 0.003 | 897 | 805 | 1.153 | 0.003 | 0.988 | 1.000 |
| Knows any modern method | 0.994 | 0.003 | 897 | 805 | 1.123 | 0.003 | 0.988 | 1.000 |
| Ever used any method | 0.767 | 0.016 | 897 | 805 | 1.161 | 0.021 | 0.734 | 0.800 |
| Want no more children | 0.259 | 0.015 | 897 | 805 | 1.035 | 0.059 | 0.229 | 0.289 |
| Want to delay birth at least 2 years | 0.279 | 0.014 | 897 | 805 | 0.967 | 0.052 | 0.250 | 0.308 |
| Ideal family size | 5.930 | 0.087 | 1354 | 1209 | 1.025 | 0.015 | 5.756 | 6.104 |
| HIV prevalence (15-49) | 0.089 | 0.010 | 1156 | 1058 | 1.160 | 0.109 | 0.070 | 0.108 |
| HIV prevalence (15-59) | 0.088 | 0.009 | 1260 | 1155 | 1.165 | 0.106 | 0.069 | 0.107 |
| Syphilis positive (15-49) | 0.065 | 0.008 | 1127 | 1040 | 1.151 | 0.130 | 0.048 | 0.082 |
| Syphilis positive (15-59) | 0.064 | 0.008 | 1223 | 1132 | 1.098 | 0.120 | 0.048 | 0.079 |


| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence intervals |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted (N) | $\begin{gathered} \text { Weight- } \\ \text { ed } \\ (W N) \end{gathered}$ |  |  | $\begin{aligned} & \text { Value- } \\ & 2 S E \\ & (\mathrm{R}-2 \mathrm{SE}) \end{aligned}$ | $\begin{gathered} \text { Value+ } \\ 2 S E \\ (R+2 S E) \end{gathered}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.278 | 0.033 | 891 | 562 | 2.174 | 0.117 | 0.213 | 0.344 |
| Literate | 0.646 | 0.028 | 891 | 562 | 1.726 | 0.043 | 0.591 | 0.702 |
| No education | 0.080 | 0.011 | 891 | 562 | 1.262 | 0.144 | 0.057 | 0.103 |
| Secondary education or higher | 0.294 | 0.041 | 891 | 562 | 2.705 | 0.141 | 0.211 | 0.377 |
| Net attendance ratio | 0.700 | 0.021 | 799 | 518 | 1.120 | 0.029 | 0.658 | 0.741 |
| Never married | 0.241 | 0.018 | 891 | 562 | 1.234 | 0.073 | 0.206 | 0.277 |
| Currently married | 0.615 | 0.019 | 891 | 562 | 1.190 | 0.032 | 0.576 | 0.654 |
| Married before age 20 | 0.728 | 0.038 | 668 | 422 | 2.192 | 0.052 | 0.652 | 0.803 |
| Currently pregnant | 0.120 | 0.011 | 891 | 562 | 1.030 | 0.093 | 0.098 | 0.143 |
| Children ever born | 3.236 | 0.142 | 891 | 562 | 1.338 | 0.044 | 2.952 | 3.520 |
| Children surviving | 2.655 | 0.119 | 891 | 562 | 1.330 | 0.045 | 2.417 | 2.894 |
| Children ever born to women 40-49 | 7.579 | 0.333 | 140 | 88 | 1.236 | 0.044 | 6.913 | 8.244 |
| Knows any contraceptive method | 0.996 | 0.003 | 548 | 346 | 1.026 | 0.003 | 0.991 | 1.002 |
| Ever used any contraceptive method | 0.648 | 0.019 | 548 | 346 | 0.920 | 0.029 | 0.610 | 0.685 |
| Currently using any contraceptive method | 0.257 | 0.020 | 548 | 346 | 1.060 | 0.077 | 0.218 | 0.297 |
| Currently using pill | 0.119 | 0.017 | 548 | 346 | 1.240 | 0.144 | 0.084 | 0.153 |
| Currently using IUD | 0.000 | 0.000 | 548 | 346 | na | na | 0.000 | 0.000 |
| Currently using female sterilisation | 0.013 | 0.004 | 548 | 346 | 0.895 | 0.337 | 0.004 | 0.021 |
| Currently using periodic abstinence | 0.004 | 0.004 | 548 | 346 | 1.477 | 1.044 | 0.000 | 0.011 |
| Used public sector source | 0.642 | 0.040 | 134 | 85 | 0.968 | 0.063 | 0.561 | 0.722 |
| Want no more children | 0.396 | 0.029 | 548 | 346 | 1.398 | 0.074 | 0.338 | 0.454 |
| Want to delay birth at least 2 years | 0.372 | 0.022 | 548 | 346 | 1.059 | 0.059 | 0.328 | 0.416 |
| Ideal family size | 4.467 | 0.131 | 861 | 543 | 1.853 | 0.029 | 4.206 | 4.728 |
| Mother received tetanus injection for last birth | 0.695 | 0.027 | 505 | 319 | 1.308 | 0.039 | 0.641 | 0.749 |
| Mother received medical assistance at delivery | 0.342 | 0.036 | 796 | 502 | 1.809 | 0.105 | 0.270 | 0.413 |
| Had diarrhoea in two weeks before survey | 0.200 | 0.017 | 674 | 425 | 1.145 | 0.086 | 0.166 | 0.235 |
| Treated with oral rehydration salts (ORS) | 0.444 | 0.057 | 135 | 85 | 1.313 | 0.128 | 0.331 | 0.558 |
| Taken to a health provider | 0.319 | 0.060 | 135 | 85 | 1.488 | 0.188 | 0.199 | 0.438 |
| Vaccination card seen | 0.806 | 0.044 | 144 | 91 | 1.336 | 0.055 | 0.717 | 0.894 |
| Received BCG | 0.951 | 0.017 | 144 | 91 | 0.957 | 0.018 | 0.917 | 0.986 |
| Received DPT (3 doses) | 0.813 | 0.038 | 144 | 91 | 1.170 | 0.047 | 0.737 | 0.888 |
| Received polio (3 doses) | 0.819 | 0.040 | 144 | 91 | 1.239 | 0.049 | 0.740 | 0.899 |
| Received measles | 0.833 | 0.038 | 144 | 91 | 1.182 | 0.046 | 0.757 | 0.909 |
| Received all vaccinations | 0.701 | 0.043 | 144 | 91 | 1.111 | 0.061 | 0.615 | 0.788 |
| Height-for-age (-2 SD) | 0.459 | 0.021 | 693 | 450 | 1.061 | 0.045 | 0.417 | 0.500 |
| Weight-for-height (-2 SD) | 0.042 | 0.009 | 693 | 450 | 1.207 | 0.213 | 0.024 | 0.060 |
| Weight-for-age (-2 SD) | 0.266 | 0.022 | 693 | 450 | 1.212 | 0.082 | 0.222 | 0.309 |
| BMI $<18.5$ | 0.194 | 0.020 | 640 | 415 | 1.252 | 0.101 | 0.155 | 0.233 |
| TFR 0-3 years | 6.234 | 0.341 | na | 1539 | 1.235 | 0.055 | 5.552 | 6.916 |
| Neonatal mortality last 10 years | 34.655 | 5.404 | 1504 | 949 | 1.086 | 0.156 | 23.847 | 45.463 |
| Postneonatal mortality last 10 years | 57.332 | 7.412 | 1509 | 953 | 1.163 | 0.129 | 42.507 | 72.156 |
| Infant mortality last 10 years | 91.987 | 8.497 | 1509 | 953 | 1.057 | 0.092 | 74.994 | 108.980 |
| Child mortality last 10 years | 110.217 | 16.173 | 1530 | 966 | 1.508 | 0.147 | 77.870 | 142.563 |
| Under-five mortality last 10 years | 192.065 | 15.567 | 1535 | 969 | 1.222 | 0.081 | 160.932 | 223.198 |
| HIV prevalence (15-49) | 0.168 | 0.022 | 309 | 171 | 1.038 | 0.132 | 0.124 | 0.213 |
| Syphilis positive (15-49) | 0.030 | 0.009 | 301 | 168 | 0.895 | 0.294 | 0.012 | 0.047 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.257 | 0.028 | 276 | 165 | 1.051 | 0.108 | 0.202 | 0.313 |
| No education | 0.051 | 0.014 | 276 | 165 | 1.071 | 0.279 | 0.022 | 0.079 |
| Secondary education or higher | 0.406 | 0.038 | 276 | 165 | 1.286 | 0.094 | 0.330 | 0.482 |
| Never married | 0.431 | 0.024 | 276 | 165 | 0.804 | 0.056 | 0.383 | 0.479 |
| Currently married | 0.496 | 0.031 | 276 | 165 | 1.027 | 0.062 | 0.434 | 0.558 |
| Knows at least one method | 1.000 | 0.000 | 137 | 82 | na | 0.000 | 1.000 | 1.000 |
| Knows any modern method | 1.000 | 0.000 | 137 | 82 | na | 0.000 | 1.000 | 1.000 |
| Ever used any method | 0.766 | 0.045 | 137 | 82 | 1.232 | 0.058 | 0.677 | 0.856 |
| Want no more children | 0.358 | 0.040 | 137 | 82 | 0.985 | 0.113 | 0.277 | 0.439 |
| Want to delay birth at least 2 years | 0.255 | 0.048 | 137 | 82 | 1.273 | 0.186 | 0.160 | 0.351 |
| Ideal family size | 5.049 | 0.263 | 264 | 158 | 1.562 | 0.052 | 4.523 | 5.576 |
| HIV prevalence (15-49) | 0.134 | 0.019 | 238 | 135 | 0.848 | 0.140 | 0.097 | 0.172 |
| HIV prevalence (15-59) | 0.129 | 0.017 | 255 | 145 | 0.831 | 0.135 | 0.094 | 0.164 |
| Syphilis positive (15-49) | 0.022 | 0.011 | 225 | 133 | 1.078 | 0.478 | 0.001 | 0.043 |
| Syphilis positive (15-59) | 0.021 | 0.010 | 241 | 143 | 1.084 | 0.481 | 0.001 | 0.041 |


| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence intervals |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted (N) | Weighted (WN) |  |  | Value2SE <br> (R-2SE) | $\begin{gathered} \text { Value+ } \\ 2 S E \\ (R+2 S E) \end{gathered}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.816 | 0.015 | 939 | 1544 | 1.218 | 0.019 | 0.785 | 0.847 |
| Literate | 0.787 | 0.020 | 939 | 1544 | 1.526 | 0.026 | 0.746 | 0.828 |
| No education | 0.033 | 0.006 | 939 | 1544 | 1.103 | 0.195 | 0.020 | 0.046 |
| Secondary education or higher | 0.472 | 0.029 | 939 | 1544 | 1.760 | 0.061 | 0.414 | 0.529 |
| Net attendance ratio | 0.755 | 0.027 | 817 | 1353 | 1.500 | 0.036 | 0.701 | 0.809 |
| Never married | 0.295 | 0.026 | 939 | 1544 | 1.725 | 0.087 | 0.244 | 0.346 |
| Currently married | 0.564 | 0.025 | 939 | 1544 | 1.514 | 0.043 | 0.515 | 0.613 |
| Married before age 20 | 0.661 | 0.028 | 704 | 1158 | 1.594 | 0.043 | 0.604 | 0.717 |
| Currently pregnant | 0.091 | 0.009 | 939 | 1544 | 0.929 | 0.096 | 0.073 | 0.108 |
| Children ever born | 2.744 | 0.112 | 939 | 1544 | 1.212 | 0.041 | 2.520 | 2.969 |
| Children surviving | 2.351 | 0.098 | 939 | 1544 | 1.228 | 0.042 | 2.155 | 2.548 |
| Children ever born to women 40-49 | 7.237 | 0.322 | 118 | 194 | 1.296 | 0.045 | 6.593 | 7.882 |
| Knows any contraceptive method | 0.998 | 0.002 | 530 | 871 | 0.992 | 0.002 | 0.994 | 1.002 |
| Ever used any contraceptive method | 0.819 | 0.016 | 530 | 871 | 0.959 | 0.020 | 0.787 | 0.851 |
| Currently using any contraceptive method | 0.451 | 0.024 | 530 | 871 | 1.127 | 0.054 | 0.402 | 0.500 |
| Currently using pill | 0.213 | 0.017 | 530 | 871 | 0.943 | 0.079 | 0.180 | 0.247 |
| Currently using IUD | 0.000 | 0.000 | 530 | 871 | na | na | 0.000 | 0.000 |
| Currently using female sterilisation | 0.057 | 0.012 | 530 | 871 | 1.243 | 0.221 | 0.032 | 0.082 |
| Currently using periodic abstinence | 0.013 | 0.005 | 530 | 871 | 0.912 | 0.343 | 0.004 | 0.022 |
| Used public sector source | 0.522 | 0.050 | 228 | 375 | 1.519 | 0.096 | 0.421 | 0.623 |
| Want no more children | 0.408 | 0.031 | 530 | 871 | 1.471 | 0.077 | 0.345 | 0.470 |
| Want to delay birth at least 2 years | 0.351 | 0.028 | 530 | 871 | 1.332 | 0.079 | 0.296 | 0.406 |
| Ideal family size | 4.248 | 0.108 | 910 | 1496 | 1.720 | 0.026 | 4.032 | 4.465 |
| Mother received tetanus injection for last birth | 0.714 | 0.021 | 465 | 765 | 1.020 | 0.030 | 0.671 | 0.757 |
| Mother received medical assistance at delivery | 0.715 | 0.038 | 648 | 1065 | 1.784 | 0.053 | 0.639 | 0.790 |
| Had diarrhoea in two weeks before survey | 0.193 | 0.017 | 566 | 931 | 1.040 | 0.089 | 0.158 | 0.227 |
| Treated with oral rehydration salts (ORS) | 0.550 | 0.052 | 109 | 179 | 1.058 | 0.095 | 0.446 | 0.655 |
| Taken to a health provider | 0.486 | 0.078 | 109 | 179 | 1.548 | 0.161 | 0.330 | 0.643 |
| Vaccination card seen | 0.799 | 0.042 | 139 | 229 | 1.171 | 0.053 | 0.714 | 0.883 |
| Received BCG | 0.921 | 0.025 | 139 | 229 | 1.018 | 0.027 | 0.870 | 0.971 |
| Received DPT (3 doses) | 0.871 | 0.039 | 139 | 229 | 1.242 | 0.045 | 0.793 | 0.948 |
| Received polio (3 doses) | 0.856 | 0.044 | 139 | 229 | 1.363 | 0.051 | 0.768 | 0.944 |
| Received measles | 0.849 | 0.034 | 139 | 229 | 1.076 | 0.040 | 0.781 | 0.917 |
| Received all vaccinations | 0.791 | 0.050 | 139 | 229 | 1.379 | 0.064 | 0.691 | 0.892 |
| Height-for-age (-2 SD) | 0.399 | 0.026 | 556 | 921 | 1.179 | 0.065 | 0.348 | 0.451 |
| Weight-for-height (-2 SD) | 0.065 | 0.007 | 556 | 921 | 0.681 | 0.111 | 0.050 | 0.079 |
| Weight-for-age (-2 SD) | 0.290 | 0.023 | 556 | 921 | 1.102 | 0.078 | 0.244 | 0.335 |
| BMI $<18.5$ | 0.157 | 0.015 | 650 | 1077 | 1.053 | 0.096 | 0.127 | 0.187 |
| TFR 0-3 years | 4.482 | 0.317 | na | 4262 | 1.371 | 0.071 | 3.849 | 5.116 |
| Neonatal mortality last 10 years | 24.265 | 5.273 | 1363 | 2241 | 1.150 | 0.217 | 13.718 | 34.811 |
| Postneonatal mortality last 10 years | 43.301 | 5.444 | 1366 | 2246 | 1.018 | 0.126 | 32.414 | 54.189 |
| Infant mortality last 10 years | 67.566 | 7.826 | 1366 | 2246 | 1.129 | 0.116 | 51.915 | 83.217 |
| Child mortality last 10 years | 70.900 | 9.130 | 1370 | 2253 | 1.207 | 0.129 | 52.641 | 89.160 |
| Under-five mortality last 10 years | 133.676 | 12.598 | 1373 | 2258 | 1.297 | 0.094 | 108.480 | 158.872 |
| HIV prevalence (15-49) | 0.221 | 0.025 | 280 | 423 | 1.019 | 0.114 | 0.171 | 0.272 |
| Syphilis positive (15-49) | 0.090 | 0.018 | 278 | 417 | 1.058 | 0.202 | 0.054 | 0.126 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.820 | 0.029 | 266 | 447 | 1.217 | 0.035 | 0.762 | 0.877 |
| No education | 0.019 | 0.010 | 266 | 447 | 1.223 | 0.543 | 0.000 | 0.039 |
| Secondary education or higher | 0.680 | 0.036 | 266 | 447 | 1.274 | 0.054 | 0.607 | 0.753 |
| Never married | 0.414 | 0.037 | 266 | 447 | 1.217 | 0.089 | 0.340 | 0.487 |
| Currently married | 0.526 | 0.039 | 266 | 447 | 1.277 | 0.074 | 0.448 | 0.605 |
| Knows at least one method | 0.993 | 0.007 | 140 | 235 | 1.005 | 0.007 | 0.979 | 1.007 |
| Knows any modern method | 0.993 | 0.007 | 140 | 235 | 1.005 | 0.007 | 0.979 | 1.007 |
| Ever used any method | 0.857 | 0.031 | 140 | 235 | 1.033 | 0.036 | 0.796 | 0.918 |
| Want no more children | 0.450 | 0.058 | 140 | 235 | 1.364 | 0.128 | 0.335 | 0.565 |
| Want to delay birth at least 2 years | 0.293 | 0.040 | 140 | 235 | 1.046 | 0.138 | 0.212 | 0.374 |
| Ideal family size | 4.580 | 0.155 | 262 | 440 | 1.085 | 0.034 | 4.270 | 4.891 |
| HIV prevalence (15-49) | 0.173 | 0.028 | 197 | 351 | 1.031 | 0.161 | 0.117 | 0.228 |
| HIV prevalence (15-59) | 0.169 | 0.027 | 219 | 391 | 1.050 | 0.158 | 0.116 | 0.222 |
| Syphilis positive (15-49) | 0.106 | 0.024 | 188 | 343 | 1.083 | 0.229 | 0.058 | 0.155 |
| Syphilis positive (15-59) | 0.095 | 0.022 | 211 | 385 | 1.111 | 0.237 | 0.050 | 0.140 |


| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence intervals |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted (N) | Weighted (WN) |  |  | Value2SE <br> (R-2SE) | $\begin{gathered} \text { Value+ } \\ 2 S E \\ (R+2 S E) \end{gathered}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.094 | 0.016 | 894 | 926 | 1.661 | 0.173 | 0.062 | 0.126 |
| Literate | 0.478 | 0.034 | 894 | 926 | 2.033 | 0.071 | 0.410 | 0.546 |
| No education | 0.227 | 0.021 | 894 | 926 | 1.471 | 0.091 | 0.186 | 0.268 |
| Secondary education or higher | 0.204 | 0.029 | 894 | 926 | 2.147 | 0.142 | 0.146 | 0.261 |
| Net attendance ratio | 0.534 | 0.023 | 884 | 916 | 1.165 | 0.043 | 0.488 | 0.580 |
| Never married | 0.186 | 0.020 | 894 | 926 | 1.505 | 0.105 | 0.147 | 0.225 |
| Currently married | 0.695 | 0.016 | 894 | 926 | 1.049 | 0.023 | 0.662 | 0.727 |
| Married before age 20 | 0.788 | 0.015 | 702 | 727 | 1.000 | 0.020 | 0.757 | 0.819 |
| Currently pregnant | 0.110 | 0.009 | 894 | 926 | 0.875 | 0.083 | 0.091 | 0.128 |
| Children ever born | 3.187 | 0.132 | 894 | 926 | 1.359 | 0.041 | 2.924 | 3.450 |
| Children surviving | 2.601 | 0.102 | 894 | 926 | 1.275 | 0.039 | 2.397 | 2.804 |
| Children ever born to women 40-49 | 7.210 | 0.300 | 119 | 123 | 1.145 | 0.042 | 6.611 | 7.809 |
| Knows any contraceptive method | 0.994 | 0.004 | 621 | 644 | 1.219 | 0.004 | 0.986 | 1.001 |
| Ever used any contraceptive method | 0.596 | 0.021 | 621 | 644 | 1.057 | 0.035 | 0.554 | 0.637 |
| Currently using any contraceptive method | 0.295 | 0.019 | 621 | 644 | 1.063 | 0.066 | 0.256 | 0.334 |
| Currently using pill | 0.092 | 0.014 | 621 | 644 | 1.174 | 0.148 | 0.065 | 0.119 |
| Currently using IUD | 0.003 | 0.002 | 621 | 644 | 0.999 | 0.706 | 0.000 | 0.008 |
| Currently using female sterilisation | 0.014 | 0.005 | 621 | 644 | 1.122 | 0.372 | 0.004 | 0.025 |
| Currently using periodic abstinence | 0.010 | 0.004 | 621 | 644 | 0.919 | 0.374 | 0.002 | 0.017 |
| Used public sector source | 0.596 | 0.044 | 136 | 141 | 1.046 | 0.074 | 0.507 | 0.684 |
| Want no more children | 0.317 | 0.021 | 621 | 644 | 1.132 | 0.067 | 0.275 | 0.360 |
| Want to delay birth at least 2 years | 0.399 | 0.021 | 621 | 644 | 1.088 | 0.054 | 0.357 | 0.442 |
| Ideal family size | 4.855 | 0.093 | 792 | 821 | 1.356 | 0.019 | 4.668 | 5.042 |
| Mother received tetanus injection for last birth | 0.714 | 0.017 | 566 | 587 | 0.919 | 0.024 | 0.679 | 0.749 |
| Mother received medical assistance at delivery | 0.317 | 0.028 | 859 | 890 | 1.528 | 0.088 | 0.261 | 0.372 |
| Had diarrhoea in two weeks before survey | 0.223 | 0.018 | 754 | 781 | 1.168 | 0.081 | 0.187 | 0.259 |
| Treated with oral rehydration salts (ORS) | 0.625 | 0.044 | 168 | 174 | 1.143 | 0.071 | 0.536 | 0.714 |
| Taken to a health provider | 0.518 | 0.028 | 168 | 174 | 0.682 | 0.053 | 0.463 | 0.573 |
| Vaccination card seen | 0.768 | 0.034 | 181 | 188 | 1.047 | 0.044 | 0.701 | 0.835 |
| Received BCG | 0.967 | 0.012 | 181 | 188 | 0.895 | 0.012 | 0.943 | 0.991 |
| Received DPT (3 doses) | 0.818 | 0.043 | 181 | 188 | 1.453 | 0.053 | 0.732 | 0.904 |
| Received polio (3 doses) | 0.757 | 0.045 | 181 | 188 | 1.360 | 0.060 | 0.667 | 0.847 |
| Received measles | 0.890 | 0.025 | 181 | 188 | 1.019 | 0.028 | 0.840 | 0.939 |
| Received all vaccinations | 0.685 | 0.040 | 181 | 188 | 1.131 | 0.059 | 0.605 | 0.766 |
| Height-for-age (-2 SD) | 0.594 | 0.019 | 707 | 732 | 0.961 | 0.031 | 0.557 | 0.631 |
| Weight-for-height (-2 SD) | 0.052 | 0.008 | 707 | 732 | 0.951 | 0.162 | 0.035 | 0.069 |
| Weight-for-age (-2 SD) | 0.321 | 0.023 | 707 | 732 | 1.227 | 0.071 | 0.276 | 0.367 |
| BMI $<18.5$ | 0.151 | 0.018 | 828 | 858 | 1.437 | 0.118 | 0.115 | 0.187 |
| TFR 0-3 years | 6.785 | 0.298 | na | 2617 | 1.136 | 0.044 | 6.189 | 7.381 |
| Neonatal mortality last 10 years | 28.913 | 4.847 | 1591 | 1649 | 1.076 | 0.168 | 19.218 | 38.607 |
| Postneonatal mortality last 10 years | 55.345 | 7.205 | 1597 | 1655 | 1.141 | 0.130 | 40.935 | 69.754 |
| Infant mortality last 10 years | 84.257 | 7.597 | 1597 | 1655 | 1.003 | 0.090 | 69.063 | 99.452 |
| Child mortality last 10 years | 89.409 | 8.983 | 1615 | 1674 | 1.138 | 0.100 | 71.443 | 107.376 |
| under 5 mortality last 10 years | 166.133 | 11.343 | 1621 | 1680 | 1.114 | 0.068 | 143.447 | 188.820 |
| HIV prevalence (15-49) | 0.161 | 0.032 | 205 | 252 | 1.229 | 0.196 | 0.098 | 0.224 |
| Syphilis positive (15-49) | 0.078 | 0.021 | 205 | 248 | 1.097 | 0.264 | 0.037 | 0.119 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.117 | 0.014 | 256 | 268 | 0.677 | 0.116 | 0.090 | 0.144 |
| No education | 0.125 | 0.025 | 256 | 268 | 1.184 | 0.196 | 0.076 | 0.174 |
| Secondary education or higher | 0.324 | 0.039 | 256 | 268 | 1.333 | 0.121 | 0.246 | 0.402 |
| Never married | 0.285 | 0.025 | 256 | 268 | 0.880 | 0.087 | 0.235 | 0.335 |
| Currently married | 0.688 | 0.029 | 256 | 268 | 0.994 | 0.042 | 0.630 | 0.745 |
| Knows at least one method | 1.000 | 0.000 | 176 | 184 | na | 0.000 | 1.000 | 1.000 |
| Knows any modern method | 1.000 | 0.000 | 176 | 184 | na | 0.000 | 1.000 | 1.000 |
| Ever used any method | 0.767 | 0.033 | 176 | 184 | 1.039 | 0.043 | 0.701 | 0.833 |
| Want no more children | 0.301 | 0.029 | 176 | 184 | 0.842 | 0.097 | 0.243 | 0.360 |
| Want to delay birth at least 2 years | 0.227 | 0.034 | 176 | 184 | 1.076 | 0.150 | 0.159 | 0.295 |
| Ideal family size | 5.486 | 0.185 | 253 | 265 | 0.969 | 0.034 | 5.117 | 5.855 |
| HIV prevalence (15-49) | 0.110 | 0.028 | 172 | 219 | 1.178 | 0.256 | 0.054 | 0.167 |
| HIV prevalence (15-59) | 0.109 | 0.027 | 184 | 234 | 1.189 | 0.252 | 0.054 | 0.163 |
| Syphilis positive (15-49) | 0.110 | 0.023 | 164 | 214 | 0.942 | 0.210 | 0.064 | 0.156 |
| Syphilis positive (15-59) | 0.119 | 0.020 | 177 | 231 | 0.806 | 0.166 | 0.079 | 0.158 |


| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence intervals |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted (N) | Weighted (WN) |  |  | Value2SE <br> (R-2SE) | $\begin{aligned} & \text { Value+ } \\ & 2 S E \\ & (R+2 S E) \end{aligned}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.169 | 0.018 | 626 | 622 | 1.232 | 0.109 | 0.132 | 0.206 |
| Literate | 0.412 | 0.027 | 626 | 622 | 1.352 | 0.065 | 0.359 | 0.465 |
| No education | 0.147 | 0.025 | 626 | 622 | 1.788 | 0.172 | 0.096 | 0.198 |
| Secondary education or higher | 0.125 | 0.020 | 626 | 622 | 1.493 | 0.158 | 0.085 | 0.164 |
| Net attendance ratio | 0.541 | 0.036 | 499 | 516 | 1.383 | 0.067 | 0.468 | 0.614 |
| Never married | 0.216 | 0.011 | 626 | 622 | 0.697 | 0.053 | 0.193 | 0.239 |
| Currently married | 0.642 | 0.017 | 626 | 622 | 0.908 | 0.027 | 0.607 | 0.677 |
| Married before age 20 | 0.812 | 0.018 | 467 | 464 | 1.014 | 0.023 | 0.775 | 0.848 |
| Currently pregnant | 0.129 | 0.014 | 626 | 622 | 1.077 | 0.112 | 0.100 | 0.158 |
| Children ever born | 3.367 | 0.128 | 626 | 622 | 0.993 | 0.038 | 3.111 | 3.623 |
| Children surviving | 2.542 | 0.111 | 626 | 622 | 1.119 | 0.044 | 2.319 | 2.764 |
| Children ever born to women 40-49 | 7.248 | 0.407 | 101 | 100 | 1.207 | 0.056 | 6.433 | 8.062 |
| Knows any contraceptive method | 0.988 | 0.007 | 402 | 399 | 1.180 | 0.007 | 0.975 | 1.001 |
| Ever used any contraceptive method | 0.682 | 0.024 | 402 | 399 | 1.022 | 0.035 | 0.634 | 0.729 |
| Currently using any contraceptive method | 0.318 | 0.018 | 402 | 399 | 0.777 | 0.057 | 0.282 | 0.355 |
| Currently using pill | 0.035 | 0.010 | 402 | 399 | 1.068 | 0.281 | 0.015 | 0.054 |
| Currently using IUD | 0.000 | 0.000 | 402 | 399 | na | na | 0.000 | 0.000 |
| Currently using female sterilisation | 0.005 | 0.005 | 402 | 399 | 1.385 | 0.978 | 0.000 | 0.015 |
| Currently using periodic abstinence | 0.017 | 0.006 | 402 | 399 | 0.945 | 0.355 | 0.005 | 0.030 |
| Used public sector source | 0.727 | 0.109 | 33 | 33 | 1.379 | 0.149 | 0.510 | 0.944 |
| Want no more children | 0.231 | 0.029 | 402 | 399 | 1.375 | 0.125 | 0.173 | 0.289 |
| Want to delay birth at least 2 years | 0.480 | 0.030 | 402 | 399 | 1.193 | 0.062 | 0.421 | 0.540 |
| Ideal family size | 5.363 | 0.091 | 568 | 564 | 1.102 | 0.017 | 5.180 | 5.546 |
| Mother received tetanus injection for last birth | 0.751 | 0.030 | 374 | 371 | 1.341 | 0.040 | 0.691 | 0.811 |
| Mother received medical assistance at delivery | 0.286 | 0.032 | 629 | 625 | 1.422 | 0.110 | 0.223 | 0.349 |
| Had diarrhoea in two weeks before survey | 0.234 | 0.017 | 512 | 508 | 0.876 | 0.074 | 0.200 | 0.269 |
| Treated with oral rehydration salts (ORS) | 0.600 | 0.065 | 120 | 119 | 1.372 | 0.108 | 0.471 | 0.729 |
| Taken to a health provider | 0.533 | 0.052 | 120 | 119 | 1.105 | 0.098 | 0.429 | 0.638 |
| Vaccination card seen | 0.832 | 0.038 | 107 | 106 | 1.036 | 0.045 | 0.756 | 0.907 |
| Received BCG | 0.916 | 0.032 | 107 | 106 | 1.170 | 0.034 | 0.853 | 0.979 |
| Received DPT (3 doses) | 0.701 | 0.070 | 107 | 106 | 1.541 | 0.100 | 0.560 | 0.841 |
| Received polio (3 doses) | 0.729 | 0.077 | 107 | 106 | 1.735 | 0.106 | 0.575 | 0.883 |
| Received measles | 0.822 | 0.061 | 107 | 106 | 1.576 | 0.074 | 0.700 | 0.944 |
| Received all vaccinations | 0.617 | 0.069 | 107 | 106 | 1.439 | 0.113 | 0.478 | 0.756 |
| Height-for-age (-2 SD) | 0.576 | 0.023 | 524 | 542 | 1.008 | 0.039 | 0.531 | 0.622 |
| Weight-for-height (-2 SD) | 0.038 | 0.009 | 524 | 542 | 1.147 | 0.248 | 0.019 | 0.057 |
| Weight-for-age (-2 SD) | 0.330 | 0.022 | 524 | 542 | 1.022 | 0.067 | 0.286 | 0.374 |
| BMI $<18.5$ | 0.191 | 0.009 | 518 | 536 | 0.541 | 0.049 | 0.172 | 0.210 |
| TFR 0-3 years | 7.322 | 0.363 | na | 1723 | 1.163 | 0.050 | 6.595 | 8.049 |
| Neonatal mortality last 10 years | 36.004 | 5.372 | 1111 | 1103 | 0.835 | 0.149 | 25.259 | 46.748 |
| Postneonatal mortality last 10 years | 118.012 | 10.173 | 1114 | 1106 | 1.027 | 0.086 | 97.666 | 138.358 |
| Infant mortality last 10 years | 154.016 | 12.130 | 1114 | 1106 | 1.098 | 0.079 | 129.755 | 178.277 |
| Child mortality last 10 years | 111.651 | 12.887 | 1125 | 1117 | 1.185 | 0.115 | 85.876 | 137.426 |
| Under-five mortality last 10 years | 248.471 | 16.216 | 1128 | 1120 | 1.203 | 0.065 | 216.039 | 280.902 |
| HIV prevalence (15-49) | 0.133 | 0.017 | 181 | 167 | 0.686 | 0.131 | 0.098 | 0.167 |
| Syphilis positive (15-49) | 0.070 | 0.018 | 186 | 165 | 0.948 | 0.254 | 0.034 | 0.105 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.155 | 0.020 | 181 | 166 | 0.747 | 0.130 | 0.114 | 0.195 |
| No education | 0.044 | 0.020 | 181 | 166 | 1.315 | 0.456 | 0.004 | 0.084 |
| Secondary education or higher | 0.232 | 0.042 | 181 | 166 | 1.322 | 0.179 | 0.149 | 0.315 |
| Never married | 0.287 | 0.040 | 181 | 166 | 1.194 | 0.140 | 0.207 | 0.368 |
| Currently married | 0.680 | 0.041 | 181 | 166 | 1.191 | 0.061 | 0.597 | 0.762 |
| Knows at least one method | 1.000 | 0.000 | 123 | 113 | na | 0.000 | 1.000 | 1.000 |
| Knows any modern method | 1.000 | 0.000 | 123 | 113 | na | 0.000 | 1.000 | 1.000 |
| Ever used any method | 0.699 | 0.040 | 123 | 113 | 0.952 | 0.057 | 0.620 | 0.778 |
| Want no more children | 0.211 | 0.030 | 123 | 113 | 0.824 | 0.144 | 0.150 | 0.272 |
| Want to delay birth at least 2 years | 0.293 | 0.036 | 123 | 113 | 0.874 | 0.123 | 0.221 | 0.365 |
| Ideal family size | 5.781 | 0.243 | 146 | 134 | 1.137 | 0.042 | 5.294 | 6.268 |
| HIV prevalence (15-49) | 0.086 | 0.018 | 139 | 133 | 0.755 | 0.209 | 0.050 | 0.122 |
| HIV prevalence (15-59) | 0.086 | 0.016 | 152 | 145 | 0.723 | 0.193 | 0.053 | 0.118 |
| Syphilis positive (15-49) | 0.071 | 0.024 | 142 | 129 | 1.090 | 0.333 | 0.024 | 0.118 |
| Syphilis positive (15-59) | 0.064 | 0.021 | 157 | 143 | 1.077 | 0.330 | 0.022 | 0.106 |


| Variable | Value <br> (R) | Stand- <br> ard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence intervals |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted ( N ) | Weighted (WN) |  |  | $\begin{aligned} & \text { Value- } \\ & 2 S E \\ & \text { (R-2SE) } \end{aligned}$ | $\begin{gathered} \text { Value+ } \\ 2 S E \\ (R+2 S E) \end{gathered}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.860 | 0.019 | 896 | 1132 | 1.636 | 0.022 | 0.823 | 0.898 |
| Literate | 0.703 | 0.025 | 896 | 1132 | 1.636 | 0.036 | 0.653 | 0.753 |
| No education | 0.076 | 0.014 | 896 | 1132 | 1.557 | 0.182 | 0.048 | 0.103 |
| Secondary education or higher | 0.417 | 0.032 | 896 | 1132 | 1.916 | 0.076 | 0.354 | 0.481 |
| Net attendance ratio | 0.749 | 0.031 | 724 | 938 | 1.730 | 0.041 | 0.687 | 0.810 |
| Never married | 0.285 | 0.021 | 896 | 1132 | 1.416 | 0.075 | 0.242 | 0.327 |
| Currently married | 0.566 | 0.018 | 896 | 1132 | 1.112 | 0.033 | 0.529 | 0.603 |
| Married before age 20 | 0.611 | 0.034 | 692 | 874 | 1.844 | 0.056 | 0.543 | 0.680 |
| Currently pregnant | 0.078 | 0.010 | 896 | 1132 | 1.095 | 0.126 | 0.058 | 0.098 |
| Children ever born | 2.482 | 0.104 | 896 | 1132 | 1.193 | 0.042 | 2.274 | 2.690 |
| Children surviving | 2.131 | 0.082 | 896 | 1132 | 1.074 | 0.038 | 1.967 | 2.294 |
| Children ever born to women 40-49 | 6.480 | 0.292 | 98 | 124 | 0.953 | 0.045 | 5.895 | 7.064 |
| Knows any contraceptive method | 0.996 | 0.004 | 507 | 640 | 1.414 | 0.004 | 0.988 | 1.004 |
| Ever used any contraceptive method | 0.817 | 0.020 | 507 | 640 | 1.138 | 0.024 | 0.777 | 0.856 |
| Currently using any contraceptive method | 0.471 | 0.024 | 507 | 640 | 1.092 | 0.051 | 0.423 | 0.520 |
| Currently using pill | 0.213 | 0.022 | 507 | 640 | 1.221 | 0.104 | 0.169 | 0.257 |
| Currently using IUD | 0.000 | 0.000 | 507 | 640 | na | na | 0.000 | 0.000 |
| Currently using female sterilisation | 0.014 | 0.006 | 507 | 640 | 1.119 | 0.421 | 0.002 | 0.025 |
| Currently using periodic abstinence | 0.004 | 0.003 | 507 | 640 | 0.990 | 0.700 | 0.000 | 0.009 |
| Used public sector source | 0.607 | 0.032 | 262 | 331 | 1.048 | 0.052 | 0.544 | 0.670 |
| Want no more children | 0.406 | 0.026 | 507 | 640 | 1.212 | 0.065 | 0.353 | 0.459 |
| Want to delay birth at least 2 years | 0.335 | 0.023 | 507 | 640 | 1.107 | 0.069 | 0.289 | 0.382 |
| Ideal family size | 3.887 | 0.072 | 864 | 1091 | 1.241 | 0.018 | 3.744 | 4.030 |
| Mother received tetanus injection for last birth | 0.844 | 0.014 | 467 | 590 | 0.816 | 0.016 | 0.816 | 0.871 |
| Mother received medical assistance at delivery | 0.749 | 0.026 | 637 | 805 | 1.342 | 0.035 | 0.696 | 0.802 |
| Had diarrhoea in two weeks before survey | 0.245 | 0.021 | 563 | 711 | 1.141 | 0.085 | 0.203 | 0.287 |
| Treated with oral rehydration salts (ORS) | 0.587 | 0.046 | 138 | 174 | 1.089 | 0.079 | 0.494 | 0.680 |
| Taken to a health provider | 0.341 | 0.058 | 138 | 174 | 1.382 | 0.172 | 0.224 | 0.458 |
| Vaccination card seen | 0.842 | 0.038 | 120 | 152 | 1.147 | 0.046 | 0.765 | 0.918 |
| Received BCG | 0.992 | 0.008 | 120 | 152 | 1.007 | 0.008 | 0.975 | 1.008 |
| Received DPT (3 doses) | 0.900 | 0.032 | 120 | 152 | 1.158 | 0.035 | 0.836 | 0.964 |
| Received polio (3 doses) | 0.875 | 0.034 | 120 | 152 | 1.130 | 0.039 | 0.807 | 0.943 |
| Received measles | 0.867 | 0.029 | 120 | 152 | 0.920 | 0.033 | 0.809 | 0.924 |
| Received all vaccinations | 0.783 | 0.040 | 120 | 152 | 1.066 | 0.051 | 0.703 | 0.864 |
| Height-for-age (-2 SD) | 0.356 | 0.024 | 548 | 710 | 1.115 | 0.067 | 0.308 | 0.404 |
| Weight-for-height (-2 SD) | 0.051 | 0.009 | 548 | 710 | 0.992 | 0.180 | 0.033 | 0.070 |
| Weight-for-age (-2 SD) | 0.217 | 0.023 | 548 | 710 | 1.250 | 0.105 | 0.171 | 0.263 |
| BMI $<18.5$ | 0.077 | 0.013 | 678 | 878 | 1.277 | 0.170 | 0.051 | 0.103 |
| TFR 0-3 years | 4.349 | 0.366 | na | 3189 | 1.252 | 0.084 | 3.617 | 5.081 |
| Neonatal mortality last 10 years | 29.233 | 6.047 | 1232 | 1556 | 1.068 | 0.207 | 17.140 | 41.326 |
| Postneonatal mortality last 10 years | 40.945 | 5.314 | 1234 | 1559 | 0.925 | 0.130 | 30.318 | 51.573 |
| Infant mortality last 10 years | 70.178 | 7.498 | 1234 | 1559 | 0.956 | 0.107 | 55.181 | 85.175 |
| Child mortality last 10 years | 71.905 | 10.256 | 1247 | 1575 | 1.277 | 0.143 | 51.393 | 92.417 |
| Under-five mortality last 10 years | 137.037 | 12.519 | 1249 | 1578 | 1.122 | 0.091 | 111.999 | 162.075 |
| HIV prevalence (15-49) | 0.250 | 0.031 | 240 | 296 | 1.099 | 0.123 | 0.188 | 0.312 |
| Syphilis positive (15-49) | 0.085 | 0.021 | 234 | 292 | 1.133 | 0.243 | 0.044 | 0.127 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.828 | 0.035 | 239 | 314 | 1.435 | 0.042 | 0.758 | 0.899 |
| No education | 0.038 | 0.019 | 239 | 314 | 1.532 | 0.502 | 0.000 | 0.075 |
| Secondary education or higher | 0.586 | 0.047 | 239 | 314 | 1.473 | 0.080 | 0.492 | 0.680 |
| Never married | 0.372 | 0.035 | 239 | 314 | 1.112 | 0.094 | 0.303 | 0.442 |
| Currently married | 0.552 | 0.029 | 239 | 314 | 0.908 | 0.053 | 0.494 | 0.611 |
| Knows at least one method | 1.000 | 0.000 | 132 | 173 | na | 0.000 | 1.000 | 1.000 |
| Knows any modern method | 1.000 | 0.000 | 132 | 173 | na | 0.000 | 1.000 | 1.000 |
| Ever used any method | 0.879 | 0.029 | 132 | 173 | 1.012 | 0.033 | 0.821 | 0.937 |
| Want no more children | 0.394 | 0.038 | 132 | 173 | 0.887 | 0.096 | 0.318 | 0.470 |
| Want to delay birth at least 2 years | 0.212 | 0.024 | 132 | 173 | 0.675 | 0.114 | 0.164 | 0.260 |
| Ideal family size | 4.167 | 0.102 | 228 | 299 | 0.696 | 0.025 | 3.962 | 4.371 |
| HIV prevalence (15-49) | 0.187 | 0.038 | 182 | 263 | 1.325 | 0.206 | 0.110 | 0.264 |
| HIV prevalence (15-59) | 0.184 | 0.037 | 190 | 274 | 1.315 | 0.201 | 0.110 | 0.258 |
| Syphilis positive (15-49) | 0.114 | 0.023 | 166 | 258 | 0.909 | 0.197 | 0.069 | 0.159 |
| Syphilis positive (15-59) | 0.115 | 0.023 | 174 | 271 | 0.960 | 0.203 | 0.068 | 0.162 |


| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence intervals |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted (N) | Weighted (WN) |  |  | Value2SE <br> (R-2SE) | $\begin{gathered} \text { Value+ } \\ 2 S E \\ (\mathrm{R}+2 \mathrm{SE}) \end{gathered}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.174 | 0.017 | 1171 | 1040 | 1.541 | 0.098 | 0.140 | 0.208 |
| Literate | 0.532 | 0.029 | 1171 | 1040 | 1.999 | 0.055 | 0.474 | 0.590 |
| No education | 0.144 | 0.022 | 1171 | 1040 | 2.136 | 0.152 | 0.100 | 0.188 |
| Secondary education or higher | 0.229 | 0.027 | 1171 | 1040 | 2.163 | 0.116 | 0.176 | 0.282 |
| Net attendance ratio | 0.592 | 0.025 | 1074 | 986 | 1.544 | 0.043 | 0.541 | 0.643 |
| Never married | 0.225 | 0.015 | 1171 | 1040 | 1.264 | 0.069 | 0.194 | 0.255 |
| Currently married | 0.652 | 0.016 | 1171 | 1040 | 1.149 | 0.025 | 0.620 | 0.684 |
| Married before age 20 | 0.744 | 0.018 | 883 | 784 | 1.237 | 0.024 | 0.708 | 0.780 |
| Currently pregnant | 0.113 | 0.009 | 1171 | 1040 | 0.944 | 0.077 | 0.095 | 0.130 |
| Children ever born | 3.303 | 0.093 | 1171 | 1040 | 1.035 | 0.028 | 3.117 | 3.489 |
| Children surviving | 2.677 | 0.072 | 1171 | 1040 | 0.980 | 0.027 | 2.534 | 2.820 |
| Children ever born to women 40-49 | 7.171 | 0.234 | 175 | 155 | 1.066 | 0.033 | 6.703 | 7.640 |
| Knows any contraceptive method | 0.988 | 0.004 | 763 | 678 | 1.060 | 0.004 | 0.980 | 0.996 |
| Ever used any contraceptive method | 0.729 | 0.018 | 763 | 678 | 1.103 | 0.024 | 0.693 | 0.764 |
| Currently using any contraceptive method | 0.317 | 0.020 | 763 | 678 | 1.206 | 0.064 | 0.277 | 0.358 |
| Currently using pill | 0.063 | 0.009 | 763 | 678 | 1.019 | 0.142 | 0.045 | 0.081 |
| Currently using IUD | 0.000 | 0.000 | 763 | 678 | na | na | 0.000 | 0.000 |
| Currently using female sterilisation | 0.017 | 0.006 | 763 | 678 | 1.280 | 0.352 | 0.005 | 0.029 |
| Currently using periodic abstinence | 0.005 | 0.003 | 763 | 678 | 1.009 | 0.504 | 0.000 | 0.011 |
| Used public sector source | 0.647 | 0.077 | 119 | 106 | 1.755 | 0.119 | 0.493 | 0.801 |
| Want no more children | 0.286 | 0.017 | 763 | 678 | 1.021 | 0.058 | 0.252 | 0.319 |
| Want to delay birth at least 2 years | 0.384 | 0.013 | 763 | 678 | 0.765 | 0.035 | 0.357 | 0.411 |
| Ideal family size | 5.141 | 0.101 | 1103 | 980 | 1.600 | 0.020 | 4.940 | 5.343 |
| Mother received tetanus injection for last birth | 0.774 | 0.012 | 730 | 649 | 0.782 | 0.016 | 0.750 | 0.798 |
| Mother received medical assistance at delivery | 0.276 | 0.036 | 1135 | 1008 | 2.252 | 0.131 | 0.203 | 0.348 |
| Had diarrhoea in two weeks before survey | 0.199 | 0.013 | 995 | 884 | 0.971 | 0.064 | 0.174 | 0.224 |
| Treated with oral rehydration salts (ORS) | 0.444 | 0.036 | 198 | 176 | 0.968 | 0.081 | 0.372 | 0.517 |
| Taken to a health provider | 0.424 | 0.044 | 198 | 176 | 1.197 | 0.103 | 0.337 | 0.512 |
| Vaccination card seen | 0.719 | 0.031 | 228 | 203 | 1.026 | 0.043 | 0.658 | 0.781 |
| Received BCG | 0.917 | 0.014 | 228 | 203 | 0.744 | 0.015 | 0.889 | 0.944 |
| Received DPT (3 doses) | 0.684 | 0.036 | 228 | 203 | 1.153 | 0.052 | 0.613 | 0.755 |
| Received polio (3 doses) | 0.728 | 0.042 | 228 | 203 | 1.433 | 0.058 | 0.643 | 0.813 |
| Received measles | 0.807 | 0.033 | 228 | 203 | 1.279 | 0.041 | 0.740 | 0.874 |
| Received all vaccinations | 0.605 | 0.038 | 228 | 203 | 1.157 | 0.062 | 0.530 | 0.680 |
| Height-for-age (-2 SD) | 0.548 | 0.021 | 938 | 861 | 1.235 | 0.037 | 0.507 | 0.589 |
| Weight-for-height (-2 SD) | 0.076 | 0.009 | 938 | 861 | 0.981 | 0.119 | 0.058 | 0.094 |
| Weight-for-age (-2 SD) | 0.338 | 0.020 | 938 | 861 | 1.223 | 0.058 | 0.299 | 0.377 |
| BMI $<18.5$ | 0.163 | 0.014 | 943 | 866 | 1.133 | 0.084 | 0.136 | 0.191 |
| TFR 0-3 years | 6.910 | 0.243 | na | 2911 | 1.276 | 0.035 | 6.423 | 7.396 |
| Neonatal mortality last 10 years | 38.645 | 5.615 | 2098 | 1864 | 1.160 | 0.145 | 27.416 | 49.874 |
| Postneonatal mortality last 10 years | 74.192 | 6.297 | 2103 | 1868 | 1.085 | 0.085 | 61.599 | 86.786 |
| Infant mortality last 10 years | 112.837 | 7.618 | 2103 | 1868 | 1.022 | 0.068 | 97.601 | 128.074 |
| Child mortality last 10 years | 83.789 | 8.026 | 2124 | 1887 | 1.124 | 0.096 | 67.736 | 99.842 |
| Under-five mortality last 10 years | 187.172 | 9.800 | 2129 | 1891 | 0.966 | 0.052 | 167.572 | 206.772 |
| HIV prevalence (15-49) | 0.100 | 0.022 | 319 | 283 | 1.317 | 0.221 | 0.056 | 0.145 |
| Syphilis positive (15-49) | 0.019 | 0.008 | 312 | 279 | 0.983 | 0.398 | 0.004 | 0.035 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.156 | 0.027 | 327 | 292 | 1.365 | 0.176 | 0.101 | 0.211 |
| No education | 0.031 | 0.009 | 327 | 292 | 0.909 | 0.283 | 0.013 | 0.048 |
| Secondary education or higher | 0.330 | 0.029 | 327 | 292 | 1.108 | 0.087 | 0.273 | 0.388 |
| Never married | 0.361 | 0.030 | 327 | 292 | 1.136 | 0.084 | 0.300 | 0.421 |
| Currently married | 0.612 | 0.026 | 327 | 292 | 0.978 | 0.043 | 0.559 | 0.664 |
| Knows at least one method | 1.000 | 0.000 | 200 | 178 | na | 0.000 | 1.000 | 1.000 |
| Knows any modern method | 1.000 | 0.000 | 200 | 178 | na | 0.000 | 1.000 | 1.000 |
| Ever used any method | 0.855 | 0.028 | 200 | 178 | 1.141 | 0.033 | 0.798 | 0.912 |
| Want no more children | 0.220 | 0.037 | 200 | 178 | 1.256 | 0.168 | 0.146 | 0.294 |
| Want to delay birth at least 2 years | 0.360 | 0.033 | 200 | 178 | 0.976 | 0.092 | 0.294 | 0.426 |
| Ideal family size | 6.275 | 0.172 | 320 | 285 | 0.932 | 0.027 | 5.930 | 6.620 |
| HIV prevalence (15-49) | 0.062 | 0.012 | 273 | 234 | 0.846 | 0.199 | 0.037 | 0.087 |
| HIV prevalence (15-59) | 0.057 | 0.012 | 298 | 255 | 0.855 | 0.202 | 0.034 | 0.080 |
| Syphilis positive (15-49) | 0.023 | 0.009 | 258 | 231 | 0.979 | 0.396 | 0.005 | 0.042 |
| Syphilis positive (15-59) | 0.025 | 0.009 | 281 | 252 | 0.986 | 0.369 | 0.007 | 0.043 |


| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence intervals |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted ( N ) | Weighted (WN) |  |  | $\begin{aligned} & \text { Value- } \\ & 2 S E \\ & \text { (R-2SE) } \end{aligned}$ | $\begin{gathered} \text { Value+ } \\ 2 S E \\ (R+2 S E) \end{gathered}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.167 | 0.016 | 881 | 354 | 1.248 | 0.094 | 0.135 | 0.198 |
| Literate | 0.533 | 0.044 | 881 | 354 | 2.608 | 0.082 | 0.446 | 0.621 |
| No education | 0.175 | 0.030 | 881 | 354 | 2.320 | 0.170 | 0.115 | 0.234 |
| Secondary education or higher | 0.229 | 0.034 | 881 | 354 | 2.400 | 0.148 | 0.161 | 0.297 |
| Net attendance ratio | 0.763 | 0.023 | 882 | 362 | 1.406 | 0.030 | 0.717 | 0.809 |
| Never married | 0.233 | 0.023 | 881 | 354 | 1.590 | 0.097 | 0.187 | 0.278 |
| Currently married | 0.607 | 0.022 | 881 | 354 | 1.307 | 0.035 | 0.564 | 0.650 |
| Married before age 20 | 0.742 | 0.018 | 683 | 275 | 1.089 | 0.025 | 0.706 | 0.779 |
| Currently pregnant | 0.104 | 0.010 | 881 | 354 | 1.000 | 0.099 | 0.084 | 0.125 |
| Children ever born | 3.436 | 0.129 | 881 | 354 | 1.274 | 0.038 | 3.177 | 3.694 |
| Children surviving | 2.941 | 0.109 | 881 | 354 | 1.243 | 0.037 | 2.724 | 3.158 |
| Children ever born to women 40-49 | 7.310 | 0.262 | 129 | 52 | 1.098 | 0.036 | 6.786 | 7.835 |
| Knows any contraceptive method | 0.985 | 0.006 | 535 | 215 | 1.200 | 0.006 | 0.972 | 0.998 |
| Ever used any contraceptive method | 0.596 | 0.029 | 535 | 215 | 1.365 | 0.049 | 0.538 | 0.654 |
| Currently using any contraceptive method | 0.282 | 0.016 | 535 | 215 | 0.818 | 0.056 | 0.250 | 0.314 |
| Currently using pill | 0.049 | 0.009 | 535 | 215 | 0.972 | 0.186 | 0.031 | 0.067 |
| Currently using IUD | 0.000 | 0.000 | 535 | 215 | na | na | 0.000 | 0.000 |
| Currently using female sterilisation | 0.028 | 0.006 | 535 | 215 | 0.886 | 0.226 | 0.015 | 0.041 |
| Currently using periodic abstinence | 0.036 | 0.009 | 535 | 215 | 1.086 | 0.245 | 0.018 | 0.053 |
| Used public sector source | 0.627 | 0.063 | 118 | 47 | 1.417 | 0.101 | 0.500 | 0.754 |
| Want no more children | 0.279 | 0.022 | 535 | 215 | 1.128 | 0.079 | 0.235 | 0.322 |
| Want to delay birth at least 2 years | 0.439 | 0.026 | 535 | 215 | 1.204 | 0.059 | 0.388 | 0.491 |
| Ideal family size | 5.390 | 0.128 | 749 | 301 | 1.640 | 0.024 | 5.134 | 5.645 |
| Mother received tetanus injection for last birth | 0.742 | 0.021 | 561 | 226 | 1.139 | 0.028 | 0.699 | 0.784 |
| Mother received medical assistance at delivery | 0.474 | 0.052 | 887 | 357 | 2.534 | 0.109 | 0.370 | 0.577 |
| Had diarrhoea in two weeks before survey | 0.136 | 0.017 | 811 | 326 | 1.413 | 0.127 | 0.101 | 0.170 |
| Treated with oral rehydration salts (ORS) | 0.609 | 0.051 | 110 | 44 | 1.071 | 0.084 | 0.507 | 0.712 |
| Taken to a health provider | 0.473 | 0.067 | 110 | 44 | 1.378 | 0.142 | 0.338 | 0.607 |
| Vaccination card seen | 0.867 | 0.021 | 165 | 66 | 0.809 | 0.025 | 0.824 | 0.910 |
| Received BCG | 0.933 | 0.027 | 165 | 66 | 1.369 | 0.029 | 0.880 | 0.987 |
| Received DPT (3 doses) | 0.776 | 0.046 | 165 | 66 | 1.402 | 0.059 | 0.684 | 0.867 |
| Received polio (3 doses) | 0.800 | 0.049 | 165 | 66 | 1.576 | 0.062 | 0.701 | 0.899 |
| Received measles | 0.824 | 0.038 | 165 | 66 | 1.285 | 0.046 | 0.748 | 0.901 |
| Received all vaccinations | 0.685 | 0.060 | 165 | 66 | 1.660 | 0.088 | 0.564 | 0.806 |
| Height-for-age (-2 SD) | 0.448 | 0.028 | 828 | 340 | 1.525 | 0.062 | 0.393 | 0.503 |
| Weight-for-height (-2 SD) | 0.028 | 0.006 | 828 | 340 | 1.077 | 0.228 | 0.015 | 0.040 |
| Weight-for-age (-2 SD) | 0.271 | 0.024 | 828 | 340 | 1.399 | 0.089 | 0.223 | 0.319 |
| BMI $<18.5$ | 0.234 | 0.015 | 770 | 316 | 0.984 | 0.064 | 0.204 | 0.264 |
| TFR 0-3 years | 6.754 | 0.350 | na | 989 | 1.199 | 0.052 | 6.054 | 7.454 |
| Neonatal mortality last 10 years | 24.710 | 4.126 | 1642 | 661 | 1.032 | 0.167 | 16.459 | 32.962 |
| Postneonatal mortality last 10 years | 49.441 | 6.489 | 1646 | 662 | 1.194 | 0.131 | 36.463 | 62.419 |
| Infant mortality last 10 years | 74.151 | 6.953 | 1646 | 662 | 1.041 | 0.094 | 60.244 | 88.058 |
| Child mortality last 10 years | 60.271 | 7.129 | 1656 | 666 | 1.065 | 0.118 | 46.014 | 74.529 |
| Under-five mortality last 10 years | 129.953 | 8.917 | 1660 | 668 | 0.993 | 0.069 | 112.118 | 147.788 |
| HIV prevalence (15-49) | 0.088 | 0.027 | 226 | 92 | 1.430 | 0.306 | 0.034 | 0.143 |
| Syphilis positive (15-49) | 0.069 | 0.020 | 245 | 90 | 1.241 | 0.291 | 0.029 | 0.110 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.134 | 0.017 | 238 | 93 | 0.753 | 0.124 | 0.101 | 0.168 |
| No education | 0.071 | 0.019 | 238 | 93 | 1.115 | 0.261 | 0.034 | 0.109 |
| Secondary education or higher | 0.374 | 0.054 | 238 | 93 | 1.728 | 0.145 | 0.265 | 0.483 |
| Never married | 0.412 | 0.038 | 238 | 93 | 1.184 | 0.092 | 0.336 | 0.487 |
| Currently married | 0.563 | 0.038 | 238 | 93 | 1.194 | 0.068 | 0.486 | 0.640 |
| Knows at least one method | 0.985 | 0.011 | 134 | 52 | 1.004 | 0.011 | 0.964 | 1.006 |
| Knows any modern method | 0.978 | 0.013 | 134 | 52 | 0.997 | 0.013 | 0.952 | 1.003 |
| Ever used any method | 0.672 | 0.046 | 134 | 52 | 1.132 | 0.069 | 0.579 | 0.764 |
| Want no more children | 0.209 | 0.025 | 134 | 52 | 0.707 | 0.119 | 0.159 | 0.259 |
| Want to delay birth at least 2 years | 0.343 | 0.041 | 134 | 52 | 0.998 | 0.120 | 0.261 | 0.425 |
| Ideal family size | 6.104 | 0.237 | 212 | 83 | 0.865 | 0.039 | 5.631 | 6.577 |
| HIV prevalence (15-49) | 0.095 | 0.031 | 199 | 75 | 1.507 | 0.330 | 0.033 | 0.158 |
| HIV prevalence (15-59) | 0.097 | 0.030 | 217 | 81 | 1.482 | 0.308 | 0.037 | 0.156 |
| Syphilis positive (15-49) | 0.054 | 0.018 | 202 | 75 | 1.101 | 0.324 | 0.019 | 0.090 |
| Syphilis positive (15-59) | 0.051 | 0.016 | 217 | 80 | 1.093 | 0.322 | 0.018 | 0.083 |


| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence intervals |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted (N) | Weighted (WN) |  |  | Value2SE <br> (R-2SE) | $\begin{gathered} \text { Value+ } \\ 2 S E \\ (R+2 S E) \end{gathered}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.225 | 0.025 | 707 | 814 | 1.593 | 0.111 | 0.175 | 0.275 |
| Literate | 0.615 | 0.026 | 707 | 814 | 1.443 | 0.043 | 0.562 | 0.668 |
| No education | 0.123 | 0.016 | 707 | 814 | 1.322 | 0.133 | 0.090 | 0.156 |
| Secondary education or higher | 0.262 | 0.029 | 707 | 814 | 1.778 | 0.112 | 0.203 | 0.320 |
| Net attendance ratio | 0.701 | 0.019 | 679 | 809 | 0.898 | 0.027 | 0.663 | 0.739 |
| Never married | 0.225 | 0.024 | 707 | 814 | 1.526 | 0.107 | 0.177 | 0.273 |
| Currently married | 0.653 | 0.025 | 707 | 814 | 1.420 | 0.039 | 0.603 | 0.704 |
| Married before age 20 | 0.701 | 0.027 | 541 | 623 | 1.374 | 0.039 | 0.646 | 0.755 |
| Currently pregnant | 0.102 | 0.009 | 707 | 814 | 0.811 | 0.091 | 0.083 | 0.120 |
| Children ever born | 3.228 | 0.120 | 707 | 814 | 1.051 | 0.037 | 2.988 | 3.468 |
| Children surviving | 2.757 | 0.100 | 707 | 814 | 1.014 | 0.036 | 2.556 | 2.958 |
| Children ever born to women 40-49 | 7.324 | 0.278 | 111 | 128 | 1.003 | 0.038 | 6.769 | 7.880 |
| Knows any contraceptive method | 0.996 | 0.003 | 462 | 532 | 1.052 | 0.003 | 0.989 | 1.002 |
| Ever used any contraceptive method | 0.654 | 0.031 | 462 | 532 | 1.386 | 0.047 | 0.592 | 0.715 |
| Currently using any contraceptive method | 0.286 | 0.026 | 462 | 532 | 1.236 | 0.091 | 0.234 | 0.338 |
| Currently using pill | 0.108 | 0.018 | 462 | 532 | 1.248 | 0.167 | 0.072 | 0.144 |
| Currently using IUD | 0.002 | 0.002 | 462 | 532 | 0.989 | 0.989 | 0.000 | 0.006 |
| Currently using female sterilisation | 0.009 | 0.005 | 462 | 532 | 1.218 | 0.607 | 0.000 | 0.019 |
| Currently using periodic abstinence | 0.024 | 0.005 | 462 | 532 | 0.698 | 0.208 | 0.014 | 0.034 |
| Used public sector source | 0.726 | 0.047 | 117 | 135 | 1.148 | 0.065 | 0.632 | 0.821 |
| Want no more children | 0.364 | 0.025 | 462 | 532 | 1.135 | 0.070 | 0.313 | 0.414 |
| Want to delay birth at least 2 years | 0.333 | 0.016 | 462 | 532 | 0.745 | 0.049 | 0.301 | 0.366 |
| Ideal family size | 4.782 | 0.153 | 687 | 791 | 1.939 | 0.032 | 4.475 | 5.088 |
| Mother received tetanus injection for last birth | 0.743 | 0.024 | 421 | 485 | 1.139 | 0.033 | 0.695 | 0.792 |
| Mother received medical assistance at delivery | 0.321 | 0.042 | 664 | 764 | 1.869 | 0.131 | 0.237 | 0.405 |
| Had diarrhoea in two weeks before survey | 0.239 | 0.017 | 594 | 684 | 0.935 | 0.070 | 0.205 | 0.273 |
| Treated with oral rehydration salts (ORS) | 0.472 | 0.051 | 142 | 163 | 1.125 | 0.108 | 0.370 | 0.574 |
| Taken to a health provider | 0.345 | 0.039 | 142 | 163 | 0.940 | 0.114 | 0.266 | 0.424 |
| Vaccination card seen | 0.847 | 0.031 | 124 | 143 | 0.966 | 0.037 | 0.784 | 0.909 |
| Received BCG | 0.935 | 0.019 | 124 | 143 | 0.872 | 0.021 | 0.897 | 0.974 |
| Received DPT (3 doses) | 0.879 | 0.034 | 124 | 143 | 1.156 | 0.039 | 0.811 | 0.947 |
| Received polio (3 doses) | 0.863 | 0.049 | 124 | 143 | 1.588 | 0.057 | 0.764 | 0.961 |
| Received measles | 0.871 | 0.040 | 124 | 143 | 1.264 | 0.046 | 0.791 | 0.951 |
| Received all vaccinations | 0.774 | 0.052 | 124 | 143 | 1.342 | 0.067 | 0.670 | 0.878 |
| Height-for-age (-2 SD) | 0.402 | 0.024 | 589 | 702 | 1.096 | 0.061 | 0.354 | 0.451 |
| Weight-for-height (-2 SD) | 0.039 | 0.008 | 589 | 702 | 0.991 | 0.199 | 0.024 | 0.055 |
| Weight-for-age (-2 SD) | 0.236 | 0.030 | 589 | 702 | 1.584 | 0.128 | 0.176 | 0.296 |
| BMI $<18.5$ | 0.173 | 0.018 | 531 | 633 | 1.105 | 0.105 | 0.137 | 0.210 |
| TFR 0-3 years | 6.143 | 0.381 | na | 2258 | 1.324 | 0.062 | 5.381 | 6.905 |
| Neonatal mortality last 10 years | 29.351 | 4.685 | 1210 | 1393 | 0.864 | 0.160 | 19.981 | 38.720 |
| Postneonatal mortality last 10 years | 47.034 | 6.376 | 1212 | 1395 | 1.064 | 0.136 | 34.283 | 59.785 |
| Infant mortality last 10 years | 76.385 | 9.157 | 1213 | 1396 | 1.136 | 0.120 | 58.071 | 94.698 |
| Child mortality last 10 years | 77.049 | 8.825 | 1226 | 1411 | 0.967 | 0.115 | 59.398 | 94.700 |
| Under-five mortality last 10 years | 147.548 | 13.493 | 1230 | 1416 | 1.193 | 0.091 | 120.563 | 174.533 |
| HIV prevalence (15-49) | 0.202 | 0.039 | 213 | 220 | 1.398 | 0.191 | 0.125 | 0.279 |
| Syphilis positive (15-49) | 0.033 | 0.014 | 214 | 217 | 1.123 | 0.418 | 0.005 | 0.060 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.215 | 0.016 | 205 | 232 | 0.558 | 0.075 | 0.183 | 0.247 |
| No education | 0.029 | 0.010 | 205 | 232 | 0.818 | 0.330 | 0.010 | 0.049 |
| Secondary education or higher | 0.356 | 0.042 | 205 | 232 | 1.242 | 0.117 | 0.273 | 0.439 |
| Never married | 0.302 | 0.035 | 205 | 232 | 1.086 | 0.115 | 0.233 | 0.372 |
| Currently married | 0.620 | 0.041 | 205 | 232 | 1.200 | 0.066 | 0.538 | 0.701 |
| Knows at least one method | 0.992 | 0.008 | 127 | 144 | 1.002 | 0.008 | 0.976 | 1.008 |
| Knows any modern method | 0.992 | 0.008 | 127 | 144 | 1.002 | 0.008 | 0.976 | 1.008 |
| Ever used any method | 0.843 | 0.041 | 127 | 144 | 1.259 | 0.048 | 0.761 | 0.924 |
| Want no more children | 0.260 | 0.045 | 127 | 144 | 1.164 | 0.175 | 0.169 | 0.351 |
| Want to delay birth at least 2 years | 0.213 | 0.038 | 127 | 144 | 1.033 | 0.177 | 0.137 | 0.288 |
| Ideal family size | 5.453 | 0.197 | 203 | 230 | 1.106 | 0.036 | 5.060 | 5.847 |
| HIV prevalence (15-49) | 0.146 | 0.024 | 171 | 188 | 0.871 | 0.161 | 0.099 | 0.193 |
| HIV prevalence (15-59) | 0.141 | 0.022 | 185 | 203 | 0.869 | 0.158 | 0.096 | 0.185 |
| Syphilis positive (15-49) | 0.052 | 0.024 | 174 | 187 | 1.405 | 0.457 | 0.004 | 0.099 |
| Syphilis positive (15-59) | 0.048 | 0.022 | 187 | 200 | 1.419 | 0.463 | 0.004 | 0.093 |


| Variable | Value <br> (R) | Standard error (SE) | Number of cases |  | Design effect (DEFT) | Relative error (SE/R) | Confidence intervals |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  | Unweighted ( N ) | Weighted (WN) |  |  | $\begin{aligned} & \text { Value- } \\ & 2 S E \\ & \text { (R-2SE) } \end{aligned}$ | $\begin{gathered} \text { Value+ } \\ 2 S E \\ (R+2 S E) \end{gathered}$ |
| WOMEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.101 | 0.029 | 653 | 663 | 2.432 | 0.284 | 0.044 | 0.158 |
| Literate | 0.489 | 0.030 | 653 | 663 | 1.544 | 0.062 | 0.428 | 0.549 |
| No education | 0.194 | 0.028 | 653 | 663 | 1.802 | 0.144 | 0.139 | 0.250 |
| Secondary education or higher | 0.196 | 0.033 | 653 | 663 | 2.150 | 0.170 | 0.129 | 0.263 |
| Net attendance ratio | 0.570 | 0.032 | 544 | 551 | 1.302 | 0.056 | 0.506 | 0.634 |
| Never married | 0.270 | 0.023 | 653 | 663 | 1.330 | 0.086 | 0.223 | 0.316 |
| Currently married | 0.556 | 0.028 | 653 | 663 | 1.459 | 0.051 | 0.499 | 0.613 |
| Married before age 20 | 0.566 | 0.029 | 512 | 520 | 1.343 | 0.052 | 0.508 | 0.625 |
| Currently pregnant | 0.101 | 0.011 | 653 | 663 | 0.911 | 0.106 | 0.080 | 0.123 |
| Children ever born | 3.043 | 0.118 | 653 | 663 | 1.091 | 0.039 | 2.807 | 3.278 |
| Children surviving | 2.366 | 0.080 | 653 | 663 | 0.928 | 0.034 | 2.207 | 2.525 |
| Children ever born to women 40-49 | 6.539 | 0.322 | 102 | 104 | 1.122 | 0.049 | 5.896 | 7.182 |
| Knows any contraceptive method | 0.983 | 0.008 | 363 | 369 | 1.250 | 0.009 | 0.967 | 1.000 |
| Ever used any contraceptive method | 0.543 | 0.034 | 363 | 369 | 1.297 | 0.063 | 0.475 | 0.611 |
| Currently using any contraceptive method | 0.209 | 0.025 | 363 | 369 | 1.181 | 0.121 | 0.159 | 0.260 |
| Currently using pill | 0.030 | 0.011 | 363 | 369 | 1.170 | 0.348 | 0.009 | 0.051 |
| Currently using IUD | 0.000 | 0.000 | 363 | 369 | na | na | 0.000 | 0.000 |
| Currently using female sterilisation | 0.000 | 0.000 | 363 | 369 | na | na | 0.000 | 0.000 |
| Currently using periodic abstinence | 0.003 | 0.003 | 363 | 369 | 1.035 | 1.035 | 0.000 | 0.008 |
| Used public sector source | 0.738 | 0.058 | 61 | 62 | 1.017 | 0.078 | 0.622 | 0.853 |
| Want no more children | 0.207 | 0.025 | 363 | 369 | 1.161 | 0.120 | 0.157 | 0.256 |
| Want to delay birth at least 2 years | 0.339 | 0.023 | 363 | 369 | 0.930 | 0.068 | 0.293 | 0.385 |
| Ideal family size | 5.759 | 0.145 | 598 | 608 | 1.399 | 0.025 | 5.469 | 6.049 |
| Mother received tetanus injection for last birth | 0.724 | 0.035 | 406 | 412 | 1.564 | 0.048 | 0.655 | 0.794 |
| Mother received medical assistance at delivery | 0.314 | 0.033 | 622 | 632 | 1.512 | 0.106 | 0.247 | 0.380 |
| Had diarrhoea in two weeks before survey | 0.205 | 0.017 | 528 | 536 | 0.941 | 0.083 | 0.171 | 0.238 |
| Treated with oral rehydration salts (ORS) | 0.463 | 0.038 | 108 | 110 | 0.757 | 0.082 | 0.387 | 0.539 |
| Taken to a health provider | 0.407 | 0.039 | 108 | 110 | 0.787 | 0.095 | 0.330 | 0.485 |
| Vaccination card seen | 0.760 | 0.039 | 121 | 123 | 1.004 | 0.051 | 0.682 | 0.839 |
| Received BCG | 0.926 | 0.040 | 121 | 123 | 1.660 | 0.043 | 0.846 | 1.005 |
| Received DPT (3 doses) | 0.711 | 0.061 | 121 | 123 | 1.460 | 0.086 | 0.588 | 0.834 |
| Received polio (3 doses) | 0.785 | 0.039 | 121 | 123 | 1.013 | 0.050 | 0.707 | 0.863 |
| Received measles | 0.802 | 0.055 | 121 | 123 | 1.526 | 0.069 | 0.691 | 0.913 |
| Received all vaccinations | 0.603 | 0.063 | 121 | 123 | 1.403 | 0.105 | 0.477 | 0.730 |
| Height-for-age (-2 SD) | 0.426 | 0.026 | 519 | 525 | 1.118 | 0.061 | 0.374 | 0.478 |
| Weight-for-height (-2 SD) | 0.025 | 0.006 | 519 | 525 | 0.950 | 0.258 | 0.012 | 0.038 |
| Weight-for-age (-2 SD) | 0.237 | 0.021 | 519 | 525 | 1.094 | 0.089 | 0.195 | 0.279 |
| BMI $<18.5$ | 0.166 | 0.024 | 566 | 573 | 1.522 | 0.143 | 0.118 | 0.214 |
| TFR 0-3 years | 6.402 | 0.346 | na | 1864 | 1.062 | 0.054 | 5.710 | 7.094 |
| Neonatal mortality last 10 years | 60.295 | 7.881 | 1120 | 1138 | 0.907 | 0.131 | 44.533 | 76.056 |
| Postneonatal mortality last 10 years | 78.913 | 10.838 | 1122 | 1140 | 1.184 | 0.137 | 57.237 | 100.589 |
| Infant mortality last 10 years | 139.208 | 14.757 | 1122 | 1140 | 1.198 | 0.106 | 109.695 | 168.722 |
| Child mortality last 10 years | 71.902 | 11.535 | 1130 | 1148 | 1.306 | 0.160 | 48.832 | 94.972 |
| Under-five mortality last 10 years | 201.101 | 15.944 | 1132 | 1150 | 1.143 | 0.079 | 169.213 | 232.988 |
| HIV prevalence (15-49) | 0.169 | 0.027 | 160 | 169 | 0.908 | 0.160 | 0.115 | 0.223 |
| Syphilis positive (15-49) | 0.088 | 0.020 | 159 | 167 | 0.866 | 0.222 | 0.049 | 0.127 |
| MEN |  |  |  |  |  |  |  |  |
| Urban residence | 0.108 | 0.011 | 157 | 169 | 0.447 | 0.103 | 0.086 | 0.131 |
| No education | 0.096 | 0.021 | 157 | 169 | 0.881 | 0.217 | 0.054 | 0.137 |
| Secondary education or higher | 0.255 | 0.030 | 157 | 169 | 0.862 | 0.118 | 0.195 | 0.315 |
| Never married | 0.420 | 0.042 | 157 | 169 | 1.062 | 0.100 | 0.336 | 0.504 |
| Currently married | 0.510 | 0.039 | 157 | 169 | 0.969 | 0.076 | 0.432 | 0.587 |
| Knows at least one method | 0.987 | 0.012 | 80 | 86 | 0.972 | 0.012 | 0.963 | 1.012 |
| Knows any modern method | 0.987 | 0.012 | 80 | 86 | 0.972 | 0.012 | 0.963 | 1.012 |
| Ever used any method | 0.737 | 0.049 | 80 | 86 | 0.996 | 0.067 | 0.639 | 0.836 |
| Want no more children | 0.188 | 0.048 | 80 | 86 | 1.083 | 0.254 | 0.092 | 0.283 |
| Want to delay birth at least 2 years | 0.287 | 0.052 | 80 | 86 | 1.012 | 0.179 | 0.184 | 0.391 |
| Ideal family size | 6.689 | 0.300 | 132 | 142 | 0.949 | 0.045 | 6.090 | 7.289 |
| HIV prevalence (15-49) | 0.083 | 0.030 | 108 | 136 | 1.136 | 0.364 | 0.023 | 0.144 |
| HIV prevalence (15-59) | 0.085 | 0.030 | 117 | 148 | 1.167 | 0.355 | 0.025 | 0.146 |
| Syphilis positive (15-49) | 0.067 | 0.022 | 105 | 133 | 0.906 | 0.332 | 0.022 | 0.111 |
| Syphilis positive (15-59) | 0.061 | 0.021 | 115 | 146 | 0.924 | 0.340 | 0.020 | 0.102 |


| Table C. 1 Household age distribution |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Single-year age distribution of the de facto household population by sex (weighted), Zambia 2001-2002 |  |  |  |  |  |  |  |  |  |
|  | Male |  | Female |  | Age | Male |  | Female |  |
| Age | Number | Percentage | Number | Percentage |  | Number | Percentage | Number | Percentage |
| 0 | 661 | 3.7 | 679 | 3.7 | 36 | 200 | 1.0 | 234 | 1.0 |
| 1 | 669 | 3.8 | 703 | 3.8 | 37 | 182 | 1.0 | 194 | 1.1 |
| 2 | 630 | 3.5 | 623 | 3.4 | 38 | 187 | 1.0 | 161 | 0.9 |
| 3 | 603 | 3.4 | 568 | 3.1 | 39 | 124 | 0.7 | 145 | 0.8 |
| 4 | 599 | 3.4 | 591 | 3.2 | 40 | 113 | 0.6 | 130 | 0.7 |
| 5 | 573 | 3.2 | 580 | 3.1 | 41 | 117 | 0.7 | 113 | 0.6 |
| 6 | 607 | 3.4 | 620 | 3.4 | 42 | 131 | 0.7 | 132 | 0.7 |
| 7 | 641 | 3.6 | 605 | 3.3 | 43 | 126 | 0.7 | 151 | 0.8 |
| 8 | 594 | 3.3 | 621 | 3.4 | 44 | 103 | 0.6 | 117 | 0.6 |
| 9 | 554 | 3.1 | 555 | 3.0 | 45 | 117 | 0.7 | 108 | 0.6 |
| 10 | 575 | 3.2 | 561 | 3.0 | 46 | 91 | 0.5 | 102 | 0.6 |
| 11 | 526 | 3.0 | 480 | 2.6 | 47 | 86 | 0.5 | 105 | 0.6 |
| 12 | 540 | 3.0 | 546 | 3.0 | 48 | 68 | 0.4 | 89 | 0.5 |
| 13 | 463 | 2.6 | 490 | 2.7 | 49 | 91 | 0.5 | 84 | 0.5 |
| 14 | 494 | 2.8 | 467 | 2.5 | 50 | 67 | 0.4 | 83 | 0.5 |
| 15 | 375 | 2.1 | 397 | 2.2 | 51 | 63 | 0.4 | 95 | 0.5 |
| 16 | 405 | 2.3 | 358 | 1.9 | 52 | 88 | 0.5 | 111 | 0.6 |
| 17 | 372 | 2.1 | 351 | 1.9 | 53 | 60 | 0.3 | 71 | 0.4 |
| 18 | 388 | 2.2 | 446 | 2.4 | 54 | 59 | 0.3 | 84 | 0.5 |
| 19 | 408 | 2.3 | 386 | 2.1 | 55 | 65 | 0.4 | 80 | 0.4 |
| 20 | 327 | 1.8 | 395 | 2.1 | 56 | 63 | 0.4 | 72 | 0.4 |
| 21 | 282 | 1.6 | 374 | 2.0 | 57 | 49 | 0.3 | 50 | 0.3 |
| 22 | 254 | 1.4 | 342 | 1.9 | 58 | 48 | 0.3 | 64 | 0.3 |
| 23 | 292 | 1.6 | 308 | 1.7 | 59 | 70 | 0.4 | 63 | 0.3 |
| 24 | 244 | 1.4 | 341 | 1.9 | 60 | 77 | 0.4 | 61 | 0.3 |
| 25 | 281 | 1.6 | 294 | 1.6 | 61 | 58 | 0.3 | 56 | 0.3 |
| 26 | 257 | 1.4 | 279 | 1.5 | 62 | 65 | 0.4 | 79 | 0.4 |
| 27 | 295 | 1.7 | 327 | 1.8 | 63 | 48 | 0.3 | 52 | 0.3 |
| 28 | 280 | 1.6 | 251 | 1.4 | 64 | 44 | 0.2 | 59 | 0.3 |
| 29 | 252 | 1.4 | 296 | 1.6 | 65 | 45 | 0.2 | 68 | 0.4 |
| 30 | 270 | 1.5 | 238 | 1.3 | 66 | 44 | 0.2 | 33 | 0.2 |
| 31 | 220 | 1.2 | 206 | 1.1 | 67 | 37 | 0.2 | 32 | 0.2 |
| 32 | 224 | 1.3 | 214 | 1.2 | 68 | 28 | 0.2 | 51 | 0.3 |
| 33 | 207 | 1.2 | 209 | 1.1 | 69 | 48 | 0.3 | 38 | 0.2 |
| 34 | 150 | 0.8 | 156 | 0.8 | 70+ | 321 | 1.8 | 297 | 1.6 |
| 35 | 190 | 1.1 | 153 | 0.8 | Don't know | now/ |  |  |  |
| 36 | 129 | 0.7 | 159 | 0.9 | missing | 0 | 0.0 | 2 | 0.0 |
|  |  |  |  |  | Total | 17,811 | 100.0 | 18,399 | 100.0 |

Table C.2.1 Age distribution of eligible and interviewed women
Five year age distribution of the de facto household population of women aged 10-54, and of interviewed women aged 15-49, and percentage of eligible women who were interviewed (weighted), by five-year age groups, Zambia 2001-2002

| Age group | Household population of women 10-54 |  | Interviewed women age 15-49 |  | Percentage of eligible women interviewed |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Number | Percent | Number | Percent |  |
| 10-14 | 2,543 | 31.4 | na | na | na |
| 15-19 | 1,938 | 23.9 | 1,849 | 23.7 | 95.4 |
| 20-24 | 1,759 | 21.7 | 1,701 | 21.8 | 96.7 |
| 25-29 | 1,448 | 17.9 | 1,404 | 18.0 | 97.0 |
| 30-34 | 1,022 | 12.6 | 985 | 12.6 | 96.3 |
| 25-39 | 811 | 10.0 | 784 | 10.0 | 96.6 |
| 40-44 | 644 | 7.9 | 613 | 7.8 | 95.2 |
| 45-49 | 487 | 6.0 | 473 | 6.1 | 97.1 |
| 50-54 | 444 | 5.5 | na | na | na |
| 15-49 | 8,109 | 0.0 | 7,809 | 100.0 | 96.3 |

Note: The de facto population includes all residents and nonresidents who stayed in the household the night before interview. Weights for both household population of women and interviewed women are household weights. Age is based on the household schedule.
na $=$ Not applicable

Table C.2.2 Age distribution of eligible and interviewed men
Five year age distribution of the de facto household population of men aged 10-64, and of interviewed men aged 15-59, and percentage of eligible men who were interviewed (weighted), by five-year age groups, Zambia 2001-2002

| Age group | Household population of men 10-64 |  | Interviewed men age 15-59 |  | Percentage of eligible men interviewed |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Number | Percent | Number | Percent |  |
| 10-14 | 900 | 36.3 | na | na | na |
| 15-19 | 529 | 21.3 | 470 | 21.5 | 88.8 |
| 20-24 | 390 | 15.7 | 346 | 15.9 | 88.7 |
| 25-29 | 417 | 16.8 | 366 | 16.7 | 87.7 |
| 30-34 | 348 | 14.0 | 292 | 13.4 | 83.8 |
| 25-39 | 279 | 11.2 | 246 | 11.3 | 88.4 |
| 40-44 | 192 | 7.7 | 174 | 8.0 | 90.7 |
| 45-49 | 142 | 5.7 | 119 | 5.4 | 83.6 |
| 50-54 | 106 | 4.3 | 98 | 4.5 | 92.8 |
| 55-59 | 80 | 3.2 | 72 | 3.3 | 90.8 |
| 60-64 | 100 | 4.0 | na | na | na |
| 15-59 | 2,482 | 0.0 | 2,183 | 100.0 | 88.0 |

Note: The de facto population includes all residents and nonresidents who stayed in the household the night before interview. Weights for both household population of men and interviewed men are household weights. Age is based on the household schedule.
na $=$ Not applicable

| Table C. 3 Completeness of reporting |  |  |  |
| :---: | :---: | :---: | :---: |
| Percentage of observations missing information for selected demographic and health questions (weighted), Zambia 2001-2002 |  |  |  |
| Subject | Reference group | Percentage of reference group with missing information | Number of cases |
| Birth date | Births in past 15 years |  |  |
| Month only |  | 1.48 | 16,849 |
| Month and year |  | 0.04 | 16,849 |
| Age at death | Dead children in past 15 years | 0.16 | 2,693 |
| Age/date at first union ${ }^{1}$ | Ever-married women 15-49 | 0.42 | 5,761 |
| Respondent's education | All women 15-49 | 0.19 | 7,658 |
| Diarrhoea in last 2 weeks | Living children age 0-59 months | 2.46 | 5,787 |
| Anthropometry | Living children age 0-59 months |  |  |
| Height | in household | 3.56 | 6,292 |
| Weight |  | 3.24 | 6,292 |
| Height or weight |  | 3.60 | 6,292 |
| ${ }^{1}$ Both year and age missin |  |  |  |


| Table C. 4 | rths by c | endar |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Distributio sex ratio at | of births birth, and | by calen atio of | dar yeas biths by | nce birth endar y | for livin (weig | dead, <br> d), Za | d all ch ia 2001 | $\begin{aligned} & \text { Iren, a } \\ & 2002 \end{aligned}$ | rding | omple | ess of | th dates, |
|  |  | ber of b |  |  | entage <br> ete birth |  |  | atio at b |  | Cal | dar year |  |
| Year | Living | Dead | Total | Living | Dead | Total | Living | Dead | Total | Living | Dead | Total |
| 2002 | 217 | 5 | 222 | 100.0 | 100.0 | 100.0 | 76.5 | 169.0 | 77.9 | na | na | na |
| 2001 | 1,254 | 90 | 1,344 | 99.9 | 100.0 | 99.9 | 97.6 | 125.9 | 99.3 | na | na | na |
| 2000 | 1,265 | 195 | 1,459 | 99.9 | 97.1 | 99.5 | 96.6 | 100.5 | 97.1 | 106.9 | 126.8 | 109.2 |
| 1999 | 1,112 | 217 | 1,329 | 99.9 | 95.2 | 99.1 | 102.5 | 154.6 | 109.5 | 96.0 | 111.4 | 98.3 |
| 1998 | 1,052 | 195 | 1,246 | 99.3 | 96.6 | 98.9 | 106.3 | 110.2 | 106.9 | 94.4 | 94.8 | 94.5 |
| 1997 | 1,115 | 194 | 1,309 | 99.7 | 98.2 | 99.5 | 97.7 | 114.8 | 100.0 | 112.2 | 104.4 | 110.9 |
| 1996 | 937 | 177 | 1,113 | 99.0 | 97.0 | 98.7 | 100.6 | 105.8 | 101.4 | 85.6 | 82.6 | 85.1 |
| 1995 | 1,074 | 234 | 1,308 | 98.6 | 95.9 | 98.1 | 97.6 | 130.8 | 102.8 | 112.1 | 122.2 | 113.8 |
| 1994 | 979 | 206 | 1,185 | 98.4 | 94.5 | 97.7 | 115.9 | 112.6 | 115.4 | 97.0 | 92.3 | 96.1 |
| 1993 | 945 | 213 | 1,158 | 98.0 | 93.4 | 97.1 | 93.6 | 94.7 | 93.8 | 102.7 | 108.4 | 103.7 |
| 1998-2002 | 4,899 | 702 | 5,601 | 99.8 | 96.7 | 99.4 | 99.2 | 121.5 | 101.7 | na | na | na |
| 1993-1997 | 5,049 | 1,024 | 6,073 | 98.8 | 95.7 | 98.2 | 100.7 | 111.6 | 102.5 | na | na | na |
| 1988-1992 | 3,686 | 850 | 4,536 | 98.4 | 95.2 | 97.8 | 102.3 | 106.4 | 103.1 | na | na | na |
| 1983-1987 | 2,600 | 617 | 3,218 | 98.1 | 94.5 | 97.4 | 94.8 | 113.2 | 98.1 | na | na | na |
| < 1983 | 2,930 | 853 | 3,783 | 97.2 | 90.3 | 95.6 | 102.8 | 95.3 | 101.1 | na | na | na |
| All | 19,165 | 4,046 | 23,211 | 98.6 | 94.5 | 97.9 | 100.1 | 108.7 | 101.6 | na | na | na |
| na $=$ Not applicable |  |  |  |  |  |  |  |  |  |  |  |  |
| ${ }^{1}$ Both year and month of birth given |  |  |  |  |  |  |  |  |  |  |  |  |
| ${ }^{2}\left(B_{m} / B_{f}\right) * 100$, where $B_{m}$ and $B_{f}$ are the numbers of male and female births, respectively <br> ${ }^{3}\left[2 B_{x} /\left(B_{x-1}+B_{x+1}\right)\right]^{*} 100$, where $B_{x}$ is the number births in calendar year $x$ |  |  |  |  |  |  |  |  |  |  |  |  |



Table C. 6 Reporting of age at death in months
Distribution of reported deaths under one month of age by age at death in months and the percentage of neonatal deaths reported to occur under one month, for five-year periods of birth preceding the survey, Zambia 2001-2002

| Age at death (months) | Number of years preceding the survey |  |  |  | $\begin{aligned} & \text { Total } \\ & 0-19 \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 0-4 | 5-9 | 10-14 | 15-19 |  |
| $<1^{\text {a }}$ | 244 | 174 | 135 | 103 | 656 |
| 1 | 31 | 41 | 32 | 15 | 120 |
| 2 | 40 | 38 | 32 | 21 | 131 |
| 3 | 49 | 47 | 25 | 15 | 135 |
| 4 | 33 | 33 | 20 | 15 | 102 |
| 5 | 28 | 38 | 19 | 12 | 97 |
| 6 | 38 | 43 | 30 | 21 | 133 |
| 7 | 30 | 27 | 24 | 14 | 95 |
| 8 | 29 | 31 | 30 | 10 | 100 |
| 9 | 30 | 36 | 39 | 15 | 121 |
| 10 | 13 | 14 | 11 | 3 | 40 |
| 11 | 19 | 19 | 11 | 3 | 53 |
| 12 | 29 | 41 | 44 | 27 | 141 |
| 13 | 10 | 15 | 7 | 5 | 37 |
| 14 | 11 | 15 | 9 | 2 | 37 |
| 15 | 11 | 4 | 5 | 3 | 22 |
| 16 | 8 | 10 | 6 | 2 | 26 |
| 17 | 10 | 7 | 6 | 2 | 25 |
| 18 | 15 | 16 | 18 | 8 | 56 |
| 19 | 7 | 9 | 6 | 5 | 27 |
| 20 | 8 | 14 | 6 | 3 | 31 |
| 21 | 5 | 4 | 5 | 1 | 15 |
| 22 | 4 | 4 | 3 | 1 | 11 |
| 23 | 6 | 9 | 4 | 3 | 22 |
| 24+ | 5 | 2 | 2 | 3 | 11 |
| Missing | 2 | 0 | 0 | 0 | 2 |
| 1 Year | 42 | 39 | 46 | 16 | 143 |
| Percent neonatal ${ }^{\text {b }}$ | 42 | 32 | 33 | 42 | 37 |
| Total 0-11 | 584 | 542 | 409 | 248 | 1,783 |

${ }^{\text {a }}$ Includes deaths under 1 month reported in days
${ }^{\mathrm{b}}$ Under 1 month/under 1 year

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Dr Ben U. Chirwa
Dr Musonda R. Sunkutu
Ms Efreda Chulu
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Mr Modesto S. Banda
Mr Kumbutso Dzekedzeke

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Tropical Diseases Research Centre
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United States Agency for International Development
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Mr Edgar M. Chani
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Copperbelt Province
Copperbelt Province
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Eastern Province
Luapula Province
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| Mr Henry Banda | Northern Province |
| Mr Alphonsio Susiku | North-Western Province |
| Mr Moses Simwizyi | Southern Province |
| Mr Martin Tolosi | Western Province |

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| Cresious Muleya | Female Interviewer |
| Mutinta Mildred | Female Interviewer |
| Nyaunde Mwangala | Female Interviewer |
| Agatha Chinyimba | Female Interviewer |
| Josephine Inkaya | Female Interviewer |
| Edith L. M. Muzuri | Nurse Counsellor |
| Benson Phiri | Laboratory Technician |


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| Charles K. Mubanga | Male Interviewer |
| Mercy M.K.M. Shonge | Female Interviewer |
| Phein H. Sihubwa | Female Interviewer |
| Mable K. Mututa | Female Interviewer |
| Brenda M. Machende | Female Interviewer |
| Paxina Mwikisa | Nurse Counsellor |
| Allen Chipipa | Laboratory Technician |

## Copperbelt Province B

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| Lyness M. Naminda | Female Interviewer |
| Rose B. Munkombwe | Female Interviewer |
| Charity B. Banda | Female Interviewer |
| Chaswe Mwelwa | Female Interviewer |
| Eunice C. Mutempa | Nurse Counsellor |
| Justin Mwange | Laboratory Technician |

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Laboratory Technician

Luapula Province

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| Rosemary Namwila | Female Interviewer |
| Edith Mwenya | Female Interviewer |
| Linda C. Mukando | Female Interviewer |
| Catherine L. Walusimo | Nurse Counsellor |
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| Twambo Hanchinzobolo | Female Interviewer |
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Data Dissemination Coordinator
Editor
Document Production
Cover Design


language of questionnaire: ENGLISH


## HOUSEHOLD SCHEDULE

Now we would like some information about the people who usually live in your household or who are staying with you now.


* CODES FOR Q. 3

RELATIONSHIP TO HEAD OF
HOUSEHOLD:
$01=$ HEAD
$02=$ WIFE OR HUSBAND
03 = SON OR DAUGHTER 04 = SON-IN-LAW OR

DAUGHTER-IN-LAW $05=$ GRANDCHILD
$06=$ PARENT

[^10]| $\begin{aligned} & \text { LINE } \\ & \text { NO. } \end{aligned}$ | PARENTAL SURVIVORSHIP AND RESIDENCE FOR PERSONS LESS THAN 15 YEARS OLD＊＊ |  |  |  | EDUCATION |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Is （NAME）＇s natural mother alive？ | IF ALIVE | Is （NAME）＇s natural father alive？ | IF ALIVE | IF AGE 5 YEARS OR OLDER |  |  |  |  |  | 5－24 YE | ARS |  |  |
|  |  | Does （NAME）＇s natural mother live in this house－ hold？ <br> IF YES： <br> What is her name？ RECORD MOTHER＇S LINE NUMBER |  | Does （NAME）＇s natural father live in this house－ hold？ IF YES： What is his name？ RECORD FATHER＇S LINE NUMBER | Has （NAME） ever attended school？ | What is the highest level of school （NAME）has attended？ <br> What is the highest grade（NAME） completed at that level？＊＊＊ |  | Is <br> （NAME） <br> currently <br> attend－ <br> ing <br> school／ <br> Did <br> （NAME） <br> attend <br> school in <br> 2001？ | During the <br> current <br> school <br> year／ <br> year <br> 2001， <br> did <br> （NAME） <br> attend <br> school at any time？ | During school 2001，w grade［is （NAME） attendin | current ／year level and s］ | During the previous school year／ year 2000， did （NAME） attend school at any time？ | During year／y what le grade attend？ | t school 2000， and （NAME） |
|  | （10） | （11） | （12） | （13） | （14） | （15） |  | （16） | （17） | （18） |  | （19） | （20） |  |
| 01 | $\begin{array}{ccc} \text { YES NO } & \mathrm{DK} \\ & & \\ 1 & 2 & 8 \end{array}$ |  | $\begin{array}{\|ccc} \text { YES NO } & \text { DK } \\ 1 & 2 & 8 \end{array}$ |  | $\begin{array}{\|lr} \text { YES } & \text { NO } \\ 1 & 2 \\ & 2 \\ \text { NEXT』」 } \\ \text { LINE } \end{array}$ | level grade |  | $\begin{array}{lr} \text { YES } & \text { NO } \\ 1 & 2 \\ { }^{\mathrm{L}} \mathrm{GO} \text { GO } \\ & 18 \end{array}$ | $\left\lvert\,\right.$ | LEVEL | GRADE | $$ |  |  |
| 02 | 128 |  | 128 |  | $\begin{array}{ll} 1 & 2 \\ & \begin{array}{c} \text { NEXT」 } \\ \text { LINE } \end{array} \end{array}$ |  |  | $\begin{array}{ll} 1 & 2 \\ \mathrm{~L} & \text { GO TO } \\ & 18 \end{array}$ | $\left\lvert\, \begin{array}{lr} 1 & 2 \\ \text { GO TO.」 } \\ & 19 \end{array}\right.$ |  |  | $\left\lvert\, \begin{array}{ll} 1 & 2 \\ & \begin{array}{c} \text { NEXT」 } \\ \text { LINE } \end{array} \\ \hline \end{array}\right.$ |  |  |
| 03 | 128 |  | 128 |  | $$ |  |  | $\begin{array}{ll} 1 & 2 \\ \mathrm{~L} & \text { GO TO } \\ & 18 \end{array}$ | $\begin{array}{\|ll} 1 & 2 \\ \text { GO TO } \\ & 19 \end{array}$ |   |  | $\begin{cases}1 & 2 \\ \substack{\text { NEXT」 } \\ \text { LINE }}\end{cases}$ |  |  |
| 04 | 128 |  | $1 \begin{array}{lll}1 & 2 & 8\end{array}$ |  | $\begin{array}{lr} 1 & 2 \\ \text { NEXT」」 } \\ \text { LINE } \end{array}$ |  |  | $\begin{array}{\|ll} 1 & 2 \\ L_{*} \text { GO TO } \\ & 18 \end{array}$ | $\begin{array}{\|lr} \hline 1 & 2 \\ \text { GO TO.」 } \\ & 19 \end{array}$ |  |  | $\begin{aligned} & 1 \\ & \text { NEXT｣ } \\ & \text { LINE } \end{aligned}$ | $\square \quad \square$ |  |
| 05 | 128 |  | 128 |  | $\begin{array}{lr} 1 & 2 \\ \text { NEXT」 } \\ \text { LINE } \end{array}$ | $\square$ |  | $\begin{array}{lr} \hline 1 & 2 \\ \mathrm{~L} \\ \mathrm{GO} \text { TO } \end{array}$ | $\begin{array}{\|ll} 1 & 2 \\ \text { GO TO } \\ & 19 \end{array}$ |  |  | $\begin{cases}1 & 2 \\ \substack{\text { NEXT } \\ \text { LINE }}\end{cases}$ |  |  |
| 06 | 128 |  | $1 \begin{array}{lll}1 & 2\end{array}$ |  | $\begin{array}{ll} 1 & 2 \\ \text { NEXT」 } \\ \text { LINE } \end{array}$ |  |  | $\begin{array}{lr} 1 & 2 \\ \mathrm{~L}_{\boldsymbol{r l}}^{\text {GO TO }} \end{array}$ | $\begin{array}{\|ll} 1 & 2 \\ \text { GO TO } \\ & 19 \end{array}$ |  |  | $1 \underset{\substack{\text { NEXT }}}{\substack{\text { LINE }}}$ |  |  |
| 07 | 128 |  | 128 |  | $\left\{\begin{array}{lr} 1 & 2 \\ & \begin{array}{r} \text { NEXT」 } \\ \text { LINE } \end{array} \end{array}\right.$ |  |  | $\begin{array}{\|l\|l} \hline 1 & 2 \\ \operatorname{Lr}_{\rightarrow} \text { GO TO } \\ & 18 \end{array}$ | $\begin{array}{\|lrl} \hline 1 & 2 \\ \text { GO TO 」 } \\ & 19 \end{array}$ |  |  | $\begin{array}{\|lr} \hline 1 & 2 \\ & \begin{array}{c} \text { NEXT」 } \\ \\ \text { LINE } \end{array} \end{array}$ | $\square$ |  |
| 08 | 128 | $\square$ | 128 |  |  |  |  |  | $\left\lvert\, \begin{array}{lr} 1 & 2 \\ \text { GO TO } \\ & 19 \end{array}\right.$ |  |  | $\begin{array}{lr} 1 & 2 \\ \text { NEXT」」 } \\ \text { LINE } \end{array}$ |  |  |
| 09 | 128 |  | $1 \begin{array}{lll}1 & 2\end{array}$ |  | $1 \begin{gathered} 1 \\ \text { NEXT」」 } \\ \text { LINE } \end{gathered}$ | $\square$ |  |  | $\left\lvert\, \begin{array}{lr} 1 & 2 \\ \text { GO TO } \\ 19 \end{array}\right.$ |  |  | $1 \begin{array}{lr} 1 & 2 \\ \text { NEXT」」 } \\ \text { LINE } \end{array}$ | $\square$ |  |
| 10 | 128 |  | $1 \begin{array}{lll}1 & 2\end{array}$ |  | $1 \begin{array}{ll}  \\ \\ \text { NEXT\& } \\ \text { LINE } \end{array}$ | $\square \quad \square$ |  | $\begin{array}{\|lr} 1 & 2 \\ \mathrm{~L}_{\mathrm{GO}} \mathrm{GO} \text { TO } \\ \hline \end{array}$ | $\begin{array}{\|lr} 1 & 2 \\ \text { GO TO.」 } \\ & 19 \end{array}$ |   |  | $\left[\begin{array}{ll} 1 & 2 \\ & \\ & \text { NEXT } \\ \text { LINE } \end{array}\right.$ |  |  |

＊＊Q． 10 THROUGH Q． 13
THESE QUESTIONS REFER TO THE BIOLOGICAL
PARENTS OF THE CHILD．
IN Q． 11 AND Q．13，RECORD＇00＇IF PARENT NOT LISTED IN HOUSEHOLD SCHEDULE．
＊＊＊CODES FOR Qs．15， 18 AND 20
EDUCATION LEVEL：
0 ＝NURSERY SCHOOL，KINDERGARTEN
1 ＝PRIMARY
2 ＝SECONDARY
3 ＝HIGHER
8 ＝DON＇T KNOW
EDUCATION GRADE：
00 ＝LESS THAN 1 YEAR COMPLETED
$98=$ DON＇T KNOW

| $\begin{aligned} & \text { LINE } \\ & \text { NO. } \end{aligned}$ | USUAL RESIDENTS AND VISITORS | RELATIONSHIP TO HEAD OF HOUSEHOLD | SEX | RESIDENCE |  | AGE | ELIGIBILITY |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Please give me the names of the persons who usually live in your household and guests of the household who stayed here last night, starting with the head of the household. | What is the relationship of (NAME) to the head of the household?* | Is (NAME) male or female? | Does (NAME) usually live here? | Did <br> (NAME) stay here last night? | How old is (NAME)? | CIRCLE <br> LINE <br> NUMBER <br> OF ALL <br> WOMEN <br> AGE <br> 15-49 | CIRCLE <br> LINE <br> NUMBER <br> OF ALL <br> CHILD- <br> REN <br> UNDER <br> AGE 6 | CIRCLE <br> LINE <br> NUMBER <br> OF ALL <br> MEN <br> AGE <br> 15-59 | CIRCLE <br> LINE NO. <br> OF <br> WOMAN <br> SELEC- <br> TED FOR <br> DV <br> QUES- <br> TIONS |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | (9A) | (9B) |
|  |  |  | M F | YES NO | YES NO | IN YEARS |  |  |  |  |
| 11 |  |  | 12 | 12 | 12 |  | 11 | 11 | 11 | 11 |
| 12 |  |  | 12 | 12 | 12 |  | 12 | 12 | 12 | 12 |
| 13 |  |  | 12 | 12 | 12 |  | 13 | 13 | 13 | 13 |
| 14 |  |  | 12 | 12 | 12 |  | 14 | 14 | 14 | 14 |
| 15 |  |  | 12 | 12 | 12 |  | 15 | 15 | 15 | 15 |
| 06 |  |  | 12 | 12 | 12 |  | 16 | 16 | 16 | 16 |
| 17 |  |  | 12 | 12 | 12 |  | 17 | 17 | 17 | 17 |
| 18 |  |  | 12 | 12 | 12 |  | 18 | 18 | 18 | 18 |
| 19 |  |  | 12 | 12 | 12 |  | 19 | 19 | 19 | 19 |
| 20 |  | $\square$ | 12 | 12 | 12 | $\square$ | 20 | 20 | 20 | 20 |

* CODES FOR Q. 3

RELATIONSHIP TO HEAD OF
HOUSEHOLD:
$01=$ HEAD
02 = WIFE OR HUSBAND 03 = SON OR DAUGHTER 04 = SON-IN-LAW OR DAUGHTER-IN-LAW $05=$ GRANDCHILD
$06=$ PARENT

07 = PARENT-IN-LAW 08 = BROTHER OR SISTER 09 = NEPHEW OR NIECE $10=$ CO-WIFE 11 = OTHER RELATIVE 12 = ADOPTED/FOSTER/ STEPCHILD 13 = NOT RELATED $98=$ DON'T KNOW
** Q. 10 THROUGH Q. 13
THESE QUESTIONS
REFER TO THE
BIOLOGICAL PARENTS OF
THE CHILD.
IN Q. 11 AND Q. 13
RECORD '00' IF PARENT
NOT LISTED IN
HOUSEHOLD SCHEDULE.
***CODES FOR Qs. 15, 18 AND 20
EDUCATION LEVEL.
$0=$ NURSERY, KINDERGARTEN
1 = PRIMARY
2 = SECONDARY
3 = HIGHER
8 = DON'T KNOW
EDUCATION GRADE:
00 = LESS THAN 1 YEAR
COMPLETED
98 = DON'T KNOW


Just to make sure that I have a complete listing:

1) Are there any other persons such as small children or infants that we have not listed?
2) In addition, are there any other people who may not be members of your family, such as domestic servants, lodgers or friends who usually live here?
3) Are there any guests or temporary visitors staying here, or anyone else who slept here last night, who have not been listed?

IF YES, ENTER EACH IN TABLE
IF YES, ENTER EACH IN TABLE

IF YES, ENTER EACH IN TABLE

NO

NO

NO

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 21 | What is the main source of drinking water for members of your household? | PIPED WATER <br> PIPED INTO DWELLING PIPED INTO YARD/PLOT COMMUNAL TAP <br> WATER FROM OPEN WELL OPEN WELL IN YARD/PLOT OPEN PUBLIC WELL <br> COVERED WELL/BOREHOLE <br> PROTECTED WELL IN YARD/PLOT <br> PROTECTED PUBLIC WELL .... 32 <br> SURFACE WATER <br> SPRING <br> RIVER/STREAM <br> POND/LAKE/DAM <br> RAINWATER <br> TANKER TRUCK BOTTLED WATER <br> OTHER $\qquad$ 96 |  |
| 22 | How long does it take you to go there, get water, and come back? | MINUTES $\qquad$ <br> ON PREMISES $\qquad$ |  |
| 23 | How do you store your drinking water? | CLOSED CONTAINER/ JERRY CAN . 1 OPEN CONTAINER / BUCKET ....... 2 <br> OTHER $\qquad$ 6 <br> (SPECIFY) |  |
| 24 | Do you usually boil your drinking water? |  |  |
| 25 | Have you ever seen or heard of a product called Clorin---a liquid that is sold in a bottle and can be used to make water safe to drink? |  | $\rightarrow 29$ |
| 26 | Where have you seen or heard messages about Clorin? <br> CIRCLE ALL MENTIONED. |  |  |
| 27 | Is your household water currently treated with Clorin from a bottle or packet? |  |  |
| 29 | What kind of toilet facilities does your household have? |  | $\rightarrow 31$ |
| 30 | Do you share these facilities with other households? |  |  |
| 31 | Does your household have: <br> Electricity? <br> Solar Power? <br> A radio? <br> A television? <br> A telephone or cell phone? <br> A refrigerator? |  |  |



| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 42 | Do you have any sugar in your house now? | YES . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . 8 | $\begin{aligned} & \longrightarrow 44 \\ & \longrightarrow 44 \end{aligned}$ |
| 43 | ASK RESPONDENT TO BRING THE PACKAGE OF SUGAR. <br> RECORD TYPE OF SUGAR PACKAGE. <br> IF HOUSEHOLD IS SELECTED FOR SUGAR SAMPLE, COLLECT SUGAR AS INSTRUCTED. | ```OPAQUE PACKAGE LABELED ZAMBIA SUGAR /KALUNGWISHI ........ 1 TRANSPARENT PLASTIC LABELED ZAMBIA SUGAR /KALUNGWISHI . . . . . . . . 2 LABELED, NOT FROM ZAMBIA . . . . . . . 3 TRANSPARENT PLASTIC, NO LABEL . . . . . . . . . . . 4 OTHER, NOT SEEN . . . . . . . . . 8``` |  |
| 44 | Approximately how much sugar does this household usually consume in one week? | NONE. .................... 1 LESS THAN 250 GRAMS .... 2 ABOUT HALF A KILO ...... 3 ABOUT ONE KG .......... 4 MORE THAN ONE KG ....... 5 DOES NOT KNOWI NOT SURE . . . . . . . . . . . . . 8 |  |
| 45 | ASK RESPONDENT FOR A TEASPOONFUL OF SALT. TEST SALT FOR IODINE. <br> RECORD PPM (PARTS PER MILLION). | 0 PPM (NO IODINE) / NO COLOUR . . . . . . . . . . . . . . . . 1 7 PPM . . . . . . . . . . . . . . . . . 3 15 PPM . . . . . . . . . . 4 30 PPM OR MORE . . . . . . 5 <br> SALT NOT TESTED $\qquad$ 6 <br> (SPECIFY REASON) |  |
| 46 | These days, would you say that this household usually has enough food to eat, sometimes has enough food to eat, seldom has enough food to eat, or never has enough food to eat? | USUALLYIALWAYS . . . . . . . . . . 1 SOMETIMES . . . . . . . . . . . . 3 SELDOM . . . . . . . . . . . . . 4 |  |
| 47 | In the last 12 months, have you or any member of this household been denied care from a health facility because you couldn't pay? |  |  |
| 48 | In the last 12 months, have you or any member of this household been prescribed medicine that you didn't obtain because you couldn't pay? |  |  |

TABLE OF THE SELECTION OF WOMEN FOR THE DOMESTIC VIOLENCE QUESTIONS
Take the last digit of the sequential questionnaire number. This is the number of the row you should go to. See the total number of eligible women on the cover sheet of the household questionnaire. This is the number of the column you should go to. Find the box where the row and the column meet. Circle the number that appears in the box. This is the number of the woman who will be asked the domestic violence questions.. Then, go to Column $9(B)$ in the household schedule and circle the corresponding line number of the eligible woman (e.g. if the number in the box is ' 2 ' and there are three woman in the household whose line numbers are ' 02 ', ' 03 ', and ' 07 , the line number of the eligible woman for domestic violence questions is ' 03 ')

| Last digit of the questionnaire number | Total number of eligible women in the household |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8+ |
| 0 | 1 | 2 | 2 | 4 | 3 | 6 | 5 | 4 |
| 1 | 1 | 1 | 3 | 1 | 4 | 1 | 6 | 5 |
| 2 | 1 | 2 | 1 | 2 | 5 | 2 | 7 | 6 |
| 3 | 1 | 1 | 2 | 3 | 1 | 3 | 1 | 7 |
| 4 | 1 | 2 | 3 | 4 | 2 | 4 | 2 | 8 |
| 5 | 1 | 1 | 1 | 1 | 3 | 5 | 3 | 1 |
| 6 | 1 | 2 | 2 | 2 | 4 | 6 | 4 | 2 |
| 7 | 1 | 1 | 3 | 3 | 5 | 1 | 5 | 3 |
| 8 | 1 | 2 | 1 | 4 | 1 | 2 | 6 | 4 |
| 9 | 1 | 1 | 2 | 1 | 2 | 3 | 7 | 5 |

CHECK COLUMNS (8) AND (9A): RECORD THE LINE NUMBER, NAME AND AGE OF ALL WOMEN AGE 15-49 AND ALL CHILDREN UNDER AGE 6.

| WOMEN 15-49 |  |  |  | WEIGHT AND HEIGHT MEASUREMENT OF WOMEN 15-49 |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| LINE NO. <br> FROM <br> COL.(8) | NAME <br> FROM <br> COL.(2) | $\begin{gathered} \text { AGE } \\ \\ \text { FROM } \\ \text { COL.(7) } \end{gathered}$ | What is (NAME)'s date of birth? | WEIGHT (KILOGRAMS) | $\begin{gathered} \text { HEIGHT } \\ \text { (CENTIMETERS) } \end{gathered}$ | MEASURED LYING DOWN OR STANDING UP | RESULT <br> 1 MEASURED <br> 2 NOT PRESENT <br> 3 REFUSED <br> 6 OTHER |
| (49) | (50) | (51) | (52) | (53) | (54) | (55) | (56) |
|  |  |  |  |  |  |  | $\square$ |
|  |  |  |  |  | $\square$ $\square$ |  | $\square$ |
|  |  |  |  |  |  $\square$ |  | $\square$ |



## SYPHILIS TESTING

Hello, my name is (YOUR NAME) and I am from the Ministry of Health. As my colleague has informed you already, we are doing a health survey. In this survey, we are studying syphilis among women 15-49 of age and men 15-59 of age in Zambia. Syphilis can cause serious problems if it is not treated. The results from this survey will help the government to develop programs to prevent and treat syphilis.

We encourage you to participate in this test by giving a small amount of blood form your arm. For this test we use sterile instruments that are clean and completely without risk. The blood will be analyzed this evening and I will be back tomorrow to give you the results if you tell me when you will be here. If the test results show that you have syphilis, we would provide free treatment for you and your partner(s) at home or at the nearest health center. No one will know the results of your test except you and me.

At this moment, do you have any questions?
Now, will you tell me if you accept to participate in the syphilis test? GO BACK TO COLUMN (62). CIRCLE THE APPROPRIATE CODE AND SIGN.
IF RESPONDENT IS AGE 15-17, ASK PARENT/GUARDIAN: Now, will you tell me if you accept for (NAME OF YOUTH) to participate in the syphilis test? GO TO COLUMN (62). CIRCLE THE APPROPRIATE CODE AND SIGN. THEN READ THE CONSENT FORM TO YOUTH.

IF CONSENTED, TAKE BLOOD. THEN ASK: If the test shows that you have syphilis and we can't find you for treatment at home, we would like to give that information to the health authorities so that they can follow up. Do you agree that we can give your name and the location of this house to the health authorities if the test shows that you need treatment? CIRCLE CODE FOR 'YES' OR 'NO' IN COLUMN (63).

## HIV TESTING

CHECK SYPHILIS CONSENT STATEMENT:

## CONSENTED



## NOT CONSENTED



We are also studying HIV among women and men in our survey. HIV is a serious health problem. As you may know, HIV is the virus that causes AIDS, which is usually fatal. This survey will assist the government to develop programs for preventing HIV and AIDS.

We request that you participate in the HIV testing part of this survey by authorizing us to use a few drops of the blood that we have already collected for the syphilis test.

To ensure the confidentiality of this test result, no individual names will be attached to the blood sample; therefore, we will not be able to give you the result of your HIV test and no one will be able to trace the test back to you. However, if you want to know your HIV status you will be referred to the nearest health facility which will offer you free testing and counseling.

At this moment, do you have any questions?
Now, will you tell me if you accept to participate in the HIV test? GO BACK TO COLUMN (64). CIRCLE THE APPROPRIATE CODE AD SIGN.

IF RESPONDENT IS AGE 15-17, ASK PARENT/GUARDIAN: Now, will you tell me if you accept for (NAME OF YOUTH) to participate in the HIV test? GO BACK TO COLUMN (64). CIRCLE THE APPROPRIATE CODE AND SIGN. THEN READ CONSENT FORM TO YOUTH.

We are also studying HIV among women and men in our survey. HIV is a serious health problem. As you may know, HIV is the virus that causes AIDS, which is usually fatal. This survey will assist the government to develop programs for preventing HIV and AIDS.

We ask that you participate in this test by giving a few drops of blood from your finger. For this test we use sterile instruments that are clean and completely without risk. Blood will be tested later in the laboratory.

To ensure the confidentiality of this test result, no individual names will be attached to the blood sample; therefore, we will not be able to give you the result of your HIV test and no one will be able to trace the test back to you. However, if you want to know your HIV status you will be referred to the nearest health facility which will offer you free testing and counseling.

At this moment, do you have any questions?
Now, will you tell me if you accept to participate in the HIV test? GO BACK TO COLUMN (64). CIRCLE THE APPROPRIATE CODE AD SIGN.

IF RESPONDENT IS AGE 15-17, ASK PARENT/GUARDIAN: Now, will you tell me if you accept for (NAME OF YOUTH) to participate in the HIV test? GO BACK TO COLUMN (64). CIRCLE THE APPROPRIATE CODE AND SIGN. THEN READ CONSENT FORM TO YOUTH.

## NOTE FOR THE NURSE/COUNSELOR:

THE RESPONDENT HAS THE RIGHT TO REFUSE HIV/SYPHILIS TEST(S), AND THEREFORE SHOULD NOT BE FORCED.

CHECK COLUMNS (8) AND (9A): RECORD THE LINE NUMBER, NAME AND AGE OF ALL WOMEN AGE 15-49 AND MEN AGE 15-59.

| LINE NO. FROM COL. (8) AND (9A) | NAME <br> FROM COL.(2) | $\begin{gathered} \text { AGE } \\ \text { FROM } \\ \text { COL.(7) } \end{gathered}$ | CHECK COLUMN (59) <br> (AGE) | LINE NO. OF PARENT OR OTHER ADULT RESPONSIBLE FOR THE CARE OF THIS PERSON | READ THE SYPHILIS CONSENT STATEMENT TO THE WOMAN/MAN OR RESPONSIBLE ADULT. CIRCLE <br> THE CODE (AND SIGN). 15-17 YEAR OLD RESPONDENTS mUST CONSENT AS WELL AS THE GUARDIAN. | AGREES RESULT BE GIVEN TO HEALTH AUTHORITIES | READ THE HIV CONSENT STATEMENT TO THE WOMAN/MAN OR RESPONSIBLE ADULT. CIRCLE <br> THE CODE (AND SIGN). <br> 15-17 YEAR OLD RESPONDENTS must Consent as well as the GUARDIAN. | SAMPLE COLLECTED? |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| (57) | (58) | (59) | (60) | (61) | (62) | (63) | (64) | (65) |
|  |  |  |  |  |  | $\begin{array}{\|l\|lll} \text { YES } & \ldots & & 1 \\ \text { NO } & \ldots & . & . \end{array}$ |  | $\begin{array}{\|l} \text { TEST TUBE } \ldots . \\ \text { FILTER PAPER } \end{array}$ |
|  |  |  | $\left.\begin{array}{\|c} \text { AGE } 15-17 \ldots \ldots \ldots \\ \text { AGE } 18-49 / 59 \ldots \ldots \\ \text { GO TO } 62 \ldots \ldots \end{array} \right\rvert\,$ |  |  | $\begin{array}{\|l\|llll} \text { YES } & \ldots . . & 1 \\ \text { NO } \ldots . & . & 2 \end{array}$ |  | $\left.\begin{array}{l} \text { TEST TUBE } \ldots . \\ \text { FILTER PAPER } \end{array}\right]$ |
|  |  |  | AGE $15-17 \ldots \ldots \ldots$. AGE $18-49 / 59 \ldots \ldots$ GO TO $62 \ldots \ldots$ |  |  | $\begin{array}{\|l\|llll} \text { YES } & \ldots . . & 1 \\ \text { NO } \ldots . & . & 2 \end{array}$ | AGREED......................... 1 REFUSED.......................... 3 ABSENT/OTHER ............ | $\begin{aligned} & \text { TEST TUBE } \ldots . \\ & \text { FILTER PAPER } \end{aligned} \frac{1}{} \begin{aligned} & \\ & \text { NO SAMPLE } \ldots \ldots \end{aligned}$ |
|  |  |  | $\left\|\begin{array}{c} \text { AGE } 15-17 \ldots \ldots \\ \text { AGE } 18-49 / 59 \ldots . . . \\ \text { GO TO . . . . . . } \\ \\ 22 \ldots \ldots \end{array}\right\|$ |  |  | $\begin{array}{\|l\|llll} \text { YES } \ldots . . & 1 \\ \text { NO } \ldots . & 1 \\ \hline \end{array}$ |  | $\left.\begin{array}{l} \text { TEST TUBE } \ldots \ldots \\ \text { FILTER PAPER } \end{array}\right]$ |
|  |  |  | AGE $15-17 \ldots \ldots \ldots$. AGE $18-49 / 59 \ldots \ldots .$. GO TO $62 \ldots \ldots$ |  |  | $\left\|\begin{array}{llll} \text { YES } & \ldots & \ldots & 1 \\ \text { NO } & \ldots & \cdots & 2 \end{array}\right\|$ | AGREED......................... 1 REFUSED........................... 23 AbSENT/OTHER ............. | $\begin{aligned} & \text { TEST TUBE } \ldots \ldots \\ & \text { FILTER PAPER } \end{aligned} \frac{1}{2} \begin{aligned} & \text { NO SAMPLE } \ldots \ldots \end{aligned}$ |
|  |  |  | AGE $15-17 \ldots \ldots .$. AGE $18-49 / 59 \ldots \ldots .$. GO TO $62 \ldots \ldots$ |  |  | $\begin{array}{\|llll} \text { YES } & \ldots . . & 1 \\ \text { NO } & \ldots . & . & \\ 2 \end{array}$ |  | $\begin{array}{l\|ll} \text { TEST TUBE } \ldots . & 1 \\ \text { FILTER PAPER } & 2 \\ \text { NO SAMPLE } \ldots & . & 3 \end{array}$ |
| TICK HERE IF CONTINUATION SHEET USED |  |  |  |  |  |  |  |  |


| IDENTIFICATION |  |
| :---: | :---: |
| LOCALITY NAME |  |
| NAME OF HOUSEHOLD HEAD |  |
|  |  |
| CLUSTER NUMBER | * * * * |
|  | ()\|)3)l)3)l|1 |
| HOUSEHOLD NUMBER | * * * * |
|  | .)!)2)!)3)!)1 |
| PROVINCE | * * |
|  | /)1)1 |
| URBAN/RURAL (URBAN=1, RURAL=2) | * * |
|  | /))11 |
| LUSAKA/OTHER CITY/TOWN/VILLAGE | * * |
| (LUSAKA=1, OTHER CITY=2, TOWN=3, VILLAGE=4) | +)!)3)!)1 |
|  | * * * |
| NAME AND LINE NUMBER OF WOMAN | .)!)3)!)1 |
| WOMAN SELECTED FOR Qs. 720A - 720L? (YES = 1, NO = 2) | .) ) - |


| INTERVIEWER VISITS |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 1 |  |  | 3 | FINAL VISIT |
| DATE <br> INTERVIEWER'S NAME <br> RESULT* |  |  |  |  |  |
| NEXT VISIT: <br> DATE <br> TIME |  |  |  |  | $\begin{array}{ll} \text { TOTAL NO. } & +() \text { ), } \\ \text { OF VISITS } & * * \\ \text { ())- } \end{array}$ |
| *RESULT CODES:      <br> 1 COMPLETED 4 REFUSED   <br> 2 NOT AT HOME 5 PARTLY COMPLETED 7 OTHER <br> 3 POSTPONED 6 INCAPACITATED   <br>      (SPECIFY) |  |  |  |  |  |
| LANGUAGE OF QUESTIONNAIRE** ENGLISH <br> LANGUAGE OF INTERVIEW**. . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . <br> RESPONDENT'S LOCAL LANGUAGE**. $\qquad$ <br> TRANSLATOR USED (1=NOT AT ALL; 2=SOMETIME; 3=ALL THE TIME) . . . . |  |  |  |  |  |
| ** LANGUAGE CODES: | 01 ENGLISH 02 BEMBA | $\begin{aligned} & 03 \text { KAONDE } \\ & 04 \text { LOZI } \end{aligned}$ | 05 LUNDA <br> 06 LUVALE | 07 NYANJA 08 TONGA | 09 OTHER |



## INFORMED CONSENT

Hello. My name is $\qquad$ and I am working with $\mathrm{CBOH} / \mathrm{CSO}$. We are conducting a national survey about the health of women and children. We would very much appreciate your participation in this survey. I would like to ask you about your health (and the health of your children). This information will help the government to plan health services. Whatever information you provide will be kept strictly confidential and will not be shown to other persons.

We hope that you will participate in this survey since your views are important.

At this time, do you want to ask me anything about the survey?
May I begin the interview now?

Signature of interviewer: $\qquad$ Date: $\qquad$

RESPONDENT AGREES TO BE INTERVIEWED ..... 1 RESPONDENT DOES NOT AGREE TO BE INTERVIEWED ..... 2$)$ ) •END

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 101 | RECORD THE TIME. |  |  |
| 103 | How long have you been living continuously in (NAME OF CURRENT PLACE OF RESIDENCE)? <br> IF LESS THAN ONE YEAR, RECORD '00' YEARS. |  | 2•105 |
| 104 | Just before you moved here, did you live in Lusaka, in another city, in a town, or in a village? | LUSAKA . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . |  |
| 105 | In what month and year were you born? |  |  |
| 106 | How old were you at your last birthday? <br> COMPARE AND CORRECT 105 AND/OR 106 IF INCONSISTENT. |  |  |
| 107 | Have you ever attended school? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . | ) -111 |
| 108 | What is the highest level of school you attended: primary, secondary, or higher? | PRIMARY . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . |  |
| 109 | What is the highest grade you completed at that level? |  |  |
| 110 | CHECK 108: |  | ) - 114 |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 111 | Now I would like you to read this sentence to me. <br> SHOW CARD TO RESPONDENT*. <br> IF RESPONDENT CANNOT READ WHOLE SENTENCE, PROBE: Can you read any part of the sentence to me? | CANNOT READ AT ALL . . . . . . . . . . . . 1 ABLE TO READ ONLY PARTS OF <br> SENTENCE . . . . . . . . . . . . . . . . . . . 2 <br> ABLE TO READ WHOLE SENTENCE . . . 3 <br> NO CARD WITH REQUIRED <br> LANGUAGE $\qquad$ <br> (SPECIFY LANGUAGE) |  |
| 112 | Have you ever participated in a literacy program or any other program that involves learning to read or write (not including primary school)? |  |  |
| 113 | CHECK 111:    <br>  CODE '2', '3' $+1)$ ), CODE ' 1 ' <br> OR '4' $1) 1)$ ). CIRCLED  |  | -115 |
| 114 | Do you read a newspaper almost every day, at least once week, less than once a week or not at all? | ALMOST EVERY DAY ................ 12 AT LEAST ONCE A WEEK .......... 2 LESS THAN ONCE A WEEK ......... 3 ALMOST NEVER/NOT AT ALL ....... 4 |  |
| 115 | Do you listen to the radio almost every day, at least once a week, less than once a week or not at all? | ALMOST EVERY DAY ............... 1 AT LEAST ONCE A WEEK ......... 2 LESS THAN ONCE A WEEK ......... 3 ALMOST NEVER/NOT AT ALL ....... 4 |  |
| 116 | Do you watch television almost every day, at least once a week, less than once a week or not at all? | ALMOST EVERY DAY ............... 1 AT LEAST ONCE A WEEK .......... 2 LESS THAN ONCE A WEEK ......... 3 ALMOST NEVER/NOT AT ALL ....... 4 |  |
| 117 | What is your religion? | CATHOLIC . . . . . . . . . . . . . . . . . . . . . . 1 PROTESTANT . . . . . . . . . . . . . . . 3 MUSLIM . . . . . . . . . . . . . . ${ }^{6}$ OTHER |  |
| 118 | What tribe do you belong to? |  |  |

* Examples:

1 - Children should go to school.
2 - Today is a sunny day.
3 - Birds fly in the sky.
4 - The child is reading a book.
5 - The rains came late this year.

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 201 | Now I would like to ask about all the births you have had during your life. Have you ever given birth? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . | ) - 206 |
| 202 | Do you have any sons or daughters to whom you have given birth who are now living with you? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . | ) - 204 |
| 203 | How many sons live with you? <br> And how many daughters live with you? <br> IF NONE, RECORD '00'. |  |  |
| 204 | Do you have any sons or daughters to whom you have given birth who are alive but do not live with you? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . | ) - 206 |
| 205 | How many sons are alive but do not live with you? <br> And how many daughters are alive but do not live with you? <br> IF NONE, RECORD '00'. |  |  |
| 206 | Have you ever given birth to a boy or girl who was born alive but later died? <br> IF NO, PROBE: Any baby who cried or showed signs of life but did not survive? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . | ) - 208 |
| 207 | How many boys have died? <br> And how many girls have died? <br> IF NONE, RECORD '00'. |  |  |
| 208 | SUM ANSWERS TO 203, 205, AND 207, AND ENTER TOTAL. IF NONE, RECORD '00'. | TOTAL $\left.\ldots \ldots \ldots \ldots \ldots *^{+() / 0)}{ }^{*}\right)^{*}$, ${ }^{*}$ |  |
| 209 | CHECK 208: <br> Just to make sure that I have this right: you have had in TOTAL $\qquad$ births during your life. Is that correct? |  |  |
| 210 | CHECK 208: <br> ONE OR MORE <br> +)) ), <br> NO BIRTHS <br> +) ) , <br> BIRTHS /I)I- <br> .) ()2) 1 ) |  | ) - 226 |


| 211 Now I would like to record the names of all your births, whether still alive or not, starting with the first one you had. RECORD NAMES OF ALL THE BIRTHS IN 212. RECORD TWINS AND TRIPLETS ON SEPARATE LINES. |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 212 <br> What name was given to your (first/next) baby? | 213 <br> Were <br> any of <br> these <br> births <br> twins? | 214 <br> Is <br> (NAME) <br> a boy <br> or a girl? | 215 <br> In what month and year was (NAME) born? <br> PROBE: <br> What is his/her birthday? | 216 <br> Is <br> (NAME) <br> still <br> alive? | 217 <br> IF ALIVE: <br> How old was (NAME) at his/her last birthday? <br> RECORD AGE IN COMPLETED YEARS. | 218 <br> IF ALIVE: <br> Is (NAME) living with you? | 219 <br> IF ALIVE: <br> RECORD HOUSEHOLD LINE NUMBER OF CHILD (RECORD '00' IF CHILD NOT LISTED IN HOUSEHOLD). | 220 <br> IF DEAD: <br> How old was (NAME) when he/she died? <br> IF '1 YR', PROBE: How many months old was (NAME)? RECORD DAYS IF LESS THAN 1 MONTH; MONTHS IF LESS THAN TWO YEARS; OR YEARS. | 221 <br> Were there any other live births between (NAME OF PREVIOUS BIRTH) and (NAME)? |
| 01 | SING 1 <br> MULT 2 | $\begin{array}{ll} \text { BOY } & 1 \\ \text { GIRL } & 2 \end{array}$ |  | YES . 1 <br> NO . . 2 <br> 220 | AGE IN YEARS H) 10 ) I), .) (1) 2) ) - | $\begin{aligned} & \text { YES . . } 1 \\ & \text { NO . . . } 2 \end{aligned}$ | LINE NUMBER +) 10 O) $)$, <br> .) ()2) $)$ - <br> (NEXT BIRTH) |  |  |
| 02 | SING 1 <br> MULT 2 | $\begin{array}{ll} \text { BOY } & 1 \\ \text { GIRL } & 2 \end{array}$ |  | YES . 1 <br> NO . . 2 <br> 220 | AGE IN YEARS t) $)$ O) I), .) ()2) $)$ - | $\begin{aligned} & \text { YES . . } 1 \\ & \text { NO . . . } 2 \end{aligned}$ |  |  | $\begin{aligned} & \text { YES . . . } 1 \\ & \text { NO . . . } 2 \end{aligned}$ |
| 03 | SING 1 <br> MULT 2 | $\begin{array}{ll} \text { BOY } & 1 \\ \text { GIRL } & 2 \end{array}$ |  | $\begin{array}{rrr} \text { YES } & 1 \\ \text { NO } & 1 & 2 \\ & * \\ & \\ & 220 \end{array}$ | AGE IN YEARS +)llO)l, * * * .) ()2) ) - | $\begin{aligned} & \text { YES . . } 1 \\ & \text { NO . . . } 2 \end{aligned}$ |  |  | $\begin{aligned} & \text { YES . . . } 1 \\ & \text { NO . . . } 2 \end{aligned}$ |
| 04 | SING 1 <br> MULT 2 | $\begin{array}{ll} \text { BOY } & 1 \\ \text { GIRL } & 2 \end{array}$ |  | YES . 1 <br> NO . . 2 <br> 220 | AGE IN YEARS H) (O)l), * * * .) (12)) - | $\begin{aligned} & \text { YES . . } 1 \\ & \text { NO . . . } 2 \end{aligned}$ | LINE NUMBER <br> t) $) 0$ ) ) , <br> .) (1) 2 ) $)$ - <br> (GO TO 221) |  | $\begin{aligned} & \text { YES . . . } 1 \\ & \text { NO . . . } 2 \end{aligned}$ |
| 05 | SING 1 <br> MULT 2 | BOY 1 GIRL 2 |  | YES . 1 <br> NO . . 2 <br> 220 | AGE IN YEARS <br> t) $)$ O) l), <br> .) (1)2) ) - | $\begin{aligned} & \text { YES . . } 1 \\ & \text { NO . . . } 2 \end{aligned}$ | LINE NUMBER $\text { +()) } 0 \text { 0) } 1 \text {, }$ <br> .) (1) 2 ) 1 - <br> (GO TO 221) |  | $\begin{aligned} & \text { YES ... } 1 \\ & \text { NO . . . } 2 \end{aligned}$ |
| 06 | SING 1 <br> MULT 2 | BOY 1 <br> GIRL 2 |  | $\text { YES . } 1$ $\text { NO .. }{ }_{*}^{2}$ $220$ | AGE IN YEARS t) ()O)l, * * * .) ()2) I)- | $\begin{aligned} & \text { YES . . } 1 \\ & \text { NO . . . } 2 \end{aligned}$ |  |  | $\begin{aligned} & \text { YES . . . } 1 \\ & \text { NO . . . } 2 \end{aligned}$ |
| 07 | SING 1 <br> MULT 2 | BOY 1 GIRL 2 |  | $\text { YES . } 1$ $\text { NO . . } 2$ <br> 220 | AGE IN YEARS t) $)$ O) I), .) (1)2) ) 1 - | $\begin{aligned} & \text { YES . . } 1 \\ & \text { NO . . . } 2 \end{aligned}$ |  |  | $\begin{aligned} & \text { YES . . . } 1 \\ & \text { NO . . . } 2 \end{aligned}$ |


| 212 <br> What name was given to your next baby? <br> (NAME) |  | 213 | 214 |  | 216 | $\begin{aligned} & 217 \\ & \text { IF ALIVE: } \end{aligned}$ | $\begin{aligned} & 218 \\ & \text { IF ALIVE: } \end{aligned}$ | $\begin{aligned} & 219 \\ & \text { IF ALIVE: } \end{aligned}$ | $\begin{aligned} & 220 \\ & \text { IF DEAD: } \end{aligned}$ | 221 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  | Were any of these births twins? | Is <br> (NAME) <br> a boy <br> or a <br> girl? | In what month and year was (NAME) born? <br> PROBE: <br> What is his/her birthday? | Is <br> (NAME) <br> still <br> alive? | How old was (NAME) at his/her last birthday? <br> RECORD AGE IN COMPLETED YEARS. | Is (NAME) living with you? | RECORD HOUSEHOLD LINE NUMBER OF CHILD (RECORD '00' IF CHILD NOT LISTED IN HOUSEHOLD). | How old was (NAME) when he/she died? <br> IF '1 YR', PROBE: How many months old was (NAME)? RECORD DAYS IF LESS THAN 1 MONTH; MONTHS IF LESS THAN TWO YEARS; OR YEARS. | Were there any other live births between (NAME OF PREVIOUS BIRTH) and (NAME)? |
| 08 |  | SING 1 <br> MULT 2 | BOY 1 GIRL 2 |  | $\begin{array}{\|rrr} \text { YES } & 1 \\ \text { NO } & . & 2 \\ & * \\ & \vdots \\ & 220 \end{array}$ | AGE IN YEARS <br> +) () O) ) , <br> .) (1) 2) ) - | $\begin{aligned} & \text { YES . . } 1 \\ & \text { NO . . . } 2 \end{aligned}$ | $\begin{aligned} & \text { LINE NUMBER } \\ & +())(0))! \\ & * \quad * \quad * \\ & (1))(2))!- \\ & * \\ & * \\ & \text { (GO TO 221) } \end{aligned}$ |  | $\text { YES . . . } 1$ |
| 09 |  | SING 1 <br> MULT 2 | $\begin{array}{ll}\text { BOY } & 1 \\ \text { GIRL } 2\end{array}$ |  | $\begin{array}{rrr} \text { YES } & 1 \\ \text { NO } & 1 & 2 \\ & * \\ & 220 \end{array}$ | AGE IN YEARS H) H0) I), .) (1) 2) ) - | $\begin{aligned} & \text { YES . . } 1 \\ & \text { NO . . . } 2 \end{aligned}$ |  |  | $\begin{aligned} & \text { YES . . . } 1 \\ & \text { NO . . . } 2 \end{aligned}$ |
| 10 |  | SING 1 <br> MULT 2 | $\begin{array}{ll}\text { BOY } & 1 \\ \text { GIRL } 2\end{array}$ |  | $\begin{array}{\|rrr} \text { YES } & 1 \\ \text { NO . . } & 2 \\ & * \\ & \text { r } \\ & 220 \end{array}$ | AGE IN YEARS H) (0) O), .) (1) 2 ) - | $\begin{aligned} & \text { YES . . } 1 \\ & \text { NO . . . } 2 \end{aligned}$ | LINE NUMBER |  | $\text { YES . . . } 1$ |
| 11 |  | SING 1 <br> MULT 2 | $\begin{array}{ll} \text { BOY } & 1 \\ \text { GIRL } 2 \end{array}$ |  | $\begin{array}{\|rrr} \text { YES } & 1 \\ \text { NO } & . & 2 \\ & * \\ & \text { * } \\ & 220 \end{array}$ | AGE IN YEARS H) HO)II, .) ()2) I) - | $\begin{aligned} & \text { YES . . } 1 \\ & \text { NO . . } 2 \end{aligned}$ |  |  | $\begin{aligned} & \text { YES . . . } 1 \\ & \text { NO . . . } 2 \end{aligned}$ |
| 12 |  | SING 1 <br> MULT 2 | $\begin{array}{ll} \text { BOY } & 1 \\ \text { GIRL } & 2 \end{array}$ |  | $\begin{array}{\|rrr} \text { YES } & 1 \\ \text { NO } & . & 2 \\ & * \\ & \vdots \\ & 220 \end{array}$ | AGE IN YEARS H) H0)ll, .) ()2) \|) | $\begin{aligned} & \text { YES . . } 1 \\ & \text { NO . . . } 2 \end{aligned}$ |  |  | $\text { YES . . . } 1$ |
| 222 | Have you had any live births since the birth of (NAME OF LAST BIRTH)? |  |  |  |  |  |  | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1NO . . . . . . . . . . . . . . . . . |  |  |
| 223 | COM | PARE 208 <br> NUMBER <br> ARE SAM | WITH N <br> +) ) <br> /)) <br> * <br> CH | JMBER OF BIRTHS <br> NUMBERS DIFFE <br> CK: FOR EACH <br> FOR EACH <br> FOR EACH <br> FOR AGE A <br> NUMBER O | S IN HIST <br> ARE <br> RENT <br> BIRTH: Y <br> LIVING C <br> DEAD CH <br> AT DEATH <br> F MONTH | PR ABOVE <br> )), <br> ))2) 1 ( PR <br> AR OF BIRT <br> ILD: CURRE <br> LD: AGE AT <br> 12 MONTHS . | ND MARK: <br> BE AND R <br> IS RECOR <br> T AGE IS R <br> EATH IS R <br> OR 1 YEAR | CONCILE) <br> ED. <br> ECORDED. <br> CORDED. <br> PROBE TO DE |  | +)l), <br> * * <br> /)))1 <br> /)) ) 1 <br> * * <br> /)) ) 1 <br> .) $) 1$ - |
| 224 | CHECK 215 AND ENTER THE NUMBER OF BIRTHS IN 1996 OR LATER. IF NONE, RECORD '0'. |  |  |  |  |  |  |  |  | $\begin{aligned} & +1) 1, \\ & * \quad * \\ & .1) 1 \end{aligned}$ |


| NO | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 226 | Are you pregnant now? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . . . . 8 | $\int 2 \cdot 229$ |
| 227 | How many months pregnant are you? |  |  |
| 228 | At the time you became pregnant did you want to become pregnant then, did you want to wait until later, or did you not want to have any (more) children at all? | THEN . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 LATER . . . . . . . . . . . . . . . . . . . . 3 |  |
| 229 | Have you ever had a pregnancy that miscarried, was aborted, or ended in a stillbirth? | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . . . . . . . . . . . . } \end{aligned}$ | ) 237 |
| 230 | When did the last such pregnancy end? |  |  |
| 231 | How many months pregnant were you when the last such pregnancy ended? |  |  |
| 232 |  |  | )-237 |
| 233 | Have you ever had any other pregnancies that did not result in a live birth? |  | )-237 |
| 234 | When did the previous such pregnancy end? |  |  |
| 235 | How many months pregnant were you when that pregnancy ended? |  |  |
| 237 | When did your last menstrual period start? <br> (DATE, IF GIVEN) |  |  |
| 238 | From one menstrual period to the next, are there certain days when a woman is more likely to become pregnant if she has sexual relations? |  | $\left\{\begin{array}{l} 1 \\ 2 \cdot 301 \end{array}\right.$ |


| NO | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 239 | Is this time just before her period begins, during her period, right after her period has ended, or halfway between two periods? | JUST BEFORE HER PERIOD BEGINS . . . 1 <br> DURING HER PERIOD . . . . . . . . . . . . . . . 2 <br> RIGHT AFTER HER <br> PERIOD HAS ENDED .............. 3 <br> HALFWAY BETWEEN TWO PERIODS . . 4 <br> OTHER $\qquad$ 6 <br> (SPECIFY) <br> DON'T KNOW $\qquad$ |  |

Now I would like to talk about family planning - the various ways or methods that a couple can use to delay or avoid a pregnancy. CIRCLE CODE 1 IN 301 FOR EACH METHOD MENTIONED SPONTANEOUSLY. THEN PROCEED DOWN COLUMN 301, READING THE NAME AND DESCRIPTION OF EACH METHOD NOT MENTIONED SPONTANEOUSLY. CIRCLE CODE 1 IF METHOD IS RECOGNIZED, AND CODE 2 IF NOT RECOGNIZED. THEN, FOR EACH METHOD WITH CODE 1 CIRCLED IN 301, ASK 302.

| 301 | Which ways or methods have you heard about? FOR METHODS NOT MENTIONED SPONTANEOUSLY, ASK: Have you ever heard of (METHOD)? |  | 302 Have you ever used (METHOD)? |
| :---: | :---: | :---: | :---: |
| 01 | FEMALE STERILIZATION Women can have an operation to avoid having any more children. | $\begin{aligned} & \text { YES . . . . . . . . . . . } \\ & \text { NO . . . . . . . . . . } 21 \text { ), } \end{aligned}$ | Have you ever had an operation to avoid having any more children? |
| 02 | MALE STERILIZATION Men can have an operation to avoid having any more children. | $\begin{aligned} & \text { YES . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . . . } 2 \text { 2), } \end{aligned}$ | Have you ever had a partner who had an operation to avoid having any more children? <br> YES . . . . . . . . . . . . . . . . . . . . . 1 <br> NO . . . . . . . . . . . . . . . . . . . . . . 2 |
| 03 | PILL Women can take a pill every day to avoid becoming pregnant. | $\begin{aligned} & \text { YES . . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . } 2 \text { ), } \end{aligned}$ | YES . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . . . . . 2 |
| 04 | IUD Women can have a loop or coil placed inside them by a doctor or a nurse. | YES . . . . . . . . . . . 1 NO . . . . . . . . . . 21 ), | YES . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . . . . . 2 |
| 05 | INJECTABLES Women can have an injection by a health provider that stops them from becoming pregnant for one or more months. | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . . } 21 \\ & \text { NO . . . . . . } 1 \text {, } \end{aligned}$ | YES . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . . . . . 2 |
| 06 | IMPLANTS Women can have several small rods placed in their upper arm by a doctor or nurse which can prevent pregnancy for one or more years. | YES $\ldots \ldots \ldots \ldots$ NO . . . . . . . . . . . 2), | YES . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . . . . . 2 |
| 07 | CONDOM Men can put a rubber sheath on their penis before sexual intercourse. | $\begin{aligned} & \text { YES . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . . . } 2 \text { ), } \end{aligned}$ | YES . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . . . . . 2 |
| 08 | FEMALE CONDOM Women can place a sheath in their vagina before sexual intercourse. | $\begin{aligned} & \text { YES . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . . . } 2 \text { 2 } 1 \text {, } \end{aligned}$ | YES . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . . . . . 2 |
| 09 | FOAM TABLETS, DIAPHRAGM OR JELLY Women can place a suppository, a diaphragm, jelly, or cream in their vagina before intercourse. | YES $\ldots \ldots \ldots \ldots$ NO . . . . . . . . . . . . 2), | YES . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . . . . . . 2 |
| 10 | LACTATIONAL AMENORRHEA METHOD (LAM) Up to 6 months after childbirth, a woman can use a method that requires that she breastfeeds frequently, day and night, and that her menstrual period has not returned. | YES . . . . . . . . . . . . . 1 NO . . . . . . . . . 1 , | YES . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . . . . . . 2 |
| 11 | RHYTHM OR NATURAL FAMILY PLANNING Every month that a woman is sexually active she can avoid pregnancy by not having sexual intercourse on the days of the month she is most likely to get pregnant. | $\begin{aligned} & \text { YES . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . . . . } 2 \text { ), } \end{aligned}$ | YES . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . . . . . 2 |
| 12 | WITHDRAWAL Men can be careful and pull out before climax. | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . } 1 \text {, } \end{aligned}$ | YES . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . . . . . 2 |
| 13 | EMERGENCY CONTRACEPTION Women can take pills up to three days after sexual intercourse to avoid becoming pregnant. | YES $\ldots \ldots \ldots \ldots$ NO . . . . . . . . . . . 2 | YES . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . . . . . 2 |
| 14 | Have you heard of any other ways or methods that women or men can use to avoid pregnancy? | YES ............ 1 <br> (SPECIFY) <br> NO . . . . . . . . . . . . . 2 | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . . . . . . . . . . . . |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 303 | CHECK 302:    <br>  NOT A SINGLE ") ) $),$ AT LEAST ONE <br>  "YES" l) $)$ ). YES" <br>  (NEVER USED) $\checkmark$ (EVER USED) |  | ) - 307 |
| 304 | Have you ever used anything or tried in any way to delay or avoid getting pregnant? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . | ) - 329 |
| 306 | What have you used or done? <br> CORRECT 302 AND 303 (AND 301 IF NECESSARY). |  |  |
| 307 | Now I would like to ask you about the first time that you did something or used a method to avoid getting pregnant. <br> How many living children did you have at that time, if any? <br> IF NONE, RECORD '00'. |  |  |
| 308 | CHECK 302 (01): |  | ) -311A |
| 309 | CHECK 226: |  | ) - 329 |
| 310 | Are you currently doing something or using any method to delay or avoid getting pregnant? |  | 1-329 |
| 311 | Which method are you using? <br> IF MORE THAN ONE METHOD MENTIONED, FOLLOW SKIP INSTRUCTION FOR HIGHEST METHOD ON LIST. |  | $\left\{\begin{array}{l} \dot{2} 313 \\ \dot{*} \\ * \end{array}\right.$ |
| 311A | CIRCLE 'A' FOR FEMALE STERILIZATION. | CONDOM............................... G <br> FEMALE CONDOM DIAPHRAGM/FOAM/JELLY <br> LACTATIONAL AMEN. METHOD . . . . . . . J <br> NATURAL FAMILY PLANNING ......... K WITHDRAWAL $\qquad$ <br> OTHER $\qquad$ <br> (SPECIFY) | $*$ $*$ $/-316 A$ $*$ $*$ $*$ $*$ $*$ $*$ - |


| 312 | What brand of pills are you using? <br> ASK TO SEE THE PACKAGE IF RESPONDENT DOES NOT REMEMBER NAME OF BRAND. |  | $/ \cdot 316 A$ |
| :---: | :---: | :---: | :---: |


| NO. | QUESTION AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 313 | In what facility did the sterilization take place? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER, OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. |  |  |
| 314 | CHECK 311: | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . |  |


| NO. | QUESTION AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 316 | In what month and year was the sterilization performed? <br> In what month and year did you start using (CURRENT METHOD) without stopping? <br> PROBE: For how long have you been using (CURRENT METHOD) now without stopping? |  |  |
| 317 |  |  | ) - 327 |
| 319 | CHECK 311/311A: <br> CIRCLE METHOD CODE: <br> IF MORE THAN ONE METHOD CODE CIRCLED IN 311/311A, CIRCLE CODE FOR HIGHEST METHOD IN LIST. |  |  |
| 323 | Were you ever told by a health or family planning worker about side effects or problems you might have with the method? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . . 2 | )-327 |
| 324 | Were you told what to do if you experienced side effects or problems? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO. . . . . . . . . . . . . . . . . . . . . 2 |  |
| 327 | CHECK 311/311A: <br> CIRCLE METHOD CODE: |  |  |



| NO. | QUESTION AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 332 | In the last 12 months, have you visited a health facility for care for yourself (or your children)? |  | ) 401 |
| 333 | Did any staff member at the health facility speak to you about family planning methods? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . |  |


| 401 | CHECK 224:   <br>  ONE OR MORE $+1)$ ), <br>  BIRTHS (l) $)$ - <br> IN 1996 $*$  <br> OR LATER   |  | (t) | -487 |
| :---: | :---: | :---: | :---: | :---: |
| 402 | ENTER IN THE TABLE THE LINE NUMBER, NAME, AND SURVIVAL STATUS OF EACH BIRTH IN 1996 OR LATER. <br> ASK THE QUESTIONS ABOUT ALL OF THESE BIRTHS. BEGIN WITH THE LAST BIRTH. <br> (IF THERE ARE MORE THAN 2 BIRTHS, USE LAST COLUMN OF ADDITIONAL QUESTIONNAIRES). <br> Now I would like to ask you some questions about the health of all your children born in the last five years. (We will talk about each separately.) |  |  |  |
| 403 | LINE NUMBER FROM 212 |  | NEXT-T <br> LINE NUMBER | AST BIRTH <br> +) (0) ) ), <br> .())2) ) - |
| 404 | FROM 212 AND 216 |  | NAME $\qquad$ +), LIVING /))- |  |
| 405 | At the time you became pregnant with (NAME), did you want to become pregnant then, did you want to wait until later, or did you not want to have any (more) children at all? |  | THEN <br> LATER <br> NOT AT ALL |  |
| 406 | How much longer would you like to have waited? |  | MONTHS <br> YEARS <br> DON'T KNOW |  |
| 407 | Did you see anyone for antenatal care for this pregnancy? <br> IF YES: Whom did you see? <br> Anyone else? <br> PROBE FOR THE TYPE OF PERSON <br> AND RECORD ALL PERSONS SEEN. |  |  |  |



|  |  | LAST BIRTH | NEXT-TO-LAST-BIRTH |
| :---: | :---: | :---: | :---: |
| 414B | What is the main reason you did not go to a health facility for antenatal care? | COST TOO MUCH . . . . . . . . . . . . . 1 <br> DISTANCETRANSPORT . . . . . . . . . 2 <br> SERVICE NOT AVAILABLE <br> AT THAT TIME . . . . . . . . . . . . . 3 <br> DID NOT FEEL NEED . . . . . . . . . . . . 4 <br> OTHER $\qquad$ |  |
| 414C | Did you ever try to go for antenatal care but the health facility staff told you to go away and come back another day? | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . } \\ & \text { NO . . . . } \end{aligned}$ |  |
| 415 | During this pregnancy, were you given an injection in the arm to prevent the baby from getting tetanus, that is, spasms or jerks in the first month after birth? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . NO . . . . . . . . . . . . . . . . . . . 8 |  |
| 416 | During this pregnancy, how many times did you get this injection? |  |  |
| 417 | During this pregnancy, were you given or did you buy any iron tablets or iron syrup or folic acid? <br> SHOW TABLET/SYRUP. | YES . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . . . . . . . . 2 $($ SKIP TO 421) 4) ) ) ) ) ) 1 DON'T KNOW . . . . . . . . . . . . . . . 8 |  |
| 418 | During the whole pregnancy, for how many days did you take the iron tablets or iron syrup? <br> IF ANSWER IS NOT NUMERIC, PROBE FOR APPROXIMATE NUMBER OF DAYS. | NUMBER OF <br> +()l0)llol)!, <br> DAYS <br> * * * * <br> . ()) 2)) 2 ) ) - <br> DON'T KNOW |  |
| 421 | During this pregnancy, did you take any drugs to prevent you from getting malaria? |  |  |
| 422 | What drugs did you take? <br> RECORD ALL MENTIONED. IF TYPE OF DRUG IS NOT DETERMINED, SHOW TYPICAL ANTIMALARIAL DRUGS TO RESPONDENT. | CHLOROQUINE. . . . . . . . . . . . . . . FANSIDAR . . . . . . . . . . . . . (SPECIFY) OTHER DON'T KNOW . . . . . . . . . . . . . . . . |  |
| 422A | CHECK 407: <br> DID YOU SEE ANYONE FOR ANTENATAL CARE DURING THIS PREGNANCY? | "ANY ONE" <br> $(\mathrm{A}-\mathrm{X})$ NO ONE" <br> $(Y)$ <br> +(), $+))$, <br> ()$)-$ ()$)-$ <br> $\cdot$ .$($ SKIP TO <br>  $423)$ |  |


|  |  | LAST BIRTH NAME | NEXT-TO-LAST-BIRTH <br> NAME |
| :---: | :---: | :---: | :---: |
| 422B | Did you get these drugs during an antenatal visit, another visit to health facility or from some other source? | ANTENATAL VISIT . . . . . . . . . . . . 1 <br> ANOTHER FACILITY VISITS . . . . . 2 <br> OTHER SOURCE $\qquad$ <br> (SPECIFY) |  |
| 423 | When (NAME) was born, was he/she very large, larger than average, average, smaller than average, or very small? | VERY LARGE . . . . . . . . . . . . . . . . 1 <br> LARGER THAN AVERAGE . . . . . . 2 <br> AVERAGE. ...................... . 3 <br> SMALLER THAN AVERAGE . . . . . 4 <br> VERY SMALL .................... . 5 <br> DONT KNOW .................... 8 | VERY LARGE . . . . . . . . . . . . . . . . 1 <br> LARGER THAN AVERAGE . . . . . . 2 <br> AVERAGE........................ 3 <br> SMALLER THAN AVERAGE . . . . . 4 <br> VERY SMALL .................... . . 5 <br> DONT KNOW .................... 8 |
| 424 | Was (NAME) weighed at birth? |  |  |
| 425 | How much did (NAME) weigh? <br> RECORD WEIGHT FROM HEALTH CARD, IF AVAILABLE. |  |  |
| 426 | Who assisted with the delivery of (NAME)? <br> Anyone else? <br> IF RELATIVE OR FRIEND, PROBE TO SEE IF BELONGS TO ANOTHER CATEGORY. | HEALTH PROFESSIONAL $\qquad$ <br> CLINICAL OFFICER ........... . B <br> NURSEMIDWIFE . . . . . . . . . . . . . C <br> OTHER PERSON <br> TRADITIONAL BIRTH <br> ATTENDANT $\qquad$ D <br> RELATIVE/FRIEND $\qquad$ <br> OTHER $\qquad$ x <br> (SPECIFY) <br> NO ONE $\qquad$ | HEALTH PROFESSIONAL $\qquad$ <br> CLINICAL OFFICER ............ B <br> NURSEMIDWIFE . . . . . . . . . . . . C <br> OTHER PERSON <br> TRADITIONAL BIRTH <br> ATTENDANT $\qquad$ <br> RELATIVE/FRIEND $\qquad$ <br> OTHER $\qquad$ X <br> (SPECIFY) <br> NO ONE $\qquad$ |
| 427 | Where did you give birth to (NAME)? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER, OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. <br> (NAME OF PLACE) (LAST BIRTH) | HOME <br> YOUR HOME . . . . . . . . . . . . . . 11 <br> (SKIP TO 429)4) ) $)$ ) $)$ ) 1 <br> OTHER HOME . . . . . . . . . . . . . 12 <br> PUBLIC SECTOR <br> GOVT. HOSPITAL . . . . . . . . . . 21 <br> GOVT. HEALTH CENTER .... 22 <br> GOVT. HEALTH POST . . . . . . 23 <br> OTHER PUBLIC $\qquad$ 26 <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PVT. HOSPITALCLINIC . . . . . . 31 <br> MISSION HOSPITAL/CLINIC . . . 32 <br> OTHER PVT. <br> MEDICAL $\qquad$ 36 <br> (SPECIFY) <br> OTHER $\qquad$ 96 | HOME <br> YOUR HOME . . . . . . . . . . . . . . 11 <br> (SKIP TO 429)-) ) ) ) ) ) 1 <br> OTHER HOME . . . . . . . . . . . . . 12 <br> PUBLIC SECTOR <br> GOVT. HOSPITAL . . . . . . . . . . 21 <br> GOVT. HEALTH CENTER . . . . 22 <br> GOVT. HEALTH POST . . . . . . 23 <br> OTHER PUBLIC $\qquad$ 26 (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PVT. HOSPITAL/CLINIC . . . . . . 31 <br> MISSION HOSPITALCLINIC . . . 32 <br> OTHER PVT. <br> MEDICAL $\qquad$ 36 <br> (SPECIFY) <br> OTHER $\qquad$ 96 |
| 428 | Was (NAME) delivered by caesarean section? | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . . . . . . . . . . . . . } 2 \end{aligned}$ | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . . . . . . . . . . . . } \end{aligned}$ |


|  |  | LAST BIRTH <br> NAME | NEXT-TO-LAST-BIRTH <br> NAME |
| :---: | :---: | :---: | :---: |
| 429 | After (NAME) was born, did a health professional or a traditional birth attendant check on your health? |  | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 |
| 430 | How many days or weeks after delivery did the first check take place? <br> RECORD '00' DAYS IF SAME DAY. |  |  |
| 431 | Who checked on your health at that time? <br> PROBE FOR MOST QUALIFIED PERSON. |  |  |
| 432 | Where did this first check take place? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER, OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. <br> (NAME OF PLACE) |  |  |
| 433 | In the first one month after delivery, did you receive a vitamin A dose like this? <br> SHOW CAPSULE. | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . } \\ & \text { NO . . . . } \end{aligned}$ |  |
| 434 | Has your period returned since the birth of (NAME)? | YES . . . . . . . . . . . . . . . . . . . . . . 1 $($ SKIP TO 436) 4) ) ) ) ) ) )- NO . . . . . . . . . . . . . . . . . 2 $($ SKIP TO 437) 4) ) ) ) ) ) )- |  |
| 435 | Did your period return between the birth of (NAME) and your next pregnancy? |  | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 NO . . . . . . . . . $($ SKIP TO 439)4) ) ) ) ) ) $)$ |
| 436 | For how many months after the birth of (NAME) did you not have a period? |  |  |
| 437 | CHECK 226: <br> IS RESPONDENT PREGNANT? | NOT $+1)$, PREGNANT + $) 1$, <br> PREG- $/ l)-$ OR UNSURE . ) 11  <br> NANT - $($ SKIP TO 439) 4$)-$  |  |


|  |  | LAST BIRTH | NEXT-TO-LAST-BIRTH |
| :---: | :---: | :---: | :---: |
| 438 | Have you resumed sexual relations since the birth of (NAME)? |  |  |
| 439 | For how many months after the birth of (NAME) did you not have sexual relations? |  |  |
| 440 | Did you ever breastfeed (NAME)? |  |  |
| 441 | How long after birth did you first put (NAME) to the breast? <br> IF LESS THAN 1 HOUR, RECORD '00' HOURS. <br> IF LESS THAN 24 HOURS, RECORD HOURS. <br> OTHERWISE, RECORD DAYS. |  |  |
| 442 | In the first three days after delivery, before your milk began flowing regularly, was (NAME) given anything to drink other than breast milk? |  |  |
| 443 | What was (NAME) given to drink before your milk began flowing regularly? <br> Anything else? <br> RECORD ALL LIQUIDS MENTIONED. | MILK (OTHER THAN <br> BREAST MILK) . . . . . . . . . . . . . A <br> PLAIN WATER . . . . . . . . . . . . . . . . . B <br> SUGAR OR GLUCOSE WATER . . . C <br> GRIPE WATER . . . . . . . . . . . . . . . . D <br> SUGAR-SALT-WATER SOLUTION <br> FRUIT JUICE <br> INFANT FORMULA . . . . . . . . . . . . . G <br> TEAIINFUSIONS ................. . H <br> HONEY $\qquad$ <br> OTHER $\qquad$ X <br> (SPECIFY) | MILK (OTHER THAN <br> BREAST MILK) . . .............. A <br> PLAIN WATER . . . . . . . . . . . . . . . . . B <br> SUGAR OR GLUCOSE WATER . . . C <br> GRIPE WATER . . . . . . . . . . . . . . . . . D <br> SUGAR-SALT-WATER SOLUTION E <br> FRUIT JUICE . . . . . . . . . . . . . . . . . . F <br> INFANT FORMULA . . . . . . . . . . . . . G <br> TEAINFUSIONS .................. H <br> HONEY $\qquad$ <br> OTHER $\qquad$ X <br> (SPECIFY) |
| 444 | CHECK 404: <br> CHILD ALIVE? |  |  |
| 445 | Are you still breastfeeding (NAME)? | $\begin{aligned} & \text { YES } \ldots \text {. . . . . . . . . . . . . . . . . . . } 1 \\ & \text { (SKIP TO 448)•) ) I) ) )- } \\ & \text { NO . . . . . . . . . . . . . . . . . . . } 2 \end{aligned}$ | $\begin{aligned} & \text { YES } \ldots \text {. . . . . . . . . . . . . . . . . . . } 1 \\ & \text { (SKIP TO 448)•) ) I) ) )- } \\ & \text { NO . . . . . . . . . . . . . . . . . . . } 2 \end{aligned}$ |
| 446 | For how many months did you breastfeed (NAME)? |  |  |
| 447 | CHECK 404: <br> IS CHILD LIVING? |  |  |


|  |  | LAST BIRTH <br> NAME | NEXT-TO-LAST-BIRTH NAME |
| :---: | :---: | :---: | :---: |
| 448 | How many times did you breastfeed last night between sunset and sunrise? <br> IF ANSWER IS NOT NUMERIC, PROBE FOR APPROXIMATE NUMBER. |  |  |
| 449 | How many times did you breastfeed yesterday during the daylight hours? <br> IF ANSWER IS NOT NUMERIC, PROBE FOR APPROXIMATE NUMBER. |  |  |
| 450 | Did (NAME) drink anything from a bottle with a nipple yesterday or last night? | YES . . . . . . . . . . . . . . . . . . . . . . . . 1 NO. . . . . . . . . . . . . . . . . 8 |  |
| 451 | Was sugar added to any of the foods or liquids (NAME) ate yesterday? |  |  |
| 452 | How many times did (NAME) eat solid, semisolid, or soft foods other than liquids yesterday during the day or at night? <br> IF 7 OR MORE TIMES, RECORD ' 7 '. |  | NUMBER OF TIMES .......... $\left.\left.\left.{ }^{*}{ }^{*}\right)^{\prime}\right)\right)^{*}$ DONT KNOW ................. 8 |
| 453 |  | GO BACK TO 405 IN NEXT COLUMN; OR, IF NO MORE BIRTHS, GO TO 454. | GO BACK TO 405 IN LAST COLUMN OF NEW QUESTIONNAIRE; OR, IF NO MORE BIRTHS, GO TO 454. |


| 454 | ENTER IN THE TABLE THE LINE NUMBER, NAME, AND SURVIVAL STATUS OF EACH BIRTH IN 1996 OR LATER. (IF THERE ARE MORE THAN 2 BIRTHS, USE LAST COLUMN OF ADDITIONAL QUESTIONNAIRES). |  |  |
| :---: | :---: | :---: | :---: |
| 455 | LINE NUMBER FROM 212 |  |  |
| 456 | FROM 212 AND 216 |  |  |
| 458 | Do you have an Under 5 Card where (NAME'S) vaccinations are written down? <br> IF YES: May I see it please? |  |  |
| 459 | Did you ever have an Under 5 Card for (NAME)? |  |  |
| 460 | (1)COPY VACCINATION DATE  <br>  FOR EACH VACCINE FROM <br> (2)THE CARD.  <br>  WRITE '44' IN 'DAY' COLUMN <br> IF CARD SHOWS THAT A <br>  VACCINATION WAS GIVEN, <br>  BUT NO DATE IS RECORDED. |  |  |


|  |  | LAST BIRTH <br> NAME | NEXT-TO-LAST BIRTH NAME |
| :---: | :---: | :---: | :---: |
| 461 | Has (NAME) received any vaccinations that are not recorded on this card, including vaccinations received in a national immunization day, "Bye Bye Polio" or in a Child Health Week campaign? <br> RECORD 'YES' ONLY IF RESPONDENT MENTIONS BCG, POLIO 0-3, DPT 1-3, AND/OR MEASLES VACCINE(S). |  |  |
| 462 | Did (NAME) ever receive any vaccinations to prevent him/her from getting diseases, including vaccinations received in a national immunization day, "Bye Bye Polio" or in a Child Health Week campaign? |  |  |
| 463 | Please tell me if (NAME) received any of the following vaccinations: |  |  |
| 463A | A BCG vaccination against tuberculosis, that is, an injection in the forearm that usually causes a scar? | YES . . . . . . . . . . . . . . . . . . . . . . . . 1 NO....................... . . . 8 |  |
| 463B | Polio vaccine, that is, drops in the mouth? |  |  |
| 463C | When was the first polio vaccine received, just after birth or later? | JUST AFTER BIRTH . . . . . . . . . . . . . . . 1 LATER . . . . . . . . . . . . . . 2 | JUST AFTER BIRTH . . . . . . . . . . . . . . . . . . . . . . . . . . . |
| 463D | How many times was the polio vaccine received? | $\text { NUMBER OF TIMES } \left.\left.\ldots \ldots \ldots *^{*} \quad{ }^{+}\right)\right)^{*}$ | NUMBER OF TIMES ......... $\left.{ }^{*}{ }^{+}\right)$), $\left.{ }^{*}\right)^{*}$ |
| 463E | A DPT vaccination, that is, an injection given in the thigh, sometimes at the same time as polio drops? |  |  |
| 463F | How many times? | $\text { NUMBER OF TIMES ......... } \left.{ }^{*}{ }^{+1))} \text { ) }{ }^{*}\right) \text { - }$ |  |
| 463G | An injection in the upper arm to prevent measles? |  |  |
| 464 | Do you remember the most recent "Bye Bye Polio" or Child Health Week campaign in February (August) this year? |  |  |
| 465 | Did (NAME) receive a Vitamin A supplement at this event? |  |  |



|  |  | LAST BIRTH <br> NAME | NEXT-TO-LAST BIRTH NAME |
| :---: | :---: | :---: | :---: |
| 471 | Where did you seek advice or treatment? <br> Anywhere else? <br> RECORD ALL SOURCES MENTIONED. | PUBLIC SECTOR <br> GOVT. HOSPITAL . . . . . . . . . . . A <br> GOVT. HEALTH CENTER ..... B <br> GOVT. HEALTH POST . ....... C <br> OTHER PUBLIC $\qquad$ D <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PVT. HOSPITALSURGERY . . . . E <br> MISSION HOSPITALCLINIC . . . . . F <br> PHARMACY .................G <br> PRIVATE DOCTOR ............ H <br> COMMUNITY-BASED AGENT . . . I <br> OTHER PRIVATE <br> MEDICAL $\qquad$ J <br> (SPECIFY) <br> OTHER SOURCE <br> SHOP ........................ K <br> TRAD. PRACTITIONER . ....... L <br> OTHER $\qquad$ x | PUBLIC SECTOR <br> GOVT. HOSPITAL . . . . . . . . . . . A <br> GOVT. HEALTH CENTER ..... B <br> GOVT. HEALTH POST . . . . . . . . C <br> OTHER PUBLIC $\qquad$ D <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PVT. HOSPITAL/SURGERY . . . . E <br> MISSION HOSPITALCLINIC . . . . . F <br> PHARMACY .................G <br> PRIVATE DOCTOR $\qquad$ <br> COMMUNITY-BASED AGENT ...I <br> OTHER PRIVATE <br> MEDICAL $\qquad$ J <br> (SPECIFY) <br> OTHER SOURCE <br> SHOP ......................... K <br> TRAD. PRACTITIONER . ....... L <br> OTHER $\qquad$ x <br> (SPECIFY) |
| 471A | Has (NAME) been ill with convulsions or fits at any time in the last 2 weeks? |  |  |
| 472A | CHECK 466 AND 471A: <br> HAD FEVER OR CONVULSIONS OR FITS? |  | "YES" IN 466 "NO"/"DK" IN <br> OR 471A 466 AND 471A <br> $+1)$, $+1)$, <br> ()). ())- <br> $*$ $($ (SKIP TO 475) |
| 473 | Did (NAME) take any medicine for the (fever/convulsions/fits)? |  |  |
| 474 | What drugs did (NAME) take? <br> RECORD ALL MENTIONED. <br> ASK TO SEE DRUG(S) IF TYPE OF DRUG IS NOT KNOWN. IF TYPE OF DRUG IS STILL NOT DETERMINED, SHOW TYPICAL ANTIMALARIAL DRUGS TO RESPONDENT. |  |  |
| 474A | Did (NAME) get any injection or suppository for the (fever/convulsions/fits)? |  | INJECTION . . . . . . . . . . . . . . . . . A SUPPOSITORY . . . . . . . . . . . . . NONE . . . . . . . . . . . . . . . . . Z |


|  |  | LAST BIRTH | NEXT-TO-LAST BIRTH |
| :---: | :---: | :---: | :---: |
|  |  | NAME | NAME |
| 474B | CHECK 474: <br> CHLOROQUINE? | CODE "A" CODE "A" <br> CIRCLED NOT CIRCLED <br> (CHLOROQUINE)  <br> +)). +() ) <br> ()).- ()$)-$ <br> $*$ - <br> - $($ SKIP TO 474F) | CODE "A" CODE "A" <br> CIRCLED NOT CIRCLED <br> (CHLOROQUINE)  <br> $+(+)$. +(), <br> ()).- ())- <br> $*$ $\checkmark$ <br> - (SKIP TO 474F) |
| 474C | How long after the (fever/convulsions/fits) started did (NAME) first take Chloroquine? | SAME DAY ...................... . 0 <br> NEXT DAY ..................... 1 <br> TWO DAYS AFTER THE FEVER . 2 <br> THREE OR MORE DAYS <br> AFTER THE FEVER . . . . . . . . . . . 3 <br> DONT KNOW $\qquad$ | SAME DAY . ...................... 0 NEXT DAY ...................... 1 TWO DAYS AFTER THE FEVER . 2 THREE OR MORE DAYS <br> FTER THE FEVER . . . . . . . . . . . . 3 <br> DON' KNOW |
| 474D | For how many days did (NAME) take the Chloroquine? <br> IF 7 OR MORE DAYS, RECORD ' 7 '. |  |  |
| 474E | Did you have the chloroquine at home or you got it from somewhere else? | AT HOME . . . . . . . . . . . . . . . . . . 1 OTHER SOURCE . . . . . . . . . . . 2 DONT KNOW . . . . . . . . . . 8 | AT HOME . . . . . . . . . . . . . . . . . . 1 OTHER SOURCE . . . . . . . . . . . 2 DONT KNOW . . . ........... 8 |
| 474F | CHECK 474: <br> FANSIDAR? | CODE "B" CODE "B" <br> CIRCLED NOT CIRCLED <br> (FANSIDAR)  <br> +)). +() ) <br> ()).- ())- <br> $*$ $($ (SKIP TO 474J) | CODE "B" CODE "B" <br> CIRCLED NOT CIRCLED <br> (FANSIDAR)  <br> +) ), +() , <br> ())- ())- <br> $*$ $($ (SKIP TO 474J) |
| 474G | How long after the (fever/convulsions/fits) started did (NAME) first take Fansidar? | SAME DAY ................... 0 NEXT DAY ............... 1 TWO DAYS AFTER THE FEVER . 2 THREE OR MORE DAYS AFTER THE FEVER ........... 3 DONT KNOW ................ 8 | SAME DAY . . . . . . . . . . . . . . . . . . 0 NEXT DAY ....................... 1 TWO DAYS AFTER THE FEVER . 2 THREE OR MORE DAYS <br> AFTER THE FEVER . . . . . . . . . . 3 DON'T KNOW |
| 474H | For how many days did (NAME) take Fansidar? <br> IF 7 OR MORE DAYS, RECORD ‘ 7 '. |  |  |
| 4741 | Did you have the Fansidar at home or you got it from somewhere else? <br> IF MORE THAN ONE SOURCE MENTIONED, ASK WHERE DID YOU GET THE FANSIDAR FIRST. |  | AT HOME $\ldots \ldots \ldots \ldots \ldots \ldots \ldots$ OTHER SOURCE . . . . . . . . . . . . . . 2 DON' KNOW . . . . . . . . . . . . . . 8 |
| 474J | CHECK 474: <br> QUININE? | CODE "C" CODE "C" <br> CIRCLED NOT CIRCLED <br> (QUININE)  <br> +)). +(), <br> ())- $(1)-$ <br> $*$ - <br> - $($ SKIP TO 474N) | CODE "C" CODE "C" <br> CIRCLED NOT CIRCLED <br> (QUININE)  <br> +)). +() , <br> (1))- ())- <br> $*$ - <br> - (SKIP TO 474N) |


|  |  | LAST BIRTH <br> NAME | NEXT-TO-LAST BIRTH NAME |
| :---: | :---: | :---: | :---: |
| 474K | How long after the (fever/convulsions/fits) started did (NAME) first take Quinine? |  |  |
| 474L | For how many days did (NAME) take Quinine? <br> IF 7 OR MORE DAYS, RECORD ‘7'. |  |  |
| 474M | Did you have the Quinine at home or you got it from somewhere else? |  | AT HOME . . . . . . . . . . . . . . . . . . 1 OTHER SOURCE . . . . . . . . . . . . 8 DONT KNOW . . . . . . . |
| 474N | Was anything else done about (NAME)'s (fever/convulsions/fits)? |  |  |
| 4740 | What was done about (NAME)'s (fever/convulsions/fits)? | CONSULTED TRADITIONAL <br> HEALER . . . . . . . . . . . . . . . . . A <br> GAVE TEPID SPONGING . . . . . . . . . B <br> GAVE HERBS . . . . . . . . . . . . . . . . . C <br> OTHER $\qquad$ x <br> (SPECIFY) | CONSULTED TRADITIONAL <br> HEALER ..................... A GAVE TEPID SPONGING . . . . . . . . . B GAVE HERBS . . . . . . . . . . . . . . . . . C <br> OTHER $\qquad$ $x$ <br> (SPECIFY) |
| 475 | Has (NAME) had diarrhea in the last 2 weeks? |  |  |
| 476 | Now I would like to know how much (NAME) was offered to drink during the diarrhea. Was he/she offered less than usual to drink, about the same amount, or more than usual to drink? <br> IF LESS, PROBE: Was he/she offered much less than usual to drink or somewhat less? | MUCH LESS . . . . . . . . . . . . . . . . . 1 SOMEWHAT LESS . . . . . . . . 3 ABOUT THE SAME . . . . . . . . . . 4 MORE . . . . . . . . . . . . . . . 5 NOTHING TO DRINK . . . . . . . . . 8 | MUCH LESS . . . . . . . . . . . . . . . . . 1 SOMEWHAT LESS . . . . . . . . 3 ABOUT THE SAME . . . . . . . . . . 4 MORE . .................... 5 NOTHING TO DRINK . . . . . . . . . . 8 |
| 477 | When (NAME) had diarrhea, was he/she offered less than usual to eat, about the same amount, more than usual, or nothing to eat? <br> IF LESS, PROBE: Was he/she offered much less than usual to eat or somewhat less? |  | MUCH LESS . . . . . . . . . . . . . . . . . 1 <br> SOMEWHAT LESS . . . . . . . . |
| 478 | Was he/she given a fluid made from a special packet called Madzi-a-Moyo or ORS? |  |  |
| 479 | Was anything (else) given to treat the diarrhea? |  |  |


|  |  | LAST BIRTH <br> NAME | NEXT-TO-LAST BIRTH NAME |
| :---: | :---: | :---: | :---: |
| 480 | What (else) was given to treat the diarrhea? <br> Anything else? <br> RECORD ALL TREATMENTS MENTIONED. | PILL OR SYRUP ................. A INJECTION . . . . . . . . . . . . . . . . . . . B <br> (I.V.) INTRAVENOUS ............ C <br> HOME REMEDIES/ <br> HERBAL MEDICINES .......... D <br> OTHER $\qquad$ X <br> (SPECIFY) | PILL OR SYRUP ................. A INJECTION . . . . . . . . . . . . . . . . . . . . B (I.V.) INTRAVENOUS ........... C HOME REMEDIES/ <br> HERBAL MEDICINES .......... D <br> OTHER $\qquad$ X <br> (SPECIFY) |
| 481 | Did you seek advice or treatment for the diarrhea? |  |  |
| 482 | Where did you seek advice or treatment? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER, OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. <br> (NAME OF PLACE) (LAST BIRTH) <br> (NAME OF PLACE) <br> (NEXT-TO-LAST BIRTH) <br> Anywhere else? <br> RECORD ALL PLACES MENTIONED. | PUBLIC SECTOR <br> GOVT. HOSPITAL . . . . . . . . . . . A <br> GOVT. HEALTH CENTER ...... B <br> GOVT. HEALTH POST . . . . . . . C <br> OTHER PUBLIC $\qquad$ D <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PVT. HOSPITALSURGERY . . . . E <br> MISSION HOSPITALCLINIC . . . . F <br> PHARMACY .................G <br> PRIVATE DOCTOR ............ H <br> COMMUNITY-BASED AGENT ...I <br> OTHER PRIVATE <br> MEDICAL $\qquad$ J <br> (SPECIFY) <br> OTHER SOURCE <br> SHOP ........................K <br> TRAD. PRACTITIONER . ....... L <br> OTHER $\qquad$ x | PUBLIC SECTOR <br> GOVT. HOSPITAL . . . . . . . . . . . A <br> GOVT. HEALTH CENTER ...... B <br> GOVT. HEALTH POST . . . . . . . C <br> OTHER PUBLIC $\qquad$ D <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PVT. HOSPITALSURGERY . . . . E <br> MISSION HOSPITALCLINIC . . . . F <br> PHARMACY $\qquad$ <br> PRIVATE DOCTOR ............ H <br> COMMUNITY-BASED AGENT ...I <br> OTHER PRIVATE <br> MEDICAL $\qquad$ J <br> (SPECIFY) <br> OTHER SOURCE <br> SHOP ....................... K <br> TRAD. PRACTITIONER ........ L <br> OTHER $\qquad$ (SPECIFY) |
| 482A | Has (NAME) received any injection in the past 3 months? |  |  |
| 482B | Did you bring your own syringe and needle for this injection or was it provided at the facility? | CLIENT PROVIDED .............. 1 HLTH FACILITY PROVIDED . . . . 2 DON' KNOW . . . . . . . . . . . . . 8 | CLIENT PROVIDED .............. 1 HLTH FACILITY PROVIDED . . . . . . . 2 DON'T KNOW |
| 482C | Had the syringe and needle been used before or was it a new syringe and needle? | USED SYRINGEINEEDLE . . . . . . . . 1 NEW SYRINGENEEDLE . . . . . . 2 DON'T KNOW . . . . . . . . . . . . 8 | USED SYRINGE/NEEDLE . . . . . . . . 1 NEW SYRINGENEEDLE ......... 2 DON' KNOW |
| 482D | Did you keep this needle and syringe after it was used? | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . . . . . . . . . . . . } 2 \end{aligned}$ | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . . . . . . . . . . . . } 2 \end{aligned}$ |
| 483 |  | GO BACK TO 456 IN NEXT COLUMN; OR, IF NO MORE BIRTHS, GO TO 484. | GO BACK TO 456 IN LAST COLUMN OF NEW QUESTIONNAIRE; OR, IF NO MORE BIRTHS, GO TO 484. |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 484 | CHECK 456, ALL COLUMNS: <br> NUMBER OF LIVING CHILDREN BORN IN 1996 OR LATER <br> ONE OR <br> +)) ), <br> NONE <br> MORE /)l)- | ```+)l,```  | ) - 487 |
| 486 | CHECK 478: | ```t)),```  | ) -488 |
| 487 | Have you ever heard of a special product called Madzi-a-Moyo or ORS you can get for the treatment of diarrhea? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 |  |
| 488 | When a child is sick with fever, what signs of illness would tell you that she or he should be taken to a health facility or a health worker? <br> RECORD ALL MENTIONED. | FEVER TWO OR MORE DAYS . . . . . . . A <br> SEIZURE/SHAKING . . . . . . . . . . . . . . . . . B <br> CHEST INDRAWING .................. C <br> NOT EATING/NOT DRINKING WELL ... D <br> GETTING SICKERNERY SICK . . . . . . . . E E <br> NOT GETTING BETTER . . . . . . . . . . . . . . F <br> OTHER $\qquad$ X <br> (SPECIFY) <br> DON'T KNOW $\qquad$ |  |
| 490 | Now I would like to ask you some questions about medical care for you yourself. <br> Many different factors can prevent women from getting medical advice or treatment for themselves. When you are sick and want to get medical advice or treatment, is each of the following a big problem or not for you? <br> Knowing where to go. <br> Getting permission to go. <br> Getting money needed for treatment or transport. <br> The distance to the health facility. <br> Availability of transport. | BIG <br> PROBLEM NOT A BIG <br> PROBLEM <br> 1 2 <br> 1 2 <br> 1 2 <br> 1 2 <br> 1 2 |  |
| 491 | CHECK 215 AND 218: <br> HAS AT LEAST ONE CHILD t) ) ), BORN IN 1998 OR LATER /l))AND LIVING WITH HER <br> RECORD NAME OF YOUNGEST CHILD LIVING WITH HER (AND CONTINUE TO 492) | DOES NOT HAVE ANY <br> CHILDREN BORN IN <br> +)) ), <br> 1998 OR LATER AND <br>  <br> LIVING WITH HER | ) -494 |



| NO | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 499A | Have you ever drunk alcohol? | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . . . . . . } 2 \end{aligned}$ | )-501 |
| 499B | In the last month, on how many days did you drink alcohol? <br> IF EVERY DAY: RECORD '30'. |  |  |
| 499C | Have you ever gotten "drunk" from drinking alcohol? | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . . . } 2 \end{aligned}$ | ) -501 |
| 499D | CHECK 499B: <br> DRANK ALCOHOL ON +), <br> NONE AT LEAST ONE DAY /)- | +), | ) -501 |
| 499E | In the last month, on how many occasions did you get "drunk"? |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 501 | Are you currently married or living with a man? | YES, CURRENTLY MARRIED $\ldots \ldots . . . \begin{aligned} & 1 \\ & \text { YES, LIVING WITH A MAN . . . . . . . . } 2 \\ & \text { NO, NOT IN UNION . . . . . . . . . . . . } 3\end{aligned}$. | 2-505 |
| 502 | Have you ever been married or lived with a man? | YES, FORMERLY MARRIED . . . . . . . . . 1 YES, LIVED WITH A MAN . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . | $\left(\begin{array}{l} 1 \\ f \\ \mid \end{array}>510\right.$ |
| 504 | What is your marital status now: are you widowed, divorced, or separated? | WIDOWED . . . . . . . . . . . . . . . . . . . . . . . 1 DIVORCED . . . . . . . . . . . . . . . . . . 3 | $\{3 \times 510$ |
| 505 | Is your husband/partner living with you now or is he staying elsewhere? | LIVING WITH HER . . . . . . . . . . . . . . . . . . 1 STAYING ELSEWHERE . . . . . . . . 2 |  |
| 506 | RECORD THE HUSBAND'S/PARTNER'S NAME AND LINE NUMBER FROM THE HOUSEHOLD QUESTIONNAIRE. IF HE IS NOT LISTED IN THE HOUSEHOLD, RECORD ' 0 '. |  |  |
| 507 | Does your husband/partner have any other wives besides yourself? |  | ) -510 |
| 508 | How many other wives does he have? |  | ) -510 |
| 509 | Are you the first, second, ... wife? |  |  |
| 510 | Have you been married or lived with a man only once, or more than once? | ONLY ONCE . . . . . . . . . . . . . . . . . . . . . . . 1 MORE THAN ONCE . . . . . . . . . . |  |
| 511 | CHECK 510: |  | ) -514 |
| 512 | How old were you when you started living with him? |  |  |
| 514 | Now I need to ask you some questions about sexual activity in order to gain a better understanding of some family life issues. <br> How old were you when you first had sexual intercourse (if ever)? |  <br> FIRST TIME WHEN STARTED LIVING WITH (FIRST) HUSBAND/PARTNER . . 95 | 1) -524 |
| 515 | When was the last time you had sexual intercourse? <br> RECORD 'YEARS AGO' ONLY IF LAST INTERCOURSE WAS ONE OR MORE YEARS AGO. IF 12 MONTHS OR MORE, ANSWER MUST BE RECORDED IN YEARS. |  | ) -524 |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 516 | The last time you had sexual intercourse, was a condom used? <br> IF YES, PROBE FOR TYPE OF CONDOM USED. | YES, MALE . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . | $\begin{aligned} & \text { f) }>516 \\ & B \end{aligned}$ |
| 516A | What was the main reason you used a condom on that occasion? | ```RESPONDENT WANTED TO PREVENT STD/HIV .............. . 01 RESPONDENT WANTED TO PREVENT PREGNANCY .................. 02 RESPONDENT WANTED TO PREVENT BOTH STD/HIV AND PREGNANCY . 03 DID NOT TRUST PARTNER/FELT PARTNER HAD OTHER PARTNERS 04 PARTNER REQUESTED/INSISTED .... 05 OTHER``` $\qquad$ ```NoneNone ``` | $\left[\begin{array}{l} 1 \\ * \\ * \\ * \\ * \\ * \\ / * 517 \\ * \\ * \\ * \\ * \\ * \\ * \\ * \end{array}\right.$ |
| 516B | What is the main reason you did not use a condom that time? | NOT AVAILABLE . . . . . . . . . . . . . . . . 01 <br> COST TOO MUCH . . . . . . . . . . . . . . . . . 02 <br> USED FAMILY PLANNING METHOD . . 03 <br> TRUSTED PARTNER . . . . . . . . . . . . . . 04 <br> PARTNER TESTS NEGATIVE/ <br> NO RISK . . . . . . . . . . . . . . . . . . . . . 05 <br> RESPONDENT DOESN' LIKE . . . . . . . . 06 <br> PARTNER REFUSED/OBJECTED . . . . . 07 <br> PARTNER DRUNK/ON DRUGS . . . . . . . 08 <br> WANTED TO GET PREGNANT . . . . . . 09 <br> OTHER $\qquad$ |  |
| 517 | What is your relationship to the man with whom you last had sex? <br> IF MAN IS "BOYFRIEND" OR "FIANCÉ", ASK: <br> Was your boyfriend/fiancé living with you when you last had sex? <br> IF YES, CIRCLE '01'. <br> IF NO, CIRCLE '02'. | SPOUSE/COHABITING PARTNER . . . . 01 MAN IS BOYFRIEND/FIANCÉ . . . . . . . 02 OTHER FRIEND . . . . . . . . . . . . . . . . . . . 03 CASUAL ACQUAINTANCE . . . . . . . . . . 04 RELATIVE . . . . . . . . . . . . . . . . . . . . . . 05 COMMERCIAL SEX WORKER . . . . . . . 06 <br> OTHER $\qquad$ 96 <br> (SPECIFY) | ) -519 |
| 518 | For how long have you had sexual relations with this man? |  |  |
| 519 | Have you had sex with any other man in the last 12 months? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . | ) -524 |
| 520 | The last time you had sexual intercourse with another man, was a condom used? <br> IF YES, PROBE FOR TYPE OF CONDOM USED. | YES, MALE . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . | $\begin{aligned} & \text { f) }-520 \\ & B \end{aligned}$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 520A | What was the main reason you used a condom on that occasion? | RESPONDENT WANTED TO <br> PREVENT STD/HIV ............... . 01 RESPONDENT WANTED TO PREVENT <br> PREGNANCY ................... 02 RESPONDENT WANTED TO PREVENT <br> BOTH STD/HIV AND PREGNANCY . 03 DID NOT TRUST PARTNER/FELT <br> PARTNER HAD OTHER PARTNERS 04 PARTNER REQUESTED/INSISTED . . . . 05 <br> OTHER $\qquad$ 96 <br> (SPECIFY) <br> DON'T KNOW $\qquad$ 98 | $\begin{aligned} & 1 \\ & * \\ & * \\ & * \\ & * \\ & * \\ & * \\ & 1 * 521 \\ & * \\ & * \\ & * \\ & * \\ & * \\ & * \\ & * \\ & \hline \end{aligned}$ |
| 520B | What is the main reason you did not use a condom that time? |  |  |
| 521 | What is your relationship to this man? <br> IF MAN IS "BOYFRIEND" OR "FIANCÉ", ASK: <br> Was your boyfriend/fiancé living with you when you last had sex with him? <br> IF YES, CIRCLE '01'. <br> IF NO, CIRCLE '02'. | SPOUSE/COHABITING PARTNER . . . . 01 MAN IS BOYFRIEND/FIANCÉ . . . . . . . 02 OTHER FRIEND ...................... . 03 CASUAL ACQUAINTANCE . . . . . . . . . . 04 RELATIVE . . . . . . . . . . . . . . . . . . . . . . 05 COMMERCIAL SEX WORKER . . . . . . . 06 <br> OTHER $\qquad$ 96 <br> (SPECIFY) | $A_{A}^{1-522}$ |
| 522 | For how long have you had sexual relations with this man? |  |  |
| 522A | Other than these two men, have you had sex with any other man in the last 12 months? |  | ) -524 |
| 522B | The last time you had sex with this other man, was a condom used? | YES, MALE . . . . . . . . . . . . . . . . . . . . . . . 1 YES, FEMALE . . . . . . . . . . . . . . . . 3 | -522D |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 522C | What was the main reason you used a condom on that occasion? |  |  |
| 522D | What is the main reason you did not use a condom that time? | NOT AVAILBALE . . . . . . . . . . . . . . . . 01 <br> COST TOO MUCH . . . . . . . . . . . . . . . . 02 <br> USED FAMILY PLANNING METHOD . . 03 <br> TRUSTED PARTNER . . . . . . . . . . . . . . 04 <br> PARTNER TESTS NEGATIVE <br> NO RISK . . . . . . . . . . . . . . . . . . . . . 05 <br> RESPONDENT DOESN'T LIKE . . . . . . . 06 <br> PARTNER REFUSED/OBJECTED . . . . . 07 <br> PARTNER DRUNK/ON DRUGS ...... 08 <br> WANTED TO GET PREGNANT ....... 09 <br> OTHER $\qquad$ _96 <br> (SPECIFY) |  |
| 522E | What is your relationship to this man? <br> IF MAN IS "BOYFRIEND" OR "FIANCÉ", ASK: <br> Was your boyfriend/fiancé living with you when you last had sex with him? <br> IF YES, CIRCLE '01'. <br> IF NO, CIRCLE '02'. | SPOUSE/COHABITING PARTNER . . . . 01 MAN IS BOYFRIEND/FIANCÉ ........ 02 OTHER FRIEND ...................... . 03 CASUAL ACQUAINTANCE . . . . . . . . . . 04 RELATIVE . . . . . . . . . . . . . . . . . . . . . . 05 COMMERCIAL SEX WORKER ........ 06 OTHER $\qquad$ 96 (SPECIFY) | -523 |
| 522F | For how long have you had sexual relations with this man? |  |  |
| 523 | In total, with how many different men have you had sex in the last 12 months? |  |  |
| 524 | Do you know of a place where a person can get male condoms? |  | $\begin{aligned} & \mid l-526 \\ & B \end{aligned}$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 525 | Where is that? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER, OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. <br> (NAME OF PLACE) <br> Any other place? <br> RECORD ALL SOURCES MENTIONED. | PUBLIC SECTOR <br> GOVT. HOSPITAL . . . . . . . . . . . . . . . A <br> GOVT. HEALTH CENTER . ......... B <br> GOVT. HEALTH POST . . . . . . . ..... C <br> OTHER PUBLIC $\qquad$ D <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PVT. HOSPITALSUURGERY $\qquad$ <br> MISSION HOSPITALCLINIC $\qquad$ E <br> PHARMACY $\qquad$ G <br> PRIVATE DOCTOR .................. H <br> OTHER PRIVATE <br> MEDICAL $\qquad$ <br> (SPECIFY) <br> OTHER SOURCE <br> SHOP ............................. J <br> COMMUNITY-BASED AGENT/ <br> HEALTH WORKER $\qquad$ <br> FRIEND/RELATIVE. . . . . . . . . . . . . . . . L <br> SCHOOL ............................ M <br> BAR, HOTEL . . . . . . . . . . . . . . . . . . . N <br> OTHER $\qquad$ <br> (SPECIFY) |  |
| 526 | If you wanted to, could you yourself get a male condom? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . 2 DONT KNOW/UNSURE . . . . . . . . . 8 | $\begin{aligned} & 1>526 \\ & \beta \end{aligned}$ |
| 526A | Why not? | NO MONEY/TOO EXPENSIVE . . . . . . . . . 1 TOO EMBARRASSED . . . . . . . . . . . . . . . 2 NO TRANSPORT . . . . . . . . . . . . . . . . . . . 3 <br> OTHER $\qquad$ <br> (SPECIFY) |  |
| 526B | Do you think you could ask your partner to use a condom? |  |  |
| 527 | CHECK 301(08): EVER HEARD OF FEMALE CONDOM |  | ) -601 |
| 528 | Do you know of a place where a person can get female condoms? |  | ) -530 |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 529 | Where is that? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER, OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. <br> Any other place? <br> RECORD ALL SOURCES MENTIONED. | PUBLIC SECTOR <br> GOVT. HOSPITAL . . . . . . . . . . . . . . . A <br> GOVT. HEALTH CENTER . .......... B <br> GOVT. HEALTH POST . . . . . . . . . . . . C <br> OTHER PUBLIC $\qquad$ D <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PVT. HOSPITALSURGERY $\qquad$ E <br> MISSION HOSPITALCLINIC $\qquad$ <br> PHARMACY $\qquad$ F <br> PRIVATE DOCTOR ................... H <br> OTHER PRIVATE <br> MEDICAL $\qquad$ <br> (SPECIFY) <br> OTHER SOURCE <br> SHOP ............................ J <br> COMMUNITY-BASED AGENT/ <br> HEALTH WORKER ............... K <br> FRIEND/RELATIVE. . . . . . . . . . . . . . . . L <br> SCHOOL ........................... . M <br> BAR, HOTEL . . . . . . . . . . . . . . . . . . . N <br> OTHER $\qquad$ X |  |
| 530 | Which brand of female condom have you heard of? RECORD ALL MENTIONED. ASK Q. 531 IF 'CARE' IS MENTIONED. |  | -601 |
| 531 | Where have you seen or heard messages about the CARE female condom? <br> RECORD ALL MENTIONED. |  |  |


| NO. | QUESTIONS AND FILTERS |  | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: | :---: |
| 601 | CHECK 311/311A: <br> NEITHER <br> t)), <br> HE OR SHE <br> +) ) , <br> STERILIZED <br> (1))- <br> STERILIZED <br>  |  |  | ) -614 |
| 602 |  |  | HAVE (A/ANOTHER) CHILD . . . . . . . . . . 1 NO MORENONE . . . . . . . . . . . . . . . . . . 2 <br> SAYS SHE CAN'T GET PREGNANT . . . 3 <br> UNDECIDED/DON'T KNOW: <br> AND PREGNANT .................. 4 <br> AND NOT PREGNANT <br> OR UNSURE . $\qquad$ | $\left\{\begin{array}{l} 1>604 \\ 1>614 \\ 1>610 \\ 1>608 \end{array}\right.$ |
| 603 | CHECK 226: <br> How long would you like to wait After the birth of the child you are from now before the birth of expecting now, how long would (a/another) child? you like to wait before the birth of another child? |  |  | $\left\{\begin{array}{l} 1>609 \\ 1>614 \\ 1 \\ * \\ *)>609 \\ * \\ * \\ - \end{array}\right.$ |
| 604 | CHECK 226: |  |  | ) - 610 |
| 605 | CHECK 310: USING A CONTRACEPTIVE METHOD? |  |  | ) -608 |
| 606 | CHECK 603: |  |  | ) - 610 |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 607 | CHECK 602: | NOT MARRIED <br> FERTILITY-RELATED REASONS $\qquad$ <br> INFREQUENT SEX . . . . . . . . . . . . . . . C <br> MENOPAUSAL/HYSTERECTOMY. . . . D <br> INFERTILE. <br> POSTPARTUM AMENORRHEIC . . . . . F <br> BREASTFEEDING . . . . . . . . . . . . . . . . G <br> FATALISTIC . . . . . . . . . . . . . . . . . . . . . H <br> OPPOSITION TO USE <br> RESPONDENT OPPOSED <br> HUSBAND/PARTNER OPPOSED .... . J <br> OTHERS OPPOSED <br> RELIGIOUS PROHIBITION . . . . . . . . . . L <br> LACK OF KNOWLEDGE <br> KNOWS NO METHOD <br> KNOWS NO SOURCE $\qquad$ <br> METHOD-RELATED REASONS <br> HEALTH CONCERNS <br> FEAR OF SIDE EFFECTS $\qquad$ <br> LACK OF ACCESS/TOO FAR . . . . . . <br> COSTS TOO MUCH $\qquad$ <br> INCONVENIENT TO USE $\qquad$ <br> INTERFERES WITH BODY'S NORMAL PROCESSES $\qquad$ <br> OTHER $\qquad$ X <br> (SPECIFY) <br> DON'T KNOW <br> ......................... Z |  |
| 608 | In the next few weeks, if you discovered that you were pregnant, would that be a big problem, a small problem, or no problem for you? | BIG PROBLEM . . . . . . . . . . . . . . . . . . . . . 1 SMALL PROBLEM . . . . . . . . . . . . . 3 NO PROBLEM . . . . . . . . SAYS SHE CANT GET PREGNANT/ NOT HAVING SEX . . . . . . . . . . . . 4 |  |
| 609 | CHECK 310: USING A CONTRACEPTIVE METHOD? |  | -614 |
| 610 | Do you think you will use a contraceptive method to delay or avoid pregnancy at any time in the future? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO. . . . . . . . . . . . . . . . . . . . . 8 DONT KNOW . . . . . . . . . . . |  |
| 611 | Which contraceptive method would you prefer to use? |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 612 | What is the main reason that you think you will not use a contraceptive method at any time in the future? | NOT MARRIED <br> FERTILITY-RELATED REASONS INFREQUENT SEXNO SEX . . . . . . . . 22 <br> MENOPAUSALHYSTERECTOMY . . 23 <br> INFERTILE . . . . . . . . . . . . . . . . . . . . 24 <br> WANTS AS MANY CHILDREN AS <br> POSSIBLE ....................... . 26 <br> OPPOSITION TO USE <br> RESPONDENT OPPOSED . . . . . . . . . 31 <br> HUSBAND/PARTNER OPPOSED ... 32 <br> OTHERS OPPOSED . . . . . . . . . . . . . . 33 <br> RELIGIOUS PROHIBITION . . . . . . . . . . 34 <br> LACK OF KNOWLEDGE <br> KNOWS NO METHOD . . . . . . . . . . . . . 41 <br> KNOWS NO SOURCE . . . . . . . . . . . . 42 <br> METHOD-RELATED REASONS <br> HEALTH CONCERNS . . . . . . . . . . . . 51 <br> FEAR OF SIDE EFFECTS . . . . . . . . . 52 <br> LACK OF ACCESS/TOO FAR . . . . . 53 <br> COSTS TOO MUCH . . . . . . . . . . . . . . 54 <br> INCONVENIENT TO USE . . . . . . . . . . 55 <br> INTERFERES WITH BODY'S <br> NORMAL PROCESSES . . . . . . . . . 56 <br> OTHER $\qquad$ 96 <br> (SPECIFY) <br> DON'T KNOW <br> .98 | $\mid / \sim 614$ |
| 613 | Would you ever use a contraceptive method if you were married? |  |  |
| 614 |  |  | )-616 |
| 615 | How many of these children would you like to be boys, how many would you like to be girls and for how many would the sex not matter? |  |  |
| 616 | Would you say that you approve or disapprove of couples using a contraceptive method to avoid getting pregnant? | APPROVE . . . . . . . . . . . . . . . . . . . . . . . . . . 1 D 2 DISAPPROVE . . . . . . . . . . . . . 8 |  |
| 617 | In the last few months, have you discussed the practice of family planning with your friends, neighbors, or relatives? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . 2 | )-619 |



| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 628 | In the last six months, have you seen any of the following programs on television? <br> Your health matters? <br> Lifeline? <br> Soul city? <br> X-plosion? |  |  |
| 629 | Have you ever seen a newspaper called "Trendsetters" aimed at young people? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO. . . . . . . . . . . . . . . . . . . . . . . 8 |  |
| 630 | Is there a Neighborhood Health Committee (NHC) in your neighborhood? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO. . . . . . . . . . . . . . . . . . . . . 8 | 2-632 |
| 631 | Have you ever attended a meeting organized by the NHC? |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 632 | Husbands and wives do not always agree on everything. Please tell me if you think a wife is justified in refusing to have sex with her husband when: <br> She knows her husband has a sexually transmitted disease? She knows her husband has sex with other women? <br> She has recently given birth? <br> She is tired or not in the mood? | YES NO DK  <br> HAS STD ................ 1 2 8 <br> OTHER WOMEN .........1 2 8 <br> RECENT BIRTH ..........1 2 8 <br> TIRED/MOOD . . . . . . . . . 1 2 8 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 701 | CHECK 501 AND 502: |  |  |
| 702 | How old was your husband/partner on his last birthday? |  |  |
| 703 | Did your (last) husband/partner ever attend school? |  | )-706 |
| 704 | What was the highest level of school he attended: primary, secondary, or higher? |  | )-706 |
| 705 | What was the highest grade he completed at that level? |  |  |
| 706 | CHECK 701: |  |  |
| 707 | Aside from your own housework, are you currently working? | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . } \\ & \text { NO . . . . . } \end{aligned}$ | - 710 |
| 708 | As you know, some women take up jobs for which they are paid in cash or kind. Others sell things, have a small business or work on the family farm or in the family business. <br> Are you currently doing any of these things or any other work? |  | ) 710 |
| 709 | Have you done any work in the last 12 months? | YES $\ldots \ldots \ldots \ldots \ldots \ldots \ldots$ NO . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 | ) 719 |
| 710 | What is your occupation, that is, what kind of work do you mainly do? |  |  |
| 711 | CHECK 710: |  | )-713 |



| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
|  | READ TO ALL RESPONDENTS: <br> Now I would like to ask you some personal questions. I know that these questions are very personal. However, your answers are crucial for helping to understand how women are treated in their household. Your answers are completely confidential and will not be told to anyone in this household. |  |  |
| 720B | CHECK 501 AND 502:: |  | -720E |
| 720C | CHECK 720B: | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . | $2 \cdot 720 E$ |
| 720D | In the last 12 months, how many times did this happen? | $\text { NUMBER OF TIMES } \ldots \ldots \ldots .{ }^{+(1) 10) l),} \begin{aligned} & * \\ & .) 1) 2) l)- \end{aligned}$ |  |
| 720E | CHECK 701: <br> CURRENTLY MARRIED/ <br> +) ) ) <br> LIVING WITH A MAN/ <br> /)) )- <br> FORMERLY MARRIED/ <br> LIVED WITH A MAN <br> From the time you were 15 years old has anyone other than your (current/last) husband/partner slapped you, hit you, kicked you, thrown things at you, or done anything else to physically hurt you? <br> NEVER MARRIED/ <br> NEVER LIVED WITH <br> A MAN <br> From the time you were 15 years old has anyone slapped you, hit you, kicked you, thrown things at you, or done anything else to physically hurt you? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 NO . . . . . . . . . . . . . . . . . . . . . | $\text { } 2 \bullet 720$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| $\begin{aligned} & 720- \\ & \text { EX } \end{aligned}$ | Who did this to you? <br> RECORD ALL MENTIONED. |  |  |
| 720F | In the last 12 months, how many times did this happen? |  |  |
| 720G | Have you ever been forced by a man to have sexual intercourse with him when you did not want to? | YES $\ldots \ldots \ldots \ldots$. . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . . . 2 | ) 720 J |
| 720 H | Who did this to you? <br> RECORD ALL MENTIONED. <br> Anyone else? |  |  |
| 7201 | In the last 12 months, how many times did this happen? |  |  |
| 720J | Has anyone ever made you have sexual intercourse with some other person when you did not want to? | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . . . . . . . . . . . . . . . . } 2 \end{aligned}$ | ) -721 |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 720K | Who was the person that made you have sexual intercourse with some other person? <br> RECORD ALL MENTIONED. <br> Anyone else? |  |  |
| 720L | In the last 12 months, how many times did this happen? |  |  |
| 721 | Sometimes a husband is annoyed or angered by things that his wife does. In your opinion, is a husband justified in hitting or beating his wife in the following situations: <br> If she goes out with another man? <br> If she neglects the children? <br> If she argues with him? <br> If she refuses to have sex with him? <br> If she cooks bad food or food is late? |  YES NO <br>   DK <br> GOES WITH MAN $\ldots$. 1 2 <br> NEGL. CHILDREN $\ldots$. 1 2 <br> ARGUES ........... 1 2 <br> REFUSES SEX....... 1 2 <br> BAD/LATE FOOD $\ldots$. 1 2 |  |

SECTION 8: AIDS AND OTHER SEXUALLY TRANSMITTED DISEASES

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 801 | Now I would like to talk about something else. Have you ever heard of a disease called AIDS? | YES . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . . . . 2 | )-817 |
| 802 | Is there anything a person can do to avoid getting AIDS or the virus that causes AIDS? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO. . . . . . . . . . . . . . . . . . 8 | $12 * 809$ |
| 803 | What can a person do? <br> Anything else? <br> RECORD ALL WAYS MENTIONED. | ABSTAIN FROM SEX ................ A USE CONDOMS ............... <br> LIMIT SEX TO ONE PARTNER/STAY <br> FAITHFUL TO ONE PARTNER . ...... C <br> LIMIT NUMBER OF SEXUAL <br> PARTNERS AVOID SEX WITH PROSTITUTES ..... E AVOID SEX WITH PERSONS WHO HAVE MANY PARTNERS AVOID SEX WITH HOMOSEXUALS ... G AVOID SEX WITH PERSONS WHO INJECT DRUGS INTRAVENOUSLY <br> AVOID BLOOD TRANSFUSIONS AVOID INJECTIONS <br> AVOID SHARING RAZORS/BLADES AVOID KISSING <br> AVOID MOSQUITO BITES SEEK PROTECTION FROM TRADITIONAL PRACTITIONER <br> OTHER $\qquad$ W <br> (SPECIFY) <br> OTHER $\qquad$ x <br> (SPECIFY) <br> DON'T KNOW <br> (........................... |  |
| 804 | Can people reduce their chances of getting the AIDS virus by having just one sex partner who has no other partners? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 NO . . . . . . . . . . . . . . . . . . 8 |  |
| 805 | Can people get the AIDS virus from mosquito bites? |  |  |
| 806 | Can people reduce their chances of getting the AIDS virus by using a condom every time they have sex? |  |  |
| 807 | Can people get the AIDS virus by sharing food with a person who has AIDS? |  |  |
| 809 | Is it possible for a healthy-looking person to have the AIDS virus? |  |  |
| 810 | Do you know someone personally who has the virus that causes AIDS or someone who died of AIDS? | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . . . . . . . . . . . . } \end{aligned}$ |  |
| 811 | Can the virus that causes AIDS be transmitted from a mother to a child? |  | $\left\{\begin{array}{l} 1 \\ 2 \\ 813 \end{array}\right.$ |
| 812 | Can the virus that causes AIDS be transmitted from a mother to a child: <br> During pregnancy? <br> During delivery? <br> By breastfeeding? | YES NO DK <br> DURING PREG. ..... 1 2 8 <br> DURING DELIVERY . . 1 2 8 <br> BREASTFEEDING. ... 1 2 8 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 812 A 813 | Is there anything that can be done to reduce the chances that a mother would transmit the AIDS virus to her child? <br> CHECK 501: <br> YES, CURRENTLY MARRIED/ <br> +)l), <br> LIVING WITH A MAN / /))- | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . <br> T IN UNION <br> +) ) , <br>  | ) -814 A |
| 814 | Have you ever talked with (your husband/the man you are living with) about ways to prevent getting the virus that causes AIDS? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . |  |
| 814A | In your opinion, is it acceptable or unacceptable for condoms to be discussed: <br> on the radio? <br> on the TV? <br> in newspapers? |   <br>  ACCEPT- <br> ABLE NOT <br> ACCEPT- <br> ABLE |  |
| 815 | If a member of your family got infected with the virus that causes AIDS, would you want it to remain a secret or not? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . |  |
| 816 | If a relative of yours became sick with the virus that causes AIDS, would you be willing to care for her or him in your own household? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . |  |
| 816A | If a worker is sick with AIDS, should he/she be allowed to work? | ALLOWED . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |  |
| 816B | If you knew that a shopkeeper or food seller has the AIDS virus, would you buy food items from them? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |  |
| 816C | In the last six months, have you seen any adverts about sexual abstinence, condom use or HIV/AIDS? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 | $2 \cdot 816 E$ |
| 816D | Can you describe which ones? <br> DO NOT READ RESPONSES TO RESPONDENT. RECORD ALL MENTIONED. | YOU CLEVER GIRL . . . . . . . . . . . . . . . . A BOYS SAYING WHY <br> THEY ABSTAIN FROM SEX <br> SAY NO TO SEXNIRGIN POWER/ <br> VIRGIN PRIDE . . . . . . . . . . . . . . . . . . C ICE IS AT BRAII/ <br> ICE GETS STD . . . . . . . . . . . . . . . . . D <br> ICE FIXING CAR/FRIEND TELLS HIM <br> TO USE CONDOM EVERY TIME . . . . E <br> CHRISTINE BRAIDING HAIR/FRIENDS <br> SAY USE CONDOM . . . . . . . . . . . . . F <br> BOYS PLAYING BASKETBALL/ONE <br> HIV+/ CAN'T TELL WHICH ONE . . . . . . . G <br> GIRLS WALKING/ONE HIV+/ <br> CANT TELL WHICH ONE $\qquad$ <br> OTHER $\qquad$ X <br> (SPECIFY) |  |
| 816E | Should youth age 12-14 be taught about using a condom to avoid AIDS? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |  |
| 816F | Do you think your chances of getting AIDS are small, moderate, great, or do you think that you have no chance of getting it at all? | SMALL . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 MODERATE . . . . . . . . . . . . . . . . . . . . . . 3 GREAT . . . . . . . . . . . . . . . . . . 4 NO RISK AT ALL . . . . . . . . . . . . . . 5 | $\left\{\begin{array}{l} l>816 \mathrm{H} \\ 1>816 \mathrm{H} \\ )>816 \mathrm{H} \end{array}\right.$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 816G | Why do you think your chances of getting AIDS are low? <br> RECORD ALL MENTIONED. | ABSTAINS FROM SEX ................ A USES CONDOMS .................... B HAS ONLY 1 SEX PARTNER ......... C LIMITED NUMBER OF PARTNERS ..... D PARTNER HAS NO OTHER <br> PARTNERS . . . . . . . . . . . . . . . . . . . E NO TRANSFUSIONS/INJECTIONS ..... F OTHER $\qquad$ X <br> (SPECIFY) |  |
| 816H | Have you ever been tested to see if you have the AIDS virus? |  | $x_{x}>816 K$ |
| 8161 | Would you want to be tested for the AIDS virus? | YES $\ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots$ NO . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 DONT KNOW/UNSURE . . . . . . . |  |
| 816 J | Do you know a place where you could go to get an AIDS test? | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . . . . . . . . . . . . . . . } \end{aligned}$ | ) ${ }^{\text {817 }}$ |
| 816 K 816 KX | Where can you go for the test? <br> RECORD ONLY FIRST RESPONSE GIVEN. <br> Where did you go for the test? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER, OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. | PUBLIC SECTOR <br> GOVERNMENT HOSPITAL . . . . . . . 11 <br> GOVERNMENT HEALTH CENTER . . 12 <br> GOVERNMENT HEALTH POST . . . . 13 <br> OTHER PUBLIC $\qquad$ 16 <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PRIVATE HOSPITALSURGERY . . . 21 <br> MISSION HOSPITAL . . . . . . . . . . . . . 22 <br> PHARMACY ..................... 23 <br> PRIVATE DOCTOR . . . . . . . . . . . . . . 24 <br> WORK PLACE . . . . . . . . . . . . . . . . 25 <br> OTHER PRIVATE <br> MEDICAL $\qquad$ 26 |  |
| 817 | (Apart from AIDS), have you heard about other infections that can be transmitted through sexual contact? | $\begin{aligned} & \text { YES } \ldots \text {. . . . . . . . . . . . . . . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . . . . . . . . . . . . . . . . } 2 \end{aligned}$ | ) -819C |
| 818 | If a man has a sexually transmitted disease, what symptoms might he have? <br> Any others? <br> RECORD ALL SYMPTOMS MENTIONED. | ABDOMINAL PAIN . . . . . . . . . . . . . . . . A <br> GENITAL DISCHARGE/DRIPPING . . . . . . . B <br> FOUL SMELLING DISCHARGE ........ C <br> BURNING PAIN ON URINATION . . . . . . . D <br> REDNESS/INFLAMMATION IN GENITAL <br> AREA . <br> SWELLING IN GENITAL AREA <br> GENITAL SORES/ULCERS <br> GENITAL WARTS <br> GENITAL ITCHING <br> BLOOD IN URINE <br> LOSS OF WEIGHT <br> IMPOTENCE <br> OTHER $\qquad$ w <br> (SPECIFY) <br> OTHER $\qquad$ x <br> (SPECIFY) <br> NO SYMPTOMS DONT KNOW |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 819 | If a woman has a sexually transmitted disease, what symptoms might she have? <br> Any others? <br> RECORD ALL SYMPTOMS MENTIONED. |  |  |
| 819A | CHECK 514: |  | ) -901 |
| 819B | Now I would like to ask you some questions about your health in the last 12 months. During the last 12 months, have you had a sexually-transmitted disease? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . |  |
| 819C | Sometimes, women experience a heavy or bad smelling genital discharge. <br> During the last 12 months, have you had a heavy or bad smelling genital discharge? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . |  |
| 819D | Sometimes women have a genital sore or ulcer. <br> During the last 12 months, have you had a genital sore or ulcer? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |  |
| 819E | CHECK 819B, 819C, 819D: |  | ) -901 |
| 819F | The last time you had (PROBLEM FROM 819B/819C//819D), did you seek any kind of advice or treatment? |  | ) -819 H |
| 819G | The last time you had (PROBLEM FROM 819B/819C/819D), did you do any of the following? Did you.... <br> Go to a clinic, hospital or private doctor? <br> Consult a traditional healer? <br> Seek advice or buy medicines in a shop or pharmacy? Ask for advice from friends or relatives? |  YES <br>  NO <br> CLINIC/HOSPITAL ........... 1 2 <br> TRADITIONAL HEALER ....... 1 2 <br> SHOP/PHARMACY ......... 1 2 <br> FRIENDS/RELATIVES ........ 1 2 |  |
| 819H | When you had (PROBLEM FROM 819B/819C/819D), did you inform the person with whom you were having sex? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 4 | ) -901 |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 8191 | When you had (PROBLEM FROM 819B/819C/819D), did you do something to avoid infecting your sexual partner(s)? | YES $\ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots$ NO. . . . . . . . . . . . . . . . . . . . . . . 2 PARTNER ALREADY INFECTED . . . . . 3 | $\left\{\begin{array}{l} 1 \\ 2 \cdot 901 \end{array}\right.$ |
| 819J | What did you do to avoid infecting your partner(s)? Did you.... <br> Use medicine? <br> Stop having sex? <br> Use a condom when having sex? | YES NO <br> USE MEDICINE $\ldots \ldots \ldots \ldots \ldots 1$ 2 <br> STOP SEX ................ 1 2 <br> USE CONDOM ............. 1 2 |  |

SECTION 9. MATERNAL MORTALITY

| NO. | QUESTIONS AND FILTERS |  |  |  | CODING CATEGORIES |  |  | SKIP |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 901 | Now I would like to ask you some questions about your brothers and sisters, that is, all of the children born to your natural mother, including those who are living with you, those living elsewhere and those who have died. <br> How many children did your mother give birth to, including you? |  |  |  | NUMBER OF BIR TO NATURAL M | SER..... | 0) 1 ), <br> )2)) - |  |
| 902 |  |  |  |  |  |  |  | ) -914 |
| 903 | How many of these births did your mother have before you were born? |  |  |  |  |  |  |  |
| 904 | What was the name given to your oldest (next oldest) brother or sister? | [1] | [2] | [3] | $[4]$ | [5] |  |  |
| 905 | Is (NAME) male or female? | $\begin{array}{llll} \text { MALE .... } & 1 \\ \text { FEMALE } & . . & 2 \end{array}$ | $\begin{aligned} & \text { MALE } \ldots \ldots 1 \\ & \text { FFMAIF } \end{aligned}$ | $\begin{aligned} & \hline \text { MALE } \ldots \ldots 1 \\ & \text { FEMALE } \ldots 2 \end{aligned}$ | $\begin{aligned} & \hline \text { MALE } \ldots . . \\ & \text { FEMALE .. } \\ & \hline \end{aligned}$ | $\begin{aligned} & \hline \text { MALE } \ldots . .1 \\ & \text { FEMALE } \ldots \text { 2 } \end{aligned}$ | MALE FEMAL | $\begin{aligned} & \hline \ldots .1 \\ & E \ldots .2 \end{aligned}$ |
| 906 | Is (NAME) still alive? |  | YES $\ldots \ldots . .1$ NO ........ 2 ).GO TO 908 DK ....... 8 .) GO TO [3] | YES $\ldots \ldots . .1$ NO ........ 2 ) GO TO 908 DK ....... 8 .) $\mathrm{COOTO}[4]$ | YES $\ldots \ldots .1$ NO ....... 2 ) CO TO 908 DK ....... 8 .) CO TO [5] | $\begin{aligned} & \text { YES ....... } 1 \\ & \text { NO ........ } 2 \\ & .)>\text { GO TO } 908 \\ & \text { DK ........ } 8 \\ & .)>\text { GO TO [6] } \end{aligned}$ |  | $\begin{aligned} & \ldots \ldots .1 \\ & \ldots \ldots .2 \\ & \text { TO } 908 \\ & \ldots \ldots 8 \\ & \text { TO }[7] \end{aligned}$ |
| 907 | How old is (NAME)? |  |  |  |  |  |  | $\begin{aligned} & 0) 1), \\ & * \\ & * \\ & \text { 2) }) /- \\ & \text { TO }[7] \end{aligned}$ |
| 908 | How many years ago did (NAME) die? | $\begin{aligned} & +(1)(0) 1), \\ & * * * \\ & (1)(2) 1)_{-}^{\prime} \end{aligned}$ | $\begin{aligned} & +(+) \mid 0) \\|, \\ & * * * \\ & .(1)(2) \\|- \end{aligned}$ | $\begin{aligned} & +(t)(0) 1), \\ & * \quad * \quad * \\ & (1)(2) 1)^{-} \end{aligned}$ |  |  |  |  |
| 909 | How old was (NAME) when he/she died? |  | $\begin{gathered} \hline+())(0) 1), \\ * * * \\ *)(1) 1)- \\ \text { IF MALE OR } \\ \text { DIED BEFORE } 12 \\ \text { YEARS OF AGE } \\ \text { GO TO [3] } \end{gathered}$ | $\begin{gathered} \hline+())(0)) 1, \\ * \\ * \\ \text { ()) } 2) 1)- \\ \text { IF MALE OR } \\ \text { DIED BEFORE 12 } \\ \text { YEARS OF AGE } \\ \text { GO TO [4] } \end{gathered}$ | $\begin{gathered} +(+)(0) 1), \\ * * * \\ *)(1)) 1- \\ \text { IF MALE OR } \\ \text { DIED BEFORE } 12 \\ \text { YEARS OF AGE } \\ \text { GO TO [5] } \end{gathered}$ |  | $\begin{gathered} +(+)) \\ * \\ .) 1) \\ \text { IF MALE } \\ \text { BEFC } \\ \text { YEARS } \\ \text { GO } \end{gathered}$ |  |
| 910 | Was (NAME) pregnant when she died? | $\begin{aligned} & \text { YES . . . . . . } 1 \\ & \text { GO TO } 913 \cdot)^{\prime} \text { - } \\ & \text { NO . . . . . . . } 2 \end{aligned}$ | $\begin{aligned} & \text { YES . . . . . . . } 1 \\ & \text { GO TO } 913 \cdot 1 \text { - } \\ & \text { NO . . . . . . . } 2 \end{aligned}$ | $\begin{aligned} & \text { YES . . . . . . . } 1 \\ & \text { GO TO } 913 \cdot 1 \text { - } \\ & \text { NO . . . . . . . } 2 \end{aligned}$ | $\begin{aligned} & \text { YES . . . . . . } 1 \\ & \text { GO TO } 913 \cdot)^{\prime} \text { - } \\ & \text { NO . . . . . . . } 2 \end{aligned}$ | $\begin{aligned} & \text { YES . . . . . . . } 1 \\ & \text { GO TO } 9134 \text { - } \\ & \text { NO . . . . . . . } 2 \end{aligned}$ | YES . GO TO NO. | $\begin{aligned} & \ldots \ldots .1 \\ & 9134 \cdot- \\ & \ldots . .2 \end{aligned}$ |
| 911 | Did (NAME) die during childbirth? | $\begin{aligned} & \text { YES ....... } 1 \\ & \text { GO TO } 913 \cdot)^{1}- \\ & \text { NO ....... } 2 \end{aligned}$ | $\begin{aligned} & \text { YES ....... } 1 \\ & \text { GO TO } 913 \cdot 1 \text { )- } \\ & \text { NO . . . . . . . } 2 \end{aligned}$ | $\begin{aligned} & \text { YES ....... } 1 \\ & \text { GO TO } 913 \cdot 1 \text { )- } \\ & \text { NO ........ } 2 \end{aligned}$ | $\begin{aligned} & \text { YES ...... } 1 \\ & \text { GO TO 913،)- } \\ & \text { NO ........ } 2 \end{aligned}$ | $\begin{aligned} & \text { YES . . . . . . } 1 \\ & \text { GO TO } 913 \cdot \text { )- } \\ & \text { NO . . . . . . . } 2 \end{aligned}$ | YES . GO TO NO. | $\begin{aligned} & \ldots \ldots 1 \\ & 913 \triangleleft \cdot- \\ & \ldots \ldots .2 \end{aligned}$ |
| 912 | Did (NAME) die within two months after the end of a pregnancy or childbirth? | $\begin{array}{llll} \text { YES ...... } & 1 \\ \text { NO . . . . . . } & 2 \end{array}$ | $\begin{aligned} & \text { YES } \ldots \ldots .1 \\ & \text { NO } \ldots \ldots . . . .2 \end{aligned}$ | $\begin{aligned} & \text { YES } \ldots \ldots .1 \\ & \text { NO } \ldots \ldots . . . . .2 \end{aligned}$ | $\begin{array}{llll} \hline \text { YES } \ldots \ldots . & 1 \\ \text { NO } \ldots \ldots . & & \end{array}$ | $\begin{aligned} & \text { YES . . . . . . } 1 \\ & \text { NO . . . . . . } 2 \end{aligned}$ | $\begin{aligned} & \text { YES } \\ & \text { NO. } \end{aligned}$ | $\begin{aligned} & \\ & \ldots \\ & \ldots \end{aligned}$ |


| 913 | How many live born children did (NAME) give birth to during her lifetime (before this pregnancy)? | $\begin{aligned} & \hline+()!0)!), \\ & * * * \\ & .)!) 2(1)- \end{aligned}$ | $\begin{aligned} & \hline+1)(0) 1) \\ & * \quad * \quad * \\ & .)!(2)!)- \end{aligned}$ |  |  |  | $\begin{aligned} & \hline+1)(0) 1), \\ & * \quad * \quad * \\ & .)!) 2)!)- \end{aligned}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| IF NO MORE BROTHERS OR SISTERS, GO TO 914 |  |  |  |  |  |  |  |


| 904 | What was name given to your oldest (next oldest) brother or sister? | [7] | [8] | [9] | [10] | [11] | [12] |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 905 | Is (NAME) male or female? | $\begin{array}{llll} \text { MALE } \ldots . . & 1 \\ \text { FFMAI } F & . & 2 \end{array}$ | $\begin{aligned} & \hline \text { MALE } \ldots . .1 \\ & \text { FEMALE ... } 2 \end{aligned}$ | $\begin{aligned} & \text { MALE } \ldots . .1 \\ & \text { FEMALE . . } 2 \end{aligned}$ | $\begin{array}{lll} \hline \text { MALE } \ldots . & 1 \\ \text { FEMALE } & . & 2 \end{array}$ | $\begin{aligned} & \hline \text { MALE } \ldots \ldots 1 \\ & \text { FEMALE .... } 2 \end{aligned}$ | $\begin{aligned} & \hline \text { MALE ..... } 1 \\ & \text { FEMALE ... } 2 \end{aligned}$ |
| 906 | Is (NAME) still alive? | YES $\ldots \ldots .1$ NO ....... 2 1) GO TO 908 DK ...... 8 .) BO TO [8] |  | YES ........ 1 NO ....... 2 .) GO TO 908 DK ....... 8 .) •GO TO [10] | YES ....... 1 NO ...... 2 .) CO TO 908 DK ....... 8 .) $)$ GO TO [11] | $\begin{aligned} & \hline \text { YES . . . . . . . } 1 \\ & \text { NO . . . . . } 2 \\ & \text {.) } \mathrm{GO} \text { TO } 908 \\ & \text { DK . . . . . . } 8 \\ & \text {.) } \mathrm{C} \text { GO TO [12] } \end{aligned}$ |  |
| 907 | How old is (NAME)? |  |  |  | $\begin{gathered} \hline+())(0)) 1, \\ * * * \\ (.)(2)))^{\prime} \\ \text { GO TO [11] } \end{gathered}$ |  | $\begin{gathered} \hline+())(0) 1), \\ * * * \\ * \quad *)(2)))^{\prime} \\ \text { GO TO [13] } \end{gathered}$ |
| 908 | How many years ago did (NAME) die? |  |  | $\begin{aligned} & \hline+() 10) 1), \\ & * \quad * \quad * \\ & (1)(2) 1)- \end{aligned}$ |  | $\begin{aligned} & \hline+() 10) 1), \\ & * * * \\ & *(1)(2) 1)- \end{aligned}$ |  |
| 909 | How old was (NAME) when he/she died? | $+(1) 10) 1)$, $* \quad * \quad *$ $(1) 12))$ )- IF MALE OR DIED BEFORE 12 YEARS OF AGE GO TO [8] |  |  | $\begin{gathered} +(1))(0) \\|, \\ * * * \\ *)(1) / 1)- \\ \text { IF MALE OR } \\ \text { DIED BEFORE } 12 \\ \text { YEARS OF AGE } \\ \text { GO TO [11] } \end{gathered}$ | $\underset{*}{+(1)} \begin{gathered}011) \\ *\end{gathered}$ <br> ()\|)2))/- <br> IF MALE OR DIED BEFORE 12 YEARS OF AGE GO TO [12] |  |
| 910 | Was (NAME) pregnant when she died? | $\begin{aligned} & \text { YES ...... } 1 \\ & \text { GO TO 913^)- } \\ & \text { NO . . . . . . } 2 \end{aligned}$ | $\begin{aligned} & \text { YES } \ldots \ldots .1 \\ & \text { GO TO } 913 \cdot 1 \text { )- } \\ & \text { NO } \ldots \ldots . .2 \end{aligned}$ | $\begin{aligned} & \hline \text { YES } \ldots \ldots .1 \\ & \text { GO TO } 913 \wedge \text { )- } \\ & \text { NO } \ldots \ldots . .1 \end{aligned}$ |  | $\begin{aligned} & \text { YES ....... } 1 \\ & \text { GO TO } 913 \triangleleft \text { - } \\ & \text { NO } \ldots \ldots . .2 \end{aligned}$ | $\begin{aligned} & \text { YES . . . . . . . } 1 \\ & \text { GO TO 913،)- } \\ & \text { NO . . . . . . . } 2 \end{aligned}$ |
| 911 | Did (NAME) die during childbirth? | $\begin{aligned} & \hline \text { YES ...... } 1 \\ & \text { GO TO 913،)- } \\ & \text { NO . . . . . . } 2 \end{aligned}$ | $\begin{aligned} & \hline \text { YES ....... } 1 \\ & \text { GO TO } 9134 \text { )- } \\ & \text { NO } \ldots . . . . .2 \end{aligned}$ | $\begin{aligned} & \hline \text { YES ....... } 1 \\ & \text { GO TO } 913 \wedge \text { - - } \\ & \text { NO } \ldots . . . . .1 \end{aligned}$ | $\begin{aligned} & \hline \text { YES ...... } 1 \\ & \text { GO TO } 9134 \text { )- } \\ & \text { NO } \ldots . . . .2 \end{aligned}$ | $\begin{aligned} & \hline \text { YES ....... } 1 \\ & \text { GO TO 913^)- } \\ & \text { NO . . . . . . . } 2 \end{aligned}$ | $\begin{aligned} & \text { YES . . . . . . } 1 \\ & \text { GO TO } 913 \cdot 1 \text { - } \\ & \text { NO . . . . . . . } 2 \end{aligned}$ |
| 912 | Did (NAME) die within two months after the end of a pregnancy or childbirth? | $\begin{array}{lll} \hline \text { YES } \ldots \ldots . & 1 \\ \text { NO } \ldots \ldots . & 2 \end{array}$ | $\begin{aligned} & \text { YES } \ldots \ldots .1 \\ & \text { NO } \ldots \ldots . . . .2 \end{aligned}$ | $\begin{aligned} & \hline \text { YES } \ldots \ldots .1 \\ & \text { NO } \ldots \ldots . . .1 \end{aligned}$ | $\begin{array}{lll} \hline \text { YES } \ldots \ldots . & 1 \\ \text { NO } \ldots \ldots . & 2 \end{array}$ | $\begin{aligned} & \hline \text { YES ....... } 1 \\ & \text { NO . . . . . . . } 2 \end{aligned}$ | $\begin{aligned} & \text { YES } \ldots \ldots . .1 \\ & \text { NO } \ldots \ldots . . .2 \end{aligned}$ |
| 913 | How many live born children did (NAME) give birth to during her lifetime (before this pregnancy)? |  |  |  |  |  |  |
| IF NO MORE BROTHERS OR SISTERS, GO TO 914 |  |  |  |  |  |  |  |
| 914 | RECORD THE TI |  |  |  | HOURS <br> MINUTES |  |  |

COMMENTS ABOUT RESPONDENT:
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
COMMENTS ON SPECIFIC QUESTIONS:
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
ANY OTHER COMMENTS:
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

SUPERVISOR'S OBSERVATIONS
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$
$\qquad$

NAME OF THE SUPERVISOR:
. . . . . . DATE:
$\qquad$
$\qquad$

EDITOR'S OBSERVATIONS
. . . . . . DATE: $\qquad$




## SECTION 1. RESPONDENT'S BACKGROUND

## INFORMED CONSENT

Hello. My name is $\qquad$ and I am working with the Central Board of Health and the Central Statistical Office. We are conducting a national survey about the health of men, women and children. We would very much appreciate your participation in this survey. I would like to ask you some questions about yourself and your family. This information will help the government to plan health services. The survey usually takes about 30 to 40 minutes to complete. Whatever information you provide will be kept strictly confidential and will not be shown to other persons.

We hope that you will participate in this survey since your views are important. At this time, do you want to ask me anything about the survey?

May I begin the interview now?
Signature of interviewer: $\qquad$ Date: $\qquad$

RESPONDENT AGREES TO BE INTERVIEWED . . . . . 1 RESPONDENT DOES NOT AGREE TO BE INTERVIEWED . . . . 2 ) ) •END

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 101 | RECORD THE TIME. |  |  |
| 103 | How long have you been living continuously in (NAME OF CURRENT PLACE OF RESIDENCE)? <br> IF LESS THAN ONE YEAR, RECORD '00' YEARS. |  | $\text { \| 2) } 105$ |
| 104 | Just before you moved here, did you live in Lusaka, in another city, in a town, or in the village? | LUSAKA . . . . . . . . . . . . . . . . . . . . . . . . . 1 OTHER CITY . . . . . . . . . . . . . . . . . . . . 3 TOWN . . . . . . . . . . . . . . . . . . . . . 4 |  |
| 105 | In the last 12 months, have you ever traveled away from your home community and slept away? |  | )-108 |
| 106 | In the last 12 months, on how many separate occasions have you traveled away from your home community and slept away? |  |  |
| 107 | In the last 12 months, have you been away from your home community for more than 1 month at a time? | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . . . . . . . . . . . . } \end{aligned}$ |  |
| 108 | In what month and year were you born? |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 109 | How old were you at your last birthday? <br> COMPARE AND CORRECT 108 AND/OR 109 IF INCONSISTENT. |  |  |
| 110 | Have you ever attended school? |  | )-114 |
| 111 | What is the highest level of school you attended: primary, secondary, or higher? | PRIMARY . . . . . . . . . . . . . . . . . . . . . . . 1 SECONDARY . . . . . . . . . . . . . . . . . . 3 |  |
| 112 | What is the highest grade you completed at that level? |  |  |
| 113 | CHECK 111: |  | -117 |
| 114 | Now I would like you to read this sentence to me. <br> SHOW CARD TO RESPONDENT. <br> IF RESPONDENT CANNOT READ WHOLE SENTENCE, PROBE: Can you read any part of the sentence to me? |  |  |
| 115 | Have you ever participated in a literacy program or any other program that involves learning to read or write (not including primary school)? |  |  |
| 116 |  |  | -118 |
| 117 | Do you read a newspaper almost every day, at least once a week, less than once a week or not at all? | ALMOST EVERY DAY ............... 1 <br> AT LEAST ONCE A WEEK . ........... 2 <br> LESS THAN ONCE A WEEK .......... 3 <br> ALMOST NEVER / NOT AT ALL . . . . . . 4 |  |
| 118 | Do you listen to the radio almost every day, at least once a week, less than once a week or not at all? | ALMOST EVERY DAY ............... 1 AT LEAST ONCE A WEEK ......... 2 LESS THAN ONCE A WEEK ........ 3 ALMOST NEVER / NOT AT ALL . . . . . 4 |  |
| 119 | Do you watch television almost every day, at least once a week, less than once a week or not at all? | ALMOST EVERY DAY ............... 1 AT LEAST ONCE A WEEK ......... 2 LESS THAN ONCE A WEEK ........ 3 ALMOST NEVER / NOT AT ALL . . . . . 4 |  |
| 120 | Are you currently working? |  | -123 |
| 121 | Have you done any work in the last 12 months? |  | )-123 |
| 122 | What have you been doing for most of the time over the last 12 months? | GOING TO SCHOOLSTUDYING . . . . . . 1 LOOKING FOR WORK . . . . . . . . . . . . . . . 2 INACTIVE ............................. 3 COULD NOT WORK/HANDICAPPED . . . 4 <br> OTHER $\qquad$ | \|/•129 |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 123 | What is your occupation, that is, what kind of work do you mainly do? | $\qquad$ |  |
| 124 |  |  | )-126 |
| 125 | Do you work mainly on your own land or on family land, or do you work on land that you rent from someone else, or do you work on someone else's land? | OWN LAND . . . . . . . . . . . . . . . . . . . . . 1 FAMILY LAND . . . . . . . . . . . . . . . . 3 RENTED LAND . . . . . . . . . . . 4 |  |
| 126 | During the last 12 months, how many months did you work? |  |  |
| 127 | Are you paid in cash or kind for this work, or are you not paid at all? | CASH ONLY . . . . . . . . . . . . . . . . . . . . . 1 CASH AND KIND . . . . . . . . . . . . . . . . 3 IN KIND ONLY . . . . . . . . . . . . . . . . . 4 | $\left\{\begin{array}{l} 12 \cdot 129 \end{array}\right.$ |
| 128 | On average, how much of your household's expenditures do your earnings pay for: almost none, less than half, about half, more than half, or all? <br> What is your religion? |  |  |
| 130 | What tribe do you belong to? |  |  |

[^11]1 - Children should go to school.
2 - Today is a sunny day.
3 - Birds fly in the sky.
4 - The child is reading a book.
5 - The rains came late this year.

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 201 | Now I would like to ask about any children you have had. I am interested only in the children that are biologically yours. Do not include any adopted children or any children who are not your own natural children. <br> Have you ever fathered any children with any woman? |  | 2-206 |
| 202 | Do you have any sons or daughters that you have fathered who are now living with you? | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . . . . . . . . . . . . . . } \end{aligned}$ | )-204 |
| 203 | How many sons live with you? <br> And how many daughters live with you? <br> IF NONE, RECORD '00'. |  |  |
| 204 | Do you have any sons or daughters you have fathered who are alive but do not live with you? |  | )-206 |
| 205 | How many sons are alive but do not live with you? <br> And how many daughters are alive but do not live with you? <br> IF NONE, RECORD '00'. |  |  |
| 206 | Have you ever fathered a son or a daughter who was born alive but later died? <br> IF NO, PROBE: Any baby who cried or showed signs of life but did not survive? |  | 2-208 |
| 207 | How many boys have died? <br> And how many girls have died? <br> IF NONE, RECORD '00'. |  |  |
| 208 | SUM ANSWERS TO 203, 205, AND 207, AND ENTER TOTAL IF NONE, RECORD '00'. |  |  |
| 209 | CHECK 208: <br> Just to make sure that I have this right: you have fathered TOTAL $\qquad$ children during your life. Is that correct? |  |  |
| 210 | CHECK 208: |  | $\left\{\begin{array}{l} 1-213 \\ 1) \cdot 301 \end{array}\right.$ |
| 211 | Do the children that you have fathered all have the same biological mother? |  | )-213 |
| 212 | In all how many women have you fathered children with? |  |  |
| 213 | How old were you when your (first) child was born? |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 214 | At the time when this child was born, were you married to the child's mother? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . |  |

Now I would like to talk about family planning - the various ways or methods that a couple can use to delay or avoid a pregnancy. CIRCLE CODE 1 IN 301 FOR EACH METHOD MENTIONED SPONTANEOUSLY. THEN PROCEED DOWN COLUMN 301, READING THE NAME AND DESCRIPTION OF EACH METHOD NOT MENTIONED SPONTANEOUSLY. CIRCLE CODE 1 IF METHOD IS RECOGNIZED, AND CODE 2 IF NOT RECOGNIZED. THEN, FOR EACH METHOD WITH CODE 1 CIRCLED IN 301, ASK 302 IF APPLICABLE.

| 301 | Which ways or methods have you heard about? FOR METHODS NOT MENTIONED SPONTANEOUSLY, ASK: Have you ever heard of (METHOD)? |  | 302 Have you ever used (METHOD)? |
| :---: | :---: | :---: | :---: |
| 01 | FEMALE STERILISATION Women can have an operation to avoid having any more children. | $\left\lvert\, \begin{aligned} & \text { YES . . . . . . . . . . . . } \\ & \text { NO . . . . . . . . . } \\ & 2 \end{aligned}\right.$ |  |
| 02 | MALE STERILISATION Men can have an operation to avoid having any more children. | $\left(\begin{array}{l} \text { YES . . . . . . . . . } \\ \text { NO . . . . . . . . . } \\ 2 \end{array}\right. \text { ), }$ | Have you ever had an operation to avoid having any more children? $\begin{array}{\|l} \text { YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . } 2 \end{array}$ |
| 03 | PILL Women can take a pill every day to avoid becoming pregnant. | $\left\lvert\, \begin{array}{l\|l} \text { YES . . . . . . . . . . . . . . . . . . . . . } \end{array}\right.$ |  |
| 04 | IUD Women can have a loop or coil placed inside them by a doctor or a nurse. | $\left\lvert\, \begin{array}{l\|l} \text { YES . . . . . . . . . . . . } & 1 \\ \text { NO . . . . . . . . . . } \end{array}\right.$ |  |
| 05 | INJECTABLES Women can have an injection by a health provider which stops them from becoming pregnant for one or more months. | $\left\lvert\, \begin{aligned} & \text { YES . . . . . . . . . . . . } \\ & \text { NO . . . . . . . . . . } \\ & 2 \end{aligned}\right.$ |  |
| 06 | IMPLANTS Women can have several small rods placed in their upper arm by a doctor or nurse which can prevent pregnancy for one or more years. | $\left\lvert\, \begin{aligned} & \text { YES . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . . . } 2 \end{aligned}\right.$ |  |
| 07 | CONDOM Men can put a rubber sheath on their penis before sexual intercourse. | $\left(\begin{array}{l} \text { YES . . . . . . . . . . } \\ \text { NO . . . . . . . . } 2 \text { ) } \end{array}\right.$ | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 |
| 08 | FEMALE CONDOM Women can place a sheath in their vagina before sexual intercourse. | $\left\lvert\, \begin{array}{l\|l} \text { YES . . . . . . . . . . . } & 1 \\ \text { NO . . . . . . . . . . } & 2 \end{array}\right.$ |  |
| 09 | FOAM TABLETS, DIAPHRAGM OR JELLY Women can place a suppository, jelly, diaphragm or cream in their vagina before intercourse. | $\left\lvert\, \begin{array}{l\|l} \text { YES . . . . . . . . . . . . } & 1 \\ \text { NO . . . . . . . . . . } & 2 \end{array}\right.$ |  |
| 10 | LACTATIONAL AMENORRHOEA METHOD (LAM) Up to 6 months after childbirth, a woman can use a method that requires that she breastfeeds frequently, day and night, and that her menstrual period has not returned. | $\left\lvert\, \begin{array}{l\|l} \text { YES . . . . . . . . . . . } & 1 \\ \text { NO . . . . . . . . . . . } & 2 \end{array}\right.$ |  |
| 11 | RHYTHM OR NATURAL FAMILY PLANNING Every month that a woman is sexually active she can avoid pregnancy by not having sexual intercourse on the days of the month she is most likely to get pregnant. | $\begin{array}{\|l} \text { YES . . . . . . . . . } 1 \\ \text { NO . . . . . . } 2 \text { ), } \end{array}$ | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 |
| 12 | WITHDRAWAL Men can be careful and pull out before climax. | $\left(\begin{array}{l} \text { YES . . . . . . . . . } \\ \text { NO . . . . . . . . . } \\ 2 \end{array}\right) \text {, }$ | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 |
| 13 | EMERGENCY CONTRACEPTION Women can take pills up to three days after sexual intercourse to avoid becoming pregnant. | $\begin{array}{\|l\|l} \hline \text { YES . . . . . . . . . . . . } 1 \\ \text { NO . . . . . . . . . . } \end{array}$ |  |



| 307 | Why do you think (METHOD) is not a good method for a couple to use if they want to plan their family? <br> RECORD ALL REASONS MENTIONED. | TOO EXPENSIVE . . . . . . A) AGAINST RELIGION ... B) 1 MAY HARM WOMEN'S <br> HEALTH ............ C) 1 <br> HAS SIDE EFFECTS .. D) 1 <br> INCREASES <br> PROMISCUITY ...... E) 1 <br> CAN CAUSE <br> STERILITY . . . . . . . . F) 1 <br> METHOD CAN FAlL .... G) 1 <br> BABY IN DANGER IF <br> PREGNANCY <br> OCCURS . ......... H) 1 <br> INVOLVES DOCTOR/ <br> MED. PERSONNEL. .... I) * <br> OTHER $\qquad$ X) 1 <br> (SPECIFY) <br> DONT KNOW ........ Y) 1 <br>  NEXT COLUMN) |  | Why do you think female sterilization is not a good method for a couple to use if they do not want any more children? <br> TOO EXPENSIVE . . . . . . . . . A AGAINST RELIGION . . . . . . B <br> MAY HARM WOMEN'S <br> HEALTH <br> HAS SIDE EFFECTS ...... INCREASES <br> PROMISCUITY <br> CANNOT HAVE <br> CHILDREN AGAIN METHOD CAN FAIL $\qquad$ <br> INVOLVES DOCTOR/ <br> MED. PERSONNEL. CAN LEAD TO MED. COMPLICATIONS OTHER $\qquad$ X <br> (SPECIFY) DON'T KNOW |
| :---: | :---: | :---: | :---: | :---: |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 308 | Now I would like to ask you about a woman's risk of pregnancy. <br> From one menstrual period to the next, are there certain days when a woman is more likely to become pregnant if she has sexual relations? |  | $\text { 2) } \cdot 310$ |
| 309 | Is this time just before her period begins, during her period, right after her period has ended, or halfway between two periods? | JUST BEFORE HER PERIOD BEGINS . . . 1 DURING HER PERIOD . . . . . . . . . . . . . . 2 <br> RIGHT AFTER HER PERIOD HAS <br> ENDED .............................. 3 <br> HALFWAY BETWEEN TWO PERIODS . . 4 <br> OTHER $\qquad$ 6 <br> (SPECIFY) <br> DONT KNOW $\qquad$ 8 |  |
| 310 | Do you think that a woman who is breastfeeding her baby can become pregnant? |  |  |
| 311 | CHECK 301(07) AND 302(07): KNOWLEDGE AND USE OF CONDOMS | $\begin{aligned} & \text { IEARD }+1) \text { ), } \\ & \text { DOMS } \end{aligned}$ | $\left\{\begin{array}{l} 1 \div 323 \\ 1 \cdot 324 \end{array}\right.$ |
| 312 | Now I want to talk to you about condoms. <br> How old were you when you used a condom for the first time? |  |  |
| 313 | Why did you use a condom that first time? <br> PROBE: Any other reason? <br> RECORD ALL REASONS MENTIONED. | TO AVOID PREGNANCY . . . . . . . . . . . . A <br> TO AVOID GETTING AIDS/HIV ........ B <br> TO AVOID GETTING AN STD ......... C <br> TO AVOID INFECTING PARTNER ..... D <br> TO EXPERIMENT/TRY A CONDOM .... E <br> OTHER $\qquad$ x <br> (SPECIFY) |  |
| 314 | Now when you have sex, do you use a condom every time, sometimes, or not at all? |  | $\left\{\begin{array}{l} 1-316 \\ 2) \cdot 316 \end{array}\right.$ |
| 315 | When do you use a condom? <br> PROBE: Any other times? <br> RECORD ALL SITUATIONS MENTIONED. | ON PARTNER'S FERTILE DAYS . . . . . . A DURING WIFE'S/PARTNER'S MENSTRUATION $\qquad$ WHEN NOT USING SOME OTHER <br> METHOD ......................... C <br> WITH A STRANGER $\qquad$ D <br> WITH A COMMERCIAL SEX WORKER . . WITH ANYONE OTHER THAN <br> WIFEIREGULAR PARTNER ....... F WITH WIFEREGULAR <br> PARTNER........................... G <br> OTHER $\qquad$ x <br> (SPECIFY) |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 316 | Have you ever experienced any problems with using condoms? <br> IF YES: What problems have you experienced? <br> PROBE: Any other problems? <br> RECORD ALL PROBLEMS MENTIONED. | TOO EXPENSIVE. . . . . . . . . . . . . . . . . . A <br> EMBARRASSING TO BUY/OBTAIN . . . . B DIFFICULT TO DISPOSE OF . DIFFICULT TO PUT ON/TAKE OFF . . . . . D SPOILS THE MOOD . . . . . . . . . . . . . . . . . E DIMINISHES PLEASURE . WIFE PARTNER OBJECTS/DOES NOT LIKE. WIFEPPARTNER GOT PREGNANT INCONVENIENT TO USEMESSY CONDOM BROKE <br> OTHER $\qquad$ $x$ <br> (SPECIFY) NO PROBLEM |  |
| 317 | CHECK 314: CURRENT USE OF CONDOMS | +) ) , | -323 |
| 318 | What brand of condom do you usually use? <br> ASK TO SEE CONDOM PACKET IF BRAND NOT KNOWN. |  |  |
| 319 | Where do you usually obtain the condoms? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER, OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. | PUBLIC SECTOR <br> GOVERNMENT HOSPITAL . . . . . . . . 11 GOVERNMENT HEALTH CENTRE . . 12 <br> HEALTH POST . . . . . . . . . . . . . . . . . 13 <br> OTHER PUBLIC $\qquad$ 16 (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PRIVATE HOSPITAL / SURGERY . . . 21 <br> MISSION HOSPITAL/SURGERY . . . 22 <br> PHARMACY $\qquad$ <br> PRIVATE DOCTOR . . . . . . . . . . . . . . . . 24 <br> WORK PLACE . . . . . . . . . . . . . . . . . . 25 <br> OTHER PRIVATE <br> MEDICAL $\qquad$ 26 (SPECIFY) <br> OTHER SOURCE <br> SHOP. . <br> COMMUNITY-BASED AGENT / <br> HEALTH WORKER . $\qquad$ <br> FRIEND/RELATIVE . . . . . . . . . . . . . . . . 33 <br> SCHOOL . . . . . . . . . . . . . . . . . . . . . 34 <br> BAR, HOTEL . . . . . . . . . . . . . . . . . . 35 <br> OTHER $\qquad$ 96 <br> (SPECIFY) |  |
| 320 | How much do you usually pay for a packet of condoms? |  | 2-323 |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES |  |  |  | SKIP |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 321 | How many condoms are in each packet? |  | $\ldots$ | $\cdots \cdots{ }^{+\prime)}$ | $\begin{aligned} & \text { 0) })!, \\ & * \quad * \\ & \text { 2) }) ~ \end{aligned}$ |  |
| 321A | Would you prefer fewer condoms in each pack or more condoms in each pack or is it ok? |  | $\begin{aligned} & \mathrm{EACH} \text { PA } \\ & \text { ACH PAC } \end{aligned}$ |  | $\begin{aligned} & \ldots 1 \\ & \ldots 2 \\ & \ldots . \end{aligned}$ |  |
| 322 | Do you think that at this price condoms are inexpensive, just affordable, or too expensive? |  | RDABLE NIVE. |  | $\begin{aligned} & \ldots 1 \\ & \ldots \\ & \ldots \end{aligned}$ |  |
| 323 | I will now read you some statements about condoms. Please tell me if you agree or disagree with each. <br> a) Condoms decrease a man's sexual pleasure. <br> b) Condoms are very inconvenient to use. <br> c) A condom can be reused. <br> d) Condoms are effective in preventing HIV and other diseases. <br> e) A woman has no right to tell a man to use a condom. <br> f) Condoms are effective in preventing pregnancy. | a) <br> b) <br> c) <br> d) <br> e) <br> f) | AGREE <br> 1 <br> 1 <br> 1 <br> 1 <br> 1 <br> 1 | DISAGREE <br> 2 <br> 2 <br> 2 <br> 2 <br> 2 <br> 2 | DK <br> 8 <br> 8 <br> 8 <br> 8 <br> 8 <br> 8 |  |
| 324 | I will now read you some statements about contraception. Please tell me if you agree or disagree with each one. <br> a) Contraception is women's business and a man should not have to worry about it. <br> b) Being sterilized for a man is the same as being castrated. <br> c) A woman is the one who gets pregnant so she should be the one to use family planning. | a) <br> b) <br> c) | AGREE <br> 1 <br> 1 <br> 1 | DISAGREE <br> 2 <br> 2 <br> 2 | DK <br> 8 <br> 8 <br> 8 |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 401 | Are you currently married or living with a woman? | $\begin{aligned} & \text { YES, CURRENTLY MARRIED . . . . . . . . . . . } 1 \\ & \text { YES, LIVING WITH A WOMAN . . . . . . . . } 2 \\ & \text { NO, NOT IN UNION . . . . . . . . . . . . . . . } 3 \end{aligned}$ | $\left\{\begin{array}{l} l \\ \mid=402 \mathrm{~A} \\ \mid \end{array}\right.$ |
| 402 $402 A$ | How many wives do you have? <br> How many women are you living with as if you are married? | t) I) I, <br> NUMBER OF WIVES <br> .) ) ) - | ) - 409 |
| 407 | Have you ever been married or lived with a woman? | YES, FORMERLY MARRIED . . . . . . . . . . . 1 YES, LIVED WITH A WOMAN . . . . . . . . . 2 NO . . . . . . . . . . . . . . . . . . . . . . . . . 3 | ) - 416 |
| 408 | What is your marital status now: are you widowed, divorced, or separated? | WIDOWED . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 10 | $\text { / }-411$ |
| 409 | WRITE THE LINE NUMBERS FROM THE HOUSEHOLD QUESTIONNAIR IN THE HOUSEHOLD, ENTER 'OO' IN THE LINE NUMBER BOXES. THE TO THE NUMBER OF WIVES. (IF RESPONDENT HAS MORE THAN 5 | FOR EACH WIFE. IF A WIFE DOES NOT LIVE MBER OF LINES FILLED IN MUST BE EQUAL VES, USE AN ADDITIONAL QUESTIONNAIRE.) |  |
|  |  | LINE NUMBER OF WIFE IN HOUSEHOLD QUESTIONNAIRE |  |
| 410 | CHECK 409: <br> ONLY ONE WIFE $/ 1-\quad$ MORE THAN 1 WIFE <br>  |  | ) -412 |
| 411 | Have you been married or lived with a woman only once, or more than once? | ONCE . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 | $\left\{\begin{array}{l} f=414 \\ \mid=413 \end{array}\right.$ |
| 412 | Have you ever been married to or lived as if married to any woman other than those you have just mentioned? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 | ) -414 A |
| 413 | In total, how many women have you been married to or lived with as if married in your whole life? |  | ) -414 A |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 414 $414 A$ | In what month and year did you start living with your wife? <br> Now we will talk about your first wife. In what month and year did you start living with her? |  | ) 416 |
| 415 416 | How old were you when you started living with her? <br> Now I need to ask you some questions about sexual activity in order to gain a better understanding of some family life issues. <br> How old were you when you first had sexual intercourse with a woman (if ever)? |  | ) 2448 |
| 417 | When was the last time you had sexual intercourse with a woman? <br> RECORD 'YEARS AGO' IF LAST INTERCOURSE WAS 12 MONTHS OR MORE AGO. |  | $\text { ) } 448$ |
| 418 | The last time you had sexual intercourse with a woman, was a condom used? | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . } \end{aligned}$ | ) 420 |
| 419 | What was the main reason you used a condom on that occasion? | RESPONDENT WANTED TO PREVENT <br> STD/HIV . . . . . . . . . . . . . . . . . . . . . . . 01 <br> RESPONDENT WANTED TO PREVENT <br> PREGNANCY . . . . . . . . . . . . . . . . . . . . 02 <br> RESPONDENT WANTED TO PREVENT <br> BOTH STD/HIV AND PREGNANCY . . . . . 03 <br> DID NOT TRUST PARTNER/FELT <br> PARTNER HAD OTHER PARTNERS . . . 04 <br> PARTNER REQUESTED/INSISTED . . . . . . 05 <br> OTHER $\qquad$ 96 <br> DONT KNOW <br> (SPECIFY) <br> ........................ 98 | 1 $*$ $*$ $*$ $*$ $*$ $1>424$ $*$ $*$ $*$ $*$ $*$ - |
| 420 | What was the main reason you did not use a condom that time? | NOT AVAILABLE AT PLACE WHERE <br> USUALLY GETS THEM ............. . 01 COST TOO MUCH / NO MONEY . . . . . . . 02 <br> TRUSTED HIS PARTNER . . . . . . . . . . . . 03 <br> PARTNER TESTED NEGATIVE / NO RISK <br> OF DISEASE ........................ . 04 <br> RESPONDENT DOESNT LIKE . . . . . . . . . . 05 <br> PARTNER OBJECTED / REFUSED . . . . . . 06 <br> PARTNER DRUNK / ON DRUGS ........ 07 <br> WANTED TO GET PREGNANT ......... 08 <br> OTHER $\qquad$ 96 (SPECIFY) <br> DONT KNOW ........................... 98 |  |
| 421 | The last time you had sexual intercourse with a woman, did you or she use any method to avoid a pregnancy? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . . 8 UNSUREDONT KNOW . . . . . . . . . | $\left\{\begin{array}{l} 1>423 \\ 1>424 \end{array}\right.$ |



| No. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 425 | For how long have you had sexual relations with this woman? |  |  |
| 425A | How old is this woman? |  |  |
| 426 | Have you had sex with any other woman in the last 12 months? |  | ) -445 |
| 427 | The last time you had sexual intercourse with another woman, was a condom used? |  | ) 429 |
| 428 | What was the main reason you used a condom on that occasion? | ```RESPONDENT WANTED TO PREVENT STD/HIV . .................. . 01 RESPONDENT WANTED TO PREVENT PREGNANCY ....................... 02 RESPONDENT WANTED TO PREVENT BOTH STD/HIV AND PREGNANCY . . . 03 DID NOT TRUST PARTNER/FELT PARTNER HAD OTHER PARTNERS . . . . . . . . . . 04 PARTNER REQUESTED/INSISTED . . . . . . 05 OTHER``` $\qquad$ <br> ```96None``` $\qquad$ ```None ``` |  |
| 429 | What was the main reason you did not use a condom that time? | NOT AVAILABLE AT PLACE WHERE <br> USUALLY GETS THEM . . . . . . . . . . . . 01 <br> COST TOO MUCH / NO MONEY . . . . . . . 02 <br> TRUSTED HIS PARTNER . . . . . . . . . . . . . 03 <br> PARTNER TESTED NEGATIVE / NO RISK <br> OF DISEASE . . . . . . . . . . . . . . . . . . . . 04 <br> RESPONDENT DOESN'T LIKE . . . . . . . . . . 05 <br> PARTNER OBJECTED / REFUSED . . . . . . 06 <br> PARTNER DRUNK / ON DRUGS . . . . . . . 07 <br> WANTED TO GET PREGNANT . . . . . . . . 08 <br> OTHER $\qquad$ 96 <br> (SPECIFY) <br> DON'T KNOW ........................... . . 98 |  |
| 430 | The last time you had sexual intercourse with this woman, did you or she use any method to avoid a pregnancy? |  | $\left(\begin{array}{l} 1) \\ () \\ 1 \end{array}\right)$ |
| 431 | What method was used? <br> IF MORE THAN ONE METHOD USED, RECORD THE HIGHEST METHOD ON THE LIST. |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 432 | What is the main reason a method was not used? | CASUAL SEX PARTNER SO DOES NOT CARE ................................ 11 CONTRACEPTION IS WOMEN'S BUSINESS12 <br> FERTILITY-RELATED REASONS <br> PARTNER MENOPAUSAL/HAD <br> HYSTERECTOMY. . . . . . . . . . . . . . . . . 23 COUPLE IS INFERTILE . . . . . . . . . . . . . . 24 <br> PARTNER WAS PREGNANT . . . . . . . . 25 <br> PARTNER WAS POSTPARTUM <br> AMENORRHOEIC . . .................. . 26 <br> PARTNER WAS BREASTFEEDING. . . . 27 <br> WANTED (MORE) CHILDREN . . . . . . . . 28 <br> OPPOSITION TO USE <br> RESPONDENT OPPOSED . . . . . . . . . . . . 31 <br> PARTNER OPPOSED . . . . . . . . . . . . . . . 32 <br> OTHERS OPPOSED . . . . . . . . . . . . . . . . 33 <br> AGAINST RELIGION . . . . . . . . . . . . . . . . 34 <br> LACK OF KNOWLEDGE <br> KNOWS NO METHOD . . . . . . . . . . . . . 41 <br> KNOWS NO SOURCE . ............... 42 <br> METHOD-RELATED REASONS <br> HEALTH CONCERNS . . . . . . . . . . . . . . 51 <br> FEAR OF SIDE EFFECTS . . . . . . . . . . . 52 <br> LACK OF ACCESS/TOO FAR . . . . . . . . 53 <br> COST TOO MUCH . . . . . . . . . . . . . . . . 54 <br> INCONVENIENT TO USE. . . . . . . . . . . . 55 <br> INTERFERES WITH BODY'S <br> NORMAL PROCESSES ........... . . 56 <br> OTHER $\qquad$ 96 <br> (SPECIFY) <br> DONT KNOW <br> (......................... 98 |  |
| 433 | What is your relationship to this woman? <br> IF WOMAN IS "GIRLFRIEND" OR "FIANCÉE", ASK: <br> Was your girlfriend/fiancée living with you when you last had sex with her? <br> IF YES, CIRCLE '01' <br> IF NO, CIRCLE '02' | WIFE/COHABITING PARTNER . . . . . . . . . 01 WOMAN IS GIRLFRIEND/FIANCÉE . . . . . 02 OTHER FRIEND . . . . . . . . . . . . . . . . . . . . 03 CASUAL ACQUAINTANCE . . . . . . . . . . . 04 RELATIVE . . . . . . . . . . . . . . . . . . . . . . . . 05 COMMERCIAL SEX CUSTOMER . . . . . . . . 06 <br> OTHER $\qquad$ 96 <br> (SPECIFY) | - 435 |
| 434 | For how long have you had sexual relations with this woman? |  |  |
| 434A | How old is this woman? |  |  |
| 435 | Other than these two women, have you had sex with any other woman in the last 12 months? |  | 1-445 |
| 436 | The last time you had sexual intercourse with this third woman, was a condom used? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . . . 2 | -438 |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 437 | What was the main reason you used a condom on that occasion? | RESPONDENT WANTED TO PREVENT <br> STD/HIV ........................... . 01 <br> RESPONDENT WANTED TO PREVENT <br> A PREGNANCY .................... 02 RESPONDENT WANTED TO PREVENT <br> BOTH STD/HIV AND PREGNANCY . . . 03 DID NOT TRUST PARTNER/FELT PARTNER <br> HAD OTHER PARTNERS . . . . . . . . . . 04 PARTNER REQUESTED/INSISTED . . . . . . 05 <br> OTHER $\qquad$ 96 <br> (SPECIFY) <br> DONT KNOW .......................... 98 | $\left\lvert\, \begin{aligned} & 1 \\ & * \\ & * \\ & * \\ & * \\ & * \\ & * \\ & 1 * 442 \\ & * \\ & * \\ & * \\ & * \\ & * \\ & * \\ & \hline- \end{aligned}\right.$ |
| 438 | What was the main reason you did not use a condom that time? | NOT AVAILABLE AT PLACE WHERE <br> USUALLY GETS THEM ............. 01 <br> COST TOO MUCH / NO MONEY . . . . . . . . 02 <br> TRUSTED HIS PARTNER . . . . . . . . . . . . . 03 <br> PARTNER TESTED NEGATIVE / NO RISK <br> OF DISEASE . . . . . . . . . . . . . . . . . . . 04 <br> RESPONDENT DOESNT LIKE . . . . . . . . . . 05 <br> PARTNER OBJECTED / REFUSED . . . . . . . 06 <br> PARTNER DRUNK / ON DRUGS ........ 07 <br> WANTED TO GET PREGNANT ......... 08 <br> OTHER $\qquad$ 96 <br> (SPECIFY) <br> DON' KNOW $\qquad$ |  |
| 439 | The last time you had sexual intercourse with this woman, did you or she do something or use any method to avoid a pregnancy? |  | $\begin{aligned} & ) \sim 441 \\ & 1) 442 \end{aligned}$ |
| 440 | What method was used? <br> IF MORE THAN ONE METHOD USED, RECORD THE HIGHEST METHOD ON THE LIST. |  | $\begin{aligned} & 1 \\ & * \\ & * \\ & * \\ & * \\ & * \\ & * \\ & 1>442 \\ & * \\ & * \\ & * \\ & * \\ & * \\ & * \\ & - \end{aligned}$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 441 | What is the main reason a method was not used? | CASUAL SEX PARTNER SO DOES NOT CARE ................................ . 11 CONTRACEPTION IS WOMEN'S BUSINESS12 <br> FERTILITY-RELATED REASONS <br> PARTNER MENOPAUSAL / HAD <br> HYSTERECTOMY. . . . . . . . . . . . . . . . . 23 <br> COUPLE IS INFERTILE . . . . . . . . . . . . . . 24 <br> PARTNER WAS PREGNANT . . . . . . . . 25 <br> PARTNER WAS POSTPARTUM <br> AMENORRHOEIC . . . . . . . . . . . . . . . . . 26 <br> PARTNER WAS BREASTFEEDING. . . . 27 <br> WANTED (MORE) CHILDREN . . . . . . . . 28 <br> OPPOSITION TO USE <br> RESPONDENT OPPOSED . . . . . . . . . . . 31 <br> PARTNER OPPOSED . . . . . . . . . . . . . . . 32 <br> OTHERS OPPOSED . . . . . . . . . . . . . . . . . 33 <br> AGAINST RELIGION . . . . . . . . . . . . . . . . 34 <br> LACK OF KNOWLEDGE <br> KNOWS NO METHOD . . . . . . . . . . . . . 41 <br> KNOWS NO SOURCE ............... . 42 <br> METHOD-RELATED REASONS <br> HEALTH CONCERNS . . . . . . . . . . . . . . 51 <br> FEAR OF SIDE EFFECTS . . . . . . . . . . . 52 <br> LACK OF ACCESS/TOO FAR . . . . . . . . 53 <br> COST TOO MUCH . . . . . . . . . . . . . . . . . 54 <br> INCONVENIENT TO USE. . . . . . . . . . . . . 55 <br> INTERFERES WITH BODY'S <br> NORMAL PROCESSES ........... . 56 <br> OTHER $\qquad$ 96 <br> (SPECIFY) <br> DONTKN ........................... 98 <br> DONT KNOW |  |
| 442 | What is your relationship to this woman? <br> IF WOMAN IS "GIRLFRIEND" OR "FIANCÉE", ASK: <br> Was your girlfriend/fiancée living with you when you last had sex with her? <br> IF YES, CIRCLE '01' <br> IF NO, CIRCLE '02' | WIFE/COHABITING PARTNER . . . . . . . . . 01 WOMAN IS GIRLFRIEND/FIANCÉE . . . . . . . 02 OTHER FRIEND . . . . . . . . . . . . . . . . . . . . . 03 CASUAL ACQUAINTANCE ............. 04 RELATIVE . . . . . . . . . . . . . . . . . . . . . . . . 05 COMMERCIAL SEX CUSTOMER ........ 06 <br> OTHER $\qquad$ 96 <br> (SPECIFY) | -444 |
| 443 | For how long have you had sexual relations with this woman? |  |  |
| 443A | How old is this woman? |  |  |
| 444 | In the last 12 months, how many women have you had sex with? |  |  |
| 445 | Have you ever paid for sex? |  | ) 448 |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 446 | How long ago was the last time you paid for sex? |  |  |
| 447 448 | The last time that you paid for sex, was a condom used? <br> CHECK 319: SOURCE OF CONDOMS | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . . | ) -450 |
| 449 | Do you know of a place where a person can get male condoms? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO. . . . . . . . . . . . . . . . . . . . . | ) -453 |
| 450 | What places do you know of where a person can get male condoms? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. <br> (NAME OF PLACE) <br> PROBE: Any other place? <br> RECORD ALL PLACES MENTIONED. | PUBLIC SECTOR <br> GOVERNMENT HOSPITAL. . . . . . . . . . . A <br> GOVERNMENT HEALTH CENTER ..... B <br> GOV'T HEALTH POST. . . . . . . . . . . . . . C <br> OTHER PUBLIC $\qquad$ D <br> (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PRIVATE HOSPITALSURGERY . . . . . . . E <br> MISSION HOSPITALSURGERY . . . . . . . F <br> PHARMACY .......................... G <br> PRIVATE DOCTOR . . . . . . . . . . . . . . . . . H <br> WORK PLACE . . . . . . . . . . . . . . . . ..... . I <br> OTHER PRIVATE <br> MEDICAL $\qquad$ J <br> (SPECIFY) <br> OTHER SOURCE <br> SHOP ................................. K <br> COMMUNITY-BASED AGENT ......... L <br> FRIENDS/RELATIVES . . . . . . . . . . . . . . . . M <br> SCHOOL .............................. N <br> BAR / HOTEL . . . . . . . . . . . . . . . . . . . . . . O <br> OTHER $\qquad$ x <br> (SPECIFY) |  |
| 451 | If you wanted to, could you yourself get a male condom? |  | -453 |
| 452 | Why not? | NO MONEY / TOO EXPENSIVE . . . . . . . . . . 1 <br> EMBARASSED ............................ 2 <br> NO TRANSPORT . . . . . . . . . . . . . . . . . . . . . . 3 <br> OTHER $\qquad$ 6 <br> (SPECIFY) |  |
| 453 | Do you think you could talk with your partner about using condoms? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO . . . . . . . . . . . . . . . . . . . <br> DON' KNOW/UNSURE |  |
| 454 | Have you ever seen or heard any messages about the MAXIMUM male condom? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO. . . . . . . . . . . . . . . . . | ) -456 |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 455 | Where have you seen or heard messages about Maximum condoms? <br> RECORD ALL MENTIONED. |  |  |
| 456 | CHECK 301 (08): EVER HEARD OF FEMALE CONDOM: |  | ) -501 |
| 457 | Do you know of a place where a person can get female condoms? |  | ) -459 |
| 458 | Where is that? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. <br> (NAME OF PLACE) <br> PROBE: Any other place? <br> RECORD ALL PLACES MENTIONED. |  |  |
| 459 | Which brand of female condom have you heard of? |  | $\text { *) })>501$ |
| 460 | Where have you seen or heard messages about the CARE female condom? <br> RECORD ALL MENTIONED. |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 501 | CHECK 203 AND 205: <br> You told me that you have TOTAL $\qquad$ children. Would you like to have a (another) child or would you prefer not to have any more children at all? | HAVE A/ANOTHER CHILD . . . . . . . . . . . 1 NO MORENONE ................... 2 WIFE INFERTILE OR STERILISED . . . . . . 3 UNDECIDED/DONT KNOW . . . . . . . . 8 | $\text { 2) }>503$ |
| 502 | How long would you like to wait from now before the birth of (a/another) child? |  |  |
| 503 | Do you think you will use a contraceptive method to avoid pregnancy at any time in the future? | YES $\ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots \ldots$ NO . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8 DONT KNOW/UNSURE . . . . . . |  |
| 504 | Which contraceptive method would you prefer to use? |  | $\text { / } / 507$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 505 | What is the main reason that you think you will not use a contraceptive method at any time in the future? |  |  |
| 506 | Would you ever use a contraceptive method if you were married? |  |  |
| 507 | CHECK 203 AND 205: <br> PROBE FOR A NUMERIC RESPONSE. | +) (10) ) , <br> NUMBER .)/)2)/)- <br> OTHER $\qquad$ 96 <br> (SPECIFY) | 1-509 |
| 508 | How many of these children would you like to be boys, how many would you like to be girls, and for how many would the sex not matter? |  |  |
| 509 | Would you say that you approve or disapprove of couples using a contraceptive method to avoid getting pregnant? | APPROVE . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 DISAPPROVE. . . . . . . . . . . . . . 8 |  |
| 510 | CHECK 401: | NO, +l)l, NOT IN <br> UNION | ) -514 |

\begin{tabular}{|c|c|c|c|c|}
\hline NO. \& QUESTIONS AND FILTERS \& \multicolumn{2}{|l|}{CODING CATEGORIES} \& SKIP \\
\hline 511 \& \begin{tabular}{l}
Now I want to ask you about your wife's/partner's views on family planning. Do you think that your wife/partner approves or disapproves of couples using a contraceptive method to avoid pregnancy? \\
IF MORE THAN ONE WIFE, ASK ABOUT THE YOUNGEST.
\end{tabular} \& APPROVES DISAPPROVES DON'T KNOW \& \[
\begin{aligned}
\& \ldots 1 \\
\& \cdots 2 \\
\& \cdots 8
\end{aligned}
\] \& \\
\hline 512 \& How often have you talked to your wife/partner about family planning in the past year? \& \begin{tabular}{l}
NEVER \\
ONCE OR TWICE \\
MORE OFTEN
\end{tabular} \& \[
\begin{aligned}
\& \ldots 1 \\
\& \cdots \\
\& \cdots 3
\end{aligned}
\] \& \\
\hline 513 \& Do you think your wife/partner wants the same number of children that you want, or does she want more or fewer than you want? \& \begin{tabular}{l}
SAME NUMBER \\
MORE CHILDREN \\
FEWER CHILDREN \\
DON'T KNOW
\end{tabular} \& \[
\begin{aligned}
\& \ldots 1 \\
\& \cdots 2 \\
\& \cdots 3 \\
\& \cdots 8
\end{aligned}
\] \& \\
\hline 514 \& \begin{tabular}{l}
In the last few months have you heard about family planning: \\
On the radio? \\
On the television? \\
In a newspaper or magazine?
\end{tabular} \& YES
RADIO ....................... 1
TELEVISION .............. 1
NEWSPAPER OR MAGAZINE . . 1 \& NO
2
2
2 \& \\
\hline 515 \& Have you ever heard of an oral contraceptive pill called Safeplan? \& \begin{tabular}{l}
YES \\
NO \\
NOT SURE
\end{tabular} \& \[
\begin{aligned}
\& \ldots 1 \\
\& \cdots \\
\& \cdots 8
\end{aligned}
\] \& \\
\hline 516 \& \begin{tabular}{l}
In the last six months, have you listened to the following programs on the radio: \\
Your Health Matters? \\
Lifeline? \\
AIDS and the Family? \\
Our Neighbourhood?
\end{tabular} \& YES
YOUR HEALTH MATTERS \(\ldots \ldots .1\)
LIFELINE .................... 1
AIDS AND THE FAMILY ....... 1
OUR NEIGHBORHOOD \(\ldots . . . . .1\) \& NO

2
2
2
2 \& <br>

\hline 517 \& | In the last six months, have you seen any of the following programs on television: |
| :--- |
| Your Health Matters? |
| Lifeline? |
| Soul City? |
| X-Plosion? | \& YES

YOUR HEALTH MATTERS $\ldots \ldots .1$
LIFELINE ..................... 1
SOUL CITY .................. 1
X-PLOSION ................... 1 \& NO

2
2
2
2 \& <br>

\hline 518 \& Have you ever seen a newspaper called "Trendsetters" aimed at young people? \& | YES |
| :--- |
| NO DONT KNOW | \& . 1

.
.8
.8 \& <br>

\hline 519 \& Is there a Neighborhood Health Committee (NHC) in your neighborhood? \& | YES |
| :--- |
| NO DON' KNOW | \& 1

.2

8 \& $$
\int 2 \sim 601
$$ <br>

\hline 520 \& Have you ever attended a meeting organized by the NHC? \& $$
\begin{aligned}
& \text { YES } \\
& \text { NO . }
\end{aligned}
$$ \& \[

$$
\begin{aligned}
& \ldots 1 \\
& \ldots
\end{aligned}
$$
\] \& <br>

\hline
\end{tabular}

| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 601 | CHECK 209: <br> HAS HAD ONE OR <br> +)) ), <br> HAS NOT MORE CHILDREN $/ \\|)$ )- <br>  | AD ANY t)l), IILDREN | ) -604 |
| 602 | Now I want to talk to you about some common childhood illnesses. <br> When a child has diarrhoea, should he/she be given less to drink than usual, about the same amount, or more than usual? | LESS . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . |  |
| 603 | When a child is sick with a fever, what signs of illness would tell you that he or she should be taken to a health facility or health worker? <br> PROBE: Any other signs? <br> RECORD ALL SIGNS MENTIONED. | FEVER FOR 2 OR MORE DAYS ............ A SEIZURES / SHAKING . . . . . . . . . . . . . . . . . . . . B <br> CHEST INDRAWING ........................ C <br> NOT EATING / NOT DRINKING WELL . . . . . . . D <br> GETTING SICKER / VERY SICK . . . . . . . . . . . . . E <br> NOT GETTING BEITER . . . . . . . . . . . . . . . . . . . . F <br> OTHER $\qquad$ X <br> (SPECIFY) <br> DON'T KNOW ANY SIGNS |  |
| 604 | Do you currently smoke cigarettes or tobacco? <br> IF YES: What type of tobacco do you smoke? <br> RECORD ALL TYPES MENTIONED. | YES, CIGARETTES . . . . . . . . . . . . . . . . . . . . . . A YES, PIPE . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . Y . . . . . . . . . . . . . . . |  |
| 605 | CHECK 604: | $\text { : 'A' NOT }+1) \text { ), }$ CIRCLED | ) -607 |
| 606 | In the last 24 hours, how many cigarettes did you smoke? |  |  |
| 607 | Have you ever drunk an alcohol-containing beverage? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 2 | ) +701 |
| 608 | In the last 3 months, on how many days did you drink an alcohol-containing beverage? <br> IF EVERY DAY, RECORD '90'. |  |  |
| 609 | Have you ever gotten "drunk" from drinking an alcoholcontaining beverage? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 | ) -701 |
| 610 | CHECK 608: <br> DRANK ALCOHOL ON +)l), AT LEAST ONE DAY $/ l) \\|-$ <br>  | NONE t)l), | ) -701 |
| 611 | In the last 3 months, on how many occasions did you get "drunk"? |  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 701 | Now I would like to talk about something else. Have you ever heard of a disease called AIDS? |  | )-724 |
| 702 | Is there anything a person can do to avoid getting AIDS or the virus that causes AIDS? |  | $\mid 2 \cdot 709$ |
| 703 | What can a person do? <br> Anything else? <br> RECORD ALL WAYS MENTIONED. | ABSTAIN FROM SEX . . .................. A USE CONDOMS . . . . . . . . . . . . . . . . . . . . . B LIMIT SEX TO ONE PARTNER/STAY <br> FAITHFUL TO ONE PARTNER . . . . . . . . C LIMIT NUMBER OF SEXUAL PARTNERS . . D AVOID SEX WITH PROSTITUTES ........ E AVOID SEX WITH PERSONS WHO HAVE <br> MANY PARTNERS .................. F <br> AVOID SEX WITH HOMOSEXUALS . . . . . G AVOID SEX WITH PERSONS WHO <br> INJECT DRUGS INTRAVENOUSLY . . . . H AVOID BLOOD TRANSFUSIONS ......... I AVOID INJECTIONS .................... J <br> AVOID SHARING RAZORS/BLADES .... K <br> AVOID KISSING ........................ L <br> AVOID MOSQUITO BITES . . . . . . . . . . . . . M <br> SEEK PROTECTION FROM TRADITIONAL <br> PRACTITIONER . . . . . . . . . . . . . . . . . . . . N <br> OTHER $\qquad$ w <br> (SPECIFY) <br> OTHER $\qquad$ x <br> (SPECIFY) <br> DON'T KNOW $\qquad$ |  |
| 704 | Can people reduce their chances of getting the AIDS virus by having just one sex partner who has no other partners? |  |  |
| 705 | Can a person get the AIDS virus from mosquito bites? |  |  |
| 706 | Can people reduce their chances of getting the AIDS virus by using a condom every time they have sex? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO. . . . . . . . . . . . . . . . . . . . 8 |  |
| 707 | Can a person get the AIDS virus by sharing food with a person who has AIDS? |  |  |
| 709 | Is it possible for a healthy-looking person to have the AIDS virus? |  |  |
| 710 | Do you know someone personally who has the virus that causes AIDS or someone who died of AIDS? |  |  |
| 711 | Can the virus that causes AIDS be transmitted from a mother to a child? |  | $2 \times 713$ |
| 712 | Can the virus that causes AIDS be transmitted from a mother to her child... <br> During pregnancy? <br> During delivery? <br> By breastfeeding? |  YES NO DK <br> DURING PREGNANCY $\ldots \ldots 1$ 2 8  <br> DURING DELIVERY ...... 1 2 8  <br> BY BREASTFEEDING $\ldots \ldots .1$ 2 8  |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 712A | Is there anything that can be done to reduce the chances that a mother would transmit the AIDS virus to her child? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO. . . . . . . . . . . . . . . . . . . . . . . . 8 DONT KNOW . . . . . . . . . . . |  |
| 713 | CHECK 401: | NON +t)), | )-715 |
| 714 | Have you ever talked with your wife/the woman you are living with about ways to prevent getting the virus that causes AIDS? <br> IF MORE THAN ONE WIFE, ASK ABOUT ANY OF HIS WIVES. | YES . .................................................... 2 |  |
| 715 | In your opinion, is it acceptable or unacceptable for condoms to be discussed: <br> on the radio? <br> on the TV? <br> in newspapers? |  ACCEPT- <br> ABLE <br> ON THE RADIO ACCEPT- <br> ABLE |  |
| 716 | If a member of your family got infected with the virus that causes AIDS, would you want it to remain a secret or not? |  |  |
| 717 | If a relative of yours became sick with the virus that causes AIDS, would you be willing to care for her or him in your own household? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO. . . . . . . . . . . . . . . . . . 8 DONT KNOW/UNSURE/DEPENDS . . . . . 8 |  |
| 718 | If a worker is sick with AIDS, should he/she be allowed to work? | ALLOWED TO WORK . . . . . . . . . . . . . . . . 1 NOT ALLOWED TO WORK . . . . . . . . 2 DONT KNOW/UNSURE/DEPENDS . . . . . 8 |  |
| 718A | If you knew that a shopkeeper or food seller had the AIDS virus, would you buy food items from them? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO. . . . . . . . . . . . . . . 8 |  |
| 718B | In the last six months, have you seen any adverts about sexual abstinence, condom use or HIVIAIDS? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO. . . . . . . . . . . . . . . . . . . 8 DONT KNOWINOT SURE . . . . . . . . | $\left\{\begin{array}{l} 1 \\ 2>719 \end{array}\right.$ |
| 718C | Can you describe which ones? <br> DO NOT READ RESPONSES TO RESPONDENT. RECORD ALL MENTIONED. | YOU CLEVER GIRL . . . . . . . . . . . . . . . . . . A BOYS SAYING WHY <br> THEY ABSTAIN FROM SEX . . . . . . . . . B SAY NO TO SEXNIRGIN POWER/ <br> VIRGIN PRIDE . . . . . . . . . . . . . . . . . . . . C ICE IS AT BRAII/ <br> ICE GETS STD . . . . . . . . . . . . . . . . . . . D ICE FIXING CAR/FRIEND TELLS HIM <br> TO USE CONDOM EVERY TIME . . . . . . E CHRISTINE BRAIDING HAIR/FRIENDS <br> SAY USE CONDOM . . . . . . . . . . . . . . . F BOYS PLAYING BASKETBALLIONE HIV+/ CANT TELL WHICH ONE . . ............... G GIRLS WALKING/ONE HIV+/ CAN'T TELL WHICH ONE . . . . . . . . . . . H OTHER x $\qquad$ <br> (SPECIFY) |  |
| 719 | Should youth age 12-14 years be taught about using a condom to avoid AIDS? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO. . . . . . . . . . . . . . . . . 8 DONT KNOW/UNSURE/DEPENDS . . . . . 8 |  |
| 719A | Do you think your chances of getting AIDS are small, moderate, great, or do you think that you have no chance of getting it at all? |  | $\left(\begin{array}{l} 1 \\ 1>720 \\ 1>720 \\ 1 \end{array}>720\right.$ |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 719B | Why do you think your chances of getting AIDS are low? <br> RECORD ALL MENTIONED. | ABSTAINS FROM SEX . ................. A USES CONDOMS ....................... B HAS ONLY 1 SEX PARTNER ............ C LIMITED NUMBER OF PARTNERS ........ D PARTNER HAS NO OTHER PARTNERS . . E NO TRANSFUSIONS/INJECTIONS ........ F OTHER $\qquad$ x <br> (SPECIFY) |  |
| 720 | Have you ever been tested to see if you have the AIDS virus? |  | ) - 723A |
| 721 | Would you want to be tested for the AIDS virus? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO. . . . . . . . . . . . . . . . . 2 DONT KNOW/UNSURE/DEPENDS . . . . . 8 |  |
| 722 | Do you know a place where you could go to get an AIDS test? |  | )-724 |
| 723 | Where can you go for the test? <br> RECORD ONLY FIRST RESPONSE GIVEN. | PUBLIC SECTOR <br> GOVERNMENT HOSPITAL . . . . . . . . . 11 <br> GOVERNMENT HEALTH CENTER . . . . 12 <br> HEALTH POST . . . . . . . . . . . . . . . . . . 13 |  |
| 723A | Where did you go for the test? <br> IF SOURCE IS HOSPITAL, HEALTH CENTER, OR CLINIC, WRITE THE NAME OF THE PLACE. PROBE TO IDENTIFY THE TYPE OF SOURCE AND CIRCLE THE APPROPRIATE CODE. <br> (NAME OF PLACE) | OTHER PUBLIC $\qquad$ 16 (SPECIFY) <br> PRIVATE MEDICAL SECTOR <br> PRIVATE HOSPITALCLINIC . . . . . . . . 21 <br> MISSION HOSPITAL/CLINIC . ........ . 22 <br> PHARMACY ........................ 23 <br> PRIVATE DOCTOR . . . . . . . . . . . . . . . . 24 <br> WORK PLACE ...................... 25 <br> OTHER PRIVATE <br> MEDICAL $\qquad$ 26 <br> (SPECIFY) <br> OTHER $\qquad$ 96 |  |
| 724 | (Apart from AIDS), have you heard about other infections that can be transmitted through sexual contact? |  | )-727 |
| 725 | If a man has a sexually transmitted disease, what symptoms might he have? <br> Any others? <br> RECORD ALL SYMPTOMS MENTIONED. | ABDOMINAL PAIN . . . . . . . . . . . . . . . . . . . A <br> GENITAL DISCHARGEIDRIPPING . . . . . . . . . B <br> FOUL SMELLING DISCHARGE ........... C <br> BURNING PAIN ON URINATION . . . . . . . . . . D <br> REDNESS/INFLAMMATION IN GENITAL <br> AREA <br> SWELLING IN GENITAL AREA ........... F <br> GENITAL SORES/ULCERS ............... G <br> GENITAL WARTS . . . . . . . . . . . . . . . . . . . . H <br> GENITAL ITCHING . . . . . . . . . . . . . . . . . . . . . . . <br> BLOOD IN URINE . . . . . . . . . . . . . . . . . . . . . J <br> LOSS OF WEIGHT . ....................... K <br> IMPOTENCE . . . . . . . . . . . . . . . . . . . . . . . . . . L <br> OTHER $\qquad$ w <br> OTHER $\qquad$ $x$ <br> (SPECIFY) <br> NO SYMPTOMS ........................ Y DON'T KNOW ....................... Z |  |


| NO. | QUESTIONS AND FILTERS | CODING CATEGORIES | SKIP |
| :---: | :---: | :---: | :---: |
| 726 | If a woman has a sexually transmitted disease, what symptoms might she have? <br> Any others? <br> RECORD ALL SYMPTOMS MENTIONED. |  |  |
| 727 | CHECK 416: | +1)l, | 1-801 |
| 728 | Now I would like to ask you some questions about your health in the last 12 months. During the last 12 months, have you had a sexually-transmitted disease? |  |  |
| 729 | Sometimes, men experience a discharge from their penis. During the last 12 months, have you had a discharge from your penis? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO. . . . . . . . . . . . . . . . . . . . 8 |  |
| 730 | Sometimes men have a sore or ulcer on or near their penis. During the last 12 months, have you had a sore or ulcer on or near your penis? |  |  |
| 731 | CHECK 728/729/730: HAS HAD AN +()$), \quad$ HAS NOT HAD AN INFECTION (t) +1$)$ INFECTION OR |  | ) 801 |
| 732 | The last time you had (a sexually transmitted disease/discharge/sore), did you seek any kind of advice or treatment? | $\begin{aligned} & \text { YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . } 1 \\ & \text { NO . . . . . . . . . . . . . . . . . . . . . . } \end{aligned}$ | ) 734 |
| 733 | The last time you had (a sexually transmitted disease/discharge/sore), did you do any of the following? Did you.... <br> Go to a clinic, hospital or private doctor? <br> Consult a traditional healer? <br> Seek advice or buy medicines in a shop or pharmacy? <br> Ask for advice from friends or relatives? |  YES NO <br>    <br> CLINIICIHOSPITAL ............. 1 2 <br> TRADITIONAL HEALER ......... 1 2 <br> SHOP/PHARMACY .......... 1 2 <br> FRIENDS/RELATIVES .......... 1 2 |  |
| 734 | When you had (a sexually transmitted disease/discharge/sore), did you inform the person(s) with whom you were having sex? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO. . . . . . . . . . . . . . . . . . . . . . 4 SOME/ NOT ALL . . . . . . . . . . 4 | )-801 |
| 735 | When you had (a sexually transmitted disease/discharge/sore), did you do anything to avoid infecting your sexual partner(s)? | YES . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 1 NO. . . . . . . 3 PARTNER(S) ALREADY INFECTED . . . . | $\left\{\begin{array}{l} 1 \\ 2 \cdot 801 \end{array}\right.$ |





[^0]:    ${ }^{1}$ This refers to all provinces of Zambia with the exception of Copperbelt and Lusaka.

[^1]:    ${ }^{2}$ The major language groups were Bemba, Kaonde, Lozi, Lunda, Luvale, Nyanja, and Tonga.

[^2]:    ${ }^{3}$ See Chapter 13 for results on alcohol use.

[^3]:    ${ }^{1}$ Although LAM is considered a modern method of family planning, analysis of the ZDHS data indicates that many women confused it with simple breastfeeding so, rather than present misleading data, it was decided to classify LAM as traditional.

[^4]:    ${ }^{1}$ Sum of percentage delivered at a public sector facility and percentage delivered at a private sector facility; excludes 108 births lacking information on number of antenatal visits
    ${ }^{2}$ Information on 'antenatal care visits' includes only the most recent birth in the five years preceding the survey

[^5]:    ${ }^{1}$ First yellowish highly nutritious milk that is present right after delivery

[^6]:    ${ }^{2}$ In the 1996 ZDHS, mothers were asked if their young children were given any of a list of liquids and specific foods in the preceding 24 hours. A final question concerned "any other solid or semi-solid foods." In the 20012002 ZDHS, mothers were asked only about specific food groups, with no final "any other food" category. This may have resulted in overestimation of exclusive breastfeeding.

[^7]:    ${ }^{1}$ The syphilis prevalence rates are calculated based on individual weights. Therefore, the figures may be slightly different from previously published data where houshold weights were used.

[^8]:    ${ }^{1}$ The imputation procedure is based on the assumption that the reported birth ordering of siblings in the history is correct. The first step is to calculate birth dates. For each living sibling with a reported age and each deceased sibling with complete information on both age at death and years since death, the birth date was calculated. For a sibling missing these data, a birth date was imputed within the range defined by the birth dates of the bracketing siblings. In the case of living siblings, an age was then calculated from the imputed birth date. In the case of deceased siblings, if either the age at death or years since death were reported, that information was combined with the birth date to produce the missing information. If both pieces of information were missing, the distribution of the ages at death for siblings for whom the years since death were unreported, but age at death was reported, was used as a basis for imputing the age at death.

[^9]:    ${ }^{2}$ The adult mortality estimates presented here are for a five-year reference period preceding the 1996 and 2001-2002 surveys. The decision to employ this reference period was made to avoid any overlap of the time periods to which the estimates pertain. An earlier publication of estimates of adult mortality based on data from the 1996 survey was for the seven-year period preceding that survey ( 1996 ZDHS). The overall adult mortality estimates based on a seven-year period preceding both the 1996 and the 2001-2002 surveys are 10.9 and 14.1 per 1,000 , which implies an increase in the mortality level of about 25 percent (similar results pertain to male and female adult mortality estimates). Thus, basing the analysis on the reference period used for earlier published results does not change the conclusion that adult mortality in Zambia has increased sharply over the past decade.

[^10]:    $07=$ PARENT-IN-LAW
    08 = BROTHER OR SISTER
    09 = NEPHEW OR NIECE
    10 = CO-WIFE
    11 = OTHER RELATIVE
    12 = ADOPTED/FOSTER/
    STEPCHILD
    13 = NOT RELATED
    98 = DON'T KNOW

[^11]:    * Examples:

